

# The Helmsley 10k Challenge at Helmsley on Sunday 20th April 2014

## Helmsley 10k — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time					
1	248	Mike Burrett		Leeds City AC	33:18	90	392 Nash Docwra	V4028	Unattached	45:38
2	335	Shaun O'Grady		New Marske Harriers Club	33:40	91	204 James Baker		Unattached	45:39
3	398	Paul Butler	V40 1	Loftus & Whitby	36:03	92	70 Adam Campbell		Unattached	45:40
4	367	Michael Keedy	V40 2	Skipton Ac	36:20	93	350 Tim Sutton		Unattached	45:42
5	278	Pete Baker		City Of Hull AC	36:24	94	84 Iain McGowan	V4029	East Hull Harriers & AC	45:43
6	122	John Young		Harrogate Harriers	36:35	95	216 Debbie Pickford	L35 2	Unattached	45:45
7	164	Gary Grounds	V40 3	Rolls Royce Harriers	37:13	96	54 Kenny Rae	V5012	Easingwold Running Club	45:51
8	168	Guy Whatmore		Wetherby Runners AC	37:30	97	159 Elizabeth Bryans	L 12	Bournville Harriers	46:10
9	397	Rob Williams	V40 4	Loftus & Whitby	37:54	98	213 Jason Williamson	V4030	Derwentside AC	46:21
10	346	Andy Whitworth	V40 5	Meltham Ac	38:02	99	292 Jaye Langley		Unattached	46:23
11	166	Caroline Lambert	L 1	Wetherby Runners AC	38:14	100	235 Stephen Burgess	V5013	Unattached	46:24
12	196	Brian Davis		Unattached	38:17	101	96 Lynn Humpleby	L35 3	Pickering Running Club	46:31
13	246	Michael Raynes		City Of York	38:27	102	184 Rob Collier	V4031	Unattached	46:32
14	57	Matthew Middleton		Scarborough Athletic Club	38:45	103	82 Carole Fee	L35 4	East Hull Harriers & AC	46:36
15	404	Giles Hawking	V40 6	York Knavesmire Harriers	38:50	104	103 Tim Selves	V4032	Unattached	46:38
16	17	John Wood		Rothwell Harriers	38:54	105	328 Cecilia Greasley	L55 1	Unattached	46:45
17	356	Edward Barber		Leeds & Bradford Triathlon Clu	39:11	106	199 Colin Richardson	V5014	Unattached	46:47
18	287	Nick Norris		Bedale And Aiskew	39:14	107	264 Phil Hughes-Narborou	V5015	North York Moors AC	46:49
19	368	Zanthe Wray	L 2	Hallamshire Harriers Sheffield	39:19	108	170 Catherine Eve	L35 5	Unattached	46:50
20	187	Kate Harris	U20 1	City Of York	39:33	109	108 Doug Pearce	V4033	Easingwold Running Club	46:51
21	128	Becky Penty	L 4	Highgate Harriers AC	39:42	110	366 Jayne Butterworth	L45 2	Skipton Ac	46:55
22	67	Stephen Robson		York Knavesmire Harriers	39:49	111	41 Charlotte Wilton	L35 6	Unattached	46:56
23	277	Mark Higham	V40 7	Doncaster & Stainforth AC	39:54	112	78 Ian Mortimer	V4034	Unattached	47:01
24	339	Darren Hendley	V40 8	York Knavesmire Harriers	40:12	113	325 Lee Edwards		Unattached	47:09
25	101	Jazz Edeson	V50 1	Driffild Striders	40:20	114	154 Stuart Hanley	V4035	Unattached	47:12
26	395	Victoria Needham	L 5	City Of York	40:23	115	40 Mike Dinsdale		Unattached	47:14
27	152	Christopher Nattress		Unattached	40:25	116	37 Richard Stokes	V5016	Unattached	47:23
28	10	Ewan Cochrane		York Knavesmire Harriers	41:05	117	262 Henry Aldous-Ball	U17 1	Unattached	47:30
29	146	Michael Todd		Pickering Running Club	41:07	118	44 Martyn Whistler		Unattached	47:32
30	61	Stefan Durkin	V40 9	Unattached	41:08	119	293 Stephen Brown		Billingham Marsh Hse H & AC	47:40
