

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	Nicholas Swinburn	Morpeth Ha A	19:55	51	Richard Wilson	Derby Athl B	23:06
2	Alex O'Gorman	Stockport A	19:57	52	David Old	Gateshead C	23:07
3	Tom Carson	BoltonUH A	20:01	53	Mark Swannell	BoltonUH B	23:07
4	Joseph Bailey	Salford Ha A	20:10	54	Carl Barber	Sale Harri D	23:09
5	Thomas Charles	Trafford A A	20:17	55	Stephen Doyle	Knowsley H	23:12
6	Jon Wills	Leeds City A	20:20	56	Mark Smith	Durham Cit	23:15
7	Andrew Challenger	(Hallamshir)	20:25	57	Karl Herod	East Chesh B	23:20
8	Michael Vennard	Vale Royal A	20:26	58	Chris Roberts	York Knave	23:22
9	James Bailey	Sale Harri A	20:29	59	Craig Shearer	Keighley & A	23:25
10	Karl Taylor	Morpeth Ha B	20:36	60	Mark Gardner	Lancaster A	23:27
11	Sam Tosh	Rossendale A	20:39	61	Kenny MacPherson	Tynebridge B	23:36
12	David Turnbull	Holmfirth A	20:41	62	James Porteous	Gateshead B	23:40
13	J Coleman	Preston Ha	20:51	63	Barry Graney	St Helens	23:55
14	Alex Pilcher	Derby Athl A	20:53	64	Niel Kelly	Penny Lane A	23:56
15	Joseph Vis	Southport A	20:57	65	Robert Bland	Lpool P&S B	23:58
16	Kevin Bell	Border Har A	21:13	66	Charles Foster	Salford Ha D	24:01
17	James Saxton	Wakefield	21:14	67	Andy Preston	Rossendale B	24:11
18	Damian Nicholls	Wilmslow R	21:16	68	Chris Halstead	Accrington B	24:12
19	Chris Middleton	Sale Harri B	21:17	69	David Williamson	Blackpool B	24:18
20	Matthew Clark	Swinton Ru	21:18	70	Peter Cruse	Lytham St A	24:23
21	Luke Ingham	Kendal Ama	21:18	71	Phil Waterworth	Wigan Phoe B	24:29
22	Jackson Creegan	Gateshead A	21:20	72	Trevor Rayner	Salford Ha E	24:37
23	S Hebblethwaite	Keswick Aa	21:23	73	Philip Hewitt	Holmfirth B	24:38
24	Michael O'Neill	Wigan Phoe A	21:24	74	Sion WynnWilliams	LiverpoolC	24:47
25	Brendan McMillan	Jarrow & H	21:30	75	Nick Burke	Altrincham B	24:48
26	Patrick Gardner	East Chesh A	21:33	76	Robert Brown	Keighley & B	24:54
27	Darren Middleton	Bamsley A	21:37	77	Harry Brook-Dobson	Harrogate	25:00
28	Michael Salter	Leeds City B	21:38	78	Alexander Urmston	Leigh Harr A	25:03
29	Luke Minns	Blackpool A	21:40	79	Gareth Woodcock	Trafford A C	25:10
30	Kevin Jeffress	Tynebridge A	21:48	80	Nigel Crilly	Holmfirth C	25:16
31	Kyle Craib	Rotherham	22:00	81	Aidan Raftery	Sale Harri E	25:23
32	Jeff Prest	Trafford A B	22:00	82	Steven Mannings	Penny Lane B	25:28
33	David Lockett	Salford Ha B	22:07	83	Bozhidar Kasabov	Wigan & Di B	25:31
34	Todd Oates	Barrow & F A	22:08	84	Ian Gregory	BoltonUH C	25:33
35	Robert Danson	Wesham Roa A	22:11	85	Martin Andrews	Wigan & Di C	25:36
36	Joseph Lancaster	City Of Sh	22:14	86	Andrew Johnson	BeverleyA	25:38
37	Chris Merchant	Rochdale H	22:19	87	Dave Parker	Barrow & F B	25:43
38	Ed Fazakerley	Manchester	22:20	88	Peter Waywell	Thornton C	25:44
39	Ryan Blackwell	Lpool P&S A	22:23	89	Alan Hudson	Wesham Roa B	26:10
40	Callum Rowlinson	Sale Harri C	22:27	90	Andrew Heys	Accrington A	26:11
41	James McNally	LiverpoolH A	22:28	91	Peter Willacy	Barrow & F C	26:21
42	Callum Grant	LiverpoolH B	22:30	92	Allan Hartley	Blackburn B	26:22
43	Robert Warner	Blackburn A	22:35	93	Phil Townsend	Leeds City C	26:39
44	Alan Woods	WirralAc	22:37	94	Bill Egan	Altrincham C	26:59
45	Tom Brewster	Clayton Le	22:51	95	Alex Hayes	Leigh Harr B	27:58
46	Gary Fitzpatrick	Wigan & Di A	22:52	96	Terry Hellings	Lytham St B	27:59
47	Ian Jackson	Salford Ha C	22:55	97	Peter Broome	Blackpool C	29:30
48	Joe Fowler	Sheffield	22:58	98	Sidney Sacks	Salford Ha F	31:08
49	Graham Millican	Border Har B	23:00	99	Christopher Moss	Wesham Roa C	31:12
50	Ryan Ganose	Altrincham A	23:05	100	Gareth Melvin	Border Har C	31:43

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Sean Connolly	Stockport A	20:12	40:09	+ 1	55	Mark Glynn	Wigan & Di A	24:24	47:16	- 9		
2	Carl Hardman	Salford Ha A	20:19	40:29	+ 2	56	Matthew Dickinson	East Chesh B	24:05	47:25	+ 1		
3	Alan Buckley	Leeds City A	20:16	40:36	+ 3	57	Philip Bolton	Rossendale B	23:18	47:29	+ 10		
4	Ryan Stephenson	Morpeth Ha A	20:55	40:50	- 3	58	Alan Pitman	Sale Harri D	24:24	47:33	- 4		
5	Ryan Worland	Sale Harri A	20:33	41:02	+ 4	59	Graeme Grindrod	Salford Ha D	23:40	47:41	+ 7		
6	Chris Perry	Vale Royal A	20:56	41:22	+ 2	60	Ian Costello	St Helens	24:02	47:57	+ 3		
7	Tom Bains	(Hallamshir)	21:00	41:25	0	61	Lee Midghall	LiverpoolC	23:16	48:03	+ 13		
8	Chris Livesey	Preston Ha	20:35	41:26	+ 5	62	Joe Greenwood	Lytham St A	23:43	48:06	+ 8		
9	Christopher Fell	Rossendale A	20:50	41:29	+ 2	63	Tommy Henders	Leigh Harr A	23:05	48:08	+ 15		
10	Michael Dawson	Morpeth Ha B	21:10	41:46	0	64	Adrian Fuller	Altrincham B	23:23	48:11	+ 11		
11	Alasdair Russell	Kendal Ama	20:32	41:50	+ 10	65	John Hurse	Tynebridge B	24:37	48:13	- 4		
12	James Douglas	Border Har A	20:42	41:55	+ 4	66	Simon Birtles	Penny Lane A	24:30	48:26	- 2		
13	Richard Smith	Holmfirth A	21:16	41:57	- 1	67	Blake Ellis	Trafford A C	23:32	48:42	+ 12		
14	James Bowness	Trafford A A	21:51	42:08	- 9	68	Peter Kearney	BoltonUH B	25:36	48:43	- 15		
15	Martin Roscoe	Leeds City B	21:17	42:55	+ 13	69	Jonathon Sykes	Holmfirth B	24:08	48:46	+ 4		
16	James Wignall	Sale Harri B	21:41	42:58	+ 3	70	James O'Connor	Salford Ha E	24:14	48:51	+ 2		
17	Phil Winskill	Keswick Aa	21:37	43:00	+ 6	71	Peter Braney	Leeds City C	22:23	49:02	+ 22		
18	Luke Adams	Gateshead A	21:44	43:04	+ 4	72	Declan O'Neill	Wigan & Di B	23:34	49:05	+ 11		
19	Ben Russell	LiverpoolH B	20:48	43:18	+ 23	73	Ashley Brook	Harrogate	24:38	49:38	+ 4		
20	David Norman	Altrincham A	20:14	43:19	+ 30	74	Alistair Langron	Holmfirth C	24:28	49:44	+ 6		
21	Rob Downs	Wilmslow R	22:12	43:28	- 3	75	Michael Bride	Lpool P&S B	26:05	50:03	- 10		
22	Callum Chambers	Derby Athl A	22:40	43:33	- 8	76	Christopher Wilson	Wigan Phoe B	25:41	50:10	- 5		
23	Stephen Makin	Wigan Phoe A	22:09	43:33	+ 1	77	Sam Storey	Barrow & F B	24:47	50:30	+ 10		
24	David Horniman	Trafford A B	21:36	43:36	+ 8	78	Graham Halsall	Penny Lane B	25:31	50:59	+ 4		
25	David Proctor	Rochdale H	21:19	43:38	+ 12	79	Simon Atkin	Accrington A	25:21	51:32	+ 11		
26	David Hamilton	Southport A	22:43	43:40	- 11	80	Andrew Brett	Keighley & B	27:04	51:58	- 4		
27	Karl Darcy	BoltonUH A	23:42	43:43	- 24	81	Philip Reese	BeverleyA	26:51	52:29	+ 5		
28	Robert Hughes	Salford Ha B	21:46	43:53	+ 5	82	Gary Mason	Barrow & F C	26:17	52:38	+ 9		
29	Joe Hudak	East Chesh A	22:22	43:55	- 3	83	Adam Jamson	Leigh Harr B	25:08	53:06	+ 12		
30	Daniel Jarvis	LiverpoolH A	21:32	44:00	+ 11	84	Russell Mabbett	Wesham Roa B	27:15	53:25	+ 5		
31	S Morley	Tynebridge A	22:21	44:09	- 1	85	Jerry Smith	Sale Harri E	28:27	53:50	- 4		
32	Phil Waite	Barrow & F A	22:07	44:15	+ 2	86	Peter Mills	Wigan & Di C	28:15	53:51	- 1		
33	Xavier Desse	WirralAc	21:39	44:16	+ 11	87	John Cookson	Blackburn B	27:35	53:57	+ 5		
34	Elliott Smales	Rotherham	22:18	44:18	- 3	88	Matt Billingham	Altrincham C	27:03	54:02	+ 6		
35	Simon Newton	Barnsley A	22:43	44:20	- 8	89	Ben Bresnan	Thornton C	29:10	54:54	- 1		
36	Ian Ritchie	Jarrow & H	22:53	44:23	- 11	90	Willie Richmond	Lytham St B	27:40	55:39	+ 6		
37	James Loftus	Lpool P&S A	22:02	44:25	+ 2	91	Chris Topping	BoltonUH C	30:38	56:11	- 7		
38	Liam Craine	Blackpool A	22:51	44:31	- 9	92	Nick Hume	Blackpool C	29:33	59:03	+ 5		
39	Daniel Franks	Wakefield	23:30	44:44	- 22	93	John Mason	Border Har C	27:34	59:17	+ 7		
40	Dean Hardman	Sale Harri C	22:19	44:46	0	94	Michael Edge	Wesham Roa C	28:53	1:00:05	+ 5		
41	Mark Whittington	Swinton Ru	23:46	45:04	- 21	95	Peter Hoyle	Accrington B	35:58	1:00:10	- 27		
42	Zachary Howe	Blackburn A	22:53	45:28	+ 1	96	Dave Heaton	Blackpool B	39:09	1:03:27	- 27		
43	Mark Clair	Knowsley H	22:19	45:31	+ 12	97	Robert Towell	Salford Ha F	33:35	1:04:43	+ 1		
44	Michael Grace	Salford Ha C	22:58	45:53	+ 3								
45	Kieran Rowlands	Lancaster A	22:36	46:03	+ 15								
46	Kevin Bartholomew	Sheffield	23:07	46:05	+ 2								
47	Christopher Loftus	Keighley & A	22:43	46:08	+ 12								
48	Kieran Flannery	Gateshead B	22:38	46:18	+ 14								
49	Tom Nicholson	Border Har B	23:34	46:34	0								
50	Garry Barnett	Wesham Roa A	24:31	46:42	- 15								
51	Robbie Loraine	Gateshead C	23:38	46:45	+ 1								
52	Simon Collins	York Knave	23:36	46:58	+ 6								
53	Lee Smith	Clayton Le	24:10	47:01	- 8								
54	Adam Fozzard	Derby Athl B	23:58	47:04	- 3								

