

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Jacob Allen	Rugby & No	25:21	29	Greg Cherry	Long Eaton	29:12
2	Stephen Emery	Coventry G A	25:24	30	Nathan Smith	Gloucester	29:15
3	Richard Kay	Tipton Har A	25:28	31	Dave Aubrey	Cheltenham B	29:25
4	Stuart Spencer	Notts Ac A	25:37	32	Steven Dyer	Birchfield B	29:37
5	Stephen Mitchell	Bristol & A	25:46	33	Gurmal Dehl	West Bromw	29:43
6	Stuart King	Heanor Run A	25:48	34	Luke Montgomery	Corby Ac	29:55
7	Daniel Hallam	Owls Ac	25:50	35	Simon Corker	Royal Sutt	30:38
8	Gordon Lee	Leicester	25:52	36	Trevor Knight	Northbrook A	30:44
9	Harry Lupton	Charnwood	25:54	37	Darren Riley	Sparkhill	31:07
10	Andrew Peat	Birchfield A	25:56	38	Lee Perkins	Heanor Run B	31:12
11	Daniel Owen	Cheltenham A	26:42	39	Marc Curtis	Kenilworth B	31:14
12	Paul Ward	Telford Ac	26:50	40	Anthony Meenagh	Holme Pier	31:16
13	Richard Simkiss	Kenilworth A	26:52	41	Robert Ford	Stratford	31:18
14	Edward Banks	Birmingham A	26:55	42	Andrew Sprague	Dudley Kin	31:19
15	Brett Halliwell	Stroud & D	27:17	43	Ian Satterthwaite	Centurion A	31:26
16	Richard White	Halesowen A	27:29	44	Peter Bacon	Solihull &	31:36
17	Dean Parker	Bournville A	28:10	45	Richard Preston	Wolverhamp B	31:51
18	Callum Dillon	CityStoke	28:12	46	Gary Morley	Mansfield	32:08
19	Thomas Stock	Worcester	28:13	47	Tom Ward	Harborough	32:10
20	Joseph Read	Knowle & D A	28:16	48	Harry Redford	Massey Fer	32:40
21	Joe Smith	Broms&Redd	28:17	49	Andrew Wheeler	(Bournville B)	32:47
22	Carl Allwood	SuttonInAs	28:17	50	James Atkins	Halesowen B	34:15
23	Tim Werrett	Wolverhamp A	28:23	51	Jared Wilson	Nuneaton H	34:36
24	Simon Myatt	Trentham R	28:26	52	Ben Clarson	Birmingham B	34:43
25	Adam Soley	Tipton Har B	28:31	53	Leonard Wallace	Centurion B	35:30
26	Bill Speake	Notts Ac B	28:51	54	Keith Waring	Notts Ac C	37:36
27	David Ratcliffe	Dudley&S	28:55	55	Spencer Davies	Northbrook B	40:23
28	Robert Stewart	Bristol & B	28:56	56	Jeff Taylor	Tipton Har C	42:10

## - Men's 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Chris Bannon	Coventry G A	13:03	38:27	+ 1	35	Mick O'Shea	Northbrook A	16:50	47:34	+ 1
2	Robert Needham	Notts Ac A	13:36	39:13	+ 2	36	Richard Steel	Kenilworth B	16:35	47:49	+ 3
3	Stephen Mears	Charnwood	13:28	39:22	+ 6	37	Tom Dallamore	Corby Ac	18:23	48:18	- 3
4	Daniel Dalmedo	Tipton Har A	13:57	39:25	- 1	38	Matthew Mullins	Centurion A	16:56	48:22	+ 5
5	Sabin Ashley A	Leicester	13:36	39:28	+ 3	39	Michael Sheppard	Stratford	17:09	48:27	+ 2
6	Rory Grant	Birchfield A	13:33	39:29	+ 4	40	Ian Pincher	Wolverhamp B	16:37	48:28	+ 5
7	Robert Gardner	Rugby & No	14:37	39:58	- 6	41	Tim Robinson	Heanor Run B	17:28	48:40	- 3
8	Tom Meakin	Owls Ac	14:15	40:05	- 1	42	Mark Homer	Dudley Kin	17:45	49:04	0
9	Phillip Parry	Bristol & A	14:28	40:14	- 4	43	Simon Brown	Massey Fer	16:29	49:09	+ 5
10	Phillip Gould	Kenilworth A	14:05	40:57	+ 3	44	Nigel Bennett	Holme Pier	18:26	49:42	- 4
11	Alex Bampton	Cheltenham A	14:24	41:06	0	45	Adam Brooks	Harborough	17:46	49:56	+ 2
12	Tony Weatherson	Heanor Run A	15:51	41:39	- 6	46	Ian Sharp	Solihull &	19:16	50:52	- 2
13	Jordan Frapwell	Stroud & D	14:42	41:59	+ 2	47	Barry Crowley	Sparkhill	20:20	51:27	- 10
14	Mark Lawlor	Birmingham A	15:09	42:04	0	48	Matt Ruff	Nuneaton H	17:09	51:45	+ 3
15	Martin Foster	DISQUALIFIED	9:54	42:41	+ 34	49	Colin Fell	Mansfield	19:41	51:49	- 3
16	Lee Slater	Dudley&S	13:50	42:45	+ 11	50	Peter Brown	Birmingham B	19:00	53:43	+ 2
17	Steven Abrahams	Tipton Har B	14:26	42:57	+ 8	51	Paul Allen	Halesowen B	19:40	53:55	- 1
18	Sam Garmson	Telford Ac	16:28	43:18	- 6	52	Eric Robathan	Centurion B	19:44	55:14	+ 1
19	Kevin Fisher	Broms&Redd	15:05	43:22	+ 2	53	Clive Trusson	Notts Ac C	19:25	57:01	+ 1
20	Richard De-Camps	Gloucester	14:09	43:24	+ 10	54	Damian Pharoah	Northbrook B	18:26	58:49	+ 1
21	Lee Moreton	Wolverhamp A	15:08	43:31	+ 2	55	Keith Best	Tipton Har C	20:22	1:02:32	+ 1
22	Jake Lacey	SuttonInAs	15:25	43:42	0	56	Terry Doherty	Boumville A	43:11	1:11:21	- 39
23	Martyn Gibbons	Notts Ac B	14:54	43:45	+ 3	<b>Fastest runners over stage 2:</b>					
24	Michael Stock	Worcester	15:34	43:47	- 5	1	Martin Foster	DISQUALIFIED	9:54		
25	Andrew Malloy	Bristol & B	14:58	43:54	+ 3	2	Chris Bannon	Coventry G A	13:03		
26	Tim Price	Knowle & D A	15:49	44:05	- 6	3	Stephen Mears	Charnwood	13:28		
27	Osmana Omer	Birchfield B	14:33	44:10	+ 5	4	Rory Grant	Birchfield A	13:33		
28	Darren Washington	CityStoke	16:00	44:12	- 10	5	Robert Needham	Notts Ac A	13:36		
29	Ed Wilson	Trentham R	16:01	44:27	- 5	6	Sabin Ashley A	Leicester	13:36		
30	Andrew Nock	Halesowen A	17:00	44:29	- 14	7	Lee Slater	Dudley&S	13:50		
31	Mike Gray	Cheltenham B	15:15	44:40	0	8	Daniel Dalmedo	Tipton Har A	13:57		
32	Mark Boardman	Long Eaton	16:26	45:38	- 3	9	Phillip Gould	Kenilworth A	14:05		
33	Frederic Tremblay	Royal Sutt	15:24	46:02	+ 2	10	Richard De-Camps	Gloucester	14:09		
34	Gary Whitehouse	West Bromw	16:58	46:41	- 1						

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Toby Spencer	Coventry G A	25:30	1:03:57	0	34	Chris Bacon	Stratford	29:47	1:18:14	+ 5
2	Samuel Mitchell	Notts Ac A	24:50	1:04:03	0	35	Neal Humphreys	Corby Ac	29:59	1:18:17	+ 2
3	W Ghebreslasie	Birchfield A	25:12	1:04:41	+ 3	36	Andy Meads	Harborough	29:57	1:19:53	+ 9
4	Martin Williams	Tipton Har A	26:03	1:05:28	0	37	David Conway	Massey Fer	31:06	1:20:15	+ 6
5	Paul Richardson	Owls Ac	26:07	1:06:12	+ 3	38	Martin Winch	Northbrook A	32:42	1:20:16	- 3
6	Dan Allinson	Leicester	26:47	1:06:15	- 1	39	Andrew Basey	Heanor Run B	31:59	1:20:39	+ 2
7	Samuel Densham	Charnwood	27:12	1:06:34	- 4	40	Adam Guy	Wolverhamp B	32:25	1:20:53	0
8	Oliver Mott	Bristol & A	26:51	1:07:05	+ 1	41	Howard Partridge	Holme Pier	32:01	1:21:43	+ 3
9	Graham Rush	Cheltenham A	26:04	1:07:10	+ 2	42	Simon Hughes	Dudley Kin	33:15	1:22:19	0
10	Dale Annable	Heanor Run A	26:14	1:07:53	+ 2	43	Tony Haden	Centurion A	34:17	1:22:39	- 5
11	Garry Hughes	Stroud & D	26:11	1:08:10	+ 2	44	David Blount	Mansfield	30:56	1:22:45	+ 5
12	Chris McCarthy	Kenilworth A	27:26	1:08:23	- 2	45	Eric Fowler	Nuneaton H	31:04	1:22:49	+ 3
13	Vincent Carroll	Rugby & No	30:14	1:10:12	- 6	46	Patrick Finnegan	Sparkhill	33:38	1:25:05	+ 1
14	David Nation	Dudley&S	28:39	1:11:24	+ 2	47	Selvin Mills	Birmingham B	31:38	1:25:21	+ 3
15	Matthew Smith	Tipton Har B	28:53	1:11:50	+ 2	48	James Collins	(Bournville B)	43:23	1:26:04	- 33
16	Sebastian Duffy	CityStoke	27:43	1:11:55	+ 12	49	Graham Mander	Solihull &	36:05	1:26:57	- 3
17	Daniel Anderton	Birmingham A	29:58	1:12:02	- 3	50	John Hill	Halesowen B	34:08	1:28:03	+ 1
18	Ryan Heath	Telford Ac	29:04	1:12:22	0	51	Gary Turner	Centurion B	41:31	1:36:45	+ 1
19	John Muddeman	Notts Ac B	28:55	1:12:40	+ 4	52	Lee Abrahams	Tipton Har C	37:57	1:40:29	+ 3
20	Ian Grindley	Wolverhamp A	29:19	1:12:50	+ 1	53	David Almond	Northbrook B	42:22	1:41:11	+ 1
21	Shaun Martin	SuttonInAs	29:18	1:13:00	+ 1	54	*Not Declared*	Boumville A	1:00:10	2:11:31	+ 2
22	Mark Appleton	Broms&Redd	29:39	1:13:01	- 3	<b>Fastest runners over stage 3:</b>					
23	Peter Grime	Knowle & D A	29:08	1:13:13	+ 3	1	Samuel Mitchell	Notts Ac A	24:50		
24	Warren Miles	Worcester	29:37	1:13:24	0	2	W Ghebreslasie	Birchfield A	25:12		
25	Oliver Harradence	Royal Sutt	27:31	1:13:33	+ 8	3	Toby Spencer	Coventry G A	25:30		
26	Jeremy Mower	Gloucester	30:12	1:13:36	- 6	4	Martin Williams	Tipton Har A	26:03		
27	Matt Evans	Cheltenham B	29:28	1:14:08	+ 4	5	Graham Rush	Cheltenham A	26:04		
28	Carl Platt	Trentham R	30:00	1:14:27	+ 1	6	Paul Richardson	Owls Ac	26:07		
29	Matthew Allen	Halesowen A	30:21	1:14:50	+ 1	7	Garry Hughes	Stroud & D	26:11		
30	Phil Lucker	Bristol & B	30:59	1:14:53	- 5	8	Dale Annable	Heanor Run A	26:14		
31	Paul Allcock	Long Eaton	29:33	1:15:11	+ 1	9	Dan Allinson	Leicester	26:47		
32	James Jefferson	West Bromw	29:28	1:16:09	+ 2	10	Oliver Mott	Bristol & A	26:51		
33	Kyza Derby	Kenilworth B	29:35	1:17:24	+ 3						

