

North West Road Relays at Lancaster on Sunday 15th September 2013

U13 Boys - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Kai Atkins	Pendle Ath	8:10
2	Christian Linton	Blackpool A	8:32
3	Matthew MacKay	Rossendale A	8:34
4	Lewis Allott	Lancaster A	8:37
5	S Beckett	Preston Ha A	8:42
6	Lucas Done	Lancaster B	9:21
7	William Holmes	Blackpool B	9:50

U13 Boys - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:		
1	Benjamin Preddy	Blackpool A	8:33	17:05	+ 1	1 Benjamin Preddy	Blackpool A	8:33
2	Timothy Barnes	Pendle Ath	9:06	17:16	- 1	2 Timothy Barnes	Pendle Ath	9:06
3	Joseph Kirkley	Lancaster A	9:10	17:47	+ 1	3 Joseph Kirkley	Lancaster A	9:10
4	Jack Hughes	Preston Ha A	9:18	18:00	+ 1	4 Jack Hughes	Preston Ha A	9:18
5	Harley Place	Rossendale A	9:51	18:25	- 2	5 Tyler Hanafin	Lancaster B	9:23
6	Tyler Hanafin	Lancaster B	9:23	18:44	0	6 Edward Peill	Blackpool B	9:51
7	Edward Peill	Blackpool B	9:51	19:41	0	7 Harley Place	Rossendale A	9:51

U13 Boys - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:		
1	George Robinson	Blackpool A	8:17	25:22	0	1 George Robinson	Blackpool A	8:17
2	Kieron Blackburn	Lancaster A	9:03	26:50	+ 1	2 Ben Green	Rossendale A	8:30
3	Ben Green	Rossendale A	8:30	26:55	+ 2	3 Kieron Blackburn	Lancaster A	9:03
4	Harvey VanGeffen	Pendle Ath	10:12	27:28	- 2	4 Euan Marsden	Preston Ha A	9:57
5	Euan Marsden	Preston Ha A	9:57	27:57	- 1	5 Harvey VanGeffen	Pendle Ath	10:12
6	Sam Wise	Blackpool B	10:27	30:08	+ 1	6 Sam Wise	Blackpool B	10:27

U13 Boys Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

1	Blackpool Wyre & Fylde Ac	'A'	25:22	5	Preston Harriers	'A'	27:57	
1	Christian Linton (2)	8:32	2 Benjamin Preddy (1)	8:33	1 S Beckett (5)	8:42	2 Jack Hughes (4)	9:18
3	George Robinson (1)	8:17	3 Euan Marsden (5)	9:57				
2	Lancaster & Morecambe Ac	'A'	26:50	6	Blackpool Wyre & Fylde Ac	'B'	30:08	
1	Lewis Allott (4)	8:37	2 Joseph Kirkley (3)	9:10	1 William Holmes (7)	9:50	2 Edward Peill (7)	9:51
3	Kieron Blackburn (2)	9:03	3 Sam Wise (6)	10:27				
3	Rossendale Harriers & Ac	'A'	26:55	Incomplete Teams:				
1	Matthew MacKay (3)	8:34	2 Harley Place (5)	9:51	Lancaster & Morecambe Ac			'B'
3	Ben Green (3)	8:30			1 Lucas Done (6)	9:21	2 Tyler Hanafin (6)	9:23
4	Pendle Athletic Club	27:28						
1	Kai Atkins (1)	8:10	2 Timothy Barnes (2)	9:06				
3	Harvey VanGeffen (4)	10:12						

Fastest of all legs

1	Kai Atkins	Pendle Ath	8:10	11	Joseph Kirkley	Lancaster	A	9:10	
2	George Robinson	Blackpool	A	8:17	12	Jack Hughes	Preston Ha	A	9:18
3	Ben Green	Rossendale	A	8:30	13	Lucas Done	Lancaster	B	9:21
4	Christian Linton	Blackpool	A	8:32	14	Tyler Hanafin	Lancaster	B	9:23
5	Benjamin Preddy	Blackpool	A	8:33	15	William Holmes	Blackpool	B	9:50
6	Matthew MacKay	Rossendale	A	8:34	16	Edward Peill	Blackpool	B	9:51
7	Lewis Allott	Lancaster	A	8:37	=	Harley Place	Rossendale	A	9:51
8	S Beckett	Preston Ha	A	8:42	18	Euan Marsden	Preston Ha	A	9:57
9	Kieron Blackburn	Lancaster	A	9:03	19	Harvey VanGeffen	Pendle Ath		10:12
10	Timothy Barnes	Pendle Ath	9:06	20	Sam Wise	Blackpool	B	10:27	

North West Road Relays at Lancaster on Sunday 15th September 2013

U13 Girls - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Natalya Irvine	Blackburn	8:41	6	Sophie Rotherham	Preston H A	9:30
2	Samantha Bland	Kendal Am	8:58	7	Emily Morgan	Rossendal A	9:46
3	Georgia Tansey	Ribble Va	9:06	8	Eleanor Ward	Preston H B	10:03
4	Orla Holt	Rossendal B	9:23	9	Hannah Eadie	Blackpool	10:49
5	Emma Whitaker	Lancaster A	9:26	10	Holly Walsh	Lancaster B	11:26

U13 Girls - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:	Time
1	Hannah Cookson	Blackburn	9:02	17:43	0	1 Hannah Cookson	Blackburn 9:02
2	Erin Moldrig	Ribble Va	9:39	18:45	+ 1	2 Phoebe Small	Rossendal A 9:09
3	Phoebe Small	Rossendal A	9:09	18:55	+ 4	3 Holly Keelan	Preston H B 9:36
4	Stephanie Driscoll	Kendal Am	10:03	19:01	- 2	4 Amy Monkhouse	Lancaster A 9:39
5	Amy Monkhouse	Lancaster A	9:39	19:05	0	5 Erin Moldrig	Ribble Va 9:39
6	Tegan Jane MacUras	Preston H A	10:00	19:30	0	6 Tegan Jane MacUras	Preston H A 10:00
7	Holly Keelan	Preston H B	9:36	19:39	+ 1	7 Sydnie Bairstow	Blackpool 10:02
8	Alice Hopkinson	Rossendal B	10:49	20:12	- 4	8 Stephanie Driscoll	Kendal Am 10:03
9	Sydnie Bairstow	Blackpool	10:02	20:51	0	9 Alice Hopkinson	Rossendal B 10:49

