

English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

- Mens 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time			
1	Alberto Sanchez	Derby AC	26:12	41	Sam Ashcroft	Ealing S&M
2	Danny Russell	Highgate H	26:17	42	Orlando Corea	Bournville
3	Mohamud Aadan	Thames Val	26:27	43	Alex Robinson	Hercules W
4	Ben Livesey	Birchfield	26:29	44	Stuart Doyle	Vale Royal
5	Jack Martin	Stockport	26:32	45	Nick Corker	Royal Sutt
6	Ian Mitchell	Tipton Har A	26:34	46	Alex Wall-Clarke	Southamptn
7	Andrew Butchart	Central Ac	26:37	47	Alexander Brecker	CityStoke
8	Alexander Dunbar	C.Norwich	26:43	48	Martin Rees	LesCrouprs
9	Andrew Rayner	Blackheath	26:47	49	Richard Simkiss	Kenilworth
10	Dave Roper	Cheltenham	26:47	50	Paul Ward	Telford Ac
11	Samuel Densham	Charnwood	26:49	51	Thomas Stevens	Datchet Da
12	Lewis Moses	New Marske	26:51	52	Kieran Flannery	Gateshead
13	Matthew Barnes	Altrincham	26:54	53	AlexanderDavy	Leeds City B
14	James Douglas	Border Har	26:58	54	Andrew Inskip	Bedford&D B
15	Tom Marshall	Cardiff Aa	26:58	55	Jeff Prest	TraffordA
16	Charlie MacLean	Bristol&W	27:00	56	James Chettle	Cambridge
17	Tarus Ely	Salford Ha A	27:02	57	Thomas Plibersek	Woodford G B
18	Nicholas Torry	Serpentine A	27:05	58	David Thompson	Barnsley A
19	Benjamin Jones	CoventryG	27:09	59	Craig Shearer	Keighley&C
20	Samuel Mitchell	NottsAc A	27:09	60	C Fullerton	Tipton Har B
21	Dermot Cummins	Corstorphi	27:11	61	Martin Dawson	NorthDerby
22	James Smith	Leeds City A	27:23	62	David Kesterton	Halesowen
23	Matthew Nicholson	Morpeth Ha	27:26	63	Naill Sheehan	Newham&E B
24	Luke Humphreys	Bedford&D A	27:30	64	Patrick Miller	Barrow & F
25	Paul Thompson	BRATS	27:32	65	James Rose	(Severn Ac)
26	Edward Shepherd	Woodford G A	27:36	66	Richard Edmonds	Serpentine B
27	Dewi Griffiths	Swansea Ha	27:42	67	Eyob Huruy	Notts Ac B
28	C Busaileh	Herne Hill	27:42	68	Craig Fishwick	Hallamshir
29	Karl Billington	Blackburn	27:43	69	Brian Wright	Wolverhamp
30	Glen Watts	Shaftesbur	27:44	70	Eric Williams	Salford Ha B
31	Kevin Rojas	Brighton&H	27:48	71	Mark Appleton	BromsRedd
32	Christopher Fell	Rossendale	27:49	72	Gary Crompton	Scunthorpe
33	Richard Burney	LiverpoolH	27:58	73	Richard Edwards	Sale Harri B
34	Daniel Hallam	Owls Ac	27:59	74	John Comrie	Rotherham
35	David Turnbull	Holmfirth	28:13	75	Stephen Doyle	Knowsley H
36	Kieran Reilly	Tonbridge	28:13	76	Jeremy Mower	Gloucester
37	Mark Powell	Heanor RC	28:15	77	Robert Wakefield	Aldershot B
38	James Bailey	Sale Harri A	28:16	78	Jake Watson	Harborough
39	Jason Prickett	Aldershot A	28:25	79	Phill Bullock	Worcester
40	Robert Thompson	Hillingdon	28:27			

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- Mens 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	James Poole	Blackheath	14:22	41:09	+ 8	46	Rob Andrew	Bournville	16:30	45:08	- 4
2	Stephen Mitchell	Bristol&W	14:13	41:13	+ 14	47	Peter Merritt	Southamptn	16:18	45:12	- 1
3	Martin Williams	Tipton Har A	14:47	41:21	+ 3	48	Jim Sawle	Kenilworth	16:15	45:17	+ 1
4	Robel Bahelbi	Hightgate H	15:09	41:26	- 2	49	Daniel Thompson	Hillingdon	16:53	45:20	- 9
5	Michael Ward	Cardiff Aa	14:44	41:42	+ 10	50	Andrew Miles	Vale Royal	16:38	45:23	- 6
6	Tom Hook	C.Norwich	15:03	41:46	+ 2	51	Steve Hepples	Newham&E B	15:11	45:35	+ 12
7	Matthew Bergin	Bedford&D A	14:22	41:52	+ 17	52	Tony Weatherson	Heanor RC	17:34	45:49	- 15
8	Rory Grant	Birchfield	15:23	41:52	- 4	53	Chris Bagshaw	Telford Ac	16:52	45:55	- 3
9	Sean Reilly	Central Ac	15:18	41:55	- 2	54	Kevin Murphy	Woodford G B	16:05	45:58	+ 3
10	Jack Gray	BRATS	14:28	42:00	+ 15	55	Paul Davey	Royal Sutt	17:20	46:13	- 10
11	Kevin Bell	Border Har	15:11	42:09	+ 3	56	David Lee	Datchet Da	17:13	46:17	- 5
12	Jake Littlehales	Stockport	15:40	42:12	- 7	57	Will Smith	Keighley&C	16:14	46:26	+ 2
13	Simon Bruton	Salford Ha A	15:22	42:24	+ 4	58	Daniel Cleary	Halesowen	16:23	46:47	+ 4
14	Steve Long	Notts Ac A	15:28	42:37	+ 6	59	Joe Gratton	Hallamshir	15:40	46:49	+ 9
15	Richard Burman	Coventry G	15:33	42:42	+ 4	60	Harry Foster	Notts Ac B	15:59	46:56	+ 7
16	Michael Burrett	Leeds City A	15:24	42:47	+ 6	61	Dean Miller	Barrow & F	16:31	46:57	+ 3
17	Darren Jordan	Cheltenham	16:01	42:48	- 7	62	Gareth Howells	DISQUALIFIED	16:27	47:05	+ 3
18	Ryan Ganose	Altrincham	16:00	42:54	- 5	63	Tom White	Barnsley A	17:01	47:13	- 5
19	Jonathan Nisbet	Morpeth Ha	15:30	42:56	+ 4	64	Steve Leverton	NorthDerby	16:55	47:15	- 3
20	Gary Burnett	Charnwood	16:09	42:58	- 9	65	Matthew Applegate	Cambridge	17:39	47:17	- 9
21	Daniel Bruynuoghe	Woodford G A	15:23	42:59	+ 5	66	Shaun Barnsley	Tipton Har B	17:33	47:49	- 6
22	Anthony Whiteman	Shaftesbur	15:18	43:02	+ 8	67	Rhian Hastey	Rotherham	16:01	47:53	+ 7
23	Ali Yahye	Thames Val	16:38	43:05	- 20	68	Derek Crewe	Salford Ha B	16:43	47:59	+ 2
24	Matthew Pierson	Holmfirth	14:54	43:07	+ 11	69	John Nugus	Serpentine B	17:19	48:05	- 3
25	Pau Herrero	Serpentine A	16:06	43:11	- 7	70	Daniel Vaughan	Wolverhamp	17:50	49:02	- 1
26	Ryan Riddell	Corstorphi	16:05	43:16	- 5	71	Lewis Stones	Scunthorpe	17:46	49:20	+ 1
27	Steven Davies	Swansea Ha	15:36	43:18	0	72	Andrew Freeman	BromsRedd	17:58	49:25	- 1
28	Ian Crowe-Wright	Brighton&H	15:31	43:19	+ 3	73	Olivier Gaillemin	Sale Harri B	17:57	49:40	0
29	Simon Coombes	Heme Hill	15:49	43:31	- 1	74	Robert Hislop	Aldershot B	16:53	50:07	+ 3
30	Dominic Brown	Tonbridge	15:22	43:35	+ 6	75	Matthew Driver	Harborough	17:21	50:59	+ 3
31	Ryan Moore	Sale Harri A	15:23	43:39	+ 7	76	Owen Cotterell	Knowsley H	18:56	51:24	- 1
32	Andrew Penney	Hercules W	15:06	43:47	+ 11	77	David Jubb	Worcester	17:58	51:40	+ 2
33	Joshua Arnold	Aldershot A	15:34	43:59	+ 6	Fastest runners over stage 2:					
34	Alan Ashton	LiverpoolH	16:04	44:02	- 1	1	Stephen Mitchell	Bristol&W	14:13		
35	Dominic Walton	Rossendale	16:20	44:09	- 3	2	Matthew Bergin	Bedford&D A	14:22		
36	Tom Meakin	Owls Ac	16:11	44:10	- 2	3	James Poole	Blackheath	14:22		
37	Michael Salter	Leeds City B	14:59	44:11	+ 16	4	Jack Gray	BRATS	14:28		
38	L SalesFerrer	CityStoke	15:17	44:14	+ 9	5	Michael Ward	Cardiff Aa	14:44		
39	Jerome Edwards	LesCrouprs	15:18	44:16	+ 9	6	Martin Williams	Tipton Har A	14:47		
40	Thomas Lawrence	Derby AC	18:17	44:29	- 39	7	Matthew Pierson	Holmfirth	14:54		
41	Ben Waterman	Ealing S&M	16:01	44:38	0	8	Michael Salter	Leeds City B	14:59		
42	Simeon Greenwood	Gateshead	15:35	44:44	+ 10	9	Tom Hook	C.Norwich	15:03		
43	Mark Bleasdale	Blackburn	17:03	44:46	- 14	10	Andrew Penney	Hercules W	15:06		
44	Ben Martin	Trafford A	15:21	44:50	+ 11						
45	Michael Harrison	Bedford&D B	15:36	44:50	+ 9						

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- Mens 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Benjamin Noad	Highgate H	27:01	1:08:27	+ 3	45	James Laing	Hillingdon	29:21	1:14:41	+ 4
2	Rowan Axe	Cardiff Aa	26:53	1:08:35	+ 3	46	Richard Henderson	Bedford&D B	29:57	1:14:47	- 1
3	Matt Granger	Tipton Har A	27:51	1:09:12	0	47	Nicholas Landeau	Ealing S&M	30:11	1:14:49	- 6
4	Steven Naylor	Bedford&D A	27:24	1:09:16	+ 3	48	Alexander Miller	Datchet Da	28:50	1:15:07	+ 8
5	Jon Fletcher	Border Har	27:20	1:09:29	+ 6	49	K Szustowicz	Derby AC	30:49	1:15:18	- 9
6	Matthew Gunby	Woodford G A	26:31	1:09:30	+ 15	50	Darren Middleton	Barnsley A	28:25	1:15:38	+ 13
7	Jonathan Wills	Leeds City A	26:45	1:09:32	+ 9	51	Patrick Roddy	Kenilworth	30:29	1:15:46	- 3
8	Toby Spencer	Coventry G	26:54	1:09:36	+ 7	52	Paul Thompson	Bournville	31:12	1:16:20	- 6
9	Mathew Almond	Birchfield	27:49	1:09:41	- 1	53	Robert Smith	Notts Ac B	29:34	1:16:30	+ 7
10	Nicholas Swinburn	Morpeth Ha	26:51	1:09:47	+ 9	54	Richard White	Halesowen	29:45	1:16:32	+ 4
11	Nicholas Earl	C.Norwich	28:09	1:09:55	- 5	55	Shane Rice	Heanor RC	30:59	1:16:48	- 3
12	Philip Parry	Bristol&W	28:54	1:10:07	- 10	56	Chris Adams	Rotherham	29:19	1:17:12	+ 11
13	Alex Gibbins	Blackheath	29:05	1:10:14	- 12	57	Louis Clark	Woodford G B	31:17	1:17:15	- 3
14	Lewis Millar	Central Ac	28:22	1:10:17	- 5	58	Oliver Park	Cambridge	30:02	1:17:19	+ 7
15	Martin Whitehouse	Notts Ac A	27:43	1:10:20	- 1	59	Ben Small	Keighley&C	31:20	1:17:46	- 2
16	C Hartley	Thames Val	27:20	1:10:25	+ 7	60	Oliver Teasel	NorthDerby	30:39	1:17:54	+ 4
17	Rhys Park	Cheltenham	27:41	1:10:29	0	61	Philip Clamp	Tipton Har B	30:22	1:18:11	+ 5
18	Benjamin Riddell	Salford Ha A	28:16	1:10:40	- 5	62	Graham Miles	Vale Royal	33:02	1:18:25	- 12
19	Steven Fennell	Tonbridge	27:25	1:11:00	+ 11	63	N BarberisNegra	Serpentine B	30:27	1:18:32	+ 6
20	Paul Richardson	Owls Ac	26:51	1:11:01	+ 16	64	Colin McAuley	Royal Sutt	32:30	1:18:43	- 9
21	Edward Banks	BRATS	29:10	1:11:10	- 11	65	Ray Jones	Barrow & F	31:47	1:18:44	- 4
22	Steven Connor	Aldershot A	27:26	1:11:25	+ 11	66	Paul Hammond	Wolverhamp	29:50	1:18:52	+ 4
23	Dave Morgan	Serpentine A	28:29	1:11:40	+ 2	67	James Wyatt	Salford Ha B	30:54	1:18:53	+ 1
24	Daniel Watts	Shaftesbur	28:41	1:11:43	- 2	68	Steve Monk	Trafford A	34:04	1:18:54	- 24
25	Jamie Loxam	Stockport	29:33	1:11:45	- 13	69	Dave Lander	DISQUALIFIED	32:12	1:19:17	- 7
26	John McCole	LiverpoolH	27:45	1:11:47	+ 8	70	Nigel Martin	Sale Harri B	30:47	1:20:27	+ 3
27	Chris Carpanini	Swansea Ha	28:32	1:11:50	0	71	Matthew Smith	Scunthorpe	31:51	1:21:11	0
28	Ben Paviour	Herne Hill	28:42	1:12:13	+ 1	72	Tom Michaelson	Knowsley H	29:49	1:21:13	+ 4
29	Richard Smith	Holmfirth	29:31	1:12:38	- 5	73	Ashley Ross	BromsRedd	32:50	1:22:15	- 1
30	Jason Williams	Charnwood	29:41	1:12:39	- 10	74	Warren Miles	Worcester	31:23	1:23:03	+ 3
31	Marc Elliott	Gateshead	27:58	1:12:42	+ 11	75	Andrew Hislop	Aldershot B	35:35	1:25:42	- 1
32	Joseph Johnston	Rossendale	28:35	1:12:44	+ 3	76	Graeme Rolfe	Harborough	38:27	1:29:26	- 1
33	Jonathan Carpenter	Corstorphi	29:39	1:12:55	- 7	Fastest runners over stage 3:					
34	Jake VanAllen	Brighton&H	29:39	1:12:58	- 6	1	Matthew Gunby	Woodford G A	26:31		
35	William Neill	CityStoke	28:47	1:13:01	+ 3	2	Jonathan Wills	Leeds City A	26:45		
36	Frederick Slemeck	Hercules W	29:31	1:13:18	- 4	3	Nicholas Swinburn	Morpeth Ha	26:51		
37	Thomas Edwards	Leeds City B	29:08	1:13:19	0	4	Paul Richardson	Owls Ac	26:51		
38	Jacob Wiebel	Southamptn	28:30	1:13:42	+ 9	5	Rowan Axe	Cardiff Aa	26:53		
39	Olly Laws	Newham&E B	28:41	1:14:16	+ 12	6	Toby Spencer	Coventry G	26:54		
40	Andrew Buttery	Blackburn	29:32	1:14:18	+ 3	7	Benjamin Noad	Highgate H	27:01		
41	Stuart Crees	LesCroupers	30:04	1:14:20	- 2	8	C Hartley	Thames Val	27:20		
42	Matthew Kelly	Altrincham	31:27	1:14:21	- 24	9	Jon Fletcher	Border Har	27:20		
43	Callum Rowlinson	Sale Harri A	30:45	1:14:24	- 12	10	Steven Naylor	Bedford&D A	27:24		
44	Chris Rimmer	Telford Ac	28:35	1:14:30	+ 9						

