

1 Liverpool Harriers & AC 'A'	03:27:49	8 Hallamshire Harriers Sheffield	03:42:02	15 Trafford Athletic Club 'A'	03:48:29
David Devine (14)	23:35	Robert Baker (11)	23:21	Timothy Egerton (13)	23:33
Craig Gundersen (10)	11:44	Scott Wilson (15)	12:50	Joshua McHugh (12)	12:13
James Riley (5)	23:28	Tom Jenkins (11)	24:04	Gavin Tomlinson (9)	23:41
John McCole (4)	11:22	Craig Fishwick (13)	12:54	Graham Hogg (5)	11:29
Daniel Cliffe (3)	23:20	Robert Little (10)	23:29	Rob Sloane (9)	25:34
Ben Russell (2)	11:39	Armand Bush (9)	12:39	James Bleakley (7)	12:12
Johnny Mellor (1)	21:43	Zak Mellard (9)	25:32	Jeff Prest (12)	26:44
David Mountford (1)	11:29	David Sprot (8)	12:58	John Howe (9)	12:24
Eddie McGinly (1)	22:37	Paul Faulkner (9)	24:55	Michael Hunt (10)	25:14
Ricky Challinor (1)	11:42	Carl Thackery (9)	12:13	Gareth Woodcock (12)	13:33
Matthew Jackson (1)	23:45	Andrew Thake (8)	24:19	Clive Fitzpatrick (14)	27:55
Danny Mooney (1)	11:25	Dean Furniss (8)	12:48	Craig Wheeler (15)	13:57
2 Salford Harriers & AC 'A'	03:29:25	9 Altrincham & District AC	03:43:08	16 Salford Harriers & AC 'B'	03:49:01
Tomas Abyu (5)	22:35	Mohammed Abu-Rezeq (3)	22:28	James Williams (32)	25:17
Robert Hughes (6)	12:06	Martin Crosby (13)	13:20	Eric Williams (25)	13:07
Carl Hardman (4)	23:21	David Norman (8)	23:17	Simon Bruton (23)	25:06
Tarus Ely (2)	11:26	Adam Simms (10)	13:19	Mike Deegan (21)	12:56
Benjamin Riddell (1)	23:11	James Reed (8)	23:37	Ian Jackson (22)	25:43
Nathan Kilcourse (1)	11:54	Michael Berks (10)	13:35	D Brocklehurst (19)	13:14
Andi Jones (2)	22:40	Nick Leigh (7)	24:08	Pumlani Bangani (20)	25:38
Matthew Shaw (2)	12:04	Dominic Scott (6)	12:46	Michael Grace (19)	12:39
Joseph Bailey (2)	23:06	Andrew Whittingham (8)	25:06	David Lockett (17)	25:08
James Kovacs (2)	12:17	Simon Marwood (7)	12:06	Philip West (17)	13:12
Tom Cornthwaite (2)	23:00	Adrian Fuller (9)	26:52	Daniel McGrath (17)	24:40
Josh Tighe (2)	11:45	Andrew Norman (9)	12:34	David Hudson (16)	12:21
3 Morpeth Harriers & AC	03:30:51	10 Liverpool Harriers & AC 'B'	03:43:09	17 Southport Waterloo AC	03:49:57
Serod Batochir (1)	22:19	Ian Lawton (17)	23:51	Joseph Vis (21)	24:43
Ross Floyd (3)	11:59	John Ashcroft (11)	11:48	James Tartt (14)	11:24
Michael Dawson (7)	24:31	Lee Siemazco (12)	24:37	Matthew Thompson (16)	25:06
Andrew Lawrence (6)	12:09	Steven Morrow (9)	11:42	Gerard Lenehan (16)	12:50
Matthew Nicholson (5)	23:03	Alan Ashton (12)	25:14	Patrick Vis (16)	25:15
Neil Gunstone (6)	13:02	S Wynne-Williams (13)	13:02	Steve Lewis (17)	13:45
Nick McCormick (4)	21:47	Frederick Groves (11)	25:08	Robert Berry (18)	26:32
Ian Hudspith (4)	11:21	Martin Bateman (12)	13:14	Peter Roome (18)	13:25
Lewis Timmins (3)	23:20	Laurie Luscombe (12)	25:23	David Hamilton (18)	25:50
Neil Wilkinson (4)	12:31	Rob Dewhurst (10)	12:21	Robert McGrath (18)	13:21
Peter Newton (3)	22:31	Colin Potts (10)	25:06	Ben Johnson (18)	24:48
David Swinburne (3)	12:18	Stephen Broadhurst (10)	11:43	Steven Wilkinson (17)	12:58
4 Leeds City Athletic Club 'A'	03:31:03	11 New Marske Harriers Club	03:44:49	18 Rotherham Harriers & AC	03:50:08
Martin Gostling (12)	23:25	Mark Shaw (9)	23:01	John Comrie (39)	26:10
Michael Salter (8)	11:44	Andrew Wiles (2)	11:09	Rhian Wilesty (26)	12:16
Alan Buckley (6)	23:38	Lewis Moses (2)	23:18	Kyle Craib (22)	25:04
Alexander Davy (7)	12:11	Elliott Jackson (1)	11:54	Tom Waldron-Lynch (22)	13:03
Michael Burrett (7)	23:56	Andy Pearson (6)	25:20	Chris Adams (20)	25:13
Daniel Davis (5)	12:06	Clive Thornton (8)	14:13	Howard Darwin (21)	13:52
James Wilkinson (6)	22:04	Shaun OGrady (8)	25:04	Philip Hoole (17)	23:30
Dale Worton (5)	11:40	Paul Cleasby (11)	14:12	David Smith (16)	13:09
Simon Deakin (4)	23:06	Adam Blowers (13)	27:03	Richard Harris (16)	24:33
Michael Williams (3)	11:55	Alan Piggford (14)	12:31	Peter Shaw (16)	14:34
James Smith (4)	23:17	Nasir Hussain (12)	25:09	Aidan Johnson (16)	24:50
Darran Bilton (4)	12:01	Dominic Shaw (11)	11:55	David Nuttall (18)	13:54
5 Stockport Harriers & AC	03:32:42	12 Rossendale Harriers & AC	03:46:11	19 Derby Athletic Club	03:52:32
Jack Martin (2)	22:26	Christopher Fell (16)	23:49	Jonathan Gilby (7)	22:47
Jack Nixon (4)	11:54	Philip Bolton (16)	12:28	Richard Weir (1)	11:19
Andrew Nixon (1)	22:52	Nick Schofield (19)	25:40	Alex Pilcher (3)	23:48
Dean Matkin (3)	12:41	Aaron Barker (18)	12:49	Keith Donald (12)	15:09
Steven Vernon (2)	22:48	Sam Tosh (17)	24:37	Joshua Bull (11)	24:00
Paul Payne (3)	12:50	Andrew Buttery (16)	12:24	John Knibb (12)	13:07
Patrick Martin (3)	22:23	Grant Cunliffe (15)	24:42	Thomas Lawrence (14)	25:52
J Scott-Buccleuch (3)	12:12	Andrew Grenfell (13)	12:27	Philip Harries (17)	16:31
Michael Sawrey (5)	24:09	Joseph Johnston (11)	24:21	Adam Fozzard (19)	27:14
Jamie Loxam (5)	12:42	Ashley Kay (11)	13:05	Jamie Fletcher (19)	12:43
Jack Morris (5)	24:07	Joseph Moores (11)	26:14	Richard Wilson (19)	26:27
Michael Cooke (5)	11:38	Andrew Fell (12)	13:35	Ian Stevens (19)	13:35
6 Sale Harriers Manchester 'A'	03:41:28	13 Border Harriers & AC	03:47:51	20 Leeds City Athletic Club 'B'	03:52:54
Gareth Raven (6)	22:41	James Douglas (8)	22:59	Christopher Wright (22)	24:46
Thomas Atkinson (5)	11:59	Harry Earl (7)	11:59	Robert Torch (21)	12:50
Peter Crawford (13)	25:54	Peter Orr (10)	25:13	C Needham (26)	26:36
Niall Brooks (8)	11:07	Graham Millican (11)	12:49	Martin Horbury (33)	15:20
Anthony Ford (4)	21:53	Peter Harrison (15)	25:08	Aaron Lowery (31)	26:37
Callum Greenwood (4)	12:02	Graeme Mason (14)	12:36	Gregory Hull (27)	12:41
Charles Hulson (5)	23:19	George Thompson (16)	25:47	Ben Dyson (26)	26:31
Matthew Holmes (10)	19:06	Chris Neil (14)	13:16	Chris Birchall (24)	12:14
James Bailey (6)	23:24	Jason Holmes (15)	25:46	Gavin Chatterton (21)	24:57
Dean Hardman (8)	12:17	Kevin Bell (13)	11:59	Elliot Todd (21)	12:35
Ian Wetherall (7)	25:17	Steve Angus (13)	26:33	Adam Osborne (20)	25:20
Andrew Blair (6)	12:29	Gareth Melvin (13)	13:46	Michael Wood (20)	12:27
7 Gateshead Harriers & AC 'A'	03:41:56	14 Barrow & Furness Striders AC	03:48:00	21 Holmfirth Harriers AC	03:54:52
David Old (34)	25:30	Philip Waite (26)	25:02	Richard Smith (18)	24:07
James Porteous (23)	12:33	Jed Bartlett (20)	12:22	Jan Durr (19)	13:13
Ryan Stephenson (18)	23:51	Peter Huck (14)	23:14	Dave Watson (17)	24:20
Daniel Johnson (17)	12:28	David Hook (14)	13:09	Geoff Hall (19)	13:51
Christopher Parr (13)	23:07	Iain Quinn (14)	24:17	Richard Anderson (18)	24:36
Thomas West (11)	12:23	Peter Savage (15)	12:45	Graham Howatson (18)	14:14
D Chesser (10)	25:23	Jonathan Benson (13)	25:13	James Little (19)	26:00
Callum Johnson (7)	11:29	David Parker (15)	14:12	Jared Croft (20)	14:24
Timmy Calder (7)	24:46	C Winward (14)	25:12	Paul Smith (20)	25:23
Marc Elliott (6)	12:07	Peter Willacy (15)	14:50	Paul Crowther (20)	14:21
Sam Hearn (6)	25:21	Patrick Miller (15)	25:18	Julian Rose (21)	26:48
Nigel Camilleri (7)	12:58	Ray Jones (14)	12:26	John Ewart (21)	13:35

