

# Norman Woodcock

Senior Results - 23rd November 2013

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Cameron Boyek (128)	Shildon	24.41	63	Jonathan Steed (80)	Elvet Striders	33.36 O40
2	Mike Burrett (124)	Leeds City	25.38	64	Howard Buckingham (67)	Unattached	33.37 O40
3	Graeme Cook (146)	North Shields Poly	26.28	65	Kelly Dodds (123)	Heaton Harriers	34.03 F O35
4	Sparrow Morley (159)	Tyne Bridge	26.52	66	James Mcfetrich (46)	Morpeth Harriers	34.07
5	Greg Ritchie (140)	Birtley AC	27.00	67	Darren Parks (84)	Unattached	34.10 O40
6	Finn Brodie (58)	Gosforth Harriers	27.07	68	Glenn Mcwilliams (135)	Wooler	34.14 O50
7	Darryl Davison (141)	Tyne Bridge	27.25	69	Alison Cummings (137)	North Shields Poly	34.15 F O50
8	Sam Hancox (73)	Morpeth Harriers	27.27	70	Brian Hurst (132)	Jarrow & Hebburn	34.16 O45
9	Fergus Bates (127)	Morpeth Harriers	27.28 O40	71	Peter Scaife (129)	Morpeth Harriers	34.18 O50
10	David Rich (100)	Sale Harriers	27.46	72	Nina Cameron (87)	Heaton Harriers	34.30 F O40
11	Paul Beresford (144)	Unattached	28.02 O40	73	Neil Hensderson (153)	Unattached	34.32
12	Phil Walker (109)	Morpeth Harriers	28.06 O45	74	Alister Robson (161)	Elvet Striders	34.50 O40
13	James Porteous (54)	Gateshead Harriers	28.08	75	David Mein (88)	Unattached	34.56 O60
14	Bryan Kelly (60)	Low Fell RC	28.09	76	Joseph Capocci (36)	Elswick Harriers	35.44
15	Kenny Macpherson (133)	Tyne Bridge	28.11 O45	77	David Wright (91)	Heaton Harriers	35.47 O60
16	Paul Merrison (4)	Sunderland Harriers	28.18 O50	78	Chris Leahy (75)	Unattached	35.48 O40
17	Chris Waugh (102)	Morpeth Harriers	28.32 O50	79	Matt Collins (106)	Tyne Bridge	36.01
18	Patrick Houghton (145)	North Shields Poly	28.36	80	David Pace (7)	Heaton Harriers	36.15 O50
19	Chloe Price (114)	Durham City	29.03 F	81	Phil Rees (148)	North Shields Poly	36.21 O60
20	Alistair Spanner (105)	Tyne Bridge	29.04 O40	82	Stuart Dickson (119)	Tyne Bridge	36.32 O45
21	Luke Bryant (52)	Claremont R.R.	29.06	83	Robert Emson (143)	Elswick Harriers	36.36 O45
22	Jake Jensen (150)	Blyth RC	29.12	84	Harry Hobson (126)	Unattached	36.41
23	Paul Jones (113)	Elswick Harriers	29.21	85	Howard Gold (89)	Heaton Harriers	36.45 O60
24	Alistair Macdonald (151)	Morpeth Harriers	29.22 O50	86	Chris Atwell (139)	Alnwick Harriers	36.46 O50
25	Steve Darby (156)	Barnsley RC	29.24 O45	87	Michael Nemeth (122)	Tyne Bridge	36.47
26	Jon French (59)	Blyth RC	29.27	88	John Lowes (125)	Unattached	37.08
27	Stephen Barker (32)	Tyne Bridge	29.29	89	Anji Rippon (74)	Tyne Bridge	37.09 F
28	Rob Hancox (66)	Morpeth Harriers	29.36 O45	90	Jonathan Kay (160)	Alnwick Harriers	37.13
29	David Anderson (163)	Tyne Bridge	29.39	91	Rachael Moore (71)	Sunderland Harriers	37.42 F O40
30	Elliott Gowland (147)	Unattached	29.40 O40	92	Kim Bronze (47)	Alnwick Harriers	37.56 O50
31	Graham Armstrong (95)	Wallsend Harriers	29.45 O50	93	Robin Mowbray (1)	Wallsend Harriers	38.23 O60
32	Luke Aston (94)	Blackhill Bounders	30.12	94	Austin Churm (45)	Heaton Harriers	38.24
