

# Mid Lancs Cross Country League at Kendal on Saturday 8th December 2012

## Under 11 girl — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time						
1	Jasmine Jolly	Preston Harriers & Ac	6:53	22	Mary Campbell	Border Harriers & Ac			8:26
2	Olivia Mason	Team North Cumbria	7:00	23	Annie Duffy	Preston Harriers & Ac			8:28
3	Stephanie Driscoll	Kendal AAC	7:10	24	Erin Bagge	Helm Hill			8:35
4	Malisa Sproul	Kendal AAC	7:11	25	Lydia Shenton	Lancaster & Morecambe Ac			8:51
5	Mia Walsh	Helm Hill	7:12	26	Alice Eastwood	Kendal AAC			8:56
6	Emily McNeill	Blackpool Wyre & Fylde Ac	7:14	27	Maisie Rogers	Blackpool Wyre & Fylde Ac			8:59
7	Isabelle Woodman	Blackpool Wyre & Fylde Ac	7:20	28	Katie Bland	Kendal AAC			9:02
8	Daniella Parriale	Blackpool Wyre & Fylde Ac	7:28	29	Mia Richardson	Lancaster & Morecambe Ac			9:03
9	Nicola Moynihan	Hyndburn Ac	7:33	30	Roanna Holdsworth	Clayton Le Moors Harriers			9:06
10	Grace Webster	Blackpool Wyre & Fylde Ac	7:42	31	Maddison Bretherton	Chorley			9:06
11	Abbie Allan	Helm Hill	7:43	32	Megan Howarth	Southport Waterloo Ac			9:09
12	Kirsty Hamilton	Lancaster & Morecambe Ac	7:51	33	\$Alayna Irvine	Unattached			9:15
13	Ruby Schofield	Pendle Athletic Club	7:54	34	Shelley Newell	Rossendale Harriers & Ac			9:16
14	Caitlen Whitehead	Helm Hill	7:56	35	Madeleine King	Kendal AAC			9:24
15	Christina Foster	Team North Cumbria	7:57	36	Jessica Wolley	Kendal AAC			9:43
16	Maisy Vasic	Rossendale Harriers & Ac	7:59	37	Katrina Newell	Rossendale Harriers & Ac			9:47
17	Clara Davies	Team North Cumbria	8:00	38	Macy Hinnigan	Lancaster & Morecambe Ac			9:49
18	Lilly-Ann Grayson	Southport Waterloo Ac	8:01	39	Amber Swinglehot	Preston Harriers & Ac			10:23
19	Emily Hunter	Chorley	8:02	40	A Butler-Chatteu	Preston Harriers & Ac			10:58
20	Caitlin McCarrick	Chorley	8:03	41	Abigal Short	Lancaster & Morecambe Ac			11:06
21	Emelia Stevens	Helm Hill	8:20						

## Under 11 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time						
1	Ben McLaughlin	Leigh Harriers & Ac	6:36	24	James Billington	Kendal AAC			7:38
2	Matthew Mackay	Rossendale Harriers & Ac	6:38	25	Harry Shaw	Lancaster & Morecambe Ac			7:39
3	Fraser Sproul	Kendal AAC	6:38	26	Seth Elliott	Blackburn Harriers & Ac			7:42
4	George Owen	Hyndburn Ac	6:40	27	Joe Lupton	Hyndburn Ac			7:44
5	Benjamin Preddy	Blackpool Wyre & Fylde Ac	6:41	28	Josh Roelants	Helm Hill			7:45
6	Louie Johnson	Team North Cumbria	6:46	29	\$Harvey Shaw	Unattached			7:46
7	Lucas Done	Lancaster & Morecambe Ac	6:52	30	Thomas Durney	Preston Harriers & Ac			7:46
8	Curtis Done	Lancaster & Morecambe Ac	6:55	31	Thomas Russell	Helm Hill			7:47
9	Jamie Jackson	Blackpool Wyre & Fylde Ac	7:05	32	Simon Holt	Lytham St Annes Rr Club			7:48
10	Charley Thompson	Barrow & Furness Striders Ac	7:05	33	Harvey Cooper	Barrow & Furness Striders Ac			7:50
11	Samuel Fox	Hyndburn Ac	7:07	34	Alex Bernstein	Preston Harriers & Ac			7:51
12	Tyler Hannafin	Lancaster & Morecambe Ac	7:08	35	Charlie Wilkinson	Lancaster & Morecambe Ac			7:54
13	Scott Gouldthorpe	Chorley	7:16	36	Sam Coupland	Southport Waterloo Ac			8:01
14	\$Ben Armstead	Unattached	7:18	37	Henry Wilson	Chorley			8:02
15	Joseph Newby	Team North Cumbria	7:19	38	Harvey Coates	Kendal AAC			8:09
16	\$Charlie Harding	AERAGON STRI	7:22	39	Ben Cudby	Kendal AAC			8:12
17	Conner O'Hara	Glaxo Hoad Hill Harriers	7:23	40	Harry Booth	Lytham St Annes Rr Club			8:16
18	Luke Parker	Hyndburn Ac	7:27	41	Fergal Mills	Lancaster & Morecambe Ac			8:17
19	Luke Hunter	Chorley	7:28	42	Archie McKnespiey	Team North Cumbria			8:25
20	Pierce Harris	Helm Hill	7:28	43	Harley Johnson	Team North Cumbria			8:27
21	Louis Hardy	Southport Waterloo Ac	7:35	44	Tom Kirkley	Lancaster & Morecambe Ac			8:32
22	Ellis Hardy	Southport Waterloo Ac	7:35	45	Ryan Heneghan	Rossendale Harriers & Ac			9:00
23	Toby Norman	Kendal AAC	7:38	46	Adam Hulme	Liverpool Pembroke Sefton			10:34

## Under 13 Girl — FINAL RESULTS

Pos	Name	Club	Time						
1	Charlotte Crook	Preston Harriers & Ac	10:38	18	Hannah Eadie	Blackpool Wyre & Fylde Ac			12:07
2	Imogen Burrow	Helm Hill	10:39	19	Mia Senior	Helm Hill			12:09
3	Emma Alderson	Southport Waterloo Ac	10:54	20	Emily Hall	Preston Harriers & Ac			12:10
4	Emma Whitaker	Lancaster & Morecambe Ac	11:01	21	Breanne Kelso	Team North Cumbria			12:15
5	Samantha Bland	Kendal AAC	11:01	22	Molly Rudkin	Team North Cumbria			12:17
6	Emma Wright	Team North Cumbria	11:10	23	Chloe Hall	Preston Harriers & Ac			12:19
7	Ella Moulding	Lytham St Annes Rr Club	11:14	24	Alex Barnsley	Liverpool Pembroke Sefton			12:20
8	Sarah Longshaw	Rossendale Harriers & Ac	11:20	25	Esme Daview	Team North Cumbria			12:21
9	Eve Hutchinson	Hyndburn Ac	11:22	26	Imogen Gorst	Kendal AAC			12:41
10	Camilia McKnespiey	Team North Cumbria	11:24	27	Meisha Mackinnon	Glaxo Hoad Hill Harriers			12:44
11	Irvine Natalya	Blackburn Harriers & Ac	11:26	28	Holly Keelan	Preston Harriers & Ac			12:49
12	Maddie Elliott	Blackburn Harriers & Ac	11:54	29	Hannah Mulholland	Preston Harriers & Ac			12:52
13	Charlie Coy	Hyndburn Ac	11:54	30	Rose Abbott	Blackburn Harriers & Ac			12:58
14	Georgia Cooper	Barrow & Furness Striders Ac	11:56	31	Tegan Macuras	Preston Harriers & Ac			13:05
15	Alice Pier	Clayton Le Moors Harriers	12:04	32	Isobel Bryson	Glaxo Hoad Hill Harriers			13:25
16	Megan Barnsley	Liverpool Pembroke Sefton	12:05	33	Katie Thurlow	Helm Hill			13:29
17	Alex Bunclark	Southport Waterloo Ac	12:05	34	Georgia Shepard	Lancaster & Morecambe Ac			14:12

