

SENIOR MEN - CRAMLINGTON

Place	Time	Name	Team	Cat	No	Handicap	Handicap	
							Medium	00:02:30
1	0:33:25	AISTON, Phillip	(1) Wallsend Harriers	Slow	1398	00:33:25	Fast	00:05:00
2	0:33:50	NEESON, Jack	(3) Tynebridge Harriers	Slow	1311	00:33:50		
3	0:34:17	AYTON, Liam	(2) Durham City Harriers	Slow	1353	00:34:17		
4	0:34:55	MORLEY, John	(3) Tynebridge Harriers	Slow	952	00:34:55		
5	0:35:01	HEGARTY, Mike	(1) Morpeth Harriers & AC	Slow	24	00:35:01	TEAMS	
6	0:35:21	DUNN, Christopher	Sunderland Strollers (N/C)	Slow	1405	00:35:21	Tynebridge	187
7	0:35:32	MERRISON, Paul	(1) Sunderland Harriers	Slow (Vet)	1135	00:35:32	Gateshead	191
8	0:35:43	EDGE, Phil	Desford Striders (Leics)	Slow	1420	00:35:43	Morpeth	217
9	0:35:53	GREENWOOD, Simeon	(1) Gateshead Harriers	Slow	707	00:35:53	Heaton	234
10	0:36:02	BATY, John	(1) North Shields Poly	Slow (Vet)	1032	00:36:02	North Shields Poly	275
11	0:36:09	MCARDLE, Niall	(1) Sunderland Strollers	Slow	798	00:36:09	South Shields	306
12	0:36:13	MCENANEY, Josh	(2) Birtley AC	Slow	181	00:36:13	Wallsend	318
13	0:36:21	CAMPBELL, Geoff	(1) Alnwick Harriers	Slow (Vet)	56	00:36:21	Sunderland H	385
14	0:36:28	ROBINSON, Ian	(1) Heaton Harriers	Medium	164	00:33:58	Saltwell	412
15	0:36:30	THOMPSON, Jim	(2) Saltwell Harriers	Slow (Vet)	1294	00:36:30	Low Fell	414
16	0:36:31	ARCHER, Jon	(2) Low Fell RC	Medium	481	00:34:01	Tynedale	455
17	0:36:33	LIKEMAN, Mark	(1) Heaton Harriers	Medium	152	00:34:03	Durham City	489
18	0:36:34	HADDON, Alan	(1) North Shields Poly	Slow	1044	00:36:34	Sunderland S	533
19	0:36:39	HEMY (V), Vaughan	(1) North Shields Poly	Slow (Vet)	1048	00:36:39	Elswick	542
20	0:36:41	MACLEOD, Jamie	(1) Heaton Harriers	Slow	157	00:36:41	Birtley	555
21	0:36:47	PRATT, Adam	(2) Tynedale Harriers	Slow	276	00:36:47	Alnwick	597
22	0:36:52	KELLY, Sean	(3) Tynebridge Harriers	Slow (Vet)	927	00:36:52	Crook	686
23	0:36:55	TAYLOR, Graeme	(3) Jarrow & Hebburn AC	Fast	904	00:31:55	Elvet	881
24	0:36:58	BUTTERS, John	(1) Morpeth Harriers & AC	Slow	623	00:36:58	Houghton	891
25	0:37:00	ROBINS, Dan	(1) Heaton Harriers	Slow	163	00:37:00	Blyth	979
26	0:37:13	URWIN, Greg	(1) Gateshead Harriers	Slow	1247	00:37:13	Blaydon	1043
27	0:37:14	BOYD, Jonny	(1) Gateshead Harriers	Slow	686	00:37:14	Jesmond	1203
28	0:37:17	PENN, Greg	(1) North Shields Poly	Slow (Vet)	1070	00:37:17	Blackhill	1321
29	0:37:19	DAWSON, Michael	(1) Morpeth Harriers & AC	Fast	13	00:32:19	Aurora	1669
30	0:37:21	SIMON, Ian	(1) Alnwick Harriers	Slow	72	00:37:21		
31	0:37:22	JONSON, Simon	(1) South Shields Harriers & AC	Slow	99	00:37:22		
32	0:37:24	OLD, David	(1) Gateshead Harriers	Slow	732	00:37:24		
33	0:37:26	HETHERINGTON, Brian	(1) Wallsend Harriers	Slow (Vet)	846	00:37:26		
34	0:37:27	SKILLING, James	(2) Low Fell RC	Slow (Vet)	553	00:37:27		
35	0:37:29	SMALL, Michael	(2) Birtley AC	Slow	187	00:37:29		
36	0:37:30	MIDDLEMIST, Jordan	(1) Wallsend Harriers	Slow	859	00:37:30		
37	0:37:31	MAYNARD, Ken	(1) Sunderland Strollers	Slow (Vet)	797	00:37:31		
38	0:37:32	HARRISON, Andy	(3) Tynebridge Harriers	Slow (Vet)	954	00:37:32		
39	0:37:35	MUIR, Chris	(1) South Shields Harriers & AC	Medium	107	00:35:05		
40	0:37:39	DEACON, Craig	(3) Jarrow & Hebburn AC	Slow	890	00:37:39		
41	0:37:43	JENNINGS, Christopher	(2) Saltwell Harriers	Slow	1417	00:37:43		
42	0:37:44	GARLAND, James	(2) Elvet Striders	Slow	294	00:37:44		
43	0:37:46	CONNELLY, Kevin	(1) Gateshead Harriers	Slow	695	00:37:46		
