

1	Lewis Timmins (216)	Morpeth Harriers	15.00	M	
2	Nick Swinburn (256)	Morpeth Harriers	15.04	M	
3	Michael Grivmes (220)	Durham City	15.14	M	
4	James Askew (159)	Durham City	15.18	M	
5	Mark Hood (1)	Sunderland Harriers	15.30	M	
6	Kevin Calvert (161)	Sunderland Harriers	15.37	M	
7	Neil Wilkinson (232)	Morpeth Harriers	15.38	M	O40
8	Mark McLeod (14)	Elswick Harriers	15.54	M	
9	Gregory Jayasuriya (218)	Middlesbrough & Cleveland Harriers	15.56	M	
10	Andy Burn (193)	Jarrow & Hebburn AC	15.57	M	
11	Harry Coates (174)	Wallsend Harriers	16.03	M	
12	Chris Smith (186)	Wallsend Harriers	16.04	M	
13	Tom Danby (223)	New Marske	16.05	M	
14	Brendan McMillan (258)	Claremont R.R.	16.07	M	
15	Nathan Reed (153)	Sunderland Harriers	16.16	M	
16	Keith Smith (154)	Tyne Bridge	16.21	M	O45
17	Lee Bennett (18)	Elswick Harriers	16.22	M	O40
18	Paul Wilson (252)	Hartlepool Burn Road	16.24	M	
19	Craig Isherwood (207)	Sunderland Harriers	16.26	M	
20	Brian Hetherington (189)	Wallsend Harriers	16.29	M	O45
21	Chris Rumsey (217)	Middlesbrough & Cleveland Harriers	16.32	M	
22	Michael Hedley (110)	Jesmond Joggers	16.34	M	
23	Stewy Bell (196)	Blackhill Bounders	16.36	M	O40
24	Andrew Pearson (72)	New Marske	16.41	M	O40
25	Fergus Bates (118)	Morpeth Harriers	16.42	M	
26	Michael Barker (71)	Sunderland Harriers	16.43	M	
27	Tim Field (111)	Sunderland Harriers	16.43	M	O45
28	Andy Graham (187)	Wallsend Harriers	16.44	M	
29	Jonathan Wilkinson (75)	Durham City	16.44	M	
30	Liam Emmett (157)	South Shields	16.45	M	
31	Michael Thomsen (55)	Morpeth Harriers	16.48	M	
32	Thomas Straughan (275)	Morpeth Harriers	16.49	M	
33	Steven Potts (128)	Sunderland Harriers	16.50	M	
34	Patrick Duffy (120)	Unattached	16.53	M	
35	David France (40)	Low Fell RC	17.00	M	
36	Joseph Turner (86)	Tyne Bridge	17.01	M	
37	Sparrow Morley (64)	Tyne Bridge	17.02	M	
38	Paul Waterston (201)	Morpeth Harriers	17.07	M	O45
39	Jonathan Baines (230)	Durham City	17.14	M	
40	Floyd Jones (208)	Newton Aycliffe AC	17.16	M	O45
41	Oliver Jardine (150)	Heaton Harriers	17.17	M	
42	Jon Dobson (54)	Sunderland Harriers	17.19	M	O45
43	Yonas Fekau (248)	Middlesbrough & Cleveland Harriers	17.21	M	
44	Shaun Lawson (242)	Middlesbrough & Cleveland Harriers	17.23	M	
45	Dan Weatherill (184)	Wallsend Harriers	17.24	M	
46	Danielle Hodgkinson (178)	Wallsend Harriers	17.28	F	
47	Patrick Houghton (53)	North Shields Poly	17.32	M	
48	Jason Clark (12)	Elswick Harriers	17.39	M	
49	Steve Gordon (10)	Sunderland Harriers	17.41	M	O40
50	Angela Hibbs (127)	Jarrow & Hebburn AC	17.44	F	

51	John Sturman (282)	Wallsend Harriers	17.44	M	
52	Phil Musgrave (262)	North York Moors AC	17.50	M	
53	Chris Gillis (247)	Claremont R.R.	17.51	M	
54	Alex Snook (8)	Jarrow & Hebburn AC	17.54	F	
55	Garry Robson (222)	North Shields Poly	17.56	M	O45
56	Carolyn Summersgill (243)	Middlesbrough & Cleveland Harriers	17.57	F	
57	Lorna Young (246)	Heaton Harriers	17.57	F	
58	Alistair MacDonald (112)	Morpeth Harriers	17.59	M	O45
59	Gordon Dixon (73)	Morpeth Harriers	18.01	M	O50
60	Jon Parker (83)	North York Moors AC	18.02	M	
61	Dominic Dunn (215)	Middlesbrough & Cleveland Harriers	18.03	M	
62	Kevin Emmett (156)	South Shields	18.04	M	O45
