

SENIOR MEN - PRUDHOE

Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	
								Medium	00:02:30
1	0:29:05	HARDING, Ian	(1) Morpeth Harriers & AC	S	636	1	00:29:05	Fast	00:05:00
2	0:32:18	COATES, Harry	(1) Wallsend Harriers	M(V)	1015	2	00:29:48		
3	0:32:59	WALL, Terry	(1) Morpeth Harriers & AC	M(V)	654	3	00:30:29		
4	0:33:21	HEARN, S	(1) Gateshead Harriers	M	410	4	00:30:51		
5	0:33:27	VINCENT, Phil	(1) Tynedale Harriers	S	953	5	00:33:27		
6	0:33:52	BUIS, James	(1) Heaton Harriers	F	465	6	00:28:52		
7	0:34:00	SOUTHERN, Adam	(1) Elswick Harriers	S	1376	7	00:34:00		
8	0:34:09	LONGMAN, Lucas	(1) Heaton Harriers	M	471	8	00:31:39		
9	0:34:11	FLOYD, Ross	(1) Morpeth Harriers & AC	F	632	9	00:29:11		
10	0:34:14	ROBSON, Gary	(1) North Shields Poly	S(V)	729	10	00:34:14		
11	0:34:24	SYERS, Graham	(2) Alnwick Harriers	S	33	11	00:34:24		
12	0:34:30	TELFER, Mike	(2) Alnwick Harriers	S	34	12	00:34:30		
13	0:34:35	COULSON, Phil	(3) Chester-le-Street	M	160	13	00:32:05		
14	0:34:38	ROBERTS, Andy	(1) Heaton Harriers	S	447	14	00:34:38		
15	0:34:40	ASTON, Luke	(3) Blaydon Harriers	S	95	15	00:34:40		
16	0:34:41	HUTCHINSON, Paul	(1) Tynedale Harriers	S	933	16	00:34:41		
17	0:34:43	ALLISON, Jason	(2) Crook AC	M(V)	224	17	00:32:13		
18	0:34:44	CARTER, Tony	Tyne Bridge Harriers	F	1389	18	00:29:44		
19	0:34:47	MCENTEE, Scott	(1) Heaton Harriers	S	481	19	00:34:47		
20	0:34:52	RENNISON, Michael	(2) Sunderland Strollers	S(V)	893	20	00:34:52		
21	0:34:54	SANDERSON, Phillip	(2) Elvet Striders	F(V)	333	21	00:29:54		
22	0:34:54	LISTER, Kevin	(3) North East Vets	S(V)	675	22	00:34:54		
23	0:34:56	ROBSON, Colin	(2) Jarrow & Hebburn AC	M	1254	23	00:32:26		
24	0:34:57	MILLMORE, Lee	(2) Birtley AC	M	67	24	00:32:27		
25	0:35:00	ARCHER, Jon	(1) Low Fell RC	F	546	25	00:30:00		
26	0:35:02	JENKIN, Dan	(2) Durham City Harriers	F	1293	26	00:30:02		
27	0:35:03	BRANNON, Tommy	(1) North Shields Poly	M(V)	693	27	00:32:33		
28	0:35:05	CASSIDY, Neil	(1) Tynedale Harriers	S(V)	918	28	00:35:05		
29	0:35:06	DUFFY, Patrick	(2) Crook AC	M	236	29	00:32:36		
30	0:35:07	REDMAN (V), Paul	(1) Sunderland Harriers	M(V)	850	30	00:32:37		
31	0:35:08	GREY, Thomas	(3) Houghton AC	M	492	31	00:32:38		
32	0:35:11	SWINBURNE, David	(1) Morpeth Harriers & AC	F	651	32	00:30:11		
33	0:35:12	SPILLER, Adam	(2) Alnwick Harriers	S	29	33	00:35:12		
34	0:35:19	PRIOR, Paul	(1) Elswick Harriers	S(V)	1098	34	00:35:19		
35	0:35:22	BRADSHAW, Graham	(2) Crook AC	S(V)	232	35	00:35:22		
36	0:35:23	HORSLEY, Will	(2) Elvet Striders	M	317	36	00:32:53		
37	0:35:23	KING, Dave	(2) Durham City Harriers	S(V)	298	37	00:35:23		
38	0:35:27	HUGHES, Kyle	(2) Saltwell Harriers	S	1399	38	00:35:27		
39	0:35:31	SKILLING, James	(1) Low Fell RC	S	601	39	00:35:31		
40	0:35:32	HEBDEN, Andrew	(1) Heaton Harriers	M	484	40	00:33:02		
41	0:35:32	DONNEKY JR, John	(3) Derwentside AC	F	1115	41	00:30:32		
42	0:35:34	TARBITT, Paul	(1) Gateshead Harriers	M	1176	42	00:33:04		
43	0:35:34	ALLSOPP, Barry	(1) Wallsend Harriers	S(V)	956	43	00:35:34		
44	0:35:35	MUIR, Chris	(1) South Shields Harriers & AC	M	796	44	00:33:05		
45	0:35:37	MAYNARD, Ken	(2) Sunderland Strollers	M(V)	889	45	00:33:07		
46	0:35:37	WOODS, John	(1) Morpeth Harriers & AC	M	660	46	00:33:07		
47	0:35:37	LILLICO, Jim	(2) Alnwick Harriers	S(V)	22	47	00:35:37		
48	0:35:37	ALLAN, Neil	(2) Birtley AC	F	54	48	00:30:37		
49	0:35:39	STEPHENSON, Kevin	(1) Elswick Harriers	M(V)	1102	49	00:33:09		
50	0:35:39	ATWELL, Stephen	(1) North Shields Poly	S(V)	686	50	00:35:39		
51	0:35:39	LIKEMAN, Mark	(1) Heaton Harriers	F	473	51	00:30:39		
52	0:35:43	BELL, Stewy	(3) Chester-le-Street	F(V)	155	52	00:30:43		
53	0:35:44	HODGSON, Alan	(1) Sunderland Harriers	S	1323	53	00:35:44		
54	0:35:44	THOMPSON, Jim	(2) Saltwell Harriers	M(V)	1063	54	00:33:14		
55	0:35:46	MOORE, Michael	(1) North Shields Poly	S(V)	1214	55	00:35:46		
56	0:35:46	SMITH, Les	(1) Heaton Harriers	M(V)	470	56	00:33:16		
57	0:35:46	MILLER, Mark	(2) Alnwick Harriers	S(V)	24	57	00:35:46		
58	0:35:48	YOUNG, Barry	(1) North Shields Poly	S(V)	750	58	00:35:48		
59	0:35:48	DEACON, Craig	(2) Jarrow & Hebburn AC	M	506	59	00:33:18		
60	0:35:53	HAINSWORTH, Chris	(1) Gateshead Harriers	M	370	60	00:33:23		
61	0:35:53	MCGRATH, Ian	(2) Crook AC	M(V)	246	61	00:33:23		
62	0:35:56	TAYLOR, Liam	(2) Sunderland Strollers	F	908	62	00:30:56		
63	0:35:57	BOWMAN, William	(2) Sunderland Strollers	S(V)	1402	63	00:35:57		
64	0:36:01	KELLY, David	(2) Birtley AC	M(V)	63	64	00:33:31		
65	0:36:02	BUSWELL, William	(2) Gosforth Harriers & AC	F	1282	65	00:31:02		
66	0:36:04	NETTLEWORTH, Rich	(1) South Shields Harriers & AC	S	797	66	00:36:04		
67	0:36:05	THOMAS, Kevin	(2) Gosforth Harriers & AC	S(V)	442	67	00:36:05		
68	0:36:06	WAKEFIELD, David	(1) South Shields Harriers & AC	M(V)	1354	68	00:33:36		
69	0:36:07	HANCOX, Rob	(1) Morpeth Harriers & AC	S(V)	635	69	00:36:07		
70	0:36:07	HETHERINGTON, Brian	(1) Wallsend Harriers	M(V)	973	70	00:33:37		
71	0:36:07	BATY, John	(1) North Shields Poly	M(V)	688	71	00:33:37		
72	0:36:07	FARNIE, Peter	(2) Birtley AC	M	1278	72	00:33:37		
73	0:36:09	BEST, David	(3) Blackhill Bounders	S	1356	73	00:36:09		

