

Sunderland Relays

Results - 8th September 2012

Pos	Name	Club	Time	Pos	Name	Time
UNDER 11 Female						
1	Eva Hardie (29)	Houghton Harriers	4.21 F UNDER 11			
2	Natasha Stephenson (22)	Chester-le-Street	4.21 F UNDER 11			
3	Lily Hardie (33)	Houghton Harriers	4.22 F UNDER 11			
4	Jasmine Sharp (42)	Crook AC	4.29 F UNDER 11			
5	Ellie Phillips (15)	Darlington H & AC	4.35 F UNDER 11			
6	Megan Noble (16)	Darlington H & AC	4.43 F UNDER 11			
7	Jennifer Reed (39)	Chester-le-Street	4.44 F UNDER 11			
8	Chloe Wellings (23)	Elswick Harriers	4.54 F UNDER 11			
9	Stephanie Welsh (27)	Houghton Harriers	4.55 F UNDER 11			
10	Rhiannon Hedley (37)	Morpeth Harriers	4.56 F UNDER 11			
11	Rosa Pollard-Smith (48)	Durham City	5.00 F UNDER 11			
12	Eve Southern (47)	Chester-le-Street	5.03 F UNDER 11			
13	Hannah Stephenson (24)	Elswick Harriers	5.18 F UNDER 11			
14	Alice Daghish (28)	Houghton Harriers	5.18 F UNDER 11			
15	Neve Herron (26)	Houghton Harriers	5.24 F UNDER 11			
16	Lucy Walker (36)	Durham City	5.28 F UNDER 11			
17	Carys Purves (35)	Gosforth Harriers	5.28 F UNDER 11			
18	Jolean Aikenhead (30)	Houghton Harriers	5.32 F UNDER 11			
19	Jessica Butt (46)	Gateshead Harriers	5.39 F UNDER 11			
20	May Turner (31)	Houghton Harriers	5.42 F UNDER 11			
21	Jessica Burnett (18)	Birtley AC	5.48 F UNDER 11			
22	Roisin Lally (34)	Tynedale Harriers	5.51 F UNDER 11			
23	Grace Calvert (32)	Houghton Harriers	6.01 F UNDER 11			
24	Abbie Sheavels (20)	Birtley AC	6.10 F UNDER 11			
25	Daisy Smith (25)	Blyth RC	6.11 F UNDER 11			
26	Holly Walker (41)	Gateshead Harriers	6.22 F UNDER 11			
27	Jasmine Gill (17)	Birtley AC	6.22 F UNDER 11			
28	Jenny Williams (40)	Gateshead Harriers	6.41 F UNDER 11			

UNDER 11 Male

1	Josh Fiddaman (11)	Blyth RC	4.08 M UNDER 11			
2	Matthew Cleugh (2)	Birtley AC	4.18 M UNDER 11			
3	Lewis McConnell (3)	Birtley AC	4.32 M UNDER 11			
4	Nicholas Channon (49)	Elswick Harriers	4.33 M UNDER 11			
5	Owen Jackson (5)	Sunderland Harriers	4.38 M UNDER 11			
6	Kyle Martin (1)	Birtley AC	4.40 M UNDER 11			
7	Will Bellamy (12)	Houghton Harriers	4.42 M UNDER 11			
8	Ethan McGlen (45)	Gateshead Harriers	4.49 M UNDER 11			
9	Rowan Bennett (10)	Elswick Harriers	4.56 M UNDER 11			
10	Nathan Bland (43)	Sunderland Harriers	4.59 M UNDER 11			
11	Sam Brown (44)	Birtley AC	5.05 M UNDER 11			
12	Harry Tiltman (38)	Sunderland Harriers	5.45 M UNDER 11			
13	Harry Craig (8)	Sunderland Harriers	5.45 M UNDER 11			
14	Matthew Phillips (9)	Sunderland Harriers	6.49 M UNDER 11			

