

VAANEE Track & Field Championships 2011
9th July, Monkton Stadium

80m & 110m Hurdles

	Number	Age Cat	Name	Club	Time	
1	589	M70	Don Butler	Jarrow & Hebburn	15.7	(80m)
2	957	L45	Elizabeth Page	Houghton	19.5	(80m)
3	571	M35	Richard Baker	North Shields Poly	22.6	(110m)

100m

	Number	Age Cat	Name	Club	Time
1	844	L35	Alison Lowes	Blyth	17.8
2	951	L60	Janette Kilgour	Claremont	19.5

100m

	Number	Age Cat	Name	Club	Time
1	582	M60	David Peffer	Heaton	14.4
2	911	M60	Stephen Borlos	North Shields Poly	14.8
3	589	M70	Don Butler	Jarrow & Hebburn	15.4
4	833	M60	Richard Philip	Tynedale Harriers	15.7
5	573	M70	John Scott	NEVAC	15.8
6	914	M70	Ian Duffield	Loftus & Whitby	17.0
7	983	M70	Chris Footewood	Crook	22.6

100m

	Number	Age Cat	Name	Club	Time
1	592	M50	Michael Wilson	NEVAC	13.0
2	846	M50	Steve Volpe	Wallsend Harriers	14.3
3	581	M55	Fraser Gill	North Shields Poly	15.1

100m

	Number	Age Cat	Name	Club	Time
1	972	M40	David Swalwell	Blyth	12.4
2	841	M45	Kev Nicholson	Gateshead	12.7
3	979	M45	Philip McCluskey	South Shields	12.9
4	978	M45	Peter Sunderland	Tynedale Harriers	14.0

200m

	Number	Age Cat	Name	Club	Time
1	955	L40	Emma Payne	North Shields Poly	32.3
2	899	L35	Vicki Thompson	Jarrow & Hebburn	35.2
3	844	L35	Alison Lowes	Blyth	38.8
4	951	L60	Janette Kilgour	Claremont	41.5

200m

	Number	Age Cat	Name	Club	Time
1	582	M60	David Peffer	Heaton	30.6
2	573	M70	John Scott	NEVAC	33.1
3	914	M70	Ian Duffield	Loftus & Whitby	36.1

4	566	M60	George Routledge	Heaton	46.3
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200m

	Number	Age Cat	Name	Club	Time
1	592	M50	Michael Wilson	NEVAC	26.5
2	835	M55	Stephen Todner	Houghton	27.3
3	581	M55	Fraser Gill	North Shields Poly	30.7

200m

	Number	Age Cat	Name	Club	Time
1	972	M40	David Swalwell	Blyth	25.5
2	841	M45	Kev Nicholson	Gateshead	25.8
3	979	M45	Philip McCluskey	South Shields	26.6
4	569	M40	Lee Henry	South Shields	26.6
5	978	M45	Peter Sunderland	Tynedale Harriers	28.9

400m

	Number	Age Cat	Name	Club	Time
1	962	L45	Karen Loughney	North Shields Poly	67.7
2	955	L40	Emma Payne	North Shields Poly	72.1
3	949	L35	Emma Walton	Wallsend Harriers	74.2
4	899	L35	Vicki Thompson	Jarrow & Hebburn	84.0
5	951	L60	Janette Kilgour	Claremont	91.6

400m

	Number	Age Cat	Name	Club	Time
1	835	M55	Stephen Todner	Houghton	59.9
2	581	M55	Fraser Gill	North Shields Poly	73.0
3	913	M65	Terry O'Gara	Wallsend Harriers	76.3
4	566	M60	George Routledge	Heaton	98.7

400m

	Number	Age Cat	Name	Club	Time
1	979	M45	Philip McCluskey	South Shields	57.2
2	569	M40	Lee Henry	South Shields	57.4
3	590	M45	Norman De Bruin	North Shields Poly	57.5
4	571	M35	Richard Baker	North Shields Poly	61.7

800m

	Number	Age Cat	Name	Club	Time
1	962	L45	Karen Loughney	North Shields Poly	02:37.6
2	949	L35	Emma Walton	Wallsend Harriers	02:43.6
3	955	L40	Emma Payne	North Shields Poly	02:49.6
4	899	L35	Vicki Thompson	Jarrow & Hebburn	03:11.0

