

# Mid Lancs Cross Country League at Towneley Park, Burnley on Saturday 6th October 2012

## Under 11 girl — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	1541	Jasmine Jolly	Preston Harriers & Ac	7:40
2	1547	Emily McNeill	Blackpool Wyre & Fylde Ac	8:00
3	282	Isabelle Woodman	Blackpool Wyre & Fylde Ac	8:05
4	416	Nicola Moynihan	Hyndburn Ac	8:07
5	1136	Ruby Schofield	Pendle Athletic Club	8:23
6	1579	Orla Holt	Rossendale Harriers & Ac	8:27
7	157	Caitlin McCarrick	Chorley	8:28
8	418	Holly Parkinson	Hyndburn Ac	8:38
9	158	Emily Hunter	Chorley	8:41
10	2801	\$Alice Tonge	Bolton United Harriers & Ac	8:43
11	1097	Eleesha Charnley	Blackburn Harriers & Ac	8:46
12	1246	Lilly-Ann Grayson	Southport Waterloo Ac	8:48
13	892	Eleanor Root	Clayton Le Moors Harriers	9:00
14	1538	Darcey Lonsdale	Preston Harriers & Ac	9:02
15	1572	Alexandra Walton	Rossendale Harriers & Ac	9:18
16	900	Millie Stubbs	Clayton Le Moors Harriers	9:19
17	1010	Natasha Norman	Lancaster & Morecambe Ac	9:20
18	1553	Claudia Bentham	Burnley Ac	9:21
19	648	Mary Campell	Border Harriers & Ac	9:24
20	1575	Annie Duffy	Preston Harriers & Ac	9:26
21	44	Lela Bendris	Preston Harriers & Ac	9:30
22	1554	Sarah Birbeck	Burnley Ac	9:37
23	1563	Natalie Luczak	Blackpool Wyre & Fylde Ac	9:39
24	1544	Caitlyn Preddy	Blackpool Wyre & Fylde Ac	9:45
25	1549	Lydia Shenton	Lancaster & Morecambe Ac	9:48
26	1588	Katriona Newell	Rossendale Harriers & Ac	9:51
27	2802	\$Alayna Irvine	Unattached	9:54
28	1576	Maddison Bretherton	Chorley	10:10
29	898	Anna Ashworth	Clayton Le Moors Harriers	10:11
30	899	Roanna Holdsworth	Clayton Le Moors Harriers	10:14
31	1564	Imogen Graham	Lancaster & Morecambe Ac	10:16
32	1138	Ella Atkins	Pendle Athletic Club	10:20
33	902	Grace Root	Clayton Le Moors Harriers	10:22
34	896	Molly Hesketh	Clayton Le Moors Harriers	10:26
35	895	Kacey Reynolds	Clayton Le Moors Harriers	10:30
36	419	Laila Wardle	Hyndburn Ac	10:33
37	1545	Charlotte Lavin	Chorley	10:42
38	1569	Kitty Carter	Preston Harriers & Ac	10:46
39	1011	Macy Hinnigan	Lancaster & Morecambe Ac	10:52
40	47	Lucy Ridgley	Preston Harriers & Ac	10:53
41	1537	Sasha Lytle	Preston Harriers & Ac	11:02
42	1589	Shelley Newell	Rossendale Harriers & Ac	11:04
43	1594	Leah James	Pendle Athletic Club	11:44
44	1548	Freya Burton	Chorley	11:44

## Under 11 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time
1	1208	Matthew Mackay	Rossendale Harriers & Ac	7:37
2	1603	Lucas Done	Lancaster & Morecambe Ac	7:42
3	434	Jack Hutchinson	Hyndburn Ac	7:43
4	1604	Curtis Done	Lancaster & Morecambe Ac	7:46
5	435	George Owen	Hyndburn Ac	7:48
6	323	James Smith	Blackpool Wyre & Fylde Ac	7:49
7	1543	Benjamin Preddy	Blackpool Wyre & Fylde Ac	7:50
8	1399	Ben McLaughlin	Leigh Harriers & Ac	7:54
9	216	Ben Hughes	Chorley	7:55
10	1552	Ben Smith	Burnley Ac	7:57
11	1591	Isaac Wilkinson	Clayton Le Moors Harriers	7:59
12	1063	Adam Guest	Lancaster & Morecambe Ac	8:00
13	1601	Seth Elliott	Blackburn Harriers & Ac	8:01
14	1068	Tyler Hannafin	Lancaster & Morecambe Ac	8:02
15	1595	Miles Preston	Clayton Le Moors Harriers	8:02
16	1571	Rhys Ashton	Lancaster & Morecambe Ac	8:03
17	219	Scott Gouldthorpe	Chorley	8:04
18	1560	Jamie Jackson	Blackpool Wyre & Fylde Ac	8:05
19	1066	Kieran Blackburn	Lancaster & Morecambe Ac	8:13
20	507	Matthew Baptista	Wigan & District H & Ac	8:13
21	1590	Jackson McKay	Clayton Le Moors Harriers	8:13
22	221	Luke Hunter	Chorley	8:14
23	1618	Daniel Lenehan	Southport Waterloo Ac	8:15
24	1209	Jack Whitehead	Rossendale Harriers & Ac	8:17
25	324	Tim Woodman	Blackpool Wyre & Fylde Ac	8:18
26	1453	James Dean	Burnley Ac	8:20
27	972	Harry Mason	Clayton Le Moors Harriers	8:23
28	1551	Ishan Goshawk	Hyndburn Ac	8:24
29	1067	James McCracken	Lancaster & Morecambe Ac	8:36
30	963	Max Cudworth	Clayton Le Moors Harriers	8:39
31	728	Elliot Wren	Helm Hill	8:42
32	1069	Jack Casson	Lancaster & Morecambe Ac	8:46
33	131	Liam Blackwell	Preston Harriers & Ac	8:47
34	1539	Thomas Durney	Preston Harriers & Ac	8:50
35	727	Josh Roelants	Helm Hill	8:52
36	856	Simon Holt	Lytham St Annes Rr Club	8:56
37	1556	Luke Parker	Hyndburn Ac	9:01
38	1064	Charlie Wilkinson	Lancaster & Morecambe Ac	9:02
39	225	Jack Hughes	Chorley	9:02
40	1626	Henry Wilson	Chorley	9:03
41	1559	Rhys Davies	Southport Waterloo Ac	9:07
42	973	James Ashworth	Clayton Le Moors Harriers	9:10
43	1566	Cade Leanord	Hyndburn Ac	9:13
44	1577	Adam Stevenson	Clayton Le Moors Harriers	9:14
45	223	Harrison Denver	Chorley	9:15
46	1581	Harrison Boyd	Blackburn Harriers & Ac	9:15
47	971	Freddie Long	Clayton Le Moors Harriers	9:19
48	1598	Nicholas Draper	Chorley	9:29
49	1558	Cameron Sweeney	Preston Harriers & Ac	9:31
50	1535	Harry Booth	Lytham St Annes Rr Club	9:32
51	1574	Alex Bernstein	Preston Harriers & Ac	9:32
52	1326	Max Davies	Southport Waterloo Ac	9:41
53	1550	Tom Kirkley	Lancaster & Morecambe Ac	10:02
54	1592	Will Foster	Pendle Athletic Club	10:04
55	133	Aaron Halliday	Preston Harriers & Ac	10:08
56	433	Ryan Wardle	Hyndburn Ac	10:11
57	974	Finley Stubbs	Clayton Le Moors Harriers	10:13
58	1605	Jason Wilkinson	Rossendale Harriers & Ac	10:21