## Under 13 Girl — TEAM RESULTS

1 Team North Cumbria	59 —	6 Emma Wright	10 Camilia McKnespiey	21 Breanne Kelso	22 Molly Rudkin
2 Preston Harriers & Ac	72 —	1 Charlotte Crook	20 Emily Hall	23 Chloe Hall	28 Holly Keelan

# Mid Lancs Cross Country League at Kendal on Saturday 8th December 2012

## Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Name	Club	Time
1	Cole Blaikie	Kendal AAC	11:18
2	Dean Tierney	Preston Harriers & Ac	11:20
3	Ben Blackburn	Lancaster & Morecambe Ac	11:38
4	Nathan Dunn	Wigan & District H & Ac	11:40
5	Kai Atkins	Pendle Athletic Club	11:53
6	Connor Finlayson	Blackpool Wyre & Fylde Ac	11:57
7	Adam Roberts	Preston Harriers & Ac	12:00
8	Jerome Jolly	Preston Harriers & Ac	12:02
9	Tristan Jameau	Lancaster & Morecambe Ac	12:10
10	Shaun Beckett	Preston Harriers & Ac	12:18
11	George Ashcroft	Preston Harriers & Ac	12:23
12	Jacob Aubrey	Helm Hill	12:24
13	Alexander Burkett	Kendal AAC	12:25
14	Tom Bowe	Lancaster & Morecambe Ac	12:28
15	George Robinson	Blackpool Wyre & Fylde Ac	12:31
16	Louis Barrow	Preston Harriers & Ac	12:36
17	Joe Lonsdale	Pendle Athletic Club	12:40
18	Elliot Snape	Rossendale Harriers & Ac	12:42
19	Curtis Holt	Clayton Le Moors Harriers	12:50
20	Jack Wilson	Chorley	12:54
21	Luke Parker	Preston Harriers & Ac	12:56
22	Gregan Baker	Pendle Athletic Club	13:08
23	Tim Collinson	Blackpool Wyre & Fylde Ac	13:10

## Race 4 - Under 13 Boys — TEAM RESULTS

1	Preston Harriers & Ac	27	—	2	Dean Tierney	7	Adam Roberts	8	Jerome Jolly	10	Shaun Beckett
2	Lancaster & Morecambe Ac	50	—	3	Ben Blackburn	9	Tristan Jameau	14	Tom Bowe	24	Joe Kirkley
3	Pendle Athletic Club	69	—	5	Kai Atkins	17	Joe Lonsdale	22	Gregan Baker	25	Geffen Jacob Van
4	Preston Harriers & Ac 'B'	79	—	11	George Ashcroft	16	Louis Barrow	21	Luke Parker	31	Joseph Duffy
5	Blackpool Wyre & Fylde Ac	80	—	6	Connor Finlayson	15	George Robinson	23	Tim Collinson	36	William Holmes

## Race 4 - Under 15 Girls — FINAL RESULTS

Pos	Name	Club	Time
1	Grace Handley	Blackburn Harriers & Ac	11:55
2	Rosie Dale	Lancaster & Morecambe Ac	12:02
3	Rebecca Buchanan	Team North Cumbria	12:16
4	Deni Impett	Blackburn Harriers & Ac	12:21
5	Georgia Hanman	Lancaster & Morecambe Ac	12:26
6	Meg Beckett	Preston Harriers & Ac	12:41
7	Heidi Murray	Kendal AAC	12:43
8	Anna Hulme	Liverpool Pembroke Sefton	12:56
9	Katherine Lawson	Helm Hill	13:07
10	Elisha Lyttle	Preston Harriers & Ac	13:38
11	Charlotte Whitaker	Lancaster & Morecambe Ac	13:48
12	Savannah Morgan	Southport Waterloo Ac	14:02
13	Emma Guilfoyle	Hyndburn Ac	14:06
14	Rosie Walsh	Liverpool Pembroke Sefton	14:20
15	Georgia Stevens	Helm Hill	14:21
16	Lydia Edmondson	Preston Harriers & Ac	14:42
17	Abigail Howie	Glaxo Hoad Hill Harriers	14:51
18	Melissa Ingram	Chorley	15:06
19	Adele Ogden	Pendle Athletic Club	15:08
20	Maisie Wilkinson	Lancaster & Morecambe Ac	15:40
21	Lauren Brook	Blackpool Wyre & Fylde Ac	15:50
22	Rebecca Terras	Blackpool Wyre & Fylde Ac	16:10

## Race 4 - Under 15 Girls — TEAM RESULTS

1	Lancaster & Morecambe Ac	38	—	2	Rosie Dale	5	Georgia Hanman	11	Charlotte Whitaker	20	Maisie Wilkinson
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## Race 5 - Under 15 Boys — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Chris Durney	Preston Harriers & Ac	14:22
2	Fabrice Kisela	Preston Harriers & Ac	14:22
3	Scott Wilson	Team North Cumbria	14:45
4	Matthew Barnes	Pendle Athletic Club	15:13
5	James Marchant	Pendle Athletic Club	15:21
6	Elliott Matier	Team North Cumbria	15:28
7	Byron Abbott	Blackburn Harriers & Ac	15:32
8	Ethan Darr	Preston Harriers & Ac	15:36
9	Matthew Senior	Helm Hill	15:42
10	Joseph Smith	Team North Cumbria	15:46
11	Tieman Crokken	Pendle Athletic Club	15:47
12	Liam Bibby	Liverpool Pembroke Sefton	15:52
13	Robert Bryning	Preston Harriers & Ac	16:02
14	Sam Miley	Liverpool Harriers & Ac	16:09
15	Christopher Luff	Preston Harriers & Ac	16:11
16	Thomas Harbour	Blackburn Harriers & Ac	16:18
17	Paul Blezard	Preston Harriers & Ac	16:18
18	Jack McNeela	Preston Harriers & Ac	16:21
19	George Tostevin	Lancaster & Morecambe Ac	16:24
20	Samuel Matthews	Blackpool Wyre & Fylde Ac	16:29
21	Tom Shearer	Southport Waterloo Ac	16:39
22	Connor Richardson	Rossendale Harriers & Ac	16:42
23	Adam Moorcroft	Liverpool Harriers & Ac	16:48
24	Niall Graham	Lancaster & Morecambe Ac	17:04
25	Thomas Matthews	Blackpool Wyre & Fylde Ac	17:20
26	Matthew Adamson	Team North Cumbria	17:34
27	Jonty Dacre	Barrow & Furness Striders Ac	17:52
28	Chris Rimmer	Southport Waterloo Ac	17:53
29	Luke Turner	Glaxo Hoad Hill Harriers	18:13
30	Keenan Wright	Glaxo Hoad Hill Harriers	21:25

