

1 Rotherham Harriers & AC 'A'	01:21:35	12 Sale Harriers Manchester	01:33:31	23 Burnden Road Runners	01:42:11
Jade Allen	13:08	Jan Nicholls	14:31	Isaline Kneale	15:39
Natalie Grant	13:32	Zoe Gmerek	15:35	Jane Forrest	16:34
Rebecca Middleton	13:47	Alison Pye	15:26	Anne Ferguson	16:26
Annabelle Grady	13:32	Kimberley Wilson	16:02	Shirley Staveley	16:09
Natasha Hatswell	13:52	Joanne Street	16:26	Kelly Warburton	17:08
Stephanie Burns	13:44	Sian Holland	15:31	Julie Newton	20:15
2 Wakefield District H & AC 'A'	01:22:11	13 Rossendale Harriers & AC	01:33:39	24 Barnsley Athletic Club	01:42:22
Katie McHale	13:59	Sarah Yeomans	14:29	Kaeti MacKenzie	14:06
Sarah Bostwick	14:45	Emma Flanagan	15:16	Kerry Storrar	14:53
Jenny Latham	14:05	Vikki Hardwicke	15:45	Vicky Felton	16:59
Julie Briscoe	13:50	C Gallagher	16:10	Beverley Mylatt	16:17
Helen Singleton	13:06	Davina Raidy	16:29	Anne Bennett	20:36
Charlene Thomas	12:26	Shelley Tattersall	15:30	Katrina D'Netto	19:31
3 Salford Harriers & AC 'A'	01:22:25	14 Altrincham & District AC	01:34:20	25 Penny Lane Striders 'B'	01:42:28
Tessa Walker	13:15	Laura Chambers	14:20	Gill Darby	17:26
Estelle Malm	14:00	Anne-marie Jones	14:57	Noami Fowlis	17:38
Hayley Kuter	13:08	Beverley Ganose	16:11	Tarja Kinnunen	17:47
Tania Hernandez	14:36	Carole Harrison	17:09	Michelle Cobourn	17:08
Anna Weaver	13:38	Katherine Harvey	16:50	Jane Hallows	16:46
Beverley Jenkins	13:48	Sandra Lewis	14:53	Sarah Noon	15:43
4 Liverpool Harriers & AC 'A'	01:22:50	15 Holmfirth Harriers AC 'B'	01:34:49	26 Vale Royal AC 'A'	01:42:39
Seonaid A Murray	13:22	Cara Penfold	16:14	Helen Whitby	15:33
Sophie Whiteside	14:00	Nicola Brown	15:18	Helen Smith	15:30
Charlotte Wilson	14:52	Julia Johnson	15:24	Joanne Edwards	17:10
Jennifer Clague	13:41	Lesley Ewart	16:02	Jayne Lomax	17:32
Jennifer Pybis	13:47	Deborah Hall	15:24	Carole Williams	19:46
Maria Barrett	13:08	Yvette Arthur	16:27	Jacky Thorn	17:08
5 Leeds City Athletic Club 'A'	01:22:55	16 Keighley & Craven AC 'A'	01:35:04	27 East Cheshire Harriers & Tames	01:44:21
Karen Hallas	13:50	Amy Green	14:10	Holly Teague	15:19
Charlotte Wills	13:21	Claire Cooper	16:07	Melanie Kay	19:05
Celia DeMaria	14:35	Rebecca McLean	15:42	Elaine Appleton	19:23
Katie Parry	13:05	Elizabeth Tomes	16:14	Maggie Holt	18:30
Kirsteen Young	14:18	Elisa Woffenden	15:56	Pamela Read	16:19
Emily Birchall	13:46	Camille Askins	16:55	Jannine Ridgard	15:45
6 Trafford Athletic Club	01:24:23	17 Accrington Road Runners	01:35:14	28 Blackburn Harriers & AC	01:44:43
J Fairchild	13:05	Julie Brady	15:34	Rebecca Taylor	14:38