22 Wirral AC	03:56:18	29 Wigan Phoenix	04:03:41	36 Barnsley Athletic Club	04:12:24
P Davies-Peerless (23)	24:47	James Hilton (28)	25:05	David Thompson (20)	24:32
Ronan Kearney (27)	13:43	John Worthington (35)	14:10	Robert Elstone (30)	14:15
Alan Woods (20)	24:22	John Morrissey (27)	25:32	Gavin Felten (25)	25:14
Kelvin Dickinson (20)	13:10	David Bamford (32)	14:34	Tom White (23)	13:15
Mark Hulmston (21)	25:58	Andrew Ward (25)	24:53	Melvin Wallace (27)	27:38
Chris Henry (22)	14:22	Jeoff Wittingham (26)	14:27	Adam Hopkinson (30)	15:14
Philip Robertson (22)	26:25	Stephen Nicholls (28)	27:41	David Darby (33)	27:49
John Cross (23)	14:13	Kevin Foster (30)	14:23	Mark Hurrell (34)	16:05
Jon Seymour (22)	26:10	Danny Gregson (28)	26:46	Keith Littlewood (36)	28:12
Simon Fox (22)	13:55	Paul Seddon (29)	14:44	T Richards-Vardy (35)	15:42
Xavier Desse (22)	26:13	Phil Waterworth (29)	27:25	David Brooksbank (35)	27:15
Peter Scarrett (22)	13:00	Paul Marshall (29)	14:01	Dave Bennett (36)	17:13
23 East Cheshire Harriers & Tames	03:57:40	30 Leigh Harriers & AC	04:05:40	37 Sheffield RC	04:12:33
Simon Horsefield (4)	22:30	Tony Battersby (27)	25:04	Chris Ireland (40)	26:23
Jake Littlehales (9)	12:42	Tommy Henders (22)	12:39	Craig Burrows (39)	15:02
Joseph Hudak (15)	26:00	Liam Thompson (21)	25:19	Jason Chow (41)	28:34
Jordan Littlehales (15)	12:42	Martin Jones (25)	14:40	Nicholas Duggan (41)	14:31
Gary Matthews (19)	27:48	John Howarth (28)	27:39	I Alexanderbarnes (41)	28:14
Stephen Robinson (20)	13:42	Andrew Howarth (32)	15:02	Peter Robertshaw (41)	15:28
Matthew Holt (21)	26:44	Phillip Williams (32)	26:49	Will Beauchamp (40)	25:51
Gavin Browne (22)	14:20	Alex Hayes (31)	15:26	Chris Maddocks (39)	13:45
Matthew Merson (23)	27:02	Philip Foster (32)	26:54	Gary Baker (39)	28:24
James Shaw (23)	13:43	John Indricks (31)	13:31	Jed Turner (38)	13:57
John Sloan (23)	27:33	Mark Gornall (31)	28:06	David Broddle (38)	27:31
Phil Jacques (23)	12:54	Duncan McCarrick (30)	14:31	Malcolm Taylor (37)	14:53
24 Blackburn Harriers & AC 'A'	03:58:50	31 Liverpool Running Bugs 'A'	04:06:42	38 North Derbyshire RC	04:14:54
Mat Nuttall (25)	24:58	Daniel Ankraah (44)	26:57	Chris Shelton (37)	26:03
Chris Matthews (18)	12:22	Rob Williams (42)	15:00	James Lamb (40)	15:29
Chris Barnes (24)	26:12	Mark Clair (39)	26:01	Chris Adams (38)	26:19
Daniel Maynard (24)	14:05	Paul Schumann (38)	13:57	John Cannon (40)	15:46
Paul Bradshaw (24)	26:28	Steven Nijs (38)	26:57	Steven Penney (40)	28:21
David Thornton (23)	12:43	Robert Kelly (38)	13:50	Daniel Teasel (40)	16:07
John Sutton (23)	26:14	Mark Bissell (34)	26:54	Stuart Cunningham (41)	27:20
Mark Almond (21)	13:23	Robert Cushion (32)	13:14	Ian Monaghan (41)	15:58
Robert Warner (24)	27:06	Anthony Wilcox (31)	26:42	Steve Leverton (38)	24:27
Steven Foley (24)	13:56	Marc Jacques (32)	14:12	Kevin Lenihan (41)	16:04
John Chaplin (24)	27:51	Neil Cosgrove (32)	28:28	Lee Morris (39)	26:06
Scott Monk (24)	13:32	Mark Connor (31)	14:30	Tim Clayton (38)	16:54
25 Sale Harriers Manchester 'B'	03:59:06	32 Penny Lane Striders 'A'	04:08:01	39 East Hull Harriers & AC	04:15:25
David Howlett (31)	25:14	James McNally (24)	24:53	Matthew Hayes (35)	25:32
David Rich (28)	13:20	Steven Maguire (31)	14:04	Eddie Rex (33)	13:41
Chris Donnelly (32)	26:46	John Connolly (35)	26:51	Alec Gibson (33)	26:12
Elton Davies (30)	13:21	Martin Swenson (27)	12:24	Roy Lilley (31)	13:49
Carl Barber (30)	26:51	Ian Russell (35)	29:06	Michael Hargreaves (29)	26:14
Paul Barrett (29)	14:28	Stephen McNicholas (36)	14:59	Mike Vinegrad (28)	13:51
Nicholas Whittle (31)	27:09	Neil Kelly (36)	27:47	Jonathan Frost (27)	26:26
Michael Kilmartin (27)	12:40	Owen Jones (35)	14:11	Grahama Wilkinson (36)	18:58
Callum Rowlinson (26)	25:59	Nigel Grant (34)	27:35	Joseph Kirkup (33)	26:55
Dan Whittaker (25)	13:23	Luke Parker (33)	13:12	Richard Dearing (36)	16:26
Steven Townley (25)	26:58	Dean Connolly (33)	28:41	Ian Grewar (34)	26:51
Simon Mills (25)	12:57	Dave Lovatt (32)	14:18	Peter Dearing (39)	20:30
26 Keighley & Craven AC 'A'	04:01:53	33 Clayton Le Moors Harriers	04:08:53	40 Beverley Athletics Club	04:15:47
Will Smith (15)	23:49	Gary Shaw (30)	25:09	Neil Bant (49)	29:55
Adam McLean (24)	14:20	Darren Holland (34)	14:06	Jeroen Pasman (52)	16:47
Laurence Hellawell (29)	26:41	Paul Thompson (40)	29:53	Stuart Little (47)	27:33
Adrian Thomas (28)	13:35	Alex Cran (39)	13:50	Steve Ostler (43)	12:29
David Shaw (32)	27:50	Andrew Stubbs (37)	25:50	Ross Flood (42)	27:20
Andrew Brett (31)	14:05	Tom Brewster (37)	13:46	Steve Evins (43)	15:03
Christopher Loftus (29)	26:16	Philip Hall (35)	27:06	Stephen Peacock (42)	28:48
Nigel Bedell (28)	13:40	David Motley (33)	13:55	Stephen Dale (43)	15:52
J Hopkinson (29)	27:24	John Roche (35)	28:30	Mark Dalton (43)	27:55
Liam Spencer (28)	13:57	Michael Hogan (34)	14:32	Andrew Tate (43)	14:45
Lukas Lee (27)	26:09	Mark Wightman (36)	28:38	James Pearson (41)	25:21
Makr Knowles (26)	14:07	Robert Aspinall (33)	13:38	Elliot Hakner (40)	13:59
27 Scunthorpe & District AC	04:02:22	34 Wakefield District H & AC	04:09:47	41 Horwich R M I Harriers	04:18:08
Gary Crompton (38)	26:06	Nathan Elliott (33)	25:29	Andy Townsend (43)	26:56
Stephen Borrill (37)	13:39	Jack Hallas (17)	11:34	Tim Roe (38)	13:58
Sam O'Neill (34)	25:59	Peter McNamara (36)	29:13	Glynne Lever (37)	25:42
Arlen Williams (36)	14:45	Paul Hallas (34)	13:27	William Martin (37)	14:39
Gavin Mann (34)	26:40	Stephen Tilford (33)	26:42	Martyn Bell (39)	28:52
Joshua Reid (33)	14:20	Alistair Robinson (34)	15:07	Carl Balshaw (39)	14:15
Gavin Marshall (30)	25:36	Chris Hunter (39)	30:11	Richard Howarth (37)	26:01
William Cranston (29)	13:18	Martin Holding (38)	15:34	Tony Hesketh (37)	16:05
Steve Clark (27)	26:10	Mark Whitehouse (41)	29:14	Stuart Edmundson (37)	26:58
Gregory Morrell (27)	14:36	Neil Dutton (39)	13:43	Colin Wood (37)	15:50
David Vickers (28)	26:56	Christopher Ward (37)	26:09	Karl Ward (40)	32:08
Michael Hemmings (27)	14:17	Tony Smith (34)	13:24	Pete Bland (41)	16:44
28 Otley AC 'A'	04:03:03	35 Gateshead Harriers & AC 'B'	04:09:59	42 Wesham Road Runners & AC	04:23:19
Matthew John (19)	24:20	Jason Stobbs (41)	26:27	Robert Danson (29)	25:06
H Jeffrey (32)	14:42	Robbie Costello (29)	12:08	Duncan Carter (43)	17:24
Andrew Robertshaw (30)	26:01	John Gibson (28)	26:13	Alan Glasgow (45)	30:55
Rogan Ashton (29)	13:33	Simeon Greenwood (26)	13:08	Gary Barnett (45)	14:47
Ian Fisher (23)	24:06	Martin Slater (26)	26:42	Mark Pattinson (44)	28:02
Matthew Broughton (24)	14:27	Jonathan Boyd (25)	13:21	Peter Cooke (45)	18:09
D Foster (24)	27:15	Kevin Connolly (25)	27:16	Alex Rowe (45)	26:30
Huw Illingworth (25)	13:52	Dan Cunnington (26)	14:24	Philip Leaver (45)	17:55
Edward Davies (25)	26:57	C Hainsworth (30)	28:01	Troy Watson (45)	27:51
Tom Potter (26)	14:57	Stephen Parr (30)	15:06	James R K Hewell (45)	14:59
Thomas Midgley (26)	26:45	Paul Tate (30)	27:53	Lee Barlow (44)	27:39
Tom Marsh (28)	16:08	John Stephenson (35)	19:20	Elliot Bennett (42)	14:02

