

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	12:02	Kate WAUGH	Gateshead Harriers &	101	14:29	Meg BECKETT	Preston Harriers & A
2	12:07	Elizabeth GREENWOOD	Blackburn Harriers &	102	14:34	Rebecca HOLLINGDRAKE	Lancaster & Morecamb
3	12:14	Amelia LANCASTER	City Of Sheffield AC	103	14:36	Elizabeth WESTHEAD	Ilkley Harriers ACil
4	12:17	Olivia SYKES	Holmfirth Harriers A	104	14:37	Jessica ROGERS	Blackpool Wyre & Fyl
5	12:19	Imani WILSON	Hallamshire Harriers	105	14:37	Grace GARNER	Stockport Harriers &
6	12:21	Lucy DONAGHY	Stockport Harriers &	106	14:39	Laura SANDERSON	Wakefield District H
7	12:24	Mary MCCARTHY	Hallamshire Harriers	107	14:39	Beatrice TOMAN	Rossendale Harriers
8	12:25	Sarah PICKERING	Ilkley Harriers ACil	108	14:41	Daisy HINCHLIFFE	Holmfirth Harriers A
9	12:27	Emma CLAPTON	Scarborough Athletic	109	14:43	Holly KITCHING	Wakefield District H
10	12:27	Lily MCGUINESS	E Cheshire H & Tames	110	14:45	Heather CORDEN	Stockport Harriers &
11	12:28	Morag MOLYNEUX	Liverpool Pembroke &	111	14:47	Mikayla JORDENS	Darlington H & ACDar
12	12:34	Amy STONE	Derby ACDerby AC	112	14:49	Lucy JACQUES	Ilkley Harriers ACil
13	12:36	Beth BARLOW	Manchester Harriers	113	14:50	Heidi MURRAY	Kendal Amateur Athle
14	12:43	Sarah MCGRAIL	Warrington Athletic	114	14:52	Anna RIACH	Lancaster & Morecamb
15	12:44	Grace HANDLEY	Blackburn Harriers &	115	14:55	Sarah LONGSHAW	Rossendale Harriers
16	12:45	Erica BYRAM	Holmfirth Harriers A	116	14:55	Sophie HALL	Oldham & Royton H &
17	12:46	Beth OATES	Wakefield District H	117	14:59	Amy MORAN	Warrington Athletic
18	12:46	Ciara LYDON	Sale Harriers Manche	118	15:00	Ella BURGESS	Chester Le Street &
19	12:47	Georgia ASTON-MASSEY	Halton & Frodsham Ha	119	15:04	Megan STOREY	City Of Sheffield AC
20	12:49	Danielle STRINGER	Manchester Harriers	120	15:07	Amelia BATEMAN	Birtley ACBirtley AC
21	12:49	Olivia GREEN	Sale Harriers Manche	121	15:07	Alarna LANGFORD	E Cheshire H & Tames
22	12:54	Maddie PEARCE	Hallamshire Harriers	122	15:09	Ellie GAINES	Sedgefield HarriersS
23	12:56	Eleanor TWITE	Sale Harriers Manche	123	15:10	Jenny PYATT	Halton & Frodsham Ha
24	12:57	Katy WHITEOAK	Stockport Harriers &	124	15:10	Sadie ABEL	Sedgefield HarriersS
25	12:57	Zara THOMPSON	Manchester Harriers	125	15:11	Gabrielle KELLY	Trafford Athletic Cl
26	12:59	Eleanor KENNY	Manchester Harriers	126	15:13	Rowan WELLS-EDWARDS	Chester Le Street &
27	12:59	Lucy BYRAM	Holmfirth Harriers A	127	15:15	Alice PIER	Clayton Le Moors Har
28	13:00	Melissa BOYER	Warrington Athletic	128	15:17	Eleanor BOYD	Beverley ACBeverley
29	13:01	Nicole GRENIER	City Of York ACCity	129	15:18	Sophie MELLIGAN	Lincoln Wellington A
30	13:02	Natalie MCGUIRE	Longwood Harriers AC	130	15:19	Olivia HOGAN	City Of Sheffield AC
31	13:02	Claudia COWAN	Sale Harriers Manche	131	15:21	Alice DUNGWORTH	Blyth Running ClubBl
32	13:02	Megan BERRIMAN	Halifax Harriers & A	132	15:22	Eleanor SOLOMON	Rossendale Harriers
33	13:03	Francesca BRINT	Sale Harriers Manche	133	15:22	Emily ROWE	Liverpool Harriers &
34	13:07	Amelia ROBINSON	Kingston Upon Hull A	134	15:23	Robyn BENNETT	Elswick HarriersElsw
35	13:09	Lara MARIELLA DE	City Of Sheffield AC	135	15:23	Esme WILDE	Holmfirth Harriers A
36	13:10	Deni IMPETT	Blackpool Wyre & Fyl	136	15:23	Brook WILKINSON	South Shields Harrie
37	13:10	Emily GRAY	Liverpool Harriers &	137	15:24	Leoni HARRISON	South Shields Harrie
38	13:11	Hannah FEATHERSTONE	Sedgefield HarriersS	138	15:25	Sophie STEELE	Alnwick HarriersAlnw
39	13:13	Ellie MAHON	Gateshead Harriers &	139	15:26	Amber BOULTON	Oldham & Royton H &
40	13:18	Anna ROWE	Liverpool Harriers &	140	15:27	Ellisa OAKLEY	City Of York ACCity
41	13:20	Lucy-Erin HUNTER	Darlington H & ACDar	141	15:27	Esme PEARSE	Blackburn Harriers &
42	13:25	Olivia BATEMAN	Birtley ACBirtley AC	142	15:33	Hannah ROBSON	Darlington H & ACDar
43	13:26	Katie LOWERY	Macclesfield Harrier	143	15:33	Lauren BROOK	Blackpool Wyre & Fyl
44	13:28	Sophie MURPHY	Rossendale Harriers	144	15:34	Anna CHANNON	Elswick HarriersElsw
45	13:29	Emma ALDERSON	Southport Waterloo A	145	15:36	Georgia TURGOOSE	Blackburn Harriers &
46	13:29	Charlotte WADDINGTON	Rossendale Harriers	146	15:38	Shannon PERRY	Lancaster & Morecamb
47	13:32	A FRANCIS	Skyrac Athletic Club	147	15:40	Rose ABBOTT	Blackburn Harriers &
48	13:32	Lucy HAINES	Ilkley Harriers ACil	148	15:44	Emily HUGHES	Stockport Harriers &
49	13:32	Caitlin TEVENDALE	Hallamshire Harriers	149	15:46	Letitia BARROWCLIFF	Grantham & District
50	13:32	Megan TAYLOR	Manchester Harriers	150	15:46	Laura BROOKES	Rotherham Harriers &
51	13:33	Isabel STARKEY	Richmond & Zetland H	151	15:52	Alessandra RICCI	Ilkley Harriers ACil
52	13:34	Bethany FOSTER	Wirral ACWirral AC	152	15:53	Erin PETERS	Sedgefield HarriersS
53	13:34	Chloe LOCKETT	E Cheshire H & Tames	153	15:56	J CARTERER-DUST	Oldham & Royton H &
54	13:39	Jessica LESLIE	Jarrow & Hebburn ACJ	154	16:02	Jessica BURGESS	Ilkley Harriers ACil
55	13:40	P HALL	Skyrac Athletic Club	155	16:02	Louise OAK	Rotherham Harriers &
56	13:42	Emma DONAGHY	Stockport Harriers &	156	16:03	Abbie ROBERTS	St Helens Sutton ACS
57	13:44	Olivia BUSH	Warrington Athletic	157	16:08	Molly HEALEY	Oldham & Royton H &
58	13:44	Shauna WILLIAMSON	Rossendale Harriers	158	16:13	Megan CLARKSON	Blackburn Harriers &
59	13:45	Nelson OLIVIA	Chester Le Street &	159	16:15	Molly SCARR	Blackpool Wyre & Fyl
60	13:46	Alice LINAKER	City Of York ACCity	160	16:21	Millie SYKES	Lancaster & Morecamb
61	13:46	Helen BLADES	Gosforth Harriers &	161	16:23	Kerry SMITH	Grantham & District
62	13:46	Alice BRUCE	Sale Harriers Manche	162	16:26	I HALEY-PORTEOUS	Holmfirth Harriers A
63	13:47	Anna CHARLESWORTH	Holmfirth Harriers A	163	16:27	Lydia GILLIVER	Amber Valley & Erewa
64	13:48	Stacey SIMMS	Salford Metropolitan	164	16:35	Kelsey GRADY	Halton & Frodsham Ha
65	13:48	Emily BARKER	Salford Metropolitan	165	16:39	Aisha NAJAFI	Richmond & Zetland H
66	13:48	Amy RENTON	Warrington Athletic	166	16:47	Sophie OAK	Rotherham Harriers &
67	13:49	Taylor HAMMOND	Barnsley Athletic Cl	167	17:02	Rebecca KELLY	Rotherham Harriers &
68	13:49	Laura KIRKHAM	Richmond & Zetland H	168	17:14	Lucy BROWN	Houghton Harriers An
69	13:49	Lilly FLETCHER	Hallamshire Harriers	169	17:22	Imogen LIVERSIDGE	Hallamshire Harriers
70	13:50	Rhian PURVES	Gosforth Harriers &	170	17:26	Charlotte RAW	Sedgefield HarriersS
71	13:50	Alice MOORE	Wombwell Sporting AC	171	18:27	Maria SCHOFIELD	Pontefract ACPontefr
72	13:52	Millie GRAY	Harrogate Harriers &	172	18:57	Eleanor MAWDSLEY	St Helens Sutton ACS
73	13:52	Emily SIMPSON	City Of Sheffield AC	173	19:28	Alysia GOODWIN	Louth ACLouth AC
74	13:53	Zoe JUDKOWSKI	Ilkley Harriers ACil				
75	13:56	Lauren FERRIS	Warrington Athletic				
76	13:57	Emma FLYNN	E Cheshire H & Tames				
77	14:01	Amelia LESLIE	Jarrow & Hebburn ACJ				
78	14:02	Natalie HOULSTON	City Of York ACCity				
79	14:03	Karley JARRETT	Stockport Harriers &				
80	14:03	Rebecca JONES	E Cheshire H & Tames				
81	14:03	Katie NOBLE	Darlington H & ACDar				
82	14:03	Tamsin MCGRAW	Amber Valley & Erewa				
83	14:04	Josie CLARKE	Ilkley Harriers ACil				
84	14:04	Victoria MERRICK	Bingley Harriers & A				
85	14:05	Elisha LYTTLE	Preston Harriers & A				
86	14:05	Sarah STOCKMAN	Macclesfield Harrier				
87	14:06	Leah EPTON	Louth ACLouth AC				
88	14:07	Abbie DICKINSON	Warrington Athletic				
89	14:07	E BRACKENRIDGE-JO	Stockport Harriers &				
90	14:08	Laurny GARWOOD	Beverley ACBeverley				
91	14:13	Alexandria BOTTONLEY	St Helens Sutton ACS				
92	14:16	Rhiannon MARTIN	Lincoln Wellington A				
93	14:17	Scarlet DALE	Lancaster & Morecamb				
94	14:21	Rebecca BROWNE	Blaydon Harriers & A				
95	14:22	Emily LYONS	Kingston Upon Hull A				
96	14:23	Emily BARKER	Doncaster ACDoncaste				
97	14:23	Kelsey RUTHERFORD	Blackburn Harriers &				
98	14:24	Eli BARNBROOK	New Marske Harriers				
99	14:26	Laura WILKINSON	Lincoln Wellington A				
100	14:26	Emma WRIGHT	Salford Metropolitan				

1 Hallamshire Harriers Sheffield	83	17 Oldham & Royton H & AC	565
Imani WILSON (5)		Sophie HALL (116)	
Mary MCCARTHY (7)		Amber BOULTON (139)	
Maddie PEARCE (22)		J CARTERER-DUST (153)	
Caitlin TEVENDALE (49)		Molly HEALEY (157)	
2 Manchester Harriers & AC	84	18 Rotherham Harriers & AC	638
Beth BARLOW (13)		Laura BROOKES (150)	
Danielle STRINGER (20)		Louise OAK (155)	
Zara THOMPSON (25)		Sophie OAK (166)	
Eleanor KENNY (26)		Rebecca KELLY (167)	
3 Sale Harriers Manchester	93		
Ciara LYDON (18)			
Olivia GREEN (21)			
Eleanor TWITE (23)			
Claudia COWAN (31)			
4 Holmfirth Harriers AC	110		
Olivia SYKES (4)			
Erica BYRAM (16)			
Lucy BYRAM (27)			
Anna CHARLESWORTH (63)			
5 Stockport Harriers & AC	165		
Lucy DONAGHY (6)			
Katy WHITEOAK (24)			
Emma DONAGHY (56)			
Karley JARRETT (79)			
6 Warrington Athletic Club	165		
Sarah MCGRIL (14)			
Melissa BOYER (28)			
Olivia BUSH (57)			
Amy RENTON (66)			
7 Ilkley Harriers AC	213		
Sarah PICKERING (8)			
Lucy HAINES (48)			
Zoe JUDKOWSKI (74)			
Josie CLARKE (83)			
8 E Cheshire H & Tameside AC	219		
Lily MCGUINNESS (10)			
Chloe LOCKETT (53)			
Emma FLYNN (76)			
Rebecca JONES (80)			
9 City Of Sheffield AC	230		
Amelia LANCASTER (3)			
Lara MARIELLA DE (35)			
Emily SIMPSON (73)			
Megan STOREY (119)			
10 Rossendale Harriers & AC	255		
Sophie MURPHY (44)			
Charlotte WADDINGTON (46)			
Shauna WILLIAMSON (58)			
Beatrice TOMAN (107)			
11 Blackburn Harriers & AC	255		
Elizabeth GREENWOOD (2)			
Grace HANDLEY (15)			
Kelsey RUTHERFORD (97)			
Esme PEARSE (141)			
12 City Of York AC	307		
Nicole GRENIER (29)			
Alice LINAKER (60)			
Natalie HOULSTON (78)			
Ellisa OAKLEY (140)			
13 Darlington H & AC	375		
Lucy-Erin HUNTER (41)			
Katie NOBLE (81)			
Mikayla JORDENS (111)			
Hannah ROBSON (142)			
14 Sedgefield Harriers	436		
Hannah FEATHERSTONE (38)			
Ellie GAINES (122)			
Sadie ABEL (124)			
Erin PETERS (152)			
15 Blackpool Wyre & Fylde AC	442		
Deni IMPETT (36)			
Jessica ROGERS (104)			
Lauren BROOK (143)			
Molly SCARR (159)			
16 Lancaster & Morecambe AC	455		
Scarlet DALE (93)			
Rebecca HOLLINGDRAKE (102)			
Anna RIACH (114)			
Shannon PERRY (146)			

