

# THIRSK 10

Wheelchair race.

**March 25<sup>th</sup> 2012**

**Start Times – Fun Run - 10.00 a.m. : Thirsk 10 - 11.00 a.m.**

**Wheelchairs - 10.50 am**

**Incorporating the 2012 Yorkshire Veterans Championships**

**T Shirt to all finishers of 10 mile race.**

**1st prize £150 for male and female winners**

**Plus £250 prize for the first finisher under 48.32 minutes and 1<sup>st</sup> female under 58.27 minutes**

**Prizes for First 10 Males, First 10 Females**

**Team prizes 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> -dependent on entries (4 to count)**

**First three male vets over 40; 45; 50; 55; 60; 65; 70; First three female vets over 35; 40; 45; 50; 55; 60; 65; 70**

## **Yorkshire Veterans Championships**

**Men.V35, V40, V45, V50,V55,V60,1<sup>st</sup>. 3 in each category V65, V70 First 2, First V70 Only.**

**Women.V35,V40,V45,V50,1<sup>st</sup>. 3 each category V55, First 2, V60,V65,V70 First Only.**

**Pre entry only for YVAA Championship**

**Prize money depends on number of race entries received by closing date.**

**ALL ENTRANTS IN 10 MILE RACE MUST BE 16 YEARS OR OLDER ON 20<sup>th</sup> March 2012**

**Parental or Guardian permission must be given to all runners under 18 years old on race day.**

**Entry Fee: 10Mile: Attached £14.00      Unattached £16.00      Fun Run £4.00**

**Entries on the day permitted up to 10.15 a.m. Do qualify for prizes.**

**Closing Date 11<sup>th</sup>. March 2012**

**For safety reasons NO DOGS ( Except Guide )**

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## **Enter on-line at ukforms.net - Preferred Method**

**Postal Entries to E.Huck, Village Farm Cottage, Cherry Tree Avenue,  
Newton on Ouse, York, YO30 2BN.**

**Please enclose A5 SAE. No Envelope no entry.**

**Cheques payable to Thirsk & Sowerby Harriers.**

**Surname ..... First Name .....**

**Address .....**

**Post Code .....**

**e-mail ..... Telephone No. ....**

**Date of Birth ..... Age on Race Day ..... Male / Female ( Delete )**

**Club ..... uka Number .....**

**Fee Enclosed: - 10 mile: attached £14.00, unattached £16.00.**

**Declaration – Please enter me for the race as indicated above. I agree that the race organisers will in no way be held responsible for any injury or damage caused to me during the course of the run, and that I am fit and healthy to run.**

**[www.thirsk&sowerbyharriers.co.uk](http://www.thirsk&sowerbyharriers.co.uk)**

**In the unlikely event of the race being cancelled, entry fees will not be refunded.**