## - Men's 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Thomas Madden	Coventry G A	13:44	1:17:41	0	33	Richard Zanetti	Kenilworth B	18:15	1:35:39	0
2	Matthew Williams	Notts Ac A	13:45	1:17:48	0	34	Mark Newman	Stratford	17:39	1:35:53	0
3	Ian Williams	Tipton Har A	13:41	1:19:09	+ 1	35	Mike Dallamore	Corby Ac	18:56	1:37:13	0
4	Jonathan Goringe	Birchfield A	14:39	1:19:20	- 1	36	Dean Semple	Massey Fer	17:01	1:37:16	+ 1
5	Stephen Francis	Bristol & A	13:49	1:20:54	+ 3	37	Peter Fellows	Northbrook A	17:14	1:37:30	+ 1
6	Tom Lupton	Charnwood	14:33	1:21:07	+ 1	38	Graeme Rolfe	Harborough	18:02	1:37:55	- 2
7	Rob Sheen	Leicester	14:56	1:21:11	- 1	39	Chris Murfitt	Heanor Run B	17:33	1:38:12	0
8	Darren Jordan	Cheltenham A	14:23	1:21:33	+ 1	40	Robert Stewart	Holme Pier	17:02	1:38:45	+ 1
9	Luke Ingram	Owls Ac	15:43	1:21:55	- 4	41	Steve White	Nuneaton H	16:02	1:38:51	+ 4
10	Aaron Phelps	Stroud & D	14:27	1:22:37	+ 1	42	Chris Allcock	Mansfield	16:19	1:39:04	+ 2
11	Stuart Hopkins	Kenilworth A	14:28	1:22:51	+ 1	43	C Houghton	Centurion A	17:23	1:40:02	0
12	Ben Radbourne	Heanor Run A	15:00	1:22:53	- 2	44	Graham Wildgoose	Dudley Kin	17:54	1:40:13	- 2
13	Alexander Brecker	CityStoke	13:40	1:25:35	+ 3	45	Robert Mills	Sparkhill	18:05	1:43:10	+ 1
14	Luke Vine	Tipton Har B	14:02	1:25:52	+ 1	46	Zack Nolan	Solihull &	17:52	1:44:49	+ 3
15	Alex George	Gloucester	13:18	1:26:54	+ 11	47	Richard Guest	Halesowen B	18:00	1:46:03	+ 3
16	Dave Smith	Wolverhamp A	14:26	1:27:16	+ 4	48	Darren Edwards	Wolverhamp B	29:05	1:49:58	- 8
17	Kevin McMillan	Birmingham A	15:17	1:27:19	0	49	David Bristol	(Bournville B)	29:53	1:55:57	- 1
18	Nathan Smith	Rugby & No	17:28	1:27:40	- 5	50	Richard Booth	Centurion B	20:41	1:57:26	+ 1
19	John Garmson	Telford Ac	15:45	1:28:07	- 1	51	Fraser Barrett	Northbrook B	22:25	2:03:36	+ 2
20	Stuart Wallace	Notts Ac B	15:40	1:28:20	- 1	<b>Fastest runners over stage 4:</b>					
21	Andrew Freeman	Broms&Redd	15:42	1:28:43	+ 1	1	Alex George	Gloucester	13:18		
22	Darrell Bodin	Dudley&S	17:24	1:28:48	- 8	2	Alexander Brecker	CityStoke	13:40		
23	Gavin McCaugherty	Cheltenham B	15:25	1:29:33	+ 4	3	Ian Williams	Tipton Har A	13:41		
24	Matthew Curran	SuttonInAs	16:43	1:29:43	- 3	4	Thomas Madden	Coventry G A	13:44		
25	Nick Hitchings	Worcester	16:30	1:29:54	- 1	5	Matthew Williams	Notts Ac A	13:45		
26	Dean England	Royal Sutt	16:34	1:30:07	- 1	6	Stephen Francis	Bristol & A	13:49		
27	Craig Taylor	Trentham R	15:52	1:30:19	+ 1	7	Luke Vine	Tipton Har B	14:02		
28	Ross Grainger	Bristol & B	15:29	1:30:22	+ 2	8	Darren Jordan	Cheltenham A	14:23		
29	Kevin Boake	Knowle & D A	17:39	1:30:52	- 6	9	Dave Smith	Wolverhamp A	14:26		
30	David Lewis	Halesowen A	16:37	1:31:27	- 1	10	Aaron Phelps	Stroud & D	14:27		
31	Rob Allen	Long Eaton	16:49	1:32:00	0						
32	David Jones	West Bromw	17:32	1:33:41	0						

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jonathan Thewlis	Notts Ac A	25:02	1:42:50	+ 1
2	Tom Bark	Coventry G A	26:22	1:44:03	- 1
3	Ian Rawlinson	Tipton Har A	25:36	1:44:45	0
4	Owain Jones	Bristol & A	25:51	1:46:45	+ 1
5	Yousf Al-Lathaa	Birchfield A	27:32	1:46:52	- 1
6	Matthew Poynton	Leicester	27:08	1:48:19	+ 1
7	Howard Thompson	Charnwood	27:16	1:48:23	- 1
8	C Rainsford	Heanor Run A	25:58	1:48:51	+ 4
9	Thomas Bell	Owls Ac	27:10	1:49:05	0
10	Anthony Bailey	Cheltenham A	28:08	1:49:41	- 2
11	Matthew Withey	Stroud & D	28:05	1:50:42	- 1
12	Jim Sawle	Kenilworth A	29:44	1:52:35	- 1
13	Oz Ellis	Tipton Har B	27:37	1:53:29	+ 1
14	Daniel Robinson	Birmingham A	27:13	1:54:32	+ 3
15	Nicholas Barber	CityStoke	29:49	1:55:24	- 2
16	Adam Lloyd	Broms&Redd	28:19	1:57:02	+ 5
17	Richard Darling	Notts Ac B	28:56	1:57:16	+ 3
18	Sebastian Palmer	Rugby & No	29:43	1:57:23	0
19	Mike Mansfield	Gloucester	30:50	1:57:44	- 4
20	Jarlath McKenna	Bristol & B	27:51	1:58:13	+ 8
21	Graham Eaton	Wolverhamp A	31:14	1:58:30	- 5
22	Rory Johnson	Worcester	29:03	1:58:57	+ 3
23	Paul Coupe*	Telford Ac	31:04	1:59:11	- 4
24	Corin Hughes	Cheltenham B	30:12	1:59:45	- 1
25	Liam Hodson	SuttonInAs	30:34	2:00:17	- 1
26	Carl Dunne	Royal Sutt	30:21	2:00:28	0
27	Thomas Halloway	Trentham R	30:17	2:00:36	0
28	Mark Boot	Long Eaton	29:46	2:01:46	+ 3
29	Max Parker	Halesowen A	31:02	2:02:29	+ 1
30	Chris Morgan	Knowle & D A	32:32	2:03:24	- 1
31	Jordan Smith	Dudley&S	36:19	2:05:07	- 9
32	Josh Coles	CorbyAc	30:00	2:07:13	+ 3
33	David Clarke	Massey Fer	30:22	2:07:38	+ 3
34	James Greenwood	West Bromw	34:16	2:07:57	- 2
35	Graham Taylor	Stratford	32:08	2:08:01	- 1
36	Andrew Wilson	Mansfield	29:24	2:08:28	+ 6
37	John Wilson	Northbrook A	31:31	2:09:01	0
38	Neil Sheward	Kenilworth B	34:04	2:09:43	- 5
39	Daniel Taylor	Harborough	31:49	2:09:44	- 1
40	Carl Hughes	Heanor Run B	32:58	2:11:10	- 1
41	David Norman	Dudley Kin	32:31	2:12:44	+ 3
42	Colin Hallam	Holme Pier	34:10	2:12:55	- 2
43	C David	Nuneaton H	34:34	2:13:25	- 2
44	Wayne Muddiman	Centurion A	33:50	2:13:52	- 1
45	Christopher Royal	Halesowen B	36:08	2:22:11	+ 2
46	Daniel Vaughan	Wolverhamp B	33:06	2:23:04	+ 2
47	A Rutherford	Sparkhill	39:59	2:23:09	- 2
48	James Houghton	Centurion B	39:54	2:37:20	+ 2
49	Sam Chatwin	(Bournville B)	46:32	2:42:29	0
50	Christopher Jones	Northbrook B	40:40	2:44:16	+ 1

### Fastest runners over stage 5:

1	Jonathan Thewlis	Notts Ac A	25:02
2	Ian Rawlinson	Tipton Har A	25:36
3	Owain Jones	Bristol & A	25:51
4	C Rainsford	Heanor Run A	25:58
5	Tom Bark	Coventry G A	26:22
6	Matthew Poynton	Leicester	27:08
7	Thomas Bell	Owls Ac	27:10
8	Daniel Robinson	Birmingham A	27:13
9	Howard Thompson	Charnwood	27:16
10	Yousf Al-Lathaa	Birchfield A	27:32

## - Men's 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Douglas Musson	Notts Ac A	13:43	1:56:33	0
2	Scott Hazell	Coventry G A	14:16	1:58:19	0
3	Phillip Wilson	Tipton Har A	13:48	1:58:33	0
4	Theo Blundell	Birchfield A	14:23	2:01:15	+ 1
5	Steve Goss	Bristol & A	14:47	2:01:32	- 1
6	Chris Southam	Leicester	14:30	2:02:49	0
7	George Buttery	Charnwood	14:33	2:02:56	0
8	Adam Biggs	Heanor Run A	15:12	2:04:03	0
9	Russell Forsbrook	Cheltenham A	14:39	2:04:20	+ 1
10	Neil Towers	Owls Ac	17:07	2:06:12	- 1
11	Darren Jewell	Stroud & D	15:38	2:06:20	0
12	James Richardson	Kenilworth A	15:48	2:08:23	0
13	David Sheldon	CityStoke	13:58	2:09:22	+ 2
14	Laurence Heathcock	Tipton Har B	16:49	2:10:18	- 1
15	David McNeil	Birmingham A	16:10	2:10:42	- 1
16	Sean Bowden	Broms&Redd	15:16	2:12:18	0
17	Andrew De-Camps	Gloucester	14:57	2:12:41	+ 2
18	David Oxland	Notts Ac B	15:30	2:12:46	- 1
19	Trystan Daniels	Bristol & B	15:59	2:14:12	+ 1
20	Darien Farmer	Wolverhamp A	15:55	2:14:25	+ 1
21	Andrew Peach	Worcester	15:51	2:14:48	+ 1
22	Neil Willsher	Rugby & No	17:48	2:15:11	- 4
23	Steve Maguire	Cheltenham B	15:57	2:15:42	+ 1
24	Tony Goodyear	SuttonInAs	15:50	2:16:07	+ 1
25	Adam Grew	Trentham R	16:23	2:16:59	+ 2
26	Rob Andrew	Royal Sutt	16:49	2:17:17	0
27	Paul Lewis	Long Eaton	15:49	2:17:35	+ 1
28	Marc Turner	Halesowen A	15:17	2:17:46	+ 1
29	Nigel Tatton	Telford Ac	19:07	2:18:18	- 6
30	Russell Davies	Knowle & D A	16:55	2:20:19	0
31	Steven Bridgwater	Dudley&S	15:49	2:20:56	0
32	Mark Johnson	Mansfield	14:05	2:22:33	+ 4
33	Andrew Moseley	West Bromw	17:52	2:25:49	+ 1
34	Jonathan Seed	Northbrook A	17:00	2:26:01	+ 3
35	Simon Neale	Massey Fer	18:32	2:26:10	- 2
36	Jason Pitcher	Harborough	16:54	2:26:38	+ 3
37	Philip Brennan	Stratford	19:38	2:27:39	- 2
38	Paul Mercer	Heanor Run B	17:03	2:28:13	+ 2
39	Richard Bate	Dudley Kin	17:05	2:29:49	+ 2
40	Simon Mottershead	Kenilworth B	20:35	2:30:18	- 2
41	Neil Devonport	Holme Pier	17:56	2:30:51	+ 1
42	Tyler Selway	Nuneaton H	17:53	2:31:18	+ 1
43	Christopher McCann	Centurion A	17:34	2:31:26	+ 1
44	Paul Tabor	Wolverhamp B	17:50	2:40:54	+ 2
45	Alastair Grant	Halesowen B	19:57	2:42:08	0
46	Andrew Wadsworth	Sparkhill	20:42	2:43:51	+ 1
47	Matt Cook	(Bournville B)	16:33	2:59:02	+ 2
48	Paul Cormock	Centurion B	23:12	3:00:32	0
49	Tony Forde	Northbrook B	19:22	3:03:38	+ 1

### Fastest runners over stage 6:

1	Douglas Musson	Notts Ac A	13:43
2	Phillip Wilson	Tipton Har A	13:48
3	David Sheldon	CityStoke	13:58
4	Mark Johnson	Mansfield	14:05
5	Scott Hazell	Coventry G A	14:16
6	Theo Blundell	Birchfield A	14:23
7	Chris Southam	Leicester	14:30
8	George Buttery	Charnwood	14:33
9	Russell Forsbrook	Cheltenham A	14:39
10	Steve Goss	Bristol & A	14:47