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	16:11	Bronwen OWEN	Scarborough Athletic	101	20:33	Charlotte JEWELL	Morpeth Harriers & A
2	16:43	Annabel MASON	Wakefield District H	102	20:36	Kelly DAWSON	Beverley ACBeverley
3	16:58	Lydia TURNER	Birtley ACBirtley AC	103	20:38	Isabel PEARSE	New Marske Harriers
4	16:59	Jessica PARSONS	Vale Royal ACVale Ro	104	20:38	Freya SHIPLEY	Derby ACDerby AC
5	17:03	Molly BETMEAD	Blackpool Wyre & Fyl	105	20:39	Holly BROOKES	Rotherham Harriers &
6	17:08	Abbie DONNELLY	Lincoln Wellington A	106	20:40	Rachel MCGOLDRICK	St Helens Sutton ACS
7	17:10	Rosie JOHNSON	Liverpool Pembroke &	107	20:41	Amy NOLAN	Vale Royal ACVale Ro
8	17:13	H KNOWLES-JONES	Warrington Athletic	108	20:43	Elizabeth EVANS	Beverley ACBeverley
9	17:19	Katie GERRARD	Vale Royal ACVale Ro	109	20:43	Alex PEARSON	Sunderland Harriers
10	17:26	Louise TAYLOR	Scarborough Athletic	110	20:47	Nicola HARRIS	Wirral ACWirral AC
11	17:33	Ella EADON	City Of York ACCity	111	20:47	Alice HUGHES	Stockport Harriers &
12	17:35	Phillipa STONE	Middlesbrough AC (ma	112	20:48	Anna ROBINSON	Sunderland Harriers
13	17:38	Chelsea NUGENT	Carlisle Aspatria AC	113	20:48	Lara WISDISH	Derby ACDerby AC
14	17:43	Rebekah WARD	Lincoln Wellington A	114	20:49	Hannah CHRISTY	Sale Harriers Manche
15	17:45	Rebecca FIRTH	Wakefield District H	115	20:50	Lauren JONES	Kingston Upon Hull A
16	17:49	Mary HODGSON	Lancaster & Morecamb	116	20:50	Meriel SMITHSON	Sunderland Harriers
17	17:54	Sophie TARVER	Wirral ACWirral AC	117	20:51	Hannah NAJAFI	Richmond & Zetland H
18	17:55	Amy HINCHLY	Vale Royal ACVale Ro	118	20:55	Isabel WHARTON	Halifax Harriers & A
19	17:56	Elizabeth APSLEY	Stockport Harriers &	119	20:56	Sally SEARSON	Blackburn Harriers &
20	18:00	Rhiannon WICKHAM	Blackburn Harriers &	120	20:58	Laura NICHOLSON	Warrington Athletic
21	18:07	Catrina THOMAS	Lincoln Wellington A	121	21:03	Shannon PARTINGTON	St Helens Sutton ACS
22	18:07	Sophia BRENNAN	Liverpool Harriers &	122	21:09	Georgina HANNAWAY	Liverpool Pembroke &
23	18:11	Molly TRAVISS	Halifax Harriers & A	123	21:15	Caroline JOHNSON	Halifax Harriers & A
24	18:12	Anna FAWCETT	Birtley ACBirtley AC	124	21:18	Hannah SHEERIN	Morpeth Harriers & A
25	18:17	Alisha JOHNSON	Blackpool Wyre & Fyl	125	21:21	Niamh HARTSHORNE	E Cheshire H & Tames
26	18:17	Mia Moore	Wetherby RunnersWeth	126	21:21	Ciara MARTIN	Harrogate Harriers &
27	18:20	Kate MERRIL	Warrington Athletic	127	21:22	Roisin CLEGG	E Cheshire H & Tames
28	18:22	Rebecca FLANAGAN	Rossendale Harriers	128	21:24	Charlotte WHITAKER	Lancaster & Morecamb
29	18:22	Catherine PODMORE	Sale Harriers Manche	129	21:25	Katie BUCKINGHAM	Blackburn Harriers &
30	18:23	Louise REDMOND	Halifax Harriers & A	130	21:30	Antonia KEAN	Bury Athletic ClubBu
31	18:28	Rachel BOURNE	Blaydon Harriers & A	131	21:34	Saskia LEWIS	Wakefield District H
32	18:34	Rosie FINDLAY	Shildon Running & AC	132	21:36	Amy FULLER	Elswick HarriersElsw
33	18:37	Sophie WOOLLIN	Wakefield District H	133	21:37	Maria MCGOLDRICK	St Helens Sutton ACS
34	18:42	Danielle WEBB	Liverpool Harriers &	134	21:38	Mollie NEARY	Rossendale Harriers
35	18:44	Florence MCPATE	Gosforth Harriers &	135	21:39	Isabel PEREZ	Liverpool Harriers &
36	18:44	Holly TIDD	Warrington Athletic	136	21:45	Eve MCARTHUR	Wetherby RunnersWeth
37	18:47	Grace MADDOX	Preston Harriers & A	137	21:47	Sarah WILKES	Morpeth Harriers & A
38	18:47	Ellie CROWNSHAW	Hallamshire Harriers	138	21:55	Laura BENSON	Leeds City Athletic
39	18:48	Curran ELEANOR	City Of Sheffield AC	139	21:56	Alice WARD	Louth ACLouth AC
40	18:50	Hannah SIMEEN	Sale Harriers Manche	140	21:57	Lexie WILSON	Hallamshire Harriers
41	18:51	Elizabeth SMITH	Warrington Athletic	141	21:59	Elizabeth HOWARD	Bury Athletic ClubBu
42	18:53	Faye BECKETT	Wakefield District H	142	22:01	Charlotte COCKBURN	Oldham & Royton H &
43	18:53	Alison BROWN	Morpeth Harriers & A	143	22:07	Anna SANDBACH	Jarrow & Hebburn ACJ
44	18:56	Lucy SCOTT	Vale Royal ACVale Ro	144	22:07	Emily HUTCHINSON	Rotherham Harriers &
45	19:01	Charlotte SIMMS	Salford Metropolitan	145	22:17	Laura EVANS	Jarrow & Hebburn ACJ
46	19:01	Eleanor DAGLISH	Houghton Harriers An	146	22:17	Emma BURMAN	Oldham & Royton H &
47	19:01	Rebecca BUCHANAN	Carlisle Aspatria AC	147	22:30	Jessica RICHARDSON	Elswick HarriersElsw
48	19:04	Lucy WILLIAMSON	Ilkley Harriers ACIL	148	22:35	Jordan BLACK	Pontefract ACPontefr
49	19:06	Mollie WILLIAMS	Stockport Harriers &	149	22:46	Niamh BOULTON	Oldham & Royton H &
50	19:08	Danielle ELLIOTT	Sunderland Harriers	150	22:59	Summer GATENS	South Shields Harrie
51	19:11	Christie COOK	Bury Athletic ClubBu	151	23:01	Chloe HEVER	Longwood Harriers AC
52	19:11	Ellie ROBERTS	Southport Waterloo A	152	23:22	Francesca BRITTAI	Beverley ACBeverley
53	19:15	Megan HOUGH	Vale Royal ACVale Ro	153	23:30	Libby HANLEY	Wakefield District H
54	19:15	Pheobe LAW	Hull Achilles ACHull	154	23:39	Danielle COULSON	Birtley ACBirtley AC
55	19:15	Charlotte SLACK	Hallamshire Harriers	155	24:02	Chloe LAW	Rossendale Harriers
56	19:16	Rachel HIBBERD	Sale Harriers Manche	156	24:13	Rachel EMMOTT	Oldham & Royton H &
57	19:18	Rebecca COOPE	Pudsey & Bramley ACP	157	24:19	Rhiannon LYON	Harrogate Harriers &
58	19:19	Gemma CLARK	Middlesbrough AC (ma	158	24:38	Natasha THORNTON	New Marske Harriers
59	19:19	Holly JOHNSTONE	Preston Harriers & A	159	27:00	Flora MCNEIL	Hallamshire Harriers
60	19:22	Hayley TOWNEND	Barnsley Athletic Cl	160	41:16		
61	19:23	Hannah MAINPRIZE	Scarborough Athletic				
62	19:25	Amber LEIGH	Gosforth Harriers &				
63	19:25	Jemma EYRE	Warrington Athletic				
64	19:25	Sophie SPENCER	Holmfirth Harriers A				
65	19:26	Jennifer WILLISON	Derby ACDerby AC				
66	19:28	Elizabeth HARDCASTLE	Louth ACLouth AC				
67	19:28	Rachel FIRTH	Wakefield District H				
68	19:29	Lucy FARQUHAR	Holmfirth Harriers A				
69	19:33	Sophie BURNETT	Birtley ACBirtley AC				
70	19:34	Grace CUFF	Middlesbrough AC (ma				
71	19:36	Megan SOLOMON	Rossendale Harriers				
72	19:36	Claire JONES	Harrogate Harriers &				
73	19:37	Natalie WILSON	Gosforth Harriers &				
74	19:38	Sophie TAYLOR	City Of Sheffield AC				
75	19:39	Abbie GRAY	Liverpool Harriers &				
76	19:40	Lucy ROBINSON	Wakefield District H				
77	19:41	Sophie MONTGOMERY	Blaydon Harriers & A				
78	19:44	Clara PETTITT	Vale Royal ACVale Ro				
79	19:45	Maxine SMITH	Preston Harriers & A				
80	19:46	Lucy MOORE	Rossendale Harriers				
81	19:47	Jennifer STEVENSON	Derby ACDerby AC				
82	19:48	Rosie MURTON	Alnwick HarriersAlnw				
83	19:48	Flora WHYTE	Sale Harriers Manche				
84	19:51	Stephanie RODGERS	Wakefield District H				
85	19:54	Molly BOGIN	Manchester Harriers				
86	19:56	Lucy WHITTAKER	Salford Metropolitan				
87	20:05	Jessica CHAPMAN	Hull Achilles ACHull				
88	20:05	Lucy IRELAND	Harrogate Harriers &				
89	20:07	Lucy BURCH	Vale Royal ACVale Ro				
90	20:08	Sophie WILLIAMS	Stockport Harriers &				
91	20:10	Hird GEORGIA	City Of Sheffield AC				
92	20:15	Shona MONKS	Rossendale Harriers				
93	20:18	Leah OGDEN	Scarborough Athletic				
94	20:19	Leah O'CONNELL	Stockport Harriers &				
95	20:19	Emma DIXON	E Cheshire H & Tames				
96	20:21	Rebecca BEVAN	Rossendale Harriers				
97	20:24	Aileen KEARNEY	Wirral ACWirral AC				
98	20:25	Chloe BROAD	Vale Royal ACVale Ro				
99	20:27	Megan ASHELBY	E Cheshire H & Tames				
100	20:29	Dayna ARNOTT	Beverley ACBeverley				

1 Vale Royal AC	75	17 Beverley AC	462
Jessica PARSONS (4)		Dayna ARNOTT (100)	
Katie GERRARD (9)		Kelly DAWSON (102)	
Amy HINCHLY (18)		Elizabeth EVANS (108)	
Lucy SCOTT (44)		Francesca BRITTAİN (152)	
2 Wakefield District H & AC	92	18 Oldham & Royton H & AC	593
Annabel MASON (2)		Charlotte COCKBURN (142)	
Rebecca FIRTH (15)		Emma BURMAN (146)	
Sophie WOOLLIN (33)		Niamh BOULTON (149)	
Faye BECKETT (42)		Rachel EMMOTT (156)	
3 Warrington Athletic Club	112		
H KNOWLES-JONES (8)			
Kate MERRIL (27)			
Holly TIDD (36)			
Elizabeth SMITH (41)			
4 Scarborough Athletic Club	165		
Bronwen OWEN (1)			
Louise TAYLOR (10)			
Hannah MAINPRIZE (61)			
Leah OGDEN (93)			
5 Sale Harriers Manchester	208		
Catherine PODMORE (29)			
Hannah SIMEEN (40)			
Rachel HIBBERD (56)			
Flora WHYTE (83)			
6 Birtley AC	250		
Lydia TURNER (3)			
Anna FAWCETT (24)			
Sophie BURNETT (69)			
Danielle COULSON (154)			
7 Stockport Harriers & AC	252		
Elizabeth APSLEY (19)			
Mollie WILLIAMS (49)			
Sophie WILLIAMS (90)			
Leah O'CONNELL (94)			
8 Liverpool Harriers & AC	266		
Sophia BRENNAN (22)			
Danielle WEBB (34)			
Abbie GRAY (75)			
Isabel PEREZ (135)			
9 Rossendale Harriers & AC	271		
Rebecca FLANAGAN (28)			
Megan SOLOMON (71)			
Lucy MOORE (80)			
Shona MONKS (92)			
10 Halifax Harriers & AC	294		
Molly TRAVISS (23)			
Louise REDMOND (30)			
Isabel WHARTON (118)			
Caroline JOHNSON (123)			
11 Derby AC	363		
Jennifer WILLISON (65)			
Jennifer STEVENSON (81)			
Freya SHIPLEY (104)			
Lara WISDISH (113)			
12 Sunderland Harriers & AC	387		
Danielle ELLIOTT (50)			
Alex PEARSON (109)			
Anna ROBINSON (112)			
Meriel SMITHSON (116)			
13 Hallamshire Harriers Sheffield	392		
Ellie CROWNSHAW (38)			
Charlotte SLACK (55)			
Lexie WILSON (140)			
Flora MCNEIL (159)			
14 Morpeth Harriers & AC	405		
Alison BROWN (43)			
Charlotte JEWELL (101)			
Hannah SHEERIN (124)			
Sarah WILKES (137)			
15 Harrogate Harriers & Athletic	443		
Claire JONES (72)			
Lucy IRELAND (88)			
Ciara MARTIN (126)			
Rhiannon LYON (157)			
16 E Cheshire H & Tameside AC	446		
Emma DIXON (95)			
Megan ASHELBY (99)			
Niamh HARTSHORNE (125)			
Roisin CLEGG (127)			

Pos	Time	Name	Club/Team
1	17:24	Jessica LONSDALE	Kingston Upon Hull A
2	17:33	Fiona BELL	Hallamshire Harriers
3	17:39	Natalia HACKETT	Hallamshire Harriers
4	17:44	Abbie HETHERINGTON	Carlisle Aspatria AC
5	17:59	Amelia PETTITT	Vale Royal ACVale Ro
6	18:04	Georgia MALIR	Ilkley Harriers ACII
7	18:11	Katherine WALKER	Liverpool Harriers &
8	18:15	Sarah HODGSON	Lancaster & Morecamb
9	18:16	Amy ETHERINGTON	Shildon Running & AC
10	18:20	Tessa MCCORMICK	Vale Royal ACVale Ro
11	18:29	Katie BUCKLEY	Bury Athletic ClubBu
12	18:32	Kirsty SHIPMAN	Derby ACDerby AC
13	18:35	Chloe PRICE	Durham City Harriers
14	18:36	Danielle WALLIS	Macclesfield Harrier
15	18:42	Chloe LOREDO	New Marske Harriers
16	18:44	H BROWN	Skyrac Athletic Club
17	18:49	Megan DAVIES	Sale Harriers Manche
18	18:51	Zoe HEWITSON	Shildon Running & AC
19	18:53	Hannah FLETCHER	Hallamshire Harriers
20	18:57	Emily KEARNEY	Wirral ACWirral AC
21	19:00	Bethany ANSELL	City Of Sheffield AC
22	19:05	Bethany JONES	Leigh Harriers & ACL
23	19:07	Bethany ELLIS	Spenborough & Dist A
24	19:09	Helena LEATHLEY	Clayton Le Moors Har
25	19:11	Amy COULSON	Sunderland Harriers
26	19:16	Riana BURTON	Liverpool Harriers &
27	19:24	Georgina LECK	Leigh Harriers & ACL
28	19:26	Becky MILLS	Scarborough Athletic
29	19:29	Connie O'NEILL	City Of York ACCity
30	19:32	Jessica FREEMAN	Rotherham Harriers &
31	19:34	Rebecca DONOHUE	Liverpool Harriers &
32	19:38	Olivia WILD	Stockport Harriers &
33	19:39	Kate HARRIS	City Of York ACCity
34	19:40	Zara KNAPPY	Keighley & Craven AC
35	19:46	Calvi THOMPSON	City Of Sheffield AC
36	19:50	Imogen NUTTER	Stockport Harriers &
37	19:51	Veleska WILLIS	Derby ACDerby AC
38	19:53	Rachael SCOTT	Preston Harriers & A
39	19:53	Emma ERSKINE	Derby ACDerby AC
40	19:56	Eve POUND	City Of Sheffield AC
41	19:58	Bethany LARBY	Gosforth Harriers &
42	20:04	Abie HEARMON	Sedgefield HarriersS
43	20:06	Jessica MANGHAM	Rotherham Harriers &
44	20:07	Jade EVANS	Vale Royal ACVale Ro
45	20:07	Zoe HARDING	Lancaster & Morecamb
46	20:08	Ruth JONES	Harrogate Harriers &
47	20:10	Emma WILKINSON	Spenborough & Dist A
48	20:15	Emma PARKINSON	Rotherham Harriers &
49	20:17	Emma-Louise PYATT	Vale Royal ACVale Ro
50	20:20	Alex CLINKARD	Derby ACDerby AC
51	20:21	Olivia PEREZ	Liverpool Harriers &
52	20:24	Laura SULLIVAN	Preston Harriers & A
53	20:27	Rebecca MILLER	Derby ACDerby AC
54	20:29	Fiona NUTTALL	Wirral ACWirral AC
55	20:33	Nicola SCOTT	Trafford Athletic Cl
56	20:36	Kate MOULDS	Vale Royal ACVale Ro
57	20:37	Imani MODAHL	Sale Harriers Manche
58	20:38	Ruby SYKES	Holmfirth Harriers A
59	20:41	W CARTER	Longwood Harriers AC
60	20:42	Harriett BUSWELL	Gosforth Harriers &
61	20:44	M KEEFE	Skyrac Athletic Club
62	20:49	Lauren BRETT	Wirral ACWirral AC
63	20:57	Nicola BERRY	Stockport Harriers &
64	20:58	Sophia TUCKER	Grantham & District
65	20:59	Rose MATHER	Oldham & Royton H &
66	21:02	Bethany BROWN	Middlesbrough AC (ma
67	21:06	Jessica MCDERMOTT	Preston Harriers & A
68	21:08	Nicola MOSS	Louth ACLouth AC
69	21:09	Nicole DAWSON	Beverley ACBeverley
70	21:11	Katie MICHAELS	Kingston Upon Hull A
71	21:16	Laura EDEN	City Of York ACCity
72	21:17	Elisabeth LONGSHAW	Rossendale Harriers
73	21:18	Misha NAYAK-OLIVER	Sale Harriers Manche
74	21:23	Courtney DONALD	E Cheshire H & Tames
75	21:23	Emma DUTTON	Rotherham Harriers &
76	21:29	Chloe YATES	Sale Harriers Manche
77	21:31	Hannah BISHOP	Vale Royal ACVale Ro
78	21:33	Zoe ROBSON	City Of York ACCity
79	21:41	Hannah MCLEAN	Middlesbrough AC (ma
80	21:42	Cerys HEAHER	Vale Royal ACVale Ro
81	21:58	Laura MCCOURT	Liverpool Harriers &
82	22:02	Cara JORDAN	Middlesbrough & Clev
83	22:06	Aimee AIKIN	Stockport Harriers &
84	22:14	Rebecca CARPENTER	Elswick HarriersEls
85	22:18	Ellie DOOLEY	Hyde Park HarriersHy
86	22:19	Susannah CURRAN	City Of Sheffield AC
87	22:36	Mollie JAGGER	Halifax Harriers & A
88	23:02	Elsie WILD	Blaydon Harriers & A
89	23:20	Danielle DIGNAN	E Cheshire H & Tames
90	23:52	Clare DIGNAN	E Cheshire H & Tames
91	23:56	Williams AMA CARTER	Longwood Harriers AC
92	24:06	Hannah YARROW	Hallamshire Harriers
93	24:27	Charlotte SLOAN	Elswick HarriersEls
94	25:05	D AGAR	Skyrac Athletic Club
95	25:05	C SHEPHERD	Skyrac Athletic Club
96	26:30	Keren NEWLOVE	Louth ACLouth AC

1	Vale Royal AC	108
	Amelia PETTITT (5)	
	Tessa MCCORMICK (10)	
	Jade EVANS (44)	
	Emma-Louise PYATT (49)	
2	Liverpool Harriers & AC	115
	Katherine WALKER (7)	
	Riana BURTON (26)	
	Rebecca DONOHUE (31)	
	Olivia PEREZ (51)	
3	Hallamshire Harriers Sheffield	116
	Fiona BELL (2)	
	Natalia HACKETT (3)	
	Hannah FLETCHER (19)	
	Hannah YARROW (92)	
4	Derby AC	138
	Kirsty SHIPMAN (12)	
	Veleska WILLS (37)	
	Emma ERSKINE (39)	
	Alex CLINKARD (50)	
5	City Of Sheffield AC	182
	Bethany ANSELL (21)	
	Calvi THOMPSON (35)	
	Eve POUND (40)	
	Susannah CURRAN (86)	
6	Rotherham Harriers & AC	196
	Jessica FREEMAN (30)	
	Jessica MANGHAM (43)	
	Emma PARKINSON (48)	
	Emma DUTTON (75)	
7	City Of York AC	211
	Connie O'NEILL (29)	
	Kate HARRIS (33)	
	Laura EDEN (71)	
	Zoe ROBSON (78)	
8	Stockport Harriers & AC	214
	Olivia WILD (32)	
	Imogen NUTTER (36)	
	Nicola BERRY (63)	
	Aimee AIKIN (83)	
9	Sale Harriers Manchester	223
	Megan DAVIES (17)	
	Imani MODAHL (57)	
	Misha NAYAK-OLIVER (73)	
	Chloe YATES (76)	
10	Skyrac Athletic Club	266
	H BROWN (16)	
	M KEEFE (61)	
	D AGAR (94)	
	C SHEPHERD (95)	

Pos	Time	Name	Club/Team
1	18:51	Jennifer WALSH	Spenborough & Dist A
2	19:36	Calli THACKERY	Hallamshire Harriers
3	19:47	Georgia TAYLOR-BROWN	E Cheshire H & Tames
4	20:11	Hannah TARVER	Wirral ACWirral AC
5	20:31	Abigail HOWARTH	Leigh Harriers & ACL
6	20:37	Stephanie BURNS	Rotherham Harriers &
7	20:47	Sarah GRIFFITHS	Leigh Harriers & ACL
8	20:53	Laura RICHES	Leigh Harriers & ACL
9	21:00	Georgia BALL	Lincoln Wellington A
10	21:09	Rebecca MIDDLETON	Rotherham Harriers &
11	21:19	Natasha HATSWELL	Rotherham Harriers &
12	21:29	Rebecca TAYLOR	Blackburn Harriers &
13	21:45	Sheridan MCWILLIAM	Lincoln Wellington A
14	21:48	Nichola JACKSON	Preston Harriers & A
15	21:55	Robyn LANCELEY	Rotherham Harriers &
16	22:13	Rachael LUNDGREN	Gosforth Harriers &
17	22:19	Madelaine WINZER	Richmond & Zetland H
18	22:34	Emma FLANAGAN	Rosendale Harriers
19	22:56	Bianca PEDERSEN	Blackpool Wyre & Fyl
20	23:13	Charlotte MASON	City Of York ACCity
21	23:26	Hannah WHITESIDE	Liverpool Harriers &
22	23:32	Becky WILKINSON	Goole Youth ACGoole
23	23:49	Rachel JEFFERSON	Warrington Athletic
24	24:51	Elizabeth WOOD	Shildon Running & AC
25	25:59	Kendall ARNOTT	Beverley ACBeverley
26	26:18	Eleanor BRADBURY	Blaydon Harriers & A
27	26:36	Caitlin BRADBURY	Blaydon Harriers & A
28	26:54	Olivia MCDERMOTT	Salford Metropolitan

- 1 Rotherham Harriers & AC** **42**
Stephanie BURNS (6)
Rebecca MIDDLETON (10)
Natasha HATSWELL (11)
Robyn LANCELEY (15)