44	0:37:46	MACPHERSON, Ken	(3) Tynebridge Harriers	Medium (Vet)	938	00:35:16		
45	0:37:48	WAUGH, Chris	(1) Morpeth Harriers & AC	Slow (Vet)	618	00:37:48		
46	0:37:49	KENNEDY, Chris	(2) Saltwell Harriers	Slow	1274	00:37:49		
47	0:37:52	SILLITO, Roger	(2) Low Fell RC	Slow	1412	00:37:52		
48	0:37:54	BENNETT, Lee	(1) Elswick Harriers	Medium (Vet)	633	00:35:24		
49	0:37:59	WOODS, John	(1) Morpeth Harriers & AC	Slow	49	00:37:59		
50	0:38:00	BURNS, Graham	(3) Blackhill Bounders	Slow (Vet)	446	00:38:00		
51	0:38:08	GREY, Thomas	(3) Houghton AC	Slow	1093	00:38:08		
52	0:38:08	MARSDEN, Ian	(2) Tynedale Harriers	Slow	269	00:38:08		
53	0:38:08	WATSON, Jak	(1) South Shields Harriers & AC	Medium	120	00:35:38		
54	0:38:08	CAMILLERI, Nigel	(1) Gateshead Harriers	Slow	692	00:38:08		
55	0:38:08	MCGRATH, Ian	(2) Crook AC	Medium (Vet)	596	00:35:38		
56	0:38:08	MCDONALD, Chris	(1) South Shields Harriers & AC	Slow (Vet)	104	00:38:08		
57	0:38:08	VOLPE, Steve	(1) Wallsend Harriers	Slow (Vet)	884	00:38:08		
58	0:38:08	WOOD, Keith	(2) Saltwell Harriers	Slow (Vet)	1299	00:38:08		
59	0:38:08	WILKINSON, Jonathan	(2) Durham City Harriers	Slow	1352	00:38:08		
60	0:38:08	HUGHES, Kyle	(2) Saltwell Harriers	Slow	1270	00:38:08		
61	0:38:08	JACKSON, Bendon	Allen Valley Striders	Slow	1397	00:38:08		
62	0:38:08	STEPHENSON, Kevin	(1) Elswick Harriers	Medium (Vet)	667	00:35:38		
63	0:38:09	MACKEY, Keith	(1) South Shields Harriers & AC	Slow (Vet)	101	00:38:09		
64	0:38:11	ADAMS, Luke	(1) South Shields Harriers & AC	Fast	81	00:33:11		
65	0:38:15	BRADLEY, Stephen	(1) Morpeth Harriers & AC	Slow	1394	00:38:15		
66	0:38:17	CAMPBELL, Richard	(3) Aycliffe RC	Slow	1356	00:38:17		
67	0:38:18	HARDEN, George	(1) Sunderland Harriers	Slow (Vet)	1124	00:38:18		
68	0:38:19	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vet)	92	00:38:19		
69	0:38:20	REDMAN (V), Paul	(1) Sunderland Harriers	Medium (Vet)	1139	00:35:50		
70	0:38:22	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vet)	97	00:38:22		
71	0:38:26	DUFFY, Patrick	(2) Crook AC	Medium	582	00:35:56		
72	0:38:27	SLATER, Martin	(1) Gateshead Harriers	Medium	751	00:35:57		
73	0:38:29	LLOYD, Jerry	(2) Elvet Striders	Slow (Vet)	331	00:38:29		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
74	0:38:31	SALTER, Matt	(1) Heaton Harriers	Slow	166	00:38:31		
75	0:38:32	GRAHAM, Steven	(1) Sunderland Harriers	Medium	1400	00:36:02		
76	0:38:36	HITCHCOCK, Noel	(1) Sunderland Harriers	Medium	1126	00:36:06		
77	0:38:42	SMITH, Keith	(3) Tynebridge Harriers	Medium (Vet)	1347	00:36:12		
78	0:38:44	MCDONALD, Stephen	(3) Blackhill Bounders	Slow	1403	00:38:44		
79	0:38:45	CLARK, Jason	(1) Elswick Harriers	Slow	641	00:38:45		
80	0:38:48	MOIR, David	(3) Tynebridge Harriers	Medium (Vet)	930	00:36:18		
81	0:38:51	KELLY, David	(2) Birtley AC	Slow (Vet)	178	00:38:51		
82	0:39:02	BAINBRIDGE, George	(1) South Shields Harriers & AC	Slow (Vet)	87	00:39:02		
83	0:39:02	BINGHAM, Hugh	(2) Tynedale Harriers	Slow (Vet)	239	00:39:02		
84	0:39:02	GIBSON, John	(1) Heaton Harriers	Slow	142	00:39:02		
85	0:39:02	JAMES, Paul	(1) Wallsend Harriers	Slow	848	00:39:02		
86	0:39:05	HILL, Steve	(2) Tynedale Harriers	Slow (Vet)	263	00:39:05		
87	0:39:05	COULSON, Phil	(2) Low Fell RC	Fast	1300	00:34:05		
88	0:39:05	DENT, Alan	(2) Blaydon Harriers	Slow (Vet)	1157	00:39:05		
89	0:39:06	BELL, Andrew	(1) Heaton Harriers	Slow	134	00:39:06		
90	0:39:07	TAYLOR, Ed	(1) Heaton Harriers	Slow	1388	00:39:07		
