

# VAANEE Track & Field Championships

## Monkton Stadium - 20th July 2013

### 80m Hurdles

Position	Number	Name	Club	Cat	Age	Time
1	840	D Butler	Jarrow & Hebburn	M	70	15.5 *
2	234	J Archibold	Heaton	L	50	18.7 *
3	243	L Page	Houghton	L	50	18.9

### 100m

Position	Number	Name	Club	Cat	Age	Time
1	224	L French	Wallsend	L	35	14.1
2	218	S Jackson	Sunderland Harriers	L	40	14.4
3	69	C Reid	Sunderland Harriers	L	40	14.4
4	61	G Tomlinson	Houghton	L	45	15.9

### 100m

Position	Number	Name	Club	Cat	Age	Time
1	205	A Kelly	Giffnock North	L	50	15.2
2	234	J Archibold	Heaton	L	50	15.6
3	139	J Cooper	North Shields Poly	L	50	15.8
4	76	N Garnham	NEVAC	L	65	19.2 *
5	511	J Kilgour	Heaton	L	60	22.3

### 100m

Position	Number	Name	Club	Cat	Age	Time
1	247	D Pepper	Heaton	M	65	14.2
2	193	T Gair	Jarrow & Hebburn	M	60	14.5
3	840	D Butler	Jarrow & Hebburn	M	70	15.2
4	501	I Duffield	Loftus	M	70	16.6

### 100m

Position	Number	Name	Club	Cat	Age	Time
1	420	D Swalwell	Blyth	M	40	12.3
2	89	G Lee	Sunderland Harriers	M	40	12.9
3	191	L Henry	South Shields	M	40	13.0
4	522	P McCluskey	Gateshead	M	45	13.2
5	501	G Kennedy	Durham	M	45	13.5
6	197	P West	South Shields	M	45	15.5

### 100m

Position	Number	Name	Club	Cat	Age	Time
1	225	M Wilson	NEVAC	M	50	12.8
2	14	M Telford	Wallsend	M	50	13.3
3	229	S Todner	Houghton	M	55	13.4
4	487	P Sunderland	Tynedale	M	50	13.9

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	205	A Kelly	Giffnock North (guest)	L	50	32.1
2	234	J Archibold	Heaton	L	50	32.8
3	139	J Cooper	North Shields Poly	L	50	33.0
4	512	K Stewart	North Shields Poly	L	70	39.0 *
5	511	J Kilgour	Heaton	L	60	49.3

### 200m

Position	Number	Name	Club	Cat	Age	Time
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1	224	L French	Wallsend	L	35	29.2
2	218	S Jackson	Sunderland Harriers	L	40	29.2
3	69	C Reid	Sunderland Harriers	L	40	30.0
4	61	G Tomlinson	Houghton	L	45	33.1

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	247	D Pepper	Heaton	M	65	29.5 *
2	193	T Gair	Jarrow & Hebburn	M	60	30.9
3	840	D Butler	Jarrow & Hebburn	M	70	32.7
4	507	I Duffield	Loftus	M	70	34.9
5	228	P Donaghy	North Shields Poly	M	70	39.9

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	225	M Wilson	NEVAC	M	50	26.4
2	14	M Telford	Wallsend	M	50	26.7
3	229	S Todner	Houghton	M	55	27.7
4	487	P Sunderland	Tynedale	M	50	28.3

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	420	D Swalwell	Blyth	M	40	25.6
2	191	L Henry	South Shields	M	40	26.4
3	89	G Lee	Sunderland Harriers	M	40	26.4
4	522	P McCluskey	Gateshead	M	45	27.0

### 400m

Position	Number	Name	Club	Cat	Age	Time
1	7	L Davison	North Shields Poly	L	40	66.0
2	112	S Gutcher	South Shields	L	35	69.4
3	61	G Tomlinson	Houghton	L	45	74.3
4	471	S White	Tynedale	L	50	75.7
5	512	K Stewart	North Shields Poly	L	70	89.6
6	511	J Kilgour	Heaton	L	60	01:51.9

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	229	S Todner	Houghton	M	55	61.1
2	510	R Mills	Northern Vets (guest)	M	75	78.4 *
3	42	R Harvey	Aycliffe	M	70	82.0
4	228	P Donaghy	North Shields Poly	M	70	86.8
5	230	R Checkley	Heaton	M	75	88.3 *
6	204	G Routledge	Heaton	M	65	01:50.8

