

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

2013 DUNHAM PARK 5k RACE 1 RESULTS

Pos	Number	Name	Cat.	Club	Time	Pos	Number	Name	Cat.	Club	Time
1	154	SHAW, Matthew	Senior Man	Salford Harriers	15.35	76	474	SMITH, Michael	Male Vet 45	Unattached	19.34
2	106	GREEN, Andrew	Male Vet 50	Warrington AC	15.38	77	601	WILLIAMS, Lloyd	Male Junior	Unattached	19.38
3	606	HORMAN, James	Senior Man	Liverpool Harriers	15.39	78	156	PANAYIOUTOU, Dimitri	Male Vet 55	Altrincham & District AC	19.39
4	590	BELL, Martyn	Male Vet 40	Horwich RMI Harriers	15.48	79	565	O'BRIEN, Mike	Senior Man	South Cheshire Harriers	19.40
5	131	HUGHES, Rob	Senior Man	Salford Harriers	16.04	80	62	HARRISON, Louisa	Female Vet 35	Wilmslow RC	19.43
6	104	DOYLE, Stuart	Male Vet 40	Vale Royal AC	16.10	81	551	HOUGH, Robert	Male Vet 40	Spectrum Striders	19.49
7	560	GREEN, Graham	Male Vet 45	Warrington AC	16.14	82	110	DAWSON, Jim	Male Vet 50	Warrington Road Runners	19.49
8	564	MURRAY, Alastair	Senior Man	Horwich RMI Harriers	16.16	83	497	O'KEEFE, Ray	Male Vet 45	Macclesfield Harriers	19.51
9	72	WALKER, Mark	Senior Man	Macclesfield Harriers	16.25	84	517	MATTHEWS, Phil	Senior Man	Wilmslow RC	19.53
10	479	DOWNS, Rob	Male Vet 45	Wilmslow RC	16.31	85	109	BYRNE, Mark	Male Vet 40	Unattached	19.54
11	34	KELLY, Matthew	Senior Man	Altrincham & District AC	16.38	86	534	BASKERVILLE, Nigel	Male Vet 45	South Cheshire Harriers	19.56
12	47	BOOTH, Gareth	Male Vet 40	Horwich RMI Harriers	16.48	87	69	STANHOPE, Nigel	Male Vet 45	Lymm Runners	19.56
13	137	MACNEIL, Graham	Male Vet 50	Wilmslow RC	16.49	88	79	GOGGINS, John	Senior Man	Knutsford Tri	19.58
14	552	RICH, David	Male Junior	Sale Harriers Mcr	16.55	89	506	TRIMBLE, Gareth	Male Vet 40	Wilmslow RC	19.58
15	90	HATCH, Mike	Senior Man	Sale Harriers Mcr	16.57	90	505	WATTS, Andy	Male Vet 60	Wilmslow RC	19.58
16	566	PENDRILL, Jim	Male Vet 40	Wilmslow RC	16.58	91	26	LEWIS, Tim	Male Vet 45	Spectrum Striders	20.00
17	97	MALLISON, Peter	Male Vet 40	South Cheshire Harriers	16.59	92	18	COLES, Matthew	Senior Man	Spectrum Striders	20.03
18	556	HARPER, Rob	Senior Man	Man Tri	16.59	93	614	FOX, Bill	Male Vet 55	Sale Harriers Mcr	20.04
19	610	WILLIAMS, Oliver	Male Junior	Unattached	17.00	94	133	HERSHAW, Callum	Male Junior	West Cheshire AC	20.05
20	549	SHAW, Hamish	Senior Man	Torq	17.03	95	135	JOHNSON, Melanie	Female Senior	Vale Royal AC	20.05
21	576	NATRAJAN, Tim	Senior Man	Unattached	17.09	96	587	PEARSON, Nick	Senior Man	Unattached	20.05
22	51	WHITTINGHAM, Andrew	Male Vet 40	Wilmslow RC	17.12	97	546	GRIME, Christopher	Male Vet 45	Wilmslow RC	20.07