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	30:40	Lizzie ADAMS	Hallamshire Harriers	101	38:41	Gail BELL	Sedgefield HarriersS	201	47:56	Clare LACY	Saltwell HarriersSal
2	30:54	Susan PARTBRIDGE	Leeds City Athletic	102	38:46	Linda NOBLE	Darlington H & ACDar	202	48:03	Bronwyn MORRIS	Denby Dale Traveller
3	31:00	Jess COULSON	Stockport Harriers &	103	38:46	Fiona SHENTON	Elvet StridersElvet	203	48:13	Sarah KIPLING	Tyne Bridge Harriers
4	31:15	Rosie SMITH	Durham City Harriers	104	38:50	Caroline MOSS	Ripley Running ClubR	204	48:27	Lisa OTTIWELL	Swinton Running Club
5	31:51	Emma CLAYTON	Bingley Harriers & A	105	38:50	Claire PICKERSGILL	Longwood Harriers AC	205	49:07	Gillian DONALDSON	Saltwell HarriersSal
6	32:22	Jade ALLEN	Rotherham Harriers &	106	38:56	Beth MASSEY	Barnsley Athletic Cl	206	49:20	Judith SMITH	Tyne Bridge Harriers
7	32:26	Jane HODGSON	Morpeth Harriers & A	107	39:00	Lauren MARSDEN	Swinton Running Club	207	49:24	Diane NEWSHAM	Vale Royal ACVale Ro
8	32:34	Jacqueline FAIRCHILD	Trafford Athletic Cl	108	39:02	Lucy JEFFERIES	Quakers Running Club	208	49:27	Jill STOCKS	Kirkstall HarriersKi
9	32:34	Katie WALSHAW	Holmfirth Harriers A	109	39:03	Marian HESKETH	Preston Harriers & A	209	49:43	Judith DEAKIN	Preston Harriers & A
10	32:39	Tessa WALKER	Salford HarriersSalf	110	39:04	Sian DAVIES	Leeds City Athletic	210	50:13	Carol HART	Swinton Running Club
11	32:48	Victoria WILKINSON	Bingley Harriers & A	111	39:05	Natalie RAYNOR	Rotherham Harriers &	211	50:21	Patricia WHITE	South Shields Harrie
12	32:55	Claire DUCK	Leeds City Athletic	112	39:07	Katherine O'MAHONY	Durham City Harriers	212	50:35	Michelle CHARLTON	Tyne Bridge Harriers
13	33:00	Nicola SQUIRES	Hallamshire Harriers	113	39:07	E INGLIS	Skyrac Athletic Club	213	50:35	Lynne CORNELL	Tyne Bridge Harriers
14	33:02	Maria BARRETT	Liverpool Harriers &	114	39:11	Sue PHILIPS	Darlington H & ACDar	214	51:25	Rosalind BEDFORD	Denby Dale Traveller
15	33:07	Helen BERRY	Holmfirth Harriers A	115	39:13	Sue SUNDERLAND	Valley StridersValle	215	52:00	Anne BENNETT	Barnsley Athletic Cl
16	33:15	Rachael THOMPSON	Horwich R M I Harrie	116	39:15	Janice NEEDHAM	Rochdale Harriers &	216	52:08	Angela PROCTOR	Elvet StridersElvet
17	33:24	Emily BIRCHALL	Leeds City Athletic	117	39:17	Andrea LANCASTER	York Knavesmire Harr	217	53:11	Megan BRETTE	Tyne Bridge Harriers
18	33:29	Senaoid MURRAY	Liverpool Harriers &	118	39:38	Sarah AYLMER	Stockport Harriers &	218	53:14	Carole WILLIAMS	Vale Royal ACVale Ro
19	33:36	Elizabeth EGAN	Liverpool Harriers &	119	39:41	Susanne HUNTER	Blyth Running ClubBl	219	53:33	Jennifer BARBER	Askern District RCAs
20	33:40	Jo BUCKLEY	Bingley Harriers & A	120	39:51	Natalie OWENS	Shildon Running & AC	220	53:42	Katrina D.NETTO	Barnsley Athletic Cl
21	33:41	Samantha JOHNSON	Rotherham Harriers &	121	39:59	Emma ESSEX-CROSBY	Preston Harriers & A	221	53:58	Sue JENNINGS	Elvet StridersElvet
22	33:45	Charlotte WILLS	Leeds City Athletic	122	40:01	Alison PYE	Sale Harriers Manche	222	54:12	Alison HADZIABDIC	Birkenhead Athletic
23	33:49	Sarah KEMSHALL	Scunthorpe & Distric	123	40:04	Niki WHITAKER	City Of Hull ACCity	223	54:19	Elizabeth PALLISTER	Elswick HarriersElsw
24	33:54	Katie BROUGH	Warrington Athletic	124	40:09	Rachael ROTHMAN	Hallamshire Harriers	224	54:30	Alison BARSTOW	Denby Dale Traveller
25	33:56	Beverley JENKINS	Salford HarriersSalf	125	40:15	Christine MCCARTHY	Pontefract ACPontefr	225	54:32	Christine LEATHLEY	Clayton Le Moors Har
26	34:04	Hayley KUTER	Salford HarriersSalf	126	40:17	Phillippa BAXTER	Blyth Running ClubBl	226	55:06	Margaret SMITH	Low Fell RCLow Fell
27	34:08	Michelle STONE	Kingston Upon Hull A	127	40:19	Cara PENFOLD	Holmfirth Harriers A	227	55:52	Kay JEFFERIES	Hyde Park HarriersHy
28	34:15	Kirsty LONGLEY	Liverpool Pembroke &	128	40:19	Beverley GANOSE	Altrincham & Distric	228	55:55	Lisa SMAILES	Kirkstall HarriersKi
29	34:16	Hannah BATESON	Lancaster & Morecamb	129	40:23	Tracey GIBSON	Wolds Veteran Runner	229	56:39	Janet GLYNN	Hyde Park HarriersHy
30	34:19	Anna LUPTON	Radcliffe ACRadcliff	130	40:26	Janine RIDGARD	E Cheshire H & Tames	230	57:39	Susan ALLEN	Clayton Le Moors Har
31	34:23	Clare MCKEOWN	Border Harriers & AC	131	40:27	Hanny STOCKMAN	Macclesfield Harrier	231	57:54	Karen DAVIS	Lancaster & Morecamb
32	34:27	Gemma SMITH	Kirkstall HarriersKi	132	40:27	Andrea ANSELL	Middlesbrough & Clev	232	58:40	Lyn EDEN	Ilkley Harriers ACIL
33	34:29	Gemma CONNOLLY	St Helens Sutton ACS	133	40:29	Nina MASON	Elvet StridersElvet	233	59:46	Claire IRONS	Blackpool Wyre & Fyl
34	34:33	Anna TURVEY	Heaton Harriers & AC	134	40:31	Melanie HAUGHAN	Saltwell HarriersSal	234	1:04:26	Dawn LOCK	Lytham St Annes Rr C
35	34:37	Michelle HOLT	Sunderland Harriers	135	40:34	Sharon TANSLEY	Valley StridersValle	235	1:07:05	Faye HENDEN	Pendle Athletic Club
36	34:41	Claire ROBSON	Hallamshire Harriers	136	40:38	Emma MCQUEEN	E Cheshire H & Tames				
37	34:45	Alison DARGIE	Elswick HarriersElsw	137	40:40	Angela ROXB	South Shields Harrie				
38	34:50	Clare PEARSON	Skipton ACSkipton AC	138	40:45	Joanne STREET	Sale Harriers Manche				
39	34:52	Aiveen FOX	Durham City Harriers	139	40:56	Samantha ALLEN	Beverley ACBeverley				
40	35:01	Chaanah PATTON	Hallamshire Harriers	140	41:12	J WILSON	East Hull Harriers &				
41	35:02	Jennifer PYBIS	Liverpool Harriers &	141	41:16	J WORBOYS-HODGSON	Denby Dale Traveller				
42	35:04	Sarah PETERSON	Leeds City Athletic	142	41:21	Hannah BRIERLEY	Manchester YMCA Harr				
43	35:12	Emily BEEDHAM	Sale Harriers Manche	143	41:30	Cheryl PARKIN	Low Fell RCLow Fell				
44	35:14	Julia LEVENTON	Trafford Athletic Cl	144	41:35	Paula ATKINSON	South Shields Harrie				
45	35:14	Jenny HORNE	Sheffield Running Cl	145	41:37	Lisa TWEDDLE	Jarrow & Hebburn ACJ				
46	35:16	Ruth PROCTOR	Hallamshire Harriers	146	41:41	Jan YATES	Denby Dale Traveller				
47	35:23	Victoria O'DONNELL	Trafford Athletic Cl	147	41:43	Sarah WHITLEY	Leeds City Athletic				
48	35:28	Elizabeth SUCH	Hallamshire Harriers	148	41:45	H HORROBIN	East Hull Harriers &				
49	35:30	Alison RAW	Bingley Harriers & A	149	41:51	Philippa JAMES	Rotherham Harriers &				
50	35:33	Sophie WHITESIDE	Liverpool Harriers &	150	41:58	Tracey HULME	Wesham Road Runners				
51	35:38	Claire LEAVER	Holmfirth Harriers A	151	42:05	Joanne HOWETT	Ripley Running ClubR				
52	35:42	Emma PEARSON	Morpeth Harriers & A	152	42:07	Jayne DALE	Beverley ACBeverley				
53	35:52	Jessica NIXON	Leeds City Athletic	153	42:08	Marie DROZDOWICZ	Morpeth Harriers & A				
54	35:56	Sarah DUGDALE	Skipton ACSkipton AC	154	42:09	Catherine ELVIN	Kirkstall HarriersKi				
55	35:59	Sarah KEARNEY	Wirral ACWirral AC	155	42:11	Kate LADELL	Beverley ACBeverley				
56	36:00	Kathy SPROT	Hallamshire Harriers	156	42:13	Sarah TOMS	Rossendale Harriers				
57	36:01	Jennie GUARD	Leeds City Athletic	157	42:18	Barbara MURRAY	Macclesfield Harrier				
58	36:02	Alison DRASDO	Trafford Athletic Cl	158	42:22	Helen MORRIS	Blyth Running ClubBl				
59	36:03	Sue BECCONSALL	Bingley Harriers & A	159	42:27	Sue CARISS	Bingley Harriers & A				
60	36:04	Kim SIMPSON	Durham City Harriers	160	42:35	Nina HAGUE	Rotherham Harriers &				
61	36:05	Lucy HOLMES	Ripley Running ClubR	161	42:45	Elspeth LAWSON	Tyne Bridge Harriers				
62	36:18	Kate TITLOW	Warrington Athletic	162	42:49	Alice SKERRATT	Sedgefield HarriersS				
63	36:20	Hayley CAVILL	Sale Harriers Manche	163	42:50	Maureen WILKINS	Stockport Harriers &				
64	36:21	Sandra LEWIS	Altrincham & Distric	164	42:51	Anne FERGUSON	Burnden Road Runners				
65	36:23	Rachael DYSON	Leeds City Athletic	165	42:55	Susan DAVIS	Elvet StridersElvet				
66	36:34	Sophie COWPER	Lincoln Wellington A	166	42:55	A BURNETT	East Hull Harriers &				
67	36:39	Carmen BYRNE	Stockport Harriers &	167	42:59	Vicky FELTON	Barnsley Athletic Cl				
68	36:42	Heather ROBINSON	Chester Le Street &	168	43:02	Lisa WALKER	Tyne Bridge Harriers				
69	36:47	Hannah WHITELAM	Hallamshire Harriers	169	43:04	Sally HALES	Macclesfield Harrier				
70	36:49	Diane HAGGAR	Ilkley Harriers ACIL	170	43:12	Kerry REED	Tyne Bridge Harriers				
71	36:49	Kath LAMPOUGH	Macclesfield Harrier	171	43:13	Joanne WALLACE	Saltwell HarriersSal				
72	36:50	Emma WILLITS	City Of York ACCity	172	43:15	Alana GILL	Bingley Harriers & A				
73	36:52	Claire GREEN	Pudsey & Bramley ACP	173	43:31	Christine HEARMON	Sedgefield HarriersS				
74	36:57	Teresa KEMP	Trafford Athletic Cl	174	43:40	Carole MORRISON	Birkenhead Athletic				
75	37:05	Kaeti MACKENZIE	Barnsley Athletic Cl	175	43:43	Sue MORLEY	Ilkley Harriers ACIL				
76	37:08	L BESTOW	West Cheshire Athlet	176	43:50	Hayley MASTERMAN	Blyth Running ClubBl				
77	37:18	Elizabeth AUSTEN	Trafford Athletic Cl	177	44:00	Liane BROWN	Blaydon Harriers & A				
78	37:30	Charlotte WILSON	Liverpool Harriers &	178	44:02	Fiona HUGHES	Richmond & Zetland H				
79	37:40	Jan NICHOLLS	Sale Harriers Manche	179	44:08	Stephanie GOODCHILD	Manchester YMCA Harr				
80	37:45	Kate ARCHER	Ilkley Harriers ACIL	180	44:14	Leanne WELLINGS	Elswick HarriersElsw				
81	37:48	Keri PEARSON	City Of Hull ACCity	181	44:17	Carol BEATTIE	Steel City Striders				
82	37:49	Lucy NEEDHAM	Holmfirth Harriers A	182	44:23	Judy ALLISON	Bridlington Road Run				
83	37:50	Kerry STORRAR	Barnsley Athletic Cl	183	44:35	Brenda GANNON	Hyde Park HarriersHy				
84	37:56	Heather CHRISTOPHER	Blyth Running ClubBl	184	44:50	Penny JOHNSON	Aycliffe Running Clu				
85	38:00	Maria CELIA DE	Leeds City Athletic	185	44:55	Sharon LAMONT	Wallasey Athletic Cl				
86	38:03	R FIELDING-SMITH	City Of Hull ACCity	186	44:57	Sue EXON	Trafford Athletic Cl				
87	38:04	Claire MCDERMOTT	Preston Harriers & A	187	45:11	Amber TORRINGTON	Askern District RCAs				
88	38:08	Sarah SHERRATT	Wesham Road Runners	188	45:36	Marion MUIR	Kirkstall HarriersKi				
89	38:12	Ruth WILCOX	Leeds City Athletic	189	45:43	Jan YOUNG	Elvet StridersElvet				
90	38:14	Sarah JACKSON	Liverpool Harriers &	190	45:45	Rebecca MILLS	Swinton Running Club				
91	38:14	Caroline WARRINGTON	York Knavesmire Harr	191	46:04	Denise WAUGH	Tyne Bridge Harriers				
92	38:17	Myra JONES	Valley StridersValle	192	46:21	Diane BAINES	Sedgefield HarriersS				
93	38:21	Rachel PILLING	Kirkstall HarriersKi	193	46:25	Vicky CUTHBERTSON	Saltwell HarriersSal				
94	38:24	Kate CHAPMAN	Morpeth Harriers & A	194	46:31	Lisa BENBOW	South Shields Harrie				
95	38:28	Alex FIRTH	Hallamshire Harriers	195	46:33	Joanne GRANT	Low Fell RCLow Fell				
96	38:30	Rosemary ADAMS	Richmond & Zetland H	196	46:38	Alison ENGLE	Wallasey Athletic Cl				
97	38:31	Elaine LESLIE	Jarrow & Hebburn ACJ	197	46:55	Karen DALBY	Liverpool Harriers &				
98	38:33	Stephanie ILSLEY	Belper HarriersBelpe	198	47:06	Julie RICHARDSON	Elswick HarriersElsw				
99	38:40	Jane HODKINSON	Blackburn Harriers &	199	47:20	Helena SIMMONDS	Saltwell HarriersSal				
100	38:41	Elizabeth BURROWS	Ackworth Road Runner	200	47:30	Collette SPENCER	Kirkstall HarriersKi				

1 Leeds City Athletic Club	53	17 Ilkley Harriers AC	557
Susan PARTRIDGE (2)		Diane HAGGAR (70)	
Claire DUCK (12)		Kate ARCHER (80)	
Emily BIRCHALL (17)		Sue MORLEY (175)	
Charlotte WILLS (22)		Lyn EDEN (232)	
2 Bingley Harriers & AC	85	18 Elvet Striders	590
Emma CLAYTON (5)		Fiona SHENTON (103)	
Victoria WILKINSON (11)		Nina MASON (133)	
Jo BUCKLEY (20)		Susan DAVIS (165)	
Alison RAW (49)		Jan YOUNG (189)	
3 Hallamshire Harriers Sheffield	90	19 Sedgefield Harriers	628
Lizzie ADAMS (1)		Gail BELL (101)	
Nicola SQUIRES (13)		Alice SKERRATT (162)	
Claire ROBSON (36)		Christine HEARMON (173)	
Chaanah PATTON (40)		Diane BAINES (192)	
4 Liverpool Harriers & AC	92	20 Elswick Harriers	638
Maria BARRETT (14)		Alison DARGIE (37)	
Seonaid MURRAY (18)		Leanne WELLINGS (180)	
Elizabeth EGAN (19)		Julie RICHARDSON (198)	
Jennifer PYBIS (41)		Elizabeth PALLISTER (223)	
5 Trafford Athletic Club	157	21 South Shields Harriers & AC	686
Jacqueline FAIRCHILD (8)		Angela ROXBY (137)	
Julia LEVENTON (44)		Paula ATKINSON (144)	
Victoria O'DONNELL (47)		Lisa BENBOW (194)	
Alison DRASDO (58)		Patricia WHITE (211)	
6 Holmfirth Harriers AC	157	22 Tyne Bridge Harriers	690
Katie WALSHAW (9)		Elspeth LAWSON (161)	
Helen BERRY (15)		Lisa WALKER (168)	
Claire LEAVER (51)		Kerry REED (170)	
Lucy NEEDHAM (82)		Denise WAUGH (191)	
7 Durham City Harriers & AC	215	23 Saltwell Harriers	697
Rosie SMITH (4)		Melanie HAUGHAN (134)	
Aiveen FOX (39)		Joanne WALLACE (171)	
Kim SIMPSON (60)		Vicky CUTHBERTSON (193)	
Katherine O'MAHONY (112)		Helena SIMMONDS (199)	
8 Rotherham Harriers & AC	287	24 Denby Dale Travellers	703
Jade ALLEN (6)		J WORBOYS-HODGSON (141)	
Samantha JOHNSON (21)		Jan YATES (146)	
Natalie RAYNOR (111)		Bronwyn MORRIS (202)	
Philippa JAMES (149)		Rosalind BEDFORD (214)	
9 Morpeth Harriers & AC	306	25 Swinton Running Club	711
Jane HODGSON (7)		Lauren MARSDEN (107)	
Emma PEARSON (52)		Rebecca MILLS (190)	
Kate CHAPMAN (94)		Lisa OTTIWELL (204)	
Marie DROZDOWICZ (153)		Carol HART (210)	
10 Sale Harriers Manchester	307		
Emily BEEDHAM (43)			
Hayley CAVILL (63)			
Jan NICHOLLS (79)			
Alison PYE (122)			
11 Stockport Harriers & AC	351		
Jess COULSON (3)			
Carmen BYRNE (67)			
Sarah AYLMER (118)			
Maureen WILKINS (163)			
12 Barnsley Athletic Club	431		
Kaeti MACKENZIE (75)			
Kerry STORRAR (83)			
Beth MASSEY (106)			
Vicky FELTON (167)			
13 Kirkstall Harriers	467		
Gemma SMITH (32)			
Rachel PILLING (93)			
Catherine ELVIN (154)			
Marion MUIR (188)			
14 Blyth Running Club	487		
Heather CHRISTOPHER (84)			
Susanne HUNTER (119)			
Phillippa BAXTER (126)			
Helen MORRIS (158)			
15 Preston Harriers & AC	526		
Claire MCDERMOTT (87)			
Marian HESKETH (109)			
Emma ESSEX-CROSBY (121)			
Judith DEAKIN (209)			
16 Macclesfield Harriers & AC	528		
Kath LAMPLOUGH (71)			
Hanny STOCKMAN (131)			
Barbara MURRAY (157)			
Sally HALES (169)			