43 Salford Harriers & AC C	04:24:15	45 Penny Lane Striders 'B'	04:38:37	47 Liverpool Running Bugs 'B'	05:00:21
Paul Birkett (42)	26:48	Paul Riley (48)	29:23	Paul Cope (55)	33:25
Sean Cordell (41)	14:55	Graham Halsall (47)	15:29	David Cope (53)	18:11
Graham Chesters (42)	28:48	Simone Capponi (48)	30:20	William Merritt (53)	31:43
Tommy Daniels (44)	16:54	Russell Burnham (47)	15:49	Peter Rittenberg (52)	16:58
Callum Corneille (45)	29:35	Martin Hirrell (47)	30:27	David Connor (50)	31:00
Brendan Dempsey (44)	14:25	Andrew Keeley (47)	16:18	Andy Webster (51)	17:22
David Townsend (44)	28:32	Mitchell Hawkins (47)	31:19	Michael Clayton (49)	31:37
Ronald Warrender (44)	15:52	Eamonn Brady (47)	16:59	Andy Glen (49)	15:08
Trevor Rayner (44)	27:48	Paul Brady (47)	31:33	Jonathon Gardner (49)	34:44
Ian Johnson (44)	15:31	Gary Roberts (47)	15:06	Owen Cotterell (49)	17:20
James O'Connor (43)	29:38	Malcolm Balmer (45)	31:02	Michael Connor (47)	33:47
Stanley Curran (43)	15:29	Gary Whitfield (45)	14:52	John Dunphy (47)	19:06
44 Vale Royal AC 'A'	04:24:35	46 Otley AC 'B'	04:44:03		
Steven Caldwell (47)	27:57	Simon Toyne (52)	30:30		
Peter Maher (45)	15:14	Matthew Podd (51)	15:46		
Craig Sephton (43)	28:59	Mark Berry (52)	32:54		
James Griffiths (42)	14:03	Andrew Leonard (50)	17:00		
Ben Carter (43)	29:36	Mick Jeffrey (49)	31:41		
George Thompson (42)	12:42	Hugh Pearson (48)	16:06		
Iain Stanton (43)	29:43	Chris Carver (48)	29:09		
David Haines (42)	14:24	Paul Clifford (48)	14:57		
Ian Brough (42)	28:37	Neil Reed (48)	31:49		
Gary Weedall (42)	14:07	Richard Hamer (48)	17:33		
Darren Cottier (42)	29:34	Richard Clarke (46)	29:37		
Bill Hodgkinson (44)	19:39	John Dade (46)	17:01		

INCOMPLETE TEAMS

St Helens Sutton AC	03:31:29	Skipton AC	03:23:34	Trafford Athletic Club 'B'	01:13:27
Gregory Williams (36)	25:59	Richard Annable (51)	30:14	J Ibarra-Medina (45)	27:32
Ian Costello (36)	13:23	Iain Vokes-Tilley (49)	14:58	Mark Evans (44)	15:07
Jamie White (31)	25:53	John Hampshire (50)	31:46	Edward Hickling (46)	30:48
Andrew O'Connor (35)	14:53	Alastair Wallace (48)	15:39		
Barry Graney (36)	27:30	Derek Ives (48)	33:33	Vale Royal AC 'B'	01:26:47
Maurice Collins (35)	14:21	Michael Lowe (49)	18:19	Bob Corinaldi (54)	33:03
Peter Johnson (38)	29:19	Richard Small (50)	40:07	Paul Hudson (54)	18:57
Stan Irlam (40)	18:40	Paul Norman (50)	18:58	Colin Rathbone (54)	34:47
Matthew Crehan (40)	26:26			Blackpool Wyre & Fylde AC	00:23:19
Ian Hayburn (40)	15:05			Stuart Robinson (10)	23:19
Burnden Road Runners	03:49:22	Blackburn Harriers & AC 'B'	02:28:17		
Andy Staveley (46)	27:33	Richard Taylor (53)	32:09		
Don Nichol (46)	16:52	Alan McKeown (50)	13:49		
Martyn Pollitt (44)	28:55	John Cookson (51)	32:39		
Chris Greenall (46)	15:19	Chris Fay (51)	17:33		
Steve Riddle (46)	31:52	Paul Wilkinson (51)	35:15		
Paul Christie (46)	15:52	George Woodburn (50)	16:52		
Marcus Taylor (46)	31:06			Sale Harriers Manchester C	01:33:26
David Aulton (46)	17:21			Alistair Kell (50)	30:05
Lee White (46)	29:10			Jerry Smith (48)	15:03
Andy Duffy (46)	15:22			Timothy Rainey (49)	31:06
				Brian Bradshaw (49)	17:12
Liverpool Pembroke & Sefton H	03:36:03				
Michael Rimmer	11:25				
Ben Costello	24:35				
Harry Doran	12:13				
Bernard Murphy	26:34				
Michael Bride	12:44				
Graham Cairns	28:10				
Robert Bland	13:40				
Ian Roberts	25:21				
Chris Pedder	17:05				
Greg Callaghan	28:59				
Robbie Wood	15:17				