TEAMS

: (1) Elswick Harriers	525
: (1) Gateshead Harriers	476
: (1) Heaton Harriers	138
: (1) Low Fell RC	493
: (1) Morpeth Harriers	160
: (1) North Shields Poly	271
: (1) South Shields Harriers	415
: (1) Sunderland Harriers	773
: (1) Tynedale Harriers	457
: (1) Wallsend Harriers	553
: (2) Alnwick Harriers	284
: (2) Birtley AC	383
: (2) Claremont RR	1029
: (2) Crook AC	341
: (2) Elvet Striders	517
: (2) Jarrow & Hebburn	864
: (2) Saltwell Harriers	550
: (2) Sunderland Strollers	341
: (3) Aurora	1082
: (3) Blackhill Bounders	1203
: (3) Blaydon Harriers	901
: (3) Derwentside AC	850
: (3) Houghton AC	973
: (3) Jesmond Joggers	1112

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
74	0:36:09	MORLEY, Chris	(1) North Shields Poly	F(V)	1213	74	00:31:09		
75	0:36:09	BLYTH, Kevin	(2) Sunderland Strollers	S(V)	870	75	00:36:09		
76	0:36:11	GRAHAM, Steven	(2) Sunderland Strollers	M	877	76	00:33:41		
77	0:36:12	JONES (V), Mike	(1) South Shields Harriers & AC	M(V)	787	77	00:33:42		
78	0:36:13	EILLES, Ronnie	(2) Birtley AC	S	60	78	00:36:13		
79	0:36:14	WATSON, Jak	(1) South Shields Harriers & AC	M	1367	79	00:33:44		
80	0:36:16	NASH, Richard	Hatton Darts	S	1400	80	00:36:16		
81	0:36:20	AYRES, Kevin	(1) South Shields Harriers & AC	S(V)	777	81	00:36:20		
82	0:36:23	COXON, Syd	(1) Tynedale Harriers	M(V)	922	82	00:33:53		
83	0:36:25	ASHER, James	(1) South Shields Harriers & AC	S	775	83	00:36:25		
84	0:36:27	CONWAY, Ged	(2) Saltwell Harriers	S(V)	1029	84	00:36:27		
85	0:36:27	ROBSON, William	(3) PB Fitness	S	757	85	00:36:27		
86	0:36:27	WILSON, Paul	(2) Sunderland Strollers	S	1364	86	00:36:27		
87	0:36:27	BELL, Jon	(3) North East Vets	M(V)	1241	87	00:33:57		
88	0:36:30	ATKINSON, Nick	(1) South Shields Harriers & AC	M	776	88	00:34:00		
89	0:36:32	REAY, David	(3) Derwentside AC	S(V)	1122	89	00:36:32		
90	0:36:34	CONNELLY, Kevin	(1) Gateshead Harriers	S	359	90	00:36:34		
91	0:36:34	SALKELD, Ian	(2) Jarrow & Hebburn AC	M	518	91	00:34:04		
92	0:36:34	BLAGBURN, Robin	(3) Jesmond Joggers	S(V)	1373	92	00:36:34		
93	0:36:34	BELL, Andrew	(1) Heaton Harriers	S	1383	93	00:36:34		
94	0:36:39	MCGARTH, Shaun	(3) Houghton AC	S(V)	1331	94	00:36:39		
95	0:36:39	TAIT, Ted	(2) Durham City Harriers	M(V)	286	95	00:34:09		
96	0:36:41	MALLEN, Mike	(2) Crook AC	M(V)	245	96	00:34:11		
97	0:36:41	OAKES, Karl	(2) Birtley AC	M(V)	70	97	00:34:11		
98	0:36:44	GIBSON, Scott	(1) Low Fell RC	M	565	98	00:34:14		
99	0:36:45	HAYDEN, Ian	(3) Aurora	M	39	99	00:34:15		
100	0:36:50	LAWS, Shaun	(2) Birtley AC	M	65	100	00:34:20		
101	0:36:50	BENNETT, Michael	(2) Elvet Striders	S(V)	302	101	00:36:50		
102	0:36:54	STURMAN, John	(1) Wallsend Harriers	M	1005	102	00:34:24		
103	0:36:59	BECKETT, Samuel	(2) Crook AC	M	228	103	00:34:29		
104	0:37:01	ALLSOP, Tim	(2) Sunderland Strollers	M(V)	864	104	00:34:31		
105	0:37:02	DALEY (V), Sam	(1) Heaton Harriers	S(V)	480	105	00:37:02		
106	0:37:04	BURNS, Graham	(3) Blackhill Bounders	M(V)	76	106	00:34:34		