### 200m

Position	Number	Name	Club	Cat	Age	Time
1	216	R Baker	North Shields Poly	M	35	57.8 *
2	522	P McCluskey	Gateshead	M	45	59.3
3	191	L Henry	South Shields	M	40	59.6
4	237	D Stainthorpe	NEVAC	M	40	59.9
5	9	D Hughes	North Shields Poly	M	50	62.0
6	484	C Proudlock	Gateshead	M	35	65.8

### 800m

Position	Number	Name	Club	Cat	Age	Time
1	7	L Davison	North Shields Poly	L	40	2:33.3
2	114	K Loughney	North Shields Poly	L	45	2:35.2
3	64	E Leslie	Jarrow & Hebburn	L	45	2:38.9

4	134	C Maley	North Shields Poly	L	35	2:44.4
5	214	L Marr	Tynedale	L	50	3:15.2

### 800m

Position	Number	Name	Club	Cat	Age	Time
1	42	R Harvey	Aycliffe	M	70	3:08.6
2	233	B Brown	Durham	M	65	3:12.3
3	510	R Mills	Northern Vets (guest)	M	75	3:13.4
4	37	S Eccleston	Houghton	M	65	3:21.0
5	228	P Donaghy	North Shields Poly	M	70	3:28.3
6	230	R Checkley	Heaton	M	75	3:31.7
7	200	A Potter	South Shields	M	65	3:41.3
8	204	G Routledge	Heaton	M	65	4:21.0

### 800m

Position	Number	Name	Club	Cat	Age	Time
1	245	G Harden	Sunderland Harriers	M	50	2:21.7
2	99	B Bailes	Birtley	M	50	2:23.4
3	9	D Hughes	North Shields Poly	M	50	2:25.5
4	115	K Daghish	Houghton	M	50	2:32.4
5	34	G Pemberton	NEVAC	M	60	2:38.9
6	219	A Jenkins	Morpeth	M	60	3:04.9

### 800m

Position	Number	Name	Club	Cat	Age	Time
1	490	S Maley	North Shields Poly	M	40	2:16.4
2	216	R Baker	North Shields Poly	M	35	2:17.3
3	521	A McCall	Durham	M	45	2:22.9
4	484	C Proudlock	Gateshead	M	35	2:29.3

### 1500m

Position	Number	Name	Club	Cat	Age	Time
1	64	E Leslie	Jarrow & Hebburn	L	45	5:09.1 *
2	112	S Gutcher	South Shields	L	35	5:20.2
3	10	S Phillips	Darlington	L	50	5:26.0 *
4	499	K Gunn	North Shields Poly	L	50	5:29.8
5	222	K Matthews	Elswick	L	50	5:56.4
6	220	J Friend	Heaton	L	50	6:09.8
7	236	L Walker	Tynebridge Harriers	L	40	6:18.4
8	214	L Marr	Tynedale	L	50	6:20.8
9	41	K Reed	Tynebridge Harriers	L	35	6:30.2
10	246	T Emmett	South Shields	L	45	6:53.4

### 1500m

Position	Number	Name	Club	Cat	Age	Time
1	506	H Matthews	Elswick	M	65	5:49.4
2	233	B Brown	Durham	M	65	6:15.8
3	509	I Barnes	Darlington	M	75	6:18.2
4	37	S Eccleston	Houghton	M	65	6:21.6
5	510	R Mills	Northern Vets (guest)	M	75	6:33.2
6	42	R Harvey	Aycliffe	M	70	6:44.6
7	200	A Potter	South Shields	M	65	7:02.2
8	230	R Checkley	Heaton	M	75	7:38.1

### 1500m

Position	Number	Name	Club	Cat	Age	Time
1	503	T Brannon	North Shields Poly	M	45	4:40.4
2	245	G harden	Sunderland Harriers	M	50	4:54.8
3	521	A McCall	Durham	M	45	4:55.5

4	434	C Proudlock	Gateshead	M	35	4:56.5
5	502	P Leigh	Wallsend	M	45	4:59.5
6	115	K Daghish	Houghton	M	50	5:10.3
7	34	G Pemberton	NEVAC	M	60	5:13.8
8	6	P Richardson	Sunderland Harriers	M	60	5:36.7
9	201	M Baker	Tynebridge Harriers	M	50	5:54.9
10	219	A Jenkins	Morpeth	M	60	6:20.9

