

# The Ronhill Sale 5k Sizzlers at Wythenshawe Park on Thursday 16th August 2012

## Sizzler — PROVISIONAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat	Club	Time
1	449	Mohammed AbuRezeq		Altrincham & District Ac	14:32	74	49 David Gee	V55	1 Manchester Harriers & Ac	17:54
2	450	Matt Barnet		Altrincham & District Ac	14:36	75	95 Jenny Knass	L	3 Stockport Harriers & Ac	17:55
3	282	Ben Fish		Blackburn Harriers & Ac	14:42	76	265 Steve Shaughnessy	V55	2 Stockport Harriers & Ac	17:56
4	439	Gareth Raven		Sale Harriers Manchester	14:46	77	454 Anthony Barbat	V50	2 Wallasey Athletic Club	17:58
5	342	Andrew Davies		Maldwyn Harriers	14:50	78	510 Barry Archbold		Wilmslow Running Club	17:59
6	296	Tim Egerton		Trafford Athletic Club	14:59	79	323 Matthew Crehan		St Helens Sutton Ac	18:01
7	448	Dave Norman		Altrincham & District Ac	15:06	80	308 Albert Xastile	V40	8 Salford Harriers	18:02
8	309	Nick Hooker		Leeds City Athletic Club	15:10	81	441 David Mayall		Unattached	18:04
9	404	Ian Mitchell		Tipton Harriers	15:13	82	491 Graham Chesters	V50	3 Salford Harriers	18:10
10	477	Michael Sawrey		Stockport Harriers & Ac	15:17	83	19 David Marsh		Sale Harriers Manchester	18:15
11	280	Karl Billington		Blackburn Harriers & Ac	15:17	84	403 Rob Williams		Knowsley Harriers	18:15
12	334	Callum Greenwood	JM	1 Sale Harriers Manchester	15:17	85	148 James Hart		Salford Metropolitan Ac	18:16
13	378	Tom Charles		Trafford Athletic Club	15:23	86	351 Michael O'Donnell	V45	6 Preston Harriers & Ac	18:17
14	273	Joshua Bull	JM	2 Derby Ac	15:28	87	5 Mandy Vernan	L40	1 Trentham RC	18:18
15	485	Matthew Shaw		Salford Harriers	15:29	88	423 Sarah Cumber	L40	2 Halifax Harriers & Ac	18:19
16	471	Gavin Hill		Unattached	15:30	89	25 Dillon Bezzina	JM	12 Sale Harriers Manchester	18:20
17	237	Chris Fell		Rossendale Harriers & Ac	15:32	90	235 Emma Flanagan	L	6 Rossendale Harriers & Ac	18:21
18	297	Ryan Moore	JM	3 Sale Harriers Manchester	15:41	91	459 Steve Burthem	V50	4 Warrington Athletic Club	18:22
19	335	James Wignall	JM	4 Sale Harriers Manchester	15:42	92	332 Nathan Matott	V40	9 Unattached	18:23
20	310	Grant Cunliffe		Rossendale Harriers & Ac	15:44	93	554 Steve McLean	V50	5 Southport Waterloo Ac	18:24
21	186	Matthew Hobbs		Hallamshire Harriers Sheffield	15:46	94	307 Lee Barratt	V40	10 Stockport Harriers & Ac	18:24
22	440	Ryan Worland	JM	5 Sale Harriers Manchester	15:56	95	433 Phillip Quibell	V55	3 Salford Harriers	18:25
23	305	Mark Shakeshaft		Bury Athletic Club	15:57	96	421 Roger Simon	V50	6 Pensby AC	18:26
24	312	Ben Beattie		Hallamshire Harriers Sheffield	15:58	97	107 Mark Offord		Dragons Running Club	18:27
25	229	Ben Crowther		Halfax Harriers & Ac	16:01	98	236 Roy Flanagan	V55	4 Rossendale Harriers & Ac	18:28
26	340	Carl Thackery	V45	1 Hallamshire Harriers Sheffield	16:04	99	277 Beckie Taylor	LJ	2 Blackburn Harriers & Ac	18:30
27	460	Lewis Eccleston	JM	6 Astley & Tyldesley RR	16:07	100	0 ???		???	18:31
28	285	Matthew Nuttall	V40	1 Blackburn Harriers & Ac	16:19	101	429 Gary Pendlebury	V55	5 Salford Harriers	18:33
29	363	Derek Simpson		Rochdale Harriers & Ac	16:20	102	470 Robin Chan		Astley & Tyldesley RR	18:34
30	76	Rob Flannery		Sale Harriers Manchester	16:21	103	419 Len Best	V60	1 Stockport Harriers & Ac	18:36
31	111	Dean Richardson		City Of Stoke AC	16:22	104	15 Tony Davenport		Salford Metropolitan Ac	18:38