Sunderland Relays

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Pos	Name	Club	Time	Pos	Name	Time
UNDER 13 Female						
1	Rhian Purves (40)	Gosforth Harriers	11.13 F	UNDER 13		
2	Chelsea Williamson (44)	Gosforth Harriers	11.55 F	UNDER 13		
3	Holly Matheson (327)	Heaton Harriers	12.02 F	UNDER 13		
4	Lauren McGeln (50)	Gateshead Harriers	12.02 F	UNDER 13		
5	Katie Noble (25)	Darlington H & AC	12.57 F	UNDER 13		
6	Antonia Harrison (38)	Tynedale Harriers	13.03 F	UNDER 13		
7	Molly Carpenter (36)	Elswick Harriers	13.08 F	UNDER 13		
8	Sarah Bell (32)	Sunderland Harriers	13.08 F	UNDER 13		
9	Lea Brown (27)	Birtley AC	13.09 F	UNDER 13		
10	Francesca Harrison (39)	Tynedale Harriers	13.10 F	UNDER 13		
11	Laura Hand (30)	Sunderland Harriers	13.16 F	UNDER 13		
12	Holly Willis (41)	Gosforth Harriers	13.17 F	UNDER 13		
13	Robyn Bennett (33)	Elswick Harriers	13.37 F	UNDER 13		
14	Dana Clennell (45)	Chester-le-Street	13.54 F	UNDER 13		
15	Eve Ellerby (43)	Gosforth Harriers	13.59 F	UNDER 13		
16	Jamie Sugden (46)	Chester-le-Street	14.01 F	UNDER 13		
17	Abbey Little (31)	Sunderland Harriers	14.08 F	UNDER 13		
18	Emily Heron (48)	Houghton Harriers	14.08 F	UNDER 13		
19	Jessica Morgan (26)	Birtley AC	14.24 F	UNDER 13		
20	Rachel Rees (329)	Gosforth Harriers	14.36 F	UNDER 13		
21	Lauara Kelly (314)	Birtley AC	14.38 F	UNDER 13		
22	Macey Bradshaw (28)	Birtley AC	14.44 F	UNDER 13		
23	Anna Shannon (316)	Elswick Harriers	14.51 F	UNDER 13		
24	Lucy Brown (42)	Gosforth Harriers	15.15 F	UNDER 13		
25	Holly Huntley (34)	Elswick Harriers	15.23 F	UNDER 13		
26	Imogen Riley (35)	Elswick Harriers	15.31 F	UNDER 13		
27	Lucy Brown (37)	Houghton Harriers	15.32 F	UNDER 13		
UNDER 13 Male						
1	Kieran Hedley (1)	Morpeth Harriers	10.30 M	UNDER 13		
2	Matthew Wakefield (320)	South Shields	10.38 M	UNDER 13		
3	James Potts (12)	Elswick Harriers	10.57 M	UNDER 13		
4	James Hughes (7)	Durham City	11.06 M	UNDER 13		
5	Samuel Collins (13)	Elswick Harriers	11.09 M	UNDER 13		
6	Leodlais MacPherson (315)	Tyne Bridge	11.16 M	UNDER 13		
7	Jamie Reed (47)	Chester-le-Street	11.17 M	UNDER 13		
8	Ryan Arthur (49)	Chester-le-Street	11.22 M	UNDER 13		
9	Cameron Allan (21)	Durham City	11.27 M	UNDER 13		
10	Kellan Reah (324)	Low Fell RC	11.29 M	UNDER 13		
11	Thomas Cole (326)	Low Fell RC	11.31 M	UNDER 13		
12	Philip Kirby (2)	Morpeth Harriers	11.52 M	UNDER 13		
13	Connor Marshal (15)	Blyth RC	11.56 M	UNDER 13		
14	Taylor Glover (16)	Blyth RC	11.58 M	UNDER 13		
15	Aleck Haddon (17)	Gateshead Harriers	12.07 M	UNDER 13		
16	Matthew Beattie (313)	Elswick Harriers	12.08 M	UNDER 13		
17	Sam Myers (19)	Tynedale Harriers	12.10 M	UNDER 13		
18	Sam Bird (24)	Gosforth Harriers	12.12 M	UNDER 13		
19	Kurt Steed (8)	Gateshead Harriers	12.14 M	UNDER 13		
20	Joseph Ramshan (322)	Gosforth Harriers	12.38 M	UNDER 13		
21	Manav Chopra (23)	Gosforth Harriers	12.43 M	UNDER 13		
22	Harry Todd (11)	Sunderland Harriers	12.48 M	UNDER 13		
23	Freddie Reed (321)	Gosforth Harriers	13.04 M	UNDER 13		
24	Kieran Taylor (5)	Birtley AC	13.17 M	UNDER 13		
25	Robbie Elder (3)	Morpeth Harriers	13.31 M	UNDER 13		
26	Sam Watson (22)	Gosforth Harriers	15.14 M	UNDER 13		
27	Lewis James (4)	Morpeth Harriers	15.17 M	UNDER 13		
28	Finlay Reah (325)	Low Fell RC	16.35 M	UNDER 13		
29	Jamie Smailes (6)	Birtley AC	005.00 M	UNDER 13		

