

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 20th October 2012

Race 2 - Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Club	Time
1	559	Aine Cunningham		Sale H Manchester	10:54	29	579	L Haywood-Percival	Salford Met AC	12:52
2	562	Olivia Green		Sale H Manchester	11:05	30	597	Caitlin Conway	Trafford AC	12:52
3	543	Danielle Stringer		Manchester H & AC	11:06	31	510	Megan Barnsley	ABC Runners	12:57
4	523	Lucy Miller		Liverpool H & AC	11:09	32	527	Isobel St.john	Liverpool H & AC	13:04
5	542	Eleanor Kenny		Manchester H & AC	11:14	33	852	Georgia Haworth	Sale H Manchester	13:07
6	574	Ellie Twite		Sale H Manchester	11:20	34	843	Catherine Hooper	Salford Met AC	13:12
7	558	Claudia Cowan		Sale H Manchester	11:34	35	573	Chloe Taylor	Sale H Manchester	13:15
8	564	F Hacker-Davies		Sale H Manchester	11:37	36	517	Maddy Broad	Liverpool H & AC	13:20
9	569	Niamh Nugent		Sale H Manchester	11:41	37	522	Amelia McCoy	Liverpool H & AC	13:21
10	524	Paige Misund		Liverpool H & AC	11:48	38	580	Abigail McNulty	Salford Met AC	13:22
11	551	Susan Shirling		St Helens Sutton AC	12:02	39	604	Lily Atkins	Wirral AC	13:23
12	544	Megan Taylor		Manchester H & AC	12:05	40	589	Grace Garner	Stockport H & AC	13:24
13	846	Rebecca Jones		Stockport H & AC	12:06	41	832	Emily Lucas	Liverpool H & AC	13:25
14	602	Caitlin Dimmick		Vale Royal AC	12:09	42	540	Katie Cooper	Manchester H & AC	13:33
15	860	Georgia Shirley		Liverpool H & AC	12:09	43	549	Abbie Roberts	St Helens Sutton AC	13:33
16	584	Georgia Bourke		Stockport H & AC	12:17	44	587	Jessica Connors	Stockport H & AC	13:34
17	594	Naomi Sinclair		Stockport H & AC	12:25	45	509	Alexandra Barnsley	ABC Runners	13:35
18	840	Emma Flynn		Stockport H & AC	12:29	46	845	Lucy McMullen	Salford Met AC	13:38
19	532	Abigail Cook		Macclesfield H & AC	12:31	47	583	Bethany Wright	Salford Met AC	13:49
20	837	Natasha Harrison		Stockport H & AC	12:31	48	848	Chiara Young	Sale H Manchester	13:58
21	575	Jemma Vickers		Sale H Manchester	12:33	49	847	Holly Peltier	Salford Met AC	14:06
22	864	Emily Barker		Salford Met AC	12:34	50	844	Sophie Harrison	Salford Met AC	14:09
23	588	Heather Corden		Stockport H & AC	12:35	51	838	MegMcHugh	Sale H Manchester	14:19
24	605	Hannah Das		Wirral AC	12:39	52	552	Caitlin Young	St Helens Sutton AC	14:29
25	518	Jessica Cook		Liverpool H & AC	12:41	53	600	Jameelah Ologundudu	Trafford AC	14:48
26	525	Grace Preston		Liverpool H & AC	12:45	54	519	Emily Derby	Liverpool H & AC	15:09
27	541	Emily Hughes		Manchester H & AC	12:47	55	550	Freya Roberts	St Helens Sutton AC	15:10
28	586	Francesca Carosi		Stockport H & AC	12:51					

Race 2 - Under 13 Girls — TEAM RESULTS

1	Sale H Manchester	9	—	1	Aine Cunningham	2	Olivia Green	6	Ellie Twite
2	Manchester H & AC	20	—	3	Danielle Stringer	5	Eleanor Kenny	12	Megan Taylor
3	Sale H Manchester	24	—	7	Claudia Cowan	8	F Hacker-Davies	9	Niamh Nugent
4	Liverpool H & AC	29	—	4	Lucy Miller	10	Paige Misund	15	Georgia Shirley
5	Stockport H & AC	46	—	13	Rebecca Jones	16	Georgia Bourke	17	Naomi Sinclair
6	Stockport H & AC	61	—	18	Emma Flynn	20	Natasha Harrison	23	Heather Corden
7	Liverpool H & AC	83	—	25	Jessica Cook	26	Grace Preston	32	Isobel St.john
8	Salford Met AC	85	—	22	Emily Barker	29	L Haywood-Percival	34	Catherine Hooper
9	Sale H Manchester	89	—	21	Jemma Vickers	33	Georgia Haworth	35	Chloe Taylor
10	St Helens Sutton AC	106	—	11	Susan Shirling	43	Abbie Roberts	52	Caitlin Young
11	Stockport H & AC	112	—	28	Francesca Carosi	40	Grace Garner	44	Jessica Connors
12	Liverpool H & AC	114	—	36	Maddy Broad	37	Amelia McCoy	41	Emily Lucas
13	Salford Met AC	131	—	38	Abigail McNulty	46	Lucy McMullen	47	Bethany Wright

Race 3 - Under 13 Boys — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	859	Josh Hinchly	Vale Royal AC	12:22	21	854	Jacob Winfield	Macclesfield H & AC	13:53
2	849	Joe Wigfield	Wirral AC	12:31	22	508	Sam Tempest	Wirral AC	13:54
3	469	Joe Ford	St Helens Sutton AC	12:42	23	454	Joshua Lowe	Liverpool H & AC	13:55
4	463	Connor Fazakerley	Manchester H & AC	12:44	24	445	Jack Thomas	E Cheshire H & Tameside AC	14:00
5	464	Matty Fox	Manchester H & AC	12:50	25	482	Andrew Toner	Sale H Manchester	14:12
6	507	Ieuan Kearney	Wirral AC	12:50	26	441	Paolo Guamieri	E Cheshire H & Tameside AC	14:22
7	488	Colin Daly	Trafford AC	12:54	27	484	Dillon Walker	Sale H Manchester	14:37
8	497	Robert Weir	Vale Royal AC	13:00	28	491	Xavier O'Hare	Trafford AC	14:40
9	506	Arran Kearney	Wirral AC	13:04	29	461	Bradley Fotherby	Macclesfield H & AC	14:41
10	448	Chris Larkin	Halton & Frodsham	13:05	30	872	Reece Butterworth	Sale H Manchester	14:42
11	451	Max Brame	Liverpool H & AC	13:14	31	851	Daniel Martin	E Cheshire H & Tameside AC	14:48
12	489	Mikey Kingston	Trafford AC	13:24	32	473	Hary Boyd	Sale H Manchester	14:49
13	503	Sam Cross	Wirral AC	13:31	33	462	Robert Peal	Macclesfield H & AC	15:08
14	505	Jonathon Head	Wirral AC	13:33	34	466	Sammy Warne	Manchester H & AC	15:21
15	465	Ben Skertchly	Manchester H & AC	13:36	35	446	John Trotman	E Cheshire H & Tameside AC	15:30
16	460	Robert Finnis	Macclesfield H & AC	13:42	36	871	Dougal McDermott	Salford Met AC	16:56
17	493	John Humphries	Vale Royal AC	13:45	37	442	Joe Hanrahan	E Cheshire H & Tameside AC	17:21
18	502	Jacob Brophy	Wirral AC	13:51	38	2003	\$Samuel Tulip	Unattached	17:33
19	443	Louie Haynes	E Cheshire H & Tameside AC	13:51	39	856	Daniel Wallace	Wirral AC	17:38
20	842	Dan Gorrod	Stockport H & AC	13:53					

Race 3 - Under 13 Boys — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Wirral AC	17	—	2	Joe Wigfield	6	Ieuan Kearney	9	Arran Kearney
2	Manchester H & AC	24	—	4	Connor Fazakerley	5	Matty Fox	15	Ben Skertchly
3	Vale Royal AC	26	—	1	Josh Hinchly	8	Robert Weir	17	John Humphries
4	Wirral AC	45	—	13	Sam Cross	14	Jonathon Head	18	Jacob Brophy
5	Trafford AC	47	—	7	Colin Daly	12	Mikey Kingston	28	Xavier O'Hare
6	Macclesfield H & AC	66	—	16	Robert Finnis	21	Jacob Winfield	29	Bradley Fotherby
7	E Cheshire H & Tameside AC	69	—	19	Louie Haynes	24	Jack Thomas	26	Paolo Guamieri
8	Sale H Manchester	82	—	25	Andrew Toner	27	Dillon Walker	30	Reece Butterworth
9	E Cheshire H & Tameside AC 'B'	103	—	31	Daniel Martin	35	John Trotman	37	Joe Hanrahan

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

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Race 3 - Under 15 Girls — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time	Pos	Name	Club	Time	
1	858	Amy Hinchly	Vale Royal AC	12:39	21	712	Charley Reid	Sale H Manchester	14:46
2	673	Sophia Brennan	Liverpool H & AC	12:42	22	698	Shannon Partington	St Helens Sutton AC	14:51
3	857	\$Zara Thompson	Sale H Manchester	12:42	23	675	Melanie Cattell	Liverpool H & AC	14:57
4	730	Katy Whiteoak	Stockport H & AC	12:45	24	674	Lucy Cattell	Liverpool H & AC	14:58
5	723	Lucy Donaghy	Stockport H & AC	12:48	25	733	Nicola Harris	Wirral AC	14:59
6	681	Dannielle Webb	Liverpool H & AC	13:07	26	718	Tilly Yates	Sale H Manchester	15:01
7	716	Amber Towns	Sale H Manchester	13:37	27	729	Ruth Sinclair	Stockport H & AC	15:02
8	732	Bethany Foster	Wirral AC	13:41	28	721	E Brackenridge-Jones	Stockport H & AC	15:18
9	855	Chloe Lockett	Stockport H & AC	13:43	29	669	A Brockley-Langford	E Cheshire H & Tameside AC	15:33
10	724	Juliet Downs	Stockport H & AC	13:47	30	668	Savannah Morgan	ABC Runners	15:43
11	717	Flora Whyte	Sale H Manchester	13:53	31	679	Emily Rowe	Liverpool H & AC	15:44
12	861	Georgia Plant	Sale H Manchester	14:05	32	862	Leah Meredith	E Cheshire H & Tameside AC	16:06
13	722	Emma Donaghy	Stockport H & AC	14:21	33	697	Olivia Harwood-Moss	St Helens Sutton AC	16:12
14	734	Aileen Kearney	Wirral AC	14:26	34	863	Becky Smith	Vale Royal AC	16:21
15	671	Kieia Grady	Halton & Frodsham	14:27	35	725	Emily Hughes	Stockport H & AC	16:36
16	686	Molly Bogin	Manchester H & AC	14:28	36	702	Sophie Burgess	Sale H Manchester	17:25
17	670	Emma Dixon	E Cheshire H & Tameside AC	14:34	37	695	Alex Glynn	St Helens Sutton AC	17:28
18	696	Lucy Griffiths	St Helens Sutton AC	14:39	38	699	Emily Roberts	St Helens Sutton AC	17:52
19	713	Franki Reid	Sale H Manchester	14:44	39	700	Lauren Wilcock	St Helens Sutton AC	19:37
20	719	Charlotte Simms	Salford Met AC	14:45					

Race 3 - Under 15 Girls — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	15	—	3	Katy Whiteoak	4	Lucy Donaghy	8	Chloe Lockett
2	Sale H Manchester	27	—	6	Amber Towns	10	Flora Whyte	11	Georgia Plant
3	Liverpool H & AC	29	—	2	Sophia Brennan	5	Dannielle Webb	22	Melanie Cattell
4	Wirral AC	44	—	7	Bethany Foster	13	Aileen Kearney	24	Nicola Harris
5	Stockport H & AC	47	—	9	Juliet Downs	12	Emma Donaghy	26	Ruth Sinclair
6	Sale H Manchester	63	—	18	Franki Reid	20	Charley Reid	25	Tilly Yates
7	St Helens Sutton AC	70	—	17	Lucy Griffiths	21	Shannon Partington	32	Olivia Harwood-Moss
8	E Cheshire H & Tameside AC	75	—	16	Emma Dixon	28	A Brockley-Langford	31	Leah Meredith
9	St Helens Sutton AC	111	—	36	Alex Glynn	37	Emily Roberts	38	Lauren Wilcock