107	0:37:05	MORRIS, Neil	(1) Low Fell RC	M(V)	592	107	00:34:35		
108	0:37:07	O'NEILL, Kevin	(2) Sunderland Strollers	S(V)	890	108	00:37:07		
109	0:37:08	WARREN, David	(1) Low Fell RC	M	608	109	00:34:38		
110	0:37:08	BRIDGEWATER, Jason	(2) Crook AC	S(V)	1227	110	00:37:08		
111	0:37:10	SMITH, Jeremy	(2) Claremont RR	S(V)	214	111	00:37:10		
112	0:37:11	WARRINGTON, John	(1) Heaton Harriers	M	468	112	00:34:41		
113	0:37:12	MCDONALD, Ian	(3) Jesmond Joggers	S(V)	538	113	00:37:12		
114	0:37:13	DAVIS, Geoff	(2) Elvet Striders	S(V)	308	114	00:37:13		
115	0:37:20	JOHNSON, Lawrence	(1) Low Fell RC	S(V)	575	115	00:37:20		
116	0:37:22	THORPE, Graeme	(2) Sunderland Strollers	S	1313	116	00:37:22		
117	0:37:22	ROBINS, Dan	(1) Heaton Harriers	S	452	117	00:37:22		
118	0:37:27	GARRAGHAN, Patrick	(3) Blaydon Harriers	S(V)	103	118	00:37:27		
119	0:37:28	SMITH, Fred	(2) Saltwell Harriers	M(V)	1059	119	00:34:58		
120	0:37:29	GARLAND, James	(2) Elvet Striders	S	1369	120	00:37:29		
121	0:37:32	HOOVER, Mike	(2) Crook AC	S(V)	1298	121	00:37:32		
122	0:37:32	BENNETT, Lee	(1) Elswick Harriers	F(V)	1074	122	00:32:32		
123	0:37:33	BAINBRIDGE, George	(1) South Shields Harriers & AC	M(V)	778	123	00:35:03		
124	0:37:36	HINDMARSH, David	(2) Alnwick Harriers	S(V)	1336	124	00:37:36		
125	0:37:36	THOMAS, Ian	(2) Elvet Striders	S	1370	125	00:37:36		
126	0:37:36	FRASER, Walter	(2) Saltwell Harriers	S(V)	1035	126	00:37:36		
127	0:37:36	CARROLL, Brian	(2) Sunderland Strollers	S(V)	1366	127	00:37:36		
128	0:37:40	DOWDLE, James	(2) Durham City Harriers	S	294	128	00:37:40		
129	0:37:40	FORSTER, Tim	(2) Saltwell Harriers	S(V)	1034	129	00:37:40		
130	0:37:42	FOSTER, Ben	(1) South Shields Harriers & AC	M	784	130	00:35:12		
131	0:37:43	ARMSTRONG, Graham	(1) Wallsend Harriers	S(V)	958	131	00:37:43		
132	0:37:45	MCNESTRY, Chris	(3) PB Fitness	S	762	132	00:37:45		
133	0:37:45	PRATHALINGHAM, Nilendran	(2) Claremont RR	S	209	133	00:37:45		
134	0:37:46	HARRIS, Shaun	(1) Heaton Harriers	S	482	134	00:37:46		
135	0:37:48	LEYS, Andrew	(1) Heaton Harriers	S(V)	1352	135	00:37:48		
136	0:37:49	MEDD, Steven	(1) Gateshead Harriers	M	380	136	00:35:19		
137	0:37:51	MACKEY, Keith	(1) South Shields Harriers & AC	M(V)	791	137	00:35:21		
138	0:37:51	HODGSON, Andrew	(1) Low Fell RC	S	1394	138	00:37:51		
139	0:37:51	WINTER, Mike	(1) Morpeth Harriers & AC	M(V)	659	139	00:35:21		
140	0:37:53	JACKSON, Steven	(3) Derwentside AC	M	1379	140	00:35:23		
141	0:37:54	JAMESON, Philip	(1) Tynedale Harriers	M	936	141	00:35:24		
142	0:37:56	SINGER, Iain	(2) Blyth RC	S(V)	145	142	00:37:56		
143	0:37:56	CHAMBERS, Greg	(1) Elswick Harriers	S	1197	143	00:37:56		
144	0:37:57	CORBIERE, Neil	(1) Gateshead Harriers	S	360	144	00:37:57		
145	0:37:59	WRIGHT, David	(3) Houghton AC	S(V)	501	145	00:37:59		
146	0:38:00	REGAN, Daniel	(3) Blaydon Harriers	S	118	146	00:38:00		
147	0:38:00	SAVAGE, David	(1) Sunderland Harriers	S(V)	856	147	00:38:00		

