

ADLINGTON

Winter Warmer

A 10km Fun Trail Run on the Macclesfield Canal & Middlewood Way. Minimum Age 15. (parental signature required for u18s)

Sunday 30th DECEMBER 2012 at 10:00am

Venue: The Miners Arms, Wood Lane North, Adlington, Macclesfield, Cheshire, SK10 4PF

Registration: Race Number to be collected on the day. Registration opens from 8:30am.

Facilities: Toilets, Refreshments & Parking at the Pub.

Prizes: Prizes awarded to the runners who finish closest to their predicted finish time.

Entry Details: Donations Only (pay on the day)

NOTE: No Watches or GPS devices allowed.

Predicted Race Time (hr:min:sec)		:	:
Name:			
Gender:	Age on race day:	DoB:	/ /
Affiliated Club:			
UK Athletics No. (req. if attached):			
Address:			
Town/City:			
County:	Postcode:		
Tel:	or Mobile:		
eMail (req.):			

I declare that I am medically fit to run and understand that the organisers or the sponsors of this race will not be held responsible for personal damage, loss or injury incurred before, during or after the race. I am an amateur as defined by the UK Athletics rules.



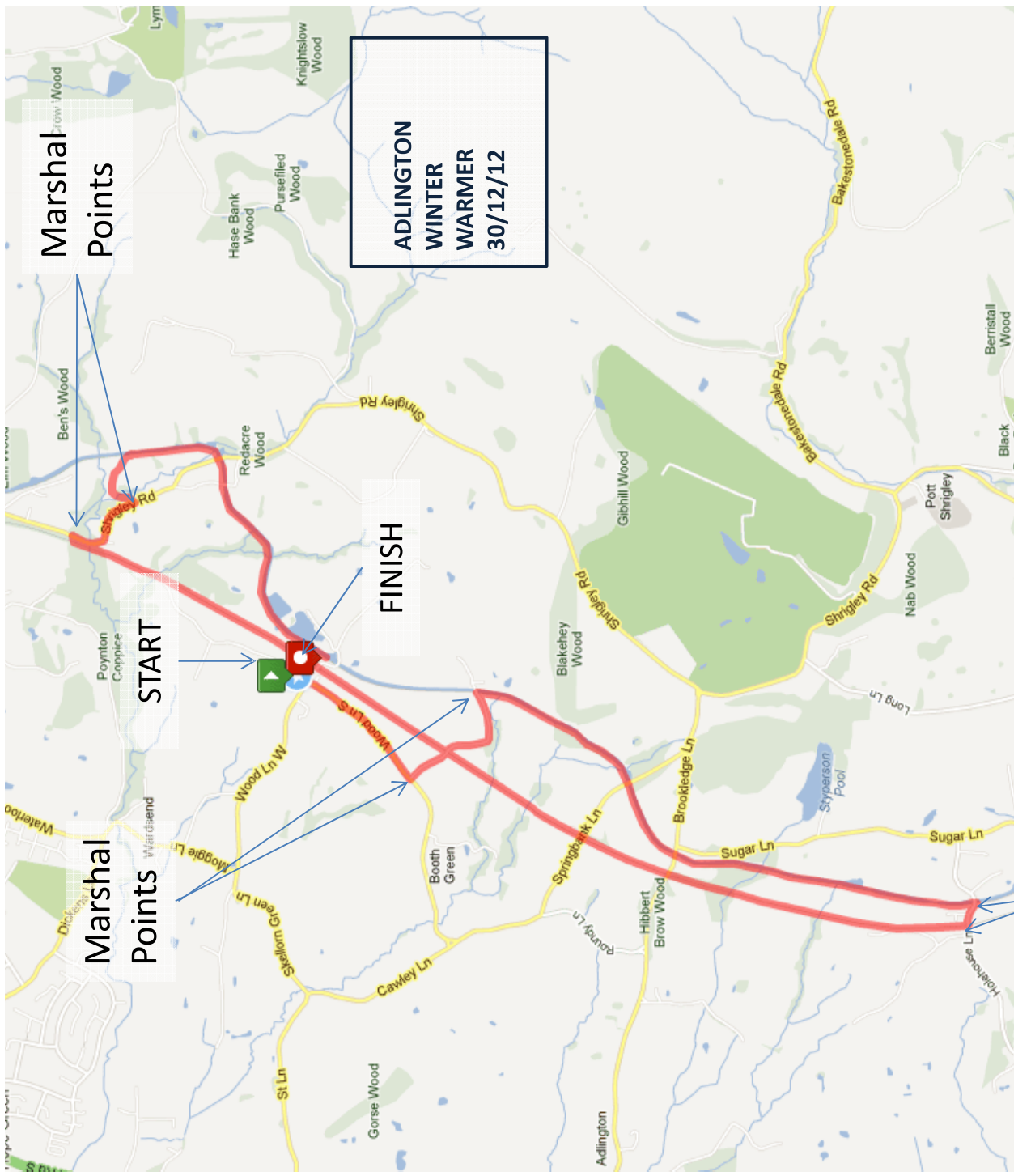
Signed:	Date: / /	Donation:
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Return form to: Anthony Ward, 10 Swan Close, Poynton, Cheshire, SK12 1HX
Note 1 Please pay donations on the day. £4 recommended
Note 2: Race numbers to be picked up on the day

Contact Details harrier.events@gmail.com

- The start area will be at the cross roads of Wood Lane West/East/South/North, outside the Miners Arms.
- The finish area will be on the Canal just before the kissing gate, next to the Lyme Breeze.
- Route: Starting from the Miners Arms – Wood St Sth – Schoolfold Lane – Macclesfield Canal – Hole House CP – Middlewood Way – Coppice CP – Shrigley Rd – Hagg Farm path – Macclesfield Canal



Marshal Points