23	119	BEDFORD, Timothy	Senior Man	Unattached	17.18	98	559	HOMER, Jarrod	Male Vet 45	Wilmslow RC	20.08
24	611	TOWNSEND, Andy	Male Vet 45	Horwich RMI Harriers	17.23	99	95	BARRY, Michael	Male Vet 40	Sale Harriers Mcr	20.12
25	579	WILBY, Rob	Senior Man	Knutsford Tri	17.27	100	113	HOLLAND, Andrew	Senior Man	Warrington Road Runners	20.14
26	617	CURRIE, Jonathan	Senior Man	Wilmslow RC	17.33	101	595	SCOTT, Lucy	Female Junior	Vale Royal AC	20.23
27	2	MILLINGTON, Christopher	Male Vet 40	Spectrum Striders	17.36	102	61	ELLIS, Janine	Female Vet 40	Wilmslow RC	20.26
28	114	ACKERLEY, Pete	Senior Man	Warrington Road Runners	17.37	103	589	MINSHULL, Stephen	Male Vet 45	Trafford AC	20.31
29	115	THOMPSON, Steven	Senior Man	Warrington Road Runners	17.44	104	111	GREEN, Daniel	Male Vet 40	Warrington Road Runners	20.31
30	130	BURKE, Anthony	Male Vet 40	Lymm Runners	17.44	105	5	GARNETT, Andy	Male Vet 55	Spectrum Striders	20.31
31	3	MARTIN, Colin	Male Vet 55	Spectrum Striders	17.48	106	620	SMITH, Jennifer	Female Senior	Unattached	20.33
32	100	COTTIER, Darren	Male Vet 40	Vale Royal AC	17.57	107	143	MAIRS, Stuart	Senior Man	Salford Met	20.34
33	621	GOULSBRA, Robert	Senior Man	Stockport Harriers	18.04	108	519	HULME, Tony	Male Vet 65	Wilmslow RC	20.37
34	494	WILSON, Robert	Male Vet 45	Wilmslow RC	18.05	109	11	DEMPSTER, Louise	Female Vet 45	Spectrum Striders	20.37
35	608	WOLSTENCROFT, Shane	Male Vet 40	Knutsford Tri	18.07	110	500	VESEY, Alison	Female Vet 50	Altrincham & District AC	20.50
36	553	BENNETT, Damian	Male Vet 40	Knutsford Tri	18.07	111	531	BOOTH, Kevin	Male Vet 40	Knutsford Tri	20.53
37	554	McGAFF, Tom	Male Vet 55	Wilmslow RC	18.08	112	60	DODD, Andrew	Male Vet 40	Wilmslow RC	20.56
38	107	BERGIN, Gary	Male Vet 40	Warrington AC	18.11	113	585	ANDERSON, David	Male Vet 40	Altrincham & District AC	20.59
39	55	MCVEY, Diane	Female Vet 35	Wilmslow RC	18.12	114	544	GILBERT, Geoff	Male Vet 60	Wilmslow RC	21.02
40	557	MORRIS, Trevor	Male Vet 50	Wilmslow RC	18.15	115	150	MCHARRY, Rob	Male Vet 45	Spectrum Striders	21.03
41	596	WACKETT, Matthew	Senior Man	Knutsford Tri	18.20	116	4	WHITFIELD, Liz	Female Vet 35	Spectrum Striders	21.05
42	28	CHADWICK, Daniel	Senior Man	Spectrum Striders	18.25	117	575	LAMBERT, Guy	Senior Man	Spectrum Striders	21.07
43	146	MUNSLOW, Tim	Male Vet 40	Chester Triathlon Club	18.28	118	83	COLLIER, Anthony	Male Vet 55	Styal RC	21.08
44	588	BARR, David	Male Vet 40	Liverpool Harriers	18.32	119	63	TURNER, Alan	Male Vet 45	Wilmslow RC	21.08
