

# The Gawsworth 10k and 5k races at Gawsworth on Sunday 14th September 2014

## Gawsworth - 10k — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time	
1	17	Julian Goodwin	V40 1 Boalloy RC	34:44	
2	145	James Noakes	V45 1 Macclesfield Harriers & Ac	36:36	
3	68	Gareth Griffiths	Unattached	37:44	
4	2	Ben Light	Buxton & District Ac	38:27	
5	233	Billy Craig	V45 2 Unattached	38:32	
6	232	Steven Townley	Sale Harriers Manchester	38:42	
7	178	Andrew Jones	V45 3 Unattached	38:48	
8	174	Karl Tavini	V45 4 Stockport Harriers & Ac	39:22	
9	119	Peter Hopley	V40 2 Unattached	39:30	
10	138	Kenny House	Boalloy RC	39:45	
11	55	Steven Henderson	Unattached	39:49	
12	196	Mike Hill	V45 5 Wilmslow Running Club	40:21	
13	244	Mish Abushal	Unattached	40:23	
14	149	Andrew Fletcher	V45 6 Mow Cop Runners	41:12	
15	213	Andrew Whittingham	V45 7 Wilmslow Running Club	41:29	
16	256	Jason Justice	V40 3 Macclesfield Harriers & Ac	41:34	
17	80	Oliver Barber	Unattached	41:42	
18	110	Michael Whitmore	Unattached	42:17	
19	135	?John Mooney	V55 1 Macclesfield Harriers & Ac	42:18	
20	144	Natalie Stonell	L 1 Unattached	42:20	
21	171	Amanda Davies	L 2 Cheadle Running Club	42:42	
22	209	Neil Hey	V45 8 Macclesfield Harriers & Ac	42:50	
23	199	Steve Bunker	V45 9 Wilmslow Running Club	42:59	
24	141	Matthew Taylor	V40 4 Unattached	43:17	
25	166	Dan Wright	Unattached	43:33	
26	200	Martin Jennings	Unattached	43:34	
27	219	Emily Brown	L 3 Unattached	43:38	
28	77	Mark Valley	Unattached	43:39	
29	208	Rachel Chatwin	L40 1 Buxton & District Ac	43:46	
30	86	Helen Evans	L 5 Macclesfield Harriers & Ac	43:52	
31	161	David Nimmo	South Cheshire Harriers	43:55	
32	53	Rebecca Wakefield	L35 1 Unattached	44:01	
33	185	Alan Wardle	V50 1 Macclesfield Harriers & Ac	44:19	
34	132	Roger Whitehead	V4510 Bramhall Runners	44:21	
35	134	Hayden Alcock	Buxton & District Ac	44:23	
36	183	Claire Thompson	L35 2 Vale Royal Ac	44:30	
37	65	Ray O'Keefe	V4511 Macclesfield Harriers & Ac	44:31	
38	221	Paul Doyle	Unattached	44:41	
39	228	Richard Brown	V40 5 Macclesfield Harriers & Ac	44:46	
40	56	Mark Fowler	V4512 Unattached	44:55	
41	31	Francis Pyatt	Macclesfield Harriers & Ac	45:11	
42	118	Sean Connelly	V4513 Macclesfield Harriers & Ac	45:20	
43	73	Paul Sellers	V55 2 Congleton H & Ac	45:25	
44	235	Paul Wain	V4514 Knutsford Tri Club	45:33	
45	139	Andrea Frost	L45 1 Macclesfield Harriers & Ac	45:43	
46	83	Will McGowan	Unattached	45:45	
47	175	Jill Tavini	L45 2 Stockport Harriers & Ac	45:47	
48	215	Daisy Pickles	L 10 Macclesfield Harriers & Ac	46:05	
49	127	Charmaine Wood	L35 3 Congleton H & Ac	46:16	
50	241	Daniel Flood	Unattached	46:28	
51	268	Ian Ankers	V60 1 Unattached	46:30	
52	231	Rob Stutchfield	Unattached	46:36	
53	146	Matthew Bishop	Unattached	46:43	
54	59	Steven Evans	V4515 Unattached	46:43	
55	251	Daniel Styne	Unattached	46:44	
56	27	James Baker	Unattached	46:46	
57	195	Mark Stanbridge	V4516 Macclesfield Harriers & Ac	46:47	
58	100	Robert Broadgate	Unattached	46:50	
59	13	Chris Stillo	V60 2 Goyt Valley Striders	47:25	
60	184	John Thompson	V50 2 Vale Royal Ac	47:28	
61	120	Robert Poole	V50 3 Unattached	47:29	