31	68	Pete Downes	V50 2	York Knavesmire Harriers	41:17	120	365 Terry Wilkinson	V4036	Unattached	47:45
32	191	Daniel Allan		Unattached	41:19	121	77 David Foster	V5017	Bridlington Road Runners	47:48
33	341	Jon Rodger	V4010	Driffild Striders	41:28	122	343 Mark Colling	V4037	Quakers Running Club	48:00
34	185	Shane Johnson	V4011	Unattached	41:39	123	141 Susanna Dale	L 19	Unattached	48:03
35	62	Joseph Lofthouse		Ripon Runners	41:44	124	405 David Beec		Unattached	48:04
36	16	Chloe Wood	L 6	Rothwell Harriers	41:58	125	294 Radoslaw Otolinski		Unattached	48:05
37	352	David Binks	V4012	Unattached	41:59	126	357 Christian Anderson		Unattached	48:06
38	321	Andy Bond		Unattached	42:03	127	273 Julia Quinonez	L45 3	Durham City Harriers & AC	48:09
39	275	Graham Harrison	V4013	Pickering Running Club	42:05	128	260 Lauren Eadon	L45 4	Unattached	48:14
40	222	Nick Griffin	V4014	York Knavesmire Harriers	42:10	129	303 Ian Cowley		Unattached	48:16
41	65	Paul Smith	V50 3	Pickering Running Club	42:19	130	388 Andrew Jones	V4038	Unattached	48:17
42	102	Robert Sanderson	U20 1	Unattached	42:24	131	215 Neil Mayfield	V4039	Unattached	48:18
43	13	Charlotte Mason	L 7	York Acorn Running Club	42:25	132	14 David Waite	V4040	Stainland Lions	48:20
44	394	Paul Mayhew		Coxhoe A A	42:27	133	15 Diane Waite	L45 5	Stainland Lions	48:26
45	305	David Harte	V4015	Bournville Harriers	42:29	134	56 Michael Ward	V5018	Unattached	48:28
46	391	Ben Warrack	V4016	Unattached	42:32	135	402 Marc Thomas	V4041	Unattached	48:30
47	378	Alan Burrows	V50 4	Epsom Oddballs	42:38	136	238 Bryan Miller		Thirk & Sowerby Harriers	48:33
48	171	Richard Eve	V50 5	Unattached	42:44	137	5 David Darton	V5019	York Knavesmire Harriers	48:35
49	396	Rob Evans		Mollington RC	42:45	138	25 John Middleton	V5020	York Knavesmire Harriers	48:39
50	183	Colin Haslett		Esk Valley Fell Club	42:47	139	60 Vicky Green	L35 7	York Knavesmire Harriers	48:40
51	331	Steven Tinwell	V50 6	Sunderland Strollers	42:48	140	309 Tess Roebuck	L45 6	Pickering Running Club	48:46
52	137	Sarah Attwood	L 8	York Knavesmire Harriers	42:50	141	147 Tim Critchley		Unattached	48:47
53	257	Jason Brown		Unattached	42:52	142	310 Nicola Meakin	L 25	Redcar Running Club	48:50
54	406	Jonathan Barton		Unattached	42:56	143	269 Marc Davies	V5021	Thirk & Sowerby Harriers	48:53
55	205	Heather Halliday	L45 1	Bedale And Aiskew	42:58	144	255 Mark Simmonds		Unattached	48:55
56	136	Daryl Maffey		Scarborough Athletic Club	42:59	145	371 Julian Harrison	V4042	York Knavesmire Harriers	48:56
57	9	Andy Baker	V4017	Bridlington Road Runners	43:01	146	250 Anna Crossland	L 26	Unattached	48:57
58	247	Russ Grayson	V4018	Pickering Running Club	43:04	147	43 Kevin Blake	V5022	East Hull Harriers & AC	49:00
59	270	Thom Dobson		Bedale And Aiskew	43:06	148	104 Michael Larkin		Billingham Marsh Hse H & AC	49:08
60	186	Alex Dobson	V4019	Unattached	43:11	149	312 Alan Brown		Unattached	49:17
61	400	James Stokes		Unattached	43:15	150	330 Stephen Raisbeck	V60 2	Unattached	49:19
62	385	Robert Ward		York Knavesmire Harriers	43:16	151	85 Keith Corkerton	V5023	East Hull Harriers & AC	49:20