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
148	0:38:08	MCKINNON, Iain	(1) Heaton Harriers	S	462	148	00:38:08		
149	0:38:09	SAWALA, Till	(2) Elvet Striders	S	1385	149	00:38:09		
150	0:38:16	MCENANEY, Josh	(2) Birtley AC	M	66	150	00:35:46		
151	0:38:18	PROUDLOCK, Craig	(1) Gateshead Harriers	S	1173	151	00:38:18		
152	0:38:28	GIBSON, David	(2) Elvet Striders	S(V)	312	152	00:38:28		
153	0:38:32	BUNN (V), Michael	(2) Jarrow & Hebburn AC	S(V)	505	153	00:38:32		
154	0:38:34	PULLAN, Graeme	(2) Sunderland Strollers	S	892	154	00:38:34		
155	0:38:35	DIMEO, Alfredo	(1) North Shields Poly	S	1396	155	00:38:35		
156	0:38:39	MILES, Mick	(1) Heaton Harriers	S(V)	1397	156	00:38:39		
157	0:38:43	GREEN, Philip	(1) Heaton Harriers	S	479	157	00:38:43		
158	0:38:44	NAYAK, Sumanth	(2) Claremont RR	S	1343	158	00:38:44		
159	0:38:48	HUDSON, Mark	(1) Gateshead Harriers	M(V)	374	159	00:36:18		
160	0:38:50	WIGHTMAN, Jim	(1) Sunderland Harriers	S(V)	860	160	00:38:50		
161	0:38:53	MUIR, Alex	(3) Blaydon Harriers	M	115	161	00:36:23		
162	0:38:54	EILLES, Paul	(3) Derwentside AC	S	1368	162	00:38:54		
163	0:38:55	BATESON, Tim	(2) Birtley AC	S(V)	58	163	00:38:55		
164	0:38:57	BUCKLEY, Brian	(3) Derwentside AC	S	1114	164	00:38:57		
165	0:39:00	HUNTER, Phillip	(3) Aurora	S	42	165	00:39:00		
166	0:39:04	SIMPSON, Mike	(2) Crook AC	M(V)	252	166	00:36:34		
167	0:39:05	ARTHUR, George	(1) South Shields Harriers & AC	M(V)	774	167	00:36:35		
168	0:39:05	SKIRROW, Graham	(2) Alnwick Harriers	S(V)	28	168	00:39:05		
169	0:39:08	GERRY, Richard	(2) Sunderland Strollers	S(V)	1391	169	00:39:08		
170	0:39:12	JARDIN, David	(1) Elswick Harriers	M	1088	170	00:36:42		
171	0:39:13	COULTER, Gary	(2) Durham City Harriers	S(V)	300	171	00:39:13		
172	0:39:14	CLARKE, Wayne	(2) Crook AC	S	1226	172	00:39:14		
173	0:39:17	LANGFORD, Alan	(1) Heaton Harriers	S	1311	173	00:39:17		
174	0:39:18	ARMSTRONG, Iain	(2) Saltwell Harriers	S	1023	174	00:39:18		
175	0:39:18	SKEOCH, Robert	(3) Aurora	S(V)	45	175	00:39:18		
176	0:39:19	JUDSON, Fred	(1) Sunderland Harriers	S(V)	838	176	00:39:19		
177	0:39:20	WELSH, David	(2) Crook AC	S(V)	257	177	00:39:20		
178	0:39:23	BATY (V), Edward	(1) Heaton Harriers	S(V)	483	178	00:39:23		
179	0:39:26	WALKER, Iain	(3) PB Fitness	S	760	179	00:39:26		
180	0:39:28	HADDON, Martin	(1) North Shields Poly	S	705	180	00:39:28		
181	0:39:32	COULSON, David	(2) Birtley AC	S(V)	59	181	00:39:32		
182	0:39:33	DUNLOP, Sean	(1) Low Fell RC	M(V)	562	182	00:37:03		
183	0:39:34	FLETCHER, Daniel	(2) Birtley AC	S	61	183	00:39:34		
184	0:39:36	LYNCH, Conor	(3) Jesmond Joggers	S	544	184	00:39:36		
185	0:39:37	EDWIN, Paul	(1) Tynedale Harriers	S(V)	1390	185	00:39:37		
186	0:39:39	KIRBY, Richard	(1) Morpeth Harriers & AC	S(V)	1333	186	00:39:39		
187	0:39:42	ROBERTS, Shaun	(2) Elvet Striders	S(V)	330	187	00:39:42		
188	0:39:42	SLOAN, Peter	(1) Elswick Harriers	S(V)	1101	188	00:39:42		
189	0:39:44	ROBINSON, Ian	(1) Heaton Harriers	F	463	189	00:34:44		
190	0:39:47	BAXTER, Ian	(2) Blyth RC	S(V)	126	190	00:39:47		
191	0:39:49	FALLON, Owen	(2) Claremont RR	S(V)	180	191	00:39:49		
192	0:39:50	MIDDLETON, Andy	(1) Elswick Harriers	S	1095	192	00:39:50		
193	0:39:57	DAGLISH, Graham	(2) Elvet Striders	S(V)	306	193	00:39:57		
194	0:40:02	SHILLITOE, Ben	(1) Heaton Harriers	S	1350	194	00:40:02		
195	0:40:03	ZOPPI, Guillaume	(1) Heaton Harriers	S	1310	195	00:40:03		
196	0:40:07	THOMPSON, Andrew	(3) Aurora	S(V)	46	196	00:40:07		
197	0:40:10	PHIPPS, Dominic	(1) Gateshead Harriers	S	389	197	00:40:10		
198	0:40:23	KHAN, Adnan	(2) Sunderland Strollers	S	1362	198	00:40:23		
199	0:40:24	FROST, Martin	(1) North Shields Poly	S(V)	702	199	00:40:24		
200	0:40:27	FALCONER, Simon	(3) Jesmond Joggers	S	1393	200	00:40:27		
201	0:40:28	INSKIP, Paul	(1) Heaton Harriers	S(V)	478	201	00:40:28		
202	0:40:29	HARBISHER, Martin	(2) Crook AC	S(V)	240	202	00:40:29		
203	0:40:31	SNOWDON, Steve	(3) North East Vets	S(V)	1242	203	00:40:31		
204	0:40:31	ROBSON, Dean	(2) Sunderland Strollers	S	895	204	00:40:31		
205	0:40:31	CHAMBERS, Kenny	(1) Wallsend Harriers	S(V)	1016	205	00:40:31		
206	0:40:33	ALEXANDER, Alec	(1) Gateshead Harriers	S	1170	206	00:40:33		
207	0:40:35	CHRISTOPHER, Len	(1) Sunderland Harriers	S(V)	821	207	00:40:35		
208	0:40:46	HANSON, Tom	(1) Elswick Harriers	S(V)	1084	208	00:40:46		
209	0:40:53	TODD, Michael	(1) Wallsend Harriers	S(V)	1007	209	00:40:53		
210	0:40:54	USHER, Brian	(3) Aurora	S(V)	49	210	00:40:54		
211	0:41:01	MULLARKEY, Peter	(2) Saltwell Harriers	S(V)	1048	211	00:41:01		
212	0:41:04	PEARSON, Stephen	(3) Houghton AC	S(V)	496	212	00:41:04		
213	0:41:12	CAVANAGH, Les	(1) Low Fell RC	S	555	213	00:41:12		
214	0:41:15	KNOX, Martin	(3) Aycliffe RC	S	1271	214	00:41:15		
215	0:41:17	KEENEY, Winston	(1) Tynedale Harriers	S	1403	215	00:41:17		
216	0:41:18	HARDING, Jamie	(2) Claremont RR	S(V)	185	216	00:41:18		
217	0:41:23	SALMON, David	(3) Blaydon Harriers	S	121	217	00:41:23		
218	0:41:25	MADDISON, Ian	(3) Ryton Tri	S(V)	768	218	00:41:25		
219	0:41:26	PARKIN (V), Percy	(2) Crook AC	S(V)	249	219	00:41:26		
220	0:41:32	LESLIE, Graham	(2) Claremont RR	S(V)	194	220	00:41:32		
221	0:41:33	FORSTER, Tony	(2) Birtley AC	S(V)	1221	221	00:41:33		