# Mid Lancs Cross Country League at Towneley Park, Burnley on Saturday 6th October 2012

## Under 13 Girl — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	410	Blythe Fourie	Hyndburn Ac	11:14	21	1613	Emily Hall	Preston Harriers & Ac	12:39
2	1239	Emma Alderson	Southport Waterloo Ac	11:31	22	1422	Megan Barnsley	Liverpool Pembroke Sefton	12:44
3	704	Imogen Burrow	Helm Hill	11:40	23	1094	Hannah Cookson	Blackburn Harriers & Ac	12:48
4	1420	Erin Staunton-Turner	Liverpool Pembroke Sefton	11:50	24	1088	Brenna McPartian	Blackburn Harriers & Ac	12:58
5	1562	Natalya Irvine	Blackburn Harriers & Ac	11:54	25	1555	Holly Keelan	Preston Harriers & Ac	13:11
6	1338	Samantha Bland	Kendal AAC	11:55	26	1614	Chloe Hall	Preston Harriers & Ac	13:15
7	840	Ella Moulding	Lytham St Annes Rr Club	11:56	27	889	Alice Pier	Clayton Le Moors Harriers	13:21
8	412	Charlie Coy	Hyndburn Ac	11:59	28	1600	Maddie Elliott	Blackburn Harriers & Ac	13:26
9	35	Charlotte Crook	Preston Harriers & Ac	12:08	29	1003	Rebecca Hollingdrake	Lancaster & Morecambe Ac	13:27
10	1609	Charlotte Newshall	Wigan & District H & Ac	12:11	30	1421	Alex Barnsley	Liverpool Pembroke Sefton	13:29
11	1180	Sarah Longshaw	Rossendale Harriers & Ac	12:15	31	37	Hannah Mulholland	Preston Harriers & Ac	13:31
12	1182	Corrina Howorth	Rossendale Harriers & Ac	12:15	32	414	Kate Stephenson	Hyndburn Ac	13:32
13	890	Lucy Horrocks	Clayton Le Moors Harriers	12:17	33	1091	Rose Abbott	Blackburn Harriers & Ac	13:36
14	1419	Morag Molyneux	Liverpool Pembroke Sefton	12:24	34	1339	Imogen Gorst	Kendal AAC	13:46
15	483	Kim Baptista	Wigan & District H & Ac	12:27	35	38	Charlotte Johnstone	Preston Harriers & Ac	14:09
16	1181	Shauna Williamson	Rossendale Harriers & Ac	12:29	36	1090	Megan Clarkson	Blackburn Harriers & Ac	14:55
17	1004	Annis Atkinson	Lancaster & Morecambe Ac	12:30	37	1610	Georgia Shepard	Lancaster & Morecambe Ac	15:01
18	1006	Amy Monkhouse	Lancaster & Morecambe Ac	12:31	38	891	Holly Reynolds	Clayton Le Moors Harriers	15:05
19	280	Hannah Eadie	Blackpool Wyre & Fylde Ac	12:31	39	1183	Lucie Wood	Rossendale Harriers & Ac	16:24
20	1007	Ffion Ashton	Lancaster & Morecambe Ac	12:34					

## Under 13 Girl — TEAM RESULTS

1	Liverpool Pembroke Sefton	70 — 4	Erin Staunton-Turner	14	Morag Molyneux	22	Megan Barnsley	30	Alex Barnsley
2	Rossendale Harriers & Ac	78 — 11	Sarah Longshaw	12	Corrina Howorth	16	Shauna Williamson	39	Lucie Wood
3	Blackburn Harriers & Ac	80 — 5	Natalya Irvine	23	Hannah Cookson	24	Brenna McPartian	28	Maddie Elliott
4	Preston Harriers & Ac	81 — 9	Charlotte Crook	21	Emily Hall	25	Holly Keelan	26	Chloe Hall
5	Lancaster & Morecambe Ac	84 — 17	Annis Atkinson	18	Amy Monkhouse	20	Ffion Ashton	29	Rebecca Hollingdrake

