

# The Ronhill Sale 5k Sizzlers

## at Wythenshawe Park on Thursday 16th August 2012

### Sizzler - NA Champs Men — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Name	Club	Time
1	449	Mohammed AbuRezeq	Altrincham & District Ac	75	14:22	James Hart	Salford Metropolitan Ac	18:16
2	450	Matt Barnet	Altrincham & District Ac	76	14:28	Michael O'Donnell	V45 6 Preston Harriers & Ac	18:17
3	282	Ben Fish	Blackburn Harriers & Ac	77	25	Dillon Bezzina	JM 12 Sale Harriers Manchester	18:20
4	439	Gareth Raven	Sale Harriers Manchester	78	459	Steve Burthem	V50 4 Warrington Athletic Club	18:22
5	296	Tim Egerton	Trafford Athletic Club	79	554	Steve McLean	V50 5 Southport Waterloo Ac	18:24
6	448	Dave Norman	Altrincham & District Ac	80	307	Lee Barratt	V40 9 Stockport Harriers & Ac	18:24
7	309	Nick Hooker	Leeds City Athletic Club	81	433	Phillip Quibell	V55 3 Salford Harriers	18:25
8	477	Michael Sawrey	Stockport Harriers & Ac	82	421	Roger Simon	V50 6 Pensby AC	18:26
9	280	Karl Billington	Blackburn Harriers & Ac	83	107	Mark Offord	Dragons Running Club	18:27
10	334	Callum Greenwood	JM 1 Sale Harriers Manchester	84	236	Roy Flanagan	V55 4 Rossendale Harriers & Ac	18:28
11	378	Tom Charles	Trafford Athletic Club	85	429	Gary Pendlebury	V55 5 Salford Harriers	18:33
12	273	Joshua Bull	JM 2 Derby Ac	86	470	Robin Chan	Astley & Tyldesley RR	18:34
13	485	Matthew Shaw	Salford Harriers	87	419	Len Best	V60 1 Stockport Harriers & Ac	18:36
14	237	Chris Fell	Rossendale Harriers & Ac	88	15	Tony Davenport	Salford Metropolitan Ac	18:38
15	297	Ryan Moore	JM 3 Sale Harriers Manchester	89	416	Dave Carrington	V55 6 Altrincham & District Ac	18:39
16	335	James Wignall	JM 4 Sale Harriers Manchester	90	158	Peter O'Neill	Sale Harriers Manchester	18:41
17	310	Grant Cunliffe	Rossendale Harriers & Ac	91	134	Ray Eagle	V55 7 Wilmslow Running Club	18:43
18	186	Matthew Hobbs	Hallamshire Harriers Sheffield	92	360	Nick Blanchard	Stockport Harriers & Ac	18:46
19	440	Ryan Worland	JM 5 Sale Harriers Manchester	93	344	Lawrence Eccles	Penny Lane Striders	18:50
20	305	Mark Shakeshaft	Bury Athletic Club	94	381	Nick Barton	Rochdale Harriers & Ac	18:54
21	312	Ben Beattie	Hallamshire Harriers Sheffield	95	469	Alan Hilton	V40 10 Astley & Tyldesley RR	18:55
22	229	Ben Crowther	Halifax Harriers & Ac	96	533	Rob Cunningham	Ilkley Harriers Ac	18:56
23	340	Carl Thackery	V45 1 Hallamshire Harriers Sheffield	97	146	Christopher Heys	Sale Harriers Manchester	18:57
24	460	Lewis Eccleston	JM 6 Astley & Tyldesley RR	98	143	David Townley	Stockport Harriers & Ac	18:58
25	285	Matthew Nuttall	V40 1 Blackburn Harriers & Ac	99	157	Alex Bradford	JM 13 Sale Harriers Manchester	18:59
26	363	Derek Simpson	Rochdale Harriers & Ac	100	69	Scott Christy	V45 7 Astley & Tyldesley RR	19:00
27	76	Rob Flannery	Sale Harriers Manchester	101	46	Mark Norton	V40 11 Altrincham & District Ac	19:01