Victoria O'Donnell	13:48	Zoe Jane Hurley	15:48	Jane Hodgkinson	16:01
Hannah1 Griffiths	14:14	Carole Morris	17:35	Jan Buckingham	19:02
Sally Woolhouse	14:46	Nicola Wood	16:14	Rachel Leech	18:23
Elizabeth Austen	14:15	Julia Hartley	16:05	Lisa Nuttall	18:01
Joanne Dawes	14:15	Sarah Ridehalgh	13:58	Jackie Taylor	18:38
7 Stockport Harriers & AC 'A'	01:25:14	18 Sheffield RC	01:35:25	29 Beverley Athletics Club	01:45:02
Louise Rudd	13:42	Jenny Horne	14:16	Samantha Allen	15:40
Eleanor Baker	12:25	Cat Taylor	14:56	Zoe Dale	15:40
C Byrne	14:25	Beverley Baker	18:08	Rachel Woolner	19:01
Jessica Coulson	13:10	Laura Inglis	15:51	Sophie Woolner	21:25
Lyndsay Clarke	14:45	Rachel Blyton	17:32	Jayne Dale	16:30
Maureen Wilkins	16:47	Clare Thompson	14:42	Kate Ladell	16:46
8 Holmfirth Harriers AC 'A'	01:25:25	19 Border Harriers & AC	01:35:39	30 Liverpool Running Bugs	01:48:45
Helen Berry	13:43	Clare McKeown	13:42	Leanne Jones	16:31
Katherine Farquhar	14:21	Rhiannon Silson	13:59	Sue O'Brien	18:47
Claire Leaver	14:32	Kathryn Douglas	16:36	Sharon Wright	18:06
Jacqui Khoueiry	14:59	Carolyn Millican	17:46	Kelly Willoughby	18:31
Margaret Sykes	14:31	Emma Rawlison	16:37	Sarah Warburton	19:16
Katie Walshaw	13:19	Alison Wilson	16:59	Rosie Tramontana	17:34
9 Bingley Harriers & AC	01:26:54	20 Penny Lane Striders 'A'	01:37:29	31 Lytham St Annes Rr Club	01:55:15
Andrea Dennison	15:05	Oonagh Jaquest	15:25	Liz Boon	16:59
Victoria Wilkinson	13:31	Cristina Puccini	16:57	Laura Ashworth	17:28
Sue Beconsall	14:37	Emma Kearney	16:55	Felicity Wolohan	20:23
Jo Buckley	13:37	Jane Eardley	17:37	Katharine Hoyland	16:48
M CarreraVivar	15:29	Sarah Hodgson	15:50	Rebecca Willetts	17:41
Anne Buckley	14:35	Fiona Milne	14:45	Dawn Locks	25:56
10 Horwich R M I Harriers	01:28:47	21 Blackpool Wyre & Fylde AC 'A'	01:37:48	32 Keighley & Craven AC 'B'	01:58:48
Rachael Thompson	13:33	Nicola Rowley	16:00	Shayla Lee	19:24
Lindsey Brindle	13:56	Carolyn Robbins	15:47	Dawn Rollins	19:32
April Stevenson	16:11	Beverley Wright	15:12	Helen Cawkwell	19:22
Suzanne Budgett	14:54	Andrea Smith	16:51	Janet Arkwright	17:18
Michelle Devine	15:49	Laura Lawler	17:09	Michaela Rayner	20:38
Maria Lowe	14:24	Tanya Ashworth	16:49	Irene Yates	22:34
11 Liverpool Harriers & AC 'B'	01:33:07	22 Wirral AC	01:39:42		
Sarah Jackson	15:15	Sarah Kearney	14:04		
Michelle Murphy	15:03	Aimee Bartley	15:23		
Hannah Whiteside	14:11	Katie Duckers	17:01		
Lauren Towers	15:36	Naomi Wai	16:26		
Laura Stanley	16:05	Esther Lindesay	17:08		
Claire Tinsley	16:57	Rebecca Lindesay	19:40		