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Aaron Scott	Notts Ac A	25:27	2:22:00	0	30	Simon Bentley	Knowle & D A	29:39	2:49:58	0
2	Josh Lilly	Tipton Har A	25:14	2:23:47	+ 1	31	John Lowe	Mansfield	30:15	2:52:48	+ 1
3	Ben Jones	Coventry G A	25:43	2:24:02	- 1	32	Sean Fenwick	Harborough	28:11	2:54:49	+ 4
4	Tom Merson	Bristol & A	25:48	2:27:20	+ 1	33	Jason Nicholson	Massey Fer	33:05	2:59:15	+ 2
5	James Mee	Hearon Run A	25:38	2:29:41	+ 3	34	Paul Stead	Northbrook A	33:34	2:59:35	0
6	Oliver Teasle	Birchfield A	28:56	2:30:11	- 2	35	James Deacon	Stratford	35:37	3:03:16	+ 2
7	Andy Robinson	Leicester	28:35	2:31:24	- 1	36	Paul Winfield	Hearon Run B	36:33	3:04:46	+ 2
8	John Parker	Cheltenham A	27:28	2:31:48	+ 1	37	Rob Sannwald	Dudley Kin	35:02	3:04:51	+ 2
9	Tom Whitmore	Charnwood	28:59	2:31:55	- 2	38	Paul Bingham	Centurion A	34:07	3:05:33	+ 5
10	Patrick Radley	Owls Ac	27:42	2:33:54	0	39	Steve Tupholme	Holme Pier	36:09	3:07:00	+ 2
11	Paul Andrew	Kenilworth A	27:24	2:35:47	+ 1	40	Andrew Harris	Nuneaton H	36:11	3:07:29	+ 2
12	George Robinson	Stroud & D	29:55	2:36:15	- 1	41	Karra Herrero	Kenilworth B	38:48	3:09:06	- 1
13	C Ashford	Birmingham A	27:15	2:37:57	+ 2	42	Andrew Bave	Wolverhamp B	33:22	3:14:16	+ 2
14	Thomas Hendricken	CityStoke	29:08	2:38:30	- 1	43	Matt Sandison	DISQUALIFIED	15:51	3:14:53	+ 4
15	Chris Fullerton	Tipton Har B	29:58	2:40:16	- 1	44	Nick Stringer	Sparkhill	31:39	3:15:30	+ 2
16	Stephen Millward	Gloucester	27:36	2:40:17	+ 1	45	Neil Wilkes	Centurion B	39:32	3:40:04	+ 3
17	Simon Lanckham	Broms&Redd	30:30	2:42:48	- 1	46	Robert Dimbleby	Northbrook B	44:10	3:47:48	+ 3
18	Richard Carpenter	Wolverhamp A	29:34	2:43:59	+ 2	<b>Fastest runners over stage 7:</b>					
19	Matt Blunden	Notts Ac B	31:49	2:44:35	- 1	1	Matt Sandison	DISQUALIFIED	15:51		
20	Paul Whittingham	SuttonInAs	28:46	2:44:53	+ 4	2	Josh Lilly	Tipton Har A	25:14		
21	Doug Jewell	Bristol & B	30:43	2:44:55	- 2	3	Aaron Scott	Notts Ac A	25:27		
22	Stefan Sternkopf	Worcester	30:55	2:45:43	- 1	4	James Mee	Hearon Run A	25:38		
23	Andy Gore	Cheltenham B	30:24	2:46:06	0	5	Ben Jones	Coventry G A	25:43		
24	Joseph Donkin	Halesowen A	28:51	2:46:37	+ 4	6	Tom Merson	Bristol & A	25:48		
25	Daniel Mould	Rugby & No	32:21	2:47:32	- 3	7	C Ashford	Birmingham A	27:15		
26	Thomas Chew	Royal Sutt	31:05	2:48:22	0	8	Paul Andrew	Kenilworth A	27:24		
27	Philip Mainwaring	Trentham R	31:24	2:48:23	- 2	9	John Parker	Cheltenham A	27:28		
28	John Sanders	Telford Ac	30:25	2:48:43	+ 1	10	Stephen Millward	Gloucester	27:36		
29	Ian Chant	Long Eaton	31:24	2:48:59	- 2						

## - Men's 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Robert Smith	Notts Ac A	14:03	2:36:03	0	30	Pete Morgan-Warren	Knowle & D A	17:23	3:07:21	0
2	Liam Roberts	Tipton Har A	14:01	2:37:48	0	31	Steve Davies	Mansfield	17:33	3:10:21	0
3	Harvey Speed	Coventry G A	14:18	2:38:20	0	32	Martin Gore	Harborough	16:27	3:11:16	0
4	Grice Peter Le	Bristol & A	13:41	2:41:01	0	33	Peter Paprcka	Massey Fer	16:59	3:16:14	0
5	Shane Rice	Hearon Run A	14:37	2:44:18	0	34	Tom Miller	Northbrook A	17:46	3:17:21	0
6	Simon Cotton	Leicester	14:35	2:45:59	+ 1	35	Danny Tolhurst	Stratford	15:30	3:18:46	0
7	Ben Topley	Birchfield A	16:22	2:46:33	- 1	36	Peter Hood	Dudley Kin	16:06	3:20:57	+ 1
8	Roger Mullins	Cheltenham A	14:50	2:46:38	0	37	R Charlesworth	Hearon Run B	18:52	3:23:38	- 1
9	Tim Doran	Charnwood	15:12	2:47:07	0	38	Andy Rea	Centurion A	18:16	3:23:49	0
10	Chris McMillan	Owls Ac	15:57	2:49:51	0	39	Ian Grant	Holme Pier	17:53	3:24:53	0
11	Stephen Page	Kenilworth A	14:29	2:50:16	0	40	Chris Hamer-Hodges	Nuneaton H	17:45	3:25:14	0
12	Greg Halliwell	Stroud & D	15:25	2:51:40	0	41	Simon Keell	Kenilworth B	18:29	3:27:35	0
13	Liam Hendricken	CityStoke	14:48	2:53:18	+ 1	42	Paul Kibble	Wolverhamp B	17:00	3:31:16	0
14	Richard Gray	Birmingham A	15:51	2:53:48	- 1	43	Bradlee Tod	(Bournville B)	16:50	3:31:43	0
15	Matt Boon	Gloucester	15:50	2:56:07	+ 1	44	John Goulding	Sparkhill	19:38	3:35:08	0
16	Andrew Williams	Tipton Har B	17:47	2:58:03	- 1	45	Steve Murphy	Centurion B	19:28	3:59:32	0
17	Jamie Dancyger	Broms&Redd	16:54	2:59:42	0	46	Bob Adams	Northbrook B	19:28	4:07:16	0
18	Tom Fisher	Wolverhamp A	16:15	3:00:14	0	<b>Fastest runners over stage 8:</b>					
19	Jon-philip Seymour	Notts Ac B	15:51	3:00:26	0	1	Grice Peter Le	Bristol & A	13:41		
20	David Bedwell	Bristol & B	16:06	3:01:01	+ 1	2	Liam Roberts	Tipton Har A	14:01		
21	Brent Stevenson	SuttonInAs	16:26	3:01:19	- 1	3	Robert Smith	Notts Ac A	14:03		
22	David O'Brien	Worcester	16:04	3:01:47	0	4	Harvey Speed	Coventry G A	14:18		
23	Gareth Edwards	Cheltenham B	16:27	3:02:33	0	5	Stephen Page	Kenilworth A	14:29		
24	Robert Weaver	Halesowen A	17:22	3:03:59	0	6	Simon Cotton	Leicester	14:35		
25	David Pickstock	Trentham R	15:48	3:04:11	+ 2	7	Shane Rice	Hearon Run A	14:37		
26	James Smedley	Royal Sutt	15:52	3:04:14	0	8	Liam Hendricken	CityStoke	14:48		
27	Tuhin Wahid	Long Eaton	16:12	3:05:11	+ 2	9	Roger Mullins	Cheltenham A	14:50		
28	Nick Thomas*	Telford Ac	16:54	3:05:37	0	10	Tim Doran	Charnwood	15:12		
29	Alan Mould	Rugby & No	18:06	3:05:38	- 4						

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Jarratt Perkins	Notts Ac A	14:14	2:50:17	0	28	Gary Wallace	Rugby & No	16:20	3:21:58	+ 1
2	Nigel Stirk	Tipton Har A	14:05	2:51:53	0	29	Alex Black	Knowle & D A	17:20	3:24:41	+ 1
3	Noel Edwards	Coventry G A	14:40	2:53:00	0	30	David Ward	Mansfield	19:01	3:29:22	+ 1
4	Ben Robinson	Bristol & A	13:40	2:54:41	0	31	Richard Bufton	Harborough	18:43	3:29:59	+ 1
5	Stephen Ashmore	Heanor Run A	15:03	2:59:21	0	32	Steve Mumford	Massey Fer	17:17	3:33:31	+ 1
6	Craig Austin	Leicester	15:18	3:01:17	0	33	Peter Austin	Northbrook A	18:02	3:35:23	+ 1
7	Andy Prohett	Cheltenham A	15:11	3:01:49	+ 1	34	Gary Bonner	Dudley Kin	17:08	3:38:05	+ 2
8	Peter Dimbleby	Birchfield A	15:30	3:02:03	- 1	35	David Jones	Stratford	19:21	3:38:07	0
9	Peter Swaine	Charnwood	15:05	3:02:12	0	36	Andrew Carwardine	Centurion A	18:17	3:42:06	+ 2
10	Tom Mahon	Owls Ac	15:36	3:05:27	0	37	Mark Treadwell	Nuneaton H	17:35	3:42:49	+ 3
11	Daniel Mitchell	Kenilworth A	15:44	3:06:00	0	38	John Kenyon	Holme Pier	18:27	3:43:20	+ 1
12	Matthew Doyle	Stroud & D	14:37	3:06:17	0	39	Stephen Wardle	Heanor Run B	19:44	3:43:22	- 2
13	David Bratt	CityStoke	14:43	3:08:01	0	40	Steve Ramus	Kenilworth B	17:22	3:44:57	+ 1
14	Martin Ludford	Birmingham A	17:06	3:10:54	0	41	Robert Edwards	Wolverhamp B	16:50	3:48:06	+ 1
15	Wayne Mayer	Gloucester	16:10	3:12:17	0	42	Oliver Kirkland	(Bournville B)	17:13	3:48:56	+ 1
16	Paul Rogers	Tipton Har B	15:35	3:13:38	0	43	L Satterthwaite	Centurion B	20:51	4:20:23	+ 2
17	Anthony Warner	Broms&Redd	16:39	3:16:21	0	44	Robert Pool	Northbrook B	18:31	4:25:47	+ 2
18	Edward Bolland	Wolverhamp A	16:18	3:16:32	0	<b>Fastest runners over stage 9:</b>					
19	Jeremy Hogan	Bristol & B	15:33	3:16:34	+ 1	1	Ben Robinson	Bristol & A	13:40		
20	Jonathan Hiorns	Notts Ac B	16:16	3:16:42	- 1	2	Nigel Stirk	Tipton Har A	14:05		
21	William New	Cheltenham B	14:46	3:17:19	+ 2	3	Jarratt Perkins	Notts Ac A	14:14		
22	Matt Fairlamb	Worcester	16:05	3:17:52	0	4	Matthew Doyle	Stroud & D	14:37		
23	James Simpson	SuttonInAs	17:06	3:18:25	- 2	5	Noel Edwards	Coventry G A	14:40		
24	Joseph Phillips	Halesowen A	15:39	3:19:38	0	6	David Bratt	CityStoke	14:43		
25	Pete Nicholson	Trentham R	16:06	3:20:17	0	7	William New	Cheltenham B	14:46		
26	David Liddall	Royal Sutt	16:26	3:20:40	0	8	Stephen Ashmore	Heanor Run A	15:03		
27	Andrew Dickenson	Long Eaton	15:50	3:21:01	0	9	Peter Swaine	Charnwood	15:05		
						10	Andy Prohett	Cheltenham A	15:11		

## - Men's 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Kevin Farrow	Notts Ac A	13:36	3:03:53	0	32	Gary Lawson	Massey Fer	16:47	3:50:18	0
2	Daniel Beier	Tipton Har A	13:51	3:05:44	0	33	Joe Kelly	Northbrook A	18:24	3:53:47	0
3	Jack Villette	Coventry G A	15:12	3:08:12	0	34	Richard Jones	Dudley Kin	17:31	3:55:36	0
4	William Christofi	Bristol & A	13:47	3:08:28	0	35	James Fidoe	Stratford	18:58	3:57:05	0
5	M Bickerstaff	Heanor Run A	14:02	3:13:23	0	36	David Pearson	Centurion A	18:07	4:00:13	0
6	David Pearce	Leicester	14:41	3:15:58	0	37	Nicholas Wilson	Nuneaton H	17:33	4:00:22	0
7	Richard Dare	Cheltenham A	14:32	3:16:21	0	38	David Ramus	Kenilworth B	16:09	4:01:06	+ 2
8	Lewis Morley	Birchfield A	16:40	3:18:43	0	39	Andrew Marriott	Heanor Run B	18:14	4:01:36	0
9	Jake Smith	Charnwood	16:37	3:18:49	0	40	Daniel Wilson	(Bournville B)	14:42	4:03:38	+ 2
10	Lewis Smart	Owls Ac	16:09	3:21:36	0	41	Jim Smith	Holme Pier	20:40	4:04:00	- 3
11	Richard Broadbent	Kenilworth A	16:47	3:22:47	0	42	Ross Edgley	Wolverhamp B	17:17	4:05:23	- 1
12	Daniel Barker	CityStoke	14:55	3:22:56	+ 1	43	Andy Matthews	Centurion B	19:23	4:39:46	0
13	Alan Pitt	Stroud & D	16:45	3:23:02	- 1	44	David Cooper	Northbrook B	20:43	4:46:30	0
14	Robin Biles	Birmingham A	15:03	3:25:57	0	<b>Fastest runners over stage 10:</b>					
15	Tom Randles	Gloucester	15:34	3:27:51	0	1	Kevin Farrow	Notts Ac A	13:36		
16	Alan Grice	Tipton Har B	18:32	3:32:10	0	2	William Christofi	Bristol & A	13:47		
17	Robert Trusson	Notts Ac B	15:46	3:32:28	+ 3	3	Daniel Beier	Tipton Har A	13:51		
18	Iain Devlin	Cheltenham B	15:32	3:32:51	+ 3	4	M Bickerstaff	Heanor Run A	14:02		
19	Ian Keyte	Broms&Redd	16:48	3:33:09	- 2	5	Richard Dare	Cheltenham A	14:32		
20	Tom Watkins	Bristol & B	16:59	3:33:33	- 1	6	David Pearce	Leicester	14:41		
21	Gary Colyyer	Wolverhamp A	17:09	3:33:41	- 3	7	Daniel Wilson	(Bournville B)	14:42		
22	James Luff	Worcester	16:13	3:34:05	0	8	Daniel Barker	CityStoke	14:55		
23	Paul Slater	SuttonInAs	16:53	3:35:18	0	9	Peter Currington	Rugby & No	14:59		
24	Chris Taylor	Royal Sutt	15:22	3:36:02	+ 2	10	Robin Biles	Birmingham A	15:03		
25	James Parker	Halesowen A	16:46	3:36:24	- 1						
26	Sam Rosillo	Trentham R	16:22	3:36:39	- 1						
27	Peter Currington	Rugby & No	14:59	3:36:57	+ 1						
28	Richard Howe	Long Eaton	16:30	3:37:31	- 1						
29	Jonathan Randell	Knowle & D A	16:16	3:40:57	0						
30	Jordan Boam	Mansfield	17:11	3:46:33	0						
31	William Clapp	Harborough	17:01	3:47:00	0						