Race 4 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Name	Club	Time	
1	626	Donnacha Maguire	Manchester H & AC	14:18	15	629	Matthew Sutton	Manchester Triathlon	16:04
2	628	Thomas Taylor	Manchester H & AC	14:20	16	642	Dillon Burchill	Sale H Manchester	16:05
3	646	Adam Roden	Sale H Manchester	14:31	17	639	Saeed Absiyeh	Sale H Manchester	16:28
4	850	Christopher Brown	Trafford AC	14:35	18	640	Jordan Bezzina	Sale H Manchester	16:34
5	657	Jake Lonsdale	Trafford AC	14:49	19	853	Dillon Cooper	E Cheshire H & Tameside AC	16:56
6	615	Tom Clarke	Liverpool H & AC	14:56	20	841	Grant Anderson	Stockport H & AC	17:14
7	613	Luke Piper	E Cheshire H & Tameside AC	14:58	21	645	Michael Quinn	Sale H Manchester	17:24
8	643	Euan Gilchrist	Sale H Manchester	15:05	22	868	Nathan Haigh	Macclesfield H & AC	17:37
9	866	Shay Ward	Stockport H & AC	15:08	23	876	Lewis Thurgoland	Stockport H & AC	18:25
10	652	Jay Hornby	Stockport H & AC	15:11	24	869	Jack Kitchin	Macclesfield H & AC	18:42
11	641	Daniel Brint	Sale H Manchester	15:22	25	625	Edward Thompson	Macclesfield H & AC	18:56
12	627	Sam Tarry	Manchester H & AC	15:23	26	663	Harry Das	Wirral AC	19:09
13	650	Andre Yiasoumi	Sale H Manchester	15:29	27	614	Bradley Phillips	Halton & Frodsham	19:22
14	649	Dylan Stanway	Sale H Manchester	15:49	28	651	Jack McNulty	Salford Met AC	19:56

Race 4 - Under 15 Boys — TEAM RESULTS

1	Manchester H & AC	15	—	1	Donnacha Maguire	2	Thomas Taylor	12	Sam Tarry
2	Sale H Manchester	22	—	3	Adam Roden	8	Euan Gilchrist	11	Daniel Brint
3	Stockport H & AC	39	—	9	Shay Ward	10	Jay Hornby	20	Grant Anderson
4	Sale H Manchester	43	—	13	Andre Yiasoumi	14	Dylan Stanway	16	Dillon Burchill
5	Sale H Manchester	56	—	17	Saeed Absiyeh	18	Jordan Bezzina	21	Michael Quinn
6	Macclesfield H & AC	71	—	22	Nathan Haigh	24	Jack Kitchin	25	Edward Thompson

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 20th October 2012

Race 4 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	820	Mollie Williams	Stockport H & AC	15:32
2	817	Chelsea Jarvis	Stockport H & AC	15:33
3	812	Elizabeth Apsley	Stockport H & AC	16:08
4	800	Megan Davies	Sale H Manchester	16:16
5	826	Emily Kearney	Wirral AC	16:23
6	814	Ellen Downs	Stockport H & AC	17:09
7	813	Rosa Chrystie-Lowe	Stockport H & AC	17:26
8	824	Emma Pyatt	Vale Royal AC	17:33
9	870	Lucy Scott	Vale Royal AC	17:50

Race 4 - Under 17 Women — TEAM RESULTS

1 Stockport H & AC	6 — 1 Mollie Williams	2 Chelsea Jarvis	3 Elizabeth Apsley
2 Stockport H & AC	23 — 6 Ellen Downs	7 Rosa Chrystie-Lowe	10 Sophie Williams
3 Wirral AC	32 — 5 Emily Kearney	11 Lauren Brett	16 Fiona Nuttall
4 E Cheshire H & Tameside AC	49 — 14 Hayley Simpson	17 Danielle Dignan	18 Clare Dignan

Under 17 Men — FINAL RESULTS

Pos	Num	Name	Club	Time
1	746	Matthew Shirling	Liverpool H & AC	22:20
2	867	Richard Evans	Wirral AC	23:07
3	742	Daniel Jarvis	Liverpool H & AC	23:36
4	747	Mathew Wigelsworth	Liverpool H & AC	23:39
5	741	Lee Dobson	Liverpool H & AC	23:49
6	875	Matthew Sheen	Vale Royal AC	24:02
7	769	Kevin Acton	Stockport H & AC	24:18
8	745	Abdulqani Sharif	Liverpool H & AC	24:46
9	777	Danny Lawton	Trafford AC	24:47
10	758	Jonathon Stewart	Manchester H & AC	25:18
11	785	Kieran Morgan	Wirral AC	25:29
12	767	Matthew Metcalf	Sale H Manchester	25:42
13	743	Chris Manning	Liverpool H & AC	25:45
14	774	Robert Ward	Stockport H & AC	25:49

Under 17 Men — TEAM RESULTS

1 Liverpool H & AC	8 — 1 Matthew Shirling	3 Daniel Jarvis	4 Mathew Wigelsworth
2 Liverpool H & AC	26 — 5 Lee Dobson	8 Abdulqani Sharif	13 Chris Manning
3 Wirral AC	28 — 2 Richard Evans	11 Kieran Morgan	15 Nathan Schofield
4 Stockport H & AC	45 — 7 Kevin Acton	14 Robert Ward	24 Tom Dent
5 Sale H Manchester	48 — 12 Matthew Metcalf	16 Khalid Absiyeh	20 Jimmy Castle

Senior Women aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	885	Kate Moulds	LJ 1	Vale Royal AC	35:07
2	47	Olivia Perez	LJ 2	Liverpool H & AC	36:02
3	283	Sarah Barker	LJ 3	Univ Manchester CC Club	36:44
4	226	Nicola Berry	LJ 4	Stockport H & AC	37:44
5	839	Katie Bowers-Folan	LJ 5	St Helens Sutton AC	39:21

Senior Women aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time
1	270	Jackie Fairchild		Trafford AC	31:16
2	209	Hayley Kuter		Salford H & AC	32:09
3	279	Jessica Oliver-Bell		Trafford AC	32:19
4	2001	Emily Brown		Cardiff AAC	32:57
5	170	Gemma Connolly		St Helens Sutton AC	33:06
6	278	Victoria O'Donnell		Trafford AC	33:56
7	175	Hayley Cavill		Sale H Manchester	34:20
8	272	Hannah Griffiths		Trafford AC	34:27
9	115	Pauline Griffin		Manchester Triathlon	34:59
10	276	Teresa Kemp		Trafford AC	35:16
11	132	Sarah Rhodes		Manchester Triathlon	35:41
12	206	Tania Hernandez		Salford H & AC	35:48
13	894	Holly Teague		E Cheshire H & Tameside AC	35:52
14	52	Amber Magee		MMU Harriers	37:04
15	126	Deirdre McCarthy		Manchester Triathlon	37:45
16	192	Cara O'Brien		Sale H Manchester	38:01
17	195	Alison Pye		Sale H Manchester	38:10
18	111	Holly Eadsforth		Manchester Triathlon	38:21
19	142	Hannah Brierley		Manchester Ymca H	38:45
20	194	Julie Price		Sale H Manchester	38:46
21	285	Jennifer Parker		Univ Manchester CC Club	39:05
22	133	Kate Ritchie		Manchester Triathlon	39:11
23	211	Laura Nash		Salford H & AC	39:18
24	9	Laura Bostock		Altrincham & Dist AC	39:34
25	199	Jennifer Simmons		Sale H Manchester	39:39
26	886	Hannah Bentley		Macclesfield H & AC	39:56
27	830	Claire Mulvenna		Manchester Frontrunners	40:01
28	248	Carly Appleby		Swinton RC	40:02
29	252	Julie Hamilton		Swinton RC	40:33
30	128	Emily Newton		Manchester Triathlon	40:42
31	874	Victoria Stott		E Cheshire H & Tameside AC	40:43

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Senior Women (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	239	Louise Rudd	L35	1 Stockport H & AC	32:29	18	174 Helen Armitage	L35	18 Sale H Manchester	39:17
2	327	Sarah Kearney	L35	2 Wirral AC	33:35	19	171 Julia Eccleston	L35	19 St Helens Sutton AC	40:34
3	317	Diane McVey	L35	3 Wilmslow RC	33:53	20	24 Kath Horwill	L35	20 Belle Vue Racers	41:50
4	15	Sandra Lewis	L35	4 Altrincham & Dist AC	34:17	21	136 Laura Stafford	L35	21 Manchester Triathlon	43:12
5	212	Claire O'Connor	L35	5 Salford H & AC	34:25	22	108 Sally Cooper	L35	22 Manchester Triathlon	43:25
6	58	Anne Farmer	L35	6 Macclesfield H & AC	34:52	23	298 Julie Wood	L35	23 West Cheshire AC	43:56
7	323	Claire Stevinson	L35	7 Wilmslow RC	35:05	24	141 Emma Bedford	L35	24 Manchester Ymca H	44:21
8	316	Vicky McKinnon	L35	8 Wilmslow RC	35:33	25	891 Linda Nuamah	L35	25 Manchester H & AC	44:33
9	228	Carmen Byrne	L35	9 Stockport H & AC	36:01	26	167 Joanne Sullivan	L35	26 Middleton H AC	44:59
10	282	Sally Woolhouse	L35	10 Trafford AC	36:16	27	258 Lisa Ottiwell	L35	27 Swinton RC	46:10
11	135	Viv Slack	L35	11 Manchester Triathlon	36:53	28	104 Gillian Aspin	L35	28 Manchester Triathlon	46:48
12	307	Katy Green	L35	12 Wilmslow RC	36:58	29	76 Lynsey Charles	L35	29 Manchester H & AC	47:04
13	308	Louisa Harrison	L35	13 Wilmslow RC	37:01	30	259 Sharon Roberts	L35	30 Swinton RC	48:59
14	182	Zoe Gmerek	L35	14 Sale H Manchester	37:28	31	124 Jenny Keith	L35	31 Manchester Triathlon	49:31
15	197	Louise Robbins	L35	15 Sale H Manchester	38:42	32	127 Joanne Moseley	L35	32 Manchester Triathlon	54:05
16	265	Claire Chaffer	L35	16 Trafford AC	39:06	33	100 Michelle Ryan	L35	33 Manchester Frontrunners	1:00:12
17	40	Janet Grint	L35	17 E Cheshire H & Tameside AC	39:07					

Senior Women (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	208	Beverley Jenkins	L40	1 Salford H & AC	33:22	14	301 Melissa Broughton	L40	14 Wilmslow RC	41:34
2	191	Jan Nichols	L40	2 Sale H Manchester	34:42	15	32 V Chadwick-Dunbar	L40	15 Bramhall Runners	41:55
3	236	Jayne Lawton	L40	3 Stockport H & AC	36:24	16	233 Louise Harrison	L40	16 Stockport H & AC	42:08
4	138	Jude Wall	L40	4 Manchester Triathlon	37:51	17	118 Sonia Harris	L40	17 Manchester Triathlon	43:11
5	254	Lauren Marsden	L40	5 Swinton RC	38:09	18	110 Claire Deane	L40	18 Manchester Triathlon	43:17
6	196	Helen Reagan	L40	6 Sale H Manchester	38:15	19	322 Huma Rahman	L40	19 Wilmslow RC	43:38
7	119	Melanie Hayes	L40	7 Manchester Triathlon	38:58	20	892 Elaine Helme	L40	20 E Cheshire H & Tameside AC	46:02
8	281	Anna Verges	L40	8 Trafford AC	39:00	21	879 Lynne Graves	L40	21 Macclesfield H & AC	47:20
9	43	Emma McQueen	L40	9 E Cheshire H & Tameside AC	39:12	22	22 Julia Foy	L40	22 Belle Vue Racers	47:33
10	231	Gillian Doolan	L40	10 Stockport H & AC	39:52	23	3 Kath Livingston	L40	23 ABC Runners	48:58
11	884	Louise Hogg	L40	11 St Helens Sutton AC	40:30	24	831 Becky Styles	L40	24 Bramhall Runners	49:14
12	890	Joanne Apin	L40	12 Salford H & AC	40:47	25	38 Alison Sheedy	L40	25 Bramhall Runners	50:16
13	96	Anna Einarsdottir	L40	13 Manchester Frontrunners	41:15					

Senior Women (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	244	Helen Walch	L45	1 Stockport H & AC	35:12	13	313 Sharon Jones	L45	13 Wilmslow RC	42:14
2	247	Kerrie Wood-Doyle	L45	2 Stockport H & AC	35:38	14	314 Julie Lucas	L45	14 Wilmslow RC	43:00
3	59	Andrea Frost	L45	3 Macclesfield H & AC	37:43	15	880 Emma Beveridge	L45	15 Macclesfield H & AC	44:01
4	277	Joanne Lott	L45	4 Trafford AC	38:16	16	162 Catherine Murphy	L45	16 Middleton H AC	44:14
5	11	Bev Ganose	L45	5 Altrincham & Dist AC	38:57	17	140 Michelle Wilder	L45	17 Manchester Triathlon	45:14
6	223	Sarah Aylmer	L45	6 Stockport H & AC	39:32	18	325 Janet Wyles	L45	18 Wilmslow RC	47:08
7	241	Lesley Sinclair	L45	7 Stockport H & AC	39:40	19	238 Bridget Jones	L45	19 Stockport H & AC	48:39
8	12	Carole Harrison	L45	8 Altrincham & Dist AC	40:06	20	117 Bethan Habron-James	L45	20 Manchester Triathlon	49:01
9	4	April Morgan	L45	9 ABC Runners	40:26	21	220 Mandy Webber	L45	21 Salford Met AC	50:54
10	2010	\$Jane Mellor	L45	10 Unattached	40:38	22	18 Jennifer Raffle	L45	22 Altrincham & Dist AC	51:10
11	246	Maureen Wilkins	L45	11 Stockport H & AC	41:50	23	150 Justine Stevens	L45	23 Manchester Ymca H	53:36
12	2006	\$Alison Lockett	L45	12 Unattached	41:56	24	25 Marie Lavin	L45	24 Belle Vue Racers	55:34

