

Sunderland 5k

Senior Results - 17th July 2013

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lewis Timmins (304)	Morpeth Harriers	14.40 M	65	Stephen Potts (99)	Sunderland Harriers	17.39 M
2	Mark Hood (1)	Sunderland Harriers	14.45 M	66	Alastair Spanner (320)	Unattached	17.41 M O40
3	Calum Johnson (252)	Gateshead Harriers	14.58 M	67	Steven Barker (57)	Tyne Bridge	17.43 M
4	James Askew (272)	Durham City	15.08 M	68	Mark Turnbull (147)	Elswick Harriers	17.44 M O45
5	Mark Mcleod (102)	Morpeth Harriers	15.10 M	69	Alison Dargie (312)	Elswick Harriers	17.45 F O35
6	Gregory Jayasuriya (309)	Middlesbrough & C	15.11 M	70	John Hunt (78)	Sunderland Harriers	17.46 M
7	Andy Burn (165)	Jarrow & Hebburn	15.12 M	71	Tim Allsop (182)	Sunderland Strollers	17.46 M O40
8	Ross Floyd (217)	Morpeth Harriers	15.15 M	72	Alistair Macdonald (67)	Morpeth Harriers	17.48 M O50
9	Daniel Jenkin (348)	Durham City	15.15 M	73	Jamie Macleod (221)	Heaton Harriers	17.49 M
10	Ryan Stephenson (187)	Morpeth Harriers	15.27 M	74	Chris Auld (287)	Crook AC	17.52 M O40
11	Ben Douglas (127)	Durham City	15.34 M	75	Ben Craig (169)	Sunderland Harriers	17.53 M 16
12	Guy Bracken (201)	North Shields Poly	15.47 M O50	76	Christopher Wilkinson (155)	Durham City	17.54 M
13	Kevin Calvert (335)	Sunderland Harriers	15.48 M	77	Tracey Waller (295)	Hartlepool Burn Ro	17.54 F O40
14	Graeme Cook (262)	North Shields Poly	15.51 M	78	Alan Knebel (11)	Sunderland Harriers	17.56 M O40
15	Alyson Dixon (90)	Sunderland Strollers	15.52 F	79	Chris Graham (265)	Tyne Bridge	17.57 M
16	Steve Rankin (270)	Sunderland Strollers	15.55 M	80	Darren Mcbain (289)	Gosforth Harriers	18.00 M
17	Nathan Shrubbs (301)	Morpeth Harriers	15.57 M	81	Jon Davies (101)	Sunderland Strollers	18.06 M O40
18	Jordan Scott (321)	Morpeth Harriers	15.59 M	82	Matthew Fearn (284)	Sunderland Harriers	18.07 M
19	Jed Marshall (305)	Gateshead Harriers	16.00 M	83	Paul Robinson (279)	Claremont R.R.	18.08 M
20	Sparrow Morley (302)	Tyne Bridge	16.01 M	84	Michael Edwards (145)	Sunderland Strollers	18.09 M
21	Andy Graham (238)	Wallsend Harriers	16.04 M	85	Stephanie Dann (113)	North Shields Poly	18.10 F O35
22	Graeme Thorpe (291)	Sunderland Strollers	16.11 M O40	86	Andy Harrison (52)	Tyne Bridge	18.11 M O40
23	Michael Barker (32)	Sunderland Harriers	16.13 M	87	Michelle Avery (80)	Sunderland Harriers	18.12 F
24	Henry Johnson (290)	Gateshead Harriers	16.17 M	88	Rob Hancox (152)	Morpeth Harriers	18.15 M O45
25	Paul Wilson (296)	Hartlepool Burn Ro	16.18 M	89	Craig Downs (86)	Crook AC	18.16 M
26	Thomas Straughan (164)	Morpeth Harriers	16.20 M	90	Richard Campbell (49)	Aycliffe	18.17 M
27	Joseph Turner (56)	Tyne Bridge	16.23 M	91	Floyd Jones (294)	Newton Aycliffe AC	18.17 M O50
28	Lee Bennett (89)	Elswick Harriers	16.26 M O40	92	Kris Stobbs (242)	Wallsend Harriers	18.20 M
29	Darryl Davison (129)	Tyne Bridge	16.29 M	93	Tracey Millmore (307)	Birtley AC	18.25 F
30	Tony Murray (297)	Crook AC	16.30 M	94	Jon Balmer (149)	South Shields	18.26 M
31	Andrew Pearson (45)	New Marske	16.32 M O40	95	George Harden (199)	Sunderland Harriers	18.27 M O50
