

Tynedale 10K 2013

Wednesday 3 July 2013. 7:30 pm

Provisional Results for All Competitors in finish order.

1	0:30:23	HUDSPITH, Ian	Morpeth H	V40
2	0:30:35	HOOD, Mark	Sunderland Harriers	
3	0:31:51	NICHOLSON, Matthew	Morpeth H	
4	0:31:56	BURN, Andy	Jarrow & Hebburn AC	
5	0:31:59	FENWICK, Marc	Tyne Bridge H	
6	0:32:12	DOUGLAS, Ben	Durham City H	
7	0:32:24	MCLEOD, Mark	Morpeth H	
8	0:32:48	CAIRNS, Steve	Tyne Bridge H	V45
9	0:33:30	KIRKLAND, David	Alnwick Harriers	V40
10	0:33:40	DIXON, Alyson	Sunderland Strollers	F
11	0:34:07	BARKER, Michael	Sunderland Harriers	
12	0:34:12	BENNETT, Lee	Elswick H	V40
13	0:34:12	MCMILLAN, Brendan	Jarrow & Hebburn AC	
14	0:34:17	SANDERSON, Philip	Elswick H	V45
15	0:34:38	ELLIS, Scott	North Shields Poly	
16	0:34:59	KERNOGHAN, Lee	Wallsend H	
17	0:35:06	BROWN, Shaun	Tyne Bridge H	
18	0:35:09	THOMSEN, Michael	Morpeth H	
19	0:35:11	JEFFRESS, Kevin	Tyne Bridge H	
20	0:35:30	STEPHENS, Jonathon	Low Fell RC	
21	0:35:32	DIXON, Ian	Sunderland Harriers	
22	0:35:36	HARRAP, Aiken		
23	0:35:37	DAVISON, Darryl	Tyne Bridge H	
24	0:35:42	COATES, Harry	Wallsend H	
25	0:35:46	HANCOX, Sam	Morpeth H	
26	0:35:47	ROBSON, Steven		V40
27	0:35:52	MORLEY, Sparrow	Tyne Bridge H	
28	0:35:55	BECKETT, Samuel	Crook AC	
29	0:35:57	BELL, Jordan	Blackhill Bounders	
30	0:36:02	WALKER, Phil	Morpeth H	V45
31	0:36:10	CAMILLERI, Nigel	Gateshead H	
32	0:36:19	LENG, Daniel	Alnwick Harriers	
33	0:36:21	MACPHERSON, Kenny	Tyne Bridge H	V45
34	0:36:24	BOYLE, Matthew	Morpeth H	
35	0:36:27	MOIR, Dave	Tyne Bridge H	V40
36	0:36:29	HADDON, Alan	North Shields Poly	
37	0:36:40	ALLSOP, Tim	Sunderland Strollers	V40
38	0:36:43	BLOOMFIELD, Ian		V60
39	0:36:45	BABER, Chris	Tynedale H	
40	0:36:46	JACKSON, Brendon	Allen Valley Striders	V45
41	0:36:47	MACLEOD, Jamie	Heaton Harriers	
42	0:36:49	WEATHERILL, Daniel	Wallsend H	
43	0:36:50	ROBERTSHAW, Keith	Birtley	V45
44	0:36:56	FORSTER, Matthew	Morpeth H	
45	0:36:57	PRITCHARD, Gareth	Elvet Striders	
46	0:37:04	HILTON, Paul	Tyne Bridge H	V45
47	0:37:06	RANKIN, Steve	Sunderland Strollers	
48	0:37:10	SPANNER, Alastair		V40
49	0:37:14	ROWLEY, Ben	Northumberland Fell Runners	
50	0:37:15	TURNBULL, Mark	Elswick H	V45
51	0:37:17	EMMETT, Kevin	Jarrow & Hebburn AC	V45
52	0:37:21	KINGSTON, Matthew	Claremont RR	V40
53	0:37:26	STURMAN, John	Wallsend H	
54	0:37:29	HANCOX, Rob	Morpeth H	V45