INCOMPLETE TEAMS**Salford Harriers & AC 'B'** 01:21:18

Claire O'Connor 15:02
Louise Geldart 15:50
Laura Nash 15:58
Diane Hooper 16:32
Caroline Broderick 17:56

Skipton AC 01:27:26

Clare Pearson 14:49
Jayne Butterworth 15:48
Hilary Seward 17:48
Christine Buckley 19:32
Christine Rose 19:29

Leeds City Athletic Club 'B' 00:28:43

Jennie Guard 14:20
Rachael Dyson 14:23

Leigh Harriers & AC 00:28:45

Abigail Howarth 13:45
Danielle Allen 15:00

Hallamshire Harriers Sheffield 00:14:25

Hannah Whitelam 14:25

Wakefield District H & AC 'B' 00:17:32

Reagan Wright 17:32

Non-Counting Team**Rotherham Harriers & AC 'B'** 01:38:49

Sharon Marshall 16:38
Robyn Lanceley 14:10
Jayne Allen 18:14
N Raynor 15:42
Nina Hague 17:08
Philippa James 16:57

Stage 1

1	00:13:05	J Fairchild	Trafford Athletic Club	21	00:14:38	Rebecca Taylor	Blackburn Harriers & AC
2	00:13:08	Jade Allen	Rotherham Harriers & AC 'A'	22	00:14:49	Clare Pearson	Skipton AC
3	00:13:15	Tessa Walker	Salford Harriers & AC 'A'	23	00:15:02	Claire O'Connor	Salford Harriers & AC 'B'
4	00:13:22	Seonaid A Murray	Liverpool Harriers & AC 'A'	24	00:15:05	Andrea Dennison	Bingley Harriers & AC
5	00:13:33	Rachael Thompson	Horwich R M I Harriers	25	00:15:15	Sarah Jackson	Liverpool Harriers & AC 'B'
6	00:13:42	Clare McKeown	Border Harriers & AC	26	00:15:19	Holly Teague	East Cheshire Harriers & Tames
7	00:13:42	Louise Rudd	Stockport Harriers & AC 'A'	27	00:15:25	Oonagh Jaquest	Penny Lane Striders 'A'
8	00:13:43	Helen Berry	Holmfirth Harriers AC 'A'	28	00:15:33	Helen Whitby	Vale Royal AC 'A'
9	00:13:45	Abigail Howarth	Leigh Harriers & AC	29	00:15:34	Julie Brady	Accrington Road Runners
10	00:13:50	Karen Hallas	Leeds City Athletic Club 'A'	30	00:15:39	Isaline Kneale	Burnden Road Runners
11	00:13:59	Katie McHale	Wakefield District H & AC 'A'	31	00:15:40	Samantha Allen	Beverley Athletics Club
12	00:14:04	Sarah Kearney	Wirral AC	32	00:16:00	Nicola Rowley	Blackpool Wyre & Fylde AC 'A'
13	00:14:06	Kaeti MacKenzie	Barnsley Athletic Club	33	00:16:14	Cara Penfold	Holmfirth Harriers AC 'B'
14	00:14:10	Amy Green	Keighley & Craven AC 'A'	34	00:16:31	Leanne Jones	Liverpool Running Bugs
15	00:14:16	Jenny Horne	Sheffield RC	35	00:16:38	Sharon Marshall	Rotherham Harriers & AC 'B'
16	00:14:20	Laura Chambers	Altrincham & District AC	36	00:16:59	Liz Boon	Lytham St Annes Rr Club
17	00:14:20	Jennie Guard	Leeds City Athletic Club 'B'	37	00:17:26	Gill Darby	Penny Lane Striders 'B'
18	00:14:25	Hannah Whitelam	Hallamshire Harriers Sheffield	38	00:17:32	Reagan Wright	Wakefield District H & AC 'B'
19	00:14:29	Sarah Yeomans	Rossendale Harriers & AC	39	00:19:24	Shayla Lee	Keighley & Craven AC 'B'
20	00:14:31	Jan Nicholls	Sale Harriers Manchester				