63	Danny Carlyon (202)	Sunderland Harriers	18.05	M	
64	Paul Leigh (185)	Wallsend Harriers	18.06	M	O45
65	Chris Waugh (107)	Morpeth Harriers	18.08	M	O50
66	Daniel Whittle (221)	Durham City	18.08	M	
67	Roger Sillito (42)	Low Fell RC	18.10	M	
68	Christopher Wilkinson (76)	Durham City	18.13	M	
69	Bruce Crombie (274)	Alnwick Harriers	18.14	M	
70	Kevin Stephenson (66)	Elswick Harriers	18.14	M	O45
71	Dave Littlemore (235)	Elswick Harriers	18.15	M	O60
72	Stephen Mussett (257)	Loftus & Whitby AC	18.16	M	
73	Kevin Knight (238)	Durham City	18.19	M	O40
74	Jon Balmer (142)	South Shields	18.20	M	
75	David Morrow (194)	Unattached	18.22	M	
76	Paul James (273)	Wallsend Harriers	18.23	M	
77	Kevin Lister (97)	North East Vets	18.24	M	O40
78	Scott McEntee (237)	Heaton Harriers	18.24	M	
79	Graham Armstrong (231)	Wallsend Harriers	18.25	M	O50
80	Paul Wilkinson (109)	North Shields Poly	18.25	M	
81	Mick Skeldon (181)	Wallsend Harriers	18.28	M	O40
82	Matthew Fearn (74)	Unattached	18.29	M	
83	Tracey Waller (254)	Hartlepool Burn Road	18.32	F	O40
84	Bryan Astll (253)	Hartlepool Burn Road	18.33	M	O45
85	Jason Bridgewater (271)	Crook AC	18.33	M	O40
86	Andy Lisle (84)	Tyne Bridge	18.34	M	
87	Paul Weir (205)	Unattached	18.35	M	
88	Jordan Bell (197)	Blackhill Bounders	18.37	M	
89	Joanne Lee (251)	Tynedale Harriers	18.38	F	O35
90	Paul Brown (188)	Wallsend Harriers	18.38	M	O45
91	Barry Allsopp (182)	Wallsend Harriers	18.39	M	O55
92	Clare McManus (106)	North Shields Poly	18.40	F	O35
93	Thomas Bell (244)	Heaton Harriers	18.40	M	
94	Vicky Hindson (172)	Wallsend Harriers	18.42	F	
95	James McAnaney (80)	Sunderland Harriers	18.45	M	
96	Andy Harrison (269)	Tyne Bridge	18.48	M	O40
97	Darren McBain (239)	Durham City	18.50	M	
98	Paul Cooper (103)	Sunderland Harriers	18.51	M	O40
99	Chris Herkes (21)	Durham City	18.53	M	
100	Chloe Price (126)	Durham City	18.56	F	
101	David Henson (5)	Unattached	18.57	M	

102	Ben Darcy (276)	Jesmond Joggers	18.58	M	
103	Elaine Leslie (77)	Jarrow & Hebburn AC	19.00	F	O40
104	Ross Anderson (259)	Unattached	19.02	M	
105	Trevor Baker (241)	Middlesbrough & Cleveland Harriers	19.03	M	O45
106	Graeme Pullan (261)	Sunderland Strollers	19.09	M	
107	Jason Stirland (138)	North Shields Poly	19.09	M	
108	Shaun Brown (92)	Tyne Bridge	19.09	M	
109	Alan Knebel (105)	Unattached	19.11	M	O40
110	Iain Singer (164)	Blyth RC	19.12	M	O40
111	Aidan Crowe (91)	Sunderland Strollers	19.13	M	
112	Mark McNally (195)	Elswick Harriers	19.16	M	O65
113	John Watson (122)	Sunderland Harriers	19.20	M	O55
114	Peter Richardson (95)	Sunderland Harriers	19.21	M	O60
115	Stephen Barker (119)	Unattached	19.21	M	
116	Robert Sewell (255)	Morpeth Harriers	19.24	M	O55
117	Jason Catterall (233)	Sedgefield Harriers	19.27	M	
118	Richie Gerry (270)	Sunderland Strollers	19.32	M	O45
119	Keith Lewis (100)	Sunderland Harriers	19.34	M	O45
120	Ben Craig (160)	Sunderland Harriers	19.36	M	
121	Demien Sonquinson (204)	Blackhill Bounders	19.38	M	O40
122	Malcolm Leece (162)	Jarrow & Hebburn AC	19.43	M	
123	Shaun Bagley (203)	Sunderland Harriers	19.43	M	
124	Caroline Freeman (136)	Tyne Bridge	19.44	F	
125	Hamish McAllister-Williams (17)	Morpeth Harriers	19.45	M	O50