32	431	John Howe		Trafford Athletic Club	16:23	105	416 Dave Carrington	V55	6 Altrincham & District Ac	18:39
33	495	Anthony Taylor		Salford Harriers	16:25	106	158 Peter O'Neill		Sale Harriers Manchester	18:41
34	481	Liam Moore	JM	7 Leigh Harriers & Ac	16:29	107	134 Ray Eagle	V55	7 Wilmslow Running Club	18:43
35	321	Matthew Kelly		Altrincham & District Ac	16:31	108	231 Jennie Guard	L	8 Leeds City Athletic Club	18:44
36	102	Howard Mead		Salford Harriers	16:33	109	360 Nick Blanchard		Stockport Harriers & Ac	18:46
37	345	Rob Dewhurst		Liverpool Harriers & Ac	16:36	110	344 Lawrence Eccles		Penny Lane Striders	18:50
38	177	Callum Rowlinson	JM	8 Sale Harriers Manchester	16:40	111	381 Nick Barton		Rochdale Harriers & Ac	18:54
39	210	David Rich	JM	9 Sale Harriers Manchester	16:45	112	469 Alan Hilton	V40	11 Astley & Tyldesley RR	18:55
40	341	Calli Thackery	LJ	1 Hallamshire Harriers Sheffield	16:46	113	533 Rob Cunningham		Ilkley Harriers Ac	18:56
41	442	Ian Jackson	V40	2 Salford Harriers	16:47	114	146 Christopher Heys		Sale Harriers Manchester	18:57
42	527	Gareth Turner		Trafford Athletic Club	16:48	115	143 David Townley		Stockport Harriers & Ac	18:58
43	480	Jack Martin		Stockport Harriers & Ac	16:50	116	157 Alex Bradford	JM	13 Sale Harriers Manchester	18:59
44	380	Derek Crewe	V50	1 Salford Harriers	16:51	117	69 Scott Christey	V45	7 Astley & Tyldesley RR	19:00
45	531	John Mosley		Sale Harriers Manchester	16:52	118	46 Mark Norton	V40	12 Altrincham & District Ac	19:01
46	316	Billy McCartney		Salford Harriers	16:53	119	555 Tracey Peters	L	9 Southport Waterloo Ac	19:03
47	225	Michael Berks		Altrincham & District Ac	16:55	120	306 Karl Tavini	V45	8 Stockport Harriers & Ac	19:04
48	357	Phillip Barrett		Rochdale Harriers & Ac	16:57	121	535 Gregor Tubb	JM	14 Unattached	19:06
49	408	Glyn Billington		Salford Harriers	16:59	122	94 Alistair Kell	V40	13 Sale Harriers Manchester	19:07
50	556	Rob Sloane		Trafford Athletic Club	17:02	123	293 P CachlinStevens		Salford Harriers	19:09
51	432	Philip Leybourne	V45	2 Salford Harriers	17:06	124	44 Paul Collins	V45	9 Unattached	19:10
52	279	Chris Barnes		Blackburn Harriers & Ac	17:09	125	86 Christine Holmes	L	10 Trentham RC	19:11
53	179	James Cordon	V40	3 Stockport Harriers & Ac	17:11	126	579 Robert Goulsbra		Stockport Harriers & Ac	19:12
54	233	Racheal Bamford	L	2 Otley Ac	17:13	127	234 Paul Riley	V40	14 Penny Lane Striders	19:13
55	428	Anthony Dalton	JM	10 Rossendale Harriers & Ac	17:16	128	598 Michael Dolan	V45	10 Unattached	19:15
56	125	Malcolm Fowler	V45	3 Wilmslow Running Club	17:16	129	464 Kerri Doyle	L45	1 Stockport Harriers & Ac	19:17
57	327	Chris Donnelly		Sale Harriers Manchester	17:17	130	154 Francis Sweeney	V45	11 Sale Harriers Manchester	19:19
58	239	Andrew Mooney		Sale Harriers Manchester	17:17	131	525 Adam Gooch		Unattached	19:21
59	500	Elton Davies		Sale Harriers Manchester	17:18	132	247 Alex Roy		Unattached	19:23
60	474	Steven Caldwell		Vale Royal Ac	17:23	133	337 Russ Derbyshire	V55	8 Salford Harriers	19:24
61	66	Phil Burns		Stockport Harriers & Ac	17:29	134	580 Nick Bone		Winston Runners	19:26
62	77	Stephen Fosbrook		Stockport Harriers & Ac	17:31	135	478 Bill Fox	V55	9 Sale Harriers Manchester	19:28