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Anthony Ford	Sale Harri A	19:18	1:00:20	+ 4	54	Ian Stevens	Derby Athl B	23:57	1:11:01	0
2	James Walsh	Leeds City A	20:14	1:00:50	+ 1	55	Stewart Creasey	York Knave	24:33	1:11:31	- 3
3	Josh Tighe	Salford Ha A	21:11	1:01:40	- 1	56	Tim Pilkington	Wigan & Di A	24:26	1:11:42	- 1
4	Andrew Nixon	Stockport A	21:35	1:01:44	- 3	57	Andrew Fell	Rossendale B	24:26	1:11:55	0
5	Matthew Nicholson	Morpeth Ha A	20:58	1:01:48	- 1	58	John Young	Harrogate	22:19	1:11:57	+ 15
6	Nathan Shrubbs	Morpeth Ha B	21:03	1:02:49	+ 4	59	David Smith	Leigh Harr A	23:53	1:12:01	+ 4
7	Ben Beattie	(Hallamshir)	21:31	1:02:56	0	60	Gavin Brown	East Chesh B	24:56	1:12:21	- 4
8	Robert Webb	Rossendale A	21:46	1:03:15	+ 1	61	Steven Eastwood	Holmfirth B	24:04	1:12:50	+ 8
9	David Watson	Holmfirth A	21:29	1:03:26	+ 4	62	Terry O'Leary	Clayton Le	25:55	1:12:56	- 9
10	Joshua Bull	Derby Athl A	19:54	1:03:27	+ 12	63	Peter Morgan	Salford Ha D	25:26	1:13:07	- 4
11	Jamie Roden	Sale Harri B	20:40	1:03:38	+ 5	64	Ian Hayburn	St Helens	25:11	1:13:08	- 4
12	Matthew Shirling	LiverpoolH A	19:55	1:03:55	+ 18	65	Elliott Hails	Tynebridge B	25:00	1:13:13	0
13	Steve Lisgo	Leeds City B	21:09	1:04:04	+ 2	66	Thomas Howarth	Lytham St A	25:18	1:13:24	- 4
14	George Thompson	Border Har A	22:13	1:04:08	- 2	67	Adam Sixsmith	Trafford A C	24:52	1:13:34	0
15	Sandy Kelly	Preston Ha	22:56	1:04:22	- 7	68	Jon Benson	Barrow & F B	23:07	1:13:37	+ 9
16	Robert Sloane	Trafford A A	22:19	1:04:27	- 2	69	Graham Chesters	Salford Ha E	24:47	1:13:38	+ 1
17	Phil Edge	Gateshead A	21:48	1:04:52	+ 1	70	Daryl Bentley	BoltonUH B	25:13	1:13:56	- 2
18	Joe Steward	East Chesh A	21:03	1:04:58	+ 11	71	Paul Barrett	Sale Harri D	26:28	1:14:01	- 13
19	Steven Caldwell	Vale Royal A	23:41	1:05:03	- 13	72	M Manir-Jolley	Wigan Phoe B	24:18	1:14:28	+ 4
20	Nzimah Akpan	LiverpoolH B	22:17	1:05:35	- 1	73	Neil Prescott	Wigan & Di B	25:32	1:14:37	- 1
21	Matthew Thompson	Southport A	21:57	1:05:37	+ 5	74	John Spooner	Lancaster A	28:49	1:14:52	- 29
22	Aidan Johnson	Rotherham	21:32	1:05:50	+ 12	75	Bernard Murphy	Lpool P&S B	25:04	1:15:07	0
23	Eric Crowther	Salford Ha B	21:58	1:05:51	+ 5	76	R Hinchliffesmith	Holmfirth C	25:48	1:15:32	- 2
24	David Thompson	Barnsley A	22:08	1:06:28	+ 11	77	Syd Omar	Penny Lane B	24:54	1:15:53	+ 1
25	Matthew Kelly	Altrincham A	23:10	1:06:29	- 5	78	Scott Bairstow	Keighley & B	25:55	1:17:53	+ 2
26	Shaun Brown	Tynebridge A	22:23	1:06:32	+ 5	79	Daniel Boulton	Sale Harri E	25:20	1:19:10	+ 6
27	Malcolm Eadie	Blackpool A	22:03	1:06:34	+ 11	80	Ian Sadler	Barrow & F C	27:19	1:19:57	+ 2
28	Jim Pendrill	Wilmslow R	23:15	1:06:43	- 7	81	Andrew Tate	BeverleyA	27:57	1:20:26	0
29	Ian Roberts	Rochdale H	23:17	1:06:55	- 4	82	Duncan McCarrick	Leigh Harr B	27:23	1:20:29	+ 1
30	Steven Greenwood	Jarrow & H	22:34	1:06:57	+ 6	83	Martin Boswell	Thornton C	26:14	1:21:08	+ 6
31	Ian Davies	Keswick Aa	23:59	1:06:59	- 14	84	Gary DeBanke	Wesham Roa B	27:46	1:21:11	0
32	Dominic Coyle	Trafford A B	23:26	1:07:02	- 8	85	Mick Bowkley	Accrington A	29:40	1:21:12	- 6
33	Warren Turner	Lpool P&S A	22:47	1:07:12	+ 4	86	Graham Millington	Wigan & Di C	28:20	1:22:11	0
34	Graeme Atkinson	Kendal Ama	25:23	1:07:13	- 23	87	David Anderson	Altrincham C	28:32	1:22:34	+ 1
35	Nathan Elliott	Wakefield	22:41	1:07:25	+ 4	88	Paul Wilkinson	Blackburn B	28:42	1:22:39	- 1
36	Will Beauchamp	Sheffield	21:22	1:07:27	+ 10	89	Stewart Brierley	BoltonUH C	27:01	1:23:12	+ 2
37	Tom Michaelson	Knowsley H	21:58	1:07:29	+ 6	90	N Baynton-Roberts	Lytham St B	27:55	1:23:34	0
38	Chris Donnelly	Sale Harri C	22:54	1:07:40	+ 2	91	John Earl	Border Har C	25:59	1:25:16	+ 2
39	Phillip Darbyshire	Wigan Phoe A	24:12	1:07:45	- 16	92	Simon Young	Wesham Roa C	31:24	1:31:29	+ 2
40	Simon Dally	BoltonUH A	24:05	1:07:48	- 13	93	Alan Wilkinson	Blackpool C	33:02	1:32:05	- 1
41	Andrew Buttery	Blackburn A	22:30	1:07:58	+ 1	94	Terence Westhead	Blackpool B	28:47	1:32:14	+ 2
42	Barry Maskell	Gateshead C	21:26	1:08:11	+ 9	95	Ian Tomlinson	Accrington B	32:52	1:33:02	0
43	Will Rigg	Barrow & F A	24:12	1:08:27	- 11	96	Tommy Daniels	Salford Ha F	31:01	1:35:44	+ 1
44	Greg Chambers	Gateshead B	22:20	1:08:38	+ 4						
45	Jon Seymour	WirralAc	24:26	1:08:42	- 12						
46	Daniel Bird	Swinton Ru	24:07	1:09:11	- 5						
47	Roger Alsop	Salford Ha C	23:20	1:09:13	- 3						
48	Adrian Thomas	Keighley & A	23:27	1:09:35	- 1						
49	Martin Swensson	Penny Lane A	21:38	1:10:04	+ 17						
50	Steve Angus	Border Har B	23:41	1:10:15	- 1						
51	Lee Barlow	Wesham Roa A	23:53	1:10:35	- 1						
52	Leon Foster	Leeds City C	21:45	1:10:47	+ 19						
53	C Banno-Thornton	Altrincham B	22:42	1:10:53	+ 11						

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Simon Horsfield	Sale Harri A	20:23	1:20:43	0	54	Paul Watson	Altrincham B	25:00	1:35:53	- 1
2	Simon Deakin	Leeds City A	20:01	1:20:51	0	55	Paul Rutherford	Swinton Ru	27:27	1:36:38	- 9
3	Peter Newton	Morpeth Ha A	19:36	1:21:24	+ 2	56	Chris Burgess	Wigan & Di A	25:08	1:36:50	0
4	Gary Priestley	Salford Ha A	20:53	1:22:33	- 1	57	Simon Findlay	Holmfirth B	24:13	1:37:03	+ 4
5	Ian Harding	Morpeth Ha B	20:35	1:23:24	+ 1	58	Christopher Graham	Tynebridge B	24:21	1:37:34	+ 7
6	Jack Nixon	Stockport A	21:46	1:23:30	- 2	59	A Castile	Salford Ha D	24:30	1:37:37	+ 4
7	Luke Gunn	Derby Athl A	20:29	1:23:56	+ 3	60	Myles Holdsworth	Leeds City C	27:30	1:38:17	- 8
8	Paul Green	Sale Harri B	20:50	1:24:28	+ 3	61	Somin Stanway	Barrow & F B	24:47	1:38:24	+ 7
9	John McCole	LiverpoolH A	20:40	1:24:35	+ 3	62	Jason Bowers	Sale Harri D	24:26	1:38:27	+ 9
10	Nick Hooker	Leeds City B	20:53	1:24:57	+ 3	63	Neil Pendlebury	Leigh Harr A	26:29	1:38:30	- 4
11	James Buis	Border Har A	21:15	1:25:23	+ 3	64	Steve Duxbury	Rossendale B	26:41	1:38:36	- 7
12	Richard Anderson	Holmfirth A	22:21	1:25:47	- 3	65	Ross Thompson	East Chesh B	26:20	1:38:41	- 5
13	Philip Cooper	(Hallamshir)	23:03	1:25:59	- 6	66	Phil Marsden	BoltonUH B	24:47	1:38:43	+ 4
14	Dominic Walton	Rossendale A	22:51	1:26:06	- 6	67	Philip Lowery	Lancaster A	23:52	1:38:44	+ 7
15	Conrad Franks	Gateshead A	21:18	1:26:10	+ 2	68	Phillip Quibell	Salford Ha E	25:41	1:39:19	+ 1
16	Daniel Bebbington	Preston Ha	22:26	1:26:48	- 1	69	Simon Anim-Somuah	St Helens	27:03	1:40:11	- 5
17	Michael Hunt	Trafford A A	22:34	1:27:01	- 1	70	Mark Melbourne	Wigan Phoe B	26:20	1:40:48	+ 2
18	Richard Harris	Rotherham	21:33	1:27:23	+ 4	71	Christopher Beadle	Holmfirth C	25:48	1:41:20	+ 5
19	Alan Ashton	LiverpoolH B	22:15	1:27:50	+ 1	72	David Jacks	Lytham St A	28:08	1:41:32	- 6
20	George Thompson	Vale Royal A	22:51	1:27:54	- 1	73	David Hogan	Clayton Le	28:40	1:41:36	- 11
21	Matt Holt	East Chesh A	23:05	1:28:03	- 3	74	Dean Connoly	Penny Lane B	26:03	1:41:56	+ 3
22	Ben Johnson	Southport A	22:38	1:28:15	- 1	75	David Reece	Lpool P&S B	26:55	1:42:02	0
23	Philip Leybourne	Salford Ha B	22:49	1:28:40	0	76	Barry Abram	Wigan & Di B	27:27	1:42:04	- 3
24	Darryl Davison	Tynebridge A	22:37	1:29:09	+ 2	77	Bob Grant	Barrow & F C	24:57	1:44:54	+ 3
25	Mukhtar Mohammed	Sheffield	22:00	1:29:27	+ 11	78	Nigel Bedell	Keighley & B	27:17	1:45:10	0
26	Peter Abraham	Altrincham A	23:10	1:29:39	- 1	79	Stuart Little	Beverley A	25:47	1:46:13	+ 2
27	Andrew Whittingham	Wilmslow R	23:23	1:30:06	+ 1	80	Duncan Wilson	Altrincham C	24:54	1:47:28	+ 7
28	Keith Littlewood	Barnsley A	23:50	1:30:18	- 4	81	Terry Lonergan	Sale Harri E	28:40	1:47:50	- 2
29	Sean Kirkbride	Lpool P&S A	23:14	1:30:26	+ 4	82	Martin Jones	Leigh Harr B	27:40	1:48:09	0
30	Adam Weightman	Blackpool A	23:57	1:30:31	- 3	83	David Waddington	Wigan & Di C	26:06	1:48:17	+ 3
31	Daniel Ansell	Trafford A B	23:31	1:30:33	+ 1	84	Nicolas Howarth	BoltonUH C	27:05	1:50:17	+ 5
32	Robert Kelly	Knowsley H	23:10	1:30:39	+ 5	85	Alan Taylor	Wesham Roa B	29:11	1:50:22	- 1
33	Tristan Peel	Jarrow & H	23:57	1:30:54	- 3	86	Kevin Hull	Border Har C	26:51	1:52:07	+ 5
34	Martin Slater	Gateshead C	22:46	1:30:57	+ 8	87	Colin Laidlaw	Lytham St B	29:09	1:52:43	+ 3
35	Andrew Ward	Wigan Phoe A	23:18	1:31:03	+ 4	88	George Woodburn	Blackburn B	30:17	1:52:56	0
36	Christopher Davies	Blackburn A	23:07	1:31:05	+ 5	89	Michael Hartley	Accrington A	31:55	1:53:07	- 4
37	Stephen Potter	Kendal Ama	23:58	1:31:11	- 3	90	Mark Neath	Thornton C	35:11	1:56:19	- 7
38	Kevin Connolly	Gateshead B	22:33	1:31:11	+ 6	91	Peter Bartlett	Wesham Roa C	30:36	2:02:05	+ 1
39	Michael Davies	Rochdale H	24:23	1:31:18	- 10	92	Jeffery Wright	Blackpool C	30:45	2:02:50	+ 1
40	Neil Dutton	Wakefield	24:17	1:31:42	- 5	93	Tom Battrick	Accrington B	29:50	2:02:52	+ 2
41	Shaun O'Dwyer	BoltonUH A	23:57	1:31:45	- 1	94	Robert Newman	Blackpool B	32:35	2:04:49	0
42	Ross Campbell	Barrow & F A	23:22	1:31:49	+ 1	95	Thomas Temple	Salford Ha F	29:13	2:04:57	+ 1
43	Robert Tudor	Salford Ha C	22:41	1:31:54	+ 4						
44	Kyle Conway	Sale Harri C	24:32	1:32:12	- 6						
45	John Nicoll	Keswick Aa	25:26	1:32:25	- 14						
46	Keiron Morgan	WirralAc	24:30	1:33:12	- 1						
47	Timothy Orr	Border Har B	23:14	1:33:29	+ 3						
48	John Connolly	Penny Lane A	23:27	1:33:31	+ 1						
49	Mark Knowles	Keighley & A	24:13	1:33:48	- 1						
50	Terah Hooley	Derby Athl B	23:08	1:34:09	+ 4						
51	Steve Myerscough	Wesham Roa A	24:57	1:35:32	0						
52	Jamie Dillasser	Harrogate	23:39	1:35:36	+ 6						
53	Neil Stabbs	York Knave	24:06	1:35:37	+ 2						

