

SENIOR MEN - PRUDHOE

Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	
								Medium	00:02:30
1	0:31:28	GARBUTT, Daniel	(2) Durham City Harriers	Slow	1204	1	00:31:28	Fast	00:05:00
2	0:31:52	FLANNERY, Keiran	(1) Gateshead Harriers	Slow	702	2	00:31:52		
3	0:33:40	TAYLOR, James	(1) Morpeth Harriers & AC	Slow	1575	3	00:33:40		
4	0:34:48	REED, Nathan	(1) Sunderland Harriers	Slow	1140	4	00:34:48		
5	0:35:19	GRIMES, Michael	(2) Durham City Harriers	Medium	1206	5	00:32:49		
6	0:35:24	BURN, Andy	(3) Jarrow & Hebburn AC	Medium	1488	6	00:32:54		
7	0:35:47	CHESSER, Dara	(1) Gateshead Harriers	Medium	1470	7	00:33:17		
8	0:35:55	BROOKES, Tom	(1) Morpeth Harriers & AC	Slow	681	8	00:35:55		
9	0:36:23	BUIS, James	(1) Heaton Harriers	Fast	138	9	00:31:23		
10	0:36:33	AGER, Lee	(1) Heaton Harriers	Medium	1393	10	00:34:03	TEAMS	
11	0:36:43	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	11	00:36:43	Gateshead	120
12	0:36:47	LOWERY, Keith	(3) Houghton AC	Medium (Vet)	1513	12	00:34:17	Durham	176
13	0:36:49	LLOYD, Jerry	(2) Elvet Striders	Slow (Vet)	331	13	00:36:49	Sunderland S	183
14	0:36:50	ADAMS, Luke	(1) South Shields Harriers & AC	Fast	81	14	00:31:50	Morpeth	266
15	0:36:50	COATES, Harry	(1) Wallsend Harriers	Fast	835	15	00:31:50	Heaton	272
16	0:36:54	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	16	00:34:24	South Shields	336
17	0:36:55	ROPER, Paul	(1) Sunderland Strollers	Slow (Vet)	808	17	00:36:55	Tynedale	357
18	0:37:12	GILLIS, Chris	(2) Claremont RR	Slow	202	18	00:37:12	Tynebridge	405
19	0:37:16	HETHERINGTON, Brian	(1) Wallsend Harriers	Medium (Vet)	846	19	00:34:46	Low Fell	416
20	0:37:22	MCCOURT, Lawrence	(1) Gateshead Harriers	Medium	723	20	00:34:52	Elvet Striders	516
21	0:37:22	GREEN, Andy	(2) Tynedale Harriers	Medium (Vet)	259	21	00:34:52	Sunderland H	524
22	0:37:23	BROMLEY, Ian	(2) Tynedale Harriers	Slow	242	22	00:37:23	Wallsend	541
23	0:37:30	BLYTH, Kevin	(1) Sunderland Strollers	Slow (Vet)	774	23	00:37:30	North Shields Poly	543
24	0:37:31	FRANCE, David	(2) Low Fell RC	Slow	1248	24	00:37:31	Elswick	557
25	0:37:33	HORSLEY, Will	(2) Elvet Striders	Medium	303	25	00:35:03	Claremont	647
26	0:37:35	AISTON, Phillip	(1) Wallsend Harriers	Fast	1398	26	00:32:35	Birtley	697
27	0:37:38	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143	27	00:37:38	Saltwell	700
28	0:37:39	EILLES, Ronnie	(2) Birtley AC	Slow	1374	28	00:37:39	Crook	788
29	0:37:40	HEDLEY, Michael	(2) Jesmond Joggers	Medium	406	29	00:35:10	Jarrow & Hebburn	816
30	0:37:41	THOMPSON, Jim	(2) Saltwell Harriers	Medium (Vet)	1294	30	00:35:11	Gosforth	857
31	0:37:45	BROOKS, Rob	(2) Saltwell Harriers	Slow	1548	31	00:37:45	Blyth	904
32	0:37:46	OLD, David	(1) Gateshead Harriers	Fast	732	32	00:32:46	Houghton	921
33	0:37:51	DUNN, Christopher	(1) Sunderland Strollers	Medium	1405	33	00:35:21	Jesmond	924
34	0:37:56	HAND (V), Rob	(2) Durham City Harriers	Medium (Vet)	1208	34	00:35:26	Blackhill	1248
35	0:38:03	MCARDLE, Niall	(1) Sunderland Strollers	Medium	798	35	00:35:33	Aurora	1428