Place	Time	Name	Team	Cat	No	Pos	Handicap	Medium	00:02:30
222	0:41:35	GREENFIELD, James	(2) Sunderland Strollers	S	1361	222	00:41:35		
223	0:41:36	LEONARD, Simon	(3) Houghton AC	S	493	223	00:41:36		
224	0:41:38	CURRY, Stephen	(1) Elswick Harriers	S(V)	1079	224	00:41:38		
225	0:41:39	HEPPLE, Nigel	(2) Elvet Striders	S(V)	315	225	00:41:39		
226	0:41:40	HOCKIN, Richard	(2) Elvet Striders	S(V)	316	226	00:41:40		
227	0:41:43	BITTLESTONE, William	(1) Sunderland Harriers	S(V)	818	227	00:41:43		
228	0:41:48	TATE, Paul	(1) Gateshead Harriers	S	402	228	00:41:48		
229	0:41:54	ROWE, Darryl	(1) Wallsend Harriers	S	1001	229	00:41:54		
230	0:41:55	WILSON, Douglas	(1) Gateshead Harriers	S	1231	230	00:41:55		
231	0:41:56	ROBSON, Alistair	(2) Elvet Striders	S	331	231	00:41:56		
232	0:41:57	BRIGNALL, David	(1) Heaton Harriers	S	456	232	00:41:57		
233	0:42:03	MICHAEL, Doug	(1) Heaton Harriers	S(V)	1398	233	00:42:03		
234	0:42:09	JAMES, Phil	(2) Saltwell Harriers	S(V)	1043	234	00:42:09		
235	0:42:12	REA, Paul	(2) Saltwell Harriers	S(V)	1052	235	00:42:12		
236	0:42:13	POWELL, Mike	(3) Blackhill Bounders	S(V)	84	236	00:42:13		
237	0:42:18	RAINE, William	(3) Aurora	S(V)	43	237	00:42:18		
238	0:42:19	PATRICK, Colin	(2) Crook AC	S(V)	250	238	00:42:19		
239	0:42:20	YORSTON, Neil	(1) South Shields Harriers & AC	S	811	239	00:42:20		
240	0:42:24	BHOGAL, Paramjeet	(1) Heaton Harriers	S	476	240	00:42:24		
241	0:42:35	WRIGHT, David	(1) Heaton Harriers	S	459	241	00:42:35		
242	0:42:37	GIBSON, Colin	(3) Aycliffe RC	S(V)	1261	242	00:42:37		
243	0:42:57	MCQUADE, Richard	(2) Gosforth Harriers & AC	S(V)	432	243	00:42:57		
244	0:42:58	LIDDLE, Brian	(3) Blaydon Harriers	S(V)	108	244	00:42:58		
245	0:43:00	BRADLEY, Dave	(2) Blyth RC	S(V)	128	245	00:43:00		
246	0:43:04	KISZOW, Stephen	(2) Sunderland Strollers	S	885	246	00:43:04		
247	0:43:06	WADDELL, John	(2) Gosforth Harriers & AC	S(V)	443	247	00:43:06		
248	0:43:12	BAINBRIDGE, Ian	(2) Crook AC	S(V)	227	248	00:43:12		
249	0:43:13	PHILLIPS, Dean	(1) Sunderland Harriers	S(V)	1275	249	00:43:13		
250	0:43:14	WEIR, Richard	(1) Wallsend Harriers	S(V)	1341	250	00:43:14		
251	0:44:08	WRIGHT, David	(1) Low Fell RC	S(V)	611	251	00:44:08		
252	0:44:15	DAVIES, Gary	(2) Elvet Striders	S	307	252	00:44:15		
253	0:44:23	KIRK, Bill	(2) Sunderland Strollers	S(V)	884	253	00:44:23		
254	0:44:38	HOWE, David	(3) Derwentside AC	S(V)	1118	254	00:44:38		
255	0:44:40	RICHARDSON, Brian	(3) Blackhill Bounders	S(V)	85	255	00:44:40		
256	0:44:44	WEST, Paul	(2) Sunderland Strollers	S(V)	902	256	00:44:44		
257	0:44:53	BLAIR, Geoffrey	(3) Jesmond Joggers	S(V)	531	257	00:44:53		
258	0:45:01	BURDEN, Nick	(3) North East Vets	S(V)	669	258	00:45:01		
259	0:45:08	MILLMORE, Tom	(2) Birtley AC	S(V)	68	259	00:45:08		
260	0:45:14	DICKINSON, Ralph	(2) Blyth RC	S(V)	132	260	00:45:14		
261	0:45:24	BONE, Alan	(1) South Shields Harriers & AC	S(V)	1301	261	00:45:24		
262	0:45:38	MILBOURNE, Bill	(2) Claremont RR	S(V)	203	262	00:45:38		
263	0:45:40	LEWINS, Paul	(2) Sunderland Strollers	S	886	263	00:45:40		
264	0:45:49	GILL, Mike	(3) Blackhill Bounders	S(V)	79	264	00:45:49		
265	0:45:57	HIBELL, Daniel	(2) Elvet Striders	S	1181	265	00:45:57		
266	0:46:04	ARMSTRONG, Bill	(3) Jesmond Joggers	S(V)	1372	266	00:46:04		
267	0:46:30	PASCOE, Barry	(2) Jarrow & Hebburn AC	S(V)	514	267	00:46:30		
268	0:46:33	DICKINSON, Michael	(3) Houghton AC	S(V)	490	268	00:46:33		
269	0:46:43	WINTER, Geoffrey	(3) Blackhill Bounders	S(V)	93	269	00:46:43		
270	0:47:01	BUSWELL, John	(2) Gosforth Harriers & AC	S(V)	420	270	00:47:01		
271	0:47:07	PRUDHAM (V), Joe	(2) Jarrow & Hebburn AC	S(V)	515	271	00:47:07		
272	0:47:10	SLESSER, Alan	(2) Jarrow & Hebburn AC	S(V)	520	272	00:47:10		
273	0:48:22	PEACOCK, Rowland	(1) Gateshead Harriers	S(V)	1174	273	00:48:22		
274	0:48:30	MADDOCKS, Tony	(1) Wallsend Harriers	S(V)	984	274	00:48:30		
275	0:49:42	PHILLIPS, Peter	(1) Low Fell RC	S	613	275	00:49:42		
276	0:51:10	WOODWARD, John	(2) Sunderland Strollers	S(V)	904	276	00:51:10		
277	0:51:10	CADWGAN, Alun	(2) Sunderland Strollers	S(V)	1401	277	00:51:10		
278	0:52:03	NICHOLSON, Rob	(3) Aycliffe RC	S(V)	1273	278	00:52:03		
279	0:54:17	BRUCE, Stewart	(1) Morpeth Harriers & AC	S(V)	623	279	00:54:17		
280	0:55:11	THOMPSON,	(2) Crook AC	S	255	280	00:55:11		
281	0:58:05	MURRAY, Barry	(2) Birtley AC	S(V)	69	281	00:58:05		
282	1:01:43	KELLY (V), Patrick	(2) Birtley AC	S(V)	64	282	01:01:43		