55	0:37:31	BARKER, Stephen	Tyne Bridge H	
56	0:37:33	ANDERSON, David	Tyne Bridge H	
57	0:37:41	HARTLEY, Andrew	Elswick H	V50
58	0:37:44	MORROW, David	South Shields	
59	0:37:49	SILLITOE, Roger	Low Fell RC	
60	0:37:50	FRENCH, Jon	Blyth RC	
61	0:37:56	DONNEKY, John	Derwentside AC	
62	0:37:59	PENDERGAST, Mark	North Shields Poly	
63	0:38:01	MEEK, Chris	Tyne Bridge H	V40
64	0:38:04	HUNT, Anthony	Durham City H	V40
65	0:38:06	JAMES, Paul	Wallsend H	
66	0:38:08	ROBINSON, Ian	Heaton Harriers	
67	0:38:09	GRAHAM, Chris	Tyne Bridge H	
68	0:38:10	JAMESON, Philip	Tynedale H	
69	0:38:11	HARRISON, Andy	Tyne Bridge H	V40
70	0:38:12	ASHLEY, Greg	Rugby Tri	V45
71	0:38:12	COUPLAND, Ronnie	Wallsend H	
72	0:38:14	APPLEBY, David	Tyne Bridge H	V45
73	0:38:23	JONES, Paul	Elswick H	
74	0:38:24	PENN, Greg	North Shields Poly	V50
75	0:38:26	WATSON, Carl	Low Fell RC	V45
76	0:38:31	MAXWELL, Alistair	Tynedale H	
77	0:38:35	MCGILLIVRAY, Magnus	Heaton Harriers	
78	0:38:36	ROBINSON, Greg	North Shields Poly	V40
79	0:38:44	LESLIE, Elaine	Jarrow & Hebburn AC	F45
80	0:38:45	BROWN, Paul	Wallsend H	V45
81	0:38:48	BALMER, Jon	South Shields	
82	0:38:49	SANDERSON, Michael	Allen Valley Striders	
83	0:38:52	DOWNS, Craig	Crook AC	
84	0:38:54	WALKER, Harry		V40
85	0:39:10	MCGURK, Angela	Jarrow & Hebburn AC	F
86	0:39:19	SYERS, Graham	Alnwick Harriers	V40
87	0:39:20	BOLTON, Jonny	Elswick H	V40
88	0:39:23	SMITH, Dave	Blyth RC	V40
89	0:39:24	LISTER, Kevin	North East Vets	V40
90	0:39:25	CROWE, Martin	Elswick H	V50
91	0:39:27	WILLIAMS, Phillipa	Elswick H	F
92	0:39:29	FRIBERG, William	Blaydon Harriers	
93	0:39:30	HODGSON, Peter	Blaydon Harriers	
94	0:39:32	FORBES, Gareth	Allen Valley Striders	
95	0:39:34	SALMON, David	Low Fell RC	
96	0:39:35	GARDNER, Simon	Elvet Striders	V40
97	0:39:38	PRYDE, Simon	Tyne Bridge H	V40
98	0:39:40	WINTER, Mike	Morpeth H	V40
99	0:39:42	PERRY, Dan		
100	0:39:50	EILLES, Ronnie	Birtley	
101	0:39:52	MULLARKEY, Peter	Saltwell Harriers	V50
102	0:39:53	WAITE, Chris	North Shields Poly	V40
103	0:39:53	ARMSTRONG, Graham	Wallsend H	V50
104	0:39:54	CARTER, Rob	Tynedale H	V40
105	0:39:56	JACKSON, Steven	Derwentside AC	
106	0:40:01	SNOWBALL, Mark	Morpeth H	
107	0:40:02	MCMANUS, Claire	North Shields Poly	F35
108	0:40:03	LOCKWOOD, Alex	Tyne Bridge H	
109	0:40:06	NOLAN, David	Low Fell RC	
110	0:40:07	HALL, Joseph		
111	0:40:08	MCNALLY, Mark	Elswick H	V65

112	0:40:09	WALL, Jason	Heaton Harriers	
113	0:40:11	PHILLIPS, Les	Durham City H	V50
114	0:40:14	PEMBERTON, Gary	North East Vets	V60
115	0:40:24	HOOD, Kevin	Wallsend H	
116	0:40:27	HALL, Craig	North Shields Poly	V40
117	0:40:28	TORBETT, James	Wallsend H	
118	0:40:31	MOSS, Jon	Tyne Bridge H	
119	0:40:32	WELSH, Ian		
120	0:40:33	TURNBULL, Alan	North Shields Poly	V45
121	0:40:34	PREUSSNER, Roland		V45
122	0:40:35	HODGSON, Colin	Blackhill Bounders	V45
123	0:40:37	SKELDON, Mick	Wallsend H	V40
124	0:40:39	CROSSLEY, Will	Wallsend H	
125	0:40:41	PARKIN, Jon	Ponteland Runners	
126	0:40:43	HARRISON, Harry	Sunderland Strollers	V45
127	0:40:46	ATWELL, Stephen	North Shields Poly	V40
128	0:40:48	TAYLOR, John	PB Fitness RC	
129	0:40:49	STOBBS, Kris	Wallsend H	
130	0:40:52	BLUCK, Martin	Tynedale H	V50
131	0:41:00	QUINN, David	North Shields Poly	
132	0:41:02	MARR, Sophie	Tyne Bridge H	F
133	0:41:03	HURST, John	Tyne Bridge H	
134	0:41:14	FORSTER, Jason		V40
135	0:41:15	PICKETT, Ian		
136	0:41:19	LILLICO, Jim	Alnwick Harriers	V55
137	0:41:24	BROWN, Joanne	Morpeth H	F40
138	0:41:32	BURDEN, Andy	Heaton Harriers	
139	0:41:40	LEYS, Andrew	Heaton Harriers	V45
140	0:41:48	KNOX, Izzy	Tyne Bridge H	F
141	0:41:53	BIRCHALL, Daniel	Tyne Bridge H	V45
142	0:41:56	BECKETT, Joanna	Crook AC	F
143	0:41:59	RAY, Amanda		F
144	0:42:01	LOWDON, Ian	Heaton Harriers	
145	0:42:03	ROOK, Alistair	PB Fitness RC	
146	0:42:05	ROBERTSON, Paul	North Shields Poly	V40
147	0:42:06	WALLACE, Alasdair	Jesmond Joggers	V40
148	0:42:06	LOWTHER, Eva	Ponteland Runners	F
149	0:42:07	SCOTT, John	North Shields Poly	V40
150	0:42:08	ARMSTRONG, Steve	Wallsend H	
151	0:42:13	MALLOY, Adam		
152	0:42:16	EDEN, Kym	Tyne Bridge H	F35
153	0:42:18	HARRISON, Neil	Allen Valley Striders	V50
154	0:42:23	STEWART, Mark	Tyne & Wear Fire & Rescue	
155	0:42:24	BEYNON, Anthony	Elswick H	
156	0:42:25	BROWN, John	North Shields Poly	V60
157	0:42:28	WAKENSHAW, Trevor	North Shields Poly	V45
158	0:42:30	LAWS, John	North Shields Poly	V55
159	0:42:30	RINTOUL, Guy	Tyne Bridge H	
160	0:42:32	JAMES, Phil	Saltwell Harriers	V50
161	0:42:33	WALKER, Jonathan	Stocksfield Striders	
162	0:42:36	WINTER, Stephen	Sunderland Harriers	V60
163	0:42:38	JAMES, John	Heaton Harriers	V55
164	0:42:39	ROONEY, Keith	Tyne Bridge H	V45
165	0:42:41	WHINNEY, Richard		V50
166	0:42:42	HOPE, Gareth	Blyth RC	
167	0:42:44	ORAM, Rebecca		F
168	0:42:45	HARRISON, Peter	Durham City H	