Sunderland Relays

Results - 8th September 2012

Pos	Name	Club	Time	Pos	Name	Time
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UNDER 15 Female

1	Florence McPate (33)	Gosforth Harriers	11.02 F UNDER 15
2	Danielle Elliott (27)	Sunderland Harriers	11.11 F UNDER 15
3	Amelia Cassidy (28)	Elswick Harriers	11.20 F UNDER 15
4	Sophie Burnett (23)	Birtley AC	11.27 F UNDER 15
5	Charlie Hedley (35)	Blyth RC	11.35 F UNDER 15
6	Amber Leigh (47)	Wallsend Harriers	11.43 F UNDER 15
7	Eleanor Daghish (30)	Houghton Harriers	11.43 F UNDER 15
8	Hannah Featherstone (26)	Sedgefield Harriers	12.07 F UNDER 15
9	Charlotte Jewell (21)	Morpeth Harriers	12.09 F UNDER 15
10	Helen Blades (34)	Gosforth Harriers	12.16 F UNDER 15
11	Danielle Coulson (25)	Birtley AC	12.26 F UNDER 15
12	Jennifer Welsh (31)	Houghton Harriers	12.35 F UNDER 15
13	Alice Campbell (39)	Durham City	12.44 F UNDER 15
14	Jody Haswell (37)	Gateshead Harriers	12.56 F UNDER 15
15	Erin Scott (36)	Blyth RC	13.45 F UNDER 15
16	Jessica Unknown (38)	Sunderland Strollers	14.02 F UNDER 15
17	Florence Thomson (22)	Morpeth Harriers	14.17 F UNDER 15
18	Isabelle Riley (29)	Elswick Harriers	14.30 F UNDER 15

UNDER 15 Male

1	Joe Armstrong (41)	Gateshead Harriers	9.24 M UNDER 15
2	Markham Lonsdale (40)	Gateshead Harriers	9.24 M UNDER 15
3	Ryan Green (1)	Morpeth Harriers	9.42 M UNDER 15
4	Henry Johnson (44)	Shildon	9.53 M UNDER 15
5	Adam Hill (46)	Wallsend Harriers	10.09 M UNDER 15
6	Luke Kelly (6)	Birtley AC	10.38 M UNDER 15
7	Jacob Hopkins (2)	Morpeth Harriers	10.39 M UNDER 15
8	Lewis Morgan (5)	Birtley AC	10.43 M UNDER 15
9	Ewan Cassidy (15)	Elswick Harriers	10.48 M UNDER 15
10	Kane Murray (7)	Sunderland Harriers	10.50 M UNDER 15
11	Jonny Anderson (18)	Tynedale Harriers	10.52 M UNDER 15
12	Christopher Bell (11)	Sunderland Harriers	10.54 M UNDER 15
13	Jed Russell (19)	Gosforth Harriers	10.59 M UNDER 15
14	Cameron Bain (42)	Durham City	11.11 M UNDER 15
15	James Young (17)	Blyth RC	11.14 M UNDER 15
16	Joseph Kirtley (45)	Gateshead Harriers	11.33 M UNDER 15
17	Jack Smith (10)	Sunderland Harriers	11.40 M UNDER 15
18	Sean Fuller (14)	Elswick Harriers	12.06 M UNDER 15
19	Luke Phillips (9)	Sunderland Harriers	12.28 M UNDER 15
20	Will Simpson (43)	Gateshead Harriers	13.30 M UNDER 15
21	Sam Quinn (12)	Sunderland Harriers	13.42 M UNDER 15
22	Daniel Almond (4)	Morpeth Harriers	13.53 M UNDER 15

