

Manchester Area Cross Country League

at Clayton Vale, Manchester on Saturday 11th February 2012

NOTE: The individual results include only runners who have run at least 3 races

Under11 Girls — Points after 5 races

1	Eleanor Kenny	Manchester	3	(0, 1, 1, 1, 0)
2	Tia Blissett	SaleHM	6	(0, 2, 0, 3, 1)
3	Megan Taylor	Manchester	7	(0, 3, 2, 2, 3)
4	Elizabeth Twite	SaleHM	10	(0, 5, 4, 4, 2)
5	Grace Decampos	Manchester	14	(0, 4, 0, 5, 5)
6	Bethany Thomton	SaleHM	16	(0, 9, 3, 10, 4)
7	Alice Stiles	Manchester	19	(0, 7, 5, 7, 12)
8	Caitlin Dimmick	ValeRA	21	(0, 0, 6, 6, 9)
9	Elena Forde	Warrington	35	(0, 18, 14, 13, 8)
10	Verity Games	SaleHM	36	(0, 13, 13, 16, 10)
11	Megan Bamsley	Abc Runner	37	(0, 11, 10, 0, 16)
12	Alexandra Bamsley	Abc Runner	38	(0, 16, 9, 0, 13)
13	Emily Hughes	Manchester	39	(0, 0, 8, 14, 17)
14	Jemma Vickers	SaleHM	43	(0, 17, 0, 15, 11)
15	Neve Maddock	ValeRA	47	(0, 14, 16, 17, 18)
16	Danielle McMinn	TraffordAC	64	(0, 23, 18, 23, 0)
17	Isla Bellamy	Halton&fro	68	(0, 33, 22, 22, 24)
18	Jessica Connors	StockportH	70	(0, 26, 20, 24, 0)
19	Jemma Brocklehurst	Warrington	73	(0, 30, 26, 25, 22)
20	Ellie Cushen	ValeRA	78	(0, 29, 17, 32, 0)
21	Beth Taylor	Manchester	84	(0, 32, 23, 0, 29)
22	B Lennonbutler	SaleHM	85	(0, 36, 0, 29, 20)
23	Imogen O'Mahoney	Altrincham	89	(0, 0, 28, 33, 28)
24	Isabella Hulme	SaleHM	90	(0, 37, 0, 27, 26)
25	Rosie Dyer	StHSA	104	(0, 38, 0, 36, 30)
Manchester Harriers & AC				3 (0, 1, 1, 1, 2)
Sale Harriers Manchester				5 (0, 2, 2, 2, 1)
Vale Royal Ac				10 (0, 0, 4, 3, 3)

Race 2 - Under 11 Boys — Points after 5 races

1	Sam Evans	Warrington	3	(0, 1, 1, 1, 2)
2	Connor Fazakerley	Manchester	8	(0, 2, 2, 0, 4)
3	Ben Batho	StockportH	11	(0, 4, 3, 4, 8)
4	Arran Kearney	Wirral Ac	13	(0, 3, 5, 5, 11)
5	Byren Cookson	Moston&DH&	21	(0, 9, 0, 6, 6)
6	Jacob Brophy	Wirral Ac	22	(0, 11, 6, 11, 5)
7	Sam Cross	Wirral Ac	22	(0, 10, 4, 9, 9)
8	Luke Chesters	SaleHM	26	(0, 15, 11, 12, 3)
9	John Humphries	ValeRA	28	(0, 7, 7, 14, 0)
10	Sam Tempest	Wirral Ac	31	(0, 8, 10, 18, 13)
11	Jac Goodall	WestCAC	36	(0, 13, 13, 16, 10)
12	Jack Thomas	ECH&TA	48	(0, 12, 0, 19, 17)
13	Harry Boyd	SaleHM	49	(0, 17, 19, 17, 15)
14	Bayley Hulse	SaleHM	51	(0, 0, 16, 21, 14)
15	Alexander Doyle	ValeRA	53	(0, 20, 17, 20, 16)
16	Oliver Thompson	StockportH	57	(0, 16, 20, 23, 21)
17	Elliot Livingston	Abc Runner	67	(0, 21, 26, 24, 22)
=	Ben Gilchrist	SaleHM	67	(0, 25, 29, 22, 20)
19	Matthew Stevin	StHSA	77	(0, 26, 25, 26, 0)
20	Aaron Doyle	ValeRA	78	(0, 27, 28, 28, 23)
21	Adam Kennedy	ECH&TA	84	(0, 31, 0, 29, 24)
Wirral Ac				3 (0, 1, 1, 2, 1)
Stockport Harriers & Ac				6 (0, 2, 5, 1, 3)
Sale Harriers Manchester				8 (0, 3, 3, 3, 2)
Vale Royal Ac				12 (0, 5, 4, 4, 4)

Race 2 - Under 13 Girls — Points after 5 races

1	Danielle Stringer	Manchester	18	(9, 3, 5, 0, 1)
2	Alice Bruce	SaleHM	35	(12, 10, 0, 6, 7)
3	Carly Jarrett	StockportH	39	(11, 12, 6, 10, 0)
4	Juliet Downs	StockportH	40	(18, 8, 7, 0, 0)
=	E Brackenridgejones	StockportH	40	(8, 7, 10, 15, 0)
6	Emma Flynn	ECH&TA	55	(17, 21, 13, 11, 14)
7	Franki Reid	SaleHM	62	(24, 17, 20, 13, 12)
8	Emily Barker	SalfordMet	72	(19, 11, 11, 31, 0)
9	L Haywoodpercival	SalfordMet	81	(25, 14, 26, 0, 16)
10	Jasmine Hannon	StockportH	84	(22, 15, 14, 33, 0)
11	Georgia Bourke	StockportH	87	(31, 24, 18, 14, 0)
=	Charley Reid	SaleHM	87	(34, 25, 22, 21, 19)
13	Olivia Harwoodmoss	StHSA	91	(37, 28, 27, 23, 13)
14	Emma Wright	SalfordMet	92	(23, 22, 31, 25, 22)
15	Savannah Morgan	Abc Runner	95	(0, 33, 23, 22, 17)
16	Alex Bottomley	StHSA	97	(0, 30, 24, 20, 23)
17	Abi Smith	SaleHM	117	(32, 32, 0, 28, 25)
18	Sophie Burgess	SaleHM	133	(38, 39, 32, 0, 24)
19	Emily Hughes	StockportH	137	(40, 35, 33, 29, 0)
20	Alex Glynn	StHSA	150	(41, 42, 36, 0, 31)
21	Elizabeth Dingsdale	StHSA	153	(50, 48, 39, 36, 30)
22	Emily Roberts	StHSA	157	(47, 47, 35, 42, 33)
=	Jade Drinkwater	Moston&DH&	157	(46, 43, 0, 40, 28)
24	Freya Roberts	StHSA	162	(52, 49, 41, 38, 34)
25	Ellie Mawdley	StHSA	166	(0, 46, 42, 43, 35)
26	Rebecca Mason	SalfordMet	171	(49, 45, 40, 37, 0)
Sale Harriers Manchester				5 (3, 1, 2, 1, 1)
Stockport Harriers & Ac				7 (1, 3, 1, 2, 0)
E Cheshire H & Tameside AC				13 (2, 5, 3, 3, 0)
Salford Metropolitan AC				19 (5, 4, 4, 6, 0)
St Helens Sutton Ac				21 (8, 7, 5, 5, 4)