36	0:38:04	MAYNARD, Ken	(1) Sunderland Strollers	Slow (Vet)	797	36	00:38:04		
37	0:38:05	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	37	00:38:05		
38	0:38:06	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97	38	00:38:06		
39	0:38:06	TINWELL, S	(1) Sunderland Strollers	Slow (Vet)	815	39	00:38:06		
40	0:38:06	COOK, Ollie	(2) Durham City Harriers	Slow	1481	40	00:38:06		
41	0:38:07	MARZO, Roberto	(2) Claremont RR	Slow	215	41	00:38:07		
42	0:38:08	ARMSTRONG, David	(2) Tynedale Harriers	Slow (Vet)	238	42	00:38:08		
43	0:38:09	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	43	00:35:39		
44	0:38:09	FLOYD, Ross	(1) Morpeth Harriers & AC	Fast	16	44	00:33:09		
45	0:38:10	EMBLETON, Dave	(3) Tynebridge Harriers	Slow (Vet)	943	45	00:38:10		
46	0:38:13	JENKIN, Dan	(2) Durham City Harriers	Fast	1219	46	00:33:13		
47	0:38:14	WOODS, John	(1) Morpeth Harriers & AC	Medium	49	47	00:35:44		
48	0:38:18	HEARN, S	(1) Gateshead Harriers	Fast	712	48	00:33:18		
49	0:38:19	BATY, John	(1) North Shields Poly	Medium (Vet)	1032	49	00:35:49		
50	0:38:22	WILKINSON, Christopher	(2) Durham City Harriers	Slow	1568	50	00:38:22		
51	0:38:24	GUY, Philip	(2) Gosforth Harriers & AC	Slow (Vet)	360	51	00:38:24		
52	0:38:25	MCGAHEY, Tim	(2) Jesmond Joggers	Slow (Vet)	411	52	00:38:25		
53	0:38:26	SKILLING, James	(2) Low Fell RC	Medium (Vet)	553	53	00:35:56		
54	0:38:27	REDMAN (V), Paul	(1) Sunderland Harriers	Medium (Vet)	1139	54	00:35:57		
55	0:38:28	SWINBURNE, David	(1) Morpeth Harriers & AC	Fast	40	55	00:33:28		
56	0:38:32	MCDONALD, Stephen	(3) Blackhill Bounders	Slow	1403	56	00:38:32		
57	0:38:36	TAYLOR, John	(3) PB Fitness	Slow	916	57	00:38:36		
58	0:38:36	HODGSON, Andrew	(2) Low Fell RC	Slow	511	58	00:38:36		
59	0:38:37	CAMILLERI, Nigel	(1) Gateshead Harriers	Medium	692	59	00:36:07		
60	0:38:41	JARDINE, Oliver	(1) Heaton Harriers	Medium	149	60	00:36:11		
61	0:38:42	MCAHON, Steve	(1) Sunderland Strollers	Medium	800	61	00:36:12		
62	0:38:44	CALDER, Tim	(1) Gateshead Harriers	Fast	691	62	00:33:44		
63	0:38:44	HARRIS, David	(3) Chester-le-Street	Slow	1459	63	00:38:44		
64	0:38:45	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	64	00:38:45		
65	0:38:46	ALLSOP, Tim	(1) Sunderland Strollers	Medium (Vet)	767	65	00:36:16		
66	0:38:46	BRIDGEWATER, Jason	(2) Crook AC	Slow (Vet)	577	66	00:38:46		
67	0:38:46	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	67	00:38:46		
68	0:38:47	BROWN, Shaun	(3) Tynebridge Harriers	Slow	1567	68	00:38:47		
69	0:38:48	CROWE, Martin	(1) Elswick Harriers	Slow (Vet)	639	69	00:38:48		
70	0:38:48	BINGHAM, Hugh	(2) Tynedale Harriers	Slow (Vet)	239	70	00:38:48		
71	0:38:49	BELL, Andrew	(1) Heaton Harriers	Slow	134	71	00:38:49		
72	0:38:50	HOLMBACK, Peter	(3) Blyth RC	Slow	1505	72	00:38:50		
73	0:38:51	WILKINSON, Jonathan	(2) Durham City Harriers	Medium	1352	73	00:36:21		
74	0:38:52	CROMBIE, Alexander	(1) Alnwick Harriers	Medium	1499	74	00:36:22		
75	0:38:52	GREENWOOD, Simeon	(1) Gateshead Harriers	Medium	707	75	00:36:22		
