

## South Shields Harriers Sand Dancer 10k Sand Dancer 10k

Sunday 15 April 2012. 11:00 am

### Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:33:07	ADAMS, Luke	South Shields Harriers & AC		185	1
2	0:34:45	BURN, Andy	Jarrow & Hebburn AC		22	2
3	0:34:52	WILKINSON, Neil	Morpeth Harriers	40-45 Men	181	3
4	0:35:25	DUFFY, Patrick	Crook & District AC		173	4
5	0:35:39	ISHERWOOD, Craig	Sunderland Harriers		73	5
6	0:35:50	LOWERY, Keith	Unattached	45-49 Men	85	6
7	0:35:59	MCGRATH, Ian	Crook & District AC		169	7
8	0:36:40	ROPER, Paul	Sunderland Strollers	50-54 Men	115	8
9	0:36:48	WATSON, Jak	South Shields Harriers & AC		159	9
10	0:37:02	LONGMAN, L	Heaton Harriers		194	10
11	0:37:10	WAKEFIELD, David	South Shields Harriers & AC		157	11
12	0:37:14	WAKEFIELD, David	South Shields Harriers & AC	40-45 Men	158	12
13	0:37:25	FORSTER, Ben	South Shields Harriers & AC		420	13
14	0:37:35	BARKER, Michael	Sunderland Harriers		403	14
15	0:38:01	BLYTH, Kevin	Sunderland Strollers	50-54 Men	180	15
16	0:38:05	BAINBRIDGE, George	South Shields Harriers & AC	40-45 Men	5	16
17	0:38:11	HODGSON, Alan	Sunderland Harriers	40-45 Men	64	17
18	0:38:23	SIMPSON, Claire	Jarrow & Hebburn AC	35-39 Ladies	413	18
19	0:38:34	ATKINSON, Nick	South Shields Harriers & AC		175	19
20	0:38:45	MARSHALL, Stephon	Durham City Harriers	55-59 Men	91	20
21	0:39:00	EMMETT, Kevin	South Shields Harriers & AC	45-49 Men	44	21
22	0:39:03	DENT, Alan	Blaydon Harriers	50-54 Men	38	22
23	0:39:08	SALKELD, Ian	Jarrow & Hebburn AC		121	23
24	0:39:25	ASTON, Luke	Blaydon Harriers		4	24
25	0:39:28	LISTER, Kevin	N.E.V.A.C		81	25
26	0:39:42	HUBBARD, James	Sunderland Strollers		418	26
27	0:39:50	HARRISON, M	Unattached	NDB	193	27
28	0:39:53	GIBSON, Nathan	South Shields Harriers & AC		414	28
29	0:40:09	BRADSHAW, Darren	Unattached		19	29
30	0:40:18	LESLIE, Elaine	Jarrow & Hebburn AC	40-44 Ladies	79	30
31	0:40:25	MCGRATH, Shaun	Houghton AC	45-49 Men	190	31
32	0:40:39	ONEILL, Kevin	Sunderland Strollers	45-49 Men	187	32
33	0:40:45	SIMPSON, Kim	Durham City Harriers		197	33
34	0:40:51	JONES, Paul	Elswick Harriers		76	34
35	0:40:53	SORLIE, Kevin	Derwentside		125	35
36	0:40:58	BALMER, Jon	South Shields Harriers & AC		7	36
37	0:41:00	FLAHERTY, Ian	Unattached		47	37
38	0:41:15	ARMOUR, G	Unattached		178	38
39	0:41:15	MCGUCKIN, David	Chester le Street	60-64 Men	93	39
40	0:41:57	EMMERSON, Paul	Unattached		428	40
41	0:42:04	MORGAN, Peter	South Shields Harriers & AC	50-54 Men	97	41
42	0:42:20	BUNN, Michael	Jarrow & Hebburn AC	50-54 Men	171	42
43	0:42:28	HAMMONDS, Roy	Unattached	45-49 Men	58	43
44	0:42:32	RODGERS, Louise	Unattached	35-39 Ladies	114	44
45	0:42:35	HARRISON, Gav	South Shields Harriers & AC		161	45
46	0:42:36	STEWART, Darren	Unattached	40-45 Men	129	46
47	0:42:45	PEMBERTON, Gary	N.E.V.A.C	55-59 Men	107	47
48	0:42:53	CHARLTON, Brian	Unattached	45-49 Men	27	48
49	0:43:02	MCALINDEN, Gary	South Shields Harriers & AC	40-45 Men	92	49
50	0:43:05	WHELAN, Trevor	Unattached	40-45 Men	141	50
51	0:43:14	BROWN ( SENIOR), Kevin	Unattached	45-49 Men	21	51
52	0:43:21	CHARLTON, Dave	South Shields Harriers & AC	40-45 Men	154	52
53	0:43:25	BOOTH, Victoria	Sunderland Strollers		188	53
54	0:43:26	WATSON, John	Sunderland Harriers	55-59 Men	136	54
55	0:43:28	WILLIAMS, Hollie	Unattached		146	55
56	0:43:32	HESKETT, Michael	Unattached		63	56
57	0:43:33	PHILLIPS, Dean	Sunderland Harriers	40-45 Men	170	57