Senior Women (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	324	Kate Sutton	L50	1 Wilmslow RC	37:56	8	232 Helen Fraser	L50	8 Stockport H & AC	44:03
2	294	Jacky Thom	L50	2 Vale Royal AC	38:37	9	20 Cecilia Boodhoo	L50	9 Belle Vue Racers	45:50
3	177	Jackie Cordingley	L50	3 Sale H Manchester	39:14	10	2011 \$Tracey Pitceathly	L50	10 Unattached	46:39
4	319	Nicky Mowat	L50	4 Wilmslow RC	39:16	11	14 Maggie Jones	L50	11 Altrincham & Dist AC	48:03
5	309	Claire Hawkes	L50	5 Wilmslow RC	39:42	12	834 Dawn Clarke	L50	12 Swinton RC	48:15
6	198	Lynda Rowlinson	L50	6 Sale H Manchester	40:30	13	160 Fiona Lamb	L50	13 Middleton H AC	51:24
7	883	Mary Tavener	L50	7 Vale Royal AC	41:40					

Senior Women (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	13	Ann-Marie Jones	L55	1 Altrincham & Dist AC	35:17	8	888 Gillian Wolstenholme	L55	8 E Cheshire H & Tameside AC	45:36
2	242	Helen Todd	L55	2 Stockport H & AC	40:52	9	169 Pam Appleton	L55	9 St Helens Sutton AC	46:40
3	23	Annie Hirsch	L55	3 Belle Vue Racers	40:59	10	164 Janice Pugh	L55	10 Middleton H AC	52:59
4	66	Barbara Murray	L55	4 Macclesfield H & AC	42:27	11	151 Shelagh Ackers	L55	11 Middleton H AC	53:35
5	213	Denise Wakefield	L55	5 Salford H & AC	43:26	12	893 Kath Roberts	L55	12 Swinton RC	54:38
6	269	Sue Exon	L55	6 Trafford AC	43:53	13	889 Pauline Picton	L55	13 St Helens Sutton AC	1:01:03
7	245	Hilary West	L55	7 Stockport H & AC	44:57	14	159 Alyson Lamb	L55	14 Middleton H AC	1:02:55

Senior Women (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	44	Angela Oldham	L60	1 E Cheshire H & Tameside AC	38:56	4	295 Carole Williams	L60	4 Vale Royal AC	50:23
2	230	Alexis Dinsmor	L60	2 Stockport H & AC	44:30	5	189 Jenny Miles	L60	5 Sale H Manchester	51:36
3	155	Ruth Hare	L60	3 Middleton H AC	48:53					

Senior Women (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	154	Christine Eckersley	L65	1 Middleton H AC	48:47
2	64	Pauline Lynch	L65	2 Macclesfield H & AC	50:31

Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 20th October 2012

Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	270	Jackie Fairchild		Trafford AC	31:16
2	209	Hayley Kuter		Salford H & AC	32:09
3	279	Jessica Oliver-Bell		Trafford AC	32:19
4	239	Louise Rudd	L35 1	Stockport H & AC	32:29
5	2001	\$Emily Brown		Cardiff AAC	32:57
6	170	Gemma Connolly		St Helens Sutton AC	33:06
7	208	Beverley Jenkins	L40 1	Salford H & AC	33:22
8	327	Sarah Kearney	L35 2	Warral AC	33:35
9	317	Diane McVey	L35 3	Wilmslow RC	33:53
10	278	Victoria O'Donnell		Trafford AC	33:56
11	15	Sandra Lewis	L35 4	Altrincham & Dist AC	34:17
12	175	Hayley Cavill		Sale H Manchester	34:20
13	212	Claire O'Connor	L35 5	Salford H & AC	34:25
14	272	Hannah Griffiths		Trafford AC	34:27
15	191	Jan Nichols	L40 2	Sale H Manchester	34:42
16	58	Anne Farmer	L35 6	Macclesfield H & AC	34:52
17	115	Pauline Griffin		Manchester Triathlon	34:59
18	323	Claire Stevinson	L35 7	Wilmslow RC	35:05
19	885	Kate Moulds	LJ 1	Vale Royal AC	35:07
20	244	Helen Walch	L45 1	Stockport H & AC	35:12
21	276	Teresa Kemp		Trafford AC	35:16
22	13	Ann-Marie Jones	L55 1	Altrincham & Dist AC	35:17
23	316	Vicky McKinnon	L35 8	Wilmslow RC	35:33
24	247	Kerrie Wood-Doyle	L45 2	Stockport H & AC	35:38
25	132	Sarah Rhodes		Manchester Triathlon	35:41
26	206	Tania Hernandez		Salford H & AC	35:48
27	894	Holly Teague		E Cheshire H & Tameside AC	35:52
28	228	Carmen Byrne	L35 9	Stockport H & AC	36:01
29	47	Olivia Perez	LJ 2	Liverpool H & AC	36:02
30	282	Sally Woolhouse	L35 10	Trafford AC	36:16
31	236	Jayne Lawton	L40 3	Stockport H & AC	36:24
32	283	Sarah Barker	LJ 3	Univ Manchester CC Club	36:44
33	135	Viv Slack	L35 11	Manchester Triathlon	36:53
34	307	Katy Green	L35 12	Wilmslow RC	36:58
35	308	Louisa Harrison	L35 13	Wilmslow RC	37:01
36	52	Amber Magee		MMU Harriers	37:04
37	182	Zoe Gmerek	L35 14	Sale H Manchester	37:28
38	59	Andrea Frost	L45 3	Macclesfield H & AC	37:43
39	226	Nicola Berry	LJ 4	Stockport H & AC	37:44
40	126	Deirdre McCarthy		Manchester Triathlon	37:45
41	138	Jude Wall	L40 4	Manchester Triathlon	37:51
42	324	Kate Sutton	L50 1	Wilmslow RC	37:56
43	192	Cara O'Brien		Sale H Manchester	38:01
44	254	Lauren Marsden	L40 5	Swinton RC	38:09
45	195	Alison Pye		Sale H Manchester	38:10
46	196	Helen Reagan	L40 6	Sale H Manchester	38:15
47	277	Joanne Lott	L45 4	Trafford AC	38:16
48	111	Holly Eadsforth		Manchester Triathlon	38:21
49	294	Jacky Thom	L50 2	Vale Royal AC	38:37
50	197	Louise Robbins	L35 15	Sale H Manchester	38:42
51	142	Hannah Brierley		Manchester Ymca H	38:45
52	194	Julie Price		Sale H Manchester	38:46
53	44	Angela Oldham	L60 1	E Cheshire H & Tameside AC	38:56
54	11	Bev Ganose	L45 5	Altrincham & Dist AC	38:57
55	119	Melanie Hayes	L40 7	Manchester Triathlon	38:58
56	281	Anna Verges	L40 8	Trafford AC	39:00
57	285	Jennifer Parker		Univ Manchester CC Club	39:05
58	265	Claire Chaffer	L35 16	Trafford AC	39:06
59	40	Janet Grint	L35 17	E Cheshire H & Tameside AC	39:07
60	133	Kate Ritchie		Manchester Triathlon	39:11
61	43	Emma McQueen	L40 9	E Cheshire H & Tameside AC	39:12
62	177	Jackie Cordingley	L50 3	Sale H Manchester	39:14
63	319	Nicky Mowat	L50 4	Wilmslow RC	39:16
64	174	Helen Armitage	L35 18	Sale H Manchester	39:17
65	211	Laura Nash		Salford H & AC	39:18
66	839	Katie Bowers-Folan	LJ 5	St Helens Sutton AC	39:21
67	190	Misha Nayak-Oliver	LJ 6	Sale H Manchester	39:26
68	223	Sarah Aylmer	L45 6	Stockport H & AC	39:32
69	9	Laura Bostock		Altrincham & Dist AC	39:34
70	199	Jennifer Simmons		Sale H Manchester	39:39
71	241	Lesley Sinclair	L45 7	Stockport H & AC	39:40
72	309	Claire Hawkes	L50 5	Wilmslow RC	39:42
73	231	Gillian Doolan	L40 10	Stockport H & AC	39:52
74	886	Hannah Bentley		Macclesfield H & AC	39:56
75	830	Claire Mulvena		Manchester Frontrunners	40:01
76	248	Carly Appleby		Swinton RC	40:02
77	12	Carole Harrison	L45 8	Altrincham & Dist AC	40:06
78	4	April Morgan	L45 9	ABC Runners	40:26
79	198	Lynda Rowlinson	L50 6	Sale H Manchester	40:30
80	884	Louise Hogg	L40 11	St Helens Sutton AC	40:30
81	252	Julie Hamilton		Swinton RC	40:33
82	171	Julia Eccleston	L35 19	St Helens Sutton AC	40:34
83	2010	\$Jane Mellor	L45 10	Unattached	40:38
					84 128 Emily Newton
					85 874 Victoria Stott
					86 36 Nicola Lloyd
					87 890 Joanne Aplin
					88 242 Helen Todd
					89 176 Jenny Clink
					90 23 Annie Hirsch
					91 96 Anna Einarsdottir
					92 178 Lauren Davies
					93 224 Jill Bailey
					94 301 Melissa Broughton
					95 106 Sophie Barnett
					96 883 Mary Tavener
					97 185 Sian Holland
					98 246 Maureen Wilkins
					99 24 Kath Horwill
					100 257 Rebecca Mills
					101 184 Gemma Hardiman
					102 32 V Chadwick-Dunbar
					103 2006 \$Alison Lockett
					104 233 Louise Harrison
					105 313 Sharon Jones
					106 183 Belinda Hammond
					107 94 Heather Clarkson
					108 66 Barbara Murray
					109 120 Helen Hyder
					110 91 Wendy Woodhead
					111 116 Helen Grimwood
					112 314 Julie Lucas
					113 118 Sonia Harris
					114 136 Laura Stafford
					115 134 Claudia Robles-Morse
					116 110 Claire Deane
					117 108 Sally Cooper
					118 213 Denise Wakefield
					119 251 Emma Flynn
					120 322 Huma Rahman
					121 269 Sue Exon
					122 298 Julie Wood
					123 880 Emma Beveridge
					124 232 Helen Fraser
					125 75 Stacey Benson
					126 162 Catherine Murphy
					127 141 Emma Bedford
					128 29 Ruth Todd
					129 230 Alexis Dinsmor
					130 891 Linda Nuamah
					131 264 Ruth Beresford
					132 245 Hilary West
					133 167 Joanne Sullivan
					134 139 Becky Walton
					135 73 Caroline Baba
					136 140 Michelle Wilder
					137 2005 \$Fay Simpson
					138 888 Gillian Wolstenholme
					139 179 Kisty Donkersley
					140 20 Cecilia Boodhoo
					141 892 Elaine Helme
					142 258 Lisa Ottiwell
					143 873 Victoria Calderbank
					144 2011 \$Tracey Pitceathly
					145 169 Pam Appleton
					146 113 Nicola Fox
					147 104 Gillian Aspin
					148 27 Carmel Salvidge
					149 76 Lynsey Charles
					150 887 Nina Dixon
					151 325 Janet Wyles
					152 879 Lynne Graves
					153 22 Julia Foy
					154 14 Maggie Jones
					155 284 Katie Booth
					156 834 Dawn Clarke
					157 238 Bridget Jones
					158 154 Christine Eckersley
					159 155 Ruth Hare
					160 3 Kath Livingston
					161 259 Sharon Roberts
					162 117 Bethan Habron-James
					163 831 Becky Styles
					164 124 Jenny Keith
					165 31 Emma Aldred
					166 38 Alison Sheedy
					L40 12 Salford H & AC
					L55 2 Stockport H & AC
					L40 13 Manchester Frontrunners
					L55 3 Belle Vue Racers
					L40 14 Wilmslow RC
					L50 7 Vale Royal AC
					L45 11 Stockport H & AC
					L35 20 Belle Vue Racers
					L40 15 Bramhall Runners
					L45 12 Unattached
					L40 16 Stockport H & AC
					L45 13 Wilmslow RC
					L55 4 Macclesfield H & AC
					L45 14 Wilmslow RC
					L35 21 Manchester Triathlon
					L45 12 Manchester Triathlon
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					L45 99 Manchester Triathlon
					L45 100 Manchester Triathlon