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

- Mens 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Jonathan Peters	Cardiff Aa	15:00	1:23:35	+ 1	46	Simon Wigzell	Datchet Da	17:14	1:32:21	+ 2
2	Michael Dan	Highgate H	15:40	1:24:07	- 1	47	John Garmson	Telford Ac	17:55	1:32:25	- 3
3	Michael Wood	Leeds City A	14:52	1:24:24	+ 4	48	Tom Collins	Notts Ac B	15:56	1:32:26	+ 5
4	Benjamin Alcock	Bedford&D A	15:17	1:24:33	0	49	Stephen Page	Kenilworth	17:07	1:32:53	+ 2
5	Phillip Wilson	Tipton Har A	15:37	1:24:49	- 2	50	John Knibb	Derby AC	17:42	1:33:00	- 1
6	Matthew Grieve	Border Har	15:30	1:24:59	- 1	51	Graham Harrison	Altrincham	18:41	1:33:02	- 9
7	Abdul Abdulrahman	Birchfield	15:34	1:25:15	+ 2	52	Christian Shaw	Barnsley A	17:31	1:33:09	- 2
8	Scott Hazell	Coventry G	15:43	1:25:19	0	53	Harvey Brown	Halesowen	16:43	1:33:15	+ 1
9	James Stockings	Woodford G A	15:51	1:25:21	- 3	54	Paul Clarke	Heanor RC	16:52	1:33:40	+ 1
10	Carl Hardman	Salford Ha A	14:45	1:25:25	+ 8	55	Chris Tarren	Bournville	17:23	1:33:43	- 3
11	Mohamed Mohamed	Thames Val	15:07	1:25:32	+ 5	56	Nicholas Myers	Rotherham	16:33	1:33:45	0
12	Tom Crowley	Notts Ac A	15:17	1:25:37	+ 3	57	Ross Edgley	Wolverhamp	15:15	1:34:07	+ 9
13	Thomas Straughan	Morpeth Ha	16:02	1:25:49	- 3	58	Steven Abrahams	Tipton Har B	16:02	1:34:13	+ 3
14	Dale Colley	Central Ac	15:44	1:26:01	0	59	John Ferguson	Cambridge	17:07	1:34:26	- 1
15	Wayne Lincoln	C.Norwich	16:07	1:26:02	- 4	60	Wilbraham Rob	Woodford G B	17:44	1:34:59	- 3
16	Daniel Edmund	Bristol&W	16:09	1:26:16	- 4	61	Liam Spencer	Keighley&C	17:21	1:35:07	- 2
17	Anthony Bailey	Cheltenham	16:05	1:26:34	0	62	Garry Dixon	Barrow & F	16:35	1:35:19	+ 3
18	Niall Fleming	Shaftesbur	14:59	1:26:42	+ 6	63	Chris Taylor	Royal Sutt	17:00	1:35:43	+ 1
19	Steve Cooper	Blackheath	16:52	1:27:06	- 6	64	Timothy Egerton	Trafford A	16:53	1:35:47	+ 4
20	Jack Nixon	Stockport	15:22	1:27:07	+ 5	65	Andrew Taylor	Serpentine B	17:34	1:36:06	- 2
21	James Thompson	Tonbridge	16:08	1:27:08	- 2	66	Michael Geoghegan	NorthDerby	18:29	1:36:23	- 6
22	Ben Bradley	Aldershot A	15:47	1:27:12	0	67	Paul Birkett	Salford Ha B	17:35	1:36:28	0
23	Jorge RasoGea	Herne Hill	15:05	1:27:18	+ 5	68	Darren Cottier	Vale Royal	18:46	1:37:11	- 6
24	Ricky Challinor	LiverpoolH	15:32	1:27:19	+ 2	69	Kyle Conway	Sale Harri B	17:13	1:37:40	+ 1
25	Lewys Hobbs	Swansea Ha	15:46	1:27:36	+ 2	70	Stephen Hale	DISQUALIFIED	18:26	1:37:43	- 1
26	George Ashdown	Owls Ac	16:42	1:27:43	- 6	71	Lewis Roberts	Worcester	15:41	1:38:44	+ 3
27	Chris Grimley	BRATS	16:42	1:27:52	- 6	72	Robert Kelly	Knowsley H	17:32	1:38:45	0
28	Daniel Johnson	Gateshead	15:43	1:28:25	+ 3	73	William Cranston	Scunthorpe	18:21	1:39:32	- 2
29	Peter Swaine	Charnwood	15:55	1:28:34	+ 1	74	Philip Anderson	BromsRedd	19:52	1:42:07	- 1
30	Martin O'Connell	Serpentine A	16:58	1:28:38	- 7	75	Martin Hughes	Harborough	21:47	1:51:13	+ 1
31	James Shane	Newham&E B	14:33	1:28:49	+ 8	Fastest runners over stage 4:					
32	Stuart Campbell	Corstorphi	16:16	1:29:11	+ 1	1	James Shane	Newham&E B	14:33		
33	Philip Bolton	Rossendale	16:31	1:29:15	- 1	2	Carl Hardman	Salford Ha A	14:45		
34	Jamie Roden	Sale Harri A	15:03	1:29:27	+ 9	3	Michael Wood	Leeds City A	14:52		
35	Thomas Hendricken	CityStoke	16:36	1:29:37	0	4	Niall Fleming	Shaftesbur	14:59		
36	David Boyce	Brighton&H	16:41	1:29:39	- 2	5	Jonathan Peters	Cardiff Aa	15:00		
37	Christian Cobbold	LesCroupers	15:39	1:29:59	+ 4	6	Jamie Roden	Sale Harri A	15:03		
38	Timothy Sherman	Southamptn	16:26	1:30:08	0	7	Jorge RasoGea	Herne Hill	15:05		
39	Belal Aly	Hercules W	17:05	1:30:23	- 3	8	Mohamed Mohamed	Thames Val	15:07		
40	Martin Farran	Leeds City B	17:22	1:30:41	- 3	9	Ross Edgley	Wolverhamp	15:15		
41	Stefan Fields	Holmfirth	18:14	1:30:52	- 12	10	Tom Crowley	Notts Ac A	15:17		
42	Zachary Howe	Blackburn	16:41	1:30:59	- 2	11	Benjamin Alcock	Bedford&D A	15:17		
43	Joseph Carton	Hillingdon	16:24	1:31:05	+ 2						
44	Mohamed Hashi	Ealing S&M	16:21	1:31:10	+ 3						
45	Matthew Nicholson	Bedford&D B	16:25	1:31:12	+ 1						

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

- Mens 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Joe MacDonald	Cardiff Aa	26:01	1:49:36	0	46	Sean Crummy	Hercules W	31:31	2:01:54	- 7
2	David Webb	Leeds City A	26:35	1:50:59	+ 1	47	Shaun Livesey	Blackburn	30:56	2:01:55	- 5
3	Philip Nicholls	Tipton Har A	26:35	1:51:24	+ 2	48	Rob Foster	Datchet Da	29:45	2:02:06	- 2
4	Jonathan Thewlis	Notts Ac A	26:42	1:52:19	+ 8	49	John Muddeman	Notts Ac B	30:06	2:02:32	- 1
5	Ben Pochee	Highgate H	28:16	1:52:23	- 3	50	Ryan Heath	Telford Ac	30:09	2:02:34	- 3
6	Matthew Janes	Bedford&D A	27:59	1:52:32	- 2	51	Nicolas Hazelwood	Halesowen	29:30	2:02:45	+ 2
7	Chris Smith	Thames Val	27:17	1:52:49	+ 4	52	Jim McMahon	Bedford&D B	31:39	2:02:51	- 7
8	Matt Shone	Woodford G A	27:52	1:53:13	+ 1	53	Gareth Cadd	Bournville	29:55	2:03:38	+ 2
9	Patrick Martin	Stockport	26:06	1:53:13	+ 11	54	David Driver	Barnsley A	30:49	2:03:58	- 2
10	Gary Priestley	Salford Ha A	28:00	1:53:25	0	55	Daniel Brazier	Wolverhamp	30:18	2:04:25	+ 2
11	Owain Jones	Bristol&W	27:22	1:53:38	+ 5	56	Oliver Harradence	Royal Sutt	28:56	2:04:39	+ 7
12	Thomas Madden	CoventryG	28:35	1:53:54	- 4	57	Michael Berks	Altrincham	32:05	2:05:07	- 6
13	Michael Skinner	Blackheath	26:50	1:53:56	+ 6	58	Dean Hill	Tipton Har B	31:27	2:05:40	0
14	Stu Huntington	C.Norwich	27:59	1:54:01	+ 1	59	Chris Perry	Vale Royal	28:47	2:05:58	+ 9
15	Robert Russell	Central Ac	28:08	1:54:09	- 1	60	Timothy Ballard	Woodford G B	31:01	2:06:00	0
16	Orlando Edwards	Shaftesbur	27:37	1:54:19	+ 2	61	Alex Eggeman	Cambridge	31:38	2:06:04	- 2
17	Michael Dawson	Morpeth Ha	28:32	1:54:21	- 4	62	Adrian Thomas	Keighley&C	31:07	2:06:14	- 1
18	Peter Harrison	Border Har	29:35	1:54:34	- 12	63	Michael Grace	Salford Ha B	30:15	2:06:43	+ 4
19	Adam Peers	LiverpoolH	27:55	1:55:14	+ 5	64	Jamie Hogg	Serpentine B	31:17	2:07:23	+ 1
20	Joshua Griffiths	Swansea Ha	28:04	1:55:40	+ 5	65	James Jordan	Barrow & F	32:50	2:08:09	- 3
21	Luca Russo	Tonbridge	28:38	1:55:46	0	66	Ian Monaghan	NorthDerby	31:51	2:08:14	0
22	Mark Dooley	Herne Hill	28:37	1:55:55	+ 1	67	Gareth Woodcock	Trafford A	33:12	2:08:59	- 3
23	Tobias Smith	Aldershot A	28:45	1:55:57	- 1	68	Carl Barber	Sale Harri B	31:33	2:09:13	+ 1
24	Jonathan Cullen	Birchfield	31:01	1:56:16	- 17	69	Steve Maguire	DISQUALIFIED	32:12	2:09:55	+ 1
25	Daniel Owen	Cheltenham	30:30	1:57:04	- 8	70	Rob Williams	Knowsley H	32:15	2:11:00	+ 2
26	Thomas Bell	Owls Ac	29:25	1:57:08	0	71	David Vickers	Scunthorpe	31:37	2:11:09	+ 2
27	Mark Couldwell	Charnwood	28:35	1:57:09	+ 2	72	Edward Godber	Heanor RC	38:40	2:12:20	- 18
28	Barry Maskell	Gateshead	28:47	1:57:12	0	73	David O'Brien	Worcester	33:46	2:12:30	- 2
29	Howard Bristow	Brighton&H	27:35	1:57:14	+ 7	74	James Hood	BromsRedd	31:44	2:13:51	0
30	Hugh Torry	Serpentine A	28:46	1:57:24	0	75	Martin Gore	Harborough	33:37	2:24:50	0
31	Grant Cunliffe	Rossendale	28:34	1:57:49	+ 2	Fastest runners over stage 5:					
32	Daniel Robinson	BRATS	30:01	1:57:53	- 5	1	Joe MacDonald	Cardiff Aa	26:01		
33	Matthew Bennett	Southamptn	28:06	1:58:14	+ 5	2	Patrick Martin	Stockport	26:06		
34	Steven O'Brien	Corstorphi	29:09	1:58:20	- 2	3	Philip Nicholls	Tipton Har A	26:35		
35	Paul Green	Sale Harri A	28:55	1:58:22	- 1	4	David Webb	Leeds City A	26:35		
36	Liam Hendricken	CityStoke	28:59	1:58:36	- 1	5	Jonathan Thewlis	Notts Ac A	26:42		
37	Wayne Bell	Newham&E B	30:25	1:59:14	- 6	6	Michael Skinner	Blackheath	26:50		
38	Martin Bateman	Hillingdon	29:21	2:00:26	+ 5	7	Chris Smith	Thames Val	27:17		
39	Joshua Bull	Derby AC	27:49	2:00:49	+ 11	8	Owain Jones	Bristol&W	27:22		
40	Peter Brookes	Holmfirth	30:02	2:00:54	+ 1	9	Philip Hoole	Rotherham	27:35		
41	Nicholas Dukes	LesCrouprs	30:57	2:00:56	- 4	10	Howard Bristow	Brighton&H	27:35		
42	Trevor Wilks	Leeds City B	30:22	2:01:03	- 2						
43	Paul Andrew	Kenilworth	28:13	2:01:06	+ 6						
44	C Hepworth	Ealing S&M	29:57	2:01:07	0						
45	Philip Hoole	Rotherham	27:35	2:01:20	+ 11						

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- Mens 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	James Mills	Cardiff Aa	15:33	2:05:09	0	45	Mark Turner	Halesowen	16:38	2:19:23	+ 6
2	Richard Kay	Tipton Har A	15:08	2:06:32	+ 1	46	Joseph Booth	Derby AC	18:36	2:19:25	- 7
3	Jack Simpson	Leeds City A	15:37	2:06:36	- 1	47	Jack Lonsdale	Blackburn	17:33	2:19:28	0
4	Neilson Hall	Bedford&D A	14:34	2:07:06	+ 2	48	Gordon Barrie	Bedford&D B	16:51	2:19:42	+ 4
5	Matt Blunden	Notts Ac A	15:31	2:07:50	- 1	49	Guiseppe Rivelli	Datchet Da	17:39	2:19:45	- 1
6	Jonathan Deane	Highgate H	16:07	2:08:30	- 1	50	Jonathan Hiorns	Notts Ac B	17:24	2:19:56	- 1
7	Daniel Allport	Thames Val	16:15	2:09:04	0	51	Sam Garmson	Telford AC	17:35	2:20:09	- 1
8	Angus Holford	Woodford G A	16:00	2:09:13	0	52	Andrew Norman	Altrincham	15:10	2:20:17	+ 5
9	David Lockett	Salford Ha A	15:56	2:09:21	+ 1	53	Bradlee Tod	Bournville	17:41	2:21:19	0
10	Kieran Young	Bristol&W	15:46	2:09:24	+ 1	54	Keith Littlewood	Barnsley A	17:44	2:21:42	0
11	Graeme Taylor	Morpeth Ha	15:22	2:09:43	+ 6	55	Mark Moore	Wolverhamp	17:21	2:21:46	0
12	Oliver Maskell	C.Norwich	15:58	2:09:59	+ 2	56	David Nuttall	Rotherham	20:30	2:21:50	- 11
13	Andrew Hood	Central Ac	16:02	2:10:11	+ 2	57	Clive Hackforth	Royal Sutt	18:00	2:22:39	- 1
14	Rick Lloyd	Stockport	17:05	2:10:18	- 5	58	Aaron Keene	Tipton Har B	17:31	2:23:11	0
15	G Vacharopoulos	Blackheath	16:29	2:10:25	- 2	59	Ben Jones	Cambridge	17:38	2:23:42	+ 2
16	Tom Nicholson	Border Har	16:15	2:10:49	+ 2	60	A Castile	Salford Ha B	17:32	2:24:15	+ 3
17	C Joslin-Allen	Tonbridge	15:06	2:10:52	+ 4	61	Stephen Thompson	Vale Royal	18:34	2:24:32	- 2
18	James Trapmore	Shaftesbur	16:36	2:10:55	- 2	62	James Bleakley	Trafford A	15:41	2:24:40	+ 5
19	Martyn Brunt	Coventry G	17:12	2:11:06	- 7	63	Thomas Sessford	Keighley&C	18:27	2:24:41	- 1
20	Matt Richards	Swansea Ha	16:11	2:11:51	0	64	Richard Peel	Serpentine B	17:19	2:24:42	0
21	Andrew Rooke	Aldershot A	16:08	2:12:05	+ 2	65	Steve Lambert	Woodford G B	18:52	2:24:52	- 5
22	Nick Hardy	Birchfield	15:55	2:12:11	+ 2	66	Sam Storey	Barrow & F	17:20	2:25:29	- 1
23	Frederick Groves	LiverpoolH	17:02	2:12:16	- 4	67	Daniel Teasel	NorthDerby	17:38	2:25:52	- 1
24	Deron Fagan	Herne Hill	16:47	2:12:42	- 2	68	Paul Barrett	Sale Harri B	18:48	2:28:01	0
25	James McCarthy	Brighton&H	15:44	2:12:58	+ 4	69	Josh Carr	Worcester	16:05	2:28:35	+ 4
26	Charlie Hulson	Sale Harri A	14:38	2:13:00	+ 9	70	Andy Norman	(Severn Ac)	18:47	2:28:42	- 1
27	Jonathan Barnes	Cheltenham	15:59	2:13:03	- 2	71	Michael Homsey	Scunthorpe	18:27	2:29:36	0
28	Martin Makin	Charnwood	16:06	2:13:15	- 1	72	Tim Simpson	Hearon RC	18:43	2:31:03	0
29	Cathal Logue	Serpentine A	16:07	2:13:31	+ 1	73	Mark Connor	Knowsley H	20:44	2:31:44	- 3
30	Frank Baddick	Newham&E B	14:31	2:13:45	+ 7	74	Ian Keyte	BromsRedd	18:31	2:32:22	0
31	David Old	Gateshead	16:45	2:13:57	- 3	75	Tom Ward	Harborough	19:24	2:44:14	0
32	Mickey Breen	Corstorphi	16:06	2:14:26	+ 2	Fastest runners over stage 6:					
33	Richard Gray	BRATS	17:12	2:15:05	- 1	1	Frank Baddick	Newham&E B	14:31		
34	Carl Platt	CityStoke	16:35	2:15:11	+ 2	2	Neilson Hall	Bedford&D A	14:34		
35	Andrew Fell	Rossendale	17:55	2:15:44	- 4	3	Charlie Hulson	Sale Harri A	14:38		
36	Russell Osborn	Southamptn	17:42	2:15:56	- 3	4	C Joslin-Allen	Tonbridge	15:06		
37	T Travis-Pollard	Holmfirth	15:39	2:16:33	+ 3	5	Richard Kay	Tipton Har A	15:08		
38	Neil Towers	Owls Ac	19:25	2:16:33	- 12	6	Andrew Norman	Altrincham	15:10		
39	Edward Donovan	LesCrouprs	15:50	2:16:46	+ 2	7	Graeme Taylor	Morpeth Ha	15:22		
40	Phillip Gould	Kenilworth	15:57	2:17:03	+ 3	8	Matt Blunden	Notts Ac A	15:31		
41	Carl Yates	Hillingdon	17:05	2:17:31	- 3	9	James Mills	Cardiff Aa	15:33		
42	Elliot Cole	Leeds City B	16:43	2:17:46	0	10	Jack Simpson	Leeds City A	15:37		
43	Philip Glynn	Hercules W	17:01	2:18:55	+ 3						
44	Mark Cameron	Ealing S&M	18:02	2:19:09	0						

