

# The Sale 5 Mile Road Race at Wythenshawe Park on Saturday 1st June 2013

## Sale 5 Mile — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time						
1	268	Nick McCormick		Morpeth Harriers & Ac	24:11	81	239	Gary Chadwick		Sale Harriers Manchester	35:29
2	256	Mohammed AbuRezeq		Altrincham & District Ac	24:34	82	122	Jean Webster	L	13 Chorlton Runners	35:33
3	228	Peter Speake		Wilmslow Running Club	26:31	83	56	Brian Devlin		Chorlton Runners	35:41
4	79	Rob Flannery		Sale Harriers Manchester	27:10	84	48	Gavin Cameron		Chorlton Runners	35:43
5	77	Jonathan Harris		Chorlton Runners	27:22	85	37	Gareth Redston		Trafford Athletic Club	35:55
6	207	Nigel Martin		Sale Harriers Manchester	27:31	86	28	Jackie Cordingley	L50	1 Sale Harriers Manchester	35:58
7	32	Rob Sloane		Trafford Athletic Club	27:39	87	30	Gillian Doolan	L40	5 Stockport Harriers & Ac	36:02
8	222	Carl Platt		City Of Stoke AC	27:40	88	135	Lynda Rowlinson	L50	2 Sale Harriers Manchester	36:17
9	136	Callum Rowlinson	U20	1 Sale Harriers Manchester	27:49	89	61	Helen Reagan	L40	6 Sale Harriers Manchester	36:44
10	78	David Marsh		Sale Harriers Manchester	28:02	90	110	Dan Perry		Unattached	36:48
11	202	Dan Whittaker		Sale Harriers Manchester	28:30	91	17	Angelo Tomasso		Manchester Frontrunners	36:49
12	254	Peter Crawford		Sale Harriers Manchester	28:44	92	63	Nick Eaton		Manchester Frontrunners	36:56
13	244	Phil Burns		Stockport Harriers & Ac	28:55	93	243	Lesley Peters	L45	2 Unattached	36:58
14	134	Kyle Conway	U20	2 Sale Harriers Manchester	29:16	94	209	Ruth Travis	L40	7 Manchester Frontrunners	37:00
15	259	Matthew Townley		Stockport Harriers & Ac	29:21	95	233	Matthew Page		Unattached	37:05
16	269	Gary Rowlinson	V50	1 Sale Harriers Manchester	29:34	96	279	Lee McCourt		Manchester Harriers & Ac	37:40
17	282	Richard Edwards		Sale Harriers Manchester	29:40	97	251	Sidney Sacks	V70	1 Salford Harriers	37:56
18	103	Alex Hill	U17	1 Moston & District H & Ac	29:44	98	6	Sarah Rickard	L40	8 Manchester Frontrunners	37:59
19	252	Mike Ashby		Sale Harriers Manchester	29:45	99	276	Philip Westwood	V40	5 Unattached	38:09
20	249	Stanley Owen	V60	1 Salford Harriers	29:45	100	231	Marwan Bukhari	V45	7 Manchester Frontrunners	38:11
21	263	Dionne Allen	L	1 Leigh Harriers & Ac	29:47	101	34	Paula Wheeler	L40	9 Unattached	38:16
22	271	Andrew Dunning		Unattached	30:15	102	57	Lorraine Pang		Chorlton Runners	38:17
23	235	Trevor Morris	V50	2 Wilmslow Running Club	30:24	103	283	Carla Ousey	L40	10 Sale Harriers Manchester	38:19
24	33	Jono Guildford		Manchester Frontrunners	30:30	104	205	Matt Hanson		Fetch Everyone	38:26
25	10	Byron Edwards		Bury Athletic Club	30:35	105	41	Rebecca Mills	L	23 Swinton Running Club	38:31