63	14	Peter Crawford		Sale Harriers Manchester	17:33	136	547 Mark Birchall		Swinton Running Club	19:29
64	136	Andrew Whittingham	V40	4 Wilmslow Running Club	17:35	137	371 Michael Curley	V60	2 Sale Harriers Manchester	19:30
65	354	Kyle Conway	JM	11 Sale Harriers Manchester	17:37	138	415 Brandon Holroyd		Holmfirth Harriers Ac	19:31
66	114	Mike Shaw	V45	4 Stockport Harriers & Ac	17:38	139	499 David Shaw	V45	12 Salford Harriers	19:33
67	486	Gavin Astin	V45	5 Stockport Harriers & Ac	17:40	140	116 Jerry Smith	V55	10 Sale Harriers Manchester	19:34
68	149	Darren Cottier	V40	5 Vale Royal Ac	17:42	141	301 Nina McArthur	L	12 Manchester Tri Club	19:35
69	437	Jason Boothroyd	V40	6 Salford Harriers	17:43	142	465 Hazel Carruthers	L	13 Rochdale Harriers & Ac	19:36
70	222	James Walsh		Unattached	17:45	143	393 Daniel Boulton		Sale Harriers Manchester	19:37
71	349	Ashley Kay		Rossendale Harriers & Ac	17:47	144	347 Joseph Watkinson		Unattached	19:37
72	482	Andy Nixen		Stockport Harriers & Ac	17:50	145	406 Arnold Melling	V60	3 Astley & Tyldesley RR	19:38
73	422	Mike Toal	V40	7 Northern Veterans Ac	17:53	146	541 Matthew Moran		Stockport Harriers & Ac	19:38

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

 SportSoft

147	385	James Grannan	JM 15	Stockport Harriers & Ac	19:41	226	290	Joseph Coxon	Unattached	21:24	
148	314	Stan Curran	V60 4	Salford Harriers	19:43	227	228	Andy Cordes	V40 21	Bramhall Runners	21:26
149	401	Michael Wakefield	V60 5	Salford Harriers	19:46	228	48	Jacky Thorn	L50 4	Vale Royal Ac	21:28
150	367	Dominic Sexton	V45 13	Hyde Village Striders Rc	19:50	229	47	Peter Maher	V55 19	Vale Royal Ac	21:29
151	278	Katie Trickett	L 14	Blackburn Harriers & Ac	19:50	230	85	Andrew Holland	Unattached	21:30	
152	538	Paul Forrest	Unattached	19:51	231	398	Peter Mills	V45 22	Unattached	21:32	
153	493	Bernhard Wagner	Belle Vue Racers	19:51	232	412	Kimberley Wilson	L 33	Sale Harriers Manchester	21:33	
154	339	Ned Feehally	Unattached	19:52	233	509	Glyn Williams	Salford Harriers	21:34		
155	29	Duncan Shuttleworth	V50 7	Unattached	19:53	234	587	Lauren Jackson	L 34	Unattached	21:36
156	303	Terry Fowler	V45 14	Staffs Moorlands AC	19:54	235	325	Colin Davies	V60 8	Altrincham & District Ac	21:37
157	320	Gary Lyons	Unattached	19:55	236	92	Martin Joyce	V45 23	Manchester Harriers & Ac	21:38	
158	496	David Telford	V60 6	Altrincham & District Ac	19:57	237	353	Timothy Perman	V45 24	Unattached	21:40
159	366	Alan Burton	Manchester Tri Club	19:58	238	105	Hilary Neal	L35 2	Unattached	21:40	
160	447	Jayne Lawton	L40 3	Stockport Harriers & Ac	19:59	239	313	David Bunyan	V50 10	E Cheshire H & Tameside Ac	21:41
161	375	Oliver Higby	Unattached	20:00	240	581	Nicola Lloyd	L 36	Bramhall Runners	21:42	
162	388	Paul Sweeney	Unattached	20:01	241	369	Steven Curley	Unattached	21:43		
163	176	Ken Burgess	V65 1	Altrincham & District Ac	20:03	242	468	William Staniard	V45 25	Manchester Harriers & Ac	21:44
164	99	Joanne Lott	L45 2	Trafford Athletic Club	20:06	243	395	Ben Kirkman	Unattached	21:45	
165	90	Ian Johnson	V55 11	Salford Harriers	20:09	244	583	RussBrooks	V45 26	Future Fitness	21:47
166	13	Anthony Collier	V55 12	Styal Running Club	20:10	245	275	Becky Shorrock	LJ 3	Blackburn Harriers & Ac	21:49
167	338	Tom Feehally	Unattached	20:11	246	139	Helen Reagan	L40 7	Sale Harriers Manchester	21:51	
