

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Under11 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time						
1	387	Katie Miller	Liverpool H & AC	5:44	31	918	Freya Handley	E Cheshire H & Tameside AC	6:56	
2	386	Ella McNiven	Liverpool H & AC	5:46	32	980	Emma Gordon	Liverpool H & AC	6:57	
3	409	Grace De-Campos	Manchester H & AC	5:47	33	1010	Anya Read	Moston & District H	7:01	
4	419	Tess McHugh	Sale H Manchester	5:54	34	384	Sophie Kerr	Liverpool H & AC	7:03	
5	421	Bethany Thornton	Sale H Manchester	5:56	35	1018	Poppy GlasbySeddon	Sale H Manchester	7:07	
6	395	Alex Townsend	Liverpool H & AC	6:02	36	904	Ella Head	Wirral AC	7:10	
7	422	Elizabeth Twite	Sale H Manchester	6:04	37	397	Natasha Wood	Liverpool H & AC	7:11	
8	413	Alice Stiles	Manchester H & AC	6:13	38	388	Holly Murphy	Liverpool H & AC	7:13	
9	412	Beth Smyth	Manchester H & AC	6:16	39	381	Beth Doubtfire	Liverpool H & AC	7:14	
10	399	Eve Cobey	Macclesfield H & AC	6:20	40	909	Clara Parker	Sale H Manchester	7:19	
11	435	Lucia Meloni	Warrington AC	6:21	41	390	Elizabeth Pederson	Liverpool H & AC	7:21	
12	1025	Laura Hole	Sale H Manchester	6:22	42	1020	Rebecca Royle	Salford Met AC	7:24	
13	922	Lauren Smith	Sale H Manchester	6:24	43	976	Rachael Anderson	Sale H Manchester	7:25	
14	415	Chantelle Johnson	Moston & District H	6:25	44	1017	Elizabeth Griffiths	St Helens Sutton AC	7:26	
15	983	Sammy Mason	Salford Met AC	6:28	45	433	India Hayes	Warrington AC	7:26	
16	391	Annabel Pennington	Liverpool H & AC	6:30	46	911	Lillie Walker	Liverpool H & AC	7:27	
17	933	Georgia Fazakerley	Manchester H & AC	6:35	47	424	Lucie Hall	Stockport H & AC	7:28	
18	985	C Haywood Percival	Salford Met AC	6:38	48	378	Isla Bellamy	Halton & Frodsham	7:31	
19	1019	Scarlett Whittaker	Sale H Manchester	6:39	49	379	Nadia Alsamarraie	Liverpool H & AC	7:31	
20	431	Neve Maddock	Vale Royal AC	6:40	50	1011	Oria McEvoy	Halton & Frodsham	7:33	
21	977	TiaRae Barton	Sale H Manchester	6:41	51	436	Charlotte Stokes	Warrington AC	7:36	
22	932	Isobel Murphy	Liverpool H & AC	6:42	52	407	Anna Brogan	Manchester H & AC	7:42	
23	990	Ellie Young	Liverpool H & AC	6:43	53	385	Holly Leadbetter	Liverpool H & AC	7:43	
24	377	Megan Lewis	E Cheshire H & Tameside AC	6:45	54	423	Anna Briggs	Stockport H & AC	7:44	
25	400	Lucy Griffiths	Macclesfield H & AC	6:47	55	394	Milli Smith	Liverpool H & AC	7:52	
26	981	Molly Atherton	Sale H Manchester	6:49	56	383	Gemma Grierson	Liverpool H & AC	8:00	
27	434	Mary Knowles	Warrington AC	6:50	57	912	Alex Tasker	Liverpool H & AC	8:09	
28	401	Amelia Newbould	Macclesfield H & AC	6:50	58	389	Jess Murphy	Liverpool H & AC	8:23	
29	1021	Mollie Cooke	Stockport H & AC	6:52	59	382	Holly Downey	Liverpool H & AC	8:47	
30	1022	Evie Collier	Salford Met AC	6:53						

## Under11 Girls — TEAM RESULTS

1	Liverpool H & AC	9	—	1	Katie Miller	2	Ella McNiven	6	Alex Townsend	
2	Sale H Manchester	16	—	4	Tess McHugh	5	Bethany Thornton	7	Elizabeth Twite	
3	Manchester H & AC	20	—	3	Grace De-Campos	8	Alice Stiles	9	Beth Smyth	
4	Sale H Manchester	44	—	12	Laura Hole	13	Lauren Smith	19	Scarlett Whittaker	
5	Liverpool H & AC	'B'	61	—	16	Annabel Pennington	22	Isobel Murphy	23	Ellie Young
6	Macclesfield H & AC	'B'	63	—	10	Eve Cobey	25	Lucy Griffiths	28	Amelia Newbould
7	Salford Met AC		63	—	15	Sammy Mason	18	C Haywood Percival	30	Evie Collier
8	Sale H Manchester	'C'	82	—	21	TiaRae Barton	26	Molly Atherton	35	Poppy GlasbySeddon
9	Warrington AC		83	—	11	Lucia Meloni	27	Mary Knowles	45	India Hayes
10	Liverpool H & AC	'C'	103	—	32	Emma Gordon	34	Sophie Kerr	37	Natasha Wood
11	Liverpool H & AC	'D'	118	—	38	Holly Murphy	39	Beth Doubtfire	41	Elizabeth Pederson
12	Stockport H & AC		130	—	29	Mollie Cooke	47	Lucie Hall	54	Anna Briggs
13	Liverpool H & AC	'E'	148	—	46	Lillie Walker	49	Nadia Alsamarraie	53	Holly Leadbetter
14	Liverpool H & AC	'F'	168	—	55	Milli Smith	56	Gemma Grierson	57	Alex Tasker

## Race 2 - Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time						
1	372	Sam Evans	Warrington AC	9:12	17	348	Charlie Roberts	St Helens Sutton AC	11:15	
2	364	Lucas Parker	Stockport H & AC	9:23	18	937	Will Horton	Vale Royal AC	11:23	
3	363	Fabio Carosi	Stockport H & AC	9:25	19	1031	Fares Ibrahim	Stockport H & AC	11:29	
4	361	Ben Batho	Stockport H & AC	9:37	20	346	Jamie Ford	St Helens Sutton AC	11:32	
5	1035	Flynn Walsh	Stockport H & AC	9:42	21	1012	Owen Jones	Halton & Frodsham	11:36	
6	373	Ben Harrison	Warrington AC	9:47	22	991	William Lord	Sale H Manchester	11:42	
7	1029	Jordan Jones	Warrington AC	9:47	23	365	Oliver Thompson	Stockport H & AC	11:42	
8	337	Peter Goodfellow	Macclesfield H & AC	10:20	24	336	Morgan Frith	Macclesfield H & AC	11:48	
9	946	Charlie Fawkes	Vale Royal AC	10:21	25	942	Lewis Rowlinson	Sale H Manchester	11:52	
10	988	Bailey Hulse	Sale H Manchester	10:26	26	944	Edward Corden	Stockport H & AC	11:55	
11	978	Oliver Clark	Sale H Manchester	10:29	27	1024	Bailey Smith	Altrincham & Dist AC	12:13	
12	347	Joe Houghton	St Helens Sutton AC	10:34	28	335	Jack Croker	Macclesfield H & AC	12:27	
13	371	Rory Thompson	Vale Royal AC	10:38	29	345	W Carroll-Nichols	Moston & District H	13:50	
14	362	Dylan Bourke	Stockport H & AC	10:44	30	1028	Darcy Maher	Sale H Manchester	14:15	
15	363	Sam Heyworth	Sale H Manchester	11:04	31	350	Xander Storey	St Helens Sutton AC	14:29	
16	366	Brodie Dunn	Trafford AC	11:10	32	328	Joseph Dennett	ABC Runners	14:32	

## Race 2 - Under 11 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H & AC	9	—	2	Lucas Parker	3	Fabio Carosi	4	Ben Batho	
2	Warrington AC	14	—	1	Sam Evans	6	Ben Harrison	7	Jordan Jones	
3	Sale H Manchester	36	—	10	Bailey Hulse	11	Oliver Clark	15	Sam Heyworth	
4	Stockport H & AC	'B'	38	—	5	Flynn Walsh	14	Dylan Bourke	19	Fares Ibrahim
5	Vale Royal AC		40	—	9	Charlie Fawkes	13	Rory Thompson	18	Will Horton
6	St Helens Sutton AC		49	—	12	Joe Houghton	17	Charlie Roberts	20	Jamie Ford
7	Macclesfield H & AC		60	—	8	Peter Goodfellow	24	Morgan Frith	28	Jack Croker
8	Sale H Manchester	'B'	77	—	22	William Lord	25	Lewis Rowlinson	30	Darcy Maher

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Race 2 - Under 13 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time	
1	559	Aine Cunningham		Sale H Manchester	9:15	28	594	Naomi Sinclair	Stockport H & AC	11:08
2	562	Olivia Green		Sale H Manchester	9:26	29	852	Georgia Haworth	Sale H Manchester	11:09
3	574	Ellie Twite		Sale H Manchester	9:36	30	573	Chloe Taylor	Sale H Manchester	11:13
4	564	F Hacker-Davies		Sale H Manchester	9:45	31	603	Jasmine Thompson	Vale Royal AC	11:21
5	846	Rebecca Jones		Stockport H & AC	9:46	32	570	Ciara O'Neill	Sale H Manchester	11:25
6	543	Danielle Stringer		Manchester H & AC	9:47	33	832	Emily Lucas	Liverpool H & AC	11:35
7	569	Niamh Nugent		Sale H Manchester	9:48	34	596	Abbie Wood-Doyle	Stockport H & AC	11:39
8	538	Beth Barlow		Manchester H & AC	9:52	35	587	Jessica Connors	Stockport H & AC	11:40
9	558	Claudia Cowan		Sale H Manchester	9:53	36	565	Isabella Hulme	Sale H Manchester	11:42
10	542	Eleanor Kenny		Manchester H & AC	9:53	37	848	Chiara Young	Sale H Manchester	11:42
11	544	Megan Taylor		Manchester H & AC	10:07	38	539	Alicia Brogan	Manchester H & AC	11:51
12	572	Mairead Power		Sale H Manchester	10:08	39	580	Abigail McNulty	Salford Met AC	11:53
13	551	Susan Shirling		St Helens Sutton AC	10:09	40	1023	Florence Hobbs	Altrincham & Dist AC	11:54
14	864	Emily Barker		Salford Met AC	10:11	41	516	Mia Alsamarraie	Liverpool H & AC	12:02
15	584	Georgia Bourke		Stockport H & AC	10:24	42	526	Millie Raine	Liverpool H & AC	12:03
16	554	Tia Blissett		Sale H Manchester	10:36	43	549	Abbie Roberts	St Helens Sutton AC	12:04
17	575	Jemma Vickers		Sale H Manchester	10:42	44	567	B Lennon-Butler	Sale H Manchester	12:07
18	579	L Haywood-Percival		Salford Met AC	10:43	45	1013	Elanor Jones	Halton & Frodsham	12:21
19	837	Natasha Harrison		Stockport H & AC	10:43	46	903	Jasmine Gorman	Liverpool H & AC	12:22
20	541	Emily Hughes		Manchester H & AC	10:45	47	844	Sophie Harrison	Salford Met AC	12:23
21	599	Danielle McMinn		Trafford AC	10:49	48	550	Freya Roberts	St Helens Sutton AC	12:24
22	840	Emma Flynn		Stockport H & AC	10:50	49	845	Lucy McMullen	Salford Met AC	12:25
23	532	Abigail Cook		Macclesfield H & AC	10:54	50	2100	\$Mia Hart	Unattached	12:26
24	517	Maddy Broad		Liverpool H & AC	10:57	51	2092	\$Chloe Buchan	Dash	12:28
25	518	Jessica Cook		Liverpool H & AC	10:59	52	552	Caitlin Young	St Helens Sutton AC	13:01
26	589	Grace Garner		Stockport H & AC	11:01	53	548	Ellie Mawdsley	St Helens Sutton AC	13:12
27	582	Molly Wilson		Salford Met AC	11:05	54	925	Rosie Dyer	St Helens Sutton AC	14:20