## Race 4 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	123	Dean Tierney	Preston Harriers & Ac	11:40	35	960	Charley Bateson	Clayton Le Moors Harriers	13:48
2	503	Nathan Dunn	Wigan & District H & Ac	11:42	36	1639	Kian Davis	Chorley	13:49
3	1050	Ben Blacburn	Lancaster & Morecambe Ac	12:18	37	1451	Michael Duffy	Burnley Ac	13:49
4	1203	Joshua Whitehead	Rossendale Harriers & Ac	12:25	38	431	William Waller	Hyndburn Ac	13:50
5	722	Jacob Aubrey	Helm Hill	12:31	39	964	Alexander Townrow	Clayton Le Moors Harriers	13:50
6	1205	Ethan Raddcliffe	Rossendale Harriers & Ac	12:34	40	1446	Joe Marshall	Liverpool Pembroke Sefton	13:51
7	320	George Robinson	Blackpool Wyre & Fylde Ac	12:35	41	1586	Harry Schofield	Pendle Athletic Club	13:56
8	1047	Tristan Jameau	Lancaster & Morecambe Ac	12:35	42	968	Oliver Credlands	Clayton Le Moors Harriers	13:56
9	1442	Josh Forrest	Liverpool Pembroke Sefton	12:40	43	1452	Richard Redfern	Burnley Ac	13:58
10	125	Adam Roberts	Preston Harriers & Ac	12:44	44	1060	Shea Hanman	Lancaster & Morecambe Ac	13:58
11	1542	Jerome Jolly	Preston Harriers & Ac	12:49	45	961	Ryan Clarke	Clayton Le Moors Harriers	13:59
12	122	George Ashcroft	Preston Harriers & Ac	12:50	46	1159	Timothy Barnes	Pendle Athletic Club	14:10
13	1160	Kai Atkins	Pendle Athletic Club	12:53	47	970	Thomas Passco	Clayton Le Moors Harriers	14:13
14	1615	Louis Barlow	Rossendale Harriers & Ac	13:00	48	1529	Joshua Lowe	Liverpool Harriers & Ac	14:15
15	1201	Elliot Snape	Rossendale Harriers & Ac	13:04	49	969	Jack Lowe-Sisson	Clayton Le Moors Harriers	14:16
16	1611	William Burrow	Preston Harriers & Ac	13:04	50	967	Thomas Bradley	Clayton Le Moors Harriers	14:18
17	1530	Max Brame	Liverpool Harriers & Ac	13:07	51	1059	Ben Winterburn	Lancaster & Morecambe Ac	14:20
18	1202	James Niuttall	Rossendale Harriers & Ac	13:08	52	1524	Charles Sharp	Liverpool Harriers & Ac	14:24
19	1561	Shaun Beckett	Preston Harriers & Ac	13:10	53	1629	Mark Howarth	Rossendale Harriers & Ac	14:36
20	1055	Dan Rawlinson	Lancaster & Morecambe Ac	13:16	54	1459	James McGuigan	Southport Waterloo Ac	14:37
21	1157	Joe Lonsdale	Pendle Athletic Club	13:17	55	1525	Joseph Mulhall	Liverpool Harriers & Ac	14:47
22	1322	Joe Gordon	Southport Waterloo Ac	13:21	56	966	Christopher Archer	Clayton Le Moors Harriers	14:51
23	1567	Daniel Guest	Lancaster & Morecambe Ac	13:23	57	962	Simon Wilshaw	Clayton Le Moors Harriers	14:56
24	1158	Gregan Baker	Pendle Athletic Club	13:23	58	1573	Lewis Bernstein	Preston Harriers & Ac	15:06
25	1320	Kieran Viz	Southport Waterloo Ac	13:23	59	1580	Daniel Moore	Rossendale Harriers & Ac	15:14
26	1627	Jack Wilson	Chorley	13:25	60	1163	Joe Alderman	Pendle Athletic Club	15:25
27	1644	Isaac Evans	Rossendale Harriers & Ac	13:28	61	1164	Geffen Harvey Van	Pendle Athletic Club	15:28
28	1061	Joe Kirkley	Lancaster & Morecambe Ac	13:29	62	1062	Alex Gilhespy	Lancaster & Morecambe Ac	15:31
29	965	William Bellard	Clayton Le Moors Harriers	13:29	63	1053	Liam Hinnigan	Lancaster & Morecambe Ac	15:56
30	1444	Joseph Martin	Liverpool Pembroke Sefton	13:31	64	1162	Spencer Phelan	Pendle Athletic Club	15:56
31	1206	Harley Place	Rossendale Harriers & Ac	13:37	65	1585	Erik Hanson	Burnley Ac	17:14
32	1156	Geffen Jacob Van	Pendle Athletic Club	13:44	66	1054	Kieran Hoyle	Lancaster & Morecambe Ac	17:47
33	432	Dylan Ross	Hyndburn Ac	13:46	67	647	Aaron Campell	Border Harriers & Ac	20:28
34	1204	Jacob Slough	Rossendale Harriers & Ac	13:47					

## Race 4 - Under 13 Boys — TEAM RESULTS

1	Preston Harriers & Ac	34 — 1	Dean Tierney	10	Adam Roberts	11	Jerome Jolly	12	George Ashcroft
2	Rossendale Harriers & Ac	39 — 4	Joshua Whitehead	6	Ethan Raddcliffe	14	Louis Barlow	15	Elliot Snape
3	Lancaster & Morecambe Ac	54 — 3	Ben Blacburn	8	Tristan Jameau	20	Dan Rawlinson	23	Daniel Guest
4	Pendle Athletic Club	90 — 13	Kai Atkins	21	Joe Lonsdale	24	Gregan Baker	32	Geffen Jacob Van
5	Rossendale Harriers & Ac 'B'	110 — 18	James Niuttall	27	Isaac Evans	31	Harley Place	34	Jacob Slough
6	Clayton Le Moors Harriers	145 — 29	William Bellard	35	Charley Bateson	39	Alexander Townrow	42	Oliver Credlands
7	Liverpool Harriers & Ac	172 — 17	Max Brame	48	Joshua Lowe	52	Charles Sharp	55	Joseph Mulhall
8	Lancaster & Morecambe Ac 'B'	185 — 28	Joe Kirkley	44	Shea Hanman	51	Ben Winterburn	62	Alex Gilhespy
9	Clayton Le Moors Harriers 'B'	191 — 45	Ryan Clarke	47	Thomas Passco	49	Jack Lowe-Sisson	50	Thomas Bradley
10	Pendle Athletic Club 'B'	208 — 41	Harry Schofield	46	Timothy Barnes	60	Joe Alderman	61	Geffen Harvey Van



# Mid Lancs Cross Country League at Towneley Park, Burnley on Saturday 6th October 2012

## Race 5 - Under 17 Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	271	Molly Betmead	Blackpool Wyre & Fylde Ac	15:57	11	1079	Holly Ballantyne	Blackburn Harriers & Ac	18:35
2	2807	\$Megan Davies	Sale Harriers Manchester	16:25	12	27	Grace Maddox	Preston Harriers & Ac	18:44
3	990	Mary Hodgson	Lancaster & Morecambe Ac	16:33	13	1080	Katie Buckingham	Blackburn Harriers & Ac	19:04
4	1635	Leah Peploe	Leigh Harriers & Ac	17:00	14	1602	Kellie Smith	Blackpool Wyre & Fylde Ac	19:08
5	25	Emma Hargreaves	Preston Harriers & Ac	17:31	15	408	Hannah Williams	Hyndburn Ac	19:50
6	1670	Katie Mininan	Chorley	17:49	16	407	Ellen Sagar-Hesketh	Hyndburn Ac	19:55
7	23	Rachael Scott	Preston Harriers & Ac	17:55	17	1235	Sophie Lewis	Southport Waterloo Ac	20:26
8	1169	Megan Solomon	Rossendale Harriers & Ac	18:08	18	151	Emma Plant	Chorley	20:42
9	1168	Lizzy Longshaw	Rossendale Harriers & Ac	18:14	19	1410	Georgina Hannaway	Liverpool Pembroke Sefton	21:10
10	517	Sophie Seddon	Barrow & Furness Striders Ac	18:30	20	989	Jessica McCracken	Lancaster & Morecambe Ac	21:22
					21	1171	Chloe Law	Rossendale Harriers & Ac	21:26