U17s - PRUDHOE

00:00:00

Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	00:02:40
1	0:19:55	BAILES, Adrian	Birtley AC	S	29	1	00:19:55		
2	0:20:59	NISBET, Jonathan	Morpeth H	F	187	2	00:18:19		
3	0:21:23	REED, Jack	Gosforth H	F	134	3	00:18:43		
4	0:21:42	CALDWELL, Phillip	Morpeth H	F	184	4	00:19:02	TEAMS	
5	0:22:26	STEWART, Jamie	Gateshead H	F	331	5	00:19:46	Morpeth	17
6	0:22:28	POVEY, Scott	Blyth RC	F	47	6	00:19:48	Blyth RC	21
7	0:23:06	JANSEN, Jake	Blyth RC	F	45	7	00:20:26		
8	0:23:58	LILLICO, Christopher	Blyth RC	F	46	8	00:21:18		
9	0:24:02	BALMAIN, Daniel	Elswick H	F	1112	9	00:21:22		
10	0:24:14	STOREY, Callum	Blyth RC	S	58	10	00:21:34		
11	0:24:20	HANCOX, Sam	Morpeth H	F	185	11	00:21:40		
12	0:24:26	MANN, Adam	North Shields Poly	F	317	12	00:21:46		
13	0:24:44	TODD, Michael	South Shields	F	235	13	00:22:04		
14	0:24:58	MUNRO, Brad	North Shields Poly	S	373	14	00:22:18		