## Race 5 - Under 15 Boys — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Preston Harriers & Ac	24	—	1	Chris Durney	2	Fabrice Kisela	8	Ethan Darr	13	Robert Bryning
2	Team North Cumbria	45	—	3	Scott Wilson	6	Elliott Matier	10	Joseph Smith	26	Matthew Adamson

# Mid Lancs Cross Country League at Kendal on Saturday 8th December 2012

## Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Abbie Hetherington	TeamNorth Cumbria	16:03
2	Rebecca Flanagan	Rosendale Harriers & Ac	16:58
3	Rachael Scott	Preston Harriers & Ac	17:05
4	Emma Hargreaves	Preston Harriers & Ac	17:31
5	Grace Maddox	Preston Harriers & Ac	18:00
6	Megan Solomon	Rosendale Harriers & Ac	18:00

## Race 5 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Preston Harriers & Ac      12 — 3 Rachael Scott      4 Emma Hargreaves      5 Grace Maddox

## Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Club	Time
1	Jamaine Coleman	Preston Harriers & Ac	21:10
2	Patrick Dever	Preston Harriers & Ac	21:11
3	Matthew Shackleton	Lancaster & Morecambe Ac	21:42
4	Will Jackson	Border Harriers & Ac	21:51
5	Ryan Blackwell	Liverpool Pembroke Sefton	22:20
6	Daniel Bebbington	Preston Harriers & Ac	22:37
7	Ross Campbell	Barrow & Furness Striders Ac	22:39
8	Matthew Harris	Rosendale Harriers & Ac	22:58
9	Neil Orr	Border Harriers & Ac	23:05
10	James Loftus	Liverpool Pembroke Sefton	23:11
11	Matthew Dutton	Pendle Athletic Club	23:17
12	Tom Harrison	Border Harriers & Ac	23:22
13	Rob Shaw	Lancaster & Morecambe Ac	23:36

## Race 6 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Preston Harriers & Ac      9 — 1 Jamaine Coleman      2 Patrick Dever      6 Daniel Bebbington  
2 Border Harriers & Ac      25 — 4 Will Jackson      9 Neil Orr      12 Tom Harrison  
3 Lancaster & Morecambe Ac      30 — 3 Matthew Shackleton      13 Rob Shaw      14 James Riach  
4 Liverpool Pembroke Sefton      32 — 5 Ryan Blackwell      10 James Loftus      17 Jonathan Bride

## Race 6 - Ladies under 20

Pos	Name	Cat/Pos	Club	Time
1	Melanie Hyder	LJ	1 Helm Hill	24:57
2	Beckie Taylor	LJ	2 Blackburn Harriers & Ac	25:49
3	Lauren Gowland	LJ	3 Blackpool Wyre & Fylde Ac	26:23
4	\$Cane Beadle	LJ	4 Cambridge H & H	26:45
5	Lauren Munro-Bennett	LJ	5 Helm Hill	26:51
6	Jessica McDermott	LJ	6 Preston Harriers & Ac	27:30
7	\$Michela Kellet	LJ	7 Seaton Athletic Club	27:38
8	Zoe Barrett	LJ	8 Kendal AAC	31:09

## Race 6 - Ladies under 20 — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League at Kendal on Saturday 8th December 2012

## Race 6 - Ladies over 18

Pos	Name	Cat/Pos	Club	Time
1	Amanda Crook	L	1 Southport Waterloo Ac	23:47
2	Stephanie Rowe	L	2 Preston Harriers & Ac	24:25
3	Melanie Hyder	LJ	1 Helm Hill	24:57
4	Clare McKeown	L35	1 Border Harriers & Ac	25:21
5	Lynne Cloughy	L35	2 Chorley	25:37
6	Ruth Hetherington	L35	3 Eden Runners	25:42
7	Beckie Taylor	LJ	2 Blackburn Harriers & Ac	25:49
8	Joanna Goomey	L35	4 Wesham Road Runners & Ac	26:10
9	Samatha Ayers	L35	5 Team North Cumbria	26:10
10	Lauren Gowland	LJ	3 Blackpool Wyre & Fylde Ac	26:23
11	Clare Constable	L35	6 Southport Waterloo Ac	26:27
12	Suzanne Budgett	L45	1 Horwich R M I Harriers	26:35
13	SCane Beadle	LJ	4 Cambridge H & H	26:45
14	Lauren Munro-Bennett	LJ	5 Helm Hill	26:51
15	Claire Wilson	L	15 Kendal AAC	26:51
16	Karen Bridge	L35	7 Eden Runners	26:57
17	Julie Platt	L35	8 Wigan & District H & Ac	27:11
18	Emma Flanagan	L	18 Rossendale Harriers & Ac	27:12
19	Tracey Peters	L	19 Southport Waterloo Ac	27:24
20	Jessica McDermott	LJ	6 Preston Harriers & Ac	27:30
21	Joanne Taylor	L35	9 Lancaster & Morecambe Ac	27:35
22	Michela Kellet	LJ	7 Seaton Athletic Club	27:38
23	Hazel Davies	L45	2 Team North Cumbria	28:10
24	Sarah Sherratt	L35	10 Wesham Road Runners & Ac	28:13
25	Tracey Dutton	L35	11 Wigan & District H & Ac	28:26
26	Marion Hesketh	L55	1 Preston Harriers & Ac	28:28
27	Angela Delaney	L45	3 Southport Waterloo Ac	28:31
28	Emma McKnespiey	L35	12 Team North Cumbria	28:35
29	Emma Cooper	L	29 Border Harriers & Ac	28:39
30	Jacqui Jones	L45	4 Wigan & District H & Ac	28:40
31	Jayne Perry	L	31 Lancaster & Morecambe Ac	28:40
32	Bua Kalisiram	L35	13 Liverpool Pembroke Sefton	28:47
33	Michelle Devine	L	33 Horwich R M I Harriers	28:49
34	Stasia Bligh	L35	14 Blackpool Wyre & Fylde Ac	28:52
35	Kath Crisp	L35	15 Barrow & Furness Striders Ac	28:58
36	Danielle Burrows	L	36 Garstang	29:19
37	Michelle Spencer	L35	16 Southport Waterloo Ac	29:23
38	Lucy Varney	L35	17 Kendal AAC	29:26
39	Stephanie Gillies	L45	5 Glaxo Hoad Hill Harriers	29:27
40	Carole Baines	L45	6 Astley & Tyldesley RR	29:30
41	Katharine Hoyland	L	41 Lytham St Annes Rr Club	29:37
42	Niki Rushton	L45	7 Chorley	29:40
43	Sue Cooper	L55	2 Southport Waterloo Ac	29:42
44	Heather Eccles	L	44 Eden Runners	29:49
45	Amanda Burrow	L35	18 Helm Hill	29:50
46	Joanne McLeod	L45	8 Glaxo Hoad Hill Harriers	29:51
47	Jenn Thompson	L	47 Wesham Road Runners & Ac	29:55
48	Vicky Heyes	L35	19 Clayton Le Moors Harriers	29:57
			49 Charlotte Rawcliffe	30:02
			L55 3 Kendal AAC	30:04
			L45 9 Clayton Le Moors Harriers	30:14
			L45 10 Astley & Tyldesley RR	30:31
			L35 20 Blackpool Wyre & Fylde Ac	30:48
			L55 4 Red Rose Road Runners	30:50
			L45 11 Chorley	30:53
			L45 12 Blackpool Wyre & Fylde Ac	30:56
			LJ 8 Kendal AAC	31:09
			L45 13 Wesham Road Runners & Ac	31:14
			L45 14 Southport Waterloo Ac	31:24
			L45 15 Wharfedale Harriers	31:25
			L 61 Lytham St Annes Rr Club	31:29
			L35 21 Barrow & Furness Striders Ac	31:34
			L35 22 Barrow & Furness Striders Ac	31:39
			L 64 Border Harriers & Ac	31:55
			L55 5 Blackpool Wyre & Fylde Ac	31:58
			L 66 Barrow & Furness Striders Ac	32:03
			L 67 Southport Waterloo Ac	32:08
			L55 6 Eden Runners	32:10
			L35 23 Barrow & Furness Striders Ac	32:22
			L35 24 Garstang	33:40
			L35 25 Lytham St Annes Rr Club	33:50
			L55 7 Southport Waterloo Ac	33:53
			L45 16 Red Rose Road Runners	34:35
			L55 8 Southport Waterloo Ac	34:42
			L45 17 Lytham St Annes Rr Club	34:55
			L45 18 Astley & Tyldesley RR	35:13
			L45 19 Southport Waterloo Ac	35:27
			L45 20 Lytham St Annes Rr Club	35:39
			L 79 Clayton Le Moors Harriers	35:53
			L55 9 Lytham St Annes Rr Club	36:18
			L 81 Horwich R M I Harriers	36:22
			L45 21 Garstang	36:34
			L55 10 Garstang	36:47
			L55 11 Chorley	37:02
			L45 22 Lancaster & Morecambe Ac	37:24
			L45 23 Red Rose Road Runners	37:48
			L55 12 Lytham St Annes Rr Club	38:10
			L55 13 Lytham St Annes Rr Club	38:13
			L45 24 Glaxo Hoad Hill Harriers	38:56
			L35 26 Pendle Athletic Club	39:05
			L55 14 Blackpool Wyre & Fylde Ac	40:14
			L45 25 Clayton Le Moors Harriers	41:02
			L55 15 Clayton Le Moors Harriers	42:33
			L45 26 Border Harriers & Ac	46:24
			L 95 Thornton	46:43
			L55 16 Lytham St Annes Rr Club	47:10

## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	30	—	1 Amanda Crook	11 Clare Constable	18 Tracey Peters
2 Preston Harriers & Ac	45	—	2 Stephanie Rowe	19 Jessica McDermott	24 Marion Hesketh
3 Team North Cumbria	56	—	9 Samatha Ayers	21 Hazel Davies	26 Emma McKnespiey
4 Helm Hill	59	—	3 Melanie Hyder	13 Lauren Munro-Bennett	43 Amanda Burrow
5 Eden Runners	63	—	6 Ruth Hetherington	15 Karen Bridge	42 Heather Eccles
6 Wigan & District H & Ac	67	—	16 Julie Platt	23 Tracey Dutton	28 Jacqui Jones
7 Wesham Road Runners & Ac	75	—	8 Joanna Goomey	22 Sarah Sherratt	45 Jenn Thompson
8 Border Harriers & Ac	92	—	4 Clare McKeown	27 Emma Cooper	61 Ali Wilson
9 Blackpool Wyre & Fylde Ac	93	—	10 Lauren Gowland	32 Stasia Bligh	51 Laura Lawler
10 Kendal AAC	98	—	14 Claire Wilson	36 Lucy Varney	48 Dianne Priestley
11 Chorley	98	—	5 Lynne Cloughy	40 Niki Rushton	53 Anna Crabtree
12 Southport Waterloo Ac 'B'	101	—	25 Angela Delaney	35 Michelle Spencer	41 Sue Cooper
13 Horwich R M I Harriers	121	—	12 Suzanne Budgett	31 Michelle Devine	78 Christa Whatmough
14 Lancaster & Morecambe Ac	131	—	20 Joanne Taylor	29 Jayne Perry	82 Diane Riach
15 Barrow & Furness Striders Ac	152	—	33 Kath Crisp	59 Sonja Foster	60 Jill Seddon
16 Astley & Tyldesley RR	161	—	38 Carole Baines	50 Linda Whittaker	73 Kim O'Neil
17 Lytham St Annes Rr Club	165	—	39 Katharine Hoyland	58 Felicity Wolohan	68 Catherine French
18 Glaxo Hoad Hill Harriers	167	—	37 Stephanie Gillies	44 Joanne McLeod	86 Penny Moreton
19 Clayton Le Moors Harriers	171	—	46 Vicky Heyes	49 Irene Roche	76 Sarah Whittaker
20 Garstang	180	—	34 Danielle Burrows	67 Sheena Cottam	79 Philippa Olive
21 Southport Waterloo Ac 'C'	190	—	57 Carole James	64 Sarah Grayson	69 Christine Cutner
22 Blackpool Wyre & Fylde Ac 'B'	204	—	54 Karen Dunford	62 Alison Titterington	88 Hilary Goomey
23 Red Rose Road Runners	205	—	52 Anne Wallworth	70 Sally Cape	83 Karen Clark
24 Lytham St Annes Rr Club 'B'	224	—	72 Julia Rolfe	75 Fiona Geldard	77 Janice Cobley
25 Lytham St Annes Rr Club 'C'	262	—	84 Pamela Binns	85 Sylvia Gittins	93 Dawn Lock

### Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Team North Cumbria	32 — 5 Samatha Ayers	11 Hazel Davies	16 Emma McKnespiey
2 Wigan & District H & Ac	39 — 9 Julie Platt	13 Tracey Dutton	17 Jacqui Jones
3 Southport Waterloo Ac	42 — 6 Clare Constable	15 Angela Delaney	21 Michelle Spencer
4 Wesham Road Runners & Ac	53 — 4 Joanna Goorney	12 Sarah Sherratt	37 Tracey Hulme
5 Eden Runners	53 — 3 Ruth Hetherington	8 Karen Bridge	42 Teresa Douglas
6 Chorley	62 — 2 Lynne Cloughy	25 Niki Rushton	35 Anna Crabtree
7 Blackpool Wyre & Fylde Ac	88 — 19 Stasia Bligh	33 Laura Lawler	36 Karen Dunford
8 Barrow & Furness Striders Ac	99 — 20 Kath Crisp	39 Sonja Foster	40 Jill Seddon
9 Astley & Tyldesley RR	106 — 24 Carole Baines	32 Linda Whittaker	50 Kim O'Neil
10 Southport Waterloo Ac 'B'	110 — 26 Sue Cooper	38 Carole James	46 Christine Cutner
11 Glaxo Hoad Hill Harriers	112 — 23 Stephanie Gillies	28 Joanne McLeod	61 Penny Moreton
12 Clayton Le Moors Harriers	124 — 29 Vicky Heyes	31 Irene Roche	64 Sue Allen
13 Red Rose Road Runners	139 — 34 Anne Wallworth	47 Sally Cape	58 Karen Clark
14 Lytham St Annes Rr Club	146 — 45 Catherine French	49 Julia Rolfe	52 Fiona Geldard
15 Garstang	153 — 44 Sheena Cottam	54 Philippa Olive	55 Mary Hewitt
16 Lytham St Annes Rr Club 'B'	172 — 53 Janice Copley	59 Pamela Binns	60 Sylvia Gittins

### Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	31 — 4 Angela Delaney	9 Sue Cooper	18 Carole James
2 Astley & Tyldesley RR	45 — 7 Carole Baines	13 Linda Whittaker	25 Kim O'Neil
3 Glaxo Hoad Hill Harriers	52 — 6 Stephanie Gillies	10 Joanne McLeod	36 Penny Moreton
4 Chorley	54 — 8 Niki Rushton	15 Anna Crabtree	31 Shelley Parkinsony
5 Red Rose Road Runners	69 — 14 Anne Wallworth	22 Sally Cape	33 Karen Clark
6 Southport Waterloo Ac 'B'	70 — 21 Christine Cutner	23 Sue Stewart	26 Elaine Sutton
7 Blackpool Wyre & Fylde Ac	72 — 16 Karen Dunford	19 Alison Titterington	37 Hilary Goorney
8 Lytham St Annes Rr Club	79 — 24 Julia Rolfe	27 Fiona Geldard	28 Janice Copley
9 Clayton Le Moors Harriers	89 — 12 Irene Roche	38 Sue Allen	39 Christine Leathley
10 Lytham St Annes Rr Club 'B'	110 — 34 Pamela Binns	35 Sylvia Gittins	41 Dawn Lock

### Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Southport Waterloo Ac	17 — 2 Sue Cooper	7 Christine Cutner	8 Sue Stewart
2 Lytham St Annes Rr Club	34 — 9 Janice Copley	12 Pamela Binns	13 Sylvia Gittins