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	10:59	Hugo MILNER	Derby AC	101	13:15	Philip KIRBY	Morpeth Harriers & A
2	11:19	Markhim LONSDALE	Gateshead Harriers &	102	13:16	Ben DAMMS	Louth AC
3	11:22	Jake LONSDALE	Trafford Athletic Cl	103	13:18	Alex KITSON	Rotherham Harriers &
4	11:26	Manna JOSHUA LA	Oldham & Royton H &	104	13:19	Dominic SWINSON	Middlesbrough AC (ma
5	11:32	Jake SCOTT	Sleaford Striders AC	105	13:19	Tom CROSS	Ilkley Harriers ACil
6	11:32	Scott WILSON	Carlisle Aspatria AC	106	13:23	Elliot SNAPE	Rossendale Harriers
7	11:33	Alfie MANTHORPE	City Of Sheffield AC	107	13:24	Alfie MURTON	Alnwick Harriers
8	11:41	George LEWIS	E Cheshire H & Tames	108	13:25	James POTTS	Elswick Harriers
9	11:42	Thomas ROGERSON	Liverpool Harriers &	109	13:25	Samuel MASON	Rotherham Harriers &
10	11:43	Dominic PETERSON	Leeds City Athletic	110	13:26	Ben LANIGAN	E Cheshire H & Tames
11	11:44	Elliott MATIER	Carlisle Aspatria AC	111	13:26	Robbie JOHNSTONE	Wharfedale HarriersW
12	11:47	Luke GAMBLE	Warrington Athletic	112	13:27	Joe MORTON	City Of Sheffield AC
13	11:49	Dean TIERNEY	Preston Harriers & A	113	13:27	Euan JONES	Morpeth Harriers & A
14	11:52	Adam MOORCROFT	Liverpool Harriers &	114	13:28	Adam KINGHORN	Sale Harriers Manche
15	11:52	Jacob HOPKINS	Morpeth Harriers & A	115	13:29	Ethan JONES	Leigh Harriers & ACL
16	11:54	Joshua ALLEN	Middlesbrough AC (ma	116	13:30	Sam BROOKS	Bury Athletic ClubBu
17	11:54	Tyker HUTCHINSON	City Of York ACCity	117	13:31	Jack DAVIES	Wirral AC
18	11:54	William PARSONS	Vale Royal AC	118	13:31	Ben CAMPBELL	Liverpool Harriers &
19	11:55	James LUND	Keighley & Craven AC	119	13:33	Adam MCMILLAN	New Marske Harriers
20	11:56	Jack BROTHWELL	Kingston Upon Hull A	120	13:33	Rhys BROWN	City Of Sheffield AC
21	11:57	Cole BLAKIE	Kendal Amateur Athle	121	13:34	J PARISH	Skyrac Athletic Club
22	11:59	Tiarnan CRORKEN	Pendle Athletic Club	122	13:34	James KELLY	Oldham & Royton H &
23	12:00	Jack LENEHAN	Southport Waterloo A	123	13:34	Ryan ARTHUR	Chester Le Street &
24	12:00	Oliver DANE	City Of Sheffield AC	124	13:37	Tom WINDLE	Wetherby RunnersWeth
25	12:03	Byron ABBOTT	Blackburn Harriers &	125	13:38	Joseph TWIGG	Lancaster & Morecamb
26	12:05	Kane SMITH	Rotherham Harriers &	126	13:38	Joseph WIGFIELD	Wirral AC
27	12:06	Ryan DOUBTFIRE	Liverpool Harriers &	127	13:39	Lewis SCHOFIELD	Pontefract AC
28	12:08	Matthew WAKEFIELD	South Shields Harrie	128	13:40	Alexandra BIRKETT	Kendal Amateur Athle
29	12:09	Matthew BARNES	Pendle Athletic Club	129	13:40	Todd WEBSTER	Derby AC
30	12:09	Sam WARDLE	Leigh Harriers & ACL	130	13:41	Harry SHELBOURNE	Penistone Footpath R
31	12:09	Liam BIBBY	Liverpool Pembroke &	131	13:43	Jack WILKINSON	Blackburn Harriers &
32	12:10	Mills CHRISTIAN	City Of Sheffield AC	132	13:44	Kieran PINKNEY	Chester Le Street &
33	12:13	Jake SPILSBURY	Sale Harriers Manche	133	13:44	Kieran LAZENBY	Pudsey & Bramley ACP
34	12:14	C WEAVER	West Cheshire Athlet	134	13:45	Sean FULLER	Elswick Harriers
35	12:15	Callum AHERN	Macclesfield Harrier	135	13:45	James PICKERING	Ilkley Harriers ACil
36	12:17	Alexander BROWN	Houghton Harriers An	136	13:47	Patrick DELANEY	Wirral AC
37	12:17	Colin DALY	Trafford Athletic Cl	137	13:47	David JAMIESON	Wirral AC
38	12:19	Adam WOOSEY	St Helens Sutton ACS	138	13:47	Tom WARRINGTON	Harrogate Harriers &
39	12:19	Thomas MARCHANT	Pendle Athletic Club	139	13:48	Matthew MARTIN	Harrogate Harriers &
40	12:20	James WOOD	Darlington H & ACDar	140	13:49	Daniel RAWLINSON	Lancaster & Morecamb
41	12:20	Jacob JARDINE	Middlesbrough AC (ma	141	13:50	Ben BERGSTRAND	New Marske Harriers
42	12:21	Michael SMITH	Wirral AC	142	13:51	Jacob SLOUGH	Rossendale Harriers
43	12:22	Edward Dunbavin	Wakefield District H	143	13:52	Jack DONNELLY	Blaydon Harriers & A
44	12:22	Patrick MAGNER	Stockport Harriers &	144	13:53	J GREENBANK	Skyrac Athletic Club
45	12:22	Kieran HEDLEY	Morpeth Harriers & A	145	13:53	Liam MCDERMOTT	Preston Harriers & A
46	12:23	Lewis PRKYE	City Of York ACCity	146	13:53	Leodhais MACPHERSON	Tyne Bridge Harriers
47	12:24	Christopher LARKIN	Halton & Frodsham Ha	147	13:55	Alex WHELANS	Chester Le Street &
48	12:24	Josh HINCHLY	Vale Royal AC	148	13:55	James JOHNSON	Rotherham Harriers &
49	12:28	Matthew MERRICK	Bingley Harriers & A	149	13:58	Elliot HUTCHINSON	City Of York ACCity
50	12:28	Adam SPILSBURY	Sale Harriers Manche	150	13:59	James NUTTAL	Rossendale Harriers
51	12:29	Charlie LOWRIE	Wharfedale HarriersW	151	14:01	Duncan MACDONALD	Wirral AC
52	12:30	Jed RUSSELL	Gosforth Harriers &	152	14:03	James DYKES	Warrington Athletic
53	12:30	Christian WOODS	Liverpool Harriers &	153	14:07	Gabriel FALLOWS	Vale Royal AC
54	12:31	Isaac SULEMAN	Middlesbrough AC (ma	154	14:11	Matthew CANT	Blaydon Harriers & A
55	12:31	Jack CROOK	Liverpool Pembroke &	155	14:18	Harry ROBSON	Richmond & Zetland H
56	12:32	Alex MCBAIN	Wirral AC	156	14:19	Owen MARTIN	Harrogate Harriers &
57	12:33	Dylan BURCHILL	Sale Harriers Manche	157	14:21	Jack CROWNSHAW	Hallamshire Harriers
58	12:34	Daniel JONES	Amber Valley & Erewa	158	14:24	Christian WORNER	Richmond & Zetland H
59	12:35	Billy DAWSON	Leeds City Athletic	159	14:28	Geffen JACOB VAN	Pendle Athletic Club
60	12:36	George FINLAY	City Of Sheffield AC	160	14:29	Dominic SANDERSON	Pontefract AC
61	12:36	Luke CHAPMAN	Hull Achilles ACHull	161	14:32	Samuel WILLIAMS	Morpeth Harriers & A
62	12:37	James RAINBOW	Blaydon Harriers & A	162	14:38	Benjamin SCHOFIELD	City Of York ACCity
63	12:38	Ben KELLY	Alnwick Harriers	163	14:43	Ethan HARTSHORNE	E Cheshire H & Tames
64	12:39	Thomas HARBOUR	Blackburn Harriers &	164	14:46	Steven JONES	Liverpool Harriers &
65	12:39	Joseph MARTIN	Liverpool Pembroke &	165	14:47	Christopher NIXON	Wirral AC
66	12:39	Andrew FARQUHAR	Holmfirth Harriers A	166	14:51	Scott RAM	Amber Valley & Erewa
67	12:40	Watson PEEL	Halifax Harriers & A	167	14:57	Max COTTERILL	Liverpool Pembroke &
68	12:41	Alex BOTTERILL	City Of York ACCity	168	15:04	H BRITTON	West Cheshire Athlet
69	12:43	Oliver COCKERILL	Beverley AC	169	15:27	James WINDLE	Wetherby RunnersWeth
70	12:45	Ben SKERTCHLY	Manchester Harriers	170	16:22	Adam RAWLINSON	Lancaster & Morecamb
71	12:45	Josh NEWBOLD	Wharfedale HarriersW	171	16:46	Richard KIRKHAM	Richmond & Zetland H
72	12:46	George TOSTEVIN	Lancaster & Morecamb				
73	12:47	Ieuan KEARNEY	Wirral AC				
74	12:47	Omar AIKMAN	Amber Valley & Erewa				
75	12:47	Alex KNIBBS	Amber Valley & Erewa				
76	12:48	Angus REID	Harrogate Harriers &				
77	12:49	Tom NELSON	Wharfedale HarriersW				
78	12:49	Josh FORREST	Liverpool Pembroke &				
79	12:50	Christian HOWETT	Amber Valley & Erewa				
80	12:51	Gabriel COOPER	Wirral AC				
81	12:51	B THOMPSON	Skyrac Athletic Club				
82	12:52	Francis WESTHEAD	Ilkley Harriers ACil				
83	12:52	Philip WHITHAM	Oldham & Royton H &				
84	12:53	Sam TARRY	Manchester Harriers				
85	12:54	Nathan SMITH	City Of York ACCity				
86	12:55	Robert WEIR	Vale Royal AC				
87	12:58	Matthew JOHNSON	Wirral AC				
88	12:58	Ethan DARR	Preston Harriers & A				
89	13:03	Lewis BARTHOLOMEW	Holmfirth Harriers A				
90	13:04	Joshua WHITEHEAD	Rossendale Harriers				
91	13:04	Leon BARNARD	Wirral AC				
92	13:05	Elliot THOMPSON	Longwood Harriers AC				
93	13:05	Thomas HUNTER	Darlington H & ACDar				
94	13:05	Ethan RADCLIFFE	Rossendale Harriers				
95	13:07	Daniel EVANS	Derby AC				
96	13:09	Matty FOX	Manchester Harriers				
97	13:10	David LEWIS	Hallamshire Harriers				
98	13:12	Tom COWPERTHWAIT	Chester Le Street &				
99	13:13	Niall GRAHAM	Lancaster & Morecamb				
100	13:15	George PATTERSON	Wirral AC				

1 Liverpool Harriers & AC	103	17 Harrogate Harriers & Athletic	509
Thomas ROGERSON (9)		Angus REID (76)	
Adam MOORCROFT (14)		Tom WARRINGTON (138)	
Ryan DOUBTFIRE (27)		Matthew MARTIN (139)	
Christian WOODS (53)		Owen MARTIN (156)	
2 City Of Sheffield AC	123		
Alfie MANTHORPE (7)			
Oliver DANE (24)			
Mills CHRISTIAN (32)			
George FINLAY (60)			
3 Middlesbrough AC (mandale)	215		
Joshua ALLEN (16)			
Jacob JARDINE (41)			
Isaac SULEMAN (54)			
Dominic SWINSON (104)			
4 City Of York AC	216		
Tyker HUTCHINSON (17)			
Lewis PRKYE (46)			
Alex BOTTERILL (68)			
Nathan SMITH (85)			
5 Liverpool Pembroke & Sefton H	229		
Liam BIBBY (31)			
Jack CROOK (55)			
Joseph MARTIN (65)			
Josh FORREST (78)			
6 Pendle Athletic Club	249		
Tiarnan CRORKEN (22)			
Matthew BARNES (29)			
Thomas MARCHANT (39)			
Geffen JACOB VAN (159)			
7 Wirral AC	251		
Michael SMITH (42)			
Alex MCBAIN (56)			
Ieuan KEARNEY (73)			
Gabriel COOPER (80)			
8 Sale Harriers Manchester	254		
Jake SPILSBURY (33)			
Adam SPILSBURY (50)			
Dylan BURCHILL (57)			
Adam KINGHORN (114)			
9 Morpeth Harriers & AC	274		
Jacob HOPKINS (15)			
Kieran HEDLEY (45)			
Philip KIRBY (101)			
Euan JONES (113)			
10 Amber Valley & Erewash AC	286		
Daniel JONES (58)			
Omar AIKMAN (74)			
Alex KNIBBS (75)			
Christian HOWETT (79)			
11 Vale Royal AC	305		
William PARSONS (18)			
Josh HINCHLY (48)			
Robert WEIR (86)			
Gabriel FALLOWS (153)			
12 Wharfedale Harriers	310		
Charlie LOWRIE (51)			
Josh NEWBOLD (71)			
Tom NELSON (77)			
Robbie JOHNSTONE (111)			
13 Rotherham Harriers & AC	386		
Kane SMITH (26)			
Alex KITSON (103)			
Samuel MASON (109)			
James JOHNSON (148)			
14 Rossendale Harriers & AC	432		
Joshua WHITEHEAD (90)			
Ethan RADCLIFFE (94)			
Elliot SNAPE (106)			
Jacob SLOUGH (142)			
15 Lancaster & Morecambe AC	436		
George TOSTEVIN (72)			
Niall GRAHAM (99)			
Joseph TWIGG (125)			
Daniel RAWLINSON (140)			
16 Chester Le Street & Dist AC	500		
Tom COWPERTHWAIT (98)			
Ryan ARTHUR (123)			
Kieran PINKNEY (132)			
Alex WHELAN (147)			

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	14:47	Patrick DEVER	Preston Harriers & A	101	17:30	James MARCHANT	Pendle Athletic Club
2	14:58	Elliot BOWKER	Vale Royal ACVale Ro	102	17:30	Joseph BELL	Shildon Running & AC
3	15:12	Daniel EVANS	Warrington Athletic	103	17:31	Ben BRENNAN-DOYLE	Liverpool Harriers &
4	15:19	Joshua SCHOFIELD	City Of York ACCity	104	17:34	Jay WOOD	Stockport Harriers &
5	15:26	Jack CRABTREE	Trafford Athletic Cl	105	17:36	Tom CLARKE	Liverpool Harriers &
6	15:32	Josh NAISBITT	City Of Sheffield AC	106	17:36	Samuel MAYON	Sale Harriers Manche
7	15:38	Matthew SHEEN	Vale Royal ACVale Ro	107	17:39	Jay HORNBY	Stockport Harriers &
8	15:39	Lewis BYRAM	Holmfirth Harriers A	108	17:39	Taylor Laurance	Derby ACDerby AC
9	15:44	Thomas COYNE	Jarrow & Hebburn ACJ	109	17:40	Jonathan OWEN	Vale Royal ACVale Ro
10	15:46	Daniel HAYMES	Derby ACDerby AC	110	17:40	James ANTHONY	Spenborough & Dist A
11	15:47	Andrew KERSHAW	Southport Waterloo A	111	17:45	Charlie RACE	Middlesbrough AC (ma
12	15:47	Joel JONES	Sunderland Harriers	112	17:46	Callum DAVIDSON	Rossendale Harriers
13	15:49	Emile CAIRESS	Bingley Harriers & A	113	17:48	Charlie SARGINSON	City Of York ACCity
14	15:53	Jonathan SHIELDS	City Of Sheffield AC	114	17:48	Dylan STANWAY	Sale Harriers Manche
15	15:55	Matthew SHACKLETON	Lancaster & Morecamb	115	17:59	Alex BAWN	Wakefield District H
16	15:56	Kieran SAVAGE	Leeds City Athletic	116	18:00	Shaun SMITH	Barton ACBarton AC
17	15:59	Phillip WINKLER	Morpeth Harriers & A	117	18:01	Thomas SLATER	Hallamshire Harriers
18	16:00	Paul TYSON	Liverpool Harriers &	118	18:07	James YOUNG	Blyth Running ClubBl
19	16:01	Ryan BABCOCK	Trafford Athletic Cl	119	18:09	Jack MICHAELS	Kingston Upon Hull A
20	16:03	Robert WONG	Blackburn Harriers &	120	18:12	Isaac MOSS	Alnwick HarriersAlnw
21	16:03	Adam RODEN	Sale Harriers Manche	121	18:14	Lewis THOMPSON	Houghton Harriers An
22	16:07	Elliott ROBERTS	Preston Harriers & A	122	18:17	Thomas KERR	Ilkley Harriers ACil
23	16:09	Jethro MCGRAW	Amber Valley & Erewa	123	18:18	Ruaridh MON-WILLIAMS	Ilkley Harriers ACil
24	16:10	Daniel LAWTON	Trafford Athletic Cl	124	18:21	Thomas YARROW	Hallamshire Harriers
25	16:11	Tom MCGUINNESS	E Cheshire H & Tames	125	18:22	Joseph WOODS	Blyth Running ClubBl
26	16:12	Darius BOARDMAN	Pendle Athletic Club	126	18:22	Keenan CHAMBERS	Derby ACDerby AC
27	16:13	Christopher BROWN	Oldham & Royton H &	127	18:28	Liam MCGRATH	Houghton Harriers An
28	16:15	Timothy MORRIS	Vale Royal ACVale Ro	128	18:30	Robert SANDERSON	Wakefield District H
29	16:15	Devon STEAD	Rotherham Harriers &	129	18:31	Bradley HEALEY	Oldham & Royton H &
30	16:16	Jordan HULL	Border Harriers & AC	130	18:31	Amedadeo SCANAVACCA	Wirral ACWirral AC
31	16:17	Matthew HARRIS	Rossendale Harriers	131	18:33	Adam SHAFIQ	Alnwick HarriersAlnw
32	16:18	Lee DOBSON	Liverpool Harriers &	132	18:36	Powell HARRY	Beverley ACBeverley
33	16:19	Niall FLANAGAN	Wirral ACWirral AC	133	18:38	Christopher WILLIAMS	Liverpool Harriers &
34	16:20	Liam EMMETT	South Shields Harrie	134	18:42	Guy REEVE	Wirral ACWirral AC
35	16:22	Ben LEWIS	City Of York ACCity	135	18:43	Connor COLLEAVY	Oldham & Royton H &
36	16:24	Jake HORNBY	Grantham & District	136	18:43	Sam GRIEF	Derby ACDerby AC
37	16:24	Thomas GOULDING	Birtley ACBirtley AC	137	18:44	James MCANANEY	Sunderland Harriers
38	16:25	Elliot KELLY	Morpeth Harriers & A	138	18:45	Matt ROWLINSON	Vale Royal ACVale Ro
39	16:26	Daniel MORRISON	Vale Royal ACVale Ro	139	18:46	Nathaniel STOCK	Longwood Harriers AC
40	16:28	Christopher DUNEY	Preston Harriers & A	140	18:47	Aaron SHAUGHNESSY	Macclesfield Harrier
41	16:30	Matthew DUTTON	Pendle Athletic Club	141	18:48	Jonathon BRIDE	Liverpool Pembroke &
42	16:30	Euan GILCHRIST	Sale Harriers Manche	142	18:54	Thomas SLACK	Hallamshire Harriers
43	16:31	Henry JOHNSON	Shildon Running & AC	143	18:56	James DRYBOROUGH	Darlington H & ACDar
44	16:31	Joshua TAYLOR-BROWN	Kingston Upon Hull A	144	18:57	Miles WORNER	Richmond & Zetland H
45	16:33	Jack ALLISON	Leeds City Athletic	145	19:00	Philip NESOM	City Of York ACCity
46	16:34	Luke PENSWICK	Preston Harriers & A	146	19:04	Daniel BRADFORD	Rotherham Harriers &
47	16:35	Josh LORD	Grantham & District	147	19:19	Mark NICHOLSON	Blyth Running ClubBl
48	16:39	Jack HINDLE	Blackburn Harriers &	148	19:21	James WRIGHT	City Of York ACCity
49	16:41	Findlay THOMPSON	Lincoln Wellington A	149	19:22	James BURNS	Wirral ACWirral AC
50	16:42	Joshua WALTON	Hallamshire Harriers	150	19:27	Charlie BIRRO	Halifax Harriers & A
51	16:42	Luke TYSON	Southport Waterloo A	151	19:48	Declan GODFREY	Louth ACLouth AC
52	16:43	Lewis CRANK	Longwood Harriers AC	152	19:50	Joseph DUNGWORTH	Blyth Running ClubBl
53	16:43	Jake FINDLAY	Shildon Running & AC	153	19:54	Josh MCMILLAN	New Marske Harriers
54	16:44	Declan DICKINSON	Lincoln Wellington A	154	20:05	Owen SWEENEY	Liverpool Harriers &
55	16:45	Kieran WALKER	Sedgefield HarriersS	155	20:08	Sean HAYCOCK	Sedgefield HarriersS
56	16:45	Christy O'BRIEN	Sale Harriers Manche	156	20:11	Daniel MALLIN	Alnwick HarriersAlnw
57	16:46	Glen IENT	Richmond & Zetland H	157	20:53	Edward PREW	Beverley ACBeverley
58	16:47	Connor MAHONEY	Blackburn Harriers &	158	21:42	Robert TEMPERLEY	Sedgefield HarriersS
59	16:47	Ben READ	Wakefield District H	159	22:24	Matthew GRAHAM	Houghton Harriers An
60	16:50	William PATTERSON	Wirral ACWirral AC	160	22:32	Daniel BRINT	Sale Harriers Manche
61	16:51	Evan WEBB	City Of Sheffield AC				
62	16:51	Christian WHITE	Wirral ACWirral AC				
63	16:53	Ryan GREEN	Morpeth Harriers & A				
64	16:53	Mark SULLIVAN	Kendal Amateur Athle				
65	16:53	Harry MOORE	Wombwell Sporting AC				
66	16:56	Max ROBSON	Richmond & Zetland H				
67	16:56	Adam WEIGHTMAN	Alnwick HarriersAlnw				
68	16:57	George RUDMAN	Blaydon Harriers & A				
69	16:57	Joseph HIBBERT	City Of Sheffield AC				
70	16:58	Leighton SHARMAN	Warrington Athletic				
71	16:58	Mathew BAILEY	Middlesbrough AC (ma				
72	16:59	Daniel CROW	Lincoln Wellington A				
73	16:59	Alex HUMBERSTONE	Lincoln Wellington A				
74	16:59	Alex PROCTOR	Oldham & Royton H &				
75	17:00	Joseph WALKER	Elswick HarriersElsw				
76	17:02	Matthew WARD	Derby ACDerby AC				
77	17:04	Jarod LEWIS	Morpeth Harriers & A				
78	17:05	Aaron ARTHUR	Holmfirth Harriers A				
79	17:08	George HEPPINSTALL	Wakefield District H				
80	17:09	Charlie QUINN	Wirral ACWirral AC				
81	17:09	Benn HEYWOOD	Bury Athletic ClubBu				
82	17:10	Aaron KETTLEWELL	Holmfirth Harriers A				
83	17:12	Ryan BEALE	Rotherham Harriers &				
84	17:14	Thomas TAYLOR	Manchester Harriers				
85	17:14	Benjamin CRAIG	Sunderland Harriers				
86	17:15	Barclay IZZARD	Derby ACDerby AC				
87	17:15	James WARDLE	Leigh Harriers & ACL				
88	17:16	Joseph HUTCHESSON	Hallamshire Harriers				
89	17:16	Sam GARRATT	New Marske Harriers				
90	17:16	Robert DYKES	Warrington Athletic				
91	17:17	Sean KEYES	Liverpool Harriers &				
92	17:18	Declan NEARY	Doncaster ACDoncaste				
93	17:22	James RIACH	Lancaster & Morecamb				
94	17:23	Dan WHITLOCK	Preston Harriers & A				
95	17:25	Daniel LENG	Alnwick HarriersAlnw				
96	17:25	Cameron DYE	Wakefield District H				
97	17:26	Sam PETERS	Hallamshire Harriers				
98	17:27	Conner RICHARDSON	Rossendale Harriers				
99	17:28	Eddie HINCHLIFFE	Holmfirth Harriers A				
100	17:30	Joe SHUTTLEWORTH	Lincoln Wellington A				