Sunderland Relays

Results - 8th September 2012

Pos	Name	Club	Time	Pos	Name	Time
U17 Female						
1	Lydia Turner (24)	Birtley AC	10.11 F U17			
2	Alison Brown (22)	Morpeth Harriers	11.13 F U17			
3	Anna Fawcett (26)	Birtley AC	11.19 F U17			
4	Paige Gilhespy (25)	Birtley AC	12.01 F U17			
5	Hannah Sheerin (23)	Morpeth Harriers	12.13 F U17			
6	Amy Fuller (31)	Elswick Harriers	12.21 F U17			
7	Amy Coulson (27)	Sunderland Harriers	12.25 F U17			
8	Anna Robinson (28)	Sunderland Harriers	12.28 F U17			
9	Alex Pearson (29)	Sunderland Harriers	13.13 F U17			
10	Meriel Smithson (30)	Sunderland Harriers	13.52 F U17			
11	Elizabeth Anderson (32)	Elswick Harriers	14.38 F U17			
U17 Male						
1	Phil Winkler (3)	Morpeth Harriers	9.18 M U17			
2	Chris Peverley (39)	Birtley AC	9.19 M U17			
3	Thomas Goulding (4)	Birtley AC	9.21 M U17			
4	Liam Emmett (38)	South Shields	9.22 M U17			
5	Joel Jones (6)	Sunderland Harriers	9.34 M U17			
6	Jonny Currie (16)	Tynedale Harriers	9.36 M U17			
7	Elliot Kelly (2)	Morpeth Harriers	9.38 M U17			
8	Isaac Dunn (35)	Blackhill Bounders	9.49 M U17			
9	James Cripwell (40)	Gateshead Harriers	9.52 M U17			
10	Robbie Loraine (10)	Gateshead Harriers	9.54 M U17			
11	Toby Routledge (17)	Tynedale Harriers	9.55 M U17			
12	Joseph Walker (9)	Elswick Harriers	9.57 M U17			
13	Jordon Bell (34)	Blackhill Bounders	10.03 M U17			
14	Matthew Jackson (11)	Blyth RC	10.05 M U17			
15	George Rudman (12)	Blaydon Harriers	10.16 M U17			
16	Lewis Thompson (14)	Houghton Harriers	10.34 M U17			
17	Chris Sheffer (37)	Blyth RC	10.38 M U17			
18	Robert Savage (36)	Blackhill Bounders	10.44 M U17			
19	Liam McGrath (15)	Houghton Harriers	10.44 M U17			
20	Adam Ewart (20)	Gosforth Harriers	10.49 M U17			
21	Joseph Woods (21)	Blyth RC	10.50 M U17			
22	Daniel Cartwright (18)	Gosforth Harriers	10.53 M U17			
23	Joe Elder (1)	Morpeth Harriers	11.17 M U17			
24	Jonathon Kirk (13)	Houghton Harriers	13.16 M U17			