168	284	Allan Hartley	Blackburn Harriers & Ac	20:12	247	411	Geoff Beattie	V60 9	Sale Harriers Manchester	21:53	
169	571	Aidan Raftery	V55 13	Sale Harriers Manchester	20:13	248	444	Nick Roberts	V45 27	Stockport Harriers & Ac	21:56
170	39	Samantha Jones	L 17	Stockport Harriers & Ac	20:14	249	52	Paul Basnett	V40 22	Astley & Tyldesley RR	21:57
171	569	Simon Haigh	Unattached	20:15	250	28	Mary Taverner	L50 5	Vale Royal Ac	21:58	
172	457	Stuart Burthem	V45 15	Unattached	20:16	251	185	Mark Wheelton	V50 11	Macclesfield Harriers & Ac	22:00
173	31	Steven Mycock	Unattached	20:18	252	492	William Prout	V55 20	Salford Metropolitan Ac	22:01	
174	242	Louise Geldart	L 18	Salford Harriers	20:19	253	27	Gillian Doolan	L40 8	Stockport Harriers & Ac	22:03
175	250	Gary Chadwick	Unattached	20:20	254	368	Martin Blackman	V45 28	Stockport Harriers & Ac	22:05	
176	553	Andrew Tricky	Unattached	20:21	255	426	Ray Taylor	V55 21	Astley & Tyldesley RR	22:07	
177	374	Chris Sewart	Manchester Harriers & Ac	20:22	256	384	Patrick Grannan	V60 10	Wilmslow Running Club	22:08	
178	578	William Keeling	V45 16	Knutsford Tri Club	20:24	257	526	Maureen Wilkins	L45 4	Stockport Harriers & Ac	22:09
179	80	Antony Golding	Swinton Running Club	20:25	258	304	Sidney Sacks	V70 1	Salford Harriers	22:11	
180	418	Liam Boardman	Chorley	20:27	259	195	Sonya Hynes	L 42	UKA	22:12	
181	171	Gary Coxon	V55 14	E Cheshire H & Tameside Ac	20:27	260	488	Beatrice Cordingley	LJ 4	Sale Harriers Manchester	22:13
182	430	Jonathan White	Unattached	20:28	261	20	Liz Turton	L55 2	Stockport Harriers & Ac	22:15	
183	595	Andy Hollingworth	Unattached	20:29	262	110	Gareth Redston	Trafford Athletic Club	22:18		
184	328	J Parrott	V55 15	Stockport Harriers & Ac	20:29	263	291	Ben Potts	Unattached	22:22	
185	182	Dan Middlebrook	Unattached	20:30	264	502	David Preece	V55 22	Burden Road Runners	22:22	
186	216	Christopher Roberts	Unattached	20:31	265	407	Vin Murphy	V65 3	Salford Harriers	22:23	
187	540	Amanda Sterling	L40 4	Keighley & Craven Ac	20:32	266	7	Hilary West	L50 6	Stockport Harriers & Ac	22:24
188	438	Emma Finney	L40 5	Unattached	20:32	267	455	Christina Puccini	L45 5	Penny Lane Striders	22:25
189	214	Rachael Blight	L 21	Stockport Harriers & Ac	20:33	268	549	Colin Hill	Sale Harriers Manchester	22:26	
190	390	Nigel Fielden	V55 16	Sale Harriers Manchester	20:34	269	434	Lee Quibell	Unattached	22:27	
191	379	David Bibby	V45 17	Stockport Harriers & Ac	20:34	270	355	Andrew Brooker	V40 23	Unattached	22:28
192	377	Janice Needham	L55 1	Rochdale Harriers & Ac	20:35	271	173	Darren Goodson	Sale Harriers Manchester	22:29	
193	319	Neil Worden	V40 15	Unattached	20:36	272	226	Carole Harrison	L45 6	Altrincham & District Ac	22:30
194	37	Mark Roberts	V60 7	Pensby AC	20:37	273	246	David Guy	V50 12	Unattached	22:32
195	315	Jason Brogan	V40 16	Manchester Harriers & Ac	20:43	274	391	Daniel McDermott	V40 24	Hyde Village Striders Rc	22:34
196	513	Mark Walker	V40 17	Rochdale Harriers & Ac	20:43	275	269	David Gerrard	JM 16	UKA	22:36
197	17	Robert Corinaldi	V40 18	Vale Royal Ac	20:44	276	361	Debbie Read	L55 3	Spectrum Striders	22:37
198	70	J Cordingley	L50 1	Sale Harriers Manchester	20:44	277	362	M Finney	Unattached	22:39	
199	202	Matthew Brooke	Sale Harriers Manchester	20:45	278	370	Rebecca Mills	L 49	Swinton Running Club	22:44	