U13 Girls - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:	Time
1	Maddie Elliott	Blackburn	9:18	27:01	0	1 Jasmine Jolly	Preston H A 8:54
2	Ella Tinman	Rossendal A	9:06	28:01	+ 1	2 Ella Tinman	Rossendal A 9:06
3	Melita Griffin	Ribble Va	9:27	28:12	- 1	3 Maddie Elliott	Blackburn 9:18
4	Jasmine Jolly	Preston H A	8:54	28:24	+ 2	4 Danielle Whipp	Blackpool 9:24
5	Mellisa Sproul	Kendal Am	9:53	28:54	- 1	5 Melita Griffin	Ribble Va 9:27
6	Sadie Spencer	Lancaster A	10:06	29:11	- 1	6 Mellisa Sproul	Kendal Am 9:53
7	Danielle Whipp	Blackpool	9:24	30:15	+ 2	7 Lucie Wood	Rossendal B 10:03
8	Lucie Wood	Rossendal B	10:03	30:15	0	8 Sadie Spencer	Lancaster A 10:06
9	Abbie Rowland	Preston H B	10:37	30:16	- 2	9 Abbie Rowland	Preston H B 10:37

U13 Girls Lancs — Team Results — Final (nn) is team position after the appropriate stage.

1 Blackburn Harriers & Ac	27:01	6 Lancaster & Morecambe Ac	'A'	29:11
1 Natalya Irvine (1) 8:41	2 Hannah Cookson (1) 9:02	1 Emma Whitaker (5) 9:26	2 Amy Monkhouse (5) 9:39	
3 Maddie Elliott (1) 9:18		3 Sadie Spencer (6) 10:06		
2 Rossendale Harriers & Ac	'A'	28:01	7 Blackpool Wyre & Fylde Ac	30:15
1 Emily Morgan (7) 9:46	2 Phoebe Small (3) 9:09	1 Hannah Eadie (9) 10:49	2 Sydnie Bairstow (9) 10:02	
3 Ella Tinman (2) 9:06		3 Danielle Whipp (7) 9:24		
3 Ribble Valley Athletic Club	28:12	8 Rossendale Harriers & Ac	'B'	30:15
1 Georgia Tansey (3) 9:06	2 Erin Moldrig (2) 9:39	1 Orla Holt (4) 9:23	2 Alice Hopkinson (8) 10:49	
3 Melita Griffin (3) 9:27		3 Lucie Wood (8) 10:03		
4 Preston Harriers	'A'	28:24	9 Preston Harriers	'B'
1 Sophie Rotherham (6) 9:30	2 Tegan Jane MacUras (6) 10:00	1 Eleanor Ward (8) 10:03	2 Holly Keelan (7) 9:36	
3 Jasmine Jolly (4) 8:54		3 Abbie Rowland (9) 10:37		
5 Kendal Amateur Athletic Club	28:54	Incomplete Teams:		
1 Samantha Bland (2) 8:58	2 Stephanie Driscoll (4) 10:03	Lancaster & Morecambe Ac	'B'	
3 Mellisa Sproul (5) 9:53		1 Holly Walsh (10) 11:26		

Fastest of all legs

1 Natalya Irvine	Blackburn	8:41	13 Sophie Rotherham	Preston H	A	9:30
2 Jasmine Jolly	Preston H	A	8:54	14 Holly Keelan	Preston H	B
3 Samantha Bland	Kendal Am	8:58	15 Erin Moldrig	Ribble Va		9:39
4 Hannah Cookson	Blackburn	9:02	= Amy Monkhouse	Lancaster	A	9:39
5 Georgia Tansey	Ribble Va	9:06	17 Emily Morgan	Rossendal	A	9:46
= Ella Tinman	Rossendal	A	9:06	18 Mellisa Sproul	Kendal Am	
7 Phoebe Small	Rossendal	A	9:09	19 Tegan Jane MacUras	Preston H	A
8 Maddie Elliott	Blackburn	9:18	20 Sydnie Bairstow	Blackpool		10:02
9 Orla Holt	Rossendal	B	9:23	21 Eleanor Ward	Preston H	B
10 Danielle Whipp	Blackpool	9:24	= Lucie Wood	Rossendal	B	10:03
11 Emma Whitaker	Lancaster	A	9:26	= Stephanie Driscoll	Kendal Am	
12 Melita Griffin	Ribble Va	9:27	24 Sadie Spencer	Lancaster	A	10:06

North West Road Relays at Lancaster on Sunday 15th September 2013

U15 Boys - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Byron Abbott	Blackburn	7:48
2	Matthew Thompson	Pendle Ath A	7:59
3	Sean Bellis	Preston Ha A	8:06
4	Luke Thompson	Pendle Ath B	8:10
5	George Tostevin	Lancaster A	8:22
6	Ethan Darr	Preston Ha B	8:26
7	A Hamilton	BlackpoolW	8:45

U15 Boys - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Tiarnan Crokken	Pendle Ath A	7:45	15:44	+ 1	1	Tiarnan Crokken	Pendle Ath A	7:45
2	Thomas Marchant	Pendle Ath B	8:03	16:13	+ 2	2	Thomas Marchant	Pendle Ath B	8:03
3	Adam Roberts	Preston Ha A	8:19	16:25	0	3	S Matthews	BlackpoolW	8:06
4	S Matthews	BlackpoolW	8:06	16:51	+ 3	4	Adam Roberts	Preston Ha A	8:19
5	Michael Sallis	Lancaster A	8:51	17:13	0	5	George Warburton	Preston Ha B	8:48
6	George Warburton	Preston Ha B	8:48	17:14	0	6	Michael Sallis	Lancaster A	8:51

U15 Boys - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Matthew Barnes	Pendle Ath A	7:40	23:24	0	1	Matthew Barnes	Pendle Ath A	7:40
2	Paul Blezard	Preston Ha A	7:46	24:11	+ 1	2	Paul Blezard	Preston Ha A	7:46
3	T Matthews	BlackpoolW	8:15	25:06	+ 1	3	T Matthews	BlackpoolW	8:15
4	Jacob VanGeffen	Pendle Ath B	9:06	25:19	- 2	4	Niall Graham	Lancaster A	8:20
5	Niall Graham	Lancaster A	8:20	25:33	0	5	Jacob VanGeffen	Pendle Ath B	9:06
6	Lewis Bernstein	Preston Ha B	9:29	26:43	0	6	Lewis Bernstein	Preston Ha B	9:29

Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

1	Pendle Athletic Club	'A'	23:24		5	Lancaster & Morecambe Ac	'A'	25:33			
1	Matthew Thompson (2)	7:59	2	Tiarnan Crokken (1)	7:45	1	George Tostevin (5)	8:22	2	Michael Sallis (5)	8:51
3	Matthew Barnes (1)	7:40				3	Niall Graham (5)	8:20			
2	Preston Harriers	'A'	24:11		6	Preston Harriers	'B'	26:43			
1	Sean Bellis (3)	8:06	2	Adam Roberts (3)	8:19	1	Ethan Darr (6)	8:26	2	George Warburton (6)	8:48
3	Paul Blezard (2)	7:46				3	Lewis Bernstein (6)	9:29			
3	Blackpool Wyre & Fylde Ac	'A'	25:06		Incomplete Teams:						
1	A Hamilton (7)	8:45	2	S Matthews (4)	8:06						
3	T Matthews (3)	8:15									
4	Pendle Athletic Club	'B'	25:19			Blackburn Harriers & Ac					
1	Luke Thompson (4)	8:10	2	Thomas Marchant (2)	8:03	1	Byron Abbott (1)	7:48			
3	Jacob VanGeffen (4)	9:06									

Fastest of all legs

1	Matthew Barnes	Pendle Ath	A	7:40
2	Tiarnan Crokken	Pendle Ath	A	7:45
3	Paul Blezard	Preston Ha	A	7:46
4	Byron Abbott	Blackburn		7:48
5	Matthew Thompson	Pendle Ath	A	7:59
6	Thomas Marchant	Pendle Ath	B	8:03
7	S Matthews	BlackpoolW		8:06
=	Sean Bellis	Preston Ha	A	8:06
9	Luke Thompson	Pendle Ath	B	8:10
10	T Matthews	BlackpoolW		8:15
11	Adam Roberts	Preston Ha	A	8:19
12	Niall Graham	Lancaster	A	8:20
13	George Tostevin	Lancaster	A	8:22
14	Ethan Darr	Preston Ha	B	8:26
15	A Hamilton	BlackpoolW		8:45
16	George Warburton	Preston Ha	B	8:48
17	Michael Sallis	Lancaster	A	8:51
18	Jacob VanGeffen	Pendle Ath	B	9:06
19	Lewis Bernstein	Preston Ha	B	9:29

North West Road Relays at Lancaster on Sunday 15th September 2013

U15 Girls - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Meg Beckett	Preston Ha A	8:29	6	Sarah Goldswain	Rossendale B	9:12
2	C Waddington	Rossendale A	8:34	7	Elisha Lyttle	Preston Ha B	9:14
3	Megan Clarkson	Blackburn A	9:02	8	Eleanor Bolton	Ribble Val	9:17
4	Annie Bradshaw	Blackpool	9:08	9	Olivia Wilson	Blackburn B	10:20
5	Charlotte Mawdsley	Liverpoolp	9:10	10	Shannon Perry	Lancaster A	10:24

U15 Girls - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	E Greenwood	Blackburn A	7:53	16:55	+ 2	1	E Greenwood	Blackburn A	7:53
2	Corinna Howorth	Rossendale A	8:53	17:27	0	2	Corinna Howorth	Rossendale A	8:53
3	Charlotte Crook	Preston Ha A	8:59	17:28	- 2	3	Charlotte Crook	Preston Ha A	8:59
4	Charlotte Moxham	Ribble Val	9:13	18:30	+ 4	4	Charlotte Moxham	Ribble Val	9:13
5	J Gonzalez-Green	Liverpoolp	9:39	18:49	0	5	J Gonzalez-Green	Liverpoolp	9:39
6	Hannah Mulholland	Preston Ha B	10:11	19:25	+ 1	6	Neve Spotswood	Lancaster A	9:53
7	Lauren Brook	Blackpool	10:19	19:27	- 3	7	Hannah Mulholland	Preston Ha B	10:11
8	Eleanor Solomon	Rossendale B	10:19	19:31	- 2	8	Eleanor Solomon	Rossendale B	10:19
9	Neve Spotswood	Lancaster A	9:53	20:17	+ 1	9	Lauren Brook	Blackpool	10:19
10	Rose Abbott	Blackburn B	11:30	21:50	- 1	10	Rose Abbott	Blackburn B	11:30

U15 Girls - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Grace Handley	Blackburn A	8:11	25:06	0	1	Grace Handley	Blackburn A	8:11
2	S Hollings	Preston Ha A	8:51	26:19	+ 1	2	Morag Molyneux	Liverpoolp	8:48
3	Shauna Williamson	Rossendale A	9:18	26:45	- 1	3	S Hollings	Preston Ha A	8:51
4	Morag Molyneux	Liverpoolp	8:48	27:37	+ 1	4	Jessica Rogers	Blackpool	9:08
5	Jessica Rogers	Blackpool	9:08	28:35	+ 2	5	Shauna Williamson	Rossendale A	9:18
6	Sarah Longshaw	Rossendale B	9:39	29:10	+ 2	6	Sarah Longshaw	Rossendale B	9:39
7	Esme Pearse	Blackburn B	11:10	33:00	+ 3	7	Esme Pearse	Blackburn B	11:10

Lancs — Team Results — Final (nn) is team position after the appropriate stage.

1	Blackburn Harriers & Ac	'A'	25:06	7	Blackburn Harriers & Ac	'B'	33:00				
1	Megan Clarkson (3)	9:02	2	E Greenwood (1)	7:53	1	Olivia Wilson (9)	10:20	2	Rose Abbott (10)	11:30
3	Grace Handley (1)	8:11				3	Esme Pearse (7)	11:10			
2	Preston Harriers	'A'	26:19	1	Blackburn Harriers & Ac	'B'	33:00				
1	Meg Beckett (1)	8:29	2	Charlotte Crook (3)	8:59						
3	S Hollings (2)	8:51									
3	Rossendale Harriers & Ac	'A'	26:45	1	Ribble Valley Athletic Club						
1	C Waddington (2)	8:34	2	Corinna Howorth (2)	8:53	1	Eleanor Bolton (8)	9:17	2	Charlotte Moxham (4)	9:13
3	Shauna Williamson (3)	9:18									
4	Liverpool Pembroke & Sefton H		27:37	1	Preston Harriers	'B'					
1	Charlotte Mawdsley (5)	9:10	2	J Gonzalez-Green (5)	9:39	1	Elisha Lyttle (7)	9:14	2	Hannah Mulholland (6)	10:11
3	Morag Molyneux (4)	8:48									
5	Blackpool Wyre & Fylde Ac		28:35	1	Lancaster & Morecambe Ac	'A'					
1	Annie Bradshaw (4)	9:08	2	Lauren Brook (7)	10:19	1	Shannon Perry (10)	10:24	2	Neve Spotswood (9)	9:53
3	Jessica Rogers (5)	9:08									
6	Rossendale Harriers & Ac	'B'	29:10	1	Blackburn Harriers & Ac	'B'	33:00				
1	Sarah Goldswain (6)	9:12	2	Eleanor Solomon (8)	10:19						
3	Sarah Longshaw (6)	9:39									

