

Start Fitness North East Harrier League
Alnwick, 2nd March 2013.

Under 11s

Time	Name	Club	Category	Race No.
1	0:04:07	DAVISON, Warren	(2) Alnwick Harriers	U11 Boy 100
2	0:04:16	STEPHENSON, Natasha	(2) Chester-le-Street	U11 girl 7
3	0:04:17	MCGLLEN, Ethan	(1) Gateshead Harriers	U11 Boy 44
4	0:04:18	JOHNSON, Henry	(2) Houghton AC	U11 Boy 38
5	0:04:19	CLEUGH, Matthew	(2) Birtley AC	U11 Boy 158
6	0:04:22	DIXON, Daniel	(2) Morpeth Harriers & AC	U11 Boy 14
7	0:04:25	HARDIE, Lily	(2) Houghton AC	U11 girl 29
8	0:04:26	KIRBY, Adam	(2) Morpeth Harriers & AC	U11 Boy 15
9	0:04:28	HARDIE, Eva	(2) Houghton AC	U11 girl 30
10	0:04:29	SAVADIS, Matthew	(1) North Shields Poly	U11 Boy 83
11	0:04:30	CHARLTON, Ross	(2) Morpeth Harriers & AC	U11 Boy 161
12	0:04:35	DINSMORE, Jack	(1) Wallsend Harriers	U11 Boy 59
13	0:04:40	REED, Jennifer	(2) Chester-le-Street	U11 girl 19
14	0:04:41	TELFER, Oliver	(2) Alnwick Harriers	U11 Boy 118
15	0:04:42	HEDLEY, Rhiannon	(2) Morpeth Harriers & AC	U11 girl 16
16	0:04:43	STONE, Bobby	(2) Morpeth Harriers & AC	U11 Boy 159
17	0:04:43	MORRIS, Harry	(1) Gateshead Harriers	U11 Boy 164
18	0:04:45	JUST, Lewis	(1) Wallsend Harriers	U11 Boy 69
19	0:04:49	JACKSON, Sarah	(1) Tynedale Harriers	U11 girl 81
20	0:04:51	HERRON, Neve	(2) Houghton AC	U11 girl 34
21	0:04:53	MCMEEKING, Josh	(2) Alnwick Harriers	U11 Boy 85
22	0:04:54	CLARK, Courtney	(2) Chester-le-Street	U11 girl 127
23	0:04:54	WILKES, George	(2) Alnwick Harriers	U11 Boy 172
24	0:04:55	WELLINGS, Chloe	(2) Elswick Harriers	U11 girl 49
25	0:04:56	GILLINGHAM, Bengi	(2) Alnwick Harriers	U11 Boy 91
26	0:04:57	COULSON, Christopher	(2) Birtley AC	U11 Boy 145
27	0:04:57	BREESE, Max	(2) Alnwick Harriers	U11 Boy 88
28	0:04:59	RIDLEY, Jack	(2) Derwentside AC	U11 Boy 173
29	0:05:04	WARREN, Samuel	(1) Wallsend Harriers	U11 Boy 109

30	0:05:05	KERSHAW, Thomas	(2) Gosforth Harriers & AC	U11 Boy	163
31	0:05:05	TILTMAN, Harry	(2) Sunderland Harriers	U11 Boy	2
32	0:05:05	FAIRCLOUGH, Chloe	(2) Shildon AC	U11 girl	1
33	0:05:07	WILSON, Adam	(2) Crook AC	U11 Boy	105
34	0:05:11	MCMEEKING, Luke	(2) Alnwick Harriers	U11 Boy	86
35	0:05:12	BOSANKO, Oliver	(2) Houghton AC	U11 Boy	24
36	0:05:12	LITTLE, Catherine	(1) Tynedale Harriers	U11 girl	63
37	0:05:16	LALLY, Roisin	(1) Tynedale Harriers	U11 girl	22
38	0:05:17	BELL, Sophie	(2) Birtley AC	U11 girl	167
39	0:05:19	KELLY, Jamie	(2) Alnwick Harriers	U11 Boy	168
40	0:05:20	POWLEY, Meg	(1) Gateshead Harriers	U11 girl	155
41	0:05:21	BENNETT, Rowan	(2) Elswick Harriers	U11 Boy	48
42	0:05:24	THOMPSON, Brandon	(2) Morpeth Harriers & AC	U11 Boy	160
43	0:05:25	WILLIAMS, Joshua	(2) Morpeth Harriers & AC	U11 Boy	94
44	0:05:26	EMMETT, Kate	(2) South Shields Harriers & AC	U11 Girl	51
45	0:05:27	EMBLETON, Joseph	(2) Alnwick Harriers	U11 Boy	171
46	0:05:30	DAVINSON, Jacob	(2) Derwentside AC	U11 Boy	97
47	0:05:37	PURVES, Carys	(2) Gosforth Harriers & AC	U11 girl	5
48	0:05:41	TURNER, May	(2) Houghton AC	U11 girl	35
49	0:05:45	BELL, Matthew	(2) Morpeth Harriers & AC	U11 Boy	117
50	0:05:50	HALL, Lily	(1) Heaton Harriers	U11 girl	121
51	0:05:51	WEST, Charles	(2) South Shields Harriers & AC	U11 Boy	3
52	0:05:52	DUFFTON, Abigail	(2) Crook AC	U11 Boy	166
53	0:05:57	SHEAVILLS, Abbie	(2) Birtley AC	U11 girl	130
54	0:05:57	COWIE, Thea	(1) Heaton Harriers	U11 girl	124
55	0:05:57	PLUMBLY, George	(2) Alnwick Harriers	U11 Boy	119
56	0:06:04	ARCHIBOLD, Faye	(2) Morpeth Harriers & AC	U11 girl	162
57	0:06:08	WELSHER, Maisie	(1) Heaton Harriers	U11 girl	125
58	0:06:09	SHARKEY, Ethan	(1) Heaton Harriers	U11 Boy	174
59	0:06:10	BROOKES, Matthew	(2) Crook AC	U11 Boy	165
60	0:06:24	GIBSON, Daniel	(2) Elswick Harriers	U11 Boy	25