91	0:39:09	ARCHER, Jake	(1) Sunderland Harriers	Medium	1106	00:36:39		
92	0:39:10	HARRIS, Shaun	(1) Heaton Harriers	Slow	144	00:39:10		
93	0:39:10	KING, Dave	(2) Durham City Harriers	Slow (Vet)	1221	00:39:10		
94	0:39:13	FARNIE, Peter	(2) Birtley AC	Medium	174	00:36:43		
95	0:39:13	WHITEHEAD, Chris	(1) North Shields Poly	Slow (Vet)	1067	00:39:13		
96	0:39:13	CHAMPMAN, James	(1) South Shields Harriers & AC	Slow	1401	00:39:13		
97	0:39:15	LOWE, David	(1) Alnwick Harriers	Slow (Vet)	68	00:39:15		
98	0:39:16	BARKLEY, Rob	(3) Blyth RC	Medium	419	00:36:46		
99	0:39:18	BROADHURST, Mike	(2) Tynedale Harriers	Slow (Vet)	241	00:39:18		
100	0:39:20	MCMAHON, Steve	(1) Sunderland Strollers	Slow	800	00:39:20		
101	0:39:22	THOMAS, Kevin	(2) Gosforth Harriers & AC	Slow (Vet)	376	00:39:22		
102	0:39:22	JENKIN, Dan	(2) Durham City Harriers	Fast	1219	00:34:22		
103	0:39:24	FROOM, Nick	(1) Heaton Harriers	Slow	141	00:39:24		
104	0:39:24	FRANCE, David	(2) Low Fell RC	Slow	1248	00:39:24		
105	0:39:26	MORLEY, Chris	(1) North Shields Poly	Fast (Vet)	1054	00:34:26		
106	0:39:26	CROSSLEY, Will	(1) Wallsend Harriers	Slow	837	00:39:26		
107	0:39:27	APPLEBY, David	(3) Tynebridge Harriers	Medium (Vet)	944	00:36:57		
108	0:39:28	HARDY, Iain	(1) Elswick Harriers	Medium (Vet)	648	00:36:58		
109	0:39:31	TAIT, Ted	(2) Durham City Harriers	Slow (Vet)	1238	00:39:31		
110	0:39:32	EMMETT, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	93	00:39:32		
111	0:39:33	DALEY (V), Sam	(1) Heaton Harriers	Slow (Vet)	139	00:39:33		
112	0:39:34	SIMPSON, Mike	(2) Crook AC	Medium (Vet)	602	00:37:04		
113	0:39:35	STEWART, Graeme	(3) Blyth RC	Slow	438	00:39:35		
114	0:39:36	STEPHENSON, Lea	(2) Tynedale Harriers	Slow	278	00:39:36		
115	0:39:39	FOSTER, Alan	(3) Houghton AC	Slow	1092	00:39:39		
116	0:39:39	TURNER, Paul	(1) Elswick Harriers	Fast (Vet)	671	00:34:39		
117	0:39:39	WATERSTON (V), Paul	(1) Morpeth Harriers & AC	Fast (Vet)	45	00:34:39		
118	0:39:39	BELL, Stewy	(3) Chester-le-Street	Fast (Vet)	1399	00:34:39		
119	0:39:40	DAVISON, Jack	(1) Sunderland Strollers	Slow	1410	00:39:40		
120	0:39:40	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium	84	00:37:10		
121	0:39:40	MINGSTONES, Mick	(1) Heaton Harriers	Slow (Vet)	161	00:39:40		
122	0:39:40	AYRES, Kevin	(1) South Shields Harriers & AC	Slow (Vet)	85	00:39:40		
123	0:39:42	NASH, John	(2) Durham City Harriers	Slow (Vet)	1230	00:39:42		
124	0:39:43	HODGSON, Craig	Heaton Harriers	Slow	1395	00:39:43		
125	0:39:44	ARMSTRONG, Graham	(1) Wallsend Harriers	Slow (Vet)	826	00:39:44		
126	0:39:46	DRUMMOND, Colin	(2) Low Fell RC	Slow (Vet)	496	00:39:46		
127	0:39:47	ROBINSON, Geoff	(2) Durham City Harriers	Slow	1349	00:39:47		
128	0:39:50	DUTTON, Michael	(1) North Shields Poly	Slow	1075	00:39:50		
129	0:39:54	BALMAIN, Daniel	(1) Elswick Harriers	Slow	626	00:39:54		
130	0:39:54	O'NEILL, Kevin	(1) Sunderland Strollers	Slow (Vet)	801	00:39:54		
131	0:39:54	GREEN, Philip	(1) Heaton Harriers	Slow (Vet)	143	00:39:54		
132	0:39:54	CHAFFER, Peter	(2) Blaydon Harriers	Slow (Vet)	1154	00:39:54		
133	0:39:54	MCGARTH, Shaun	(3) Houghton AC	Slow (Vet)	1095	00:39:54		
134	0:39:56	GINIYATON, Roman	(2) Jesmond Joggers	Slow	403	00:39:56		
135	0:39:56	WARREN, David	(2) Low Fell RC	Medium	562	00:37:26		
136	0:40:00	ALLSOP, Tim	(1) Sunderland Strollers	Medium (Vet)	767	00:37:30		
137	0:40:00	BECKETT, Samuel	(2) Crook AC	Medium	572	00:37:30		
138	0:40:01	RICHARDSON, Danny	(1) Alnwick Harriers	Slow	71	00:40:01		