28	431	John Howe	Trafford Athletic Club	102	306	Karl Tavini	V45 8 Stockport Harriers & Ac	19:04
29	495	Anthony Taylor	Salford Harriers	103	94	Alistair Kell	V40 12 Sale Harriers Manchester	19:07
30	481	Liam Moore	JM 7 Leigh Harriers & Ac	104	293	P CachlinStevens	Salford Harriers	19:09
31	321	Matthew Kelly	Altrincham & District Ac	105	579	Robert Goulsbra	Stockport Harriers & Ac	19:12
32	345	Rob Dewhurst	Liverpool Harriers & Ac	106	234	Paul Riley	V40 13 Penny Lane Striders	19:13
33	177	Callum Rowlinson	JM 8 Sale Harriers Manchester	107	154	Francis Sweeney	V45 9 Sale Harriers Manchester	19:19
34	210	David Rich	JM 9 Sale Harriers Manchester	108	337	RussDerbyshire	V55 8 Salford Harriers	19:24
35	442	Ian Jackson	V40 2 Salford Harriers	109	580	Nick Bone	Winston Runners	19:26
36	527	Gareth Turner	Trafford Athletic Club	110	478	Bill Fox	V55 9 Sale Harriers Manchester	19:28
37	480	Jack Martin	Stockport Harriers & Ac	111	547	Mark Birchall	Swinton Running Club	19:29
38	380	Derek Crewe	V50 1 Salford Harriers	112	371	Michael Curley	V60 2 Sale Harriers Manchester	19:30
39	531	John Mosley	Sale Harriers Manchester	113	415	Brandon Holroyd	Holmfirth Harriers Ac	19:31
40	316	Billy McCartney	Salford Harriers	114	499	David Shaw	V45 10 Salford Harriers	19:33
41	225	Michael Berks	Altrincham & District Ac	115	116	Jerry Smith	V55 10 Sale Harriers Manchester	19:34
42	357	Phillip Barrett	Rochdale Harriers & Ac	116	393	Daniel Boulton	Sale Harriers Manchester	19:37
43	408	Glyn Billington	Salford Harriers	117	406	Arnold Melling	V60 3 Astley & Tyldesley RR	19:38
44	556	Rob Sloane	Trafford Athletic Club	118	541	Matthew Moran	Stockport Harriers & Ac	19:38
45	432	Philip Leybourne	V45 2 Salford Harriers	119	385	James Grannan	JM 14 Stockport Harriers & Ac	19:41
46	279	Chris Barnes	Blackburn Harriers & Ac	120	314	Stan Curran	V60 4 Salford Harriers	19:43
47	179	James Cordon	V40 3 Stockport Harriers & Ac	121	401	Michael Wakefield	V60 5 Salford Harriers	19:46
48	428	Anthony Dalton	JM 10 Rossendale Harriers & Ac	122	367	Dominic Sexton	V45 11 Hyde Village Striders Rc	19:50
49	125	Malcolm Fowler	V45 3 Wilmslow Running Club	123	493	Bernhard Wagner	Belle Vue Racers	19:51
50	327	Chris Donnelly	Sale Harriers Manchester	124	496	David Telford	V60 6 Altrincham & District Ac	19:57
51	239	Andrew Mooney	Sale Harriers Manchester	125	366	Alan Burton	Manchester Tri Club	19:58
52	500	Elton Davies	Sale Harriers Manchester	126	176	Ken Burgess	V65 1 Altrincham & District Ac	20:03
53	474	Steven Caldwell	Vale Royal Ac	127	284	Allan Hartley	Blackburn Harriers & Ac	20:12
54	66	Phil Burns	Stockport Harriers & Ac	128	571	Aidan Raftery	V55 11 Sale Harriers Manchester	20:13
55	77	Stephen Fosbrook	Stockport Harriers & Ac	129	374	Chris Sewart	Manchester Harriers & Ac	20:22
56	14	Peter Crawford	Sale Harriers Manchester	130	80	Antony Golding	Swinton Running Club	20:25
57	136	Andrew Whittingham	V40 4 Wilmslow Running Club	131	418	Liam Boardman	Chorley	20:27