1 Vale Royal AC	76
Elliot BOWKER (2) Matthew SHEEN (7) Timothy MORRIS (28) Daniel MORRISON (39)	
2 Preston Harriers & AC	109
Patrick DEVER (1) Elliott ROBERTS (22) Christopher DURNEY (40) Luke PENSWICK (46)	
3 City Of Sheffield AC	150
Josh NAISBITT (6) Jonathan SHIELDS (14) Evan WEBB (61) Joseph HIBBERT (69)	
4 Morpeth Harriers & AC	195
Phillip WINKLER (17) Elliot KELLY (38) Ryan GREEN (63) Jarod LEWIS (77)	
5 Sale Harriers Manchester	225
Adam RODEN (21) Euan GILCHRIST (42) Christy O'BRIEN (56) Samuel MAYON (106)	
6 Wirral AC	235
Niall FLANAGAN (33) William PATTERSON (60) Christian WHITE (62) Charlie QUINN (80)	
7 Liverpool Harriers & AC	244
Paul TYSON (18) Lee DOBSON (32) Sean KEYES (91) Ben BRENNAN-DOYLE (103)	
8 Lincoln Wellington AC	248
Findlay THOMPSON (49) Declan DICKINSON (54) Daniel CROW (72) Alex HUMBERSTONE (73)	
9 Holmfirth Harriers AC	267
Lewis BYRAM (8) Aaron ARTHUR (78) Aaron KETTLEWELL (82) Eddie HINCHLIFFE (99)	
10 Derby AC	280
Daniel HAYMES (10) Matthew WARD (76) Barclay IZZARD (86) Taylor Laurance (108)	
11 City Of York AC	297
Joshua SCHOFIELD (4) Ben LEWIS (35) Charlie SARGINSON (113) Philip NESOM (145)	
12 Wakefield District H & AC	349
Ben READ (59) George HEPPINSTALL (79) Cameron DYE (96) Alex BAWN (115)	
13 Hallamshire Harriers Sheffield	352
Joshua WALTON (50) Joseph HUTCHESSON (88) Sam PETERS (97) Thomas SLATER (117)	
14 Oldham & Royton H & AC	365
Christopher BROWN (27) Alex PROCTOR (74) Bradley HEALEY (129) Connor COLLEAVY (135)	
15 Alnwick Harriers	413
Adam WEIGHTMAN (67) Daniel LENG (95) Isaac MOSS (120) Adam SHAFIQ (131)	
16 Blyth Running Club	542
James YOUNG (118) Joseph WOODS (125) Mark NICHOLSON (147) Joseph DUNGWORTH (152)	

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	19:48	Ryan MOORE	Sale Harriers Manche	101	24:31	Robert PARKINSON	Liverpool Pembroke &
2	19:53	Tom BAINS	Hallamshire Harriers	102	24:46	David REECE	Liverpool Pembroke &
3	19:57	Fergus ROBERTS	Richmond & Zetland H	103	24:48	Jonny EVANS	South Shields Harrie
4	20:02	Adam HOWARD	Oldham & Royton H &	104	24:51	Simon CHADWICK	Stockport Harriers &
5	20:03	Haran DUNDERDALE	Lincoln Wellington A	105	25:13	Sam HEARMON	Sedgefield HarriersS
6	20:13	James HALL	Wharfedale HarriersW	106	25:19	Ellis NEVETT	Stockport Harriers &
7	20:17	Mathew SHIRLING	Liverpool Harriers &	107	25:20	Ben FOX	Sale Harriers Manche
8	20:17	Daniel OVERIN	Richmond & Zetland H	108	25:49	Harry SYKES	Lancaster & Morecamb
9	20:18	Wayne PARKER	New Marske Harriers	109	26:41	Matthew JACQUES	E Cheshire H & Tames
10	20:21	Jack ROBERTSON	Scarborough Athletic	110	26:55	Mark THOMAS	Gosforth Harriers &
11	20:24	Bradley TRAVISS	Halifax Harriers & A	111	27:01	Jonathon OWEN	Derby ACDerby AC
12	20:27	Chris MIDDLETON	E Cheshire H & Tames				
13	20:29	Zack BAMBER	Vale Royal ACVale Ro				
14	20:31	James SAXTON	Wakefield District H				
15	20:32	Greg CHAMBERS	Gateshead Harriers &				
16	20:37	Alexander BURCHILL	Sale Harriers Manche				
17	20:39	Warren TURNER	Liverpool Pembroke &				
18	20:40	Jonathan NISBET	Morpeth Harriers & A				
19	20:43	Jerome CASTELOW	Halifax Harriers & A				
20	20:49	Dominic MAHONEY	Blackburn Harriers &				
21	20:51	Luke CLARK	South Shields Harrie				
22	20:52	Michael VENNARD	Vale Royal ACVale Ro				
23	20:54	Alistair WEYMOUTH	Border Harriers & AC				
24	20:55	Luke TOWERS	Liverpool Harriers &				
25	20:57	Luke COTTER	Rotherham Harriers &				
26	21:01	Joshua ASBREY	Lincoln Wellington A				
27	21:03	Ryan BLACKWELL	Liverpool Pembroke &				
28	21:04	Michael BLEASBY	Shildon Running & AC				
29	21:05	Liam STEDMAN	Spenborough & Dist A				
30	21:05	James GRUNDY	Liverpool Pembroke &				
31	21:06	Terah HOOLEY	Derby ACDerby AC				
32	21:07	Johnathon KAY	Bolton United Harrie				
33	21:08	Sandy KELLY	Preston Harriers & A				
34	21:12	Matthew HULSE	Warrington Athletic				
35	21:15	Joseph LANCASTER	City Of Sheffield AC				
36	21:15	Owen SHARP	Liverpool Harriers &				
37	21:17	Ross CAMPBELL	Barrow & Furness Str				
38	21:20	Max WHARTON	Halifax Harriers & A				
39	21:23	Adrian BAILES	Birtley ACBirtley AC				
40	21:27	Aiden SMITH	Hallamshire Harriers				
41	21:30	Ben PYE	Wetherby RunnersWeth				
42	21:34	Liam WATSON	Middlesbrough AC (ma				
43	21:36	Ben EVERSON	Trafford Athletic Cl				
44	21:37	Callum GRANT	Liverpool Harriers &				
45	21:38	Liam MOORE	Leigh Harriers & ACL				
46	21:38	Kyle NICHOLSON	Lincoln Wellington A				
47	21:39	Steven EASTWOOD	Wakefield District H				
48	21:40	Richard EVANS	Wirral ACWirral AC				
49	21:42	James NEEDHAM	Kingston Upon Hull A				
50	21:44	Kyle NICHOLLS	Liverpool Pembroke &				
51	21:45	James BUNDRED	Trafford Athletic Cl				
52	21:46	Kevin ACTON	Stockport Harriers &				
53	21:55	Christopher PEVERLEY	Birtley ACBirtley AC				
54	21:58	Nicholas MYERS	Rotherham Harriers &				
55	22:00	Richard POWELL	Trafford Athletic Cl				
56	22:01	Ryan MOORE	Vale Royal ACVale Ro				
57	22:03	Dominic CHAMBERS	Derby ACDerby AC				
58	22:05	Barry MASKELL	Gateshead Harriers &				
59	22:07	Ciaran WILSON-BAIG	Halifax Harriers & A				
60	22:09	Patrick STRADLING	Vale Royal ACVale Ro				
61	22:09	Sam HAGGAR	Wharfedale HarriersW				
62	22:12	Robbie INGHAM	Kendal Amateur Athle				
63	22:18	Michael WILSON	Sunderland Harriers				
64	22:20	Peter FRANKLIN	Holmfirth Harriers A				
65	22:20	Robert SCARBOROUGH	Scarborough Athletic				
66	22:29	Jack BRIDLE	Derby ACDerby AC				
67	22:33	James LOFTUS	Liverpool Pembroke &				
68	22:36	Daniel JARVIS	Wirral ACWirral AC				
69	22:37	Hetherington BEN	Sedgefield HarriersS				
70	22:40	Josh BOYCE	Vale Royal ACVale Ro				
71	22:41	Connor RYAN	Rotherham Harriers &				
72	22:42	Adam HOWARTH	Leigh Harriers & ACL				
73	22:42	Daniel FRANKS	Wakefield District H				
74	22:46	Llwyd GRIFFITHS	Derby ACDerby AC				
75	22:48	Daniel WALSH	Rossendale Harriers				
76	22:50	Elliott HOLT	Leeds City Athletic				
77	22:52	Declan BULMER	Wharfedale HarriersW				
78	22:57	James AYRE	Vale Royal ACVale Ro				
79	23:00	Jonathan CURRIE	Tynedale Harriers &				
80	23:03	Jonathon STEWART	Manchester Harriers				
81	23:08	Daniel MORETON	Barnsley Athletic Cl				
82	23:09	Conor FLANAGAN	Wirral ACWirral AC				
83	23:12	David WAKEFIELD	South Shields Harrie				
84	23:15	Joe WILKINSON	Lincoln Wellington A				
85	23:18	Christopher MANNING	Liverpool Harriers &				
86	23:22	Jake JANSEN	Blyth Running ClubBl				
87	23:22	Adam JAMSON	Leigh Harriers & ACL				
88	23:25	Oliver YARROW	Rotherham Harriers &				
89	23:26	Harry BAXTER	Lincoln Wellington A				
90	23:30	Jack BROWN	Bury Athletic ClubBu				
91	23:39	Jack MITCHELL	Wakefield District H				
92	23:44	William JOHNSON	Rotherham Harriers &				
93	23:47	Alton FOWLEY	Rossendale Harriers				
94	23:49	Christopher LILLICO	Blyth Running ClubBl				
95	23:54	Christopher SMITH	Warrington Athletic				
96	24:00	Isaac SCOTT	Lancaster & Morecamb				
97	24:04	Nathaniel WELSBY	Harrogate Harriers &				
98	24:13	Ryan BRADSHAW	Rossendale Harriers				
99	24:18	Robert MORRIS	Longwood Harriers AC				
100	24:18	Michael TODD	South Shields Harrie				

1	Liverpool Harriers & AC	111
	Mathew SHIRLING (7)	
	Luke TOWERS (24)	
	Owen SHARP (36)	
	Callum GRANT (44)	
2	Liverpool Pembroke & Sefton H	124
	Warren TURNER (17)	
	Ryan BLACKWELL (27)	
	James GRUNDY (30)	
	Kyle NICHOLLS (50)	
3	Halifax Harriers & AC	127
	Bradley TRAVISS (11)	
	Jerome CASTELOW (19)	
	Max WHARTON (38)	
	Ciaran WILSON-BAIG (59)	
4	Vale Royal AC	151
	Zack BAMBER (13)	
	Michael VENNARD (22)	
	Ryan MOORE (56)	
	Patrick STRADLING (60)	
5	Lincoln Wellington AC	161
	Haran DUNDERDALE (5)	
	Joshua ASBREY (26)	
	Kyle NICHOLSON (46)	
	Joe WILKINSON (84)	
6	Wakefield District H & AC	225
	James SAXTON (14)	
	Steven EASTWOOD (47)	
	Daniel FRANKS (73)	
	Jack MITCHELL (91)	
7	Derby AC	228
	Terah HOOLEY (31)	
	Dominic CHAMBERS (57)	
	Jack BRIDLE (66)	
	Llwyd GRIFFITHS (74)	
8	Rotherham Harriers & AC	238
	Luke COTTER (25)	
	Nicholas MYERS (54)	
	Connor RYAN (71)	
	Oliver YARROW (88)	
9	South Shields Harriers & AC	307
	Luke CLARK (21)	
	David WAKEFIELD (83)	
	Michael TODD (100)	
	Jonny EVANS (103)	

Pos	Time	Name	Club/Team
1	27:31	Mark SHAW	New Marske Harriers
2	27:40	Toby LOVERIDGE	Liverpool Pembroke &
3	27:48	Chris KAYS	E Cheshire H & Tames
4	28:00	Marc SCOTT	Richmond & Zetland H
5	28:08	Charles HULSON	Sale Harriers Manche
6	28:18	Cameron BOYEK	Shildon Running & AC
7	28:28	Karl BILLINGTON	Blackburn Harriers &
8	28:29	Tom JERVIS	Warrington Athletic
9	28:37	Jai VERNON-MCGUIGAN	Liverpool Pembroke &
10	28:51	Max KAYE	Holmfirth Harriers A
11	28:54	Lewis HOGG	Gateshead Harriers &
12	28:59	Gordon BENSON	Leeds City Athletic
13	29:01	Adam NEWTON	City Of Sheffield AC
14	29:01	Michael GRIMES	Durham City Harriers
15	29:09	Jack MORRIS	Stockport Harriers &
16	29:20	Daniel DAVIS	Leeds City Athletic
17	29:24	Matthew GRIEVE	Border Harriers & AC
18	29:31	Joseph JOHNSTON	Rossendale Harriers
19	29:36	James WIGNALL	Sale Harriers Manche
20	29:41	Christopher MATTHEWS	Blackburn Harriers &
21	29:42	Patrick VIS	Southport Waterloo A
22	29:43	Peter HARRISON	Border Harriers & AC
23	29:48	Dan HARDY	Shildon Running & AC
24	29:52	Ben COSTELLO	Liverpool Pembroke &
25	30:05	Beau SMITH	Lancaster & Morecamb
26	30:08	Thomas WALKER	Gosforth Harriers &
27	30:15	Sam BUCKNALL	Leeds City Athletic
28	30:15	Ryan GANOSE	Altrincham & Distric
29	30:15	Joshua MCHUGH	Trafford Athletic Cl
30	30:21	Harry EARL	Border Harriers & AC
31	30:21	John ASHCROFT	Liverpool Harriers &
32	30:23	Dale WORTON	Leeds City Athletic
33	30:25	Luke BETTS	Chorley ACChorley AC
34	30:32	Lawrence MCCOURT	Gateshead Harriers &
35	30:35	Kyle CRAIB	Rotherham Harriers &
36	30:37	Ben MARRIOTT	Bingley Harriers & A
37	30:38	Lewis ECCLESTON	Astley & Tyldesley R
38	30:39	George ROBINSON	Richmond & Zetland H
39	30:41	Matthew BEE	Lincoln Wellington A
40	30:44	Christopher WRIGHT	Leeds City Athletic
41	30:45	Jonathan BAINES	Sedgefield HarriersS
42	30:57	Joseph VIS	Southport Waterloo A
43	31:06	Jamie WEBB	Liverpool Harriers &
44	31:08	Jon SEYMOUR	Wirral ACWirral AC
45	31:12	Matthew HOLMES	Sale Harriers Manche
46	31:13	Callum MASON	Lancaster & Morecamb
47	31:24	Adam BATESON	Lancaster & Morecamb
48	31:26	Sam HEARN	Gateshead Harriers &
49	31:29	Jack NEESON	Tyne Bridge Harriers
50	31:31	Joseph HUDAK	E Cheshire H & Tames
51	31:32	Thomas KNELLER	Leigh Harriers & ACL
52	31:37	Shaun BARRAS	Jarrow & Hebburn ACJ
53	31:42	Philip ROBERTSON	Wirral ACWirral AC
54	31:43	Jonathan BRADSHAW	Wharfedale HarriersW
55	31:52	Jack NIXON	Stockport Harriers &
56	31:54	Oliver JAMES	Sunderland Harriers
57	32:10	Simon BOLLAND	Spenborough & Dist A
58	32:19	Robert WARNER	Blackburn Harriers &
59	32:24	Jack DERHAM	City Of York ACCity
60	32:29	Michael HOYLE	Kendal Amateur Athle
61	32:41	Thomas GREY	Houghton Harriers An
62	32:43	Adam BAKER	Lincoln Wellington A
63	32:45	Dominic WALTON	Blackburn Harriers &
64	32:45	Jonathan WILKINSON	Durham City Harriers
65	32:48	Jak WATSON	South Shields Harrie
66	32:49	Sean KIRKBRIDE	Liverpool Pembroke &
67	32:58	Jordan MOUNSEY	Kingston Upon Hull A
68	33:15	Callum CRAWFORD	City Of York ACCity
69	33:24	Jamie WHITE	St Helens Sutton ACS
70	33:33	Samuel CHAMBERS	Sheffield Running Cl
71	33:37	Nick LANGAN	York Knavesmire Harr
72	34:00	Ben COOP	Bury Athletic ClubBu
73	34:12	Max LAWTON	Holmfirth Harriers A
74	34:22	Edward RIMMER	Liverpool Pembroke &
75	34:58	Jake RICHARDSON	Holmfirth Harriers A
76	34:59	Callum CORNEILLE	Salford HarriersSalf
77	35:17	Daniel JOHNSON	Gateshead Harriers &
78	36:11	Daniel BALMAIN	Elswick HarriersElsw
79	36:36	Liam FLETCHER	Richmond & Zetland H
80	36:51	Daniel MAYNARD	Blackburn Harriers &
81	37:31	Ryan ETHERINGTON	Shildon Running & AC
82	39:14	Alex HAYES	Leigh Harriers & ACL
83	47:39	Kelvin ARNOTT	Beverley ACBeverley