Under 13 Girls

Time	Name	Club	Category	Race No.	Handicap	Actual Time	
1	0:15:54	PURVES, Rhian	(2) Gosforth Harriers & AC	F	214	00:01:40	00:14:14
2	0:15:57	MCMEEKIN, Jessica	(2) Blaydon Harriers	S	459		00:15:57
3	0:16:25	MOSS, Jazmine	(1) Durham City Harriers	S	57		00:16:25
4	0:16:29	STEPHENSON, Miranda	(2) Chester-le-Street	S	316		00:16:29
5	0:16:34	SHARP, Jasmine	(2) Crook AC	S	451		00:16:34
6	0:16:53	LESLIE, Jessica	(2) Jarrow & Hebburn AC	F	340	00:01:40	00:15:13
7	0:17:00	OLIVER, Grace	(2) Houghton AC	S	232		00:17:00
8	0:17:01	BROWNE, Allana	(1) Gateshead Harriers	S	87		00:17:01
9	0:17:03	SMITH, Laura	(1) Gateshead Harriers	F	454	00:01:40	00:15:23
10	0:17:05	WILLIAMSON, Chelsea	(2) Gosforth Harriers & AC	F	216	00:01:40	00:15:25
11	0:17:06	JONES, Ailsa	(2) Morpeth Harriers & AC	S	268		00:17:06
12	0:17:07	COXON, Imogen	(1) Durham City Harriers	S	46		00:17:07
13	0:17:11	LEWINGTON, Abbie	(2) Alnwick Harriers	S	358		00:17:11
14	0:17:28	BARNABY, Jessica	(2) Alnwick Harriers	F	404	00:01:40	00:15:48
15	0:17:28	HERRON, Emily	(2) Houghton AC	F	229	00:01:40	00:15:48
16	0:17:28	BROWN, Lea	(2) Birtley AC	F	139	00:01:40	00:15:48
17	0:17:34	BROWN, Lucy	(2) Houghton AC	S	228		00:17:34
18	0:17:35	RANK, Lizzie	(2) Morpeth Harriers & AC	F	271	00:01:40	00:15:55
19	0:17:41	SHAFIQ, Layla	(2) Alnwick Harriers	F	359	00:01:40	00:16:01
20	0:17:42	LITTLE, Abbie	(2) Sunderland Harriers	S	309		00:17:42
21	0:17:45	ORR, Innes	(2) Blaydon Harriers	F	401	00:01:40	00:16:05
22	0:17:46	HUNT, Katya	(2) Gosforth Harriers & AC	F	365	00:01:40	00:16:06
23	0:18:04	BRADSHAW, Macey	(2) Birtley AC	S	138		00:18:04
24	0:18:06	WILLIS, Holly	(2) Gosforth Harriers & AC	F	212	00:01:40	00:16:26
25	0:18:08	CLELAND, Kate	(1) Gateshead Harriers	F	88	00:01:40	00:16:28
26	0:18:10	BROWN, Lucy	(2) Gosforth Harriers & AC	S	217		00:18:10
27	0:18:10	REES, Rachel	(2) Gosforth Harriers & AC	F	215	00:01:40	00:16:30
28	0:18:14	BREWIS, Louise	(2) Alnwick Harriers	S	403		00:18:14
29	0:18:15	NERI, Isabella	(2) Alnwick Harriers	S	406		00:18:15
30	0:18:15	CARPENTER, Molly	(2) Elswick Harriers	F	192	00:01:40	00:16:35
31	0:18:16	MCGLLEN, Lauren	(1) Gateshead Harriers	F	91	00:01:40	00:16:36
32	0:18:17	HALL, Niamh	(1) Heaton Harriers	S	427		00:18:17
33	0:18:28	BELL, Rhianna	(2) Birtley AC	F	274	00:01:40	00:16:48
34	0:18:32	BENNETT, Robyn	(2) Elswick Harriers	F	191	00:01:40	00:16:52

35	0:18:37	SPEED, Sophie	(1) Tynedale Harriers	S	124		00:18:37
36	0:18:38	SEYMOUR, Kate	(2) Morpeth Harriers & AC	F	370	00:01:40	00:16:58
37	0:18:39	HEWITT, Tegan	(1) Gateshead Harriers	S	448		00:18:39
38	0:18:52	BLUCK, Elena	(1) Tynedale Harriers	F	117	00:01:40	00:17:12
39	0:18:54	HUTCHINGS, Emma	(2) Alnwick Harriers	S	463		00:18:54
40	0:18:58	MURPHY, Freya	(1) Tynedale Harriers	S	461		00:18:58
41	0:18:59	HARRISON, Francesca	(1) Tynedale Harriers	F	119	00:01:40	00:17:19
42	0:19:22	WILSON, Ellie	(1) Gateshead Harriers	F	413	00:01:40	00:17:42
43	0:19:42	THOMASSEN, Alice	(2) Alnwick Harriers	S	462		00:19:42
44	0:21:13	KIRKUP, Sam	(2) Houghton AC	S	230		00:21:13
45	0:21:20	WOOD, Kate	(1) Gateshead Harriers	S	411		00:21:20
46	0:21:24	DAVIES, Emily	(2) Alnwick Harriers	S	424		00:21:24
47	0:21:25	QUINN, Eve	(2) Sunderland Harriers	S	446		00:21:25
48	0:21:50	SPEED, Phoebe	(1) Tynedale Harriers	S	123		00:21:50
49	0:21:57	ENSER, Sophie	(2) Alnwick Harriers	S	457		00:21:57
50	0:22:00	HELMSLEY, Ella	(2) Alnwick Harriers	S	456		00:22:00
51	0:22:15	UNKNOWN Athlete 321	UNKNOWN	S	321		00:22:15
52	0:22:34	CONROY, Jess	(2) Alnwick Harriers	S	423		00:22:34