58	354	Kyle Conway	JM 11 Sale Harriers Manchester	132	171	Gary Coxon	V55 12 E Cheshire H & Tameside Ac	20:27
59	114	Mike Shaw	V45 4 Stockport Harriers & Ac	133	328	J Parrott	V55 13 Stockport Harriers & Ac	20:29
60	486	Gavin Astin	V45 5 Stockport Harriers & Ac	134	390	Nigel Fielden	V55 14 Sale Harriers Manchester	20:34
61	149	Darren Cottier	V40 5 Vale Royal Ac	135	379	David Bibby	V45 12 Stockport Harriers & Ac	20:34
62	437	Jason Boothroyd	V40 6 Salford Harriers	136	37	Mark Roberts	V60 7 Pensby AC	20:37
63	349	Ashley Kay	Rossendale Harriers & Ac	137	315	Jason Brogan	V40 14 Manchester Harriers & Ac	20:43
64	482	Andy Nixen	Stockport Harriers & Ac	138	513	Mark Walker	V40 15 Rochdale Harriers & Ac	20:43
65	422	Mike Toal	V40 7 Northern Veterans Ac	139	17	Robert Corinaldi	V40 16 Vale Royal Ac	20:44
66	49	David Gee	V55 1 Manchester Harriers & Ac	140	202	Matthew Brooke	Sale Harriers Manchester	20:45
67	265	Steve Shaughnessy	V55 2 Stockport Harriers & Ac	141	511	Steve Riddle	V45 13 Burden Road Runners	20:52
68	454	Anthony Barbat	V50 2 Wallasey Athletic Club	142	232	Kev Logue	Manchester Harriers & Ac	20:59
69	510	Barry Archbold	Wilmslow Running Club	143	557	David ChrystieLowe	V55 15 Stockport Harriers & Ac	21:08
70	323	Matthew Crehan	St Helens Sutton Ac	144	227	Simon Shaw	Bramhall Runners	21:13
71	308	Albert Xastile	V40 8 Salford Harriers	145	283	Richard Taylor	V45 14 Blackburn Harriers & Ac	21:15
72	491	Graham Chesters	V50 3 Salford Harriers	146	100	Stuart Mairs	Salford Metropolitan Ac	21:16
73	19	David Marsh	Sale Harriers Manchester	147	512	Tristan Pocock	V40 17 Dragons Running Club	21:16
74	403	Rob Williams	Knowsley Harriers	18:15				

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

148	427	Simon Bond		Sale Harriers Manchester	21:17	182	476	Chris Wood		Sale Harriers Manchester	23:16
149	170	Ray Dalby	V55	16 Rochdale Harriers & Ac	21:22	183	539	Hugh McKenna	V60	11 Altrincham & District Ac	23:31
150	228	Andy Cordes	V40	18 Bramhall Runners	21:26	184	151	Brian Bradshaw	V50	9 Sale Harriers Manchester	23:33
151	47	Peter Maher	V55	17 Vale Royal Ac	21:29	185	127	Ian Ashcroft	V65	5 Wilmslow Running Club	23:38
152	509	Glyn Williams		Salford Harriers	21:34	186	311	Mansel Pope	V60	12 Altrincham & District Ac	23:42
153	325	Colin Davies	V60	8 Altrincham & District Ac	21:37	187	543	Gary McCullagh		Dragons Running Club	24:00
154	92	Martin Joyce	V45	15 Manchester Harriers & Ac	21:38	188	1	Dave Attwell	V70	2 Altrincham & District Ac	24:18
155	313	David Bunyan	V50	7 E Cheshire H & Tameside Ac	21:41	189	57	Clive Bishop	V60	13 Manchester Ymca Harriers	24:26
156	468	William Staniard	V45	16 Manchester Harriers & Ac	21:44	190	193	Mike Owen	V40	24 Trafford Athletic Club	24:47
157	411	Geoff Beattie	V60	9 Sale Harriers Manchester	21:53	191	472	James Bell	V45	22 Styal Running Club	24:49