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## - Men's 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Tim Hartley	Notts Ac A	13:32	3:17:25	0
2	Tom Holden	Tipton Har A	13:59	3:19:43	0
3	Benedict Westhenry	Bristol & A	14:01	3:22:29	+ 1
4	Clark Roberts	Coventry G A	15:23	3:23:35	- 1
5	Ben Oconnell	Hearon Run A	14:46	3:28:09	0
6	Marc Fallows	Cheltenham A	14:32	3:30:53	+ 1
7	Derek Guess	Leicester	16:03	3:32:01	- 1
8	James Trollope	Birchfield A	14:38	3:33:21	0
9	Mark Couldwell	Charnwood	14:53	3:33:42	0
10	Scott Green	Owls Ac	15:07	3:36:43	0
11	K Washington	CityStoke	15:54	3:38:50	+ 1
12	Peter Bryan	Kenilworth A	16:22	3:39:09	- 1
13	Kenny Roberts	Stroud & D	16:08	3:39:10	0
14	H Balderson	Birmingham A	16:00	3:41:57	0
15	Lee Smith	Gloucester	16:27	3:44:18	0
16	Dean Hill	Tipton Har B	14:52	3:47:02	0
17	Andrew Kaighin	Cheltenham B	16:16	3:49:07	+ 1
18	Simon Calrow	Wolverhamp A	15:37	3:49:18	+ 3
19	Joe Gardner	Notts Ac B	16:57	3:49:25	- 2
20	Peter Gandon	Bristol & B	15:57	3:49:30	0
21	Matthew Henney	Broms&Redd	16:31	3:49:40	- 2
22	Laurie Hart	Worcester	17:46	3:51:51	0
23	David Long	Royal Sutt	16:19	3:52:21	+ 1
24	Gary Bird	SuttonInAs	17:13	3:52:31	- 1
25	David Brooks	Rugby & No	16:34	3:53:31	+ 2
26	Chris Mosiuk	Trentham R	17:01	3:53:40	0
27	AlexMorgan	Halesowen A	17:37	3:54:01	- 2
28	A MacSporran	Long Eaton	18:53	3:56:24	0
29	Andrew Connors	Knowle & D A	17:03	3:58:00	0
30	Phillip Shaw	Mansfield	15:34	4:02:07	0
31	Martin Hughes	Harborough	18:58	4:05:58	0
32	Martin Judge	Massey Fer	16:09	4:06:27	0
33	Andrew Ralph	Northbrook A	17:57	4:11:44	0
34	Phil Smith	Dudley Kin	17:44	4:13:20	0
35	Keith Hawkes	Stratford	18:09	4:15:14	0
36	Jacob Waples	Nuneaton H	16:00	4:16:22	+ 1
37	Chris Simkiss	Kenilworth B	17:02	4:18:08	+ 1
38	Edmund Wallace	Centurion A	18:50	4:19:03	- 2
39	Mark Moore	Wolverhamp B	16:06	4:21:29	+ 3
40	Jeff Everitt	Hearon Run B	20:03	4:21:39	- 1
41	Kevin Ford	Holme Pier	18:14	4:22:14	0
42	Paul Davies	Centurion B	17:38	4:57:24	+ 1
43	Jack Langman	Northbrook B	20:55	5:07:25	+ 1

  

Fastest runners over stage 11:			
1	Tim Hartley	Notts Ac A	13:32
2	Tom Holden	Tipton Har A	13:59
3	Benedict Westhenry	Bristol & A	14:01
4	Marc Fallows	Cheltenham A	14:32
5	James Trollope	Birchfield A	14:38
6	Ben Oconnell	Hearon Run A	14:46
7	Dean Hill	Tipton Har B	14:52
8	Mark Couldwell	Charnwood	14:53
9	Scott Green	Owls Ac	15:07
10	Clark Roberts	Coventry G A	15:23

## - Men's 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Martin Whitehouse	Notts Ac A	14:17	3:31:42	0
2	Philip Nicholls	Tipton Har A	13:18	3:33:01	0
3	Daniel Studley	Bristol & A	13:12	3:35:41	0
4	Iwan Jones	Coventry G A	15:04	3:38:39	0
5	Ashley Deeming	Hearon Run A	15:15	3:43:24	0
6	James Miller	Cheltenham A	14:27	3:45:20	0
7	Gareth Deacon	Leicester	15:03	3:47:04	0
8	Abdi Abdi	Birchfield A	13:58	3:47:19	0
9	Brian Madden	Charnwood	16:16	3:49:58	0
10	Simon Allen	Owls Ac	14:31	3:51:14	0
11	Steven Bazell	CityStoke	14:56	3:53:46	0
12	Chris Frapwell	Stroud & D	15:34	3:54:44	+ 1
13	Alex Atkinson	Kenilworth A	15:47	3:54:56	- 1
14	Mark Ince	Birmingham A	14:19	3:56:16	0
15	Paul Barlow	Gloucester	15:00	3:59:18	0
16	Simon Cooper	Tipton Har B	15:59	4:03:01	0
17	Steve Long	Notts Ac B	14:27	4:03:52	+ 2
18	Stephen Ward	Wolverhamp A	15:32	4:04:50	0
19	Ashley Ross	Broms&Redd	15:31	4:05:11	+ 2
20	Simon Burley*	Cheltenham B	16:25	4:05:32	- 3
21	Peter Mountain	Bristol & B	16:36	4:06:06	- 1
22	Steve Marklew	Royal Sutt	16:04	4:08:25	+ 1
23	Phill Bullock	Worcester	16:56	4:08:47	- 1
24	Richard Robinson	SuttonInAs	16:22	4:08:53	0
25	Ben James	Rugby & No	15:40	4:09:11	0
26	Tim Bailey	Halesowen A	15:28	4:09:29	+ 1
27	Dale Colclough	Trentham R	16:58	4:10:38	- 1
28	Robert Fox	Long Eaton	15:50	4:12:14	0
29	Richard Dixon	Knowle & D A	15:35	4:13:35	0
30	David Robertson	Mansfield	17:02	4:19:09	0
31	Carl Semple	Massey Fer	18:21	4:24:48	+ 1
32	George Nolan	Harborough	20:44	4:26:42	- 1
33	Ben Foster	Dudley Kin	14:50	4:28:10	+ 1
34	Brian Hewetson	Northbrook A	18:55	4:30:39	- 1
35	Warren Bell	Kenilworth B	15:34	4:33:42	+ 2
36	Gavin Davies	Centurion A	16:22	4:35:25	+ 2
37	Peter Greenfield	Nuneaton H	19:15	4:35:37	- 1
38	Anthony Jackson	Stratford	20:28	4:35:42	- 3
39	Donald Wells	Holme Pier	15:59	4:38:13	+ 2
40	Brett Beeson	Hearon Run B	21:15	4:42:54	0
41	Kevin Morris	Centurion B	29:17	5:26:41	+ 1
42	Anthony Hughes	Northbrook B	21:22	5:28:47	+ 1

  

Fastest runners over stage 12:			
1	Daniel Studley	Bristol & A	13:12
2	Philip Nicholls	Tipton Har A	13:18
3	Abdi Abdi	Birchfield A	13:58
4	Martin Whitehouse	Notts Ac A	14:17
5	Mark Ince	Birmingham A	14:19
6	James Miller	Cheltenham A	14:27
7	Steve Long	Notts Ac B	14:27
8	Simon Allen	Owls Ac	14:31
9	Ben Foster	Dudley Kin	14:50
10	Steven Bazell	CityStoke	14:56

# MCAA Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

## Men's 12 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 NottsAc</b>	<b>'A'</b>	<b>3:31:42</b>	<b>9 Charnwood A C</b>	<b>3:49:58</b>
1 Stuart Spencer (4) 25:37	2 Robert Needham (2) 13:36	1 Harry Lupton (9) 25:54	2 Stephen Mears (3) 13:28	
3 Samuel Mitchell (2) 24:50	4 Matthew Williams (2) 13:45	3 Samuel Densham (7) 27:12	4 Tom Lupton (6) 14:33	
5 Jonathan Thewlis (1) 25:02	6 Douglas Musson (1) 13:43	5 Howard Thompson (7) 27:16	6 George Buttery (7) 14:33	
7 Aaron Scott (1) 25:27	8 Robert Smith (1) 14:03	7 Tom Whitmore (9) 28:59	8 Tim Doran (9) 15:12	
9 Jarratt Perkins (1) 14:14	10 Kevin Farrow (1) 13:36	9 Peter Swaine (9) 15:05	10 Jake Smith (9) 16:37	
11 Tim Hartley (1) 13:32	12 Martin Whitehouse (1) 14:17	11 Mark Couldwell (9) 14:53	12 Brian Madden (9) 16:16	
<b>2 Tipton Harriers</b>	<b>'A'</b>	<b>3:33:01</b>	<b>10 Owls Ac Leicester</b>	<b>3:51:14</b>
1 Richard Kay (3) 25:28	2 Daniel Dalmedo (4) 13:57	1 Daniel Hallam (7) 25:50	2 Tom Meakin (8) 14:15	
3 Martin Williams (4) 26:03	4 Ian Williams (3) 13:41	3 Paul Richardson (5) 26:07	4 Luke Ingram (9) 15:43	
5 Ian Rawlinson (3) 25:36	6 Phillip Wilson (3) 13:48	5 Thomas Bell (9) 27:10	6 Neil Towers (10) 17:07	
7 Josh Lilly (2) 25:14	8 Liam Roberts (2) 14:01	7 Patrick Radley (10) 27:42	8 Chris McMillan (10) 15:57	
9 Nigel Stirk (2) 14:05	10 Daniel Beier (2) 13:51	9 Tom Mahon (10) 15:36	10 Lewis Smart (10) 16:09	
11 Tom Holden (2) 13:59	12 Philip Nicholls (2) 13:18	11 Scott Green (10) 15:07	12 Simon Allen (10) 14:31	
<b>3 Bristol &amp; West Ac (est. 1882)</b>	<b>'A'</b>	<b>3:35:41</b>	<b>11 City Of Stoke AC</b>	<b>3:53:46</b>
1 Stephen Mitchell (5) 25:46	2 Philip Parry (9) 14:28	1 Callum Dillon (18) 28:12	2 Darren Washington (28) 16:00	
3 Oliver Mott (8) 26:51	4 Stephen Francis (5) 13:49	3 Sebastian Duffy (16) 27:43	4 Alexander Brecker (13) 13:40	
5 Owain Jones (4) 25:51	6 Steve Goss (5) 14:47	5 Nicholas Barber (15) 29:49	6 David Sheldon (13) 13:58	
7 Tom Merson (4) 25:48	8 Grice Peter Le (4) 13:41	7 Thomas Hendricken (14) 29:08	8 Liam Hendricken (13) 14:48	
9 Ben Robinson (4) 13:40	10 William Christofi (4) 13:47	9 David Bratt (13) 14:43	10 Daniel Barker (12) 14:55	
11 Benedict Westhenry (3) 14:01	12 Daniel Studley (3) 13:12	11 K Washington (11) 15:54	12 Steven Bazell (11) 14:56	
<b>4 Coventry Godiva Harriers</b>	<b>'A'</b>	<b>3:38:39</b>	<b>12 Stroud &amp; District Ac</b>	<b>3:54:44</b>
1 Stephen Emery (2) 25:24	2 Chris Bannon (1) 13:03	1 Brett Halliwell (15) 27:17	2 Jordan Frapwell (13) 14:42	
3 Toby Spencer (1) 25:30	4 Thomas Madden (1) 13:44	3 Garry Hughes (11) 26:11	4 Aaron Phelps (10) 14:27	
5 Tom Bark (2) 26:22	6 Scott Hazell (2) 14:16	5 Matthew Withey (11) 28:05	6 Darren Jewell (11) 15:38	
7 Ben Jones (3) 25:43	8 Harvey Speed (3) 14:18	7 George Robinson (12) 29:55	8 Greg Halliwell (12) 15:25	
9 Noel Edwards (3) 14:40	10 Jack Vilette (3) 15:12	9 Matthew Doyle (12) 14:37	10 Alan Pitt (13) 16:45	
11 Clark Roberts (4) 15:23	12 Iwan Jones (4) 15:04	11 Kenny Roberts (13) 16:08	12 Chris Frapwell (12) 15:34	
<b>5 Heanor Running Club</b>	<b>'A'</b>	<b>3:43:24</b>	<b>13 Kenilworth Runners</b>	<b>'A'</b>
1 Stuart King (6) 25:48	2 Tony Weatherson (12) 15:51	1 Richard Simkiss (13) 26:52	2 Phillip Gould (10) 14:05	
3 Dale Annable (10) 26:14	4 Ben Radbourne (12) 15:00	3 Chris McCarthy (12) 27:26	4 Stuart Hopkins (11) 14:28	
5 C Rainsford (8) 25:58	6 Adam Biggs (8) 15:12	5 Jim Sawle (12) 29:44	6 James Richardson (12) 15:48	
7 James Mee (5) 25:38	8 Shane Rice (5) 14:37	7 Paul Andrew (11) 27:24	8 Stephen Page (11) 14:29	
9 Stephen Ashmore (5) 15:03	10 M Bickerstaff (5) 14:02	9 Daniel Mitchell (11) 15:44	10 Richard Broadbent (11) 16:47	
11 Ben Oconnell (5) 14:46	12 Ashley Deeming (5) 15:15	11 Peter Bryan (12) 16:22	12 Alex Atkinson (13) 15:47	
<b>6 Cheltenham And County Harriers</b>	<b>'A'</b>	<b>3:45:20</b>	<b>14 Birmingham Running Athletics &amp; 'A'</b>	<b>3:56:16</b>
1 Daniel Owen (11) 26:42	2 Alex Bampton (11) 14:24	1 Edward Banks (14) 26:55	2 Mark Lawlor (14) 15:09	
3 Graham Rush (9) 26:04	4 Darren Jordan (8) 14:23	3 Daniel Anderton (17) 29:58	4 Kevin McMillan (17) 15:17	
5 Anthony Bailey (10) 28:08	6 Russell Forsbrook (9) 14:39	5 Daniel Robinson (14) 27:13	6 David McNeil (15) 16:10	
7 John Parker (8) 27:28	8 Roger Mullins (8) 14:50	7 C Ashford (13) 27:15	8 Richard Gray (14) 15:51	
9 Andy Prohett (7) 15:11	10 Richard Dare (7) 14:32	9 Martin Ludford (14) 17:06	10 Robin Biles (14) 15:03	
11 Marc Fallows (6) 14:32	12 James Miller (6) 14:27	11 H Balderson (14) 16:00	12 Mark Ince (14) 14:19	
<b>7 Leicester Coritanian Ac</b>	<b>3:47:04</b>	<b>15 Gloucester Ac</b>	<b>3:59:18</b>	
1 Gordon Lee (8) 25:52	2 Sabin Ashley A (5) 13:36	1 Nathan Smith (30) 29:15	2 Richard De-Camps (20) 14:09	
3 Dan Allinson (6) 26:47	4 Rob Sheen (7) 14:56	3 Jeremy Mower (26) 30:12	4 Alex George (15) 13:18	
5 Matthew Poynton (6) 27:08	6 Chris Southam (6) 14:30	5 Mike Mansfield (19) 30:50	6 Andrew De-Camps (17) 14:57	
7 Andy Robinson (7) 28:35	8 Simon Cotton (6) 14:35	7 Stephen Millward (16) 27:36	8 Matt Boon (15) 15:50	
9 Craig Austin (6) 15:18	10 David Pearce (6) 14:41	9 Wayne Mayer (15) 16:10	10 Tom Randles (15) 15:34	
11 Derek Guess (7) 16:03	12 Gareth Deacon (7) 15:03	11 Lee Smith (15) 16:27	12 Paul Barlow (15) 15:00	
<b>8 Birchfield Harriers</b>	<b>'A'</b>	<b>3:47:19</b>	<b>16 Tipton Harriers</b>	<b>'B'</b>
1 Andrew Peat (10) 25:56	2 Rory Grant (6) 13:33	1 Adam Soley (25) 28:31	2 Steven Abrahams (17) 14:26	
3 W Ghebreslasie (3) 25:12	4 Jonathan Goringe (4) 14:39	3 Matthew Smith (15) 28:53	4 Luke Vine (14) 14:02	
5 Yousf Al-Lathaa (5) 27:32	6 Theo Blundell (4) 14:23	5 Oz Ellis (13) 27:37	6 Laurence Heathcock (14) 16:49	
7 Oliver Teasle (6) 28:56	8 Ben Topley (7) 16:22	7 Chris Fullerton (15) 29:58	8 Andrew Williams (16) 17:47	
9 Peter Dimpleby (8) 15:30	10 Lewis Morley (8) 16:40	9 Paul Rogers (16) 15:35	10 Alan Grice (16) 18:32	
11 James Trollope (8) 14:38	12 Abdi Abdi (8) 13:58	11 Dean Hill (16) 14:52	12 Simon Cooper (16) 15:59	