200	238	Rebecca Flanagan	L17 1	Rossendale Harriers & Ac	20:46	279	389	Andrew Dodd	V40 25	Wilmslow Running Club	22:49
201	528	Kristian Spreckley	Unattached	20:47	280	572	Rachael Cavanagh	L 50	Sale Harriers Manchester	22:50	
202	42	Mark Seed	V45 18	Salford Harriers	20:48	281	409	Caroline Broderick	L 51	Salford Harriers	22:52
203	276	\$Shelley Tattersall	L 25	Blackburn Harriers & Ac	20:49	282	206	Richard O'Regan	V45 29	Manchester Harriers & Ac	22:53
204	483	Martin Davis	V50 8	Unattached	20:50	283	61	Mark Brett	V45 30	Unattached	22:55
205	410	Graham Tracey	V40 19	Vegetarian C & AC	20:51	284	376	Peter Woodward	Unattached	22:55	
206	511	Steve Riddle	V45 19	Burden Road Runners	20:52	285	574	Tony Payne	Chorlton Runners	22:56	
207	359	Jean Mann	L50 2	Astley & Tyldesley RR	20:53	286	16	Dave Farmer	V65 4	Sale Harriers Manchester	22:56
208	373	Louise Dempster	L45 3	Spectrum Striders	20:54	287	584	Colin Mandy	Unattached	22:57	
209	267	Andrew Gerrard	V45 20	Unattached	20:56	288	424	Roland Bowness	V65 5	Salford Harriers	22:58
210	396	Fred Davids	Unattached	20:57	289	597	Paul Walker	V40 26	Swinton Running Club	22:59	
211	232	Kev Logue	Manchester Harriers & Ac	20:59	290	155	Paul Steane	V50 13	Unattached	23:00	
212	577	Jeff Norman	V65 2	Unattached	21:02	291	515	Diana Smith	L 52	Unattached	23:01
213	2	Joanna Robbins	L40 6	Sale Harriers Manchester	21:05	292	490	Tony E;ston	Dragons Running Club	23:03	
214	557	David ChrystieLowe	V55 17	Stockport Harriers & Ac	21:08	293	466	Jim Lambe	V45 31	Sale Harriers Manchester	23:05
215	181	Louise Robbins	L35 1	Sale Harriers Manchester	21:11	294	93	Jon-Paul Kearns	V40 27	Stockport Harriers & Ac	23:07
216	227	Simon Shaw	Bramhall Runners	21:13	295	382	Victoria Chadwick	L40 9	Bramhall Runners	23:09	
217	283	Richard Taylor	V45 21	Blackburn Harriers & Ac	21:15	296	109	John Purdy	V45 32	Rochdale Harriers & Ac	23:10
218	97	Paul Lockett	Unattached	21:15	297	124	Chris Williams	V40 28	Unattached	23:12	
219	100	Stuart Mairs	Salford Metropolitan Ac	21:16	298	544	Paul McErlan	Unattached	23:13		
220	512	Tristan Pocock	V40 20	Dragons Running Club	21:16	299	300	Denise Wakefield	L55 4	Salford Harriers	23:15
221	427	Simon Bond	Sale Harriers Manchester	21:17	300	568	Kerry Cheng	L 55	Unattached	23:15	
222	219	Kieron Walsh	V50 9	Unattached	21:18	301	476	Chris Wood	Sale Harriers Manchester	23:16	
223	35	Claire Northcote	L50 3	Styal Running Club	21:19	302	188	Helen Todd	L55 5	Stockport Harriers & Ac	23:17
224	91	Tracey Jones	L 31	Dragons Running Club	21:21	303	221	Thomas Lavan	Unattached	23:19	
225	170	Ray Dalby	V55 18	Rochdale Harriers & Ac	21:22	304	417	Tony Gavin	Unattached	23:21	

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305	89	Alan Jenkinson	V60	11	Styal Running Club	23:22	384	350	Ron Hill	V70	4	Clayton Le Moors Harriers	25:43
306	451	Richard Ainley	V45	33	Unattached	23:24	385	299	BobbiJo Edwards	V50	19	Unattached	25:46
307	372	Paul Curley			Unattached	23:26	386	208	Jenny Miles	L60	2	Sale Harriers Manchester	25:50
308	175	Shira Barham	L	57	Unattached	23:27	387	156	Lauren Davies	L	88	Sale Harriers Manchester	25:51
309	166	Wendy Woodhead	L	58	Manchester Harriers & Ac	23:28	388	324	Megan Hayes	L	89	Unattached	25:52
310	563	Jonathan Hardman			Unattached	23:30	389	45	Margaret Trickey	L60	3	Sale Harriers Manchester	25:53