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- Mens 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain							
1	Carwyn Jones	Cardiff Aa	27:30	2:32:39	0	45	Chris Bradfield	Datchet Da	29:41	2:49:26	+	4
2	Carl Smith	Leeds City A	26:55	2:33:31	+ 1	46	Steven Herring	Bedford&D B	30:27	2:50:09	+	2
3	Ben Gamble	Tipton Har A	27:15	2:33:47	- 1	47	Terah Hooley	Derby AC	31:07	2:50:32	-	1
4	Aaron Scott	Notts Ac A	27:09	2:34:59	+ 1	48	Matthew Judson	Notts Ac B	30:40	2:50:36	+	2
5	Jack Goodwin	Bedford&D A	28:24	2:35:30	- 1	49	Richard Harris	Rotherham	28:52	2:50:42	+	7
6	Jonathan Taylor	Morpeth Ha	26:03	2:35:46	+ 5	50	C Collins	Bournville	30:00	2:51:19	+	3
7	Joseph Bailey	Salford Ha A	27:26	2:36:47	+ 2	51	Tom Bush	Altrincham	31:27	2:51:44	+	1
8	Robert Bugden	Bristol&W	27:25	2:36:49	+ 2	52	Max Wells-Pestell	Ealing S&M	33:10	2:52:19	-	8
9	Andi Jones	Stockport	26:40	2:36:58	+ 5	53	John Chaplin	Blackburn	32:52	2:52:20	-	6
10	Alistair Hay	Central Ac	26:59	2:37:10	+ 3	54	Michael Vennard	Vale Royal	28:24	2:52:56	+	7
11	Tom Beedell	Woodford G A	28:12	2:37:25	- 3	55	Tom Holden	Tipton Har B	29:59	2:53:10	+	3
12	Ryan McKinlay	Highgate H	28:59	2:37:29	- 6	56	David Tatton	Telford Ac	33:29	2:53:38	-	5
13	Frank Bailey	Shaftesbur	26:48	2:37:43	+ 5	57	Paolo Tani	Wolverhamp	31:58	2:53:44	-	2
14	Piers Arnold	C.Norwich	27:48	2:37:47	- 2	58	Robert Hughes	Salford Ha B	29:48	2:54:03	+	2
15	Peter Tucker	Blackheath	27:24	2:37:49	0	59	Russell Simpson	Royal Sutt	31:40	2:54:19	-	2
16	Thomas Cox	Tonbridge	28:13	2:39:05	+ 1	60	Paul Altree	Barnsley A	32:52	2:54:34	-	6
17	Sean Renfer	Thames Val	30:11	2:39:15	- 10	61	Iain Wood	Cambridge	31:41	2:55:23	-	2
18	Kevin Hull	Border Har	28:31	2:39:20	- 2	62	Richard Milner	Serpentine B	31:07	2:55:49	+	2
19	Phillip Matthews	Swansea Ha	27:53	2:39:44	+ 1	63	Tony Russell	Woodford G B	31:24	2:56:16	+	2
20	Alistair Smith	Coventry G	29:11	2:40:17	- 1	64	Stuart Walton	Keighley&C	32:00	2:56:41	-	1
21	Mark Greenwood	Aldershot A	28:56	2:41:01	0	65	Tim Clayton	NorthDerby	31:32	2:57:24	+	2
22	Phillip Tedd	Sale Harri A	28:28	2:41:28	+ 4	66	David Hall	Worcester	30:11	2:58:46	+	3
23	Joshua Mutch	Brighton&H	28:33	2:41:31	+ 2	67	David Maher	Trafford A	35:11	2:59:51	-	5
24	Stephen Mears	Charnwood	28:50	2:42:05	+ 4	68	Robert Grant	Barrow & F	34:32	3:00:01	-	2
25	Richard Dare	Cheltenham	29:03	2:42:06	+ 2	69	David Marsh	Sale Harri B	32:21	3:00:22	-	1
26	John Kettle	Herne Hill	29:49	2:42:31	- 2	70	Adam Lloyd	BromsRedd	29:36	3:01:58	+	4
27	Ash Chambers	LiverpoolH	30:24	2:42:40	- 4	71	Steve Bradley	(Severn Ac)	33:24	3:02:06	-	1
28	Bryan Clark	Corstorphi	28:37	2:43:03	+ 4	72	Mark Clair	Knowsley H	30:47	3:02:31	+	1
29	Phil Edge	Gateshead	29:14	2:43:11	+ 2	73	Ashley Deeming	Heanor RC	31:36	3:02:39	-	1
30	Yari Fontebasso	Serpentine A	30:05	2:43:36	- 1	74	Richard Bugg	Scunthorpe	33:30	3:03:06	-	3
31	Dean Richardson	CityStoke	29:04	2:44:15	+ 3	75	Adam Brooks	Harborough	33:26	3:17:40	0	0
32	Martin Matthews	BRATS	29:23	2:44:28	+ 1	Fastest runners over stage 7:						
33	Joseph Kelly	Rossendale	29:15	2:44:59	+ 2	1	Jonathan Taylor	Morpeth Ha	26:03			
34	Rob Deakin	Birchfield	33:22	2:45:33	- 12	2	Andi Jones	Stockport	26:40			
35	Fergus Meade	Leeds City B	28:11	2:45:57	+ 7	3	Frank Bailey	Shaftesbur	26:48			
36	Edward Baber	Southamptn	30:27	2:46:23	0	4	Carl Smith	Leeds City A	26:55			
37	Stuart Hopkins	Kenilworth	29:23	2:46:26	+ 3	5	Alistair Hay	Central Ac	26:59			
38	Ian Grime	Newham&E B	32:51	2:46:36	- 8	6	Aaron Scott	Notts Ac A	27:09			
39	Paul Miles	Owls Ac	30:40	2:47:13	- 1	7	Ben Gamble	Tipton Har A	27:15			
40	Scott Smith	Holmfirth	31:17	2:47:50	- 3	8	Peter Tucker	Blackheath	27:24			
41	Alun Jones	LesCrouprs	32:06	2:48:52	- 2	9	Robert Bugden	Bristol&W	27:25			
42	James Manley	Hillingdon	31:31	2:49:02	- 1	10	Joseph Bailey	Salford Ha A	27:26			
43	Joseph Donkin	Halesowen	29:57	2:49:20	+ 2							
44	Joe Toomey	Hercules W	30:26	2:49:21	- 1							

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- Mens 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Alan Buckley	Leeds City A	27:03	3:15:22	0	44	Michael Buntin	Tipton Har B	30:03	3:40:05	+ 5
2	Kevin Seaward	Cardiff Aa	27:25	3:16:05	0	45	Richard Wilson	Derby AC	31:47	3:40:19	+ 1
3	Alastair Watson	Notts Ac A	27:02	3:16:52	+ 1	46	Aidan Johnson	Rotherham	29:32	3:40:21	+ 7
4	William MacKay	Bedford&D A	27:55	3:18:44	+ 1	47	Sam Chatwin	Bournville	31:40	3:40:38	+ 1
5	Oz Ellis	Tipton Har A	29:58	3:19:23	- 2	48	Alex Urban	Hercules W	33:29	3:41:38	- 4
6	Lewis Timmins	Morpeth Ha	27:47	3:19:32	0	49	Andrew Norton	Notts Ac B	34:24	3:41:59	- 6
7	Philip Wylie	Bristol&W	27:29	3:19:34	0	50	Angelo John	Ealing S&M	32:22	3:42:29	0
8	Stuart Robinson	Salford Ha A	28:31	3:20:56	0	51	Simon Connell	Hillingdon	34:09	3:42:36	- 6
9	Michael Callegari	Shaftesbur	27:01	3:21:16	+ 3	52	Graeme Grindrod	Salford Ha B	31:57	3:42:49	+ 2
10	John Newsom	Central Ac	27:04	3:21:24	+ 3	53	Steven Renny	Altrincham	32:44	3:42:58	- 2
11	Scott Overall	Blackheath	26:18	3:21:37	+ 5	54	Zack Bamber	Vale Royal	31:37	3:43:32	+ 3
12	Harold Wyber	Woodford G A	29:17	3:22:06	- 3	55	Simon Calrow	Wolverhamp	32:52	3:43:36	- 3
13	Richard Scott	Highgate H	28:39	3:22:18	- 3	56	Daniel Young	Telford Ac	32:42	3:44:15	0
14	Luke Allen	C.Norwich	29:05	3:23:27	0	57	Tony Hinchley	Royal Sutt	33:18	3:44:49	- 2
15	Michael Sawrey	Stockport	29:43	3:23:37	- 4	58	C Davies	Blackburn	32:28	3:44:50	0
16	Ben Cole	Tonbridge	28:39	3:23:49	- 1	59	Andy Robbins	Serpentine B	31:24	3:45:05	+ 2
17	Daniel Clarke	Coventry G	28:44	3:25:43	+ 4	60	Shaun Dimelow	Barnsley A	32:47	3:45:10	- 1
18	Ross MacDonald	Swansea Ha	29:00	3:25:45	+ 2	61	Gareth Cavell	Woodford G B	31:30	3:45:25	+ 1
19	John Mason	Border Har	29:46	3:25:56	- 1	62	Neil Carrington	Cambridge	34:08	3:46:33	- 2
20	Peter Scannell	Thames Val	30:30	3:26:08	- 3	63	Lee Morris	NorthDerby	30:30	3:46:49	+ 2
21	Jeff Cunningham	Herne Hill	28:57	3:26:23	+ 1	64	Mark Knowles	Keighley&C	33:08	3:47:33	- 1
22	Douglas Selman	Corstorphi	27:31	3:26:25	+ 3	65	John Howe	Trafford A	31:38	3:47:45	- 1
23	Ben Russell	LiverpoolH	27:38	3:26:55	+ 5	66	Mark Hill	Worcester	32:12	3:49:45	0
24	Matthew Bristow	Brighton&H	29:28	3:27:23	- 1	67	Nicholas Whittle	Sale Harri B	31:59	3:50:30	0
25	Andrew VanKints	Cheltenham	29:36	3:27:38	- 1	68	Joe Smith	BromsRedd	32:15	3:51:06	0
26	Rick Weston	Serpentine A	28:25	3:27:47	+ 3	69	Simon Stanway	Barrow & F	33:08	3:52:46	0
27	Dan Whittaker	Sale Harri A	31:55	3:28:24	- 8	70	Marc Jacques	Knowsley H	32:39	3:53:49	+ 1
28	D Chesser	Gateshead	29:15	3:28:58	+ 2	71	Stephen Ashmore	Heanor RC	31:59	3:54:18	+ 1
29	Grant Burnett	Aldershot A	29:51	3:28:59	- 3	72	Nick Shpylka	Scunthorpe	33:54	3:56:13	+ 1
30	Oliver Langford	CityStoke	29:24	3:29:31	+ 1	73	William Clapp	Harborough	32:18	4:11:03	+ 1
31	Tom Lupton	Charnwood	30:30	3:29:44	- 4	Fastest runners over stage 9:					
32	Adam Osborne	Leeds City B	28:36	3:30:47	+ 2	1	Scott Overall	Blackheath	26:18		
33	Peter Dimpleby	Birchfield	30:35	3:32:25	0	2	Michael Callegari	Shaftesbur	27:01		
34	A Dalton-O'Reilly	Rossendale	30:35	3:33:00	+ 1	3	Alastair Watson	Notts Ac A	27:02		
35	Robin Biles	BRATS	31:43	3:33:02	- 3	4	Alan Buckley	Leeds City A	27:03		
36	Graham Fisher	Southamptn	30:31	3:33:16	0	5	John Newsom	Central Ac	27:04		
37	Chris McCarthy	Kenilworth	29:36	3:34:09	0	6	Kevin Seaward	Cardiff Aa	27:25		
38	Simon Allen	Owls Ac	29:31	3:35:00	0	7	Philip Wylie	Bristol&W	27:29		
39	James Baird	Halesowen	30:07	3:36:16	+ 1	8	Douglas Selman	Corstorphi	27:31		
40	Craig Boggon	Holmfirth	30:50	3:36:42	- 1	9	Ben Russell	LiverpoolH	27:38		
41	Robert Sage	LesCrouprs	30:07	3:37:05	0	10	Lewis Timmins	Morpeth Ha	27:47		
42	Craig Emmerson	Bedford&D B	31:43	3:38:56	0						
43	Guy Richard Bowles	Datchet Da	31:06	3:39:54	+ 4						

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- Mens 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Michael Williams	Leeds City A	15:13	3:30:35	0
2	Nathaniel Lane	Cardiff Aa	15:37	3:31:42	0
3	Tom Bailey	Notts Ac A	15:30	3:32:22	0
4	Josh Lunn	Bedford&D A	15:22	3:34:06	0
5	Adam Speake	Bristol&W	15:41	3:35:15 +	2
6	Liam Roberts	Tipton Har A	16:04	3:35:27 -	1
7	Mick Thomsen	Morpeth Ha	16:49	3:36:21 -	1
8	Cameron Milne	Central Ac	15:06	3:36:30 +	2
9	Josh Tighe	Salford Ha A	15:58	3:36:54 -	1
10	Bertie Powell	Woodford G A	15:22	3:37:28 +	2
11	Anthony Jackson	Shaftesbur	16:15	3:37:31 -	2
12	David McKinlay	Blackheath	16:34	3:38:11 -	1
13	Stephen Whiting	Highgate H	16:03	3:38:21	0
14	James Berehowskyj	C.Norwich	16:14	3:39:41	0
15	Jordan Littlehales	Stockport	16:21	3:39:58	0
16	Alex Howard	Tonbridge	16:18	3:40:07	0
17	Mark Haskett	Thames Val	15:19	3:41:27 +	3
18	Scott Pilkington	Corstorphi	15:29	3:41:54 +	4
19	Mohammed Ismail	Herne Hill	15:55	3:42:18 +	2
20	Craig Gundersen	LiverpoolH	15:27	3:42:22 +	3
21	Afan Humphreys	Swansea Ha	16:40	3:42:25 -	3
22	Graham Millican	Border Har	16:55	3:42:51 -	3
23	Stuart Baird	CoventryG	17:33	3:43:16 -	6
24	James Miller	Cheltenham	15:56	3:43:34 +	1
25	Ryan Worland	Sale Harri A	15:20	3:43:44 +	2
26	Tim Lunnon	Brighton&H	16:35	3:43:58 -	2
27	Hendrik Zietsman	Serpentine A	16:38	3:44:25 -	1
28	Tad Dicker	Aldershot A	16:31	3:45:30 +	1
29	Kevin Connolly	Gateshead	16:45	3:45:43 -	1
30	Dave Bratt	CityStoke	16:33	3:46:04	0
31	Matthew Law	Charnwood	16:48	3:46:32	0
32	Sean Cotter	Leeds City B	16:46	3:47:33	0
33	Jonathan Goringe	Birchfield	17:16	3:49:41	0
34	Gareth Klepacz	Southamptn	16:44	3:50:00 +	2
35	Kevin McMillan	BRATS	17:13	3:50:15	0
36	Thomas Rudman	Rossendale	17:27	3:50:27 -	2
37	Jake Boat	Owls Ac	15:40	3:50:40 +	1
38	Warren Bell	Kenilworth	18:23	3:52:32 -	1
39	R Cadwallader	Halesowen	17:23	3:53:39	0
40	Matthew Hopkins	LesCroupers	17:56	3:55:01 +	1
41	Daniel Bradford	Bedford&D B	16:17	3:55:13 +	1
42	Stephen Rimmer	Holmfirth	19:03	3:55:45 -	2
43	Paul Rogers	Tipton Har B	17:02	3:57:07 +	1
44	Adrian Sell	Datchet Da	17:35	3:57:29 -	1
45	Andrew Warburton	Notts Ac B	16:30	3:58:29 +	4
46	James Lloyd	Derby AC	18:12	3:58:31 -	1
47	Chris Harlan-Marks	Bournville	18:11	3:58:49	0
48	Nigel Brookes	Rotherham	18:38	3:58:59 -	2
49	Glyn Billington	Salford Ha B	16:14	3:59:03 +	3
50	Benjamin Palmer	Hercules W	17:36	3:59:14 -	2
51	Duncan Wilson	Altrincham	18:16	4:01:14 +	2
52	Tony Grant	Hillingdon	19:50	4:02:26 -	1
53	Jamie Thomason	Wolverhamp	18:51	4:02:27 +	2
54	David Liddall	Royal Sutt	17:42	4:02:31 +	3
55	Ioan Ilie	Telford Ac	18:20	4:02:35 +	1
56	A Anzai-Jackson	Ealing S&M	20:21	4:02:50 -	6
57	John Broom	Barnsley A	17:44	4:02:54 +	3
58	David Evans	Serpentine B	17:58	4:03:03 +	1
59	Richard Park	Cambridge	17:05	4:03:38 +	3
60	Tom Annable	Vale Royal	20:14	4:03:46 -	6
61	Liam Fidler	NorthDerby	17:17	4:04:06 +	2
62	Robert Quantrell	Woodford G B	19:28	4:04:53 -	1
63	Rob Shaw	Keighley&C	17:22	4:04:55 +	1
64	Pascal Fard	Trafford A	17:35	4:05:20 +	1
65	John Cookson	Blackburn	20:33	4:05:23 -	7
66	David Rich	Sale Harri B	16:39	4:07:09 +	1
67	Clive Dent	BromsRedd	17:42	4:08:48 +	1
68	David Waldron	Worcester	20:02	4:09:47 -	2
69	Marty Christian	Knowsley H	18:12	4:12:01 +	1
70	Chris Snaith	Barrow & F	19:55	4:12:41 -	1
71	Garry Cooper	Heanor RC	19:12	4:13:30	0
72	N Turner-Henke	Harborough	20:45	4:31:48 +	1

Fastest runners over stage 10:

1	Cameron Milne	Central Ac	15:06
2	Michael Williams	Leeds City A	15:13
3	Mark Haskett	Thames Val	15:19
4	Ryan Worland	Sale Harri A	15:20
5	Bertie Powell	Woodford G A	15:22
6	Josh Lunn	Bedford&D A	15:22
7	Craig Gundersen	LiverpoolH	15:27
8	Scott Pilkington	Corstorphi	15:29
9	Tom Bailey	Notts Ac A	15:30
10	Nathaniel Lane	Cardiff Aa	15:37

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

- Mens 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Simon Deakin	Leeds City A	27:36	3:58:11	0	44	James Samson	Datchet Da	31:08	4:28:37	0
2	Michael Kallenberg	Cardiff Aa	28:21	4:00:03	0	45	James Davis	Hercules W	29:49	4:29:03	+ 5
3	Kevin Farrow	Notts Ac A	27:58	4:00:20	0	46	Adam Fozzard	Derby AC	31:00	4:29:31	0
4	John Eves	Bedford&D A	27:53	4:01:59	0	47	Richard Darling	Notts Ac B	31:11	4:29:40	- 2
5	Oliver Mott	Bristol&W	27:59	4:03:14	0	48	David Hudson	Salford Ha B	30:45	4:29:48	+ 1
6	Ross Houston	Central Ac	27:04	4:03:34	+ 2	49	Sean Rose	Bournville	31:05	4:29:54	- 2
7	Daniel Beier	Tipton Har A	28:37	4:04:04	- 1	50	Jonathan Hunt	Tipton Har B	34:52	4:31:59	- 7
8	Ross Floyd	Morpeth Ha	28:34	4:04:55	- 1	51	Chris Shelton	NorthDerby	28:36	4:32:42	+ 10
9	Martyn Cryer	Woodford G A	27:32	4:05:00	+ 1	52	Gavin Felten	Barnsley A	30:25	4:33:19	+ 5
10	Thomas Cornthwaite	Salford Ha A	28:14	4:05:08	- 1	53	Adrian Fuller	Altrincham	32:13	4:33:27	- 2
11	Henry Dodwell	Highgate H	28:27	4:06:48	+ 2	54	James Toddington	Wolverhamp	31:08	4:33:35	- 1
12	Daniel Davies	Shaftesbur	29:22	4:06:53	- 1	55	Alan Pritchard	Cambridge	30:19	4:33:57	+ 4
13	Daniel Bradley	Tonbridge	28:18	4:08:25	+ 3	56	James Griffiths	Vale Royal	30:55	4:34:41	+ 4
14	Rick Ward	C.Norwich	28:50	4:08:31	0	57	Paul Leppard	Hillingdon	32:44	4:35:10	- 5
15	Fintan Parkinson	Blackheath	30:55	4:09:06	- 3	58	David Long	Royal Sutt	32:58	4:35:29	- 4
16	J Scott-Bucdeuch	Stockport	29:11	4:09:09	- 1	59	Christopher Loftus	Keighley&C	30:44	4:35:39	+ 4
17	Michael Crawley	Corstorphi	27:31	4:09:25	+ 1	60	Shepherd Chris	Woodford G B	31:03	4:35:56	+ 2
18	Sullivan Smith	Swansea Ha	27:50	4:10:15	+ 3	61	Mark Delahunty	Ealing S&M	33:23	4:36:13	- 5
19	James Fooks-Bale	Herne Hill	29:05	4:11:23	0	62	Chris Barnes	Blackburn	30:58	4:36:21	+ 3
20	Stephen Norris	Thames Val	30:07	4:11:34	- 3	63	Ashley Slater	Telford Ac	34:39	4:37:14	- 8
21	Harvey Speed	Coventry G	28:25	4:11:41	+ 2	64	Fraser Johnson	Serpentine B	34:43	4:37:46	- 6
22	Laurie Luscombe	LiverpoolH	29:59	4:12:21	- 2	65	Alex Bradford	Sale Harri B	32:17	4:39:26	+ 1
23	Joe Morwood	Aldershot A	27:40	4:13:10	+ 5	66	Edward Hickling	Trafford A	37:07	4:42:27	- 2
24	Julian Wilkie	Cheltenham	29:51	4:13:25	0	67	Stefan Sternkopf	Worcester	33:06	4:42:53	+ 1
25	Richard Phillips	Serpentine A	29:24	4:13:49	+ 2	68	Jack Atkins	Knowsley H	32:39	4:44:40	+ 1
26	George Thompson	Border Har	31:11	4:14:02	- 4	69	Nathan Bone	BromsRedd	36:20	4:45:08	- 2
27	Niall Robinson	Brighton&H	30:56	4:14:54	- 1	70	Jonathan Benson	Barrow & F	35:29	4:48:10	0
28	Robert Flannery	Sale Harri A	31:57	4:15:41	- 3	71	Jon Curtis	Heanor RC	37:39	4:51:09	0
29	Harry Lupton	Charnwood	29:17	4:15:49	+ 2	72	Sean Fenwick	Harborough	29:53	5:01:41	0
30	Martin Slater	Gateshead	30:27	4:16:10	- 1	Fastest runners over stage 11:					
31	Dan Harris	CityStoke	30:55	4:16:59	- 1	1	Ross Houston	Central Ac	27:04		
32	Peter Branney	Leeds City B	29:45	4:17:18	0	2	Michael Crawley	Corstorphi	27:31		
33	Josh Norman	Owls Ac	28:07	4:18:47	+ 4	3	Martyn Cryer	Woodford G A	27:32		
34	Mike Morley	Birchfield	30:37	4:20:18	- 1	4	Simon Deakin	Leeds City A	27:36		
35	Tim Carter	BRATS	31:04	4:21:19	0	5	Joe Morwood	Aldershot A	27:40		
36	Michael Tanner	Southamptn	31:36	4:21:36	- 2	6	Sullivan Smith	Swansea Ha	27:50		
37	Daniel Walsh	Rossendale	32:58	4:23:25	- 1	7	John Eves	Bedford&D A	27:53		
38	Tom Kenderdine	Halesowen	30:33	4:24:12	+ 1	8	Kevin Farrow	Notts Ac A	27:58		
39	Phil Cook	LesCrouprs	29:56	4:24:57	+ 1	9	Oliver Mott	Bristol&W	27:59		
40	Charlie Palmer	Bedford&D B	30:05	4:25:18	+ 1	10	Josh Norman	Owls Ac	28:07		
41	Martin Dorrill	Kenilworth	33:22	4:25:54	- 3						
42	Julian Rose	Holmfirth	31:37	4:27:22	0						
43	Kyle Craib	Rotherham	29:28	4:28:27	+ 5						