Stage 2

1	00:12:25	Eleanor Baker	Stockport Harriers & AC 'A'	20	00:15:18	Nicola Brown	Holmfirth Harriers AC 'B'
2	00:13:21	Charlotte Wills	Leeds City Athletic Club 'A'	21	00:15:23	Aimee Bartley	Wirral AC
3	00:13:31	Victoria Wilkinson	Bingley Harriers & AC	22	00:15:30	Helen Smith	Vale Royal AC 'A'
4	00:13:32	Natalie Grant	Rotherham Harriers & AC 'A'	23	00:15:35	Zoe Gmerek	Sale Harriers Manchester
5	00:13:48	Victoria O'Donnell	Trafford Athletic Club	24	00:15:40	Zoe Dale	Beverley Athletics Club
6	00:13:56	Lindsey Brindle	Horwich R M I Harriers	25	00:15:47	Carolyn Robbins	Blackpool Wyre & Fylde AC 'A'
7	00:13:59	Rhiannon Silson	Border Harriers & AC	26	00:15:48	Zoe Jane Hurley	Accrington Road Runners
8	00:14:00	Sophie Whiteside	Liverpool Harriers & AC 'A'	27	00:15:48	Jayne Butterworth	Skipton AC
9	00:14:00	Estelle Malm	Salford Harriers & AC 'A'	28	00:15:50	Louise Geldart	Salford Harriers & AC 'B'
10	00:14:10	Robyn Lanceley	Rotherham Harriers & AC 'B'	29	00:16:01	Jane Hodkinson	Blackburn Harriers & AC
11	00:14:21	Katherine Farquhar	Holmfirth Harriers AC 'A'	30	00:16:07	Claire Cooper	Keighley & Craven AC 'A'
12	00:14:23	Rachael Dyson	Leeds City Athletic Club 'B'	31	00:16:34	Jane Forrest	Burnden Road Runners
13	00:14:45	Sarah Bostwick	Wakefield District H & AC 'A'	32	00:16:57	Cristina Puccini	Penny Lane Striders 'A'
14	00:14:53	Kerry Storrar	Barnsley Athletic Club	33	00:17:28	Laura Ashworth	Lytham St Annes Rr Club
15	00:14:56	Cat Taylor	Sheffield RC	34	00:17:38	Noami Fowles	Penny Lane Striders 'B'
16	00:14:57	Anne-marie Jones	Altrincham & District AC	35	00:18:47	Sue O'Brien	Liverpool Running Bugs
17	00:15:00	Danielle Allen	Leigh Harriers & AC	36	00:19:05	Melanie Kay	East Cheshire Harriers & Tames
18	00:15:03	Michelle Murphy	Liverpool Harriers & AC 'B'	37	00:19:32	Dawn Rollins	Keighley & Craven AC 'B'
19	00:15:16	Emma Flanagan	Rossendale Harriers & AC				

Stage 3

1	00:13:08	Hayley Kuter	Salford Harriers & AC 'A'	19	00:16:26	Anne Ferguson	Burnden Road Runners
2	00:13:47	Rebecca Middleton	Rotherham Harriers & AC 'A'	20	00:16:36	Kathryn Douglas	Border Harriers & AC
3	00:14:05	Jenny Latham	Wakefield District H & AC 'A'	21	00:16:55	Emma Kearney	Penny Lane Striders 'A'
4	00:14:11	Hannah Whiteside	Liverpool Harriers & AC 'B'	22	00:16:59	Vicky Felton	Barnsley Athletic Club
5	00:14:14	Hannah1 Griffiths	Trafford Athletic Club	23	00:17:01	Katie Duckers	Wirral AC
6	00:14:25	C Byrne	Stockport Harriers & AC 'A'	24	00:17:10	Joanne Edwards	Vale Royal AC 'A'
7	00:14:32	Claire Leaver	Holmfirth Harriers AC 'A'	25	00:17:35	Carole Morris	Accrington Road Runners
8	00:14:35	Celia DeMaria	Leeds City Athletic Club 'A'	26	00:17:47	Tarja Kinnunen	Penny Lane Striders 'B'
9	00:14:37	Sue Becconsall	Bingley Harriers & AC	27	00:17:48	Hilary Seward	Skipton AC
10	00:14:52	Charlotte Wilson	Liverpool Harriers & AC 'A'	28	00:18:06	Sharon Wright	Liverpool Running Bugs
11	00:15:12	Beverley Wright	Blackpool Wyre & Fylde AC 'A'	29	00:18:08	Beverley Baker	Sheffield RC
12	00:15:24	Julia Johnson	Holmfirth Harriers AC 'B'	30	00:18:14	Jayne Allen	Rotherham Harriers & AC 'B'
13	00:15:26	Alison Pye	Sale Harriers Manchester	31	00:19:01	Rachel Woolner	Beverley Athletics Club
14	00:15:42	Rebecca McLean	Keighley & Craven AC 'A'	32	00:19:02	Jan Buckingham	Blackburn Harriers & AC
15	00:15:45	Vikki Hardwicke	Rossendale Harriers & AC	33	00:19:22	Helen Cawkwell	Keighley & Craven AC 'B'
16	00:15:58	Laura Nash	Salford Harriers & AC 'B'	34	00:19:23	Elaine Appleton	East Cheshire Harriers & Tames
17	00:16:11	Beverley Ganose	Altrincham & District AC	35	00:20:23	Felicity Wolohan	Lytham St Annes Rr Club
18	00:16:11	April Stevenson	Horwich R M I Harriers				