45	545	BONNER, Patrick	Senior Man	Altrincham & District AC	18.41	120	582	GRANGER, Simon	Male Vet 40	Manchester Tri Club	21.14
46	563	BRADBURY, Mark	Senior Man	Wilmslow RC	18.42	121	122	GERRARD, Andrew	Male Vet 45	Unattached	21.16
47	93	DAVENPORT, Tony	Senior Man	Salford Met	18.43	122	102	SMITH, Helen	Female Vet 40	Vale Royal AC	21.23
48	152	GILBERT, Rob	Male Vet 40	Wilmslow RC	18.43	123	619	AYLETT, Gary	Senior Man	Unattached	21.31
49	573	BISHOP, Nick	Male Vet 50	Wilmslow RC	18.44	124	78	PRICE, Pete	Male Vet 40	Knutsford Tri	21.34
50	487	HUDD, David	Senior Man	Spectrum Striders	18.45	125	145	LAVIN, Tom	Male Vet 50	Altrincham & District AC	21.35
51	54	MCCORMICK, Allan	Senior Man	Wilmslow RC	18.45	126	525	RUSSELL, Steve	Male Vet 50	Wilmslow RC	21.35
52	591	MYERS, Aron	Senior Man	Wilmslow RC	18.51	127	86	ROBBINS, Louise	Female Vet 35	Sale Harriers Mcr	21.40
53	158	BLIZZARD, Louise	Female Vet 35	Belgrave Harriers	18.51	128	533	GRANNAN, Patrick	Male Vet 60	Wilmslow RC	21.44
54	550	CRILLY, Nigel	Male Vet 45	Holmfirth Harriers	18.54	129	618	BYGRAVE, Diane	Female Vet 35	Wilmslow RC	21.44
55	40	KAY, Colin	Male Vet 55	Astley & Tyldesley RR	18.55	130	527	KENNY, Sarah	Female Vet 35	Manchester Tri Club	21.44
56	603	BEST, Len	Male Vet 60	Stockport Harriers	18.55	131	480	SMITH, Jerry	Male Vet 55	Sale Harriers Mcr	21.47
57	541	MACKNESS, Sarah	Female Senior	Altrincham & District AC	18.55	132	567	HEATHCOCK, Clive	Male Vet 55	South Cheshire Harriers	21.49
58	586	ENTWISTLE, Tracy	Female Vet 40	Warrington Road Runners	18.58	133	14	ALCOCK, Dillon	Male Junior	Spectrum Striders	21.59
59	592	MARTIN, Steven	Senior Man	Knutsford Tri	18.59	134	123	TANNER, Alistair	Male Vet 40	Unattached	22.02
60	477	DOWNS, Ellen	Female Junior	Stockport Harriers	18.59	135	524	NORTHCOTE, Claire	Female Vet 50	Styal RC	22.04
61	490	JOHNSTONE, Sharon	Female Vet 40	Wilmslow RC	19.01	136	539	TUGWELL, Philip	Male Vet 45	Spectrum Striders	22.05
62	615	JONES, Steve	Senior Man	Unattached	19.08	137	523	PORTEUS, John	Male Vet 60	Wilmslow RC	22.07
63	41	SCOTT, Christey	Male Vet 45	Astley & Tyldesley RR	19.10	138	112	TOMKINS, Dave	Male Vet 65	Northern Vets AC	22.09
64	35	HUNTER, Mark J	Male Vet 55	Altrincham & District AC	19.14	139	46	HEALY, Joanne	Female Vet 35	Dragon's RC (Sale)	22.09
65	492	HUSSAIN, Qes	Senior Man	Wilmslow RC	19.15	140	22	HALL, Mike	Male Vet 50	Spectrum Striders	22.11
66	1	SPENCER, Julian	Male Vet 50	Spectrum Striders	19.17	141	613	HIBBERT, Steve	Male Vet 50	Warrington Tri	22.11