62	51	Paul Prior	Unattached	47:32	
63	143	Greg Hughes	V4517 Unattached	47:33	
64	223	James Kelly	Unattached	47:47	
65	226	Iain Scott	Unattached	48:01	
66	252	Martin Raymond	V50 4 Unattached	48:03	
67	150	Richard Gratton	V4518 Unattached	48:12	
68	214	David Vann	Unattached	48:17	
69	30	David Morris	V4519 Chorley Ac & Tri	48:17	
70	207	Matthew Grove	V40 6 Macclesfield Harriers & Ac	48:17	
71	3	Milly Bentley	L35 4 Unattached	48:17	
72	239	Sarah Kemp	L50 1 Unattached	48:41	
73	108	Gareth Trimble	V40 7 Wilmslow Running Club	48:43	
74	159	Andy Wolstenholme	V4520 Unattached	48:53	
75	242	David Edge	V60 3 Staffs Moorlands	49:00	
76	96	David James	V4521 Macclesfield Harriers & Ac	49:12	
77	121	Paul Wood	V60 4 Unattached	49:32	
78	188	Russ Cooper	V55 3 Mow Cop Runners	49:33	
79	78	Terry Nield	Macclesfield Harriers & Ac	49:33	
80	204	David Larkin	Macclesfield Harriers & Ac	49:34	
81	194	Stewart Waudby	V40 8 Macclesfield Harriers & Ac	49:42	
82	245	Tony Vernon	V65 1 Staffs Moorlands	49:45	
83	12	Phil Burgess	V40 9 Unattached	50:03	
			84 234 Richard Pankhurst	V4522 Macclesfield Harriers & Ac	50:07
			85 247 Philip Shering	V4523 Macclesfield Harriers & Ac	50:08
			86 88 Nina Moss	L 14 Macclesfield Harriers & Ac	50:09
			87 25 Catherine Wilson	L45 3 Unattached	50:10
			88 63 Matthew Wilson	Unattached	50:20
			89 265 Andy Bennett	V50 5 Unattached	50:25
			90 101 Sean Lindsay	Unattached	50:26
			91 267 NBoyesHunter	V4010 Unattached	50:26
			92 259 Carlton Greener	V4524 Unattached	50:35
			93 158 Alannah Birtwistle	L 16 Unattached	50:38
			94 190 Liam Browne	V4525 Buxton & District Ac	50:43
			95 104 Adam Jones	Unattached	50:51
			96 246 Andrew Hunt	Nsra	50:59
			97 130 Steve Dennis	V4526 Unattached	51:01
			98 103 Russ Weightman	U20 1 Unattached	51:07
			99 1 Neil Daniels	V4011 Unattached	51:07
			100 222 Roger Brereton	Macclesfield Harriers & Ac	51:16
			101 137 Alan Budenberg	V4527 Unattached	51:21
			102 217 Gemma Moorhouse	L 17 Macclesfield Harriers & Ac	51:33
			103 123 Colin Moody	Unattached	51:36
			104 124 Nick Carter	V60 5 Chorley Ac & Tri	51:40
			105 35 Mark Godden	V55 4 Unattached	51:49
			106 240 Alan Flood	V60 6 Unattached	51:56
			107 162 Laurence Hobday	V55 5 Unattached	51:56
			108 111 Tejash Mistry	Unattached	51:56
			109 148 Geoff Osbaldestin	V4012 Unattached	52:05
			110 258 Paul Clowes	Unattached	52:16
			111 257 Chris Wearing	Unattached	52:45
			112 90 Nina Green	L50 2 Stockport Harriers & Ac	52:45
			113 160 Steve McCall	V55 6 Manchester Harriers & Ac	52:56
			114 165 Shaun Paterson	V4013 Unattached	53:04
			115 151 James Dennis	Unattached	53:12
			116 155 Stephen Bayley	V55 7 Unattached	53:12
			117 122 Emily Braverman	L 19 Unattached	53:13
			118 243 John Tomkinson	V60 7 Staffs Moorlands	53:14
			119 106 Fiona Wilson	L50 3 Macclesfield Harriers & Ac	53:15
			120 198 Gregory Bradshaw	Unattached	53:16
			121 218 Joanne Jones	L45 4 Unattached	53:17
			122 113 Mike Coldwell	V4014 Unattached	53:18
			123 125 Robert Graves	V4015 Macclesfield Harriers & Ac	53:27
			124 236 Matthew Bardsley	V4016 Unattached	53:32
			125 237 Tim Munro	Unattached	53:39