\* RaceMaster98 from Sport Systems +44(0)870 5123 [www.sportsystems.co.uk](http://www.sportsystems.co.uk) Webresults on [www.runnerswebuk.com](http://www.runnerswebuk.com) \*

Results produced by South Shields Harriers & AC. Printed by South Shields Harriers & AC on 20 April

Page 1 of 4

**Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
58	0:43:34	JOYCE, Mick	Jarrow & Hebburn AC	55-59 Men	162	58
59	0:43:38	ALEXANDER, Alan	Gateshead Harriers		1	59
60	0:43:39	HARRISON, Harry	Sunderland Strollers	40-45 Men	417	60
61	0:43:40	RUSSELL, Simon	South Shields Harriers & AC	40-45 Men	119	61
62	0:43:45	LONG, Gordon	Low Fell	55-59 Men	82	62
63	0:43:47	KILNER, Jo	Unattached	45-49 Ladies	78	63
64	0:43:49	WRIGHT, Darren	Unattached		150	64
65	0:43:50	WILKES, Russell	Unattached	40-45 Men	144	65
66	0:43:54	WOODROW, Keith	Unattached		148	66
67	0:44:05	ANDERSON, Ian	South Shields Harriers & AC	45-49 Men	3	67
68	0:44:14	OLIVER, Paul	South Shields Harriers & AC		103	68
69	0:44:18	ROBSON, Alister	Elvet Striders	40-45 Men	174	69
70	0:44:22	COLLING, David	Unattached	50-54 Men	412	70
71	0:44:26	HOWE, Claire	Low Fell	35-39 Ladies	160	71
72	0:44:28	BENTLEY, Paul	Morpeth Harriers	65-69 Men	15	72
73	0:44:33	WILKINSON, Peter	Unattached	45-49 Men	145	73
74	0:44:40	MARR, Sophie	Northumbria University		89	74
75	0:44:49	BATY, Edward	Heaton Harriers	60-64 Men	11	75
76	0:44:50	GOLD, Howard	Heaton Harriers	65-69 Men	51	76
77	0:45:01	ROXBY, Angela	South Shields Harriers & AC		410	77
78	0:45:05	PETERSON, Garry	Low Fell	40-45 Men	172	78
79	0:45:06	WILSON, Eddie	South Shields Harriers & AC	60-64 Men	147	79
80	0:45:14	LAMOND, David	Birtley A.C		165	80
81	0:45:24	URWIN, Michael	Unattached		134	81
82	0:45:42	CARTER, William	Unattached		24	82
83	0:45:46	PULLEN, Wayne	Durham City Harriers		196	83
84	0:45:48	BENTLEY, Kelly	Houghton AC	45-49 Ladies	14	84
85	0:45:59	INGLEHEARN, Philip	Unattached	50-54 Men	72	85
86	0:46:00	MCKENNA, Graham	Unattached		179	86
87	0:46:05	LOUGH, Darren	South Shields Harriers & AC	40-45 Men	84	87
88	0:46:15	GIBSON, Michael	South Shields Harriers & AC		429	88
89	0:46:21	YORSTON, Neil	South Shields Harriers & AC		151	89
90	0:46:38	MURPHY, Jonathan	Unattached		409	90
91	0:46:43	URRON, Richard	Unattached		405	91
92	0:46:46	AITCHISON, Malcolm	Unattached	45-49 Men	164	92
93	0:46:48	ATKINSON, Paula	South Shields Harriers & AC	35-39 Ladies	176	93
94	0:46:50	CRAIG, Bob	Road Runners Club	50-54 Men	35	94
95	0:46:53	BARRACLOUGH, David	Sunderland Strollers		8	95
96	0:47:17	SMITH, Kevin	Unattached		124	96
97	0:47:23	DOIDGE, Bill	Low Fell	60-64 Men	41	97
98	0:47:23	ALLEN, Tony	Sunderland Strollers	45-49 Men	416	98
99	0:47:32	HODGSON, Colin	Unattached	45-49 Men	65	99
100	0:47:44	HUME, Brian	Low Fell	60-64 Men	70	100
101	0:47:49	WATSON, Phil	Sunderland Strollers	50-54 Men	139	101
102	0:48:01	WATSON, Paul	Sunderland Strollers	45-49 Men	138	102
103	0:48:03	WALKER, Mike	Gosforth Harriers	65-69 Men	135	103
104	0:48:09	GRAHAM, Andrew	Unattached	40-45 Men	404	104
105	0:48:09	BROWN, Kevin	Unattached		20	105
106	0:48:15	WEBB, Andrew	North Shields Poly	60-64 Men	140	106
107	0:48:20	WORTHINGTON, Derek	Unattached		149	107
108	0:48:23	GUY, Tony	Unattached	40-45 Men	57	108
109	0:48:29	GLADSTONE, Tony	Unattached	40-45 Men	50	109
110	0:48:34	FARQUHAR, Kirstin	Durham City Harriers	40-44 Ladies	46	110
111	0:48:49	CHARLTON, Chris	South Shields Harriers & AC		28	111
112	0:48:56	CHAMPION, Joy	Sunderland Strollers	45-49 Ladies	26	112
113	0:49:04	SCORER, Jamie	South Shields Harriers & AC		122	113
114	0:49:07	BONE, Alan	South Shields Harriers & AC	60-64 Men	17	114
115	0:49:15	CANDLISH, D	Unattached	40-45 Men	401	115
116	0:49:22	COLEMAN, Paul	Unattached	40-45 Men	33	116
117	0:49:23	ROCHESTER, Caroline	Unattached		112	117