## Race 2 - Under 13 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	6	—	1	Aine Cunningham	2	Olivia Green	3	Ellie Twite	
2	Sale H Manchester	'B'	20	—	4	F Hacker-Davies	7	Niamh Nugent	9	Claudia Cowan
3	Manchester H & AC		24	—	6	Danielle Stringer	8	Beth Barlow	10	Eleanor Kenny
4	Stockport H & AC		39	—	5	Rebecca Jones	15	Georgia Bourke	19	Natasha Harrison
5	Sale H Manchester	'C'	45	—	12	Mairead Power	16	Tia Blissett	17	Jemma Vickers
6	Salford Met AC		59	—	14	Emily Barker	18	L Haywood-Percival	27	Molly Wilson
7	Manchester H & AC	'B'	69	—	11	Megan Taylor	20	Emily Hughes	38	Alicia Brogan
8	Stockport H & AC	'B'	76	—	22	Emma Flynn	26	Grace Garner	28	Naomi Sinclair
9	Liverpool H & AC		82	—	24	Maddy Broad	25	Jessica Cook	33	Emily Lucas
10	Sale H Manchester	'D'	91	—	29	Georgia Haworth	30	Chloe Taylor	32	Ciara O'Neill
11	St Helens Sutton AC		104	—	13	Susan Shirling	43	Abbie Roberts	48	Freya Roberts
12	Sale H Manchester	'E'	117	—	36	Isabella Hulme	37	Chiara Young	44	B Lennon-Butler
13	Liverpool H & AC	'B'	129	—	41	Mia Alsamarraie	42	Millie Raine	46	Jasmine Gorman
14	Salford Met AC	'B'	135	—	39	Abigail McNulty	47	Sophie Harrison	49	Lucy McMullen
15	St Helens Sutton AC	'B'	153	—	50	Caitlin Young	51	Ellie Mawdsley	52	Rosie Dyer

## Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Name	Club	Time	
1	849	Joe Wigfield	Wirral AC	13:49	17	508	Sam Tempest	Wirral AC	15:21
2	463	Connor Fazakerley	Manchester H & AC	13:59	18	968	Jacob Birtles	Halton & Frodsham	15:26
3	938	Daniel Fox	Warrington AC	14:06	19	445	Jack Thomas	E Cheshire H & Tameside AC	15:28
4	443	Louie Haynes	E Cheshire H & Tameside AC	14:13	20	438	Benjamin Livingston	ABC Runners	15:33
5	465	Ben Skertchly	Manchester H & AC	14:14	21	460	Robert Finnis	Macclesfield H & AC	15:39
6	493	John Humphries	Vale Royal AC	14:22	22	505	Jonathon Head	Wirral AC	15:40
7	469	Joe Ford	St Helens Sutton AC	14:27	23	441	Paolo Guarnieri	E Cheshire H & Tameside AC	15:41
8	464	Matty Fox	Manchester H & AC	14:38	24	449	Luke Southerton	Halton & Frodsham	16:38
9	507	Ieuan Kearney	Wirral AC	14:41	25	2096	\$James Ainley	Dash	17:05
10	467	Byren Cookson	Moston & District H	14:46	26	1034	Sam Houghton	Vale Royal AC	17:14
11	1038	Jack Wilkinsin	Trafford AC	14:48	27	907	Rory Wilson	West Cheshire AC	17:31
12	479	Oliver Hole	Sale H Manchester	14:58	28	941	Cameron Buchan	Sale H Manchester	17:41
13	503	Sam Cross	Wirral AC	15:01	29	466	Sammy Warne	Manchester H & AC	18:27
14	448	Chris Larkin	Halton & Frodsham	15:07	30	1032	Ethan Hartshorne	E Cheshire H & Tameside AC	20:12
15	473	Harry Boyd	Sale H Manchester	15:13	31	437	Benjamin Fisher	ABC Runners	21:16
16	502	Jacob Brophy	Wirral AC	15:20					

## Race 3 - Under 13 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester H & AC	15	—	2	Connor Fazakerley	5	Ben Skertchly	8	Matty Fox	
2	Wirral AC	23	—	1	Joe Wigfield	9	Ieuan Kearney	13	Sam Cross	
3	E Cheshire H & Tameside AC	46	—	4	Louie Haynes	19	Jack Thomas	23	Paolo Guarnieri	
4	Sale H Manchester	54	—	12	Oliver Hole	15	Harry Boyd	27	Cameron Buchan	
5	Wirral AC	'B'	55	—	16	Jacob Brophy	17	Sam Tempest	22	Jonathon Head
6	Halton & Frodsham		56	—	14	Chris Larkin	18	Jacob Birtles	24	Luke Southerton

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	730	Katy Whiteoak	Stockport H & AC	13:38	19	1026	Madeleine Hole	Sale H Manchester	16:15
2	857	Zara Thompson	Sale H Manchester	13:54	20	696	Lucy Griffiths	St Helens Sutton AC	16:32
3	682	Katie Lowery	Macclesfield H & AC	14:12	21	712	Charley Reid	Sale H Manchester	16:35
4	723	Lucy Donaghy	Stockport H & AC	14:15	22	690	Giovanna Brady	Moston & District H	16:42
5	716	Amber Towns	Sale H Manchester	14:15	23	669	A Brockley-Langford	E Cheshire H & Tameside AC	16:44
6	724	Juliet Downs	Stockport H & AC	14:36	24	1033	Niamh Hartshome	E Cheshire H & Tameside AC	16:55
7	693	Sophie Hill	Moston & District H	14:56	25	692	Ellie Donohoe	Moston & District H	16:59
8	683	Lucy Snelson	Macclesfield H & AC	15:02	26	689	Caitlin Whitehead	Manchester H & AC	17:00
9	734	Aileen Kearney	Wirral AC	15:34	27	1036	Isobel Haygarth	Liverpool H & AC	17:06
10	671	Kieia Grady	Halton & Frodsham	15:42	28	674	Lucy Cattell	Liverpool H & AC	17:07
11	686	Molly Bogin	Manchester H & AC	15:45	29	687	Eve Smyth	Manchester H & AC	17:08
12	701	Alice Bruce	Sale H Manchester	15:46	30	1030	Emma ChrystieLowe	Stockport H & AC	17:10
13	713	Franki Reid	Sale H Manchester	15:57	31	725	Emily Hughes	Stockport H & AC	17:16
14	714	Hannah Simeen	Sale H Manchester	16:00	32	668	Savannah Morgan	ABC Runners	17:26
15	718	Tilly Yates	Sale H Manchester	16:05	33	679	Emily Rowe	Liverpool H & AC	17:32
16	675	Melanie Cattell	Liverpool H & AC	16:06	34	695	Alex Glynn	St Helens Sutton AC	20:20
17	709	Alexandria Pitt	Sale H Manchester	16:10	35	694	Elizabeth Dingsdale	St Helens Sutton AC	20:21
18	691	Ashleigh Davis	Moston & District H	16:12	36	699	Emily Roberts	St Helens Sutton AC	21:28

## Race 3 - Under 15 Girls — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H & AC	11	—	1	Katy Whiteoak	4	Lucy Donaghy	6	Juliet Downs
2	Sale H Manchester	19	—	2	Zara Thompson	5	Amber Towns	12	Alice Bruce
3	Sale H Manchester	42	—	13	Franki Reid	14	Hannah Simeen	15	Tilly Yates
4	Moston & District H	47	—	7	Sophie Hill	18	Ashleigh Davis	22	Giovanna Brady
5	Sale H Manchester	57	—	17	Alexandria Pitt	19	Madeleine Hole	21	Charley Reid
6	Manchester H & AC	66	—	11	Molly Bogin	26	Caitlin Whitehead	29	Eve Smyth
7	Liverpool H & AC	71	—	16	Melanie Cattell	27	Isobel Haygarth	28	Lucy Cattell
8	St Helens Sutton AC	89	—	20	Lucy Griffiths	34	Alex Glynn	35	Elizabeth Dingsdale

## Race 4 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	610	James Wardle	ABC Runners	13:38	13	639	Saeed Absiyeh	Sale H Manchester	15:48
2	628	Thomas Taylor	Manchester H & AC	13:42	14	989	Kyle Hornby	Stockport H & AC	15:51
3	643	Euan Gilchrist	Sale H Manchester	13:45	15	1027	Alexander Brophy	Wirral AC	15:58
4	626	Donnacha Maguire	Manchester H & AC	13:55	16	630	Kyle Anderson	Moston & District H	16:05
5	866	Shay Ward	Stockport H & AC	14:04	17	853	Dillon Cooper	E Cheshire H & Tameside AC	16:19
6	613	Luke Piper	E Cheshire H & Tameside AC	14:10	18	614	Bradley Phillips	Halton & Frodsham	16:41
7	612	George Lewis	E Cheshire H & Tameside AC	14:14	19	2097	\$Alex Gibbons	Dash	16:47
8	611	Sam Wardle	ABC Runners	14:20	20	633	Anthony Kelly	Moston & District H	16:51
9	2090	\$Jacob Brown	Crewe & Nantwich	14:23	21	841	Grant Anderson	Stockport H & AC	17:04
10	652	Jay Hornby	Stockport H & AC	14:32	22	634	George Stott	Moston & District H	18:07
11	627	Sam Tarry	Manchester H & AC	15:14	23	632	Bill Karuga	Moston & District H	18:31
12	631	Daniel Hill	Moston & District H	15:42					

## Race 4 - Under 15 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Manchester H & AC	16	—	2	Thomas Taylor	4	Donnacha Maguire	10	Sam Tarry
2	Stockport H & AC	27	—	5	Shay Ward	9	Jay Hornby	13	Kyle Hornby
3	E Cheshire H & Tameside AC	29	—	6	Luke Piper	7	George Lewis	16	Dillon Cooper
4	Moston & District H	44	—	11	Daniel Hill	15	Kyle Anderson	18	Anthony Kelly

## Race 4 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time					
1	812	Elizabeth Apsley	Stockport H & AC	15:24	11	994	Megan Ashelby	Stockport H & AC	17:11
2	826	Emily Kearney	Wirral AC	15:29	12	865	Roisin Clegg	Stockport H & AC	17:13
3	814	Ellen Downs	Stockport H & AC	16:03	13	803	Rachel Hibberd	Sale H Manchester	17:16
4	824	Emma Pyatt	Vale Royal AC	16:06	14	821	Sophie Williams	Stockport H & AC	17:41
5	870	Lucy Scott	Vale Royal AC	16:32	15	797	MariaMcGoldrick	St Helens Sutton AC	17:44
6	808	Sinead Bent	Salford Met AC	16:42	16	825	Lauren Brett	Wirral AC	17:52
7	813	Rosa Chrystie-Lowe	Stockport H & AC	16:44	17	790	Danielle Dignan	E Cheshire H & Tameside AC	17:56
8	827	Fiona Nuttall	Wirral AC	16:59	18	791	Hayley Simpson	E Cheshire H & Tameside AC	18:43
9	799	Hannah Christy	Sale H Manchester	17:07	19	816	Alice Hughes	Stockport H & AC	19:38
10	798	RachelMcGoldrick	St Helens Sutton AC	17:10					