67	495	GARNETT, Paul	Male Vet 50	Wilmslow RC	19.17	142	571	PAGE, Matthew	Senior Man	Unattached	22.11
68	529	VAUGHAN, Lee	Senior Man	Unattached	19.19	143	59	CANNON, Christopher	Male Vet 55	Wilmslow RC	22.14
69	87	GREENSLADE, Robbie	Senior Man	Sale Harriers Mcr	19.19	144	511	WAITE, Sarah	Female Vet 35	Wilmslow RC	22.15
70	478	DOWNS, Juliet	Female Junior	St Helens Striders	19.22	145	42	ROGERS, Rosemary	Female Vet 60	Deestridders RC	22.15
71	125	NAULTY, Anthony	Male Vet 50	Unattached	19.23	146	594	HOLMES, Steve	Senior Man	Rafter's Runners	22.19
72	498	NORRIS, Paul	Male Vet 55	Wilmslow RC	19.28	147	49	SHAW, Geoff	Male Vet 60	Helsby RC	22.21
73	616	GREENSLADE, Chris	Male Vet 40	Unattached	19.28	148	536	POOLE, Susan	Female Vet 45	South Cheshire Harriers	22.25
74	476	BOSSWARD, Daniel	Senior Man	Warrington Road Runners	19.29	149	48	THOMPSON, John	Male Vet 40	Helsby RC	22.26
75	496	BROOKES, Alan	Male Vet 55	South Cheshire Harriers	19.30	150	27	CALDWELL, Helen	Female Vet 45	Spectrum Striders	22.26

ALTRINCHAM AND DISTRICT ATHLETIC CLUB

2013 DUNHAM PARK 5k RACE 1 RESULTS

Pos	Number	Name	Cat.	Club	Pos	Number	Name	Cat.	Club	Time
151	101	LOMAX, Jayne	Female Vet 45	Vale Royal AC	226	126	FLAVELL, Chris	Senior Man	Warrington Tri	26.15
152	522	PRICE, Sally	Female Vet 35	Wilmslow RC	227	44	CRESSWELL, David	Male Vet 40	Dragon's RC (Sale)	26.18
153	548	JONES, Sharon	Female Vet 45	Wilmslow RC	228	30	YARWOOD, Dennis	Male Vet 45	Spectrum Striders	26.27
154	121	GERRARD, David	Male Junior	Warrington AC	229	598	NOLAN, Edward	Male Vet 55	Unattached	26.30
155	612	PIKE, Ian	Male Vet 40	Lymm Runners	230	50	SHAW, Janet	Female Vet 60	Helsby RC	26.43
156	53	FENTON, Simon	Male Vet 70	Wilmslow RC	231	153	QUICKE, Becky	Female Vet 35	Knutsford Tri	26.46
157	520	WATSON, Rachel	Female Senior	Unattached	232	514	CARP, Belinda	Female Vet 45	Wilmslow RC	26.59
158	526	WATSON, Peter	Male Vet 70	Wilmslow RC	233	80	WILLIAMS, Kate	Female Vet 35	Spenn AC	27.22
159	488	HOWELL, Graham	Male Vet 60	Liverpool Harriers	234	570	EASTHOPE, Rachel	Female Senior	Unattached	27.30
160	155	OUSEY, Carla	Female Vet 40	Sale Harriers Mcr	235	16	REDPATH, Janet	Female Vet 60	Spectrum Striders	27.45
161	503	WALKER, Georgina	Female Vet 35	Lymm Runners	236	136	TICKLE, Beverley	Female Vet 35	Astley & Tyldesley RR	27.48
162	602	BISHOP, Hannah	Female Junior	Vale Royal AC	237	484	DAVIDSON, Peter	Male Vet 55	Unattached	27.54
163	99	EDWARDS, Joanne	Female Vet 50	Vale Royal AC	238	71	STANHOPE, Janet	Female Vet 45	Lymm Runners	27.55