26	260	Kevan Gamer	V45	1 Stockport Harriers & Ac	30:47	106	127	Lauren Kennedy	L	24 Chorlton Runners	38:48
27	223	Gary Blackwell	V45	2 Deeside AAC	31:08	107	257	Catherine Jones	L35	2 Sale Harriers Manchester	38:53
28	114	Thomas Dalod		Chorlton Runners	31:17	108	90	Helen Todd	L55	1 Stockport Harriers & Ac	38:54
29	237	Daniel Boulton		Sale Harriers Manchester	31:20	109	285	Dougal Atkins		Unattached	38:56
30	241	Aidan Rafferty	V50	3 Sale Harriers Manchester	31:25	110	265	Linda Rix	L45	3 Manchester Frontrunners	38:57
31	133	Jayne Lawton	L40	1 Stockport Harriers & Ac	31:35	111	119	Deborah Brian	L45	4 Chorlton Runners	39:01
32	107	Chris Lunt		Chorlton Runners	31:37	112	11	Henry Walker	V40	6 Manchester Frontrunners	39:08
33	81	Tony Davenport		Salford Metropolitan Ac	31:38	113	220	Alan Jenkinson	V65	3 Styal Running Club	39:11
34	132	Scott Christey	V45	3 Astley & Tyldesley Road Runner	31:41	114	29	Jenny Cordingley	L	29 Sale Harriers Manchester	39:33
35	94	Maurice Oldham	V55	1 Manchester Harriers & Ac	31:44	115	23	Ximena Schmidt	L	30 Unattached	39:34
36	73	Roberto Raso	V45	4 Manchester Frontrunners	31:58	116	258	Jean Dolan	L65	1 Altrincham & District Ac	39:36
37	232	Lee Vaughan		Unattached	32:00	117	288	Philip Waterhouse		Chorlton Runners	39:54
38	104	Ian Roberts		Manchester Frontrunners	32:01	118	116	Damian Hall		Unattached	40:07
39	226	Patrick Bonner		Altrincham & District Ac	32:14	119	13	Joanna Randall	L	32 Parkrun Bramhall	40:07
40	287	Jan Nicholls	L40	2 Sale Harriers Manchester	32:18	120	242	Sue Waring	L45	5 Stockport Harriers & Ac	40:08
41	36	Pierce Moloney	V40	1 Unattached	32:21	121	14	Martin Randall		Parkrun Bramhall	40:08
42	274	Samantha Jones	L	4 Stockport Harriers & Ac	32:25	122	9	Wan KaMan	L	34 Manchester Frontrunners	40:09
43	55	Paul McKenna		Chorlton Runners	32:29	123	52	Paul Jaggs		Manchester Frontrunners	40:56
44	266	Bill Fox	V55	2 Sale Harriers Manchester	32:35	124	19	Ann McLaughlin	L45	6 Manchester Harriers & Ac	40:58
45	92	Jamie Marsland		Unattached	32:36	125	8	Richard Leeming	V45	8 Stockport Harriers & Ac	41:04
46	85	Katie Geelan	L40	3 Bury Athletic Club	32:38	126	25	Kirsty Lyons	L	36 Manchester Harriers & Ac	41:07
47	1	Matthew Moran		Bramhall Runners	32:44	127	60	Klaudio Bari	V45	9 Manchester Frontrunners	41:16
48	267	Ben Fox	U20	3 Sale Harriers Manchester	32:54	128	264	Robert Miller	V60	4 Stockport Harriers & Ac	41:43
49	275	Frank Reilly	V65	1 Stockport Harriers & Ac	32:55	129	22	Barry Knaggs		Parkrun Marple	42:08
50	16	Lok Li	V40	2 Parkrun Bramhall	32:56	130	39	Brian Bradshaw	V50	7 Sale Harriers Manchester	42:16
51	227	Helen Armitage	L35	1 Sale Harriers Manchester	32:58	131	278	Sarah Dzien	L	37 Unattached	42:37
52	99	Francis Day	V60	2 E Cheshire H & Tameside Ac	32:59	132	98	John Myott	V55	4 Unattached	42:50