167	295	Carole Williams	L60	4	Vale Royal AC	50:23	178	151	Shelagh Ackers	L55	11	Middleton HAC	53:35
168	64	Pauline Lynch	L65	2	Macclesfield H & AC	50:31	179	150	Justine Stevens	L45	23	Manchester Ymca H	53:36
169	220	Mandy Webber	L45	21	Salford Met AC	50:54	180	127	Joanne Moseley	L35	32	Manchester Triathlon	54:05
170	18	Jennifer Raffle	L45	22	Altrincham & Dist AC	51:10	181	893	Kath Roberts	L55	12	Swinton RC	54:38
171	160	Fiona Lamb	L50	13	Middleton HAC	51:24	182	25	Marie Lavin	L45	24	Belle Vue Racers	55:34
172	189	Jenny Miles	L60	5	Sale H Manchester	51:36	183	95	Natalie Dunderdale			Manchester Frontrunners	56:15
173	26	Lara Mason			Belle Vue Racers	52:06	184	100	Michelle Ryan	L35	33	Manchester Frontrunners	1:00:12
174	107	Kat Burley			Manchester Triathlon	52:33	185	889	Pauline Picton	L55	13	St Helens Sutton AC	1:01:03
175	55	Laura Rogers	LJ	9	MMU Harriers	52:48	186	250	Gaynor Clarke			Swinton RC	1:01:09
176	164	Janice Pugh	L55	10	Middleton HAC	52:59	187	159	Alyson Lamb	L55	14	Middleton HAC	1:02:55
177	123	Catherine Jones			Manchester Triathlon	53:19							

Senior Women — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford AC	26	—	1	Jackie Fairchild	3	Jessica Oliver-Bell	9	Victoria O'Donnell	13	Hannah Griffiths
2	Salford H & AC	45	—	2	Hayley Kuter	6	Beverley Jenkins	12	Claire O'Connor	25	Tania Hernandez
3	Stockport H & AC	73	—	4	Louise Rudd	19	Helen Walch	23	Kerrie Wood-Doyle	27	Carmen Byrne
4	Wilmslow RC	80	—	8	Diane McVey	17	Claire Stevinson	22	Vicky McKinnon	33	Katy Green
5	Sale H Manchester	103	—	11	Hayley Cavill	14	Jan Nichols	36	Zoe Gmerek	42	Cara O'Brien
6	Manchester Triathlon	111	—	16	Pauline Griffin	24	Sarah Rhodes	32	Viv Slack	39	Deirdre McCarthy
7	Trafford AC	150	—	20	Teresa Kemp	29	Sally Woolhouse	46	Joanne Lott	55	Anna Verges
8	Altrincham & Dist AC	152	—	10	Sandra Lewis	21	Ann-Marie Jones	53	Bev Ganose	68	Laura Bostock
9	Sale H Manchester	189	—	44	Alison Pye	45	Helen Reagan	49	Louise Robbins	51	Julie Price
10	E Cheshire H & Tameside AC	196	—	26	Holly Teague	52	Angela Oldham	58	Janet Grint	60	Emma McQueen
11	Manchester Triathlon	200	—	40	Jude Wall	47	Holly Eadsforth	54	Melanie Hayes	59	Kate Ritchie
12	Stockport H & AC	205	—	30	Jayne Lawton	38	Nicola Berry	67	Sarah Aylmer	70	Lesley Sinclair
13	Wilmslow RC	208	—	34	Louisa Harrison	41	Kate Sutton	62	Nicky Mowat	71	Claire Hawkes
14	St Helens Sutton AC	230	—	5	Gemma Connolly	65	Katie BowersFolan	79	Louise Hogg	81	Julia Eccleston
15	Macclesfield H & AC	230	—	15	Anne Farmer	37	Andrea Frost	73	Hannah Bentley	105	Barbara Murray
16	Sale H Manchester	259	—	61	Jackie Cordingley	63	Helen Armitage	66	Misha Nayak-Oliver	69	Jennifer Simmons
17	Swinton RC	296	—	43	Lauren Marsden	75	Carly Appleby	80	Julie Hamilton	98	Rebecca Mills
18	Vale Royal AC	322	—	18	Kate Moulds	48	Jacky Thom	94	Mary Tavener	162	Carole Williams
19	Stockport H & AC	345	—	72	Gillian Doolan	86	Helen Todd	91	Jill Bailey	96	Maureen Wilkins
20	Sale H Manchester	350	—	78	Lynda Rowlinson	87	Jenny Clink	90	Lauren Davies	95	Sian Holland
21	Manchester Triathlon	389	—	82	Emily Newton	93	Sophie Barnett	106	Helen Hyder	108	Helen Grimwood
22	Wilmslow RC	420	—	92	Melissa Broughton	102	Sharon Jones	109	Julie Lucas	117	Huma Rahman
23	Manchester Frontrunners	445	—	74	Claire Mulvenna	89	Anna Einarsdottir	104	Heather Clarkson	178	Natalie Dunderdale
24	Manchester Triathlon	446	—	110	Sonia Harris	111	Laura Stafford	112	Claudia Robles-Morse	113	Claire Deane
25	Belle Vue Racers	446	—	88	Annie Hirsch	97	Kath Horwill	125	Ruth Todd	136	Cecilia Boodhoo
26	Sale H Manchester	476	—	99	Gemma Hardiman	103	Belinda Hammond	135	Kisty Donkersley	139	Victoria Calderbank
27	Stockport H & AC	477	—	101	Louise Harrison	121	Helen Fraser	126	Alexis Dinsmor	129	Hilary West
28	Manchester H & AC	488	—	107	Wendy Woodhead	122	Stacey Benson	127	Linda Nuamah	132	Caroline Baba
29	Bramhall Runners	502	—	84	Nicola Lloyd	100	V Chadwick-Dunbar	158	Becky Styles	160	Emma Aldred
30	Manchester Triathlon	519	—	114	Sally Cooper	131	Becky Walton	133	Michelle Wilder	141	Nicola Fox
31	Middleton H AC	560	—	123	Catherine Murphy	130	Joanne Sullivan	153	Christine Eckersley	154	Ruth Hare
32	Swinton RC	561	—	116	Emma Flynn	138	Lisa Ottiwell	151	Dawn Clarke	156	Sharon Roberts
33	Manchester Triathlon	627	—	142	Gillian Aspin	157	Bethan Habron-James	159	Jenny Keith	169	Kat Burley
34	Belle Vue Racers	636	—	143	Carmel Salvidge	148	Julia Foy	168	Lara Mason	177	Marie Lavin
35	Middleton H AC	692	—	166	Fiona Lamb	171	Janice Pugh	173	Shelagh Ackers	182	Alyson Lamb

Senior Women aged 17 to 19 — TEAM RESULTS

No complete teams

Senior Women (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport H & AC	24	—	1	Louise Rudd	10	Helen Walch	13	Kerrie Wood-Doyle
2	Wilmslow RC	25	—	4	Diane McVey	9	Claire Stevinson	12	Vicky McKinnon
3	Altrincham & Dist AC	46	—	5	Sandra Lewis	11	Ann-Marie Jones	30	Bev Ganose
4	Sale H Manchester	52	—	7	Jan Nichols	20	Zoe Gmerek	25	Helen Reagan
5	Salford H & AC	56	—	2	Beverley Jenkins	6	Claire O'Connor	48	Joanne Aplin
6	Wilmslow RC	60	—	18	Katy Green	19	Louisa Harrison	23	Kate Sutton
7	Stockport H & AC	69	—	14	Carmen Byrne	16	Jayne Lawton	39	Sarah Aylmer
8	Manchester Triathlon	70	—	17	Viv Slack	22	Jude Wall	31	Melanie Hayes
9	Trafford AC	73	—	15	Sally Woolhouse	26	Joanne Lott	32	Anna Verges
10	Macclesfield H & AC	88	—	8	Anne Farmer	21	Andrea Frost	59	Barbara Murray
11	E Cheshire H & Tameside AC	98	—	29	Angela Oldham	34	Janet Grint	35	Emma McQueen
12	Sale H Manchester	102	—	28	Louise Robbins	36	Jackie Cordingley	38	Helen Armitage
13	Wilmslow RC	130	—	37	Nicky Mowat	41	Claire Hawkes	52	Melissa Broughton
14	Stockport H & AC	131	—	40	Lesley Sinclair	42	Gillian Doolan	49	Helen Todd
15	St Helens Sutton AC	175	—	46	Louise Hogg	47	Julia Eccleston	82	Pam Appleton
16	Vale Royal AC	179	—	27	Jacky Thom	53	Mary Tavener	99	Carole Williams
17	Stockport H & AC	181	—	54	Maureen Wilkins	57	Louise Harrison	70	Helen Fraser
18	Wilmslow RC	184	—	58	Sharon Jones	60	Julie Lucas	66	Huma Rahman
19	Belle Vue Racers	184	—	50	Annie Hirsch	55	Kath Horwill	79	Cecilia Boodhoo
20	Manchester Triathlon	186	—	61	Sonia Harris	62	Laura Stafford	63	Claire Deane
21	Swinton RC	194	—	24	Lauren Marsden	81	Lisa Ottiwell	89	Dawn Clarke
22	Manchester Triathlon	224	—	64	Sally Cooper	77	Michelle Wilder	83	Gillian Aspin
23	Altrincham & Dist AC	233	—	43	Carole Harrison	88	Maggie Jones	102	Jennifer Raffle
24	Stockport H & AC	238	—	73	Alexis Dinsmor	75	Hilary West	90	Bridget Jones
25	Middleton H AC	238	—	71	Catherine Murphy	76	Joanne Sullivan	91	Christine Eckersley
26	Bramhall Runners	250	—	56	V Chadwick-Dunbar	96	Becky Styles	98	Alison Sheedy
27	Macclesfield H & AC	255	—	69	Emma Beveridge	86	Lynne Graves	100	Pauline Lynch
28	Middleton H AC	300	—	92	Ruth Hare	103	Fiona Lamb	105	Janice Pugh
29	Manchester Triathlon	300	—	95	Bethan Habron-James	97	Jenny Keith	108	Joanne Moseley

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time						
1	445	Paul Green	V40	1 Sale H Manchester	34:41	27	597	Mike Toal	V40	27 Stockport H & AC	43:40
2	646	Chris Leigh	V40	2 Trafford AC	36:05	28	191	Tony Faulkner	V40	28 E Cheshire H & Tameside AC	43:41
3	792	John Davenport	V40	3 Altrincham & Dist AC	36:28	29	102	Andrew Berry	V40	29 ABC Runners	43:43
4	581	Adrian Nutter	V40	4 Stockport H & AC	37:26	30	516	James O'Connor	V40	30 Salford H & AC	43:49
5	259	Ed Fazakerley	V40	5 Manchester H & AC	37:39	31	115	Tony Morgan	V40	31 ABC Runners	44:35
6	740	Andy Whittingham	V40	6 Wilmslow RC	38:56	32	150	Mark Norton	V40	32 Altrincham & Dist AC	44:56
7	508	Ian Jackson	V40	7 Salford H & AC	39:00	33	716	Craig Hunt	V40	33 Wilmslow RC	45:10
8	562	James Corden	V40	8 Stockport H & AC	39:02	34	616	Chris Lomax	V40	34 Swinton RC	45:12
9	124	Peter Abraham	V40	9 Altrincham & Dist AC	39:04	35	247	Tim Walton	V40	35 Macclesfield H & AC	45:14
10	416	Carl Barber	V40	10 Sale H Manchester	39:09	36	387	Chris Downs	V40	36 Middleton H AC	45:19
11	786	Timothy Bedford	V40	11 Warrington AC	39:26	37	252	Ross Wilson	V40	37 Macclesfield H & AC	45:51
12	435	Elton Davies	V40	12 Sale H Manchester	40:02	38	784	Tony Wardle	V40	38 South Cheshire AC	46:17
13	112	Mark Livingston	V40	13 ABC Runners	40:03	39	236	Steve Lomas	V40	39 Macclesfield H & AC	46:25
14	773	Steve Renny	V40	14 Altrincham & Dist AC	41:11	40	292	Lee Marjoram	V40	40 Manchester Frontrunners	46:37
15	374	Lee Dunn	V40	15 Manchester Ymca H	41:36	41	567	Darren Hales	V40	41 Stockport H & AC	47:03
16	133	Gary Cassidy	V40	16 Altrincham & Dist AC	42:02	42	404	Peter Johnson	V40	42 St Helens Sutton AC	47:33
17	785	David Betteley	V40	17 South Cheshire AC	42:06	43	582	Paul Nutter	V40	43 Stockport H & AC	47:41
18	543	James Simpson	V40	18 South Cheshire AC	42:27	44	370	Gary Wolstencroft	V40	44 Manchester Triathlon	47:59
19	679	Craig Sephton	V40	19 Vale Royal AC	42:31	45	352	Keith Nutter	V40	45 Manchester Triathlon	48:49
20	147	David Livingstone	V40	20 Altrincham & Dist AC	42:33	46	793	Paul Wilson	V40	46 Swinton RC	48:50
21	539	Shane Wolstencroft	V40	21 Salford Met AC	42:46	47	309	Kevin Booth	V40	47 Manchester Triathlon	48:57
22	745	Ronan Kearney	V40	22 Wirral AC	43:01	48	163	Philip D'netto	V40	48 Belle Vue Racers	49:37
23	345	Simon Lewis	V40	23 Manchester Triathlon	43:05	49	324	Simon Granger	V40	49 Manchester Triathlon	50:02
24	724	Adam Neale	V40	24 Wilmslow RC	43:16	50	170	Jason Stott	V40	50 Belle Vue Racers	50:41
25	779	Marcus Gregory	V40	25 E Cheshire H & Tameside AC	43:32	51	110	Martin Holden	V40	51 ABC Runners	52:51
26	496	Sean Cordell	V40	26 Salford H & AC	43:37						