## Race 4 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport H & AC	11	—	1	Elizabeth Apsley	3	Ellen Downs	7	Rosa Chrystie-Lowe
2	Wirral AC	26	—	2	Emily Kearney	8	Fiona Nuttall	16	Lauren Brett
3	Stockport H & AC	37	—	11	Megan Ashelby	12	Roisin Clegg	14	Sophie Williams

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	780	Cameron Field	Warrington AC	20:29	10	761	Robert McDougall	Moston & District H	23:14
2	777	Danny Lawton	Trafford AC	21:03	11	766	Sam Mayon	Sale H Manchester	23:20
3	776	Ben Everson	Trafford AC	21:08	12	882	Robert Poole	South Cheshire AC	23:40
4	769	Kevin Acton	Stockport H & AC	21:13	13	773	Alex Minshul	Stockport H & AC	23:41
5	758	Jonathon Stewart	Manchester H & AC	22:29	14	763	Khalid Absiyeh	Sale H Manchester	24:07
6	767	Matthew Metcalf	Sale H Manchester	22:37	15	760	Alex Hill	Moston & District H	24:27
7	779	Robert Powell	Trafford AC	22:41	16	958	Josh Walton	Stockport H & AC	25:03
8	771	Simon Chadwick	Stockport H & AC	22:47	17	999	Denis Powell	Sale H Manchester	26:42
9	1037	Chris Fance	Warrington AC	23:13	18	759	Nathan Farrell	Moston & District H	28:49

## Under 17 Men — TEAM RESULTS

1	Trafford AC	12 —	2	Danny Lawton	3	Ben Everson	7	Robert Powell
2	Stockport H & AC	25 —	4	Kevin Acton	8	Simon Chadwick	13	Alex Minshul
3	Sale H Manchester	31 —	6	Matthew Metcalf	11	Sam Mayon	14	Khalid Absiyeh
4	Moston & District H	43 —	10	Robert McDougall	15	Alex Hill	18	Nathan Farrell

## Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	47	Olivia Perez	U20	1 Liverpool H & AC	31:05
2	190	Misha Nayak-Oliver	U20	2 Sale H Manchester	32:19
3	237	Imogen Nutter	U20	3 Stockport H & AC	34:02
4	218	Olivia McDermott	U20	4 Salford Met AC	35:28
5	1040	Bethan Jeacock	U20	5 MMU Harriers	42:34

## Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	263	Emily Beedham		Trafford AC	28:44	24	91	Wendy Woodhead	Manchester H & AC	37:24
2	115	Pauline Griffin		Manchester Triathlon	29:19	25	29	Ruth Todd	Belle Vue Racers	37:34
3	278	Victoria O'Donnell		Trafford AC	29:47	26	75	Stacey Benson	Manchester H & AC	37:35
4	132	Sarah Rhodes		Manchester Triathlon	30:00	27	252	Julie Hamilton	Swinton RC	37:36
5	170	Gemma Connolly		St Helens Sutton AC	30:16	28	94	Heather Clarkson	Manchester Frontrunners	37:40
6	234	Samantha Jones		Stockport H & AC	30:45	29	128	Emily Newton	Manchester Triathlon	37:45
7	2104	\$Kirtsy Seddon		City Of Chester Triathlon Club	30:51	30	251	Emma Flynn	Swinton RC	37:52
8	52	Amber Magee		MMU Harriers	31:09	31	27	Carmel Salvidge	Belle Vue Racers	38:02
9	192	Cara O'Brien		Sale H Manchester	31:38	32	106	Sophie Barnett	Manchester Triathlon	38:06
10	262	Liz Austen		Trafford AC	32:22	33	148	Emma Parkin	Manchester Ymca H	38:40
11	1041	Daisy Pickles		Macclesfield H & AC	32:41	34	147	Kelly Ormisher	Manchester Ymca H	39:19
12	211	Laura Nash		Salford H & AC	32:50	35	139	Becky Walton	Manchester Triathlon	39:24
13	320	Rachel Peers		Wilmslow RC	34:16	36	114	Alexa Good	Manchester Triathlon	40:26
14	200	Joanne Street		Sale H Manchester	34:58	37	73	Caroline Baba	Manchester H & AC	40:43
15	264	Ruth Beresford		Trafford AC	35:10	38	21	Leah Evans	Belle Vue Racers	40:55
16	178	Lauren Davies		Sale H Manchester	35:46	39	887	Nina Dixon	MMU Harriers	41:56
17	224	Jill Bailey		Stockport H & AC	36:00	40	318	Sarah Miles	Wilmslow RC	42:01
18	142	Hannah Brierley		Manchester Ymca H	36:09	41	99	Francesca Lock	Manchester Frontrunners	42:41
19	257	Rebecca Mills		Swinton RC	36:13	42	84	Kirsty Lyons	Manchester H & AC	44:47
20	137	Deborah Tout		Manchester Triathlon	36:16	43	112	Lucy Foster	Manchester Triathlon	46:40
21	36	Nicola Lloyd		Bramhall Runners	36:55	44	121	Jennifer Johnson	Manchester Triathlon	47:17
22	217	Carolyn Lewtas		Salford Met AC	37:00	45	31	Emma Aldred	Bramhall Runners	47:22
23	219	Reah Palmer		Salford Met AC	37:05					

## Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	15	Sandra Lewis	L35	1 Altrincham & Dist AC	29:16	13	265	Claire Chaffer	L35 13 Trafford AC	34:40
2	317	Diane McVey	L35	2 Wilmslow RC	29:22	14	972	Claire Heazlewood	L35 14 Bramhall Runners	35:27
3	323	Claire Stevinson	L35	3 Wilmslow RC	30:03	15	289	Maggie Fenn	L35 15 Vale Royal AC	35:32
4	312	Sharon Johnstone	L35	4 Wilmslow RC	30:14	16	24	Kath Horwill	L35 16 Belle Vue Racers	37:20
5	68	Kristy Readman	L35	5 Macclesfield H & AC	30:24	17	891	Linda Nuamah	L35 17 Manchester H & AC	38:52
6	316	Vicky McKinnon	L35	6 Wilmslow RC	30:57	18	104	Gillian Aspin	L35 18 Manchester Triathlon	39:51
7	212	Claire O'Connor	L35	7 Salford H & AC	31:15	19	141	Emma Bedford	L35 19 Manchester Ymca H	40:15
8	307	Katy Green	L35	8 Wilmslow RC	31:42	20	258	Lisa Ottiwell	L35 20 Swinton RC	40:28
9	174	Helen Armitage	L35	9 Sale H Manchester	32:35	21	964	Mel Johnson	L35 21 Manchester Frontrunners	41:30
10	182	Zoe Gmerek	L35	10 Sale H Manchester	33:18	22	167	Joanne Sullivan	L35 22 Middleton H AC	41:51
11	5	Claire Murphy	L35	11 ABC Runners	33:57	23	259	Sharen Roberts	L35 23 Swinton RC	43:16
12	1039	Sophia Rees	L35	12 Vale Royal AC	34:09	24	2	Adele Fisher	L35 24 ABC Runners	49:23

## Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	208	Beverley Jenkins	L40	1 Salford H & AC	29:38	10	196	Helen Reagan	L40 10 Sale H Manchester	36:34
2	191	Jan Nichols	L40	2 Sale H Manchester	31:00	11	118	Sonia Harris	L40 11 Manchester Triathlon	36:54
3	236	Jayne Lawton	L40	3 Stockport H & AC	31:17	12	233	Louise Harrison	L40 12 Stockport H & AC	37:39
4	138	Jude Wall	L40	4 Manchester Triathlon	32:25	13	110	Claire Deane	L40 13 Manchester Triathlon	38:38
5	254	Lauren Marsden	L40	5 Swinton RC	33:53	14	2101	\$Sham Whaites	L40 14 Glossopdale Harriers	40:14
6	304	Janine Ellis	L40	6 Wilmslow RC	34:15	15	22	Julia Foy	L40 15 Belle Vue Racers	42:45
7	231	Gillian Doolan	L40	7 Stockport H & AC	34:46	16	3	Kath Livingston	L40 16 ABC Runners	42:57
8	109	Angela Coppock	L40	8 Manchester Triathlon	35:26	17	6	Emma Shillabeer	L40 17 ABC Runners	43:29
9	102	Julie Virgin	L40	9 Manchester Frontrunners	35:36					

### Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	244	Helen Walch	L45 1	Stockport H & AC	30:52
2	247	Kerrie Wood-Doyle	L45 2	Stockport H & AC	31:41
3	45	Janine Ridgard	L45 3	E Cheshire H & Tameside AC	33:14
4	59	Andrea Frost	L45 4	Macclesfield H & AC	33:16
5	277	Joanne Lott	L45 5	Trafford AC	33:35
6	11	Bev Ganose	L45 6	Altrincham & Dist AC	33:45
7	2091	\$Philippa James	L45 7	Rotherham Harriers & Ac	34:13
8	241	Lesley Sinclair	L45 8	Stockport H & AC	34:28
9	101	Catherine Shelley	L45 9	Manchester Frontrunners	34:52

### Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	306	Sally Gilliver	L50 1	Wilmslow RC	32:10
2	294	Jacky Thom	L50 2	Vale Royal AC	33:23
3	324	Kate Sutton	L50 3	Wilmslow RC	33:33
4	319	Nicky Mowat	L50 4	Wilmslow RC	34:12
5	288	Joanne Edwards	L50 5	Vale Royal AC	34:14
6	883	Mary Tavener	L50 6	Vale Royal AC	34:20
7	177	Jackie Cordingley	L50 7	Sale H Manchester	34:44
8	65	Jo Miles	L50 8	Macclesfield H & AC	36:21
					9 232 Helen Fraser L50 9 Stockport H & AC 38:01
					10 198 Lynda Rowlinson L50 10 Sale H Manchester 38:03
					11 30 Anne Webster L50 11 Belle Vue Racers 40:52
					12 14 Maggie Jones L50 12 Altrincham & Dist AC 41:00
					13 1004 Jo Owen L50 13 Altrincham & Dist AC 42:14
					14 255 Maggie McClelland L50 14 Swinton RC 42:36
					15 160 Fiona Lamb L50 15 Middleton HAC 45:17
					16 168 Sue Taylor L50 16 Middleton HAC 53:05
					17 158 Sandra Hutchinson L50 17 Middleton HAC 58:26

### Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	242	Helen Todd	L55 1	Stockport H & AC	37:26
2	269	Sue Exon	L55 2	Trafford AC	37:46
3	888	Gillian Wolstenholme	L55 3	E Cheshire H & Tameside AC	39:08
4	159	Alyson Lamb	L55 4	Middleton HAC	55:24

### Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	44	Angela Oldham	L60 1	E Cheshire H & Tameside AC	35:01
2	230	Alexis Dinsmor	L60 2	Stockport H & AC	38:15
3	155	Ruth Hare	L60 3	Middleton HAC	44:11
4	295	Carole Williams	L60 4	Vale Royal AC	44:29

### Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	64	Pauline Lynch	L65 1	Macclesfield H & AC	45:08