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118	0:49:23	COOKE-DUNLOP, Mel	South Shields Harriers & AC		192	118
119	0:49:24	DUNLOP, Gary	South Shields Harriers & AC		191	119
120	0:49:35	MORROW, Michael	Unattached	50-54 Men	98	120
121	0:49:40	PALMER,	Unattached		434	121
122	0:49:48	MOWBRAY, Robin	Wallsend	55-59 Men	99	122
123	0:49:54	FOSTER, David	Sunderland Strollers	40-45 Men	199	123
124	0:49:59	SCOT, Steve	Houghton AC	55-59 Men	123	124
125	0:50:18	BALMER, Bob	South Shields Harriers & AC	65-69 Men	6	125
126	0:50:26	SUTHERLAND, Ian	Unattached	40-45 Men	131	126
127	0:50:45	MCGERVERN, Jim	Sunderland Strollers	55-59 Men	186	127
128	0:50:53	LIM, Danny	Elvet Striders		80	128
129	0:51:04	ALLEN, Anthony	Blackhill Bounders	40-45 Men	426	129
130	0:51:05	THORP, Louise	Unattached		133	130
131	0:51:15	BONE, Alison	South Shields Harriers & AC	35-39 Ladies	183	131
132	0:51:16	ROUTLEDGE, Danny	Unattached		116	132
133	0:51:25	CLARK, John	Unattached	50-54 Men	408	133
134	0:51:26	JEFFERSON, Elizabeth	Unattached	40-44 Ladies	430	134
135	0:51:43	HARA, Isao	Saltwell Harriers		61	135
136	0:51:44	NEVE, Peter	Unattached		182	136
137	0:51:49	FOSTER, John	Unattached	50-54 Men	167	137
138	0:51:54	WHEELER, Neil	Unattached	40-45 Men	177	138
139	0:51:56	MORAN, Edward	South Shields Harriers & AC	55-59 Men	96	139
140	0:51:57	MILLER, A	Unattached	65-69 Men	95	140
141	0:52:06	DODDS, Paula	Houghton AC	35-39 Ladies	40	141
142	0:52:08	NICHOLSON, George	Elvet Striders	60-64 Men	102	142
143	0:52:13	BENBOW, LISA	South Shields Harriers & AC		13	143
144	0:52:15	BONNARD, Alexandra	Heaton Harriers	35-39 Ladies	421	144
145	0:52:17	HARMAN, Alan	Thirsk & Sowerby	50-54 Men	200	145
146	0:52:29	MARSHALL, I	Sun City Tri Club	50-54 Men	90	146
147	0:52:30	ALLISON, David	Unattached		427	147
148	0:52:31	GORDON, A	Unattached	50-54 Men	53	148
149	0:52:34	PASCOE, Barry	Jarrow & Hebburn AC	65-69 Men	407	149
150	0:52:40	CHARLTON, Stephen	South Shields Harriers & AC		155	150
151	0:52:42	POTTER, Arthur	South Shields Harriers & AC	65-69 Men	108	151
152	0:52:49	EMMETT, Tracey	South Shields Harriers & AC	40-44 Ladies	45	152
153	0:52:59	WOODHOW, Mark	Unattached	50-54 Men	184	153
154	0:53:03	STEPHENSON, Mac	South Shields Harriers & AC	70-74 Men	128	154
155	0:53:16	FOSTER, Lesley	Sunderland Strollers	40-44 Ladies	198	155
156	0:53:18	STEPHENSON, John	Road Runners Club	55-59 Men	127	156
157	0:53:22	HANNAH, K	Unattached	55-59 Men	59	157
158	0:53:26	KILGOUR, Janette	Claremont Road Runners	60-69 Ladies	77	158
159	0:53:38	JACKSON, Gavin	Unattached	50-54 Men	411	159
160	0:53:48	CANDLISH, Jacqui	Unattached	40-44 Ladies	402	160
161	0:54:13	YUILL, Helen	Unattached	40-44 Ladies	168	161
162	0:54:16	CORDES, Bernie	Morpeth Harriers	75-80 Men	195	162
163	0:54:25	BARRETT, David	Unattached		9	163
164	0:54:35	STIDOLPH, Dennis	Unattached	65-69 Men	130	164
165	0:54:37	BOYCE, David	South Shields Harriers & AC	40-45 Men	18	165
166	0:54:40	HUDSON, Melanie	Unattached		68	166
167	0:54:41	GOLD, Pamela	Heaton Harriers	60-69 Ladies	52	167
168	0:54:44	DORNAN, Wayne	Unattached	40-45 Men	42	168
169	0:54:46	KIRKUP, Suzanne	Chester le Street	60-69 Ladies	156	169
170	0:54:48	MANNERS, David	Claremont Road Runners	55-59 Men	87	170
171	0:54:55	MOGGACH, Katherine	Unattached		433	171
172	0:55:21	HERBERT, Chris	Unattached	40-45 Men	62	172
173	0:55:42	CHALKLEY, Karen	Elvet Striders	50-54 Ladies	25	173
174	0:55:52	KIDD, Rhiannan	Unattached		415	174
175	0:55:56	WHITE, Patricia	South Shields Harriers & AC	55-60 Ladies	142	175
176	0:56:27	DOWNEY, Lesley	South Shields Harriers & AC	50-54 Ladies	43	176
177	0:56:43	COATES, Lloyd	Unattached	40-45 Men	30	177