Northern Athletics Road Relays at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Charlie Hulson	Sale Harri A	20:16	1:40:59	0	55	StevenDoxey	Swinton Ru	24:33	2:01:11	0
2	Luke Cragg	Leeds City A	20:10	1:41:01	0	56	Jason Barlow	Wesham Roa A	25:46	2:01:18	- 5
3	Lewis Timmins	Morpeth Ha A	21:16	1:42:40	0	57	Paul Hilton	Tynebridge B	23:57	2:01:31	+ 1
4	Stuart Robinson	Salford Ha A	20:23	1:42:56	0	58	Joseph Booth	Derby Athl B	27:31	2:01:40	- 8
5	Graeme Taylor	Morpeth Ha B	20:55	1:44:19	0	59	John Ewart	Holmfirth B	25:06	2:02:09	- 2
6	J Scott-Buccleuch	Stockport A	21:37	1:45:07	0	60	Gary Matthews	East Chesh B	23:32	2:02:13	+ 5
7	Gareth Raven	Sale Harri B	20:45	1:45:13	+ 1	61	Graham Harrison	Altrincham B	26:30	2:02:23	- 7
8	Dominic Chambers	Derby Athl A	22:12	1:46:08	- 1	62	Andrew Cafferky	BoltonUH B	23:43	2:02:26	+ 4
9	Daniel Mooney	LiverpoolH A	21:46	1:46:21	0	63	Elton Davies	Sale Harri D	24:27	2:02:54	- 1
10	Thomas Edwards	Leeds City B	21:42	1:46:39	0	64	Mark Seed	Salford Ha D	25:39	2:03:16	- 5
11	Peter Brookes	Holmfirth A	21:43	1:47:30	+ 1	65	Kames Jordan	Barrow & F B	25:06	2:03:30	- 4
12	Matthew Grieve	Border Har A	22:19	1:47:42	- 1	66	Darren Smith	Leigh Harr A	25:35	2:04:05	- 3
13	Luke Clark	Gateshead A	22:33	1:48:43	+ 2	67	Dale Daniels	Salford Ha E	27:08	2:06:27	+ 1
14	Peter Hodges	(Hallamshir)	22:55	1:48:54	- 1	68	Paul Seddon	Wigan Phoe B	26:08	2:06:56	+ 2
15	Daniel Walsh	Rossendale A	23:07	1:49:13	- 1	69	Mike Harris	Wigan & Di B	25:09	2:07:13	+ 7
16	Ian Salisbury	Trafford A A	22:14	1:49:15	+ 1	70	Andrew Spencer	Rossendale B	29:00	2:07:36	- 6
17	Luke Cotter	Rotherham	22:18	1:49:41	+ 1	71	Andrew O'Connor	St Helens	27:33	2:07:44	- 2
18	Glyn Billington	Salford Ha B	22:07	1:50:47	+ 5	72	Richard Briscoe	Clayton Le	26:09	2:07:45	+ 1
19	Carl Mountain	LiverpoolH B	23:15	1:51:05	0	73	Roy Upton	Lytham St A	26:15	2:07:47	- 1
20	Christopher Scott	Preston Ha	24:33	1:51:21	- 4	74	Mitchel Hawkins	Penny Lane B	25:58	2:07:54	0
21	Patrick Stradling	Vale Royal A	23:47	1:51:41	- 1	75	Daniel Gilbody	Lpool P&S B	25:53	2:07:55	0
22	Steve Wilkinson	Southport A	23:36	1:51:51	0	76	Robert Robinson	Holmfirth C	27:42	2:09:02	- 5
23	Jack Neeson	Tynebridge A	22:44	1:51:53	+ 1	77	Liam Spencer	Keighley & B	24:44	2:09:54	+ 1
24	Liam Brown	East Chesh A	23:51	1:51:54	- 3	78	Patrick Bonner	Altrincham C	26:15	2:13:43	+ 2
25	Gareth Turner	Trafford A B	21:44	1:52:17	+ 6	79	Steve Murray	Barrow & F C	28:54	2:13:48	- 2
26	Michael Berks	Altrincham A	23:07	1:52:46	0	80	Colin McEvoy	Wigan & Di C	26:03	2:14:20	+ 3
27	Stephen Waterhouse	Blackpool A	22:32	1:53:03	+ 3	81	Daniel Ibbotson	Border Har C	24:53	2:17:00	+ 5
28	Sam Brand	Gateshead B	22:22	1:53:33	+ 10	82	Nigel Shepherd	Wesham Roa B	27:19	2:17:41	+ 3
29	Graham MacNeil	Wilmslow R	23:33	1:53:39	- 2	83	Ian Meeds	BoltonUH C	27:46	2:18:03	+ 1
30	John Broom	Bamsley A	23:45	1:54:03	- 2	84	Alex Fleming	Thornton C	27:40	2:23:59	+ 6
31	Tim Fletcher	Sheffield	24:39	1:54:06	- 6	85	Keith Robinson	Accrington A	30:57	2:24:04	+ 4
32	Kyle Nicholls	Lpool P&S A	23:41	1:54:07	- 3	86	Christopher Fay	Blackburn B	34:03	2:26:59	+ 2
33	David Marsh	Sale Harri C	22:09	1:54:21	+ 11	87	Chris Walton	Accrington B	24:54	2:27:46	+ 6
34	Johnathan Kay	BoltonUH A	22:42	1:54:27	+ 7	88	James Whitworth	Lytham St B	38:24	2:31:07	- 1
35	Pat Miller	Barrow & F A	22:41	1:54:30	+ 7	89	David Twizell	Blackpool C	29:14	2:32:04	+ 3
36	Neil Cosgrove	Knowsley H	23:57	1:54:36	- 4	90	Roland Bowness	Salford Ha F	29:54	2:34:51	+ 5
37	Thomas Coney	Wakefield	23:37	1:55:19	+ 3	91	Dave Waywell	Wesham Roa C	34:50	2:36:55	0
38	Jonny Evans	Jarrow & H	24:26	1:55:20	- 5	92	Norman Greenwood	Blackpool B	40:08	2:44:57	+ 2
39	Eric Williams	Salford Ha C	23:29	1:55:23	+ 4						
40	Mark Almond	Blackburn A	24:22	1:55:27	- 4						
41	Daniel Gregson	Wigan Phoe A	24:27	1:55:30	- 6						
42	Tom Hartley	Kendal Ama	24:57	1:56:08	- 5						
43	Peter George	Keswick Aa	24:11	1:56:36	+ 2						
44	Sam Wadsworth	Keighley & A	23:11	1:56:59	+ 5						
45	Paul Tate	Gateshead C	26:03	1:57:00	- 11						
46	Jamie Ward	Rochdale H	25:48	1:57:06	- 7						
47	William Nicholson	Border Har B	23:40	1:57:09	0						
48	Andrew Grant	Harrogate	22:14	1:57:50	+ 4						
49	Nigel Grant	Penny Lane A	24:47	1:58:18	- 1						
50	Ronan Kearney	WirralAc	25:21	1:58:33	- 4						
51	Steven Worthington	Lancaster A	21:44	2:00:28	+ 16						
52	Fergus Meade	Leeds City C	22:12	2:00:29	+ 8						
53	Mark Rogers	Wigan & Di A	23:57	2:00:47	+ 3						
54	Rory Henderson	York Knave	25:14	2:00:51	- 1						