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	701	Rob Downs	V45	1 Wilmslow RC	36:15	35	592	Michael Slater	V45	35 Stockport H & AC	45:26
2	512	Dave Lockett	V45	2 Salford H & AC	36:36	36	273	Jacques Sharkey	V45	36 Manchester H & AC	45:28
3	482	Ian Wetherall	V45	3 Sale H Manchester	36:53	37	713	Richard Hiron	V45	37 Wilmslow RC	45:45
4	705	Malcolm Fowler	V45	4 Wilmslow RC	37:28	38	169	Simon Stead	V45	38 Belle Vue Racers	45:59
5	489	Roger Alsop	V45	5 Salford H & AC	37:43	39	367	Shaun Walsh	V45	39 Manchester Triathlon	46:02
6	241	James Noakes	V45	6 Macclesfield H & AC	38:17	40	471	Tim Rainey	V45	40 Sale H Manchester	46:28
7	584	Paul Payne	V45	7 Stockport H & AC	38:49	41	620	Paul Rutherford	V45	41 Swinton RC	46:49
8	632	Dick Byers	V45	8 Trafford AC	39:29	42	184	John Bowker	V45	42 E Cheshire H & Tameside AC	46:53
9	336	Phil Huntington	V45	9 Manchester Triathlon	39:48	43	628	Robin Beaumont	V45	43 Trafford AC	46:54
10	2018	\$Ed Gamble	V45	10 Cheshire Hill Racers	40:00	44	368	Simon Wildman	V45	44 Manchester Triathlon	47:36
11	565	Kevan Garner	V45	11 Stockport H & AC	40:04	45	317	Neil Cooper	V45	45 Manchester Triathlon	48:10
12	194	Simon Grundy	V45	12 E Cheshire H & Tameside AC	40:55	46	282	Iain Buchan	V45	46 Manchester Frontrunners	48:11
13	139	Dave Gilchrist	V45	13 Altrincham & Dist AC	41:11	47	304	Mark Barker	V45	47 Manchester Triathlon	48:26
14	761	John Greenall	V45	14 St Helens Sutton AC	41:15	48	738	Allan Turner	V45	48 Wilmslow RC	48:45
15	197	Phillip Jacques	V45	15 E Cheshire H & Tameside AC	41:19	49	200	Alan Kennedy	V45	49 E Cheshire H & Tameside AC	48:55
16	731	Graham Screawn	V45	16 Wilmslow RC	41:46	50	791	Derek Fraser	V45	50 Trafford AC	48:56
17	790	Ian Ireland	V45	17 Middleton H AC	41:52	51	172	Andy Wood	V45	51 Belle Vue Racers	49:00
18	359	Paul Schofield	V45	18 Manchester Triathlon	41:59	52	175	Steve Fairclough	V45	52 Bramhall Runners	49:02
19	648	Paul Mannion	V45	19 Trafford AC	42:01	53	154	Damian Utton	V45	53 Altrincham & Dist AC	49:15
20	522	Mark Seed	V45	20 Salford H & AC	42:09	54	279	Graham Bateson	V45	54 Manchester Frontrunners	49:20
21	153	Tim Raffle	V45	21 Altrincham & Dist AC	42:28	55	383	Steve Symons	V45	55 Manchester Ymca H	50:00
22	173	Paul Beckett	V45	22 Bramhall Runners	42:29	56	537	Ged McDermott	V45	56 Salford Met AC	50:02
23	339	Tim Johns	V45	23 Manchester Triathlon	42:53	57	688	James Jones	V45	57 West Cheshire AC	50:08
24	629	Vinny Booth	V45	24 Trafford AC	42:57	58	569	Nigel Harrison	V45	58 Stockport H & AC	50:20
25	399	David Williams	V45	25 Middleton H AC	43:06	59	623	Rick Waring	V45	59 Swinton RC	50:33
26	276	Matt Whitehead	V45	26 Manchester H & AC	43:08	60	586	Nick Roberts	V45	60 Stockport H & AC	50:35
27	2015	\$Andy Poole	V45	27 Unattached	43:14	61	535	Chris Jones	V45	61 Salford Met AC	51:32
28	298	Roberto Raso	V45	28 Manchester Frontrunners	44:14	62	331	Neil Harrison	V45	62 Manchester Triathlon	51:39
29	546	Rob Valentine	V45	29 South Cheshire AC	44:21	63	313	Andy Chalmers	V45	63 Manchester Triathlon	51:52
30	140	Clive Greatorex	V45	30 Altrincham & Dist AC	44:42	64	2012	\$John Purdy	V45	64 Rochdale Harriers & Ac	53:48
31	327	Colin Hammond	V45	31 Manchester Triathlon	44:45	65	283	Marwan Bukhari	V45	65 Manchester Frontrunners	53:49
32	168	Nigel Sedman	V45	32 Belle Vue Racers	45:01	66	587	Alan Rogers	V45	66 Stockport H & AC	54:18
33	523	Dave Shaw	V45	33 Salford H & AC	45:16	67	264	Denis Kelly	V45	67 Manchester H & AC	58:11
34	117	Simon Plumtree	V45	34 ABC Runners	45:21						

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time						
1	497	Derek Crewe	V50	1 Salford H & AC	38:35	18	407	Alan McNally	V50	18 St Helens Sutton AC	46:39
2	718	Graham Macneill	V50	2 Wilmslow RC	38:40	19	693	Jon Bale	V50	19 Wilmslow RC	46:48
3	468	Nick Peach	V50	3 Sale H Manchester	39:12	20	195	Barry Hirst	V50	20 E Cheshire H & Tameside AC	47:05
4	686	Steve Watmough	V50	4 Warrington AC	39:38	21	777	Peter Symonds	V50	21 Manchester Frontrunners	47:59
5	644	David Keeling	V50	5 Trafford AC	40:12	22	559	Roger Coleman	V50	22 Stockport H & AC	48:04
6	609	Steve Doxey	V50	6 Swinton RC	40:28	23	687	Neil Carter	V50	23 West Cheshire AC	50:03
7	209	Stephen Robinson	V50	7 E Cheshire H & Tameside AC	41:30	24	249	Mark Wheelton	V50	24 Macclesfield H & AC	50:37
8	125	Dave Ainsworth	V50	8 Altrincham & Dist AC	42:13	25	248	Alan Webster	V50	25 Macclesfield H & AC	50:47
9	239	John Mooney	V50	9 Macclesfield H & AC	42:33	26	556	Rob Cator	V50	26 Stockport H & AC	52:11
10	410	Ian White	V50	10 St Helens Sutton AC	43:07	27	787	Tom Lavin	V50	27 Altrincham & Dist AC	52:12
11	393	Anthony Lowe	V50	11 Middleton H AC	44:00	28	217	David Rowe	V50	28 Liverpool H & AC	52:19
12	142	Pete Hill	V50	12 Altrincham & Dist AC	44:11	29	366	Richard Wallace	V50	29 Manchester Triathlon	52:45
13	695	Nick Bishop	V50	13 Wilmslow RC	44:13	30	618	John Pickup	V50	30 Swinton RC	55:07
14	141	Graham Harrison	V50	14 Altrincham & Dist AC	44:33	31	613	Steve Hart	V50	31 Swinton RC	57:45
15	113	Dave Lovatt	V50	15 ABC Runners	45:11	32	426	Brian Bradshaw	V50	32 Sale H Manchester	59:17
16	409	Andrew O'Connor	V50	16 St Helens Sutton AC	45:29	33	760	Paul VanCalster	V50	33 Swinton RC	59:51
17	706	Paul Garnett	V50	17 Wilmslow RC	45:30						

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	720	Tom McGaff	V55 1	Wilmslow RC	40:39
2	260	David Gee	V55 2	Manchester H & AC	41:24
3	590	Steve Shaughnessy	V55 3	Stockport H & AC	43:09
4	670	Tony Archer	V55 4	Vale Royal AC	43:39
5	611	Phillip Garside	V55 5	Swinton RC	44:30
6	2017	\$Marcus Walker	V55 6	Unattached	45:52
7	742	James Atkin	V55 7	Wirral AC	46:19
8	509	Ian Johnson	V55 8	Salford H & AC	46:23
9	479	Jerry Smith	V55 9	Sale H Manchester	46:33
10	256	Jim Brett	V55 10	Manchester H & AC	46:35
11	568	Tim Hargreaves	V55 11	Stockport H & AC	47:13
12	386	Paul Collinge	V55 12	Middleton H AC	47:46
13	788	Mark Hunter	V55 13	Altrincham & Dist AC	47:46
14	558	David Chrystie-Lowe	V55 14	Stockport H & AC	47:52
15	527	Gary Thomason	V55 15	Salford H & AC	48:48
16	2014	\$Kevin Fingleton	V55 16	Unattached	48:52
17	413	Miran Arahamian	V55 17	Sale H Manchester	51:10
18	699	Chris Cannon	V55 18	Wilmslow RC	52:06
19	208	John Pollitt	V55 19	E Cheshire H & Tameside AC	52:46
20	397	Craig Sutherland	V55 20	Middleton H AC	53:01
21	183	Howard Bamber	V55 21	E Cheshire H & Tameside AC	53:11
22	243	David Shoesmith	V55 22	Macclesfield H & AC	54:02
23	174	Don Bennett	V55 23	Bramhall Runners	55:42
24	144	Mike Jones	V55 24	Altrincham & Dist AC	56:12
25	391	Stephen Granville	V55 25	Middleton H AC	58:20

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	551	Len Best	V60 1	Stockport H & AC	42:17
2	596	Robert Taylor	V60 2	Stockport H & AC	43:17
3	189	Francis Day	V60 3	E Cheshire H & Tameside AC	44:06
4	739	Andy Watts	V60 4	Wilmslow RC	45:15
5	776	Trevor Longman	V60 5	Macclesfield H & AC	47:42
6	764	Mike Noble	V60 6	Stockport H & AC	48:14
7	381	Jon Paramor	V60 7	Manchester Ymca H	50:09
8	710	Patrick Grannan	V60 8	Wilmslow RC	50:21
9	499	Tom Daniels	V60 9	Salford H & AC	52:04
10	165	Barry Guy	V60 10	Belle Vue Racers	53:45
11	675	Paul Hudson	V60 11	Vale Royal AC	56:32
12	789	Hugh McKenna	V60 12	Altrincham & Dist AC	56:36
13	232	David Hancock	V60 13	Macclesfield H & AC	56:54
14	164	Kevin Egerton	V60 14	Belle Vue Racers	1:01:05
15	210	Colin Timpson	V60 15	E Cheshire H & Tameside AC	1:03:31
16	778	Alan Thomas	V60 16	Salford Met AC	1:05:08

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	149	Jeffrey Norman	V65 1	Altrincham & Dist AC	46:31
2	715	Tony Hulme	V65 2	Wilmslow RC	48:30
3	2009	\$George Livesey	V65 3	Ste Maxime	50:59
4	678	Colin Rathbone	V65 4	Vale Royal AC	52:38
5	494	Roland Bowness	V65 5	Salford H & AC	53:26
6	198	Christopher Johnson	V65 6	E Cheshire H & Tameside AC	53:51
7	392	Bob Horrocks	V65 7	Middleton H AC	1:00:49

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	704	Trevor Faulkner	V70 1	Wilmslow RC	1:01:57

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Sale H Manchester	7	—	1	Charlie Hulson	2	Ryan Moore	4	Callum Greenwood
2	Liverpool H & AC	28	—	8	Nzimah Akpan	9	Nathan Brown	11	Jamie Webb
3	Stockport H & AC	30	—	3	Jack Morris	10	Jack Nixon	17	James Grannan
4	Sale H Manchester	34	—	5	Luke Betts	14	Kyle Conway	15	Dillon Bezzina
5	MMU Harriers	56	—	13	Tom Hindmarch	21	Luke McCrave	22	Callum Dawson