169	0:42:46 KING, Graham	Tyne Bridge H	V55
170	0:42:49 JORDAN, Philip		V45
171	0:42:49 THOMPSON, Michelle	North Shields Poly	F
172	0:42:50 DALE, Dave	Heaton Harriers	V40
173	0:42:53 JACKSON-BELL, Lesley	PB Fitness RC	F50
174	0:42:55 SLATER, Stephen		V45
175	0:42:56 GOUGH, Paul		
176	0:43:00 HENDERSON, Lisa	North Shields Poly	F
177	0:43:02 CROWE, Samantha	Elswick H	F
178	0:43:04 CONVERY, Martin		
179	0:43:07 MARKS, Steven	North Shields Poly	V40
180	0:43:09 CLARKE, Cate	PB Fitness RC	F
181	0:43:14 RUSSELL, George	Low Fell RC	V45
182	0:43:15 RICHARDSON, Jim	North Shields Poly	
183	0:43:15 CROOKS, Amanda	PB Fitness RC	F35
184	0:43:21 SILL, Richard	Morpeth H	V55
185	0:43:24 ARMSTRONG, Neil	Wallsend H	
186	0:43:25 WOODS, Andy		
187	0:43:26 HANSON, Tom	Elswick H	V55
188	0:43:27 WILSON, Darren		
189	0:43:28 PARKIN, Megan	Tyne Bridge H	F
190	0:43:29 MATHESON, Lucy	Tyne Bridge H	F40
191	0:43:38 DAVIDSON, Ricky	North Shields Poly	
192	0:43:41 WILSON, Valerie	Elswick H	F45
193	0:43:42 PATERSON, Garry	Low Fell RC	V40
194	0:43:44 SUMSION, Chris		V45
195	0:43:45 SHOTTON, Steven	Tyne Bridge H	V40
196	0:43:48 WELLS, Bob	Morpeth H	V65
197	0:43:56 DABB, Tony		V40
198	0:43:57 SAVAGE, David	Sunderland Harriers	V40
199	0:43:58 DUNLOP, Gary	South Shields	
200	0:44:01 MORRIS, Grace	Sunderland Strollers	F
201	0:44:02 ROBSON, Alister	Elvet Striders	V40
202	0:44:03 SARGEANT, Kate	Claremont RR	F
203	0:44:05 ROBSON, David	Stocksfield Striders	
204	0:44:07 PEARSON, Nick	Tyne Bridge H	
205	0:44:08 MATTHEWS, Harry	Elswick H	V65
206	0:44:10 COXON, David	Durham City H	V40
207	0:44:11 FERNANDEZ, Jorge		
208	0:44:18 STACEY, Michael	Low Fell RC	V50
209	0:44:19 RUSBY, Helene	Crook AC	F35
210	0:44:22 HEWITSON, Robert	Durham City H	V55
211	0:44:23 BOYD, Christopher	Blackhill Bounders	V50
212	0:44:23 WAIRIA, Mungai	Claremont RR	V55
213	0:44:28 ADAMS, Eric	Morpeth H	
214	0:44:30 FERGUSON, Jamie	Saltwell Harriers	
215	0:44:34 SMITH, Fred	Low Fell RC	V45
216	0:44:37 CUTTER, Vanessa	Gateshead H	F
217	0:44:40 SLATER, Sally	Wallsend H	F
218	0:44:42 BUFFHAM, David	Ponteland Runners	V50
219	0:44:45 INSKIP, Paul	Heaton Harriers	V45
220	0:44:49 RICHARDSON, Paul	North Shields Poly	
221	0:44:52 BOSSON, John	Derwentside AC	V50
222	0:45:01 HINDMARSH, Philip	Stocksfield Striders	V45
223	0:45:04 CLARK, Norman	Morpeth H	V60
224	0:45:05 WILSON, Robert	Elswick H	V50
225	0:45:05 HALL, Graham	North Shields Poly	V40

