

North West Road Relays at Lancaster on Sunday 15th September 2013

U13 Boys - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Ben McLaughlin	Leigh Harr A	8:29
2	George Yates	BuryAthle A	8:31
3	Jack Wilkinson	TraffordA	8:44
4	Billy Joe Blain	Leigh Harr B	9:40

U13 Boys - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:		
1	Benjamin Forrest	BuryAthle A	8:34	17:05	+ 1	1 Benjamin Forrest	BuryAthle A	8:34
2	Joseph Wane	Leigh Harr A	8:48	17:17	- 1	2 Joseph Wane	Leigh Harr A	8:48
3	Kelechi Dunn	TraffordA	10:04	18:48	0	3 Patrick Hewitt	Leigh Harr B	9:36
4	Patrick Hewitt	Leigh Harr B	9:36	19:16	0	4 Kelechi Dunn	Trafford A	10:04

U13 Boys - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:		
1	Marcus Dey	BuryAthle A	8:03	25:08	0	1 Marcus Dey	BuryAthle A	8:03
2	Kristian Wade	Leigh Harr A	8:34	25:51	0	2 Kristian Wade	Leigh Harr A	8:34
3	William Hewitt	Leigh Harr B	9:31	28:47	+ 1	3 William Hewitt	Leigh Harr B	9:31

U13 Boys Gtr Man — Team Results — Final (nn) is team position after the appropriate stage.

1 Bury Athletic Club				'A' 25:08				3 Leigh Harriers & Ac				'B' 28:47			
1	George Yates	(2)	8:31	2	Benjamin Forrest	(1)	8:34	1	Billy Joe Blain	(4)	9:40	2	Patrick Hewitt	(4)	9:36
3	Marcus Dey	(1)	8:03					3	William Hewitt	(3)	9:31				
2 Leigh Harriers & Ac				'A' 25:51				Incomplete Teams:							
1	Ben McLaughlin	(1)	8:29	2	Joseph Wane	(2)	8:48	Trafford Athletic Club							
3	Kristian Wade	(2)	8:34					1	Jack Wilkinson	(3)	8:44	2	Kelechi Dunn	(3)	10:04

Fastest of all legs

1	Marcus Dey	BuryAthle	A	8:03
2	Ben McLaughlin	Leigh Harr	A	8:29
3	George Yates	BuryAthle	A	8:31
4	Benjamin Forrest	BuryAthle	A	8:34
=	Kristian Wade	Leigh Harr	A	8:34
6	Jack Wilkinson	Trafford A		8:44
7	Joseph Wane	Leigh Harr	A	8:48
8	William Hewitt	Leigh Harr	B	9:31
9	Patrick Hewitt	Leigh Harr	B	9:36
10	Billy Joe Blain	Leigh Harr	B	9:40
11	Kelechi Dunn	Trafford A		10:04

North West Road Relays at Lancaster on Sunday 15th September 2013

U13 Girls - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Eleanor Kenny	Mancheste A	8:39	6	Abby O'Neill	East Ches	9:22
2	Keely Hodgkinson	Leigh Har	8:49	7	Harriet Vaughan	BuryAthl	10:04
3	Beth Smyth	Mancheste B	8:56	8	Mollie Philbin	Bolton Un C	10:23
4	Natasha Harrison	Stockport A	9:15	9	Ellie Forrest	Bolton Un B	11:30
5	Lydia Mathews	Bolton Un A	9:20				

U13 Girls - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Grace Decampos	Mancheste A	9:06	17:45	0	1	Grace Decampos	Mancheste A	9:06
2	Emily Hughes	Mancheste B	9:19	18:15	+ 1	2	Emily Hughes	Mancheste B	9:19
3	Alice Tongue	Bolton Un A	9:29	18:49	+ 2	3	Alice Tongue	Bolton Un A	9:29
4	Joanna Smith	Leigh Har	10:10	18:59	- 2	4	Alyssie Davey	East Ches	10:09
5	Alyssie Davey	East Ches	10:09	19:31	+ 1	5	Joanna Smith	Leigh Har	10:10
6	J AllenCartwrig	BuryAthl	10:42	20:46	+ 1	6	J AllenCartwrig	BuryAthl	10:42
7	Leah Rushworth	Bolton Un C	11:17	21:40	+ 1	7	Sophie Green	Bolton Un B	11:08
8	Sophie Green	Bolton Un B	11:08	22:38	+ 1	8	Leah Rushworth	Bolton Un C	11:17

U13 Girls - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Alice Stiles	Mancheste A	8:54	26:39	0	1	Alice Stiles	Mancheste A	8:54
2	Lydia Butt	Mancheste B	9:35	27:50	0	2	E Ramsden	Bolton Un A	9:19
3	E Ramsden	Bolton Un A	9:19	28:08	0	3	Eve Williams	Leigh Har	9:30
4	Eve Williams	Leigh Har	9:30	28:29	0	4	Lydia Butt	Mancheste B	9:35
5	Holly Johnson	East Ches	9:36	29:07	0	5	Holly Johnson	East Ches	9:36
6	Heledd Rimmer	BuryAthl	10:48	31:34	0	6	Heledd Rimmer	BuryAthl	10:48
7	Francesca Fordham	Bolton Un C	11:22	33:02	0	7	C Devereaux	Bolton Un B	10:50
8	C Devereaux	Bolton Un B	10:50	33:28	0	8	Francesca Fordham	Bolton Un C	11:22