English National Road Relay Championships at Sutton Park, Birmingham on Saturday 13th April 2013

- Mens 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Joe Townsend	Leeds City A	14:59	4:13:10	0	43	Brandon Holroyd	Holmfirth	19:17	4:46:39	-	1	
2	James Thie	Cardiff Aa	14:52	4:14:55	0	44	Philip West	Salford Ha B	17:02	4:46:50	+	4	
3	Thomas Gayle	Notts Ac A	15:36	4:15:56	0	45	Ian Stevens	Derby AC	17:30	4:47:01	+	1	
4	Daniel Dalmedo	Bedford&D A	15:12	4:17:11	0	46	Terry Eastwood	Rotherham	19:03	4:47:30	-	3	
5	Michael Wright	Central Ac	15:31	4:19:05	+	1	47	Ian Pegler	Hercules W	18:32	4:47:35	-	2
6	Angus MacLean	Bristol&W	16:08	4:19:22	-	1	48	Nev Watson	Tipton Har B	16:31	4:48:30	+	2
7	Nigel Stirk	Tipton Har A	15:36	4:19:40	0	49	Paul Gorman	Bournville	19:14	4:49:08	0		
8	Ryan Stephenson	Morpeth Ha	15:02	4:19:57	0	50	Steven Penney	NorthDerby	16:37	4:49:19	+	1	
9	Gavin Lewis	Woodford G A	15:27	4:20:27	0	51	David Brooksbank	Barnsley A	17:20	4:50:39	+	1	
10	Matthew Shaw	Salford Ha A	15:24	4:20:32	0	52	Javier DeEsteban	Cambridge	17:00	4:50:57	+	3	
11	Peter Downie	Highgate H	15:42	4:22:30	0	53	Steven Cunningham	Wolverhamp	17:37	4:51:12	+	1	
12	Steven Vernon	Stockport	14:40	4:23:49	+	4	54	George Thompson	Vale Royal	16:38	4:51:19	+	2
13	Ronan Breen	Shaftesbur	17:38	4:24:31	-	1	55	Nick Burke	Altrincham	17:53	4:51:20	-	2
14	Cameron Knapp	Tonbridge	16:16	4:24:41	-	1	56	Blayne Pick	Notts Ac B	22:14	4:51:54	-	9
15	Andrew Christy	Corstorphi	15:26	4:24:51	+	2	57	Jason Steel	Hillingdon	17:57	4:53:07	0	
16	Jordan Ali	C.Norwich	16:35	4:25:06	-	2	58	Andrew Hardaker	Keighley&C	18:02	4:53:41	+	1
17	Marc Hobbs	Swansea Ha	15:04	4:25:19	+	1	59	Luke Nicholas	Ealing S&M	17:59	4:54:12	+	2
18	Danny Brewer	Blackheath	16:56	4:26:02	-	3	60	Jonathan Powell	Woodford G B	18:28	4:54:24	0	
19	Jack Villette	Coventry G	16:11	4:27:52	+	2	61	Matthew Stenson	Royal Sutt	19:03	4:54:32	-	3
20	Basil Wallace	Herne Hill	16:53	4:28:16	-	1	62	Peter Plant	Telford Ac	17:39	4:54:53	+	1
21	Mark Keeley	LiverpoolH	16:21	4:28:42	+	1	63	Stephane Schneider	Serpentine B	17:55	4:55:41	+	1
22	Simon Baptist	Thames Val	17:55	4:29:29	-	2	64	Tim Kennedy	Sale Harri B	20:29	4:59:55	+	1
23	Marc Fallows	Cheltenham	16:09	4:29:34	+	1	65	Laurie Hart	Worcester	19:07	5:02:00	+	2
24	Richard Batchelor	Aldershot A	16:40	4:29:50	-	1	66	Craig Wheeler	Trafford A	20:26	5:02:53	0	
25	Andrew Reeves	Serpentine A	16:31	4:30:20	0	67	Jamie Dancyger	BromsRedd	18:04	5:03:12	+	2	
26	Gareth Melvin	Border Har	17:14	4:31:16	0	68	P Cunningham	Knowsley H	20:17	5:04:57	0		
27	Dean Hardman	Sale Harri A	16:41	4:32:22	+	1	69	Peter Willacy	Barrow & F	19:11	5:07:21	+	1
28	Chris Mallinson	Brighton&H	17:42	4:32:36	-	1	70	Stephen Wardle	Heanor RC	21:28	5:12:37	+	1
29	Michael Kingsbury	Charnwood	17:16	4:33:05	0	71	Mark Cherry	Harborough	17:25	5:19:06	+	1	
30	Steven Medd	Gateshead	17:12	4:33:22	0	Fastest runners over stage 12:							
31	Darren Washington	CityStoke	18:16	4:35:15	0	1	Steven Vernon	Stockport	14:40				
32	Lewis Smart	Owls Ac	16:48	4:35:35	+	1	2	James Thie	Cardiff Aa	14:52			
33	Philip Townsend	Leeds City B	20:06	4:37:24	-	1	3	Joe Townsend	Leeds City A	14:59			
34	Michael Read	Southamptn	16:03	4:37:39	+	2	4	Ryan Stephenson	Morpeth Ha	15:02			
35	Steve Edmonds	Birchfield	18:13	4:38:31	-	1	5	Marc Hobbs	Swansea Ha	15:04			
36	David McNeil	BRATS	17:25	4:38:44	-	1	6	Daniel Dalmedo	Bedford&D A	15:12			
37	Joseph Moores	Rossendale	15:39	4:39:04	0	7	Matthew Shaw	Salford Ha A	15:24				
38	Mark Hadley	Halesowen	16:34	4:40:46	0	8	Andrew Christy	Corstorphi	15:26				
39	Tomos Jeffery	LesCrouprs	17:04	4:42:01	0	9	Gavin Lewis	Woodford G A	15:27				
40	James Black	Bedford&D B	18:01	4:43:19	0	10	Michael Wright	Central Ac	15:31				
41	David Ramus	Kenilworth	17:58	4:43:52	0								
42	Philip Jones	Datchet Da	18:02	4:46:39	+	2							

English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

Mens 12 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

1 Leeds City Athletic Club			'A' 4:13:10			10 Salford Harriers & AC			'A' 4:20:32		
1	James Smith	(22) 27:23	2	Michael Burrett	(16) 15:24	1	Tarus Ely	(17) 27:02	2	Simon Bruton	(13) 15:22
3	Jonathan Wills	(7) 26:45	4	Michael Wood	(3) 14:52	3	Benjamin Riddell	(18) 28:16	4	Carl Hardman	(10) 14:45
5	David Webb	(2) 26:35	6	Jack Simpson	(3) 15:37	5	Gary Priestley	(10) 28:00	6	David Lockett	(9) 15:56
7	Carl Smith	(2) 26:55	8	Nick Hooker	(1) 14:48	7	Joseph Bailey	(7) 27:26	8	Daniel McGrath	(8) 15:38
9	Alan Buckley	(1) 27:03	10	Michael Williams	(1) 15:13	9	Stuart Robinson	(8) 28:31	10	Josh Tighe	(9) 15:58
11	Simon Deakin	(1) 27:36	12	Joe Townsend	(1) 14:59	11	Thomas Cornthwaite	(10) 28:14	12	Matthew Shaw	(10) 15:24
2 Cardiff Aac			4:14:55			11 Highgate Harriers			4:22:30		
1	Tom Marshall	(15) 26:58	2	Michael Ward	(5) 14:44	1	Danny Russell	(2) 26:17	2	Robel Bahelbi	(4) 15:09
3	Rowan Axe	(2) 26:53	4	Jonathan Peters	(1) 15:00	3	Benjamin Noad	(1) 27:01	4	Michael Dan	(2) 15:40
5	Joe MacDonald	(1) 26:01	6	James Mills	(1) 15:33	5	Ben Pochee	(5) 28:16	6	Jonathan Deane	(6) 16:07
7	Carwyn Jones	(1) 27:30	8	Matthew Edwards	(2) 16:01	7	Ryan McKinlay	(12) 28:59	8	Brahma Pochee	(10) 16:10
9	Kevin Seaward	(2) 27:25	10	Nathaniel Lane	(2) 15:37	9	Richard Scott	(13) 28:39	10	Stephen Whiting	(13) 16:03
11	Michael Kallenberg	(2) 28:21	12	James Thie	(2) 14:52	11	Henry Dodwell	(11) 28:27	12	Peter Downie	(11) 15:42
3 Notts AC			6B 'A' 4:15:56			12 Stockport Harriers & AC			4:23:49		
1	Samuel Mitchell	(20) 27:09	2	Steve Long	(14) 15:28	1	Jack Martin	(5) 26:32	2	Jake Littlehales	(12) 15:40
3	Martin Whitehouse	(15) 27:43	4	Tom Crowley	(12) 15:17	3	Jamie Loxam	(25) 29:33	4	Jack Nixon	(20) 15:22
5	Jonathan Thewlis	(4) 26:42	6	Matt Blunden	(5) 15:31	5	Patrick Martin	(9) 26:06	6	Rick Lloyd	(14) 17:05
7	Aaron Scott	(4) 27:09	8	Stuart Spencer	(4) 14:51	7	Andi Jones	(9) 26:40	8	Dean Matkin	(11) 16:56
9	Alastair Watson	(3) 27:02	10	Tom Bailey	(3) 15:30	9	Michael Sawrey	(15) 29:43	10	Jordan Littlehales	(15) 16:21
11	Kevin Farrow	(3) 27:58	12	Thomas Gayle	(3) 15:36	11	J Scott-Buccluch	(16) 29:11	12	Steven Vernon	(12) 14:40
4 Bedford & County AC			'A' 4:17:11			13 Shaftesbury Barnet Harriers			4:24:31		
1	Luke Humphreys	(24) 27:30	2	Matthew Bergin	(7) 14:22	1	Glen Watts	(30) 27:44	2	Anthony Whiteman	(22) 15:18
3	Steven Naylor	(4) 27:24	4	Benjamin Alcock	(4) 15:17	3	Daniel Watts	(24) 28:41	4	Niall Fleming	(18) 14:59
5	Matthew Janes	(6) 27:59	6	Neilson Hall	(4) 14:34	5	Orlando Edwards	(16) 27:37	6	James Trapmore	(18) 16:36
7	Jack Goodwin	(5) 28:24	8	Matt Leach	(5) 15:19	7	Frank Bailey	(13) 26:48	8	Zachary Randall	(12) 16:32
9	William Mackay	(4) 27:55	10	Josh Lunn	(4) 15:22	9	Michael Callegari	(9) 27:01	10	Anthony Jackson	(11) 16:15
11	John Eves	(4) 27:53	12	Daniel Dalmedo	(4) 15:12	11	Daniel Davies	(12) 29:22	12	Ronan Breen	(13) 17:38
5 Central AC			4:19:05			14 Tonbridge AC			4:24:41		
1	Andrew Butchart	(7) 26:37	2	Sean Reilly	(9) 15:18	1	Kieran Reilly	(36) 28:13	2	Dominic Brown	(30) 15:22
3	Lewis Millar	(14) 28:22	4	Dale Colley	(14) 15:44	3	Steven Fennell	(19) 27:25	4	James Thompson	(21) 16:08
5	Robert Russell	(15) 28:08	6	Andrew Hood	(13) 16:02	5	Luca Russo	(21) 28:38	6	C Joslin-Allen	(17) 15:06
7	Alistair Hay	(10) 26:59	8	Chris McHardy	(13) 17:10	7	Thomas Cox	(16) 28:13	8	Harry Paton	(15) 16:05
9	John Newsom	(10) 27:04	10	Cameron Milne	(8) 15:06	9	Ben Cole	(16) 28:39	10	Alex Howard	(16) 16:18
11	Ross Houston	(6) 27:04	12	Michael Wright	(5) 15:31	11	Daniel Bradley	(13) 28:18	12	Cameron Knapp	(14) 16:16
6 Bristol & West Ac (Est. 1882)			4:19:22			15 Corstorphine Aac			4:24:51		
1	Charlie MacLean	(16) 27:00	2	Stephen Mitchell	(2) 14:13	1	Dermot Cummins	(21) 27:11	2	Ryan Riddell	(26) 16:05
3	Philip Parry	(12) 28:54	4	Daniel Edmund	(16) 16:09	3	Jonathan Carpenter	(33) 29:39	4	Stuart Campbell	(32) 16:16
5	Owain Jones	(11) 27:22	6	Kieran Young	(10) 15:46	5	Steven O'Brien	(34) 29:09	6	Mickey Breen	(32) 16:06
7	Robert Bugden	(8) 27:25	8	William Christofi	(7) 15:16	7	Bryan Clark	(28) 28:37	8	Calum McKenzie	(25) 15:51
9	Philip Wylie	(7) 27:29	10	Adam Speake	(5) 15:41	9	Douglas Selman	(22) 27:31	10	Scott Pilkington	(18) 15:29
11	Oliver Mott	(5) 27:59	12	Angus MacLean	(6) 16:08	11	Michael Crawley	(17) 27:31	12	Andrew Christy	(15) 15:26
7 Tipton Harriers			'A' 4:19:40			16 City Of Norwich AC			4:25:06		
1	Ian Mitchell	(6) 26:34	2	Martin Williams	(3) 14:47	1	Alexander Dunbar	(8) 26:43	2	Tom Hook	(6) 15:03
3	Matt Granger	(3) 27:51	4	Phillip Wilson	(5) 15:37	3	Nicholas Earl	(11) 28:09	4	Wayne Lincoln	(15) 16:07
5	Philip Nicholls	(3) 26:35	6	Richard Kay	(2) 15:08	5	Stu Huntington	(14) 27:59	6	Oliver Maskell	(12) 15:58
7	Ben Gamble	(3) 27:15	8	Steve Brooks	(3) 15:38	7	Piers Arnold	(14) 27:48	8	Sean Watson	(14) 16:35
9	Oz Ellis	(5) 29:58	10	Liam Roberts	(6) 16:04	9	Luke Allen	(14) 29:05	10	James Berehowskyj	(14) 16:35
11	Daniel Beier	(7) 28:37	12	Nigel Stirk	(7) 15:36	11	Rick Ward	(14) 28:50	12		
8 Morpeth Harriers & AC			4:19:57			17 Swansea Harriers			4:25:19		
1	Matthew Nicholson	(23) 27:26	2	Jonathan Nisbet	(19) 15:30	1	Dewi Griffiths	(27) 27:42	2	Steven Davies	(27) 15:36
3	Nicholas Swinburn	(10) 26:51	4	Thomas Straughan	(13) 16:02	3	Chris Carpanini	(27) 28:32	4	Lewys Hobbs	(25) 15:46
5	Michael Dawson	(17) 28:32	6	Graeme Taylor	(11) 15:22	5	Joshua Griffiths	(20) 28:04	6	Matt Richards	(20) 16:11
7	Jonathan Taylor	(6) 26:03	8	Neil Wilkinson	(6) 15:59	7	Phillip Matthews	(19) 27:53	8	Paul Tobin	(20) 17:01
9	Lewis Timmins	(6) 27:47	10	Mick Thomsen	(7) 16:49	9	Ross MacDonald	(18) 29:00	10	Afan Humphreys	(21) 16:40
11	Ross Floyd	(8) 28:34	12	Ryan Stephenson	(8) 15:02	11	Sullivan Smith	(18) 27:50	12	Marc Hobbs	(17) 15:04
9 Woodford Green Ac With Essex L			'A' 4:20:27			18 Blackheath And Bromley Harrier			4:26:02		
1	Edward Shepherd	(26) 27:36	2	Daniel Bruynuoghe	(21) 15:23	1	Andrew Rayner	(9) 26:47	2	James Poole	(1) 14:22
3	Matthew Gunby	(6) 26:31	4	James Stockings	(9) 15:51	3	Alex Gibbins	(13) 29:05	4	Steve Cooper	(19) 16:52
5	Matt Shone	(8) 27:52	6	Angus Holford	(8) 16:00	5	Michael Skinner	(13) 26:50	6	G Vacharopoulos	(15) 16:29
7	Tom Beedell	(11) 28:12	8	Jordan Donnelly	(9) 15:24	7	Peter Tucker	(15) 27:24	8	Ross Braden	(16) 17:30
9	Harold Wyber	(12) 29:17	10	Bertie Powell	(10) 15:22	9	Scott Overall	(11) 26:18	10	David McKinlay	(12) 16:34
11	Martyn Cryer	(9) 27:32	12	Gavin Lewis	(9) 15:27	11	Fintan Parkinson	(15) 30:55	12	Danny Brewer	(18) 16:56