226	0:45:11 DILKS, Colin	Tyne Bridge H	V45
227	0:45:14 GOLD, Howard	Heaton Harriers	V65
228	0:45:15 FULTHORPE, Michael		
229	0:45:18 SINCLAIR, Penny	Wallsend H	F35
230	0:45:19 LITTLEMORE, Michelle	Low Fell RC	F40
231	0:45:21 ONO, Koyo		
232	0:45:22 ALLERDYCE, Steve	Tyne Bridge H	V55
233	0:45:24 COULSON, Lee	Elswick H	
234	0:45:25 LEWIS, Gary	Wallsend H	
235	0:45:25 ROWE, David	Tyne Bridge H	V40
236	0:45:26 WALKER, Lee	Wallsend H	
237	0:45:29 WALKER, Catherine	Stocksfield Striders	F
238	0:45:35 GILLON, Charlie	Alnwick Harriers	V50
239	0:45:36 MCGEARY, Simon		V40
240	0:45:37 BLAIN, Alasdair		
241	0:45:41 DODDS, Paul	North Shields Poly	
242	0:45:44 PARKER, Mike	Tyne Bridge H	
243	0:45:44 ROE, Darryl	Wallsend H	
244	0:45:45 DICKSON, Stuart	Tyne Bridge H	V40
245	0:45:48 YOUNG, Philip	Saltwell Harriers	V40
246	0:45:50 FLYNN, Jimmy	Wallsend H	V65
247	0:45:51 WILSON, Nick		V50
248	0:45:54 MCFETRICH, James	Morpeth H	
249	0:45:56 MCNELIS, Una	Jesmond Joggers	F
250	0:45:59 RAINE, Billy	Aurora	V55
251	0:46:00 LAPPING, Jennifer	Tynedale H	F35
252	0:46:01 ROBINSON, Alex	North Shields Poly	
253	0:46:03 WIGMORE, Andy	Wallsend H	
254	0:46:05 WALKER, Matthew	Tyne Bridge H	
255	0:46:11 MCIVER, Michael		
256	0:46:13 USHER, Brian	Aurora	V60
257	0:46:14 CULLWICK, Michael	Blackhill Bounders	V40
258	0:46:15 SCOTT, Philip	Tyne Bridge H	
259	0:46:17 THACKRAY, Ben		
260	0:46:18 BENNETT, Jose		F55
261	0:46:19 CAPSTICK, Neil	North East Vets	V45
262	0:46:20 HALL, John		V40
263	0:46:22 RICHARDSON, Ian	North Shields Poly	V60
264	0:46:24 EILLES, Paul	Derwentside AC	V45
265	0:46:26 MCCRORY, John	Blackhill Bounders	V45
266	0:46:26 TOMASSINI, Sara	Newcastle Uni	F
267	0:46:28 MCFETRICH, Andrew		
268	0:46:31 WHINCUP, Paul	Wallsend H	
269	0:46:34 CLYBURN, Glen		V40
270	0:46:39 ALPIN, Emma	Allen Valley Striders	F40
271	0:46:39 FRASER, Graham	Allen Valley Striders	V60
272	0:46:40 AILANO, David		V45
273	0:46:41 KYTE, Steve	Elswick H	V40
274	0:46:42 BUDD, Anthony	Alnwick Harriers	V45
275	0:46:44 HART, Adam		
276	0:46:45 BELL, Kirsty	Gateshead H	F
277	0:46:46 RANK, Shuna	Morpeth H	F45
278	0:46:49 MASSON, Neil	North Shields Poly	V40
279	0:46:52 MCPHERSON, Melissa	Jesmond Joggers	F
280	0:46:54 FORD, Brian	Elvet Striders	V45
281	0:46:58 DOIDGE, Bill	Low Fell RC	V60
282	0:47:01 COLPITTS, David		