U13 Girls Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

1 Manchester Harriers & Ac	'A'	26:39	6 Bury Athletic Club	31:34	
1 EleanorKenny (1) 8:39	2 GraceDecampos (1) 9:06		1 HarrietVaughan (7) 10:04	2 JAllenCartwrig (6) 10:42	
3 AliceStiles (1) 8:54			3 HeleddRimmer (6) 10:48		
2 Manchester Harriers & Ac	'B'	27:50	7 Bolton United Harriers & Ac	'C'	33:02
1 BethSmyth (3) 8:56	2 EmilyHughes (2) 9:19		1 MolliePhilbin (8) 10:23	2 LeahRushworth (7) 11:17	
3 LydiaButt (2) 9:35			3 FrancescaFordham(7) 11:22		
3 Bolton United Harriers & Ac	'A'	28:08	8 Bolton United Harriers & Ac	'B'	33:28
1 LydiaMathews (5) 9:20	2 AliceTongue (3) 9:29		1 EllieForrest (9) 11:30	2 SophieGreen (8) 11:08	
3 ERamsden (3) 9:19			3 CDevereaux (8) 10:50		
4 Leigh Harriers & Ac		28:29	Incomplete Teams:		
1 KeelyHodgkinson (2) 8:49	2 JoannaSmith (4) 10:10		Stockport Harriers & Ac		
3 EveWilliams (4) 9:30			'A'		
5 East Cheshire Harriers & Tame		29:07	1 NatashaHarrison (4) 9:15		
1 AbbyO'Neill (6) 9:22	2 AlyssieDavey (5) 10:09				
3 HollyJohnson (5) 9:36					

Fastest of all legs

1 Eleanor Kenny	Mancheste	A	8:39	14 Holly Johnson	East Ches	9:36
2 Keely Hodgkinson	Leigh Har		8:49	15 Harriet Vaughan	BuryAthl	10:04
3 Alice Stiles	Mancheste	A	8:54	16 Alyssie Davey	East Ches	10:09
4 Beth Smyth	Mancheste	B	8:56	17 Joanna Smith	Leigh Har	10:10
5 Grace Decampos	Mancheste	A	9:06	18 Mollie Philbin	Bolton Un	C 10:23
6 Natasha Harrison	Stockport	A	9:15	19 J AllenCartwrig	BuryAthl	10:42
7 Emily Hughes	Mancheste	B	9:19	20 Heledd Rimmer	BuryAthl	10:48
= E Ramsden	Bolton Un	A	9:19	21 C Devereaux	Bolton Un	B 10:50
9 Lydia Mathews	Bolton Un	A	9:20	22 Sophie Green	Bolton Un	B 11:08
10 Abby O'Neill	East Ches		9:22	23 Leah Rushworth	Bolton Un	C 11:17
11 Alice Tongue	Bolton Un	A	9:29	24 Francesca Fordham	Bolton Un	C 11:22
12 Eve Williams	Leigh Har		9:30	25 Ellie Forrest	Bolton Un	B 11:30
13 Lydia Butt	Mancheste	B	9:35			

North West Road Relays at Lancaster on Sunday 15th September 2013

U15 Boys - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	George Lewis	East Chesh A	7:40
2	Sam Wardle	Leigh Harr	7:43
3	Harry Hind	East Chesh B	8:39
4	Jason Kirkwood	Bolton Uni	8:39
5	Patrick Watson	Bury Athle	8:47

U15 Boys - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Dillon Cooper	East Chesh A	8:19	15:59	0	1	Liam Doherty	Bolton Uni	8:18
2	Liam Doherty	Bolton Uni	8:18	16:57	+ 2	2	Dillon Cooper	East Chesh A	8:19
3	John Trotman	East Chesh B	8:24	17:03	0	3	John Trotman	East Chesh B	8:24
4	Iestyn Rimmer	Bury Athle	10:06	18:53	+ 1	4	Iestyn Rimmer	Bury Athle	10:06

U15 Boys - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Louie Haynes	East Chesh A	7:58	23:57	0	1	Louie Haynes	East Chesh A	7:58
2	Miles Waddington	Bolton Uni	9:08	26:05	0	2	Sam Brooks	Bury Athle	8:51
3	Lloyd Banner	East Chesh B	10:09	27:12	0	3	Miles Waddington	Bolton Uni	9:08
4	Sam Brooks	Bury Athle	8:51	27:44	0	4	Lloyd Banner	East Chesh B	10:09

Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

1	East Cheshire Harriers & Tames 'A'	23:57
1	George Lewis (1) 7:40	2 Dillon Cooper (1) 8:19
3	Louie Haynes (1) 7:58	
2	Bolton United Harriers & Ac	26:05
1	Jason Kirkwood (4) 8:39	2 Liam Doherty (2) 8:18
3	Miles Waddington (2) 9:08	
3	East Cheshire Harriers & Tames 'B'	27:12
1	Harry Hind (3) 8:39	2 John Trotman (3) 8:24
3	Lloyd Banner (3) 10:09	
4	Bury Athletic Club	27:44
1	Patrick Watson (5) 8:47	2 Iestyn Rimmer (4) 10:06
3	Sam Brooks (4) 8:51	