# Mid Lancs Cross Country League at Kendal on Saturday 8th December 2012

## Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Name	Cat/Pos	Club	Time	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140	141	142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166
1	James Tartt		Southport Waterloo Ac	32:22	Darren Middleton	V40 21	Wigan & District H & Ac	41:11																																																																															
2	Danny Parkinson		Kendal AAC	32:28	Mike Walsh	V60 2	Kendal AAC	41:15																																																																															
3	James Douglas		Border Harriers & Ac	32:31	John Linaker	V40 22	Burnley Ac	41:17																																																																															
4	Tom Addison		HelmHill	33:17	Andy Jackson	V40 23	Glaxo Hoad Hill Harriers	41:29																																																																															
5	Steve Hebblethwaite		TeamNorthCumbria	33:30	Shaun Moran	V50 14	Astley & Tyldesley RR Thornton	41:41																																																																															
6	Matt Thompson	V40 1	Southport Waterloo Ac	33:33	Andrew Fairbairn	V60 3	Clayton Le Moors Harriers	41:45																																																																															
7	David Rigby		Preston Harriers & Ac	33:36	Peter Booth	V50 15	Blackpool Wyre & Fylde Ac	41:54																																																																															
8	Martyn Bell	V40 2	Horwich R M I Harriers	33:42	Gary Johnston	V50 16	Wesham Road Runners & Ac	41:54																																																																															
9	Alistair Weymouth	JM 1	Border Harriers & Ac	33:55	Gary Moore	V40 24	TeamNorthCumbria	41:55																																																																															
10	Alasdair Russell		Kendal AAC	33:57	Paul McKnespiey	V50 17	Hyndburn Ac	42:00																																																																															
11	Jed Bartlett		Barrow & Furness Striders Ac	34:11	Peter Sagar	V40 25	Preston Harriers & Ac	42:02																																																																															
12	Kevin Bell		Border Harriers & Ac	34:40	Steven Luff	V50 18	Border Harriers & Ac	42:05																																																																															
13	Joe Vis		Southport Waterloo Ac	34:57	Tom Nicolson	V40 26	Blackpool Wyre & Fylde Ac	42:07																																																																															
14	Rob Danson		Wesham Road Runners & Ac	35:02	Kevin Hull	V50 19	Wigan & District H & Ac	42:17																																																																															
15	David Hamilton	V40 3	Southport Waterloo Ac	35:03	Trevor Uttley	V50 20	Lytham St Annes Rr Club	42:20																																																																															
16	Todd Oates		Barrow & Furness Striders Ac	35:07	Barry Abram	V40 27	Chorley	42:23																																																																															
17	Gethin Butler	V40 4	Preston Harriers & Ac	35:11	Terry Helligs	V40 28	Preston Harriers & Ac	42:26																																																																															
18	Bob Atkinson	V50 1	Barrow & Furness Striders Ac	35:20	Paul Wareing	V50 21	Horwich R M I Harriers	42:53																																																																															
19	\$Richard Powell	JM 2	Trafford Athletic Club	35:28	John Griffiths	V40 29	Preston Harriers & Ac	42:37																																																																															
20	Jon Green		Preston Harriers & Ac	35:31	Steve Myerscough	V40 30	Chorley	42:42																																																																															
21	Richard Shearer	V40 5	Southport Waterloo Ac	35:40	NeilMcDonald	V40 31	Red Rose Road Runners	42:43																																																																															
22	John Mason		Border Harriers & Ac	36:00	Darren Fishwick	V50 22	Clayton Le Moors Harriers	43:10																																																																															
23	Daniel Quarmby	JM 3	Blackpool Wyre & Fylde Ac	36:03	PhilipButler	V40 32	Chorley	42:56																																																																															
24	PatMiller	V40 6	Barrow & Furness Striders Ac	36:09	Garry Chadderton	V40 33	Wesham Road Runners & Ac	43:07																																																																															
25	Adam Sciacca	JM 4	Chorley	36:19	Jonathon Burgess	V40 34	Chorley	42:56																																																																															
26	Ben Johnson		Southport Waterloo Ac	36:31	WilliamBeckett	V40 35	Wesham Road Runners & Ac	43:17																																																																															
27	MalcEadie	V40 7	Blackpool Wyre & Fylde Ac	36:40	Andy Blanshard	V40 36	HelmHill	43:19																																																																															
28	Will Nicolson		Border Harriers & Ac	36:42	Steve Brown	V60 4	TeamNorthCumbria	43:26																																																																															
29	TomRoethenbaugh	JM 5	Lancs University	36:43	Russell Mabbett	V40 37	Glaxo Hoad Hill Harriers	43:32																																																																															
30	Breton Holdsworth		Clayton Le Moors Harriers	36:51	John Singleton	V50 23	TeamNorthCumbria	43:35																																																																															
31	Jon Deegan	V40 8	Barrow & Furness Striders Ac	36:54	Phil Iddon	V60 5	Preston Harriers & Ac	43:47																																																																															
32	Alex Rowe	V50 2	Wesham Road Runners & Ac	37:07	Garry Barnett	V40 38	Chorley	44:07																																																																															
33	Jack Pery	JM 6	Lancs University	37:25	Roger Aubrey	V40 39	Red Rose Road Runners	44:10																																																																															
34	Gareth Booth	V40 9	Horwich R M I Harriers	37:29	Andy Grimshaw	V40 40	Chorley	44:26																																																																															
35	Andrew Grenfell		Rossendale Harriers & Ac	37:35	Duncan Overton	V50 24	Wesham Road Runners & Ac	44:35																																																																															
36	Kieran Rowlands		Lancaster & Morecambe Ac	37:40	Phil Darwen	V50 25	Eden Runners	44:36																																																																															
37	Alex Foster		Astley & Tyldesley RR	37:51	Nigel Storey	V40 41	Glaxo Hoad Hill Harriers	44:37																																																																															
38	Steve Angus	V40 10	Border Harriers & Ac	37:55	Chris Horner	V60 6	Glaxo Hoad Hill Harriers	44:39																																																																															
39	Lee Barlow	V40 11	Wesham Road Runners & Ac	38:02	David Burton	V40 42	Red Rose Road Runners	44:43																																																																															
40	Chris Barnes		Blackburn Harriers & Ac	38:10	Hassan Khattab	V60 7	Garstang	44:47																																																																															
41	RobbieIngham	JM 7	Kendal AAC	38:14	Alan Appleby	V40 43	Southport Waterloo Ac	45:03																																																																															
42	Mark Rogers	V40 12	Wigan & District H & Ac	38:16	Martin Quinn	V40 44	Horwich R M I Harriers	45:05																																																																															
43	Tom Hartley	JM 8	Kendal AAC	38:17	Stu Cann	V60 8	Clayton Le Moors Harriers	45:15																																																																															
44	Andrew Draper		Lytham St Annes Rr Club	38:17	PhillCornall	V40 45	Chorley	45:21																																																																															
45	David Gough		Southport Waterloo Ac	38:19	Paul Jackson	V50 26	Red Rose Road Runners	45:23																																																																															
46	Ray Jones	V50 3	Barrow & Furness Striders Ac	38:25	Nigel Shepherd	V50 27	Wesham Road Runners & Ac	45:24																																																																															
47	John Beetham		TeamNorthCumbria	38:45	Alan Marshall	V50 28	Lytham St Annes Rr Club	45:40																																																																															
48	Alan Durney	V40 13	Preston Harriers & Ac	38:47	Erik Hampton	V40 46	Wigan & District H & Ac	45:48																																																																															
49	LiamCraine		Blackpool Wyre & Fylde Ac	38:49	Pat Thomas	V40 47	Blackburn Harriers & Ac	45:54																																																																															
50	Paul Gregory		Wesham Road Runners & Ac	38:52	Paul Woan	V40 48	Eden Runners	46:00																																																																															
51	Peter Gibson		Wesham Road Runners & Ac	38:56	Tony Pritchard	V50 29	Kendal AAC	46:14																																																																															
52	Christopher Howie	V40 14	Glaxo Hoad Hill Harriers	39:10	Neil Silcock	V40 49	Hyndburn Ac	46:22																																																																															
53	Ryan Stevemson	JM 9	Lancs University	39:12	Mark Swindell	V50 30	Unattached	46:37																																																																															
54	Steve Young		Glaxo Hoad Hill Harriers	39:13	Graeme Atkinson	V50 31	Garstang	46:38																																																																															
55	John Bagge	V50 4	HelmHill	39:16	Stephen Mort	V50 32	Thornton	46:59																																																																															
56	Craig Burrow		HelmHill	39:18	David Scott	V40 50	Wesham Road Runners & Ac	47:02																																																																															
57	Ryan Sciacca	JM 10	Chorley	39:25	Simon Townsend	V50 33	Preston Harriers & Ac	47:04																																																																															
58	Bob Grant		Barrow & Furness Striders Ac	39:25	Fred Lynch	V40 51	Lytham St Annes Rr Club	47:19																																																																															
59	Simon Ford		Astley & Tyldesley RR	39:27	John Bertenshaw	V50 34	Red Rose Road Runners	47:24																																																																															
60	Andy Thompson		Eden Runners	39:30	Steve Quarmby	V40 52	Thornton	47:33																																																																															
61	Sam Storey	JM 11	Barrow & Furness Striders Ac	39:30	Graham Millington	V40 53	Wesham Road Runners & Ac	47:37																																																																															
62	Mark Riches	V50 5	Astley & Tyldesley RR	39:33	Richard Taylor	V50 35	Horwich R M I Harriers	47:38																																																																															
63	John Shepherd	V40 15	Red Rose Road Runners	39:39	John Bridge	V40 54	Glaxo Hoad Hill Harriers	48:06																																																																															
64	Kevin Hesketh	V50 6	Preston Harriers & Ac	39:44	Mark Selby																																																																																		
65	Simon Stanway	V40 16	Barrow & Furness Striders Ac	39:49	Peter Ackland	V50 29	Kendal AAC	46:14																																																																															
66	Joe Swarbrick	V50 7	Red Rose Road Runners	39:52	David Moynihan	V40 49	Hyndburn Ac	46:22																																																																															
67	Thomas Howarth		Lytham St Annes Rr Club	39:54	\$Michael Leck	V50 30	Unattached	46:37																																																																															
68	David Biddulph	V40 17	Chorley	39:56	Geoff Lyons	V50 31	Garstang	46:38																																																																															
69	David Jackson	V40 18	Horwich R M I Harriers	39:58	Michael Hendry	V50 32	Thornton	46:59																																																																															
70	Shaun Addison	V50 8	HelmHill	40:05	John Hickman	V40 50	Wesham Road Runners & Ac	47:02																																																																															
71	Richard Jones		Garstang	40:15	Mark Midgley	V50 33	Preston Harriers & Ac	47:04																																																																															
72	David Motley		Clayton Le Moors Harriers	40:18	Michael Brown	V40 51	Lytham St Annes Rr Club	47:19																																																																															
73	John Rainford	V50 9	Preston Harriers & Ac	40:20	Chris Airey	V50 34	Red Rose Road Runners	47:24																																																																															
74	Sean Dixon	V40 19	Glaxo Hoad Hill Harriers	40:22	Paul Bass	V40 52	Thornton	47:33																																																																															
75	Matthew Goddard		Southport Waterloo Ac	40:26	\$Stan Greenhalgh	V40 53	Wesham Road Runners & Ac	47:37																																																																															
76	David Waddington	V40 20	Wigan & District H & Ac	40:34	Phil Dean	V50 35	Horwich R M I Harriers	47:38																																																																															
77	Doug Fleming	V50 10	Horwich R M I Harriers	40:43	Ben Brennan	V50 36	Astley & Tyldesley RR	47:41																																																																															
78	Ken Addison	V50 11	Red Rose Road Runners	40:47	Christopher Moss	V50 37	Lytham St Annes Rr Club	47:52																																																																															
79	John Collier	V50 12	Wesham Road Runners & Ac	40:55	Peter Ramsdale	V50 38	Barrow & Furness Striders Ac	48:06																																																																															
80	Graham Webster	V60 1	Lytham St Annes Rr Club	40:57	Steve Foster																																																																																		
81	Adam Weightman	JM 12	Blackpool Wyre & Fylde Ac	41:02	Colin Nelson																																																																																		
82	Richard Stott	V50 13	Rossendale Harriers & Ac	41:04	Peter Savage																																																																																		
83	WilliamMartin		Horwich R M I Harriers	41:08	Peter Davison	V40 54	Glaxo Hoad Hill Harriers	48:10																																																																															