76	0:38:53	NEWTON, Ivan	(2) Tynedale Harriers	Slow (Vet)	1453	76	00:38:53		
77	0:38:53	GARLAND, James	(2) Elvet Striders	Slow	294	77	00:38:53		
78	0:38:54	STEPHENS, John	(2) Low Fell RC	Medium (Vet)	556	78	00:36:24		

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
79	0:38:54	MACPHERSON, Ken	(3) Tynebridge Harriers	Fast (Vet)	938	79	00:33:54		
80	0:38:55	GIBSON, John	(1) Gateshead Harriers	Medium	705	80	00:36:25		
81	0:38:56	BEST, David	(3) Blackhill Bounders	Medium	445	81	00:36:26		
82	0:38:58	TOLLITT, John	(3) Tynebridge Harriers	Slow	1576	82	00:38:58		
83	0:39:04	FORSTER, Ben	(1) South Shields Harriers & AC	Medium	94	83	00:36:34		
84	0:39:06	YOUNG, Barry	(1) North Shields Poly	Slow (Vet)	1068	84	00:39:06		
85	0:39:10	TARBITT, Paul	(1) Gateshead Harriers	Medium	759	85	00:36:40		
86	0:39:11	GREY, Thomas	(3) Houghton AC	Medium	1093	86	00:36:41		
87	0:39:13	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	87	00:34:13		
88	0:39:14	SMITH, Keith	(3) Tynebridge Harriers	Medium (Vet)	1347	88	00:36:44		
89	0:39:15	GIBSON, Scott	(2) Low Fell RC	Slow	502	89	00:39:15		
90	0:39:16	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900	90	00:36:46		
91	0:39:18	BRANNON, Tommy	(1) North Shields Poly	Medium (Vet)	1035	91	00:36:48		
92	0:39:18	ISHERWOOD, Craig	(1) Sunderland Harriers	Fast	1546	92	00:34:18		
93	0:39:19	MALLEN, Mike	(2) Crook AC	Slow (Vet)	594	93	00:39:19		
94	0:39:19	WILSON, Paul	(1) Sunderland Strollers	Slow	821	94	00:39:19		
95	0:39:20	BARBOUR, Jamie	(1) Heaton Harriers	Fast	132	95	00:34:20		
96	0:39:20	SPILLER, Adam	(1) Alnwick Harriers	Slow	74	96	00:39:20		
97	0:39:21	MOORE, Michael	(1) North Shields Poly	Medium (Vet)	1053	97	00:36:51		
98	0:39:21	BARKLEY, Rob	(3) Blyth RC	Medium	419	98	00:36:51		
99	0:39:22	CORBIERE, Neil	(1) Gateshead Harriers	Slow	696	99	00:39:22		
100	0:39:25	EMMETT, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	93	100	00:39:25		
101	0:39:26	PRINCE, Tony	(1) Elswick Harriers	Slow (Vet)	661	101	00:39:26		
102	0:39:27	PROUDLOCK, Craig	(1) Gateshead Harriers	Slow	742	102	00:39:27		
103	0:39:29	DAVIES, Glen	(1) Heaton Harriers	Slow	1580	103	00:39:29		
104	0:39:30	FARNIE, Peter	(2) Birtley AC	Medium	174	104	00:37:00		
105	0:39:32	SMITH, Adam	(3) Blyth RC	Slow	436	105	00:39:32		
106	0:39:35	DUFFY, Patrick	(2) Crook AC	Fast	582	106	00:34:35		
107	0:39:37	HODGSON, Alan	(1) Sunderland Harriers	Medium	1127	107	00:37:07		
108	0:39:40	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	108	00:37:10		
109	0:39:42	WINTER, Mike	(1) Morpeth Harriers & AC	Slow (Vet)	48	109	00:39:42		
110	0:39:43	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062	110	00:39:43		
111	0:39:48	KING, Dave	(2) Durham City Harriers	Slow (Vet)	1221	111	00:39:48		
112	0:39:50	ROBSON, Gary	(1) North Shields Poly	Medium (Vet)	1059	112	00:37:20		
113	0:39:51	MILLER, Mark	(1) Alnwick Harriers	Slow (Vet)	69	113	00:39:51		
114	0:39:52	WARREN, David	(2) Low Fell RC	Medium	562	114	00:37:22		
115	0:39:53	BIRD, Trevor	(2) Gosforth Harriers & AC	Slow (Vet)	346	115	00:39:53		