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<p>19 Coventry Godiva Harriers 4:27:52</p> <p>1 Benjamin Jones (19) 27:09 2 Toby Spencer (8) 26:54 3 Thomas Madden (12) 28:35 4 Alistair Smith (20) 29:11 5 Daniel Clarke (17) 28:44 6 Harvey Speed (21) 28:25</p>	<p>28 Brighton & Hove AC 4:32:36</p> <p>1 Richard Burman (15) 15:33 2 Scott Hazell (8) 15:43 3 Martyn Brunt (19) 17:12 4 James Parrott (21) 16:42 5 Stuart Baird (23) 17:33 6 Jack Vilette (19) 16:11</p>
<p>20 Herne Hill Harriers 4:28:16</p> <p>1 C Busaileh (28) 27:42 2 Ben Paviour (28) 28:42 3 Mark Dooley (22) 28:37 4 John Kettle (26) 29:49 5 Jeff Cunningham (21) 28:57 6 James Fooks-Bale (19) 29:05</p>	<p>29 Charnwood AC 4:33:05</p> <p>1 Samuel Densham (11) 26:49 2 Jason Williams (30) 29:41 3 Mark Couldwell (27) 28:35 4 Stephen Mears (24) 28:50 5 Tom Lupton (31) 30:30 6 Harry Lupton (29) 29:17</p>
<p>21 Liverpool Harriers & AC 4:28:42</p> <p>1 Richard Burney (33) 27:58 2 John McCole (26) 27:45 3 Adam Peers (19) 27:55 4 Ash Chambers (27) 30:24 5 Ben Russell (23) 27:38 6 Laurie Luscombe (22) 29:59</p>	<p>30 Gateshead Harriers & AC 4:33:22</p> <p>1 Alan Ashton (34) 16:04 2 Ricky Challinor (24) 15:32 3 Frederick Groves (23) 17:02 4 S Wynne-Williams (28) 16:37 5 Craig Gundersen (20) 15:27 6 Mark Keeley (21) 16:21</p>
<p>22 Thames Valley Harriers 4:29:29</p> <p>1 Mohamud Aadan (3) 26:27 2 C Hartley (16) 27:20 3 Chris Smith (7) 27:17 4 Sean Renfer (17) 30:11 5 Peter Scannell (20) 30:30 6 Stephen Norris (20) 30:07</p>	<p>31 City Of Stoke AC 4:35:15</p> <p>1 Ali Yahye (23) 16:38 2 Mohamed Mohamed (11) 15:07 3 Daniel Allport (7) 16:15 4 Paul Heaphy (17) 16:23 5 Mark Haskett (17) 15:19 6 Simon Baptist (22) 17:55</p>
<p>23 Cheltenham And County Harriers 4:29:34</p> <p>1 Dave Roper (10) 26:47 2 Rhys Park (17) 27:41 3 Daniel Owen (25) 30:30 4 Richard Dare (25) 29:03 5 Andrew Van Kints (25) 29:36 6 Julian Wilkie (24) 29:51</p>	<p>32 Owls Ac Leicester 4:35:35</p> <p>1 Darren Jordan (17) 16:01 2 Anthony Bailey (17) 16:05 3 Jonathan Barnes (27) 15:59 4 Jeremy Bradley (24) 15:56 5 James Miller (24) 15:56 6 Marc Fallows (23) 16:09</p>
<p>24 Aldershot Farnham & District 'A' 4:29:50</p> <p>1 Jason Prickett (39) 28:25 2 Steven Connor (22) 27:26 3 Tobias Smith (23) 28:45 4 Mark Greenwood (21) 28:56 5 Grant Burnett (29) 29:51 6 Joe Morwood (23) 27:40</p>	<p>33 Leeds City Athletic Club 'B' 4:37:24</p> <p>1 Joshua Arnold (33) 15:34 2 Ben Bradley (22) 15:47 3 Andrew Rooke (21) 16:08 4 Andrew Conway (26) 18:07 5 Tad Dicker (28) 16:31 6 Richard Batchelor (24) 16:40</p>
<p>25 Serpentine RC 'A' 4:30:20</p> <p>1 Nicholas Torry (18) 27:05 2 Dave Morgan (23) 28:29 3 Hugh Torry (30) 28:46 4 Yari Fontebasso (30) 30:05 5 Rick Weston (26) 28:25 6 Richard Phillips (25) 29:24</p>	<p>34 Southampton Athletic Club 4:37:39</p> <p>1 Pau Herrero (25) 16:06 2 Martin O'Connell (30) 16:58 3 Cathal Logue (29) 16:07 4 Will Green (29) 15:46 5 Hendrik Zietsman (27) 16:38 6 Andrew Reeves (25) 16:31</p>
<p>26 Border Harriers & AC 4:31:16</p> <p>1 James Douglas (14) 26:58 2 Jon Fletcher (5) 27:20 3 Peter Harrison (18) 29:35 4 Kevin Hull (18) 28:31 5 John Mason (19) 29:46 6 George Thompson (26) 31:11</p>	<p>35 Birchfield Harriers 4:38:31</p> <p>2 Kevin Bell (11) 15:11 3 Matthew Grieve (6) 15:30 4 Tom Nicholson (16) 16:15 5 Timothy Orr (18) 16:50 6 Graham Millican (22) 16:55 7 Gareth Melvin (26) 17:14</p>
<p>27 Sale Harriers Manchester 'A' 4:32:22</p> <p>1 James Bailey (38) 28:16 2 Callum Rowlinson (43) 30:45 3 Paul Green (35) 28:55 4 Phillip Tedd (22) 28:28 5 Dan Whittaker (27) 31:55 6 Robert Flannery (28) 31:57</p>	<p>36 Birmingham Running Athletics & 4:38:44</p> <p>1 Ben Livesey (4) 26:29 2 Mathew Almond (9) 27:49 3 Jonathan Cullen (24) 31:01 4 Rob Deakin (34) 33:22 5 Peter Dimbleby (33) 30:35 6 Mike Morley (34) 30:37</p>
<p>7 Richard Burman (15) 15:33 8 Scott Hazell (8) 15:43 9 Martyn Brunt (19) 17:12 10 James Parrott (21) 16:42 11 Stuart Baird (23) 17:33 12 Jack Vilette (19) 16:11</p>	<p>7 Ian Crowe-Wright (28) 15:31 8 David Boyce (36) 16:41 9 James McCarthy (25) 15:44 10 Zared Hale (23) 16:24 11 Tim Lunnon (26) 16:35 12 Chris Mallinson (28) 17:42</p>
<p>7 Gary Burnett (20) 16:09 8 Peter Swaine (29) 15:55 9 Martin Makin (28) 17:06 10 Alistair Parkin (27) 17:09 11 Matthew Law (31) 16:48 12 Michael Kingsbury (29) 17:16</p>	<p>7 Simeon Greenwood (42) 15:35 8 Daniel Johnson (28) 15:43 9 David Old (31) 16:45 10 James Porteous (30) 16:32 11 Kevin Connolly (29) 16:45 12 Steven Medd (30) 17:12</p>
<p>7 L Sales Ferrer (38) 15:17 8 Thomas Hendricken (35) 16:36 9 Carl Platt (34) 16:35 10 David Sheldon (31) 15:52 11 Dave Bratt (30) 16:33 12 Darren Washington (31) 18:16</p>	<p>7 Tom Meakin (36) 16:11 8 George Ashdown (26) 16:42 9 Neil Towers (38) 19:25 10 Carl Voisey (38) 18:16 11 Jake Boat (37) 15:40 12 Lewis Smart (32) 16:48</p>
<p>7 Michael Salter (37) 14:59 8 Martin Farran (40) 17:22 9 Elliot Cole (42) 16:43 10 Leon Foster (34) 16:14 11 Sean Cotter (32) 16:46 12 Philip Townsend (33) 20:06</p>	<p>7 Peter Merritt (47) 16:18 8 Timothy Sherman (38) 16:26 9 Russell Osborn (36) 17:42 10 Martin Johnson (36) 16:22 11 Gareth Klepacz (34) 16:44 12 Michael Read (34) 16:03</p>
<p>7 Rory Grant (8) 15:23 8 Abdul Abdulrahman (7) 15:34 9 Nick Hardy (22) 15:55 10 Camron Wood (33) 16:17 11 Jonathan Goringe (33) 17:16 12 Steve Edmonds (35) 18:13</p>	<p>7 Jack Gray (10) 14:28 8 Chris Grimley (27) 16:42 9 Richard Gray (33) 17:12 10 Ben Clarson (32) 16:51 11 Kevin McMillan (35) 17:13 12 David McNeil (36) 17:25</p>

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<p>37 Rossendale Harriers & AC 4:39:04</p> <p>1 Christopher Fell (32) 27:49 3 Joseph Johnston (32) 28:35 5 Grant Cunliffe (31) 28:34 7 Joseph Kelly (33) 29:15 9 A Dalton-O'Reilly (34) 30:35 11 Daniel Walsh (37) 32:58</p> <p>2 Dominic Walton (35) 16:20 4 Philip Bolton (33) 16:31 6 Andrew Fell (35) 17:55 8 Elliott Wylie (35) 17:26 10 Thomas Rudman (36) 17:27 12 Joseph Moores (37) 15:39</p>	<p>46 Rotherham Harriers & AC 4:47:30</p> <p>1 John Comrie (74) 31:52 3 Chris Adams (56) 29:19 5 Philip Hoole (45) 27:35 7 Richard Harris (49) 28:52 9 Aidan Johnson (46) 29:32 11 Kyle Craib (43) 29:28</p> <p>2 Rhian Hastey (67) 16:01 4 Nicholas Myers (56) 16:33 6 David Nuttall (56) 20:30 8 Matthew Asbridge (53) 20:07 10 Nigel Brookes (48) 18:38 12 Terry Eastwood (46) 19:03</p>	<p>38 Halesowen Acc 4:40:46</p> <p>1 David Kesterton (62) 30:24 3 Richard White (54) 29:45 5 Nicolas Hazelwood (51) 29:30 7 Joseph Donkin (43) 29:57 9 James Baird (39) 30:07 11 Tom Kenderdine (38) 30:33</p> <p>2 Daniel Cleary (58) 16:23 4 Harvey Brown (53) 16:43 6 Mark Turner (45) 16:38 8 Sam Crutchley (40) 16:49 10 R Cadwallader (39) 17:23 12 Mark Hadley (38) 16:34</p>	<p>47 Hercules Wimbledon AC 4:47:35</p> <p>1 Alex Robinson (43) 28:41 3 Frederick Slemeck (36) 29:31 5 Sean Crummy (46) 31:31 7 Joe Toomey (44) 30:26 9 Alex Urban (48) 33:29 11 James Davis (45) 29:49</p> <p>2 Andrew Penney (32) 15:06 4 Belal Aly (39) 17:05 6 Philip Glynn (43) 17:01 8 Stewart Bond (44) 18:48 10 Benjamin Palmer (50) 17:36 12 Ian Pegler (47) 18:32</p>
<p>39 Les Croupiers 4:42:01</p> <p>1 Martin Rees (48) 28:58 3 Stuart Crees (41) 30:04 5 Nicholas Dukes (41) 30:57 7 Alun Jones (41) 32:06 9 Robert Sage (41) 30:07 11 Phil Cook (39) 29:56</p> <p>2 Jerome Edwards (39) 15:18 4 Christian Cobbold (37) 15:39 6 Edward Donovan (39) 15:50 8 Matthew Parkes (41) 18:06 10 Matthew Hopkins (40) 17:56 12 Tomos Jeffery (39) 17:04</p>	<p>48 Tipton Harriers 'B' 4:48:30</p> <p>1 C Fullerton (60) 30:16 3 Philip Clamp (61) 30:22 5 Dean Hill (58) 31:27 7 Tom Holden (55) 29:59 9 Michael Buntin (44) 30:03 11 Jonathan Hunt (50) 34:52</p> <p>2 Shaun Bamsley (66) 17:33 4 Steven Abrahams (58) 16:02 6 Aaron Keene (58) 17:31 8 Mike Hager (49) 16:52 10 Paul Rogers (43) 17:02 12 Nev Watson (48) 16:31</p>	<p>40 Bedford & County AC 'B' 4:43:19</p> <p>1 Andrew Inskip (54) 29:14 3 Richard Henderson (46) 29:57 5 Jim McMahon (52) 31:39 7 Steven Herring (46) 30:27 9 Craig Emmerson (42) 31:43 11 Charlie Palmer (40) 30:05</p> <p>2 Michael Harrison (45) 15:36 4 Matthew Nicholson (45) 16:25 6 Gordon Barrie (48) 16:51 8 Alan Metcalfe (42) 17:04 10 Daniel Bradford (41) 16:17 12 James Black (40) 18:01</p>	<p>49 Bournville Harriers 4:49:08</p> <p>1 Orlando Corea (42) 28:38 3 Paul Thompson (52) 31:12 5 Gareth Cadd (53) 29:55 7 C Collins (50) 30:00 9 Sam Chatwin (47) 31:40 11 Sean Rose (49) 31:05</p> <p>2 Rob Andrew (46) 16:30 4 Chris Tarren (55) 17:23 6 Bradlee Tod (53) 17:41 8 John McKeon (48) 17:39 10 Chris Harlan-Marks (47) 18:11 12 Paul Gorman (49) 19:14</p>
<p>41 Kenilworth Runners 4:43:52</p> <p>1 Richard Simkiss (49) 29:02 3 Patrick Roddy (51) 30:29 5 Paul Andrew (43) 28:13 7 Stuart Hopkins (37) 29:23 9 Chris McCarthy (37) 29:36 11 Martin Dorrill (41) 33:22</p> <p>2 Jim Sawle (48) 16:15 4 Stephen Page (49) 17:07 6 Phillip Gould (40) 15:57 8 Pete Matthews (37) 18:07 10 Warren Bell (38) 18:23 12 David Ramus (41) 17:58</p>	<p>50 North Derbyshire RC 4:49:19</p> <p>1 Martin Dawson (61) 30:20 3 Oliver Teasel (60) 30:39 5 Ian Monaghan (66) 31:51 7 Tim Clayton (65) 31:32 9 Lee Morris (63) 30:30 11 Chris Shelton (51) 28:36</p> <p>2 Steve Leverton (64) 16:55 4 Michael Geoghegan (66) 18:29 6 Daniel Teasel (67) 17:38 8 Steve Bennett (65) 18:55 10 Liam Fidler (61) 17:17 12 Steven Penney (50) 16:37</p>	<p>42 Datchet Dashers 4:46:39</p> <p>1 Thomas Stevens (51) 29:04 3 Alexander Miller (48) 28:50 5 Rob Foster (48) 29:45 7 Chris Bradfield (45) 29:41 9 Guy Richard Bowles (43) 31:06 11 James Samson (44) 31:08</p> <p>2 David Lee (56) 17:13 4 Simon Wigzell (46) 17:14 6 Guiseppe Rivelli (49) 17:39 8 Douglas Orr (47) 19:22 10 Adrian Sell (44) 17:35 12 Philip Jones (42) 18:02</p>	<p>51 Barnsley Athletic Club 4:50:39</p> <p>1 David Thompson (58) 30:12 3 Darren Middleton (50) 28:25 5 David Driver (54) 30:49 7 Paul Altree (60) 32:52 9 Shaun Dimelow (60) 32:47 11 Gavin Felten (52) 30:25</p> <p>2 Tom White (63) 17:01 4 Christian Shaw (52) 17:31 6 Keith Littlewood (54) 17:44 8 Steven Darby (59) 17:49 10 John Broom (57) 17:44 12 David Brooksbank (51) 17:20</p>
<p>43 Holmfirth Harriers AC 4:46:39</p> <p>1 David Turnbull (35) 28:13 3 Richard Smith (29) 29:31 5 Peter Brookes (40) 30:02 7 Scott Smith (40) 31:17 9 Craig Boggon (40) 30:50 11 Julian Rose (42) 31:37</p> <p>2 Matthew Pierson (24) 14:54 4 Stefan Fields (41) 18:14 6 T Travis-Pollard (37) 15:39 8 Simon Findlay (39) 18:02 10 Stephen Rimmer (42) 19:03 12 Brandon Holroyd (43) 19:17</p>	<p>52 Cambridge & Coleridge AC 4:50:57</p> <p>1 James Chettle (56) 29:38 3 Oliver Park (58) 30:02 5 Alex Eggeman (61) 31:38 7 Iain Wood (61) 31:41 9 Neil Carrington (62) 34:08 11 Alan Pritchard (55) 30:19</p> <p>2 Matthew Applegate (65) 17:39 4 John Ferguson (59) 17:07 6 Ben Jones (59) 17:38 8 Istvan Jacso (60) 17:02 10 Richard Park (59) 17:05 12 Javier De Esteban (52) 17:00</p>	<p>44 Salford Harriers & AC 'B' 4:46:50</p> <p>1 Eric Williams (70) 31:16 3 James Wyatt (67) 30:54 5 Michael Grace (63) 30:15 7 Robert Hughes (58) 29:48 9 Graeme Grindrod (52) 31:57 11 David Hudson (48) 30:45</p> <p>2 Derek Crewe (68) 16:43 4 Paul Birkett (67) 17:35 6 A Castile (60) 17:32 8 Philip Leybourne (54) 16:49 10 Glyn Billington (49) 16:14 12 Philip West (44) 17:02</p>	<p>53 Wolverhampton & Bilston 4:51:12</p> <p>1 Brian Wright (69) 31:12 3 Paul Hammond (66) 29:50 5 Daniel Brazier (55) 30:18 7 Paolo Tani (57) 31:58 9 Simon Calrow (55) 32:52 11 James Toddington (54) 31:08</p> <p>2 Daniel Vaughan (70) 17:50 4 Ross Edgley (57) 15:15 6 Mark Moore (55) 17:21 8 Ian Grindley (52) 17:00 10 Jamie Thomason (53) 18:51 12 Steven Cunningham (53) 17:37</p>
<p>45 Derby Athletic Club 4:47:01</p> <p>1 Alberto Sanchez (1) 26:12 3 K Szustowicz (49) 30:49 5 Joshua Bull (39) 27:49 7 Terah Hooley (47) 31:07 9 Richard Wilson (45) 31:47 11 Adam Fozzard (46) 31:00</p> <p>2 Thomas Lawrence (40) 18:17 4 John Knibb (50) 17:42 6 Joseph Booth (46) 18:36 8 Llywd Griffiths (46) 18:00 10 James Lloyd (46) 18:12 12 Ian Stevens (45) 17:30</p>	<p>54 Vale Royal AC 4:51:19</p> <p>1 Stuart Doyle (44) 28:45 3 Graham Miles (62) 33:02 5 Chris Perry (59) 28:47 7 Michael Vennard (54) 28:24 9 Zack Bamber (54) 31:37 11 James Griffiths (56) 30:55</p> <p>2 Andrew Miles (50) 16:38 4 Darren Cottier (68) 18:46 6 Stephen Thompson (61) 18:34 8 Scott Bamber (57) 18:59 10 Tom Annable (60) 20:14 12 George Thompson (54) 16:38</p>		