167	M Thistlethwaite	V60 9	Clayton Le Moors Harriers	48:11	192	John Riach	V50 43	Lancaster & Morecambe Ac	51:11
168	James Humphreys		Thornton	48:19	193	\$Tony Foster	V50 44	Unattached	51:16
169	Tom Southward		Glaxo Hoad Hill Harriers	48:31	194	Barry Chester	V60 15	Chorley	51:20
170	Leon Flesher		Thornton	48:33	195	Dave Waywell	V60 16	Wesham Road Runners & Ac	51:24
171	Pete Bland	V60 10	Horwich R M I Harriers	48:50	196	Alan Wilkinson	V60 17	Blackpool Wyre & Fylde Ac	51:32
172	Albert Douglas	V60 11	Eden Runners	49:05	197	Paul Percival-Smith	V50 45	Kendal AAC	52:18
173	Steven Jackson	V50 37	Preston Harriers & Ac	49:10	198	Ian Hamilton	V60 18	Astley & Tyldesley RR	52:45
174	Henry Minorczyk	V60 12	Chorley	49:13	199	Alistair Morris	V50 46	Wesham Road Runners & Ac	53:57
175	Scott Chailioner		Lancs University	49:18	200	Mark Birbeck	V40 63	Horwich R M I Harriers	54:30
176	Ken Lamb	V40 55	Glaxo Hoad Hill Harriers	49:22	201	Steve Thomas	V50 47	Chorley	54:55
177	Paul Wilkinson	V40 56	Blackburn Harriers & Ac	49:27	202	Richard Lawson	V60 19	Clayton Le Moors Harriers	55:29
178	Stephen James	V60 13	Southport Waterloo Ac	49:32	203	\$Darren Kearns		Unattached	55:39
179	David Dyson	V50 38	Blackpool Wyre & Fylde Ac	49:43	204	David Roberts	V60 20	Preston Harriers & Ac	55:41
180	Ted Lynch		Pendle Athletic Club	49:46	205	Robert Hirst	V60 21	Clayton Le Moors Harriers	56:19
181	Jon Tombs	V40 57	Eden Runners	49:55	206	Phil McCullaugh	V50 48	Chorley	56:40
182	Nicholas Hutchinson	V40 58	Hyndburn Ac	50:03	207	Karl Fursey	V40 64	Glaxo Hoad Hill Harriers	57:08
183	Dave Brookes	V40 59	Garstang	50:11	208	Gavin Beetham	V40 65	Red Rose Road Runners	59:09
184	Paul Basnett	V40 60	Astley & Tyldesley RR	50:19	209	John Winters	V60 22	Blackpool Wyre & Fylde Ac	59:37
185	Adrian Newnham	V50 39	Glaxo Hoad Hill Harriers	50:22	210	Norman Greenwood	V60 23	Blackpool Wyre & Fylde Ac	1:03:02
186	Peter Gibson	V50 40	Blackpool Wyre & Fylde Ac	50:24	211	Andy Sneddon	V40 66	Lytham St Annes Rr Club	1:03:49
187	John Parker	V60 14	Horwich R M I Harriers	50:36	212	Les Paul	V60 24	Chorley	1:04:30
188	Jeffrey Wright	V50 41	Blackpool Wyre & Fylde Ac	50:46	213	Mike Walsh	V60 25	Wesham Road Runners & Ac	1:04:53
189	John Vis	V40 61	Southport Waterloo Ac	50:55	214	Eddie Murray	V60 26	Chorley	1:05:05
190	Gordon Stone	V50 42	Horwich R M I Harriers	50:55	215	Tom Hilton	V60 27	Chorley	1:09:26
191	Marco Sciacca	V40 62	Chorley	50:58	216	Mike Coppin	V60 28	Chorley	1:09:31

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Southport Waterloo Ac	80	—	1	James Tartt	6	Matt Thompson	13	Joe Vis	15	David Hamilton	20	Richard Shearer	25	Ben Johnson
2	Border Harriers & Ac	109	—	3	James Douglas	9	Alistair Weymouth	12	Kevin Bell	21	John Mason	27	Will Nicolson	37	Steve Angus
3	Barrow & Furness Striders Ac	143	—	11	Jed Bartlett	16	Todd Oates	18	Bob Atkinson	23	Pat Miller	30	Jon Deegan	45	Ray Jones
4	Preston Harriers & Ac	225	—	7	David Rigby	17	Gethin Butler	19	Jon Green	47	Alan Dumeay	63	Kevin Hesketh	72	John Rainford
5	Wesham Road Runners & Ac	260	—	14	Rob Danson	31	Alex Rowe	38	Lee Barlow	49	Paul Gregory	50	Peter Gibson	78	John Collier
6	Kendal AAC	314	—	2	Danny Parkinson	10	Alasdair Russell	40	Robbie Ingham	42	Tom Hartley	84	Mike Walsh	136	Graeme Atkinson
7	Blackpool Wyre & Fylde Ac	363	—	22	Daniel Quarmby	26	Malc Eadie	48	Liam Craine	80	Adam Weightman	90	Gary Johnston	97	Trevor Uttley
8	Horwich R M I Harriers	373	—	8	Martyn Bell	33	Gareth Booth	68	David Jackson	76	Doug Fleming	82	William Martin	106	Garry Chadderton
9	Chorley	458	—	24	Adam Sciacca	56	Ryan Sciacca	67	David Biddulph	100	Paul Wareing	104	Darren Fishwick	107	Jonathan Burgess
10	Glaxo Hoad Hill Harriers	512	—	51	Christopher Howie	53	Steve Young	73	Sean Dixon	86	Andy Jackson	119	Nigel Storey	130	Erik Hampton
11	Red Rose Road Runners	552	—	62	John Shepherd	65	Joe Swarbrick	77	Ken Addison	105	Philip Butler	118	Phil Darwen	125	Stu Cann
12	Lytham St Annes Rr Club	575	—	43	Andrew Draper	66	Thomas Howarth	79	Graham Webster	99	Terry Hellings	142	Steve Quarmby	146	Mark Selby
13	Astley & Tyldesley RR	583	—	36	Alex Foster	58	Simon Ford	61	Mark Riches	87	Shaun Moran	160	Steve Foster	181	Paul Basnett
14	Clayton Le Moors Harriers	603	—	29	Bretton Holdsworth	71	David Motley	89	Peter Booth	112	John Singleton	138	David Scott	164	M Thistlethwaite
15	Preston Harriers & Ac 'B'	674	—	94	Steven Luff	101	John Griffiths	103	Neil McDonald	116	Andy Grimshaw	123	Alan Appleby	137	Stephen Mort
16	Wesham Road Runners & Ac 'B'	687	—	91	Gary Moore	102	Steve Myerscough	111	Russell Mabbett	114	Garry Barnett	128	Nigel Shepherd	141	John Bertenshaw
17	Chorley 'B'	733	—	108	William Beckett	113	Phil Iddon	122	Hassan Khattab	124	Martin Quinn	127	Paul Jackson	139	Simon Townsend
18	Garstang	752	—	70	Richard Jones	120	Chris Horner	126	Phill Cornall	133	Tony Pritchard	149	Geoff Lyons	154	Chris Airey
19	Eden Runners	790	—	59	Andy Thompson	110	Steve Brown	129	Alan Marshall	145	John Bridge	169	Albert Douglas	178	Jon Tombs
20	Glaxo Hoad Hill Harriers 'B'	1017	—	131	Pat Thomas	163	Peter Davison	166	Tom Southward	173	Ken Lamb	182	Adrian Newnham	202	Karl Fursey
21	Horwich R M I Harriers 'B'	1029	—	135	Mark Swindell	159	Peter Ramsdale	168	Pete Bland	184	John Parker	187	Gordon Stone	196	Mark Birbeck
22	Chorley 'C'	1051	—	150	Michael Hendry	155	Paul Bass	171	Henry Minorczyk	188	Marco Sciacca	190	Barry Chester	197	Steve Thomas
23	Blackpool Wyre & Fylde Ac 'B'	1145	—	176	David Dyson	183	Peter Gibson	185	Jeffrey Wright	192	Alan Wilkinson	204	John Winters	205	Norman Greenwood

