

Position	Name	Club	Cat	Time
1	Paul Green	Sale Harriers	M	00:32:34
2	Declan Fahey	Goyt Valley Striders	MV40	00:33:40
3	Seb Palmer	Rugby & Northampton Ac	M	00:34:23
4	Steven Townley	Sale Harriers	M	00:34:29
5	Paul Davies	Unattached	M	00:35:12
6	Billy Mcartney	Salford Harriers	M	00:35:29
7	Donna Jones	Sale Harriers	L	00:36:27
8	Mark Pottinger	Stainland Lions	M	00:36:43
9	Phil Scowcroft	Sale Harriers	M	00:37:35
10	Lee Mitchell	Kingstone Runners	M	00:39:34
11	Rob Fishwick	Unattached	M	00:39:53
12	Gareth Simpson	East Cheshire Harriers & Tameside Ac	MV40	00:40:01
13	Dean Longley	Prestatyn	M	00:40:11
14	Sarah Douglas	Sale Harriers	L	00:40:14
15	Michael Slater	Stockport Harriers & AC	MV45	00:40:23
16	Kerrie Wood Doyle	Stockport Harriers & AC	LV45	00:40:26
17	Josh Webster	Unattached	M	00:40:35
18	Mark Ross	Unattached	MV45	00:40:42
19	Alison Sedman	Belle Vue Racers	LV45	00:41:00
20	Rob Cawley	Stockport Harriers & AC	MV50	00:41:08
21	Nigel Sedman	Belle Vue Racers	MV45	00:41:46
22	Andy Fowler	Stockport Harriers & AC	MV45	00:42:02
23	Simon Boyd	Sale Harriers	MV40	00:42:11
24	Jason Stott	Belle Vue Racers	MV40	00:42:46
25	Andrew Croston	Rentalcars	M	00:43:11
26	Steve Webb	Belle Vue Racers	M	00:43:18
27	Louise Turner	Stainland Lions	LV35	00:43:36
28	Andrew Taylor	Belle Vue Racers	M	00:43:38
29	Claire MacNeill	Unattached	LV35	00:43:51
30	Andrew Brankin	Kingstone Runners	MV45	00:44:00
31	Andrew Mainwaring	Stockport Harriers & AC	M	00:44:18
32	P D'Vetto	Belle Vue Racers	MV45	00:44:19
33	Russ Cheetham	Prestatyn	MV45	00:44:22
34	Matt Crompton	Unattached	M	00:44:34
35	Nick Ham	Stockport Harriers & AC	MV45	00:44:52
36	Janet Grint	East Cheshire Harriers & Tameside AC	LV35	00:44:54
37	Nigel Harrison	Stockport Harriers & AC	MV45	00:45:13
38	Ian Micklethwaite	Kingstone Runners	MV40	00:45:15
39	Michael Greenhalgh	Unattached	M	00:45:22
40	Jeremy Woodham	Stockport Harriers & AC	MV40	00:45:26
41	Sarah Aylmer	Stockport Harriers & AC	LV50	00:45:33
42	Ellis Clarke	Unattached	MV40	00:45:37
43	Des Miles	Unattached	MV45	00:46:14
44	David Brookes	Unattached	MV55	00:46:44
45	Rob Cator	Stockport Harriers & AC	MV50	00:46:50
46	Laura Bryant	Belle Vue Racers	L	00:46:59
47	Helen Thornhill	Stockport Harriers & AC	LV40	00:47:30
48	Sidney Sacks	Salford Harriers	MV70	00:47:34
49	Edwards Burke	Rentalcars	M	00:47:35

50	Alastair Rainsbury	Manchester Triathlon Club	M	00:47:41
51	Helen Todd	Stockport Harriers & AC	LV55	00:47:46
52	Jonathan Clarke	Glossopdale Harriers	MV45	00:47:49
53	Clive Smith	Unattached	MV40	00:47:56
54	Sharon Jones	Prestatyn	LV40	00:48:03
55	Louise Harrison	Stockport Harriers & AC	LV40	00:48:10
56	Carol Beattie	Steel City Striders	LV55	00:48:14
57	Mark Shannon	Unattached	MV40	00:48:22
58	Sarah Bowman	Unattached	LV35	00:48:24
59	Guy Whitfield	East Cheshire Harriers & Tameside Ac	MV40	00:48:27
60	Tim Wade	Kingstone Runners	MV55	00:48:28
61	Lee Buckley	East Cheshire Harriers & Tameside AC	M	00:48:30
62	Barbara Dickinson	East Cheshire Harriers & Tameside Ac	LV40	00:48:36
63	Ian Williams	Rentalcars	M	00:48:39
64	Sarah Davies	Unattached	L	00:48:42
65	Amie Bagnall	Prestatyn	L	00:48:43
66	Sean O'Farnell	Unattached	MV45	00:48:45
67	Nicola Lloyd	Bramhall Runners	L	00:49:08
68	Gerry Rogers	Styal Running Club	MV55	00:49:22
69	Richard Taylor	Barnsley Harriers	MV60	00:50:07
70	Alan Jenkinson	Styal Running Club	MV65	00:50:17
71	Andy Lord	Unattached	MV45	00:50:24
72	Mike Davies	Prestatyn	MV65	00:50:29
73	Frank Rogers	Belle Vue Racers	MV40	00:50:37
74	Michal Kowalczyk	Rentalcars	M	00:50:50
75	Jo Shannon	Unattached	LV40	00:50:58
76	Tim Rawson	Rentalcars	M	00:51:16
77	Malc Brown	Glossopdale Harriers	MV45	00:51:17
78	Eleri Goddard	Prestatyn	LV40	00:51:24
79	Jason Chapman	Hyde Village Striders	MV40	00:51:25
80	Iain Scott	Unattached	MV55	00:51:28
81	Samantha Thomas	Stockport Harriers & AC	LV35	00:51:31
82	Christine Copson	Hyde Village Striders	LV45	00:51:38
83	Sanjay Ardeshta	Belle Vue Racers	MV40	00:51:52
84	Jo Bissell	Barnsley Harriers	L	00:51:53
85	Sean Sutherland	Unattached	M	00:53:04
86	Sandy Roberts	Prestatyn	LV55	00:53:15
87	Victoria Healey	Unattached	LV35	00:53:24
88	Lisa Donnelly	Belle Vue Racers	LV35	00:53:30
89	Dave Salmon	East Cheshire Harriers & Tameside Ac	MV65	00:53:53
90	Abbie Cheetham	Prestatyn	LJ	00:54:18
91	Brian Higgins	Styal Running Club	MV60	00:55:44
92	Jo Burke	Unattached	LV35	00:55:49
93	Lewis Shoob	Prestatyn	M	00:55:54
94	Cecilia Boodhoo	Belle Vue Racers	LV50	00:56:11
95	Donna Allen	Kingstone Runners	LV35	00:57:21
96	John Leah	Bramhall Runners	MV60	00:57:36
97	Pete Rooney	Rentalcars	M	00:58:18
98	Annette Finnie	Unattached	LV55	00:58:37
99	Robert Bickley	Unattached	L	00:59:27

100 Kirstie Williamson	East Cheshire Harriers & Tameside Ac	LJ	01:00:54
101 Heather Cairns	Unattached	LV40	01:02:36
102 John Hare	Unattached	MV45	01:03:31