139	0:40:01	DICKER, Gary	(1) Heaton Harriers	Slow (Vet)	1378	00:40:01		
140	0:40:02	HINDMARSH, David	(1) Alnwick Harriers	Slow (Vet)	62	00:40:02		
141	0:40:04	WRIGHT, Davey	(1) Heaton Harriers	Slow (Vet)	1390	00:40:04		
142	0:40:06	ROBSON, Gary	(1) North Shields Poly	Slow (Vet)	1059	00:40:06		
143	0:40:06	ROBINSON, Adam	(3) Blyth RC	Slow (Vet)	434	00:40:06		
144	0:40:08	JAMESON, Philip	(2) Tynedale Harriers	Medium	266	00:37:38		
145	0:40:10	KHAN, Adnan	(1) Sunderland Strollers	Slow	791	00:40:10		
146	0:40:12	WINTER, Mike	(1) Morpeth Harriers & AC	Slow (Vet)	48	00:40:12		
147	0:40:15	KEENAN, Michael	(2) Birtley AC	Slow	177	00:40:15		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
148	0:40:18	WILSON-CRAW, Alasdair	(2) Claremont RR	Slow (Vet)	233	00:40:18		
149	0:40:22	CLAYDON, Matt	(2) Elvet Striders	Slow	333	00:40:22		
150	0:40:24	HOOPER, Mike	(2) Crook AC	Slow (Vet)	590	00:40:24		
151	0:40:25	HILTON, Stephen	(2) Blaydon Harriers	Slow (Vet)	1164	00:40:25		
152	0:40:26	COXON, Syd	(2) Tynedale Harriers	Medium (Vet)	252	00:37:56		
153	0:40:27	MEDD, Steven	(1) Gateshead Harriers	Medium	726	00:37:57		
154	0:40:31	SPIERS, Martin	(1) North Shields Poly	Slow (Vet)	1062	00:40:31		
155	0:40:33	MOODY, Oliver	(2) Jesmond Joggers	Slow	1345	00:40:33		
156	0:40:33	HOWE, Paul	(1) Heaton Harriers	Slow	147	00:40:33		
157	0:40:34	LONGMAN, Lucas	(1) Heaton Harriers	Fast	153	00:35:34		
158	0:40:36	SARTAIN, Ben	(2) Low Fell RC	Slow	549	00:40:36		
159	0:40:40	HARTLEY, Andrew	(1) Elswick Harriers	Slow (Vet)	649	00:40:40		
160	0:40:43	REYNOLDS, Mark	(3) Tynebridge Harriers	Slow (Vet)	953	00:40:43		
161	0:40:45	ALLISON, Jason	(2) Crook AC	Fast (Vet)	568	00:35:45		
162	0:40:47	DINSMORE, Paddy	(1) Wallsend Harriers	Slow (Vet)	839	00:40:47		
163	0:40:47	SMITH, Dale	(3) Blyth RC	Slow	437	00:40:47		
164	0:40:53	LISTER, Kevin	(3) North East Vets	Medium (Vet)	388	00:38:23		
165	0:40:55	COE, David	(2) Jesmond Joggers	Slow	399	00:40:55		
166	0:40:56	CARPENTER, Mark	(1) Elswick Harriers	Slow (Vet)	635	00:40:56		
167	0:40:59	HUTCHINSON, Paul	(2) Tynedale Harriers	Medium	264	00:38:29		
168	0:41:00	DICKINSON, David	(2) Houghton AC	Slow	1089	00:41:00		
169	0:41:06	GRAHAM, Chris	(3) Tynebridge Harriers	Slow	1313	00:41:06		
170	0:41:08	REAY, David	(3) Derwentside AC	Slow (Vet)	476	00:41:08		
171	0:41:11	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium	900	00:38:41		
172	0:41:12	HANCOX, Rob	(1) Morpeth Harriers & AC	Slow (Vet)	21	00:41:12		
173	0:41:13	DAVIS, Geoff	(2) Elvet Striders	Slow (Vet)	292	00:41:13		
174	0:41:16	DUNLOP, Paul	(1) Sunderland Strollers	Slow (Vet)	781	00:41:16		
175	0:41:17	ALEXANDER, Alec	(1) Gateshead Harriers	Slow	682	00:41:17		
176	0:41:19	SUMMERBELL, Peter	(2) Low Fell RC	Slow	558	00:41:19		
177	0:41:20	KNIGHT, Kevin	(2) Durham City Harriers	Medium (Vet)	1222	00:38:50		
178	0:41:21	TINSLEY, Tom	(2) Claremont RR	Slow (Vet)	231	00:41:21		
179	0:41:22	SYERS, Graham	(1) Alnwick Harriers	Medium	77	00:38:52		
180	0:41:25	LEWIS, Scott	(1) South Shields Harriers & AC	Slow	100	00:41:25		
181	0:41:27	MACHIN, Alex	(2) Low Fell RC	Slow (Vet)	533	00:41:27		
182	0:41:28	ASTON, Luke	(2) Blaydon Harriers	Medium	1151	00:38:58		
183	0:41:29	DAGLISH, Kevin	(3) Houghton AC	Slow (Vet)	1088	00:41:29		
184	0:41:30	LEYS, Andrew	(1) Heaton Harriers	Slow (Vet)	151	00:41:30		
185	0:41:31	CAVANAGH, Les	(2) Low Fell RC	Slow (Vet)	491	00:41:31		