			126 14 Liz Stillo	L55 1 Goyt Valley Striders	53:46
			127 60 Andy Buckroyd	V50 6 Unattached	53:47
			128 203 Adam Poolyard	Unattached	53:55
			129 248 Angus Tennant	V4528 Macclesfield Harriers & Ac	54:00
			130 62 Tom Burge	Unattached	54:12
			131 182 Abigail Hund	L 23 Unattached	54:12
			132 180 Jayne Skellern	V50 7 Unattached	54:12
			133 135 ?John Mooney	V55 8 Macclesfield Harriers & Ac	54:13
			134 156 Chad Kilborn	V4017 Unattached	54:13
			135 152 Lynne Graves	L45 5 Macclesfield Harriers & Ac	54:13
			136 71 Rachel Wakefield	L40 2 Newcastle Staffs AC	54:13
			137 163 David Hancock	V65 2 Macclesfield Harriers & Ac	55:00
			138 61 S Pennington-Ridge	L 26 Unattached	55:04
			139 269 Sally Hoban	L35 5 South Cheshire Harriers	55:16
			140 142 Philip Jones	V4529 Unattached	55:19
			141 49 Nicky Owen	L55 2 Chorley Ac & Tri	55:26
			142 264 Neil Phillips	V55 9 Unattached	55:31
			143 192 Nick Wright	V4018 Gateshead Harriers & Ac	55:37
			144 114 Andy Peet	V50 8 Unattached	55:52
			145 238 Claire Harbottle	L 29 Unattached	55:54
			146 85 Kim Croskey	L35 6 Macclesfield Harriers & Ac	56:07
			147 225 David Denning	V5510 Unattached	56:07
			148 54 Geoffrey Hull	V65 3 Mansfield Harriers	56:09
			149 230 Stella Stilwell	L50 4 Sandbach Striders & Strollers	56:11
			150 87 Daniel Slater	Unattached	56:16
			151 172 Kimberley Richardson	L40 3 Unattached	56:19
			152 260 Kara Cooper	L40 4 Unattached	56:27
			153 58 Pippa Price	L45 6 Unattached	56:42
			154 263 David McLellan	Unattached	56:49
			155 79 Emma Mason	L 35 Macclesfield Harriers & Ac	56:50
			156 224 Robert Denning	Unattached	56:58
			157 147 Merian Denning	L55 3 Unattached	57:06
			158 76 Caroline Sarfas	L40 5 Unattached	57:14
			159 117 Louise Howarth	L40 6 Unattached	57:15
			160 211 Charlotte Owen	L 39 Unattached	57:19
			161 105 Lamia Kawalit	L40 7 Unattached	57:21
			162 126 Scott Daniels	Unattached	57:30
			163 220 Shirley Campbell	L55 4 Unattached	57:50
			164 39 Jenni Armitt	L35 7 Unattached	57:56
			165 81 Paul Callaghan	Unattached	58:03
			166 107 Elspeth Gibson	L40 8 Wilmslow Running Club	58:06

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

167	262	Philip Hawkswell	V50 9	Macclesfield Harriers & Ac	58:13	208	109	David Hayton	V5513	Unattached	1:06:36
168	64	Paul Hansford	V4019	Unattached	58:14	209	34	Heather Thistleton	L60 2	Chorley Ac & Tri	1:06:54
169	47	Ian Dodsworth	V5010	Unattached	58:15	210	74	Melanie Crewe	L3513	Unattached	1:07:10
170	52	Carol Upton	L35 8	Macclesfield Harriers & Ac	58:18	211	168	Bill Yale	V70 2	Unattached	1:07:42
171	116	Joe Park	V75 1	Cheshire Tally Ho. H & H	58:24	212	92	Yvonne Fletcher	L4510	Unattached	1:07:56
172	20	Andrew Cotton	V4530	Unattached	58:31	213	19	Sue Mackintosh	L50 8	Unattached	1:07:58
173	97	Mark Whitmore	V5011	Holmes Chapel Harriers	58:32	214	93	Eric Waters	V5514	Unattached	1:08:01
174	46	Rebecca Judson	L 45	Manchester Triathlon Club	58:37	215	216	Michael Abrahams	V4020	Goyt Valley Striders	1:08:19
175	167	Siobhan Warburton	L40 9	Unattached	58:47	216	16	Mark Taylor		Staffs Moorlands	1:08:22
176	140	Helen Wassall	L4010	Unattached	59:16	217	227	Louise Brown	L4014	Macclesfield Harriers & Ac	1:08:45