### 3000m

Position	Number	Name	Club	Cat	Age	Time	
1	495	C Simpson	Jarrow & Hebburn	L	35	10:46.8	*
2	64	E Leslie	Jarrow & Hebburn	L	45	11:19.4	*
3	5	A Cummings	North Shields Poly	L	55	12:09.6	*
4	506	H Matthews	Elswick	M	65	12:23.4	
5	476	A West	South Shields	L	45	12:39.9	
6	36	H Morris	Blyth	L	50	13:09.0	*
7	220	J Friend	Heaton	L	50	13:23.3	
8	41	K Reed	Tynebridge Harriers	L	35	13:29.8	
9	233	B Brown	Durham	M	65	13:31.3	
10	236	L Walker	Tynebridge Harriers	L	40	13:33.4	
11	509	I Barnes	Darlington	M	75	13:38.7	*
12	200	A Potter	South Shields	M	65	14:46.7	

### 5000m

Position	Number	Name	Club	Cat	Age	Time	
1	500	K Harker	Richmond	M	40	17:28.8	
2	504	P Roper	South Shields	M	55	17:54.3	
3	473	A Hodson	Tynebridge Harriers	M	40	18:13.2	
4	839	M Jones	South Shields	M	50	18:41.2	
5	34	G Pemberton	NEVAC	M	60	19:00.5	
6	841	K Ayre	South Shields	M	50	19:49.5	
7	6	P Richardson	Sunderland Harriers	M	60	19:55.3	
8	105	G Leslie	Claremont	M	60	20:38.2	
9	201	M Baker	Tynebridge Harriers	M	50	21:50.3	

### Open mile

Position	Number	Name	Club	Cat	Age	Time	
1	525	S (J) Morley	Tynebridge Harriers	M		4:35.9	
2	526	B Young	North Shields Poly	M		5:46.5	
3	523	S Woods	North Shields Poly	L		5:51.5	
4	220	J Friend	Heaton	L		6:53.4	
5	117	B Wood	South Shields	L		7:30.4	
6	524	B Murray	Birtley	M		8:14.2	

### Discus

	Number	Name	Club	Cat	Age	Distance	
	117	B Wood	South Shields	L	35	13.88	
	842	C Cameron	City of Glasgow (guest)	L	50	31.08	*
	511	J Kilgour	Heaton	L	60	10.69	
	188	A Rutland	Middlesbrough Mandale	M	35	37.08	*
	199	P Corrigan	Wallsend	M	45	30.20	
	522	P McCluskey	Gateshead	M	45	21.31	
	501	C Kennedy	Durham	M	45	19.37	
	197	P West	South Shields	M	45	14.32	
	844	P Young	Middlesbrough & Cleveland	M	50	32.78	
	420	D Maggs	Gateshead	M	55	33.34	*
	845	J Birkett	ADAC (guest)	M	55	22.00	
	202	J Wild	MMTG	M	60	41.21	
	213	T Straker	North Shields Poly	M	60	32.18	
	190	T Rutland	NEVAC	M	60	30.71	

514	T Hudson	Jarrow & Hebburn	M	65	31.70
204	G Routledge	Heaton	M	65	17.67
206	J Sloan	ADAC (guest)	M	70	32.64

### Shot

Number	Name	Club	Cat	Age	Distance
117	B Wood	South Shields	L	35	6.46 *
69	C Reid	Sunderland Harriers	L	40	6.83
476	A West	South Shields	L	45	6.05
246	T Emmett	South Shields	L	45	5.10
842	C Cameron	City of Glasgow (guest)	L	50	9.75 *
220	J Friend	Heaton	L	50	5.60
511	J Kilgour	Heaton	L	60	5.09
188	A Rutland	Middlesbrough Mandale	M	35	11.06 *
57	P Gallagher	North Shields Poly	M	35	8.29
199	P Corrigan	Wallsend	M	45	11.17 *
195	J Renney	North Shields Poly	M	45	9.64
501	C Kennedy	Durham	M	45	9.20
197	P West	South Shields	M	45	6.67
522	P McCluskey	Gateshead	M	45	6.40
844	P Young	Middlesbrough & Cleveland	M	50	8.81
845	J Birkett	ADAC (guest)	M	55	8.47
420	D Maggs	Gateshead	M	55	8.28
213	T Straker	North Shields Poly	M	60	10.76
202	J Wild	MMTG	M	60	9.90
190	T Rutland	NEVAC	M	60	8.52
514	T Hudson	Jarrow & Hebburn	M	65	9.50
204	G Routledge	Heaton	M	65	6.57
233	B Brown	Durham	M	65	5.51
206	J Sloan	ADAC (guest)	M	70	10.95 *