63	111	James Harrison	V4020	Unattached	43:18	152	316 Jamie Taylor		Unattached	49:22
64	353	James McGann		Easingwold Running Club	43:23	153	272 Martin Pearson	V5024	North East Veterans AC	49:23
65	119	Michael Fawcett	V4021	Billingham Marsh Hse H & AC	43:24	154	192 Simon Tyrell	V5025	Pickering Running Club	49:24
66	369	Mark Aldred		Unattached	43:28	155	6 Colin Lea	V4043	York Knavesmire Harriers	49:32
67	117	Jim Beauchamp	V50 7	Unattached	43:32	156	332 Derick Sargent	V5026	Easingwold Running Club	49:39
68	320	Neil Haines		Unattached	43:37	157	227 Jade Hutchinson	U20 2	Unattached	49:41
69	189	Gary Wilks	V4022	Ripon Runners	43:44	158	143 Christopher Jamieson	V5027	Esk Valley Fell Club	49:42
70	83	Sara Rookyard	L35 1	East Hull Harriers & AC	43:45	159	125 Nigel Bower	V60 3	Ripon Runners	49:42
71	317	Mark Wilson	V4023	Esk Valley Fell Club	43:48	160	308 Henry Barnes	U20 3	Unattached	49:43
72	90	Sam Browes	U20 2	Unattached	43:53	161	221 Bridget Houlston	L35 8	Easingwold Running Club	49:46
73	132	Ian Nicholls	V4024	Unattached	43:58	162	64 John Robinson	V60 4	Unattached	49:48
74	390	Jonathan Hart		Unattached	44:00	163	290 Lucia Minto	L 29	Crystal Palace Fun Runners	49:54
75	124	Darren Ansbro		Billingham Marsh Hse H & AC	44:15	164	174 David Norton		Unattached	49:59
76	3	David Paley	V4025	New Marske Harriers Club	44:15	165	110 Angus Turner	V4044	Unattached	50:02
77	200	Lee Richardson	V4026	Unattached	44:36	166	268 Fiona Tweedie	L35 9	Unattached	50:04
78	300	Steve Duke		Kettering Town Harriers	44:38	167	129 Abbie Hull	L 31	Quakers Running Club	50:06
79	283	Greg Maughan		Unattached	44:44	168	156 Lisa Briggs	L 32	Darford Road Runners	50:08
80	338	John Norrey	V50 8	Manx Fell Runners	44:45	169	212 Paul Brown	V60 5	Doncaster A.c.	50:12
81	314	Andrew Lea		York Knavesmire Harriers	44:48	170	327 David Brewster	V5028	Unattached	50:17
82	282	Andy Tate	V50 9	Beverley AC	44:54	171	274 Michael Lloyd	V5029	Crook & District AC	50:21
83	58	Michael Hetheron	V60 1	Pickering Running Club	45:10	172	73 Fran Jeffery	L 33	Thirk & Sowerby Harriers	50:26
84	35	Richard Simms		Unattached	45:16	173	291 Christopher Garton		Unattached	50:28
85	399	James O'Brien	V5010	Loftus & Whitby	45:17	174	351 Paul Cowley	V5030	Unattached	50:31
86	33	Adam Ward		Unattached	45:27	175	145 Peter Barker	V60 6	Unattached	50:35
87	403	Simon Ridley		Pickering Running Club	45:29	176	311 Steve Hampshire	V5031	Pickering Running Club	50:37
88	208	Richard Johnson	V4027	Unattached	45:30	177	281 Jayne Dale	L45 7	Beverley AC	50:38
89	218	Mike Potter	V5011	Scarborough Paragon	45:32	178	86 Steve Chapman	V4045	East Hull Harriers & AC	50:39

179	195 Ronnie Cassar	V70 1	Swaledale Road Runners	50:43	274	340 Emma Duncan	L 74	Unattached	56:37
180	151 Anthony Corbett	V4046	Quakers Running Club	50:45	275	288 Graham Middleton	V60 12	Unattached	56:39
181	30 Peter Quinn		Unattached	50:50	276	203 Shirley Tyrrell	L55 8	Pickering Running Club	56:41
182	342 Wendy Colling	L45 8	Quakers Running Club	50:55	277	197 Mick Edwards		Unattached	56:43