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

- Senior 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Carl Smith	Leeds City A	20:27	2:01:28	+ 1	53	Andrew Parker	BoltonUH B	23:01	2:25:27	+ 9
2	Gavin Hill	Sale Harri A	21:18	2:02:17	- 1	54	Alex Rowe	Wesham Roa A	24:22	2:25:40	+ 2
3	Ian Hudspith	Morpeth Ha A	19:51	2:02:31	0	55	Steven Townley	Sale Harri D	23:07	2:26:01	+ 8
4	Tom Cornthwaite	Salford Ha A	20:43	2:03:39	0	56	Steven Renny	Altrincham B	24:15	2:26:38	+ 5
5	Jack Morris	Stockport A	20:33	2:05:40	+ 1	57	Steve Pennington	Salford Ha D	23:33	2:26:49	+ 7
6	Richard Weir	Derby Athl A	19:43	2:05:51	+ 2	58	Stefan Durkin	York Knave	26:30	2:27:21	- 4
7	Ryan Moore	Sale Harri B	21:32	2:06:45	0	59	Ray Jones	Barrow & F B	24:02	2:27:32	+ 6
8	Jordan Scott	Morpeth Ha B	22:40	2:06:59	- 3	60	Brandon Holroyd	Holmfirth B	25:58	2:28:07	- 1
9	John Ashcroft	LiverpoolH A	20:47	2:07:08	0	61	John Indricks	Leigh Harr A	25:25	2:29:30	+ 5
10	Alexander Davy	Leeds City B	22:15	2:08:54	0	62	Michael Leck	Lancaster A	30:02	2:30:30	- 11
11	Craig Fishwick	(Hallamshir)	21:04	2:09:58	+ 3	63	John Pickup	Swinton Ru	31:05	2:32:16	- 8
12	Harry Earl	Border Har A	22:33	2:10:15	0	64	David Collins	Wigan & Di B	25:29	2:32:42	+ 5
13	Julian Rose	Holmfirth A	23:02	2:10:32	- 2	65	Niel Bullock	Penny Lane B	25:24	2:33:18	+ 9
14	D Chesser	Gateshead A	22:04	2:10:47	- 1	66	Graham Webster	Lytham St A	25:46	2:33:33	+ 7
15	Joseph Johnston	Rossendale A	21:46	2:10:59	0	67	Stanley Curran	Salford Ha E	27:08	2:33:35	0
16	Chris Adams	Rotherham	22:02	2:11:43	+ 1	68	Robert Savage	Rossendale B	26:34	2:34:10	+ 2
17	Ben Everson	Trafford A A	23:21	2:12:36	- 1	69	Robbie Wood	Lpool P&S B	26:24	2:34:19	+ 6
18	Ashley Chambers	LiverpoolH B	21:57	2:13:02	+ 1	70	Ian Roberts	St Helens	27:21	2:35:05	+ 1
19	David Rigby	Preston Ha	21:43	2:13:04	+ 1	71	Adam Shaw	Clayton Le	27:37	2:35:22	+ 1
20	Patrick Vis	Southport A	21:26	2:13:17	+ 2	72	David Walters	Wigan Phoe B	29:13	2:36:09	- 4
21	Billy McCartney	Salford Ha B	22:39	2:13:26	- 3	73	Charles Marshall	Keighley & B	27:05	2:36:59	+ 4
22	Stuart Doyle	Vale Royal A	21:56	2:13:37	- 1	74	Mark Owen	Holmfirth C	31:58	2:41:00	+ 2
23	Keith Smith	Tynebridge A	23:00	2:14:53	0	75	Stu Windsor	Border Har C	24:47	2:41:47	+ 6
24	Paulo Backhouse	East Chesh A	23:23	2:15:17	0	76	Toby Percival	Altrincham C	28:23	2:42:06	+ 2
25	Andrew Whittingham	Altrincham A	22:42	2:15:28	+ 1	77	Mike Cooper	Barrow & F C	28:59	2:42:47	+ 2
26	James Mulvaney	Blackpool A	22:28	2:15:31	+ 1	78	John Bertenshaw	Wesham Roa B	27:12	2:44:53	+ 4
27	Dominic Scott	Trafford A B	23:21	2:15:38	- 2	79	Paul Turner	BoltonUH C	27:48	2:45:51	+ 4
28	Anthony Valentine	BoltonUH A	21:15	2:15:42	+ 6	80	Michael Dutton	Wigan & Di C	32:59	2:47:19	0
29	Andy Burn	Jarrow & H	20:57	2:16:17	+ 9	81	Andrew Fairbairn	Thornton C	24:57	2:48:56	+ 3
30	Bob Atkinson	Barrow & F A	22:22	2:16:52	+ 5	82	Richard Taylor	Blackburn B	28:25	2:55:24	+ 4
31	John Doherty	Sheffield	23:02	2:17:08	0	83	James Osborne	Accrington B	28:53	2:56:39	+ 4
32	John Gibson	Gateshead B	24:03	2:17:36	- 4	84	Stewart Keighley	Accrington A	34:43	2:58:47	+ 1
33	Gavin Felten	Barnsley A	23:35	2:17:38	- 3	85	Richard Storey	Lytham St B	30:21	3:01:28	+ 3
34	Christopher Ward	Wakefield	22:21	2:17:40	+ 3	86	Gary Pendlebury	Salford Ha F	27:44	3:02:35	+ 4
35	Jack Atkins	Knowsley H	23:35	2:18:11	+ 1	87	Reg Smallbone	Blackpool C	33:15	3:05:19	+ 2
36	David Rich	Sale Harri C	23:53	2:18:14	- 3	88	Duncan Carter	Wesham Roa C	29:40	3:06:35	+ 3
37	Jeremy Bygrave	Wilmslow R	24:37	2:18:16	- 8	89	Ian Dawson	Blackpool B	31:41	3:16:38	+ 3
38	John Morrissey	Wigan Phoe A	22:48	2:18:18	+ 3						
39	Chris Barnes	Blackburn A	23:23	2:18:50	+ 1						
40	Will Smith	Keighley & A	21:53	2:18:52	+ 4						
41	Paul Birkett	Salford Ha C	23:32	2:18:55	- 2						
42	Robert Parkinson	Lpool P&S A	25:06	2:19:13	- 10						
43	Matthew Wilson	Kendal Ama	23:40	2:19:48	- 1						
44	Chris Miller	Harrogate	22:20	2:20:10	+ 4						
45	Derek Simpson	Rochdale H	23:12	2:20:18	+ 1						
46	Tom Harrison	Border Har B	23:20	2:20:29	+ 1						
47	Steven Medd	Gateshead C	24:41	2:21:41	- 2						
48	Mark Hulmston	WirralAc	23:13	2:21:46	+ 2						
49	Dale Higham	Penny Lane A	24:50	2:23:08	0						
50	James Lavin	Leeds City C	23:42	2:24:11	+ 2						
51	C Smullen	Wigan & Di A	24:07	2:24:54	+ 2						
52	Kevin Jowett	East Chesh B	23:05	2:25:18	+ 8						

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

Senior 6 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Leeds City Athletic Club 'A' 2:01:28</p> <p>1 Jon Wills (6) 20:20 2 Alan Buckley (3) 20:16 3 James Walsh (2) 20:14 4 Simon Deakin (2) 20:01 5 Luke Cragg (2) 20:10 6 Carl Smith (1) 20:27</p>	<p>14 Rossendale Harriers & AC 'A' 2:10:59</p> <p>1 Sam Tosh (11) 20:39 2 Christopher Fell (9) 20:50 3 Robert Webb (8) 21:46 4 Dominic Walton (14) 22:51 5 Daniel Walsh (15) 23:07 6 Joseph Johnston (15) 21:46</p>
<p>2 Sale Harriers Manchester 'A' 2:02:17</p> <p>1 James Bailey (9) 20:29 2 Ryan Worland (5) 20:33 3 Anthony Ford (1) 19:18 4 Simon Horsfield (1) 20:23 5 Charlie Hulson (1) 20:16 6 Gavin Hill (2) 21:18</p>	<p>15 Rotherham Harriers & AC 2:11:43</p> <p>1 Kyle Craib (31) 22:00 2 Elliott Smales (34) 22:18 3 Aidan Johnson (22) 21:32 4 Richard Harris (18) 21:33 5 Luke Cotter (17) 22:18 6 Chris Adams (16) 22:02</p>
<p>3 Morpeth Harriers & AC 'A' 2:02:31</p> <p>1 Nicholas Swinburn (1) 19:55 2 Ryan Stephenson (4) 20:55 3 Matthew Nicholson (5) 20:58 4 Peter Newton (3) 19:36 5 Lewis Timmins (3) 21:16 6 Ian Hudspith (3) 19:51</p>	<p>16 Trafford Athletic Club 'A' 2:12:36</p> <p>1 Thomas Charles (5) 20:17 2 James Bowness (14) 21:51 3 Robert Sloane (16) 22:19 4 Michael Hunt (17) 22:34 5 Ian Salisbury (16) 22:14 6 Ben Everson (17) 23:21</p>
<p>4 Salford Harriers & AC 'A' 2:03:39</p> <p>1 Joseph Bailey (4) 20:10 2 Carl Hardman (2) 20:19 3 Josh Tighe (3) 21:11 4 Gary Priestley (4) 20:53 5 Stuart Robinson (4) 20:23 6 Tom Cornthwaite (4) 20:43</p>	<p>17 Liverpool Harriers & AC 'B' 2:13:02</p> <p>1 Callum Grant (42) 22:30 2 Ben Russell (19) 20:48 3 Nzimah Akpan (20) 22:17 4 Alan Ashton (19) 22:15 5 Carl Mountain (19) 23:15 6 Ashley Chambers (18) 21:57</p>
<p>5 Stockport Harriers & AC 'A' 2:05:40</p> <p>1 Alex O'Gorman (2) 19:57 2 Sean Connolly (1) 20:12 3 Andrew Nixon (4) 21:35 4 Jack Nixon (6) 21:46 5 J Scott-Buckleuch (6) 21:37 6 Jack Morris (5) 20:33</p>	<p>18 Preston Harriers 2:13:04</p> <p>1 J Coleman (13) 20:51 2 Chris Livesey (8) 20:35 3 Sandy Kelly (15) 22:56 4 Daniel Bebbington (16) 22:26 5 Christopher Scott (20) 24:33 6 David Rigby (19) 21:43</p>
<p>6 Derby Athletic Club 'A' 2:05:51</p> <p>1 Alex Pilcher (14) 20:53 2 Callum Chambers (22) 22:40 3 Joshua Bull (10) 19:54 4 Luke Gunn (7) 20:29 5 Dominic Chambers (8) 22:12 6 Richard Weir (6) 19:43</p>	<p>19 Southport Waterloo AC 'A' 2:13:17</p> <p>1 Joseph Vis (15) 20:57 2 David Hamilton (26) 22:43 3 Matthew Thompson (21) 21:57 4 Ben Johnson (22) 22:38 5 Steve Wilkinson (22) 23:36 6 Patrick Vis (20) 21:26</p>
<p>7 Sale Harriers Manchester 'B' 2:06:45</p> <p>1 Chris Middleton (19) 21:17 2 James Wignall (16) 21:41 3 Jamie Roden (11) 20:40 4 Paul Green (8) 20:50 5 Gareth Raven (7) 20:45 6 Ryan Moore (7) 21:32</p>	<p>20 Salford Harriers & AC 'B' 2:13:26</p> <p>1 David Lockett (33) 22:07 2 Robert Hughes (28) 21:46 3 Eric Crowther (23) 21:58 4 Philip Leybourne (23) 22:49 5 Glyn Billington (18) 22:07 6 Billy McCartney (21) 22:39</p>
<p>8 Morpeth Harriers & AC 'B' 2:06:59</p> <p>1 Karl Taylor (10) 20:36 2 Michael Dawson (10) 21:10 3 Nathan Shrubbs (6) 21:03 4 Ian Harding (5) 20:35 5 Graeme Taylor (5) 20:55 6 Jordan Scott (8) 22:40</p>	<p>21 Vale Royal AC 'A' 2:13:37</p> <p>1 Michael Vennard (8) 20:26 2 Chris Perry (6) 20:56 3 Steven Caldwell (19) 23:41 4 George Thompson (20) 22:51 5 Patrick Stradling (21) 23:47 6 Stuart Doyle (22) 21:56</p>
<p>9 Liverpool Harriers & AC 'A' 2:07:08</p> <p>1 James McNally (41) 22:28 2 Daniel Jarvis (30) 21:32 3 Matthew Shirling (12) 19:55 4 John McCole (9) 20:40 5 Daniel Mooney (9) 21:46 6 John Ashcroft (9) 20:47</p>	<p>22 Tynebridge Harriers B 'A' 2:14:53</p> <p>1 Kevin Jeffress (30) 21:48 2 S Morley (31) 22:21 3 Shaun Brown (26) 22:23 4 Darryl Davison (24) 22:37 5 Jack Neeson (23) 22:44 6 Keith Smith (23) 23:00</p>
<p>10 Leeds City Athletic Club 'B' 2:08:54</p> <p>1 Michael Salter (28) 21:38 2 Martin Roscoe (15) 21:17 3 Steve Lisgo (13) 21:09 4 Nick Hooker (10) 20:53 5 Thomas Edwards (10) 21:42 6 Alexander Davy (10) 22:15</p>	<p>23 East Cheshire Harriers & Tames 'A' 2:15:17</p> <p>1 Patrick Gardner (26) 21:33 2 Joe Hudak (29) 22:22 3 Joe Steward (18) 21:03 4 Matt Holt (21) 23:05 5 Liam Brown (24) 23:51 6 Paulo Backhouse (24) 23:23</p>
<p>11 Border Harriers & AC 'A' 2:10:15</p> <p>1 Kevin Bell (16) 21:13 2 James Douglas (12) 20:42 3 George Thompson (14) 22:13 4 James Buis (11) 21:15 5 Matthew Grieve (12) 22:19 6 Harry Earl (12) 22:33</p>	<p>24 Altrincham & District AC 'A' 2:15:28</p> <p>1 Ryan Ganose (50) 23:05 2 David Norman (20) 20:14 3 Matthew Kelly (25) 23:10 4 Peter Abraham (26) 23:10 5 Michael Berks (26) 23:07 6 Andrew Whittingham (25) 22:42</p>
<p>12 Holmfirth Harriers AC 'A' 2:10:32</p> <p>1 David Turnbull (12) 20:41 2 Richard Smith (13) 21:16 3 David Watson (9) 21:29 4 Richard Anderson (12) 22:21 5 Peter Brookes (11) 21:43 6 Julian Rose (13) 23:02</p>	<p>25 Blackpool Wyre & Fylde AC 'A' 2:15:31</p> <p>1 Luke Minns (29) 21:40 2 Liam Craine (38) 22:51 3 Malcolm Eadie (27) 22:03 4 Adam Weightman (30) 23:57 5 Stephen Waterhouse (27) 22:32 6 James Mulvany (26) 22:28</p>
<p>13 Gateshead Harriers & AC 'A' 2:10:47</p> <p>1 Jackson Creegan (22) 21:20 2 Luke Adams (18) 21:44 3 Phil Edge (17) 21:48 4 Conrad Franks (15) 21:18 5 Luke Clark (13) 22:33 6 D Chesser (14) 22:04</p>	<p>26 Trafford Athletic Club 'B' 2:15:38</p> <p>1 Jeff Prest (32) 22:00 2 David Homiman (24) 21:36 3 Dominic Coyle (32) 23:26 4 Daniel Ansell (31) 23:31 5 Gareth Turner (25) 21:44 6 Dominic Scott (27) 23:21</p>