Incomplete Teams:

Leigh Harriers & Ac		
1	Sam Wardle (2)	7:43

Fastest of all legs

1	George Lewis	East Chesh	A	7:40
2	Sam Wardle	Leigh Harr		7:43
3	Louie Haynes	East Chesh	A	7:58
4	Liam Doherty	Bolton Uni		8:18
5	Dillon Cooper	East Chesh	A	8:19
6	John Trotman	East Chesh	B	8:24
7	Harry Hind	East Chesh	B	8:39
=	Jason Kirkwood	Bolton Uni		8:39
9	Patrick Watson	Bury Athle		8:47
10	Sam Brooks	Bury Athle		8:51
11	Miles Waddington	Bolton Uni		9:08
12	Iestyn Rimmer	Bury Athle		10:06
13	Lloyd Banner	East Chesh	B	10:09

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U15 Girls - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Rachel Bailey	Bolton Uni	8:46
2	Chloe Lockett	Stockport A	8:50
3	Hannah Richardson	Stockport B	8:56
4	Naomi Sinclair	Stockport C	9:06
5	Alana Brockley	East Chesh	9:22
6	Sophie Whittaker	Bury Athle	9:35
7	Abigail WoodDoyle	Stockport D	9:47

U15 Girls - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Katy Whiteoak	Stockport A	7:56	16:46	+ 1	1	Katy Whiteoak	Stockport A	7:56
2	Lilly McGuinness	Stockport B	8:57	17:53	+ 1	2	Lilly McGuinness	Stockport B	8:57
3	Katie Oakley	Bolton Uni	9:12	17:58	- 2	3	Katie Oakley	Bolton Uni	9:12
4	Heather Corden	Stockport C	9:24	18:30	0	4	Heather Corden	Stockport C	9:24
5	Olivia Davey	East Chesh	9:51	19:13	0	5	Olivia Davey	East Chesh	9:51
6	Emiley Hughes	Stockport D	10:09	19:56	+ 1	6	Emiley Hughes	Stockport D	10:09

U15 Girls - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Juliet Downs	Stockport A	8:38	25:24	0	1	Juliet Downs	Stockport A	8:38
2	Rebecca Jones	Stockport B	9:09	27:02	0	2	Rebecca Jones	Stockport B	9:09
3	Georgia-mae Bourke	Stockport C	9:23	27:53	+ 1	3	Allanah Newell	East Chesh	9:22
4	Georgia Greenhalgh	Bolton Uni	10:29	28:27	- 1	4	Georgia-mae Bourke	Stockport C	9:23
5	Allanah Newell	East Chesh	9:22	28:35	0	5	Georgia Greenhalgh	Bolton Uni	10:29

Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

1	Stockport Harriers & Ac	'A'	25:24	5	East Cheshire Harriers & Tames	28:35	
1	Chloe Lockett (2) 8:50	2	Katy Whiteoak (1) 7:56	1	Alana Brockley (5) 9:22	2	Olivia Davey (5) 9:51
3	Juliet Downs (1) 8:38			3	Allanah Newell (5) 9:22		
2	Stockport Harriers & Ac	'B'	27:02	Incomplete Teams:			
1	Hannah Richardson (3) 8:56	2	Lilly McGuinness (2) 8:57	Stockport Harriers & Ac 'D'			
3	Rebecca Jones (2) 9:09			1	Abigail WoodDoyle (7) 9:47	2	Emiley Hughes (6) 10:09
3	Stockport Harriers & Ac	'C'	27:53	Bury Athletic Club			
1	Naomi Sinclair (4) 9:06	2	Heather Corden (4) 9:24	1	Sophie Whittaker (6) 9:35		
3	Georgia-mae Bourke (3) 9:23						
4	Bolton United Harriers & Ac		28:27				
1	Rachel Bailey (1) 8:46	2	Katie Oakley (3) 9:12				
3	Georgia Greenhalgh (4) 10:29						

Fastest of all legs

1	Katy Whiteoak	Stockport	A	7:56	10	Allanah Newell	East Chesh	9:22
2	Juliet Downs	Stockport	A	8:38	=	Alana Brockley	East Chesh	9:22
3	Rachel Bailey	Bolton Uni		8:46	12	Georgia-mae Bourke	Stockport	C 9:23
4	Chloe Lockett	Stockport	A	8:50	13	Heather Corden	Stockport	C 9:24
5	Hannah Richardson	Stockport	B	8:56	14	Sophie Whittaker	Bury Athle	9:35
6	Lilly McGuinness	Stockport	B	8:57	15	Abigail WoodDoyle	Stockport	D 9:47
7	Naomi Sinclair	Stockport	C	9:06	16	Olivia Davey	East Chesh	9:51
8	Rebecca Jones	Stockport	B	9:09	17	Emiley Hughes	Stockport	D 10:09
9	Katie Oakley	Bolton Uni		9:12	18	Georgia Greenhalgh	Bolton Uni	10:29

North West Road Relays at Lancaster on Sunday 15th September 2013

U17 Women - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Ellen Downs	Stockport A	8:25
2	Christie Cook	BuryAthl A	9:13
3	Niamh Hartshorne	East Ches	9:20
4	Alice Hughes	Stockport B	9:51

