

SEAA Cross Country Relays

at Biggleswade on Saturday 1st October 2011

Senior Women Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	K. Rushton	City Of No A	11:23	6	S. Dix	Reading Ac B	12:20
2	R. Phillips	Reading Ac A	11:34	7	P. Thomas	Ealing, So	12:56
3	S. Amend	Belgrave H A	11:43	8	A. Curson	Reading Ac C	13:32
4	N. Alford	City Of No B	11:59	9	L. Davies	Peterborou A	14:06
5	G. Jubb	St Albans	12:12				

Senior Women Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 2:	
1	J. Clarke	City Of No A	11:31	22:54	0	1 J. Clarke	City Of No A 11:31
2	C. Bryson	Belgrave H A	11:44	23:27	+ 1	2 C. Bryson	Belgrave H A 11:44
3	H. Pearce	Reading Ac A	12:02	23:36	- 1	3 H. Pearce	Reading Ac A 12:02
4	T. Curl	City Of No B	12:37	24:36	0	4 N. Cocke	Reading Ac B 12:36
5	N. Cocke	Reading Ac B	12:36	24:56	+ 1	5 T. Curl	City Of No B 12:37
6	L. Waterlow	St Albans	14:27	26:39	- 1	6 W. Perkins	Peterborou A 13:36
7	C. Jones	Ealing, So	14:11	27:07	0	7 C. Jones	Ealing, So 14:11
8	W. Perkins	Peterborou A	13:36	27:42	+ 1	8 C. Phillips	Reading Ac C 14:19
9	C. Phillips	Reading Ac C	14:19	27:51	- 1	9 L. Waterlow	St Albans 14:27

Senior Women Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Fastest runners over stage 3:	
1	E. Matthews	City Of No A	11:21	34:15	0	1 E. Matthews	City Of No A 11:21
2	Bardham-Rolfe	Belgrave H A	12:10	35:37	0	2 S. Francis	Reading Ac A 12:02
3	S. Francis	Reading Ac A	12:02	35:38	0	3 J. Swift	Peterborou A 12:07
4	A. Boniface	Reading Ac B	12:53	37:49	+ 1	4 Bardham-Rolfe	Belgrave H A 12:10
5	E. Hope	City Of No B	13:33	38:09	- 1	5 A. Boniface	Reading Ac B 12:53
6	J. Swift	Peterborou A	12:07	39:49	+ 2	6 L. Daniels	Reading Ac C 13:01
7	G. Morgan	Ealing, So	13:11	40:18	0	7 G. Morgan	Ealing, So 13:11
8	L. Daniels	Reading Ac C	13:01	40:52	+ 1	8 E. Hope	City Of No B 13:33
9	C. Smith	St Albans	14:18	40:57	- 3	9 C. Smith	St Albans 14:18

Senior Women — Team Results — Final (nn) is team position after the appropriate stage.

1 City Of Norwich Ac	'A'	34:15			
1 K. Rushton (1) 11:23	2 J. Clarke (1) 11:31				
3 E. Matthews (1) 11:21					
2 Belgrave Harriers Ac	'A'	35:37			
1 S. Amend (3) 11:43	2 C. Bryson (2) 11:44				
3 Bardham-Rolfe (2) 12:10					
3 Reading Ac	'A'	35:38			
1 R. Phillips (2) 11:34	2 H. Pearce (3) 12:02				
3 S. Francis (3) 12:02					
4 Reading Ac	'B'	37:49			
1 S. Dix (6) 12:20	2 N. Cocke (5) 12:36				
3 A. Boniface (4) 12:53					
5 City Of Norwich Ac	'B'	38:09			
1 N. Alford (4) 11:59	2 T. Curl (4) 12:37				
3 E. Hope (5) 13:33					
6 Peterborough Ac	'A'	39:49			
1 L. Davies (9) 14:06	2 W. Perkins (8) 13:36				
3 J. Swift (6) 12:07					
7 Ealing, Southall & Middlesex A		40:18			
1 P. Thomas (7) 12:56	2 C. Jones (7) 14:11				
3 G. Morgan (7) 13:11					
8 Reading Ac	'C'	40:52			
1 A. Curson (8) 13:32	2 C. Phillips (9) 14:19				
3 L. Daniels (8) 13:01					
9 St Albans Striders		40:57			
1 G. Jubb (5) 12:12	2 L. Waterlow (6) 14:27				
3 C. Smith (9) 14:18					

Fastest of all legs

1 E. Matthews	City Of No	A	11:21
2 K. Rushton	City Of No	A	11:23
3 J. Clarke	City Of No	A	11:31
4 R. Phillips	Reading Ac	A	11:34
5 S. Amend	Belgrave H	A	11:43
6 C. Bryson	Belgrave H	A	11:44
7 N. Alford	City Of No	B	11:59
8 S. Francis	Reading Ac	A	12:02
= H. Pearce	Reading Ac	A	12:02
10 J. Swift	Peterborou	A	12:07