183	383 Dorothy Williams	L 36	Unattached	50:58	278	72 Neil Jones		Easingwold Running Club	56:51
184	220 Andy Twyman	V5032	Unattached	51:00	279	322 Gillian Borthwick	L45 19	Billingham Marsh Hse H & AC	56:53
185	126 Neville Bracken	V5033	Unattached	51:06	280	2 Graeme Thynne	V5049	Unattached	56:56
186	289 Philip Taylor		Unattached	51:13	281	376 Dawn Butler	L 77	Unattached	57:04
187	139 Joanne Wallace	L45 9	Ripon Runners	51:16	282	27 Denise Walker	L45 20	Unattached	57:40
188	138 Iain Wallace	V5034	Ripon Runners	51:16	283	28 Mike Boddy	V4056	Unattached	57:42
189	69 Victoria Fawcett	L35 10	Billingham Marsh Hse H & AC	51:19	284	374 Amy Leonard	L 79	Unattached	57:44
190	123 Nicola Frost	L35 11	Unattached	51:25	285	370 Jane Butler	L45 21	Unattached	57:44
191	116 Heather Farrow	L55 2	York Acorn Running Club	51:28	286	345 Sharon Whitworth	L35 23	Meltham Ac	57:47
192	34 Stuart Jackson		Unattached	51:30	287	130 Michael Collins	V5050	York Knavesmire Harriers	57:57
193	386 Kerry Seal	L45 10	City Of York	51:32	288	89 Karen Newton	L45 22	Easingwold Running Club	58:01
194	259 Steve Flintoft		Scarborough Athletic Club	51:35	289	214 Kevin Barry	V5051	Unattached	58:10
195	188 Les Turner	V5035	Unattached	51:36	290	66 Peter Galley	V60 13	Wetherby Runners AC	58:20
196	301 Wendy Duke	L35 12	Kettering Town Harriers	51:43	291	229 Vicky Ritson	L 83	Unattached	58:32
197	401 John McBurnie		Easingwold Running Club	51:45	292	252 Kelly Gaughan	U20 3	Unattached	58:37
198	387 Megan Dale	L 43	Unattached	51:47	293	354 Bret Davis	V4057	Unattached	58:45
199	363 Jon Rowe		Windrush Tri	51:52	294	113 Liz Matthews	L45 23	York Knavesmire Harriers	58:50
200	190 Michael Williams	V4047	Rochdale	52:02	295	324 Faith Coy	L35 24	Thirsk & Sowerby Harriers	59:01
201	193 Clare Rose	L35 13	Aycliffe Running Club	52:04	296	393 Ian Wardle		Unattached	59:12
202	254 David Bygrave	V5036	York Knavesmire Harriers	52:08	297	265 Janet Mills	L35 25	Unattached	59:16
203	31 Rebecca Medd	L 45	Fitmums And Friends	52:12	298	160 Helen Scott	L35 26	Unattached	59:17
204	150 April Corbett	L45 11	Quakers Running Club	52:14	299	344 James Allen	V4058	Unattached	59:20
205	384 Jeff Blackford	V4048	Cool & Minty	52:16	300	389 Daisy Lund	L 89	Unattached	59:22
206	226 Bob Howe	V60 7	North York Moors AC	52:21	301	144 Louise Campbell	L45 24	Essex Valley Fell Club	59:26
207	165 Philip Quinlan	V5037	Esk Valley Fell Club	52:26	302	206 Mark Loft	V4059	Bridlington Road Runners	59:32
208	261 Philip Rayner		Unattached	52:33	303	233 David Whapples	V4060	Vocalink Running Club	59:35
209	169 Philip Johnston		Bedale And Aiskew	52:34	304	71 Alice Jones	L35 27	Easingwold Running Club	59:42
210	107 Mathew Robinson	U20 4	Unattached	52:45	305	333 Katrina Turner	L35 28	Unattached	59:46
211	115 Mark Raven	V5038	Unattached	52:48	306	334 Christopher Terry	V70 5	Unattached	1:00:02
212	91 George Beastall		Unattached	52:48	307	114 Karen Thrippleton	L45 25	Unattached	1:00:08
213	337 Melissa Huntsman	L35 14	Unattached	52:50	308	224 Amie Garforth	L 94	Unattached	1:00:13