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<p>55 Altrincham & District AC 4:51:20</p> <p>1 Matthew Barnes (13) 26:54 2 Ryan Ganose (18) 16:00 3 Matthew Kelly (42) 31:27 4 Graham Harrison (51) 18:41 5 Michael Berks (57) 32:05 6 Andrew Norman (52) 15:10 7 Tom Bush (51) 31:27 8 Stuart Heaton (51) 18:30 9 Steven Renny (53) 32:44 10 Duncan Wilson (51) 18:16 11 Adrian Fuller (53) 32:13 12 Nick Burke (55) 17:53</p>	<p>64 Sale Harriers Manchester 'B' 4:59:55</p> <p>1 Richard Edwards (73) 31:43 2 Olivier Gaillemain (73) 17:57 3 Nigel Martin (70) 30:47 4 Kyle Conway (69) 17:13 5 Carl Barber (68) 31:33 6 Paul Barrett (68) 18:48 7 David Marsh (69) 32:21 8 Peter O'Neill (67) 18:09 9 Nicholas Whittle (67) 31:59 10 David Rich (66) 16:39 11 Alex Bradford (65) 32:17 12 Tim Kennedy (64) 20:29</p>
<p>56 Notts AC 6B 'B' 4:51:54</p> <p>1 Eyob Huruy (67) 30:57 2 Harry Foster (60) 15:59 3 Robert Smith (53) 29:34 4 Tom Collins (48) 15:56 5 John Muddeman (49) 30:06 6 Jonathan Hioms (50) 17:24 7 Matthew Judson (48) 30:40 8 Joseph Coleshaw (43) 16:59 9 Andrew Norton (49) 34:24 10 Andrew Warburton (45) 16:30 11 Richard Darling (47) 31:11 12 Blayne Pick (56) 22:14</p>	<p>65 Worcester AC 5:02:00</p> <p>1 Phill Bullock (79) 33:42 2 David Jubbs (77) 17:58 3 Warren Miles (74) 31:23 4 Lewis Roberts (71) 15:41 5 David O'Brien (73) 33:46 6 Josh Carr (69) 16:05 7 David Hall (66) 30:11 8 Nick Hitchings (66) 18:47 9 Mark Hill (66) 32:12 10 David Waldron (68) 20:02 11 Stefan Sternkopf (67) 33:06 12 Laurie Hart (65) 19:07</p>
<p>57 Hillingdon AC 4:53:07</p> <p>1 Robert Thompson (40) 28:27 2 Daniel Thompson (49) 16:53 3 James Laing (45) 29:21 4 Joseph Carton (43) 16:24 5 Martin Bateman (38) 29:21 6 Carl Yates (41) 17:05 7 James Manley (42) 31:31 8 Dean Burch (45) 19:25 9 Simon Connell (51) 34:09 10 Tony Grant (52) 19:50 11 Paul Leppard (57) 32:44 12 Jason Steel (57) 17:57</p>	<p>66 Trafford Athletic Club 5:02:53</p> <p>1 Jeff Prest (55) 29:29 2 Ben Martin (44) 15:21 3 Steve Monk (68) 34:04 4 Timothy Egerton (64) 16:53 5 Gareth Woodcock (67) 33:12 6 James Bleakley (62) 15:41 7 David Maher (67) 35:11 8 Dominic Coyle (64) 16:16 9 John Howe (65) 31:38 10 Pascal Fard (64) 17:35 11 Edward Hickling (66) 37:07 12 Craig Wheeler (66) 20:26</p>
<p>58 Keighley & Craven AC 4:53:41</p> <p>1 Craig Shearer (59) 30:12 2 Will Smith (57) 16:14 3 Ben Small (59) 31:20 4 Liam Spencer (61) 17:21 5 Adrian Thomas (62) 31:07 6 Thomas Sessford (63) 18:27 7 Stuart Walton (64) 32:00 8 Kyle Kilbey (63) 17:44 9 Mark Knowles (64) 33:08 10 Rob Shaw (63) 17:22 11 Christopher Loftus (59) 30:44 12 Andrew Hardaker (58) 18:02</p>	<p>67 Bromsgrove & Redditch 5:03:12</p> <p>1 Mark Appleton (71) 31:27 2 Andrew Freeman (72) 17:58 3 Ashley Ross (73) 32:50 4 Philip Anderson (74) 19:52 5 James Hood (74) 31:44 6 Ian Keyte (74) 18:31 7 Adam Lloyd (70) 29:36 8 Sean Bowden (68) 16:53 9 Joe Smith (68) 32:15 10 Clive Dent (67) 17:42 11 Nathan Bone (69) 36:20 12 Jamie Dancyger (67) 18:04</p>
<p>59 Ealing Southall & Middlesex AC 4:54:12</p> <p>1 Sam Ashcroft (41) 28:37 2 Ben Waterman (41) 16:01 3 Nicholas Landeau (47) 30:11 4 Mohamed Hashi (44) 16:21 5 C Hepworth (44) 29:57 6 Mark Cameron (44) 18:02 7 Max Wells-Pestell (52) 33:10 8 Martin Shelley (50) 17:48 9 Angelo John (50) 32:22 10 A Anzai-Jackson (56) 20:21 11 Mark Delahunty (61) 33:23 12 Luke Nicholas (59) 17:59</p>	<p>68 Knowsley Harriers 5:04:57</p> <p>1 Stephen Doyle (75) 32:28 2 Owen Cotterell (76) 18:56 3 Tom Michaelson (72) 29:49 4 Robert Kelly (72) 17:32 5 Rob Williams (70) 32:15 6 Mark Connor (73) 20:44 7 Mark Clair (72) 30:47 8 Dave Connor (71) 18:39 9 Marc Jacques (70) 32:39 10 Marty Christian (69) 18:12 11 Jack Atkins (68) 32:39 12 P Cunningham (68) 20:17</p>
<p>60 Woodford Green Ac With Essex L 'B' 4:54:24</p> <p>1 Thomas Plibersek (57) 29:53 2 Kevin Murphy (54) 16:05 3 Louis Clark (57) 31:17 4 Wilbraham Rob (60) 17:44 5 Timothy Ballard (60) 31:01 6 Steve Lambert (65) 18:52 7 Tony Russell (63) 31:24 8 Joe Everitt (62) 17:39 9 Gareth Cavell (61) 31:30 10 Robert Quantrell (62) 19:28 11 Shepherd Chris (60) 31:03 12 Jonathan Powell (60) 18:28</p>	<p>69 Barrow & Furness Striders AC 5:07:21</p> <p>1 Patrick Miller (64) 30:26 2 Dean Miller (61) 16:31 3 Ray Jones (65) 31:47 4 Garry Dixon (62) 16:35 5 James Jordan (65) 32:50 6 Sam Storey (66) 17:20 7 Robert Grant (68) 34:32 8 Ian Sadler (69) 19:37 9 Simon Stanway (69) 33:08 10 Chris Snaith (70) 19:55 11 Jonathan Benson (70) 35:29 12 Peter Willacy (69) 19:11</p>
<p>61 Royal Sutton Coldfield Athleti 4:54:32</p> <p>1 Nick Corker (45) 28:53 2 Paul Davey (55) 17:20 3 Colin McAuley (64) 32:30 4 Chris Taylor (63) 17:00 5 Oliver Harradence (56) 28:56 6 Clive Hackforth (57) 18:00 7 Russell Simpson (59) 31:40 8 Simon Corker (55) 17:12 9 Tony Hinchley (57) 33:18 10 David Liddall (54) 17:42 11 David Long (58) 32:58 12 Matthew Stenson (61) 19:03</p>	<p>70 Heanor Running Club 5:12:37</p> <p>1 Mark Powell (37) 28:15 2 Tony Weatherson (52) 17:34 3 Shane Rice (55) 30:59 4 Paul Clarke (54) 16:52 5 Edward Godber (72) 38:40 6 Tim Simpson (72) 18:43 7 Ashley Deeming (73) 31:36 8 Paul Mercer (72) 19:40 9 Stephen Ashmore (71) 31:59 10 Garry Cooper (71) 19:12 11 Jon Curtis (71) 37:39 12 Stephen Wardle (70) 21:28</p>
<p>62 Telford AC 4:54:53</p> <p>1 Paul Ward (50) 29:03 2 Chris Bagshaw (53) 16:52 3 Chris Rimmer (44) 28:35 4 John Garmson (47) 17:55 5 Ryan Heath (50) 30:09 6 Sam Garmson (51) 17:35 7 David Tatton (56) 33:29 8 Stephen Reid (56) 17:55 9 Daniel Young (56) 32:42 10 Ioan Ilie (55) 18:20 11 Ashley Slater (63) 34:39 12 Peter Plant (62) 17:39</p>	<p>71 Harborough AC 5:19:06</p> <p>1 Jake Watson (78) 33:38 2 Matthew Driver (75) 17:21 3 Graeme Rolfe (76) 38:27 4 Martin Hughes (75) 21:47 5 Martin Gore (75) 33:37 6 Tom Ward (75) 19:24 7 Adam Brooks (75) 33:26 8 Richard Brown (74) 21:05 9 William Clapp (73) 32:18 10 N Turner-Henke (72) 20:45 11 Sean Fenwick (72) 29:53 12 Mark Cherry (71) 17:25</p>
<p>63 Serpentine RC 'B' 4:55:41</p> <p>1 Richard Edmonds (66) 30:46 2 John Nugus (69) 17:19 3 N Barberis Negra (63) 30:27 4 Andrew Taylor (65) 17:34 5 Jamie Hogg (64) 31:17 6 Richard Peel (64) 17:19 7 Richard Milner (62) 31:07 8 Alec Laing (61) 17:52 9 Andy Robbins (59) 31:24 10 David Evans (58) 17:58 11 Fraser Johnson (64) 34:43 12 Stephane Schneider (63) 17:55</p>	<p>Incomplete Teams:</p> <p style="text-align: center;">Blackburn Harriers & AC</p> <p>1 Karl Billington (29) 27:43 2 Mark Bleasdale (43) 17:03 3 Andrew Buttery (40) 29:32 4 Zachary Howe (42) 16:41 5 Shaun Livesey (47) 30:56 6 Jack Lonsdale (47) 17:33 7 John Chaplin (53) 32:52 8 Richard Taylor (58) 20:02 9 C Davies (58) 32:28 10 John Cookson (65) 20:33 11 Chris Barnes (62) 30:58</p>

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Scunthorpe & District AC

1 GaryCrompton	(72)	31:34	2 Lewis Stones	(71)	17:46
3 MatthewSmith	(71)	31:51	4 WilliamCranston	(73)	18:21
5 DavidVickers	(71)	31:37	6 MichaelHomsey	(71)	18:27
7 RichardBugg	(74)	33:30	8 MichaelHemmings	(73)	19:13
9 NickShpylka	(72)	33:54			

Severn AC

1 JamesRose	(65)	30:38	2 DISQUALIFIED	(62)	16:27
3 DISQUALIFIED	(69)	32:12	4 DISQUALIFIED	(70)	18:26
5 DISQUALIFIED	(69)	32:12	6 AndyNorman	(70)	18:47
7 SteveBradley	(71)	33:24	8 IanSmith	(70)	18:57

Newham & Essex Beagles AC

1 NaillSheehan	(63)	30:24	2 SteveHepples	(51)	15:11
3 Oly Laws	(39)	28:41	4 JamesShane	(31)	14:33
5 WayneBell	(37)	30:25	6 FrankBaddick	(30)	14:31
7 IanGrime	(38)	32:51			

Aldershot Farnham & District 'B'

1 RobertWakefield	(77)	33:14	2 RobertHislop	(74)	16:53
3 AndrewHislop	(75)	35:35			

Hallamshire Harriers Sheffield

1 CraigFishwick	(68)	31:09	2 JoeGratton	(59)	15:40
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New Marske Harriers Club

1 Lewis Moses	(12)	26:51
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Gloucester AC

1 JeremyMower	(76)	32:49
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English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

Fastest of all long legs

1	Joe MacDonald	Cardiff Aa		26:01	68	Philip Hoole	Rotherham		27:35
2	Jonathan Taylor	Morpeth Ha		26:03		= Howard Bristow	Brighton&H		27:35
3	Patrick Martin	Stockport		26:06	70	Simon Deakin	Leeds City	A	27:36
4	Alberto Sanchez	Derby AC		26:12		= Edward Shepherd	Woodford G	A	27:36
5	Danny Russell	Highgate H		26:17	72	Orlando Edwards	Shaftesbur		27:37
6	Scott Overall	Blackheath		26:18	73	Ben Russell	LiverpoolH		27:38
7	Mohamud Aadan	Thames Val		26:27	74	Joe Morwood	Aldershot	A	27:40
8	Ben Livesey	Birchfield		26:29	75	Rhys Park	Cheltenham		27:41
9	Matthew Gunby	Woodford G	A	26:31	76	C Busaileh	Herne Hill		27:42
10	Jack Martin	Stockport		26:32		= Dewi Griffiths	Swansea Ha		27:42
11	Ian Mitchell	Tipton Har	A	26:34	78	Karl Billington	Blackburn		27:43
12	David Webb	Leeds City	A	26:35		= Martin Whitehouse	Notts Ac	A	27:43
	= Philip Nicholls	Tipton Har	A	26:35	80	Glen Watts	Shaftesbur		27:44
14	Andrew Butchart	Central Ac		26:37	81	John McCole	LiverpoolH		27:45
15	Andi Jones	Stockport		26:40	82	Lewis Timmins	Morpeth Ha		27:47
16	Jonathan Thewlis	Notts Ac	A	26:42	83	Piers Arnold	C.Norwich		27:48
17	Alexander Dunbar	C.Norwich		26:43		= Kevin Rojas	Brighton&H		27:48
18	Jonathan Wills	Leeds City	A	26:45	85	Mathew Almond	Birchfield		27:49
19	Dave Roper	Cheltenham		26:47		= Joshua Bull	Derby AC		27:49
	= Andrew Rayner	Blackheath		26:47		= Christopher Fell	Rossendale		27:49
21	Frank Bailey	Shaftesbur		26:48	88	Sullivan Smith	Swansea Ha		27:50
22	Samuel Densham	Charnwood		26:49	89	Matt Granger	Tipton Har	A	27:51
23	Michael Skinner	Blackheath		26:50	90	Matt Shone	Woodford G	A	27:52
24	Paul Richardson	Owls Ac		26:51	91	John Eves	Bedford&D	A	27:53
	= Nicholas Swinburn	Morpeth Ha		26:51		= Phillip Matthews	Swansea Ha		27:53
	= Lewis Moses	New Marske		26:51	93	William MacKay	Bedford&D	A	27:55
27	Rowan Axe	Cardiff Aa		26:53		= Adam Peers	LiverpoolH		27:55
28	Matthew Barnes	Altrincham		26:54	95	Richard Burney	LiverpoolH		27:58
	= Toby Spencer	Coventry G		26:54		= Kevin Farrow	Notts Ac	A	27:58
30	Carl Smith	Leeds City	A	26:55		= Marc Elliott	Gateshead		27:58
31	Tom Marshall	Cardiff Aa		26:58	98	Oliver Mott	Bristol&W		27:59
	= James Douglas	Border Har		26:58		= Stu Huntington	C.Norwich		27:59
33	Alistair Hay	Central Ac		26:59		= Matthew Janes	Bedford&D	A	27:59
34	Charlie MacLean	Bristol&W		27:00		= Daniel Hallam	Owls Ac		27:59
35	Benjamin Noad	Highgate H		27:01	102	Gary Priestley	Salford Ha	A	28:00
	= Michael Callegari	Shaftesbur		27:01	103	Joshua Griffiths	Swansea Ha		28:04
37	Alastair Watson	Notts Ac	A	27:02	104	Matthew Bennett	Southamptn		28:06
	= Tarus Elly	Salford Ha	A	27:02	105	Josh Norman	Owls Ac		28:07
39	Alan Buckley	Leeds City	A	27:03	106	Robert Russell	Central Ac		28:08
40	Ross Houston	Central Ac		27:04	107	Nicholas Earl	C.Norwich		28:09
	= John Newsom	Central Ac		27:04	108	Fergus Meade	Leeds City	B	28:11
42	Nicholas Torry	Serpentine	A	27:05	109	Tom Beedell	Woodford G	A	28:12
43	Samuel Mitchell	Notts Ac	A	27:09	110	Paul Andrew	Kenilworth		28:13
	= Benjamin Jones	Coventry G		27:09		= Kieran Reilly	Tonbridge		28:13
	= Aaron Scott	Notts Ac	A	27:09		= Thomas Cox	Tonbridge		28:13
46	Dermot Cummins	Corstorphi		27:11		= David Turnbull	Holmfirth		28:13
47	Ben Gamble	Tipton Har	A	27:15	114	Thomas Cornthwaite	Salford Ha	A	28:14
48	Chris Smith	Thames Val		27:17	115	Mark Powell	Heanor RC		28:15
49	C Hartley	Thames Val		27:20	116	Benjamin Riddell	Salford Ha	A	28:16
	= Jon Fletcher	Border Har		27:20		= Ben Pochee	Highgate H		28:16
51	Owain Jones	Bristol&W		27:22		= James Bailey	Sale Harri	A	28:16
52	James Smith	Leeds City	A	27:23	119	Daniel Bradley	Tonbridge		28:18
53	Peter Tucker	Blackheath		27:24	120	Michael Kallenberg	Cardiff Aa		28:21
	= Steven Naylor	Bedford&D	A	27:24	121	Lewis Millar	Central Ac		28:22
55	Robert Bugden	Bristol&W		27:25	122	Jack Goodwin	Bedford&D	A	28:24
	= Kevin Seaward	Cardiff Aa		27:25		= Michael Vennard	Vale Royal		28:24
	= Steven Fennell	Tonbridge		27:25	124	Harvey Speed	Coventry G		28:25
58	Steven Connor	Aldershot	A	27:26		= Jason Prickett	Aldershot	A	28:25
	= Matthew Nicholson	Morpeth Ha		27:26		= Rick Weston	Serpentine	A	28:25
	= Joseph Bailey	Salford Ha	A	27:26		= Darren Middleton	Barnsley A		28:25
61	Philip Wylie	Bristol&W		27:29	128	Henry Dodwell	Highgate H		28:27
62	Carwyn Jones	Cardiff Aa		27:30		= Robert Thompson	Hillingdon		28:27
	= Luke Humphreys	Bedford&D	A	27:30	130	Phillip Tedd	Sale Harri	A	28:28
64	Douglas Selman	Corstorphi		27:31	131	Dave Morgan	Serpentine	A	28:29
						= Michael Crawley	Corstorphi		27:31
					66	Martyn Cryer	Woodford G	A	27:32
						= Paul Thompson	BRATS		27:32