126	Ron Wills (101)	Sunderland Harriers	19.46	M	O50
127	Kevin Carragher (34)	Sunderland Harriers	19.50	M	O50
128	Dean Phillips (45)	Sunderland Harriers	19.59	M	O40
129	Suzanne Thew (121)	North Shields Poly	20.04	F	O35
130	Christopher Kent (50)	Unattached	20.08	M	
131	Mick Joyce (206)	Jarrow & Hebburn AC	20.09	M	O55
132	Sue Phillips (166)	Darlington Harriers	20.11	F	O45
133	Antony Beynon (32)	Elswick Harriers	20.13	M	
134	Christopher Burns (98)	North Shields Poly	20.14	M	
135	Frank Devlin (272)	Gateshead Harriers	20.17	M	O55
136	David Johnson (211)	North Shields Poly	20.18	M	O55
137	Katie Jones (68)	North Shields Poly	20.21	F	O45
138	Alison Dixon (240)	North Shields Poly	20.22	F	
139	Neil Yorkston (284)	South Shields	20.24	M	
140	Jayne Parkin (265)	North York Moors AC	20.25	F	O35
141	Lee Coulson (28)	Elswick Harriers	20.31	M	
142	Graham Youngson (260)	Loftus & Whitby AC	20.37	M	O60
143	M Carr (234)	North Shields Poly	20.41	M	
144	Marc Richardson (39)	Sunderland Strollers	20.43	M	
145	Amy Coulson (130)	Sunderland Harriers	20.45	F	
146	Lorna MacDonald (114)	Morpeth Harriers	20.47	F	
147	Joy Fenwick (65)	Tyne Bridge	20.51	F	
148	Becki Newman (173)	Wallsend Harriers	20.52	F	
149	Michael Braban (132)	Low Fell RC	20.53	M	
150	Jeff Henderson (228)	North East Vets	20.54	M	O40
151	Mark Doctor (2)	Alnwick Harriers	20.54	M	
152	Peter Sloan (61)	Elswick Harriers	21.04	M	O55

153	James Walton (277)	Unattached	21.06	M	
154	Philip Rees (88)	North Shields Poly	21.08	M	O55
155	Tom Hanson (70)	Elswick Harriers	21.10	M	O55
156	Lisa Henderson (267)	North Shields Poly	21.11	F	
157	Alison Cummings (13)	North Shields Poly	21.15	F	O55
158	Martin Phillips (165)	Darlington Harriers	21.19	M	O50
159	David White (44)	Sunderland Harriers	21.22	M	O60
160	Jim Wightman (43)	Sunderland Harriers	21.22	M	O65
161	Lee Renney (81)	Unattached	21.23	M	O40
162	Helen Gallagher (144)	Unattached	21.25	F	O35
163	Ron Murray (62)	Tyne Bridge	21.25	M	O60
164	Steven French (210)	Blyth RC	21.32	M	
165	Robert Welsh (268)	Sunderland Strollers	21.35	M	O45
166	Jack Kelly (152)	Sunderland Harriers	21.36	M	
167	Gary Lewis (183)	Wallsend Harriers	21.43	M	
168	Paul Johnson (3)	Unattached	21.45	M	O40
169	Megan Parkin (90)	Tyne Bridge	21.46	F	
170	Andrew Hudson (58)	Jarrow & Hebburn AC	21.47	M	
171	Len Christopher (36)	Sunderland Harriers	21.48	M	O65
172	Tony Maddocks (180)	Wallsend Harriers	21.49	M	O45
173	Craig Huddart (229)	Unattached	21.50	M	
174	Stevie Curry (219)	Elswick Harriers	21.50	M	O50
175	Jock Bolan (209)	Alnwick Harriers	21.51	M	O40
176	Rachel Bentley (123)	Durham City	21.55	F	
177	Melaine Fisher (213)	Claremont R.R.	21.58	F	
178	Colin McEntee (236)	Heaton Harriers	22.00	M	O60
179	Paul West (69)	Sunderland Strollers	22.01	M	O45
180	Sven Schierig (79)	North Shields Poly	22.07	M	O40
181	C Close (280)	Unattached	22.15	M	O40
182	Chris Hogarth (4)	Claremont R.R.	22.19	M	
183	Vicki Thompson (225)	Jarrow & Hebburn AC	22.21	F	O40
184	Mary Lisle (67)	Elswick Harriers	22.23	M	
185	Marie Drozdowick (212)	Morpeth Harriers	22.28	F	O50
186	Kirstan Farquhar (29)	Durham City	22.29	F	O40
187	John Brettell (143)	North Shields Poly	22.41	M	O55