116	0:39:54	HODGSON, Peter	(2) Blaydon Harriers	Slow	1520	116	00:39:54		
117	0:39:55	APPLEBY, David	(3) Tynebridge Harriers	Medium (Vet)	944	117	00:37:25		
118	0:39:57	SILLITO, Roger	(2) Low Fell RC	Medium	1412	118	00:37:27		
119	0:39:59	MILLMORE, Lee	(2) Birtley AC	Medium	182	119	00:37:29		
120	0:40:00	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium	84	120	00:37:30		
121	0:40:03	SMART, Liam	(1) Wallsend Harriers	Slow	876	121	00:40:03		
122	0:40:03	MORLEY, John	(3) Tynebridge Harriers	Medium	952	122	00:37:33		
123	0:40:05	JONES, Paul	(1) Elswick Harriers	Medium	1571	123	00:37:35		
124	0:40:07	CLAYDON, Matt	(2) Elvet Striders	Slow	333	124	00:40:07		
125	0:40:08	LONGMAN, Lucas	(1) Heaton Harriers	Fast	153	125	00:35:08		
126	0:40:09	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303	126	00:40:09		
127	0:40:10	GERRY, Richard	(1) Sunderland Strollers	Slow (Vet)	782	127	00:40:10		
128	0:40:11	MARTIN, Jamie	(2) Claremont RR	Medium	1547	128	00:37:41		
129	0:40:14	MACLEOD, Jamie	(1) Heaton Harriers	Medium	157	129	00:37:44		
130	0:40:15	THOMAS, Kevin	(2) Gosforth Harriers & AC	Slow (Vet)	376	130	00:40:15		
131	0:40:16	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095	131	00:40:16		
132	0:40:17	KELLY, David	(2) Birtley AC	Slow (Vet)	178	132	00:40:17		
133	0:40:17	LEYS, Andrew	(1) Heaton Harriers	Slow (Vet)	151	133	00:40:17		
134	0:40:19	GRAHAM, Jamie	(2) Birtley AC	Slow	1574	134	00:40:19		
135	0:40:21	SLATER, Martin	(1) Gateshead Harriers	Medium	751	135	00:37:51		
136	0:40:23	WALKER (V), Philip	(1) Morpeth Harriers & AC	Medium (Vet)	42	136	00:37:53		
137	0:40:25	BENNETT, Michael	(2) Elvet Striders	Slow (Vet)	287	137	00:40:25		
138	0:40:27	NETTLETON, Rich	(1) South Shields Harriers & AC	Slow (Vet)	108	138	00:40:27		
139	0:40:30	KENNEDY, Chris	(2) Saltwell Harriers	Medium	1274	139	00:38:00		
140	0:40:33	GIBSON, David	(2) Elvet Striders	Slow (Vet)	295	140	00:40:33		
141	0:40:36	MEDD, Steven	(1) Gateshead Harriers	Medium	726	141	00:38:06		
142	0:40:37	DONNEKY JR, John	(3) Derwentside AC	Fast	467	142	00:35:37		
143	0:40:41	FULLER, Wayne	(1) Heaton Harriers	Slow	1559	143	00:40:41		
144	0:40:42	MORRIS, Neil	(2) Low Fell RC	Medium (Vet)	540	144	00:38:12		
145	0:40:43	OLIVER, Mark	(2) Low Fell RC	Slow	1578	145	00:40:43		
146	0:40:45	ALLISON, Jason	(2) Crook AC	Fast (Vet)	568	146	00:35:45		
147	0:40:45	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292	147	00:40:45		
148	0:40:46	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	148	00:38:16		
149	0:40:49	JONES, Chris	(2) Claremont RR	Slow	1307	149	00:40:49		
150	0:40:52	ASTON, Luke	(2) Blaydon Harriers	Medium	1151	150	00:38:22		
151	0:40:53	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86	151	00:38:23		
152	0:40:55	FINN, Brodie	(2) Gosforth Harriers & AC	Fast	357	152	00:35:55		
153	0:40:59	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95	153	00:40:59		
154	0:41:01	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21	154	00:41:01		