186	0:41:33	OAKES, Karl	(2) Birtley AC	Medium (Vet)	185	00:39:03		
187	0:41:34	GRIFFITHS, Tim	(2) Tynedale Harriers	Slow (Vet)	260	00:41:34		
188	0:41:37	MCGOWAN, Phillip	(1) Gateshead Harriers	Slow	725	00:41:37		
189	0:41:38	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vet)	246	00:41:38		
190	0:41:40	FIELD, Tim	(1) Sunderland Harriers	Slow (Vet)	1121	00:41:40		
191	0:41:41	CARTER, Stuart	(1) Alnwick Harriers	Slow	57	00:41:41		
192	0:41:44	MULLARKEY, Peter	(2) Saltwell Harriers	Slow (Vet)	1278	00:41:44		
193	0:41:45	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vet)	1263	00:41:45		
194	0:41:50	OUTRAM, Phil	(1) Sunderland Strollers	Slow (Vet)	802	00:41:50		
195	0:41:52	SMITH, Fred	(2) Saltwell Harriers	Medium (Vet)	1290	00:39:22		
196	0:41:52	DONNEKY JR, John	(3) Derwentside AC	Fast	467	00:36:52		
197	0:41:54	ARMSTRONG, Michael	(1) Sunderland Strollers	Slow (Vet)	770	00:41:54		
198	0:41:54	MCENTEE, Scott	(1) Heaton Harriers	Medium	154	00:39:24		
199	0:41:54	REDFERN, Chris	(2) Saltwell Harriers	Slow (Vet)	1284	00:41:54		
200	0:41:57	FOGGO, Peter	(3) Jarrow & Hebburn AC	Slow	892	00:41:57		
201	0:41:57	KIRBY, Richard	(1) Morpeth Harriers & AC	Slow (Vet)	27	00:41:57		
202	0:41:58	FOWLER, Andrew	(3) PB Fitness	Slow	911	00:41:58		
203	0:42:00	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Medium	86	00:39:30		
204	0:42:04	ARMSTRONG, Iain	(2) Saltwell Harriers	Slow	1251	00:42:04		
205	0:42:04	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vet)	1114	00:42:04		
206	0:42:04	HANSON, Patrick	(1) Sunderland Strollers	Slow (Vet)	784	00:42:04		
207	0:42:07	SKELDON, Mick	(1) Wallsend Harriers	Slow (Vet)	875	00:42:07		
208	0:42:08	GRIFFITHS, Sam	(2) Crook AC	Slow	586	00:42:08		
209	0:42:10	MACLEOD, Joseph	(1) Heaton Harriers	Slow (Vet)	158	00:42:10		
210	0:42:11	JONES, Mark	(2) Elvet Striders	Slow	330	00:42:11		
211	0:42:13	STOREY, Alan	(2) Blaydon Harriers	Slow (Vet)	1180	00:42:13		
212	0:42:20	YOUNG, David	(3) Tynebridge Harriers	Slow (Vet)	932	00:42:20		
213	0:42:25	THOMPSON, Andrew	(3) Aurora	Slow (Vet)	1328	00:42:25		
214	0:42:30	FROST, Martin	(1) North Shields Poly	Slow (Vet)	1042	00:42:30		
215	0:42:31	DUNLOP, Sean	(2) Low Fell RC	Medium (Vet)	498	00:40:01		
216	0:42:32	GIBSON, Nathan	(1) South Shields Harriers & AC	Slow	95	00:42:32		
217	0:42:35	BRADLEY, Dave	(3) Blyth RC	Slow (Vet)	422	00:42:35		
218	0:42:38	DANIALS, Simon	(2) Gosforth Harriers & AC	Slow (Vet)	1335	00:42:38		
219	0:42:39	RICHARDSON, Peter	(1) Sunderland Harriers	Slow (Vet)	1419	00:42:39		
220	0:42:41	SAVAGE, David	(1) Sunderland Harriers	Slow (Vet)	1143	00:42:41		
221	0:42:43	TORBETT, James	(1) Wallsend Harriers	Slow	883	00:42:43		

Place	Time	Name	Team	Cat	No	Handicap	Medium	00:02:30
222	0:42:52	YORSTON, Neil	(1) South Shields Harriers & AC	Slow	122	00:42:52		
223	0:42:53	SMITH, Paul	(2) Crook AC	Slow (Vet)	603	00:42:53		
224	0:42:54	REED, Joe	(2) Saltwell Harriers	Slow	1418	00:42:54		
225	0:43:02	WILSON, Ed	(1) South Shields Harriers & AC	Slow (Vet)	121	00:43:02		
226	0:43:03	KELLY, David	(2) Low Fell RC	Slow (Vet)	522	00:43:03		
227	0:43:09	YOUNG, Ian	(3) Blackhill Bounders	Slow	1415	00:43:09		
228	0:43:13	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vet)	699	00:43:13		
229	0:43:19	MCDONALD, Ian	(2) Jesmond Joggers	Slow (Vet)	409	00:43:19		
230	0:43:24	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vet)	1136	00:43:24		
231	0:43:25	BELL, Michael	(1) Wallsend Harriers	Slow (Vet)	829	00:43:25		
