

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	19:48	Ryan MOORE	Sale Harriers Manche	101	24:31	Robert PARKINSON	Liverpool Pembroke &
2	19:53	Tom BAINS	Hallamshire Harriers	102	24:46	David REECE	Liverpool Pembroke &
3	19:57	Fergus ROBERTS	Richmond & Zetland H	103	24:48	Jonny EVANS	South Shields Harrie
4	20:02	Adam HOWARD	Oldham & Royton H &	104	24:51	Simon CHADWICK	Stockport Harriers &
5	20:03	Haran DUNDERDALE	Lincoln Wellington A	105	25:13	Sam HEARMON	Sedgefield HarriersS
6	20:13	James HALL	Wharfedale HarriersW	106	25:19	Ellis NEVETT	Stockport Harriers &
7	20:17	Mathew SHIRLING	Liverpool Harriers &	107	25:20	Ben FOX	Sale Harriers Manche
8	20:17	Daniel OVERIN	Richmond & Zetland H	108	25:49	Harry SYKES	Lancaster & Morecamb
9	20:18	Wayne PARKER	New Marske Harriers	109	26:41	Matthew JACQUES	E Cheshire H & Tames
10	20:21	Jack ROBERTSON	Scarborough Athletic	110	26:55	Mark THOMAS	Gosforth Harriers &
11	20:24	Bradley TRAVISS	Halifax Harriers & A	111	27:01	Jonathon OWEN	Derby ACDerby AC
12	20:27	Chris MIDDLETON	E Cheshire H & Tames				
13	20:29	Zack BAMBER	Vale Royal ACVale Ro				
14	20:31	James SAXTON	Wakefield District H				
15	20:32	Greg CHAMBERS	Gateshead Harriers &				
16	20:37	Alexander BURCHILL	Sale Harriers Manche				
17	20:39	Warren TURNER	Liverpool Pembroke &				
18	20:40	Jonathan NISBET	Morpeth Harriers & A				
19	20:43	Jerome CASTELOW	Halifax Harriers & A				
20	20:49	Dominic MAHONEY	Blackburn Harriers &				
21	20:51	Luke CLARK	South Shields Harrie				
22	20:52	Michael VENNARD	Vale Royal ACVale Ro				
23	20:54	Alistair WEYMOUTH	Border Harriers & AC				
24	20:55	Luke TOWERS	Liverpool Harriers &				
25	20:57	Luke COTTER	Rotherham Harriers &				
26	21:01	Joshua ASBREY	Lincoln Wellington A				
27	21:03	Ryan BLACKWELL	Liverpool Pembroke &				
28	21:04	Michael BLEASBY	Shildon Running & AC				
29	21:05	Liam STEDMAN	Spenborough & Dist A				
30	21:05	James GRUNDY	Liverpool Pembroke &				
31	21:06	Terah HOOLEY	Derby ACDerby AC				
32	21:07	Johnathon KAY	Bolton United Harrie				
33	21:08	Sandy KELLY	Preston Harriers & A				
34	21:12	Matthew HULSE	Warrington Athletic				
35	21:15	Joseph LANCASTER	City Of Sheffield AC				
36	21:15	Owen SHARP	Liverpool Harriers &				
37	21:17	Ross CAMPBELL	Barrow & Furness Str				
38	21:20	Max WHARTON	Halifax Harriers & A				
39	21:23	Adrian BAILES	Birtley ACBirtley AC				
40	21:27	Aiden SMITH	Hallamshire Harriers				
41	21:30	Ben PYE	Wetherby RunnersWeth				
42	21:34	Liam WATSON	Middlesbrough AC (ma				
43	21:36	Ben EVERSON	Trafford Athletic Cl				
44	21:37	Callum GRANT	Liverpool Harriers &				
45	21:38	Liam MOORE	Leigh Harriers & ACL				
46	21:38	Kyle NICHOLSON	Lincoln Wellington A				
47	21:39	Steven EASTWOOD	Wakefield District H				
48	21:40	Richard EVANS	Wirral ACWirral AC				
49	21:42	James NEEDHAM	Kingston Upon Hull A				
50	21:44	Kyle NICHOLLS	Liverpool Pembroke &				
51	21:45	James BUNDRED	Trafford Athletic Cl				
52	21:46	Kevin ACTON	Stockport Harriers &				
53	21:55	Christopher PEVERLEY	Birtley ACBirtley AC				
54	21:58	Nicholas MYERS	Rotherham Harriers &				
55	22:00	Richard POWELL	Trafford Athletic Cl				
56	22:01	Ryan MOORE	Vale Royal ACVale Ro				