English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

132 Jacob Wiebel	Southamptn		28:30	= Joseph Kelly	Rossendale		29:15
133 Stuart Robinson	Salford Ha	A	28:31	200 Harold Wyber	Woodford G	A	29:17
= Kevin Hull	Border Har		28:31	= Harry Lupton	Charnwood		29:17
135 Michael Dawson	Morpeth Ha		28:32	202 Chris Adams	Rotherham		29:19
= Chris Carpanini	Swansea Ha		28:32	203 James Laing	Hillingdon		29:21
137 Joshua Mutch	Brighton&H		28:33	= Martin Bateman	Hillingdon		29:21
138 Grant Cunliffe	Rossendale		28:34	205 Daniel Davies	Shaftesbur		29:22
= Ross Floyd	Morpeth Ha		28:34	206 Martin Matthews	BRATS		29:23
140 Chris Rimmer	Telford Ac		28:35	= Stuart Hopkins	Kenilworth		29:23
= Joseph Johnston	Rossendale		28:35	208 Richard Phillips	Serpentine	A	29:24
= Thomas Madden	Coventry G		28:35	= Oliver Langford	CityStoke		29:24
= Mark Couldwell	Charnwood		28:35	210 Thomas Bell	Owls Ac		29:25
144 Adam Osborne	Leeds City	B	28:36	211 Kyle Craib	Rotherham		29:28
= Chris Shelton	NorthDerby		28:36	= Matthew Bristow	Brighton&H		29:28
146 Sam Ashcroft	Ealing S&M		28:37	213 Jeff Prest	Trafford A		29:29
= Bryan Clark	Corstorphi		28:37	214 Nicolas Hazelwood	Halesowen		29:30
= Daniel Beier	Tipton Har	A	28:37	215 Simon Allen	Owls Ac		29:31
= Mark Dooley	Herne Hill		28:37	= Frederick Slemeck	Hercules W		29:31
150 Orlando Corea	Bournville		28:38	= Richard Smith	Holmfirth		29:31
= Luca Russo	Tonbridge		28:38	218 Aidan Johnson	Rotherham		29:32
152 Richard Scott	Highgate H		28:39	= Andrew Buttery	Blackburn		29:32
= Ben Cole	Tonbridge		28:39	220 Jamie Loxam	Stockport		29:33
154 Olly Laws	Newham&E B		28:41	221 Robert Smith	Notts Ac	B	29:34
= Daniel Watts	Shaftesbur		28:41	222 Peter Harrison	Border Har		29:35
= Alex Robinson	Hercules W		28:41	223 Chris McCarthy	Kenilworth		29:36
157 Ben Paviour	Herne Hill		28:42	= Andrew VanKints	Cheltenham		29:36
158 Daniel Clarke	Coventry G		28:44	= Adam Lloyd	BromsRedd		29:36
159 Stuart Doyle	Vale Royal		28:45	226 James Chettle	Cambridge		29:38
= Tobias Smith	Aldershot	A	28:45	227 Jake VanAllen	Brighton&H		29:39
161 Hugh Torry	Serpentine	A	28:46	= Jonathan Carpenter	Corstorphi		29:39
162 Barry Maskell	Gateshead		28:47	229 Chris Bradfield	Datchet Da		29:41
= William Neill	CityStoke		28:47	= Jason Williams	Charnwood		29:41
= Chris Perry	Vale Royal		28:47	231 Michael Sawrey	Stockport		29:43
165 Stephen Mears	Charnwood		28:50	232 Rob Foster	Datchet Da		29:45
= Rick Ward	C.Norwich		28:50	= Richard White	Halesowen		29:45
= Alexander Miller	Datchet Da		28:50	= Peter Branney	Leeds City	B	29:45
168 Richard Harris	Rotherham		28:52	235 John Mason	Border Har		29:46
169 Nick Corker	Royal Sutt		28:53	236 Robert Hughes	Salford Ha	B	29:48
170 Alex Wall-Clarke	Southamptn		28:54	237 John Kettle	Herne Hill		29:49
= Philip Parry	Bristol&W		28:54	= Tom Michaelson	Knowsley H		29:49
172 Paul Green	Sale Harri	A	28:55	= James Davis	Hercules W		29:49
173 Oliver Harradence	Royal Sutt		28:56	240 Paul Hammond	Wolverham		29:50
= Mark Greenwood	Aldershot	A	28:56	241 Grant Burnett	Aldershot	A	29:51
175 Jeff Cunningham	Herne Hill		28:57	= Julian Wilkie	Cheltenham		29:51
= Alexander Brecker	CityStoke		28:57	243 Sean Fenwick	Harborough		29:53
177 Martin Rees	LesCrouprs		28:58	= Thomas Plibersek	Woodford G	B	29:53
178 Ryan McKinlay	Highgate H		28:59	245 Gareth Cadd	Bournville		29:55
= Liam Hendricken	CityStoke		28:59	246 Phil Cook	LesCrouprs		29:56
180 Ross MacDonald	Swansea Ha		29:00	247 Richard Henderson	Bedford&D	B	29:57
181 Richard Simkiss	Kenilworth		29:02	= C Hepworth	Ealing S&M		29:57
182 Paul Ward	Telford Ac		29:03	= Joseph Donkin	Halesowen		29:57
= Richard Dare	Cheltenham		29:03	250 Oz Ellis	Tipton Har	A	29:58
184 Thomas Stevens	Datchet Da		29:04	251 Tom Holden	Tipton Har	B	29:59
= Dean Richardson	CityStoke		29:04	= Laurie Luscombe	LiverpoolH		29:59
186 Luke Allen	C.Norwich		29:05	253 C Collins	Bournville		30:00
= James Fooks-Bale	Herne Hill		29:05	254 Daniel Robinson	BRATS		30:01
= Alex Gibbins	Blackheath		29:05	255 Oliver Park	Cambridge		30:02
189 Thomas Edwards	Leeds City	B	29:08	= Peter Brookes	Holmfirth		30:02
190 Kieran Flannery	Gateshead		29:09	257 Michael Buntin	Tipton Har	B	30:03
= Steven O'Brien	Corstorphi		29:09	258 Stuart Crees	LesCrouprs		30:04
192 Edward Banks	BRATS		29:10	259 Charlie Palmer	Bedford&D	B	30:05
193 Alistair Smith	Coventry G		29:11	= Yari Fontebasso	Serpentine	A	30:05
= J Scott-Bucclench	Stockport		29:11	261 John Muddeman	Notts Ac	B	30:06
195 Alexander Davy	Leeds City	B	29:12	262 James Baird	Halesowen		30:07
196 Phil Edge	Gateshead		29:14	= Robert Sage	LesCrouprs		30:07
= Andrew Inskip	Bedford&D	B	29:14	= Stephen Norris	Thames Val		30:07
198 D Chesser	Gateshead		29:15	265 Ryan Heath	Telford Ac		30:09

English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

266 David Hall	Worcester		30:11	= James Samson	Datchet Da		31:08
= Sean Renfer	Thames Val		30:11	334 Craig Fishwick	Hallamshir		31:09
= Nicholas Landeau	Ealing S&M		30:11	335 George Thompson	Border Har		31:11
269 Craig Shearer	Keighley&C		30:12	= Richard Darling	Notts Ac	B	31:11
= David Thompson	Barnsley A		30:12	337 Brian Wright	Wolverhamp		31:12
271 Michael Grace	Salford Ha	B	30:15	= Paul Thompson	Bournville		31:12
272 C Fullerton	Tipton Har	B	30:16	339 Eric Williams	Salford Ha	B	31:16
273 Daniel Brazier	Wolverhamp		30:18	340 Jamie Hogg	Serpentine	B	31:17
274 Alan Pritchard	Cambridge		30:19	= Louis Clark	Woodford G	B	31:17
275 Martin Dawson	NorthDerby		30:20	= Scott Smith	Holmfirth		31:17
276 Philip Clamp	Tipton Har	B	30:22	343 Ben Small	Keighley&C		31:20
= Trevor Wilks	Leeds City	B	30:22	344 Warren Miles	Worcester		31:23
278 Nail Sheehan	Newham&E B		30:24	345 Andy Robbins	Serpentine	B	31:24
= David Kesterton	Halesowen		30:24	= Tony Russell	Woodford G	B	31:24
= Ash Chambers	LiverpoolH		30:24	347 Dean Hill	Tipton Har	B	31:27
281 Wayne Bell	Newham&E B		30:25	= Tom Bush	Altrincham		31:27
= Gavin Felten	Barnsley A		30:25	= Matthew Kelly	Altrincham		31:27
283 Joe Toomey	Hercules W		30:26	= Mark Appleton	BromsRedd		31:27
= Patrick Miller	Barrow & F		30:26	351 Gareth Cavell	Woodford G	B	31:30
285 N BarberisNegra	Serpentine	B	30:27	352 Sean Crummy	Hercules W		31:31
= Martin Slater	Gateshead		30:27	= James Manley	Hillingdon		31:31
= Edward Baber	Southamptn		30:27	354 Tim Clayton	NorthDerby		31:32
= Steven Herring	Bedford&D	B	30:27	355 Carl Barber	Sale Harri	B	31:33
289 Patrick Roddy	Kenilworth		30:29	356 Gary Crompton	Scunthorpe		31:34
290 Daniel Owen	Cheltenham		30:30	357 Michael Tanner	Southamptn		31:36
= Lee Morris	NorthDerby		30:30	= Ashley Deeming	Heanor RC		31:36
= Tom Lupton	Charnwood		30:30	359 Julian Rose	Holmfirth		31:37
= Peter Scannell	Thames Val		30:30	= Zack Bamber	Vale Royal		31:37
294 Graham Fisher	Southamptn		30:31	= David Vickers	Scunthorpe		31:37
295 Tom Kenderdine	Halesowen		30:33	362 Alex Eggeman	Cambridge		31:38
296 A Dalton-O'Reilly	Rossendale		30:35	= John Howe	Trafford A		31:38
= Peter Dimbleby	Birchfield		30:35	364 Jim McMahon	Bedford&D	B	31:39
298 Mike Morley	Birchfield		30:37	365 Russell Simpson	Royal Sutt		31:40
299 James Rose	Severn Ac		30:38	= Sam Chatwin	Bournville		31:40
300 Oliver Teasel	NorthDerby		30:39	367 Iain Wood	Cambridge		31:41
301 Matthew Judson	Notts Ac	B	30:40	368 Richard Edwards	Sale Harri	B	31:43
= Paul Miles	Owls Ac		30:40	= Craig Emmerson	Bedford&D	B	31:43
303 Christopher Loftus	Keighley&C		30:44	= Robin Biles	BRATS		31:43
304 David Hudson	Salford Ha	B	30:45	371 James Hood	BromsRedd		31:44
= Callum Rowlinson	Sale Harri	A	30:45	372 Richard Wilson	Derby AC		31:47
306 Richard Edmonds	Serpentine	B	30:46	= Ray Jones	Barrow & F		31:47
307 Nigel Martin	Sale Harri	B	30:47	374 Ian Monaghan	NorthDerby		31:51
= Mark Clair	Knowsley H		30:47	= Matthew Smith	Scunthorpe		31:51
309 K Szustowicz	Derby AC		30:49	376 John Comrie	Rotherham		31:52
= David Driver	Barnsley A		30:49	377 Dan Whittaker	Sale Harri	A	31:55
311 Craig Boggon	Holmfirth		30:50	378 Robert Flannery	Sale Harri	A	31:57
312 James Wyatt	Salford Ha	B	30:54	= Graeme Grindrod	Salford Ha	B	31:57
313 Fintan Parkinson	Blackheath		30:55	380 Paolo Tani	Wolverhamp		31:58
= James Griffiths	Vale Royal		30:55	381 Stephen Ashmore	Heanor RC		31:59
= Dan Harris	CityStoke		30:55	= Nicholas Whittle	Sale Harri	B	31:59
316 Shaun Livesey	Blackburn		30:56	383 Stuart Walton	Keighley&C		32:00
= Niall Robinson	Brighton&H		30:56	384 Michael Berks	Altrincham		32:05
318 Nicholas Dukes	LesCroupers		30:57	385 Alun Jones	LesCroupers		32:06
= Eyob Huruy	Notts Ac	B	30:57	386 Mark Hill	Worcester		32:12
320 Chris Barnes	Blackburn		30:58	387 Adrian Fuller	Altrincham		32:13
321 Shane Rice	Heanor RC		30:59	388 Joe Smith	BromsRedd		32:15
322 Adam Fozzard	Derby AC		31:00	= Rob Williams	Knowsley H		32:15
323 Jonathan Cullen	Birchfield		31:01	390 Alex Bradford	Sale Harri	B	32:17
= Timothy Ballard	Woodford G	B	31:01	391 William Clapp	Harborough		32:18
325 Shepherd Chris	Woodford G	B	31:03	392 David Marsh	Sale Harri	B	32:21
326 Tim Carter	BRATS		31:04	393 Angelo John	Ealing S&M		32:22
327 Sean Rose	Bournville		31:05	394 Stephen Doyle	Knowsley H		32:28
328 Guy Richard Bowles	Datchet Da		31:06	= C Davies	Blackburn		32:28
329 Adrian Thomas	Keighley&C		31:07	396 Colin McAuley	Royal Sutt		32:30
= Richard Milner	Serpentine	B	31:07	397 Marc Jacques	Knowsley H		32:39
= Terah Hooley	Derby AC		31:07	= Jack Atkins	Knowsley H		32:39
332 James Toddington	Wolverhamp		31:08	399 Daniel Young	Telford Ac		32:42

English National Road Relay Championships

at Sutton Park, Birmingham on Saturday 13th April 2013

400 Paul Leppard	Hillingdon	32:44
= Steven Renny	Altrincham	32:44
402 Shaun Dimelow	Barnsley A	32:47
403 Jeremy Mower	Gloucester	32:49
404 James Jordan	Barrow & F	32:50
= Ashley Ross	BromsRedd	32:50
406 Ian Grime	Newham&E B	32:51
407 Paul Atree	Barnsley A	32:52
= John Chaplin	Blackburn	32:52
= Simon Calrow	Wolverhamp	32:52
410 David Long	Royal Sutt	32:58
= Daniel Walsh	Rossendale	32:58
412 Graham Miles	Vale Royal	33:02
413 Stefan Sternkopf	Worcester	33:06
414 Mark Knowles	Keighley&C	33:08
= Simon Stanway	Barrow & F	33:08
416 Max Wells-Pestell	Ealing S&M	33:10
417 Gareth Woodcock	Trafford A	33:12
418 Robert Wakefield	Aldershot	B 33:14
419 Tony Hinchley	Royal Sutt	33:18
420 Martin Dorrill	Kenilworth	33:22
= Rob Deakin	Birchfield	33:22
422 Mark Delahunty	Ealing S&M	33:23
423 Steve Bradley	Severn Ac	33:24
424 Adam Brooks	Harborough	33:26
425 David Tatton	Telford Ac	33:29
= Alex Urban	Hercules W	33:29
427 Richard Bugg	Scunthorpe	33:30
428 Martin Gore	Harborough	33:37
429 Jake Watson	Harborough	33:38
430 Phill Bullock	Worcester	33:42
431 David O'Brien	Worcester	33:46
432 Nick Shpylka	Scunthorpe	33:54
433 Steve Monk	Trafford A	34:04
434 Neil Carrington	Cambridge	34:08
435 Simon Connell	Hillingdon	34:09
436 Andrew Norton	Notts Ac	B 34:24
437 Robert Grant	Barrow & F	34:32
438 Ashley Slater	Telford Ac	34:39
439 Fraser Johnson	Serpentine	B 34:43
440 Jonathan Hunt	Tipton Har	B 34:52
441 David Maher	Trafford A	35:11
442 Jonathan Benson	Barrow & F	35:29
443 Andrew Hislop	Aldershot	B 35:35
444 Nathan Bone	BromsRedd	36:20
445 Edward Hickling	Trafford A	37:07
446 Jon Curtis	Heanor RC	37:39
447 Graeme Rolfe	Harborough	38:27
448 Edward Godber	Heanor RC	38:40

Fastest of all short legs

1	Stephen Mitchell	Bristol&W	14:13
2	James Poole	Blackheath	14:22
=	Matthew Bergin	Bedford&D	A 14:22
4	Jack Gray	BRATS	14:28
5	Frank Baddick	Newham&E B	14:31
6	James Shane	Newham&E B	14:33
7	Neilson Hall	Bedford&D	A 14:34
8	Charlie Hulson	Sale Harri	A 14:38
9	Steven Vernon	Stockport	14:40
10	Michael Ward	Cardiff Aa	14:44
11	Carl Hardman	Salford Ha	A 14:45
12	Martin Williams	Tipton Har	A 14:47
13	Nick Hooker	Leeds City	A 14:48
14	Stuart Spencer	Notts Ac	A 14:51
15	James Thie	Cardiff Aa	14:52
=	Michael Wood	Leeds City	A 14:52
17	Matthew Pierson	Holmfirth	14:54
18	David Mulvee	Herne Hill	14:55
19	Niall Fleming	Shaftesbur	14:59
=	Michael Salter	Leeds City	B 14:59
=	Joe Townsend	Leeds City	A 14:59
22	Jonathan Peters	Cardiff Aa	15:00
23	Gavin Hill	Sale Harri	A 15:01
24	Ryan Stephenson	Morpeth Ha	15:02
25	Jamie Roden	Sale Harri	A 15:03
=	Tom Hook	C.Norwich	15:03
27	Marc Hobbs	Swansea Ha	15:04
28	Jorge RasoGea	Herne Hill	15:05
29	Cameron Milne	Central Ac	15:06
=	Andrew Penney	Hercules W	15:06
=	C Joslin-Allen	Tonbridge	15:06
32	Mohamed Mohamed	Thames Val	15:07
33	Richard Kay	Tipton Har	A 15:08
34	Robel Bahelbi	Highgate H	15:09
35	Andrew Norman	Altrincham	15:10
36	Kevin Bell	Border Har	15:11
=	Steve Hepples	Newham&E B	15:11
38	Daniel Dalmedo	Bedford&D	A 15:12
39	Michael Williams	Leeds City	A 15:13
40	Ross Edgley	Wolverhamp	15:15
41	William Christofi	Bristol&W	15:16
42	L SalesFerrer	CityStoke	15:17
=	Tom Crowley	Notts Ac	A 15:17
=	Benjamin Alcock	Bedford&D	A 15:17
45	Sean Reilly	Central Ac	15:18
=	Jerome Edwards	LesCroupers	15:18
=	Anthony Whiteman	Shaftesbur	15:18
48	Matt Leach	Bedford&D	A 15:19
=	Mark Haskett	Thames Val	15:19
50	Ryan Worland	Sale Harri	A 15:20
51	Ben Martin	Trafford A	15:21
52	Dominic Brown	Tonbridge	15:22
=	Josh Lunn	Bedford&D	A 15:22
=	Graeme Taylor	Morpeth Ha	15:22
=	Simon Bruton	Salford Ha	A 15:22
=	Jack Nixon	Stockport	15:22
=	Bertie Powell	Woodford G	A 15:22
58	Rory Grant	Birchfield	15:23
=	Daniel Bruynuoghe	Woodford G	A 15:23
=	Ryan Moore	Sale Harri	A 15:23
61	Jordan Donnelly	Woodford G	A 15:24
=	Michael Burrett	Leeds City	A 15:24
=	Matthew Shaw	Salford Ha	A 15:24
64	Andrew Christy	Corstorphi	15:26
65	Gavin Lewis	Woodford G	A 15:27