33	Paul Omara (77)	Unattached	30.22	95	Kerry Gowland (97)	Unattached	38.28 F O35
34	Hannah Oldroyd (157)	Saltaire Striders	30.51 F	96	Sue Bolam (130)	Alnwick Harriers	38.59 F O40
35	Tom Oliphant (162)	Claremont R.R.	31.15	97	Nigel Scott (27)	Unattached	39.09 O60
36	Alan Barlow (79)	Unattached	31.19	98	David Coates (50)	Alnwick Harriers	39.37 O50
37	Kevin Lister (98)	North East Vets	31.20 O40	99	Dominic Wright (92)	Unattached	41.15
38	Mariama Dryak (115)	Unattached	31.22 F	100	Kirsty Anderson (81)	Elvet Striders	41.19 F O35
39	Mike Winter (158)	Morpeth Harriers	31.23 O40	101	Christine Lee (10)	Elswick Harriers	41.26 F O60
40	Mark McNally (99)	Elswick Harriers	31.27 O60	102	Adam Wright (93)	Unattached	41.32
41	John Watson (101)	Low Fell RC	31.36 O50	103	Pamela Gold (90)	Heaton Harriers	41.49 F O60
42	Keith Rooney (134)	Tyne Bridge	31.57 O45	104	Arthur Potter (72)	South Shields	41.50 O60
43	Geoffery Robinson (138)	Jarrow & Hebburn	32.02 O50	105	Emma Fraser (11)	Elswick Harriers	41.58 F
44	Scott Mcentee (61)	Heaton Harriers	32.11	106	Elizabeth Omahoney (21)	Unattached	42.09 F O50
45	Jim Alder (107)	Morpeth Harriers	32.12 O50	107	Jane Shearer (5)	Tyne Bridge	42.27 F O40
46	Steven French (62)	Blyth RC	32.13	108	Rachel Griffiths (42)	Heaton Harriers	42.33 F
47	Mark Reynolds (31)	Tyne Bridge	32.15	109	Stephanie Edgar (116)	PB Fitness	42.35 F
48	Georgia Campbell (149)	Unattached	32.17 F	110	Frederick Anderson (86)	Durham City	43.05 O60
49	Ben Jones (44)	Unattached	32.23	111	Alison Habebt (152)	Tyne Bridge	43.06 F O40
50	Philip Scott (38)	Tyne Bridge	32.29	112	Steven Bell (155)	Unattached	43.06 O45
51	Kym Eden (154)	Tyne Bridge	32.34 F O35	113	Adam Pennington (85)	North Shields Poly	43.38 O40
52	Geoff Hewitson (2)	Crook AC	32.38 O60	114	Anthony Daly (24)	Unattached	44.27
53	Rob Kirtley (121)	Tyne Bridge	32.39 O45	115	Heather Gould (108)	North Shields Poly	44.30 F O50
54	Leanne Herron (3)	Blyth RC	32.41 F	116	Ken McDonald (14)	South Shields	45.14 O60
55	Nick Pearson (39)	Tyne Bridge	32.43	117	Gayle Purves (33)	Unattached	45.38 F O35
56	David Hindmarsh (23)	Alnwick Harriers	32.48 O50	118	Helen Young (6)	Elswick Harriers	45.45 F
57	Shaun Connelly (12)	Elswick Harriers	33.03 O45	119	Jenny Tennant (41)	Unattached	46.11 F
58	Steven Shotton (142)	Tyne Bridge	33.06 O40	120	Alison Bulman (48)	Tyne Bridge	46.46 F
59	Sam Daley (57)	Heaton Harriers	33.12 O60	121	Victoria Scott (26)	Unattached	46.48 F O60
60	Gareth Hope (110)	Blyth RC	33.21	122	Tamsin Scott (28)	Unattached	47.32 F O35
61	Andrew Squires (49)	Alnwick Harriers	33.28 O50	123	Sarah Lee (55)	Unattached	47.43 F
62	Chris Ryan (34)	Unattached	33.34 O45	124	Ali French (76)	Unattached	48.12 F O40

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125	Janette Rowland (37)	Unattached	48.14 F O50			
126	Viv Stapley (136)	North Shields Poly	50.21 F O50			
127	Michelle Donnelly (83)	Unattached	53.32 F O40			
128	George Routledge (17)	Heaton Harriers	55.40 O60			
129	David Tait (15)	Saltwell Harriers	55.59 O60			