Race 3 - Under 13 Boys — Points after 5 races

1	George Lewis	ECH&TA	4	(8, 1, 1, 1, 1)
2	Callum Ahern	Macclesfie	11	(3, 2, 3, 4, 3)
3	Jake Spilsbury	SaleHM	15	(2, 3, 4, 6, 6)
4	Adam Spilsbury	SaleHM	18	(4, 5, 5, 7, 4)
5	Patrick Magner	StockportH	23	(6, 8, 6, 3, 0)
6	Chris Larkin	Halton&fro	33	(14, 11, 10, 5, 7)
7	Adam Woosey	StHSA	36	(10, 6, 12, 8, 0)
8	Kyle Anderson	Moston&DH&	37	(16, 7, 0, 9, 5)
9	Michael Quinn	SaleHM	38	(7, 4, 16, 11, 0)
10	Saeed Absiyeh	SaleHM	54	(13, 13, 14, 14, 14)
11	Matty Fox	Manchester	57	(0, 17, 18, 13, 9)
12	Joe Hammond	SaleHM	58	(22, 9, 13, 15, 21)
13	Joe Ford	StHSA	60	(17, 12, 19, 12, 0)
14	Ben Skertchly	Manchester	68	(24, 18, 20, 20, 10)
15	Benjamin Livingston	Abc Runner	71	(0, 16, 21, 17, 17)
Sale Harriers Manchester				4 (1, 1, 1, 1, 1)
Halton & Frodsham H				14 (4, 4, 5, 3, 3)

Race 3 - Under 15 Girls — Points after 5 races

1	Megan Ashelby	ECH&TA	9	(2, 0, 1, 2, 4)
2	Sophie Hill	Moston&DH&	10	(4, 1, 0, 4, 1)
3	Elizabeth Apsley	StockportH	13	(5, 3, 2, 3, 0)
4	Catherine Podmore	SaleHM	16	(7, 2, 0, 5, 2)
5	Charlotte Simms	SalfordMet	20	(8, 6, 3, 11, 3)
6	Ellen Downs	StockportH	29	(9, 5, 6, 9, 0)
7	Hannah Simeen	SaleHM	30	(10, 8, 0, 6, 6)
8	Jemma Eyre	Warrington	33	(23, 9, 7, 10, 7)
9	Flora Whyte	SaleHM	34	(15, 0, 4, 8, 7)
10	Rachel Hibberd	SaleHM	37	(12, 7, 0, 10, 8)
11	Aileen Kearney	Wirral Ac	44	(16, 10, 9, 0, 9)
12	Sophie Williams	StockportH	59	(18, 11, 16, 14, 0)
13	Rachel McGoldrick	StHSA	60	(27, 22, 8, 17, 13)
14	Yasmine Kallel	Moston&DH&	63	(20, 17, 0, 15, 11)
=	Hannah Christy	SaleHM	63	(26, 16, 13, 18, 16)
16	Sinead Bent	SalfordMet	65	(28, 12, 12, 13, 0)
17	Kieia Grady	Halton&fro	67	(17, 15, 15, 0, 20)
18	Ashleigh Davis	Moston&DH&	74	(25, 18, 0, 16, 15)
19	Lucy Whittaker	SalfordMet	83	(30, 19, 22, 25, 17)
20	Maria McGoldrick	StHSA	100	(0, 33, 23, 26, 18)
21	Eimear Corr	Wirral Ac	108	(31, 30, 26, 0, 21)
=	Ellie Donohoe	Moston&DH&	108	(37, 29, 0, 23, 19)
23	Lucy Griffiths	StHSA	122	(35, 32, 24, 31, 0)
Stockport Harriers & Ac				6 (1, 2, 1, 2, 0)
Sale Harriers Manchester				6 (3, 1, 3, 1, 1)
Moston & District H & Ac				12 (4, 3, 0, 3, 2)
Salford Metropolitan AC				15 (5, 4, 2, 4, 0)
St Helens Sutton Ac				22 (7, 6, 4, 5, 0)

Race 4 - Under 15 Boys — Points after 5 races

1	Sam Mayon	SaleHM	13	(9, 1, 4, 5, 3)
2	Jay Homby	StockportH	20	(7, 3, 6, 4, 0)
3	Christopher Wilson	Moston&DH&	24	(6, 4, 0, 7, 7)
4	Dylan Stanway	SaleHM	31	(16, 7, 10, 8, 6)
5	Robert Dykes	Warrington	45	(22, 8, 11, 0, 4)
6	Jordan Bezzina	SaleHM	47	(0, 10, 13, 13, 11)
7	Matthew Sutton	Mchr tri	49	(20, 14, 14, 11, 10)
=	Daniel Hill	Moston&DH&	49	(18, 11, 0, 15, 5)
9	Robert McDougall	Moston&DH&	54	(21, 15, 0, 10, 8)
10	Dan Gillfillan	Macclesfie	70	(26, 17, 17, 21, 15)
11	Lewis Hickson	SalfordMet	71	(27, 18, 18, 19, 16)
12	Hary Palmer	Macclesfie	78	(28, 19, 0, 17, 14)
13	Edward Thompson	Macclesfie	81	(31, 20, 20, 24, 17)
Sale Harriers Manchester				4 (1, 1, 1, 1, 1)
Moston & District H & Ac				13 (4, 3, 0, 4, 2)
Macclesfield Harriers & Ac				16 (6, 4, 4, 5, 3)

Race 4 - Under 17 Women — Points after 5 races

1	Danielle Wallis	Macclesfie	7	(1, 2, 3, 0, 1)
2	Megan Davies	SaleHM	8	(2, 3, 2, 1, 0)
3	Emily Kearney	Wirral Ac	12	(4, 4, 4, 2, 2)
4	Imogen Nutter	StockportH	16	(3, 0, 6, 4, 3)
5	Fiona Nuttall	Wirral Ac	20	(5, 0, 5, 5, 5)
6	Lauren Brett	Wirral Ac	28	(7, 12, 8, 7, 6)
7	Chloe Yates	SaleHM	33	(8, 10, 12, 8, 7)
8	Nicola Berry	StockportH	34	(6, 8, 14, 6, 0)
9	Clare Dignan	ECH&TA	56	(11, 16, 18, 0, 11)
Wirral Ac				5 (1, 3, 1, 2, 1)
Stockport Harriers & Ac				7 (2, 1, 3, 1, 0)