# MCAA Road Relay Championships

## at Sutton Park, Birmingham on Sunday 16th March 2014

<b>17 Notts Ac</b>		<b>'B' 4:03:52</b>		<b>26 Halesowen Acc</b>		<b>'A' 4:09:29</b>	
1 Bill Speake (26) 28:51	2 Martyn Gibbons (23) 14:54	1 Richard White (16) 27:29	2 Andrew Nock (30) 17:00	3 Matthew Allen (29) 30:21	4 David Lewis (30) 16:37	3 John Muddeman (19) 28:55	4 David Lewis (30) 16:37
5 Richard Darling (17) 28:56	6 David Oxland (18) 15:30	5 Max Parker (29) 31:02	6 Marc Turner (28) 15:17	7 Joseph Donkin (24) 28:51	8 Robert Weaver (24) 17:22	7 Matt Blunden (19) 31:49	8 Robert Weaver (24) 17:22
9 Jonathan Hiorns (20) 16:16	10 Robert Trusson (17) 15:46	9 Joseph Phillips (24) 15:39	10 James Parker (25) 16:46	11 Alex Morgan (27) 17:37	12 Tim Bailey (26) 15:28	9 Edward Bolland (18) 16:18	10 James Parker (25) 16:46
11 Joe Gardner (19) 16:57	12 Steve Long (17) 14:27					11 Simon Calrow (18) 15:37	12 Tim Bailey (26) 15:28
<b>18 Wolverhampton &amp; Bilston</b>		<b>'A' 4:04:50</b>		<b>27 Trentham Rc</b>		<b>4:10:38</b>	
1 Tim Werrett (23) 28:23	2 Lee Moreton (21) 15:08	1 Simon Myatt (24) 28:26	2 Ed Wilson (29) 16:01	3 Carl Platt (28) 30:00	4 Craig Taylor (27) 15:52	3 Ian Grindley (20) 29:19	4 Craig Taylor (27) 15:52
5 Graham Eaton (21) 31:14	6 Darien Farmer (20) 15:55	5 Thomas Halloway (27) 30:17	6 Adam Grew (25) 16:23	7 Philip Mainwaring (27) 31:24	8 David Pickstock (25) 15:48	5 Richard Carpenter (18) 29:34	8 David Pickstock (25) 15:48
9 Edward Bolland (18) 16:18	10 Gary Colyyer (21) 17:09	9 Pete Nicholson (25) 16:06	10 Sam Rosillo (26) 16:22	11 Chris Mosiuk (26) 17:01	12 Dale Colclough (27) 16:58	9 Edward Bolland (18) 16:18	10 Sam Rosillo (26) 16:22
11 Simon Calrow (18) 15:37	12 Stephen Ward (18) 15:32					11 Simon Calrow (18) 15:37	12 Stephen Ward (18) 15:32
<b>19 Bromsgrove &amp; Redditch</b>		<b>4:05:11</b>		<b>28 Long Eaton Running Club</b>		<b>4:12:14</b>	
1 Joe Smith (21) 28:17	2 Kevin Fisher (19) 15:05	1 Greg Cherry (29) 29:12	2 Mark Boardman (32) 16:26	3 Paul Allcock (31) 29:33	4 Rob Allen (31) 16:49	1 Mark Appleton (22) 29:39	4 Rob Allen (31) 16:49
5 Adam Lloyd (16) 28:19	6 Sean Bowden (16) 15:16	5 Mark Boot (28) 29:46	6 Paul Lewis (27) 15:49	7 Simon Lanckham (17) 30:30	8 Tuhin Wahid (27) 16:12	5 Adam Lloyd (16) 28:19	8 Tuhin Wahid (27) 16:12
9 Anthony Warner (17) 16:39	10 Ian Keyte (19) 16:48	7 Ian Chant (29) 31:24	10 Richard Howe (28) 16:30	11 Matthew Henney (21) 16:31	12 Robert Fox (28) 15:50	9 Anthony Warner (17) 16:39	10 Richard Howe (28) 16:30
		9 Andrew Dickenson (27) 15:50	12 Robert Fox (28) 15:50			11 Matthew Henney (21) 16:31	12 Robert Fox (28) 15:50
<b>20 Cheltenham And County Harriers</b>		<b>'B' 4:05:32</b>		<b>29 Knowle &amp; Dorridge Rc</b>		<b>'A' 4:13:35</b>	
1 Dave Aubrey (31) 29:25	2 Mike Gray (31) 15:15	1 Joseph Read (20) 28:16	2 Tim Price (26) 15:49	3 Peter Grime (23) 29:08	4 Kevin Boake (29) 17:39	1 Dave Aubrey (31) 29:25	4 Kevin Boake (29) 17:39
5 Corin Hughes (24) 30:12	6 Steve Maguire (23) 15:57	5 Chris Morgan (30) 32:32	6 Russell Davies (30) 16:55	7 Simon Bentley (30) 29:39	8 Pete Morgan-Warren (30) 17:23	5 Corin Hughes (24) 30:12	8 Pete Morgan-Warren (30) 17:23
9 William New (21) 14:46	10 Iain Devlin (18) 15:32	7 Simon Bentley (30) 29:39	10 Jonathan Randell (29) 16:16	9 Alex Black (29) 17:20	12 Richard Dixon (29) 15:35	9 William New (21) 14:46	10 Jonathan Randell (29) 16:16
11 Andrew Kaighin (17) 16:16	12 Simon Burley* (20) 16:25	9 Alex Black (29) 17:20	12 Richard Dixon (29) 15:35	11 Andrew Connors (29) 17:03		11 Andrew Kaighin (17) 16:16	12 Richard Dixon (29) 15:35
		11 Andrew Connors (29) 17:03					
<b>21 Bristol &amp; West Ac (est. 1882)</b>		<b>'B' 4:06:06</b>		<b>30 Mansfield Harriers &amp; Ac</b>		<b>4:19:09</b>	
1 Robert Stewart (28) 28:56	2 Andrew Malloy (25) 14:58	1 Gary Morley (46) 32:08	2 Colin Fell (49) 19:41	3 Phil Lucker (30) 30:59	4 Chris Allcock (42) 16:19	1 Robert Stewart (28) 28:56	4 Chris Allcock (42) 16:19
5 Jarlath McKenna (20) 27:51	6 Trystan Daniels (19) 15:59	5 Andrew Wilson (36) 29:24	6 Mark Johnson (32) 14:05	7 Doug Jewell (21) 30:43	8 Steve Davies (31) 17:33	5 Jarlath McKenna (20) 27:51	8 Steve Davies (31) 17:33
9 Jeremy Hogan (19) 15:33	10 Tom Watkins (20) 16:59	7 John Lowe (31) 30:15	10 Jordan Boam (30) 17:11	11 Peter Gandon (20) 15:57	12 David Robertson (30) 17:02	9 Jeremy Hogan (19) 15:33	10 Jordan Boam (30) 17:11
		9 David Ward (30) 19:01	12 David Robertson (30) 17:02				
		11 Phillip Shaw (30) 15:34					
<b>22 Royal Sutton Coldfield Athleti</b>		<b>4:08:25</b>		<b>31 Massey Ferguson Rc</b>		<b>4:24:48</b>	
1 Simon Corker (35) 30:38	2 Frederic Tremblay (33) 15:24	1 Harry Redford (48) 32:40	2 Simon Brown (43) 16:29	3 Oliver Harradence (25) 27:31	4 Dean Semple (36) 17:01	1 Simon Corker (35) 30:38	4 Dean Semple (36) 17:01
5 Carl Dunne (26) 30:21	6 Rob Andrew (26) 16:49	3 David Conway (37) 31:06	6 Simon Neale (35) 18:32	7 Thomas Chew (26) 31:05	8 Peter Paprcka (33) 16:59	5 Carl Dunne (26) 30:21	8 Peter Paprcka (33) 16:59
9 David Liddall (26) 16:26	10 Chris Taylor (24) 15:22	5 David Clarke (33) 30:22	10 Gary Lawson (32) 16:47	11 David Long (23) 16:19	12 Carl Semple (31) 18:21	9 David Liddall (26) 16:26	10 Gary Lawson (32) 16:47
		7 Jason Nicholson (33) 33:05	12 Carl Semple (31) 18:21				
		9 Steve Mumford (32) 17:17					
		11 Martin Judge (32) 16:09					
<b>23 Worcester Ac</b>		<b>4:08:47</b>		<b>32 Harborough Ac</b>		<b>4:26:42</b>	
1 Thomas Stock (19) 28:13	2 Michael Stock (24) 15:34	1 Tom Ward (47) 32:10	2 Adam Brooks (45) 17:46	3 Warren Miles (24) 29:37	4 Graeme Rolfe (38) 18:02	1 Thomas Stock (19) 28:13	4 Graeme Rolfe (38) 18:02
5 Stefan Sternkopf (22) 30:55	6 David O'Brien (22) 16:04	3 Andy Meads (36) 29:57	6 Jason Pitcher (36) 16:54	7 Matt Fairlamb (22) 16:05	8 Martin Gore (32) 16:27	5 Stefan Sternkopf (22) 30:55	8 Martin Gore (32) 16:27
11 Laurie Hart (22) 17:46	12 Phill Bullock (23) 16:56	5 Daniel Taylor (39) 31:49	10 William Clapp (31) 17:01			7 Matt Fairlamb (22) 16:05	10 William Clapp (31) 17:01
		7 Sean Fenwick (32) 28:11	12 George Nolan (32) 20:44				
		9 Richard Bufton (31) 18:43					
		11 Martin Hughes (31) 18:58					
<b>24 Sutton In Ashfield Harriers &amp;</b>		<b>4:08:53</b>		<b>33 Dudley Kingswinford Rc</b>		<b>4:28:10</b>	
1 Carl Allwood (22) 28:17	2 Jake Lacey (22) 15:25	1 Andrew Sprague (42) 31:19	2 Mark Homer (42) 17:45	3 Shaun Martin (21) 29:18	4 Graham Wildgoose (44) 17:54	1 Carl Allwood (22) 28:17	4 Graham Wildgoose (44) 17:54
5 Liam Hodson (25) 30:34	6 Tony Goodyear (24) 15:50	3 Simon Hughes (42) 33:15	6 Richard Bate (39) 17:05	7 Paul Whittingham (20) 28:46	8 Peter Hood (36) 16:06	5 Liam Hodson (25) 30:34	8 Peter Hood (36) 16:06
9 James Simpson (23) 17:06	10 Paul Slater (23) 16:53	5 David Norman (41) 32:31	10 Richard Jones (34) 17:31	11 Gary Bird (24) 17:13	12 Ben Foster (33) 14:50	9 James Simpson (23) 17:06	10 Richard Jones (34) 17:31
		7 Rob Sannwald (37) 35:02	12 Ben Foster (33) 14:50				
		9 Gary Bonner (34) 17:08					
		11 Phil Smith (34) 17:44					
<b>25 Rugby &amp; Northampton Ac</b>		<b>4:09:11</b>		<b>34 Northbrook Athletic Club</b>		<b>'A' 4:30:39</b>	
1 Jacob Allen (1) 25:21	2 Robert Gardner (7) 14:37	1 Trevor Knight (36) 30:44	2 Mick O'Shea (35) 16:50	3 Vincent Carroll (13) 30:14	4 Peter Fellows (37) 17:14	1 Jacob Allen (1) 25:21	4 Peter Fellows (37) 17:14
5 Sebastian Palmer (18) 29:43	6 Neil Willsher (22) 17:48	3 Martin Winch (38) 32:42	6 Jonathan Seed (34) 17:00	7 Daniel Mould (25) 32:21	8 Tom Miller (34) 17:46	5 Sebastian Palmer (18) 29:43	8 Tom Miller (34) 17:46
9 Gary Wallace (28) 16:20	10 Peter Currington (27) 14:59	5 John Wilson (37) 31:31	10 Joe Kelly (33) 18:24	11 David Brooks (25) 16:34	12 Ben James (25) 15:40	9 Gary Wallace (28) 16:20	10 Joe Kelly (33) 18:24
		7 Paul Stead (34) 33:34	12 Ben James (25) 15:40				
		9 Peter Austin (33) 18:02					
		11 Andrew Ralph (33) 17:57					