188	Gill Weatherill (168)	Wallsend Harriers	22.42	F	O40
189	Jim Flynn (190)	Wallsend Harriers	22.43	M	O65
190	Chris Parkin (89)	Tyne Bridge	22.45	M	O45
191	Alex Pearson (151)	Sunderland Harriers	22.49	M	
192	Alan Chapman (60)	Sunderland Harriers	23.01	M	O50
193	Emma Blackett (177)	Wallsend Harriers	23.07	F	O35
194	Jane Lowes (226)	Tyne Bridge	23.09	F	O45
195	David Mills (214)	Jarrow & Hebburn AC	23.12	M	O50
196	David George (278)	Unattached	23.14	M	
197	Steve Cunningham (192)	Wallsend Harriers	23.15	M	
198	James Taylor (131)	Unattached	23.19	M	O40
199	Brian Hume (200)	Low Fell RC	23.22	M	O65
200	Isao Hara (41)	Saltwell Harriers	23.24	M	
201	Jill Bennett (19)	Elswick Harriers	23.26	F	O35
202	Bob Balmer (141)	South Shields	23.31	M	O65
203	Julie Richardson (22)	Elswick Harriers	23.34	F	O35
204	Alan Elder (227)	Low Fell RC	23.35	M	O60

205	Alex Richardson (191)	Wallsend Harriers	23.36	M	O60
206	Pamela Woodcock (163)	Morpeth Harriers	23.56	F	O60
207	Michael Hancock (266)	Unattached	24.18	M	
208	Emma Buckton (170)	Wallsend Harriers	24.20	F	
209	John Smith (124)	New Marske	24.25	M	O60
210	Maresa Bell (198)	Blackhill Bounders	24.39	M	
211	Paul Mustard (115)	Unattached	24.41	M	O45
212	Caroline Hasson (179)	Wallsend Harriers	24.48	F	O35
213	Tajinder Singh (288)	Sunderland Strollers	24.53	M	
214	Christine Lee (48)	Elswick Harriers	24.56	F	O70
215	Peter Smith (82)	Unattached	24.57	M	O60
216	Rod Richardson (23)	Elswick Harriers	25.02	M	O40
217	Dominic McBride (263)	Tyne Bridge	25.03	M	
218	Stacey Davidson (169)	Wallsend Harriers	25.10	F	
219	Helen Pagett (158)	Heaton Harriers	25.13	F	
220	Pamela Gold (139)	Heaton Harriers	25.14	F	O65
221	Amy Bannister (176)	Wallsend Harriers	25.16	F	
222	Vivienne Kirchin (149)	Elswick Harriers	25.16	F	O40
223	Katie Neil (171)	Wallsend Harriers	25.21	F	
224	Claire Carmichael (175)	Wallsend Harriers	25.23	F	
225	Katie Robson (134)	Elswick Harriers	25.29	F	O35
226	Peter Maylia (137)	Morpeth Harriers	25.33	M	O55
227	Carole Watt (264)	Wallsend Harriers	25.34	F	O50
228	Janette Kilgour (147)	Heaton Harriers	25.35	F	O60
229	Wayne McCann (145)	Unattached	25.37	M	
230	Michelle Mustard (116)	Unattached	25.47	F	O40
231	John Cosgrove (287)	Sunderland Strollers	26.11	M	
232	Neil Wilson (283)	Unattached	26.20	M	O45
233	Tina McIver (135)	Elswick Harriers	26.21	F	O55
234	Rebecca Bennet (249)	Gateshead Harriers	26.22	F	
235	Mick Duff (245)	Tyne Bridge	26.25	M	O65
236	Margaret MacDonald (113)	Morpeth Harriers	26.40	F	O45
237	Gemma Dixon (285)	Sunderland Strollers	26.42	F	
238	Ian Blake (94)	Unattached	27.03	M	
239	Alan Ridley (93)	Unattached	27.16	M	O40
240	David Whitmore (117)	South Shields	27.22	M	O70
241	Elizabeth Pallister (38)	Elswick Harriers	27.40	F	O55
242	Alison Parry (281)	Unattached	27.51	F	O35
243	Lindsey Deary (286)	Sunderland Strollers	27.58	F	
244	Geoff Hume (199)	Low Fell RC	28.08	M	O70
245	Danielle Rutherford (108)	Tyne Bridge	28.12	F	
246	Mark Hume (224)	Alnwick Harriers	29.40	M	O65
247	Fiona Ottewell (155)	Unattached	32.29	F	O45
248	Caroline Morrow (279)	South Shields	32.42	F	
249	George Routledge (146)	Heaton Harriers	34.39	M	O65