Race 5 - Under 17 Men — Points after 5 races

1	Henry Buttress	Warrington	15	(3, 6, 1, 0, 5)
2	Kyle Conway	SaleHM	19	(4, 4, 0, 5, 6)
3	Alex Bradford	SaleHM	25	(6, 7, 4, 8, 9)
4	Mathew Metcalf	Moston&DH&	34	(9, 9, 0, 9, 7)
5	Khalid Absiyeh	SaleHM	39	(8, 13, 9, 11, 11)
6	Dillon Bezzina	SaleHM	44	(0, 11, 8, 13, 12)
7	Simon Chadwick	StockportH	45	(15, 17, 6, 7, 0)
8	Alex Hill	Moston&DH&	46	(10, 14, 0, 12, 10)
=	Robert Powell	TraffordAC	46	(13, 16, 7, 10, 0)
Sale Harriers Manchester			6	(1, 1, 2, 2, 2)

Trafford Athletic Club	5	(1, 4, 1, 2, 1)
Wilmslow Running Club	9	(2, 3, 3, 1, 4)
Sale Harriers Manchester	9	(3, 2, 2, 7, 2)
Macclesfield Harriers & Ac	13	(7, 1, 4, 3, 5)
Stockport Harriers & Ac	16	(4, 6, 5, 4, 3)
Altrincham & District AC	24	(8, 7, 6, 5, 6)
Manchester Triathlon	27	(6, 8, 9, 6, 7)
St Helens Sutton Ac	40	(11, 9, 10, 10, 0)
Swinton Running Club	43	(10, 10, 14, 9, 0)
Belle Vue Racers	43	(12, 13, 11, 12, 8)
Manchester Frontrunners	45	(0, 12, 13, 11, 9)
Manchester Harriers & AC	50	(13, 14, 15, 13, 10)
Middleton Harriers Ac	59	(14, 15, 16, 14, 0)

Senior Women — Points after 5 races

1	Gemma Connolly	StHSA	16	(5, 5, 2, 4, 6)
2	Emily Beedham	SaleHM	29	(9, 9, 6, 0, 5)
3	Claire Stevinson	L35 WilmslowRC	31	(8, 8, 12, 5, 10)
4	Sarah Kearney	L35 Wirral Ac	34	(16, 0, 7, 7, 4)
5	Anne Farmer	L35 Macclesfie	36	(14, 10, 8, 6, 12)
6	Carmen Byrne	StockportH	49	(11, 12, 10, 0, 16)
7	Alison Drasdo	L40 TraffordAC	53	(12, 19, 16, 10, 15)
8	Sharon Johnstone	L35 WilmslowRC	54	(19, 13, 15, 8, 18)
9	Angela Jordan	Macclesfie	61	(20, 15, 13, 13, 0)
10	Kerrie Wooddoyle	L45 StockportH	62	(17, 0, 19, 9, 17)
11	Sally Woolhouse	L35 TraffordAC	66	(21, 21, 23, 11, 13)
12	Sarah Rhodes	Mchr tri	79	(30, 22, 22, 21, 14)
13	Jayne Lawton	L40 StockportH	93	(27, 29, 29, 16, 21)
14	Katy Green	L35 WilmslowRC	107	(34, 27, 26, 20, 0)
15	Joanne Street	SaleHM	110	(31, 26, 27, 0, 26)
16	Jan Nichols	L40 SaleHM	111	(37, 36, 33, 22, 20)
17	Kate Sutton	L45 WilmslowRC	113	(47, 30, 31, 24, 28)
18	Jude Wall	L35 Mchr tri	115	(40, 37, 32, 23, 23)
19	Joanne Lott	L45 TraffordAC	123	(43, 34, 37, 25, 27)
20	Alison Vesey	L45 Altrincham	127	(38, 28, 0, 28, 33)
21	Lauren Marsden	L35 SwintonRC	137	(39, 31, 34, 33, 0)
22	Janine Ellis	L40 WilmslowRC	162	(51, 0, 39, 38, 34)
23	Louisa Harrison	L35 WilmslowRC	175	(67, 44, 38, 26, 0)
24	Carly Appleby	SwintonRC	186	(55, 41, 0, 50, 40)
25	Helen Reagan	L40 SaleHM	196	(56, 46, 0, 57, 37)
26	Jackie Cordingley	L50 SaleHM	204	(69, 55, 44, 63, 42)
27	Sonia Harris	L40 Mchr tri	211	(92, 62, 68, 45, 36)
28	Diane Hooper	L45 SalfordH	223	(65, 56, 56, 46, 0)
29	Julia Eccleston	L35 StHSA	233	(73, 52, 59, 49, 0)
30	Hales Sally Ann	L50 Macclesfie	236	(61, 61, 70, 65, 49)
31	Amanda Trivett	L35 StockportH	252	(84, 59, 57, 52, 0)
32	Annie Hirsch	L55 BelleVR	257	(78, 0, 75, 59, 45)
33	Olivia McDermott	JL SalfordMet	258	(96, 65, 74, 67, 52)
34	Ruth Travis	L35 MCR Front	266	(89, 64, 79, 72, 51)
35	Lauren Davies	SaleHM	272	(86, 70, 78, 66, 58)
36	Sophie Barnett	Mchr tri	279	(81, 51, 76, 71, 0)
37	Maureen Wilkins	L45 StockportH	287	(93, 72, 0, 74, 48)
38	Sharon Jones	L45 WilmslowRC	294	(106, 0, 80, 61, 47)
39	Helen Grimwood	Mchr tri	299	(100, 66, 71, 62, 0)
40	Lynne Nichol	L45 Altrincham	314	(108, 83, 90, 81, 60)
=	Jenny Clink	SaleHM	314	(80, 78, 81, 75, 0)
42	Steph Goodchild	L45 Manch YMCA	324	(107, 75, 96, 91, 62)
43	Helen Fraser	L50 StockportH	327	(99, 82, 0, 89, 57)
44	Sarah Kenny	L35 Mchr tri	332	(141, 80, 67, 44, 0)
45	Louise Harrison	L35 StockportH	336	(98, 81, 98, 0, 59)
46	Helen Todd	L55 StockportH	340	(85, 79, 0, 86, 90)
47	Linda Rix	L45 MCR Front	343	(0, 86, 94, 92, 71)
=	Hilary West	L50 StockportH	343	(114, 93, 92, 95, 63)
49	Sue Exon	L55 TraffordAC	344	(105, 87, 106, 88, 64)
50	Alexis Dinsmoor	L60 StockportH	349	(0, 90, 108, 90, 61)
51	Emma Bedford	L35 Manch YMCA	366	(117, 101, 0, 93, 55)
52	Jennifer Cordingley	SaleHM	388	(112, 96, 97, 83, 0)
53	Rebecca Mills	SwintonRC	390	(110, 92, 101, 87, 0)
54	Alyson Adams	L45 Manchester	404	(126, 110, 120, 102, 72)
55	Heather Clarkson	MCR Front	406	(0, 121, 103, 103, 79)
56	Lisa Ottiwell	L35 SwintonRC	425	(128, 116, 130, 106, 75)
57	Cecilia Boodhoo	L50 BelleVR	438	(122, 119, 122, 115, 82)
58	Janet Wild	L40 WilmslowRC	439	(138, 120, 0, 114, 67)
59	Fiona Green	L35 Manchester	443	(133, 128, 0, 98, 84)
60	Sarah Robinson	L40 MCR Front	445	(149, 106, 0, 105, 85)
61	Kathryn Holmes	L45 Manchester	466	(143, 124, 133, 122, 87)
62	Julie Lucas	L45 WilmslowRC	468	(137, 113, 124, 94, 0)
63	Emma Reilly	MCR Front	478	(148, 129, 140, 121, 88)
64	Pam Appleton	L55 StHSA	483	(127, 115, 125, 116, 0)
65	Chris Dempsey	L50 StHSA	486	(134, 117, 128, 107, 0)
66	Caroline Baba	Manchester	500	(151, 0, 141, 119, 89)
67	Jenny Miles	L60 SaleHM	503	(155, 133, 0, 124, 91)
68	Mavis Gregory	L65 Manchester	521	(163, 142, 148, 136, 95)
69	Carol Hart	L50 SwintonRC	532	(139, 132, 136, 125, 0)
70	Lorraine Kelsey	Manchester	533	(140, 127, 134, 132, 0)
71	Pauline Lynch	L65 Macclesfie	539	(153, 123, 137, 126, 0)
72	Marie Lavin	L45 BelleVR	564	(158, 131, 147, 128, 0)
73	Jennifer Johnson	Mchr tri	566	(159, 140, 144, 123, 0)
74	Fiona Lamb	L45 MiddletonH	573	(160, 138, 146, 129, 0)
75	Pauline Picton	L55 StHSA	591	(166, 141, 149, 135, 0)
76	Alyson Lamb	L55 MiddletonH	605	(170, 144, 152, 139, 0)