## Race 5 - Under 17 Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Preston Harriers & Ac	21 —	4 Emma Hargreaves	6 Rachael Scott	11 Grace Maddox
2 Rossendale Harriers & Ac	35 —	7 Megan Solomon	8 Lizzy Longshaw	20 Chloe Law

## Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	104	Jamaine Coleman	Preston Harriers & Ac	20:47	18	1647	Greg Cooke	Southport Waterloo Ac	23:14
2	108	Patrick Dever	Preston Harriers & Ac	21:04	19	1117	Jack Hindle	Blackburn Harriers & Ac	23:15
3	1619	Owen Sharp	Liverpool Harriers & Ac	21:20	20	426	Jacob Boyle	Hyndburn Ac	23:18
4	1432	Ryan Blackwell	Liverpool Pembroke Sefton	21:29	21	105	Sandy Kelly	Preston Harriers & Ac	23:19
5	1431	James Grundy	Liverpool Pembroke Sefton	21:43	22	113	Dan Whitlock	Preston Harriers & Ac	23:20
6	1308	Andrew Kershaw	Southport Waterloo Ac	21:49	23	1638	Ed Dunkley	Lancaster & Morecambe Ac	23:31
7	547	Ross Campbell	Barrow & Furness Striders Ac	21:55	24	205	Fergus Tallon	Chorley	24:06
8	1039	Matthew Shackleton	Lancaster & Morecambe Ac	22:07	25	1661	Sam Williams	Preston Harriers & Ac	24:10
9	106	Daniel Bebbington	Preston Harriers & Ac	22:07	26	1640	Robert Savage	Rossendale Harriers & Ac	24:34
10	1668	Will Jackson	Border Harriers & Ac	22:13	27	1309	Luke Tyson	Southport Waterloo Ac	24:56
11	1037	James Riach	Lancaster & Morecambe Ac	22:26	28	1450	Jake Copeman	Burnley Ac	25:14
12	1144	Matthew Dutton	Pendle Athletic Club	22:30	29	1145	Joshua Ingham	Pendle Athletic Club	25:45
13	1689	Callum Grant	Liverpool Harriers & Ac	22:32	30	1307	Gary Clark	Southport Waterloo Ac	25:55
14	1433	James Loftus	Liverpool Pembroke Sefton	22:58	31	1143	Neng Wildman	Pendle Athletic Club	26:15
15	402	Jordan Hull	Border Harriers & Ac	23:04	32	956	George Pier	Clayton Le Moors Harriers	27:48
16	109	Elliott Roberts	Preston Harriers & Ac	23:08	33	1645	Morgan Phillips	Blackburn Harriers & Ac	27:58
17	1038	Rob Shaw	Lancaster & Morecambe Ac	23:11					

## Race 6 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Preston Harriers & Ac	12 —	1 Jamaine Coleman	2 Patrick Dever	9 Daniel Bebbington
2 Liverpool Pembroke Sefton	23 —	4 Ryan Blackwell	5 James Grundy	14 James Loftus
3 Lancaster & Morecambe Ac	36 —	8 Matthew Shackleton	11 James Riach	17 Rob Shaw
4 Southport Waterloo Ac	51 —	6 Andrew Kershaw	18 Greg Cooke	27 Luke Tyson
5 Preston Harriers & Ac 'B'	59 —	16 Elliott Roberts	21 Sandy Kelly	22 Dan Whitlock
6 Pendle Athletic Club	72 —	12 Matthew Dutton	29 Joshua Ingham	31 Neng Wildman

## Race 6 - Junior — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	267	Lauren Gowland L	1 Blackpool Wyre & Fylde Ac	25:42
2	699	Lauren Munro-BennettL	2 Helm Hill	27:06
3	1077	Emily Fletcher L	3 Blackburn Harriers & Ac	27:14
4	1078	Jacinta Davison L	4 Blackburn Harriers & Ac	28:51
5	1407	Abbi Kelly L	5 Liverpool Pembroke Sefton	30:09
6	1625	Becky Barlow L	6 Lancs University	33:09
7	1653	Catrina Corbishley L	7 Rossendale Harriers & Ac	38:16