U17 Women - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:		
1	Ruth Sinclair	Stockport A	9:07	17:32	0	1 Alivia Gillard	BuryAthl A	8:48
2	Alivia Gillard	BuryAthl A	8:48	18:01	0	2 Ruth Sinclair	Stockport A	9:07
3	Zoe Standing	East Ches	9:13	18:33	0	3 Zoe Standing	East Ches	9:13

U17 Women - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:		
1	Elizabeth Apsley	Stockport A	8:34	26:06	0	1 Elizabeth Apsley	Stockport A	8:34
2	Eleanor Boyle	BuryAthl A	9:29	27:30	0	2 Eleanor Boyle	BuryAthl A	9:29
3	Emma Dixon	East Ches	9:49	28:22	0	3 Emma Dixon	East Ches	9:49

Gtr Man — Team Results — Final (nn) is team position after the appropriate stage.

1	Stockport Harriers & Ac	'A'	26:06
1	EllenDowns (1) 8:25	2 RuthSinclair (1) 9:07	
3	ElizabethApsley (1) 8:34		
2	Bury Athletic Club	'A'	27:30
1	ChristieCook (2) 9:13	2 AliviaGillard (2) 8:48	
3	EleanorBoyle (2) 9:29		
3	East Cheshire Harriers & Tame		28:22
1	NiamhHartshorne (3) 9:20	2 ZoeStanding (3) 9:13	
3	EmmaDixon (3) 9:49		

Incomplete Teams:

	Stockport Harriers & Ac	'B'
1	AliceHughes (4) 9:51	

Fastest of all legs

1	Ellen Downs	Stockport	A	8:25
2	Elizabeth Apsley	Stockport	A	8:34
3	Alivia Gillard	BuryAthl	A	8:48
4	Ruth Sinclair	Stockport	A	9:07
5	Zoe Standing	East Ches		9:13
=	Christie Cook	BuryAthl	A	9:13
7	Niamh Hartshorne	East Ches		9:20
8	Eleanor Boyle	BuryAthl	A	9:29
9	Emma Dixon	East Ches		9:49
10	Alice Hughes	Stockport	B	9:51

North West Road Relays at Lancaster on Sunday 15th September 2013

U17 Men - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	ShayWard	Stockport	14:30
2	James Wardle	Leigh Harr	14:51
3	Benn Heywood	BuryAthle	14:58
4	Maxwell Steward	East Chesh	14:59
5	MatthewWalker	Bolton Uni	15:11

U17 Men - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Declan Tooney	Bolton Uni	14:56	30:07	+ 4
2	Grant Anderson	Stockport	16:15	30:45	- 1
3	Maxwell Hobson	East Chesh	16:46	31:45	+ 1
4	Domenic Howarth	Leigh Harr	16:58	31:49	- 2

Fastest runners over stage 2:

1	Declan Tooney	Bolton Uni	14:56
2	Grant Anderson	Stockport	16:15
3	Maxwell Hobson	East Chesh	16:46
4	Domenic Howarth	Leigh Harr	16:58

U17 Men - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Jay Hornby	Stockport	14:42	45:27	+ 1
2	Patrick O'Brian	East Chesh	15:42	47:27	+ 1

Fastest runners over stage 3:

1	Jay Hornby	Stockport	14:42
2	Patrick O'Brian	East Chesh	15:42

Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

1	Stockport Harriers & Ac	45:27
1	ShayWard (1) 14:30	2 GrantAnderson (2) 16:15
3	JayHornby (1) 14:42	
2	East Cheshire Harriers & Tames	47:27
1	Maxwell Steward (4) 14:59	2 MaxwellHobson (3) 16:46
3	PatrickO'Brian (2) 15:42	

Incomplete Teams:

Bolton United Harriers & Ac

1	MatthewWalker (5) 15:11	2	DeclanTooney (1) 14:56
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Leigh Harriers & Ac

1	JamesWardle (2) 14:51	2	DomenicHowarth (4) 16:58
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Bury Athletic Club

1	Benn Heywood (3) 14:58
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Fastest of all legs

1	Shay Ward	Stockport	14:30
2	Jay Hornby	Stockport	14:42
3	James Wardle	Leigh Harr	14:51
4	Declan Tooney	Bolton Uni	14:56
5	Benn Heywood	Bury Athle	14:58
6	Maxwell Steward	East Chesh	14:59
7	Matthew Walker	Bolton Uni	15:11
8	Patrick O'Brian	East Chesh	15:42
9	Grant Anderson	Stockport	16:15
10	Maxwell Hobson	East Chesh	16:46
11	Domenic Howarth	Leigh Harr	16:58

North West Road Relays at Lancaster on Sunday 15th September 2013

Senior Women - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Time
1	Jennifer Meadows	Wigan Dis	14:45	8	Emma Ball	Middleton A	18:30
2	Beverley Simons	Salford H A	15:24	9	Nicole Davenport	Trafford	18:35
3	Sarah Griffiths	Leigh Har A	15:31	10	Ursula Mellor	Leigh Har B	18:45
4	Katie Buckley	Bury Athl A	15:41	11	Carole Harrison	Altrincha	19:37
5	Lauren Marsden	Swinton R	17:01	12	Beki Murphy	Middleton B	19:54
6	Amanda Pyrah	Bury Athl B	17:41	13	Elaine Jordan	Middleton C	20:55
7	Lucy Marie Hodson	Bury Athl C	18:09				

