Mass spectrometry is a means of analysing the tiniest quantities of substances and chemical components, often within complex mixtures, to see what they are made up of at the molecular level.

It is a very sensitive analytical technique, enabling scientists to confidently measure components or contaminants present within samples at levels well below a millionth of a gram. Mass spectrometry is routinely used to safeguard our food and water supply, protect the environment, provide medical diagnosis and to develop health-care solutions.

Waters Corporation works closely with the Museum of Science and Industry in Manchester, one of our early Mass Spectrometers can be found on display in the new MOSI Revolution Manchester Gallery.

Waters Manchester is a leading manufacturer of mass spectrometry technology and has been present in the Greater Manchester area for over 40 years. Currently located on four separate sites around South Manchester, Waters is committed to the region highlighted by building plans for a new state-of-the-art consolidated facility in Wilsmost located on the Stampford Lodge site.

Waters is honoured to support the 2012 Wilmslow Half Marathon and looks forward to becoming part of the Wilmslow community in the future.

For more information on Waters Corporation please visit www.waters.com

Introducing David Lewis... we are dedicated to improving the life experiences of people with complex epilepsy, autism, learning and physical disabilities. As a registered charity David Lewis provides both residential and day services. We support around 300 people aged 14 upwards at our main site near Alderley Edge and in our community houses in Macclesfield, Holmes Chapel and Middlewich. Your support allows our people to learn new skills, become independent and achieve their goals.

Be a David Lewis 2012 Sporting Hero! David Lewis is very excited to be the official charity for the 2012 Wilmslow Half Marathon and we'd love to have your support. You may take part in this event every year but please consider supporting David Lewis on this occasion. Collecting sponsors is made easy with the use of a JustGiving page and now you can have your own text code for people to donate straight to your page. As a David Lewis sporting hero you'll be provided with all the information and support you need to help you fundraise and you'll receive a special edition David Lewis t-shirt to wear with pride on the day!

How you make a difference... Specialist equipment is being used by David Lewis every day and is one of the ways we are helping people with disabilities gain confidence, self esteem and independence.

£50 provides an individual with a Pendant which raises a call for help from a carer by simply pressing a button. This gives them the opportunity to have their own space with the confidence of knowing support is there if needed.

£100 means an individual who is unable to speak can make choices and decisions in their day to day lives by using Communication Aids such as a personalised picture book.

£280 gives an individual privacy. By having an Epilepsy Sensor fitted to their bed staff don't have to enter their room to check on them throughout the night. This state of the art sensor will monitor vital signs including heart rate and breathing patterns to detect a range of epileptic seizures.

£1300 gives everyone the opportunity to exercise and enjoy the outdoors on a Specially Adapted Bike, even if in a wheelchair.

To make a difference join our team of sporting heroes and run for David Lewis.

If you would like to know more about being involved with our work then contact:
Linda de Sá - Fundraising Department
David Lewis, Mill Lane, Warford, Alderley Edge SK9 7UD
Tel: 01625 640009
Email: linda.desa@davidlewism.org.uk
www.davidlewismfundraising.org.uk
Registered Charity Number 1000392.
### WILMSLOW HALF MARATHON 2012

#### PRIZE LIST

A bonus will be paid to the first man and/or woman of £500 if the course record is broken.

The first five places, men and women will be cash prizes.

### PLACE

<table>
<thead>
<tr>
<th>PLACE</th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£1250 CASH (Sponsors - ASICS)</td>
<td>£250 CASH (Sponsors - ASICS)</td>
</tr>
<tr>
<td>2</td>
<td>£750 CASH (Sponsors - ASICS)</td>
<td>£150 CASH (Sponsors - ASICS)</td>
</tr>
<tr>
<td>3</td>
<td>£500 CASH (Sponsors - ASICS)</td>
<td>£100 CASH (Sponsors - ASICS)</td>
</tr>
<tr>
<td>4</td>
<td>£250 CASH (Sponsors - ASICS)</td>
<td>£75 CASH (Sponsors - ASICS)</td>
</tr>
<tr>
<td>5</td>
<td>£150 CASH (Sponsors - ASICS)</td>
<td>£50 CASH (Sponsors - ASICS)</td>
</tr>
<tr>
<td>6-15</td>
<td>£100 ASICS VOUCHER</td>
<td>£25 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +70

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +65

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +60

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +55

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +50

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +45

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +40

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +35

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +30

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +25

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +20

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +15

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +10

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +5

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

### +0

<table>
<thead>
<tr>
<th></th>
<th>MEN</th>
<th>WOMEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>£100 ASICS VOUCHER</td>
<td>£100 ASICS VOUCHER</td>
</tr>
</tbody>
</table>

---

### ENGLAND HALF MARATHON CHAMPIONSHIP AWARDS

<table>
<thead>
<tr>
<th>MEN</th>
<th>WOMENS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gold Medal</td>
<td>Gold Medal</td>
</tr>
<tr>
<td>Silver Medal</td>
<td>Silver Medal</td>
</tr>
<tr>
<td>Bronze Medal</td>
<td>Bronze Medal</td>
</tr>
</tbody>
</table>