## Senior Men under 20

Pos	Name	Cat/Pos	Club	Time											
1	Alistair Weymouth	JM	1	Border Harriers & Ac	33:55	7	Robbie Ingham	JM	7	Kendal AAC	38:14				
2	\$Richard Powell	JM	2	Trafford Athletic Club	35:28	8	Tom Hartley	JM	8	Kendal AAC	38:17				
3	Daniel Quarmby	JM	3	Blackpool Wyre & Fylde Ac	36:03	9	Ryan Stevemson	JM	9	Lancs University	39:12				
4	Adam Sciacca	JM	4	Chorley	36:19	10	Ryan Sciacca	JM	10	Chorley	39:25				
5	Tom Roethenbaugh	JM	5	Lancs University	36:43	11	Sam Storey	JM	11	Barrow & Furness Striders Ac	39:30				
6	Jack Perry	JM	6	Lancs University	37:25	12	Adam Weightman	JM	12	Blackpool Wyre & Fylde Ac	41:02				

## Senior Men under 20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Lancs University	17	—	4	Tom Roethenbaugh	5	Jack Perry	8	Ryan Stevemson
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## Senior Men (Vets) over 40 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Barrow & Furness Striders Ac	36 —	5 Bob Atkinson	7 Pat Miller	9 Jon Deegan	15 Ray Jones
2 Preston Harriers & Ac	68 —	4 Gethin Butler	16 Alan Durney	21 Kevin Hesketh	27 John Rainford
3 Horwich R M I Harriers	68 —	2 Martyn Bell	11 Gareth Booth	25 David Jackson	30 Doug Fleming
4 Southport Waterloo Ac	85 —	1 Matt Thompson	3 David Hamilton	6 Richard Shearer	75 Neil Silcock
5 Wesham Road Runners & Ac	97 —	10 Alex Rowe	13 Lee Barlow	32 John Collier	42 Gary Moore
6 Wigan & District H & Ac	126 —	14 Mark Rogers	29 David Waddington	35 Darren Middleton	48 Barry Abram
7 Red Rose Road Runners	128 —	20 John Shepherd	23 Joe Swarbrick	31 Ken Addison	54 Philip Butler
8 Glaxo Hoad Hill Harriers	146 —	17 Christopher Howie	28 Sean Dixon	38 Andy Jackson	63 Nigel Storey
9 Chorley	183 —	24 David Biddulph	50 Paul Wareing	53 Darren Fishwick	56 William Beckett
10 Blackpool Wyre & Fylde Ac	201 —	8 Malc Eadie	41 Gary Johnston	47 Trevor Uttley	105 David Dyson
11 Preston Harriers & Ac 'B'	213 —	45 Steven Luff	51 John Griffiths	52 Neil McDonald	65 Alan Appleby
12 Astley & Tyldesley RR	262 —	19 Mark Riches	39 Shaun Moran	95 Steve Foster	109 Paul Basnett
13 Wesham Road Runners & Ac 'B'	266 —	57 Russell Mabbett	60 Garry Barnett	69 Nigel Shepherd	80 John Bertenshaw
14 Chorley 'B'	271 —	59 Phil Iddon	66 Martin Quinn	68 Paul Jackson	78 Simon Townsend
15 Clayton Le Moors Harriers	272 —	40 Peter Booth	58 John Singleton	77 David Scott	97 M Thistlethwaite
16 Lytham St Annes Rr Club	297 —	33 Graham Webster	49 Terry Hellings	81 Steve Quarmby	134 Andy Sneddon
17 Red Rose Road Runners 'B'	310 —	67 Stu Cann	73 Paul Woan	79 Fred Lynch	91 Phil Dean
18 Horwich R M I Harriers 'B'	323 —	55 Garry Chadderton	76 Mark Swindell	94 Peter Ramsdale	98 Pete Bland
19 Glaxo Hoad Hill Harriers 'B'	341 —	71 Erik Hampton	72 Pat Thomas	96 Peter Davison	102 Ken Lamb
20 Eden Runners	359 —	70 Alan Marshall	84 John Bridge	99 Albert Douglas	106 Jon Tombs
21 Wesham Road Runners & Ac 'C'	424 —	89 Mark Midgley	93 Christopher Moss	119 Dave Waywell	123 Alistair Morris
22 Chorley 'C'	460 —	101 Henry Minorczyk	116 Marco Sciacca	118 Barry Chester	125 Steve Thomas
23 Blackpool Wyre & Fylde Ac 'B'	476 —	111 Peter Gibson	113 Jeffrey Wright	120 Alan Wilkinson	132 John Winters
24 Chorley 'D'	539 —	129 Phil McCullaugh	135 Les Paul	137 Eddie Murray	138 Tom Hilton

## Senior Men (Vets) over 50 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wesham Road Runners & Ac	33 —	2 Alex Rowe	12 John Collier	19 Gary Moore
2 Preston Harriers & Ac	43 —	6 Kevin Hesketh	9 John Rainford	28 Alan Appleby
3 Red Rose Road Runners	52 —	7 Joe Swarbrick	11 Ken Addison	34 Fred Lynch
4 Astley & Tyldesley RR	64 —	5 Mark Riches	16 Shaun Moran	43 Steve Foster
5 Lytham St Annes Rr Club	72 —	13 Graham Webster	23 Terry Hellings	36 Steve Quarmby
6 Clayton Le Moors Harriers	75 —	17 Peter Booth	25 John Singleton	33 David Scott
7 Horwich R M I Harriers	76 —	10 Doug Fleming	24 Garry Chadderton	42 Peter Ramsdale
8 Kendal AAC	112 —	15 Mike Walsh	37 Peter Ackland	60 Paul Percival-Smith
9 Blackpool Wyre & Fylde Ac	120 —	18 Gary Johnston	50 David Dyson	52 Peter Gibson
10 Wesham Road Runners & Ac 'B'	122 —	29 Nigel Shepherd	35 John Bertenshaw	58 Dave Waywell
11 Preston Harriers & Ac 'B'	152 —	40 Michael Brown	47 Steven Jackson	65 David Roberts
12 Horwich R M I Harriers 'B'	153 —	45 Pete Bland	53 John Parker	55 Gordon Stone
13 Chorley	168 —	48 Henry Minorczyk	57 Barry Chester	63 Steve Thomas
14 Clayton Le Moors Harriers 'B'	174 —	44 M Thistlethwaite	64 Richard Lawson	66 Robert Hirst
15 Blackpool Wyre & Fylde Ac 'B'	181 —	54 Jeffrey Wright	59 Alan Wilkinson	68 John Winters
16 Chorley 'B'	209 —	67 Phil McCullaugh	70 Les Paul	72 Eddie Murray

## Senior Men (Vets) over 60 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton Le Moors Harriers	20 —	3 Peter Booth	8 David Scott	9 M Thistlethwaite
2 Chorley	51 —	12 Henry Minorczyk	15 Barry Chester	24 Les Paul
3 Blackpool Wyre & Fylde Ac	62 —	17 Alan Wilkinson	22 John Winters	23 Norman Greenwood
4 Chorley 'B'	81 —	26 Eddie Murray	27 Tom Hilton	28 Mike Coppin