Senior Women - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:			
1	Louisa Thompson	Leigh Har A	16:13	31:44	+ 2	1	Louisa Thompson	Leigh Har A	16:13
2	Tracey Dutton	Wigan Dis	17:45	32:30	- 1	2	Laura Evans	Bury Athl B	16:45
3	Katie Geelan	Bury Athl A	16:57	32:38	+ 1	3	Donna Cartwright	Bury Athl C	16:47
4	Laura Nash	Salford H A	18:24	33:48	- 2	4	Katie Geelan	Bury Athl A	16:57
5	Laura Evans	Bury Athl B	16:45	34:26	+ 1	5	A VergesBausili	Trafford	17:37
6	Donna Cartwright	Bury Athl C	16:47	34:56	+ 1	6	Tracey Dutton	Wigan Dis	17:45
7	A VergesBausili	Trafford	17:37	36:12	+ 2	7	Laura Nash	Salford H A	18:24
8	Rebecca Mills	Swinton R	20:03	37:04	- 3	8	Emma Moore	Leigh Har B	19:12
9	Emma Moore	Leigh Har B	19:12	37:57	+ 1	9	Karen Hall	Middleton A	19:55
10	Karen Hall	Middleton A	19:55	38:25	- 2	10	Rebecca Mills	Swinton R	20:03
11	Toni Brackstone	Middleton B	21:17	41:11	+ 1				
12	Melanie Baker	Middleton C	21:07	42:02	+ 1				

Senior Women - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:			
1	Laura Riches	Leigh Har A	15:09	46:53	0	1	Laura Riches	Leigh Har A	15:09
2	Shauna Murphy	Salford H A	16:41	50:29	+ 2	2	Lisa Alexander	Leigh Har B	16:11
3	Katrina Conroy	Bury Athl A	18:06	50:44	0	3	Shauna Murphy	Salford H A	16:41
4	Nicola Ryan	Bury Athl B	18:00	52:26	+ 1	4	Nicola Ryan	Bury Athl B	18:00
5	Shona Taylor	Wigan Dis	21:07	53:37	- 3	5	Katrina Conroy	Bury Athl A	18:06
6	Lisa Alexander	Leigh Har B	16:11	54:08	+ 3	6	Alana Grundy	Bury Athl C	19:34
7	Alana Grundy	Bury Athl C	19:34	54:30	- 1	7	Emma Flynn	Swinton R	20:03
8	Emma Flynn	Swinton R	20:03	57:07	0	8	K HurstMoore	Middleton A	20:17
9	Sue Exon	Trafford	21:19	57:31	- 2	9	Teressa Hollins	Middleton B	20:56
10	K HurstMoore	Middleton A	20:17	58:42	0	10	Shona Taylor	Wigan Dis	21:07
11	Teressa Hollins	Middleton B	20:56	1:02:07	0				
12	Cathie Murphy	Middleton C	21:30	1:03:32	0				

North West Road Relays at Lancaster on Sunday 15th September 2013

Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

1 Leigh Harriers & Ac	'A'	46:53	8 Swinton Running Club		57:07
1 Sarah Griffiths (3) 15:31	2 Louisa Thompson (1) 16:13		1 Lauren Marsden (5) 17:01	2 Rebecca Mills (8) 20:03	
3 Laura Riches (1) 15:09			3 Emma Flynn (8) 20:03		
2 Salford Harriers & Ac	'A'	50:29	9 Trafford Athletic Club		57:31
1 Beverley Simons (2) 15:24	2 Laura Nash (4) 18:24		1 Nicole Davenport (9) 18:35	2 A Verges Bausili (7) 17:37	
3 Shauna Murphy (2) 16:41			3 Sue Exon (9) 21:19		
3 Bury Athletic Club	'A'	50:44	10 Middleton Harriers Ac	'A'	58:42
1 Katie Buckley (4) 15:41	2 Katie Geelan (3) 16:57		1 Emma Ball (8) 18:30	2 Karen Hall (10) 19:55	
3 Katrina Conroy (3) 18:06			3 K Hurst Moore (10) 20:17		
4 Bury Athletic Club	'B'	52:26	11 Middleton Harriers Ac	'B'	1:02:07
1 Amanda Pyrah (6) 17:41	2 Laura Evans (5) 16:45		1 Beki Murphy (12) 19:54	2 Toni Brackstone (11) 21:17	
3 Nicola Ryan (4) 18:00			3 Teresa Hollins (11) 20:56		
5 Wigan District Ac		53:37	12 Middleton Harriers Ac	'C'	1:03:32
1 Jennifer Meadows (1) 14:45	2 Tracey Dutton (2) 17:45		1 Elaine Jordan (13) 20:55	2 Melanie Baker (12) 21:07	
3 Shona Taylor (5) 21:07			3 Cathie Murphy (12) 21:30		
6 Leigh Harriers & Ac	'B'	54:08	Incomplete Teams:		
1 Ursula Mellor (10) 18:45	2 Emma Moore (9) 19:12		Altrincham & District Ac		
3 Lisa Alexander (6) 16:11			1 Carole Harrison (11) 19:37		
7 Bury Athletic Club	'C'	54:30			
1 Lucy Marie Hodson (7) 18:09	2 Donna Cartwright (6) 16:47				
3 Alana Grundy (7) 19:34					