# MCAA Road Relay Championships

## at Sutton Park, Birmingham on Sunday 16th March 2014

### 35 Kenilworth Runners

1 Marc Curtis (39) 31:14	2 Richard Steel (36) 16:35
3 Kyza Derby (33) 29:35	4 Richard Zanetti (33) 18:15
5 Neil Sheward (38) 34:04	6 Simon Mottershead (40) 20:35
7 Karra Herrero (41) 38:48	8 Simon Keell (41) 18:29
9 Steve Ramus (40) 17:22	10 David Ramus (38) 16:09
11 Chris Simkiss (37) 17:02	12 Warren Bell (35) 15:34

### 36 Centurion Rc

1 Ian Satterthwaite (43) 31:26	2 Matthew Mullins (38) 16:56
3 Tony Haden (43) 34:17	4 C Houghton (43) 17:23
5 Wayne Muddiman (44) 33:50	6 Christopher McCann (43) 17:34
7 Paul Bingham (38) 34:07	8 Andy Rea (38) 18:16
9 Andrew Carwardine (36) 18:17	10 David Pearson (36) 18:07
11 Edmund Wallace (38) 18:50	12 Gavin Davies (36) 16:22

### 37 Nuneaton Harriers

1 Jared Wilson (51) 34:36	2 Matt Ruff (48) 17:09
3 Eric Fowler (45) 31:04	4 Steve White (41) 16:02
5 C David (43) 34:34	6 Tyler Selway (42) 17:53
7 Andrew Harris (40) 36:11	8 Chris Hamer-Hodges (40) 17:45
9 Mark Treadwell (37) 17:35	10 Nicholas Wilson (37) 17:33
11 Jacob Waples (36) 16:00	12 Peter Greenfield (37) 19:15

### 38 Stratford Upon Avon Ac

1 Robert Ford (41) 31:18	2 Michael Sheppard (39) 17:09
3 Chris Bacon (34) 29:47	4 Mark Newman (34) 17:39
5 Graham Taylor (35) 32:08	6 Philip Brennan (37) 19:38
7 James Deacon (35) 35:37	8 Danny Tolhurst (35) 15:30
9 David Jones (35) 19:21	10 James Fidoe (35) 18:58
11 Keith Hawkes (35) 18:09	12 Anthony Jackson (38) 20:28

### 39 Holme Pierrepont Rc

1 Anthony Meenagh (40) 31:16	2 Nigel Bennett (44) 18:26
3 Howard Partridge (41) 32:01	4 Robert Stewart (40) 17:02
5 Colin Hallam (42) 34:10	6 Neil Devonport (41) 17:56
7 Steve Tupholme (39) 36:09	8 Ian Grant (39) 17:53
9 John Kenyon (38) 18:27	10 Jim Smith (41) 20:40
11 Kevin Ford (41) 18:14	12 Donald Wells (39) 15:59

### 40 Heanor Running Club

1 Lee Perkins (38) 31:12	2 Tim Robinson (41) 17:28
3 Andrew Basey (39) 31:59	4 Chris Murfitt (39) 17:33
5 Carl Hughes (40) 32:58	6 Paul Mercer (38) 17:03
7 Paul Winfield (36) 36:33	8 R Charlesworth (37) 18:52
9 Stephen Wardle (39) 19:44	10 Andrew Marriott (39) 18:14
11 Jeff Everitt (40) 20:03	12 Brett Beeson (40) 21:15

### 41 Centurion Rc

1 Leonard Wallace (53) 35:30	2 Eric Robathan (52) 19:44
3 Gary Turner (51) 41:31	4 Richard Booth (50) 20:41
5 James Houghton (48) 39:54	6 Paul Cornock (48) 23:12
7 Neil Wilkes (45) 39:32	8 Steve Murphy (45) 19:28
9 L Satterthwaite (43) 20:51	10 Andy Matthews (43) 19:23
11 Paul Davies (42) 17:38	12 Kevin Morris (41) 29:17

### 42 Northbrook Athletic Club

1 Spencer Davies (55) 40:23	2 Damian Pharoah (54) 18:26
3 David Almond (53) 42:22	4 Fraser Barrett (51) 22:25
5 Christopher Jones (50) 40:40	6 Tony Forde (49) 19:22
7 Robert Dimbleby (46) 44:10	8 Bob Adams (46) 19:28
9 Robert Pool (44) 18:31	10 David Cooper (44) 20:43
11 Jack Langman (43) 20:55	12 Anthony Hughes (42) 21:22

### Incomplete Teams:

#### Wolverhampton & Bilston

1 Richard Preston (45) 31:51	2 Ian Pincher (40) 16:37
3 Adam Guy (40) 32:25	4 Darren Edwards (48) 29:05
5 Daniel Vaughan (46) 33:06	6 Paul Tabor (44) 17:50
7 Andrew Bave (42) 33:22	8 Paul Kibble (42) 17:00
9 Robert Edwards (41) 16:50	10 Ross Edgley (42) 17:17
11 Mark Moore (39) 16:06	

#### Bournville Harriers

1 Andrew Wheeler (49) 32:47	2 DISQUALIFIED (15) 9:54
3 James Collins (48) 43:23	4 David Bristoll (49) 29:53
5 Sam Chatwin (49) 46:32	6 Matt Cook (47) 16:33
7 DISQUALIFIED (43) 15:51	8 Bradlee Tod (43) 16:50
9 Oliver Kirkland (42) 17:13	10 Daniel Wilson (40) 14:42

#### Telford Ac

1 Paul Ward (12) 26:50	2 Sam Garmson (18) 16:28
3 Ryan Heath (18) 29:04	4 John Garmson (19) 15:45
5 Paul Coupe* (23) 31:04	6 Nigel Tatton (29) 19:07
7 John Sanders (28) 30:25	8 Nick Thomas* (28) 16:54

#### Sparkhill Harriers

1 Darren Riley (37) 31:07	2 Barry Crowley (47) 20:20
3 Patrick Finnegan (46) 33:38	4 Robert Mills (45) 18:05
5 A Rutherford (47) 39:59	6 Andrew Wadsworth (46) 20:42
7 Nick Stringer (44) 31:39	8 John Goulding (44) 19:38

#### Dudley And Stourbridge Harrier

1 David Ratcliffe (27) 28:55	2 Lee Slater (16) 13:50
3 David Nation (14) 28:39	4 Darrell Bodin (22) 17:24
5 Jordan Smith (31) 36:19	6 Steven Bridgwater (31) 15:49

#### West Bromwich Harriers

1 Gurmahl Dehl (33) 29:43	2 Gary Whitehouse (34) 16:58
3 James Jefferson (32) 29:28	4 David Jones (32) 17:32
5 James Greenwood (34) 34:16	6 Andrew Moseley (33) 17:52

#### Halesowen Acc

1 James Atkins (50) 34:15	2 Paul Allen (51) 19:40
3 John Hill (50) 34:08	4 Richard Guest (47) 18:00
5 Christopher Royal (45) 36:08	6 Alastair Grant (45) 19:57

#### Corby Ac

1 Luke Montgomery (34) 29:55	2 Tom Dallamore (37) 18:23
3 Neal Humphreys (35) 29:59	4 Mike Dallamore (35) 18:56
5 Josh Coles (32) 30:00	

#### Solihull & Small Heath Athleti

1 Peter Bacon (44) 31:36	2 Ian Sharp (46) 19:16
3 Graham Mander (49) 36:05	4 Zack Nolan (46) 17:52

#### Birmingham Running Athletics & 'B'

1 Ben Clarson (52) 34:43	2 Peter Brown (50) 19:00
3 Selvin Mills (47) 31:38	

#### Tipton Harriers

1 Jeff Taylor (56) 42:10	2 Keith Best (55) 20:22
3 Lee Abrahams (52) 37:57	

#### Bournville Harriers

1 Dean Parker (17) 28:10	2 Terry Doherty (56) 43:11
3 Undeclared (54) 60:10	

#### Birchfield Harriers

1 Steven Dyer (32) 29:37	2 Osmana Omer (27) 14:33
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#### Notts Ac

1 Keith Waring (54) 37:36	2 Clive Trusson (53) 19:25
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# MCAA Road Relay Championships