155	0:41:03	KINGSTON, Matthew	(2) Claremont RR	Slow (Vet)	211	155	00:41:03		
156	0:41:03	SMITH, Jeremy	(2) Claremont RR	Slow (Vet)	230	156	00:41:03		
157	0:41:09	SCOTT, Duncan	(2) Claremont RR	Slow	228	157	00:41:09		
158	0:41:11	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388	158	00:38:41		

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
159	0:41:12	RICHARDSON, Peter	(1) Sunderland Harriers	Slow (Vet)	1419	159	00:41:12		
160	0:41:14	PHILLIPS, Les	(2) Durham City Harriers	Slow (Vet)	1232	160	00:41:14		
161	0:41:17	CHAMBERS, Greg	(1) Elswick Harriers	Slow	636	161	00:41:17		
162	0:41:18	DEACON, Craig	(3) Jarrow & Hebburn AC	Medium	890	162	00:38:48		
163	0:41:20	RICHIE, Ian	(3) Jarrow & Hebburn AC	Slow	1449	163	00:41:20		
164	0:41:22	DARCY, Ben	(2) Jesmond Joggers	Slow	400	164	00:41:22		
165	0:41:23	CASSIDY, Neil	(2) Tynedale Harriers	Medium (Vet)	248	165	00:38:53		
166	0:41:27	HUBBARD, James	(1) Sunderland Strollers	Slow	787	166	00:41:27		
167	0:41:30	MCKINNON, Iain	(1) Heaton Harriers	Slow	156	167	00:41:30		
168	0:41:32	AYRES, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	85	168	00:41:32		
169	0:41:40	REEVES, Thomas	(2) Elvet Striders	Slow (Vet)	311	169	00:41:40		
170	0:41:48	DAVINSON, Mark	(3) Derwentside AC	Slow	466	170	00:41:48		
171	0:41:57	ROBERTS, Andy	(1) Heaton Harriers	Medium (Vet)	162	171	00:39:27		
172	0:42:05	HADDON, Alan	(1) North Shields Poly	Medium	1044	172	00:39:35		
173	0:42:06	NAYAK, Sumanth	(2) Claremont RR	Slow	219	173	00:42:06		
174	0:42:08	MCENTEE, Scott	(1) Heaton Harriers	Medium	154	174	00:39:38		
175	0:42:10	WILSON-CRAW, Alasdair	(2) Claremont RR	Slow (Vet)	233	175	00:42:10		
176	0:42:13	TODD, Michael	(1) Wallsend Harriers	Slow (Vet)	882	176	00:42:13		
177	0:42:20	HEWITSON, Geoff	(2) Crook AC	Slow (Vet)	589	177	00:42:20		
178	0:42:21	SAVAGE, David	(1) Sunderland Harriers	Slow (Vet)	1143	178	00:42:21		
179	0:42:22	DICKINSON, David	(3) Houghton AC	Slow	1089	179	00:42:22		
180	0:42:26	CREWE, Trevor	(2) Birtley AC	Slow	1572	180	00:42:26		
181	0:42:27	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491	181	00:42:27		
182	0:42:28	KISLER, Jonathan	(1) Sunderland Strollers	Slow (Vet)	1408	182	00:42:28		
183	0:42:31	BELL, David	(2) Gosforth Harriers & AC	Slow (Vet)	343	183	00:42:31		
184	0:42:31	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826	184	00:42:31		
185	0:42:43	SKEOCH, Robert	(3) Aurora	Slow (Vet)	1327	185	00:42:43		
186	0:42:44	LEECE, Malcolm	(3) Jarrow & Hebburn AC	Slow	1535	186	00:42:44		
187	0:42:52	MULLARKEY, Peter	(2) Saltwell Harriers	Slow (Vet)	1278	187	00:42:52		
188	0:42:53	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827	188	00:42:53		
189	0:43:02	COE, David	(2) Jesmond Joggers	Slow	399	189	00:43:02		
190	0:43:04	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699	190	00:43:04		
191	0:43:05	ARMSTRONG, Michael	(1) Sunderland Strollers	Slow (Vet)	770	191	00:43:05		
192	0:43:07	ROBINS, Dan	(1) Heaton Harriers	Medium	163	192	00:40:37		