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

<p>27 Bolton United Harriers 'A' 2:15:42</p> <p>1 Tom Carson (3) 20:01 3 Simon Dally (40) 24:05 5 Johnathan Kay (34) 22:42</p>	<p>41 Liverpool Pembroke & Sefton H 'A' 2:19:13</p> <p>1 Ryan Blackwell (39) 22:23 3 Warren Turner (33) 22:47 5 Kyle Nicholls (32) 23:41</p>
<p>28 Jarrow & Hebburn AC 2:16:17</p> <p>1 Brendan McMillan (25) 21:30 3 Steven Greenwood (30) 22:34 5 Jonny Evans (38) 24:26</p>	<p>42 Kendal Amateur Athletic Club 2:19:48</p> <p>1 Luke Ingham (21) 21:18 3 Graeme Atkinson (34) 25:23 5 Tom Hartley (42) 24:57</p>
<p>29 Barrow & Furness Striders AC 'A' 2:16:52</p> <p>1 Todd Oates (34) 22:08 3 Will Rigg (43) 24:12 5 Pat Miller (35) 22:41</p>	<p>43 Harrogate Harriers & AC 2:20:10</p> <p>1 Harry Brook-Dobson (77) 25:00 3 John Young (58) 22:19 5 Andrew Grant (48) 22:14</p>
<p>30 Sheffield RC 2:17:08</p> <p>1 Joe Fowler (48) 22:58 3 Will Beauchamp (36) 21:22 5 Tim Fletcher (31) 24:39</p>	<p>44 Rochdale Harriers & AC 2:20:18</p> <p>1 Chris Merchant (37) 22:19 3 Ian Roberts (29) 23:17 5 Jamie Ward (46) 25:48</p>
<p>31 Gateshead Harriers & AC 'B' 2:17:36</p> <p>1 James Porteous (62) 23:40 3 Greg Chambers (44) 22:20 5 Sam Brand (28) 22:22</p>	<p>45 Border Harriers & AC 'B' 2:20:29</p> <p>1 Graham Millican (49) 23:00 3 Steve Angus (50) 23:41 5 William Nicholson (47) 23:40</p>
<p>32 Barnsley Athletic Club 2:17:38</p> <p>1 Darren Middleton (27) 21:37 3 David Thompson (24) 22:08 5 John Broom (30) 23:45</p>	<p>46 Gateshead Harriers & AC 'C' 2:21:41</p> <p>1 David Old (52) 23:07 3 Barry Maskell (42) 21:26 5 Paul Tate (45) 26:03</p>
<p>33 Wakefield District H & AC 2:17:40</p> <p>1 James Saxton (17) 21:14 3 Nathan Elliott (35) 22:41 5 Thomas Coney (37) 23:37</p>	<p>47 Wirral AC 2:21:46</p> <p>1 Alan Woods (44) 22:37 3 Jon Seymour (45) 24:26 5 Ronan Kearney (50) 25:21</p>
<p>34 Knowsley Harriers 2:18:11</p> <p>1 Stephen Doyle (55) 23:12 3 Tom Michaelson (37) 21:58 5 Neil Cosgrove (36) 23:57</p>	<p>48 Penny Lane Striders 'A' 2:23:08</p> <p>1 Niel Kelly (64) 23:56 3 Martin Swensson (49) 21:38 5 Nigel Grant (49) 24:47</p>
<p>35 Sale Harriers Manchester 'C' 2:18:14</p> <p>1 Callum Rowlinson (40) 22:27 3 Chris Donnelly (38) 22:54 5 David Marsh (33) 22:09</p>	<p>49 Leeds City Athletic Club 'C' 2:24:11</p> <p>1 Phil Townsend (93) 26:39 3 Leon Foster (52) 21:45 5 Fergus Meade (52) 22:12</p>
<p>36 Wilmslow Running Club 2:18:16</p> <p>1 Damian Nicholls (18) 21:16 3 Jim Pendrill (28) 23:15 5 Graham MacNeil (29) 23:33</p>	<p>50 Wigan & District H & AC 'A' 2:24:54</p> <p>1 Gary Fitzpatrick (46) 22:52 3 Tim Pilkington (56) 24:26 5 Mark Rogers (53) 23:57</p>
<p>37 Wigan Phoenix 'A' 2:18:18</p> <p>1 Michael O'Neill (24) 21:24 3 Phillip Darbyshire (39) 24:12 5 Daniel Gregson (41) 24:27</p>	<p>51 East Cheshire Harriers & Tames 'B' 2:25:18</p> <p>1 Karl Herod (57) 23:20 3 Gavin Brown (60) 24:56 5 Gary Matthews (60) 23:32</p>
<p>38 Blackburn Harriers & AC 'A' 2:18:50</p> <p>1 Robert Warner (43) 22:35 3 Andrew Buttery (41) 22:30 5 Mark Almond (40) 24:22</p>	<p>52 Bolton United Harriers 'B' 2:25:27</p> <p>1 Mark Swannell (53) 23:07 3 Daryl Bentley (70) 25:13 5 Andrew Cafferky (62) 23:43</p>
<p>39 Keighley & Craven AC 'A' 2:18:52</p> <p>1 Craig Shearer (59) 23:25 3 Adrian Thomas (48) 23:27 5 Sam Wadsworth (44) 23:11</p>	<p>53 Wesham Road Runners & AC 'A' 2:25:40</p> <p>1 Robert Danson (35) 22:11 3 Lee Barlow (51) 23:53 5 Jason Barlow (56) 25:46</p>
<p>40 Salford Harriers & AC 'C' 2:18:55</p> <p>1 Ian Jackson (47) 22:55 3 Roger Alsop (47) 23:20 5 Eric Williams (39) 23:29</p>	<p>54 Sale Harriers Manchester 'D' 2:26:01</p> <p>1 Carl Barber (54) 23:09 3 Paul Barrett (71) 26:28 5 Elton Davies (63) 24:27</p>

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

55 Altrincham & District AC		'B' 2:26:38		69 St Helens Sutton AC		2:35:05	
1 Nick Burke (75) 24:48	2 Adrian Fuller (64) 23:23	1 Barry Graney (63) 23:55	2 Ian Costello (60) 24:02	3 C Banno-Thornton (53) 22:42	4 Paul Watson (54) 25:00	3 Ian Hayburn (64) 25:11	4 Simon Anim-Somuah (69) 27:03
5 Graham Harrison (61) 26:30	6 Steven Renny (56) 24:15	5 Andrew O'Connor (71) 27:33	6 Ian Roberts (70) 27:21				
56 Salford Harriers & AC		'D' 2:26:49		70 Clayton Le Moors Harriers		2:35:22	
1 Charles Foster (66) 24:01	2 Graeme Grindrod (59) 23:40	1 Tom Brewster (45) 22:51	2 Lee Smith (53) 24:10	3 Peter Morgan (63) 25:26	4 A Castile (59) 24:30	3 Terry O'Leary (62) 25:55	4 David Hogan (73) 28:40
5 Mark Seed (64) 25:39	6 Steve Pennington (57) 23:33	5 Richard Briscoe (72) 26:09	6 Adam Shaw (71) 27:37				
57 York Knivesmire Harriers		2:27:21		71 Wigan Phoenix		'B' 2:36:09	
1 Chris Roberts (58) 23:22	2 Simon Collins (52) 23:36	1 Phil Waterworth (71) 24:29	2 Christopher Wilson (76) 25:41	3 Stewart Creasey (55) 24:33	4 Neil Stabbs (53) 24:06	3 M Manir-Jolley (72) 24:18	4 Mark Melbourne (70) 26:20
5 Rory Henderson (54) 25:14	6 Stefan Durkin (58) 26:30	5 Paul Seddon (68) 26:08	6 David Walters (72) 29:13				
58 Barrow & Furness Striders AC		'B' 2:27:32		72 Keighley & Craven AC		'B' 2:36:59	
1 Dave Parker (87) 25:43	2 Sam Storey (77) 24:47	1 Robert Brown (76) 24:54	2 Andrew Brett (80) 27:04	3 Jon Benson (68) 23:07	4 Somin Stanway (61) 24:47	3 Scott Bairstow (78) 25:55	4 Nigel Bedell (78) 27:17
5 Kames Jordan (65) 25:06	6 Ray Jones (59) 24:02	5 Liam Spencer (77) 24:44	6 Charles Marshall (73) 27:05				
59 Holmfirth Harriers AC		'B' 2:28:07		73 Holmfirth Harriers AC		'C' 2:41:00	
1 Philip Hewitt (73) 24:38	2 Jonathon Sykes (69) 24:08	1 Nigel Crilly (80) 25:16	2 Alistair Langron (74) 24:28	3 Steven Eastwood (61) 24:04	4 Simon Findlay (57) 24:13	3 R Hinchliffsmith (76) 25:48	4 Christopher Beadle (71) 25:48
5 John Ewart (59) 25:06	6 Brandon Holroyd (60) 25:58	5 Robert Robinson (76) 27:42	6 Mark Owen (74) 31:58				
60 Leigh Harriers & AC		'A' 2:29:30		74 Border Harriers & AC		'C' 2:41:47	
1 Alexander Urmston (78) 25:03	2 Tommy Henders (63) 23:05	1 Gareth Melvin (100) 31:43	2 John Mason (93) 27:34	3 David Smith (59) 23:53	4 Neil Pendlebury (63) 26:29	3 John Earl (91) 25:59	4 Kevin Hull (86) 26:51
5 Darren Smith (66) 25:35	6 John Indricks (61) 25:25	5 Daniellbotson (81) 24:53	6 Stu Windsor (75) 24:47				
61 Lancaster & Morecambe AC		'A' 2:30:30		75 Altrincham & District AC		'C' 2:42:06	
1 Mark Gardner (60) 23:27	2 Kieran Rowlands (45) 22:36	1 Bill Egan (94) 26:59	2 Matt Billingham (88) 27:03	3 John Spooner (74) 28:49	4 Philip Lowery (67) 23:52	3 David Anderson (87) 28:32	4 Duncan Wilson (80) 24:54
5 Steven Worthington (51) 21:44	6 Michael Leck (62) 30:02	5 Patrick Bonner (78) 26:15	6 Toby Percival (76) 28:23				
62 Swinton Running Club		2:32:16		76 Barrow & Furness Striders AC		'C' 2:42:47	
1 Matthew Clark (20) 21:18	2 Mark Whittington (41) 23:46	1 Peter Willacy (91) 26:21	2 Gary Mason (82) 26:17	3 Daniel Bird (46) 24:07	4 Paul Rutherford (55) 27:27	3 Ian Sadler (80) 27:19	4 Bob Grant (77) 24:57
5 Steven Doxey (55) 24:33	6 John Pickup (63) 31:05	5 Steve Murray (79) 28:54	6 Mike Cooper (77) 28:59				
63 Wigan & District H & AC		'B' 2:32:42		77 Wesham Road Runners & AC		'B' 2:44:53	
1 Bozhidar Kasabov (83) 25:31	2 Declan O'Neill (72) 23:34	1 Alan Hudson (89) 26:10	2 Russell Mabbett (84) 27:15	3 Neil Prescott (73) 25:32	4 Barry Abram (76) 27:27	3 Gary DeBanke (84) 27:46	4 Alan Taylor (85) 29:11
5 Mike Harris (69) 25:09	6 David Collins (64) 25:29	5 Nigel Shepherd (82) 27:19	6 John Bertenshaw (78) 27:12				
64 Penny Lane Striders		'B' 2:33:18		78 Bolton United Harriers		'C' 2:45:51	
1 Steven Mannings (82) 25:28	2 Grahame Halsall (78) 25:31	1 Ian Gregory (84) 25:33	2 Chris Topping (91) 30:38	3 Syd Omar (77) 24:54	4 Dean Connolly (74) 26:03	3 Stewart Brierley (89) 27:01	4 Nicolas Howarth (84) 27:05
5 Mitchel Hawkins (74) 25:58	6 Niel Bullock (65) 25:24	5 Ian Meeds (83) 27:46	6 Paul Turner (79) 27:48				
65 Lytham St Annes Rr Club		'A' 2:33:33		79 Wigan & District H & AC		'C' 2:47:19	
1 Peter Cruse (70) 24:23	2 Joe Greenwood (62) 23:43	1 Martin Andrews (85) 25:36	2 Peter Mills (86) 28:15	3 Thomas Howarth (66) 25:18	4 David Jacks (72) 28:08	3 Graham Millington (86) 28:20	4 David Waddington (83) 26:06
5 Roy Upton (73) 26:15	6 Graham Webster (66) 25:46	5 Colin McEvoy (80) 26:03	6 Michael Dutton (80) 32:59				
66 Salford Harriers & AC		'E' 2:33:35		80 Thornton Cleveleys Running Clu		2:48:56	
1 Trevor Rayner (72) 24:37	2 James O'Connor (70) 24:14	1 Peter Waywell (88) 25:44	2 Ben Bresnan (89) 29:10	3 Graham Chesters (69) 24:47	4 Phillip Quibell (68) 25:41	3 Martin Boswell (83) 26:14	4 Mark Neath (90) 35:11
5 Dale Daniels (67) 27:08	6 Stanley Curran (67) 27:08	5 Alex Fleming (84) 27:40	6 Andrew Fairbairn (81) 24:57				
67 Rossendale Harriers & AC		'B' 2:34:10		81 Blackburn Harriers & AC		'B' 2:55:24	
1 Andy Preston (67) 24:11	2 Philip Bolton (57) 23:18	1 Allan Hartley (92) 26:22	2 John Cookson (87) 27:35	3 Andrew Fell (57) 24:26	4 Steve Duxbury (64) 26:41	3 Paul Wilkinson (88) 28:42	4 George Woodburn (88) 30:17
5 Andrew Spencer (70) 29:00	6 Robert Savage (68) 26:34	5 Christopher Fay (86) 34:03	6 Richard Taylor (82) 28:25				
68 Liverpool Pembroke & Sefton H		'B' 2:34:19		82 Accrington Road Runners		'B' 2:56:39	
1 Robert Bland (65) 23:58	2 Michael Bride (75) 26:05	1 Chris Halstead (68) 24:12	2 Peter Hoyle (95) 35:58	3 Bernard Murphy (75) 25:04	4 David Reece (75) 26:55	3 Ian Tomlinson (95) 32:52	4 Tom Battrick (93) 29:50
5 Daniel Gilbody (75) 25:53	6 Robbie Wood (69) 26:24	5 Chris Walton (87) 24:54	6 James Osborne (83) 28:53				