Fastest of all legs

1 Jennifer Meadows	Wigan Dis		14:45	20 Emma Ball	Middleton	A	18:30
2 Laura Riches	Leigh Har	A	15:09	21 Nicole Davenport	Trafford		18:35
3 Beverley Simons	Salford H	A	15:24	22 Ursula Mellor	Leigh Har	B	18:45
4 Sarah Griffiths	Leigh Har	A	15:31	23 Emma Moore	Leigh Har	B	19:12
5 Katie Buckley	Bury Athl	A	15:41	24 Alana Grundy	Bury Athl	C	19:34
6 Lisa Alexander	Leigh Har	B	16:11	25 Carole Harrison	Altrincham		19:37
7 Louisa Thompson	Leigh Har	A	16:13	26 Beki Murphy	Middleton	B	19:54
8 Shauna Murphy	Salford H	A	16:41	27 Karen Hall	Middleton	A	19:55
9 Laura Evans	Bury Athl	B	16:45	28 Emma Flynn	Swinton R		20:03
10 Donna Cartwright	Bury Athl	C	16:47	= Rebecca Mills	Swinton R		20:03
11 Katie Geelan	Bury Athl	A	16:57	30 K Hurst Moore	Middleton	A	20:17
12 Lauren Marsden	Swinton R		17:01	31 Elaine Jordan	Middleton	C	20:55
13 A Verges Bausili	Trafford		17:37	32 Teresa Hollins	Middleton	B	20:56
14 Amanda Pyrah	Bury Athl	B	17:41	33 Shona Taylor	Wigan Dis		21:07
15 Tracey Dutton	Wigan Dis		17:45	= Melanie Baker	Middleton	C	21:07
16 Nicola Ryan	Bury Athl	B	18:00	35 Toni Brackstone	Middleton	B	21:17
17 Katrina Conroy	Bury Athl	A	18:06	36 Sue Exon	Trafford		21:19
18 Lucy Marie Hodson	Bury Athl	C	18:09	37 Cathie Murphy	Middleton	C	21:30
19 Laura Nash	Salford H	A	18:24				

North West Road Relays at Lancaster on Sunday 15th September 2013

Senior Men - Gtr Man Stage 1 — Final Results

Pos	Name	Club	Leg Time
1	Matthew Clark	Swinton Ru A	13:55
2	Gareth Turner	Trafford A A	14:00
3	Patrick Gardner	East Chesh A	14:00
4	Ian Salisbury	Trafford A B	14:17
5	Tony Battersby	Leigh Harr A	14:21
6	David Lockett	SalfordHGM A	14:29
7	Robert Tudor	SalfordHGM C	14:34
8	Liam Moore	Leigh Harr B	14:49
9	Ian Roberts	Rochdale H	15:00
10	Liam Brown	East Chesh B	15:12
11	Peter Abraham	Altrincham A	15:15
12	Simon Walker	Bolton Uni	15:24
13	Paul Jibson	Middleton A	15:29
14	Ben Jones	BuryAthle	15:35
15	Nick Burke	Altrincham B	15:54
16	Graham Chesters	SalfordHGM B	16:16
17	Andy Land	Swinton Ru B	17:18
18	David Livingstone	Altrincham C	17:46
19	Stephen Granville	Middleton B	19:42

Senior Men - Gtr Man Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Richard Powell	Trafford A A	13:39	27:39	+ 1
2	Joe Hudak	East Chesh A	14:11	28:11	+ 1
3	Robert Hughes	SalfordHGM A	14:00	28:29	+ 3
4	Darren Russell	Swinton Ru A	14:37	28:32	- 3
5	Thomas Kneller	Leigh Harr A	14:12	28:33	0
6	Ryan Ganose	Altrincham A	14:30	29:45	+ 5
7	David Smith	Leigh Harr B	15:21	30:10	+ 1
8	Andrew Cafferky	Bolton Uni	14:51	30:15	+ 4
9	Gareth Woodcock	Trafford A B	16:08	30:25	- 5
10	Mark Seed	SalfordHGM C	16:01	30:35	- 3
11	Adrian Fuller	Altrincham B	15:16	31:10	+ 4
12	Gavin Brown	East Chesh B	16:04	31:16	- 2
13	Christopher Humble	Middleton A	16:01	31:30	0
14	Ian Stainthorpe	Rochdale H	16:50	31:50	- 5
15	Sean Cordell	SalfordHGM B	17:38	33:54	+ 1
16	David Flood	BuryAthle	18:26	34:01	- 2
17	Andy Oates	Altrincham C	17:18	35:04	+ 1
18	Stephen Hart	Swinton Ru B	19:38	36:56	- 1
19	Lewis Steven	Middleton B	21:31	41:13	0

Fastest runners over stage 2:

1	Richard Powell	Trafford A A	13:39
2	Robert Hughes	SalfordHGM A	14:00
3	Joe Hudak	East Chesh A	14:11
4	Thomas Kneller	Leigh Harr A	14:12
5	Ryan Ganose	Altrincham A	14:30
6	Darren Russell	Swinton Ru A	14:37
7	Andrew Cafferky	Bolton Uni	14:51
8	Adrian Fuller	Altrincham B	15:16
9	David Smith	Leigh Harr B	15:21
10	Christopher Humble	Middleton A	16:01
11	Mark Seed	SalfordHGM C	16:01

Senior Men - Gtr Man Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Joseph Bailey	SalfordHGM A	13:08	41:37	+ 2
2	Robert Sloane	Trafford A A	14:10	41:49	- 1
3	Phillip Williams	Leigh Harr A	14:37	43:10	+ 2
4	Scott Matthews	East Chesh A	15:09	43:20	- 2
5	Mark Whittington	Swinton Ru A	15:07	43:39	- 1
6	Michael Berks	Altrincham A	14:50	44:35	0
7	Jack Garmory	Bolton Uni	15:33	45:48	+ 1
8	Alexander Urmston	Leigh Harr B	15:43	45:53	- 1
9	Paul Birkett	SalfordHGM C	15:19	45:54	+ 1
10	Barry Hirst	East Chesh B	15:29	46:45	+ 2
11	Edward Hickling	Trafford A B	17:13	47:38	- 2
12	Alec Roberts	Middleton A	16:35	48:05	+ 1
13	Graham Harrison	Altrincham B	17:00	48:10	- 2
14	Nick Barton	Rochdale H	17:06	48:56	0
15	Charles Foster	SalfordHGM B	15:32	49:26	0
16	Bill Egan	Altrincham C	17:49	52:53	+ 1
17	John Pickup	Swinton Ru B	19:56	56:52	+ 1
18	Roland Robson	Middleton B	17:32	58:45	+ 1

Fastest runners over stage 3:

1	Joseph Bailey	SalfordHGM A	13:08
2	Robert Sloane	Trafford A A	14:10
3	Phillip Williams	Leigh Harr A	14:37
4	Michael Berks	Altrincham A	14:50
5	Mark Whittington	Swinton Ru A	15:07
6	Scott Matthews	East Chesh A	15:09
7	Paul Birkett	SalfordHGM C	15:19
8	Barry Hirst	East Chesh B	15:29
9	Charles Foster	SalfordHGM B	15:32
10	Jack Garmory	Bolton Uni	15:33

Senior Men - Gtr Man Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Michael Hunt	Trafford A A	14:10	55:59	+ 1
2	Ian Jackson	SalfordHGM A	14:50	56:27	- 1
3	Tommy Henders	Leigh Harr A	14:43	57:53	0
4	Karl Herod	East Chesh A	15:29	58:49	0
5	Andrew Whittingham	Altrincham A	14:16	58:51	+ 1
6	Daniel Bird	Swinton Ru A	15:24	59:03	- 1
7	Roger Alsop	SalfordHGM C	15:10	1:01:04	+ 2
8	Allister Goulding	Leigh Harr B	15:21	1:01:14	0
9	Gary Matthews	East Chesh B	15:27	1:02:12	+ 1
10	Richard Byers	Trafford A B	14:38	1:02:16	+ 1
11	Matthew Kelly	Altrincham B	15:22	1:03:32	+ 2
12	Phillip Bennett	Rochdale H	15:20	1:04:16	+ 2
13	Petell Walker	Bolton Uni	18:37	1:04:25	- 6
14	A Castile	SalfordHGM B	15:55	1:05:21	+ 1
15	Colin Allen Carter	Middleton A	19:03	1:07:08	- 3
16	Paul Abraham	Altrincham C	16:07	1:09:00	0
17	David Batty	Swinton Ru B	19:33	1:16:25	0
18	Craig Sutherland	Middleton B	18:52	1:17:37	0

Fastest runners over stage 4:

1	Michael Hunt	Trafford A A	14:10
2	Andrew Whittingham	Altrincham A	14:16
3	Richard Byers	Trafford A B	14:38
4	Tommy Henders	Leigh Harr A	14:43
5	Ian Jackson	SalfordHGM A	14:50
6	Roger Alsop	SalfordHGM C	15:10
7	Phillip Bennett	Rochdale H	15:20
8	Allister Goulding	Leigh Harr B	15:21
9	Matthew Kelly	Altrincham B	15:22
10	Daniel Bird	Swinton Ru A	15:24