283	0:47:02	PHILLIPSON, Colin	PB Fitness RC	V40
284	0:47:06	ANDO, Takuya		
285	0:47:07	O'NEILL, Luke		
286	0:47:11	HOUSE, Geoff	North Shields Poly	V40
287	0:47:13	MCCLEAN, Andy	Wallsend H	V45
288	0:47:18	CUNNINGHAM, Steve	Wallsend H	F
289	0:47:19	BRADFORD, Terry	Wallsend H	V50
290	0:47:22	JACKSON, Dinah		F40
291	0:47:23	DERBYSHIRE, Tony	Newcastle Hash House Harriers	V40
292	0:47:23	BELL, Megan	Elvet Striders	F35
293	0:47:24	GRAHAM, Deane	Stocksfield Striders	V50
294	0:47:25	HARRISON, Graham	Saltwell Harriers	V50
295	0:47:27	RAINE, Adrian		
296	0:47:30	CLARKE, Andrea	PB Fitness RC	F45
297	0:47:32	JOHNSON, Paul		V50
298	0:47:32	DAVISON, Ryan		
299	0:47:41	STODDART, Adam		
300	0:47:43	DOUTHWAITE, Steve	Tyne Bridge H	
301	0:47:43	RUSSELL, Andrew	Stocksfield Striders	V45
302	0:47:48	TURNBULL, Emma	Elswick H	F40
303	0:47:48	WOOD, Nigel		V45
304	0:47:49	PYLE, Kenneth	Aurora	V65
305	0:47:50	WATSON, Dan		
306	0:47:51	SMILEY, Darren	Saltwell Harriers	
307	0:47:52	EMSON, Robert	Elswick H	V45
308	0:47:54	LISLE, Mary	Elswick H	F35
309	0:47:55	MURRAY, Alistair		V55
310	0:47:56	BRITTEN, Alan		V40
311	0:47:58	YOUNG, Stephanie	Low Fell RC	F45
312	0:47:59	CHEETHAM, Kevin	Tyne Bridge H	V45
313	0:48:00	ROBSON, Tony	PB Fitness RC	F45
314	0:48:01	MCALEER, Barry	North Shields Poly	V40
315	0:48:02	BROWN, Carl	Blaydon Harriers	V50
316	0:48:04	STOKLE, Michael		V50
317	0:48:06	RUSSELL, Andrew	Northumberland Fell Runners	V45
318	0:48:08	NAJAKI, Bob	Low Fell RC	V55
319	0:48:10	COOK, Aimee	Tyne Bridge H	F
320	0:48:12	RUSSELL, Katherine		F40
321	0:48:14	RICHARDSON, Brian	Blackhill Bounders	V50
322	0:48:16	CHRISTER, Mark		V40
323	0:48:18	MCARDLE, Caroline		F35
324	0:48:20	REED, Kerry	Tyne Bridge H	F35
325	0:48:21	MOSEDALE, Roger	North Shields Poly	V45
326	0:48:23	KELLEHER, Seamus		
327	0:48:25	DAVIDSON, Stacey	Wallsend H	F
328	0:48:28	DUNSEITH, Mark	Elvet Striders	
329	0:48:31	DOTCHIN, Mark		
330	0:48:33	KISZOW, Stephen	Sunderland Strollers	
331	0:48:36	BALMER, Bob	South Shields	V65
332	0:48:37	BYWORTH, Ian	Low Fell RC	
333	0:48:38	SCHIERIG, Sven	North Shields Poly	V40
334	0:48:42	FRANCE, Joe		
335	0:48:43	ROCHESTER, Caroline	Derwentside AC	F
336	0:48:45	SORLIE, Kevin	Derwentside AC	
337	0:48:46	WIPER, John		V60
338	0:48:47	ANDREASSEN, Simon		V45
339	0:48:48	LEAT, David	Stocksfield Striders	V60

340	0:48:50 SPOORS, Elissa	Stocksfield Striders	F35
341	0:48:52 SPENCE, David	Elvet Striders	V65
342	0:48:55 MCBRIEN, Angela	Abbey Runners	F
343	0:48:57 MARSHALL, Angela	Stocksfield Striders	F45
344	0:48:59 WALTON, Alexander		
345	0:49:01 DAWSON, Mark		
346	0:49:03 COATES, David	Alnwick Harriers	V50
347	0:49:07 INGMAN, Barbara	North Shields Poly	F60
348	0:49:11 ALLEN, Stephen	Sunderland Strollers	
349	0:49:15 PARKIN, Chris	Tyne Bridge H	V45
350	0:49:17 MURPHY, Laura	Wallsend H	F
351	0:49:18 OSWALD, John	Heaton Harriers	V60
352	0:49:20 BEAL, Paul	Elvet Striders	V50
353	0:49:21 LONGSTAFF, John		V45
354	0:49:34 STONEHOUSE, Brian		V55
355	0:49:37 MCDONALD, Leigh	Gateshead H	F
356	0:49:41 BROWN, Lalage	Elswick H	F45
357	0:49:43 REED, David	Stocksfield Striders	V45
358	0:49:44 LEE, Kevin	Blackhill Bounders	V50
359	0:49:46 LAWSON, Lisa	PB Fitness RC	F35
360	0:49:47 MILBOURNE, Bill	Claremont RR	V65
361	0:49:48 MARSHALL, Ruth	Wallsend H	F45
362	0:49:49 STODDART, Michael	Elswick H	V50
363	0:49:50 COOKE-DUNLOP, Melanie	South Shields	F
364	0:49:51 COLLINSON, Julie	Wallsend H	F45
365	0:49:52 PAYNE, Kevin	Wallsend H	V50
366	0:49:53 IRVING, Laura		F
367	0:49:55 WOODWARD, Nicola	Aurora	F35
368	0:49:56 WILLIAMS, Julie	Wallsend H	F40
369	0:49:58 HOLMES, Linda	Stocksfield Striders	F50
370	0:50:00 GARDHAM, Sue	Elvet Striders	F40
371	0:50:01 KEVAN, Rob		V50
372	0:50:03 JACKSON, David		V55
373	0:50:05 COPUS, Amanda	Low Fell RC	F
374	0:50:07 DUNN, Lindsay		F
375	0:50:11 CONNOLLY, Malcolm	PB Fitness RC	V40
376	0:50:15 HARA, Isao	Saltwell Harriers	
377	0:50:20 GARRETT, Steve	Wallsend H	V40
378	0:50:22 STANLEY, Cheryl	Low Fell RC	F
379	0:50:24 BROWN, Mark		
380	0:50:26 ELLIOTT, Mark		V50
381	0:50:27 SANDERSON, Celia	Allen Valley Striders	F45
382	0:50:28 AZUMAI, Hiroki		
383	0:50:30 LAMB, Elizabeth	Durham City H	F55
384	0:50:31 JONES, Greta	Elvet Striders	F45
385	0:50:32 HUTCHINSON, Anthony	Low Fell RC	V40
386	0:50:35 DROZDOWICZ, Marie	Elswick H	F50
387	0:50:37 GALLAGHER, Rachel		F
388	0:50:39 BATTERSBY, Alex	Tyne Bridge H	F
389	0:50:41 CLAMP, Lizzy	Tyne Bridge H	F
390	0:50:43 CALDER, Geoff	Morpeth H	V55
391	0:50:46 SOWERBY, Martyn	Heaton Harriers	V50
392	0:50:48 OGLE, Karen	PB Fitness RC	F40
393	0:50:50 TODHUNTER, Rose	Allen Valley Striders	F50
394	0:50:52 STODDART, Elisabeth	Claremont RR	F45
395	0:50:53 ALLAN, Ian		V45
396	0:50:55 TAYLOR, Athena		F45