Stage 1

1	00:22:19	Serod Batochir	Morpeth Harriers & AC	29	00:25:06	Robert Danson	Wesham Road Runners & AC
2	00:22:26	Jack Martin	Stockport Harriers & AC	30	00:25:09	Gary Shaw	Clayton Le Moors Harriers
3	00:22:28	Mohammed Abu-Rezeq	Altrincham & District AC	31	00:25:14	David Howlett	Sale Harriers Manchester 'B'
4	00:22:30	Simon Horsefield	East Cheshire Harriers & Tames	32	00:25:17	James Williams	Salford Harriers & AC 'B'
5	00:22:35	Tomas Abyu	Salford Harriers & AC 'A'	33	00:25:29	Nathan Elliott	Wakefield District H & AC
6	00:22:41	Gareth Raven	Sale Harriers Manchester 'A'	34	00:25:30	David Old	Gateshead Harriers & AC 'A'
7	00:22:47	Jonathan Gilby	Derby Athletic Club	35	00:25:32	Matthew Hayes	East Hull Harriers & AC
8	00:22:59	James Douglas	Border Harriers & AC	36	00:25:59	Gregory Williams	St Helens Sutton AC
9	00:23:01	Mark Shaw	New Marske Harriers Club	37	00:26:03	Chris Shelton	North Derbyshire RC
10	00:23:19	Stuart Robinson	Blackpool Wyre & Fylde AC	38	00:26:06	Gary Crompton	Scunthorpe & District AC
11	00:23:21	Robert Baker	Hallamshire Harriers Sheffield	39	00:26:10	John Comrie	Rotherham Harriers & AC
12	00:23:25	Martin Gostling	Leeds City Athletic Club 'A'	40	00:26:23	Chris Ireland	Sheffield RC
13	00:23:33	Timothy Egerton	Trafford Athletic Club 'A'	41	00:26:27	Jason Stobbs	Gateshead Harriers & AC 'B'
14	00:23:35	David Devine	Liverpool Harriers & AC 'A'	42	00:26:48	Paul Birkett	Salford Harriers & AC C
15	00:23:49	Will Smith	Keighley & Craven AC 'A'	43	00:26:56	Andy Townsend	Horwich R M I Harriers
16	00:23:49	Christopher Fell	Rossendale Harriers & AC	44	00:26:57	Daniel Ankrah	Liverpool Running Bugs 'A'
17	00:23:51	Ian Lawton	Liverpool Harriers & AC 'B'	45	00:27:32	J Ibarra-Medina	Trafford Athletic Club 'B'
18	00:24:07	Richard Smith	Holmfirth Harriers AC	46	00:27:33	Andy Staveley	Burnden Road Runners
19	00:24:20	Matthew John	Otley AC 'A'	47	00:27:57	Steven Caldwell	Vale Royal AC 'A'
20	00:24:32	David Thompson	Barnsley Athletic Club	48	00:29:23	Paul Riley	Penny Lane Striders 'B'
21	00:24:43	Joseph Vis	Southport Waterloo AC	49	00:29:55	Neil Bant	Beverley Athletics Club
22	00:24:46	Christopher Wright	Leeds City Athletic Club 'B'	50	00:30:05	Alistair Kell	Sale Harriers Manchester C
23	00:24:47	P Davies-Peerless	Wirral AC	51	00:30:14	Richard Annable	Skipton AC
24	00:24:53	James McNally	Penny Lane Striders 'A'	52	00:30:30	Simon Toyne	Otley AC 'B'
25	00:24:58	Mat Nuttall	Blackburn Harriers & AC 'A'	53	00:32:09	Richard Taylor	Blackburn Harriers & AC 'B'
26	00:25:02	Philip Waite	Barrow & Furness Striders AC	54	00:33:03	Bob Corinaldi	Vale Royal AC 'B'
27	00:25:04	Tony Battersby	Leigh Harriers & AC	55	00:33:25	Paul Cope	Liverpool Running Bugs 'B'
28	00:25:05	James Hilton	Wigan Phoenix				

Stage 2

1	00:11:09	Andrew Wiles	New Marske Harriers Club	28	00:13:23	Ian Costello	St Helens Sutton AC
2	00:11:19	Richard Weir	Derby Athletic Club	29	00:13:39	Stephen Borrill	Scunthorpe & District AC
3	00:11:24	James Tarrt	Southport Waterloo AC	30	00:13:41	Eddie Rex	East Hull Harriers & AC
4	00:11:34	Jack Hallas	Wakefield District H & AC	31	00:13:43	Ronan Kearney	Wirral AC
5	00:11:44	Michael Salter	Leeds City Athletic Club 'A'	32	00:13:49	Alan McKeown	Blackburn Harriers & AC 'B'
6	00:11:44	Craig Gundersen	Liverpool Harriers & AC 'A'	33	00:13:58	Tim Roe	Horwich R M I Harriers
7	00:11:48	John Ashcroft	Liverpool Harriers & AC 'B'	34	00:14:04	Steven Maguire	Penny Lane Striders 'A'
8	00:11:54	Jack Nixon	Stockport Harriers & AC	35	00:14:06	Darren Holland	Clayton Le Moors Harriers
9	00:11:59	Harry Earl	Border Harriers & AC	36	00:14:10	John Worthington	Wigan Phoenix
10	00:11:59	Ross Floyd	Morpeth Harriers & AC	37	00:14:15	Robert Elstone	Barnsley Athletic Club
11	00:11:59	Thomas Atkinson	Sale Harriers Manchester 'A'	38	00:14:20	Adam McLean	Keighley & Craven AC 'A'
12	00:12:06	Robert Hughes	Salford Harriers & AC 'A'	39	00:14:42	H Jeffrey	Otley AC 'A'
13	00:12:08	Robbie Costello	Gateshead Harriers & AC 'B'	40	00:14:55	Sean Cordell	Salford Harriers & AC C
14	00:12:13	Joshua McHugh	Trafford Athletic Club 'A'	41	00:14:58	Iain Vokes-Tilley	Skipton AC
15	00:12:16	Rhian Hastey	Rotherham Harriers & AC	42	00:15:00	Rob Williams	Liverpool Running Bugs 'A'
16	00:12:22	Jed Bartlett	Barrow & Furness Striders AC	43	00:15:02	Craig Burrows	Sheffield RC
17	00:12:22	Chris Matthews	Blackburn Harriers & AC 'A'	44	00:15:03	Jerry Smith	Sale Harriers Manchester C
18	00:12:28	Philip Bolton	Rossendale Harriers & AC	45	00:15:07	Mark Evans	Trafford Athletic Club 'B'
19	00:12:33	James Porteous	Gateshead Harriers & AC 'A'	46	00:15:14	Peter Maher	Vale Royal AC 'A'
20	00:12:39	Tommy Henders	Leigh Harriers & AC	47	00:15:29	James Lamb	North Derbyshire RC
21	00:12:42	Jake Littlehales	East Cheshire Harriers & Tames	48	00:15:29	Graham Halsall	Penny Lane Striders 'B'
22	00:12:50	Scott Wilson	Hallamshire Harriers Sheffield	49	00:15:46	Matthew Podd	Otley AC 'B'
23	00:12:50	Robert Torch	Leeds City Athletic Club 'B'	50	00:16:47	Jeroen Pasman	Beverley Athletics Club
24	00:13:07	Eric Williams	Salford Harriers & AC 'B'	51	00:16:52	Don Nichol	Burnden Road Runners
25	00:13:13	Jan Durr	Holmfirth Harriers AC	52	00:17:24	Duncan Carter	Wesham Road Runners & AC
26	00:13:20	Martin Crosby	Altrincham & District AC	53	00:18:11	David Cope	Liverpool Running Bugs 'B'
27	00:13:20	David Rich	Sale Harriers Manchester 'B'	54	00:18:57	Paul Hudson	Vale Royal AC 'B'