## at Sutton Park, Birmingham on Sunday 16th March 2014

### Fastest of all long legs

1	Samuel Mitchell	Notts Ac	A	24:50	65	Adam Soley	Tipton Har	B	28:31
2	Jonathan Thewlis	Notts Ac	A	25:02	66	Andy Robinson	Leicester		28:35
3	W Ghebreslasie	Birchfield	A	25:12	67	David Nation	Dudley&S		28:39
4	Josh Lilly	Tipton Har	A	25:14	68	Paul Whittingham	SuttonInAs		28:46
5	Jacob Allen	Rugby & No		25:21	69	Joseph Donkin	Halesowen	A	28:51
6	Stephen Emery	Coventry G	A	25:24	=	Bill Speake	Notts Ac	B	28:51
7	Aaron Scott	Notts Ac	A	25:27	71	Matthew Smith	Tipton Har	B	28:53
8	Richard Kay	Tipton Har	A	25:28	72	John Muddeman	Notts Ac	B	28:55
9	Toby Spencer	Coventry G	A	25:30	=	David Ratcliffe	Dudley&S		28:55
10	Ian Rawlinson	Tipton Har	A	25:36	74	Oliver Teasle	Birchfield	A	28:56
11	Stuart Spencer	Notts Ac	A	25:37	=	Robert Stewart	Bristol &	B	28:56
12	James Mee	Heanor Run	A	25:38	=	Richard Darling	Notts Ac	B	28:56
13	Ben Jones	Coventry G	A	25:43	77	Tom Whitmore	Charnwood		28:59
14	Stephen Mitchell	Bristol &	A	25:46	78	Rory Johnson	Worcester		29:03
15	Tom Merson	Bristol &	A	25:48	79	Ryan Heath	Telford Ac		29:04
=	Stuart King	Heanor Run	A	25:48	80	Peter Grime	Knowle & D	A	29:08
17	Daniel Hallam	Owls Ac		25:50	=	Thomas Hendricken	CityStoke		29:08
18	Owain Jones	Bristol &	A	25:51	82	Greg Cherry	Long Eaton		29:12
19	Gordon Lee	Leicester		25:52	83	Nathan Smith	Gloucester		29:15
20	Harry Lupton	Charnwood		25:54	84	Shaun Martin	SuttonInAs		29:18
21	Andrew Peat	Birchfield	A	25:56	85	Ian Grindley	Wolverhamp	A	29:19
22	C Rainsford	Heanor Run	A	25:58	86	Andrew Wilson	Mansfield		29:24
23	Martin Williams	Tipton Har	A	26:03	87	Dave Aubrey	Cheltenham	B	29:25
24	Graham Rush	Cheltenham	A	26:04	88	Matt Evans	Cheltenham	B	29:28
25	Paul Richardson	Owls Ac		26:07	=	James Jefferson	West Bromw		29:28
26	Garry Hughes	Stroud & D		26:11	90	Paul Allcock	Long Eaton		29:33
27	Dale Annable	Heanor Run	A	26:14	91	Richard Carpenter	Wolverhamp	A	29:34
28	Tom Bark	Coventry G	A	26:22	92	Kyza Derby	Kenilworth	B	29:35
29	Daniel Owen	Cheltenham	A	26:42	93	Warren Miles	Worcester		29:37
30	Dan Allinson	Leicester		26:47	=	Steven Dyer	Birchfield	B	29:37
31	Paul Ward	Telford Ac		26:50	95	Mark Appleton	Broms&Redd		29:39
32	Oliver Mott	Bristol &	A	26:51	=	Simon Bentley	Knowle & D	A	29:39
33	Richard Simkiss	Kenilworth	A	26:52	97	Sebastian Palmer	Rugby & No		29:43
34	Edward Banks	Birmingham	A	26:55	=	Gurmal Dehl	West Bromw		29:43
35	Matthew Poynton	Leicester		27:08	99	Jim Sawle	Kenilworth	A	29:44
36	Thomas Bell	Owls Ac		27:10	100	Mark Boot	Long Eaton		29:46
37	Samuel Densham	Charnwood		27:12	101	Chris Bacon	Stratford		29:47
38	Daniel Robinson	Birmingham	A	27:13	102	Nicholas Barber	CityStoke		29:49
39	C Ashford	Birmingham	A	27:15	103	Luke Montgomery	Corby Ac		29:55
40	Howard Thompson	Charnwood		27:16	=	George Robinson	Stroud & D		29:55
41	Brett Halliwell	Stroud & D		27:17	105	Andy Meads	Harborough		29:57
42	Paul Andrew	Kenilworth	A	27:24	106	Chris Fullerton	Tipton Har	B	29:58
43	Chris McCarthy	Kenilworth	A	27:26	=	Daniel Anderton	Birmingham	A	29:58
44	John Parker	Cheltenham	A	27:28	108	Neal Humphreys	Corby Ac		29:59
45	Richard White	Halesowen	A	27:29	109	Josh Coles	Corby Ac		30:00
46	Oliver Harradence	Royal Sutt		27:31	=	Carl Platt	Trentham R		30:00
47	Yousf Al-Lathaa	Birchfield	A	27:32	111	Corin Hughes	Cheltenham	B	30:12
48	Stephen Millward	Gloucester		27:36	=	Jeremy Mower	Gloucester		30:12
49	Oz Ellis	Tipton Har	B	27:37	113	Vincent Carroll	Rugby & No		30:14
50	Patrick Radley	Owls Ac		27:42	114	John Lowe	Mansfield		30:15
51	Sebastian Duffy	CityStoke		27:43	115	Thomas Halloway	Trentham R		30:17
52	Jarlath McKenna	Bristol &	B	27:51	116	Matthew Allen	Halesowen	A	30:21
53	Matthew Withey	Stroud & D		28:05	=	Carl Dunne	Royal Sutt		30:21
54	Anthony Bailey	Cheltenham	A	28:08	118	David Clarke	Massey Fer		30:22
55	Dean Parker	Bournville	A	28:10	119	Andy Gore	Cheltenham	B	30:24
56	Sean Fenwick	Harborough		28:11	120	John Sanders	Telford Ac		30:25
57	Callum Dillon	CityStoke		28:12	121	Simon Lanckham	Broms&Redd		30:30
58	Thomas Stock	Worcester		28:13	122	Liam Hodson	SuttonInAs		30:34
59	Joseph Read	Knowle & D	A	28:16	123	Simon Corker	Royal Sutt		30:38
60	Carl Allwood	SuttonInAs		28:17	124	Doug Jewell	Bristol &	B	30:43
=	Joe Smith	Broms&Redd		28:17	125	Trevor Knight	Northbrook	A	30:44
62	Adam Lloyd	Broms&Redd		28:19	126	Mike Mansfield	Gloucester		30:50
63	Tim Werrett	Wolverhamp	A	28:23	127	Stefan Sternkopf	Worcester		30:55
64	Simon Myatt	Trentham R		28:26	128	David Blount	Mansfield		30:56

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129	Phil Lucker	Bristol &	B	30:59	169	Paul Stead	Northbrook	A	33:34
130	Max Parker	Halesowen	A	31:02	170	Patrick Finnegan	Sparkhill		33:38
131	Paul Coupe*	Telford Ac		31:04	171	Wayne Muddiman	Centurion	A	33:50
	= Eric Fowler	Nuneaton H		31:04	172	Neil Sheward	Kenilworth	B	34:04
133	Thomas Chew	Royal Sutt		31:05	173	Paul Bingham	Centurion	A	34:07
134	David Conway	Massey Fer		31:06	174	John Hill	Halesowen	B	34:08
135	Darren Riley	Sparkhill		31:07	175	Colin Hallam	Holme Pier		34:10
136	Lee Perkins	Heanor Run	B	31:12	176	James Atkins	Halesowen	B	34:15
137	Graham Eaton	Wolverhamp	A	31:14	177	James Greenwood	West Bromw		34:16
	= Marc Curtis	Kenilworth	B	31:14	178	Tony Haden	Centurion	A	34:17
139	Anthony Meenagh	Holme Pier		31:16	179	C David	Nuneaton H		34:34
140	Robert Ford	Stratford		31:18	180	Jared Wilson	Nuneaton H		34:36
141	Andrew Sprague	Dudley Kin		31:19	181	Ben Clarson	Birmingham	B	34:43
142	Philip Mainwaring	Trentham R		31:24	182	Rob Sannwald	Dudley Kin		35:02
	= Ian Chant	Long Eaton		31:24	183	Leonard Wallace	Centurion	B	35:30
144	Ian Satterthwaite	Centurion	A	31:26	184	James Deacon	Stratford		35:37
145	John Wilson	Northbrook	A	31:31	185	Graham Mander	Solihull &		36:05
146	Peter Bacon	Solihull &		31:36	186	Christopher Royal	Halesowen	B	36:08
147	Selvin Mills	Birmingham	B	31:38	187	Steve Tupholme	Holme Pier		36:09
148	Nick Stringer	Sparkhill		31:39	188	Andrew Harris	Nuneaton H		36:11
149	Daniel Taylor	Harborough		31:49	189	Jordan Smith	Dudley&S		36:19
	= Matt Blunden	Notts Ac	B	31:49	190	Paul Winfield	Heanor Run	B	36:33
151	Richard Preston	Wolverhamp	B	31:51	191	Keith Waring	Notts Ac	C	37:36
152	Andrew Basey	Heanor Run	B	31:59	192	Lee Abrahams	Tipton Har	C	37:57
153	Howard Partridge	Holme Pier		32:01	193	Karra Herrero	Kenilworth	B	38:48
154	Gary Morley	Mansfield		32:08	194	Neil Wilkes	Centurion	B	39:32
	= Graham Taylor	Stratford		32:08	195	James Houghton	Centurion	B	39:54
156	Tom Ward	Harborough		32:10	196	A Rutherford	Sparkhill		39:59
157	Daniel Mould	Rugby & No		32:21	197	Spencer Davies	Northbrook	B	40:23
158	Adam Guy	Wolverhamp	B	32:25	198	Christopher Jones	Northbrook	B	40:40
159	David Norman	Dudley Kin		32:31	199	Gary Turner	Centurion	B	41:31
160	Chris Morgan	Knowle & D	A	32:32	200	Jeff Taylor	Tipton Har	C	42:10
161	Harry Redford	Massey Fer		32:40	201	David Almond	Northbrook	B	42:22
162	Martin Winch	Northbrook	A	32:42	202	James Collins	Bournville	B	43:23
163	Andrew Wheeler	Bournville	B	32:47	203	Robert Dimpleby	Northbrook	B	44:10
164	Carl Hughes	Heanor Run	B	32:58	204	Sam Chatwin	Bournville	B	46:32
165	Jason Nicholson	Massey Fer		33:05	205	*Not Declared*			1:00:10
166	Daniel Vaughan	Wolverhamp	B	33:06					
167	Simon Hughes	Dudley Kin		33:15					
168	Andrew Bave	Wolverhamp	B	33:22					

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## at Sutton Park, Birmingham on Sunday 16th March 2014

### Fastest of all short legs

1	Chris Bannon	Coventry G	A	13:03	65	Russell Forsbrook	Cheltenham	A	14:39
2	Daniel Studley	Bristol &	A	13:12	=	Jonathan Goringe	Birchfield	A	14:39
3	Philip Nicholls	Tipton Har	A	13:18	67	Noel Edwards	Coventry G	A	14:40
=	Alex George	Gloucester		13:18	68	David Pearce	Leicester		14:41
5	Stephen Mears	Charnwood		13:28	69	Jordan Frapwell	Stroud & D		14:42
6	Tim Hartley	Notts Ac	A	13:32	=	Daniel Wilson	Bournville	B	14:42
7	Rory Grant	Birchfield	A	13:33	71	David Bratt	CityStoke		14:43
8	Robert Needham	Notts Ac	A	13:36	72	William New	Cheltenham	B	14:46
=	Sabin Ashley A	Leicester		13:36	=	Ben Oconnell	Heanor Run	A	14:46
=	Kevin Farrow	Notts Ac	A	13:36	74	Steve Goss	Bristol &	A	14:47
11	Alexander Brecker	CityStoke		13:40	75	Liam Hendricken	CityStoke		14:48
=	Ben Robinson	Bristol &	A	13:40	76	Roger Mullins	Cheltenham	A	14:50
13	Grice Peter Le	Bristol &	A	13:41	=	Ben Foster	Dudley Kin		14:50
=	Ian Williams	Tipton Har	A	13:41	78	Dean Hill	Tipton Har	B	14:52
15	Douglas Musson	Notts Ac	A	13:43	79	Mark Couldwell	Charnwood		14:53
16	Thomas Madden	Coventry G	A	13:44	80	Martyn Gibbons	Notts Ac	B	14:54
17	Matthew Williams	Notts Ac	A	13:45	81	Daniel Barker	CityStoke		14:55
18	William Christofi	Bristol &	A	13:47	82	Steven Bazell	CityStoke		14:56
19	Phillip Wilson	Tipton Har	A	13:48	=	Rob Sheen	Leicester		14:56
20	Stephen Francis	Bristol &	A	13:49	84	Andrew De-Camps	Gloucester		14:57
21	Lee Slater	Dudley&S		13:50	85	Andrew Malloy	Bristol &	B	14:58
22	Daniel Beier	Tipton Har	A	13:51	86	Peter Currington	Rugby & No		14:59
23	Daniel Dalmedo	Tipton Har	A	13:57	87	Paul Barlow	Gloucester		15:00
24	David Sheldon	CityStoke		13:58	=	Ben Radbourne	Heanor Run	A	15:00
=	Abdi Abdi	Birchfield	A	13:58	89	Stephen Ashmore	Heanor Run	A	15:03
26	Tom Holden	Tipton Har	A	13:59	=	Robin Biles	Birmingham	A	15:03
27	Liam Roberts	Tipton Har	A	14:01	=	Gareth Deacon	Leicester		15:03
=	Benedict Westhenry	Bristol &	A	14:01	92	Iwan Jones	Coventry G	A	15:04
29	Luke Vine	Tipton Har	B	14:02	93	Kevin Fisher	Broms&Redd		15:05
=	M Bickerstaff	Heanor Run	A	14:02	=	Peter Swaine	Charnwood		15:05
31	Robert Smith	Notts Ac	A	14:03	95	Scott Green	Owls Ac		15:07
32	Phillip Gould	Kenilworth	A	14:05	96	Lee Moreton	Wolverhamp	A	15:08
=	Nigel Stirk	Tipton Har	A	14:05	97	Mark Lawlor	Birmingham	A	15:09
=	Mark Johnson	Mansfield		14:05	98	Andy Prophet	Cheltenham	A	15:11
35	Richard De-Camps	Gloucester		14:09	99	Tim Doran	Charnwood		15:12
36	Jarratt Perkins	Notts Ac	A	14:14	=	Adam Biggs	Heanor Run	A	15:12
37	Tom Meakin	Owls Ac		14:15	=	Jack Vilette	Coventry G	A	15:12
38	Scott Hazell	Coventry G	A	14:16	102	Mike Gray	Cheltenham	B	15:15
39	Martin Whitehouse	Notts Ac	A	14:17	=	Ashley Deeming	Heanor Run	A	15:15
40	Harvey Speed	Coventry G	A	14:18	104	Sean Bowden	Broms&Redd		15:16
41	Mark Ince	Birmingham	A	14:19	105	Marc Turner	Halesowen	A	15:17
42	Darren Jordan	Cheltenham	A	14:23	=	Kevin McMillan	Birmingham	A	15:17
=	Theo Blundell	Birchfield	A	14:23	107	Craig Austin	Leicester		15:18
44	Alex Bampton	Cheltenham	A	14:24	108	Chris Taylor	Royal Sutt		15:22
45	Steven Abrahams	Tipton Har	B	14:26	109	Clark Roberts	Coventry G	A	15:23
=	Dave Smith	Wolverhamp	A	14:26	110	Frederic Tremblay	Royal Sutt		15:24
47	Steve Long	Notts Ac	B	14:27	111	Gavin McCaugherty	Cheltenham	B	15:25
=	James Miller	Cheltenham	A	14:27	=	Greg Halliwell	Stroud & D		15:25
=	Aaron Phelps	Stroud & D		14:27	=	Jake Lacey	SuttonInAs		15:25
50	Stuart Hopkins	Kenilworth	A	14:28	114	Tim Bailey	Halesowen	A	15:28
=	Philip Parry	Bristol &	A	14:28	115	Ross Grainger	Bristol &	B	15:29
52	Stephen Page	Kenilworth	A	14:29	116	Danny Tolhurst	Stratford		15:30
53	Chris Southam	Leicester		14:30	=	David Oxland	Notts Ac	B	15:30
54	Simon Allen	Owls Ac		14:31	=	Peter Dimpleby	Birchfield	A	15:30
55	Marc Fallows	Cheltenham	A	14:32	119	Ashley Ross	Broms&Redd		15:31
=	Richard Dare	Cheltenham	A	14:32	120	Iain Devlin	Cheltenham	B	15:32
57	Osmana Omer	Birchfield	B	14:33	=	Stephen Ward	Wolverhamp	A	15:32
=	George Buttery	Charnwood		14:33	122	Jeremy Hogan	Bristol &	B	15:33
=	Tom Lupton	Charnwood		14:33	123	Tom Randles	Gloucester		15:34
60	Simon Cotton	Leicester		14:35	=	Michael Stock	Worcester		15:34
61	Matthew Doyle	Stroud & D		14:37	=	Chris Frapwell	Stroud & D		15:34
=	Robert Gardner	Rugby & No		14:37	=	Warren Bell	Kenilworth	B	15:34
=	Shane Rice	Heanor Run	A	14:37	=	Phillip Shaw	Mansfield		15:34
64	James Trollope	Birchfield	A	14:38	128	Paul Rogers	Tipton Har	B	15:35