32	Christopher Rumsey (123)	Middlesbrough & C	16.33 M	96	Graham Armstrong (223)	Wallsend Harriers	18.29 M O50
33	Fergus Bates (222)	Morpeth Harriers	16.33 M O40	97	Jeremy Pattison (79)	Richmond & Zetlan	18.30 M
34	Terry Scott (205)	Unattached	16.42 M O40	98	Elaine Leslie (7)	Jarrow & Hebburn	18.31 F O45
35	Michael Thomsen (112)	Morpeth Harriers	16.45 M	99	Chris Herkes (71)	Durham City	18.32 M
36	Jonathan Wilkinson (154)	Durham City	16.46 M	100	Mark Dorbyn (340)	Unattached	18.35 M
37	Joel Jones (283)	Sunderland Harriers	16.49 M 16	101	Clair Mcmanus (146)	North Shields Poly	18.37 F O35
38	Jordan Bell (193)	Blackhill Bounders	16.52 M 17	102	Alex Lockwood (268)	Tyne Bridge	18.42 M
39	Dominic Dunn (310)	Middlesbrough & C	16.53 M	103	Will Crossley (244)	Wallsend Harriers	18.44 M
40	Isaac Dunn (95)	Blaydon Harriers	16.55 M 17	104	James Torbett (245)	Wallsend Harriers	18.46 M
41	Phil Walker (308)	Morpeth Harriers	16.56 M O45	105	Elliott Hails (104)	Tyne Bridge	18.48 M
42	Sam Hancox (153)	Morpeth Harriers	16.59 M	106	John Taylor (337)	PB Fitness	18.49 M
43	Kenny Macphebon (293)	Tyne Bridge	17.00 M O45	107	Chris Waite (54)	North Shields Poly	18.50 M
44	Samuel Beckitt (48)	Crook AC	17.01 M	108	Daniel Hopper (143)	Houghton & Peterle	18.51 M
45	Stephen Mussett (323)	Loftus & Whitby A	17.03 M	109	Michael Heskett (122)	Sunderland Harriers	18.52 M
46	Patrick Houghton (133)	North Shields Poly	17.07 M	110	James Mcanane (200)	Sunderland Harriers	18.52 M 16
47	Nicky Munro (53)	Unattached	17.08 M	111	Aidan Crowe (74)	Sunderland Strollers	18.53 M
48	Alan Thompson (167)	Elswick Harriers	17.17 M O45	112	Bruce Robertson (96)	North Shields Poly	18.55 M O45
49	Matthew Forster (220)	Morpeth Harriers	17.18 M	113	Malcolm Leece (130)	Jarrow & Hebburn	18.59 M
50	David Moir (39)	Tyne Bridge	17.19 M O40	114	Ritchie Gerry (281)	Sunderland Strollers	19.01 M O45
51	Steve Gordon (172)	Sunderland Harriers	17.20 M O40	115	Claire Simpson (210)	Jarrow & Hebburn	19.02 F
52	Lee Wren (61)	Aycliffe	17.21 M	116	Jon Moss (131)	Tyne Bridge	19.03 M
53	Mike Hegarty (21)	Morpeth Harriers	17.23 M	117	Les Phillips (181)	Durham City	19.03 M O50
54	Steve Graham (303)	Sunderland Harriers	17.24 M	118	Joel Atkin (216)	Durham City	19.05 M 16
55	Paul Redman (35)	Sunderland Harriers	17.28 M O45	119	Shaun Bagley (17)	Sunderland Harriers	19.07 M
56	James Taylor (292)	Morpeth Harriers	17.29 M	120	David Antill (106)	Tyne Bridge	19.07 M
57	Rob Teasadale (138)	Crook AC	17.30 M	121	Jonathan Bennett (114)	Unattached	19.10 M
58	Jake Jansen (324)	Blyth RC	17.30 M	122	Alan Ball (269)	Jarrow & Hebburn	19.14 M
59	Jake Archer (198)	Sunderland Harriers	17.31 M	123	Gary Pemberton (183)	North East Vets	19.17 M O60
60	Daniel Weatherill (224)	Wallsend Harriers	17.31 M	124	Geoff Robinson (188)	Jarrow & Hebburn	19.19 M O50
61	Alex Snook (20)	Jarrow & Hebburn	17.32 F	125	David Young (94)	Tyne Bridge	19.21 M O45
62	Phil Musgrave (336)	New Marske	17.36 M	126	Mick Skeldon (241)	Wallsend Harriers	19.27 M O40