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

83 Accrington Road Runners 'A' 2:58:47

1 Andrew Heys (90) 26:11	2 Simon Atkin (79) 25:21
3 Mick Bowkley (85) 29:40	4 Michael Hartley (89) 31:55
5 Keith Robinson (85) 30:57	6 Stewart Keighley (84) 34:43

84 Lytham St Annes Rr Club 'B' 3:01:28

1 Terry Hellings (96) 27:59	2 Willie Richmond (90) 27:40
3 N Baynton-Roberts (90) 27:55	4 Colin Laidlaw (87) 29:09
5 James Whitworth (88) 38:24	6 Richard Storey (85) 30:21

85 Salford Harriers & AC 'F' 3:02:35

1 Sidney Sacks (98) 31:08	2 Robert Towell (97) 33:35
3 Tommy Daniels (96) 31:01	4 Thomas Temple (95) 29:13
5 Roland Bowness (90) 29:54	6 Gary Pendlebury (86) 27:44

86 Blackpool Wyre & Fylde AC 'C' 3:05:19

1 Peter Broome (97) 29:30	2 Nick Hume (92) 29:33
3 Alan Wilkinson (93) 33:02	4 Jeffery Wright (92) 30:45
5 David Twizell (89) 29:14	6 Reg Smallbone (87) 33:15

87 Wesham Road Runners & AC 'C' 3:06:35

1 Christopher Moss (99) 31:12	2 Michael Edge (94) 28:53
3 Simon Young (92) 31:24	4 Peter Bartlett (91) 30:36
5 Dave Waywell (91) 34:50	6 Duncan Carter (88) 29:40

88 Blackpool Wyre & Fylde AC 'B' 3:16:38

1 David Williamson (69) 24:18	2 Dave Heaton (96) 39:09
3 Terence Westhead (94) 28:47	4 Robert Newman (94) 32:35
5 Norman Greenwood (92) 40:08	6 Ian Dawson (89) 31:41

Disqualified -

Hallamshire Harriers Sheffield 2:09:58

1 Andrew Challenger (7) 20:25	2 Tom Bains (7) 21:00
3 Ben Beattie (7) 21:31	4 Philip Cooper (13) 23:03
5 Peter Hodges (14) 22:55	6 Craig Fishwick (11) 21:04

Incomplete Teams:

Keswick Aac

1 S Hebblethwaite (23) 21:23	2 Phil Winskill (17) 21:37
3 Ian Davies (31) 23:59	4 John Nicoll (45) 25:26
5 Peter George (43) 24:11	

Tynebridge Harriers B 'B'

1 Kenny MacPherson (61) 23:36	2 John Hurse (65) 24:37
3 Elliott Hails (65) 25:00	4 Christopher Graham (58) 24:21
5 Paul Hilton (57) 23:57	

Derby Athletic Club 'B'

1 Richard Wilson (51) 23:06	2 Adam Fozzard (54) 23:58
3 Ian Stevens (54) 23:57	4 Terah Hooley (50) 23:08
5 Joseph Booth (58) 27:31	

Beverly Athletics Club

1 Andrew Johnson (86) 25:38	2 Philip Reese (81) 26:51
3 Andrew Tate (81) 27:57	4 Stuart Little (79) 25:47

Sale Harriers Manchester 'E'

1 Aidan Raftery (81) 25:23	2 Jerry Smith (85) 28:27
3 Daniel Boulton (79) 25:20	4 Terry Lonergan (81) 28:40

Leigh Harriers & AC 'B'

1 Alex Hayes (95) 27:58	2 Adam Jamson (83) 25:08
3 Duncan McCarrick (82) 27:23	4 Martin Jones (82) 27:40

Trafford Athletic Club 'C'

1 Gareth Woodcock (79) 25:10	2 Blake Ellis (67) 23:32
3 Adam Sixsmith (67) 24:52	

Liverpool Harriers & AC 'C'

1 Sion Wynn Williams (74) 24:47	2 Lee Midghall (61) 23:16
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City Of Sheffield AC

1 Joseph Lancaster (36) 22:14

Manchester Harriers & AC

1 Ed Fazakerley (38) 22:20

Durham City Harriers & AC

1 Mark Smith (56) 23:15

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

Fastest of all legs

1	Anthony Ford	Sale Harri	A	19:18	69	Martin Roscoe	Leeds City	B	21:17
2	Peter Newton	Morpeth Ha	A	19:36	=	Chris Middleton	Sale Harri	B	21:17
3	Richard Weir	Derby Athl	A	19:43	71	Matthew Clark	Swinton Ru		21:18
4	Ian Hudspith	Morpeth Ha	A	19:51	=	Gavin Hill	Sale Harri	A	21:18
5	Joshua Bull	Derby Athl	A	19:54	=	Conrad Franks	Gateshead	A	21:18
6	Matthew Shirling	LiverpoolH	A	19:55	=	Luke Ingham	Kendal Ama		21:18
=	Nicholas Swinburn	Morpeth Ha	A	19:55	75	David Proctor	Rochdale H		21:19
8	Alex O'Gorman	Stockport	A	19:57	76	Jackson Creegan	Gateshead	A	21:20
9	Simon Deakin	Leeds City	A	20:01	77	Will Beauchamp	Sheffield		21:22
=	Tom Carson	BoltonUH	A	20:01	78	S Hebblethwaite	Keswick Aa		21:23
11	Joseph Bailey	Salford Ha	A	20:10	79	Michael O'Neill	Wigan Phoe	A	21:24
=	Luke Cragg	Leeds City	A	20:10	80	Barry Maskell	Gateshead	C	21:26
13	Sean Connolly	Stockport	A	20:12	=	Patrick Vis	Southport	A	21:26
14	David Norman	Altrincham	A	20:14	82	David Watson	Holmfirth	A	21:29
=	James Walsh	Leeds City	A	20:14	83	Brendan McMillan	Jarrow & H		21:30
16	Alan Buckley	Leeds City	A	20:16	84	Ben Beattie	Hallamshir		21:31
=	Charlie Hulson	Sale Harri	A	20:16	85	Ryan Moore	Sale Harri	B	21:32
18	Thomas Charles	Trafford A	A	20:17	=	Aidan Johnson	Rotherham		21:32
19	Carl Hardman	Salford Ha	A	20:19	=	Daniel Jarvis	LiverpoolH	A	21:32
20	Jon Wills	Leeds City	A	20:20	88	Patrick Gardner	East Chesh	A	21:33
21	Stuart Robinson	Salford Ha	A	20:23	=	Richard Harris	Rotherham		21:33
=	Simon Horsfield	Sale Harri	A	20:23	90	Andrew Nixon	Stockport	A	21:35
23	Andrew Challenger	Hallamshir		20:25	91	David Horniman	Trafford A	B	21:36
24	Michael Vennard	Vale Royal	A	20:26	92	Phil Winskill	Keswick Aa		21:37
25	Carl Smith	Leeds City	A	20:27	=	Darren Middleton	Barnsley A		21:37
26	Luke Gunn	Derby Athl	A	20:29	=	J Scott-Buccleuch	Stockport	A	21:37
=	James Bailey	Sale Harri	A	20:29	95	Michael Salter	Leeds City	B	21:38
28	Alasdair Russell	Kendal Ama		20:32	=	Martin Swensson	Penny Lane	A	21:38
29	Ryan Worland	Sale Harri	A	20:33	97	Xavier Desse	WirralAc		21:39
=	Jack Morris	Stockport	A	20:33	98	Luke Minns	Blackpool	A	21:40
31	Ian Harding	Morpeth Ha	B	20:35	99	James Wignall	Sale Harri	B	21:41
=	Chris Livesey	Preston Ha		20:35	100	Thomas Edwards	Leeds City	B	21:42
33	Karl Taylor	Morpeth Ha	B	20:36	101	David Rigby	Preston Ha		21:43
34	Sam Tosh	Rossendale	A	20:39	=	Peter Brookes	Holmfirth	A	21:43
35	Jamie Roden	Sale Harri	B	20:40	103	Steven Worthington	Lancaster	A	21:44
=	John McCole	LiverpoolH	A	20:40	=	Gareth Turner	Trafford A	B	21:44
37	David Turnbull	Holmfirth	A	20:41	=	Luke Adams	Gateshead	A	21:44
38	James Douglas	Border Har	A	20:42	106	Leon Foster	Leeds City	C	21:45
39	Tom Cornthwaite	Salford Ha	A	20:43	107	Robert Hughes	Salford Ha	B	21:46
40	Gareth Raven	Sale Harri	B	20:45	=	Jack Nixon	Stockport	A	21:46
41	John Ashcroft	LiverpoolH	A	20:47	=	Robert Webb	Rossendale	A	21:46
42	Ben Russell	LiverpoolH	B	20:48	=	Daniel Mooney	LiverpoolH	A	21:46
43	Christopher Fell	Rossendale	A	20:50	=	Joseph Johnston	Rossendale	A	21:46
=	Paul Green	Sale Harri	B	20:50	112	Kevin Jeffress	Tynebridge	A	21:48
45	J Coleman	Preston Ha		20:51	=	Phil Edge	Gateshead	A	21:48
46	Gary Priestley	Salford Ha	A	20:53	114	James Bowness	Trafford A	A	21:51
=	Nick Hooker	Leeds City	B	20:53	115	Will Smith	Keighley &	A	21:53
=	Alex Pilcher	Derby Athl	A	20:53	116	Stuart Doyle	Vale Royal	A	21:56
49	Graeme Taylor	Morpeth Ha	B	20:55	117	Ashley Chambers	LiverpoolH	B	21:57
=	Ryan Stephenson	Morpeth Ha	A	20:55	=	Matthew Thompson	Southport	A	21:57
51	Chris Perry	Vale Royal	A	20:56	119	Eric Crowther	Salford Ha	B	21:58
52	Andy Burn	Jarrow & H		20:57	=	Tom Michaelson	Knowsley H		21:58
=	Joseph Vis	Southport	A	20:57	121	Kyle Craib	Rotherham		22:00
54	Matthew Nicholson	Morpeth Ha	A	20:58	=	Mukhtar Mohammed	Sheffield		22:00
55	Tom Bains	Hallamshir		21:00	=	Jeff Prest	Trafford A	B	22:00
56	Nathan Shrubbs	Morpeth Ha	B	21:03	124	James Loftus	Lpool P&S	A	22:02
=	Joe Steward	East Chesh	A	21:03	=	Chris Adams	Rotherham		22:02
58	Craig Fishwick	Hallamshir		21:04	126	Malcolm Eadie	Blackpool	A	22:03
59	Steve Lisgo	Leeds City	B	21:09	127	D Chesser	Gateshead	A	22:04
60	Michael Dawson	Morpeth Ha	B	21:10	128	Glyn Billington	Salford Ha	B	22:07
61	Josh Tighe	Salford Ha	A	21:11	=	David Lockett	Salford Ha	B	22:07
62	Kevin Bell	Border Har	A	21:13	=	Phil Waite	Barrow & F	A	22:07
63	James Saxton	Wakefield		21:14	131	David Thompson	Barnsley A		22:08
64	James Buis	Border Har	A	21:15	=	Todd Oates	Barrow & F	A	22:08
=	Anthony Valentine	BoltonUH	A	21:15	133	Stephen Makin	Wigan Phoe	A	22:09
66	Damian Nicholls	Wilmslow R		21:16	=	David Marsh	Sale Harri	C	22:09
=	Lewis Timmins	Morpeth Ha	A	21:16	135	Robert Danson	Wesham Roa	A	22:11
=	Richard Smith	Holmfirth	A	21:16	136	Fergus Meade	Leeds City	C	22:12
					=	Dominic Chambers	Derby Athl	A	22:12