Manchester Area Cross Country League

at Heaton Park, Manchester on Saturday 20th October 2012

Senior Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time						
1	600	Steve Vernon		Stockport H & AC	31:41	86	624	Mark Whittington		Swinton RC	40:32
2	2002	\$Andi Jones		Unattached	32:28	87	720	Tom McGaff	V55	1 Wilmslow RC	40:39
3	583	Alex O'Gorman		Stockport H & AC	33:22	88	108	Chris Green		ABC Runners	40:42
4	453	Charlie Hulson	JM	1 Sale H Manchester	33:43	89	643	Juan Ibanna-Medina		Trafford AC	40:43
5	450	Gavin Hill		Sale H Manchester	33:48	90	424	Alex Bradford	JM	16 Sale H Manchester	40:45
6	464	Ryan Moore	JM	2 Sale H Manchester	34:13	91	347	Andrew Lothian		Sale H Manchester	40:48
7	415	James Bailey		Sale H Manchester	34:24	92	755	David Stephan		Manchester Frontrunners	40:51
8	578	Jack Morris	JM	3 Stockport H & AC	34:39	93	194	Simon Grundy	V45	12 E Cheshire H & Tameside AC	40:55
9	445	Paul Green	V40	1 Sale H Manchester	34:41	94	459	David Marsh		Sale H Manchester	40:57
10	344	Alex Lawton		Manchester Triathlon	34:43	95	158	Duncan Wilson		Altrincham & Dist AC	41:05
11	765	Callum Greenwood	JM	4 Sale H Manchester	35:14	96	139	Dave Gilchrist	V45	13 Altrincham & Dist AC	41:11
12	668	Joseph Vis		Univ Manchester CC Club	35:28	97	773	Steve Renny	V40	14 Altrincham & Dist AC	41:11
13	658	Gareth Turner		Trafford AC	35:31	98	761	John Greenall	V45	14 St Helens Sutton AC	41:15
14	193	patrick Gardiner		E Cheshire H & Tameside AC	35:46	99	197	Phillip Jacques	V45	15 E Cheshire H & Tameside AC	41:19
15	521	Paul Savage		Salford H & AC	35:47	100	260	David Gee	V55	2 Manchester H & AC	41:24
16	518	Stuart Robinson		Salford H & AC	35:52	101	209	Stephen Robinson	V50	7 E Cheshire H & Tameside AC	41:30
17	633	Tom Charles		Trafford AC	35:54	102	484	Dan Whittaker		Sale H Manchester	41:32
18	511	James Kovacs		Salford H & AC	35:56	103	374	Lee Dunn	V40	15 Manchester Ymca H	41:36
19	766	Jamie Loxam		Stockport H & AC	35:59	104	288	Jono Guildford		Manchester Frontrunners	41:37
20	646	Chris Leigh	V40	2 Trafford AC	36:05	105	783	James Grannan	JM	17 Stockport H & AC	41:43
21	769	Luke Betts	JM	5 Sale H Manchester	36:10	106	731	Graham Screawn	V45	16 Wilmslow RC	41:46
22	780	Steven Morrow		Liverpool H & AC	36:12	107	790	Ian Ireland	V45	17 Middleton H AC	41:52
23	701	Rob Downs	V45	1 Wilmslow RC	36:15	108	359	Paul Schofield	V45	18 Manchester Triathlon	41:59
24	782	Laurie Luscombe		Liverpool H & AC	36:18	109	648	Paul Mannion	V45	19 Trafford AC	42:01
25	607	Matthew Clark		Swinton RC	36:24	110	133	Gary Cassidy	V40	16 Altrincham & Dist AC	42:02
26	792	John Davenport	V40	3 Altrincham & Dist AC	36:28	111	785	David Betteley	V40	17 South Cheshire AC	42:06
27	512	Dave Lockett	V45	2 Salford H & AC	36:36	112	522	Mark Seed	V45	20 Salford H & AC	42:09
28	651	Joe Mercer		Trafford AC	36:43	113	294	Daniel Murphy		Manchester Frontrunners	42:11
29	630	Kevin Brydon		Trafford AC	36:49	114	125	Dave Ainsworth	V50	8 Altrincham & Dist AC	42:13
30	482	Ian Wetherall	V45	3 Sale H Manchester	36:53	115	551	Len Best	V60	1 Stockport H & AC	42:17
31	572	Jordan Littlehales		Stockport H & AC	36:58	116	329	Rob Harper		Manchester Triathlon	42:19
32	526	Anthony Taylor		Salford H & AC	37:02	117	543	James Simpson	V40	18 South Cheshire AC	42:27
33	665	Simon O'Meara		Univ Manchester CC Club	37:10	118	153	Tim Raffle	V45	21 Altrincham & Dist AC	42:28
34	157	Andrew Whittingham		Altrincham & Dist AC	37:18	119	173	Paul Beckett	V45	22 Bramhall Runners	42:29
35	581	Adrian Nutter	V40	4 Stockport H & AC	37:26	120	679	Craig Sephton	V40	19 Vale Royal AC	42:31
36	705	Malcolm Fowler	V45	4 Wilmslow RC	37:28	121	470	Steve Pottage		Sale H Manchester	42:32
37	436	Chris Donnelly		Sale H Manchester	37:36	122	239	John Mooney	V50	9 Macclesfield H & AC	42:33
38	259	Ed Fazakerley	V40	5 Manchester H & AC	37:39	123	147	David Livingstone	V40	20 Altrincham & Dist AC	42:33
39	489	Roger Alsop	V45	5 Salford H & AC	37:43	124	356	Andy Quicke		Manchester Triathlon	42:39
40	653	Richard Powell	JM	6 Trafford AC	37:50	125	138	Ryan Ganose	JM	18 Altrincham & Dist AC	42:41
41	507	Robert Hughes		Salford H & AC	38:01	126	529	Phil West		Salford H & AC	42:44
42	545	Henry Valentine	JM	7 South Cheshire AC	38:02	127	539	Shane Wolstencroft	V40	21 Salford Met AC	42:46
43	211	Nzimah Akpan	JM	8 Liverpool H & AC	38:03	128	2008	\$Aaron Saxton		Unattached	42:49
44	241	James Noakes	V45	6 Macclesfield H & AC	38:17	129	339	Tim Johns	V45	23 Manchester Triathlon	42:53
45	212	Nathan Brown	JM	9 Liverpool H & AC	38:23	130	130	Matt Billingham		Altrincham & Dist AC	42:54
46	465	John Mosley		Sale H Manchester	38:24	131	629	Vinny Booth	V45	24 Trafford AC	42:57
47	411	Greg Williams		St Helens Sutton AC	38:30	132	605	Mark Birchall		Swinton RC	42:59
48	656	Robert Sloane		Trafford AC	38:34	133	745	Ronan Kearney	V40	22 Wirral AC	43:01
49	497	Derek Crewe	V50	1 Salford H & AC	38:35	134	440	Kevin Foster		Sale H Manchester	43:03
50	718	Graham Macneill	V50	2 Wilmslow RC	38:40	135	666	Jonathan Scott		Univ Manchester CC Club	43:04
51	580	Jack Nixon	JM	10 Stockport H & AC	38:45	136	345	Simon Lewis	V40	23 Manchester Triathlon	43:05
52	584	Paul Payne	V45	7 Stockport H & AC	38:49	137	399	David Williams	V45	25 Middleton H AC	43:06
53	481	Steven Townley		Sale H Manchester	38:51	138	410	Ian White	V50	10 St Helens Sutton AC	43:07
54	199	Kevin Jowett		E Cheshire H & Tameside AC	38:53	139	276	Matt Whitehead	V45	26 Manchester H & AC	43:08
55	740	Andy Whittingham	V40	6 Wilmslow RC	38:56	140	590	Steve Shaughnessy	V55	3 Stockport H & AC	43:09
56	794	Phil Pennill		Unattached	38:59	141	2015	\$Andy Poole	V45	27 Unattached	43:14
57	508	Ian Jackson	V40	7 Salford H & AC	39:00	142	724	Adam Neale	V40	24 Wilmslow RC	43:16
58	562	James Corden	V40	8 Stockport H & AC	39:02	143	441	Ben Fox	JM	19 Sale H Manchester	43:17
59	124	Peter Abraham	V40	9 Altrincham & Dist AC	39:04	144	596	Robert Taylor	V60	2 Stockport H & AC	43:17
60	416	Carl Barber	V40	10 Sale H Manchester	39:09	145	334	Nicholas Howarth	JM	20 Manchester Triathlon	43:18
61	468	Nick Peach	V50	3 Sale H Manchester	39:12	146	360	Mark Simpson		Manchester Triathlon	43:22
62	463	Andrew Mooney		Sale H Manchester	39:15	147	271	Jonathan Reeh		Manchester H & AC	43:28
63	218	Jamie Webb	JM	11 Liverpool H & AC	39:16	148	315	Tim Condon		Manchester Triathlon	43:31
64	786	Timothy Bedford	V40	11 Warrington AC	39:26	149	779	Marcus Gregory	V40	25 E Cheshire H & Tameside AC	43:32
65	772	Tom Armstrong		Vale Royal AC	39:27	150	496	Sean Cordell	V40	26 Salford H & AC	43:37
66	632	Dick Byers	V45	8 Trafford AC	39:29	151	449	Christopher Heys		Sale H Manchester	43:38
67	505	Graemme Grindrod		Salford H & AC	39:31	152	670	Tony Archer	V55	4 Vale Royal AC	43:39
68	754	Darren Carr	JM	12 Liverpool H & AC	39:31	153	597	Mike Toal	V40	27 Stockport H & AC	43:40
69	686	Steve Watmough	V50	4 Warrington AC	39:38	154	775	Mike Neal		Manchester Triathlon	43:40
70	240	Lachie Murray		Macclesfield H & AC	39:39	155	191	Tony Faulkner	V40	28 E Cheshire H & Tameside AC	43:41
71	554	Phil Burns		Stockport H & AC	39:40	156	102	Andrew Berry	V40	29 ABC Runners	43:43
72	336	Phil Huntington	V45	9 Manchester Triathlon	39:48	157	516	James O'Connor	V40	30 Salford H & AC	43:49
73	221	Tom Hindmarch	JM	13 MMU Harriers	39:58	158	393	Anthony Lowe	V50	11 Middleton H AC	44:00
74	2018	\$Ed Gamble	V45	10 Cheshire Hill Racers	40:00	159	189	Francis Day	V60	3 E Cheshire H & Tameside AC	44:06
75	435	Elton Davies	V40	12 Sale H Manchester	40:02	160	661	James Evans		Univ Manchester CC Club	44:07
76	112	Mark Livingston	V40	13 ABC Runners	40:03	161	106	Robert Chesters		ABC Runners	44:08
77	565	Kevan Garner	V45	11 Stockport H & AC	40:04	162	142	Pete Hill	V50	12 Altrincham & Dist AC	44:11
78	233	Robert Hasler		Macclesfield H & AC	40:08	163	695	Nick Bishop	V50	13 Wilmslow RC	44:13
79	431	Kyle Conway	JM	14 Sale H Manchester	40:11	164	298	Roberto Raso	V45	28 Manchester Frontrunners	44:14
80	644	David Keeling	V50	5 Trafford AC	40:12	165	546	Rob Valentine	V45	29 South Cheshire AC	44:21
81	420	Dillon Bezzina	JM	15 Sale H Manchester	40:20	166	417	Paul Barrett		Sale H Manchester	44:23
82	2016	\$Matthew Jackson		Unattached	40:24	167	611	Phillip Garside	V55	5 Swinton RC	44:30
83	619	Darren Russell		Swinton RC	40:25	168	182	Daniel Bamber		E Cheshire H & Tameside AC	44:31
84	227	Chris Bentley		Macclesfield H & AC	40:27	169	141	Graham Harrison	V50	14 Altrincham & Dist AC	44:33
85	609	Steve Doxey	V50	6 Swinton RC	40:28	170	115	Tony Morgan	V40	31 ABC Runners	44:35