311	539	Hugh McKenna	V60	12	Altrincham & District Ac	23:31	390	0	???	???			25:58
312	151	Brian Bradshaw	V50	14	Sale Harriers Manchester	23:33	391	142	Claire Brennan	L35	4	Unattached	25:59
313	330	Mike Harpham			Unattached	23:33	392	582	J BaileyTucker	L	92	Unattached	26:00
314	240	Gemma Hardiman	L	59	Sale Harriers Manchester	23:34	393	12	Sid Bailey	V55	26	Deestridders	26:04
315	270	Dennis Williams	V65	6	Hercules Wimbledon AC	23:35	394	24	Mary Burton	L45	10	Lymm Runners	26:08
316	590	Martin Jackson	V45	34	Unattached	23:36	395	599	Liz Mather	L40	14	Unattached	26:17
317	38	?Fredelina Yong	L	60	Reading Road Runners	23:37	396	425	Nicola Pickford	L	95	Bramhall Runners	26:19
318	127	Ian Ashcroft	V65	7	Wilmslow Running Club	23:38	397	489	Simon Dempsey	V55	27	Northern Veterans Ac	26:21
319	83	Sarah Harrison	L	61	Manchester Harriers & Ac	23:40	398	501	Julie Neewton	L45	11	Burden Road Runners	26:24
320	311	Mansel Pope	V60	13	Altrincham & District Ac	23:42	399	220	Janette Lavan	L50	10	Unattached	26:26
321	295	Sarah Leah	L	62	Stockport Harriers & Ac	23:43	400	558	Yuilcharles	V65	8	Unattached	26:28
322	413	Dawn Holding	L45	7	Sale Harriers Manchester	23:44	401	294	John Leah	V60	21	Bramhall Runners	26:30
323	262	Jonathan Wood			Unattached	23:45	402	537	John Gregory	V50	20	Unattached	26:35
324	546	Steven Guest			Unattached	23:45	403	30	Barbara Shuttleworth	L50	11	Unattached	26:38
325	402	Alexis Dinsmor	L60	1	Stockport Harriers & Ac	23:46	404	84	Glyn Hathaway			Unattached	26:41
326	356	Shaun Moran	V45	35	Unattached	23:47	405	497	Julia Glancy	L50	12	Winston Runners	26:45
327	217	David Hobbs	V50	15	Unattached	23:48	406	147	Mike Howe	V70	5	Unattached	26:58
328	475	Aileen Davidson	L	65	Unattached	23:49	407	494	Simon Harrop	V50	21	Unattached	27:00
329	445	Helen Roberts	L45	8	Stockport Harriers & Ac	23:57	408	160	Claire Wolfendale	L	100	Swinton Running Club	27:02
330	452	Linda Edmondson	L50	7	Wrekin Road Runners	23:58	409	64	Phil Bryan			Unattached	27:04
331	543	Gary McCullagh			Dragons Running Club	24:00	410	387	Richard Ingram			Unattached	27:06
332	593	Richard Stringer			Unattached	24:02	411	458	Kirstie Williamson	LJ	5	E Cheshire H & Tameside Ac	27:08
333	255	Jimmy Harwood	V40	29	Unattached	24:05	412	573	Nicolette Marsden	L	102	Sale Harriers Manchester	27:10
334	249	Martin Smedley	V60	14	Unattached	24:09	413	397	Holly Leese	L	103	Unattached	27:13
335	118	Mel Smith	V60	15	Unattached	24:15	414	562	Jeanette Chesterton	L50	13	Manchester Harriers & Ac	27:16
336	518	Morna Harthan	L	68	Mossley Hill	24:16	415	209	Rosa Elliott	L50	14	Sale Harriers Manchester	27:19
337	1	Dave Attwell	V70	2	Altrincham & District Ac	24:18	416	54	Simon Beaumont	V40	35	Unattached	27:26
338	487	Craig McKendrick	V40	30	Unattached	24:19	417	104	Helen Morris	L	106	Winston Runners	27:29
339	78	Steven Francom			Unattached	24:21	418	165	Andrea Williams	L	107	Manchester Harriers & Ac	27:32
340	55	Stephanie Bennett	L	69	Unattached	24:23	419	399	Ian Richardson	V45	39	Unattached	27:34
341	168	Stacey Benson	L	70	Manchester Harriers & Ac	24:24	420	508	Jed Houghton	V45	40	Unattached	27:36
342	57	Clive Bishop	V60	16	Manchester Ymca Harriers	24:26	421	106	Stevie Collier	L	108	Styal Running Club	27:38
343	298	Colin Abbott	V60	17	Unattached	24:28	422	67	Liz Cardall	L55	6	Unattached	27:40