Stage 3

1	00:22:52	Andrew Nixon	Stockport Harriers & AC	28	00:26:00	Joseph Hudak	East Cheshire Harriers & Tames
2	00:23:14	Peter Huck	Barrow & Furness Striders AC	29	00:26:01	Mark Clair	Liverpool Running Bugs 'A'
3	00:23:17	David Norman	Altrincham & District AC	30	00:26:01	Andrew Robertshaw	Otley AC 'A'
4	00:23:18	Lewis Moses	New Marske Harriers Club	31	00:26:12	Chris Barnes	Blackburn Harriers & AC 'A'
5	00:23:21	Carl Hardman	Salford Harriers & AC 'A'	32	00:26:12	Alec Gibson	East Hull Harriers & AC
6	00:23:28	James Riley	Liverpool Harriers & AC 'A'	33	00:26:13	John Gibson	Gateshead Harriers & AC 'B'
7	00:23:38	Alan Buckley	Leeds City Athletic Club 'A'	34	00:26:19	Chris Adams	North Derbyshire RC
8	00:23:41	Gavin Tomlinson	Trafford Athletic Club 'A'	35	00:26:36	C Needham	Leeds City Athletic Club 'B'
9	00:23:48	Alex Pilcher	Derby Athletic Club	36	00:26:41	Laurence Hellawell	Keighley & Craven AC 'A'
10	00:23:51	Ryan Stephenson	Gateshead Harriers & AC 'A'	37	00:26:46	Chris Donnelly	Sale Harriers Manchester 'B'
11	00:24:04	Tom Jenkins	Hallamshire Harriers Sheffield	38	00:26:51	John Connolly	Penny Lane Striders 'A'
12	00:24:20	Dave Watson	Holmfirth Harriers AC	39	00:27:33	Stuart Little	Beverley Athletics Club
13	00:24:22	Alan Woods	Wirral AC	40	00:28:34	Jason Chow	Sheffield RC
14	00:24:31	Michael Dawson	Morpeth Harriers & AC	41	00:28:48	Graham Chesters	Salford Harriers & AC C
15	00:24:37	Lee Siemazco	Liverpool Harriers & AC 'B'	42	00:28:55	Martyn Pollitt	Burnden Road Runners
16	00:25:04	Kyle Craib	Rotherham Harriers & AC	43	00:28:59	Craig Sephton	Vale Royal AC 'A'
17	00:25:06	Simon Bruton	Salford Harriers & AC 'B'	44	00:29:13	Peter McNamara	Wakefield District H & AC
18	00:25:06	Matthew Thompson	Southport Waterloo AC	45	00:29:53	Paul Thompson	Clayton Le Moors Harriers
19	00:25:13	Peter Orr	Border Harriers & AC	46	00:30:20	Simone Capponi	Penny Lane Striders 'B'
20	00:25:14	Gavin Felten	Barnsley Athletic Club	47	00:30:48	Edward Hickling	Trafford Athletic Club 'B'
21	00:25:19	Liam Thompson	Leigh Harriers & AC	48	00:30:55	Alan Glasgow	Wesham Road Runners & AC
22	00:25:32	John Morrissey	Wigan Phoenix	49	00:31:06	Timothy Rainey	Sale Harriers Manchester C
23	00:25:40	Nick Schofield	Rossendale Harriers & AC	50	00:31:43	William Merritt	Liverpool Running Bugs 'B'
24	00:25:42	Glynne Lever	Horwich R M I Harriers	51	00:31:46	John Hampshire	Skipton AC
25	00:25:53	Jamie White	St Helens Sutton AC	52	00:32:39	John Cookson	Blackburn Harriers & AC 'B'
26	00:25:54	Peter Crawford	Sale Harriers Manchester 'A'	53	00:32:54	Mark Berry	Otley AC 'B'
27	00:25:59	Sam O'Neill	Scunthorpe & District AC	54	00:34:47	Colin Rathbone	Vale Royal AC 'B'

Stage 4

1	00:11:07	Niall Brooks	Sale Harriers Manchester 'A'	27	00:13:33	Rogan Ashton	Otley AC 'A'
2	00:11:22	John McCole	Liverpool Harriers & AC 'A'	28	00:13:35	Adrian Thomas	Keighley & Craven AC 'A'
3	00:11:26	Tarus Elly	Salford Harriers & AC 'A'	29	00:13:49	Roy Lilley	East Hull Harriers & AC
4	00:11:29	Graham Hogg	Trafford Athletic Club 'A'	30	00:13:50	Alex Cran	Clayton Le Moors Harriers
5	00:11:42	Steven Morrow	Liverpool Harriers & AC 'B'	31	00:13:51	Geoff Hall	Holmfirth Harriers AC
6	00:11:54	Elliott Jackson	New Marske Harriers Club	32	00:13:57	Paul Schumann	Liverpool Running Bugs 'A'
7	00:12:09	Andrew Lawrence	Morpeth Harriers & AC	33	00:14:03	James Griffiths	Vale Royal AC 'A'
8	00:12:11	Alexander Davy	Leeds City Athletic Club 'A'	34	00:14:05	Daniel Maynard	Blackburn Harriers & AC 'A'
9	00:12:24	Martin Swensson	Penny Lane Striders 'A'	35	00:14:31	Nicholas Duggan	Sheffield RC
10	00:12:28	Daniel Johnson	Gateshead Harriers & AC 'A'	36	00:14:34	David Bamford	Wigan Phoenix
11	00:12:29	Steve Ostler	Beverley Athletics Club	37	00:14:39	William Martin	Horwich R M I Harriers
12	00:12:41	Dean Matkin	Stockport Harriers & AC	38	00:14:40	Martin Jones	Leigh Harriers & AC
13	00:12:42	Jordan Littlehales	East Cheshire Harriers & Tames	39	00:14:45	Arlen Williams	Scunthorpe & District AC
14	00:12:49	Graham Millican	Border Harriers & AC	40	00:14:47	Gary Barnett	Wesham Road Runners & AC
15	00:12:49	Aaron Barker	Rossendale Harriers & AC	41	00:14:53	Andrew O'Connor	St Helens Sutton AC
16	00:12:50	Gerard Lenehan	Southport Waterloo AC	42	00:15:09	Keith Donald	Derby Athletic Club
17	00:12:54	Craig Fishwick	Hallamshire Harriers Sheffield	43	00:15:19	Chris Greenall	Burnden Road Runners
18	00:12:56	Mike Deegan	Salford Harriers & AC 'B'	44	00:15:20	Martin Horbury	Leeds City Athletic Club 'B'
19	00:13:03	Tom Waldron-Lynch	Rotherham Harriers & AC	45	00:15:39	Alastair Wallace	Skipton AC
20	00:13:08	Simeon Greenwood	Gateshead Harriers & AC 'B'	46	00:15:46	John Cannon	North Derbyshire RC
21	00:13:09	David Hook	Barrow & Furness Striders AC	47	00:15:49	Russell Burnham	Penny Lane Striders 'B'
22	00:13:10	Kelvin Dickinson	Wirral AC	48	00:16:54	Tommy Daniels	Salford Harriers & AC C
23	00:13:15	Tom White	Barnsley Athletic Club	49	00:16:58	Peter Rittenberg	Liverpool Running Bugs 'B'
24	00:13:19	Adam Simms	Altrincham & District AC	50	00:17:00	Andrew Leonard	Otley AC 'B'
25	00:13:21	Elton Davies	Sale Harriers Manchester 'B'	51	00:17:12	Brian Bradshaw	Sale Harriers Manchester C
26	00:13:27	Paul Hallas	Wakefield District H & AC	52	00:17:33	Chris Fay	Blackburn Harriers & AC 'B'

Stage 5

1	00:21:53	Anthony Ford	Sale Harriers Manchester 'A'	27	00:26:37	Aaron Lowery	Leeds City Athletic Club 'B'
2	00:22:48	Steven Vernon	Stockport Harriers & AC	28	00:26:40	Gavin Mann	Scunthorpe & District AC
3	00:23:03	Matthew Nicholson	Morpeth Harriers & AC	29	00:26:42	Martin Slater	Gateshead Harriers & AC 'B'
4	00:23:07	Christopher Parr	Gateshead Harriers & AC 'A'	30	00:26:42	Stephen Tilford	Wakefield District H & AC
5	00:23:11	Benjamin Riddell	Salford Harriers & AC 'A'	31	00:26:51	Carl Barber	Sale Harriers Manchester 'B'
6	00:23:20	Daniel Cliffe	Liverpool Harriers & AC 'A'	32	00:26:57	Steven Nijs	Liverpool Running Bugs 'A'
7	00:23:29	Robert Little	Hallamshire Harriers Sheffield	33	00:27:20	Ross Flood	Beverley Athletics Club
8	00:23:37	James Reed	Altrincham & District AC	34	00:27:30	Barry Graney	St Helens Sutton AC
9	00:23:56	Michael Burrett	Leeds City Athletic Club 'A'	35	00:27:38	Melvin Wallace	Barnsley Athletic Club
10	00:24:00	Joshua Bull	Derby Athletic Club	36	00:27:39	John Howarth	Leigh Harriers & AC
11	00:24:06	Ian Fisher	Otley AC 'A'	37	00:27:48	Gary Matthews	East Cheshire Harriers & Tames
12	00:24:17	Iain Quinn	Barrow & Furness Striders AC	38	00:27:50	David Shaw	Keighley & Craven AC 'A'
13	00:24:36	Richard Anderson	Holmfirth Harriers AC	39	00:28:02	Mark Pattinson	Wesham Road Runners & AC
14	00:24:37	Sam Tosh	Rossendale Harriers & AC	40	00:28:14	I Alexanderbarnes	Sheffield RC
15	00:24:53	Andrew Ward	Wigan Phoenix	41	00:28:21	Steven Penney	North Derbyshire RC
16	00:25:08	Peter Harrison	Border Harriers & AC	42	00:28:52	Martyn Bell	Horwich R M I Harriers
17	00:25:13	Chris Adams	Rotherham Harriers & AC	43	00:29:06	Ian Russell	Penny Lane Striders 'A'
18	00:25:14	Alan Ashton	Liverpool Harriers & AC 'B'	44	00:29:35	Callum Corneille	Salford Harriers & AC C
19	00:25:15	Patrick Vis	Southport Waterloo AC	45	00:29:36	Ben Carter	Vale Royal AC 'A'
20	00:25:20	Andy Pearson	New Marske Harriers Club	46	00:30:27	Martin Hirrell	Penny Lane Striders 'B'
21	00:25:34	Rob Sloane	Trafford Athletic Club 'A'	47	00:31:00	David Connor	Liverpool Running Bugs 'B'
22	00:25:43	Ian Jackson	Salford Harriers & AC 'B'	48	00:31:41	Mick Jeffrey	Otley AC 'B'
23	00:25:50	Andrew Stubbs	Clayton Le Moors Harriers	49	00:31:52	Steve Riddle	Burnden Road Runners
24	00:25:58	Mark Hulmston	Wirral AC	50	00:33:33	Derek Ives	Skipton AC
25	00:26:14	Michael Hargreaves	East Hull Harriers & AC	51	00:35:15	Paul Wilkinson	Blackburn Harriers & AC 'B'
26	00:26:28	Paul Bradshaw	Blackburn Harriers & AC 'A'				