397	0:50:57	ARMSTRONG, David	Concordia R&P	V60
398	0:51:00	MACKAY, John		V55
399	0:51:02	GARBUTT, Catherine	Durham City H	F
400	0:51:08	THOMPSON, Lyndsey	Wallsend H	F
401	0:51:10	CHRISTER, Paul		V40
402	0:51:12	HAZON, Nikki	PB Fitness RC	F35
403	0:51:14	SMITH, Lewis		
404	0:51:16	HAY, Kathryn	Heaton Harriers	F45
405	0:51:18	TWEDDLE, Andrew		
406	0:51:20	HEDLEY, Chris	Elvet Striders	V55
407	0:51:22	SMITH, Lewis		
408	0:51:24	BONNARD, Alexandra	Heaton Harriers	F35
409	0:51:26	BONE, Alan	South Shields	V65
410	0:51:28	FORD, James	Jarrow & Hebburn AC	V40
411	0:51:30	HARE, George		V45
412	0:51:31	WARDROBE, Sophie	Tyne Bridge H	F
413	0:51:42	JENNINGS, Sue	Elvet Striders	F45
414	0:51:45	COFFEY, Sinead	Tyne Bridge H	F40
415	0:51:50	TYLEY, Cristina	Heaton Harriers	F
416	0:51:51	MITCHELL, Joanna	Stocksfield Striders	F
417	0:51:52	PARKIN, Rebecca	Tyne Bridge H	F
418	0:51:53	OHILSON, Natalie	Tyne Bridge H	F
419	0:51:54	LEE, Christine	Elswick H	F60
420	0:51:56	MCNAMARA, Andrew		
421	0:51:58	MCGOWAN, Peter	Elvet Striders	V50
422	0:51:59	HENDERSON, Matthew		
423	0:52:02	REED, M	Elswick H	V55
424	0:52:05	CARNAFFIN, Julia		V50
425	0:52:08	GILL, Hannah	Low Fell RC	F
426	0:52:10	HALSE, Phil	Low Fell RC	
427	0:52:12	BRADY, Nicola	Tyne Bridge H	F
428	0:52:14	OLDFIELD, Chris		
429	0:52:15	KINGSLAND, Sharyn	Elswick H	F40
430	0:52:19	POWIS, William		
431	0:52:22	MCCOWIE, Peter		V45
432	0:52:35	DAWSON, Kate	PB Fitness RC	F
433	0:52:37	HALSE, Vicky	Low Fell RC	F
434	0:52:40	AVERY, Ron	Sunderland Strollers	V60
435	0:52:46	WATT, Carole	Wallsend H	F50
436	0:52:48	RICHARDSON, Helen	Tynedale H	F45
437	0:52:50	GRAHAM, Sally	Tynedale H	F35
438	0:52:55	WOOD, Joanne	Tyne Bridge H	F35
439	0:52:57	MCBRYDE, Rachel		F35
440	0:52:58	NICHOLSON, Joseph		V45
441	0:53:00	GOLD, Pamela	Heaton Harriers	F60
442	0:53:01	LYMBURN, Eileen		F60
443	0:53:09	FORSTER, Gayle		F40
444	0:53:12	SEWELL, Lyndsay	Blackhill Bounders	F
445	0:53:14	SIDDLE, Keith		V40
446	0:53:18	STOBBS, Robert	Gateshead H	V50
447	0:53:20	WATSON, Felicity	Tyne Bridge H	F
448	0:53:22	NAKAMURA, Shunsuke		
449	0:53:29	HASSON, Caroline	Wallsend H	F35
450	0:53:32	EMMETT, Tracey	South Shields	F45
451	0:53:36	LONSDALE, Davina	Blyth RC	F45
452	0:53:40	MCKILLOP, Ian		V40
453	0:53:45	HINDMARSH, Maria	Stocksfield Striders	F40