53	248	Andrew Oconnor	V50	4 St Helens Sutton Ac	33:00	133	72	Caroline Baba	L	38 Manchester Harriers & Ac	43:10
54	106	Stuart Holliday		Chorlton Runners	33:05	134	270	Claire Alcock	L	39 Unattached	43:32
55	123	Marwan Khoueir	V40	3 Holmfrith Harriers Ac	33:10	135	113	Vicki Fergusson	L	40 Chorlton Runners	43:43
56	224	Timothy Rainey	V45	5 Sale Harriers Manchester	33:22	136	112	Susan Guy	L35	3 Manchester Frontrunners	44:01
57	128	Robert Jones		Unattached	33:31	137	247	Beth Dum	L	42 Unattached	44:05
58	24	Jason Brogan	V40	4 Manchester Harriers & Ac	33:35	138	289	Diane Hennigan	L40	11 Sale Harriers Manchester	44:11
59	75	Andrew Tongue		Chorlton Runners	33:36	139	20	Dennis Yarwood	V45	10 Unattached	44:52
60	272	David Pearce		Unattached	33:40	140	0	???		???	45:24
61	35	Sam Ling		Chorlton Runners	33:44	141	76	Rachel Proctor	L	44 Chorlton Runners	45:25
62	12	Dennis Thomas		Parkrun Woodbank	33:50	142	238	Rachel Easthope	L	45 Unattached	45:26
63	108	Stephanie Stevens	L40	4 Chorlton Runners	33:52	143	70	Lisa Sutton-Murphy	L40	12 Unattached	45:50
64	31	Antony Golding		Swinton Running Club	33:58	144	0	???		???	45:50
65	261	Raymond Hall	V65	2 Halifax Harriers & Ac	34:07	145	86	Faye Holden	L35	4 Pendle AC	45:59
66	51	Aaron Milojevic		Chorlton Runners	34:18	146	250	Ian Richardson	V45	11 Unattached	47:26
67	27	Frank Cordingley	V50	5 Sale Harriers Manchester	34:22	147	26	Jean Bayley	L50	3 Manchester Harriers & Ac	49:36
68	245	David Flood	V45	6 Bury Athletic Club	34:30	148	290	Rachel Farrell	L	49 Parkrun South Manchester	50:12
69	255	James Mellor		Unattached	34:33	149	262	Susan Hall	L60	2 Unattached	50:34
70	137	Paul London		Chorlton Runners	34:35	150	47	Donna Oiller	L	51 Pendle AC	51:14
71	88	Jan Needham	L60	1 Rochdale Harriers & Ac	34:36	151	284	Claire Facchini	L	52 Unattached	51:20
72	5	Nico Gibert		Manchester Frontrunners	34:40	152	15	Andrew Bridgen		Manchester Frontrunners	51:32
73	82	Alan Webster	V50	6 Macclesfield Harriers & Ac	34:42	153	84	Derek Walton	V65	4 Altrincham & District Ac	51:38
74	280	Nick Parrott		Chorlton Runners	34:47	154	93	Deborah Beresford	L45	7 Manchester Harriers & Ac	52:06
75	277	Bev Ganose	L45	1 Altrincham & District Ac	34:48	155	0	???		???	52:07
76	281	Sian Holland	L	10 Sale Harriers Manchester	35:02	156	7	Jean Skitt	L65	2 Manchester Harriers & Ac	54:53
77	208	David Chrystie-Lowe	V55	3 Stockport Harriers & Ac	35:07	157	97	Arthur Walsham	V80	1 Salford Harriers	1:07:59
78	105	Charlotte Durand	L	11 Chorlton Runners	35:09	158	50	Lorraine Broadhurst	L40	13 Chorlton Runners	1:15:05
79	240	Rachael Cavanagh	L	12 Sale Harriers Manchester	35:22						
80	246	Colin Davies	V60	3 Altrincham & District Ac	35:25						