158	444	Nick Roberts	V45	17 Stockport Harriers & Ac	21:56	192	152	David Williamson	V45	23 Swinton Running Club	24:53
159	52	Paul Basnett	V40	19 Astley & Tyldesley RR	21:57	193	169	David Gill	V40	25 Sale Harriers Manchester	24:56
160	185	Mark Wheelton	V50	8 Macclesfield Harriers & Ac	22:00	194	112	John Riley	V70	3 Nvt1	24:56
161	492	William Prout	V55	18 Stockport Metropolitan Ac	22:01	195	446	Robert Miller	V60	14 Stockport Harriers & Ac	25:05
162	368	Martin Blackman	V45	18 Stockport Harriers & Ac	22:05	196	386	Stephen Whittle	V55	21 Chorlton Runners	25:08
163	426	Ray Taylor	V55	19 Astley & Tyldesley RR	22:07	197	414	Garrick Weatherley	V55	22 Sale Harriers Manchester	25:15
164	384	Patrick Grannan	V60	10 Wilmslow Running Club	22:08	198	79	Mike Gibson	V50	10 Sale Harriers Manchester	25:23
165	304	Sidney Sacks	V70	1 Salford Harriers	22:11	199	548	Warren Myers		Unattached	25:30
166	110	Gareth Redston		Trafford Athletic Club	22:18	200	479	Paul Shier		Swinton Running Club	25:32
167	502	David Preece	V55	20 Burnden Road Runners	22:22	201	88	Paul Hudson	V55	23 Vale Royal Ac	25:35
168	407	Vin Murphy	V65	2 Salford Harriers	22:23	202	350	Ron Hill	V70	4 Clayton Le Moors Harriers	25:43
169	549	Colin Hill		Sale Harriers Manchester	22:26	203	489	Simon Dempsey	V55	24 Northern Veterans Ac	26:21
170	173	Darren Goodson		Sale Harriers Manchester	22:29	204	294	John Leah	V60	15 Bramhall Runners	26:30
171	391	Daniel McDermott	V40	20 Hyde Village Striders Rc	22:34	205	534	Paul Hynes	V45	24 Hyde Village Striders Rc	28:06
172	389	Andrew Dodd	V40	21 Wilmslow Running Club	22:49	206	392	Harry Barclay	JM	15 Hyde Village Striders Rc	28:14
173	206	Richard O'Regan	V45	19 Manchester Harriers & Ac	22:53	207	191	Peter Bedford	V60	16 Dragons Running Club	28:30
174	574	Tony Payne		Chorlton Runners	22:56	208	75	Tony Fillingham		Spectrum Striders	28:32
175	16	Dave Farmer	V65	3 Sale Harriers Manchester	22:56	209	522	Mike Mason	V45	25 Hyde Village Striders Rc	28:33
176	424	Roland Bowness	V65	4 Salford Harriers	22:58	210	10	Geoff Howarth	V75	1 Northern Veterans Ac	29:59
177	597	Paul Walker	V40	22 Swinton Running Club	22:59	211	506	Christopher Jones	V45	26 Hyde Village Striders Rc	30:06
178	490	Tony E;ston		Dragons Running Club	23:03	212	121	Martin Wheeldon	V60	17 Wilmslow Running Club	33:21
179	466	Jim Lambe	V45	20 Sale Harriers Manchester	23:05	213	443	Michael Roberts	JM	16 Stockport Harriers & Ac	34:48
180	93	Jon-Paul Kearns	V40	23 Stockport Harriers & Ac	23:07	214	520	Andrew Taylor	V40	26 Hyde Village Striders Rc	36:48
181	109	John Purdy	V45	21 Rochdale Harriers & Ac	23:10	215	302	Tommy Malone	V45	27 Sale Harriers Manchester	37:46

## Sizzler - NA Champs Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Altrincham & District Ac	9	—	1	Mohammed AbuRezeq	2		Matt Barnet	6		Dave Norman
2	Sale Harriers Manchester	29	—	4	Gareth Raven	10		Callum Greenwood	15		Ryan Moore
3	Blackburn Harriers & Ac	37	—	3	Ben Fish	9		Karl Billington	25		Matthew Nuttall