Promotions from slow pack to fast pack

Race Pos. Name

2	MCMEEKIN, Jessica
3	MOSS, Jazmine
4	STEPHENSON, Miranda
5	SHARP, Jasmine
7	OLIVER, Grace
8	BROWNE, Allana

Club

(2) Blaydon Harriers
(1) Durham City Harriers
(2) Chester-le-Street
(2) Crook AC
(2) Houghton AC
(1) Gateshead Harriers

Teams Overall

	Race Pts	Club	Counters
1	33	(2) Gosforth Harriers & AC	{1,10,22}
2	39	(2) Houghton AC	{7,15,17}
3	42	(1) Gateshead Harriers	{8,9,25}
4	46	(2) Alnwick Harriers	{13,14,19}
5	65	(2) Morpeth Harriers & AC	{11,18,36}
6	72	(2) Birtley AC	{16,23,33}
7	113	(1) Tynedale Harriers	{35,38,40}
13	No team	(2) Chester-le-Street	{4}
13	No team	(2) Crook AC	{5}
13	No team	(2) Jarrow & Hebburn AC	{6}
13	No team	(1) Durham City Harriers	{3,12}
13	No team	(2) Blaydon Harriers	{2,21}
13	No team	(1) Heaton Harriers	{32}
13	No team	(2) Blyth RC	{51}
13	No team	(2) Elswick Harriers	{30,34}
13	No team	(2) Sunderland Harriers	{20,47}

Fastest times

1	00:14:14	PURVES, Rhian	(2) Gosforth Harriers & AC
2	00:15:13	LESLIE, Jessica	(2) Jarrow & Hebburn AC
3	00:15:23	SMITH, Laura	(1) Gateshead Harriers
4	00:15:25	WILLIAMSON, Chelsea	(2) Gosforth Harriers & AC
5	00:15:48	BROWN, Lea	(2) Birtley AC
6	00:15:48	HERRON, Emily	(2) Houghton AC
7	00:15:48	BARNABY, Jessica	(2) Alnwick Harriers
8	00:15:55	RANK, Lizzie	(2) Morpeth Harriers & AC
9	00:15:57	MCMEEKIN, Jessica	(2) Blaydon Harriers
10	00:16:01	SHAFIQ, Layla	(2) Alnwick Harriers
11	00:16:05	ORR, Innes	(2) Blaydon Harriers
12	00:16:06	HUNT, Katya	(2) Gosforth Harriers & AC

Under 15 Girls

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:14:58	BROWNE, Cecily	(1) Gateshead Harriers	S	76		00:14:58
2	0:15:14	WAUGH, Kate	(1) Gateshead Harriers	F	86	00:01:40	00:13:34
3	0:15:26	LLOYD, Cara	(1) Gateshead Harriers	F	80	00:01:40	00:13:46
4	0:15:31	MURTON, Rosie	(2) Alnwick Harriers	F	352	00:01:40	00:13:51
5	0:15:34	FOX, Jessica	(2) Sunderland Harriers	S	428		00:15:34
6	0:15:39	HEDLEY, Charlie	(2) Blyth RC	F	322	00:01:40	00:13:59
7	0:15:48	MAHON, Ellie	(1) Gateshead Harriers	F	89	00:01:40	00:14:08
8	0:15:52	BURNETT, Sophie	(2) Birtley AC	F	133	00:01:40	00:14:12
9	0:16:26	POORE, Imogen	(1) Gateshead Harriers	F	83	00:01:40	00:14:46
10	0:16:29	COTTEE, Lucy	(1) Gateshead Harriers	S	453		00:16:29
11	0:16:42	MCPATE, Florence	(2) Gosforth Harriers & AC	F	209	00:01:40	00:15:02
12	0:16:54	FLETCHER, Eleanor	(2) Gosforth Harriers & AC	S	399		00:16:54
13	0:16:59	LEWINGTON, Beth	(2) Alnwick Harriers	S	351		00:16:59
14	0:17:01	CASSIDY, Millie	(2) Elswick Harriers	F	183	00:01:40	00:15:21
15	0:17:09	HOPPER, Megan	(2) Blaydon Harriers	S	460		00:17:09
16	0:17:21	SMITH, Aoife	(1) Gateshead Harriers	S	447		00:17:21
17	0:17:24	MCMILLAN, Ruby	(1) Gateshead Harriers	S	402		00:17:24
18	0:17:25	BASTON, Charlotte	(2) Alnwick Harriers	S	349		00:17:25
19	0:17:28	STOVES, Rhianna	(1) Tynedale Harriers	F	116	00:01:40	00:15:48
20	0:17:28	KANKOWSKI, Lois	(2) Blyth RC	S	323		00:17:28
21	0:17:42	BROWNE, Rebecca	(2) Blaydon Harriers	S	153		00:17:42
22	0:17:53	DUNGWORTH, Alice	(2) Blyth RC	S	321		00:17:53
23	0:18:05	CAMPBELL, Alice	(1) Durham City Harriers	F	15	00:01:40	00:16:25
24	0:18:29	CAIRNS, Emily	(1) North Shields Poly	S	450		00:18:29
25	0:18:42	REED, Rebecca	(2) Alnwick Harriers	F	426	00:01:40	00:17:02
26	0:18:57	COULSON, Danielle	(2) Birtley AC	F	134	00:01:40	00:17:17
27	0:18:57	EMBLETON, Lucy	(2) Alnwick Harriers	F	407	00:01:40	00:17:17

Promotions from slow pack to fast pack

Race Pos.	Name	Club	Old Pack
1	BROWNE, Cecily	(1) Gateshead Harriers	S
5	FOX, Jessica	(2) Sunderland Harriers	S
10	COTTEE, Lucy	(1) Gateshead Harriers	S