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171	222	Luke McCrave	JM 21	MMU Harriers	44:41	262	154	Damian Utton	V45 53	Altrincham & Dist AC	49:15
172	140	Clive Greatorex	V45 30	Altrincham & Dist AC	44:42	263	279	Graham Bateson	V45 54	Manchester Frontrunners	49:20
173	638	Edward Hickling		Trafford AC	44:42	264	770	Phil Facey		Manchester Frontrunners	49:26
174	327	Colin Hammond	V45 31	Manchester Triathlon	44:45	265	163	Philip D'netto	V40 48	Belle Vue Racers	49:37
175	299	Ian Roberts		Manchester Frontrunners	44:51	266	2020	\$Michael Lim		Leeds & Bradford Triathlon Clu	49:48
176	150	Mark Norton	V40 32	Altrincham & Dist AC	44:56	267	771	Nicholas Chokomert		Manchester Frontrunners	49:49
177	168	Nigel Sedman	V45 32	Belle Vue Racers	45:01	268	362	James Stafford		Manchester Triathlon	49:49
178	716	Craig Hunt	V40 33	Wilmslow RC	45:10	269	555	James Cashin		Stockport H & AC	49:50
179	113	Dave Lovatt	V50 15	ABC Runners	45:11	270	2019	\$Carl Wood		Leeds & Bradford Triathlon Clu	49:54
180	616	Chris Lomax	V40 34	Swinton RC	45:12	271	383	Steve Symons	V45 55	Manchester Ymca H	50:00
181	247	Tim Walton	V40 35	Macclesfield H & AC	45:14	272	537	Ged McDermott	V45 56	Salford Met AC	50:02
182	337	Richard Hyder		Manchester Triathlon	45:14	273	324	Simon Granger	V40 49	Manchester Triathlon	50:02
183	739	Andy Watts	V60 4	Wilmslow RC	45:15	274	687	Neil Carter	V50 23	West Cheshire AC	50:03
184	523	Dave Shaw	V45 33	Salford H & AC	45:16	275	688	James Jones	V45 57	West Cheshire AC	50:08
185	387	Chris Downs	V40 36	Middleton H AC	45:19	276	381	Jon Paramor	V60 7	Manchester Ymca H	50:09
186	117	Simon Plumtree	V45 34	ABC Runners	45:21	277	354	John Peggington		Manchester Triathlon	50:10
187	592	Michael Slater	V45 35	Stockport H & AC	45:26	278	379	Rob Kedian		Manchester Ymca H	50:14
188	273	Jacques Sharkey	V45 36	Manchester H & AC	45:28	279	569	Nigel Harrison	V45 58	Stockport H & AC	50:20
189	409	Andrew O'Connor	V50 16	St Helens Sutton AC	45:29	280	710	Patrick Grannan	V60 8	Wilmslow RC	50:21
190	706	Paul Garnett	V50 17	Wilmslow RC	45:30	281	623	Rick Waring	V45 59	Swinton RC	50:33
191	272	Chris Sewart		Manchester H & AC	45:36	282	586	Nick Roberts	V45 60	Stockport H & AC	50:35
192	458	Kevin Mahon		Sale H Manchester	45:38	283	249	Mark Wheelton	V50 24	Macclesfield H & AC	50:37
193	713	Richard Hiron	V45 37	Wilmslow RC	45:45	284	170	Jason Stott	V40 50	Belle Vue Racers	50:41
194	252	Ross Wilson	V40 37	Macclesfield H & AC	45:51	285	332	Jake Holmes		Manchester Triathlon	50:44
195	295	Lucas Nightingale		Manchester Frontrunners	45:51	286	248	Alan Webster	V50 25	Macclesfield H & AC	50:47
196	2017	\$Marcus Walker	V55 6	Unattached	45:52	287	768	Callum Dawson	JM 22	MMU Harriers	50:51
197	753	Adam Bradbury		Bramhall Runners	45:58	288	310	Graeme Bruce		Manchester Triathlon	50:54
198	169	Simon Stead	V45 38	Belle Vue Racers	45:59	289	2009	\$George Livesey	V65 3	Ste Maxime	50:59
199	177	Simon Harlow		Bramhall Runners	46:01	290	413	Miran Arahamian	V55 17	Sale H Manchester	51:10
200	367	Shaun Walsh	V45 39	Manchester Triathlon	46:02	291	751	Stephen Weigh		Manchester Frontrunners	51:12
201	319	Kevin Cornwall		Manchester Triathlon	46:06	292	103	Gary Birch		ABC Runners	51:16
202	784	Tony Wardle	V40 38	South Cheshire AC	46:17	293	357	Alastair Rainsbury		Manchester Triathlon	51:17
203	669	Daniel Walker		Univ Manchester CC Club	46:18	294	371	Sean Bennett		Manchester Ymca H	51:18
204	742	James Atkin	V55 7	Wirral AC	46:19	295	763	Lewis Green		Sale H Manchester	51:27
205	509	Ian Johnson	V55 8	Salford H & AC	46:23	296	535	Chris Jones	V45 61	Salford Met AC	51:32
206	236	Steve Lomas	V40 39	Macclesfield H & AC	46:25	297	2007	\$Lucas Vanciek		Unattached	51:36
207	471	Tim Rainey	V45 40	Sale H Manchester	46:28	298	2013	\$Terrence Collier		Rochdale Harriers & AC	51:38
208	149	Jeffrey Norman	V65 1	Altrincham & Dist AC	46:31	299	331	Neil Harrison	V45 62	Manchester Triathlon	51:39
209	479	Jerry Smith	V55 9	Sale H Manchester	46:33	300	313	Andy Chalmers	V45 63	Manchester Triathlon	51:52
210	256	Jim Brett	V55 10	Manchester H & AC	46:35	301	499	Tom Daniels	V60 9	Salford H & AC	52:04
211	292	Lee Marjoram	V40 40	Manchester Frontrunners	46:37	302	759	Paul Walker		Sale H Manchester	52:05
212	407	Alan McNally	V50 18	St Helens Sutton AC	46:39	303	699	Chris Cannon	V55 18	Wilmslow RC	52:06
213	693	Jon Bale	V50 19	Wilmslow RC	46:48	304	750	Angelo Tomasso		Manchester Frontrunners	52:10
214	620	Paul Rutherford	V45 41	Swinton RC	46:49	305	556	Rob Cator	V50 26	Stockport H & AC	52:11
215	338	Tim Jacob		Manchester Triathlon	46:50	306	787	Tom Lavin	V50 27	Altrincham & Dist AC	52:12
216	184	John Bowker	V45 42	E Cheshire H & Tameside AC	46:53	307	316	Darren Cooper		Manchester Triathlon	52:14
217	628	Robin Beaumont	V45 43	Trafford AC	46:54	308	162	James Corrigan		Belle Vue Racers	52:17
218	171	Stephen Webb		Belle Vue Racers	46:56	309	217	David Rowe	V50 28	Liverpool H & AC	52:19
219	736	Matt Taylor		Wilmslow RC	46:58	310	284	Trevor Fenton		Manchester Frontrunners	52:31
220	376	Mark Griffiths		Manchester Ymca H	47:01	311	678	Colin Rathbone	V65 4	Vale Royal AC	52:38
221	774	Matthew Bell		Salford Met AC	47:02	312	366	Richard Wallace	V50 29	Manchester Triathlon	52:45
222	567	Darren Hales	V40 41	Stockport H & AC	47:03	313	208	John Pollitt	V55 19	E Cheshire H & Tameside AC	52:46
223	625	Liam Wilkinson		Swinton RC	47:04	314	340	Christopher Jones		Manchester Triathlon	52:48
224	195	Barry Hirst	V50 20	E Cheshire H & Tameside AC	47:05	315	110	Martin Holden	V40 51	ABC Runners	52:51
225	312	Alan Burton		Manchester Triathlon	47:10	316	397	Craig Sutherland	V55 20	Middleton H AC	53:01
226	568	Tim Hargreaves	V55 11	Stockport H & AC	47:13	317	709	James Gowin		Wilmslow RC	53:04
227	421	Simon Bond		Sale H Manchester	47:28	318	183	Howard Bamber	V55 21	E Cheshire H & Tameside AC	53:11
228	2004	\$Phil McCusker		Unattached	47:28	319	178	Ross Kennedy		Bramhall Runners	53:17
229	404	Peter Johnson	V40 42	St Helens Sutton AC	47:33	320	365	Ben Tomlinson		Manchester Triathlon	53:22
230	368	Simon Wildman	V45 44	Manchester Triathlon	47:36	321	494	Roland Bowness	V65 5	Salford H & AC	53:26
231	582	Paul Nutter	V40 43	Stockport H & AC	47:41	322	756	Adrian Castelli		Manchester Triathlon	53:31
232	776	Trevor Longman	V60 5	Macclesfield H & AC	47:42	323	377	James Gu		Manchester Ymca H	53:35
233	386	Paul Collinge	V55 12	Middleton H AC	47:46	324	165	Barry Guy	V60 10	Belle Vue Racers	53:45
234	788	Mark Hunter	V55 13	Altrincham & Dist AC	47:46	325	2012	\$John Purdy	V45 64	Rochdale Harriers & AC	53:48
235	558	David Chrystie-Lowe	V55 14	Stockport H & AC	47:52	326	283	Marwan Bukhari	V45 65	Manchester Frontrunners	53:49
236	430	Gary Chadwick		Sale H Manchester	47:57	327	198	Christopher Johnson	V65 6	E Cheshire H & Tameside AC	53:51
237	781	Chris Humble		Middleton H AC	47:58	328	243	David Shoesmith	V55 22	Macclesfield H & AC	54:02
238	314	Giles Cheshier		Manchester Triathlon	47:58	329	587	Alan Rogers	V45 66	Stockport H & AC	54:18
239	777	Peter Symonds	V50 21	Manchester Frontrunners	47:59	330	601	Jeremy Woodham		Stockport H & AC	54:58
240	370	Gary Wolstencroft	V40 44	Manchester Triathlon	47:59	331	618	John Pickup	V50 30	Swinton RC	55:07
241	559	Roger Coleman	V50 22	Stockport H & AC	48:04	332	174	Don Bennett	V55 23	Bramhall Runners	55:42
242	180	Andy Williams		Bramhall Runners	48:06	333	614	Mike Horton		Swinton RC	55:52
243	317	Neil Cooper	V45 45	Manchester Triathlon	48:10	334	144	Mike Jones	V55 24	Altrincham & Dist AC	56:12
244	282	Iain Buchan	V45 46	Manchester Frontrunners	48:11	335	290	Brendan Keville		Manchester Frontrunners	56:21
245	764	Mike Noble	V60 6	Stockport H & AC	48:14	336	675	Paul Hudson	V60 11	Vale Royal AC	56:32
246	723	Aron Myers		Wilmslow RC	48:15	337	789	Hugh McKenna	V60 12	Altrincham & Dist AC	56:36
247	304	Mark Barker	V45 47	Manchester Triathlon	48:26	338	232	David Hancock	V60 13	Macclesfield H & AC	56:54
248	715	Tony Hulme	V65 2	Wilmslow RC	48:30	339	613	Steve Hart	V50 31	Swinton RC	57:45
249	342	Mark Keith		Manchester Triathlon	48:41	340	264	Denis Kelly	V45 67	Manchester H & AC	58:11
250	738	Allan Turner	V45 48	Wilmslow RC	48:45	341	391	Stephen Granville	V55 25	Middleton H AC	58:20
251	349	Richard Matthews		Manchester Triathlon	48:47	342	426	Brian Bradshaw	V50 32	Sale H Manchester	59:17
252	527	Gary Thomason	V55 15	Salford H & AC	48:48	343	301	John Smith		Manchester Frontrunners	59:50
253	352	Keith Nutter	V40 45	Manchester Triathlon	48:49	344	760	Paul VanCalster	V50 33	Swinton RC	59:51
254	793	Paul Wilson	V40 46	Swinton RC	48:50	345	622	Andy Smith		Swinton RC	1:00:35
255	2014	\$Kevin Fingleton	V55 16	Unattached	48:52	346	392	Bob Horrocks	V65 7	Middleton H AC	1:00:49
256	159	Ali Alsaadi		Belle Vue Racers	48:54	347	749	Paul Jaggs		Manchester Frontrunners	1:00:58
257	200	Alan Kennedy	V45 49	E Cheshire H & Tameside AC	48:55	348	164	Kevin Egerton	V60 14	Belle Vue Racers	1:01:05
258	791	Derek Fraser	V45 50	Trafford AC	48:56	349	704	Trevor Faulkner	V70 1	Wilmslow RC	1:01:57
259	309	Kevin Booth	V40 47	Manchester Triathlon	48:57	350	210	Colin Timpson	V60 15	E Cheshire H & Tameside AC	1:03:31
260	172	Andy Wood	V45 51	Belle Vue Racers	49:00	351	778	Alan Thomas	V60 16	Salford Met AC	1:05:08
261	175	Steve Fairclough	V45 52	Bramhall Runners	49:02						