193	0:43:10	TURNBULL, David	(3) Aurora	Slow (Vet)	1330	193	00:43:10		
194	0:43:11	FROST, Martin	(1) North Shields Poly	Slow (Vet)	1042	194	00:43:11		
195	0:43:18	JARDIN, David	(1) Elswick Harriers	Medium	652	195	00:40:48		
196	0:43:26	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158	196	00:43:26		
197	0:43:31	INSKIP, Paul	(1) Heaton Harriers	Slow (Vet)	148	197	00:43:31		
198	0:43:33	AYRES, Jon	(2) Durham City Harriers	Slow (Vet)	1585	198	00:43:33		
199	0:43:34	LANGFORD, Alan	(1) Heaton Harriers	Slow (Vet)	150	199	00:43:34		
200	0:43:37	HARBISHER, Martin	(2) Crook AC	Slow (Vet)	587	200	00:43:37		
201	0:43:38	JUDSON, Fred	(1) Sunderland Harriers	Slow (Vet)	1129	201	00:43:38		
202	0:43:38	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312	202	00:43:38		
203	0:43:40	BRADLEY, Dave	(3) Blyth RC	Slow (Vet)	422	203	00:43:40		
204	0:43:51	BAXTER, Ian	(3) Blyth RC	Slow (Vet)	420	204	00:43:51		
205	0:43:56	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136	205	00:43:56		
206	0:43:57	ADAMS, Paul	(2) Durham City Harriers	Slow	1189	206	00:43:57		
207	0:43:59	JEFFREY, Joseph	(1) North Shields Poly	Slow	1489	207	00:43:59		
208	0:44:00	KNOX, Martin	(3) Aycliffe RC	Slow	1363	208	00:44:00		
209	0:44:00	BUNN (V), Michael	(3) Jarrow & Hebburn AC	Slow (Vet)	889	209	00:44:00		
210	0:44:04	BECKETT, Samuel	(2) Crook AC	Medium	572	210	00:41:34		
211	0:44:07	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682	211	00:44:07		
212	0:44:10	ALLEN, Tony	(1) Sunderland Strollers	Slow (Vet)	1583	212	00:44:10		
213	0:44:11	LINDSEY, Steven	(2) Elvet Striders	Slow (Vet)	1586	213	00:44:11		
214	0:44:11	FRIEL, Liam	(2) Blaydon Harriers	Slow (Vet)	1160	214	00:44:11		
215	0:44:12	LUMSDON, Paul	(1) Sunderland Strollers	Slow	1582	215	00:44:12		
216	0:44:16	WHITE, Conrad	(2) Elvet Striders	Slow (Vet)	326	216	00:44:16		
217	0:44:18	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829	217	00:44:18		
218	0:44:19	HODGSON, Craig	(1) Heaton Harriers	Slow	1395	218	00:44:19		
219	0:44:22	RUSSELL, Simon	(1) South Shields Harriers & AC	Slow (Vet)	123	219	00:44:22		
220	0:44:28	BUCKLEY, Brian	(3) Derwentside AC	Slow	465	220	00:44:28		
221	0:44:31	COULSON, David	(2) Birtley AC	Slow (Vet)	173	221	00:44:31		
222	0:44:34	DAVIDSON, Ricky	(3) Blyth RC	Slow	1424	222	00:44:34		
223	0:44:39	HEWITSON, Robert	(2) Durham City Harriers	Slow (Vet)	1216	223	00:44:39		
224	0:44:43	MIDDLETON, Andy	(1) Elswick Harriers	Slow	658	224	00:44:43		
225	0:44:45	ZOPPI, Guillaume	(1) Heaton Harriers	Slow	1392	225	00:44:45		
226	0:44:47	GANT, Sam	(2) Gosforth Harriers & AC	Slow	1494	226	00:44:47		
227	0:44:48	ROBINSON, Alex	(1) North Shields Poly	Slow	1500	227	00:44:48		
228	0:44:51	COXON, David	(2) Durham City Harriers	Slow	1350	228	00:44:51		
229	0:44:52	USHER, Brian	(3) Aurora	Slow (Vet)	1331	229	00:44:52		
230	0:44:53	LISLE, Andrew	(3) Tynebridge Harriers	Slow	1581	230	00:44:53		
231	0:44:54	SLOAN, Peter	(1) Elswick Harriers	Slow (Vet)	665	231	00:44:54		