232	0:43:26	WEIR, Richard	(1) Wallsend Harriers	Slow (Vet)	887	00:43:26		
233	0:43:27	GIBSON, Mike	(1) South Shields Harriers & AC	Slow	128	00:43:27		
234	0:43:30	WESSON, Keith	(2) Elvet Striders	Slow (Vet)	325	00:43:30		
235	0:43:35	USHER, Brian	(3) Aurora	Slow (Vet)	1331	00:43:35		
236	0:43:40	WATSON, Geoff	(2) Durham City Harriers	Slow	1244	00:43:40		
237	0:43:42	KISLER, Jonathan	(1) Sunderland Strollers	Slow (Vet)	1408	00:43:42		
238	0:43:45	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vet)	117	00:43:45		
239	0:43:46	LESLIE, Graham	(2) Claremont RR	Slow (Vet)	212	00:43:46		
240	0:43:49	O'GARA (V), Terry	(1) Wallsend Harriers	Slow (Vet)	865	00:43:49		
241	0:43:49	LEONARD, Simon	(3) Houghton AC	Slow	1094	00:43:49		
242	0:43:53	BRIGNALL, David	(1) Heaton Harriers	Slow (Vet)	137	00:43:53		
243	0:43:55	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vet)	312	00:43:55		
244	0:43:56	BHOGAL, Paramjeet	(1) Heaton Harriers	Slow (Vet)	135	00:43:56		
245	0:43:57	LEMIN, Simon	(3) Blyth RC	Slow	432	00:43:57		
246	0:43:59	HEWITSON, Robert	(2) Durham City Harriers	Slow (Vet)	1216	00:43:59		
247	0:43:59	ZOPPI, Guillaume	(1) Heaton Harriers	Slow	1392	00:43:59		
248	0:43:59	TURNER, Mark	(2) Jesmond Joggers	Slow	416	00:43:59		
249	0:44:06	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vet)	258	00:44:06		
250	0:44:09	DUKE, Chris	(1) Sunderland Strollers	Slow (Vet)	1413	00:44:09		
251	0:44:13	MYLES, Rick	(1) North Shields Poly	Slow	1384	00:44:13		
252	0:44:18	JAMES, Phil	(2) Saltwell Harriers	Slow (Vet)	1273	00:44:18		
253	0:44:19	WATSON, Phil	(1) Sunderland Strollers	Slow (Vet)	818	00:44:19		
254	0:44:23	ARMSTRONG, Steve	(1) Wallsend Harriers	Slow	827	00:44:23		
255	0:44:25	CLARKE, Wayne	(2) Crook AC	Slow	579	00:44:25		
256	0:44:26	SLATER, Phil	(1) South Shields Harriers & AC	Slow	113	00:44:26		
257	0:44:28	MCENTEE, Ken	(1) Heaton Harriers	Slow (Vet)	155	00:44:28		
258	0:44:33	HODGSON, Alan	(1) Sunderland Harriers	Slow	1127	00:44:33		
259	0:44:37	SHILLITOE, Ben	(1) Heaton Harriers	Slow	169	00:44:37		
260	0:44:38	SKIRROW, Graham	(1) Alnwick Harriers	Slow (Vet)	73	00:44:38		
261	0:44:39	JOBE, Simon	(1) Heaton Harriers	Slow	1380	00:44:39		
262	0:44:41	MICHAEL, Doug	(1) Heaton Harriers	Slow (Vet)	159	00:44:41		
263	0:44:44	MILLER, Chris	(2) Low Fell RC	Slow	539	00:44:44		
264	0:44:49	TOWNSEND, Richard	(2) Saltwell Harriers	Slow (Vet)	1296	00:44:49		
265	0:44:50	YOUNG, Callum	(2) Elvet Striders	Slow	327	00:44:50		
266	0:44:50	WADDELL, John	(2) Gosforth Harriers & AC	Slow (Vet)	378	00:44:50		
267	0:44:50	THOMAS, Ian	(2) Elvet Striders	Slow	320	00:44:50		
268	0:44:51	HAYDEN, Ian	(3) Aurora	Medium	1319	00:42:21		
269	0:44:58	READMAN, Alan	(3) Houghton AC	Slow (Vet)	1101	00:44:58		
270	0:44:59	BAXTER, Ian	(3) Blyth RC	Slow (Vet)	420	00:44:59		
271	0:44:59	PHIPPS, Dominic	(1) Gateshead Harriers	Slow	740	00:44:59		
272	0:44:59	LYNCH, Conor	(2) Jesmond Joggers	Slow	407	00:44:59		
273	0:45:01	KYTE, Steve	(1) Elswick Harriers	Slow (Vet)	653	00:45:01		
274	0:45:04	BUCKLEY, Brian	(3) Derwentside AC	Slow	465	00:45:04		
275	0:45:04	ROBSON, Dean	(1) Sunderland Strollers	Slow	807	00:45:04		
276	0:45:09	LEE, Ged	(1) Wallsend Harriers	Slow (Vet)	853	00:45:09		
277	0:45:13	RAINE, William	(3) Aurora	Slow (Vet)	1322	00:45:13		
278	0:45:17	HOCKIN, Richard	(2) Elvet Striders	Slow (Vet)	301	00:45:17		
279	0:45:22	DALBY, Edward	(2) Blaydon Harriers	Slow (Vet)	1156	00:45:22		