344	274	Vytautas Bautrenas			Unattached	24:30	423	199	Debs Gardner	L40	15	Birkenhead Athletic Club	27:42
345	462	Kenji Crompton			Unattached	24:32	424	53	Susan Bean	L60	4	Swinton Running Club	27:44
346	592	Claire Boyd	L	71	Sale Harriers Manchester	24:34	425	38	?Fredelina Yong	L	112	Reading Road Runners	27:46
347	87	Stephen Howe	V50	16	Unattached	24:40	426	248	Andrew Fitzsimmons	V50	22	Unattached	27:48
348	138	Caroline Baba	L	72	Manchester Harriers & Ac	24:41	427	8	Jeremy Mirams			Unattached	27:50
349	570	Ian Morris	V60	18	Unattached	24:43	428	9	Kate O'Brien	L	113	Unattached	27:53
350	594	Michael Ennis			Unattached	24:44	429	551	C ScottTrumpet	L	114	Winston Runners	27:55
351	211	Paul Arowsmith	V40	31	Uk Netrunner	24:46	430	119	Sally Stevens	L	115	Unattached	27:57
352	82	Lewis Green			Unattached	24:46	431	550	Carolyn Watts	L	116	Unattached	27:59
353	193	Mike Owen	V40	32	Trafford Athletic Club	24:47	432	589	Catherine Elliott	L40	16	Unattached	28:01
354	436	Julila Tanker	L	73	Hallamshire Harriers Sheffield	24:48	433	575	Lindsay Galloway	L	118	Chorlton Runners	28:03
355	472	James Bell	V45	36	Styal Running Club	24:49	434	534	Paul Hynes	V45	41	Hyde Village Striders Rc	28:06
356	65	Edyta Burgess	L35	3	Unattached	24:51	435	519	Bernard Traynor	V60	22	Unattached	28:13
357	152	David Williamson	V45	37	Swinton Running Club	24:53	436	392	Harry Barclay	JM	17	Hyde Village Striders Rc	28:14
358	169	David Gill	V40	33	Sale Harriers Manchester	24:56	437	256	Sandra Harwood	L40	17	Unattached	28:16
359	112	John Riley	V70	3	Nvt1	24:56	438	40	Jean Bayley	L50	15	UKA	28:18
360	326	Kyrinda HurstMoore	L45	9	Middleton Harriers Ac	24:57	439	498	Pat Curran	L60	5	Salford Harriers	28:23
361	435	Rebecca Short	L	76	Unattached	24:58	440	524	Michael Colvin			Unattached	28:26
362	596	David Wright	V45	38	Unattached	24:59	441	358	Bill Yale	V70	6	Unattached	28:29
363	207	Kirsty Lyons	L	77	Manchester Harriers & Ac	25:01	442	191	Peter Bedford	V60	23	Dragons Running Club	28:30
364	576	John Adams	V50	17	Unattached	25:03	443	75	Tony Fillingham			Spectrum Striders	28:32
365	446	Robert Miller	V60	19	Stockport Harriers & Ac	25:05	444	522	Mike Mason	V45	42	Hyde Village Striders Rc	28:33
366	190	Graham Crawforth	V60	20	Unattached	25:07	445	161	Jill Clark	L45	12	Hyde Village Striders Rc	28:35
367	386	Stephen Whittle	V55	23	Chorlton Runners	25:08	446	348	Jacqueline Hilton	L50	16	Stockport Harriers & Ac	28:37
368	591	Victoria Worthington	L40	10	Unattached	25:09	447	343	Helen Elthorpe	L50	17	Unattached	28:41
369	514	Stacey Halt	L	79	Hyde Village Striders Rc	25:11	448	58	Terrie Blammon	L35	5	Unattached	28:45
370	131	Kan Baba			Unattached	25:12	449	317	Joanne Grace	L	126	Unattached	28:50
371	545	Rachel Maskell	L	80	Unattached	25:13	450	588	Kate Sullivan	L40	18	Unattached	28:55
372	414	Garrick Weatherley	V55	24	Sale Harriers Manchester	25:15	451	130	Gail Hill	L35	6	Wilmslow Running Club	29:00
373	484	Susannah Williams	L40	11	Unattached	25:17	452	258	Howard Sharples	V55	28	Unattached	29:05
374	164	Jean Mellor	L40	12	Swinton Running Club	25:19	453	560	Hilary Rogerson	L45	13	Unattached	29:08
375	318	David Smith	V40	34	Unattached	25:21	454	253	Darren Russell	V40	36	Unattached	29:12
376	79	Mike Gibson	V50	18	Sale Harriers Manchester	25:23	455	400	Beth Duen	L	130	Unattached	29:19