Fastest of all legs

1	E Greenwood	Blackburn	A	7:53	15	Elisha Lyttle	Preston Ha	B	9:14
2	Grace Handley	Blackburn	A	8:11	16	Eleanor Bolton	Ribble Val		9:17
3	Meg Beckett	Preston Ha	A	8:29	17	Shauna Williamson	Rossendale	A	9:18
4	C Waddington	Rossendale	A	8:34	18	Sarah Longshaw	Rossendale	B	9:39
5	Morag Molyneux	Liverpoolp		8:48	=	J Gonzalez-Green	Liverpoolp		9:39
6	S Hollings	Preston Ha	A	8:51	20	Neve Spotswood	Lancaster	A	9:53
7	Corinna Howorth	Rossendale	A	8:53	21	Hannah Mulholland	Preston Ha	B	10:11
8	Charlotte Crook	Preston Ha	A	8:59	22	Eleanor Solomon	Rossendale	B	10:19
9	Megan Clarkson	Blackburn	A	9:02	=	Lauren Brook	Blackpool		10:19
10	Annie Bradshaw	Blackpool		9:08	24	Olivia Wilson	Blackburn	B	10:20
=	Jessica Rogers	Blackpool		9:08	25	Shannon Perry	Lancaster	A	10:24
12	Charlotte Mawdsley	Liverpoolp		9:10	26	Esme Pearse	Blackburn	B	11:10
13	Sarah Goldswain	Rossendale	B	9:12	27	Rose Abbott	Blackburn	B	11:30
14	Charlotte Moxham	Ribble Val		9:13					

North West Road Relays at Lancaster on Sunday 15th September 2013

U17 Women - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Molly Betmead	Bwfac	8:17
2	Amelia Wood	Ribble Va	8:20
3	Emma Hargreaves	Preston H	8:28
4	Rebecca Flanagan	Rossendal A	8:29
5	Lucie Moore	Rossendal B	9:07
6	Katie Buckingham	Blackburn	9:18

U17 Women - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Bethany Blackwell	Preston H	8:31	16:59	+ 2	1	Bethany Blackwell	Preston H	8:31
2	Lucy Lennon	Ribble Va	9:02	17:22	0	2	Lucy Lennon	Ribble Va	9:02
3	Megan Solomon	Rossendal A	9:19	17:48	+ 1	3	Megan Solomon	Rossendal A	9:19
4	Rhiannon Wickham	Blackburn	9:29	18:47	+ 2	4	Rhiannon Wickham	Blackburn	9:29
5	Isabella Lewis	Rossendal B	10:06	19:13	0	5	Isabella Lewis	Rossendal B	10:06

U17 Women - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Grace Maddox	Preston H	9:04	26:03	0	1	Grace Maddox	Preston H	9:04
2	Georgina Smith	Ribble Va	9:11	26:33	0	2	Georgina Smith	Ribble Va	9:11
3	Shona Monks	Rossendal A	9:58	27:46	0	3	Phoebe Howe	Blackburn	9:37
4	Phoebe Howe	Blackburn	9:37	28:24	0	4	Shona Monks	Rossendal A	9:58
5	Chloe Law	Rossendal B	10:19	29:32	0	5	Chloe Law	Rossendal B	10:19

Lancs — Team Results — Final (nn) is team position after the appropriate stage.

1	Preston Harriers		26:03
1	Emma Hargreaves (3)	8:28	2 Bethany Blackwell (1) 8:31
3	Grace Maddox (1)	9:04	
2	Ribble Valley Athletic Club		26:33
1	Amelia Wood (2)	8:20	2 Lucy Lennon (2) 9:02
3	Georgina Smith (2)	9:11	
3	Rossendale Harriers & Ac		'A' 27:46
1	Rebecca Flanagan (4)	8:29	2 Megan Solomon (3) 9:19
3	Shona Monks (3)	9:58	
4	Blackburn Harriers & Ac		28:24
1	Katie Buckingham (6)	9:18	2 Rhiannon Wickham (4) 9:29
3	Phoebe Howe (4)	9:37	
5	Rossendale Harriers & Ac		'B' 29:32
1	Lucie Moore (5)	9:07	2 Isabella Lewis (5) 10:06
3	Chloe Law (5)	10:19	

Incomplete Teams:

Bwfac
1 Molly Betmead (1) 8:17

Fastest of all legs

1	Molly Betmead	Bwfac	8:17
2	Amelia Wood	Ribble Va	8:20
3	Emma Hargreaves	Preston H	8:28
4	Rebecca Flanagan	Rossendal A	8:29
5	Bethany Blackwell	Preston H	8:31
6	Lucy Lennon	Ribble Va	9:02
7	Grace Maddox	Preston H	9:04
8	Lucie Moore	Rossendal B	9:07
9	Georgina Smith	Ribble Va	9:11
10	Katie Buckingham	Blackburn	9:18
11	Megan Solomon	Rossendal A	9:19
12	Rhiannon Wickham	Blackburn	9:29
13	Phoebe Howe	Blackburn	9:37
14	Shona Monks	Rossendal A	9:58
15	Isabella Lewis	Rossendal B	10:06
16	Chloe Law	Rossendal B	10:19

North West Road Relays at Lancaster on Sunday 15th September 2013

U17 Men - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Chris Durney	Preston Ha A	14:06
2	Matthew Shackleton	Lancaster	14:28
3	Jack Hindle	Blackburn A	14:38
4	Albert Lawrenson	Ribble Val	15:23
5	Morgan Philips	Blackburn B	15:35
6	Robert Bryning	Preston Ha B	16:21

U17 Men - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Robert Wong	Blackburn A	14:57	29:35	+ 2	1	Robert Wong	Blackburn A	14:57
2	Dan Whitlock	Preston Ha A	15:31	29:37	- 1	2	Dan Whitlock	Preston Ha A	15:31
3	Rafi Scott	Lancaster	16:51	31:19	- 1	3	Joseph Campbell	Blackburn B	15:46
4	Joseph Campbell	Blackburn B	15:46	31:21	+ 1	4	George Nightingale	Ribble Val	16:12
5	George Nightingale	Ribble Val	16:12	31:35	- 1	5	Rafi Scott	Lancaster	16:51