## Race 6 - Junior — TEAM RESULTS

No complete teams

# Mid Lancs Cross Country League

## at Towneley Park, Burnley on Saturday 6th October 2012

### Race 6 - Ladies over 18

Pos	Num	Name	Cat/Pos	Club	Time
1	1404	Kirsty Longley	L35 1	Liverpool Pembroke Sefton	24:07
2	1578	Stephanie Rowe	L 2	Preston Harriers & Ac	24:22
3	1665	Mairead Roche	L 3	Kendal AAC	24:54
4	375	Clare McKeown	L35 2	Border Harriers & Ac	24:55
5	982	Helen Booth	L 5	Lancaster & Morecambe Ac	25:04
6	142	Lynne Cloughy	L35 3	Chorley	25:19
7	380	Rhiannon Gilson	L 7	Border Harriers & Ac	25:35
8	267	Lauren Sowland	L 8	Blackpool Wyre & Fylde Ac	25:42
9	596	Joanna Goorney	L35 4	Wesham Road Runners & Ac	25:47
10	1637	Anna Anderson	L 10	Pendle Athletic Club	26:05
11	981	Lauren Gora	L 11	Lancaster & Morecambe Ac	26:08
12	1167	Emma Flanagan	L 12	Rosendale Harriers & Ac	26:10
13	863	Sue Burns	L45 1	Clayton Le Moors Harriers	26:16
14	1617	Maria Lowe	L 14	Horwich R M I Harriers	26:32
15	755	Suzanne Budgett	L45 2	Horwich R M I Harriers	26:45
16	1463	Karen Bridge	L35 5	Eden Runners	26:50
17	699	Lauren Munro-Bennett	L 17	Helm Hill	27:06
18	1077	Emily Fletcher	L 18	Blackburn Harriers & Ac	27:14
19	5	Sarah Gohil	L35 6	Preston Harriers & Ac	27:22
20	1624	Deborah Oakley	L 20	Lancs University	27:28
21	1405	Lisa Gawthorne	L 21	Liverpool Pembroke Sefton	27:29
22	468	Tracey Dutton	L35 7	Wigan & District H & Ac	27:32
23	1224	Clare Constable	L35 8	Southport Waterloo Ac	27:35
24	2	Marion Hesketh	L55 1	Preston Harriers & Ac	27:41
25	875	Jean Brown	L35 9	Clayton Le Moors Harriers	28:15
26	978	Joanne Taylor	L3510	Lancaster & Morecambe Ac	28:24
27	11	Emma Essex-Crosby	L 27	Preston Harriers & Ac	28:44
28	263	Stasia Bligh	L3511	Blackpool Wyre & Fylde Ac	28:49
29	1078	Jacinta Davison	L 29	Blackburn Harriers & Ac	28:51
30	379	Sarah Albert	L 30	Border Harriers & Ac	28:58
31	603	Jenn Thompson	L 31	Wesham Road Runners & Ac	28:59
32	1166	Sarah Toms	L 32	Rosendale Harriers & Ac	28:59
33	260	Andrea Smith	L45 3	Blackpool Wyre & Fylde Ac	29:06
34	1403	Bua Kalisiram	L3512	Liverpool Pembroke Sefton	29:10
35	1464	Heather Eccles	L 35	Eden Runners	29:12
36	340	Susan Fletcher	L3513	Astley & Tyldesley RR	29:13
37	599	Sarah Sherratt	L3514	Wesham Road Runners & Ac	29:16
38	327	Linda Whittaker	L45 4	Astley & Tyldesley RR	29:20
39	1406	Leia Bowes	L 39	Liverpool Pembroke Sefton	29:25
40	1327	Dianne Priestley	L55 2	Kendal AAC	29:28
41	738	Gillian Pryor	L3515	Thornton	29:34
42	562	Debbie Kirkman	L3516	Red Rose Road Runners	29:36
43	865	Irene Roche	L45 5	Clayton Le Moors Harriers	29:52
44	261	Laura Lawler	L3517	Blackpool Wyre & Fylde Ac	29:56
45	10	Charlotte Rawcliffe	L 45	Preston Harriers & Ac	29:59
46	1227	Helen Lavelle	L3518	Southport Waterloo Ac	30:00
47	1219	Carole James	L45 6	Southport Waterloo Ac	30:08
48	1407	Abbi Kelly	L 48	Liverpool Pembroke Sefton	30:09
49	336	Suzanne Gregory	L3519	Astley & Tyldesley RR	30:10
50	140	Anna Crabtree	L45 7	Chorley	30:12
51	139	Niki Rushton	L45 8	Chorley	30:19
52	257	Alison Titterington	L55 3	Blackpool Wyre & Fylde Ac	30:23
53	1465	Holly Marshall	L 53	Eden Runners	30:36
54	2810	\$Lynn Whittaker	L40 1	Wharfedale Harriers	30:39
55	1228	Sarah Grayson	L 55	Southport Waterloo Ac	30:45
56	870	Dawn Richards	L45 9	Clayton Le Moors Harriers	31:07
57	560	Paula Plowman	L4510	Red Rose Road Runners	31:09
58	1628	Sonja Foster	L3520	Barrow & Furness Striders Ac	31:14
59	592	Tracey Hulme	L4511	Wesham Road Runners & Ac	31:16
60	510	Jill Seddon	L3521	Barrow & Furness Striders Ac	31:31
61	1650	Tanya Barlow	L3522	Blackpool Wyre & Fylde Ac	31:36
62	259	Karen Dunford	L4512	Blackpool Wyre & Fylde Ac	31:42
63	553	Joan Gouldthorpe	L55 4	Red Rose Road Runners	31:57
64	559	Glenda Dobie	L4513	Red Rose Road Runners	31:57
65	864	Jean Knightly	L4514	Clayton Le Moors Harriers	32:08
66	511	Helen Walker	L 66	Barrow & Furness Striders Ac	32:12
67	976	Helena Lewis	L4515	Lancaster & Morecambe Ac	32:24
68	1646	Elizabeth Stanfield	L3523	Southport Waterloo Ac	32:29
69	556	Anne Wallworth	L55 5	Red Rose Road Runners	33:01
70	1625	Becky Barlow	L 70	Lancs University	33:09
71	329	Barbara Blackburn	L4516	Astley & Tyldesley RR	33:16
72	1630	Bethan Walton	L 72	Rosendale Harriers & Ac	33:21
73	2808	\$Sandra Hutchinson	L 73	Unattached	33:33
74	734	Julie Sherwood	L4517	Thornton	33:34
75	339	Abbie Eckersley	L3524	Astley & Tyldesley RR	33:58
76	144	Vicky Burton	L3525	Chorley	33:59
77	1213	Sue Stewart	L55 6	Southport Waterloo Ac	34:00
78	1634	Kathrynn Wilkinson	L3526	Clayton Le Moors Harriers	34:05
79	561	Sally Cape	L4518	Red Rose Road Runners	34:11
80	1656	Kath Benoy	L4519	Clayton Le Moors Harriers	34:15
81	1684	Benda Wane	L4520	Astley & Tyldesley RR	34:17
82	733	Debbie Cardwell	L4521	Thornton	34:37
83	568	Viv Shery	L 83	Red Rose Road Runners	34:47
84	838	Louise Charnock	L 84	Lytham St Annes Rr Club	35:35
85	332	Christine Farnworth	L3527	Astley & Tyldesley RR	35:36
86	1	Judith Deakin	L55 7	Preston Harriers & Ac	35:58
87	1218	Jane Blacklin	L4522	Southport Waterloo Ac	36:08
88	2806	\$Denise Wilson	L55 8	Unattached	36:16
89	757	Christa Whatmough	L 89	Horwich R M I Harriers	36:44
90	826	Janice Coble	L55 9	Lytham St Annes Rr Club	37:05
91	228	Denise Hughes	L4523	Garstang	37:08
92	557	Karen Clark	L4524	Red Rose Road Runners	37:10
93	886	Tanya Ashworth	L 93	Clayton Le Moors Harriers	37:50
94	2809	\$Suzanne Valentine	L3528	Unattached	38:02
95	1649	Janet Barnes	L4525	Pendle Athletic Club	38:07
96	2813	\$Deborah Toms	L4526	Unattached	38:11
97	1653	Catriona Corbishley	L 97	Rosendale Harriers & Ac	38:16
98	230	Philippa Olive	L4527	Garstang	38:25
99	1683	Michelle Fairclough	L3529	Astley & Tyldesley RR	38:25
100	337	Cathy Shaw	L3530	Astley & Tyldesley RR	38:28
101	825	Sylvia Gittins	L5510	Lytham St Annes Rr Club	39:12
102	866	Sue Allen	L4528	Clayton Le Moors Harriers	39:44
103	12	Lydia Rice	L 103	Preston Harriers & Ac	40:02
104	256	Hilary Goorney	L5511	Blackpool Wyre & Fylde Ac	40:11
105	554	Sue Harrison	L5512	Red Rose Road Runners	40:31
106	859	Christine Leathley	L5513	Clayton Le Moors Harriers	40:34
107	1128	Faye Holden	L3531	Pendle Athletic Club	40:51
108	824	Pamela Binns	L5514	Lytham St Annes Rr Club	40:51
109	227	Debi Spencer	L4529	Garstang	40:57
110	1669	Karen Davis	L4530	Lancaster & Morecambe Ac	40:57
111	1682	Vivien Hanson	L 111	Chorley	41:34
112	823	Dawn Lock	L5515	Lytham St Annes Rr Club	45:47
113	740	Elizabeth Young	L 113	Thornton	46:25