4	Trafford Athletic Club	44	—	5	Tim Egerton	11		Tom Charles	28		John Howe
5	Hallamshire Harriers Sheffield	62	—	18	Matthew Hobbs	21		Ben Beattie	23		Carl Thackery
6	Salford Harriers	77	—	13	Matthew Shaw	29		Anthony Taylor	35		Ian Jackson
7	Rossendale Harriers & Ac	79	—	14	Chris Fell	17		Grant Cunliffe	48		Anthony Dalton
8	Stockport Harriers & Ac	92	—	8	Michael Sawrey	37		Jack Martin	47		James Cordon
9	Rochdale Harriers & Ac	162	—	26	Derek Simpson	42		Phillip Barrett	94		Nick Barton
10	Wilmslow Running Club	197	—	49	Malcolm Fowler	57		Andrew Whittingham	91		Ray Eagle
11	Astley & Tyldesley RR	205	—	24	Lewis Eccleston	86		Robin Chan	95		Alan Hilton
12	Vale Royal Ac	253	—	53	Steven Caldwell	61		Darren Cottier	139		Robert Corinaldi
13	Salford Metropolitan Ac	309	—	75	James Hart	88		Tony Davenport	146		Stuart Mairs
14	Manchester Harriers & Ac	332	—	66	David Gee	129		Chris Sewart	137		Jason Brogan
15	Wilmslow Running Club	405	—	69	Barry Archbold	164		Patrick Grannan	172		Andrew Dodd
16	Dragons Running Club	408	—	83	Mark Offord	147		Tristan Pocock	178		Tony E;ston
17	Swinton Running Club	418	—	111	Mark Birchall	130		Antony Golding	177		Paul Walker
18	Northern Veterans Ac	476	—	65	Mike Toal	202		Simon Dempsey	209		Geoff Howarth
19	Bramhall Runners	497	—	144	Simon Shaw	150		Andy Cordes	203		John Leah
20	Hyde Village Striders Rc	497	—	122	Dominic Sexton	171		Daniel McDermott	204		Paul Hynes

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**SportSoft**

# The Ronhill Sale 5k Sizzlers

## at Wythenshawe Park on Thursday 16th August 2012

### Sizzler - NA Champs L — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	341	Calli Thackery	LJ 1	Hallamshire Harriers Sheffield	16:46	57	436	Julia Tanker	L	57	Hallamshire Harriers Sheffield	24:48		
2	233	Racheal Bamford	L	2 Otley Ac	17:13	58	326	Kyrinda HurstMoore	L45	8	Middleton Harriers Ac	24:57		
3	95	Jenny Knass	L	3 Stockport Harriers & Ac	17:55	59	207	Kirsty Lyons	L	59	Manchester Harriers & Ac	25:01		
4	423	Sarah Cumber	L40	1 Halifax Harriers & Ac	18:19	60	514	Stacey Halt	L	60	Hyde Village Striders Rc	25:11		
5	235	Emma Flanagan	L	5 Rossendale Harriers & Ac	18:21	61	164	Jean Mellor	L40	8	Swinton Running Club	25:19		
6	277	Beckie Taylor	LJ	2 Blackburn Harriers & Ac	18:30	62	336	Ruth Bardsley	L40	9	Salford Harriers	25:26		
7	231	Jennie Guard	L	7 Leeds City Athletic Club	18:44	63	268	Jill Peacock	L50	6	Winston Runners	25:28		
8	555	Tracey Peters	L	8 Southport Waterloo Ac	19:03	64	532	Denise Gregory	L50	7	Bramhall Runners	25:38		
9	464	Kerri Doyle	L45	1 Stockport Harriers & Ac	19:17	65	208	Jenny Miles	L60	2	Sale Harriers Manchester	25:50		
10	301	Nina McArthur	L	10 Manchester Tri Club	19:35	66	156	Lauren Davies	L	66	Sale Harriers Manchester	25:51		
11	465	Hazel Carruthers	L	11 Rochdale Harriers & Ac	19:36	67	45	Margaret Trickey	L60	3	Sale Harriers Manchester	25:53		