1 Leeds City Athletic Club	87
Gordon BENSON (12)	
Daniel DAVIS (16)	
Sam BUCKNALL (27)	
Dale WORTON (32)	
2 Liverpool Pembroke & Sefton H	101
Toby LOVERIDGE (2)	
Jai VERNON-MCGUIGAN (9)	
Ben COSTELLO (24)	
Sean KIRKBRIDE (66)	
3 Blackburn Harriers & AC	148
Karl BILLINGTON (7)	
Christopher MATTHEWS (20)	
Robert WARNER (58)	
Dominic WALTON (63)	
4 Gateshead Harriers & AC	170
Lewis HOGG (11)	
Lawrence MCCOURT (34)	
Sam HEARN (48)	
Daniel JOHNSON (77)	

Northern Cross Country Championships 2012

Pontefract, 28th January 2012

RESULT

Senior Men

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
1	39:52	Steven VERNON	Stockport Harriers &	101	45:42	Nasir HUSSAIN	New Marske Harriers	201	48:33	Lee MORRIS	North Derbyshire RCN
2	39:57	James WILKINSON	Leeds City Athletic	102	45:43	Andy BROWN	Bingley Harriers & A	202	48:33	Tom HEAWARD	Vale Royal ACVale Ro
3	39:59	Patrick MARTIN	Stockport Harriers &	103	45:45	Stephen BROADBENT	Bingley Harriers & A	203	48:34	Keith SMITH	Tyne Bridge Harriers
4	40:24	Johnny MELLOR	Liverpool Harriers &	104	45:45	Mark BRYANT	Leeds City Athletic	204	48:35	Grenfell ANDY	Rossendale Harriers
5	40:29	Peter HUCK	Barrow & Furness Str	105	45:45	James WOOD	Congleton H & ACCong	205	48:37	Paul REDMAN	Sunderland Harriers
6	40:34	Andrew WILES	New Marske Harriers	106	45:46	Stephen BAILEY	Bingley Harriers & A	206	48:38	Steve ANGUS	Border Harriers & AC
7	40:40	David NORMAN	Altrincham & Distric	107	45:47	Pete HODGES	Hallamshire Harriers	207	48:39	Nicholas MARSH	North AClouth AC
8	40:42	Simon DEAKIN	Leeds City Athletic	108	45:48	B MCMILLAN	Claremont Road Runne	208	48:41	Colin ROBSON	Jarrow & Hebburn ACJ
9	40:50	Carl HARDMAN	Salford HarriersSalf	109	45:48	D ALEACNDER	West Cheshire Athlet	209	48:41	Ryan BARKER	Halifax Harriers & A
10	41:01	Lewis TIMMINS	Morpeth Harriers & A	110	45:55	Daniel JENKIN	Durham City Harriers	210	48:42	Roger SILLITO	Low Fell RCLow Fell
11	41:02	Andrew NIXON	Stockport Harriers &	111	45:55	John MASON	Wakefield District H	211	48:44	Mark KETLEY	Crook & Dist Sports
12	41:04	James DOUGLAS	Border Harriers & AC	112	45:58	Paul BRADSHAW	Blackburn Harriers &	212	48:45	David MOIR	Tyne Bridge Harriers
13	41:06	Daniel GARBUTT	Durham City Harriers	113	45:59	Scott BENNETT	Barnsley Athletic Cl	213	48:48	Tim CLAYTON	North Derbyshire RCN
14	41:09	Mohammed ABU-REZEQ	Altrincham & Distric	114	45:59	Gregan CLARKSON	Kingston Upon Hull A	214	48:48	Sammy RASHID	Liverpool Pembroke &
15	41:10	Andrew WARD	Clowne Road Runners	115	45:59	Ian WETHERALL	Sale Harriers Manche	215	48:49	Paul WATTESTON	Morpeth Harriers & A
16	41:14	Andi JONES	Salford HarriersSalf	116	46:00	Peter BRANNEY	Leeds City Athletic	216	48:53	Steve WEBB	Valley StridersVale
17	41:21	Gary PRIESTLEY	Horwich R M I Harrie	117	46:01	Gary JONES	Morpeth Harriers & A	217	48:53	Joe JOHNSON	Birkenhead Athletic
18	41:24	Matthew BARNES	Altrincham & Distric	118	46:04	Neil GUNSTONE	Morpeth Harriers & A	218	48:53	Dwane DIXON	Todmorden Harriers &
19	41:27	James TARTT	Southport Waterloo A	119	46:04	Leon FOSTER	Leeds City Athletic	219	48:54	Dean TAYLOR	Ripley Running ClubR
20	41:31	Gareth RAVEN	Sale Harriers Manche	120	46:05	Ben BEATTIE	Hallamshire Harriers	220	48:55	Chris DONNELLY	Sale Harriers Manche
21	41:36	Matthew BOWSER	Lincoln Wellington A	121	46:05	Robert DANSON	Wesham Road Runners	221	48:55	James SENIOR	Bingley Harriers & A
22	41:40	Tom CORNTHWAITE	Salford HarriersSalf	122	46:06	Steven WILKINSON	Southport Waterloo A	222	48:56	Dave DANIELS	Tyne Bridge Harriers
23	41:42	Matthew NICHOLSON	Morpeth Harriers & A	123	46:10	John MASON	Border Harriers & AC	223	48:57	Gerard LENEHAN	Southport Waterloo A
24	41:47	Tom DOE	Lincoln Wellington A	124	46:11	Michael SPROT	Hallamshire Harriers	224	49:00	Ben DYSON	Leeds City Athletic
25	41:52	Richard BROWN	Lincoln Wellington A	125	46:12	Ian MCGRATH	Crook & Dist Sports	225	49:01	Paul QUINE	Liverpool Harriers &
26	41:54	Daniel CLIFFE	Liverpool Harriers &	126	46:14	Fergus MEADE	Leeds City Athletic	226	49:01	Dave WILBY	Ilkley Harriers ACIL
27	41:57	Andrew NORMAN	Altrincham & Distric	127	46:16	Rob DEWHURST	Liverpool Harriers &	227	49:01	James ROGERS	City Of Hull ACCity
28	42:01	Alexander O'GORMAN	Stockport Harriers &	128	46:18	Chris RUMSEY	Middlesborough & Cle	228	49:03	David MCGUIRE	Hyde Park HarriersHy
29	42:02	Robert LITTLE	Hallamshire Harriers	129	46:21	Tom BUSH	Altrincham & Distric	229	49:03	Philip BURNS	Stockport Harriers &
30	42:09	John HENEGHAN	Pudsey & Bramley ACP	130	46:21	David HUDSON	Salford HarriersSalf	230	49:05	Giles HAWKING	York Knavesmire Harr
31	42:10	Philip HOOLE	Rotherham Harriers &	131	46:22	John WRIGHT	Blackpool Wyre & Fyl	231	49:08	Robin TUDDENHAM	Todmorden Harriers &
32	42:14	Joseph BAILEY	Salford HarriersSalf	132	46:23	Dean FURNISS	Hallamshire Harriers	232	49:13	Michael O'DONNELL	Preston Harriers & A
33	42:20	James REED	Altrincham & Distric	133	46:24	Jonathan WRIGHT	Todmorden Harriers &	233	49:14	Paul HILTON	Tyne Bridge Harriers
34	42:22	Joe GRATTON	Hallamshire Harriers	134	46:25	Michael GRACE	Salford HarriersSalf	234	49:15	Gary MATTHEWS	E Cheshire H & Tames
35	42:36	Carl SMITH	Leeds City Athletic	135	46:31	Philip COULSON	Low Fell RCLow Fell	235	49:16	Niall BOURKE	Pudsey & Bramley ACP
36	42:40	James SMITH	Leeds City Athletic	136	46:34	Chris MILLER	Harrogate Harriers &	236	49:16	Jim THOMPSON	Saltwell HarriersSal
37	42:41	Martin HILTON	Leeds City Athletic	137	46:34	Robert BERRY	Southport Waterloo A	237	49:19	Greg JONES	Wallasey Athletic Cl
38	42:51	Ben RUSSELL	Liverpool Harriers &	138	46:36	M HAYES	East Hull Harriers &	238	49:20	Martin FARRAN	Leeds City Athletic
39	42:52	Alasdair RUSSELL	Kendal Amateur Athle	139	46:40	Ed FAZAKERLEY	Manchester Harriers	239	49:22	Oliver GAILLEMIN	Sale Harriers Manche
40	42:52	Andrew THAKE	Hallamshire Harriers	140	46:43	John CONVERY	Bingley Harriers & A	240	49:24	Pete BAKER	City Of Hull ACCity
41	42:53	John MCCOLE	Liverpool Harriers &	141	46:44	James LITTLE	Holmfirth Harriers A	241	49:25	Tadeusz ZARANKO	Richmond & Zetland H
42	42:54	Richard BURNEY	Liverpool Harriers &	142	46:44	Steven POTTS	Sunderland Harriers	242	49:25	Bryan LOMAS	Congleton H & ACCong
43	42:55	James BAILEY	Sale Harriers Manche	143	46:48	Andrew MAY	Valley StridersVale	243	49:27	Paul BIRKETT	Salford HarriersSalf
44	42:59	Adam PEERS	Liverpool Harriers &	144	46:52	Paul TURNER	Elswick HarriersElsw	244	49:28	Paul SMITH	Holmfirth Harriers A
45	43:04	Gavin TOMLINSON	Trafford Athletic Cl	145	46:54	John HOWE	Trafford Athletic Cl	245	49:29	Christopher MUIR	South Shields Harrie
46	43:08	Jon FLETCHER	Border Harriers & AC	146	46:57	Laurie LUSCOMBE	Liverpool Harriers &	246	49:31	Kevin BUXTON	Wirral ACWirral AC
47	43:11	Josh TIGHE	Salford HarriersSalf	147	46:57	John LLOYD	Todmorden Harriers &	247	49:31	Shane EWEN	Hyde Park HarriersHy
48	43:14	Thomas ADAMS	Ilkley Harriers ACIL	148	46:59	Gareth BOOTH	Horwich R M I Harrie	248	49:31	Mark HALL	Tyne Bridge Harriers
49	43:14	Simon HORSEFIELD	E Cheshire H & Tames	149	47:01	Paul GUINAN	Blackburn Harriers &	249	49:33	Ben FORSTER	South Shields Harrie
50	43:19	Nick LEIGH	Altrincham & Distric	150	47:03	Kenny MACPHERSON	Tyne Bridge Harriers	250	49:34	Paul ROWLEY	Sale Harriers Manche
51	43:23	Timothy PATTISON	Macclesfield Harrier	151	47:06	Michael KILMARTIN	Sale Harriers Manche	251	49:35	John STEPHENS	Low Fell RCLow Fell
52	43:24	Martin GOSTLING	Leeds City Athletic	152	47:11	Steven WORTHINGTON	Lancaster & Morecamb	252	49:38	Mick THOMSEN	Morpeth Harriers & A
53	43:26	James HORMAN	Liverpool Harriers &	153	47:11	Adrian NUTTER	Stockport Harriers &	253	49:41	Graham BELL	Elswick HarriersElsw
54	43:28	Sam FORESTER	Morpeth Harriers & A	154	47:13	Mark HULMSTON	Wirral ACWirral AC	254	49:42	Christopher NEEDHAM	Leeds City Athletic
55	43:31	Benjamin RIDDELL	Salford HarriersSalf	155	47:16	Peter CRAWFORD	Sale Harriers Manche	255	49:46	Mike ASHBY	Sale Harriers Manche
56	43:36	Robert BAKER	Hallamshire Harriers	156	47:18	James NOAKES	Macclesfield Harrier	256	49:48	Graham MILLICAN	Border Harriers & AC
57	43:37	Dave ARCHER	Hallamshire Harriers	157	47:22	Chris ADAMS	North Derbyshire RCN	257	49:50	Phillip WILLIAMS	Leigh Harriers & ACL
58	43:47	Steve HEBBLETHWAITE	Keswick AACKeswick A	158	47:23	Louis GOFFE	Tyne Bridge Harriers	258	49:51	Steven CALDWELL	Vale Royal ACVale Ro
59	43:48	Thomas BEAN	City Of York ACCity	159	47:23	Lewis BANTON	Clowne Road Runners	259	49:53	Steven DOXEY	Swinton Running Club
60	43:51	Oliver ZIFF	Leeds City Athletic	160	47:26	Christopher DUNN	Sunderland Strollers	260	49:54	Lee BARLOW	Wesham Road Runners
61	43:57	Ollie TEASEL	North Derbyshire RCN	161	47:26	Simon BRUTON	Salford HarriersSalf	261	49:57	Owen FLAGE	Oldham & Royton H &
62	43:58	Martin ROSCOE	Leeds City Athletic	162	47:29	Brian HETHERINGTON	Walsend Harriers &	262	49:57	David WAKEFIELD	South Shields Harrie
63	43:59	Jonathan ARCHER	Low Fell RCLow Fell	163	47:30	Blake ELLIS	Trafford Athletic Cl	263	49:57	Dave WESTHEAD	Ilkley Harriers ACIL
64	44:01	Peter NEWTON	Morpeth Harriers & A	164	47:32	Gary CLAXTON	Rotherham Harriers &	264	49:58	Pete MCNAMARA	Wakefield District H
65	44:02	Ross FLOYD	Morpeth Harriers & A	165	47:32	Neil BARBER	Todmorden Harriers &	265	49:58	Jason ALLISON	Crook & Dist Sports
66	44:05	Steve BROADHURST	Liverpool Harriers &	166	47:33	Nick ARMITAGE	Pudsey & Bramley ACP	266	50:05	Joe MICHAELSON.	Liverpool Harriers &
67	44:06	Luke ADAMS	South Shields Harrie	167	47:35	Kevin OGDEN	Spenborough & Dist A	267	50:05	Mike RAYNES	City Of York ACCity
68	44:10	James ASKEW	Durham City Harriers	168	47:35	Thomas MCKEE	City Of Hull ACCity	268	50:06	Niall MCARDLE	Sunderland Strollers
69	44:15	Joshua STEW	Lincoln Wellington A	169	47:37	Ian FISHER	Otley ACOtley AC	269	50:07	Adrian FULLER	Altrincham & Distric
70	44:17	Andrew CHALLENGER	Hallamshire Harriers	170	47:38	Nicholas ROOKE	Durham City Harriers	270	50:08	James CAPON	Pontefract ACPontefr
71	44:19	Jamie LOXAM	Stockport Harriers &	171	47:39	Jonathan GREEN	Preston Harriers & A	271	50:09	Steve LEVERTON	North Derbyshire RCN
72	44:21	Lee SIEMAZKO	Liverpool Harriers &	172	47:39	Kenneth HARKER	Richmond & Zetland H	272	50:10	Alex ROWE	Wesham Road Runners
73	44:22	Greg JAYASURIYA	Middlesborough & Cle	173	47:43	J FROST	East Hull Harriers &	273	50:10	Jim RYDER	Ilkley Harriers ACIL
74	44:24	Simon MARWOOD	Altrincham & Distric	174	47:43	Craig ISHERWOOD	Sunderland Harriers	274	50:10	Sion WYNN- WILLIAMS	Liverpool Harriers &
75	44:25	Stuart ROBINSON	Blackpool Wyre & Fyl	175	47:44	Jon PARKER	Valley StridersVale	275	50:13	Andy STAVELEY	Burnden Road Runners
76	44:26	Philip LEYBOURNE	Salford HarriersSalf	176	47:44	John MORLEY	Tyne Bridge Harriers	276	50:13	Jonathan AUST	E Cheshire H & Tames
77	44:28	Niall BROOKS	Sale Harriers Manche	177	47:45	Kevin JEFFRES	Tyne Bridge Harriers	277	50:15	Lee MIDGHALL	Liverpool Harriers &
78	44:31	Nathan KILCOURSE	Salford HarriersSalf	178	47:45	Jason HOLMES	Border Harriers & AC	278	50:16	Paul COLLINGWOOD	Askern District RCAs
79	44:39	Andrew BUTTERY	Rossendale Harriers	179	47:46	Lee BENNETT	Elswick HarriersElsw	279	50:16	Mark SWINDELL	Horwich R M I Harrie
80	44:40	Ricky CHALLINOR	Liverpool Harriers &	180	47:52	Ross FLOOD	Beverley ACBeverley	280	50:17	Iain HARDY	Elswick HarriersElsw
81	44:45	Alexander DAVY	Leeds City Athletic	181	47:54	Chris BARNES	Blackburn Harriers &	281	50:21	Aaron LOWERY	Leeds City Athletic
82	44:48	Kevin BELL	Border Harriers & AC	182	47:58	Ross MCCLELLAND	Denby Dale Traveller	282	50:21	Anthony DEVOY	Wirral ACWirral AC
83	44:52	Michael SAWREY	Stockport Harriers &	183	47:58	Jamie ROBINSON	Bingley Harriers & A	283	50:26	Jon STEPHENS	Low Fell RCLow Fell
84	44:55	Gavin FELTON	Barnsley Athletic Cl	184	48:00	Gary HETHERINGTON	Sedgefield HarriersS	284	50:28	Paul TARBITT	Gateshead Harriers &
85	44:59	Phillip TAYLOR	Bridlington Road Run	185	48:01	Peter STEEL	Leeds City Athletic	285	50:30	David SMITH	Rotherham Harriers &
86	44:59	Michael EVANS	Southport Waterloo A	186	48:02	Howard MEAD	Salford HarriersSalf	286	50:31	Tony LIVESEY	Preston Harriers & A
87	45:04	Frazer JARDINE	Bolton United Harrie	187	48:06	John SLOAN	E Cheshire H & Tames	287	50:32	Christopher BENTLEY	Macclesfield Harrier
88	45:07	Robert HUGHES	Salford HarriersSalf	188	48:07	Chris IRELAND	Sheffield Running Cl	288	50:36	David PENMAN	Valley StridersVale
89	45:08	David THOMPSON	Barnsley Athletic Cl	189	48:10	James CORDEN	Stockport Harriers &	289	50:36	Michael JONES	South Shields Harrie
90	45:10	Darren NEWBOULD	Hallamshire Harriers	190	48:11	Chris WARD	Wakefield District H	290	50:39	E REX	East Hull Harriers &
91	45:12	Danny HOPE	Pudsey & Bramley ACP	191	48:11	Anthony TAYLOR	Salford HarriersSalf	291	50:40	Neil MORRIS	Low Fell RCLow Fell
92	45:18	John BROWN	Salford HarriersSalf	192	48:13	Neil NORTHROP	Hallamshire Harriers	292	50:40	Nicholas ATKINSON	South Shields Harrie
93	45:19	Mat NUTTALL	Blackburn Harriers &	193	48:15	Ian NIXON	Pudsey & Bramley ACP	293	50:41	Craig DEACON	Jarrow & Hebburn ACJ
94	45:23	Aidan JOHNSON	Rotherham Harriers &	194	48:18	James WILKINSON	Pudsey & Bramley ACP	294	50:42	Kevin CONNOLLY	Gateshead Harriers &
95	45:27	Ben JOHNSON	Southport Waterloo A	195	48:18	Paul KAISER	Valley StridersVale	295	50:44	Arthur SHORT	Grantham & District
96	45:28	Richard LOWSON	York Knavesmire Harr	196	48:20	Gwil THOMAS	Valley StridersVale	296	50:46	Phil CUTBERT	Wallasey Athletic Cl
97	45:28	Douglas ROBERTS	Richmond & Zetland H	197	48:22	David HAMILTON	Southport Waterloo A	297	50:48	Jeff HORNBY	Spenborough & Dist A
98	45:33	Elliott JACKSON	New Marske Harriers	198	48:23	David BROWN	Lancaster & Morecamb	298	50:50	Perry MANN	Blackpool Wyre & Fyl
99	45:35	Benjamin HARRISON	Morpeth Harriers & A	199	48:23	John COMRIE	Rotherham Harriers &	299	50:51	Alan HODGSON	Sunderland Harriers
100	45:40	Simon MIDWOOD	Valley StridersVale	200	48:32	Stephen TILFORD	Wakefield District H	300	50:51	Keith THOMAS	Burnden Road Runners