## Race 6 - Ladies over 18 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Border Harriers & Ac	41 — 4 Clare McKeown	7 Rhiannon Silson	30 Sarah Albert
2 Lancaster & Morecambe Ac	42 — 5 Helen Booth	11 Lauren Gora	26 Joanne Taylor
3 Preston Harriers & Ac	45 — 2 Stephanie Rowe	19 Sarah Gohil	24 Marion Hesketh
4 Liverpool Pembroke Sefton	56 — 1 Kirsty Longley	21 Lisa Gawthorne	34 Bua Kalisiram
5 Blackpool Wyre & Fylde Ac	69 — 8 Lauren Gowland	28 Stasia Bligh	33 Andrea Smith
6 Wesham Road Runners & Ac	77 — 9 Joanna Goorney	31 Jenn Thompson	37 Sarah Sherratt
7 Clayton Le Moors Harriers	81 — 13 Sue Burns	25 Jean Brown	43 Irene Roche
8 Eden Runners	104 — 16 Karen Bridge	35 Heather Eccles	53 Holly Marshall
9 Chorley	107 — 6 Lynne Cloughy	50 Anna Crabtree	51 Niki Rushton
10 Rossendale Harriers & Ac	115 — 12 Emma Flanagan	32 Sarah Toms	71 Bethan Walton
11 Horwich R M I Harriers	115 — 14 Maria Lowe	15 Suzanne Budgett	86 Christa Whatmouch
12 Southport Waterloo Ac	116 — 23 Clare Constable	46 Helen Lavelle	47 Carole James
13 Astley & Tyldesley RR	123 — 36 Susan Fletcher	38 Linda Whittaker	49 Suzanne Gregory
14 Blackpool Wyre & Fylde Ac 'B'	156 — 44 Laura Lawler	52 Alison Titterington	60 Tanya Barlow
15 Preston Harriers & Ac 'B'	156 — 27 Emma Essex-Crosby	45 Charlotte Rawcliffe	84 Judith Deakin
16 Red Rose Road Runners	160 — 42 Debbie Kirkman	56 Paula Plowman	62 Joan Gouldthorpe
17 Barrow & Furness Striders Ac	181 — 57 Sonja Foster	59 Jill Seddon	65 Helen Walker
18 Thornton	193 — 41 Gillian Pryor	72 Julie Sherwood	80 Debbie Cardwell
19 Clayton Le Moors Harriers 'B'	195 — 55 Dawn Richards	64 Jean Knightly	76 Kathryn Wilkinson
20 Southport Waterloo Ac 'B'	196 — 54 Sarah Grayson	67 Elizabeth Stanfield	75 Sue Stewart
21 Pendle Athletic Club	203 — 10 Anna Anderson	91 Janet Barnes	102 Faye Holden
22 Red Rose Road Runners 'B'	208 — 63 Glenda Dobie	68 Anne Wallworth	77 Sally Cape
23 Astley & Tyldesley RR 'B'	222 — 70 Barbara Blackburn	73 Abbie Eckersley	79 Benda Wane
24 Lytham St Annes Rr Club	265 — 82 Louise Chamock	87 Janice Cobley	96 Sylvia Gittins
25 Clayton Le Moors Harriers 'C'	265 — 78 Kath Benoy	90 Tanya Ashworth	97 Sue Allen
26 Red Rose Road Runners 'C'	270 — 81 Viv Sherry	89 Karen Clark	100 Sue Harrison
27 Astley & Tyldesley RR 'C'	272 — 83 Christine Farnworth	94 Michelle Fairclough	95 Cathy Shaw
28 Garstang	285 — 88 Denise Hughes	93 Philippa Olive	104 Debi Spencer