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time								
1	263	Emily Beedham		Trafford AC	28:44	68	65	Jo Miles	L50	8	Macclesfield H & AC		36:21
2	15	Sandra Lewis	L35	1 Altrincham & Dist AC	29:16	69	4	April Morgan	L45	12	ABC Runners		36:27
3	115	Pauline Griffin		Manchester Triathlon	29:19	70	196	Helen Reagan	L40	10	Sale H Manchester		36:34
4	317	Diane McVey	L35	2 Wilmslow RC	29:22	71	118	Sonia Harris	L40	11	Manchester Triathlon		36:54
5	208	Beverley Jenkins	L40	1 Salford H & AC	29:38	72	36	Nicola Lloyd			Bramhall Runners		36:55
6	278	Victoria O'Donnell		Trafford AC	29:47	73	217	Carolyn Lewtas			Salford Met AC		37:00
7	132	Sarah Rhodes		Manchester Triathlon	30:00	74	219	Reah Palmer			Salford Met AC		37:05
8	323	Claire Stevinson	L35	3 Wilmslow RC	30:03	75	311	Carolyn Hirons	L45	13	Wilmslow RC		37:08
9	312	Sharon Johnstone	L35	4 Wilmslow RC	30:14	76	24	Kath Horwill	L35	16	Belle Vue Racers		37:20
10	170	Gemma Connolly		St Helens Sutton AC	30:16	77	91	Wendy Woodhead			Manchester H & AC		37:24
11	68	Kristy Readman	L35	5 Macclesfield H & AC	30:24	78	242	Helen Todd	L55	1	Stockport H & AC		37:26
12	234	Samantha Jones		Stockport H & AC	30:45	79	29	Ruth Todd			Belle Vue Racers		37:34
13	2104	\$Kirtsy Seddon		City Of Chester Triathlon Club	30:51	80	75	Stacey Benson			Manchester H & AC		37:35
14	244	Helen Walch	L45	1 Stockport H & AC	30:52	81	252	Julie Hamilton			Swinton RC		37:36
15	316	Vicky McKinnon	L35	6 Wilmslow RC	30:57	82	233	Louise Harrison	L40	12	Stockport H & AC		37:39
16	191	Jan Nichols	L40	2 Sale H Manchester	31:00	83	94	Heather Clarkson			Manchester Frontrunners		37:40
17	47	Olivia Perez	U20	1 Liverpool H & AC	31:05	84	128	Emily Newton			Manchester Triathlon		37:45
18	52	Amber Magee		MMU Harriers	31:09	85	269	Sue Exon	L55	2	Trafford AC		37:46
19	212	Claire O'Connor	L35	7 Salford H & AC	31:15	86	251	Emma Flynn			Swinton RC		37:52
20	236	Jayne Lawton	L40	3 Stockport H & AC	31:17	87	232	Helen Fraser	L50	9	Stockport H & AC		38:01
21	192	Cara O'Brien		Sale H Manchester	31:38	88	27	Carmel Salvidge			Belle Vue Racers		38:02
22	247	Kerrie Wood-Doyle	L45	2 Stockport H & AC	31:41	89	198	Lynda Rowlinson	L50	10	Sale H Manchester		38:03
23	307	Katy Green	L35	8 Wilmslow RC	31:42	90	106	Sophie Barnett			Manchester Triathlon		38:06
24	306	Sally Gilliver	L50	1 Wilmslow RC	32:10	91	230	Alexis Dinsmor	L60	2	Stockport H & AC		38:15
25	190	Misha Nayak-Oliver	U20	2 Sale H Manchester	32:19	92	110	Claire Deane	L40	13	Manchester Triathlon		38:38
26	262	Liz Austen		Trafford AC	32:22	93	148	Emma Parkin			Manchester Ymca H		38:40
27	138	Jude Wall	L40	4 Manchester Triathlon	32:25	94	891	Linda Nuamah	L35	17	Manchester H & AC		38:52
28	174	Helen Armitage	L35	9 Sale H Manchester	32:35	95	140	Michelle Wilder	L45	14	Manchester Triathlon		39:04
29	1041	Daisy Pickles		Macclesfield H & AC	32:41	96	888	Gillian Wolstenholme	L55	3	E Cheshire H & Tameside AC		39:08
30	211	Laura Nash		Salford H & AC	32:50	97	147	Kelly Ormisher			Manchester Ymca H		39:19
31	45	Janine Ridgard	L45	3 E Cheshire H & Tameside AC	33:14	98	139	Becky Walton			Manchester Triathlon		39:24
32	59	Andrea Frost	L45	4 Macclesfield H & AC	33:16	99	104	Gillian Aspin	L35	18	Manchester Triathlon		39:51
33	182	Zoe Gmerek	L35	10 Sale H Manchester	33:18	100	2101	\$Sham Whaites	L40	14	Glossopdale Harriers		40:14
34	294	Jacky Thom	L50	2 Vale Royal AC	33:23	101	141	Emma Bedford	L35	19	Manchester Ymca H		40:15
35	324	Kate Sutton	L50	3 Wilmslow RC	33:33	102	114	Alexa Good			Manchester Triathlon		40:26
36	277	Joanne Lott	L45	5 Trafford AC	33:35	103	258	Lisa Ottiwell	L35	20	Swinton RC		40:28
37	11	Bev Ganose	L45	6 Altrincham & Dist AC	33:45	104	72	Alyson Adams	L45	15	Manchester H & AC		40:34
38	254	Lauren Marsden	L40	5 Swinton RC	33:53	105	73	Caroline Baba			Manchester H & AC		40:43
39	5	Claire Murphy	L35	11 ABC Runners	33:57	106	30	Anne Webster	L50	11	Belle Vue Racers		40:52
40	237	Imogen Nutter	U20	3 Stockport H & AC	34:02	107	21	Leah Evans			Belle Vue Racers		40:55
41	1039	Sophia Rees	L35	12 Vale Royal AC	34:09	108	14	Maggie Jones	L50	12	Altrincham & Dist AC		41:00
42	319	Nicky Mowat	L50	4 Wilmslow RC	34:12	109	964	Mel Johnson	L35	21	Manchester Frontrunners		41:30
43	2091	\$Philippa James	L45	7 Rotherham Harriers & AC	34:13	110	80	Kathryn Holmes	L45	16	Manchester H & AC		41:48
44	288	Joanne Edwards	L50	5 Vale Royal AC	34:14	111	167	Joanne Sullivan	L35	22	Middleton HAC		41:51
45	304	Janine Ellis	L40	6 Wilmslow RC	34:15	112	887	Nina Dixon			MMU Harriers		41:56
46	320	Rachel Peers		Wilmslow RC	34:16	113	318	Sarah Miles			Wilmslow RC		42:01
47	883	Mary Tavener	L50	6 Vale Royal AC	34:20	114	1004	Jo Owen	L50	13	Altrincham & Dist AC		42:14
48	241	Lesley Sinclair	L45	8 Stockport H & AC	34:28	115	1040	Bethan Jeacock	U20	5	MMU Harriers		42:34
49	265	Claire Chaffer	L35	13 Trafford AC	34:40	116	255	Maggie McClelland	L50	14	Swinton RC		42:36
50	177	Jackie Cordingley	L50	7 Sale H Manchester	34:44	117	99	Francesca Lock			Manchester Frontrunners		42:41
51	231	Gillian Doolan	L40	7 Stockport H & AC	34:46	118	22	Julia Foy	L40	15	Belle Vue Racers		42:45
52	101	Catherine Shelley	L45	9 Manchester Frontrunners	34:52	119	3	Kath Livingston	L40	16	ABC Runners		42:57
53	200	Joanne Street		Sale H Manchester	34:58	120	259	Sharen Roberts	L35	23	Swinton RC		43:16
54	44	Angela Oldham	L60	1 E Cheshire H & Tameside AC	35:01	121	6	Emma Shillabeer	L40	17	ABC Runners		43:29
55	264	Ruth Beresford		Trafford AC	35:10	122	155	Ruth Hare	L60	3	Middleton HAC		44:11
56	109	Angela Coppock	L40	8 Manchester Triathlon	35:26	123	295	Carole Williams	L60	4	Vale Royal AC		44:29
57	972	Claire Heazlewood	L35	14 Bramhall Runners	35:27	124	84	Kirsty Lyons			Manchester H & AC		44:47
58	218	Olivia McDermott	U20	4 Salford Met AC	35:28	125	64	Pauline Lynch	L65	1	Macclesfield H & AC		45:08
59	289	Maggie Fenn	L35	15 Vale Royal AC	35:32	126	160	Fiona Lamb	L50	15	Middleton HAC		45:17
60	69	Hanny Stockman	L45	10 Macclesfield H & AC	35:35	127	150	Justine Stevens	L45	17	Manchester Ymca H		45:57
61	102	Julie Virgin	L40	9 Manchester Frontrunners	35:36	128	112	Lucy Foster			Manchester Triathlon		46:40
62	178	Lauren Davies		Sale H Manchester	35:46	129	121	Jennifer Johnson			Manchester Triathlon		47:17
63	224	Jill Bailey		Stockport H & AC	36:00	130	31	Emma Aldred			Bramhall Runners		47:22
64	142	Hannah Brierley		Manchester Ymca H	36:09	131	2	Adele Fisher	L35	24	ABC Runners		49:23
65	257	Rebecca Mills		Swinton RC	36:13	132	168	Sue Taylor	L50	16	Middleton HAC		53:05
66	137	Deborah Tout		Manchester Triathlon	36:16	133	159	Alyson Lamb	L55	4	Middleton HAC		55:24
67	12	Carole Harrison	L45	11 Altrincham & Dist AC	36:20	134	158	Sandra Hutchinson	L50	17	Middleton HAC		58:26

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	35	—	4 Diane McVey	8 Claire Stevinson	9 Sharon Johnstone	14 Vicky McKinnon
2 Stockport H & AC	65	—	12 Samantha Jones	13 Helen Walch	19 Jayne Lawton	21 Kerrie Wood-Doyle
3 Trafford AC	67	—	1 Emily Beedham	6 Victoria O'Donnell	25 Liz Austen	35 Joanne Lott
4 Sale H Manchester	86	—	15 Jan Nichols	20 Cara O'Brien	24 Misha Nayak-Oliver	27 Helen Armitage
5 Manchester Triathlon	90	—	3 Pauline Griffin	7 Sarah Rhodes	26 Jude Wall	54 Angela Coppock
6 Wilmslow RC 'B'	120	—	22 Katy Green	23 Sally Gilliver	34 Kate Sutton	41 Nicky Mowat
7 Macclesfield H & AC	128	—	11 Kristy Readman	28 Daisy Pickles	31 Andrea Frost	58 Hanny Stockman
8 Vale Royal AC	160	—	33 Jacky Thom	40 Sophia Rees	42 Joanne Edwards	45 Mary Tavener
9 Sale H Manchester 'B'	191	—	32 Zoe Gmerek	48 Jackie Cordingley	51 Joanne Street	60 Lauren Davies
10 Stockport H & AC 'B'	195	—	39 Imogen Nutter	46 Lesley Sinclair	49 Gillian Doolan	61 Jill Bailey
11 Altrincham & Dist AC	208	—	2 Sandra Lewis	36 Bev Ganose	65 Carole Harrison	105 Maggie Jones
12 Swinton RC	263	—	37 Lauren Marsden	63 Rebecca Mills	79 Julie Hamilton	84 Emma Flynn
13 Wilmslow RC 'C'	270	—	43 Janine Ellis	44 Rachel Peers	73 Carolyn Hiron	110 Sarah Miles
14 Manchester Frontrunners	296	—	50 Catherine Shelley	59 Julie Virgin	81 Heather Clarkson	106 Mel Johnson
15 Manchester Triathlon 'B'	303	—	64 Deborah Tout	69 Sonia Harris	82 Emily Newton	88 Sophie Barnett
16 Stockport H & AC 'C'	330	—	76 Helen Todd	80 Louise Harrison	85 Helen Fraser	89 Alexis Dinsmor
17 ABC Runners	339	—	38 Claire Murphy	67 April Morgan	116 Kath Livingston	118 Emma Shillabeer
18 Belle Vue Racers	340	—	74 Kath Horwill	77 Ruth Todd	86 Carmel Salvidge	103 Anne Webster
19 Manchester Ymca H	346	—	62 Hannah Brierley	91 Emma Parkin	95 Kelly Ormisher	98 Emma Bedford
20 Manchester H & AC	346	—	75 Wendy Woodhead	78 Stacey Benson	92 Linda Nuamah	101 Alyson Adams
21 Manchester Triathlon 'C'	376	—	90 Claire Deane	93 Michelle Wilder	96 Becky Walton	97 Gillian Aspin
22 Middleton H AC	479	—	108 Joanne Sullivan	119 Ruth Hare	123 Fiona Lamb	129 Sue Taylor

## Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	11	—	2 Diane McVey	4 Claire Stevinson	5 Sharon Johnstone
2 Stockport H & AC	30	—	7 Helen Walch	11 Jayne Lawton	12 Kerrie Wood-Doyle
3 Wilmslow RC 'B'	35	—	8 Vicky McKinnon	13 Katy Green	14 Sally Gilliver
4 Sale H Manchester	44	—	9 Jan Nichols	16 Helen Armitage	19 Zoe Gmerek
5 Macclesfield H & AC	64	—	6 Kristy Readman	18 Andrea Frost	40 Hanny Stockman
6 Altrincham & Dist AC	66	—	1 Sandra Lewis	23 Bev Ganose	42 Carole Harrison
7 Vale Royal AC	74	—	20 Jacky Thom	26 Sophia Rees	28 Joanne Edwards
8 Wilmslow RC 'C'	77	—	21 Kate Sutton	27 Nicky Mowat	29 Janine Ellis
9 Manchester Triathlon	98	—	15 Jude Wall	37 Angela Coppock	46 Sonia Harris
10 Trafford AC	105	—	22 Joanne Lott	32 Claire Chaffer	51 Sue Exon
11 E Cheshire H & Tameside AC	111	—	17 Janine Ridgard	36 Angela Oldham	58 Gillian Wolstenholme
12 Stockport H & AC 'B'	114	—	31 Lesley Sinclair	34 Gillian Doolan	49 Helen Todd
13 Sale H Manchester 'B'	131	—	33 Jackie Cordingley	45 Helen Reagan	53 Lynda Rowlinson
14 ABC Runners	140	—	25 Claire Murphy	44 April Morgan	71 Kath Livingston
15 Manchester Frontrunners	141	—	35 Catherine Shelley	41 Julie Virgin	65 Mel Johnson
16 Vale Royal AC 'B'	144	—	30 Mary Tavener	39 Maggie Fenn	75 Carole Williams
17 Swinton RC	154	—	24 Lauren Marsden	61 Lisa Ottiwell	69 Maggie McClelland
18 Stockport H & AC 'C'	156	—	50 Louise Harrison	52 Helen Fraser	54 Alexis Dinsmor
19 Manchester Triathlon 'B'	171	—	55 Claire Deane	57 Michelle Wilder	59 Gillian Aspin
20 Belle Vue Racers	181	—	48 Kath Horwill	63 Anne Webster	70 Julia Foy
21 Manchester H & AC	184	—	56 Linda Nuamah	62 Alyson Adams	66 Kathryn Holmes
22 Middleton H AC	218	—	67 Joanne Sullivan	74 Ruth Hare	77 Fiona Lamb
23 Middleton H AC 'B'	243	—	80 Sue Taylor	81 Alyson Lamb	82 Sandra Hutchinson

# Manchester Area Cross Country League at Boggart Hole Clough on Sunday 13th January 2013

## Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	653	Richard Powell	U20 1	Trafford AC	38:04
2	475	Callum Rowlinson	U20 2	Sale H Manchester	39:45
3	545	Henry Valentine	U20 3	South Cheshire AC	40:36
4	424	Alex Bradford	U20 4	Sale H Manchester	42:13
5	334	Nicholas Howarth	U20 5	Manchester Triathlon	43:53
6	221	Tom Hindmarch	U20 6	MMU Harriers	44:39
7	857	Nathan Cooper	U20 7	Salford Met AC	47:55
8	441	Ben Fox	U20 8	Sale H Manchester	48:02
9	222	Luke McCrave	U20 9	MMU Harriers	48:03
10	853	Ben Flanagan	U20 10	Swinton RC	51:10

## Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	148	David Norman		Altrincham & Dist AC	34:48
2	2103	\$Andi Jones		Unattached	35:01
3	725	Damian Nicholls		Wilmslow RC	37:12
4	344	Alex Lawton		Manchester Triathlon	37:38
5	507	Robert Hughes		Salford H & AC	38:00
6	684	Dominic Mahon		Warrington AC	38:15
7	633	Tom Charles		Trafford AC	38:20
8	526	Anthony Taylor		Salford H & AC	39:12
9	514	Howard Mead		Salford H & AC	39:18
10	434	Peter Crawford		Sale H Manchester	39:20
11	439	Rob Flannery		Sale H Manchester	40:18
12	607	Matthew Clark		Swinton RC	40:28
13	205	Howard Oldham		E Cheshire H & Tameside AC	40:38
14	461	Stephen McCarron		Sale H Manchester	40:39
15	504	Mike Grace		Salford H & AC	40:40
16	459	David Marsh		Sale H Manchester	41:08
17	619	Darren Russell		Swinton RC	41:39
18	831	John Sloan		E Cheshire H & Tameside AC	41:42
19	293	James Moles		Manchester Frontrunners	41:46
20	145	Matthew Kelly		Altrincham & Dist AC	41:49
21	599	Matt Townley		Stockport H & AC	41:52
22	849	Matthew Wackett		Knutsford Tri Club	41:56
23	627	Daniel Ansell		Trafford AC	42:00
24	335	Llyr Hughes		Manchester Triathlon	42:11
25	481	Steven Townley		Sale H Manchester	42:15
26	215	Lee Midghall		Liverpool H & AC	42:23
27	855	Bradley Murphy		Wilmslow RC	42:29
28	216	Carl Mountain		Liverpool H & AC	42:32
29	463	Andrew Mooney		Sale H Manchester	42:36
30	624	Mark Whittington		Swinton RC	42:40
31	155	Neil Walker		Altrincham & Dist AC	42:46
32	129	Michael Berks		Altrincham & Dist AC	42:51
33	157	Andrew Whittingham		Altrincham & Dist AC	42:51
34	858	Nigel Martin		Sale H Manchester	42:59
35	199	Kevin Jowett		E Cheshire H & Tameside AC	43:01
36	2094	\$Adam McArthur		Enfield & Haringey	43:02
37	227	Chris Bentley		Macclesfield H & AC	43:03
38	446	Michael Hatch		Sale H Manchester	43:07
39	233	Robert Hasler		Macclesfield H & AC	43:19
40	443	Olivier Gaillemin		Sale H Manchester	43:28
41	326	Rob Halfpenny		Manchester Triathlon	43:47
42	755	David Stephan		Manchester Frontrunners	43:51
43	2105	\$Aaron Saxton		Unattached	43:55
44	690	Barry Archbold		Wilmslow RC	44:00
45	402	Tom Griffiths		St Helens Sutton AC	44:08
46	363	Roger Thomas		Manchester Triathlon	44:37
47	254	Liam Bartlett		Manchester H & AC	44:39
48	306	Sam Begg		Manchester Triathlon	44:45
49	554	Phil Burns		Stockport H & AC	44:55
50	454	Ian Jones		Sale H Manchester	45:11
51	318	Darren Cope		Manchester Triathlon	45:25
52	356	Andy Quicke		Manchester Triathlon	45:43
53	288	Jono Guildford		Manchester Frontrunners	45:56
54	449	Christopher Heys		Sale H Manchester	46:19
55	396	Alec Roberts		Middleton H AC	46:22
56	376	Mark Griffiths		Manchester Ymca H	46:26
57	598	Dave Townley		Stockport H & AC	46:47
58	719	Allan McCormick		Wilmslow RC	46:49
59	272	Chris Sewart		Manchester H & AC	48:29
60	625	Liam Wilkinson		Swinton RC	49:30
61	286	Nico Gibert		Manchester Frontrunners	50:02
62	295	Lucas Nightingale		Manchester Frontrunners	50:20
63	354	John Pegington		Manchester Triathlon	50:22
64	796	John Goggins		Knutsford Tri Club	50:41
65	315	Tim Condon		Manchester Triathlon	50:48
66	319	Kevin Cornwall		Manchester Triathlon	51:07
67	845	Neil McGraw		Stockport H & AC	51:17
68	830	Bernhard Wagner		Belle Vue Racers	51:40
69	781	Chris Humble		Middleton H AC	52:07
70	297	J Ramos-Gallego		Manchester Frontrunners	53:03
71	103	Gary Birch		ABC Runners	53:12
72	751	Stephen Weigh		Manchester Frontrunners	53:29
73	2108	\$Michael Lim		Unattached	53:33
74	763	Lewis Green		Sale H Manchester	54:26
75	357	Alastair Rainsbury		Manchester Triathlon	54:27
76	178	Ross Kennedy		Bramhall Runners	54:28
77	536	Stuart Mairs		Salford Met AC	54:59
78	601	Jeremy Woodham		Stockport H & AC	56:59
79	377	James Gu		Manchester Ymca H	57:08
80	162	James Corrigan		Belle Vue Racers	58:29
81	291	Christopher Loughran		Manchester Frontrunners	58:40
82	2109	\$Andrew Littlewood		Unattached	1:00:59
83	622	Andy Smith		Swinton RC	1:08:54

## Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	388	Michael Flatley	V40 1	Middleton H AC	39:38
2	259	Ed Fazakerley	V40 2	Manchester H & AC	39:47
3	729	Jim Pendlill	V40 3	Wilmslow RC	40:44
4	581	Adrian Nutter	V40 4	Stockport H & AC	40:47
5	740	Andy Whittingham	V40 5	Wilmslow RC	41:21
6	562	James Corden	V40 6	Stockport H & AC	42:38
7	112	Mark Livingston	V40 7	ABC Runners	43:30
8	374	Lee Dunn	V40 8	Manchester Ymca H	45:00
9	143	Shaun Jackson	V40 9	Altrincham & Dist AC	45:30
10	539	Shane Wolstencroft	V40 10	Salford Met AC	46:15
11	351	John Murray	V40 11	Manchester Triathlon	46:28
12	496	Sean Cordell	V40 12	Salford H & AC	46:51
13	724	Adam Neale	V40 13	Wilmslow RC	47:14
14	432	Chris Cook	V40 14	Sale H Manchester	47:19
15	616	Chris Lomax	V40 15	Swinton RC	47:34
16	247	Tim Walton	V40 16	Macclesfield H & AC	47:41
17	850	Paul Wain	V40 17	Knutsford Tri Club	48:10
18	2102	\$Gary Dean	V40 18	Penistone Footpath Runners	48:25
19	236	Steve Lomas	V40 19	Macclesfield H & AC	49:10
20	115	Tony Morgan	V40 20	ABC Runners	49:16
21	716	Craig Hunt	V40 21	Wilmslow RC	49:52
22	567	Darren Hales	V40 22	Stockport H & AC	50:21
23	151	Craig Partridge	V40 23	Altrincham & Dist AC	50:49
24	253	Lloyd Barlow	V40 24	Manchester H & AC	51:14
25	324	Simon Granger	V40 25	Manchester Triathlon	52:52
26	404	Peter Johnson	V40 26	St Helens Sutton AC	53:55
27	257	Jason Brogan	V40 27	Manchester H & AC	54:23
28	847	Paul Cooper	V40 28	Manchester Ymca H	55:45
29	805	Edward Taylor	V40 29	Knutsford Tri Club	57:59



## Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	701	Rob Downs	V45	1 Wilmslow RC	38:23	28	615	Andy Land	V45	28 Swinton RC	48:31
2	489	Roger Alsop	V45	2 Salford H & AC	41:23	29	522	Mark Seed	V45	29 Salford H & AC	49:11
3	642	Mike Hutchinson	V45	3 Trafford AC	41:36	30	592	Michael Slater	V45	30 Stockport H & AC	49:13
4	375	David Garner	V45	4 Manchester Ymca H	41:54	31	620	Paul Rutherford	V45	31 Swinton RC	49:26
5	680	Stephen Thompson	V45	5 Vale Royal AC	42:10	32	623	Rick Waring	V45	32 Swinton RC	49:43
6	241	James Noakes	V45	6 Macclesfield H & AC	42:16	33	836	Chris Grime	V45	33 Wilmslow RC	49:56
7	565	Kevan Garner	V45	7 Stockport H & AC	42:30	34	471	Tim Rainey	V45	34 Sale H Manchester	50:14
8	632	Dick Byers	V45	8 Trafford AC	43:04	35	304	Mark Barker	V45	35 Manchester Triathlon	50:17
9	194	Simon Grundy	V45	9 E Cheshire H & Tameside AC	43:32	36	368	Simon Wildman	V45	36 Manchester Triathlon	50:25
10	821	Tom Annable	V45	10 Vale Royal AC	43:41	37	552	David Bibby	V45	37 Stockport H & AC	50:34
11	336	Phil Huntington	V45	11 Manchester Triathlon	43:42	38	168	Nigel Sedman	V45	38 Belle Vue Racers	51:11
12	741	Rob Wilson	V45	12 Wilmslow RC	44:42	39	172	Andy Wood	V45	39 Belle Vue Racers	51:48
13	173	Paul Beckett	V45	13 Bramhall Runners	44:49	40	628	Robin Beaumont	V45	40 Trafford AC	51:53
14	648	Paul Mannion	V45	14 Trafford AC	45:05	41	688	James Jones	V45	41 West Cheshire AC	52:55
15	790	Ian Ireland	V45	15 Middleton HAC	45:15	42	154	Damian Utton	V45	42 Altrincham & Dist AC	52:58
16	731	Graham Screawn	V45	16 Wilmslow RC	45:24	43	175	Steve Fairclough	V45	43 Bramhall Runners	53:07
17	735	Graham Taylor	V45	17 Wilmslow RC	45:33	44	385	Colin Carter	V45	44 Middleton HAC	54:33
18	276	Matt Whitehead	V45	18 Manchester H & AC	45:34	45	184	John Bowker	V45	45 E Cheshire H & Tameside AC	54:35
19	574	Graham Marsland	V45	19 Stockport H & AC	45:44	46	569	Nigel Harrison	V45	46 Stockport H & AC	56:03
20	230	Julian Brown	V45	20 Macclesfield H & AC	45:53	47	2107	\$Darren Riley	V45	47 Unattached	56:08
21	339	Tim Johns	V45	21 Manchester Triathlon	46:21	48	535	Chris Jones	V45	48 Salford Met AC	56:16
22	841	Dan Croft	V45	22 Macclesfield H & AC	46:37	49	317	Neil Cooper	V45	49 Manchester Triathlon	56:48
23	732	Ian Smallwood	V45	23 Wilmslow RC	46:45	50	313	Andy Chalmers	V45	50 Manchester Triathlon	57:13
24	359	Paul Schofield	V45	24 Manchester Triathlon	46:48	51	586	Nick Roberts	V45	51 Stockport H & AC	57:26
25	298	Roberto Raso	V45	25 Manchester Frontrunners	47:49	52	264	Denis Kelly	V45	52 Manchester H & AC	1:03:02
26	169	Simon Stead	V45	26 Belle Vue Racers	48:08	53	626	David Williamson	V45	53 Swinton RC	1:06:39
27	480	Francis Sweeney	V45	27 Sale H Manchester	48:13						

## Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time						
1	718	Graham Macneill	V50	1 Wilmslow RC	39:56	13	409	Andrew O'Connor	V50	13 St Helens Sutton AC	49:46
2	203	Gary Matthews	V50	2 E Cheshire H & Tameside AC	42:03	14	693	Jon Bale	V50	14 Wilmslow RC	50:31
3	795	Dave Clamp	V50	3 Knutsford Tri Club	42:21	15	248	Alan Webster	V50	15 Macclesfield H & AC	51:21
4	209	Stephen Robinson	V50	4 E Cheshire H & Tameside AC	43:13	16	2106	\$Dave Bradford	V50	16 Unattached	52:10
5	644	David Keeling	V50	5 Trafford AC	43:49	17	804	Paul Stubbs/Jeffries	V50	17 Knutsford Tri Club	52:18
6	239	John Mooney	V50	6 Macclesfield H & AC	44:14	18	559	Roger Coleman	V50	18 Stockport H & AC	53:15
7	393	Anthony Lowe	V50	7 Middleton HAC	46:31	19	249	Mark Wheelton	V50	19 Macclesfield H & AC	55:49
8	196	Derek Hughes	V50	8 E Cheshire H & Tameside AC	46:53	20	366	Richard Wallace	V50	20 Manchester Triathlon	55:54
9	695	Nick Bishop	V50	9 Wilmslow RC	47:28	21	787	Tom Lavin	V50	21 Altrincham & Dist AC	57:33
10	142	Pete Hill	V50	10 Altrincham & Dist AC	47:42	22	613	Steve Hart	V50	22 Swinton RC	1:01:25
11	406	Mark Liprot	V50	11 St Helens Sutton AC	48:20	23	378	Steve Ingham	V50	23 Manchester Ymca H	1:02:35
12	141	Graham Harrison	V50	12 Altrincham & Dist AC	49:24	24	277	Dave Wood	V50	24 Manchester H & AC	1:04:58

## Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time						
1	720	Tom McGaff	V55	1 Wilmslow RC	42:33	8	672	John Clarke	V55	8 Vale Royal AC	52:25
2	839	Stanley Owen	V55	2 Salford H & AC	42:41	9	568	Tim Hargreaves	V55	9 Stockport H & AC	52:32
3	670	Tony Archer	V55	3 Vale Royal AC	46:39	10	386	Paul Collinge	V55	10 Middleton HAC	53:02
4	866	Mike Weedall	V55	4 Vale Royal AC	47:23	11	397	Craig Sutherland	V55	11 Middleton HAC	58:07
5	479	Jerry Smith	V55	5 Sale H Manchester	50:32	12	144	Mike Jones	V55	12 Altrincham & Dist AC	1:02:11
6	509	Ian Johnson	V55	6 Salford H & AC	51:26	13	176	Michael Gibbons	V55	13 Bramhall Runners	1:03:08
7	558	David Chrystie-Lowe	V55	7 Stockport H & AC	52:24	14	391	Stephen Granville	V55	14 Middleton HAC	1:09:05

## Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time						
1	596	Robert Taylor	V60	1 Stockport H & AC	44:19	8	675	Paul Hudson	V60	8 Vale Royal AC	57:45
2	551	Len Best	V60	2 Stockport H & AC	45:31	9	232	David Hancock	V60	9 Macclesfield H & AC	59:29
3	739	Andy Watts	V60	3 Wilmslow RC	48:39	10	381	Jon Paramor	V60	10 Manchester Ymca H	59:47
4	764	Mike Noble	V60	4 Stockport H & AC	51:37	11	789	Hugh McKenna	V60	11 Altrincham & Dist AC	1:01:49
5	776	Trevor Longman	V60	5 Macclesfield H & AC	51:55	12	778	Alan Thomas	V60	12 Salford Met AC	1:04:27
6	710	Patrick Grannan	V60	6 Wilmslow RC	53:09	13	179	John Leah	V60	13 Bramhall Runners	1:05:44
7	165	Barry Guy	V60	7 Belle Vue Racers	56:33						

## Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	229	Barry Blyth	V65	1 Macclesfield H & AC	48:06
2	715	Tony Hulme	V65	2 Wilmslow RC	50:58
3	678	Colin Rathbone	V65	3 Vale Royal AC	54:36
4	515	Dennis Moran	V65	4 Salford H & AC	59:46
5	198	Christopher Johnson	V65	5 E Cheshire H & Tameside AC	1:00:10

## Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	704	Trevor Faulkner	V70	1 Wilmslow RC	1:07:23