Teams Overall

	Race Pts	Club	Counters
1	6	(1) Gateshead Harriers	{1,2,3}
2	35	(2) Alnwick Harriers	{4,13,18}
3	48	(2) Blyth RC	{6,20,22}
9	No team	(2) Sunderland Harriers	{5}
9	No team	(2) Elswick Harriers	{14}
9	No team	(1) Tynedale Harriers	{19}
9	No team	(1) Durham City Harriers	{23}
9	No team	(2) Gosforth Harriers & AC	{11,12}
9	No team	(1) North Shields Poly	{24}
9	No team	(2) Birtley AC	{8,26}
9	No team	(2) Blaydon Harriers	{15,21}

Fastest times

1	00:13:34	WAUGH, Kate	(1) Gateshead Harriers
2	00:13:46	LLOYD, Cara	(1) Gateshead Harriers
3	00:13:51	MURTON, Rosie	(2) Alnwick Harriers
4	00:13:59	HEDLEY, Charlie	(2) Blyth RC
5	00:14:08	MAHON, Ellie	(1) Gateshead Harriers
6	00:14:12	BURNETT, Sophie	(2) Birtley AC
7	00:14:46	POORE, Imogen	(1) Gateshead Harriers
8	00:14:58	BROWNE, Cecily	(1) Gateshead Harriers
9	00:15:02	MCPATE, Florence	(2) Gosforth Harriers & AC
10	00:15:21	CASSIDY, Millie	(2) Elswick Harriers
11	00:15:34	FOX, Jessica	(2) Sunderland Harriers
12	00:15:48	STOVES, Rhianna	(1) Tynedale Harriers

Under 17&20 Women

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:18:39	ETHERINGTON, Amy (U17)	(2) Shildon AC	F	275	00:02:00	00:16:39
2	0:18:52	MONTGOMERY, Sophie (U17)	(2) Blaydon Harriers	F	147	00:02:00	00:16:52
3	0:19:01	WAUGH, Robyn (U17)	(1) Gateshead Harriers	F	75	00:02:00	00:17:01
4	0:19:13	SMITHSON, Meriel (U17)	(2) Sunderland Harriers	S	298		00:19:13
5	0:19:29	BROWN, Alison (U17)	(2) Morpeth Harriers & AC	F	241	00:02:00	00:17:29
6	0:19:36	PEARSON, Alex (U17)	(2) Sunderland Harriers	S	292		00:19:36
7	0:19:46	LARBY, Beth (U20)	(2) Gosforth Harriers & AC	F	203	00:02:00	00:17:46
8	0:19:52	PEASE, Rebecca (U20)	(1) Gateshead Harriers	F	72	00:02:00	00:17:52
9	0:20:01	COULSON, Amy (U17)	(2) Sunderland Harriers	F	287	00:02:00	00:18:01
10	0:20:12	BOWLING, Jade	(1) Gateshead Harriers	F	390	00:02:00	00:18:12
11	0:20:26	BUSWELL, Harriet (U20)	(2) Gosforth Harriers & AC	F	200	00:02:00	00:18:26
12	0:20:46	BRADBURY, Eleanor (U20)	(2) Blaydon Harriers	F	145	00:02:00	00:18:46
13	0:20:52	EVANS, Megan (U17)	(2) Jarrow & Hebburn AC	S	330		00:20:52
14	0:21:11	WEBSTER-COSTELLA, Hazel (U20)	(2) Jarrow & Hebburn AC	F	335	00:02:00	00:19:11
15	0:21:17	HARTLAND, Tess	(1) Tynedale Harriers	S	455		00:21:17
16	0:22:01	ROBINSON, Anna (U17)	(2) Sunderland Harriers	S	294		00:22:01
17	0:23:49	KILLEN, Annie (U17)	(1) Tynedale Harriers	S	111		00:23:49

Promotions from slow pack to fast pack

Race Pos.	Name	Club	Old Pack
4	SMITHSON, Meriel (U17)	(2) Sunderland Harriers	S

Teams Overall

Leag	Race	Pts	Club	Counters
1	19	(2) Sunderland Harriers	{4,6,9}	
2	21	(1) Gateshead Harriers	{3,8,10}	
8	No team	(2) Shildon AC	{1}	
8	No team	(2) Morpeth Harriers & AC	{5}	
8	No team	(2) Blaydon Harriers	{2,12}	
8	No team	(2) Gosforth Harriers & AC	{7,11}	
8	No team	(2) Jarrow & Hebburn AC	{13,14}	
8	No team	(1) Tynedale Harriers	{15,17}	

Fastest times

1	00:16:39	ETHERINGTON, Amy (U17)	(2) Shildon AC
2	00:16:52	MONTGOMERY, Sophie (U17)	(2) Blaydon Harriers
3	00:17:01	WAUGH, Robyn (U17)	(1) Gateshead Harriers
4	00:17:29	BROWN, Alison (U17)	(2) Morpeth Harriers & AC
5	00:17:46	LARBY, Beth (U20)	(2) Gosforth Harriers & AC
6	00:17:52	PEASE, Rebecca (U20)	(1) Gateshead Harriers
7	00:18:01	COULSON, Amy (U17)	(2) Sunderland Harriers
8	00:18:12	BOWLING, Jade	(1) Gateshead Harriers
9	00:18:26	BUSWELL, Harriet (U20)	(2) Gosforth Harriers & AC
10	00:18:46	BRADBURY, Eleanor (U20)	(2) Blaydon Harriers
11	00:19:11	WEBSTER-COSTELLA, Hazel (U20)	(2) Jarrow & Hebburn AC
12	00:19:13	SMITHSON, Meriel (U17)	(2) Sunderland Harriers