U17 Men - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Joseph Howe	Blackburn A	14:45	44:20	0	1	Joseph Howe	Blackburn A	14:45
2	Sam Williams	Preston Ha A	15:34	45:11	0	2	Robert Shaw	Lancaster	15:06
3	Robert Shaw	Lancaster	15:06	46:25	0	3	Sam Williams	Preston Ha A	15:34
4	Daniel Bolton	Ribble Val	17:03	48:38	+ 1	4	Daniel Bolton	Ribble Val	17:03

Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

1	Blackburn Harriers & Ac	'A'	44:20	4	Ribble Valley Athletic Club	48:38					
1	JackHindle (3)	14:38	2	RobertWong (1)	14:57	1	Albert Lawrenson (4)	15:23	2	GeorgeNightingale (5)	16:12
3	JosephHowe (1)	14:45				3	DanielBolton (4)	17:03			
2	Preston Harriers	'A'	45:11	Incomplete Teams:							
1	ChrisDurney (1)	14:06	2	DanWhitlock (2)	15:31	Blackburn Harriers & Ac	'B'				
3	SamWilliams (2)	15:34				1	MorganPhilips (5)	15:35	2	JosephCampbell (4)	15:46
3	Lancaster & Morecambe Ac		46:25	Preston Harriers	'B'						
1	MatthewShackleton (2)	14:28	2	RafiScott (3)	16:51	1	RobertBryning (6)	16:21			
3	RobertShaw (3)	15:06									

Fastest of all legs

1	Chris Durney	Preston Ha	A	14:06
2	Matthew Shackleton	Lancaster		14:28
3	Jack Hindle	Blackburn	A	14:38
4	Joseph Howe	Blackburn	A	14:45
5	Robert Wong	Blackburn	A	14:57
6	Robert Shaw	Lancaster		15:06
7	Albert Lawrenson	Ribble Val		15:23
8	Dan Whitlock	Preston Ha	A	15:31
9	Sam Williams	Preston Ha	A	15:34
10	Morgan Philips	Blackburn	B	15:35
11	Joseph Campbell	Blackburn	B	15:46
12	George Nightingale	Ribble Val		16:12
13	Robert Bryning	Preston Ha	B	16:21
14	Rafi Scott	Lancaster		16:51
15	Daniel Bolton	Ribble Val		17:03

North West Road Relays at Lancaster on Sunday 15th September 2013

Senior Women - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Helen Booth	Lancaster	15:50	9	Fiona Geldard	Lytham St A	20:13
2	Lauren Gowland	Blackpool	16:17	10	Racheal Quinn	Penny Lan B	20:20
3	Rebecca Taylor	Blackburn A	16:36	11	Jan Buckingham	Blackburn D	21:25
4	Rachel Williams	Penny Lan A	16:48	12	Elizabeth Young	Thornton	23:16
5	Helen Lawrenson	Wesham Ro A	17:05	13	Pamela Binns	Lytham St B	24:11
6	Maxine Thompson	LpoolPS	17:54				
7	Jenn Thompson	Wesham Ro B	19:03				
8	C Atkinson	Blackburn B	19:31				

Senior Women - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Maria Snell	Lancaster	16:45	32:35	0	1	Helen Leigh	Blackburn A	16:19
2	Helen Leigh	Blackburn A	16:19	32:55	+ 1	2	June Swift	LpoolPS	16:45
3	Anastasia Bligh	Blackpool	17:33	33:50	- 1	3	Maria Snell	Lancaster	16:45
4	June Swift	LpoolPS	16:45	34:39	+ 2	4	Anastasia Bligh	Blackpool	17:33
5	Sue Coulthurst	Wesham Ro A	18:12	35:17	0	5	Sue Coulthurst	Wesham Ro A	18:12
6	Anne Oxbrough	Penny Lan A	18:32	35:20	- 2	6	Anne Oxbrough	Penny Lan A	18:32
7	Sharon Cooper	Wesham Ro B	20:35	39:38	0	7	Laura Sanderson	Penny Lan B	20:04
8	Kaylie Panaro	Blackburn B	20:29	40:00	0	8	Kaylie Panaro	Blackburn B	20:29
9	Laura Sanderson	Penny Lan B	20:04	40:24	+ 1	9	Sharon Cooper	Wesham Ro B	20:35
10	Barbara Holmes	Lytham St A	21:18	41:31	- 1	10	Barbara Holmes	Lytham St A	21:18
11	Denise Wilson	Blackburn D	22:19	43:44	0				
12	Janice Coble	Lytham St B	23:06	47:17	+ 1				
13	Melanie Foster	Thornton	25:07	48:23	- 1				

Senior Women - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Sarah Hodgson	Lancaster	15:38	48:13	0	1	Sarah Hodgson	Lancaster	15:38
2	Shelley Tattersall	Blackburn A	18:04	50:59	0	2	Michelle Cobourn	Penny Lan A	17:18
3	Beverley Wright	Blackpool	17:49	51:39	0	3	Beverley Wright	Blackpool	17:49
4	Michelle Cobourn	Penny Lan A	17:18	52:38	+ 2	4	Shelley Tattersall	Blackburn A	18:04
5	Loy Kalasiram	LpoolPS	18:56	53:35	- 1	5	Loy Kalasiram	LpoolPS	18:56
6	Kathleen Hoyer	Wesham Ro A	19:21	54:38	- 1	6	Kathleen Hoyer	Wesham Ro A	19:21
7	Louise McCauley	Blackburn B	19:24	59:24	+ 1	7	Louise McCauley	Blackburn B	19:24
8	Victoria Barlow	Wesham Ro B	21:36	1:01:14	- 1	8	Catherine Guinan	Blackburn D	20:35
9	Pippa Hughes	Lytham St A	21:00	1:02:31	+ 1	9	Pippa Hughes	Lytham St A	21:00
10	Catherine Guinan	Blackburn D	20:35	1:04:19	+ 1	10	Victoria Barlow	Wesham Ro B	21:36
11	Bev Foster	Thornton	24:16	1:12:39	+ 2				
12	Catherine French	Lytham St B	26:58	1:14:15	0				

North West Road Relays at Lancaster on Sunday 15th September 2013

Lancs — Team Results — Final

(nn) is team position after the appropriate stage.