454	0:53:50	TURNBULL, Hayley	PB Fitness RC	F
455	0:53:57	LONSDALE, Adele	Blyth RC	F45
456	0:53:59	KNOX, James	Tyne Bridge H	
457	0:54:03	MCFARLANE, Stephanie	Tyne Bridge H	F
458	0:54:05	CARRUTHERS, Lynne	Durham City H	F50
459	0:54:07	NAJAFI, Caroline	Low Fell RC	F50
460	0:54:08	DERBYSHIRE, Claire	Newcastle Hash House Harriers	F45
461	0:54:10	BROWN, Lyn	Stocksfield Striders	F55
462	0:54:11	COLEMAN, Michelle		F40
463	0:54:15	PARKER, Alex		V40
464	0:54:20	PORTER, Louise		F40
465	0:54:22	ASHLEY, Alison		F45
466	0:54:24	DAWSON, Chris		V40
467	0:54:26	CALDER, Andrew	Sunderland Strollers	
468	0:54:34	ANDERSON, Clare		F
469	0:54:38	WATSON, Louise	Tyne Bridge H	F
470	0:54:43	HARKER, Fiona	Ponteland Runners	F35
471	0:54:45	WEAVERS, Keith	Aurora	V45
472	0:54:48	RUSSELL, Mark	Stocksfield Striders	V40
473	0:54:50	STEPHENSON, Alison		F40
474	0:54:52	CASE, David		
475	0:54:53	LEWIS, Ruth	North Shields Poly	F45
476	0:54:54	GRADY, Maria	Tyne Bridge H	F
477	0:54:56	HALSTEAD, Anna	Stocksfield Striders	F
478	0:55:09	SAKATSUME, Kazuya		F
479	0:55:15	DOWNES, Victoria	Elvet Striders	F
480	0:55:18	LEMING, Julie	Blyth RC	F35
481	0:55:26	REICHEL, Katharina		F45
482	0:55:30	THOMSON, Craig	Allen Valley Striders	V50
483	0:55:36	GRAY, Jane		F45
484	0:55:39	ROBSON, Jacquie	Elvet Striders	F35
485	0:55:41	ELLIOTT, Fiona		F45
486	0:55:43	ANDERSON, Kirsty	Elvet Striders	F35
487	0:55:45	DOBSON, Amanda		F45
488	0:55:51	COULTATE, Louise	Blyth RC	F
489	0:55:55	YOUNG, Catherine	Blyth RC	F55
490	0:56:00	COATES, Shelley	Alnwick Harriers	F45
491	0:56:02	WATT, Nicola		F40
492	0:56:04	PENNY, Steph		F35
493	0:56:06	KIRCHIN, Vivienne	Elswick H	F45
494	0:56:08	GRIFFITHS, Rachel	Heaton Harriers	F
495	0:56:10	COUPLAND, Elaine		V50
496	0:56:12	STOVES ROBSON, Julie	Stocksfield Striders	F45
497	0:56:18	BOSOMWORTH, Emma		F40
498	0:56:24	ROBERT, Steve		V45
499	0:56:29	FORD, Jill	Elvet Striders	F45
500	0:56:35	CAMPBELL, Paul		V40
501	0:56:40	BROWN, Heather		F
502	0:57:02	SMITH, Clare	Tyne Bridge H	F35
503	0:57:05	TUNMORE, Amanda	Tyne Bridge H	F45
504	0:57:15	STODDART, Emily		F
505	0:57:21	COLLERTON, Daniel		V50
506	0:57:23	NEWTON, Louise		F
507	0:57:26	WHITESIDE, Ruth	Stocksfield Striders	F45
508	0:57:29	MULLARKEY, Helen	Saltwell Harriers	F50
509	0:57:31	BELL, Judith	Wallsend H	F45
510	0:57:42	WALKE, Margaret	Allen Valley Striders	F55