### MENS TEAM (THREE TO COUNT)

1st: 3 x £50 ASICS VOUCHER
2nd: 3 x £25 ASICS VOUCHER

### WOMENS TEAM (THREE TO COUNT)

1st: 3 x £50 ASICS VOUCHER
2nd: 3 x £25 ASICS VOUCHER

---

ALL ASICS VOUCHERS ARE REDEEMABLE AT RUNNING BEAR, 5 LONDON ROAD, ALDERLEY EDGE, CHESHIRE SK9 7TJ
TÉL: 01625 582130 www.runningbear.co.uk

---

### OFFICIAL ENTRY FORM

#### WILMSLOW HALF MARATHON 2012

**SUNDAY 25th MARCH 2012**

**EARLY ENTRY RECOMMENDED - STRICTLY NO ENTRIES ON THE DAY**

THIS SECTION TO BE COMPLETED BY ALL RUNNERS

Please enclose with this form:

1. Cheque payable to “Wilmslow Half Marathon”
2. Stamped Self-Addressed Envelope (9” x 6” if a larger envelope is sent, extra postage is required. No SAE - No entry)
3. Please send applications to:
   Wilmslow Half Marathon, 10 Haddon Close, Macclesfield, Cheshire SK11 7YG.

RACE NUMBERS WILL BE POSTED TO YOU 2 WEEKS BEFORE THE EVENT. PHOTOCOPIES OF THIS ENTRY FORM ACCEPTED.

RACE NUMBERS ARE NOT TRANSFERABLE & ARE NOT DEFERRABLE.

ENTRY FEES ARE NON REFUNDABLE.

WILMSLOW ON THE WEB for online entries & results - www.wilmslowhalf.org.uk

**ENTRY FEE:** Club £27.00 Unattached £29.00 Fee Enclosed £............... (includes cost of chip timer)

Surname........................................................................................................ First Name........................................................................................................

Sex (M/F)........................................Date of Birth ................................................... Age on race day ..........................................................

(Signature) Parent’s Signature ....................................................................................

Address (in full) ................................................................................................. Estimated Finishing Time ..................................................

(Full line 2 hours 30 minutes)..................................................................................

(Post Code)........................................................................................................ Email .................................................................................................

(Include telephone number)..................................................................................

Mobile No. ........................................................................................................ Which brand of shoe do you wear? .................................

Text message giving your finishing position will be automatically sent to mobiles

Club (state if unattached)..........................................................................................

England Athletics Membership No: .....................................................................

Closing Date for Entries: 24th FEBRUARY 2012 (subject to race limit not being exceeded)

**DECLARATION:** I declare that:-
1) I am an amateur according to U.K.A. rules, and that I will be 17 years of age or over on the day of the race.
2) I will observe the race rules, and obey all marshall’s instructions.
3) I am medically fit to run and understand that I enter at my own risk, and that the race organisers will not be responsible for any illness or injury incurred by me during the race.

Signature........................................................................................................ Date........................................

**IF YOU WISH TO RAISE MONEY BY SPONSORSHIP FOR THIS YEAR’S CHARITY**

Please send me a sponsorship pack for DAVID LEWIS.

---

Please tear along the perforation and return the whole of this page.
OFFICIAL ENTRY FORM
WILMSLOW HALF MARATHON 2012
SUNDAY 25th MARCH 2012

EARLY ENTRY RECOMMENDED - STRICTLY NO ENTRIES ON THE DAY
THIS SECTION TO BE COMPLETED BY ALL RUNNERS

Please enclose with this form:
1. Cheque payable to “Wilmslow Half Marathon”
2. Stamped Self-Addressed Envelope (9” x 6” if a larger envelope is sent, extra postage is required, No SAE - No entry)
3. Please send applications to:
   Wilmslow Half Marathon, 10 Haddon Close, Macclesfield, Cheshire SK11 7YG.

RACE NUMBERS WILL BE POSTED TO YOU 2 WEEKS BEFORE THE EVENT. PHOTOCOPIES OF THIS ENTRY FORM ACCEPTED

RACE NUMBERS ARE NOT TRANSFERABLE & ARE NOT DEFERRABLE.
ENTRY FEES ARE NON REFUNDABLE.

WILMSLOW ON THE WEB for online entries & results - www.wilmslowhalf.org.uk

ENTRY FEE: Club £27.00 Unattached £29.00 Fee Enclosed £…………. (includes cost of chip timer)

Surname ............................................................................... First Name ............................................................................
Sex (M/F).......................... Date of Birth ........................................
Age on race day .................................................................

Parents Signature ..................................................................

Address (in full)..................................................................

Estimated Finishing Time .............................................. (Time limit 2 hours 35 minutes)

Email ....................................................................................

Post Code ..........................................................................

Telephone ...........................................................................

Mobile No. ...........................................................................

Text message giving your finishing position will be automatically sent to mobiles

Club (state if unattached) .......................................................

England Athletics Membership No: ................................