Senior Women (Vets) — Points after 5 races

1	Claire Stevinson	L35 WilmslowRC	8	(2, 2, 3, 1, 3)
2	Anne Farmer	L35 Macclesfie	11	(5, 3, 2, 2, 4)
=	Sarah Kearney	L35 Wirral Ac	11	(6, 0, 1, 3, 1)
4	Sharon Johnstone	L35 WilmslowRC	20	(8, 4, 4, 4, 8)
=	Alison Drasdo	L40 TraffordAC	20	(3, 6, 5, 6, 6)
6	Kerrie Wooddoyle	L45 StockportH	25	(7, 0, 6, 5, 7)
7	Sally Woolhouse	L35 TraffordAC	26	(9, 7, 7, 7, 5)
8	Jayne Lawton	L40 StockportH	43	(11, 11, 11, 10, 11)
=	Katy Green	L35 WilmslowRC	43	(12, 9, 10, 12, 0)
10	Jan Nichols	L40 SaleHM	52	(14, 15, 15, 13, 10)
11	Kate Sutton	L45 WilmslowRC	54	(22, 12, 13, 15, 14)
12	Jude Wall	L35 Mchr tri	56	(17, 16, 14, 14, 12)
13	Alison Vesey	L45 Altrincham	61	(15, 10, 4, 19, 17)
=	Joanne Lott	L45 TraffordAC	61	(19, 14, 18, 16, 13)
15	Lauren Marsden	L35 SwintonRC	67	(16, 13, 16, 22, 0)
16	Janine Ellis	L40 WilmslowRC	89	(25, 0, 20, 26, 18)
17	Louisa Harrison	L35 WilmslowRC	95	(38, 21, 19, 17, 0)
18	Helen Reagan	L40 SaleHM	111	(28, 23, 0, 40, 20)
19	Jackie Cordingley	L50 SaleHM	113	(40, 27, 24, 45, 22)
20	Sonia Harris	L40 Mchr tri	120	(51, 32, 38, 31, 19)
21	Diane Hooper	L45 SalfordH	127	(36, 28, 31, 32, 0)
22	Hales Sally Ann	L50 Macclesfie	132	(33, 31, 40, 47, 28)
23	Julia Eccleston	L35 StHSA	136	(42, 26, 33, 35, 0)
24	Amanda Trivett	L35 StockportH	146	(47, 30, 32, 37, 0)
25	Annie Hirsch	L55 BelleVR	154	(46, 0, 42, 42, 24)
26	Ruth Travis	L35 MCR Front	155	(50, 33, 43, 50, 29)
27	Maureen Wilkins	L45 StockportH	166	(52, 35, 0, 52, 27)
28	Sharon Jones	L45 WilmslowRC	171	(57, 0, 44, 44, 26)
29	Louise Harrison	L35 StockportH	184	(54, 41, 54, 0, 35)
=	Lynne Nichol	L45 Altrincham	184	(59, 43, 48, 57, 36)
31	Steph Goodchild	L45 Manch YMCA	185	(58, 36, 53, 63, 38)
32	Sarah Kenny	L35 Mchr tri	191	(84, 40, 37, 30, 0)
33	Helen Fraser	L50 StockportH	192	(55, 42, 0, 61, 34)
34	Hilary West	L50 StockportH	200	(62, 50, 49, 67, 39)
35	Sue Exon	L55 TraffordAC	201	(56, 47, 58, 60, 40)
36	Helen Todd	L55 StockportH	202	(48, 39, 0, 59, 56)
37	Alexis Dinsmoor	L60 StockportH	207	(0, 49, 59, 62, 37)
=	Linda Rix	L45 MCR Front	207	(0, 46, 51, 64, 46)
39	Emma Bedford	L35 Manch YMCA	215	(64, 54, 0, 65, 32)
40	Alyson Adams	L45 Manchester	245	(71, 61, 66, 73, 47)
41	Cecilia Boodhoo	L50 BelleVR	256	(68, 70, 67, 82, 51)
42	Lisa Ottiwell	L35 SwintonRC	263	(73, 67, 74, 75, 49)
43	Sarah Robinson	L40 MCR Front	273	(88, 58, 0, 74, 53)
44	Fiona Green	L35 Manchester	274	(78, 75, 0, 69, 52)
45	Janet Wild	L40 WilmslowRC	277	(82, 71, 0, 81, 43)
46	Julie Lucas	L45 WilmslowRC	280	(81, 64, 69, 66, 0)
47	Kathryn Holmes	L45 Manchester	289	(85, 73, 76, 85, 55)
48	Pam Appleton	L55 StHSA	291	(72, 66, 70, 83, 0)
49	Chris Dempsey	L50 StHSA	296	(79, 68, 73, 76, 0)
50	Jenny Miles	L60 SaleHM	313	(92, 78, 0, 86, 57)
51	Carol Hart	L50 SwintonRC	325	(83, 77, 78, 87, 0)
52	Mavis Gregory	L65 Manchester	326	(98, 85, 85, 96, 60)
53	Pauline Lynch	L65 Macclesfie	330	(91, 72, 79, 88, 0)
54	Marie Lavin	L45 BelleVR	343	(94, 76, 84, 89, 0)
55	Fiona Lamb	L45 MiddletonH	350	(95, 82, 83, 90, 0)
56	Pauline Picton	L55 StHSA	366	(101, 84, 86, 95, 0)
57	Alyson Lamb	L55 MiddletonH	378	(104, 87, 89, 98, 0)
Wilmslow Running Club	5	(1, 2, 1, 1, 2)		
Trafford Athletic Club	8	(3, 3, 2, 2, 1)		
Macclesfield Harriers & Ac	10	(4, 1, 3, 3, 3)		
Stockport Harriers & Ac	15	(2, 5, 5, 4, 4)		
Altrincham & District AC	19	(5, 4, 4, 6, 6)		
Sale Harriers Manchester	24	(6, 6, 7, 8, 5)		
Manchester Triathlon	27	(9, 7, 8, 5, 7)		
Manchester Frontrunners	35	(0, 9, 9, 9, 8)		
Swinton Running Club	41	(10, 11, 10, 10, 0)		
Belle Vue Racers	43	(11, 13, 11, 12, 9)		
St Helens Sutton Ac	45	(12, 10, 12, 11, 0)		
Manchester Harriers & AC	48	(14, 12, 13, 13, 10)		
Middleton Harriers Ac	55	(13, 14, 14, 14, 0)		