12	278	Katie Trickett	L	12 Blackburn Harriers & Ac	19:50	68	24	Mary Burton	L45	9	Lymm Runners	26:08		
13	447	Jayne Lawton	L40	2 Stockport Harriers & Ac	19:59	69	425	Nicola Pickford	L	69	Bramhall Runners	26:19		
14	99	Joanne Lott	L45	2 Trafford Athletic Club	20:06	70	501	Julie Newton	L	69	Burnden Road Runners	26:24		
15	39	Samantha Jones	L	15 Stockport Harriers & Ac	20:14	71	497	Julia Glancy	L50	8	Winston Runners	26:45		
16	242	Louise Geldart	L	16 Salford Harriers	20:19	72	160	Claire Wolfendale	L	72	Swinton Running Club	27:02		
17	540	Amanda Sterling	L40	3 Keighley & Craven Ac	20:32	73	458	Kirstie Williamson	LJ	5	E Cheshire H & Tameside Ac	27:08		
18	377	Janice Needham	L55	1 Rochdale Harriers & Ac	20:35	74	573	Nicolette Marsden	L	74	Sale Harriers Manchester	27:10		
19	70	J Cordingley	L50	1 Sale Harriers Manchester	20:44	75	562	Jeanette Chesterton	L50	9	Manchester Harriers & Ac	27:16		
20	238	Rebecca Flanagan	L17	1 Rossendale Harriers & Ac	20:46	76	104	Helen Morris	L	76	Winston Runners	27:29		
21	276	\$Shelley Tattersall	L	21 Blackburn Harriers & Ac	20:49	77	165	Andrea Williams	L	77	Manchester Harriers & Ac	27:32		
22	359	Jean Mann	L50	2 Astley & Tyldesley RR	20:53	78	199	Debs Gardner	L40	10	Birkenhead Athletic Club	27:42		
23	373	Louise Dempster	L45	3 Spectrum Striders	20:54	79	53	Susan Bean	L60	4	Swinton Running Club	27:44		
24	2	Joanna Robbins	L40	4 Sale Harriers Manchester	21:05	80	551	C ScottTrumpet	L	80	Winston Runners	27:55		
25	181	Louise Robbins	L35	1 Sale Harriers Manchester	21:11	81	575	Lindsay Galloway	L	81	Chorlton Runners	28:03		
26	91	Tracey Jones	L	26 Dragons Running Club	21:21	82	40	Jean Bayley	L50	10	UKA	28:18		
27	48	Jacky Thorn	L50	3 Vale Royal Ac	21:28	83	498	Pat Curran	L60	5	Salford Harriers	28:23		
28	412	Kimberley Wilson	L	28 Sale Harriers Manchester	21:33	84	161	Jill Clark	L45	11	Hyde Village Striders Rc	28:35		
29	581	Nicola Lloyd	L	29 Bramhall Runners	21:42	85	348	Jacqueline Hilton	L50	11	Stockport Harriers & Ac	28:37		
30	275	Becky Shorrock	LJ	3 Blackburn Harriers & Ac	21:49	86	130	Gail Hill	L35	2	Wilmslow Running Club	29:00		
31	139	Helen Reagan	L40	5 Sale Harriers Manchester	21:51	87	162	Sally Gubbins	L	87	Hyde Village Striders Rc	30:02		
32	28	Mary Taverner	L50	4 Vale Royal Ac	21:58	88	542	Julia Norris	L	88	Dragons Running Club	30:14		
33	27	Gillian Doolan	L40	6 Stockport Harriers & Ac	22:03	89	192	Sally Moston	L45	12	Bramhall Runners	30:44		
34	526	Maureen Wilkins	L45	4 Stockport Harriers & Ac	22:09	90	505	Jackie Jones	L40	11	Hyde Village Striders Rc	30:50		
35	488	Beatrice Cordingley	LJ	4 Sale Harriers Manchester	22:13	91	504	Stephanie Jones	L	91	Hyde Village Striders Rc	30:55		
36	20	Liz Turton	L55	2 Stockport Harriers & Ac	22:15	92	516	Simone Cole	L40	12	Hyde Village Striders Rc	31:13		
37	7	Hilary West	L50	5 Stockport Harriers & Ac	22:24	93	536	Rachel Hinchliffe	L40	13	Winston Runners	31:33		