Stage 4

1	00:13:05	Katie Parry	Leeds City Athletic Club 'A'	19	00:16:14	Elizabeth Tomes	Keighley & Craven AC 'A'
2	00:13:10	Jessica Coulson	Stockport Harriers & AC 'A'	20	00:16:17	Beverley Mylatt	Barnsley Athletic Club
3	00:13:32	Annabelle Grady	Rotherham Harriers & AC 'A'	21	00:16:26	Naomi Wai	Wirral AC
4	00:13:37	Jo Buckley	Bingley Harriers & AC	22	00:16:32	Diane Hooper	Salford Harriers & AC 'B'
5	00:13:41	Jennifer Clague	Liverpool Harriers & AC 'A'	23	00:16:48	Katharine Hoyland	Lytham St Annes Rr Club
6	00:13:50	Julie Briscoe	Wakefield District H & AC 'A'	24	00:16:51	Andrea Smith	Blackpool Wyre & Fylde AC 'A'
7	00:14:36	Tania Hernandez	Salford Harriers & AC 'A'	25	00:17:08	Michelle Cobourn	Penny Lane Striders 'B'
8	00:14:46	Sally Woolhouse	Trafford Athletic Club	26	00:17:09	Carole Harrison	Altrincham & District AC
9	00:14:54	Suzanne Budgett	Horwich R M I Harriers	27	00:17:18	Janet Arkwright	Keighley & Craven AC 'B'
10	00:14:59	Jacqui Khoueiry	Holmfirth Harriers AC 'A'	28	00:17:32	Jayne Lomax	Vale Royal AC 'A'
11	00:15:36	Lauren Towers	Liverpool Harriers & AC 'B'	29	00:17:37	Jane Eardley	Penny Lane Striders 'A'
12	00:15:42	N Raynor	Rotherham Harriers & AC 'B'	30	00:17:46	Carolyn Millican	Border Harriers & AC
13	00:15:51	Laura Inglis	Sheffield RC	31	00:18:23	Rachel Leech	Blackburn Harriers & AC
14	00:16:02	Lesley Ewart	Holmfirth Harriers AC 'B'	32	00:18:30	Maggie Holt	East Cheshire Harriers & Tames
15	00:16:02	Kimberley Wilson	Sale Harriers Manchester	33	00:18:31	Kelly Willoughby	Liverpool Running Bugs
16	00:16:09	Shirley Staveley	Burden Road Runners	34	00:19:32	Christine Buckley	Skipton AC
17	00:16:10	C Gallagher	Rossendale Harriers & AC	35	00:21:25	Sophie Woolner	Beverley Athletics Club
18	00:16:14	Nicola Wood	Accrington Road Runners				