164	129	CHAMBERLAIN, Nikki	Female Vet 40	Knutsford Tri	239	23	DUNBAR, Ian	Male Vet 60	Spectrum Striders	27.57
165	128	CLARKE, Jonathan	Male Vet 45	Styal RC	240	36	HUNTER, Diane E	Female Vet 45	Altrincham & District AC	28.27
166	513	McCLELLAND, Jenny	Female Vet 40	Lymm Runners	241	486	CLARKE, Gaynor	Female Senior	Swinton Running Club	28.34
167	547	SMITH, Clive	Male Vet 40	Unattached	242	489	MACKAY, Lisa	Female Vet 45	Spectrum Striders	28.37
168	82	LEWIS, Brenda	Female Vet 50	Styal RC	243	561	JAMES, Lindsay	Female Vet 45	Unattached	28.42
169	91	DAVIES, Lauren	Female Senior	Sale Harriers Mcr	244	530	WILLIAMS, Lisa	Female Vet 40	Altrincham & District AC	29.01
170	85	BEATTIE, Geoffrey	Male Vet 60	Sale Harriers Mcr	245	499	HILL, Gail	Female Vet 50	Wilmslow RC	29.14
171	504	McILROY, Richard	Male Vet 40	Unattached	246	597	NOLAN, Cynthia	Female Vet 60	Unattached	29.19
172	605	JOHNSON, Kate	Female Vet 40	Spectrum Striders	247	24	EAVES, Martin	Senior Man	Spectrum Striders	29.29
173	138	MCCORMICK, Fechin	Male Vet 60	Sale Harriers Mcr	248	15	COLES, Terry	Male Vet 70	Spectrum Striders	30.16
174	84	ASHBY, Michael	Senior Man	Unattached	249	45	CRESSWELL, Lisa	Female Vet 40	Dragon's RC (Sale)	30.40
175	543	MAZIERE, Angela	Female Vet 60	Wilmslow RC	250	501	FILLINGHAM, Tony	Senior Man	Spectrum Striders	32.30
176	96	ATHERTON, Cathy	Female Vet 35	South Cheshire Harriers	251	52	WHEELDON, Martin	Male Vet 60	Wilmslow RC	32.49
177	149	GRIFFITHS, Neville	Male Vet 65	Spectrum Striders	252	29	RAMSDALE, Christine	Female Vet 60	Spectrum Striders	32.59
178	472	MASON, Soraya	Female Vet 45	Wilmslow RC	253	581	FRANCE, Christine	Female Vet 50	Spectrum Striders	33.24
179	518	BRAMLEY, Gill	Female Vet 55	Unattached	254	94	WALSHAM, Arthur	Male Vet 70	Salford Harriers	37.21
180	577	BIRCH, Nina	Female Senior	Wilmslow RC	255		#N/A	#N/A	#N/A	
181	66	CROALL, John	Male Vet 50	Lymm Runners	256		#N/A	#N/A	#N/A	
182	105	HUDSON, Paul	Male Vet 60	Vale Royal AC	257		#N/A	#N/A	#N/A	
183	81	JENKINSON, Alan	Male Vet 65	Styal RC	258		#N/A	#N/A	#N/A	
184	92	GILL, David	Male Vet 40	Sale Harriers Mcr	259		#N/A	#N/A	#N/A	
185	157	CLINK, Jenny	Female Senior	Sale Harriers Mcr	260		#N/A	#N/A	#N/A	
186	538	WILLIAMSON, Dave	Male Vet 45	Swinton Running Club	261		#N/A	#N/A	#N/A	
187	574	PEERS, Alan	Male Vet 70	Spectrum Striders	262		#N/A	#N/A	#N/A	
188	10	GARLAND, Heather	Female Vet 35	Spectrum Striders	263		#N/A	#N/A	#N/A	
189	120	FRANCOM, Steven	Male Vet 40	Unattached	264		#N/A	#N/A	#N/A	
190	509	LUCAS, Julie	Female Vet 50	Wilmslow RC	265		#N/A	#N/A	#N/A	