232	0:44:56	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	232	00:44:56		
233	0:44:58	JOBE, Simon	(1) Heaton Harriers	Slow	1380	233	00:44:58		
234	0:45:00	TAYLOR, Mick	(1) Sunderland Strollers	Slow	1584	234	00:45:00		
235	0:45:01	COULSON, Lee	(1) Elswick Harriers	Slow (Vet)	638	235	00:45:01		
236	0:45:04	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128	236	00:45:04		
237	0:45:07	DAY, Aaron	(1) South Shields Harriers & AC	Slow	1464	237	00:45:07		
238	0:45:09	BENNETT, Neil	(1) Sunderland Strollers	Slow (Vet)	773	238	00:45:09		

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
239	0:45:09	WATSON, Geoff	(2) Durham City Harriers	Slow	1244	239	00:45:09		
240	0:45:10	BEYNON, Anthony	(1) Elswick Harriers	Slow	634	240	00:45:10		
241	0:45:17	NORMAN, Stuart	(2) Gosforth Harriers & AC	Medium	367	241	00:42:47		
242	0:45:25	MACALLAN, Connor	(2) Jesmond Joggers	Slow	1539	242	00:45:25		
243	0:45:30	THOMPSON, Andrew	(3) Aurora	Slow (Vet)	1328	243	00:45:30		
244	0:45:31	BATY (V), Edward	(1) Heaton Harriers	Slow (Vet)	133	244	00:45:31		
245	0:45:34	HARDING, Jamie	(2) Claremont RR	Slow (Vet)	204	245	00:45:34		
246	0:45:41	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251	246	00:45:41		
247	0:45:44	LAMBTON, Ross	(3) Houghton AC	Slow	1514	247	00:45:44		
248	0:45:53	HARVEY, Daniel	(2) Jesmond Joggers	Slow	404	248	00:45:53		
249	0:45:55	WALKER, Steve	(3) Blyth RC	Slow (Vet)	441	249	00:45:55		
250	0:46:01	FREEMAN, Kevin	(3) Blyth RC	Slow (Vet)	428	250	00:46:01		
251	0:46:03	VAN DER BREMER, Marco	(2) Elvet Striders	Slow (Vet)	335	251	00:46:03		
252	0:46:05	HEPPLER, Nigel	(2) Elvet Striders	Slow (Vet)	299	252	00:46:05		
253	0:46:06	WADDELL, John	(2) Gosforth Harriers & AC	Slow (Vet)	378	253	00:46:06		
254	0:46:08	HERKES, Craig	(2) Durham City Harriers	Slow	1212	254	00:46:08		
255	0:46:10	HUGHES, David	(2) Low Fell RC	Slow	514	255	00:46:10		
256	0:46:16	HOCKIN, Richard	(2) Elvet Striders	Slow (Vet)	301	256	00:46:16		
257	0:46:18	BRIGNALL, David	(1) Heaton Harriers	Slow (Vet)	137	257	00:46:18		
258	0:46:20	ROBSON, Alistair	(2) Elvet Striders	Slow	313	258	00:46:20		
259	0:46:22	ROBSON, Dean	(1) Sunderland Strollers	Slow	807	259	00:46:22		
260	0:46:24	ARMSTRONG, Scott	(2) Jesmond Joggers	Slow	397	260	00:46:24		
261	0:46:30	HINDHAUGH, Paul	(1) Gateshead Harriers	Slow	713	261	00:46:30		
262	0:46:46	BOND, Steven	(2) Gosforth Harriers & AC	Slow	347	262	00:46:46		
263	0:46:57	CARR, Mel	(1) North Shields Poly	Slow	1515	264	00:46:57		
264	0:47:06	LEE, Kevin	(3) Blackhill Bounders	Slow (Vet)	1527	265	00:47:06		
265	0:47:08	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381	266	00:47:08		
266	0:47:15	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099	267	00:47:15		
267	0:47:17	PHIPPS, Dominic	(1) Gateshead Harriers	Slow	740	268	00:47:17		
268	0:47:18	GIBSON, Paul	(2) Birtley AC	Slow	1456	269	00:47:18		
269	0:47:23	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366	270	00:47:23		
270	0:47:47	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101	271	00:47:47		