57	22:03	Dominic CHAMBERS	Derby ACDerby AC				
58	22:05	Barry MASKELL	Gateshead Harriers &				
59	22:07	Ciaran WILSON-BAIG	Halifax Harriers & A				
60	22:09	Patrick STRADLING	Vale Royal ACVale Ro				
61	22:09	Sam HAGGAR	Wharfedale HarriersW				
62	22:12	Robbie INGHAM	Kendal Amateur Athle				
63	22:18	Michael WILSON	Sunderland Harriers				
64	22:20	Peter FRANKLIN	Holmfirth Harriers A				
65	22:20	Robert SCARBOROUGH	Scarborough Athletic				
66	22:29	Jack BRIDLE	Derby ACDerby AC				
67	22:33	James LOFTUS	Liverpool Pembroke &				
68	22:36	Daniel JARVIS	Wirral ACWirral AC				
69	22:37	Hetherington BEN	Sedgefield HarriersS				
70	22:40	Josh BOYCE	Vale Royal ACVale Ro				
71	22:41	Connor RYAN	Rotherham Harriers &				
72	22:42	Adam HOWARTH	Leigh Harriers & ACL				
73	22:42	Daniel FRANKS	Wakefield District H				
74	22:46	Llwyd GRIFFITHS	Derby ACDerby AC				
75	22:48	Daniel WALSH	Rossendale Harriers				
76	22:50	Elliott HOLT	Leeds City Athletic				
77	22:52	Declan BULMER	Wharfedale HarriersW				
78	22:57	James AYRE	Vale Royal ACVale Ro				
79	23:00	Jonathan CURRIE	Tynedale Harriers &				
80	23:03	Jonathon STEWART	Manchester Harriers				
81	23:08	Daniel MORETON	Barnsley Athletic Cl				
82	23:09	Conor FLANAGAN	Wirral ACWirral AC				
83	23:12	David WAKEFIELD	South Shields Harrie				
84	23:15	Joe WILKINSON	Lincoln Wellington A				
85	23:18	Christopher MANNING	Liverpool Harriers &				
86	23:22	Jake JANSEN	Blyth Running ClubBl				
87	23:22	Adam JAMSON	Leigh Harriers & ACL				
88	23:25	Oliver YARROW	Rotherham Harriers &				
89	23:26	Harry BAXTER	Lincoln Wellington A				
90	23:30	Jack BROWN	Bury Athletic ClubBu				
91	23:39	Jack MITCHELL	Wakefield District H				
92	23:44	William JOHNSON	Rotherham Harriers &				
93	23:47	Alton FOWLEY	Rossendale Harriers				
94	23:49	Christopher LILLICO	Blyth Running ClubBl				
95	23:54	Christopher SMITH	Warrington Athletic				
96	24:00	Isaac SCOTT	Lancaster & Morecamb				
97	24:04	Nathaniel WELSBY	Harrogate Harriers &				
98	24:13	Ryan BRADSHAW	Rossendale Harriers				
99	24:18	Robert MORRIS	Longwood Harriers AC				
100	24:18	Michael TODD	South Shields Harrie				

1	Liverpool Harriers & AC	111
	Mathew SHIRLING (7)	
	Luke TOWERS (24)	
	Owen SHARP (36)	
	Callum GRANT (44)	
2	Liverpool Pembroke & Sefton H	124
	Warren TURNER (17)	
	Ryan BLACKWELL (27)	
	James GRUNDY (30)	
	Kyle NICHOLLS (50)	
3	Halifax Harriers & AC	127
	Bradley TRAVISS (11)	
	Jerome CASTELOW (19)	
	Max WHARTON (38)	
	Ciaran WILSON-BAIG (59)	
4	Vale Royal AC	151
	Zack BAMBER (13)	
	Michael VENNARD (22)	
	Ryan MOORE (56)	
	Patrick STRADLING (60)	
5	Lincoln Wellington AC	161
	Haran DUNDERDALE (5)	
	Joshua ASBREY (26)	
	Kyle NICHOLSON (46)	
	Joe WILKINSON (84)	
6	Wakefield District H & AC	225
	James SAXTON (14)	
	Steven EASTWOOD (47)	
	Daniel FRANKS (73)	
	Jack MITCHELL (91)	
7	Derby AC	228
	Terah HOOLEY (31)	
	Dominic CHAMBERS (57)	
	Jack BRIDLE (66)	
	Llwyd GRIFFITHS (74)	
8	Rotherham Harriers & AC	238
	Luke COTTER (25)	
	Nicholas MYERS (54)	
	Connor RYAN (71)	
	Oliver YARROW (88)	
9	South Shields Harriers & AC	307
	Luke CLARK (21)	
	David WAKEFIELD (83)	
	Michael TODD (100)	
	Jonny EVANS (103)	