# Manchester Area Cross Country League

## at Boggart Hole Clough on Sunday 13th January 2013

### Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	148	David Norman		Altrincham & Dist AC	34:48	84	554	Phil Burns		Stockport H & AC	44:55
2	2103	\$Andi Jones		Unattached	35:01	85	374	Lee Dunn	V40	8 Manchester Ymca H	45:00
3	725	Damian Nicholls		Wilmslow RC	37:12	86	648	Paul Mannion	V45	14 Trafford AC	45:05
4	344	Alex Lawton		Manchester Triathlon	37:38	87	454	Ian Jones		Sale H Manchester	45:11
5	507	Robert Hughes		Salford H & AC	38:00	88	790	Ian Ireland	V45	15 Middleton H AC	45:15
6	653	Richard Powell	U20	1 Trafford AC	38:04	89	731	Graham Screawn	V45	16 Wilmslow RC	45:24
7	684	Dominic Mahon		Warrington AC	38:15	90	318	Darren Cope		Manchester Triathlon	45:25
8	633	Tom Charles		Trafford AC	38:20	91	143	Shaun Jackson	V40	9 Altrincham & Dist AC	45:30
9	701	Rob Downs	V45	1 Wilmslow RC	38:23	92	551	Len Best	V60	2 Stockport H & AC	45:31
10	526	Anthony Taylor		Salford H & AC	39:12	93	735	Graham Taylor	V45	17 Wilmslow RC	45:33
11	514	Howard Mead		Salford H & AC	39:18	94	276	Matt Whitehead	V45	18 Manchester H & AC	45:34
12	434	Peter Crawford		Sale H Manchester	39:20	95	356	Andy Quicke		Manchester Triathlon	45:43
13	388	Michael Flatley	V40	1 Middleton H AC	39:38	96	574	Graham Marsland	V45	19 Stockport H & AC	45:44
14	475	Callum Rowlinson	U20	2 Sale H Manchester	39:45	97	230	Julian Brown	V45	20 Macclesfield H & AC	45:53
15	259	Ed Fazakerley	V40	2 Manchester H & AC	39:47	98	288	Jono Guildford		Manchester Frontrunners	45:56
16	718	Graham Macneill	V50	1 Wilmslow RC	39:56	99	539	Shane Wolstencroft	V40	10 Salford Met AC	46:15
17	439	Rob Flannery		Sale H Manchester	40:18	100	449	Christopher Heys		Sale H Manchester	46:19
18	607	Matthew Clark		Swinton RC	40:28	101	339	Tim Johns	V45	21 Manchester Triathlon	46:21
19	545	Henry Valentine	U20	3 South Cheshire AC	40:36	102	396	Alec Roberts		Middleton H AC	46:22
20	205	Howard Oldham		E Cheshire H & Tameside AC	40:38	103	376	Mark Griffiths		Manchester Ymca H	46:26
21	461	Stephen McCarron		Sale H Manchester	40:39	104	351	John Murray	V40	11 Manchester Triathlon	46:28
22	504	Mike Grace		Salford H & AC	40:40	105	393	Anthony Lowe	V50	7 Middleton H AC	46:31
23	729	Jim Pendrill	V40	3 Wilmslow RC	40:44	106	841	Dan Croft	V45	22 Macclesfield H & AC	46:37
24	581	Adrian Nutter	V40	4 Stockport H & AC	40:47	107	670	Tony Archer	V55	3 Vale Royal AC	46:39
25	459	David Marsh		Sale H Manchester	41:08	108	732	Ian Smallwood	V45	23 Wilmslow RC	46:45
26	740	Andy Whittingham	V40	5 Wilmslow RC	41:21	109	598	Dave Townley		Stockport H & AC	46:47
27	489	Roger Alsop	V45	2 Salford H & AC	41:23	110	359	Paul Schofield	V45	24 Manchester Triathlon	46:48
28	642	Mike Hutchinson	V45	3 Trafford AC	41:36	111	719	Allan McCormick		Wilmslow RC	46:49
29	619	Darren Russell		Swinton RC	41:39	112	496	Sean Cordell	V40	12 Salford H & AC	46:51
30	831	John Sloan		E Cheshire H & Tameside AC	41:42	113	196	Derek Hughes	V50	8 E Cheshire H & Tameside AC	46:53
31	293	James Moles		Manchester Frontrunners	41:46	114	724	Adam Neale	V40	13 Wilmslow RC	47:14
32	145	Matthew Kelly		Altrincham & Dist AC	41:49	115	432	Chris Cook	V40	14 Sale H Manchester	47:19
33	599	Matt Townley		Stockport H & AC	41:52	116	856	Mike Veedall	V55	4 Vale Royal AC	47:23
34	375	David Garner	V45	4 Manchester Ymca H	41:54	117	695	Nick Bishop	V50	9 Wilmslow RC	47:28
35	849	Matthew Wackett		Knutsford Tri Club	41:56	118	616	Chris Lomax	V40	15 Swinton RC	47:34
36	627	Daniel Ansell		Trafford AC	42:00	119	247	Tim Walton	V40	16 Macclesfield H & AC	47:41
37	203	Gary Matthews	V50	2 E Cheshire H & Tameside AC	42:03	120	142	Pete Hill	V50	10 Altrincham & Dist AC	47:42
38	680	Stephen Thompson	V45	5 Vale Royal AC	42:10	121	298	Roberto Raso	V45	25 Manchester Frontrunners	47:49
39	335	Llyr Hughes		Manchester Triathlon	42:11	122	857	Nathan Cooper	U20	7 Salford Met AC	47:55
40	424	Alex Bradford	U20	4 Sale H Manchester	42:13	123	441	Ben Fox	U20	8 Sale H Manchester	48:02
41	481	Steven Townley		Sale H Manchester	42:15	124	222	Luke McCrave	U20	9 MMU Harriers	48:03
42	241	James Noakes	V45	6 Macclesfield H & AC	42:16	125	229	Barry Blyth	V65	1 Macclesfield H & AC	48:06
43	795	Dave Clamp	V50	3 Knutsford Tri Club	42:21	126	169	Simon Stead	V45	26 Belle Vue Racers	48:08
44	215	Lee Midghall		Liverpool H & AC	42:23	127	850	Paul Wain	V40	17 Knutsford Tri Club	48:10
45	855	Bradley Murphy		Wilmslow RC	42:29	128	480	Francis Sweeney	V45	27 Sale H Manchester	48:13
46	565	Kevan Garner	V45	7 Stockport H & AC	42:30	129	406	Mark Liprot	V50	11 St Helens Sutton AC	48:20
47	216	Carl Mountain		Liverpool H & AC	42:32	130	2102	\$Gary Dean	V40	18 Penistone Footpath Runners	48:25
48	720	Tom McGaff	V55	1 Wilmslow RC	42:33	131	272	Chris Sewart		Manchester H & AC	48:29
49	463	Andrew Mooney		Sale H Manchester	42:36	132	615	Andy Land	V45	28 Swinton RC	48:31
50	562	James Corden	V40	6 Stockport H & AC	42:38	133	739	Andy Watts	V60	3 Wilmslow RC	48:39
51	624	Mark Whittington		Swinton RC	42:40	134	236	Steve Lomas	V40	19 Macclesfield H & AC	49:10
52	839	Stanley Owen	V55	2 Salford H & AC	42:41	135	522	Mark Seed	V45	29 Salford H & AC	49:11
53	155	Neil Walker		Altrincham & Dist AC	42:46	136	592	Michael Slater	V45	30 Stockport H & AC	49:13
54	129	Michael Berks		Altrincham & Dist AC	42:51	137	115	Tony Morgan	V40	20 ABC Runners	49:16
55	157	Andrew Whittingham		Altrincham & Dist AC	42:51	138	141	Graham Harrison	V50	12 Altrincham & Dist AC	49:24
56	858	Nigel Martin		Sale H Manchester	42:59	139	620	Paul Rutherford	V45	31 Swinton RC	49:26
57	199	Kevin Jowett		E Cheshire H & Tameside AC	43:01	140	625	Liam Wilkinson		Swinton RC	49:30
58	2094	\$Adam McArthur		Enfield & Haringey	43:02	141	623	Rick Waring	V45	32 Swinton RC	49:43
59	227	Chris Bentley		Macclesfield H & AC	43:03	142	409	Andrew O'Connor	V50	13 St Helens Sutton AC	49:46
60	632	Dick Byers	V45	8 Trafford AC	43:04	143	716	Craig Hunt	V40	21 Wilmslow RC	49:52
61	446	Michael Hatch		Sale H Manchester	43:07	144	836	Chris Grime	V45	33 Wilmslow RC	49:56
62	209	Stephen Robinson	V50	4 E Cheshire H & Tameside AC	43:13	145	286	Nico Gibert		Manchester Frontrunners	50:02
63	233	Robert Hasler		Macclesfield H & AC	43:19	146	471	Tim Rainey	V45	34 Sale H Manchester	50:14
64	443	Olivier Gaillemin		Sale H Manchester	43:28	147	304	Mark Barker	V45	35 Manchester Triathlon	50:17
65	112	Mark Livingston	V40	7 ABC Runners	43:30	148	295	Lucas Nightingale		Manchester Frontrunners	50:20
66	194	Simon Grundy	V45	9 E Cheshire H & Tameside AC	43:32	149	567	Darren Hales	V40	22 Stockport H & AC	50:21
67	821	Tom Annable	V45	10 Vale Royal AC	43:41	150	354	John Pegington		Manchester Triathlon	50:22
68	336	Phil Huntington	V45	11 Manchester Triathlon	43:42	151	368	Simon Wildman	V45	36 Manchester Triathlon	50:25
69	326	Rob Halfpenny		Manchester Triathlon	43:47	152	693	Jon Bale	V50	14 Wilmslow RC	50:31
70	644	David Keeling	V50	5 Trafford AC	43:49	153	479	Jerry Smith	V55	5 Sale H Manchester	50:32
71	755	David Stephan		Manchester Frontrunners	43:51	154	552	David Bibby	V45	37 Stockport H & AC	50:34
72	334	Nicholas Howarth	U20	5 Manchester Triathlon	43:53	155	796	John Goggins		Knutsford Tri Club	50:41
73	2105	\$Aaron Saxton		Unattached	43:55	156	315	Tim Condon		Manchester Triathlon	50:48
74	690	Barry Archbold		Wilmslow RC	44:00	157	151	Craig Partridge	V40	23 Altrincham & Dist AC	50:49
75	402	Tom Griffiths		St Helens Sutton AC	44:08	158	715	Tony Hulme	V65	2 Wilmslow RC	50:58
76	239	John Mooney	V50	6 Macclesfield H & AC	44:14	159	319	Kevin Cornwall		Manchester Triathlon	51:07
77	596	Robert Taylor	V60	1 Stockport H & AC	44:19	160	853	Ben Flanagan	U20	10 Swinton RC	51:10
78	363	Roger Thomas		Manchester Triathlon	44:37	161	168	Nigel Sedman	V45	38 Belle Vue Racers	51:11
79	221	Tom Hindmarch	U20	6 MMU Harriers	44:39	162	253	Lloyd Barlow	V40	24 Manchester H & AC	51:14
80	254	Liam Bartlett		Manchester H & AC	44:39	163	845	Neil McGraw		Stockport H & AC	51:17
81	741	Rob Wilson	V45	12 Wilmslow RC	44:42	164	248	Alan Webster	V50	15 Macclesfield H & AC	51:21
82	306	Sam Begg		Manchester Triathlon	44:45	165	509	Ian Johnson	V55	6 Salford H & AC	51:26
83	173	Paul Beckett	V45	13 Bramhall Runners	44:49	166	764	Mike Noble	V60	4 Stockport H & AC	51:37