Senior Women

Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:28:06	PRICE, Chloe	Durham N/C	S (snr)	823	00:28:06
2	0:30:57	YOUNG, Lorna	(1) Heaton Harriers	M (snr)	161	00:02:00 00:28:57
3	0:31:12	AVERY, Michelle	(2) Sunderland Harriers	M (snr)	562	00:02:00 00:29:12
4	0:31:21	LEE, Joanne	(1) Tynedale Harriers	M (vet)	320	00:02:00 00:29:21
5	0:31:42	CERVENAK, Carole	(1) Gateshead Harriers	S (vet)	87	00:31:42
6	0:31:43	LISTER, Sarah	(1) Blackhill Bounders	M (vet)	3	00:02:00 00:29:43
7	0:31:45	SMITH, Katie Anne	(1) North Shields Poly	S (snr)	817	00:31:45
8	0:32:03	DARGIE, Alison	(2) Elswick Harriers	F (vet)	393	00:04:00 00:28:03
9	0:32:04	THOMPSON, Rachel	(1) Gateshead Harriers	S (snr)	108	00:32:04
10	0:32:06	FAIRBAIRN, Sarah	(2) Alnwick Harriers	S (snr)	614	00:32:06
11	0:32:07	TULLO, Ellen	(1) Heaton Harriers	M (snr)	155	00:02:00 00:30:07
12	0:32:09	NUTT, Judith	(2) Elswick Harriers	M (snr)	404	00:02:00 00:30:09
13	0:32:11	CAMERON, Nina	(1) Heaton Harriers	S (vet)	118	00:32:11
14	0:32:12	LESLIE, Elaine	(2) Jarrow & Hebburn AC	F (vet)	591	00:04:00 00:28:12
15	0:32:17	DIAMOND-HOWE, Claire	(2) Low Fell RC	S (snr)	445	00:32:17
16	0:32:19	GUTCHER, Suzanne	(2) South Shields Harriers & AC	S (vet)	555	00:32:19
17	0:32:20	PEARSON, Emma	(2) Morpeth Harriers & AC	F (snr)	481	00:04:00 00:28:20
18	0:32:21	ROBERTSON, Leanne	(1) Blackhill Bounders	M (vet)	7	00:02:00 00:30:21
19	0:32:23	GRAHAM, Lorna	(2) Birtley AC	S (vet)	790	00:32:23
20	0:32:30	MATHERSON, Lucy	(1) Tyne Bridge Harriers	S (vet)	268	00:32:30
21	0:32:42	NEWMAN, Becki	(1) Wallsend Harriers	S (snr)	667	00:32:42
22	0:32:43	SHENTON, Fiona	(1) Elvet Striders	S (vet)	71	00:32:43
23	0:32:44	LORRAINE, Maggie	(1) Gateshead Harriers	S (vet)	97	00:32:44
24	0:32:46	BLUCK, Kim	(1) Tynedale Harriers	S (vet)	307	00:32:46
25	0:32:47	FOSTER, Karen	(1) North Shields Poly	S (vet)	172	00:32:47
26	0:32:48	CUTTER, Vanessa	(1) Gateshead Harriers	S (snr)	88	00:32:48
27	0:32:49	BONE, Linda	(2) South Shields Harriers & AC	M (vet)	542	00:02:00 00:30:49
28	0:32:52	ROBINS, Fiona	(1) Heaton Harriers	S (snr)	149	00:32:52
29	0:32:53	SHOTTON, Judith Diane	(1) Sunderland Strollers	S (vet)	233	00:32:53
30	0:32:54	BODDY, Danielle	(1) Gateshead Harriers	S (snr)	83	00:32:54
31	0:32:54	GALLACHER, Helen	(2) South Shields Harriers & AC	S (vet)	552	00:32:54
32	0:32:57	JOHNSON, Tara	(2) Low Fell RC	S (snr)	725	00:32:57
33	0:33:02	WOODWARD, Nicola	(2) Aurora	S (snr)	683	00:33:02
34	0:33:07	BLACKETT, Emma	(1) Wallsend Harriers	S (vet)	646	00:33:07

35	0:33:09	BENTLEY, Rachel	(1) Durham City Harriers	S (snr)	23		00:33:09
36	0:33:10	MALONEY, Rachel	(2) Jesmond Joggers	S (snr)	433		00:33:10
37	0:33:12	HERWORTH, Mandy	(2) Claremont RR	S (vet)	353		00:33:12
38	0:33:13	BANNER, Andrea	(2) Elswick Harriers	M (vet)	388	00:02:00	00:31:13
39	0:33:15	KISLER, Jill	(1) Sunderland Strollers	S (vet)	223		00:33:15
40	0:33:19	RUSBY, Helene	(2) Crook AC	S (vet)	382		00:33:19
41	0:33:28	MORNIGG, Becky	(1) Blackhill Bounders	M (snr)	4	00:02:00	00:31:28
42	0:33:29	ACASTER, Caroline	(2) Blaydon Harriers	F (vet)	342	00:04:00	00:29:29
43	0:33:31	GREENING, Jane	(1) Tynedale Harriers	S (snr)	829		00:33:31
44	0:33:32	ENGLISH SMAILES, Maria	(2) Birtley AC	S (snr)	801		00:33:32
45	0:33:33	MORLEY, Sonia	(1) Tynedale Harriers	F (vet)	323	00:04:00	00:29:33
46	0:33:36	CHRISTOPHER, Heather	(2) Blyth RC	M (vet)	570	00:02:00	00:31:36
47	0:33:37	ANDERSON, Kirstie	(1) Tynedale Harriers	F (vet)	304	00:04:00	00:29:37
48	0:33:44	CROSS, Julie	(2) Claremont RR	S (vet)	350		00:33:44
49	0:33:46	BELL, Megan	(1) Elvet Striders	S (vet)	745		00:33:46
50	0:33:47	PRIESTLEY, Louise	(1) Blackhill Bounders	S (vet)	6		00:33:47
51	0:33:49	TERRY, Rachel	(1) Elvet Striders	M (vet)	741	00:02:00	00:31:49
52	0:33:50	PARKIN, Cheryl	(2) Low Fell RC	S (snr)	457		00:33:50
53	0:33:53	ATKINSON, Paula	(2) South Shields Harriers & AC	S (vet)	538		00:33:53
54	0:33:54	ROBERTSON, Karen	(1) Tynedale Harriers	F (vet)	330	00:04:00	00:29:54
55	0:33:55	FLOYD, Gemma	(2) Morpeth Harriers & AC	F (snr)	470	00:04:00	00:29:55
56	0:33:58	PERCIVAL, Juliet	(1) Elvet Striders	S (vet)	63		00:33:58
57	0:34:00	BRAY, Carolyn	(1) Elvet Striders	S (vet)	36		00:34:00
58	0:34:04	JARMAN, Sarah	(2) Derwentside AC	S (snr)	386		00:34:04
59	0:34:05	MAYNARD, Jenna	(1) Sunderland Strollers	S (snr)	226		00:34:05
60	0:34:06	BROWN, Liane	(2) Blaydon Harriers	S (snr)	344		00:34:06
61	0:34:08	HOLMES, Alice	(2) Jesmond Joggers	M (snr)	431	00:02:00	00:32:08
62	0:34:10	SHILLITOE, Hannah	(1) Heaton Harriers	M (snr)	150	00:02:00	00:32:10
63	0:34:13	MILLER, Lesley	(2) Alnwick Harriers	S (vet)	624		00:34:13
64	0:34:16	SERGEANT, Kate	(2) Claremont RR	S (snr)	365		00:34:16
65	0:34:18	BONE, Alison	(2) South Shields Harriers & AC	S (vet)	541		00:34:18
66	0:34:20	SCOTT, Stephanie	(1) Tynedale Harriers	M (vet)	334	00:02:00	00:32:20
67	0:34:23	QUINONEZ, Julia	(1) Durham City Harriers	S (vet)	22		00:34:23
68	0:34:26	BLACK, Jasmine	(1) Tyne Bridge Harriers	S (snr)	771		00:34:26
69	0:34:28	FREEMAN, Fern	(1) Durham City Harriers	S (snr)	15		00:34:28
70	0:34:32	ROBINSON, Heather	(2) Jarrow & Hebburn AC	F (vet)	603	00:04:00	00:30:32