## Race 6 - Ladies over 35 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton Le Moors Harriers	40 — 5 Sue Burns	12 Jean Brown	23 Irene Roche
2 Blackpool Wyre & Fylde Ac	53 — 14 Stasia Bligh	15 Andrea Smith	24 Laura Lawler
3 Wesham Road Runners & Ac	56 — 4 Joanna Goorney	18 Sarah Sherratt	34 Tracey Hulme
4 Chorley	60 — 3 Lynne Cloughy	28 Anna Crabtree	29 Niki Rushton
5 Southport Waterloo Ac	61 — 10 Clare Constable	25 Helen Lavelle	26 Carole James
6 Astley & Tyldesley RR	63 — 17 Susan Fletcher	19 Linda Whittaker	27 Suzanne Gregory
7 Preston Harriers & Ac	74 — 8 Sarah Gohil	11 Marion Hesketh	55 Judith Deakin
8 Red Rose Road Runners	92 — 22 Debbie Kirkman	32 Paula Plowman	38 Joan Gouldthorpe
9 Blackpool Wyre & Fylde Ac 'B'	103 — 30 Alison Titterington	36 Tanya Barlow	37 Karen Dunford
10 Thornton	119 — 21 Gillian Pryor	45 Julie Sherwood	53 Debbie Cardwell
11 Clayton Le Moors Harriers 'B'	120 — 31 Dawn Richards	40 Jean Knightly	49 Kathryn Wilkinson
12 Lancaster & Morecambe Ac	126 — 13 Joanne Taylor	41 Helena Lewis	72 Karen Davis
13 Red Rose Road Runners 'B'	132 — 39 Glenda Dobie	43 Anne Wallworth	50 Sally Cape
14 Astley & Tyldesley RR 'B'	142 — 44 Barbara Blackburn	46 Abbie Eckersley	52 Benda Wane
15 Southport Waterloo Ac 'B'	146 — 42 Elizabeth Stanfield	48 Sue Stewart	56 Jane Blacklin
16 Astley & Tyldesley RR 'C'	179 — 54 Christine Farnworth	62 Michelle Fairclough	63 Cathy Shaw
17 Clayton Le Moors Harriers 'C'	184 — 51 Kath Benoy	65 Sue Allen	68 Christine Leathley
18 Garstang	190 — 58 Denise Hughes	61 Philippa Olive	71 Debi Spencer
19 Lytham St Annes Rr Club	191 — 57 Janice Cobley	64 Sylvia Gittins	70 Pamela Binns

## Race 6 - Ladies over 45 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Clayton Le Moors Harriers	20 — 1 Sue Burns	7 Irene Roche	12 Dawn Richards
2 Blackpool Wyre & Fylde Ac	30 — 4 Andrea Smith	11 Alison Titterington	15 Karen Dunford
3 Red Rose Road Runners	46 — 13 Paula Plowman	16 Joan Gouldthorpe	17 Glenda Dobie
4 Astley & Tyldesley RR	52 — 5 Linda Whittaker	21 Barbara Blackburn	26 Benda Wane
5 Southport Waterloo Ac	60 — 8 Carole James	23 Sue Stewart	29 Jane Blacklin
6 Red Rose Road Runners 'B'	76 — 20 Anne Wallworth	24 Sally Cape	32 Karen Clark
7 Clayton Le Moors Harriers 'B'	79 — 18 Jean Knightly	25 Kath Benoy	36 Sue Allen
8 Lytham St Annes Rr Club	105 — 30 Janice Cobley	35 Sylvia Gittins	40 Pamela Binns
9 Garstang	106 — 31 Denise Hughes	34 Philippa Olive	41 Debi Spencer

## Race 6 - Ladies over 55 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Red Rose Road Runners	20 — 4 Joan Gouldthorpe	5 Anne Wallworth	11 Sue Harrison
2 Lytham St Annes Rr Club	30 — 8 Janice Cobley	9 Sylvia Gittins	13 Pamela Binns



168	574	Phil Dean	V5048 Red Rose Road Runners	48:03	196	635	Mark Midgley	V4053 Wesham Road Runners & Ac	51:55
169	1277	Mark Davies	V4047 Southport Waterloo Ac	48:14	197	1703	Andy Binstead	V4054 Red Rose Road Runners	52:06
170	768	Peter Ramsdale	V5049 Horwich R M I Harriers	48:26	198	904	Richard Lawson	V6014 Clayton Le Moors Harriers	52:26
171	1658	Nigel Simpkin	V5050 Lytham St Annes Rr Club	48:28	199	582	Alan Raby	Red Rose Road Runners	52:33
172	254	Chris Airey	Garstang	48:43	200	362	Paul Basnett	V4055 Astley & Tyldesley RR	52:44
173	352	Steve Foster	V5051 Astley & Tyldesley RR	48:52	201	903	Ted Orrell	V6015 Clayton Le Moors Harriers	53:28
174	1021	Andrew Richarson	V4048 Lancaster & Morecambe Ac	48:58	202	1693	Steve Coey	V5062 Red Rose Road Runners	53:35
175	1659	Ken Lamb	V4049 Glaxo Hoad Hill Harriers	49:07	203	805	Chris Nightingale	V4056 Wigan Phoenix	53:38
176	1641	Dave Lee	V60 8 Chorley	49:28	204	361	Chris Whittaker	V4057 Astley & Tyldesley RR	53:49
177	1652	Glyn Denver	V60 9 Chorley	49:48	205	1680	Wayne McIntosh	Clayton Le Moors Harriers	54:07
178	346	Ian Hamilton	V6010 Astley & Tyldesley RR	49:52	206	1699	Charlie Clutterbuck	V6016 Clayton Le Moors Harriers	54:24
179	165	Barry Chester	V6011 Chorley	50:02	207	1268	John Vis	V4058 Southport Waterloo Ac	55:15
180	765	Gordon Stone	V5052 Horwich R M I Harriers	50:08	208	169	Steve Thomas	V5063 Chorley	56:34
181	1632	Philip Walton	V5053 Rossendale Harriers & Ac	50:17	209	645	Peter Campell	V5064 Border Harriers & Ac	57:01
182	762	Paul Murray	V6012 Horwich R M I Harriers	50:18	210	289	Bernard Singleton	V6017 Blackpool Wyre & Fylde Ac	57:42
183	356	Dave Crowe	V4050 Astley & Tyldesley RR	50:21	211	572	Alan Howard	V5065 Red Rose Road Runners	58:09
184	747	James Humphreys	Thornton	50:33	212	347	Barry Allman	V5066 Astley & Tyldesley RR	58:29
185	682	Adrian Newnham	V5054 Glaxo Hoad Hill Harriers	50:51	213	2816	\$Sean McCarthy	V4059 Bolton United Harriers & Ac	58:59
186	1691	David Randall	V5055 Blackpool Wyre & Fylde Ac	50:57	214	612	Dave Young	V6018 Wesham Road Runners & Ac	59:17
187	1651	John Chadwick	V5056 Preston Harriers & Ac	51:06	215	1662	Norman Greenwood	V6019 Blackpool Wyre & Fylde Ac	1:01:43
188	628	Alistair Morris	V5057 Wesham Road Runners & Ac	51:09	216	161	Eddie Murray	V6020 Chorley	1:02:12
189	293	David Dyson	V5058 Blackpool Wyre & Fylde Ac	51:16	217	1692	Mike Jeffries	V4060 Red Rose Road Runners	1:03:18
190	1686	John Hyde	V5059 Red Rose Road Runners	51:26	218	1663	Mike Walsh	V6021 Wesham Road Runners & Ac	1:03:35
191	288	Robert Massey	V6013 Blackpool Wyre & Fylde Ac	51:30	219	171	Phil McCullaugh	V5067 Chorley	1:04:12
192	1636	Geffen John Van	V4051 Pendle Athletic Club	51:45	220	1700	Les Paul	V6022 Chorley	1:05:51
193	918	Stuart Hartley	V5060 Clayton Le Moors Harriers	51:48	221	916	Jack McGuire	V5068 Clayton Le Moors Harriers	1:07:49
194	1343	Paul Percival-Smith	V5061 Kendal AAC	51:50	222	162	Mike Coppin	V6023 Chorley	1:14:05
195	1681	Chris Whitlock	V4052 Preston Harriers & Ac	51:55					