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

= Rob Downs	Wilmslow R		22:12	= Zachary Howe	Blackburn	A	22:53
139 George Thompson	Border Har	A	22:13	208 Chris Donnelly	Sale Harri	C	22:54
140 Ian Salisbury	Trafford A	A	22:14	209 Ian Jackson	Salford Ha	C	22:55
= Joseph Lancaster	City Of Sh		22:14	= Peter Hodges	Hallamshir		22:55
= Andrew Grant	Harrogate		22:14	211 Sandy Kelly	Preston Ha		22:56
143 Alan Ashton	LiverpoolH	B	22:15	212 Michael Grace	Salford Ha	C	22:58
= Alexander Davy	Leeds City	B	22:15	= Joe Fowler	Sheffield		22:58
145 Nzimah Akpan	LiverpoolH	B	22:17	214 Keith Smith	Tynebridge	A	23:00
146 Elliott Smales	Rotherham		22:18	= Graham Millican	Border Har	B	23:00
= Luke Cotter	Rotherham		22:18	216 Andrew Parker	BoltonUH	B	23:01
148 Mark Clair	Knowsley H		22:19	217 John Doherty	Sheffield		23:02
= Chris Merchant	Rochdale H		22:19	= Julian Rose	Holmfirth	A	23:02
= Matthew Grieve	Border Har	A	22:19	219 Philip Cooper	Hallamshir		23:03
= Robert Sloane	Trafford A	A	22:19	220 Ryan Ganose	Altrincham	A	23:05
= John Young	Harrogate		22:19	= Tommy Henders	Leigh Harri	A	23:05
= Dean Hardman	Sale Harri	C	22:19	= Kevin Jowett	East Chesh	B	23:05
154 Greg Chambers	Gateshead	B	22:20	= Matt Holt	East Chesh	A	23:05
= Ed Fazakerley	Manchester		22:20	224 Richard Wilson	Derby Athl	B	23:06
= Chris Miller	Harrogate		22:20	225 Daniel Walsh	Rossendale	A	23:07
157 Richard Anderson	Holmfirth	A	22:21	= Michael Berks	Altrincham	A	23:07
= S Morley	Tynebridge	A	22:21	= Christopher Davies	Blackburn	A	23:07
= Christopher Ward	Wakefield		22:21	= Kevin Bartholomew	Sheffield		23:07
160 Joe Hudak	East Chesh	A	22:22	= Steven Townley	Sale Harri	D	23:07
= Sam Brand	Gateshead	B	22:22	= Mark Swannell	BoltonUH	B	23:07
= Bob Atkinson	Barrow & F	A	22:22	= Jon Benson	Barrow & F	B	23:07
163 Ryan Blackwell	Lpool P&S	A	22:23	= David Old	Gateshead	C	23:07
= Peter Braney	Leeds City	C	22:23	233 Terah Hooley	Derby Athl	B	23:08
= Shaun Brown	Tynebridge	A	22:23	234 Carl Barber	Sale Harri	D	23:09
166 Daniel Bebbington	Preston Ha		22:26	235 Matthew Kelly	Altrincham	A	23:10
167 Callum Rowlinson	Sale Harri	C	22:27	= Peter Abraham	Altrincham	A	23:10
168 James McNally	LiverpoolH	A	22:28	= Robert Kelly	Knowsley H		23:10
= James Mulvany	Blackpool	A	22:28	238 Sam Wadsworth	Keighley &	A	23:11
170 Andrew Buttery	Blackburn	A	22:30	239 Stephen Doyle	Knowsley H		23:12
= Callum Grant	LiverpoolH	B	22:30	= Derek Simpson	Rochdale H		23:12
172 Stephen Waterhouse	Blackpool	A	22:32	241 Mark Hulmston	WirralAc		23:13
173 Luke Clark	Gateshead	A	22:33	242 Timothy Orr	Border Har	B	23:14
= Kevin Connolly	Gateshead	B	22:33	= Sean Kirkbride	Lpool P&S	A	23:14
= Harry Earl	Border Har	A	22:33	244 Jim Pendrill	Wilmslow R		23:15
176 Michael Hunt	Trafford A	A	22:34	= Mark Smith	Durham Cit		23:15
= Steven Greenwood	Jarrow & H		22:34	= Carl Mountain	LiverpoolH	B	23:15
178 Robert Warner	Blackburn	A	22:35	247 Lee Midghall	LiverpoolC		23:16
179 Kieran Rowlands	Lancaster	A	22:36	248 Ian Roberts	Rochdale H		23:17
180 Alan Woods	WirralAc		22:37	249 Andrew Ward	Wigan Phoe	A	23:18
= Darryl Davison	Tynebridge	A	22:37	= Philip Bolton	Rossendale	B	23:18
182 Kieran Flannery	Gateshead	B	22:38	251 Roger Alsop	Salford Ha	C	23:20
= Ben Johnson	Southport	A	22:38	= Tom Harrison	Border Har	B	23:20
184 Billy McCartney	Salford Ha	B	22:39	= Karl Herod	East Chesh	B	23:20
185 Jordan Scott	Morpeth Ha	B	22:40	254 Ben Everson	Trafford A	A	23:21
= Callum Chambers	Derby Athl	A	22:40	= Dominic Scott	Trafford A	B	23:21
187 Nathan Elliott	Wakefield		22:41	256 Chris Roberts	York Knave		23:22
= Pat Miller	Barrow & F	A	22:41	= Ross Campbell	Barrow & F	A	23:22
= Robert Tudor	Salford Ha	C	22:41	258 Chris Barnes	Blackburn	A	23:23
190 Johnathan Kay	BoltonUH	A	22:42	= Paulo Backhouse	East Chesh	A	23:23
= Andrew Whittingham	Altrincham	A	22:42	= Andrew Whittingham	Wilmslow R		23:23
= C Banno-Thornton	Altrincham	B	22:42	= Adrian Fuller	Altrincham	B	23:23
193 Christopher Loftus	Keighley &	A	22:43	262 Craig Shearer	Keighley &	A	23:25
= David Hamilton	Southport	A	22:43	263 Dominic Coyle	Trafford A	B	23:26
= Simon Newton	Barnsley A		22:43	264 Mark Gardner	Lancaster	A	23:27
196 Jack Neeson	Tynebridge	A	22:44	= John Connolly	Penny Lane	A	23:27
197 Martin Slater	Gateshead	C	22:46	= Adrian Thomas	Keighley &	A	23:27
198 Warren Turner	Lpool P&S	A	22:47	267 Eric Williams	Salford Ha	C	23:29
199 John Morrisey	Wigan Phoe	A	22:48	268 Daniel Franks	Wakefield		23:30
200 Philip Leybourne	Salford Ha	B	22:49	269 Daniel Ansell	Trafford A	B	23:31
201 Tom Brewster	Clayton Le		22:51	270 Blake Ellis	Trafford A	C	23:32
= Dominic Walton	Rossendale	A	22:51	= Paul Birkett	Salford Ha	C	23:32
= George Thompson	Vale Royal	A	22:51	= Gary Matthews	East Chesh	B	23:32
= Liam Craine	Blackpool	A	22:51	273 Graham MacNeil	Wilmslow R		23:33
205 Gary Fitzpatrick	Wigan & Di	A	22:52	= Steve Pennington	Salford Ha	D	23:33
206 Ian Ritchie	Jarrow & H		22:53				