## Sale 5 Mile - Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	19 —	4 Rob Flannery	6 Nigel Martin	9 Callum Rowlinson
2 Stockport Harriers & Ac	52 —	13 Phil Burns	15 Matthew Townley	24 Kevan Garner
3 Chorlton Runners	60 —	5 Jonathan Harris	26 Thomas Dalod	29 Chris Lunt
4 Manchester Frontrunners	89 —	22 Jono Guildford	33 Roberto Raso	34 Ian Roberts
5 Altrincham & District Ac	98 —	2 Mohammed AbuRezeq	35 Patrick Bonner	61 Colin Davies
6 Manchester Harriers & Ac	147 —	32 Maurice Oldham	47 Jason Brogan	68 Lee McCourt
7 Salford Harriers	174 —	20 Stanley Owen	69 Sidney Sacks	85 Arthur Walsham

## Sale 5 Mile - Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	17 —	1 Gary Rowlinson	6 Aidan Raftery	10 Bill Fox
2 Stockport Harriers & Ac	37 —	4 Kevan Garner	11 Frank Reilly	22 David Chrystie-Lowe
3 Salford Harriers	59 —	2 Stanley Owen	24 Sidney Sacks	33 Arthur Walsham
4 Manchester Frontrunners	60 —	9 Roberto Raso	25 Marwan Bukhari	26 Henry Walker

## Sale 5 Mile - Ladies — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	19 —	3 Jan Nicholls	6 Helen Armitage	10 Sian Holland
2 Stockport Harriers & Ac	21 —	2 Jayne Lawton	4 Samantha Jones	15 Gillian Doolan
3 Chorlton Runners	31 —	7 Stephanie Stevens	11 Charlotte Durand	13 Jean Webster
4 Manchester Frontrunners	62 —	18 Ruth Travis	19 Sarah Rickard	25 Linda Rix
5 Manchester Harriers & Ac	99 —	32 Ann McLaughlin	33 Kirsty Lyons	34 Caroline Baba

## Sale 5 Mile - Ladies (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers Manchester	14 —	2 Jan Nicholls	4 Helen Armitage	8 Jackie Cordingley
2 Stockport Harriers & Ac	26 —	1 Jayne Lawton	9 Gillian Doolan	16 Helen Todd
3 Manchester Frontrunners	42 —	12 Ruth Travis	13 Sarah Rickard	17 Linda Rix
4 Chorlton Runners	51 —	5 Stephanie Stevens	18 Deborah Brian	28 Lorraine Broadhurst
5 Manchester Harriers & Ac	72 —	21 Ann McLaughlin	25 Jean Bayley	26 Deborah Beresford

# The Sale 5 Mile Road Race at Wythenshawe Park on Saturday 1st June 2013

## Sale 5 Mile - GP men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Name	Club	Time
1	79	Rob Flannery	Sale Harriers Manchester	27:10	29	Dennis Thomas	Parkrun Woodbank	33:50
2	77	Jonathan Harris	Chorlton Runners	27:22	30	Antony Golding	Swinton Running Club	33:58
3	32	Rob Sloane	Trafford Athletic Club	27:39	31	Aaron Milojevic	Chorlton Runners	34:18
4	136	Callum Rowlinson	U20 1 Sale Harriers Manchester	27:49	32	Frank Cordingley	V50 1 Sale Harriers Manchester	34:22
5	78	David Marsh	Sale Harriers Manchester	28:02	33	Paul London	Chorlton Runners	34:35
6	134	Kyle Conway	U20 2 Sale Harriers Manchester	29:16	34	Nico Gibert	Manchester Frontrunners	34:40
7	103	Alex Hill	U17 1 Moston & District H & Ac	29:44	35	Alan Webster	V50 2 Macclesfield Harriers & Ac	34:42
8	33	Jono Guildford	Manchester Frontrunners	30:30	36	Brian Devlin	Chorlton Runners	35:41
9	10	Byron Edwards	Bury Athletic Club	30:35	37	Gavin Cameron	Chorlton Runners	35:43
10	114	Thomas Dalod	Chorlton Runners	31:17	38	Gareth Redston	Trafford Athletic Club	35:55
11	107	Chris Lunt	Chorlton Runners	31:37	39	Dan Perry	Unattached	36:48
12	81	Tony Davenport	Salford Metropolitan Ac	31:38	40	Angelo Tomasso	Manchester Frontrunners	36:49
13	132	Scott Christey	V45 1 Astley & Tyldesley Road Runner	31:41	41	Nick Eaton	Manchester Frontrunners	36:56
14	94	Maurice Oldham	V55 1 Manchester Harriers & Ac	31:44	42	Lorraine Pang	Chorlton Runners	38:17
15	73	Roberto Raso	V45 2 Manchester Frontrunners	31:58	43	Henry Walker	V40 5 Manchester Frontrunners	39:08
16	104	Ian Roberts	Manchester Frontrunners	32:01	44	Damian Hall	Unattached	40:07
17	36	Pierce Moloney	V40 1 Unattached	32:21	45	Martin Randall	Parkrun Bramhall	40:08
18	55	Paul McKenna	Chorlton Runners	32:29	46	Paul Jaggas	Manchester Frontrunners	40:56
19	92	Jamie Marsland	Unattached	32:36	47	Richard Leeming	V45 3 Stockport Harriers & Ac	41:04
20	1	Matthew Moran	Bramhall Runners	32:44	48	Klaudio Bari	V45 4 Manchester Frontrunners	41:16
21	16	Lok Li	V40 2 Parkrun Bramhall	32:56	49	Barry Knaggs	Parkrun Marple	42:08
22	99	Francis Day	V60 1 E Cheshire H & Tameside Ac	32:59	50	Brian Bradshaw	V50 3 Sale Harriers Manchester	42:16
23	106	Stuart Holliday	Chorlton Runners	33:05	51	John Myott	V55 2 Unattached	42:50
24	123	Marwan Khoueiry	V40 3 Holmfirth Harriers Ac	33:10	52	Dennis Yarwood	V45 5 Unattached	44:52
25	128	Robert Jones	Unattached	33:31	53	Andrew Brigden	Manchester Frontrunners	51:32
26	24	Jason Brogan	V40 4 Manchester Harriers & Ac	33:35	54	Derek Walton	V65 1 Altrincham & District Ac	51:38
27	75	Andrew Tongue	Chorlton Runners	33:36	55	Arthur Walsham	V80 1 Salford Harriers	1:07:59
28	35	Sam Ling	Chorlton Runners	33:44				