63	Andy Powell (251)	Sunderland Strollers	17.37 M	127	Peter Richardson (25)	Sunderland Harriers	19.29 M O60
64	John Sturman (282)	Wallsend Harriers	17.38 M	128	David Henson (196)	Durham City	19.31 M

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129	George Russell (121)	Low Fell RC	19.36 M O45	197	Stephen Smith (343)	Aycliffe	21.38 M
130	Mark Snowball (313)	Morpeth Harriers	19.36 M	198	Philip Young (180)	Saltwell Harriers	21.39 M O40
131	Harry Harrison (177)	Sunderland Strollers	19.39 M O45	199	Fred Judson (30)	Sunderland Harriers	21.44 M O55
132	Victoria Houghton (260)	North Shields Poly	19.39 F	200	Jonathan Kirk (342)	Houghton Harriers	21.49 M
133	Katie Scott (142)	Houghton & Peterle	19.44 F	201	Nina Cameron (151)	Heaton Harriers	21.50 F O40
134	John Watson (206)	Sunderland Harriers	19.44 M O55	202	Benjamin Mcmahon (162)	Unattached	21.56 M
135	Dean Phillips (16)	Sunderland Harriers	19.54 M O40	203	Steve Cunningham (236)	Wallsend Harriers	22.01 M
136	Geoff Hewitson (219)	Crook AC	19.54 M O55	204	Roger Mosedale (191)	North Shields Poly	22.02 M O45
137	Kate Chapman (132)	Morpeth Harriers	19.55 F	205	Ian Shaw (353)	Blackhill Bounders	22.03 M O50
138	David Williams (157)	North Shields Poly	19.56 M O40	206	Jill Bennett (88)	Elswick Harriers	22.08 F O40
139	Anthony Thompson (173)	Sunderland Harriers	19.57 M O55	207	Stacey Davidson (231)	Wallsend Harriers	22.09 F
140	Shaun Connelly (212)	Unattached	19.58 M O45	208	Naomi Kellet (319)	Aycliffe	22.10 F
141	Robert Welsh (261)	Sunderland Strollers	19.58 M O50	209	Kristen Farquhar (62)	Unattached	22.11 F O40
142	Joanna Beckitt (110)	Crook AC	19.59 F	210	Peter Johnson (338)	Hartlepool Burn Ro	22.12 M O55
143	Emily Hope (208)	Unattached	20.01 F	211	Helen Higgins (31)	Sunderland Harriers	22.14 F O35
144	Peter Harrison (93)	Durham City	20.02 M	212	Emily James (232)	Wallsend Harriers	22.17 F
145	Malcolm Cox (139)	Sunderland Strollers	20.06 M	213	Paul Johnson (40)	Unattached	22.19 M O40
146	Michael Braban (50)	Low Fell RC	20.07 M	214	Stephen Allen (141)	Sunderland Strollers	22.20 M
147	Neil Armstrong (239)	Wallsend Harriers	20.07 M	215	Michael Baker (322)	Tyne Bridge	22.21 M O50
148	Heather Robinson (189)	Jarrow & Hebburn	20.08 F O50	216	Kevin Cheetham (332)	Tyne Bridge	22.26 M O45
149	David Groark (254)	Sunderland Strollers	20.09 M O45	217	Kenneth Pyle (273)	Aurora Harriers	22.27 M O60
150	Natalie Batey (64)	Claremont R.R.	20.10 F	218	Liam Henry (60)	Sunderland Harriers	22.28 M
151	Andrea Banner (148)	Elswick Harriers	20.10 F	219	Lyndsey Thompson (229)	Wallsend Harriers	22.29 F
152	Graham King (333)	Tyne Bridge	20.11 M O55	220	Alan Chapman (68)	Sunderland Harriers	22.32 M O50
153	Keith Rooney (277)	Tyne Bridge	20.12 M O45	221	Kelly Smith (214)	Aycliffe	22.34 F
154	Kevin Brown (347)	Unattached	20.12 M	222	Stephen Kiszow (115)	Sunderland Strollers	22.39 M
155	Darren Stockdale (326)	Quakers RC	20.13 M	223	Jim Mgovem (288)	Sunderland Strollers	22.40 M O55
156	David Purvis (125)	Sun City Triathlon	20.16 M	224	Marylou Lonsdale (218)	Crook AC	22.41 F O35