Sunderland Relays

Results - 8th September 2012

Pos	Name	Club	Time	Pos	Name	Time
Senior Female				59	Kate Gordon (27)	Tyne Bridge Harrier 16.13 F Senior
				60	Megan Brette (29)	Tyne Bridge Harrier 16.50 F Senior
1	Rosie Smith (52)	Durham City	9.46 F Senior			
2	Aiveen Fox (53)	Durham City	10.33 F Senior			
3	Phillipa Williams (317)	Elswick Harriers	10.52 F Senior			
4	Helen Warburton (46)	Gosforth Harriers	11.12 F Senior			
5	Lucy Robinson (55)	North Shielde Poly	11.19 F Senior			
6	Sophie Marr (21)	Tyne Bridge Harrier	11.24 F Senior			
7	Sarah Lister (308)	Blackhill Bounders	11.26 F Senior			
8	Kim Simpson (54)	Durham City	11.44 F Senior			
9	Linda Bone (318)	South Shields	11.46 F Senior			
10	Leanne Robertson (309)	Blackhill Bounders	11.58 F Senior			
11	Becky Morning (311)	Blackhill Bounders	12.04 F Senior			
12	Leah Davison (60)	North Shielde Poly	12.05 F Senior			
13	Nina Cameron (336)	Heaton Harriers	12.17 F Senior			
14	Angela Charlton (331)	South Shields	12.18 F Senior			
15	Joy Fenwick (16)	Tyne Bridge Harrier	12.22 F Senior			
16	Emma Wright (31)	Tyne Bridge Harrier	12.25 F Senior			
17	Kelly Bentley (37)	Houghton Harriers	12.31 F Senior			
18	Nina Jenson (40)	Claremont R.R.	12.35 F Senior			
19	Sarah Woods (57)	North Shielde Poly	12.38 F Senior			
20	Suzanne Gutchen (305)	South Shields	12.39 F Senior			
21	Karen Loughney (59)	North Shielde Poly	12.45 F Senior			
22	Natalie Mee (17)	Tyne Bridge Harrier	12.52 F Senior			
23	Maggie Loraine (13)	Gateshead Harriers	12.55 F Senior			
24	Cheryl Parkin (41)	Low Fell RC	12.59 F Senior			
25	Paula Atkinson (340)	South Shields	13.11 F Senior			
26	Louise Priestley (310)	Blackhill Bounders	13.19 F Senior			
27	Angela Foley (44)	Gosforth Harriers	13.22 F Senior			
28	Ruth Marshall (2)	Wallsend Harriers	13.23 F Senior			
29	Sophia Perason (304)	Houghton Harriers	13.23 F Senior			
30	Karen Foster (301)	North Shielde Poly	13.25 F Senior			
31	Rebecca Carpenter (12)	Elswick Harriers	13.28 F Senior			
32	Alison Bone (319)	South Shields	13.32 F Senior			
33	Joy Champion (48)	Sunderland Strollers	13.34 F Senior			
34	Deena White (312)	Elswick Harriers	13.34 F Senior			
35	Mandy Herworth (39)	Claremont R.R.	13.34 F Senior			
36	Elsbeth Lawson (18)	Tyne Bridge Harrier	13.42 F Senior			
37	Emma Munday (306)	South Shields	13.43 F Senior			
38	Helen Watsater (334)	Heaton Harriers	13.43 F Senior			
39	Victoria Baty (337)	Heaton Harriers	13.44 F Senior			
40	Deborah Hicks (338)	Heaton Harriers	13.47 F Senior			
41	Denise Waugh (20)	Tyne Bridge Harrier	14.01 F Senior			
42	Jill Bennett (7)	Elswick Harriers	14.07 F Senior			
43	Leanne Wellings (8)	Elswick Harriers	14.09 F Senior			
44	Nicola Brady (25)	Tyne Bridge Harrier	14.15 F Senior			
45	Penny Johnson (323)	Aycliffe	14.16 F Senior			
46	Amy Jaroszkjewkz (307)	Tyne Bridge	14.20 F Senior			
47	Lynne Cornell (22)	Tyne Bridge Harrier	14.24 F Senior			
48	Bethen Oakes (330)	Birtley AC	14.28 F Senior			
49	Julie Williams (6)	Wallsend Harriers	14.29 F Senior			
50	Val Baxter (341)	Birtley AC	14.31 F Senior			
51	Louise Watson (43)	Gosforth Harriers	14.33 F Senior			
52	Emma Brannon (26)	Tyne Bridge Harrier	14.40 F Senior			
53	Emma Buckton (3)	Wallsend Harriers	14.48 F Senior			
54	Sacha Gartside (42)	Gosforth Harriers	15.05 F Senior			
55	Claire Stewart (36)	Blyth RC	15.46 F Senior			
56	Stephanie McFarlane (33)	Tyne Bridge Harrier	16.00 F Senior			
57	Patricia White (332)	South Shields	16.08 F Senior			
58	Elizabeth Pallister (9)	Elswick Harriers	16.08 F Senior			