Northern Cross Country Championships 2012

Pontefract, 28th January 2012

RESULT

Senior Men

Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team	Pos	Time	Name	Club/Team
301	50:53	A CLAGUE	West Cheshire Athlet	401	53:46	Wayne MARTISON	Askern District RCAs	501	57:04	Dave DAWSON	Wakefield District H
302	50:53	I GREWAL	East Hull Harriers &	402	53:46	C HAINSWORTH	Gateshead Harriers &	502	57:05	Barry GREAVES	Royston Road RunnersR
303	50:54	Andrew SKITT	Manchester Harriers	403	53:49	Paul BAINBRIDGE	South Shields Harrie	503	57:10	Robert NORMAN	Belper HarriersBelp
304	50:56	Allister GOULDING	Leigh Harriers & ACL	404	53:49	S PURKISS-MCENDOO	Richmond & Zetland H	504	57:13	Peter BROWN	Steel City Striders
305	50:58	Tim ROBINSON	Hallamshire Harriers	405	53:50	Keith WOOD	Saltwell HarriersSal	505	57:18	Mark RICHES	Belper HarriersBelp
306	51:00	Daniel BIRD	Swinton Running Club	406	53:52	Terry HELLINGS	Lytham St Annes Rr C	506	57:19	Andrew TATE	Beverley ACBeverley
307	51:00	J KIRKUP	East Hull Harriers &	407	53:55	Kirk HADDON	Gateshead Harriers &	507	57:20	Andrew NORGATE	Longwood Harriers AC
308	51:03	Stephen THOMPSON	Vale Royal ACVale Ro	408	53:58	Ian CANNINGS	Wallasey Athletic Cl	508	57:23	Kevin DAGLISH	Houghton Harriers An
309	51:03	Martin BATEMAN	Liverpool Harriers &	409	53:59	Michael FLAHERTY	Pontefract ACPontefr	509	57:24	Alan STOREY	Blaydon Harriers & A
310	51:07	Paul DOXFORD	South Shields Harrie	410	54:00	Richard NETTLETON	South Shields Harrie	510	57:25	Steve LOMAS	Macclesfield Harrier
311	51:07	Dean WINTER	Askern District RCAs	411	54:03	Stephen NESBITT	Harrogate Harriers &	511	57:27	John CLARKE	Vale Royal ACVale Ro
312	51:08	Gary PEARSE	Blackburn Harriers &	412	54:10	Richard PHILLIS	Ripley Running ClubR	512	57:31	Ken FOX	Hyde Park HarriersHy
313	51:13	Michael MOORE	North Shields Poly C	413	54:14	Barry ATKINSON	York Knavesmire Harr	513	57:31	John SPOONER	Lancaster & Morecamb
314	51:16	Mark SEED	Salford HarriersSalf	414	54:14	M DAVIES	West Cheshire Athlet	514	57:32	David ASHTON	Manchester YMCA Harr
315	51:18	Paul WINDLE	Wetherby RunnersWeth	415	54:16	Andrew ROSE	Belper HarriersBelp	515	57:33	Andy BUCK	Steel City Striders
316	51:20	David APPELBY	Tyne Bridge Harriers	416	54:16	John CROOK	Skelmersdale Boundar	516	57:34	Simon RUSSELL	South Shields Harrie
317	51:21	Stuart LITTLE	Beverley ACBeverley	417	54:17	Brian MILLER	Harrogate Harriers &	517	57:36	Andrew O'CONNOR	St Helens Sutton ACS
318	51:23	Barry GRANEY	St Helens Sutton ACS	418	54:18	Gerard SKIPPINS	Spenborough & Dist A	518	57:37	Ian CHAPPELL	Horsforth HarriersHo
319	51:24	Simon COLLINS	York Knavesmire Harr	419	54:18	Philip WALSH	Preston Harriers & A	519	57:40	Michael SLATER	Stockport Harriers &
320	51:25	Robert ELSTONE	Barnsley Athletic Cl	420	54:20	Christopher HEYS	Sale Harriers Manche	520	57:42	Andy INNES	Clowne Road Runners
321	51:25	David MAHER	Trafford Athletic Cl	421	54:21	Andrew NESOM	City Of York ACCity	521	57:45	Richard ANNABLE	Skipton ACSkipton AC
322	51:27	Kevin HESKETH	Preston Harriers & A	422	54:21	Jock ARMSTRONG	Middlesborough & Cle	522	57:45	Andrew HOWARTH	Leigh Harriers & ACL
323	51:28	David PHILLIPS	Vale Royal ACVale Ro	423	54:21	Kevin THOMAS	Gosforth Harriers &	523	57:46	John BOWKER	E Cheshire H & Tames
324	51:29	Rob BARKLEY	Blyth Running ClubBl	424	54:25	Sham MCGRATH	Houghton Harriers An	524	57:48	Steve GUEST	Wakefield District H
325	51:30	Paul BARRETT	Sale Harriers Manche	425	54:26	Jim MAYO	York Knavesmire Harr	525	57:50	Frederick JUDSON	Sunderland Harriers
326	51:30	Howard DARWIN	Rotherham Harriers &	426	54:28	Derek HUGHES	E Cheshire H & Tames	526	57:57	Gary WRIGHT	Tyne Bridge Harriers
327	51:31	Paul MANNION	Trafford Athletic Cl	427	54:28	Oliver COOK	Durham City Harriers	527	58:01	Mark TOMLINSON	Ripley Running ClubR
328	51:32	Chris PEDDER	Liverpool Pembroke &	428	54:32	Darren GRAHAM	Todmorden Harriers &	528	58:06	Stephen GREEN	York Knavesmire Harr
329	51:37	John MOONEY	Macclesfield Harriers	429	54:33	Ian MASON	Askern District RCAs	529	58:12	Chris GREENALL	Burnden Road Runners
330	51:38	David GREATOREX	Sedgefield HarriersS	430	54:35	Matt WHITEHEAD	Manchester Harriers	530	58:17	Simon REID	City Of Sheffield AC
331	51:38	Alan DENT	Blaydon Harriers & A	431	54:37	P HUGHES	Claremont Road Runne	531	58:20	Mark HURRELL	Barnsley Athletic Cl
332	51:38	Michael GREEN	Wallasey Athletic Cl	432	54:40	Philip MCKEOWN	Gateshead Harriers &	532	58:27	Peter SKERRATT	Sedgefield HarriersS
333	51:39	Marc CORNER	Bridlington Road Run	433	54:40	Tony SMITH	Wakefield District H	533	58:33	Richard WEST	Wakefield District H
334	51:40	Stephen FRY	Bingley Harriers & A	434	54:41	Derek REED	Tyne Bridge Harriers	534	58:34	Ean PARSONS	Sedgefield HarriersS
335	51:40	Nigel CAMILLERI	Gateshead Harriers &	435	54:45	Tony ARCHER	Vale Royal ACVale Ro	535	58:35	William WARD	Wolds Veteran Runner
336	51:45	Michael SAVAGE	Steel City Striders	436	54:48	John DALBY	Harrogate Harriers &	536	58:37	David BRADLEY	Blyth Running ClubBl
337	51:48	Mark PRENDERGAST	Tyne Bridge Harriers	437	54:57	Scott HYDON	Sedgefield HarriersS	537	58:43	David SAVAGE	Sunderland Harriers
338	51:48	Andrew GOODAIR	Askern District RCAs	438	55:00	D TIERNAN	West Cheshire Athlet	538	58:45	David KIDD	Pontefract ACPontefr
339	51:50	Anthony HARNETT	North York Moors ACN	439	55:04	Gary MOORE	Wesham Road Runners	539	58:47	Peter WEATHERHEAD	Wirral ACWirral AC
340	51:53	Kevin KNIGHT	Durham City Harriers	440	55:05	Glenn HARDY	City Of Sheffield AC	540	58:48	Phil JAMES	Saltwell HarriersSal
341	51:54	Colin SHUTTLEWORTH	Clayton Le Moors Har	441	55:08	Lee PARRINGTON	Lancaster & Morecamb	541	58:51	John CANNON	North Derbyshire RCN
342	51:57	Richard JOYCE	Kirkstall HarriersKi	442	55:10	Nell BANT	Beverley ACBeverley	542	58:52	Andrew WATERS	Barnsley Athletic Cl
343	51:59	Rob WISHART	Tyne Bridge Harriers	443	55:10	Matthew WOODHOUSE	Kirkstall HarriersKi	543	58:54		
344	52:00	John NASH	Durham City Harriers	444	55:13	Scott MCENTEE	Heaton Harriers & AC	544	58:56	John MCCARTHY	Rodillian RunnersRod
345	52:00	Steven ROBERTSON	Elswick HarriersElsw	445	55:18	Philip HEWITT	Kirkstall HarriersKi	545	58:58	Tony RICHARDS-VARDY	Barnsley Athletic Cl
346	52:01	Steven MEDD	Gateshead Harriers &	446	55:19	Matthew WILLIAMS	Wallasey Athletic Cl	546	58:58	Rob FRANCIS	Salford HarriersSalf
347	52:02	Melvin WALLACE	Barnsley Athletic Cl	447	55:20	George REID	Aycliffe Running Club	547	59:01	J WILLCOCK	Aurora HarriersAuror
348	52:03	Peter KENNEDY	Tyne Bridge Harriers	448	55:21	Dave ASKEW	Harrogate Harriers &	548	59:05	David TURNBULL	Aurora HarriersAuror
349	52:07	Gordon DIXON	Morpeth Harriers & A	449	55:23	Graham BELL	Darlington H & ACDar	549	59:07	Thomas HANSON	Elswick HarriersElsw
350	52:08	Chris BALDERSON	Clayton Le Moors Har	450	55:23	Maurice COLLINS	St Helens Sutton ACS	550	59:08	N GORDON	East Hull Harriers &
351	52:11	Rob MARSH	St Helens Sutton ACS	451	55:28	Adam MOGER	Kirkstall HarriersKi	551	59:09	Dean PHILLIPS	Sunderland Harriers
352	52:11	Les CAVANAGH	Low Fell RCLow Fell	452	55:30	David BROOKSBANK	Barnsley Athletic Cl	552	59:11	Geoff WATSON	Durham City Harriers
353	52:12	Dave ANSELL	Steel City Striders	453	55:34	Andrew FARLEY	E Cheshire H & Tames	553	59:12	Peter SLOAN	Elswick HarriersElsw
354	52:15	Russell WHITE	North Derbyshire RCN	454	55:36	Jamie THOMPSON	Wetherby RunnersWeth	554	59:14	Trevor BURTON	Steel City Striders
355	52:17	Simon FOX	Wirral ACWirral AC	455	55:37	John MCELROY	Durham City Harriers	555	59:14	Alan WEBSTER	Macclesfield Harrier
356	52:18	Martin KIRBY	City Of York ACCity	456	55:37	Russell MABBETT	Wesham Road Runners	556	59:16	John WALLACE	Valley StridersValle
357	52:19	Paul STOCKBURN	Harrogate Harriers &	457	55:38	Michael TOMS	Clayton Le Moors Har	557	59:17	Rob KIRTLEY	Tyne Bridge Harriers
358	52:19	Martin CONNELLY	Elswick HarriersElsw	458	55:41	Nicholas KENNETT	Pontefract ACPontefr	558	59:19	Derek MCARDLE	Wallasey Athletic Cl
359	52:20	Peter JOHNSON	St Helens Sutton ACS	459	55:46	Tom REEVES	Elvet StridersElvet	559	59:23	Ged MCDERMOTT	Salford Metropolitan
360	52:20	Pete DOWNES	York Knavesmire Harr	460	55:51	Nick WALSH	Rochdale Harriers &	560	59:28	Chris REDFERN	Saltwell HarriersSal
361	52:23	Steve BENNETT	North Derbyshire RCN	461	55:54	Colin BENSON	Wallasey Athletic Cl	561	59:30	Andrew WARING	Birkenhead Athletic
362	52:24	Graeme SIDDALL	Steel City Striders	462	55:55	Steve LEWIS	Southport Waterloo A	562	59:33	Neil CRITCHLEY	Burnden Road Runners
363	52:27	Graham MILES	Vale Royal ACVale Ro	463	55:56	Ian OGDEN	Spenborough & Dist A	563	59:36	Malcolm LEECE	Jarrow & Hebburn ACJ
364	52:27	Paul GOBLE	City Of York ACCity	464	55:59	Clive THORNTON	New Marske Harriers	564	59:36	Mark GRIFFITHS	Manchester YMCA Harr
365	52:28	Alistair ROBINSON	Wakefield District H	465	55:59	Iain SINGER	Blyth Running ClubBl	565	59:38	William BITTLESTONE	Sunderland Harriers
366	52:34	John COLLIER	Wesham Road Runners	466	56:00	Jamie BOSWELL	Blaydon Harriers & A	566	59:43	Robert GATENBY	Leeds City Athletic
367	52:34	Donald KENNEDY	Longwood Harriers AC	467	56:01	Edward HURST	Clowne Road Runners	567	59:46	Geoff COTTERILL	Manchester YMCA Harr
368	52:38	Fred SMITH	Saltwell HarriersSal	468	56:02	Peter WALKER	South Shields Harrie	568	59:47	Thomas TEMPLE	Salford HarriersSalf
369	52:41	Ellis SALTER	Cleethorpes & Distri	469	56:04	Nick WILSON	Wirral ACWirral AC	569	59:48	Paul CHRISTIE	Burnden Road Runners
370	52:42	David SMITH	Oldham & Royton H &	470	56:12	Steven CLAGUE	St Helens Sutton ACS	570	59:55	Mark TUCKER	Grantham & District
371	52:44	Simon SLENEY	Clowne Road Runners	471	56:13	Mark PURSELL	Buxton & District AC	571	59:56	Steve KYTE	Elswick HarriersElsw
372	52:44	Mark ILEY	Ilkley Harriers ACil	472	56:15	Barry YOUNG	North Shields Poly C	572	59:59	Mick COLLINSON	Denby Dale Traveller
373	52:49	Luke ASTON	Blaydon Harriers & A	473	56:16	Kevin HULL	Border Harriers & AC	573	1:00:00	Karl TIETZ	Ripley Running ClubR
374	52:52	Nick FROMM	Heaton Harriers & AC	474	56:19	Peter MAHER	Vale Royal ACVale Ro	574	1:00:06	Ian BAXTER	Blyth Running ClubBl
375	52:53	P WOODHEAD	East Hull Harriers &	475	56:21	John MCNERNEY	Harrogate Harriers &	575	1:00:08	Michael JOYCE	Jarrow & Hebburn ACJ
376	52:54	Carl QUINN	Wakefield District H	476	56:24	Ralph BARKER	Denby Dale Traveller	576	1:00:14	Richard WARING	Swinton Running Club
377	52:54	Michael THOMPSON	Teesdale ACTeesdale	477	56:26	Jason CATTERALL	Sedgefield HarriersS	577	1:00:28	George RUSSELL	Low Fell RCLow Fell
378	52:58	Paul ROBINSON	Wakefield District H	478	56:28	Phillip HUNTER	Aurora HarriersAuror	578	1:00:36	Neil YORSTON	South Shields Harrie
379	53:00	Scott DALY	Pontefract ACPontefr	479	56:28	Adam HOPKINSON	Barnsley Athletic Cl	579	1:00:41	Kevin LEWIS	Bridlington Road Run
380	53:00	Alan DURNEY	Preston Harriers & A	480	56:29	John BERTENSHAW	Wesham Road Runners	580	1:00:42	Paul RICHARDSON	Saltwell HarriersSal
381	53:04	David LIVINGSTONE	Altrincham & Distric	481	56:30	Ian STINSON	Steel City Striders	581	1:00:43	Simon CLARIDGE	Harrogate Harriers &
382	53:15	Kevin EMMETT	South Shields Harrie	482	56:32	Michael BAKER	Tyne Bridge Harriers	582	1:00:44	Ted TAIT	Durham City Harriers
383	53:16	Graham WEBSTER	Lytham St Annes Rr C	483	56:34	Roger TOLSON	Spenborough & Dist A	583	1:00:45	Mike GRIFFITHS	Wallasey Athletic Cl
384	53:17	Dave GIBSON	Elvet StridersElvet	484	56:37	Mark MORRIS	Wirral ACWirral AC	584	1:00:48	Richard HOWARD	Denby Dale Traveller
385	53:20	Paul RENDER	Harrogate Harriers &	485	56:37	Alan GLASGOW	Wesham Road Runners	585	1:00:56	David PARRY	Steel City Striders
386	53:21	David POTTER	Bingley Harriers & A	486	56:37	Ian HAYDEN	Aurora HarriersAuror	586	1:01:10	Vince EMMETT	Sunderland Harriers
387	53:22	Dan JARDIN	Elswick HarriersElsw	487	56:41	Patrik CORRIGAN	Birkenhead Athletic	587	1:01:17	Richard TAYLOR	Blackburn Harriers &
388	53:23	Ian STAINTHORPE	Rochdale Harriers &	488	56:45	Gary JOHNSTON	Blackpool Wyre & Fyl	588	1:01:24	Graham PARK	Quakers Running Club
389	53:24	Ian ALEXANDERBARNES	Sheffield Running Cl	489	56:46	Graeme STEWART	Blyth Running ClubBl	589	1:01:26	Peter MCARDLE	Wallasey Athletic Cl
390	53:25	John ARMSTRONG	Wallasey Athletic Cl	490	56:52	Marcus TAYLOR	Burnden Road Runners	590	1:01:32	David GILMORE	North Shields Poly C
391	53:27	Mark BIRCHALL	Swinton Running Club	491	56:52	Geoff DAVIS	Elvet StridersElvet	591	1:01:39	Wayne LANCASTER	Pontefract ACPontefr
392	53:28	Ian FENWICK	Elswick HarriersElsw	492	56:53	Stuart WILLIAMS	Blackpool Wyre & Fyl	592	1:01:41	John ELLERBY	Grantham & District
393	53:28	Peter FIELDING-SMITH	Beverley ACBeverley	493	56:53	Hamsin HADZIABDIC	Birkenhead Athletic	593	1:01:42	Andy NEALE	York Knavesmire Harr
394	53:29	William FERGUSON	Wirral ACWirral AC	494	56:53	Ian RITCHIE	Jarrow & Hebburn ACJ	594	1:01:42	Kevin MCQUE	Macclesfield Harrier
395	53:29	Jason PURDON	City Of Hull ACCity	495	56:55	Peter MULLARKEY	Saltwell HarriersSal	595	1:01:44	Paul BRITTIAN	Beverley ACBeverley
396	53:33	Gordon BAIRD	Middlesborough & Cle	496	56:57	Phillip ELLIS	Denby Dale Traveller	596	1:01:44	Michael CUNNINGHAM	Manchester Harriers
397	53:34	Thomas FEATHER	Leeds & Bradford Tri	497	56:57	Tony WHITE	Wakefield District H	597	1:01:47	Bill SOUTHGATE	Rolls Royce Harriers
398	53:35	Philip BAILEY	Southport Waterloo A	498	56:59	Tony FAULKNER	E Cheshire H & Tames	598	1:01:47	Peter SHIELDS	Ilkley Harriers ACil
399	53:39	Jonathan MAXFIELD	Rotherham Harriers &	499	57:02	Andrew MIDDLETON	Elswick HarriersElsw	599	1:01:48	Stephen SYMONS	Manchester YMCA Harr
400	53:41	Colin TRANTER	Hyde Park HarriersHy	500	57:02	Mark MIDGLEY	Wesham Road Runners	600	1:01:49	Ron MURRAY	Tyne Bridge Harriers