71	0:34:34 FORDE, Alex	(2) Jesmond Joggers	S (snr)	721		00:34:34
72	0:34:39 MCNELIS, Una	(2) Jesmond Joggers	F (snr)	434	00:04:00	00:30:39
73	0:34:40 DIXON, Alison	(1) North Shields Poly	M (snr)	169	00:02:00	00:32:40
74	0:34:42 ARCHIBOLD, Judith	(1) Heaton Harriers	S (vet)	113		00:34:42
75	0:34:59 KEDDARD, Yasmin	(1) Durham City Harriers	S (snr)	821		00:34:59
76	0:35:00 WILLIAMS, Lisa	(2) Alnwick Harriers	S (vet)	641		00:35:00
77	0:35:05 BELL, Kirsty	(1) Gateshead Harriers	S (snr)	82		00:35:05
78	0:35:06 DROZDOWICZ, Marie	(2) Elswick Harriers	S (vet)	825		00:35:06
79	0:35:12 DAVIS, Susan	(1) Elvet Striders	S (vet)	39		00:35:12
80	0:35:14 ZOPPI, Jo	(1) Heaton Harriers	F (snr)	162	00:04:00	00:31:14
81	0:35:15 LITTLE, Ashleigh	(2) South Shields Harriers & AC	S (snr)	556		00:35:15
82	0:35:16 MILLER GROSSETT, Clair	(1) Tyne Bridge Harriers	S (snr)	819		00:35:16
83	0:35:25 LOUGHNEY, Karen	(1) North Shields Poly	S (vet)	185		00:35:25
84	0:35:32 BELL, Maresa	(1) Blackhill Bounders	S (snr)	1		00:35:32
85	0:35:36 CHAMPION, Joy	(1) Sunderland Strollers	S (vet)	215		00:35:36
86	0:35:37 BENNETT, Jill	(2) Elswick Harriers	S (vet)	389		00:35:37
87	0:35:45 HELSBY, Susie	(2) Jesmond Joggers	S (vet)	809		00:35:45
88	0:35:46 HICKS, Deborah	(1) Heaton Harriers	S (snr)	134		00:35:46
89	0:35:47 SHIELS, Anne-Marie	(2) Jarrow & Hebburn AC	S (vet)	593		00:35:47
90	0:35:48 DODDS, Kelly	(1) Heaton Harriers	M (vet)	126	00:02:00	00:33:48
91	0:35:50 ATKINSON, Lisa	(1) Gateshead Harriers	M (snr)	78	00:02:00	00:33:50
92	0:35:52 FRIEND, Jenny	(1) Heaton Harriers	S (vet)	130		00:35:52
93	0:35:58 MOIR, Emma	(1) Tyne Bridge Harriers	S (vet)	274		00:35:58
94	0:35:59 LILLICO, Annabell	(2) Alnwick Harriers	S (snr)	622		00:35:59
95	0:36:03 SAMPLE, Tracey	(2) Alnwick Harriers	S (vet)	631		00:36:03
96	0:36:07 WILLIAMS, Julie	(1) Wallsend Harriers	S (snr)	678		00:36:07
97	0:36:09 DRUMMOND, Denise	(2) Alnwick Harriers	S (vet)	611		00:36:09
98	0:36:12 MORRIS, Helen	(2) Blyth RC	S (vet)	583		00:36:12
99	0:36:16 BLAKE, Margey	(1) Sunderland Strollers	S (snr)	822		00:36:16
100	0:36:17 RICHARDSON, Julie	(1) Gateshead Harriers	S (vet)	107		00:36:17
101	0:36:24 WALKER, Lisa	(1) Tyne Bridge Harriers	S (vet)	297		00:36:24
102	0:36:25 WALTON, Katy	(1) Elvet Striders	S (snr)	76		00:36:25
103	0:36:26 DAVISON, Yvonne	(2) Derwentside AC	S (vet)	384		00:36:26
104	0:36:32 OLIVER, Lisa	(2) South Shields Harriers & AC	S (snr)	558		00:36:32
105	0:36:33 HOWELL, Jessica	(2) Jesmond Joggers	S (snr)	826		00:36:33
106	0:36:42 SHAW, Julie	(1) Tyne Bridge Harriers	S (vet)	286		00:36:42