800m

	Number	Age Cat	Name	Club	Time
1	913	M65	Terry O'Gara	Wallsend Harriers	02:52.4
2	598	M65	S Eccleton	Houghton	02:59.4
3	912	M65	Richard Harvey	Aycliffe RC	02:59.9

4	917	M75	Ian Barnes	Darlington H&AC	03:09.7
5	594	M70	Reginald Checkley	Heaton	03:21.1
6	572	M65	Arthur Potter	South Shields	03:24.1
7	566	M60	George Routledge	Heaton	03:41.1
8	983	M70	Chris Footewood	Crook	04:09.0

800m

	Number	Age Cat	Name	Club	Time
1	590	M45	Norman De Bruin	North Shields Poly	02:10.7
2	904	M35	Ronnie Coupland	Tynedale Harriers	02:12.7
3	981	M45	Kevin Emmett	South Shields	02:15.8
4	846	M50	Steve Volpe	Wallsend Harriers	02:18.8
5	595	M40	Iain Singer	Blyth	02:29.5
6	591	M55	Ken Thompson	NEVAC	02:48.9
7	979	M45	Philip McCluskey	South Shields	DNF

1500m

	Number	Age Cat	Name	Club	Time
1	949	L35	Emma Walton	Wallsend Harriers	05:30.6
2	963	L45	Sue Phillips	Darlington Harriers	05:33.8
3	964	L40	Lisa Walker	Tynebridge Harriers	06:29.0

1500m

	Number	Age Cat	Name	Club	Time
1	913	M65	Terry O'Gara	Wallsend Harriers	05:50.0
2	598	M65	S Eccleton	Houghton	06:02.9
3	912	M65	Richard Harvey	Aycliffe RC	06:09.0
4	917	M75	Ian Barnes	Darlington H&AC	06:11.8
5	572	M65	Arthur Potter	South Shields	06:28.7
6	575	M65	Philip Payne	North Shields Poly	06:31.7
7	594	M70	Reginald Checkley	Heaton	06:59.5
8	566	M60	George Routledge	Heaton	07:01.5

1500m

	Number	Age Cat	Name	Club	Time
1	906	M45	Tim Field	Sunderland Harriers	04:28.1
2	827	M45	George Harden	Sunderland Harriers	04:37.3
3	567	M40	Les Smith	Heaton	04:38.2
4	904	M35	Ronnie Coupland	Tynedale Harriers	04:49.3
5	846	M50	Steve Volpe	Wallsend Harriers	04:50.3
6	834	M55	Gavin Bayne	Morpeth	05:02.5

1 Mile

	Number	Age Cat	Name	Club	Time
1	919	Senior	Sparrow J R Morley	Tynebridge Harriers	05:10.3
2	918	M40	Paul Adams	North Shields Poly	05:13.8
3	981	M45	Kevin Emmett	South Shields	05:28.7
4	846	M50	Steve Volpe	Wallsend Harriers	05:38.4
5	907	M50	Micky Baker	Tynebridge Harriers	06:04.4
6	597	M45	Kevin Ayre	South Shields	06:06.9

3000m

	Number	Age Cat	Name	Club	Time
1	949	L35	Emma Walton	Wallsend Harriers	11:53.0
2	963	L45	Sue Phillips	Darlington Harriers	11:58.2
3	966	L45	Helen Morris	Blyth	12:38.7
4	964	L40	Lisa Walker	Tynebridge Harriers	13:39.5
5	983	M70	Chris Footewood	Crook	15:49.2
6	915	M75	Eric Appleby	Heaton	16:41.0

5000m

	Number	Age Cat	Name	Club	Time
1	906	M45	Tim Field	Sunderland Harriers	16:49.3
2	567	M40	Les Smith	Heaton	17:09.6
3	834	M55	Gavin Bayne	Morpeth	17:33.2
4	905	M40	Ken Harker	Richmond & Zetland	18:00.1
5	597	M45	Kevin Ayre	South Shields	20:26.2
6	908	M55	Malcolm Thirlaway	Gateshead	20:49.6
7	907	M50	Micky Baker	Tynebridge Harriers	21:07.1
8	598	M65	S Eccleton	Houghton	22:39.7
9	572	M65	Arthur Potter	South Shields	23:37.7