377	336	Ruth Bardsley	L40	13	Salford Harriers	25:26	456	394	Mealla Boulton	L	131	Unattached	29:37
378	268	Jill Peacock	L50	8	Winston Runners	25:28	457	63	Karen Brownell	L35	7	Unattached	29:44
379	548	Warren Myers			Unattached	25:30	458	271	Derek Walton	V65	9	UKA	29:52
380	479	Paul Shier			Swinton Running Club	25:32	459	272	Jill Woodward	L60	6	Unattached	29:55
381	88	Paul Hudson	V55	25	Vale Royal Ac	25:35	460	10	Geoff Howarth	V75	1	Northern Veterans Ac	29:59
382	532	Denise Gregory	L50	9	Bramhall Runners	25:38	461	162	Sally Gubbins	L	134	Hyde Village Striders Rc	30:02
383	257	Ella Vicari	L	86	Unattached	25:40	462	506	Christopher Jones	V45	43	Hyde Village Striders Rc	30:06

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

463	542	Julia Norris	L	135	Dragons Running Club	30:14	487	244	Gaynor Clarke	L	155	Swinton Running Club	32:50
464	365	Peter Battersby	V60	24	Unattached	30:33	488	68	Margaret Carleton	L55	8	Winston Runners	32:52
465	167	Linda Borkin	L	136	Run England	30:38	489	517	Dawn Reynolds	L40	25	Hyde Village Striders Rc	33:10
466	192	Sally Moston	L45	14	Bramhall Runners	30:44	490	121	Martin Wheeldon	V60	25	Wilmslow Running Club	33:21
467	505	Jackie Jones	L40	19	Hyde Village Striders Rc	30:50	491	36	John Wadsworth	V50	25	Unattached	34:06
468	504	Stephanie Jones	L	139	Hyde Village Striders Rc	30:55	492	346	Lucy Wheen	L	158	Unattached	34:09
469	331	Pamela Brereton	L50	18	Unattached	31:01	493	463	Lisa Curran	L	159	Winston Runners	34:28
470	352	Emma White	L40	20	Unattached	31:07	494	443	Michael Roberts	JM	18	Stockport Harriers & Ac	34:48
471	516	Simone Cole	L40	21	Hyde Village Striders Rc	31:13	495	567	Gill Wolstencroft	L50	20	Hyde Village Striders Rc	35:00
472	536	Rachel Hinchliffe	L40	22	Winston Runners	31:33	496	566	Louise Noble	L40	26	Hyde Village Striders Rc	35:13
473	333	Margaret Cant	L55	7	Unattached	31:34	497	264	Lorraine Broahurst	L40	27	Www Runners	35:26
474	453	Michelle Coulter	L	145	Unattached	31:36	498	564	Sharon Stokes	L40	28	Hyde Village Striders Rc	35:31
475	530	Paul Hutton			Unattached	31:38	499	456	Heidi Koljouden	L	164	Unattached	36:19
476	586	Gillian Mandy	L	146	Unattached	31:44	500	520	Andrew Taylor	V40	37	Hyde Village Striders Rc	36:48
477	364	Mark Hughes	V50	23	Unattached	31:58	501	224	Elizabeth Mason	L45	16	Hyde Village Striders Rc	36:48
478	18	Ashlin Corinaldi	L40	23	Unattached	32:00	502	461	Lisa Catterall	L	166	Winston Runners	36:48
479	117	Clare Smith	L45	15	Bramhall Runners	32:07	503	552	Sharon Toolin	L	167	Hyde Village Striders Rc	36:51
480	585	Anna Hutton	L	149	Unattached	32:15	504	529	Shelley Pascoe	L	168	Hyde Village Striders Rc	36:55
481	561	Wayne Mackintosh	V50	24	Unattached	32:23	505	205	Peter Baugh	V65	10	Unattached	36:59
482	521	Sharon Hyde	L	150	Hyde Village Striders Rc	32:27	506	302	Tommy Malone	V45	44	Sale Harriers Manchester	37:46
483	329	Rachel Harpham	L	151	Unattached	32:32	507	150	Ivan Macintyre	V55	29	Unattached	37:56
484	565	Alison McIntyre	L40	24	Hyde Village Striders Rc	32:37	508	503	Philomena Hesketh	L55	9	Winston Runners	38:19
485	261	Kerry Wood	L	153	Unattached	32:43	509	98	Katherine Lockett	L	170	Unattached	38:36
486	101	Jan Makinson	L50	19	Unattached	32:49	510	74	Annette Fairclough	L50	21	Winston Runners	38:52

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**S**<sub>oft</sub>