157	Lorna Mcdonald (65)	Morpeth Harriers	20.18 F	225	Andrea Clarke (111)	PB Fitness	22.44 F O45
158	Garry Paterson (195)	Low Fell RC	20.21 M O40	226	Tony Maddocks (240)	Wallsend Harriers	22.45 M O50
159	Andrew Hudson (76)	Jarrow & Hebburn	20.22 M	227	Allen Mulliss (163)	Heaton Harriers	22.46 M O55
160	Richard Num (352)	Unattached	20.23 M	228	Brian Cook (87)	Sunderland Harriers	22.48 M O60
161	Peter Schief (306)	Morpeth Harriers	20.24 M	229	Lisa Twedde (168)	Jarrow & Hebburn	22.49 F
162	David Savage (18)	Sunderland Harriers	20.29 M O40	230	Alex Richardson (250)	Wallsend Harriers	22.54 M O60
163	Gareth Hope (315)	Blyth RC	20.30 M	231	Claire Rowell (124)	Sun City Triathlon	22.58 F
164	Gary Fox (14)	Sunderland Harriers	20.32 M O40	232	Kathryn Watt (171)	Sunderland Harriers	22.59 F
165	Erin Pearson (161)	New Marske	20.36 F	233	Peter Joyce (249)	Wallsend Harriers	23.04 M O50
166	Heather Steel (278)	Claremont R.R.	20.37 F	234	Jeff Henderson (328)	North East Vets	23.07 M O45
167	Thomas Wall (339)	North York Moors	20.37 M O40	235	Chris Hogarth (85)	Claremont R.R.	23.08 M
168	Jessica Fox (28)	Sunderland Harriers	20.38 F 15	236	Bob Balmer (150)	South Shields	23.14 M O65
169	Andy Logmore (247)	Wallsend Harriers	20.38 M	237	Shelley McCormick (316)	Aycliffe	23.17 F
170	Darren Snowball (346)	Unattached	20.39 M	238	Alex Battersby (118)	Tyne Bridge	23.20 M
171	Caroline Holmes (140)	Crook AC	20.40 F	239	Louise Drozdowicz (204)	Elswick Harriers	23.21 F O50
172	Alison Cummings (2)	North Shields Poly	20.44 F O55	240	Vicki Thompson (253)	Jarrow & Hebburn	23.22 F O40
173	David Bruce (5)	Sunderland Harriers	20.49 M	241	Maresa Bell (192)	Blackhill Bounders	23.25 F
174	Vince Emmett (98)	Sunderland Harriers	20.50 M O55	242	Caroline Hassan (227)	Wallsend Harriers	23.28 F O35
175	Emma Blackett (230)	Wallsend Harriers	20.50 F O35	243	April Jones (135)	Seafront Smilers	23.30 F O45
176	Brian Cairns (358)	Sunderland Strollers	20.52 M O40	244	Noreen Rees (159)	North Shields Poly	23.31 F O55
177	Nick Pearson (107)	Tyne Bridge	20.53 M	245	Paul Mustard (285)	Seafront Smilers	23.37 M
178	Dave Collinson (246)	Wallsend Harriers	20.54 M O45	246	Catherine Etherington (225)	Unattached	23.38 F O40
179	Amy Coulson (22)	Sunderland Harriers	20.57 F 17	247	Angela Calvert (175)	Seafront Smilers	23.46 F O35
180	Bob Wells (258)	Morpeth Harriers	20.58 M O65	248	Brian Brown (275)	Durham City	23.47 M
181	Stuart Dickson (59)	Tyne Bridge	20.59 M O40	249	Lizzy Clamp (341)	Tyne Bridge	23.47 F
182	Mark Joyce (355)	South Shields	20.59 M O45	250	Loretta Greenshields (170)	Sunderland Harriers	23.48 F
183	Robert Hewitson (58)	Durham City	21.00 M O55	251	Sarah Cawthorn (235)	Wallsend Harriers	23.51 F
184	Gary Lewis (237)	Wallsend Harriers	21.01 M	252	Sinead Coffey (266)	Tyne Bridge	23.52 F O40
185	Robert Wilson (327)	Elswick Harriers	21.03 M O50	253	Jennifer Rees (156)	North Shields Poly	23.53 F
186	Graeme Miles (63)	Aycliffe	21.04 M	254	Jitka Richards (233)	Wallsend Harriers	24.00 F O45