### Hammer

Number	Name	Club	Cat	Age	Distance
117	B Wood	South Shields	L	35	15.66
842	C Cameron	City of Glasgow (guest)	L	50	28.88 *
220	J Friend	Heaton	L	50	15.84
57	P Gallagher	North Shields Poly	M	35	31.80 *
199	P Corrigan	Wallsend	M	45	20.42
195	J Renney	North Shields Poly	M	45	26.42
197	P West	South Shields	M	45	13.62
522	P McCluskey	Gateshead	M	45	19.12
844	P Young	Middlesbrough & Cleveland	M	50	28.29 *
420	D Maggs	Gateshead	M	55	40.45
213	T Straker	North Shields Poly	M	60	23.99
202	J Wild	MMTG	M	60	37.65 *
514	T Hudson	Jarrow & Hebburn	M	65	29.86
204	G Routledge	Heaton	M	65	16.44
847	W Gentleman	Edinburgh	M	70	43.39 *

### Javelin

Number	Name	Club	Cat	Age	Distance
117	B Wood	South Shields	L	35	14.90 *
476	A West	South Shields	L	45	11.30
243	L Page	Houghton	L	50	15.80
511	J Kilgour	Heaton	L	60	9.46
420	D Swalwell	Blyth	M	40	34.92 *
195	J Renney	North Shields Poly	M	45	36.83 *
522	P McCluskey	Gateshead	M	45	28.20
197	P West	South Shields	M	45	23.58
844	P Young	Middlesbrough & Cleveland	M	50	30.20
420	D Maggs	Gateshead	M	55	30.48
202	J Wild	MMTG	M	60	33.30

213	T Straker	North Shields Poly	M	60	24.94
514	T Hudson	Jarrow & Hebburn	M	65	29.00
204	G Routledge	Heaton	M	65	16.39
206	J Sloan	ADAC (guest)	M	70	29.86

**Weight**

Number	Name	Club	Cat	Age	Distance
842	C Cameron	City of Glasgow (guest)	L	50	10.69
844	P Young	Middlesbrough & Cleveland	M	50	8.32
420	D Maggs	Gateshead	M	55	13.57
202	J Wild	MMTG	M	60	13.97
213	T Straker	North Shields Poly	M	60	10.78
514	T Hudson	Jarrow & Hebburn	M	65	11.40
204	G Routledge	Heaton	M	65	6.01
847	W Gentleman	Edinburgh	M	70	16.51

**High Jump**

Number	Name	Club	Cat	Age	Height
234	J Archibold	Heaton	L	50	1.15 *
243	L Page	Houghton	L	50	1.10
482	S Gill	NEVAC	M	55	1.48
213	T Straker	North Shields Poly	M	60	1.30 *
206	J Sloan	ADAC (guest)	M	70	1.15 *

**Triple Jump**

Number	Name	Club	Cat	Age	Distance
471	S White	Tynedale	L	50	8.03
237	D Stainthrope	NEVAC	M	40	9.34
195	J Renney	North Shields Poly	M	45	9.42
841	K Ayre	Tynedale	M	50	7.32
247	D Pepper	Heaton	M	65	9.25 *

**Long Jump**

Number	Name	Club	Cat	Age	Distance
471	S White	Tynedale	L	50	3.34
234	J Archibold	Heaton	L	50	3.85 *
112	S Gutcher	South Shields	L	35	3.58
237	D Stainthrope	NEVAC	M	40	4.62
501	C Kennedy	Durham	M	45	4.62
195	J Renney	North Shields Poly	M	45	4.26
197	P West	South Shields	M	45	3.53
522	P McCluskey	Gateshead	M	45	4.32
247	D Pepper	Heaton	M	65	4.08