1 Lancaster & Morecambe Ac	48:13	9 Lytham St Annes Rr Club	'A' 1:02:31
1 Helen Booth (1) 15:50	2 Maria Snell (1) 16:45	1 Fiona Geldard (9) 20:13	2 Barbara Holmes (10) 21:18
3 Sarah Hodgson (1) 15:38		3 Pippa Hughes (9) 21:00	
2 Blackburn Harriers & Ac	'A' 50:59	10 Blackburn Harriers & Ac	'D' 1:04:19
1 Rebecca Taylor (3) 16:36	2 Helen Leigh (2) 16:19	1 Jan Buckingham (11) 21:25	2 Denise Wilson (11) 22:19
3 Shelley Tattersall (2) 18:04		3 Catherine Guinan (10) 20:35	
3 Blackpool Wyre & Fylde Ac	51:39	11 Thornton Cleveleys Running Cl	1:12:39
1 Lauren Gowland (2) 16:17	2 Anastasia Bligh (3) 17:33	1 Elizabeth Young (12) 23:16	2 Melanie Foster (13) 25:07
3 Beverley Wright (3) 17:49		3 Bev Foster (11) 24:16	
4 Penny Lane Striders	'A' 52:38	12 Lytham St Annes Rr Club	'B' 1:14:15
1 Rachel Williams (4) 16:48	2 Anne Oxbrough (6) 18:32	1 Pamela Binns (13) 24:11	2 Janice Cobley (12) 23:06
3 Michelle Cobourn (4) 17:18		3 Catherine French (12) 26:58	
5 Liverpool Pembroke & Sefton H	53:35	Incomplete Teams:	
1 Maxine Thompson (6) 17:54	2 June Swift (4) 16:45	Penny Lane Striders	
3 Loy Kalasiram (5) 18:56		'B'	
6 Wesham Road Runners & Ac	'A' 54:38	1 Racheal Quinn (10) 20:20	2 Laura Sanderson (9) 20:04
1 Helen Lawrenson (5) 17:05	2 Sue Coulthurst (5) 18:12		
3 Kathleen Hoyer (6) 19:21			
7 Blackburn Harriers & Ac	'B' 59:24		
1 C Atkinson (8) 19:31	2 Kaylie Panaro (8) 20:29		
3 Louise McCauley (7) 19:24			
8 Wesham Road Runners & Ac	'B' 1:01:14		
1 Jenn Thompson (7) 19:03	2 Sharon Cooper (7) 20:35		
3 Victoria Barlow (8) 21:36			

Fastest of all legs

1 Sarah Hodgson	Lancaster	15:38	23 Fiona Geldard	Lytham St	A	20:13
2 Helen Booth	Lancaster	15:50	24 Racheal Quinn	Penny Lan	B	20:20
3 Lauren Gowland	Blackpool	16:17	25 Kaylie Panaro	Blackburn	B	20:29
4 Helen Leigh	Blackburn	A 16:19	26 Sharon Cooper	Wesham Ro	B	20:35
5 Rebecca Taylor	Blackburn	A 16:36	= Catherine Guinan	Blackburn	D	20:35
6 June Swift	LpoolPS	16:45	28 Pippa Hughes	Lytham St	A	21:00
= Maria Snell	Lancaster	16:45	29 Barbara Holmes	Lytham St	A	21:18
8 Rachel Williams	Penny Lan	A 16:48	30 Jan Buckingham	Blackburn	D	21:25
9 Helen Lawrenson	Wesham Ro	A 17:05	31 Victoria Barlow	Wesham Ro	B	21:36
10 Michelle Cobourn	Penny Lan	A 17:18	32 Denise Wilson	Blackburn	D	22:19
11 Anastasia Bligh	Blackpool	17:33	33 Janice Cobley	Lytham St	B	23:06
12 Beverley Wright	Blackpool	17:49	34 Elizabeth Young	Thornton		23:16
13 Maxine Thompson	LpoolPS	17:54	35 Pamela Binns	Lytham St	B	24:11
14 Shelley Tattersall	Blackburn	A 18:04	36 Bev Foster	Thornton		24:16
15 Sue Coulthurst	Wesham Ro	A 18:12	37 Melanie Foster	Thornton		25:07
16 Anne Oxbrough	Penny Lan	A 18:32	38 Catherine French	Lytham St	B	26:58
17 Loy Kalasiram	LpoolPS	18:56				
18 Jenn Thompson	Wesham Ro	B 19:03				
19 Kathleen Hoyer	Wesham Ro	A 19:21				
20 Louise McCauley	Blackburn	B 19:24				
21 C Atkinson	Blackburn	B 19:31				
22 Laura Sanderson	Penny Lan	B 20:04				

North West Road Relays

at Lancaster on Sunday 15th September 2013

Senior Men - Lancs Stage 1 — Final Results

Pos	Name	Club	Leg Time					
1	David Carthy	Preston Ha	A	13:18	12	Isaac Scott	Lancaster B	16:02
2	Josh Tighe	Salford Ha		13:33	13	Ryan Bradshaw	Rossendale B	16:34
3	Christopher Fell	Rossendale	A	13:34	14	Allan Hartley	Blackburn C	16:49
4	Alistair Nelson	Lpool PS	A	13:38	15	Simon Eaton	Wesham Roa A	17:10
5	Robert Warner	Blackburn	B	13:57	16	Christopher Moss	Wesham Roa B	17:45
6	Andy Kaufman	Wigan Dist		14:10	17	R Stainer	LythamSARC B	17:52
7	Luke Minns	Blackpool	A	14:26	18	Derek Crane	Blackpool C	18:11
8	Raymond Edgar	Lancaster	A	15:11	19	Reg Smallbone	Blackpool D	18:58
9	Kyle Nicholls	Lpool PS	B	15:37	20	Robert Newman	Blackpool B	21:08
10	P Cruse	LythamSARC	A	15:53	21	Alan Taylor	Wesham Roa C	21:18
11	Gary Pearse	Blackburn	A	15:58				