Sunderland Relays

Senior Relay Results

<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>	<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>
<i>(nn) Team position after each leg</i>							
1	Sunderland Harriers 'A'		36.57	9	South Shields 'A'		40.35
	Nathen Reed	(7)	09.18		David Wakefield	(11)	09.44
	Mark Hood	(1)	08.35		Paul Bainbridge	(9)	10.00
	Damian Weston	(1)	09.37		George Bainbridge	(8)	10.17
	Craig Ishewood	(2)	09.27		Nick Atkinson	(10)	10.34
2	Tyne Bridge Harriers 'A'		38.15	10	North Shields Poly 'A'		41.05
	Tony Carter	(3)	09.05		Scott Ellis	(2)	09.04
	Kevin Jeffress	(5)	09.38		Michael Moore	(8)	10.18
	Sparrow Morley	(3)	10.00		Simon Ellis	(9)	10.48
	Joe Turner	(3)	09.32		Jason Stirland	(11)	10.55
3	Heaton Harriers 'A'		38.44	11	Blyth Running Club 'A'		41.46
	Jamie Barbour	(6)	09.15		Jake Jensen	(17)	10.06
	Ian Robinson	(7)	09.56		Peter Hulmback	(13)	10.23
	Oliver Jardine	(5)	10.03		Graeme Stewart	(14)	10.58
	Lucas Longman	(4)	09.30		Robby Barkley	(12)	10.19
4	Birtley A.C. 'A'		39.07	12	Tyne Bridge Harriers 'B'		42.14
	Adrian Bailes	(5)	09.08		Darryl Davison	(18)	10.07
	Peter Farnie	(6)	09.43		Stephen Dixon	(16)	10.41
	Shawn Laws	(6)	10.30		Mark Reynolds	(17)	10.57
	Lee Millmore	(5)	09.46		Mike Norbury	(13)	10.29
5	Tynedale Harriers 'A'		39.41	13	Heaton Harriers 'B'		42.16
	Chris Baber	(12)	09.47		Dan Robins	(19)	10.07
	Adam Pratt	(10)	09.58		Andy Bell	(20)	11.00
	Lea Stephenson	(7)	10.04		Wayne Fuller	(15)	10.22
	Phil Thompson	(6)	09.52		Scott McEntre	(14)	10.47
6	Durham City Harriers 'A'		39.49	14	Gosforth Harriers 'A'		42.30
	Daniel Jenkin	(4)	09.07		J Reed	(10)	09.34
	Michael Grinds	(3)	09.06		M Thomas	(18)	11.20
	Stephen Marshall	(4)	10.56		T Coats	(16)	10.40
	Michael Dickson	(7)	10.40		S Gant	(15)	10.56
7	Hartlepool Burn Road		40.18	15	Sunderland Strollers 'A'		42.31
	Jack Hutton	(21)	10.28		Stev Rankin	(13)	09.58
	Paul Wilson	(12)	09.52		Steve McMahan	(11)	10.02
	Ben Ward	(10)	10.05		Aidan Crowe	(12)	10.57
	Andrew Minister	(8)	09.53		Adnan Khan	(16)	11.34
8	Low Fell 'A'		40.27	16	Jesmong Joggers 'A'		42.50
	Carl Watson	(24)	10.40		Michael Hedcep	(9)	09.22
	Dave France	(15)	09.51		Tim McGahep	(14)	11.08
	Dave Warren	(11)	09.57		Kevin Richardson	(13)	10.36
	Bryan Kelly	(9)	09.59		Conor Cynch	(17)	11.44