280	0:45:25	BATY (V), Edward	(1) Heaton Harriers	Slow (Vet)	133	00:45:25		
281	0:45:30	HUGHES, Paul	(1) North Shields Poly	Slow (Vet)	1050	00:45:30		
282	0:45:31	WHITLEY, Alan	(1) North Shields Poly	Slow	1386	00:45:31		

Place	Time	Name	Team	Cat	No	Handicap	Medium 00:02:30
283	0:45:32	DUNNING, Alan	(2) Jesmond Joggers	Slow (Vet)	401	00:45:32	
284	0:45:34	TEALE, Mark	(1) North Shields Poly	Slow (Vet)	1064	00:45:34	
285	0:45:34	LITTLE, Chris	(1) North Shields Poly	Slow (Vet)	1382	00:45:34	
286	0:45:35	GILMORE, David	(1) North Shields Poly	Slow (Vet)	1074	00:45:35	
287	0:45:48	HAWTHORN, Pete	(1) Heaton Harriers	Slow (Vet)	1416	00:45:48	
288	0:45:50	PEARSON, Stephen	(3) Houghton AC	Slow (Vet)	1099	00:45:50	
289	0:46:00	KISZOW, Stephen	(1) Sunderland Strollers	Slow	793	00:46:00	
290	0:46:03	PARKER, Reg	(2) Blaydon Harriers	Slow (Vet)	1174	00:46:03	
291	0:46:09	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vet)	366	00:46:09	
292	0:46:15	FREEMAN, Kevin	(3) Blyth RC	Slow (Vet)	428	00:46:15	
293	0:46:19	PATRICK, Colin	(2) Crook AC	Slow (Vet)	600	00:46:19	
294	0:46:20	JOYCE, Peter	(1) Wallsend Harriers	Slow (Vet)	849	00:46:20	
295	0:46:31	ATWELL, Chris	(1) Alnwick Harriers	Slow (Vet)	52	00:46:31	
296	0:46:36	WEST, Paul	(1) Sunderland Strollers	Slow (Vet)	819	00:46:36	
297	0:46:39	BELL, Peter	(2) Elvet Striders	Slow	334	00:46:39	
298	0:46:48	CURRY, Stephen	(1) Elswick Harriers	Slow (Vet)	640	00:46:48	
299	0:46:50	GRAY, David	(3) Blackhill Bounders	Slow (Vet)	450	00:46:50	
300	0:46:52	BAINBRIDGE, Ian	(2) Crook AC	Slow (Vet)	571	00:46:52	
301	0:46:54	BOND, Steven	(2) Gosforth Harriers & AC	Slow	347	00:46:54	
302	0:47:03	HEPPLER, Nigel	(2) Elvet Striders	Slow (Vet)	299	00:47:03	
303	0:47:08	CLARK, Andrew	(1) North Shields Poly	Slow (Vet)	1383	00:47:08	
304	0:47:12	REA, Paul	(2) Saltwell Harriers	Slow (Vet)	1282	00:47:12	
305	0:47:16	WILSON, Douglas	(1) Gateshead Harriers	Slow	766	00:47:16	
306	0:47:17	PLUMMER, Steven	(1) Wallsend Harriers	Slow	868	00:47:17	
307	0:47:18	ROBSON, Alistair	(2) Elvet Striders	Slow	313	00:47:18	
308	0:47:26	TURNER, Richard	(1) Sunderland Strollers	Slow	1411	00:47:26	
309	0:47:28	RUSSELL, George	(2) Low Fell RC	Slow (Vet)	547	00:47:28	
310	0:47:28	MILBOURNE, Bill	(2) Claremont RR	Slow (Vet)	218	00:47:28	
311	0:47:28	CURRIE, Alan	(2) Tynedale Harriers	Slow (Vet)	253	00:47:28	
312	0:47:30	RICHARDSON, Rod	(1) Elswick Harriers	Slow (Vet)	642	00:47:30	
313	0:47:33	KIRK, Bill	(1) Sunderland Strollers	Slow (Vet)	792	00:47:33	
314	0:47:35	GAMMACK, Neil Scott	(1) Heaton Harriers	Slow (Vet)	1404	00:47:35	
315	0:47:49	ALLISON, Mark	(3) Tynebridge Harriers	Slow	1310	00:47:49	
316	0:47:57	WEBB, Andrew	(1) North Shields Poly	Slow (Vet)	1381	00:47:57	
317	0:48:00	FLYNN, James	(1) Wallsend Harriers	Slow (Vet)	842	00:48:00	
318	0:48:24	KEAR, David	(2) Claremont RR	Slow (Vet)	210	00:48:24	
319	0:48:26	LEE, Philip	(1) Alnwick Harriers	Slow (Vet)	1414	00:48:26	
320	0:48:30	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vet)	870	00:48:30	
321	0:48:36	SMALL, Mark	(1) North Shields Poly	Slow (Vet)	1061	00:48:36	
322	0:48:44	GILL, Mike	(3) Blackhill Bounders	Slow (Vet)	449	00:48:44	
323	0:48:45	MCCAIG, John	(1) Sunderland Strollers	Slow (Vet)	799	00:48:45	
324	0:48:50	STEANSON, Geoff	(3) North East Vets	Slow (Vet)	393	00:48:50	
325	0:48:54	ROBSON, Tony	(1) Elswick Harriers	Slow (Vet)	663	00:48:54	