Stage 6

1	00:11:39	Ben Russell	Liverpool Harriers & AC 'A'	27	00:14:05	Andrew Brett	Keighley & Craven AC 'A'
2	00:11:54	Nathan Kilcourse	Salford Harriers & AC 'A'	28	00:14:13	Clive Thornton	New Marske Harriers Club
3	00:12:02	Callum Greenwood	Sale Harriers Manchester 'A'	29	00:14:14	Graham Howatson	Holmfirth Harriers AC
4	00:12:06	Daniel Davis	Leeds City Athletic Club 'A'	30	00:14:15	Carl Balshaw	Horwich R M I Harriers
5	00:12:12	James Bleakley	Trafford Athletic Club 'A'	31	00:14:20	Joshua Reid	Scunthorpe & District AC
6	00:12:23	Thomas West	Gateshead Harriers & AC 'A'	32	00:14:21	Maurice Collins	St Helens Sutton AC
7	00:12:24	Andrew Buttery	Rossendale Harriers & AC	33	00:14:22	Chris Henry	Wirral AC
8	00:12:36	Graeme Mason	Border Harriers & AC	34	00:14:25	Brendan Dempsey	Salford Harriers & AC C
9	00:12:39	Armand Bush	Hallamshire Harriers Sheffield	35	00:14:27	Matthew Broughton	Otley AC 'A'
10	00:12:41	Gregory Hull	Leeds City Athletic Club 'B'	36	00:14:27	Jeoff Wittingham	Wigan Phoenix
11	00:12:42	George Thompson	Vale Royal AC 'A'	37	00:14:28	Paul Barrett	Sale Harriers Manchester 'B'
12	00:12:43	David Thornton	Blackburn Harriers & AC 'A'	38	00:14:59	Stephen McNicholas	Penny Lane Striders 'A'
13	00:12:45	Peter Savage	Barrow & Furness Striders AC	39	00:15:02	Andrew Howarth	Leigh Harriers & AC
14	00:12:50	Paul Payne	Stockport Harriers & AC	40	00:15:03	Steve Evins	Beverley Athletics Club
15	00:13:02	S Wynne-Williams	Liverpool Harriers & AC 'B'	41	00:15:07	Alistair Robinson	Wakefield District H & AC
16	00:13:02	Neil Gunstone	Morpeth Harriers & AC	42	00:15:14	Adam Hopkinson	Barnsley Athletic Club
17	00:13:07	John Knibb	Derby Athletic Club	43	00:15:28	Peter Robertshaw	Sheffield RC
18	00:13:14	D Brocklehurst	Salford Harriers & AC 'B'	44	00:15:52	Paul Christie	Burnden Road Runners
19	00:13:21	Jonathan Boyd	Gateshead Harriers & AC 'B'	45	00:16:06	Hugh Pearson	Otley AC 'B'
20	00:13:35	Michael Berks	Altrincham & District AC	46	00:16:07	Daniel Teasel	North Derbyshire RC
21	00:13:42	Stephen Robinson	East Cheshire Harriers & Tames	47	00:16:18	Andrew Keeley	Penny Lane Striders 'B'
22	00:13:45	Steve Lewis	Southport Waterloo AC	48	00:16:52	George Woodburn	Blackburn Harriers & AC 'B'
23	00:13:46	Tom Brewster	Clayton Le Moors Harriers	49	00:17:22	Andy Webster	Liverpool Running Bugs 'B'
24	00:13:50	Robert Kelly	Liverpool Running Bugs 'A'	50	00:18:09	Peter Cooke	Wesham Road Runners & AC
25	00:13:51	Mike Vinegrad	East Hull Harriers & AC	51	00:18:19	Michael Lowe	Skipton AC
26	00:13:52	Howard Darwin	Rotherham Harriers & AC				

Stage 7

1	00:21:43	Johnny Mellor	Liverpool Harriers & AC 'A'	26	00:26:30	Alex Rowe	Wesham Road Runners & AC
2	00:21:47	Nick McCormick	Morpeth Harriers & AC	27	00:26:31	Ben Dyson	Leeds City Athletic Club 'B'
3	00:22:04	James Wilkinson	Leeds City Athletic Club 'A'	28	00:26:32	Robert Berry	Southport Waterloo AC
4	00:22:23	Patrick Martin	Stockport Harriers & AC	29	00:26:44	Matthew Holt	East Cheshire Harriers & Tames
5	00:22:40	Andi Jones	Salford Harriers & AC 'A'	30	00:26:44	Jeff Prest	Trafford Athletic Club 'A'
6	00:23:19	Charles Hulson	Sale Harriers Manchester 'A'	31	00:26:49	Phillip Williams	Leigh Harriers & AC
7	00:23:30	Philip Hoole	Rotherham Harriers & AC	32	00:26:54	Mark Bissell	Liverpool Running Bugs 'A'
8	00:24:08	Nick Leigh	Altrincham & District AC	33	00:27:06	Philip Hall	Clayton Le Moors Harriers
9	00:24:42	Grant Cunliffe	Rossendale Harriers & AC	34	00:27:09	Nicholas Whittle	Sale Harriers Manchester 'B'
10	00:25:04	Shaun OGrady	New Marske Harriers Club	35	00:27:15	D Foster	Otley AC 'A'
11	00:25:08	Frederick Groves	Liverpool Harriers & AC 'B'	36	00:27:16	Kevin Connolly	Gateshead Harriers & AC 'B'
12	00:25:13	Jonathan Benson	Barrow & Furness Striders AC	37	00:27:20	Stuart Cunningham	North Derbyshire RC
13	00:25:23	D Chesser	Gateshead Harriers & AC 'A'	38	00:27:41	Stephen Nicholls	Wigan Phoenix
14	00:25:32	Zak Mellard	Hallamshire Harriers Sheffield	39	00:27:47	Neil Kelly	Penny Lane Striders 'A'
15	00:25:36	Gavin Marshall	Scunthorpe & District AC	40	00:27:49	David Darby	Barnsley Athletic Club
16	00:25:38	Pumlani Bangani	Salford Harriers & AC 'B'	41	00:28:32	David Townsend	Salford Harriers & AC C
17	00:25:47	George Thompson	Border Harriers & AC	42	00:28:48	Stephen Peacock	Beverley Athletics Club
18	00:25:51	Will Beauchamp	Sheffield RC	43	00:29:09	Chris Carver	Otley AC 'B'
19	00:25:52	Thomas Lawrence	Derby Athletic Club	44	00:29:19	Peter Johnson	St Helens Sutton AC
20	00:26:00	James Little	Holmfirth Harriers AC	45	00:29:43	Iain Stanton	Vale Royal AC 'A'
21	00:26:01	Richard Howarth	Horwich R M I Harriers	46	00:30:11	Chris Hunter	Wakefield District H & AC
22	00:26:14	John Sutton	Blackburn Harriers & AC 'A'	47	00:31:06	Marcus Taylor	Burnden Road Runners
23	00:26:16	Christopher Loftus	Keighley & Craven AC 'A'	48	00:31:19	Mitchell Hawkins	Penny Lane Striders 'B'
24	00:26:25	Philip Robertson	Wirral AC	49	00:31:37	Michael Clayton	Liverpool Running Bugs 'B'
25	00:26:26	Jonathan Frost	East Hull Harriers & AC	50	00:40:07	Richard Small	Skipton AC