<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>	<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>
<i>(nn) Team position after each leg</i>							
17	Wallsend Harriers 'A'		43.07	26	Sunderland Strollers 'B'		49.42
	George Nicholson	(22)	10.29		Steve Kiszow	(32)	12.18
	Paul Leigh	(19)	10.27		Bill Kirk	(31)	12.39
	Michael Bell	(19)	11.08		Robert Welsh	(27)	12.33
	Paddy Dinsmore	(18)	11.03		David Gzoak	(27)	12.12
18	Elswick Harriers 'A'		43.24	27	Wallsend Harriers 'B'		49.50
	Dan Balmain	(28)	11.10		Gary Lewis	(33)	12.22
	Martin Crowe	(27)	11.12		Liam Skeldon	(33)	14.02
	Alan Thompson	(23)	10.47		Micky Todd	(28)	12.17
	Kevin Stephenson	(19)	10.15		Mick Skeldon	(28)	11.09
19	Low Fell 'B'		43.27	28	Sunderland Strollers 'C'		52.35
	Gerald Bishop	(25)	10.46		Andrew Powell	(30)	11.22
	John Stephens	(21)	10.22		Anth Amer	(32)	14.54
	Peter Summerhill	(20)	11.26		Phil watson	(29)	13.02
	Les Cavanagh	(20)	10.53		David Baraclough	(29)	13.17
20	Crook AC 'A'		43.31	DQ	Loftus A/C 'A'		36.53
	Sam Beckett	(14)	09.59		James Wilson	(8)	09.19
	Eric Moore	(24)	11.47		Stephen Hepples	(2)	08.36
	Paul Brennan	(21)	10.49		John Hunter	(2)	09.40
	Craig Downs	(21)	10.56		Paul Butler	(1)	09.18
21	Birtley A.C. 'B'		43.47		Gateshead Harriers 'A'		18.33
	Michael Keenan	(23)	10.30		Lew Hogg	(1)	08.48
	David Lamond	(25)	11.24		John Gibson	(4)	09.45
	Craig Thompson	(22)	11.09				
	Trevor Crewe	(22)	10.44				
22	Houghton Harriers 'A'		44.09		Sunderland Harriers 'B'		21.35
	Thomas Grey	(16)	10.04		Stephen Graham	(15)	10.00
	Alan Foster	(17)	10.48		S Baguley	(23)	11.35
	Shaun McGrath	(18)	11.09				
	Ross Lambton	(23)	12.08				
23	Derwentside A.C. 'A'		44.34		Elswick Harriers 'B'		22.30
	John Donneky	(20)	10.09		Stephen Wellings	(27)	11.01
	Jason Williamson	(22)	11.14		Anthony Beynoo	(28)	11.29
	Alex Hulme	(24)	11.46				
	Dave Reay	(24)	11.25				
24	North Shields Poly 'B'		47.24		Heaton Harriers 'C'		22.48
	Mel Carr	(31)	11.31		Shaun Harris	(26)	10.53
	Vaughan Hemy	(26)	10.47		Paul Inskid	(29)	11.55
	Alan Haddon	(25)	12.23		Glenn Davies		
	Simon Jameson	(25)	12.43				
25	Derwentside A.C. 'B'		48.46				
	Mark Davinson	(29)	11.11				
	John Bosson	(30)	12.16				
	Dave Howe	(26)	13.21				
	Brian Buckley	(26)	11.58				