107	0:36:51	WATT, Carole	(1) Wallsend Harriers	S (vet)	677		00:36:51
108	0:36:57	CHARLTON, Angela	(2) South Shields Harriers & AC	M (snr)	545	00:02:00	00:34:57
109	0:37:03	DICK, Barbara	(1) Elvet Striders	S (vet)	41		00:37:03
110	0:37:08	BONNARD, Alexandra	(1) Heaton Harriers	S (vet)	115		00:37:08
111	0:37:11	EMMETT, Tracey	(2) South Shields Harriers & AC	S (vet)	550		00:37:11
112	0:37:11	LONSDALE, Marylou	(2) Crook AC	S (vet)	376		00:37:11
113	0:37:17	BAXTER, Valerie	(2) Birtley AC	S (vet)	340		00:37:17
114	0:37:18	BARTRUM, Maureen	(2) Alnwick Harriers	S (vet)	605		00:37:18
115	0:37:22	FRANCIS, Linda	(1) Heaton Harriers	S (vet)	828		00:37:22
116	0:37:23	COPUS, Amanda	(2) Low Fell RC	S (snr)	775		00:37:23
117	0:37:36	GEORGE, Melanie	(1) North Shields Poly	S (snr)	173		00:37:36
118	0:37:41	REED, Kerry	(1) Tyne Bridge Harriers	S (vet)	280		00:37:41
119	0:37:41	SKELDON, Chrystal	(1) Wallsend Harriers	S (vet)	675		00:37:41
120	0:37:42	YOUNG, Jan	(1) Elvet Striders	S (vet)	77		00:37:42
121	0:37:56	CAWTHORNE, Sarah	(1) Wallsend Harriers	S (snr)	649		00:37:56
122	0:38:07	DOCTOR, Ruth	(2) Alnwick Harriers	S (vet)	609		00:38:07
123	0:38:09	DAVIES, Mel	(1) Sunderland Strollers	S (vet)	802		00:38:09
124	0:38:10	THOMPSON, Lyndsey	(1) Wallsend Harriers	S (snr)	827		00:38:10
125	0:38:12	HALL, Amanda	(1) North Shields Poly	S (snr)	178		00:38:12
126	0:38:14	OSSELTON, Layla	(1) Tyne Bridge Harriers	S (snr)	814		00:38:14
127	0:38:24	BRUCE, Claire	(2) Morpeth Harriers & AC	S (vet)	466		00:38:24
128	0:38:28	CLUGHEN, Susan	(2) Sunderland Harriers	S (vet)	561		00:38:28
129	0:38:35	TURNBULL, Rebecca	(2) Aurora	S (snr)	807		00:38:35
130	0:38:39	WAUGH, Fiona	(2) Gosforth Harriers & AC	S (vet)	422		00:38:39
131	0:38:41	STANLEY, Cheryl	(2) Low Fell RC	S (snr)	459		00:38:41
132	0:38:46	DUNCAN, Audrey	(1) Sunderland Strollers	S (vet)	219		00:38:46
133	0:38:51	WELLINGS, Leanne	(2) Elswick Harriers	S (vet)	412		00:38:51
134	0:38:55	REES, Sarah	(2) Gosforth Harriers & AC	S (vet)	420		00:38:55
135	0:39:04	COFFEY, Sinead	(1) Tyne Bridge Harriers	S (vet)	778		00:39:04
136	0:39:06	BATY, Victoria	(1) Heaton Harriers	S (snr)	114		00:39:06
137	0:39:07	RICHARDS, Jitka	(1) Wallsend Harriers	S (vet)	816		00:39:07
138	0:39:08	WARDROBE, Sophie-Marie	(1) Tyne Bridge Harriers	S (snr)	820		00:39:08
139	0:39:26	RICHARDSON, Kay	(2) Aurora	S (snr)	806		00:39:26
140	0:39:27	TODHUNTER, Rose	Allen Valley Striders	S (vet)	740		00:39:27
141	0:39:27	POTTER, Sue	(1) North Shields Poly	S (vet)	192		00:39:27
142	0:39:31	CHAPLIN, Pauline	(1) Heaton Harriers	S (vet)	120		00:39:31

143	0:39:33	HENDERSON, Jane	(1) North Shields Poly	S (vet)	181	00:39:33
144	0:39:36	GARTSIDE, Sarah	(2) Gosforth Harriers & AC	S (vet)	417	00:39:36
145	0:39:41	FOSTER, Lesley	(1) Sunderland Strollers	S (vet)	220	00:39:41
146	0:39:52	MARTIN, Mary	(2) Claremont RR	S (vet)	723	00:39:52
147	0:40:12	SAVDIS, Rachel	(1) North Shields Poly	S (vet)	195	00:40:12
148	0:40:15	LUCKING, Joanne	(2) Elswick Harriers	S (vet)	400	00:40:15
149	0:40:19	SIMPSON, Jenny	(1) North Shields Poly	S (snr)	198	00:40:19
150	0:40:23	BARROW, Louise	(1) Elvet Striders	S (snr)	61	00:40:23
151	0:40:36	HARGREAVES, Silvie	(1) North Shields Poly	S (vet)	803	00:40:36
152	0:40:51	HISCOCK, Claire	(2) Alnwick Harriers	S (vet)	620	00:40:51
153	0:41:28	HALSE, Vicki	(2) Low Fell RC	S (snr)	804	00:41:28
154	0:41:42	PARNABY, Jane	(2) PB Fitness	S (vet)	505	00:41:42
155	0:41:48	WHITE, Patricia	(2) South Shields Harriers & AC	S (vet)	560	00:41:48
156	0:41:55	TINDALE, Victoria	(1) Elvet Striders	S (snr)	74	00:41:55
157	0:42:26	CONNOLLY, Jillian	(1) Sunderland Strollers	S (vet)	713	00:42:26
158	0:42:34	HEATH, Sylvie	(1) North Shields Poly	S (snr)	180	00:42:34
159	0:42:56	SARGINSON, Sara	(1) Blackhill Bounders	S (vet)	8	00:42:56
160	0:43:38	MCRORY, Debbie	(2) Claremont RR	S (vet)	724	00:43:38
161	0:44:09	MCFARLANE, Stephanie	(1) Tyne Bridge Harriers	S (snr)	270	00:44:09
162	0:45:40	CRADDOCK, Anne	(2) Blyth RC	S (vet)	572	00:45:40
163	0:46:03	BUTLER, Katy	(1) Elvet Striders	S (snr)	780	00:46:03
164	0:48:14	TEDSTONE, Laura	(2) Aurora	S (snr)	703	00:48:14
165	0:52:52	BLACK, Lisa	(2) Aurora	S (snr)	680	00:52:52

