

VAANEE Track & Field #5  
18th July, Monkton Stadium

100m

	Number	Age Cat	Name	Club	Time	Points
1	955	L40	Emma Payne	North Shields Poly	16.1	6
2	994	M60	Ian Bainbridge	Crook	17.4	5
3	993	M70	John Stephenson	Crook	20.2	5
4	983	M70	Chris Footewood	Crook	22.6	4

100m

	Number	Age Cat	Name	Club	Time	Points
1	582	M60	David Pepper	Heaton	15.0	6
2	999	M65	Percy Parkin	Crook	17.4	6
3	1000	M70	Allen Purdham	Crook	19.6	6
4	921	M65	Jim Barrett	Crook	32.0	5

100m

	Number	Age Cat	Name	Club	Time	Points
1	592	M50	Michael Wilson	NEVAC	13.1	6
2	974	M55	Alan Readman	Houghton	13.2	6
3	835	M55	Steve Todner	Houghton	13.3	5
3	995	M50	Simon Fell	Crook	14.2	5
3	581	M55	Fraser Gill	North Shields Poly	15.1	4
3	840	M55	Colin Everson	Crook	18.1	3

100m

	Number	Age Cat	Name	Club	Time	Points
1	923	Senior	Aidan Turnbull	Chester le Street	12.2	Guest
2	580	M45	David Deacon	South Shields	12.5	6
3	972	M40	David Swalwell	Blyth	12.4	6
4	570	M40	Carl Haley	South Shields	12.8	5

100m

	Number	Age Cat	Name	Club	Time	Points
1	979	M45	Phil McCluskey	South Shields	12.9	5
2	568	M40	Michael Elsy	South Shields	13.2	4
3	569	M40	Lee Henry	South Shields	13.3	3
4	571	M35	Richard Baker	North Shields Poly	13.4	6

300m

	Number	Age Cat	Name	Club	Time	Points
1	962	L40	Karen Loughney	North Shields Poly	52.0	6
2	955	L40	Emma Payne	North Shields Poly	55.3	5
3	899	L35	Vicki Thompson	Jarrow & Hebburn	56.8	6
4	966	L45	Helen Morris	Blyth	61.7	6
5	958	L45	Jenny Friend	Heaton	65.4	5

300m

	Number	Age Cat	Name	Club	Time	Points
1	993	M70	John Stephenson	Crook	63.2	6

2	1000	M70	Allen Purdham	Crook	67.0	5
3	572	M65	Arthur Potter	South Shields	70.4	5
4	983	M70	Chris Footewood	Crook	81.4	4
5	921	M65	Jim Barrett	Crook	01:50.9	4

300m

	Number	Age Cat	Name	Club	Time	Points
1	999	M65	Percy Parkin	Crook	55.0	6
2	920	M60	Eddie Wilson	South Shields	55.9	6
3	994	M60	Ian Bainbridge	Crook	57.1	5
4	997	M60	Brian Brown	Durham	62.0	4

300m

	Number	Age Cat	Name	Club	Time	Points
1	835	M55	Steve Todner	Houghton	42.2	6
2	974	M55	Alan Readman	Houghton	44.8	5
3	581	M55	Fraser Gill	North Shields Poly	49.2	4
4	599	M50	G Hewitson	Crook	50.0	6
5	840	M55	Colin Everson	Crook	64.2	3

300m

	Number	Age Cat	Name	Club	Time	Points
1	972	M40	David Swalwell	Blyth	40.6	6
2	979	M45	Philip McCluskey	South Shields	41.2	6
3	569	M40	Lee Henry	South Shields	42.0	5
4	590	M45	Norman de Bruin	North Shields Poly	42.7	6
5	570	M40	Carl Haley	South Shields	43.4	4
6	571	M35	Richard Baker	North Shields Poly	44.0	5
7	568	M40	Michael Elsy	South Shields	46.0	3
8	580	M45	David Deacon	South Shields	DNF	

