

NORTHERNBOYSLOVEGRAVY

Present the popular

GRAVY 6

(Race License applied for)

SUNDAY 20th JULY 2014, 11AM

From Hadfield Community Hall, Hadfield, Glossop (SK13 1AR)

Northernboyslovegravy are pleased to stage this popular off road, fast, flat, approx. 6 mile race round the Longendale valley, Hadfield. For more information on the race, please visit our website: www.nblg.co.uk

Extensive prize list, including team prizes and vets. (One prize per athlete will be awarded in the case of vets finishing in open positions) Well marshaled route, first aid, drinks and refreshments at the end of the race.

Entry fee: £7 unattached. £2 discount for attached athletes (£5), plus £1 extra on the day. Cheques payable to Andrew Jones. Minimum age 16. Course not suitable for wheelchairs.

Post your entry slip with cheque to: Race Director, 14 Claylands Close, Hollingworth, Hyde, Cheshire, SK14 8PF no later than **15th July**. Numbers to be collected on the day from Hadfield Community Hall, from 9.45am onwards. Or enter online at www.race-results.co.uk

Please print clearly- Entry form for The Gravy 6

Name.....DoB Age.....

Address.....

..... Tel

Club..... UKA reg. No.

E-Mail.....

Please tick category below.

JM		M		V40		V45		V50		V55		V60		V65		V70		V75	
JF		F		F35		F40		F45		F50		F55		F60		F65		F70	

I declare that I am medically fit to run and understand that the organisers of this race will not be held responsible for personal injury, illness or damage incurred before, during or after the race. I am an amateur as defined by UK Athletics

Signed..... Date.....

(to be signed by parent or guardian if entrant is under 18)

Race Number
(Organiser record
number here)