214	194 Christopher Basford		Unattached	52:56	309	223 Paul Garforth	V4061	Unattached	1:00:13
215	53 Carl Watson		Unattached	53:05	310	182 David Gatley	V4062	Billingham Marsh Hse H & AC	1:00:15
216	109 Lesley Clayton	L55 3	Unattached	53:09	311	234 Elaine Burgess	L45 26	Unattached	1:00:19
217	180 J Harris-Douglas	V4049	Easingwold Running Club	53:24	312	181 Alan Sims	V60 14	Unattached	1:00:26
218	118 Jackie McCabe	L55 4	Billingham Marsh Hse H & AC	53:27	313	355 Peter Manning	V60 15	Blengdale Runners Athletic Club	1:00:33
219	157 Pauline Whittaker	L45 12	Richmond & Zetland Harriers	53:28	314	239 Claire Gillan	L 96	Thirsk & Sowerby Harriers	1:00:46
220	240 Peter Lyth	V5039	York Knavesmire Harriers	53:28	315	153 Wendy Morton	L45 27	Unattached	1:00:49
221	360 Maric Murtagh	L 51	Unattached	53:29	316	362 Jessica Rowe	L35 29	Unattached	1:00:59
222	99 Barry Pickering	V70 2	Selby Striders	53:30	317	323 Dennis Atherton	V5052	Unattached	1:01:01
223	52 John Brischuk		Unattached	53:33	318	97 Sue Brown	L45 28	Easingwold Running Club	1:01:01
224	42 John Long	V5040	East Hull Harriers & AC	53:34	319	175 Helen Farrell	L45 29	Unattached	1:01:13
225	59 Jude Watson	L35 15	York Knavesmire Harriers	53:36	320	228 Carmel Moore	L45 30	Unattached	1:01:13
226	256 Kim Phillips	L 53	Unattached	53:37	321	198 Jo Powell	L45 31	Unattached	1:01:34
227	263 Andy Speer	V4050	Red Rose Road Runners	53:40	322	358 Katy Sullivan	L 103	Unattached	1:01:43
228	45 Jo Stabler	L35 16	Unattached	53:42	323	38 Sharon Powell	L45 32	Billingham Marsh Hse H & AC	1:01:50
229	106 Neil Robinson	V5041	Unattached	53:43	324	299 Claire Banton	L 105	Billingham Marsh Hse H & AC	1:01:56
230	148 Andrew Gray	V4051	Beverley AC	53:46	325	313 Tracey Quinn	L45 33	North East Veterans AC	1:02:00
231	304 Peter Quinn	V4052	Northem Veterans AC	53:49	326	348 Sally Moir	L45 34	Unattached	1:02:03
232	336 Michelle O'Grady	L 55	New Marske Harriers Club	53:51	327	98 Darryn Wood		Quakers Running Club	1:02:11
233	266 Joe Lloyd	U20 5	Unattached	53:53	328	236 John Sugarman	V5053	Unattached	1:02:17
234	134 David Paver	V60 8	City Of York	54:04	329	92 Kath Baxter	L45 35	Unattached	1:02:18
235	251 Janet Ilsley	L45 13	Rolls Royce Harriers	54:05	330	237 Karen Moody	L45 36	Unattached	1:02:23
236	377 Stuart Atkinson	V4053	Bridlington Road Runners	54:07	331	201 Mary Schofield	L45 37	Unattached	1:02:23
237	364 Alison Chisholm	L35 17	Unattached	54:08	332	284 Mandy Davison	L45 38	East Hull Harriers & AC	1:02:47
238	326 David Hodgson	V5042	Unattached	54:11	333	230 Jennifer Smith	L 112	Unattached	1:03:14
239	131 David Parke	V60 9	Scarborough Athletic Club	54:16	334	249 Helen Orson	L45 39	Red Rose Road Runners	1:03:21
240	100 Maxine Edeson	L35 18	Driffild Striders	54:22	335	225 Sharon Caddell	L35 30	Billingham Marsh Hse H & AC	1:03:37
241	149 Stephen Billings	V5043	Thirsk & Sowerby Harriers	54:24	336	120 Sandra Race	L45 40	Unattached	1:03:43
242	142 Martin Garton		Unattached	54:27	337	161 Clare Dixon	L35 31	Unattached	1:04:03
243	207 Andrea Parker	L45 14	Bridlington Road Runners	54:32	338	162 Simon Dixon	V4063	York Knavesmire Harriers	1:04:03