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

275 Declan O'Neill	Wigan & Di	B	23:34	= Mark Almond	Blackburn	A	24:22
= Tom Nicholson	Border Har	B	23:34	345 Peter Cruse	Lytham St	A	24:23
277 Jack Atkins	Knowsley H		23:35	= Michael Davies	Rochdale H		24:23
= Gavin Felten	Barnsley A		23:35	347 Alan Pitman	Sale Harri	D	24:24
279 Kenny MacPherson	Tynebridge	B	23:36	= Mark Glynn	Wigan & Di	A	24:24
= Simon Collins	York Knave		23:36	349 Jonny Evans	Jarrow & H		24:26
= Steve Wilkinson	Southport	A	23:36	= Andrew Fell	Rossendale	B	24:26
282 Thomas Coney	Wakefield		23:37	= Jason Bowers	Sale Harri	D	24:26
283 Robbie Loraine	Gateshead	C	23:38	= Tim Pilkington	Wigan & Di	A	24:26
284 Jamie Dillasser	Harrogate		23:39	= Jon Seymour	WirralAc		24:26
285 Matthew Wilson	Kendal Ama		23:40	354 Daniel Gregson	Wigan Phoe	A	24:27
= James Porteous	Gateshead	B	23:40	= Elton Davies	Sale Harri	D	24:27
= William Nicholson	Border Har	B	23:40	356 Alistair Langron	Holmfirth	C	24:28
= Graeme Grindrod	Salford Ha	D	23:40	357 Phil Waterworth	Wigan Phoe	B	24:29
289 Steve Angus	Border Har	B	23:41	358 Simon Birtles	Penny Lane	A	24:30
= Steven Caldwell	Vale Royal	A	23:41	= A Castile	Salford Ha	D	24:30
= Kyle Nicholls	Lpool P&S	A	23:41	= Keiron Morgan	WirralAc		24:30
292 James Lavin	Leeds City	C	23:42	361 Garry Barnett	Wesham Roa	A	24:31
= Karl Darcy	BoltonUH	A	23:42	362 Kyle Conway	Sale Harri	C	24:32
294 Andrew Cafferky	BoltonUH	B	23:43	363 Christopher Scott	Preston Ha		24:33
= Joe Greenwood	Lytham St	A	23:43	= Steven Doxey	Swinton Ru		24:33
296 John Broom	Barnsley A		23:45	= Stewart Creasey	York Knave		24:33
297 Mark Whittington	Swinton Ru		23:46	366 Jeremy Bygrave	Wilmslow R		24:37
298 Patrick Stradling	Vale Royal	A	23:47	= John Hurse	Tynebridge	B	24:37
299 Keith Littlewood	Barnsley A		23:50	= Trevor Rayner	Salford Ha	E	24:37
300 Liam Brown	East Chesh	A	23:51	369 Ashley Brook	Harrogate		24:38
301 Philip Lowery	Lancaster	A	23:52	= Philip Hewitt	Holmfirth	B	24:38
302 David Smith	Leigh Harr	A	23:53	371 Tim Fletcher	Sheffield		24:39
= David Rich	Sale Harri	C	23:53	372 Steven Medd	Gateshead	C	24:41
= Lee Barlow	Wesham Roa	A	23:53	373 Liam Spencer	Keighley &	B	24:44
305 Barry Graney	St Helens		23:55	374 Phil Marsden	BoltonUH	B	24:47
306 Niel Kelly	Penny Lane	A	23:56	= Sam Storey	Barrow & F	B	24:47
307 Mark Rogers	Wigan & Di	A	23:57	= Somin Stanway	Barrow & F	B	24:47
= Neil Cosgrove	Knowsley H		23:57	= Stu Windsor	Border Har	C	24:47
= Paul Hilton	Tynebridge	B	23:57	= Graham Chesters	Salford Ha	E	24:47
= Tristan Peel	Jarrow & H		23:57	= Nigel Grant	Penny Lane	A	24:47
= Ian Stevens	Derby Athl	B	23:57	= Sion WynnWilliams	LiverpoolC		24:47
= Adam Weightman	Blackpool	A	23:57	381 Nick Burke	Altrincham	B	24:48
= Shaun O'Dwyer	BoltonUH	A	23:57	382 Dale Higham	Penny Lane	A	24:50
314 Robert Bland	Lpool P&S	B	23:58	383 Adam Sixsmith	Trafford A	C	24:52
= Stephen Potter	Kendal Ama		23:58	384 Daniel Ibbotson	Border Har	C	24:53
= Adam Fozzard	Derby Athl	B	23:58	385 Syd Omar	Penny Lane	B	24:54
317 Ian Davies	Keswick Aa		23:59	= Chris Walton	Accrington	B	24:54
318 Charles Foster	Salford Ha	D	24:01	= Robert Brown	Keighley &	B	24:54
319 Ray Jones	Barrow & F	B	24:02	= Duncan Wilson	Altrincham	C	24:54
= Ian Costello	St Helens		24:02	389 Gavin Brown	East Chesh	B	24:56
321 John Gibson	Gateshead	B	24:03	390 Andrew Fairbairn	Thornton C		24:57
322 Steven Eastwood	Holmfirth	B	24:04	= Bob Grant	Barrow & F	C	24:57
323 Simon Dally	BoltonUH	A	24:05	= Tom Hartley	Kendal Ama		24:57
= Matthew Dickinson	East Chesh	B	24:05	= Steve Myerscough	Wesham Roa	A	24:57
325 Neil Stabbs	York Knave		24:06	394 Harry Brook-Dobson	Harrogate		25:00
326 Daniel Bird	Swinton Ru		24:07	= Elliott Hails	Tynebridge	B	25:00
= C Smullen	Wigan & Di	A	24:07	= Paul Watson	Altrincham	B	25:00
328 Jonathon Sykes	Holmfirth	B	24:08	397 Alexander Urmston	Leigh Harr	A	25:03
329 Lee Smith	Clayton Le		24:10	398 Bernard Murphy	Lpool P&S	B	25:04
330 Andy Preston	Rossendale	B	24:11	399 Kames Jordan	Barrow & F	B	25:06
= Peter George	Keswick Aa		24:11	= John Ewart	Holmfirth	B	25:06
332 Will Rigg	Barrow & F	A	24:12	= Robert Parkinson	Lpool P&S	A	25:06
= Chris Halstead	Accrington	B	24:12	402 Chris Burgess	Wigan & Di	A	25:08
= Phillip Darbyshire	Wigan Phoe	A	24:12	= Adam Jamson	Leigh Harr	B	25:08
335 Simon Findlay	Holmfirth	B	24:13	404 Mike Harris	Wigan & Di	B	25:09
= Mark Knowles	Keighley &	A	24:13	405 Gareth Woodcock	Trafford A	C	25:10
337 James O'Connor	Salford Ha	E	24:14	406 Ian Hayburn	St Helens		25:11
338 Steven Renny	Altrincham	B	24:15	407 Daryl Bentley	BoltonUH	B	25:13
339 Neil Dutton	Wakefield		24:17	408 Rory Henderson	York Knave		25:14
340 M Manir-Jolley	Wigan Phoe	B	24:18	409 Nigel Crilly	Holmfirth	C	25:16
= David Williamson	Blackpool	B	24:18	410 Thomas Howarth	Lytham St	A	25:18
342 Christopher Graham	Tynebridge	B	24:21	411 Daniel Boulton	Sale Harri	E	25:20
343 Alex Rowe	Wesham Roa	A	24:22	412 Ronan Kearney	WirralAc		25:21

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

= Simon Atkin	Accrington	A	25:21	482 Dale Daniels	Salford Ha	E	27:08
414 Aidan Raftery	Sale Harri	E	25:23	= Stanley Curran	Salford Ha	E	27:08
= Graeme Atkinson	Kendal Ama		25:23	484 John Bertenshaw	Wesham Roa	B	27:12
416 Niel Bullock	Penny Lane	B	25:24	485 Russell Mabbett	Wesham Roa	B	27:15
417 John Indricks	Leigh Harr	A	25:25	486 Nigel Bedell	Keighley &	B	27:17
418 Peter Morgan	Salford Ha	D	25:26	487 Nigel Shepherd	Wesham Roa	B	27:19
= John Nicoll	Keswick Aa		25:26	= Ian Sadler	Barrow & F	C	27:19
420 Steven Mannings	Penny Lane	B	25:28	489 Ian Roberts	St Helens		27:21
421 David Collins	Wigan & Di	B	25:29	490 Duncan McCarrick	Leigh Harr	B	27:23
422 Bozhidar Kasabov	Wigan & Di	B	25:31	491 Paul Rutherford	Swinton Ru		27:27
= Greham Halsall	Penny Lane	B	25:31	= Barry Abram	Wigan & Di	B	27:27
424 Neil Prescott	Wigan & Di	B	25:32	493 Myles Holdsworth	Leeds City	C	27:30
425 Ian Gregory	BoltonUH	C	25:33	494 Joseph Booth	Derby Athl	B	27:31
426 Darren Smith	Leigh Harr	A	25:35	495 Andrew O'Connor	St Helens		27:33
427 Martin Andrews	Wigan & Di	C	25:36	496 John Mason	Border Har	C	27:34
= Peter Kearney	BoltonUH	B	25:36	497 John Cookson	Blackburn	B	27:35
429 Andrew Johnson	BeverleyA		25:38	498 Adam Shaw	Clayton Le		27:37
430 Mark Seed	Salford Ha	D	25:39	499 Alex Fleming	Thornton C		27:40
431 Christopher Wilson	Wigan Phoe	B	25:41	= Willie Richmond	Lytham St	B	27:40
= Phillip Quibell	Salford Ha	E	25:41	= Martin Jones	Leigh Harr	B	27:40
433 Dave Parker	Barrow & F	B	25:43	502 Robert Robinson	Holmfirth	C	27:42
434 Peter Waywell	Thornton C		25:44	503 Gary Pendlebury	Salford Ha	F	27:44
435 Graham Webster	Lytham St	A	25:46	504 Gary DeBanke	Wesham Roa	B	27:46
= Jason Barlow	Wesham Roa	A	25:46	= Ian Meeds	BoltonUH	C	27:46
437 Stuart Little	BeverleyA		25:47	506 Paul Turner	BoltonUH	C	27:48
438 Christopher Beadle	Holmfirth	C	25:48	507 N Baynton-Roberts	Lytham St	B	27:55
= Jamie Ward	Rochdale H		25:48	508 Andrew Tate	BeverleyA		27:57
= R Hinchliffesmith	Holmfirth	C	25:48	509 Alex Hayes	Leigh Harr	B	27:58
441 Daniel Gilbody	Lpool P&S	B	25:53	510 Terry Hellings	Lytham St	B	27:59
442 Scott Bairstow	Keighley &	B	25:55	511 David Jacks	Lytham St	A	28:08
= Terry O'Leary	Clayton Le		25:55	512 Peter Mills	Wigan & Di	C	28:15
444 Mitchel Hawkins	Penny Lane	B	25:58	513 Graham Millington	Wigan & Di	C	28:20
= Brandon Holroyd	Holmfirth	B	25:58	514 Toby Percival	Altrincham	C	28:23
446 John Earl	Border Har	C	25:59	515 Richard Taylor	Blackburn	B	28:25
447 Dean Connoly	Penny Lane	B	26:03	516 Jerry Smith	Sale Harri	E	28:27
= Paul Tate	Gateshead	C	26:03	517 David Anderson	Altrincham	C	28:32
= Colin McEvoy	Wigan & Di	C	26:03	518 Terry Lonergan	Sale Harri	E	28:40
450 Michael Bride	Lpool P&S	B	26:05	= David Hogan	Clayton Le		28:40
451 David Waddington	Wigan & Di	C	26:06	520 Paul Wilkinson	Blackburn	B	28:42
452 Paul Seddon	Wigan Phoe	B	26:08	521 Terence Westhead	Blackpool	B	28:47
453 Richard Briscoe	Clayton Le		26:09	522 John Spooner	Lancaster	A	28:49
454 Alan Hudson	Wesham Roa	B	26:10	523 James Osborne	Accrington	B	28:53
455 Andrew Heys	Accrington	A	26:11	= Michael Edge	Wesham Roa	C	28:53
456 Martin Boswell	Thornton C		26:14	525 Steve Murray	Barrow & F	C	28:54
457 Patrick Bonner	Altrincham	C	26:15	526 Mike Cooper	Barrow & F	C	28:59
= Roy Upton	Lytham St	A	26:15	527 Andrew Spencer	Rossendale	B	29:00
459 Gary Mason	Barrow & F	C	26:17	528 Colin Laidlaw	Lytham St	B	29:09
460 Mark Melbourne	Wigan Phoe	B	26:20	529 Ben Bresnan	Thornton C		29:10
= Ross Thompson	East Chesh	B	26:20	530 Alan Taylor	Wesham Roa	B	29:11
462 Peter Willacy	Barrow & F	C	26:21	531 Thomas Temple	Salford Ha	F	29:13
463 Allan Hartley	Blackburn	B	26:22	= David Walters	Wigan Phoe	B	29:13
464 Robbie Wood	Lpool P&S	B	26:24	533 David Twizell	Blackpool	C	29:14
465 Paul Barrett	Sale Harri	D	26:28	534 Peter Broome	Blackpool	C	29:30
466 Neil Pendlebury	Leigh Harr	A	26:29	535 Nick Hume	Blackpool	C	29:33
467 Graham Harrison	Altrincham	B	26:30	536 Mick Bowkley	Accrington	A	29:40
= Stefan Durkin	York Knave		26:30	= Duncan Carter	Wesham Roa	C	29:40
469 Robert Savage	Rossendale	B	26:34	538 Tom Battrick	Accrington	B	29:50
470 Phil Townsend	Leeds City	C	26:39	539 Roland Bowness	Salford Ha	F	29:54
471 Steve Duxbury	Rossendale	B	26:41	540 Michael Leck	Lancaster	A	30:02
472 Philip Reese	BeverleyA		26:51	541 George Woodburn	Blackburn	B	30:17
= Kevin Hull	Border Har	C	26:51	542 Richard Storey	Lytham St	B	30:21
474 David Reece	Lpool P&S	B	26:55	543 Peter Bartlett	Wesham Roa	C	30:36
475 Bill Egan	Altrincham	C	26:59	544 Chris Topping	BoltonUH	C	30:38
476 Stewart Brierley	BoltonUH	C	27:01	545 Jeffery Wright	Blackpool	C	30:45
477 Simon Anim-Somuah	St Helens		27:03	546 Keith Robinson	Accrington	A	30:57
= Matt Billingham	Altrincham	C	27:03	547 Tommy Daniels	Salford Ha	F	31:01
479 Andrew Brett	Keighley &	B	27:04	548 John Pickup	Swinton Ru		31:05
480 Charles Marshall	Keighley &	B	27:05	549 Sidney Sacks	Salford Ha	F	31:08
= Nicolas Howarth	BoltonUH	C	27:05	550 Christopher Moss	Wesham Roa	C	31:12

Northern Athletics Road Relays

at Stanley Park, Blackpool on Saturday 21st September 2013

551 Simon Young	Wesham Roa	C	31:24
552 Ian Dawson	Blackpool	B	31:41
553 Gareth Melvin	Border Har	C	31:43
554 Michael Hartley	Accrington	A	31:55
555 Mark Owen	Holmfirth	C	31:58
556 Robert Newman	Blackpool	B	32:35
557 Ian Tomlinson	Accrington	B	32:52
558 Michael Dutton	Wigan & Di	C	32:59
559 Alan Wilkinson	Blackpool	C	33:02
560 Reg Smallbone	Blackpool	C	33:15
561 Robert Towell	Salford Ha	F	33:35
562 Christopher Fay	Blackburn	B	34:03
563 Stewart Keighley	Accrington	A	34:43
564 Dave Waywell	Wesham Roa	C	34:50
565 Mark Neath	Thornton C		35:11
566 Peter Hoyle	Accrington	B	35:58
567 James Whitworth	Lytham St	B	38:24
568 Dave Heaton	Blackpool	B	39:09
569 Norman Greenwood	Blackpool	B	40:08