Senior Women - U20 — Points after 5 races

1	Olivia McDermott	JL SalfordMet	12	(6, 5, 4, 1, 2)
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Manchester Area Cross Country League

at Clayton Vale, Manchester on Saturday 11th February 2012

NOTE: The individual results include only runners who have run at least 4 races

Senior Men — Points after 5 races

1	David Norman	Altrincham	9	(2, 4, 2, 1, 0)	85	Duncan Drasdo	V45	Trafford A	565(130,163,151,121, 0)
2	Jack Morris	Stockport	24	(12, 7, 0, 4, 1)	86	Dave Shaw	V45	Salford H&	567(171, 0, 159,116,121)
3	James Scottbucleuch	Stockport	31	(13, 10, 0, 6, 2)	87	Daniel Bamber		E Cheshire	572(156,166,146,104, 0)
4	Gavin Tomlinson	Trafford A	35	(11, 16, 5, 3, 0)	88	Mick Fairs	V60	Wilmslow R	582(170, 0, 169,134,109)
5	Gareth Raven	Sale H Man	53	(35, 13, 3, 2, 0)	89	Tony Archer	V55	Vale Royal	585(183,158,142,102, 0)
6	Rob Downs	V45 Wilmslow R	56	(20, 26, 21, 7, 8)	90	Ian Roberts		ManchFront	586(188,157, 0, 130,111)
7	Joe Hudak	E Cheshire	83	(39, 38, 25, 9, 11)	91	Andy Watts	V60	Wilmslow R	612(0,179,180,143,110)
8	Chris Leigh	V40 Trafford A	84	(40, 0, 24, 10, 10)	92	Luke McCrave		MMU Har	615(161,173,167,145,142)
9	Mike Grace	Salford H&	89	(46, 33, 28, 16, 12)	93	Roberto Raso	V45	ManchFront	637(173,168,160,136, 0)
10	Howard Mead	Salford H&	97	(23, 28, 22, 0, 24)	94	Andrew Farley	V50	E Cheshire	644(213,207,175,131,131)
11	Ed Fazakerley	V40 Manchester	111	(38, 44, 42, 18, 13)	95	Chris Sewart		Manchester	645(239,204,179,137,125)
=	Graham Macneill	V45 Wilmslow R	111	(0, 42, 32, 17, 20)	96	Gary Wolstencroft	V40	ManchrTri	659(205,174,141,139, 0)
13	Jim Pendrill	V40 Wilmslow R	123	(31, 45, 46, 24, 23)	97	Bill Fox	V55	Sale H Man	662(224,185,189,156,132)
14	Malcolm Fowler	V45 Wilmslow R	125	(16, 17, 0, 76, 16)	98	Clive Greatorex	V45	Altrincham	666(204,202, 0, 142,118)
15	Howard Oldham	E Cheshire	126	(44, 35, 53, 26, 21)	99	Tony Faulkner	V40	E Cheshire	683(218,197, 0, 135,133)
16	Peter Crawford	Sale H Man	129	(59, 49, 31, 19, 30)	100	Graham Harrison	V50	Altrincham	694(0,203,215,148,128)
17	Adrian Nutter	Stockport	140	(42, 43, 40, 15, 0)	101	David Ashton	V60	ManchYMCA	705(256,214,206,146,139)
18	Tom McGaff	V55 Wilmslow R	142	(53, 51, 44, 21, 26)	102	Jim Brett	V55	Manchester	709(235,201,199,169,140)
19	Ryan Ganose	Altrincham	153	(76, 34, 26, 0, 17)	103	Kevin Duckworth	V50	E Cheshire	721(214,192, 0, 158,157)
20	John Slone	E Cheshire	165	(60, 69, 43, 28, 34)	104	Ewan Holton		ManchrTri	741(215,178,181,167, 0)
21	Gary Rowlinson	V45 Sale H Man	168	(68, 57, 59, 30, 22)	=	Frank Cordingley	V50	Sale H Man	741(219, 0, 216,154,152)
22	James Corden	V40 Stockport	176	(51, 52, 51, 22, 0)	106	John Bowker	V45	E Cheshire	744(265,219,209,197,119)
23	Mike Kilmartin	Sale H Man	183	(45, 0, 103, 20, 15)	=	Paul Garnett	V45	Wilmslow R	744(234,194,192, 0, 124)
24	Mike Hutchinson	V45 Trafford A	188	(64, 53, 55, 38, 42)	108	Tim Rainey	V45	Sale H Man	745(200, 0, 249,170,126)
25	Phil Burns	Stockport	189	(47, 56, 54, 52, 36)	109	Bernard Wagner		Belle Vue	754(221,238,212,180,141)
26	Phil Scowcroft	Sale H Man	190	(58, 46, 50, 36, 0)	110	Rick Waring	V40	Swinton RC	769(0,181,197,188,203)
27	Kevan Garner	V45 Stockport	200	(56, 50, 61, 33,180)	111	Gary Chadwick		MMU Har	782(254,228,241,182,134)
28	Peter Abraham	Altrincham	205	(0, 70, 71, 35, 29)	112	Tommy Temple	V55	Salford H&	791(268,228,232,177,154)
29	Liam Browne	E Cheshire	225	(86,103, 74, 40, 25)	113	Alan McNally	V45	St Helens	795(241,187,210,157, 0)
30	David Garner	V45 ManchYMCA	231	(80, 76, 65, 44, 46)	114	Philip D'netto	V40	Belle Vue	799(231,239, 0, 173,156)
31	Stephen Robinson	V50 E Cheshire	246	(75, 75, 79, 49, 47)	115	Lucas Nightingale		ManchFront	801(286,244,245,174,138)
=	Darren Russell	Swinton RC	246	(72, 83, 90, 51, 40)	116	Tony Hillier	V60	E Cheshire	804(236, 0, 229,196,143)
33	Steve Doxey	V50 Swinton RC	255	(83, 66, 70, 69, 50)	117	Steve Matkin	V50	Stockport	809(246,221,248,183,159)
34	Daniel Appleby	Swinton RC	262	(85, 74, 0, 59, 44)	118	Alan Webster	V50	Macclesfie	810(278,226,238,200,146)
=	Vinny Booth	V45 Trafford A	262	(81, 92, 84, 58, 39)	119	Jerry Smith	V55	Sale H Man	811(266,220, 0, 190,135)
36	Elton Davies	Sale H Man	266	(92, 72, 0, 64, 38)	120	Dave Hedges		ManchFront	822(253,190,214,165, 0)
37	Steven Townley	Sale H Man	269	(74, 63, 66, 0, 66)	121	Robin Beaumont	V45	Trafford A	829(245,208,200,176, 0)
38	Richard Mariton	V40 Stockport	286	(88, 84, 80, 65, 57)	122	Patrick Grannan	V60	Wilmslow R	840(259,233,246,203,158)
39	Chris Bentley	Macclesfie	287	(98, 93, 93, 53, 48)	123	Michael Cunningham	V65	Manchester	844(272,237,228,201,178)
40	Dick Byers	V45 Trafford A	290	(112, 94,125, 43, 41)	124	Stuart Mairs		SalfordMet	853(308,254,239,191,169)
41	Mark Seed	V40 Salford H&	306	(87, 79,109, 85, 55)	=	Stephen Webb		Belle Vue	853(0,263,247,193,150)