244	286 Tom Denney	V70 3	Unattached	54:34	339	285 Hannah Kirman	L 117	East Hull Harriers & AC	1:04:32
245	155 Helen Barrett	L45 15	Unattached	54:49	340	296 Marion Bets	L45 41	Pickering Running Club	1:05:23
246	163 Will Dunn	U20 6	Unattached	54:52	341	219 Ann Lea	L55 9	Unattached	1:05:46
247	382 Stephen Daniel	V4054	Easingwold Running Club	54:53	342	241 Samantha Lyth	L45 42	York Knavesmire Harriers	1:05:59
248	243 Jillie Townend	L55 5	Harrogate Harriers	54:54	343	307 Gary Barnes	V5054	Unattached	1:06:26
249	276 Jennifer Roebuck	L 62	Swaledale Road Runners	54:56	344	306 Edward Barnes	U20 7	Unattached	1:06:27
250	347 Thomas Buck		Pickering Running Club	54:56	345	361 Evie Woolveridge	L35 32	Unattached	1:06:30
251	127 Rebecca Quinn	L35 19	Unattached	55:04	346	22 Hayley Holmes	L35 33	Unattached	1:06:32
252	349 Edward Dale		Unattached	55:19	347	302 Steven King	V5055	Billingham Marsh Hse H & AC	1:06:36
253	51 Sam Simpson	L35 20	Unattached	55:28	348	49 Ian Codling	V70 6	Thirsk & Sowerby Harriers	1:06:49
254	12 Gareth Pennell	V5044	Unattached	55:32	349	245 Sandra Cass	L45 43	Quakers Running Club	1:06:49
255	318 David Rushton	V5045	Nidd Valley Road Runners	55:35	350	244 Natalie Meradith	L35 34	Unattached	1:07:05
256	267 Judith Gray	L35 21	Billingham Marsh Hse H & AC	55:37	351	379 Nicky Donbavand	L35 35	Run To Live RC	1:07:13
257	211 Kate Cooper	L 66	Stowmarket Striders	55:40	352	32 Harriet Medd	L 126	Unattached	1:07:24
258	329 Ralph Moss	V60 10	Unattached	55:45	353	36 Adam Lee		Unattached	1:07:24
259	209 Elizabeth Jordan	L55 6	Billingham Marsh Hse H & AC	55:47	354	21 Gary Holmes	V4064	Unattached	1:08:18
260	179 Philippa Hutton	L45 16	Unattached	55:50	355	380 Dave Goodfellow	V4065	Unattached	1:08:31
261	8 Jane Carter	L35 22	York Knavesmire Harriers	55:52	356	231 Ruth Stacey	L35 36	Unattached	1:08:42
262	210 Graham Jordan	V5046	Billingham Marsh Hse H & AC	55:57	357	232 Claire Streeton	L35 37	Unattached	1:08:42
263	93 Martin Baxter	V5047	Unattached	55:58	358	373 Kevin Brown	V5056	Unattached	1:09:18
264	105 Gareth Strangwood		Unattached	56:00	359	372 Adam Brown		Unattached	1:09:20
265	381 Ian Schofield	V5048	Unattached	56:04	360	359 Caroline Harris	L 129	Unattached	1:12:26
266	280 Thomas Brownson		Unattached	56:05	361	315 Kath Young	L45 44	Unattached	1:13:33
267	158 Eleanor Bryans	L55 7	Unattached	56:16	362	319 Ann Rushton	L55 10	Nidd Valley Road Runners	1:13:43
268	29 Gareth Preece	V4055	York Knavesmire Harriers	56:17	363	26 Kim Middleton	L45 45	York Knavesmire Harriers	1:14:11
269	112 Colin Utterson	V70 4	Unattached	56:18	364	80 Jenny Barker	L55 11	Unattached	1:14:52
270	253 Val Gaughan	L45 17	Unattached	56:19	365	79 Craig Barker		Unattached	1:14:52
271	75 John Smith	V60 11	Unattached	56:28	366	375 Victoria Butler	L 134	Unattached	1:15:32
272	55 Sue Rae	L45 18	Easingwold Running Club	56:34	367	50 Marian Codling	L65 1	Thirsk & Sowerby Harriers	1:16:20
273	172 Claire Johnson	L 73	Unattached	56:37	368	202 Eric Smith	V60 16	Redcar Running Club	1:23:23