187	David Shearan (263)	Jarrow & Hebburn	21.04 M	255	Elizabeth Lamb (73)	Unattached	24.04 F O55
188	Steve Shottonv40 (134)	Tyne Bridge	21.05 M	256	Mel Davies (100)	Sunderland Harriers	24.05 M O40
189	Peter Smith (215)	Aycliffe	21.05 M O50	257	Stuart Reay (105)	Durham City	24.06 M O55
190	Alistair Robson (334)	Elvet Striders	21.06 M O40	258	Claire Carmichael (257)	Wallsend Harriers	24.07 F
191	Michael Coxon (357)	Sunderland Harriers	21.06 M	259	Aimee Adey (23)	Sunderland Harriers	24.09 F
192	Lee Walker (354)	Wallsend Harriers	21.11 M	260	David White (184)	Durham City	24.10 M O65
193	Nicollette Hollindale (271)	Quakers RC	21.16 F	261	Joanne Wood (6)	Tyne Bridge	24.16 F O35
194	Tom Hanson (13)	Elswick Harriers	21.22 M O55	262	Car Macdonald (329)	Unattached	24.24 F
195	Jimmy Flynn (248)	Wallsend Harriers	21.36 M O65	263	John New (194)	Sunderland Strollers	24.30 M O50
196	Dianne Vaughan (256)	Quakers RC	21.37 F O45	264	Wayne Mccann (26)	Sunderland Harriers	24.35 M

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265	Dave Robson (298)	Elvet Striders	24.36 M O60				
266	Rachael Hepton (144)	Unattached	24.44 F				
267	Chris Gilmore (300)	South Shields	24.50 M				
268	Alan Kellet (317)	Aycliffe	24.56 M O55				
269	Adrian Rhodes (325)	Loftus & Whitby A	24.58 M				
270	Ron Avery (158)	Sunderland Strollers	25.00 M O60				
271	Richard Wilson (356)	Sunderland Strollers	25.04 M O60				
272	Barry Calvert (174)	Seafront Smilers	25.29 M				
273	Julie Stubbs (117)	Unattached	25.34 F O40				
274	Andrew Thompson (81)	Sunderland Harriers	25.43 M				
275	Jill Connolly (197)	Sunderland Strollers	26.02 F O50				
276	Denise Forster (136)	Seafront Smilers	26.20 F O50				
277	Michael Smith (344)	Newton Aycliffe AC	26.30 M				
278	Kim Fox (137)	Seafront Smilers	26.37 F				
279	Anne Kellet (318)	Aycliffe	26.39 F O50				
280	Ronnie Bates (211)	Unattached	26.45 M O65				
281	Margaret Mcdonald (66)	Morpeth Harriers	26.50 F O45				
282	Brian Waites (203)	Elswick Harriers	27.32 M O50				
283	Alison Habebi (349)	Tyne Bridge	27.38 F O45				
284	Stevie Bell (350)	Unattached	27.38 M O45				
285	Aileen Frost (108)	Unattached	27.45 F O50				
286	Elaine Roberts (109)	Unattached	27.45 F				
287	Joanne New (213)	Sunderland Strollers	28.04 F O40				
288	Yvonne Williams (345)	Aycliffe	28.20 F O45				
289	Jack Wilson (314)	Sunderland Strollers	28.30 M O65				
290	David Whitmore (190)	South Shields	28.52 M				
291	Janette Kilgour (185)	Heaton Harriers	29.02 F O60				
292	Vanessa Williams (226)	Unattached	29.12 F O40				
293	Terry Robertson (330)	North Shields Poly	29.23 M O50				
294	Frank Strand (286)	South Shields	29.24 M O70				
295	Alison Harrison (176)	Seafront Smilers	29.37 F O45				
296	Julie Collinson (234)	Wallsend Harriers	29.42 F O45				
297	Sue Tate (280)	Sunderland Strollers	29.46 F O45				
298	Micky Duff (4)	Wallsend Harriers	30.09 M O65				
299	Sara Sedgley (82)	Tyne Bridge	30.12 F O35				
300	Roberta Paisley (331)	Unattached	30.17 F				
301	Sharon Myers (299)	Unattached	32.09 F				
302	George Routledge (186)	Heaton Harriers	33.59 M O65				