511	0:57:43 MCIVER, Tina	Elswick H	F55
512	0:57:45 HAVERS, Josh		
513	0:57:45 KITANO, Keishi		
514	0:58:04 BYWORTH, Amanda	Low Fell RC	F35
515	0:58:18 SMITH, Margaret	Low Fell RC	F45
516	0:58:20 ARMSTRONG, Jane		F50
517	0:58:26 HALL, Debbie		F45
518	0:58:27 MACBRIDESTEWART, Aidan	Stocksfield Striders	V45
519	0:58:37 INCE, Gina		F55
520	0:58:39 WILKINSON, Scott	Tyne Bridge H	
521	0:58:48 HAVERS, Mark		V50
522	0:59:16 HANCOCK, Robert		
523	0:59:17 HABEBI, Alison	Tyne Bridge H	F45
524	0:59:17 BELL, Steve		V45
525	0:59:20 SASAKI, Yukiya		
526	0:59:20 SHEARER, Jane		F40
527	0:59:20 WALTON, Carrie	Heaton Harriers	F
528	0:59:25 HASLEM, Cate		F35
529	0:59:28 O'MAHONY, Elizabeth		F50
530	0:59:40 ROGERS, Kathryn		F
531	0:59:40 PACE, Sarah		F
532	0:59:50 DAVIS, Graeme		V40
533	0:59:59 ROWLAND, Janette		F50
534	1:00:12 TENNANT, Jenny		F
535	1:00:14 BULMAN, Alison	Tyne Bridge H	F
536	1:00:16 DALY, Michael		V55
537	1:00:24 ANDERSON, Heather		F
538	1:00:32 NAKANO, Yuta		
539	1:00:54 WAITES, Brian	Elswick H	V50
540	1:01:12 RINTOLL, Naomi		F
541	1:01:19 MCCREEDY, Shona		F35
542	1:01:31 CONVERY, Roey	Blaydon Harriers	F60
543	1:01:33 BURKINSHAW, Lindsay		F35
544	1:01:38 WILKINSON, Laura		F35
545	1:01:45 BEAUGY, Helene		F35
546	1:01:45 GORDON, Ross		V50
547	1:01:46 NICHOLSON, Stephanie	Blackhill Bounders	F50
548	1:01:58 THIELMAN, Samantha		F
549	1:02:12 KILGOUR, Janette	Heaton Harriers	F60
550	1:02:12 FERGUSON, Leigh	Saltwell Harriers	F35
551	1:02:17 ALLAN, Anna	Saltwell Harriers	F40
552	1:02:28 HAGOOD, Margaret		F
553	1:02:43 ALDRED, Alison		F50
554	1:02:52 LOMAX, June		F35
555	1:02:59 MCCREEDY, Steven		
556	1:03:05 DRURY, Jill		F50
557	1:03:41 BURN, Dave		V45
558	1:03:47 RICH, Katherine		F35
559	1:03:49 PARKIN, Louise		F40
560	1:04:05 LEWIS, Ali		F35
561	1:04:21 KIRSOPP, Amy		F
562	1:04:22 DUFF, Michael	Tyne Bridge H	V65
563	1:04:31 HOUNAM, Jayne		F35
564	1:04:42 WATSON, Vivienne		F45
565	1:05:31 LISTER, Kerry		F40
566	1:05:40 RICHARDSON, Susan		F50
567	1:05:42 JONES, Grahame		V45

568	1:05:58	PARKINSON, Catherine		F
569	1:06:06	TAYLOR, Claire	Saltwell Harriers	F
570	1:06:31	WHITE, Stan	Low Fell RC	V65
571	1:06:38	ATKINSON, Trevor		V55
572	1:06:38	JONES (M), Diane		F50
573	1:07:28	RUSSELL, Annie	Stocksfield Striders	F
574	1:09:55	HALL, Maxine		F50
575	1:10:54	ROBBIE, Katherine		F40
576	1:10:54	JEFFS, Eric		V65
577	1:13:13	GORDON, Maureen		F45
578	1:17:36	ROUTLEDGE, George	Heaton Harriers	V65

#### Mens Teams

##### 1 : Morpeth H

- 1 0:30:23 HUDSPITH, Ian
- 3 0:31:51 NICHOLSON, Matthew
- 7 0:32:24 MCLEOD, Mark

##### 2 : Tyne Bridge H

- 5 0:31:59 FENWICK, Marc
- 8 0:32:48 CAIRNS, Steve
- 16 0:35:06 BROWN, Shaun

##### 3 : Sunderland Harriers

- 2 0:30:35 HOOD, Mark
- 10 0:34:07 BARKER, Michael
- 20 0:35:32 DIXON, Ian

##### 4 : Jarrow & Hebburn AC

- 4 0:31:56 BURN, Andy
- 12 0:34:12 MCMILLAN, Brendan
- 50 0:37:17 EMMETT, Kevin

#### Womens Teams

##### 1 : Tyne Bridge H

- 6 0:41:02 MARR, Sophie
- 8 0:41:48 KNOX, Izzy
- 12 0:42:16 EDEN, Kym

##### 2 : North Shields Poly

- 5 0:40:02 MCMANUS, Claire
- 14 0:42:49 THOMPSON, Michelle
- 16 0:43:00 HENDERSON, Lisa

##### 3 : Elswick H

- 4 0:39:27 WILLIAMS, Phillipa
- 17 0:43:02 CROWE, Samantha
- 22 0:43:41 WILSON, Valerie

##### 4 : PB Fitness RC

- 15 0:42:53 JACKSON-BELL, Lesley
- 18 0:43:09 CLARKE, Cate
- 19 0:43:15 CROOKS, Amanda