177	4	Janet Booker	L60 1	Unattached	59:23	218	186	Liz Bailey	L4511	Unattached	1:08:48
178	28	Hary Newton	V75 2	Macclesfield Harriers & Ac	59:39	219	36	Emma Bonner	L3514	Unattached	1:08:50
179	170	Melanie Robinson	L4011	Unattached	59:43	220	15	David Taylor	V5515	Staffs Moorlands	1:09:12
180	82	Anna Powell	L35 9	Unattached	59:44	221	187	Megan Wooding	L50 9	Unattached	1:09:18
181	26	Suzanne Baker	L45 7	Macclesfield Harriers & Ac	1:00:08	222	38	Christine Rousseau	L4512	Unattached	1:09:31
182	131	Elizabeth Goodall	L 52	Unattached	1:00:19	223	45	Grace Rousseau	L 80	Unattached	1:09:31
183	66	Lydia Staddon	L 53	Unattached	1:00:43	224	21	Mandy Stanley	L55 5	Unattached	1:09:34
184	201	Brian Horan	V65 4	Unattached	1:00:56	225	250	Emma Styne	L 82	Unattached	1:10:03
185	50	Anita Hirst	L4012	Unattached	1:01:02	226	173	Debbie Boardman	L4015	Stockport Harriers & Ac	1:10:41
186	191	Mary Roberts	L50 5	Unattached	1:01:02	227	255	Julie Rawcliffe	L5010	Macclesfield Harriers & Ac	1:11:37
187	193	Mark Brennan	V5511	FRA	1:01:03	228	254	Heather Auty	L5011	Macclesfield Harriers & Ac	1:11:38
188	212	Stephani McArdle	L 56	Unattached	1:01:22	229	115	John Noakes	V75 3	Holmes Chapel Harriers	1:11:48
189	154	Colin Bodimeade		Chorley Ac & Tri	1:01:25	230	261	Brian Passingham	V5012	Unattached	1:11:48
190	153	Denis Culloty	V5512	Sandbach Striders	1:02:01	231	10	Judy Aycott	L4513	Unattached	1:11:56
191	40	Kim Eastham	L45 8	Unattached	1:02:02	232	9	Carina Little	L4514	Unattached	1:12:03
192	44	Dawn Devine	L45 9	Macclesfield Harriers & Ac	1:02:07	233	24	Jenny Goodwin	L 88	Unattached	1:12:04
193	266	Jess Seth	L3510	Macclesfield Harriers & Ac	1:02:20	234	249	Amanda Watmough	L3515	Unattached	1:12:09
194	164	Kevin O'Brien	V70 1	Clayton Le Moors Harriers	1:02:34	235	5	Ruth Wangermann	L4515	Unattached	1:12:12
195	205	Wendy Boardman	L50 6	Macclesfield Harriers & Ac	1:02:36	236	18	Helen Hadley	L60 3	Unattached	1:13:07
196	206	Jenny Airey	L 61	Macclesfield Harriers & Ac	1:02:37	237	128	Dan Whittaker		Unattached	1:14:07
197	229	Emma Milroy	L 62	Unattached	1:02:42	238	197	Liz Mason	L 92	Unattached	1:14:09
198	42	Emma Sant	L 63	Unattached	1:03:12	239	32	Cheryl Llewellyn	L 93	Unattached	1:15:38
199	136	Jennifer Webber	L3511	Mow Cop Runners	1:03:12	240	48	Laura Williamson	L 94	Unattached	1:15:40
200	11	Bill Mould	V65 5	Staffs Moorlands	1:04:12	241	41	Claire Sant	L 95	Unattached	1:19:17
201	202	Rachel Spencer	L 65	Unattached	1:04:35	242	6	Suzanne Taylor	L 96	Unattached	1:19:37
202	102	BRuss-Weightman	L50 7	Unattached	1:04:37	243	181	Jane Mullen	L3516	Unattached	1:19:43
203	189	Stewart Broadfield	V65 6	Unattached	1:05:13	244	7	Angela Williams	L4016	Unattached	1:19:47
204	157	Laura Whalley	L 67	Unattached	1:06:03	245	43	Alison Wilkins	L4516	Unattached	1:21:49
205	72	Suzannah Middleton	L4013	Macclesfield Harriers & Ac	1:06:05	246	177	Sue Howard	L 100	Stockport Harriers & Ac	1:21:49
206	70	Eva Haese	L3512	Unattached	1:06:05	247	176	Elaine Devine	L 101	Stockport Harriers & Ac	1:25:18
207	129	Gabrielle Westington	L 70	Unattached	1:06:20	248	169	Su Hampson	L55 6	Unattached	1:25:18