3000m

	Number	Age Cat	Name	Club	Time	Points
1	963	L45	Sue Philips	Darlington	11:54.1	6
2	962	L40	Karen Loghney	North Shields Poly	12:38.3	6
3	999	M65	percy Parkin	Crook	12:41.5	6
4	966	L45	Helen Morris	Blyth	12:42.7	5
5	958	L45	Jenny friend	Heaton	13:14.3	4
6	993	M70	john Stephenson	Crook	13:16.6	6
7	572	M65	Arthur Potter	South Shields	14:03.7	5
8	594	M70	Reg Checkley	Heaton	14:35.9	5
9	924	L40	Tracey Emmett	South Shields	15:04.7	Guest
10	1000	M70	Allen Purdham	Crook	15:47.3	4
11	983	M70	Chris Footewood	Crook	16:10.0	3

3000m

	Number	Age Cat	Name	Club	Time	Points
1	834	M55	Gavin Bayne	Morpeth	10:34.1	6
2	843	M40	Chris McDonald	South Shields	10:35.8	6
3	981	M45	Kevin Emmett	South Shields	10:53.1	6
4	597	M45	Kevin Ayre	South Shields	11:22.3	5

5	599	M50	G Hewitson	Crook	11:36.1	6
6	976	M35	Mal Gibson	Heaton	11:41.7	6
7	920	M60	Eddie Wilson	South Shields	12:22.6	6
8	974	M55	Alan Readman	Houghton	12:45.8	5
9	598	M60	S Eccleston	Houghton	12:49.0	5
10	994	M60	Ian Bainbridge	Crook	13:09.5	4
11	997	M60	Brian Brown	Durham	14:11.0	3
12	591	M55	Ken Thompson	NEVAC	14:49.2	4
13	840	M55	Colin Everson	Crook	15:17.3	3
14	566	M60	George Routledge	Heaton	16:05.7	2

### High Jump

Number	Age Cat	Name	Club	Distance	Points
995	M50	Simon Fell	Crook	1.30	6
582	M60	David Pepper	Heaton	1.25	6
925	M50	David Welsh	Crook	1.10	5

### Triple Jump

Number	Age Cat	Name	Club	Distance	Points
571	M35	Richard Baker	North Shields Poly	9.27	6
585	M40	Gary McAlinden	South Shields	7.32	6
981	M45	Kevin Emmett	South Shields	8.35	6
597	M45	Kevin Ayre	South Shields	7.73	5
995	M50	Simon Fell	Crook	8.55	6
599	M50	Geoff Hewitson	Crook	8.34	5
925	M50	David Welsh	Crook	7.84	4
582	M60	David Pepper	Heaton	8.95	6

### Discus

Number	Age Cat	Name	Club	Distance	Points
951	L60	Jannette Kilgour	Claremont	9.30	6
569	M40	Lee Henry	South Shields	20.42	6
570	M40	Carl Haley	South Shields	18.50	5
843	M40	Chris McDonald	South Shields	15.92	4
585	M40	Gary McAlinden	South Shields	14.96	3
568	M40	Michael Elsy	South Shields	14.87	2
979	M45	Phil McCluskey	South Shields	19.82	6
925	M50	David Welsh	Crook	14.95	6
581	M55	Fraser Gill	North Shields Poly	22.20	6
585	M55	David Thompson	South Shields	21.71	5
566	M60	George Routledge	Heaton	20.09	6
920	M60	Eddie Wilson	South Shields	16.02	5
576	M65	Terry Hudson	Jarrow & Hebburn	37.21	6
921	M65	Jim Barrett	Crook	14.60	5
589	M70	Mac Stephenson	South Shields	16.88	6
922	Senior	Graeme Level	Gateshead	51.00	Guest

### Weight

Number	Age Cat	Name	Club	Distance	Points
970	M45	Sean Hudson	Gateshead	9.27	6
576	M65	Terry Hudson	Jarrow & Hebburn	12.05	6