

Fox Cross Four – Fell Race

Bank Holiday Monday 5th May 2014, starts at 11:00am

Registration: You must collect your start number before competing. The Registration is open on Race Day from 09.45am at The Fox Inn, Brookbottom, SK22 3AY

The pub is located a short walk away from either New Mills Town Centre or Strines Train Station. Vehicular access to the pub is very limited and there will be no access to runner or spectator vehicles on the day. A start list will be displayed on the facebook site so you can check we have your details correct and at the pub on the day. Registration will close 10 minutes prior to the event so please come with plenty of time to spare.

Run numbers are not transferable. If you pass on your run entry to someone else please drop us an email

PLEASE NOTE: Entries will be allowed on the day, only if we fail to reach our race limit of 250.

Directions: Head down the A6 and turn off towards New Mills town centre. Alternatively when coming through New Mills or Marple head out on the B6101 towards Strines and turn into Station Road.

Getting to the Pub:

- (Opt 1) Park in Strines and walk up the path towards the pub (1/3m) The preferred option
- (Opt 2) Park up in the Torrs Top car park (free on bank holidays) and walk across to the bus station for the shuttle bus to take you to the pub. (18 seater)
- (Opt 3) We are also exploring another option to park up in Hague Bar and walk up the path to the pub (1/4m) Details to follow.

Race Day: Arrive at the Pub with plenty of time to spare in order to register & pick up your race number. There are toilets and an unsupervised baggage area. (We cannot be held responsible for any valuable items left in your baggage) There will be hot drinks and breakfast baps available to purchase throughout the morning.

Start/Finish: The run starts with a steady uphill climb along a narrow tarmacked path. The finish is back along the same path. There will be a safety brief two minutes before the race.

A runner competing with someone else's number without informing the organisers by email or at registration beforehand will be disqualified & will not be eligible for prizes or appear in the results. EVERYONE MUST REPORT TO THE FINISH OR INFORM THE RACE ORGANISER VIA A MARSHAL IF THEY RETIRE.

Course: <http://www.gpsies.com/map.do?fileId=rchycdoxrzzwtgh>

Prizes: will be given in the following categories:

Senior Male & Female 1 st & 2 nd	Junior Male & Female 1 st	Local Male & Female 1 st	Veteran Male & Female MV40, MV50, MV60 & MV70+ FV35, FV45, FV55 & FV65+
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PLEASE NOTE: Only one prize per person.

Spectators: We encourage spectators, and there are plenty of places to explore and watch the runners if you want to walk up towards Mellor Cross. There will be hot & cold drinks & food available both before and after the run. Keep your eyes on the facebook site for details.

Photographers: We hope to have photographers around the course & at the finish arena. The photographs will be available on the internet or in the weeks following the event.

Acknowledgements: This event wouldn't have been possible without help of the The Fox Inn, Visit New Mills, The Peak District Walking Festival and all the helpers and local businesses who have contributed. We are also grateful for the permission of the Local Council & Police. However, the biggest thanks go to you for supporting the event. We hope you have a great evening out and enjoy the atmosphere of a truly friendly run. Good luck!

Anthony Ward (Harrier Events)

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Fb: https://www.facebook.com/events/519981701453778/?ref_dashboard_filter=upcoming