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178	0:56:47	MARR, Lynne	Tynedale Harriers	50-54 Ladies	88	178
179	0:56:54	PEARCE, Malcolm	Unattached	50-54 Men	106	179
180	0:56:57	BENSON, Stephen			153	180
181	0:57:03	CHECKLEY, Reg	Heaton Harriers	75-80 Men	29	181
182	0:57:20	PURDHAM, A	Crook & District AC	70-74 Men	109	182
183	0:57:26	HUGHES, Phillippa	Unattached	35-39 Ladies	69	183
184	0:58:00	WHITE, Michael	N.E.V.A.C	55-59 Men	166	184
185	0:58:28	GREEN, Paul	Unattached	45-49 Men	55	185
186	0:58:44	GILMORE, Christopher	Unattached		49	186
187	0:58:59	MCNEIL, Bill	Durham City Harriers	Over 80	94	187
188	0:59:32	ALLEN, Andrew	Blackhill Bounders		425	188
189	0:59:40	PARKER, Ginny	Unattached	35-39 Ladies	104	189
190	0:59:44	CRYER, Stephen	Unattached	65-69 Men	36	190
191	0:59:48	MUSTARD, Michelle	Unattached	40-44 Ladies	101	191
192	1:00:25	WHITMORE, Dave	South Shields Harriers & AC	70-74 Men	143	192
193	1:00:26	BARRETT, John	Unattached	60-64 Men	10	193
194	1:01:18	CODLING, Ian	Thirsk & Sowerby	70-74 Men	31	194
195	1:02:00	HUME, Geoff	Low Fell	70-74 Men	71	195
196	1:03:12	GRIEVES, Denise	South Shields Harriers & AC	40-44 Ladies	56	196
197	1:03:12	MOWLIN, Julie	South Shields Harriers & AC	40-44 Ladies	100	197
198	1:04:35	STAPLEY, VIVIEN	Sunderland Strollers	55-60 Ladies	126	198
199	1:04:46	GRAHAM, Katie	Unattached		54	199
200	1:04:55	RUTHERFORD, Colin	Unattached	45-49 Men	189	200
201	1:04:57	BLACK, Jimmy	Unattached	45-49 Men	16	201
202	1:08:02	DIABATE, Lacina	Unattached		39	202
203	1:09:05	TWEDDELL, Sue	Gateshead Harriers	50-54 Ladies	431	203
204	1:10:02	CODLING, Marian	Thirsk & Sowerby	Over 70	32	204
205	1:10:53	ROUTLEDGE, George	Heaton Harriers	60-64 Men	117	205
206	1:11:50	START, Colin	Unattached		419	206
207	1:15:20	SMITH, Abbie	Unattached	35-39 Ladies	422	207
208	1:15:20	HOWARTH, Jane	Unattached		423	208
209	1:15:20	REA, Louise	Unattached	40-44 Ladies	424	209
210	1:16:27	TAIT, David	Saltwell Harriers	60-64 Men	163	210

There were 210 finishers in the All Competitors category.