Promotions from slow pack to medium pack

RacePos.	Name	Club	Old Pack
1	PRICE, Chloe	Durham N/C	S (snr)
5	CERVENAK, Carole	(1) Gateshead Harriers	S (vet)
7	SMITH, Katie Anne	(1) North Shields Poly	S (snr)
9	THOMPSON, Rachel	(1) Gateshead Harriers	S (snr)
10	FAIRBAIRN, Sarah	(2) Alnwick Harriers	S (snr)

Promotions from medium pack to fast pack

Race Pos.	Name	Club	Old Pack
2	YOUNG, Lorna	(1) Heaton Harriers	M (snr)
3	AVERY, Michelle	(2) Sunderland Harriers	M (snr)
4	LEE, Joanne	(1) Tynedale Harriers	M (vet)
6	LISTER, Sarah	(1) Blackhill Bounders	M (vet)

Teams Overall

	Race Pts	Club	Counters
1	23	(1) Heaton Harriers	{1,10,12}
2	34	(1) Gateshead Harriers	{4,8,22}
3	55	(2) Elswick Harriers	{7,11,37}
4	62	(1) Blackhill Bounders	{5,17,40}
5	68	(1) Tynedale Harriers	{3,23,42}
6	71	(2) South Shields Harriers & AC	{15,26,30}
7	96	(2) Low Fell RC	{14,31,51}
8	102	(1) North Shields Poly	{6,24,72}
9	119	(1) Elvet Striders	{21,48,50}
10	124	(1) Sunderland Strollers	{28,38,58}
11	146	(2) Claremont RR	{36,47,63}
12	146	(2) Alnwick Harriers	{9,62,75}
13	148	(1) Wallsend Harriers	{20,33,95}
14	165	(2) Jesmond Joggers	{35,60,70}
15	167	(1) Tyne Bridge Harriers	{19,67,81}
16	168	(1) Durham City Harriers	{34,66,68}
17	170	(2) Jarrow & Hebburn AC	{13,69,88}
18	173	(2) Birtley AC	{18,43,112}
19	196	(2) Morpeth Harriers & AC	{16,54,126}
20	298	(2) Aurora	{32,128,138}
21	302	(2) Blyth RC	{45,97,160}
22	404	(2) Gosforth Harriers & AC	{129,133,142}
28	No team	(2) Blaydon Harriers	{41,59}
28	No team	(2) Sunderland Harriers	{2,127}
28	No team	(2) Crook AC	{39,111}
28	No team	(2) PB Fitness	{152}
28	No team	(2) Derwentside AC	{57,102}

Teams Div. 1

	Race Pts	Club	Counters
1	16	(1) Heaton Harriers	{1,7,8}
2	22	(1) Gateshead Harriers	{3,6,13}
3	36	(1) Blackhill Bounders	{4,9,23}
4	40	(1) Tynedale Harriers	{2,14,24}
5	59	(1) North Shields Poly	{5,15,39}
6	68	(1) Elvet Striders	{12,27,29}
7	73	(1) Sunderland Strollers	{18,22,33}
8	85	(1) Wallsend Harriers	{11,20,54}
9	92	(1) Tyne Bridge Harriers	{10,37,45}
10	95	(1) Durham City Harriers	{21,36,38}

Teams Div. 2

	Race Pts	Club	Counters
1	22	(2) Elswick Harriers	{2,4,16}
2	28	(2) South Shields Harriers & AC	{7,10,11}
3	40	(2) Low Fell RC	{6,12,22}
4	65	(2) Claremont RR	{15,21,29}
5	65	(2) Alnwick Harriers	{3,28,34}
6	73	(2) Jesmond Joggers	{14,27,32}
7	75	(2) Jarrow & Hebburn AC	{5,31,39}
8	78	(2) Birtley AC	{9,19,50}
9	86	(2) Morpeth Harriers & AC	{8,24,54}
10	130	(2) Aurora	{13,56,61}
11	133	(2) Blyth RC	{20,43,70}
12	179	(2) Gosforth Harriers & AC	{57,60,62}
18	No team	(2) Blaydon Harriers	{18,26}
18	No team	(2) Sunderland Harriers	{1,55}
18	No team	(2) Crook AC	{17,49}
18	No team	(2) PB Fitness	{67}
18	No team	(2) Derwentside AC	{25,44}

Fastest times

1	00:28:03	DARGIE, Alison	(2) Elswick Harriers
2	00:28:06	PRICE, Chloe	Durham N/C
3	00:28:12	LESLIE, Elaine	(2) Jarrow & Hebburn AC
4	00:28:20	PEARSON, Emma	(2) Morpeth Harriers & AC
5	00:28:57	YOUNG, Lorna	(1) Heaton Harriers
6	00:29:12	AVERY, Michelle	(2) Sunderland Harriers
7	00:29:21	LEE, Joanne	(1) Tynedale Harriers
8	00:29:29	ACASTER, Caroline	(2) Blaydon Harriers
9	00:29:33	MORLEY, Sonia	(1) Tynedale Harriers
10	00:29:37	ANDERSON, Kirstie	(1) Tynedale Harriers
11	00:29:43	LISTER, Sarah	(1) Blackhill Bounders
12	00:29:54	ROBERTSON, Karen	(1) Tynedale Harriers
11	00:29:43	LISTER, Sarah	(1) Blackhill Bounders
12	00:29:54	ROBERTSON, Karen	(1) Tynedale Harriers