42	Carl Barber	Sale H Man	316	(106, 90, 83, 0, 37)	126	Joaquin Ramosgallego		ManchFront	858(285, 0, 230,178,165)
43	Steven Worthington	ManchrTri	320	(93, 78, 99, 50, 0)	127	Paul Rutherford	V45	Swinton RC	873(273,240,211, 0, 149)
44	Paul Schofield	V40 ManchrTri	322	(78,106, 69, 81, 94)	128	Oliver Johnstone	V40	Macclesfie	880(281,252,242,211,175)
45	Richard Park	Warrington	330	(0, 121, 92, 56, 61)	129	James Corrigan		Belle Vue	894(267,231,222, 0, 174)
46	Phillip Jacques	V40 E Cheshire	339	(132,111, 67, 29, 0)	=	Frank Rogers		Belle Vue	894(303,261,243,205,185)
47	Daniel Murphy	ManchFront	342	(96,105, 0, 90, 51)	131	Andy Chalmers	V45	ManchrTri	896(296, 0, 262,185,153)
48	James O'Connor	V40 Salford H&	346	(107, 68,102,103, 73)	132	Chris Jones	V45	SalfordMet	903(289,260,267,212,164)
=	Paul Mannion	V45 Trafford A	346	(123,123,100, 67, 56)	133	Steve Symons	V45	ManchYMCA	904(292,247, 0, 194,171)
50	Paul Barrett	Sale H Man	352	(90,114,113, 89, 60)	134	Michael Ogden	V45	ManchrTri	922(276,243,236, 0, 167)
51	Dan Bird	Swinton RC	366	(77,117, 95, 77, 0)	135	Simon Granger		ManchrTri	926(261,242,244, 0, 179)
52	Robert Wilson	V40 Macclesfie	368	(125,109,110, 78, 71)	136	Jan Wong		ManchrTri	935(277,278,257,214,187)
=	Graham Screawn	V40 Wilmslow R	368	(94, 98,114, 62, 0)	137	Matty Vee		MMU Har	943(316,235,221,171, 0)
54	Ian Jones	ManchrTri	375	(0, 127,119, 71, 58)	=	Nick Roberts	V40	Stockport	943(297,258, 0, 218,170)
55	Jonathon Guildford	ManchFront	378	(118,118,127, 83, 59)	139	Jack Carney	V55	SalfordMet	947(310,270,268,219,190)
56	Paul Nutter	V40 Stockport	379	(131,134,107, 79, 62)	140	Chris Bostock		Altrincham	952(290, 0, 273,216,173)
57	Robert Taylor	V60 Stockport	390	(117,112,130, 86, 75)	141	Bary Guy	V60	Belle Vue	962(309,268,270,231,193)
58	Andy Quicke	ManchrTri	402	(121,120,117,100, 65)	142	Jon Paramor	V60	ManchYMCA	965(275,264,279,230,196)
59	Rob Marsh	V40 St Helens	413	(138,122,101,112, 78)	143	Nigel Harrison	V45	Stockport	969(294,251,264, 0, 160)
60	Ronan Kearney	Wirral AC	414	(116,116, 0, 87, 95)	144	Miran Arahamian	V55	Sale H Man	977(318,286,284,224,183)
61	Shane Wolstencroft	V40 SalfordMet	423	(0, 124,124, 94, 81)	145	Craig Sutherland	V50	Middleton	996(326, 0, 283,215,172)
62	David Livingstone	V40 Altrincham	431	(168,119, 0, 92, 52)	146	Mark Wheelton	V50	Macclesfie	1011(304,262,253,192, 0)
63	David Rich	Sale H Man	443	(129,113, 86, 0, 115)	147	Lewis Green		MMU Har	1024(311,255,269, 0, 189)
64	Mark Birchall	Swinton RC	453	(134,133,132, 91, 97)	148	Gary Birch		ABC	1027(322, 0, 293,228,184)
65	Mike Shaw	V45 Stockport	460	(141,102,123,123,112)	149	Keith Parker	V50	E Cheshire	1036(293,248,278,217, 0)
66	Paul Connolly	SalfordMet	464	(113,151,108, 0, 92)	150	Vincent Murphy	V65	Salford H&	1049(287,257,280,225, 0)
67	Christopher Heys	Sale H Man	465	(102,182,174, 96, 93)	151	John Pickup	V50	Swinton RC	1050(329,279, 0, 245,197)
68	Dave Maher	Trafford A	467	(163,126,112, 66, 0)	152	Paul Hudson	V55	Vale Royal	1054(345,292,312,250,200)
69	Graham Marsland	V40 Stockport	472	(140,100,126, 0, 106)	153	Mike Jones	V55	Altrincham	1072(315,277,272,208, 0)
70	Matt Whitehead	V45 Manchester	480	(152,146,138,117, 79)	154	David Williamson	V40	Swinton RC	1083(347,302,320,255,206)
71	Daniel Sate	Altrincham	481	(151,139, 0, 114, 77)	155	Darren Cooper		ManchrTri	1087(350,290, 0, 248,199)
72	Andrew Berry	V40 ABC	488	(135,154, 0, 111, 88)	156	Chris Bryans	V70	Stockport	1090(362,309,321,252,208)
73	Francis Day	V60 E Cheshire	493	(143,148,150, 97,105)	157	David Shoesmith	V55	Macclesfie	1096(343, 0, 307,244,202)
74	Allan McCormick	Wilmslow R	494	(0,144,144,106,100)	158	Paul Shier		Swinton RC	1110(352,291, 0, 258,209)
75	Alan Burton	ManchrTri	507	(153,153,158, 93,108)	159	David Gregory	V65	Manchester	1117(351,301, 0, 254,211)
=	Roger Thomas	ManchrTri	507	(154,145,165,118, 90)	160	Dave Batty	V45	Swinton RC	1140(348,299,305, 0, 188)
77	Colin Hammond	V45 ManchrTri	520	(174,141,153,109,117)	=	Steve McCall	V50	Manchester	1140(319,284,295,242, 0)
78	Tim Walton	V40 Macclesfie	527	(185,161,154,108,104)	162	Howard Bamber	V55	E Cheshire	1141(333,285,300,223, 0)
79	Derek Hughes	V50 E Cheshire	545	(172,159, 0, 113,101)	=	Brian Eyre	V55	SalfordMet	1141(331,274,302,234, 0)
80	Steve Gavin	V40 Sale H Man	551	(159, 0, 157,128,107)	164	Trevor Faulkner	V65	Wilmslow R	1152(360, 0, 323,259,210)
81	Matt Shillabeer	ABC	555	(145,143,137, 0, 130)	165	William Staniard	V45	Manchester	1179(339,293,301,246, 0)
82	Craig Sephton	V40 Vale Royal	558	(169,138,131,120, 0)	166	Andy Smith		Swinton RC	1199(361,304,322, 0, 212)
83	Chris Lomax	V40 Swinton RC	560	(166,170,171,122,102)	167	Steve Hart	V50	Swinton RC	1209(344,298,314,253, 0)
=	Roger Carter	V50 ManchYMCA	560	(160,167,148,129,123)	168	Kevin Egerton	V55	Belle Vue	1216(358,296,306,256, 0)
					169	David Salmon	V65	E Cheshire	1235(355,305,318,257, 0)