Senior Men - Lancs Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain							
1	Robert Webb	Rossendale	A	13:58	27:32	+ 2	17	Jeffery Wright	Blackpool C	20:49	39:00	+ 1
2	Sandy Kelly	Preston Ha	A	14:39	27:57	- 1	18	Simon Young	Wesham Roa B	22:09	39:54	- 2
3	Ryan Blackwell	Lpool PS	A	14:27	28:05	+ 1	19	Alan Wilkinson	Blackpool D	21:20	40:18	0
4	Tom Blaney	Blackburn	B	14:44	28:41	+ 1	20	Paul Carter	Wesham Roa C	20:38	41:56	+ 1
5	Eric Williams	Salford Ha		15:11	28:44	- 3	21	Anthony Croft	Blackpool B	21:04	42:12	- 1
6	Malcolm Eadie	Blackpool	A	14:21	28:47	+ 1	Fastest runners over stage 2:					
7	Kieran Rowlands	Lancaster	A	14:26	29:37	+ 1	1	Robert Webb	Rossendale	A	13:58	
8	Stephen Nicholls	Wigan Dist		15:43	29:53	- 2	2	Malcolm Eadie	Blackpool	A	14:21	
9	Paul Guinan	Blackburn	A	15:03	31:01	+ 2	3	Kieran Rowlands	Lancaster	A	14:26	
10	Philip Bolton	Rossendale	B	14:41	31:15	+ 3	4	Ryan Blackwell	Lpool PS	A	14:27	
11	Robert Bland	Lpool PS	B	16:05	31:42	- 2	5	Sandy Kelly	Preston Ha	A	14:39	
12	Eryl Husband	Lancaster	B	16:09	32:11	0	6	Philip Bolton	Rossendale	B	14:41	
13	Mark Almond	Blackburn	C	15:54	32:43	+ 1	7	Tom Blaney	Blackburn	B	14:44	
14	T Hellings	LythamSARC	A	18:18	34:11	- 4	8	Paul Guinan	Blackburn	A	15:03	
15	Gary Barnett	Wesham Roa	A	17:09	34:19	0	9	Eric Williams	Salford Ha		15:11	
16	R Storey	LythamSARC	B	18:47	36:39	+ 1	10	Stephen Nicholls	Wigan Dist		15:43	

Senior Men - Lancs Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain							
1	James Loftus	Lpool PS	A	13:59	42:04	+ 2	16	David Randall	Blackpool C	20:46	59:46	+ 1
2	Daniel Walsh	Rossendale	A	14:38	42:10	- 1	17	Peter Bartlett	Wesham Roa B	20:08	1:00:02	+ 1
3	Daniel Bebbington	Preston Ha	A	14:38	42:35	- 1	18	Peter Gibson	Blackpool D	19:54	1:00:12	+ 1
4	Adam Weightman	Blackpool	A	15:03	43:50	+ 2	19	Terence Westhead	Blackpool B	18:40	1:00:52	+ 2
5	Danny Maynard	Blackburn	B	16:04	44:45	- 1	Fastest runners over stage 3:					
6	Adam Bateson	Lancaster	A	15:34	45:11	+ 1	1	James Loftus	Lpool PS	A	13:59	
7	Shaun Livesey	Blackburn	A	14:46	45:47	+ 2	2	Daniel Bebbington	Preston Ha	A	14:38	
8	Gary Pendlebury	Salford Ha		17:37	46:21	- 3	3	Daniel Walsh	Rossendale	A	14:38	
9	Ian Roberts	Lpool PS	B	14:46	46:28	+ 2	4	Ian Roberts	Lpool PS	B	14:46	
10	Andy Preston	Rossendale	B	15:24	46:39	0	5	Shaun Livesey	Blackburn	A	14:46	
11	Gary Wayen	Wigan Dist		17:24	47:17	- 3	6	Adam Weightman	Blackpool	A	15:03	
12	Paul David Gregory	Wesham Roa	A	15:48	50:07	+ 3	7	Andy Preston	Rossendale	B	15:24	
13	John Cookson	Blackburn	C	17:57	50:40	0	8	Adam Bateson	Lancaster	A	15:34	
14	C Willow	LythamSARC	A	18:21	52:32	0	9	Paul David Gregory	Wesham Roa	A	15:48	
15	G Oulton	LythamSARC	B	22:08	58:47	+ 1	10	Danny Maynard	Blackburn	B	16:04	

Senior Men - Lancs Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain							
1	Joseph Johnston	Rossendale	A	13:39	55:49	+ 1	16	Nick Hume	Blackpool B	19:04	1:19:56	+ 3
2	David Rigby	Preston Ha	A	13:59	56:34	+ 1	17	M Selby	LythamSARC B	25:18	1:24:05	- 2
3	Sean Kirkbride	Lpool PS	A	15:13	57:17	- 2	18	Dave Heaton	Blackpool C	24:52	1:24:38	- 2
4	Liam Craine	Blackpool	A	14:46	58:36	0	19	Norman Greenwood	Blackpool D	24:36	1:24:48	- 1
5	Zachary Howe	Blackburn	B	14:20	59:05	0	Fastest runners over stage 4:					
6	Mark Gardner	Lancaster	A	15:03	1:00:14	0	1	Joseph Johnston	Rossendale	A	13:39	
7	Chris Barnes	Blackburn	A	14:50	1:00:37	0	2	David Rigby	Preston Ha	A	13:59	
8	Robert Parkinson	Lpool PS	B	15:39	1:02:07	+ 1	3	Zachary Howe	Blackburn	B	14:20	
9	Trevor Rayner	Salford Ha		16:09	1:02:30	- 1	4	Robert Danson	Wesham Roa	A	14:37	
10	Steve Duxbury	Rossendale	B	16:03	1:02:42	0	5	Liam Craine	Blackpool	A	14:46	
11	C Burgess	Wigan Dist		16:04	1:03:21	0	6	Chris Barnes	Blackburn	A	14:50	
12	Robert Danson	Wesham Roa	A	14:37	1:04:44	0	7	Mark Gardner	Lancaster	A	15:03	
13	G Webster	LythamSARC	A	16:53	1:09:25	+ 1	8	Sean Kirkbride	Lpool PS	A	15:13	
14	Ian Clarkson	Blackburn	C	18:57	1:09:37	- 1	9	Robert Parkinson	Lpool PS	B	15:39	
15	John Sharples	Wesham Roa	B	19:13	1:19:15	+ 2	10	Steve Duxbury	Rossendale	B	16:03	

North West Road Relays

at Lancaster on Sunday 15th September 2013

(nn) is team position after the appropriate stage.