191	583	THOMPSON, Steph	Female Vet 40	Altrincham & District AC	266		#N/A	#N/A	#N/A	
192	485	DAVIDSON, Judith	Female Vet 55	Wilmslow RC	267		#N/A	#N/A	#N/A	
193	584	CALLERY, Helen	Female Vet 45	Altrincham & District AC	268		#N/A	#N/A	#N/A	
194	604	BARLOW, Alan	Male Vet 65	Altrincham & District AC	269		#N/A	#N/A	#N/A	
195	57	POWELL, Roy	Male Vet 60	Wilmslow RC	270		#N/A	#N/A	#N/A	
196	77	KELLY, Michelle	Female Vet 50	Penny Lane Striders	271		#N/A	#N/A	#N/A	
197	19	BIRD, Allan	Male Vet 50	Spectrum Striders	272		#N/A	#N/A	#N/A	
198	76	KELLY, John	Male Vet 50	Penny Lane Striders	273		#N/A	#N/A	#N/A	
199	118	HUTCHINSON, Jane	Female Vet 45	Unattached	274		#N/A	#N/A	#N/A	
200	572	JONES, Alan	Male Vet 40	Deestridders RC	275		#N/A	#N/A	#N/A	
201	599	EAKIN, Michael	Male Vet 55	Unattached	276		#N/A	#N/A	#N/A	
202	600	COFFEY, John	Male Vet 60	Altrincham & District AC	277		#N/A	#N/A	#N/A	
203	142	JOHNSON, Guy	Male Vet 45	Unattached	278		#N/A	#N/A	#N/A	
204	493	WYLES, Janet	Female Vet 45	Wilmslow RC	279		#N/A	#N/A	#N/A	
205	609	HALMAN, Alan	Male Vet 65	Styal RC	280		#N/A	#N/A	#N/A	
206	542	KINSEY, Steve	Male Vet 50	Unattached	281		#N/A	#N/A	#N/A	
207	568	ALCOCK, Vincent	Male Vet 40	Spectrum Striders	282		#N/A	#N/A	#N/A	
208	515	HOWARD, Kathryn	Female Senior	Lymm Runners	283		#N/A	#N/A	#N/A	
209	593	TODMAN, Mark	Senior Man	Knutsford Tri	284		#N/A	#N/A	#N/A	
210	116	HEDGECOCK, Liz	Female Vet 35	Lymm Runners	285		#N/A	#N/A	#N/A	
211	535	BYRNE, Leanne	Female Senior	Wilmslow RC	286		#N/A	#N/A	#N/A	
212	607	WATSON, Dave	Male Vet 55	Unattached	287		#N/A	#N/A	#N/A	
213	148	ARBUR, Carolyn	Female Vet 55	Spectrum Striders	288		#N/A	#N/A	#N/A	
214	70	BURTON, Mary Ann	Female Vet 45	Lymm Runners	289		#N/A	#N/A	#N/A	
215	507	GIBSON, Elspeth	Female Vet 40	Wilmslow RC	290		#N/A	#N/A	#N/A	
216	68	BURTON, Peter John	Male Vet 45	Lymm Runners	291		#N/A	#N/A	#N/A	
217	562	FORSTER, Olivia	Female Vet 35	Unattached	292		#N/A	#N/A	#N/A	
218	521	BULLOUGH, Don	Male Vet 55	Wilmslow RC	293		#N/A	#N/A	#N/A	
219	7	DOOLEY, John P	Male Vet 65	Spectrum Striders	294		#N/A	#N/A	#N/A	
220	508	PERCIVAL, Cheryl	Female Senior	South Cheshire Harriers	295		#N/A	#N/A	#N/A	
221	473	SMITH, Carolyn	Female Vet 45	Unattached	296		#N/A	#N/A	#N/A	
222	25	LEWIS, Sandra	Female Vet 45	Spectrum Striders	297		#N/A	#N/A	#N/A	
223	43	PARK, Joe	Male Vet 70	Cheshire Tally Ho	298		#N/A	#N/A	#N/A	
224	512	SCHUMACKER, Stefan	Male Vet 55	Sale Harriers Mcr	299		#N/A	#N/A	#N/A	
225	17	BUCK, Sue	Female Vet 45	Spectrum Striders	300		#N/A	#N/A	#N/A	