U15s BOYS - PRUDHOE								00:00:00	
Place	Time	Name	Team	Cat	No	Pos	Handicap	Handicap	00:01:40
1	0:14:31	WILSON, Michael	Sunderland H	F	251	1	00:12:51		
2	0:14:51	MCGOWAN, Jay	Gateshead H	F	361	2	00:13:11		
3	0:14:53	CARTWRIGHT, Daniel	Gosforth H	S	136	3	00:14:53	TEAMS	
4	0:14:54	DUNN, Isaac	Blackhill Bounders	F	362	4	00:13:14	: Sunderland H	23
5	0:14:55	EMMET, Liam	South Shields	F	298	5	00:13:15	: Gosforth H	27
6	0:14:57	KELLY, Elliot	North Shields Poly	F	208	6	00:13:17	: Gateshead H	39
7	0:15:10	GOULDING, Tom	Chester-le-Street	F	68	7	00:13:30	: Tynedale H	53
8	0:15:11	COYNE, Thomas	Jarrow & Hebburn	F	172	8	00:13:31	: Blackhill Bounders	57
9	0:15:13	SANDERSON, George	Tynedale H	F	300	9	00:13:33	: Gosforth H	62
10	0:15:13	MYERS, James	Sunderland H	S	249	10	00:15:13	: Sunderland H	64
11	0:15:15	THOMAS, Mark	Gosforth H	S	146	11	00:15:15		
12	0:15:18	MCANANEY, James	Sunderland H	S	374	12	00:15:18		
13	0:15:23	CONNOR, Blair	Gosforth H	F	311	13	00:13:43		
14	0:15:30	DANBY PLATT, Hugh	Sunderland H	F	245	14	00:13:50		
15	0:15:39	EWART, Adam	Gosforth H	F	138	15	00:13:59		
16	0:15:41	NICHOLSON, Chris	Gateshead H	F	120	16	00:14:01		
17	0:15:44	WALKER, Joe	Elswick H	F	90	17	00:14:04		
18	0:15:48	IRVINE, Luca	Sunderland H	F	248	18	00:14:08		
19	0:15:54	LEWIS, Jonny	Gosforth H	F	141	19	00:14:14		
20	0:15:55	ROUTLEDGE, Toby	Tynedale H	F	275	20	00:14:15		
21	0:15:55	CRIPWELL, James	Gateshead H	F	106	21	00:14:15		
22	0:16:08	BELL, Jordan	Blackhill Bounders	F	37	22	00:14:28		
23	0:16:09	MILBURN, Chris	Blaydon Harriers	F	41	23	00:14:29		
24	0:16:15	CURRIE, Jonathan	Tynedale H	F	273	24	00:14:35		
25	0:16:22	ELDER, Joe	Morpeth H	F	189	25	00:14:42		
26	0:16:37	GREWCOCK, Nathan	Jarrow & Hebburn	S	304	26	00:16:37		
27	0:16:41	ROBSON, William	North Shields Poly	S	209	27	00:16:41		
28	0:16:47	MCQUADE, Barney	Gosforth H	F	142	28	00:15:07		
29	0:16:51	KIRK, Jonathan	Houghton AC	S	155	29	00:16:51		
30	0:16:53	GILL, Gurieevan	Gosforth H	F	139	30	00:15:13		
31	0:16:54	CANAVAN, Jack	Blackhill Bounders	F	372	31	00:15:14		
32	0:16:55	JONES, Joel	Sunderland H	F	259	32	00:15:15		
33	0:17:00	HAYWARD, Harry	Elswick H	F	305	33	00:15:20		
34	0:17:03	THOMPSON, Lewis	Houghton AC	F	156	34	00:15:23		
35	0:17:37	KING, Matthew	Durham City	S	79	35	00:17:37		
36	0:17:39	DUNGWORTH, Joseph	Blyth RC	F	49	36	00:15:59		
37	0:17:45	WOODS, Joseph	Blyth RC	F	54	37	00:16:05		
38	0:19:26	SADLER, Andrew	Tynedale H	S	343	38	00:19:26		

U13s BOYS - PRUDHOE

Place	Time	Name	Team	Cat	No	Pos	Handicap	00:01:40
1	0:11:29	JOHNSON, Henry	Chester-le-Street	F	288	1	00:09:49	
2	0:11:45	MORDEY, Bryn	Tynedale H	S	277	2	00:11:45	
3	0:11:53	SMITH, Jack	Sunderland H	S	340	3	00:11:53	TEAMS
4	0:11:58	GREEN, Ryan	Morpeth H	F	338	4	00:10:18	: Tynedale H 26
5	0:12:00	MORLEY, Matthew	North Shields Poly	S	312	5	00:12:00	: Morpeth H 29
6	0:12:03	MOUNT, Thomas	Gateshead H	F	118	6	00:10:23	: Sunderland H 31
7	0:12:05	MORGAN, Lewis	Birtley AC	F	322	7	00:10:25	: Elswick H 44
8	0:12:06	OUTTERSIDE, Callum	Tynedale H	F	357	8	00:10:26	: Gateshead H 54
9	0:12:09	HAYWARD, Oliver	Elswick H	S	308	9	00:12:09	: North Shields Poly 67
10	0:12:12	JOHNSON, Ben	Sunderland H	S	324	10	00:12:12	: Gosforth H 67
11	0:12:22	HOPKINS, Jacob	Morpeth H	F	353	11	00:10:42	: Birtley AC 68
12	0:12:27	CASSIDY, Ewan	Elswick H	F	309	12	00:10:47	: Morpeth H 112
13	0:12:35	BROWN, Alex	Houghton AC	F	157	13	00:10:55	
14	0:12:36	FISHER, Sam	Morpeth H	F	202	14	00:10:56	
15	0:12:40	HOWARD, Jonathan	Heaton Harriers	F	347	15	00:11:00	
16	0:12:42	MORLEY, Dominic	Tynedale H	F	278	16	00:11:02	
17	0:12:45	MACKAY, Alex	Gosforth H	S	150	17	00:12:45	
18	0:12:46	PHILLIPS, Luke	Sunderland H	S	339	18	00:12:46	
19	0:12:47	RUSSELL, Jed	Gosforth H	F	341	19	00:11:07	
20	0:12:49	QUINN, Samuel	Sunderland H	S	261	20	00:12:49	
21	0:12:50	CAMPION, David	Gateshead H	S	125	21	00:12:50	
22	0:12:51	TURNBULL, Jake	(1) Tynedale Harriers	S	375	22	00:12:51	
23	0:12:51	COLLINS, Samuel	Elswick H	F	369	23	00:11:11	
24	0:12:57	ROBERTSON, Finlay	Tynedale H	F	279	24	00:11:17	
25	0:13:00	MATHER, Andrew	North Shields Poly	F	315	25	00:11:20	
26	0:13:02	BARNES, Robert	Elswick H	F	91	26	00:11:22	
27	0:13:03	NICHOLSON, Jason	Gateshead H	F	330	27	00:11:23	
28	0:13:12	FOLEY, Jack	Birtley AC	F	321	28	00:11:32	
29	0:13:16	ROBINSON, Jack	Sunderland H	F	254	29	00:11:36	
30	0:13:21	MYERS, Sam	Tynedale H	S	371	30	00:13:21	
31	0:13:23	CHAMLEY, Ben	Gosforth H	F	149	31	00:11:43	
32	0:13:26	MITCHEN, Ben	Houghton AC	F	158	32	00:11:46	
33	0:13:28	RIDLEY, Adam	Birtley AC	F	36	33	00:11:48	
34	0:13:30	KING, Michael	Durham City	S	344	34	00:13:30	
35	0:13:44	WILLIAMS, Samuel	Morpeth H	F	368	35	00:12:04	
36	0:13:52	PATTERSON, William	Crook AC	S	358	36	00:13:52	
37	0:13:55	MOORE, Callum	North Shields Poly	S	214	37	00:13:55	
38	0:13:57	KIRBY, Philip	Morpeth H	F	363	38	00:12:17	
39	0:13:59	BOOTH, Patrick	Morpeth H	S	203	39	00:13:59	
40	0:15:34	GREEN, James	Heaton Harriers	S	329	40	00:15:34	