1	Rossendale Harriers & AC	'A'	55:49				
1	Christopher Fell (3)	13:34	2	Robert Webb (1)	13:58		
3	Daniel Walsh (2)	14:38	4	Joseph Johnston (1)	13:39		
2	Preston Harriers	'A'	56:34				
1	David Carthy (1)	13:18	2	Sandy Kelly (2)	14:39		
3	Daniel Bebbington (3)	14:38	4	David Rigby (2)	13:59		
3	Liverpool Pembroke & Sefton H	'A'	57:17				
1	Alistair Nelson (4)	13:38	2	Ryan Blackwell (3)	14:27		
3	James Loftus (1)	13:59	4	Sean Kirkbride (3)	15:13		
4	Blackpool Wyre & Fylde AC	'A'	58:36				
1	Luke Minns (7)	14:26	2	Malcolm Eadie (6)	14:21		
3	Adam Weightman (4)	15:03	4	Liam Craine (4)	14:46		
5	Blackburn Harriers & AC	'B'	59:05				
1	Robert Warner (5)	13:57	2	Tom Blaney (4)	14:44		
3	Danny Maynard (5)	16:04	4	Zachary Howe (5)	14:20		
6	Lancaster & Morecambe AC	'A'	1:00:14				
1	Raymond Edgar (8)	15:11	2	Kieran Rowlands (7)	14:26		
3	Adam Bateson (6)	15:34	4	Mark Gardner (6)	15:03		
7	Blackburn Harriers & AC	'A'	1:00:37				
1	Gary Pearse (11)	15:58	2	Paul Guinan (9)	15:03		
3	Shaun Livesey (7)	14:46	4	Chris Barnes (7)	14:50		
8	Liverpool Pembroke & Sefton H	'B'	1:02:07				
1	Kyle Nicholls (9)	15:37	2	Robert Bland (11)	16:05		
3	Ian Roberts (9)	14:46	4	Robert Parkinson (8)	15:39		
9	Salford Harriers & AC		1:02:30				
1	Josh Tighe (2)	13:33	2	Eric Williams (5)	15:11		
3	Gary Pendlebury (8)	17:37	4	Trevor Rayner (9)	16:09		
10	Rossendale Harriers & AC	'B'	1:02:42				
1	Ryan Bradshaw (13)	16:34	2	Philip Bolton (10)	14:41		
3	Andy Preston (10)	15:24	4	Steve Duxbury (10)	16:03		
11	Wigan District AC		1:03:21				
1	Andy Kaufman (6)	14:10	2	Stephen Nicholls (8)	15:43		
3	Gary Wayen (11)	17:24	4	C Burgess (11)	16:04		
12	Wesham Road Runners & AC	'A'	1:04:44				
1	Simon Eaton (15)	17:10	2	Garry Barnett (15)	17:09		
3	Paul David Gregory (12)	15:48	4	Robert Danson (12)	14:37		
13	Lytham St Annes Rr Club	'A'	1:09:25				
1	P Cruse (10)	15:53	2	T Hellings (14)	18:18		
3	C Willow (14)	18:21	4	G Webster (13)	16:53		
14	Blackburn Harriers & AC	'C'	1:09:37				
1	Allan Hartley (14)	16:49	2	Mark Almond (13)	15:54		
3	John Cookson (13)	17:57	4	Ian Clarkson (14)	18:57		
15	Wesham Road Runners & AC	'B'	1:19:15				
1	Christopher Moss (16)	17:45	2	Simon Young (18)	22:09		
3	Peter Bartlett (17)	20:08	4	John Sharples (15)	19:13		
16	Blackpool Wyre & Fylde AC	'B'	1:19:56				
1	Robert Newman (20)	21:08	2	Anthony Croft (21)	21:04		
3	Terence Westhead (19)	18:40	4	Nick Hume (16)	19:04		
17	Lytham St Annes Rr Club	'B'	1:24:05				
1	R Stainer (17)	17:52	2	R Storey (16)	18:47		
3	G Oulton (15)	22:08	4	M Selby (17)	25:18		
18	Blackpool Wyre & Fylde AC	'C'	1:24:38				
1	Derek Crane (18)	18:11	2	Jeffery Wright (17)	20:49		
3	David Randall (16)	20:46	4	Dave Heaton (18)	24:52		
19	Blackpool Wyre & Fylde AC	'D'	1:24:48				
1	Reg Smallbone (19)	18:58	2	Alan Wilkinson (19)	21:20		
3	Peter Gibson (18)	19:54	4	Norman Greenwood (19)	24:36		
Incomplete Teams:							
	Lancaster & Morecambe AC	'B'					
1	Isaac Scott (12)	16:02	2	Eryl Husband (12)	16:09		
	Wesham Road Runners & AC	'C'					
1	Alan Taylor (21)	21:18	2	Paul Carter (20)	20:38		

Fastest of all legs

1	David Carthy	Preston Ha	A	13:18	19	Sandy Kelly	Preston Ha	A	14:39
2	Josh Tighe	Salford Ha		13:33	20	Philip Bolton	Rossendale	B	14:41
3	Christopher Fell	Rossendale	A	13:34	21	Tom Blaney	Blackburn	B	14:44
4	Alistair Nelson	Lpool PS	A	13:38	22	Shaun Livesey	Blackburn	A	14:46
5	Joseph Johnston	Rossendale	A	13:39	=	Ian Roberts	Lpool PS	B	14:46
6	Robert Warner	Blackburn	B	13:57	=	Liam Craine	Blackpool	A	14:46
7	Robert Webb	Rossendale	A	13:58	25	Chris Barnes	Blackburn	A	14:50
8	James Loftus	Lpool PS	A	13:59	26	Mark Gardner	Lancaster	A	15:03
=	David Rigby	Preston Ha	A	13:59	=	Paul Guinan	Blackburn	A	15:03
10	Andy Kaufman	Wigan Dist		14:10	29	Adam Weightman	Blackpool	A	15:03
11	Zachary Howe	Blackburn	B	14:20	29	Raymond Edgar	Lancaster	A	15:11
12	Malcolm Eadie	Blackpool	A	14:21	=	Eric Williams	Salford Ha		15:11
13	Luke Minns	Blackpool	A	14:26	31	Sean Kirkbride	Lpool PS	A	15:13
=	Kieran Rowlands	Lancaster	A	14:26	32	Andy Preston	Rossendale	B	15:24
15	Ryan Blackwell	Lpool PS	A	14:27	33	Adam Bateson	Lancaster	A	15:34
16	Robert Danson	Wesham Roa	A	14:37	34	Kyle Nicholls	Lpool PS	B	15:37
17	Daniel Walsh	Rossendale	A	14:38	35	Robert Parkinson	Lpool PS	B	15:39
=	Daniel Bebbington	Preston Ha	A	14:38	36	Stephen Nicholls	Wigan Dist		15:43