## Sale 5 Mile - GP Ladies — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Name	Club	Time
1	133	Jayne Lawton	L40 1 Stockport Harriers & Ac	31:35	18	Ximena Schmidt	L 18 Unattached	39:34
2	85	Katie Geelan	L40 2 Bury Athletic Club	32:38	19	Joanna Randall	L 19 Parkrun Bramhall	40:07
3	108	Stephanie Stevens	L40 3 Chorlton Runners	33:52	20	Wan Ka Man	L 20 Manchester Frontrunners	40:09
4	88	Jan Needham	L60 1 Rochdale Harriers & Ac	34:36	21	Ann McLaughlin	L45 2 Manchester Harriers & Ac	40:58
5	105	Charlotte Durand	L 5 Chorlton Runners	35:09	22	Kirsty Lyons	L 22 Manchester Harriers & Ac	41:07
6	122	Jean Webster	L 6 Chorlton Runners	35:33	23	Caroline Baba	L 23 Manchester Harriers & Ac	43:10
7	28	Jackie Cordingley	L50 1 Sale Harriers Manchester	35:58	24	Vicki Fergusson	L 24 Chorlton Runners	43:43
8	30	Gillian Doolan	L40 4 Stockport Harriers & Ac	36:02	25	Susan Guy	L35 1 Manchester Frontrunners	44:01
9	135	Lynda Rowlinson	L50 2 Sale Harriers Manchester	36:17	26	Rachel Proctor	L 26 Chorlton Runners	45:25
10	61	Helen Reagan	L40 5 Sale Harriers Manchester	36:44	27	Lisa Sutton-Murphy	L40 8 Unattached	45:50
11	6	Sarah Rickard	L40 6 Manchester Frontrunners	37:59	28	Faye Holden	L35 2 Pendle AC	45:59
12	34	Paula Wheeler	L40 7 Unattached	38:16	29	Jean Bayley	L50 3 Manchester Harriers & Ac	49:36
13	41	Rebecca Mills	L 13 Swinton Running Club	38:31	30	Rachel Farrell	L 30 Parkrun South Manchester	50:12
14	127	Lauren Kennedy	L 14 Chorlton Runners	38:48	31	Donna Oiller	L 31 Pendle AC	51:14
15	90	Helen Todd	L55 1 Stockport Harriers & Ac	38:54	32	Deborah Beresford	L45 3 Manchester Harriers & Ac	52:06
16	119	Deborah Brian	L45 1 Chorlton Runners	39:01	33	Jean Skitt	L65 1 Manchester Harriers & Ac	54:53
17	29	Jenny Cordingley	L 17 Sale Harriers Manchester	39:33	34	Lorraine Broadhurst	L40 9 Chorlton Runners	1:15:05