Stage 8

1	00:11:21	Ian Hudspith	Morpeth Harriers & AC	26	00:14:12	David Parker	Barrow & Furness Striders AC
2	00:11:29	Callum Johnson	Gateshead Harriers & AC 'A'	27	00:14:12	Paul Cleasby	New Marske Harriers Club
3	00:11:29	David Mountford	Liverpool Harriers & AC 'A'	28	00:14:13	John Cross	Wirral AC
4	00:11:40	Dale Worton	Leeds City Athletic Club 'A'	29	00:14:20	Gavin Browne	East Cheshire Harriers & Tames
5	00:12:04	Matthew Shaw	Salford Harriers & AC 'A'	30	00:14:23	Kevin Foster	Wigan Phoenix
6	00:12:12	J Scott-Buccleuch	Stockport Harriers & AC	31	00:14:24	Dan Cunnington	Gateshead Harriers & AC 'B'
7	00:12:14	Chris Birchall	Leeds City Athletic Club 'B'	32	00:14:24	Jared Croft	Holmfirth Harriers AC
8	00:12:24	John Howe	Trafford Athletic Club 'A'	33	00:14:24	David Haines	Vale Royal AC 'A'
9	00:12:27	Andrew Grenfell	Rossendale Harriers & AC	34	00:14:57	Paul Clifford	Otley AC 'B'
10	00:12:39	Michael Grace	Salford Harriers & AC 'B'	35	00:15:08	Andy Glen	Liverpool Running Bugs 'B'
11	00:12:40	Michael Kilmartin	Sale Harriers Manchester 'B'	36	00:15:26	Alex Hayes	Leigh Harriers & AC
12	00:12:46	Dominic Scott	Altrincham & District AC	37	00:15:34	Martin Holding	Wakefield District H & AC
13	00:12:58	David Sprot	Hallamshire Harriers Sheffield	38	00:15:52	Stephen Dale	Beverley Athletics Club
14	00:13:09	David Smith	Rotherham Harriers & AC	39	00:15:52	Ronald Warrender	Salford Harriers & AC C
15	00:13:14	Martin Bateman	Liverpool Harriers & AC 'B'	40	00:15:58	Ian Monaghan	North Derbyshire RC
16	00:13:14	Robert Cushion	Liverpool Running Bugs 'A'	41	00:16:05	Mark Hurrell	Barnsley Athletic Club
17	00:13:16	Chris Neil	Border Harriers & AC	42	00:16:05	Tony Hesketh	Horwich R M I Harriers
18	00:13:18	William Cranston	Scunthorpe & District AC	43	00:16:31	Philip Harries	Derby Athletic Club
19	00:13:23	Mark Almond	Blackburn Harriers & AC 'A'	44	00:16:59	Eamonn Brady	Penny Lane Striders 'B'
20	00:13:25	Peter Roome	Southport Waterloo AC	45	00:17:21	David Aulton	Burnden Road Runners
21	00:13:40	Nigel Bedell	Keighley & Craven AC 'A'	46	00:17:55	Philip Leaver	Wesham Road Runners & AC
22	00:13:45	Chris Maddocks	Sheffield RC	47	00:18:40	Stan Irlam	St Helens Sutton AC
23	00:13:52	Huw Illingworth	Otley AC 'A'	48	00:18:58	Grahama Wilkinson	East Hull Harriers & AC
24	00:13:55	David Motley	Clayton Le Moors Harriers	49	00:18:58	Paul Norman	Skipton AC
25	00:14:11	Owen Jones	Penny Lane Striders 'A'	50	00:19:06	Matthew Holmes	Sale Harriers Manchester 'A'

Stage 9

1	00:22:37	Eddie McGinly	Liverpool Harriers & AC 'A'	26	00:26:46	Danny Gregson	Wigan Phoenix
2	00:23:06	Simon Deakin	Leeds City Athletic Club 'A'	27	00:26:54	Philip Foster	Leigh Harriers & AC
3	00:23:06	Joseph Bailey	Salford Harriers & AC 'A'	28	00:26:55	Joseph Kirkup	East Hull Harriers & AC
4	00:23:20	Lewis Timmins	Morpeth Harriers & AC	29	00:26:57	Edward Davies	Otley AC 'A'
5	00:23:24	James Bailey	Sale Harriers Manchester 'A'	30	00:26:58	Stuart Edmundson	Horwich R M I Harriers
6	00:24:09	Michael Sawrey	Stockport Harriers & AC	31	00:27:02	Matthew Merson	East Cheshire Harriers & Tames
7	00:24:21	Joseph Johnston	Rossendale Harriers & AC	32	00:27:03	Adam Blowers	New Marske Harriers Club
8	00:24:27	Steve Leverton	North Derbyshire RC	33	00:27:06	Robert Warner	Blackburn Harriers & AC 'A'
9	00:24:33	Richard Harris	Rotherham Harriers & AC	34	00:27:14	Adam Fozzard	Derby Athletic Club
10	00:24:46	Timmy Calder	Gateshead Harriers & AC 'A'	35	00:27:24	J Hopkinson	Keighley & Craven AC 'A'
11	00:24:55	Paul Faulkner	Hallamshire Harriers Sheffield	36	00:27:35	Nigel Grant	Penny Lane Striders 'A'
12	00:24:57	Gavin Chatterton	Leeds City Athletic Club 'B'	37	00:27:48	Trevor Rayner	Salford Harriers & AC C
13	00:25:06	Andrew Whittingham	Altrincham & District AC	38	00:27:51	Troy Watson	Wesham Road Runners & AC
14	00:25:08	David Lockett	Salford Harriers & AC 'B'	39	00:27:55	Mark Dalton	Beverley Athletics Club
15	00:25:12	C Winward	Barrow & Furness Striders AC	40	00:28:01	C Hainsworth	Gateshead Harriers & AC 'B'
16	00:25:14	Michael Hunt	Trafford Athletic Club 'A'	41	00:28:12	Keith Littlewood	Barnsley Athletic Club
17	00:25:23	Paul Smith	Holmfirth Harriers AC	42	00:28:24	Gary Baker	Sheffield RC
18	00:25:23	Laurie Luscombe	Liverpool Harriers & AC 'B'	43	00:28:30	John Roche	Clayton Le Moors Harriers
19	00:25:46	Jason Holmes	Border Harriers & AC	44	00:28:37	Ian Brough	Vale Royal AC 'A'
20	00:25:50	David Hamilton	Southport Waterloo AC	45	00:29:10	Lee White	Burnden Road Runners
21	00:25:59	Callum Rowlinson	Sale Harriers Manchester 'B'	46	00:29:14	Mark Whitehouse	Wakefield District H & AC
22	00:26:10	Steve Clark	Scunthorpe & District AC	47	00:31:33	Paul Brady	Penny Lane Striders 'B'
23	00:26:10	Jon Seymour	Wirral AC	48	00:31:49	Neil Reed	Otley AC 'B'
24	00:26:26	Matthew Crehan	St Helens Sutton AC	49	00:34:44	Jonathon Gardner	Liverpool Running Bugs 'B'
25	00:26:42	Anthony Wilcox	Liverpool Running Bugs 'A'				