North West Road Relays at Lancaster on Sunday 15th September 2013

Gtr Man — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Trafford Athletic Club 'A' 55:59</p> <p>1 Gareth Turner (2) 14:00 3 Robert Sloane (2) 14:10</p> <p>2 Salford Harriers & AC 'A' 56:27</p> <p>1 David Lockett (6) 14:29 3 Joseph Bailey (1) 13:08</p> <p>3 Leigh Harriers & AC 'A' 57:53</p> <p>1 Tony Battersby (5) 14:21 3 Phillip Williams (3) 14:37</p> <p>4 East Cheshire Harriers & Tames 'A' 58:49</p> <p>1 Patrick Gardner (3) 14:00 3 Scott Matthews (4) 15:09</p> <p>5 Altrincham & District AC 'A' 58:51</p> <p>1 Peter Abraham (11) 15:15 3 Michael Berks (6) 14:50</p> <p>6 Swinton Running Club 'A' 59:03</p> <p>1 Matthew Clark (1) 13:55 3 Mark Whittington (5) 15:07</p> <p>7 Salford Harriers & AC 'C' 1:01:04</p> <p>1 Robert Tudor (7) 14:34 3 Paul Birkett (9) 15:19</p> <p>8 Leigh Harriers & AC 'B' 1:01:14</p> <p>1 Liam Moore (8) 14:49 3 Alexander Urmston (8) 15:43</p> <p>9 East Cheshire Harriers & Tames 'B' 1:02:12</p> <p>1 Liam Brown (10) 15:12 3 Barry Hirst (10) 15:29</p> <p>10 Trafford Athletic Club 'B' 1:02:16</p> <p>1 Ian Salisbury (4) 14:17 3 Edward Hickling (11) 17:13</p>	<p>11 Altrincham & District AC 'B' 1:03:32</p> <p>1 Nick Burke (15) 15:54 3 Graham Harrison (13) 17:00</p> <p>12 Rochdale Harriers & AC 1:04:16</p> <p>1 Ian Roberts (9) 15:00 3 Nick Barton (14) 17:06</p> <p>13 Bolton United Harriers & AC 1:04:25</p> <p>1 Simon Walker (12) 15:24 3 Jack Garmory (7) 15:33</p> <p>14 Salford Harriers & AC 'B' 1:05:21</p> <p>1 Graham Chesters (16) 16:16 3 Charles Foster (15) 15:32</p> <p>15 Middleton Harriers AC 'A' 1:07:08</p> <p>1 Paul Jibson (13) 15:29 3 Alec Roberts (12) 16:35</p> <p>16 Altrincham & District AC 'C' 1:09:00</p> <p>1 David Livingstone (18) 17:46 3 Bill Egan (16) 17:49</p> <p>17 Swinton Running Club 'B' 1:16:25</p> <p>1 Andy Land (17) 17:18 3 John Pickup (17) 19:56</p> <p>18 Middleton Harriers AC 'B' 1:17:37</p> <p>1 Stephen Granville (19) 19:42 3 Roland Robson (18) 17:32</p>
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Incomplete Teams:

Bury Athletic Club

1 Ben Jones (14) 15:35	2 David Flood (16) 18:26
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Fastest of all legs

1 Joseph Bailey	SalfordHGM	A	13:08	27 Scott Matthews	East Chesh	A	15:09
2 Richard Powell	Trafford A	A	13:39	28 Roger Alsop	SalfordHGM	C	15:10
3 Matthew Clark	Swinton Ru	A	13:55	29 Liam Brown	East Chesh	B	15:12
4 Robert Hughes	SalfordHGM	A	14:00	30 Peter Abraham	Altrincham	A	15:15
= Patrick Gardner	East Chesh	A	14:00	31 Adrian Fuller	Altrincham	B	15:16
= Gareth Turner	Trafford A	A	14:00	32 Paul Birkett	SalfordHGM	C	15:19
7 Robert Sloane	Trafford A	A	14:10	33 Phillip Bennett	Rochdale H		15:20
= Michael Hunt	Trafford A	A	14:10	34 Allister Goulding	Leigh Harr	B	15:21
9 Joe Hudak	East Chesh	A	14:11	= David Smith	Leigh Harr	B	15:21
10 Thomas Kneller	Leigh Harr	A	14:12	36 Matthew Kelly	Altrincham	B	15:22
11 Andrew Whittingham	Altrincham	A	14:16	37 Daniel Bird	Swinton Ru	A	15:24
12 Ian Salisbury	Trafford A	B	14:17	= Simon Walker	Bolton Uni		15:24
13 Tony Battersby	Leigh Harr	A	14:21	39 Gary Matthews	East Chesh	B	15:27
14 David Lockett	SalfordHGM	A	14:29	40 Paul Jibson	Middleton	A	15:29
15 Ryan Ganose	Altrincham	A	14:30	= Barry Hirst	East Chesh	B	15:29
16 Robert Tudor	SalfordHGM	C	14:34	= Karl Herod	East Chesh	A	15:29
17 Phillip Williams	Leigh Harr	A	14:37	43 Charles Foster	SalfordHGM	B	15:32
= Darren Russell	Swinton Ru	A	14:37	44 Jack Garmory	Bolton Uni		15:33
19 Richard Byers	Trafford A	B	14:38	45 Ben Jones	Bury Athle		15:35
20 Tommy Henders	Leigh Harr	A	14:43	46 Alexander Urmston	Leigh Harr	B	15:43
21 Liam Moore	Leigh Harr	B	14:49	47 Nick Burke	Altrincham	B	15:54
22 Michael Berks	Altrincham	A	14:50	48 A Castile	SalfordHGM	B	15:55
= Ian Jackson	SalfordHGM	A	14:50	49 Christopher Humble	Middleton	A	16:01
24 Andrew Cafferky	Bolton Uni		14:51	= Mark Seed	SalfordHGM	C	16:01
25 Ian Roberts	Rochdale H		15:00	51 Gavin Brown	East Chesh	B	16:04
26 Mark Whittington	Swinton Ru	A	15:07	52 Paul Abraham	Altrincham	C	16:07