Sunderland Relays

Veterans Relay Results

<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>	<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>
<i>(nn) Team position after each leg</i>							
1	Elswick Harriers 'A'		39.14	9	Tyne Bridge Harriers 'B'		46.58
	Phil Sanderson	(1)	09.37		Chris Mitsides	(7)	11.06
	Mark Turnbull	(1)	10.15		Mal Steel	(11)	12.42
	Paul Turner	(1)	09.36		Dave Anderson	(12)	11.58
	Lee Bennett	(1)	09.46		Mal Gibson	(9)	11.12
2	Tyne Bridge Harriers 'A'		39.41	10	Sunderland Strollers 'B'		47.14
	Keith Smith	(3)	09.50		Steve McCoy	(15)	12.49
	Sean Kelly	(2)	10.20		Richie Gerry	(14)	11.28
	Paul Hilton	(2)	10.00		Ken Tweedy	(13)	12.33
	Kenny MacPherson	(2)	09.31		Ken Maynard	(10)	10.24
3	Sunderland Harriers 'A'		41.30	11	North Shields Poly 'B'		48.17
	Paul Redman	(4)	10.02		Bruce Robertson	(12)	11.38
	Paul Cooper	(4)	11.07		Trevor Wakenshaw	(10)	11.47
	Alan Hodgeson	(3)	10.14		Barry Young	(10)	11.33
	Paul Merrison	(3)	10.07		Ian Richardson	(11)	13.19
4	North Shields Poly 'A'		43.12	12	Aurora Harriers 'A'		49.58
	Tommy Brannon	(2)	09.46		Nic Jobson	(11)	11.31
	Norman De Bruin	(3)	10.30		Andrew Thompson	(13)	12.39
	Paul Hughes	(4)	11.31		Keith Wheelers	(14)	13.39
	Rob Foster	(4)	11.25		Brian Usher	(12)	12.09
5	Birtley A.C. 'A'		44.36	13	Wallsend Harriers 'A'		51.00
	Dave Kelly	(5)	10.50		Dave Colloinson	(14)	12.29
	Karl Oakes	(6)	11.26		Terry Bradford	(16)	12.31
	Peter Gill	(6)	11.11		Jimmy Flynn	(15)	12.56
	Dave Coulson	(5)	11.09		Tony Maddocks	(13)	13.04
6	Sunderland Strollers 'A'		45.22	14	Claremont Road Runners 'B'		53.58
	Kevin O'Neil	(8)	11.09		Ken McCormack	(18)	14.47
	Tim Alsop	(5)	10.24		Grame leslie	(17)	12.11
	Paul Dunlop	(5)	11.35		Bill Milbourne	(17)	13.53
	Tony Allen	(6)	12.14		Dave Wotton	(14)	13.07
7	Heaton Harriers 'A'		46.16		South Shield 'A'		34.44
	Andrew Leys	(9)	11.15		Alan Bone	(17)	13.07
	Colin McEntre	(12)	12.38		Kevin Ayre	(15)	11.20
	Aaron Matheson	(8)	10.13		Paul Doxford	(9)	10.17
	John James	(7)	12.10				
8	Gosforth Harriers 'A'		46.44		Sunderland Harriers 'B'		35.28
	T Bird	(13)	11.42		Ronnie Wills	(10)	11.20
	P Guy	(8)	10.57		Keven Carrahar	(9)	11.50
	K Thomas	(7)	11.22		Dean Phillips	(11)	12.18
	S Bond	(8)	12.43		Len Christopher		

<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>	<i>Pos</i>	<i>Club</i>	<i>Leg time</i>	<i>Time</i>
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(nn) Team position after each leg

Blyth Running Club 'A'			39.55
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Dave Bradley	(16)	12.53
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Raph Dickinson	(18)	14.12
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Martin Scott	(16)	12.50
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Durham City Harriers 'A'			22.28
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Paul Delaney	(6)	10.57
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Les Phillips	(7)	11.31
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Tyne Bridge Harriers 'C'			30.36
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Steve Allardyce	(19)	14.53
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Micky Duff	(19)	15.43
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David Daniels		
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Birtley A.C. 'B'			15.44
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Barry Murray	(20)	15.44
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Vince Taylor		
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Tom Millmoore		
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Steve Morgan		
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Sunderland Strollers 'E'			18.34
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Dean Robson	(21)	18.34
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