Sale H Manchester	7 (2, 1, 2, 3, 2)	73 Andy Chalmers	V45	ManchrTri	469(151, 0,135,106, 77)
Trafford AC	9 (3, 4, 1, 4, 1)	74 Michael Ogden	V45	ManchrTri	471(140,125,119, 0, 87)
Stockport H&ac	11 (4, 2, 6, 2, 3)	= Oliver Johnstone	V40	Macclesfie	471(142,131,123,125, 92)
Salford H&ac	14 (1, 3, 3, 7, 7)	76 Steve Symons	V45	ManchYMCA	475(147,127, 0,111, 90)
Wilmslow RC	16 (6, 6, 5, 1, 4)	77 Chris Jones	V45	SalfordMet	485(146,134,139,126, 86)
E Cheshire H&tameside AC	20 (5, 5, 7, 5, 5)	78 Nigel Harrison	V45	Stockport	500(149,130,137, 0, 84)
Altrincham & District AC	23 (7, 7, 4, 6, 6)	79 Nick Roberts	V40	Stockport	504(152,133, 0,130, 89)
Manchester Triathlon	32 (8, 8, 8, 8, 8)	80 Jack Carney	V55	SalfordMet	514(161,141,140,131,102)
Swinton RC	36 (9, 9, 11, 9, 9)	81 Jon Paramor	V60	ManchYMCA	522(139,136,147,139,108)
Macclesfield H&ac	41 (11, 11, 10, 10, 10)	82 Bary Guy	V60	Belle Vue	525(160,139,141,140,105)
St Helens Sutton AC	45 (12, 10, 9, 14, 0)	83 Mark Wheelton	V50	Macclesfie	530(156,135,129,110, 0)
Manchester H&ac	49 (13, 13, 12, 13, 11)	84 Miran Aprahamian	V55	Sale H Man	537(166,152,151,135, 99)
ABC Runners	50 (10, 14, 14, 15, 12)	= Craig Sutherland	V50	Middleton	537(168, 0,150,128, 91)
Manchester Fronrunners	51 (15, 12, 15, 11, 13)	86 Keith Parker	V50	E Cheshire	551(148,128,146,129, 0)
Manchester Ymca H	58 (14, 15, 13, 16, 0)	87 Vincent Murphy	V65	Salford H&	560(144,132,148,136, 0)
Belle Vue Racers	68 (19, 19, 18, 17, 14)	88 John Pickup	V50	Swinton RC	577(171,147, 0,150,109)
Salford Met AC	72 (20, 18, 16, 18, 0)	= Mike Jones	V55	Altrincham	577(165,146,143,123, 0)