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= Craig Gundersen	LiverpoolH		15:27	= Ben Waterman	Ealing S&M		16:01
67 Steve Long	Notts Ac	A	15:28	133 Steven Abrahams	Tipton Har	B	16:02
68 Scott Pilkington	Corstorphi		15:29	= Andrew Hood	Central Ac		16:02
69 Jonathan Nisbet	Morpeth Ha		15:30	= Thomas Straughan	Morpeth Ha		16:02
= Matthew Grieve	Border Har		15:30	136 Stephen Whiting	Highgate H		16:03
= Tom Bailey	Notts Ac	A	15:30	= Michael Read	Southamptn		16:03
72 Ian Crowe-Wright	Brighton&H		15:31	138 Alan Ashton	LiverpoolH		16:04
= Matt Blunden	Notts Ac	A	15:31	= Liam Roberts	Tipton Har	A	16:04
= Michael Wright	Central Ac		15:31	140 Ryan Riddell	Corstorphi		16:05
75 Ricky Challinor	LiverpoolH		15:32	= Kevin Murphy	Woodford G	B	16:05
76 James Mills	Cardiff Aa		15:33	= Harry Paton	Tonbridge		16:05
= Richard Burman	Coventry G		15:33	= Josh Carr	Worcester		16:05
78 Joshua Arnold	Aldershot	A	15:34	= Anthony Bailey	Cheltenham		16:05
= Abdul Abdulrahman	Birchfield		15:34	145 Pau Herrero	Serpentine	A	16:06
80 Simeon Greenwood	Gateshead		15:35	= Mickey Breen	Corstorphi		16:06
81 Steven Davies	Swansea Ha		15:36	= Martin Makin	Charnwood		16:06
= Thomas Gayle	Notts Ac	A	15:36	148 Jonathan Deane	Highgate H		16:07
= Michael Harrison	Bedford&D	B	15:36	= Wayne Lincoln	C.Norwich		16:07
= Nigel Stirk	Tipton Har	A	15:36	= Cathal Logue	Serpentine	A	16:07
85 Jack Simpson	Leeds City	A	15:37	151 Andrew Rooke	Aldershot	A	16:08
= Nathaniel Lane	Cardiff Aa		15:37	= Angus MacLean	Bristol&W		16:08
= Phillip Wilson	Tipton Har	A	15:37	= James Thompson	Tonbridge		16:08
88 Steve Brooks	Tipton Har	A	15:38	154 Daniel Edmund	Bristol&W		16:09
= Daniel McGrath	Salford Ha	A	15:38	= Gary Burnett	Charnwood		16:09
90 Joseph Moores	Rossendale		15:39	= Marc Fallows	Cheltenham		16:09
= Christian Cobbold	LesCroupers		15:39	157 Brahma Pochee	Highgate H		16:10
= T Travis-Pollard	Holmfirth		15:39	158 Tom Meakin	Owls Ac		16:11
93 Jake Littlehales	Stockport		15:40	= Matt Richards	Swansea Ha		16:11
= Joe Gratton	Hallamshir		15:40	= Jack Villette	Coventry G		16:11
= Michael Dan	Highgate H		15:40	161 Glyn Billington	Salford Ha	B	16:14
= Jake Boat	Owls Ac		15:40	= James Berehowskyj	C.Norwich		16:14
97 James Bleakley	Trafford A		15:41	= Leon Foster	Leeds City	B	16:14
= Adam Speake	Bristol&W		15:41	= Will Smith	Keighley&C		16:14
= Lewis Roberts	Worcester		15:41	165 Anthony Jackson	Shaftesbur		16:15
100 Peter Downie	Highgate H		15:42	= Tom Nicholson	Border Har		16:15
101 Scott Hazell	Coventry G		15:43	= Daniel Allport	Thames Val		16:15
= Daniel Johnson	Gateshead		15:43	= Jim Sawle	Kenilworth		16:15
103 James McCarthy	Brighton&H		15:44	169 Stuart Campbell	Corstorphi		16:16
= Dale Colley	Central Ac		15:44	= Cameron Knapp	Tonbridge		16:16
105 Kieran Young	Bristol&W		15:46	= Dominic Coyle	Trafford A		16:16
= Lewys Hobbs	Swansea Ha		15:46	172 Daniel Bradford	Bedford&D	B	16:17
= Will Green	Serpentine	A	15:46	= Camron Wood	Birchfield		16:17
108 Ben Bradley	Aldershot	A	15:47	174 Alex Howard	Tonbridge		16:18
109 Simon Coombes	Herne Hill		15:49	= Peter Merritt	Southamptn		16:18
110 Edward Donovan	LesCroupers		15:50	176 Dominic Walton	Rossendale		16:20
111 James Stockings	Woodford G	A	15:51	177 Jordan Littlehales	Stockport		16:21
= Calum McKenzie	Corstorphi		15:51	= Mark Keeley	LiverpoolH		16:21
113 David Sheldon	CityStoke		15:52	= Mohamed Hashi	Ealing S&M		16:21
114 Peter Swaine	Charnwood		15:55	180 Martin Johnson	Southamptn		16:22
= Nick Hardy	Birchfield		15:55	181 Daniel Cleary	Halesowen		16:23
= Mohammed Ismail	Herne Hill		15:55	= Paul Heaphy	Thames Val		16:23
117 James Miller	Cheltenham		15:56	183 Zared Hale	Brighton&H		16:24
= Tom Collins	Notts Ac	B	15:56	= Joseph Carton	Hillingdon		16:24
= Jeremy Bradley	Cheltenham		15:56	185 Matthew Nicholson	Bedford&D	B	16:25
= David Lockett	Salford Ha	A	15:56	186 Timothy Sherman	Southamptn		16:26
121 Phillip Gould	Kenilworth		15:57	187 G Vacharopoulos	Blackheath		16:29
122 Josh Tighe	Salford Ha	A	15:58	188 Andrew Warburton	Notts Ac	B	16:30
= Oliver Maskell	C.Norwich		15:58	= Rob Andrew	Bournville		16:30
124 Jonathan Barnes	Cheltenham		15:59	190 Tad Dicker	Aldershot	A	16:31
= Harry Foster	Notts Ac	B	15:59	= Andrew Reeves	Serpentine	A	16:31
= Neil Wilkinson	Morpeth Ha		15:59	= Dean Miller	Barrow & F		16:31
127 Ryan Ganose	Altrincham		16:00	= Nev Watson	Tipton Har	B	16:31
= Angus Holford	Woodford G	A	16:00	= Philip Bolton	Rossendale		16:31
129 Darren Jordan	Cheltenham		16:01	195 Zachary Randall	Shaftesbur		16:32
= Matthew Edwards	Cardiff Aa		16:01	= James Porteous	Gateshead		16:32
= Rhian Hastey	Rotherham		16:01	197 Nicholas Myers	Rotherham		16:33

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= Dave Bratt	CityStoke		16:33	= Philip West	Salford Ha	B	17:02
199 Mark Hadley	Halesowen		16:34	265 Mark Bleasdale	Blackburn		17:03
= David McKinlay	Blackheath		16:34	266 Alan Metcalfe	Bedford&D	B	17:04
201 Jordan Ali	C.Norwich		16:35	= Tomos Jeffery	LesCrouprs		17:04
= Sean Watson	C.Norwich		16:35	268 Carl Yates	Hillingdon		17:05
= Tim Lunnon	Brighton&H		16:35	= Belal Aly	Hercules W		17:05
= Carl Platt	CityStoke		16:35	= Richard Park	Cambridge		17:05
= Garry Dixon	Barrow & F		16:35	= Rick Lloyd	Stockport		17:05
206 Thomas Hendricken	CityStoke		16:36	272 John Ferguson	Cambridge		17:07
= James Trapmore	Shaftesbur		16:36	= Stephen Page	Kenilworth		17:07
208 S Wynne-Williams	LiverpoolH		16:37	274 Alistair Parkin	Charnwood		17:09
= Steven Penney	NorthDerby		16:37	275 Chris McHardy	Central Ac		17:10
210 Mark Turner	Halesowen		16:38	276 Steven Medd	Gateshead		17:12
= Hendrik Zietsman	Serpentine	A	16:38	= Martyn Brunt	Coventry G		17:12
= Ali Yahye	Thames Val		16:38	= Richard Gray	BRATS		17:12
= Andrew Miles	Vale Royal		16:38	= Simon Corker	Royal Sutt		17:12
= George Thompson	Vale Royal		16:38	280 Kevin McMillan	BRATS		17:13
215 David Rich	Sale Harri	B	16:39	= Kyle Conway	Sale Harri	B	17:13
216 Afan Humphreys	Swansea Ha		16:40	= David Lee	Datchet Da		17:13
= Richard Batchelor	Aldershot	A	16:40	283 Gareth Melvin	Border Har		17:14
218 Dean Hardman	Sale Harri	A	16:41	= Simon Wigzell	Datchet Da		17:14
= Zachary Howe	Blackburn		16:41	285 Jonathan Goringe	Birchfield		17:16
= David Boyce	Brighton&H		16:41	= Michael Kingsbury	Charnwood		17:16
221 James Parrott	Coventry G		16:42	287 Liam Fidler	NorthDerby		17:17
= Chris Grimley	BRATS		16:42	288 John Nugus	Serpentine	B	17:19
= George Ashdown	Owls Ac		16:42	= Richard Peel	Serpentine	B	17:19
224 Derek Crewe	Salford Ha	B	16:43	290 David Brooksbank	Barnsley A		17:20
= Elliot Cole	Leeds City	B	16:43	= Paul Davey	Royal Sutt		17:20
= Harvey Brown	Halesowen		16:43	= Sam Storey	Barrow & F		17:20
227 Gareth Klepacz	Southamptn		16:44	293 Liam Spencer	Keighley&C		17:21
228 David Old	Gateshead		16:45	= Mark Moore	Wolverhamp		17:21
= Kevin Connolly	Gateshead		16:45	= Matthew Driver	Harborough		17:21
230 Sean Cotter	Leeds City	B	16:46	296 Martin Farran	Leeds City	B	17:22
231 Deron Fagan	Herne Hill		16:47	= Rob Shaw	Keighley&C		17:22
232 Lewis Smart	Owls Ac		16:48	298 R Cadwallader	Halesowen		17:23
= Matthew Law	Charnwood		16:48	= Chris Tarren	Bournville		17:23
234 Mick Thomsen	Morpeth Ha		16:49	300 Jonathan Hiorns	Notts Ac	B	17:24
= Sam Crutchley	Halesowen		16:49	301 Mark Cherry	Harborough		17:25
= Philip Leybourne	Salford Ha	B	16:49	= David McNeil	BRATS		17:25
237 Timothy Orr	Border Har		16:50	303 Elliott Wylie	Rossendale		17:26
238 Ben Clarson	BRATS		16:51	304 Thomas Rudman	Rossendale		17:27
= Gordon Barrie	Bedford&D	B	16:51	305 Ross Braden	Blackheath		17:30
240 Mike Hager	Tipton Har	B	16:52	= Ian Stevens	Derby AC		17:30
= Steve Cooper	Blackheath		16:52	307 Christian Shaw	Barnsley A		17:31
= Chris Bagshaw	Telford Ac		16:52	= Aaron Keene	Tipton Har	B	17:31
= Paul Clarke	Heanor RC		16:52	309 A Castile	Salford Ha	B	17:32
244 Robert Hislop	Aldershot	B	16:53	= Robert Kelly	Knowsley H		17:32
= Daniel Thompson	Hillingdon		16:53	311 Shaun Barnsley	Tipton Har	B	17:33
= Sean Bowden	BromsRedd		16:53	= Jack Lonsdale	Blackburn		17:33
= Timothy Egerton	Trafford A		16:53	= Stuart Baird	Coventry G		17:33
= Basil Wallace	Herne Hill		16:53	314 Tony Weatherson	Heanor RC		17:34
249 Steve Leverton	NorthDerby		16:55	= Andrew Taylor	Serpentine	B	17:34
= Graham Millican	Border Har		16:55	316 Pascal Fard	Trafford A		17:35
251 Dean Matkin	Stockport		16:56	= Adrian Sell	Datchet Da		17:35
= Danny Brewer	Blackheath		16:56	= Paul Birkett	Salford Ha	B	17:35
253 Martin O'Connell	Serpentine	A	16:58	= Sam Garmson	Telford Ac		17:35
254 Joseph Coleshaw	Notts Ac	B	16:59	320 Benjamin Palmer	Hercules W		17:36
255 Ian Grindley	Wolverhamp		17:00	321 Steven Cunningham	Wolverhamp		17:37
= Javier DeEsteban	Cambridge		17:00	322 Daniel Teasel	NorthDerby		17:38
= Chris Taylor	Royal Sutt		17:00	= Ronan Breen	Shaftesbur		17:38
258 Tom White	Barnsley A		17:01	= Ben Jones	Cambridge		17:38
= Paul Tobin	Swansea Ha		17:01	325 Matthew Applegate	Cambridge		17:39
= Philip Glynn	Hercules W		17:01	= Guiseppe Rivelli	Datchet Da		17:39
261 Frederick Groves	LiverpoolH		17:02	= Peter Plant	Telford Ac		17:39
= Istvan Jacso	Cambridge		17:02	= John McKeon	Bournville		17:39
= Paul Rogers	Tipton Har	B	17:02	= Joe Everitt	Woodford G	B	17:39

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330 Bradlee Tod	Bournville		17:41	387 Stuart Heaton	Altrincham		18:30
331 David Liddall	Royal Sutt		17:42	388 Ian Keyte	BromsRedd		18:31
= Russell Osborn	Southamptn		17:42	389 Ian Pegler	Hercules W		18:32
= John Knibb	Derby AC		17:42	390 Stephen Thompson	Vale Royal		18:34
= Clive Dent	BromsRedd		17:42	391 Joseph Booth	Derby AC		18:36
= Chris Mallinson	Brighton&H		17:42	392 Nigel Brookes	Rotherham		18:38
336 Kyle Kilbey	Keighley&C		17:44	393 Dave Connor	Knowsley H		18:39
= Keith Littlewood	Barnsley A		17:44	394 Graham Harrison	Altrincham		18:41
= John Broom	Barnsley A		17:44	395 Tim Simpson	Heanor RC		18:43
= Wilbraham Rob	Woodford G	B	17:44	396 Darren Cottier	Vale Royal		18:46
340 Lewis Stones	Scunthorpe		17:46	397 Nick Hitchings	Worcester		18:47
341 Martin Shelley	Ealing S&M		17:48	= Andy Norman	Severn Ac		18:47
342 Steven Darby	Barnsley A		17:49	399 Stewart Bond	Hercules W		18:48
343 Daniel Vaughan	Wolverhamp		17:50	= Paul Barrett	Sale Harri	B	18:48
344 Alec Laing	Serpentine	B	17:52	401 Jamie Thomason	Wolverhamp		18:51
345 Nick Burke	Altrincham		17:53	402 Steve Lambert	Woodford G	B	18:52
346 Stephen Reid	Telford Ac		17:55	403 Steve Bennett	NorthDerby		18:55
= John Garmson	Telford Ac		17:55	404 Owen Cotterell	Knowsley H		18:56
= Stephane Schneider	Serpentine	B	17:55	405 Ian Smith	Severn Ac		18:57
= Andrew Fell	Rossendale		17:55	406 Scott Bamber	Vale Royal		18:59
= Simon Baptist	Thames Val		17:55	407 Terry Eastwood	Rotherham		19:03
351 Matthew Hopkins	LesCroupers		17:56	= Stephen Rimmer	Holmfirth		19:03
352 Jason Steel	Hillingdon		17:57	= Matthew Stenson	Royal Sutt		19:03
= Olivier Gaillemin	Sale Harri	B	17:57	410 Laurie Hart	Worcester		19:07
354 Andrew Freeman	BromsRedd		17:58	411 Peter Willacy	Barrow & F		19:11
= David Ramus	Kenilworth		17:58	412 Garry Cooper	Heanor RC		19:12
= David Jubb	Worcester		17:58	413 Michael Hemmings	Scunthorpe		19:13
= David Evans	Serpentine	B	17:58	414 Paul Gorman	Bournville		19:14
358 Luke Nicholas	Ealing S&M		17:59	415 Brandon Holroyd	Holmfirth		19:17
359 Llwyd Griffiths	Derby AC		18:00	416 Douglas Orr	Datchet Da		19:22
= Clive Hackforth	Royal Sutt		18:00	417 Tom Ward	Harborough		19:24
361 James Black	Bedford&D	B	18:01	418 Dean Burch	Hillingdon		19:25
362 Mark Cameron	Ealing S&M		18:02	= Neil Towers	Owls Ac		19:25
= Simon Findlay	Holmfirth		18:02	420 Robert Quantrell	Woodford G	B	19:28
= Andrew Hardaker	Keighley&C		18:02	421 Ian Sadler	Barrow & F		19:37
= Philip Jones	Datchet Da		18:02	422 Paul Mercer	Heanor RC		19:40
366 Jamie Dancyger	BromsRedd		18:04	423 Tony Grant	Hillingdon		19:50
367 Matthew Parkes	LesCroupers		18:06	424 Philip Anderson	BromsRedd		19:52
368 Pete Matthews	Kenilworth		18:07	425 Chris Snaith	Barrow & F		19:55
= Andrew Conway	Aldershot	A	18:07	426 Richard Taylor	Blackburn		20:02
370 Peter O'Neill	Sale Harri	B	18:09	= David Waldron	Worcester		20:02
371 Chris Harlan-Marks	Bournville		18:11	428 Philip Townsend	Leeds City	B	20:06
372 James Lloyd	Derby AC		18:12	429 Matthew Asbridge	Rotherham		20:07
= Marty Christian	Knowsley H		18:12	430 Tom Annable	Vale Royal		20:14
374 Steve Edmonds	Birchfield		18:13	431 P Cunningham	Knowsley H		20:17
375 Stefan Fields	Holmfirth		18:14	432 A Anzai-Jackson	Ealing S&M		20:21
376 Darren Washington	CityStoke		18:16	433 Craig Wheeler	Trafford A		20:26
= Duncan Wilson	Altrincham		18:16	434 Tim Kennedy	Sale Harri	B	20:29
= Carl Voisey	Owls Ac		18:16	435 David Nuttall	Rotherham		20:30
379 Thomas Lawrence	Derby AC		18:17	436 John Cookson	Blackburn		20:33
380 Ioan Ilie	Telford Ac		18:20	437 Mark Connor	Knowsley H		20:44
381 William Cranston	Scunthorpe		18:21	438 N Turner-Henke	Harborough		20:45
382 Warren Bell	Kenilworth		18:23	439 Richard Brown	Harborough		21:05
383 Thomas Sessford	Keighley&C		18:27	440 Stephen Wardle	Heanor RC		21:28
= Michael Hornsey	Scunthorpe		18:27	441 Martin Hughes	Harborough		21:47
385 Jonathan Powell	Woodford G	B	18:28	442 Blayne Pick	Notts Ac	B	22:14
386 Michael Geoghegan	NorthDerby		18:29				