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Southport Waterloo Ac	88	—	3	James Tartt	5	Matt Thompson	15	Ben Johnson	17	Richard Shearer	20	Ciaran Walsh	28	Gery Lenehan
2	Clayton Le Moors Harriers	188	—	19	Andy Stubbs	25	Phil Hall	30	Breton Holdsworth	33	Mark Aspinall	36	Mike Wallis	45	John Roche
3	Blackpool Wyre & Fylde Ac	208	—	4	Luke Minns	27	John Wright	40	Daniel Quarmby	44	Malc Eadie	46	Trevor Uttley	47	Andrew Smith
4	Border Harriers & Ac	238	—	1	James Douglas	6	Kevin Bell	7	John Mason	41	Nick Bradley	86	Graham Silburn	97	Kevin Hull
5	Preston Harriers & Ac	328	—	9	Gethin Butler	16	Jon Green	49	Matthew Emery	52	Kevin Hesketh	98	Steve Snape	104	Alan Appleby
6	Kendal AAC	389	—	2	Alasdair Russell	10	Ben Harrison	14	Luke Ingham	48	Robbie Ingham	127	Peter Ackland	188	Paul Percival-Smith
7	Wesham Road Runners & Ac	392	—	11	Rob Danson	53	John Collier	69	Lee Barlow	82	Banke Gary De	87	Gary Moore	90	Richard Davies
8	Lytham St Annes Rr Club	414	—	29	Andrew Draper	57	Thomas Howarth	68	Nigel Thompson	72	Graham Webster	88	Willie Richmond	100	Terry Helligs
9	Wigan & District H & Ac	421	—	22	Andrew Kauffman	42	Mark Glynn	75	Andrew Eccles	80	Christopher Burgess	93	Darren Middleton	109	Barry Abram
10	Clayton Le Moors Harriers 'B'	445	—	64	Chris Balderson	67	Kevin Davies	70	Alan Life	79	Terry O'Leary	81	Rory Cunliffe	84	Richard Briscoe
11	Wigan Phoenix	458	—	31	Mo Manir-Jolley	34	Daniel Gregson	39	Stephen Nicholls	108	Paul Marshall	121	Vincent Robinson	125	Howard Waite
12	Southport Waterloo Ac 'B'	483	—	37	Steven Wilkinson	65	Rob Johnson	71	Mike Morgan	77	John Sprackland	91	Keith Lunt	142	Gareth Williams
13	Glaxo Hoad Hill Harriers	492	—	38	Christopher Howie	51	Sean Dixon	59	Steve Young	73	Mark Saunders	102	Gary Dover	169	Ken Lamb
14	Red Rose Road Runners	501	—	50	John Shepherd	54	Ben Donoghue	66	Ken Addison	95	Philip Butler	117	Phil Darwen	119	Paul Woan
15	Astley & Tyldesley RR	589	—	56	Shaun Moran	60	Mark Riches	62	Derek Coop	110	Gary Stevens	141	Terry Gardiner	160	James Duffy
16	Garstang	596	—	43	Andy Vause	78	Richard Jones	101	Simon Gora	107	Tony Pritchard	132	Phill Cornall	135	Geoff Lyons
17	Chorley	652	—	83	Phil Iddon	96	Paul Wareing	113	David Biddulph	115	Paul Jackson	116	David Williams	129	Jonathon Burgess
18	Blackpool Wyre & Fylde Ac 'B'	780	—	85	Gary Johnston	92	Chris Lloyd	112	Peter Broome	128	Peter Singleton	180	David Randall	183	David Dyson
19	Clayton Le Moors Harriers 'C'	822	—	118	John Singleton	124	David Hogan	126	James Hickie	143	David Scott	155	M Thistlethwaite	156	Martin Brady
20	Red Rose Road Runners 'B'	827	—	123	Stu Cann	130	Philip Davidson	133	Geoff Howarth	139	Barry Wheeler	145	John Allen	157	Fred Lynch
21	Chorley 'B'	924	—	131	Simon Townsend	148	Liam Boardman	150	Adrian Fairhurst	154	Michael Hendry	170	Dave Lee	171	Glyn Denver
22	Wesham Road Runners & Ac 'B'	1012	—	138	Alan Glasgow	144	Nigel Shepherd	151	Russell Mabbett	182	Alistair Morris	190	Mark Midgley	207	Dave Young
23	Astley & Tyldesley RR 'B'	1114	—	167	Steve Foster	172	Ian Hamilton	177	Dave Crowe	194	Paul Basnett	198	Chris Whittaker	206	Barry Allman
24	Red Rose Road Runners 'C'	1131	—	162	Phil Dean	184	John Hyde	191	Andy Binstead	193	Alan Raby	196	Steve Coey	205	Alan Howard
25	Clayton Le Moors Harriers 'D'	1134	—	161	Dugald McCallum	187	Stuart Hartley	192	Richard Lawson	195	Ted Orrell	199	Wayne McIntosh	200	Charlie Clutterbuck
26	Chorley 'C'	1224	—	173	Barry Chester	202	Steve Thomas	209	Eddie Murray	212	Phil McCullaugh	213	Les Paul	215	Mike Coppin

Senior Men under 20

Pos	Num	Name	Cat/Pos	Club	Time
2	5453	Jonathan Benson	JM 2	Rendall AAC	35:28
3	1621	Phil Robertson	JM 3	Lancs University	37:03
4	1655	Daniel Quarmby	JM 4	Blackpool Wyre & Fylde Ac	38:46
5	1354	Robbie Ingham	JM 5	Kendal AAC	39:29
6	1620	Ryan Stevemson	JM 6	Lancs University	40:31

## Senior Men under 20 — TEAM RESULTS

No complete teams