Pos	Time	Name	Club/Team
601	1:01:51	Steven JACKSON	Preston Harriers & A
602	1:01:52	Mark WHEELTON	Macclesfield Harrier
603	1:01:57	Stuart CUNNINGHAM	North Derbyshire RCN
604	1:01:58	Brian WATTS	Askern District RCAs
605	1:02:05	Barry PEARCE	Salford HarriersSalf
606	1:02:08	Andy DUFFY	Burnden Road Runners
607	1:02:09	David PLAYFORTH	Bridlington Road Run
608	1:02:13	Wesley YOUNG	Rochdale Harriers &
609	1:02:15	D SCOTT	Claremont Road Runne
610	1:02:15	Jerry BATEMAN	Ripley Running ClubR
611	1:02:20	Paul THELWELL	Wallasey Athletic Cl
612	1:02:22	Steve KIMBERLEY	North Derbyshire RCN
613	1:02:27	Richard TOWNSEND	Saltwell HarriersSal
614	1:02:34	Stephen MOSS	Teesdale ACTeesdale
615	1:02:39	D HOUGH	West Cheshire Athlet
616	1:02:46	Richard FEARNSIDE	Sedgefield HarriersS
617	1:02:47	Adam EDGE	Birkenhead Athletic
618	1:02:52	Alistair DAVY	Leeds City Athletic
619	1:02:54	Barry METCALFE	Wallasey Athletic Cl
620	1:02:59	Karl WARD	Horwich R M I Harrie
621	1:03:06	Richard PULLAN	Hyde Park HarriersHy
622	1:03:06	Robert WILSON	Elswick HarriersElsw
623	1:03:08	James ATKIN	Wirral ACWirral AC
624	1:03:09	Matthew COX	Rochdale Harriers &
625	1:03:10	Malcolm COLES	Valley StridersValle
626	1:03:20	Philip HALL	Grantham & District
627	1:03:28	Steve MEATH	Belper HarriersBelp
628	1:03:28	Peter RAMSDALE	Horwich R M I Harrie
629	1:03:34	Jeffery WRIGHT	Blackpool Wyre & Fyl
630	1:03:50	Stephen CURRY	Elswick HarriersElsw
631	1:03:52	John PARKER	Horwich R M I Harrie
632	1:03:55	Graham HARRISON	Saltwell HarriersSal
633	1:03:57	Dave BRAILSFORD	Wakefield District H
634	1:03:58	Neville GRIFFITHS	Spectrum StridersSpe
635	1:03:59	William RAINE	Aurora HarriersAuror
636	1:04:05	Trevor WAKENSHAW	Tyne Bridge Harriers
637	1:04:16	Darren EVANS	Pontefract ACPontefr
638	1:04:19	Keith JONES	Wakefield District H
639	1:04:20	David FOSTER	Bridlington Road Run
640	1:04:22	Peter ASHTON	Wallasey Athletic Cl
641	1:04:27	Nick ROBERTS	Stockport Harriers &
642	1:04:29	Adam MILLS	Rodillian RunnersRod
643	1:04:31	Steven BOND	Gosforth Harriers &
644	1:04:33	Carl HOPKINSON	Ripley Running ClubR
645	1:04:36	Ralph DICKINSON	Blyth Running ClubBl
646	1:04:47	Nigel PRATTEN	Wirral ACWirral AC
647	1:04:58	Richard BRADLEY	Denby Dale Traveller
648	1:05:17	Daniel HARDY	Beverley ACBeverley
649	1:05:36	David PRESTON	Wesham Road Runners
650	1:05:42	Tom HANNAH	Otley ACOtley AC
651	1:05:45	Michael PEAT	Lancaster & Morecamb
652	1:05:46	Colin RATHBONE	Vale Royal ACVale Ro
653	1:05:54	Brian BROWN	Durham City Harriers
654	1:06:06	James SCHOLES	Longwood Harriers AC
655	1:06:16	Ray DALBY	Rochdale Harriers &
656	1:06:31	Dennis HOLMES	Ripley Running ClubR
657	1:06:41	Tony MADDOCKS	Wallsend Harriers &
658	1:06:53	Brian PORTER	Wesham Road Runners
659	1:06:59	John PICKUP	Swinton Running Club
660	1:07:02	Gordon STONE	Horwich R M I Harrie
661	1:07:13	Jim TOWERS	Ilkley Harriers ACII
662	1:07:33	D KEAR	Claremont Road Runne
663	1:07:50	William STANIARD	Manchester Harriers
664	1:07:58	Daniel LIMB	Rodillian RunnersRod
665	1:08:05	George PARRINGTON	Lancaster & Morecamb
666	1:08:10	Eric MORLEY	Ilkley Harriers ACII
667	1:08:34	Ian BITHELL	York Knavesmire Harr
668	1:08:37	Rodney RICHARDSON	Elswick HarriersElsw
669	1:09:20	Ryan SMITH	Ripley Running ClubR
670	1:09:24	Thomas MILLMORE	Birtley ACBirtley AC
671	1:09:38	Neil SERGEANT	Beverley ACBeverley
672	1:09:43	David SHOESMITH	Macclesfield Harrier
673	1:10:06	Jay BIRD	Ripley Running ClubR
674	1:10:24	Keith WEAVERS	Aurora HarriersAuror
675	1:10:43	Philip MACCULLAGH	Chorley ACChorley AC
676	1:11:04	Thomas REED	Longwood Harriers AC
677	1:11:10	Kenny BLACK	Spectrum StridersSpe
678	1:11:42	David WILLIAMSON	Swinton Running Club
679	1:13:19	Stephen HART	Swinton Running Club
680	1:14:10	Andy SMITH	Swinton Running Club
681	1:14:27	Simon YOUNG	Wesham Road Runners
682	1:15:39	Richard HARDCASTLE	Longwood Harriers AC
683	1:16:37	Barry MURRAY	Birtley ACBirtley AC
684	1:17:28	Daniel CRANE	Quakers Running Club
685	1:17:38	Barry ALLMAN	Spectrum StridersSpe
686	1:20:38	Kenneth MCDONALD	South Shields Harrie
687	1:29:55	Peter ANDREWS	Denby Dale Traveller

1 Altrincham & District AC David NORMAN (7) Mohammed ABU-REZEQ (14) Matthew BARNES (18) Andrew NORMAN (27) James REED (33) Nick LEIGH (50)	149	13 Durham City Harriers & AC Daniel GARBUTT (13) James ASKEW (68) Daniel JENKIN (110) Nicholas ROOKE (169) Kevin KNIGHT (339) John NASH (343)	1042	25 East Hull Harriers & AC M HAYES (138) J FROST (172) E REX (289) I GREWAL (301) J KIRKUP (306) P WOODHEAD (374)	1580
2 Leeds City Athletic Club James WILKINSON (2) Simon DEAKIN (8) Carl SMITH (35) James SMITH (36) Martin HILTON (37) Martin GOSTLING (52)	170	14 Bingley Harriers & AC Andy BROWN (102) Stephen BROADBENT (103) Stephen BAILEY (106) Jamie ROBINSON (182) James SENIOR (220) Stephen FRY (333)	1046	26 E Cheshire H & Tameside AC Simon HORSEFIELD (49) John SLOAN (186) Gary MATTHEWS (233) Jonathan AUST (275) Derek HUGHES (425) Andrew FARLEY (452)	1620
3 Salford Harriers Carl HARDMAN (9) Andi JONES (16) Tom CORNTHWAITE (22) Joseph BAILEY (32) Josh TIGHE (47) Benjamin RIDDELL (55)	181	15 Tyne Bridge Harriers Kenny MACPHERSON (149) Louis GOFFE (157) John MORLEY (175) Kevin JEFFRES (176) Keith SMITH (202) David MOIR (211)	1070	27 Ilkley Harriers AC Thomas ADAMS (48) Dave WILBY (225) David WESTHEAD (262) Jim RYDER (272) Mark ILEY (371) Peter SHIELDS (597)	1775
4 Liverpool Harriers & AC Johnny MELLOR (4) Daniel CLIFFE (26) Ben RUSSELL (38) John MCCOLE (41) Richard BURNEY (42) Adam PEERS (44)	195	16 Rotherham Harriers & AC Philip HOOLE (31) Aidan JOHNSON (94) Gary CLAXTON (163) John COMRIE (198) David SMITH (284) Howard DARWIN (325)	1095	28 Preston Harriers & AC Jonathan GREEN (170) Michael O'DONNELL (231) Tony LIVESEY (285) Kevin HESKETH (321) Alan DURNEY (379) Philip WALSH (418)	1804
5 Stockport Harriers & AC Steven VERNON (1) Patrick MARTIN (3) Andrew NIXON (11) Alexander O'GORMAN (28) Jamie LOXAM (71) Michael SAWREY (83)	197	17 Low Fell RC Jonathan ARCHER (63) Philip COULSON (135) Roger SILLITO (209) John STEPHENS (250) Jon STEPHENS (282) Neil MORRIS (290)	1229	29 York Knavesmire Harriers Richard LOWSON (96) Giles HAWKING (229) Simon COLLINS (318) Pete DOWNES (359) Barry ATKINSON (412) Jim MAYO (424)	1838
6 Hallamshire Harriers Sheffield Robert LITTLE (29) Joe GRATTON (34) Andrew THAKE (40) Robert BAKER (56) Dave ARCHER (57) Andrew CHALLENGER (70)	286	18 North Derbyshire RC Ollie TEASEL (61) Chris ADAMS (156) Lee MORRIS (200) Tim CLAYTON (212) Steve LEVERTON (270) Russell WHITE (353)	1252	30 Sunderland Harriers & AC Steven POTTS (141) Craig ISHERWOOD (173) Paul REDMAN (204) Alan HODGSON (298) Frederick JUDSON (524) David SAVAGE (536)	1876
7 Morpeth Harriers & AC Lewis TIMMINS (10) Matthew NICHOLSON (23) Sam FORESTER (54) Peter NEWTON (64) Ross FLOYD (65) Benjamin HARRISON (99)	315	19 Todmorden Harriers & AC Jonathan WRIGHT (133) John LLOYD (146) Nick BARBER (164) Dwane DIXON (217) Robin TUDDENHAM (230) Darren GRAHAM (427)	1317	31 Macclesfield Harriers & AC Timothy PATTISON (51) James NOAKES (155) Christopher BENTLEY (286) John MOONEY (328) Steve LOMAS (509) Alan WEBSTER (554)	1883
8 Sale Harriers Manchester Gareth RAVEN (20) James BAILEY (43) Niall BROOKS (77) Ian WETHERALL (115) Michael KILMARTIN (150) Peter CRAWFORD (154)	559	20 South Shields Harriers & AC Luke ADAMS (67) Christopher MUIR (244) Ben FORSTER (248) David WAKEFIELD (261) Michael JONES (288) Nicholas ATKINSON (291)	1399	32 Vale Royal AC Tom HEAWARD (201) Steven CALDWELL (257) Stephen THOMPSON (307) David PHILLIPS (322) Graham MILES (362) Tony ARCHER (434)	1883
9 Border Harriers & AC James DOUGLAS (12) Jon FLETCHER (46) Kevin BELL (82) John MASON (123) Jason HOLMES (177) Steve ANGUS (205)	645	21 Barnsley Athletic Club Gavin FELTON (84) David THOMPSON (89) Scott BENNETT (113) Robert ELSTONE (319) Melvin WALLACE (346) David BROOKSBANK (451)	1402	33 Wirral AC Mark HULMSTON (153) Kevin BUXTON (245) Anthony DEVOY (281) Simon FOX (354) William FERGUSON (393) Nick WILSON (468)	1894
10 Southport Waterloo AC James TARTT (19) Michael EVANS (86) Ben JOHNSON (95) Steven WILKINSON (122) Robert BERRY (137) David HAMILTON (196)	655	22 Blackburn Harriers & AC Mat NUTTALL (93) Paul BRADSHAW (112) Paul GUINAN (148) Chris BARNES (180) Gary PEARSE (311) Richard TAYLOR (586)	1430	34 Wesham Road Runners & AC Robert DANSON (121) Lee BARLOW (259) Alex ROWE (271) John COLLIER (365) Gary MOORE (438) Russell MABBETT (455)	1909
11 Pudsey & Bramley AC John HENEGHAN (30) Danny HOPE (91) Neil ARMITAGE (165) Ian NIXON (192) James WILKINSON (193) Niall BOURKE (234)	905	23 Wakefield District H & AC John MASON (111) Chris WARD (189) Stephen TILFORD (199) Pete MCNAMARA (263) Alistair ROBINSON (364) Carl QUINN (375)	1501	35 Gateshead Harriers & AC Paul TARBITT (283) Kevin CONNOLLY (293) Nigel CAMILLERI (334) Steven MEDD (345) C HAINSWORTH (401) Kirk HADDON (406)	2062
12 Valley Striders Simon MIDWOOD (100) Andrew MAY (142) Jon PARKER (174) Paul KAISER (194) Gwil THOMAS (195) Steve WEBB (215)	1020	24 Elswick Harriers Paul TURNER (143) Lee BENNETT (178) Graham BELL (252) Iain HARDY (279) Steven ROBERTSON (344) Martin CONNELLY (357)	1553	36 Wallasey Athletic Club Greg JONES (236) Phil CUTHBERT (295) Michael GREEN (331) John ARMSTRONG (389) Ian CANNINGS (407) Matthew WILLIAMS (445)	2103

37 Blackpool Wyre & Fylde AC	2109	49 Swinton Running Club	2863
Stuart ROBINSON (75) John WRIGHT (131) Perry MANN (297) Gary JOHNSTON (487) Stuart WILLIAMS (491) Jeffery WRIGHT (628)		Steven DOXEY (258) Daniel BIRD (305) Mark BIRCHALL (390) Richard WARING (575) John PICKUP (658) David WILLIAMSON (677)	
38 Harrogate Harriers & Athletic	2137	50 Denby Dale Travellers	2951
Chris MILLER (136) Paul STOCKBURN (356) Paul RENDER (384) Stephen NESBITT (410) Brian MILLER (416) John DALBY (435)		Ross MCCLELLAND (181) Ralph BARKER (475) Philip ELLIS (495) Mick COLLINSON (571) Richard HOWARD (583) Richard BRADLEY (646)	
39 Horwich R M I Harriers	2318	51 Ripley Running Club	2979
Gary PRIESTLEY (17) Gareth BOOTH (147) Mark SWINDELL (278) Karl WARD (619) Peter RAMSDALE (627) John PARKER (630)		Dean TAYLOR (218) Richard PHILLIS (411) Mark TOMLINSON (526) Karl TIETZ (572) Jerry BATEMAN (609) Carl HOPKINSON (643)	
40 Askern District RC	2355	52 Blyth Running Club	3027
Paul COLLINGWOOD (277) Dean WINTER (310) Andrew GOODAIR (337) Wayne MARTISON (400) Ian MASON (428) Brian WATTS (603)		Rob BARKLEY (323) Iain SINGER (464) Graeme STEWART (488) David BRADLEY (535) Ian BAXTER (573) Ralph DICKINSON (644)	
41 Beverley AC	2427	53 Aurora Harriers	3362
Ross FLOOD (179) Stuart LITTLE (316) Peter FIELDING-SMITH (392) Neil BANT (441) Andrew TATE (505) Paul BRITTIAN (594)		Phillip HUNTER (477) Ian HAYDEN (485) J WILCOCK (546) David TURNBULL (547) William RAINE (634) Keith WEAVERS (673)	
42 St Helens Sutton AC	2459		
Barry GRANEY (317) Rob MARSH (350) Peter JOHNSON (358) Maurice COLLINS (449) Steven CLAGUE (469) Andrew O'CONNOR (516)			
43 Sedgefield Harriers	2488		
Gary HETHERINGTON (183) David GREATORREX (329) Scott HYDON (436) Jason CATTERALL (476) Peter SKERRATT (531) Ean PARSONS (533)			
44 Steel City Striders RC	2545		
Michael SAVAGE (335) Dave ANSELL (352) Graeme SIDDALL (361) Ian STINSON (480) Peter BROWN (503) Andy BUCK (514)			
45 Saltwell Harriers	2598		
Jim THOMPSON (235) Fred SMITH (367) Keith WOOD (404) Peter MULLARKEY (494) Phil JAMES (539) Chris REDFERN (559)			
46 Lancaster & Morecambe AC	2614		
Steven WORTHINGTON (151) David BROWN (197) Lee PARRINGTON (440) John SPOONER (512) Michael PEAT (650) George PARRINGTON (664)			
47 Pontefract AC	2639		
James CAPON (269) Scott DALY (378) Michael FLAHERTY (408) Nicholas KENNETT (457) David KIDD (537) Wayne LANCASTER (590)			
48 Burnden Road Runners	2719		
Andy STAVELEY (274) Keith THOMAS (299) Marcus TAYLOR (489) Chris GREENALL (528) Neil CRITCHLEY (561) Paul CHRISTIE (568)			