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= Richard Dixon	Knowle & D	A	15:35	195 Sam Rosillo	Trentham R		16:22
130 Tom Mahon	Owls Ac		15:36	= Richard Robinson	SuttonInAs		16:22
131 Simon Calrow	Wolverhamp	A	15:37	= Peter Bryan	Kenilworth	A	16:22
132 Darren Jewell	Stroud & D		15:38	= Ben Topley	Birchfield	A	16:22
133 Joseph Phillips	Halesowen	A	15:39	= Gavin Davies	Centurion	A	16:22
134 Ben James	Rugby & No		15:40	200 Adam Grew	Trentham R		16:23
= Stuart Wallace	Notts Ac	B	15:40	201 Simon Burley*	Cheltenham	B	16:25
136 Andrew Freeman	Broms&Redd		15:42	202 Mark Boardman	Long Eaton		16:26
137 Luke Ingram	Owls Ac		15:43	= Brent Stevenson	SuttonInAs		16:26
138 Daniel Mitchell	Kenilworth	A	15:44	= David Liddall	Royal Sutt		16:26
139 John Garmson	Telford Ac		15:45	205 Lee Smith	Gloucester		16:27
140 Robert Trusson	Notts Ac	B	15:46	= Martin Gore	Harborough		16:27
141 Alex Atkinson	Kenilworth	A	15:47	= Gareth Edwards	Cheltenham	B	16:27
142 David Pickstock	Trentham R		15:48	208 Sam Garmson	Telford Ac		16:28
= James Richardson	Kenilworth	A	15:48	209 Simon Brown	Massey Fer		16:29
144 Tim Price	Knowle & D	A	15:49	210 Richard Howe	Long Eaton		16:30
= Steven Bridgwater	Dudley&S		15:49	= Nick Hitchings	Worcester		16:30
= Paul Lewis	Long Eaton		15:49	212 Matthew Henney	Broms&Redd		16:31
147 Robert Fox	Long Eaton		15:50	213 Matt Cook	Bournville	B	16:33
= Matt Boon	Gloucester		15:50	214 David Brooks	Rugby & No		16:34
= Tony Goodyear	SuttonInAs		15:50	= Dean England	Royal Sutt		16:34
= Andrew Dickenson	Long Eaton		15:50	216 Richard Steel	Kenilworth	B	16:35
151 Tony Weathersson	Heanor Run	A	15:51	217 Peter Mountain	Bristol &	B	16:36
= Andrew Peach	Worcester		15:51	218 Ian Pincher	Wolverhamp	B	16:37
= Richard Gray	Birmingham	A	15:51	= David Lewis	Halesowen	A	16:37
= Jon-philip Seymour	Notts Ac	B	15:51	= Jake Smith	Charnwood		16:37
155 Craig Taylor	Trentham R		15:52	221 Anthony Warner	Broms&Redd		16:39
= James Smedley	Royal Sutt		15:52	222 Lewis Morley	Birchfield	A	16:40
157 K Washington	CityStoke		15:54	223 Matthew Curran	SuttonInAs		16:43
158 Darien Farmer	Wolverhamp	A	15:55	224 Alan Pitt	Stroud & D		16:45
159 Steve Maguire	Cheltenham	B	15:57	225 James Parker	Halesowen	A	16:46
= Peter Gandon	Bristol &	B	15:57	226 Gary Lawson	Massey Fer		16:47
= Chris McMillan	Owls Ac		15:57	= Richard Broadbent	Kenilworth	A	16:47
162 Simon Cooper	Tipton Har	B	15:59	228 Ian Keyte	Broms&Redd		16:48
= Donald Wells	Holme Pier		15:59	229 Laurence Heathcock	Tipton Har	B	16:49
= Trystan Daniels	Bristol &	B	15:59	= Rob Allen	Long Eaton		16:49
165 H Balderson	Birmingham	A	16:00	= Rob Andrew	Royal Sutt		16:49
= Jacob Waples	Nuneaton H		16:00	232 Bradlee Tod	Bournville	B	16:50
= Darren Washington	CityStoke		16:00	= Mick O'Shea	Northbrook	A	16:50
168 Ed Wilson	Trentham R		16:01	= Robert Edwards	Wolverhamp	B	16:50
169 Steve White	Nuneaton H		16:02	235 Paul Slater	SuttonInAs		16:53
170 Derek Guess	Leicester		16:03	236 Jamie Dancyger	Broms&Redd		16:54
171 Steve Marklew	Royal Sutt		16:04	= Nick Thomas*	Telford Ac		16:54
= David O'Brien	Worcester		16:04	= Jason Pitcher	Harborough		16:54
173 Matt Fairlamb	Worcester		16:05	239 Russell Davies	Knowle & D	A	16:55
174 Peter Hood	Dudley Kin		16:06	240 Matthew Mullins	Centurion	A	16:56
= Pete Nicholson	Trentham R		16:06	= Phill Bullock	Worcester		16:56
= Mark Moore	Wolverhamp	B	16:06	242 Joe Gardner	Notts Ac	B	16:57
= David Bedwell	Bristol &	B	16:06	243 Dale Colclough	Trentham R		16:58
178 Kenny Roberts	Stroud & D		16:08	= Gary Whitehouse	West Bromw		16:58
179 Martin Judge	Massey Fer		16:09	245 Peter Paprcka	Massey Fer		16:59
= Lewis Smart	Owls Ac		16:09	= Tom Watkins	Bristol &	B	16:59
= David Ramus	Kenilworth	B	16:09	247 Paul Kibble	Wolverhamp	B	17:00
182 David McNeil	Birmingham	A	16:10	= Jonathan Seed	Northbrook	A	17:00
= Wayne Mayer	Gloucester		16:10	= Andrew Nock	Halesowen	A	17:00
184 Tuhin Wahid	Long Eaton		16:12	250 Chris Mosiuk	Trentham R		17:01
185 James Luff	Worcester		16:13	= William Clapp	Harborough		17:01
186 Tom Fisher	Wolverhamp	A	16:15	= Dean Semple	Massey Fer		17:01
187 Jonathan Randell	Knowle & D	A	16:16	253 David Robertson	Mansfield		17:02
= Brian Madden	Charnwood		16:16	= Chris Simkiss	Kenilworth	B	17:02
= Andrew Kaighin	Cheltenham	B	16:16	= Robert Stewart	Holme Pier		17:02
= Jonathan Hiorns	Notts Ac	B	16:16	256 Paul Mercer	Heanor Run	B	17:03
191 Edward Bolland	Wolverhamp	A	16:18	= Andrew Connors	Knowle & D	A	17:03
192 Chris Allcock	Mansfield		16:19	258 Richard Bate	Dudley Kin		17:05
= David Long	Royal Sutt		16:19	259 Martin Ludford	Birmingham	A	17:06
194 Gary Wallace	Rugby & No		16:20	= James Simpson	SuttonInAs		17:06

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261	Neil Towers	Owls Ac		17:07	318	Andrew Carwardine	Centurion	A	18:17
262	Gary Bonner	Dudley Kin		17:08	319	Carl Semple	Massey Fer		18:21
263	Michael Sheppard	Stratford		17:09	320	Tom Dallamore	Corby Ac		18:23
=	Gary Colyyer	Wolverhamp	A	17:09	321	Joe Kelly	Northbrook	A	18:24
=	Matt Ruff	Nuneaton H		17:09	322	Damian Pharoah	Northbrook	B	18:26
266	Jordan Boam	Mansfield		17:11	=	Nigel Bennett	Holme Pier		18:26
267	Gary Bird	SuttonInAs		17:13	324	John Kenyon	Holme Pier		18:27
=	Oliver Kirkland	Bournville	B	17:13	325	Simon Keell	Kenilworth	B	18:29
269	Peter Fellows	Northbrook	A	17:14	326	Robert Pool	Northbrook	B	18:31
270	Steve Mumford	Massey Fer		17:17	327	Simon Neale	Massey Fer		18:32
=	Ross Edgley	Wolverhamp	B	17:17	=	Alan Grice	Tipton Har	B	18:32
272	Alex Black	Knowle & D	A	17:20	329	Richard Bufton	Harborough		18:43
273	Steve Ramus	Kenilworth	B	17:22	330	Edmund Wallace	Centurion	A	18:50
=	Robert Weaver	Halesowen	A	17:22	331	R Charlesworth	Heanor Run	B	18:52
275	Pete Morgan-Warren	Knowle & D	A	17:23	332	A MacSporran	Long Eaton		18:53
=	C Houghton	Centurion	A	17:23	333	Brian Hewetson	Northbrook	A	18:55
277	Darrell Bodin	Dudley&S		17:24	334	Mike Dallamore	Corby Ac		18:56
278	Tim Robinson	Heanor Run	B	17:28	335	Martin Hughes	Harborough		18:58
=	Nathan Smith	Rugby & No		17:28	=	James Fidoe	Stratford		18:58
280	Richard Jones	Dudley Kin		17:31	337	Peter Brown	Birmingham	B	19:00
281	David Jones	West Bromw		17:32	338	David Ward	Mansfield		19:01
282	Chris Murfitt	Heanor Run	B	17:33	339	Nigel Tatton	Telford Ac		19:07
=	Steve Davies	Mansfield		17:33	340	Peter Greenfield	Nuneaton H		19:15
=	Nicholas Wilson	Nuneaton H		17:33	341	Ian Sharp	Solihull &		19:16
285	Christopher McCann	Centurion	A	17:34	342	David Jones	Stratford		19:21
286	Mark Treadwell	Nuneaton H		17:35	343	Tony Forde	Northbrook	B	19:22
287	Alex Morgan	Halesowen	A	17:37	344	Andy Matthews	Centurion	B	19:23
288	Paul Davies	Centurion	B	17:38	345	Clive Trusson	Notts Ac	C	19:25
289	Mark Newman	Stratford		17:39	346	Bob Adams	Northbrook	B	19:28
=	Kevin Boake	Knowle & D	A	17:39	=	Steve Murphy	Centurion	B	19:28
291	Phil Smith	Dudley Kin		17:44	348	Philip Brennan	Stratford		19:38
292	Mark Homer	Dudley Kin		17:45	=	John Goulding	Sparkhill		19:38
=	Chris Hamer-Hodges	Nuneaton H		17:45	350	Paul Allen	Halesowen	B	19:40
294	Laurie Hart	Worcester		17:46	351	Colin Fell	Mansfield		19:41
=	Tom Miller	Northbrook	A	17:46	352	Stephen Wardle	Heanor Run	B	19:44
=	Adam Brooks	Harborough		17:46	=	Eric Robathan	Centurion	B	19:44
297	Andrew Williams	Tipton Har	B	17:47	354	Alastair Grant	Halesowen	B	19:57
298	Neil Willsher	Rugby & No		17:48	355	Jeff Everitt	Heanor Run	B	20:03
299	Paul Tabor	Wolverhamp	B	17:50	356	Barry Crowley	Sparkhill		20:20
300	Andrew Moseley	West Bromw		17:52	357	Keith Best	Tipton Har	C	20:22
=	Zack Nolan	Solihull &		17:52	358	Anthony Jackson	Stratford		20:28
302	Ian Grant	Holme Pier		17:53	359	Simon Mottershead	Kenilworth	B	20:35
=	Tyler Selway	Nuneaton H		17:53	360	Jim Smith	Holme Pier		20:40
304	Graham Wildgoose	Dudley Kin		17:54	361	Richard Booth	Centurion	B	20:41
305	Neil Devonport	Holme Pier		17:56	362	Andrew Wadsworth	Sparkhill		20:42
306	Andrew Ralph	Northbrook	A	17:57	363	David Cooper	Northbrook	B	20:43
307	Richard Guest	Halesowen	B	18:00	364	George Nolan	Harborough		20:44
308	Peter Austin	Northbrook	A	18:02	365	L Satterthwaite	Centurion	B	20:51
=	Graeme Rolfe	Harborough		18:02	366	Jack Langman	Northbrook	B	20:55
310	Robert Mills	Sparkhill		18:05	367	Brett Beeson	Heanor Run	B	21:15
311	Alan Mould	Rugby & No		18:06	368	Anthony Hughes	Northbrook	B	21:22
312	David Pearson	Centurion	A	18:07	369	Fraser Barrett	Northbrook	B	22:25
313	Keith Hawkes	Stratford		18:09	370	Paul Cornock	Centurion	B	23:12
314	Kevin Ford	Holme Pier		18:14	371	Darren Edwards	Wolverhamp	B	29:05
=	Andrew Marriott	Heanor Run	B	18:14	372	Kevin Morris	Centurion	B	29:17
316	Richard Zanetti	Kenilworth	B	18:15	373	David Bristoll	Bournville	B	29:53
317	Andy Rea	Centurion	A	18:16	374	Terry Doherty	Bournville	A	43:11