167	830	Bernhard Wagner		Belle Vue Racers	51:40	200	569	Nigel Harrison	V45	46	Stockport H & AC	56:03
168	172	Andy Wood	V45	39 Belle Vue Racers	51:48	201	2107	\$Darren Riley	V45	47	Unattached	56:08
169	628	Robin Beaumont	V45	40 Trafford AC	51:53	202	535	Chris Jones	V45	48	Salford Met AC	56:16
170	776	Trevor Longman	V60	5 Macclesfield H & AC	51:55	203	165	Barry Guy	V60	7	Belle Vue Racers	56:33
171	781	Chris Humble		Middleton H AC	52:07	204	317	Neil Cooper	V45	49	Manchester Triathlon	56:48
172	2106	\$Dave Bradford	V50	16 Unattached	52:10	205	601	Jeremy Woodham			Stockport H & AC	56:59
173	804	Paul StubbsJeffries	V50	17 Knutsford Tri Club	52:18	206	377	James Gu			Manchester Ymca H	57:08
174	558	David Chrystie-Lowe	V55	7 Stockport H & AC	52:24	207	313	Andy Chalmers	V45	50	Manchester Triathlon	57:13
175	672	John Clarke	V55	8 Vale Royal AC	52:25	208	586	Nick Roberts	V45	51	Stockport H & AC	57:26
176	568	Tim Hargreaves	V55	9 Stockport H & AC	52:32	209	787	Tom Lavin	V50	21	Altrincham & Dist AC	57:33
177	324	Simon Granger	V40	25 Manchester Triathlon	52:52	210	675	Paul Hudson	V60	8	Vale Royal AC	57:45
178	688	James Jones	V45	41 West Cheshire AC	52:55	211	805	Edward Taylor	V40	29	Knutsford Tri Club	57:59
179	154	Damian Utton	V45	42 Altrincham & Dist AC	52:58	212	397	Craig Sutherland	V55	11	Middleton H AC	58:07
180	386	Paul Collinge	V55	10 Middleton H AC	53:02	213	162	James Corrigan			Belle Vue Racers	58:29
181	297	J Ramos-Gallego		Manchester Frontrunners	53:03	214	291	Christopher Loughran			Manchester Frontrunners	58:40
182	175	Steve Fairclough	V45	43 Bramhall Runners	53:07	215	232	David Hancock	V60	9	Macclesfield H & AC	59:29
183	710	Patrick Grannan	V60	6 Wilmslow RC	53:09	216	515	Dennis Moran	V65	4	Salford H & AC	59:46
184	103	Gary Birch		ABC Runners	53:12	217	381	Jon Paramor	V60	10	Manchester Ymca H	59:47
185	559	Roger Coleman	V50	18 Stockport H & AC	53:15	218	198	Christopher Johnson	V65	5	E Cheshire H & Tameside AC	1:00:10
186	751	Stephen Weigh		Manchester Frontrunners	53:29	219	2109	\$Andrew Littlewood			Unattached	1:00:59
187	2108	\$Michael Lim		Unattached	53:33	220	613	Steve Hart	V50	22	Swinton RC	1:01:25
188	404	Peter Johnson	V40	26 St Helens Sutton AC	53:55	221	789	Hugh McKenna	V60	11	Altrincham & Dist AC	1:01:49
189	257	Jason Brogan	V40	27 Manchester H & AC	54:23	222	144	Mike Jones	V55	12	Altrincham & Dist AC	1:02:11
190	763	Lewis Green		Sale H Manchester	54:26	223	378	Steve Ingham	V50	23	Manchester Ymca H	1:02:35
191	357	Alastair Rainsbury		Manchester Triathlon	54:27	224	264	Denis Kelly	V45	52	Manchester H & AC	1:03:02
192	178	Ross Kennedy		Bramhall Runners	54:28	225	176	Michael Gibbons	V55	13	Bramhall Runners	1:03:08
193	385	Colin Carter	V45	44 Middleton H AC	54:33	226	778	Alan Thomas	V60	12	Salford Met AC	1:04:27
194	184	John Bowker	V45	45 E Cheshire H & Tameside AC	54:35	227	277	Dave Wood	V50	24	Manchester H & AC	1:04:58
195	678	Colin Rathbone	V65	3 Vale Royal AC	54:36	228	179	John Leah	V60	13	Bramhall Runners	1:05:44
196	536	Stuart Mairs		Salford Met AC	54:59	229	626	David Williamson	V45	53	Swinton RC	1:06:39
197	847	Paul Cooper	V40	28 Manchester Ymca H	55:45	230	704	Trevor Faulkner	V70	1	Wilmslow RC	1:07:23
198	249	Mark Wheelton	V50	19 Macclesfield H & AC	55:49	231	622	Andy Smith			Swinton RC	1:08:54
199	366	Richard Wallace	V50	20 Manchester Triathlon	55:54	232	391	Stephen Granville	V55	14	Middleton H AC	1:09:05

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow RC	116	—	2	Damian Nicholls	8	Rob Downs	15	Graham Macneill	22	Jim Pendrill	25	Andy Whittingham	44	Bradley Murphy
2	Salford H & AC	121	—	4	Robert Hughes	9	Anthony Taylor	10	Howard Mead	21	Mike Grace	26	Roger Alsop	51	Stanley Owen
3	Sale H Manchester	123	—	11	Peter Crawford	13	Callum Rowlinson	16	Rob Flannery	20	Stephen McCarron	24	David Marsh	39	Alex Bradford
4	Trafford AC	200	—	5	Richard Powell	7	Tom Charles	27	Mike Hutchinson	35	Daniel Ansell	58	Dick Byers	68	David Keeling
5	E Cheshire H & Tameside AC	264	—	19	Howard Oldham	29	John Sloan	36	Gary Matthews	56	Kevin Jowett	60	Stephen Robinson	64	Simon Grundy
6	Altrincham & Dist AC	279	—	1	David Norman	31	Matthew Kelly	52	Neil Walker	53	Michael Berks	54	Andrew Whittingham	88	Shaun Jackson
7	Stockport H & AC	304	—	23	Adrian Nutter	32	Matt Townley	45	Kevan Garner	49	James Corden	74	Robert Taylor	81	Phil Burns
8	Manchester Triathlon	319	—	3	Alex Lawton	38	Llyr Hughes	66	Phil Huntington	67	Rob Halfpenny	70	Nicholas Howarth	75	Roger Thomas
9	Sale H Manchester 'B'	348	—	40	Steven Townley	48	Andrew Mooney	55	Nigel Martin	59	Michael Hatch	62	Olivier Gaillemin	84	Ian Jones
10	Macclesfield H & AC	429	—	41	James Noakes	57	Chris Bentley	61	Robert Hasler	73	John Mooney	94	Julian Brown	103	Dan Croft
11	Swinton RC	473	—	17	Matthew Clark	28	Darren Russell	50	Mark Whittington	115	Chris Lomax	128	Andy Land	135	Paul Rutherford
12	Wilmslow RC 'B'	477	—	47	Tom McGaff	71	Barry Archbold	78	Rob Wilson	86	Graham Screawm	90	Graham Taylor	105	Ian Smallwood
13	Manchester Triathlon 'B'	564	—	79	Sam Begg	87	Darren Cope	92	Andy Quicke	98	Tim Johns	101	John Murray	107	Paul Schofield
14	Manchester Frontrunners	597	—	30	James Moles	69	Darren Stephan	95	Jono Guildford	118	Roberto Raso	141	Nico Gibert	144	Lucas Nightingale
15	Middleton H AC	640	—	12	Michael Flatley	85	Ian Ireland	99	Alec Roberts	102	Anthony Lowe	167	Chris Humble	175	Paul Collinge
16	Manchester H & AC	650	—	14	Ed Fazakerley	77	Liam Bartlett	91	Matt Whitehead	127	Chris Sewart	158	Lloyd Barlow	183	Jason Brogan
17	Vale Royal AC	678	—	37	Stephen Thompson	65	Tom Annable	104	Tony Archer	113	Mike Weedall	170	John Clarke	189	Colin Rathbone
18	Stockport H & AC 'B'	715	—	89	Len Best	93	Graham Marsland	106	Dave Townley	132	Michael Slater	145	Darren Hales	150	David Bibby
19	Knutsford Tri Club	723	—	34	Matthew Wackett	42	Dave Clamp	124	Paul Wain	151	John Goggins	168	Paul StubbsJeffries	204	Edward Taylor
20	Wilmslow RC 'C'	741	—	108	Allan McCormick	111	Adam Neale	114	Nick Bishop	129	Andy Watts	139	Craig Hunt	140	Chris Grime
21	Sale H Manchester 'C'	745	—	97	Christopher Heys	112	Chris Cook	120	Ben Fox	125	Francis Sweeney	142	Tim Rainey	149	Jerry Smith
22	Manchester Ymca H	815	—	33	David Garner	82	Lee Dunn	100	Mark Griffiths	191	Paul Cooper	199	James Gu	210	Jon Paramor
23	Macclesfield H & AC 'B'	886	—	116	Tim Walton	122	Barry Blyth	130	Steve Lomas	160	Alan Webster	166	Trevor Longman	192	Mark Wheelton
24	Manchester Triathlon 'C'	915	—	143	Mark Barker	146	John Pegington	147	Simon Wildman	152	Tim Condon	155	Kevin Cornwall	172	Simon Granger
25	Altrincham & Dist AC 'B'	993	—	117	Pete Hill	134	Graham Harrison	153	Craig Partridge	174	Damian Utton	202	Tom Lavin	213	Hugh McKenna
26	Belle Vue Racers	1009	—	123	Simon Stead	157	Nigel Sedman	163	Bernhard Wagner	164	Andy Wood	196	Barry Guy	206	James Corrigan
27	Stockport H & AC 'C'	1035	—	159	Neil McGraw	162	Mike Noble	169	David Chrystie-Lowe	171	Tim Hargreaves	180	Roger Coleman	194	Nigel Harrison
28	Swinton RC 'B'	1085	—	136	Liam Wilkinson	137	Rick Waring	156	Ben Flanagan	212	Steve Hart	221	David Williamson	223	Andy Smith

## Senior Men aged 17 to 19 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	14	—	2	Callum Rowlinson	4	Alex Bradford	8	Ben Fox
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## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wilmslow RC	17 — 1 Rob Downs	4 Graham Macneill	5 Jim Pendrill	7 Andy Whittingham
2 Stockport H & AC	65 — 6 Adrian Nutter	15 Kevan Garner	17 James Corden	27 Robert Taylor
3 Trafford AC	84 — 9 Mike Hutchinson	19 Dick Byers	25 David Keeling	31 Paul Mannion
4 E Cheshire H & Tameside AC	102 — 11 Gary Matthews	20 Stephen Robinson	22 Simon Grundy	49 Derek Hughes
5 Wilmslow RC 'B'	113 — 16 Tom McGaff	28 Rob Wilson	33 Graham Screawn	36 Graham Taylor
6 Macclesfield H & AC	122 — 13 James Noakes	26 John Mooney	39 Julian Brown	44 Dan Croft
7 Vale Royal AC	132 — 12 Stephen Thompson	23 Tom Annable	45 Tony Archer	52 Mike Weedall
8 Salford H & AC	140 — 8 Roger Alsop	18 Stanley Owen	48 Sean Cordell	66 Mark Seed
9 Manchester Triathlon	154 — 24 Phil Huntington	41 Tim Johns	42 John Murray	47 Paul Schofield
10 Middleton H AC	176 — 2 Michael Flatley	32 Ian Ireland	43 Anthony Lowe	99 Paul Collinge
11 Wilmslow RC 'C'	213 — 46 Ian Smallwood	50 Adam Neale	53 Nick Bishop	64 Andy Watts
12 Stockport H & AC 'B'	217 — 35 Len Best	38 Graham Marsland	67 Michael Slater	77 Darren Hales
13 Manchester H & AC	229 — 3 Ed Fazakerley	37 Matt Whitehead	85 Lloyd Barlow	104 Jason Brogan
14 Altrincham & Dist AC	241 — 34 Shaun Jackson	56 Pete Hill	69 Graham Harrison	82 Craig Partridge
15 Swinton RC	258 — 54 Chris Lomax	63 Andy Land	70 Paul Rutherford	71 Rick Waring
16 Macclesfield H & AC 'B'	264 — 55 Tim Walton	58 Barry Blyth	65 Steve Lomas	86 Alan Webster
17 Sale H Manchester	267 — 51 Chris Cook	61 Francis Sweeney	75 Tim Rainey	80 Jerry Smith
18 Manchester Ymca H	271 — 10 David Garner	30 Lee Dunn	108 Paul Cooper	123 Jon Paramor
19 Knutsford Tri Club	285 — 14 Dave Clamp	60 Paul Wain	92 Paul Stubbs	119 Edward Taylor
20 Wilmslow RC 'D'	309 — 73 Craig Hunt	74 Chris Grime	79 Jon Bale	83 Tony Hulme
21 Belle Vue Racers	345 — 59 Simon Stead	84 Nigel Sedman	89 Andy Wood	113 Barry Guy
22 Stockport H & AC 'C'	357 — 81 David Bibby	88 Mike Noble	93 David Chrystie-Lowe	95 Tim Hargreaves
23 Manchester Triathlon 'B'	360 — 76 Mark Barker	78 Simon Wildman	96 Simon Granger	110 Richard Wallace
24 Bramhall Runners	392 — 29 Paul Beckett	100 Steve Fairclough	130 Michael Gibbons	133 John Leah
25 Altrincham & Dist AC 'B'	468 — 98 Damian Utton	117 Tom Lavin	126 Hugh McKenna	127 Mike Jones