Senior Men (Vets) — Points after 5 races

1 Rob Downs	V45	Wilmslow R	11 (4, 5, 3, 1, 3)
2 Chris Leigh	V40	Trafford A	21 (10, 0, 4, 3, 4)
3 Graham Macneill	V45	Wilmslow R	26 (0, 7, 6, 5, 8)
4 Ed Fazakerley	V40	Manchester	28 (9, 8, 9, 6, 5)
5 Jim Pendrill	V40	Wilmslow R	36 (8, 9, 12, 9, 10)
6 Tom McGaff	V55	Wilmslow R	40 (15, 12, 10, 7, 11)
7 Malcolm Fowler	V45	Wilmslow R	42 (2, 2, 0, 32, 6)
8 James Corden	V40	Stockport	49 (14, 13, 14, 8, 0)
9 Gary Rowlinson	V45	Sale H Man	54 (20, 15, 19, 11, 9)
10 Mike Hutchinson	V45	Trafford A	58 (19, 14, 16, 14, 14)
11 Kevan Garner	V45	Stockport	59 (16, 11, 20, 12, 96)
12 David Garner	V45	ManchYMCA	76 (25, 22, 21, 17, 16)
13 Stephen Robinson	V50	E Cheshire	79 (23, 21, 28, 18, 17)
14 Steve Doxey	V50	Swinton RC	87 (28, 18, 24, 27, 18)
15 Vinny Booth	V45	Trafford A	89 (26, 31, 31, 20, 12)
16 Dick Byers	V45	Trafford A	101 (40, 32, 51, 16, 13)
17 Richard Marltton	V40	Stockport	103 (30, 27, 29, 24, 23)
18 Mark Seed	V40	Salford H&	110 (29, 24, 42, 36, 21)
19 Paul Schofield	V40	ManchrTri	121 (24, 40, 23, 35, 39)
20 James O'Connor	V40	Salford H&	123 (37, 19, 39, 46, 28)
21 Phillip Jacques	V40	E Cheshire	126 (51, 43, 22, 10, 0)
22 Paul Mannion	V45	Trafford A	130 (46, 47, 37, 25, 22)
23 Graham Screawn	V40	Wilmslow R	134 (32, 35, 45, 22, 0)
24 Robert Wilson	V40	Macclesfie	145 (48, 42, 43, 33, 27)
25 Paul Nutter	V40	Stockport	149 (50, 54, 41, 34, 24)
26 Robert Taylor	V60	Stockport	153 (43, 44, 55, 37, 29)
27 Rob Marsh	V40	St Helens	166 (56, 46, 38, 52, 30)
28 Shane Wolstencroft	V40	SalfordMet	171 (0, 48, 50, 40, 33)
29 David Livingstone	V40	Altrincham	174 (71, 45, 0, 39, 19)
30 Graham Marsland	V40	Stockport	192 (58, 37, 52, 0, 45)
31 Mike Shaw	V45	Stockport	195 (59, 38, 49, 61, 49)
32 Andrew Berry	V40	ABC	206 (53, 66, 0, 51, 36)
= Matt Whitehead	V45	Manchester	206 (64, 60, 59, 56, 31)
34 Francis Day	V60	E Cheshire	209 (61, 62, 67, 42, 44)
35 Colin Hammond	V45	ManchrTri	230 (77, 58, 70, 49, 53)
36 Tim Walton	V40	Macclesfie	232 (83, 70, 71, 48, 43)
37 Derek Hughes	V50	E Cheshire	237 (75, 68, 0, 53, 41)
38 Craig Sephton	V40	Vale Royal	243 (72, 57, 56, 58, 0)
39 Duncan Drasdo	V45	Trafford A	248 (49, 72, 68, 59, 0)
= Chris Lomax	V40	Swinton RC	248 (70, 76, 81, 60, 42)
41 Steve Gavin	V40	Sale H Man	249 (65, 0, 73, 65, 46)
42 Roger Carter	V50	ManchYMCA	255 (66, 73, 65, 66, 58)
43 Tony Archer	V55	Vale Royal	256 (82, 67, 62, 45, 0)
44 Dave Shaw	V45	Salford H&	260 (74, 0, 74, 55, 57)
45 Mick Fairs	V60	Wilmslow R	267 (73, 0, 79, 68, 47)
46 Andy Watts	V60	Wilmslow R	289 (0, 81, 84, 76, 48)
47 Roberto Raso	V45	ManchrTri	295 (76, 74, 75, 70, 0)
48 Gary Wolstencroft	V40	ManchrTri	306 (94, 79, 61, 72, 0)
49 Andrew Farley	V50	E Cheshire	310 (98, 101, 82, 67, 63)
50 Clive Greatorex	V45	Altrincham	320 (93, 98, 0, 75, 54)
51 Bill Fox	V55	Sale H Man	324 (105, 84, 89, 87, 64)
52 Tony Faulkner	V40	E Cheshire	330 (102, 94, 0, 69, 65)
53 Graham Harrison	V50	Altrincham	346 (0, 99, 106, 80, 61)
54 Paul Garnett	V45	Wilmslow R	353 (112, 91, 91, 0, 59)
= David Ashton	V60	ManchYMCA	353 (126, 107, 99, 78, 69)
56 Jim Brett	V55	Manchester	357 (113, 97, 94, 96, 70)
57 Kevin Duckworth	V50	E Cheshire	358 (99, 89, 0, 89, 81)
58 Frank Cordingley	V50	Sale H Man	371 (103, 0, 107, 85, 76)
59 Tim Rainey	V45	Sale H Man	373 (90, 0, 126, 97, 60)
60 John Bowker	V45	E Cheshire	380 (131, 110, 102, 113, 55)
61 Alan McNally	V45	St Helens	394 (117, 86, 103, 88, 0)
62 Rick Waring	V40	Swinton RC	397 (0, 83, 93, 107, 114)
63 Philip D'netto	V40	Belle Vue	411 (110, 122, 0, 99, 80)
64 Tony Hillier	V60	E Cheshire	412 (114, 0, 115, 112, 71)
65 Tommy Temple	V55	Salford H&	414 (133, 118, 116, 102, 78)
66 Jerry Smith	V55	Sale H Man	418 (132, 111, 0, 109, 66)
67 Robin Beaumont	V45	Trafford A	419 (121, 102, 95, 101, 0)
68 Steve Matkin	V50	Stockport	421 (122, 112, 125, 104, 83)
69 Alan Webster	V50	Macclesfie	426 (141, 116, 121, 116, 73)
70 Paul Rutherford	V45	Swinton RC	439 (137, 123, 104, 0, 75)
71 Patrick Ginnan	V60	Wilmslow R	445 (128, 120, 124, 119, 82)
72 Michael Cunningham	V65	Manchester	447 (136, 121, 114, 117, 95)

92 Dave Batty	V45	Swinton RC	613(185,162,165, 0,101)
93 David Williamson	V40	Swinton RC	617(184,165,176,159,117)
94 Howard Bamber	V55	E Cheshire	620(173,151,162,134, 0)
95 Brian Eyre	V55	SalfordMet	621(172,144,164,141, 0)
96 Steve McCall	V50	Manchester	622(167,150,158,147, 0)
97 Chris Bryans	V70	Stockport	623(195,171,177,156,119)
98 David Gregory	V65	Manchester	630(187,164, 0,158,121)
99 William Staniard	V45	Manchester	648(177,157,163,151, 0)
100 Trevor Faulkner	V65	Wilmslow R	654(194, 0,178,162,120)
101 Steve Hart	V50	Swinton RC	672(181,161,173,157, 0)
102 Kevin Egerton	V55	Belle Vue	678(193,159,166,160, 0)
103 David Salmon	V65	E Cheshire	693(190,167,175,161, 0)
Wilmslow RC			4 (1, 1, 1, 1, 1)
Trafford AC			9 (4, 3, 2, 2, 2)
Stockport H&ac			12 (3, 4, 3, 3, 3)
Salford H&ac			16 (2, 2, 7, 5, 8)
E Cheshire H&tameside AC			20 (5, 6, 5, 4, 6)
Sale H Manchester			25 (6, 13, 4, 11, 4)
Manchester Triathlon			26 (14, 7, 8, 6, 5)
Macclesfield H&ac			31 (10, 8, 9, 7, 7)
St Helens Sutton AC			32 (8, 5, 6, 13, 0)
Manchester Ymca H			40 (9, 9, 14, 10, 12)
Altrincham & District AC			41 (11, 11, 10, 9, 11)
Manchester H&ac			42 (12, 10, 11, 12, 9)
Vale Royal AC			42 (0, 12, 12, 8, 10)
Swinton RC			53 (13, 14, 13, 14, 13)

Senior Men - U20 — Points after 5 races

1 Jack Morris	Stockport	5 (1, 2, 0, 1, 1)
2 Joe Hudak	E Cheshire	12 (3, 7, 3, 2, 4)
3 Ryan Ganose	Altrincham	25 (9, 6, 4, 0, 6)
4 David Rich	Sale H Man	44 (10, 15, 9, 0, 10)