Closing Date for Entries: 24th FEBRUARY 2012 (subject to race limit not being exceeded)

DECLARATION: I declare that: 1) I am an amateur according to U.K.A. rules, and that I will be 17 years of age or over on the day of the race.

2) I will observe the race rules, and obey all marshal’s instructions.

3) I am medically fit to run and understand that I enter at my own risk, and that the race organisers will not be responsible for any illness/injury incurred by me during the race.

SIGNATURE.............................................................................. DATE..........................................

IF YOU WISH TO RAISE MONEY BY SPONSORSHIP FOR THIS YEAR’S CHARITY

Please send me a sponsorship pack for DAVID LEWIS.

please tick box

PLEASE RETURN THE WHOLE OF THIS PAGE
Introducing David Lewis... we are dedicated to improving the lives of people with complex epilepsy, autism, learning and physical disabilities. As a registered charity, David Lewis provides both residential and day services. We support around 300 people aged 14 upwards at our main site near Alderley Edge and in our community houses in Macclesfield, Holmes Chapel and Middlewich. Your support allows our people to learn new skills, become independent and achieve their goals.

How you make a difference... Specialist equipment is being used by David Lewis every day and this is one of the ways we are helping people with disabilities gain confidence, self esteem and independence.

£50 provides an individual with a Pendant which raises a call for help from a carer by simply pressing a button. This gives them the opportunity to have their own space with the confidence of knowing support is there if needed.

£100 means an individual who is unable to speak can make choices and decisions in their day to day lives by using Communication Aids such as a personalised picture book.

£280 gives an individual privacy. By having an Epilepsy Sensor fitted to their bed staff don’t have to enter their room to check on them throughout the night. This state of the art sensor will monitor vital signs including heart rate and breathing patterns to detect a range of epileptic seizures.

£1300 gives everyone the opportunity to exercise and enjoy the outdoors on a Specially Adapted Bike, even if in a wheelchair.

To make a difference join our team of sporting heroes and run for David Lewis.

If you would like to know more about being involved with our work then contact:

Linda de Sá - Fundraising Department
David Lewis, Mill Lane, Warford, Alderley Edge SK9 7UD
Tel: 01625 640009
Email: hind.de_sa@davidlewis.org.uk
www.davidlewisfundraising.org.uk

Registered Charity Number 1000392.

Waters Corporation - proud sponsor of the 2012 Wilmslow Half Marathon
Waters Corporation develops innovative analytical science solutions to support scientific discoveries, operations, performance, and regulatory compliance for pharmaceutical, food and beverage, and clinical organisations worldwide.

Waters Manchester is a leading manufacturer of mass spectrometry technology and has been present in the Greater Manchester area for over 40 years. Currently located on four separate sites around South Manchester, Waters is committed to the region highlighted by building plans for a new state-of-the-art consolidated facility in Wilmslow located on the Stamford Lodge site.

Mass spectrometry is a means of analysing the tiniest quantities of substances and chemical components, often within complex mixtures, to see what they are made up of at the molecular level.

It is a very sensitive analytical technique, enabling scientists to confidently measure components or contaminants present within samples at levels well below a milli-gram. Mass spectrometry is routinely used to safe-guard our food and water supply, protect the environment, provide medical diagnosis and to develop health-care solutions.

Waters Corporation works closely with the Museum of Science and Industry in Manchester, one of our early Mass Spectrometers can be found on display in the new MOSI Revolution Manchester Gallery.

Waters is committed to improving the quality of life for people with learning and physical disabilities. As a registered charity, David Lewis provides both residential and day services. We support around 300 people aged 14 upwards at our main site near Alderley Edge and in our community houses in Macclesfield, Holmes Chapel and Middlewich. Your support allows our people to learn new skills, become independent and achieve their goals.

For more information on Waters Corporation please visit www.waters.com

WATERS CORPORATION - proud sponsor of the 2012 Wilmslow Half Marathon

WATERS CORPORATION - proud sponsor of the 2012 Wilmslow Half Marathon

WILMSLOW HALF MARATHON 2012

incorporating
The England Half Marathon Championship

Waters
THE SCIENCE OF WHAT’S POSSIBLE™

TOTAL PRIZE VALUE - £11,000

SUPPORTING
David Lewis Centre
REG. CHARITY NO. 1000392

Under U.K.A. Laws - Race Licence Applied For. THIS IS A GRADE 1 RACE - TIME LIMIT 2 Hrs 35 Minutes

10.30 a.m.
SUNDAY 25TH MARCH 2012

RACE VENUE
WILMSLOW RUGBY CLUB
KINGS ROAD, WILMSLOW

Course unsuitable for wheelchair athletes. Race limit 4800

COURSE RECORDS
ISAAC MACHARIA (Kenya) 61mins 52secs 2004 • MICHELLE ROSS-COPE (CITY OF STOKE A.C.) 72mins 02secs 2010

EARLY ENTRY RECOMMENDED - STRICTLY NO ENTRIES ON THE DAY

WILMSLOW ON THE WEB - www.wilmslowhalf.org.uk

A RACE ........ NOT A RUN