326	0:48:57	LAMB, Craig	(2) Low Fell RC	Slow	529	00:48:57	
327	0:49:10	WEAVERS, Keith	(3) Aurora	Slow (Vet)	1332	00:49:10	
328	0:49:22	BROOKS, Peter	(2) Elvet Striders	Slow (Vet)	289	00:49:22	
329	0:49:27	BURDEN, Nick	(3) North East Vets	Slow (Vet)	384	00:49:27	
330	0:49:30	STOBBS, Robert	(1) Gateshead Harriers	Slow (Vet)	758	00:49:30	
331	0:49:42	MILLMORE, Tom	(2) Birtley AC	Slow (Vet)	183	00:49:42	
332	0:49:46	BROWN, Brian	(2) Durham City Harriers	Slow (Vet)	1195	00:49:46	
333	0:50:10	SMITH, Neil	(3) Derwentside AC	Slow (Vet)	478	00:50:10	
334	0:50:25	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vet)	854	00:50:25	
335	0:50:29	PASCOE, Barry	(3) Jarrow & Hebburn AC	Slow (Vet)	895	00:50:29	
336	0:50:29	ADAMSON, George	(1) North Shields Poly	Slow (Vet)	1029	00:50:29	
337	0:50:31	ROBSON, Dave	(2) Elvet Striders	Slow (Vet)	314	00:50:31	
338	0:50:46	MORRIS, David	(1) North Shields Poly	Slow (Vet)	1055	00:50:46	
339	0:51:09	LEWINS, Paul	(1) Sunderland Strollers	Slow	795	00:51:09	
340	0:51:22	GRASSIE, Mark	(3) Tynebridge Harriers	Slow (Vet)	964	00:51:22	
341	0:51:27	SCOTT, Brian	(3) Tynebridge Harriers	Slow (Vet)	958	00:51:27	
342	0:51:44	FOSTER, Dave	(1) Sunderland Strollers	Slow (Vet)	1407	00:51:44	
343	0:51:47	OWEN, Phil	(2) Elvet Striders	Slow (Vet)	310	00:51:47	
344	0:51:47	LOMBARD, Keith	(2) Tynedale Harriers	Slow	1303	00:51:47	
345	0:53:15	NESBIT, Andrew	(3) Blackhill Bounders	Slow (Vet)	452	00:53:15	
346	0:53:34	WHITTAKER, Eric	(3) North East Vets	Slow (Vet)	394	00:53:34	
347	0:53:57	DUFF, Michael	(3) Tynebridge Harriers	Slow (Vet)	942	00:53:57	
348	0:54:22	YOUNG, Dennis	(1) Heaton Harriers	Slow (Vet)	1379	00:54:22	
349	0:55:05	GREAVES, Laurence	(3) Aurora	Slow (Vet)	1316	00:55:05	
350	0:55:59	MURRAY, Barry	(2) Birtley AC	Slow (Vet)	184	00:55:59	
351	0:58:50	BANKS, Neil	(1) Wallsend Harriers	Slow (Vet)	828	00:58:50	
352	1:00:31	MCDONALD, Ken	(1) South Shields Harriers & AC	Slow (Vet)	105	01:00:31	
353	1:03:04	HUME, Mark	(1) Alnwick Harriers	Slow (Vet)	63	01:03:04	

DIVISION 1	Blyth		Farrington	Blaydon	Wrekenton	Alnwick	Prudhoe	COUNTERS TOTAL POINTS	LEAGUE POINTS
Gateshead Harriers & AC	113	1						113	1
Morpeth Harriers & AC	126	2						126	2
Heaton Harriers	133	3						133	3
North Shields Poly	156	4						156	4
South Shields Harriers & AC	181	5						181	5
Wallsend Harriers & AC	189	6						189	6
Sunderland Harriers & AC	222	7						222	7
Elswick Harriers	301	8						301	8
Sunderland Strollers	305	9						305	9
Alnwick Harriers	329	10						329	10

DIVISION 2

Low Fell Running Club	106	1						106	1
Saltwell Harriers	112	2						112	2
Tynedale Harriers & AC	122	3						122	3
Durham City Harriers	128	4						128	4
Birtley Harriers & AC	153	5						153	5
Crook & District AC	192	6						192	6
Elvet Striders	266	7						266	7
Blaydon Harriers & AC	320	8						320	8
Jesmond Joggers	380	9						380	9
Claremont Road Runners	386	15						386	15
Gosforth Harriers	386	15						386	15

DIVISION 3

Tynebridge Harriers	17	1						17	1
Houghton AC	123	2						123	2
Blyth Running Club	132	3						132	3
Blackhill Bounders	193	4						193	4
Aurora Harriers	248	5						248	5
Chester-le-Street	266	10						266	10
Derwentside AC	266	10						266	10
Jarrow & Hebburn AC	266	10						266	10
Newcastle University AC	266	10						266	10
North East Veterans	266	10						266	10
PB Fitness	266	10						266	10
Ryton Triathlon Club	266	10						266	10
Shildon AC	266	10						266	10
Tyne & Wear Fire & Rescue	266	10						266	10