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Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale H Manchester	36	—	3	Charlie Hulson	4 Gavin Hill	5 Ryan Moore	6 James Bailey	8 Paul Green	10 Callum Greenwood
2 Stockport H & AC	92	—	1	Steve Vernon	2 Alex O'Gorman	7 Jack Morris	18 Jamie Loxam	30 Jordan Littlehales	34 Adrian Nutter
3 Salford H & AC	141	—	14	Paul Savage	15 Stuart Robinson	17 James Kovacs	26 Dave Lockett	31 Anthony Taylor	38 Roger Alsop
4 Trafford AC	141	—	12	Gareth Turner	16 Tom Charles	19 Chris Leigh	27 Joe Mercer	28 Kevin Brydon	39 Richard Powell
5 Sale H Manchester 'B'	240	—	20	Luke Betts	29 Ian Wetherall	36 Chris Donnelly	45 John Mosley	52 Steven Townley	58 Carl Barber
6 Liverpool H & AC	257	—	21	Steven Morrow	23 Laurie Luscombe	42 Nzimah Akpan	44 Nathan Brown	61 Jamie Webb	66 Darren Carr
7 Wilmslow RC	345	—	22	Rob Downs	35 Malcolm Fowler	49 Graham Macneill	54 Andy Whittingham	83 Tom McGaff	102 Graham Screawn
8 Altrincham & Dist AC	391	—	25	John Davenport	33 Andrew Whittingham	57 Peter Abraham	91 Duncan Wilson	92 Dave Gilchrist	93 Steve Renny
9 Stockport H & AC 'B'	401	—	50	Jack Nixon	51 Paul Payne	56 James Corden	69 Phil Burns	74 Kevan Garner	101 James Grannan
10 Sale H Manchester 'C'	431	—	59	Nick Peach	60 Andrew Mooney	72 Elton Davies	76 Kyle Conway	78 Dillon Bezzina	86 Alex Bradford
11 Salford H & AC 'B'	438	—	40	Robert Hughes	48 Derek Crewe	55 Ian Jackson	65 Graeme Grindrod	108 Mark Seed	122 Phil West
12 E Cheshire H & Tameside AC	490	—	13	Patrick Gardiner	53 Kevin Jowett	89 Simon Grundy	95 Phillip Jacques	97 Stephen Robinson	143 Marcus Gregory
13 Manchester Triathlon	502	—	9	Alex Lawton	70 Phil Huntington	87 Andrew Lothian	104 Paul Schofield	112 Rob Harper	120 Andy Quicke
14 Trafford AC 'B'	504	—	47	Robert Sloane	64 Dick Byers	77 David Keeling	85 Juan Ibanna-Medina	105 Paul Mannion	126 Vinny Booth
15 Swinton RC	554	—	24	Matthew Clark	79 Darren Russell	81 Steve Doxey	82 Mark Whittington	127 Mark Birchall	161 Phillip Garside
16 Macclesfield H & AC	559	—	43	James Noakes	68 Lachie Murray	75 Robert Hasler	80 Chris Bentley	118 John Mooney	175 Tim Walton
17 Altrincham & Dist AC 'B'	695	—	106	Gary Cassidy	110 Dave Ainsworth	114 Tim Raffle	119 David Livingstone	121 Ryan Ganose	125 Matt Billingham
18 Sale H Manchester 'D'	716	—	90	David Marsh	98 Dan Whittaker	117 Steve Pottage	129 Kevin Foster	137 Ben Fox	145 Christopher Heys
19 Manchester H & AC	775	—	37	Ed Fazakerley	96 David Gee	134 Matt Whitehead	141 Jonathan Reeh	182 Jacques Sharkey	185 Chris Sewart
20 ABC Runners	799	—	73	Mark Livingston	84 Chris Green	150 Andrew Berry	155 Robert Chesters	164 Tony Morgan	173 Dave Lovatt
21 Manchester Frontrunners	813	—	88	David Stephan	100 Jono Guildford	109 Daniel Murphy	158 Roberto Raso	169 Ian Roberts	189 Lucas Nightingale
22 Manchester Triathlon 'B'	824	—	124	Tim Johns	131 Simon Lewis	139 Nicholas Howarth	140 Mark Simpson	142 Tim Condon	148 Mike Neal
23 St Helens Sutton AC	882	—	46	Greg Williams	94 John Greenall	133 Ian White	183 Andrew O'Connor	205 Alan McNally	221 Peter Johnson
24 Stockport H & AC 'C'	927	—	111	Len Best	135 Steve Shaughnessy	138 Robert Taylor	147 Mike Toal	181 Michael Slater	215 Darren Hales
25 Wilmslow RC 'B'	1013	—	136	Adam Neale	157 Nick Bishop	172 Craig Hunt	177 Andy Watts	184 Paul Garnett	187 Richard Hiron
26 Middleton H AC	1020	—	103	Ian Ireland	132 David Williams	152 AnthonyLowe	179 Chris Downs	225 Paul Collinge	229 Chris Humble
27 Altrincham & Dist AC 'C'	1082	—	156	Pete Hill	163 Graham Harrison	166 Clive Greatorex	170 Mark Norton	201 Jeffrey Norman	226 Mark Hunter
28 E Cheshire H & Tameside AC 'B'	1138	—	149	Tony Faulkner	153 Francis Day	162 Daniel Bamber	209 John Bowker	217 Barry Hirst	248 Alan Kennedy
29 Manchester Triathlon 'C'	1157	—	168	Colin Hammond	176 Richard Hyder	193 Shaun Walsh	194 Kevin Cornwall	208 Tim Jacomb	218 Alan Burton
30 Sale H Manchester 'E'	1196	—	160	Paul Barrett	186 Kevin Mahon	200 Tim Rainey	202 Jerry Smith	220 Simon Bond	228 Gary Chadwick
31 Salford H & AC 'C'	1202	—	144	Sean Cordell	151 James O'Connor	178 Dave Shaw	198 Ian Johnson	244 Gary Thomason	287 Tom Daniels
32 Bramhall Runners	1288	—	115	Paul Beckett	190 Adam Bradbury	192 Simon Harlow	234 Andy Williams	252 Steve Fairclough	305 Ross Kennedy
33 Belle Vue Racers	1327	—	171	Nigel Sedman	191 Simon Stead	211 Stephen Webb	247 Ali Alsaadi	251 Andy Wood	256 Philip D'netto
34 Manchester Ymca H	1386	—	99	Lee Dunn	213 Mark Griffiths	260 Steve Symons	265 Jon Paramor	267 Rob Kedian	282 Sean Bennett
35 Stockport H & AC 'D'	1398	—	219	Tim Hargreaves	223 Paul Nutter	227 David Chrystie-Lowe	233 Roger Coleman	237 Mike Noble	259 James Cashin
36 Manchester Triathlon 'D'	1399	—	222	Simon Wildman	230 Giles Cheshier	232 Gary Wolstencroft	235 Neil Cooper	239 Mark Barker	241 Mark Keith
37 Wilmslow RC 'C'	1407	—	206	Jon Bale	212 Matt Taylor	238 Aron Myers	240 Tony Hulme	242 Allan Turner	269 Patrick Grannan
38 Swinton RC 'B'	1429	—	174	Chris Lomax	207 Paul Rutherford	216 Liam Wilkinson	246 Paul Wilson	270 Rick Waring	316 John Pickup
39 Manchester Frontrunners 'B'	1437	—	204	Lee Marjoram	231 Peter Symonds	226 Iain Buchan	254 Graham Bateson	255 Phil Facey	257 Nicholas Chokomert
40 Macclesfield H & AC 'B'	1471	—	188	Ross Wilson	199 Steve Lomas	232 Trevor Longman	272 Mark Wheelton	275 Alan Webster	313 David Shoesmith
41 Manchester Triathlon 'E'	1524	—	243	Richard Matthews	245 Keith Nutter	250 Kevin Booth	258 James Stafford	262 Simon Granger	266 John Pegington
42 Manchester Triathlon 'F'	1696	—	274	Jake Holmes	277 Graeme Bruce	281 Alastair Rainsbury	285 Neil Harrison	286 Andy Chalmers	293 Darren Cooper
43 Manchester Frontrunners 'C'	1824	—	279	Stephen Weigh	290 Angelo Tomasso	296 Trevor Fenton	311 Marwan Bukhari	320 Brendan Keville	328 John Smith

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1 Wilmslow RC	39	—	3	Rob Downs	8 Malcolm Fowler	13 Graham Macneill	15 Andy Whittingham
2 Salford H & AC	43	—	5	Dave Lockett	10 Roger Alsop	12 Derek Crewe	16 Ian Jackson
3 Sale H Manchester	46	—	1	Paul Green	6 Ian Wetherall	19 Carl Barber	20 Nick Peach
4 Stockport H & AC	65	—	7	Adrian Nutter	14 Paul Payne	17 James Corden	27 Kevan Garner
5 Altrincham & Dist AC	87	—	4	John Davenport	18 Peter Abraham	32 Dave Gilchrist	33 Steve Renny
6 Trafford AC	94	—	2	Chris Leigh	22 Dick Byers	28 David Keeling	42 Paul Mannion
7 E Cheshire H & Tameside AC	168	—	31	Simon Grundy	35 Phillip Jacques	37 Stephen Robinson	65 Marcus Gregory
8 Manchester Triathlon	178	—	24	Phil Huntington	41 Paul Schofield	55 Tim Johns	58 Simon Lewis
9 Altrincham & Dist AC 'B'	191	—	43	Gary Cassidy	46 Dave Ainsworth	49 Tim Raffle	53 David Livingstone
10 Manchester H & AC	200	—	9	Ed Fazakerley	36 David Gee	61 Matt Whitehead	94 Jacques Sharkey
11 Wilmslow RC 'B'	207	—	30	Tom McGaff	39 Graham Screawn	63 Adam Neale	75 Nick Bishop
12 Stockport H & AC 'B'	241	—	47	Len Best	62 Steve Shaughnessy	64 Robert Taylor	68 Mike Toal
13 Macclesfield H & AC	249	—	11	James Noakes	52 John Mooney	88 Tim Walton	98 Ross Wilson
14 ABC Runners	262	—	26	Mark Livingston	70 Andrew Berry	80 Tony Morgan	86 Dave Lovatt
15 Middleton H AC	262	—	40	Ian Ireland	59 David Williams	72 Anthony Lowe	91 Chris Downs
16 South Cheshire AC	270	—	44	David Betteley	48 James Simpson	77 Rob Valentine	101 Tony Wardle
17 Salford H & AC 'B'	272	—	45	Mark Seed	66 Sean Cordell	71 James O'Connor	90 Dave Shaw
18 St Helens Sutton AC	299	—	34	John Greenall	60 Ian White	95 Andrew O'Connor	110 Alan McNally
19 Swinton RC	306	—	29	Steve Doxey	78 Phillip Garside	87 Chris Lomax	112 Paul Rutherford
20 Altrincham & Dist AC 'C'	317	—	74	Pete Hill	79 Graham Harrison	81 Clive Greatorex	83 Mark Norton
21 Wilmslow RC 'C'	367	—	85	Craig Hunt	89 Andy Watts	96 Paul Garnett	97 Richard Hiron
22 E Cheshire H & Tameside AC 'B'	371	—	69	Tony Faulkner	73 Francis Day	113 John Bowker	116 Barry Hirst
23 Sale H Manchester 'B'	395	—	25	Elton Davies	105 Tim Rainey	107 Jerry Smith	158 Miran Aprahamian
24 Manchester Triathlon 'B'	427	—	82	Colin Hammond	100 Shaun Walsh	119 Simon Wildman	126 Gary Wolstencroft
25 Manchester Frontrunners	439	—	76	Roberto Raso	109 Lee Marjoram	125 Peter Symonds	129 Iain Buchan
26 Stockport H & AC 'C'	445	—	93	Michael Slater	115 Darren Hales	117 Tim Hargreaves	120 Paul Nutter
27 Belle Vue Racers	467	—	84	Nigel Sedman	99 Simon Stead	140 Andy Wood	144 Philip D'netto
28 Vale Royal AC	467	—	51	Craig Sephton	67 Tony Archer	167 Colin Rathbone	182 Paul Hudson
29 Wilmslow RC 'D'	528	—	111	Jon Bale	132 Tony Hulme	133 Allan Turner	152 Patrick Grannan
30 Stockport H & AC 'D'	532	—	124	David Chrystie-Lowe	127 Roger Coleman	130 Mike Noble	151 Nigel Harrison
31 Manchester Triathlon 'C'	533	—	128	Neil Cooper	131 Mark Barker	135 Keith Nutter	139 Kevin Booth
32 Altrincham & Dist AC 'D'	536	—	106	Jeffrey Norman	123 Mark Hunter	142 Damian Utton	165 Tom Lavin
33 Macclesfield H & AC 'B'	537	—	104	Steve Lomas	121 Trevor Longman	155 Mark Wheelton	157 Alan Webster
34 Salford Met AC	553	—	54	Shane Wolstencroft	146 Ged McDermott	159 Chris Jones	194 Alan Thomas
35 Salford H & AC 'C'	572	—	103	Ian Johnson	134 Gary Thomason	162 Tom Daniels	173 Roland Bowness
36 Manchester Triathlon 'D'	636	—	147	Simon Granger	160 Neil Harrison	161 Andy Chalmers	168 Richard Wallace
37 Swinton RC 'B'	653	—	136	Paul Wilson	153 Rick Waring	179 John Pickup	185 Steve Hart
38 E Cheshire H & Tameside AC 'C'	654	—	137	Alan Kennedy	169 John Pollitt	172 Howard Bamber	176 Christopher Johnson
39 Middleton H AC 'B'	670	—	122	Paul Collinge	171 Craig Sutherland	187 Stephen Granville	190 Bob Horrocks