Stage 5

1	00:13:06	Helen Singleton	Wakefield District H & AC 'A'	19	00:16:30	Jayne Dale	Beverley Athletics Club
2	00:13:38	Anna Weaver	Salford Harriers & AC 'A'	20	00:16:37	Emma Rawlison	Border Harriers & AC
3	00:13:47	Jennifer Pybis	Liverpool Harriers & AC 'A'	21	00:16:46	Jane Hallows	Penny Lane Striders 'B'
4	00:13:52	Natasha Hatswell	Rotherham Harriers & AC 'A'	22	00:16:50	Katherine Harvey	Altrincham & District AC
5	00:14:15	Elizabeth Austen	Trafford Athletic Club	23	00:17:08	Kelly Warburton	Burden Road Runners
6	00:14:18	Kirsteen Young	Leeds City Athletic Club 'A'	24	00:17:08	Nina Hague	Rotherham Harriers & AC 'B'
7	00:14:31	Margaret Sykes	Holmfirth Harriers AC 'A'	25	00:17:08	Esther Lindesay	Wirral AC
8	00:14:45	Lyndsay Clarke	Stockport Harriers & AC 'A'	26	00:17:09	Laura Lawler	Blackpool Wyre & Fylde AC 'A'
9	00:15:24	Deborah Hall	Holmfirth Harriers AC 'B'	27	00:17:32	Rachel Blyton	Sheffield RC
10	00:15:29	M CarreraVivar	Bingley Harriers & AC	28	00:17:41	Rebecca Willetts	Lytham St Annes Rr Club
11	00:15:49	Michelle Devine	Horwich R M I Harriers	29	00:17:56	Caroline Broderick	Salford Harriers & AC 'B'
12	00:15:50	Sarah Hodgson	Penny Lane Striders 'A'	30	00:18:01	Lisa Nuttall	Blackburn Harriers & AC
13	00:15:56	Elisa Woffenden	Keighley & Craven AC 'A'	31	00:19:16	Sarah Warburton	Liverpool Running Bugs
14	00:16:05	Julia Hartley	Accrington Road Runners	32	00:19:29	Christine Rose	Skipton AC
15	00:16:05	Laura Stanley	Liverpool Harriers & AC 'B'	33	00:19:46	Carole Williams	Vale Royal AC 'A'
16	00:16:19	Pamela Read	East Cheshire Harriers & Tames	34	00:20:36	Anne Bennett	Barnsley Athletic Club
17	00:16:26	Joanne Street	Sale Harriers Manchester	35	00:20:38	Michaela Rayner	Keighley & Craven AC 'B'
18	00:16:29	Davina Raidy	Rossendale Harriers & AC				

Stage 6

1	00:12:26	Charlene Thomas	Wakefield District H & AC 'A'	18	00:16:27	Yvette Arthur	Holmfirth Harriers AC 'B'
2	00:13:08	Maria Barrett	Liverpool Harriers & AC 'A'	19	00:16:46	Kate Ladell	Beverley Athletics Club
3	00:13:19	Katie Walshaw	Holmfirth Harriers AC 'A'	20	00:16:47	Maureen Wilkins	Stockport Harriers & AC 'A'
4	00:13:44	Stephanie Burns	Rotherham Harriers & AC 'A'	21	00:16:49	Tanya Ashworth	Blackpool Wyre & Fylde AC 'A'
5	00:13:46	Emily Birchall	Leeds City Athletic Club 'A'	22	00:16:55	Camille Askins	Keighley & Craven AC 'A'
6	00:13:48	Beverley Jenkins	Salford Harriers & AC 'A'	23	00:16:57	Claire Tinsley	Liverpool Harriers & AC 'B'
7	00:13:58	Sarah Ridehalgh	Accrington Road Runners	24	00:16:57	Philippa James	Rotherham Harriers & AC 'B'
8	00:14:15	Joanne Dawes	Trafford Athletic Club	25	00:16:59	Alison Wilson	Border Harriers & AC
9	00:14:24	Maria Lowe	Horwich R M I Harriers	26	00:17:08	Jacky Thorn	Vale Royal AC 'A'
10	00:14:35	Anne Buckley	Bingley Harriers & AC	27	00:17:34	Rosie Tramontana	Liverpool Running Bugs
11	00:14:42	Clare Thompson	Sheffield RC	28	00:18:38	Jackie Taylor	Blackburn Harriers & AC
12	00:14:45	Fiona Milne	Penny Lane Striders 'A'	29	00:19:31	Katrina D'Netto	Barnsley Athletic Club
13	00:14:53	Sandra Lewis	Altrincham & District AC	30	00:19:40	Rebecca Lindesay	Wirral AC
14	00:15:30	Shelley Tattersall	Rossendale Harriers & AC	31	00:20:15	Julie Newton	Burden Road Runners
15	00:15:31	Sian Holland	Sale Harriers Manchester	32	00:22:34	Irene Yates	Keighley & Craven AC 'B'
16	00:15:43	Sarah Noon	Penny Lane Striders 'B'	33	00:25:56	Dawn Locks	Lytham St Annes Rr Club
17	00:15:45	Jannine Ridgard	East Cheshire Harriers & Tames				