271	0:47:50	WRIGHT, David	(2) Low Fell RC	Slow (Vet)	565	272	00:47:50		
272	0:48:04	KEAR, David	(2) Claremont RR	Slow (Vet)	210	273	00:48:04		
273	0:48:06	SCOTT, Martin	(3) Blyth RC	Slow (Vet)	1504	274	00:48:06		
274	0:48:10	LIDDLE, Brian	(2) Blaydon Harriers	Slow (Vet)	1166	275	00:48:10		
275	0:48:12	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450	276	00:48:12		
276	0:48:20	RUSSELL, George	(2) Low Fell RC	Slow (Vet)	547	277	00:48:20		
277	0:48:26	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640	278	00:48:26		
278	0:48:37	GIBSON, Colin	(3) Aycliffe RC	Slow (Vet)	1359	279	00:48:37		
279	0:48:40	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854	280	00:48:40		
280	0:48:48	POWELL, Mike	(3) Blackhill Bounders	Slow (Vet)	454	281	00:48:48		
281	0:49:07	PILE, Kenneth	(3) Aurora	Slow (Vet)	1333	282	00:49:07		
282	0:49:28	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282	283	00:49:28		
283	0:49:29	KEMPF, Dennis	(1) South Shields Harriers & AC	Slow	1577	284	00:49:29		
284	0:49:32	FOSTER, Dave	(1) Sunderland Strollers	Slow (Vet)	1407	285	00:49:32		
285	0:49:33	DICKINSON, Michael	(3) Houghton AC	Slow (Vet)	1090	286	00:49:33		
286	0:49:35	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195	287	00:49:35		
287	0:49:36	HOWE, David	(3) Derwentside AC	Slow (Vet)	471	288	00:49:36		
288	0:49:45	DICKINSON, Ralph	(3) Blyth RC	Slow (Vet)	425	289	00:49:45		
289	0:49:53	GILL, Mike	(3) Blackhill Bounders	Slow (Vet)	449	290	00:49:53		
290	0:49:54	LAMOND, David	(2) Birtley AC	Slow	1573	291	00:49:54		
291	0:49:55	LAMB, Craig	(2) Low Fell RC	Slow	529	292	00:49:55		
292	0:50:09	RICHARDSON, Brian	(3) Blackhill Bounders	Slow (Vet)	455	293	00:50:09		
293	0:50:15	KURUNER, Yusuf	(2) Elvet Striders	Slow	1556	294	00:50:15		
294	0:50:23	OWEN, Phil	(2) Elvet Striders	Slow (Vet)	310	295	00:50:23		
295	0:50:41	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414	296	00:50:41		
296	0:51:10	RICHARDSON, Rod	(1) Elswick Harriers	Slow (Vet)	642	297	00:51:10		
297	0:51:54	WEAVERS, Keith	(3) Aurora	Slow (Vet)	1332	298	00:51:54		
298	0:52:17	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169	299	00:52:17		
299	0:53:15	PASCOE, Barry	(3) Jarrow & Hebburn AC	Slow (Vet)	895	300	00:53:15		
300	0:54:05	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379	301	00:54:05		
301	0:54:52	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061	302	00:54:52		
302	0:56:21	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184	303	00:56:21		
303	0:57:57	THOMPSON, David	(3) Aycliffe RC	Slow (Vet)	1369	304	00:57:57		
304	0:59:01	BALLESTEROS, Randy	(2) Claremont RR	Slow	669	305	00:59:01		
305	0:59:10	TODD, Ray	(3) Aycliffe RC	Slow (Vet)	1370	306	00:59:10		
306	1:01:35	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63	307	01:01:35		
307	1:02:35	PURDHAM, Allen	(2) Crook AC	Slow (Vet)	601	308	01:02:35		
308	1:15:08	ROUTLEDGE, George	(1) Heaton Harriers	Slow (Vet)	165	309	01:15:08		

Place **Time** **Name**

Team

Cat

No

Pos

Handicap

Medium

00:02:30