38	455	Christina Puccini	L45	5 Penny Lane Striders	22:25	94	117	Clare Smith	L45	13	Bramhall Runners	32:07		
39	361	Debbie Read	L55	3 Spectrum Striders	22:37	95	521	Sharon Hyde	L	95	Hyde Village Striders Rc	32:27		
40	370	Rebecca Mills	L	40 Swinton Running Club	22:44	96	565	Alison McIntyre	L40	14	Hyde Village Striders Rc	32:37		
41	572	Rachael Cavanagh	L	41 Sale Harriers Manchester	22:50	97	244	Gaynor Clarke	L	97	Swinton Running Club	32:50		
42	409	Caroline Broderick	L	42 Salford Harriers	22:52	98	68	Margaret Carleton	L55	6	Winston Runners	32:52		
43	382	Victoria Chadwick	L40	7 Bramhall Runners	23:09	99	517	Dawn Reynolds	L40	15	Hyde Village Striders Rc	33:10		
44	300	Denise Wakefield	L55	4 Salford Harriers	23:15	100	463	Lisa Curran	L	100	Winston Runners	34:28		
45	188	Helen Todd	L55	5 Stockport Harriers & Ac	23:17	101	567	Gill Wolstencroft	L50	12	Hyde Village Striders Rc	35:00		
46	166	Wendy Woodhead	L	46 Manchester Harriers & Ac	23:28	102	566	Louise Noble	L40	16	Hyde Village Striders Rc	35:13		
47	240	Gemma Hardiman	L	47 Sale Harriers Manchester	23:34	103	564	Sharon Stokes	L40	17	Hyde Village Striders Rc	35:31		
48	83	Sarah Harrison	L	48 Manchester Harriers & Ac	23:40	104	224	Elizabeth Mason	L45	14	Hyde Village Striders Rc	36:48		
49	295	Sarah Leah	L	49 Stockport Harriers & Ac	23:43	105	461	Lisa Catterall	L	105	Winston Runners	36:48		
50	413	Dawn Holding	L45	6 Sale Harriers Manchester	23:44	106	552	Sharon Toolin	L	106	Hyde Village Striders Rc	36:51		
51	402	Alexis Dinsmor	L60	1 Stockport Harriers & Ac	23:46	107	529	Shelley Pascoe	L	107	Hyde Village Striders Rc	36:55		
52	445	Helen Roberts	L45	7 Stockport Harriers & Ac	23:57	108	503	Philomena Hesketh	L55	7	Winston Runners	38:19		
53	518	Morna Harthan	L	53 Mossley Hill	24:16	109	74	Annette Fairclough	L50	13	Winston Runners	38:52		
54	168	Stacey Benson	L	54 Manchester Harriers & Ac	24:24									
55	592	Claire Boyd	L	55 Sale Harriers Manchester	24:34									
56	138	Caroline Baba	L	56 Manchester Harriers & Ac	24:41									

### Sizzler - NA Champs L — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Stockport Harriers & Ac	25	—	3	Jenny Knass	9	Kerri Doyle	13	Jayne Lawton
2	Blackburn Harriers & Ac	47	—	6	Beckie Taylor	12	Katie Trickett	29	Becky Shorrock
3	Sale Harriers Manchester	66	—	19	J Cordingley	23	Joanna Robbins	24	Louise Robbins
4	Salford Harriers	100	—	16	Louise Geldart	41	Caroline Broderick	43	Denise Wakefield
5	Bramhall Runners	133	—	28	Nicola Lloyd	42	Victoria Chadwick	63	Denise Gregory
6	Manchester Harriers & Ac	145	—	45	Wendy Woodhead	47	Sarah Harrison	53	Stacey Benson
7	Swinton Running Club	170	—	39	Rebecca Mills	60	Jean Mellor	71	Claire Wolfendale
8	Winston Runners	207	—	62	Jill Peacock	70	Julia Glancy	75	Helen Morris
9	Hyde Village Striders Rc	228	—	59	Stacey Halt	83	Jill Clark	86	Sally Gubbins

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>