Stage 10

1	00:11:42	Ricky Challinor	Liverpool Harriers & AC 'A'	26	00:13:57	Liam Spencer	Keighley & Craven AC 'A'
2	00:11:55	Michael Williams	Leeds City Athletic Club 'A'	27	00:13:57	Jed Turner	Sheffield RC
3	00:11:59	Kevin Bell	Border Harriers & AC	28	00:14:07	Gary Weedall	Vale Royal AC 'A'
4	00:12:06	Simon Marwood	Altrincham & District AC	29	00:14:12	Marc Jacques	Liverpool Running Bugs 'A'
5	00:12:07	Marc Elliott	Gateshead Harriers & AC 'A'	30	00:14:21	Paul Crowther	Holmfirth Harriers AC
6	00:12:13	Carl Thackery	Hallamshire Harriers Sheffield	31	00:14:32	Michael Hogan	Clayton Le Moors Harriers
7	00:12:17	Dean Hardman	Sale Harriers Manchester 'A'	32	00:14:34	Peter Shaw	Rotherham Harriers & AC
8	00:12:17	James Kovacs	Salford Harriers & AC 'A'	33	00:14:36	Gregory Morrell	Scunthorpe & District AC
9	00:12:21	Rob Dewhurst	Liverpool Harriers & AC 'B'	34	00:14:44	Paul Seddon	Wigan Phoenix
10	00:12:31	Neil Wilkinson	Morpeth Harriers & AC	35	00:14:45	Andrew Tate	Beverley Athletics Club
11	00:12:31	Alan Piggford	New Marske Harriers Club	36	00:14:50	Peter Willacy	Barrow & Furness Striders AC
12	00:12:35	Elliot Todd	Leeds City Athletic Club 'B'	37	00:14:57	Tom Potter	Otley AC 'A'
13	00:12:42	Jamie Loxam	Stockport Harriers & AC	38	00:14:59	James R K Hewell	Wesham Road Runners & AC
14	00:12:43	Jamie Fletcher	Derby Athletic Club	39	00:15:05	Ian Hayburn	St Helens Sutton AC
15	00:13:05	Ashley Kay	Rossendale Harriers & AC	40	00:15:06	Stephen Parr	Gateshead Harriers & AC 'B'
16	00:13:12	Luke Parker	Penny Lane Striders 'A'	41	00:15:06	Gary Roberts	Penny Lane Striders 'B'
17	00:13:12	Philip West	Salford Harriers & AC 'B'	42	00:15:22	Andy Duffy	Burnden Road Runners
18	00:13:21	Robert McGrath	Southport Waterloo AC	43	00:15:31	Ian Johnson	Salford Harriers & AC C
19	00:13:23	Dan Whittaker	Sale Harriers Manchester 'B'	44	00:15:42	T Richards-Vardy	Barnsley Athletic Club
20	00:13:31	John Indricks	Leigh Harriers & AC	45	00:15:50	Colin Wood	Horwich R M I Harriers
21	00:13:33	Gareth Woodcock	Trafford Athletic Club 'A'	46	00:16:04	Kevin Lenihan	North Derbyshire RC
22	00:13:43	James Shaw	East Cheshire Harriers & Tames	47	00:16:26	Richard Dearing	East Hull Harriers & AC
23	00:13:43	Neil Dutton	Wakefield District H & AC	48	00:17:20	Owen Cotterell	Liverpool Running Bugs 'B'
24	00:13:55	Simon Fox	Wirral AC	49	00:17:33	Richard Hamer	Otley AC 'B'
25	00:13:56	Steven Foley	Blackburn Harriers & AC 'A'				

Stage 11

1	00:22:31	Peter Newton	Morpeth Harriers & AC	25	00:26:48	Julian Rose	Holmfirth Harriers AC
2	00:23:00	Tom Cornthwaite	Salford Harriers & AC 'A'	26	00:26:51	Ian Grewar	East Hull Harriers & AC
3	00:23:17	James Smith	Leeds City Athletic Club 'A'	27	00:26:52	Adrian Fuller	Altrincham & District AC
4	00:23:45	Matthew Jackson	Liverpool Harriers & AC 'A'	28	00:26:56	David Vickers	Scunthorpe & District AC
5	00:24:07	Jack Morris	Stockport Harriers & AC	29	00:26:58	Steven Townley	Sale Harriers Manchester 'B'
6	00:24:19	Andrew Thake	Hallamshire Harriers Sheffield	30	00:27:15	David Brooksbank	Barnsley Athletic Club
7	00:24:40	Daniel McGrath	Salford Harriers & AC 'B'	31	00:27:25	Phil Waterworth	Wigan Phoenix
8	00:24:48	Ben Johnson	Southport Waterloo AC	32	00:27:31	David Broddle	Sheffield RC
9	00:24:50	Aidan Johnson	Rotherham Harriers & AC	33	00:27:33	John Sloan	East Cheshire Harriers & Tames
10	00:25:06	Colin Potts	Liverpool Harriers & AC 'B'	34	00:27:39	Lee Barlow	Wesham Road Runners & AC
11	00:25:09	Nasir Hussain	New Marske Harriers Club	35	00:27:51	John Chaplin	Blackburn Harriers & AC 'A'
12	00:25:17	Ian Wetherall	Sale Harriers Manchester 'A'	36	00:27:53	Paul Tate	Gateshead Harriers & AC 'B'
13	00:25:18	Patrick Miller	Barrow & Furness Striders AC	37	00:27:55	Clive Fitzpatrick	Trafford Athletic Club 'A'
14	00:25:20	Adam Osborne	Leeds City Athletic Club 'B'	38	00:28:06	Mark Gornall	Leigh Harriers & AC
15	00:25:21	James Pearson	Beverley Athletics Club	39	00:28:28	Neil Cosgrove	Liverpool Running Bugs 'A'
16	00:25:21	Sam Hearn	Gateshead Harriers & AC 'A'	40	00:28:38	Mark Wightman	Clayton Le Moors Harriers
17	00:26:06	Lee Morris	North Derbyshire RC	41	00:28:41	Dean Connolly	Penny Lane Striders 'A'
18	00:26:09	Lukas Lee	Keighley & Craven AC 'A'	42	00:29:34	Darren Cottier	Vale Royal AC 'A'
19	00:26:09	Christopher Ward	Wakefield District H & AC	43	00:29:37	Richard Clarke	Otley AC 'B'
20	00:26:13	Xavier Desse	Wirral AC	44	00:29:38	James O'Connor	Salford Harriers & AC C
21	00:26:14	Joseph Moores	Rossendale Harriers & AC	45	00:31:02	Malcolm Balmer	Penny Lane Striders 'B'
22	00:26:27	Richard Wilson	Derby Athletic Club	46	00:32:08	Karl Ward	Horwich R M I Harriers
23	00:26:33	Steve Angus	Border Harriers & AC	47	00:33:47	Michael Connor	Liverpool Running Bugs 'B'
24	00:26:45	Thomas Midgley	Otley AC 'A'				

Stage 12

1	00:11:25	Danny Mooney	Liverpool Harriers & AC 'A'	25	00:13:46	Gareth Melvin	Border Harriers & AC
2	00:11:38	Michael Cooke	Stockport Harriers & AC	26	00:13:54	David Nuttall	Rotherham Harriers & AC
3	00:11:43	Stephen Broadhurst	Liverpool Harriers & AC 'B'	27	00:13:57	Craig Wheeler	Trafford Athletic Club 'A'
4	00:11:45	Josh Tighe	Salford Harriers & AC 'A'	28	00:13:59	Elliot Hakner	Beverley Athletics Club
5	00:11:55	Dominic Shaw	New Marske Harriers Club	29	00:14:01	Paul Marshall	Wigan Phoenix
6	00:12:01	Darran Bilton	Leeds City Athletic Club 'A'	30	00:14:02	Elliot Bennett	Wesham Road Runners & AC
7	00:12:18	David Swinburne	Morpeth Harriers & AC	31	00:14:07	Makr Knowles	Keighley & Craven AC 'A'
8	00:12:21	David Hudson	Salford Harriers & AC 'B'	32	00:14:17	Michael Hemmings	Scunthorpe & District AC
9	00:12:26	Ray Jones	Barrow & Furness Striders AC	33	00:14:18	Dave Lovatt	Penny Lane Striders 'A'
10	00:12:27	Michael Wood	Leeds City Athletic Club 'B'	34	00:14:30	Mark Connor	Liverpool Running Bugs 'A'
11	00:12:29	Andrew Blair	Sale Harriers Manchester 'A'	35	00:14:31	Duncan McCarrick	Leigh Harriers & AC
12	00:12:34	Andrew Norman	Altrincham & District AC	36	00:14:52	Gary Whitfield	Penny Lane Striders 'B'
13	00:12:48	Dean Furniss	Hallamshire Harriers Sheffield	37	00:14:53	Malcolm Taylor	Sheffield RC
14	00:12:54	Phil Jacques	East Cheshire Harriers & Tames	38	00:15:29	Stanley Curran	Salford Harriers & AC C
15	00:12:57	Simon Mills	Sale Harriers Manchester 'B'	39	00:16:08	Tom Marsh	Otley AC 'A'
16	00:12:58	Nigel Camilleri	Gateshead Harriers & AC 'A'	40	00:16:44	Pete Bland	Horwich R M I Harriers
17	00:12:58	Steven Wilkinson	Southport Waterloo AC	41	00:16:54	Tim Clayton	North Derbyshire RC
18	00:13:00	Peter Scarrett	Wirral AC	42	00:17:01	John Dade	Otley AC 'B'
19	00:13:24	Tony Smith	Wakefield District H & AC	43	00:17:13	Dave Bennett	Barnsley Athletic Club
20	00:13:32	Scott Monk	Blackburn Harriers & AC 'A'	44	00:19:06	John Dunphy	Liverpool Running Bugs 'B'
21	00:13:35	Ian Stevens	Derby Athletic Club	45	00:19:20	John Stephenson	Gateshead Harriers & AC 'B'
22	00:13:35	John Ewart	Holmfirth Harriers AC	46	00:19:39	Bill Hodgkinson	Vale Royal AC 'A'
23	00:13:35	Andrew Fell	Rossendale Harriers & AC	47	00:20:30	Peter Dearing	East Hull Harriers & AC
24	00:13:38	Robert Aspinall	Clayton Le Moors Harriers				