Long Jump

	Number	Age Cat	Name	Club	Distance
	571	M35	Richard Baker	North Shields Poly	4.00
	979	M45	Philip McCluskey	South Shields	4.21

High Jump

	Number	Age Cat	Name	Club	Distance
	571	M35	Richard Baker	North Shields Poly	1.35
	595	M40	Iain Singer	Blyth	1.25
	566	M60	George Routledge	Heaton	1.00

Triple Jump

	Number	Age Cat	Name	Club	Distance
	957	L45	Elizabeth Page	Houghton	7.69
	571	M35	Richard Baker	North Shields Poly	9.34
	597	M45	Kevin Ayre	South Shields	7.72
	582	M60	David Pepper	Heaton	9.73
	565	M80	Dennis Field	Sunderland Harriers	4.42

Javelin

	Number	Age Cat	Name	Club	Distance
	957	L45	Elizabeth Page	Houghton	18.27
	951	L60	Janette Kilgour	Claremont	13.27
	979	M45	Philip McCluskey	South Shields	27.02
	600	M55	John Wild	MMTG	32.26
	998	M55	David Maggs	Gateshead	32.18
	591	M55	Ken Thompson	NEVAC	20.91

833	M60	Richard Philip	Tynedale Harriers	23.00
566	M60	George Routledge	Heaton	18.57
576	M65	Terry Hudson	Jarrow & Hebburn	30.26
573	M70	John Scott	NEVAC	25.58
583	M70	Mac Stephenson	South Shields	18.54
916	M75	Hugh Ryan	NEVAC	17.09
565	M80	Dennis Field	Sunderland Harriers	19.10

Shot

Number	Age Cat	Name	Club	Distance
951	L60	Janette Kilgour	Claremont	5.22
578	M50	Stephen Smith	Sunderland Harriers	7.94
600	M55	John Wild	MMTG	9.07
584	M55	David Thompson	South Shields	8.58
581	M55	Fraser Gill	North Shields Poly	8.52
833	M60	Richard Philip	Tynedale Harriers	8.96
566	M60	George Routledge	Heaton	6.78
576	M65	Terry Hudson	Jarrow & Hebburn	10.79
575	M65	Philip Payne	North Shields Poly	8.73
573	M70	John Scott	NEVAC	9.59
583	M70	Mac Stephenson	South Shields	6.68
916	M75	Hugh Ryan	NEVAC	9.25
565	M80	Dennis Field	Sunderland Harriers	6.10

Hammer

Number	Age Cat	Name	Club	Distance
970	M45	Sean Hudson	Gateshead	32.65
979	M45	Philip McCluskey	South Shields	19.42
848	M50	Steven Towers	Gateshead	36.95
600	M55	John Wild	MMTG	36.33
566	M60	George Routledge	Heaton	15.9
576	M65	Terry Hudson	Jarrow & Hebburn	33.38
916	M75	Hugh Ryan	NEVAC	24.27
565	M80	Dennis Field	Sunderland Harriers	24.06

Discus

Number	Age Cat	Name	Club	Distance
951	L60	Janette Kilgour	Claremont	8.58
600	M55	John Wild	MMTG	31.14
584	M55	David Thompson	South Shields	20.99
833	M60	Richard Philip	Tynedale Harriers	25.27
566	M60	George Routledge	Heaton	19.83
576	M65	Terry Hudson	Jarrow & Hebburn	37.56
573	M70	John Scott	NEVAC	25.88
583	M70	Mac Stephenson	South Shields	16.12
916	M75	Hugh Ryan	NEVAC	22.90
565	M80	Dennis Field	Sunderland Harriers	22.90

Weight

Number	Age Cat	Name	Club	Distance
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970	M45	Sean Hudson	Gateshead	9.26
848	M50	Steven Towers	Gateshead	12.82
600	M55	John Wild	MMTG	12.89
576	M65	Terry Hudson	Jarrow & Hebburn	12.24
916	M75	Hugh Ryan	NEVAC	7.76
565	M80	Dennis Field	Sunderland Harriers	8.74