NUMBER	AGE	NAME	TEAM	NEW PACK	OLD PACK
636	Men	HARDING, Ian	(1) Morpeth Harriers & AC	M	S
1015	Men	COATES, Harry	(1) Wallsend Harriers	F(V)	M(V)
654	Men	WALL, Terry	(1) Morpeth Harriers & AC	F(V)	M(V)
410	Men	HEARN, S	(1) Gateshead Harriers	F	M
953	Men	VINCENT, Phil	(1) Tynedale Harriers	M	S
1376	Men	SOUTHERN, Adam	(1) Elswick Harriers	M	S
471	Men	LONGMAN, Lucas	(1) Heaton Harriers	F	M
729	Men	ROBSON, Gary	(1) North Shields Poly	M(V)	S(V)
33	Men	SYERS, Graham	(2) Alnwick Harriers	M	S
34	Men	TELFER, Mike	(2) Alnwick Harriers	M	S
160	Men	COULSON, Phil	(3) Chester-le-Street	F	M
447	Men	ROBERTS, Andy	(1) Heaton Harriers	M	S
95	Men	ASTON, Luke	(3) Blaydon Harriers	M	S
933	Men	HUTCHINSON, Paul	(1) Tynedale Harriers	M	S
224	Men	ALLISON, Jason	(2) Crook AC	F(V)	M(V)
481	Men	MCENTEE, Scott	(1) Heaton Harriers	M	S
893	Men	RENNISON, Michael	(2) Sunderland Strollers	M(V)	S(V)
675	Men	LISTER, Kevin	(3) North East Vets	M(V)	S(V)
918	Men	CASSIDY, Neil	(1) Tynedale Harriers	M(V)	S(V)
29	U17s	BAILES, Adrian	Birtley AC	F	S
136	U15s	CARTWRIGHT, Daniel	Gosforth H	F	S
249	U15s	MYERS, James	Sunderland H	F	S
277	U13s	MORDEY, Bryn	Tynedale H	F	S
340	U13s	SMITH, Jack	Sunderland H	F	S
312	U13s	MORLEY, Matthew	North Shields Poly	F	S
308	U13s	HAYWARD, Oliver	Elswick H	F	S
324	U13s	JOHNSON, Ben	Sunderland H	F	S

SENIOR MEN - PRUDHOE

Place	Time	Name
6	0:33:52	BUIS, James
1	0:29:05	HARDING, Ian
9	0:34:11	FLOYD, Ross
18	0:34:44	CARTER, Tony
25	0:35:00	ARCHER, Jon
26	0:35:02	JENKIN, Dan
32	0:35:11	SWINBURNE, David
41	0:35:32	DONNEKY JR, John
48	0:35:37	ALLAN, Neil
51	0:35:39	LIKEMAN, Mark
2	0:32:18	COATES, Harry
21	0:34:54	SANDERSON, Phillip
3	0:32:59	WALL, Terry
52	0:35:43	BELL, Stewy
74	0:36:09	MORLEY, Chris
17	0:34:43	ALLISON, Jason
122	0:37:32	BENNETT, Lee
27	0:35:03	BRANNON, Tommy
30	0:35:07	REDMAN (V), Paul
45	0:35:37	MAYNARD, Ken

GRAND PRIX POINTS

Team	Cat	No	Pos	Handicap	Points
(1) Heaton Harriers	F	465	6	00:28:52	10
(1) Morpeth Harriers & AC	S	636	1	00:29:05	9
(1) Morpeth Harriers & AC	F	632	9	00:29:11	8
Tyne Bridge Harriers	F	1389	18	00:29:44	7
(1) Low Fell RC	F	546	25	00:30:00	6
(2) Durham City Harriers	F	1293	26	00:30:02	5
(1) Morpeth Harriers & AC	F	651	32	00:30:11	4
(3) Derwentside AC	F	1115	41	00:30:32	3
(2) Birtley AC	F	54	48	00:30:37	2
(1) Heaton Harriers	F	473	51	00:30:39	1
(1) Wallsend Harriers	M(V)	1015	2	00:29:48	10
(2) Elvet Striders	F(V)	333	21	00:29:54	9
(1) Morpeth Harriers & AC	M(V)	654	3	00:30:29	8
(3) Chester-le-Street	F(V)	155	52	00:30:43	7
(1) North Shields Poly	F(V)	1213	74	00:31:09	6
(2) Crook AC	M(V)	224	17	00:32:13	5
(1) Elswick Harriers	F(V)	1074	122	00:32:32	4
(1) North Shields Poly	M(V)	693	27	00:32:33	3
(1) Sunderland Harriers	M(V)	850	30	00:32:37	2
(2) Sunderland Strollers	M(V)	889	45	00:33:07	1

SENIOR MEN - PRUDHOE

Place	Time	Name	Team	TEAM POINTS
7	0:34:00	SOUTHERN, Adam	(1) Elswick Harriers	253
19	0:35:19	PRIOR, Paul	(1) Elswick Harriers	
26	0:35:39	STEPHENSON, Kevin	(1) Elswick Harriers	
56	0:37:32	BENNETT, Lee	(1) Elswick Harriers	
67	0:37:56	CHAMBERS, Greg	(1) Elswick Harriers	
78	0:39:12	JARDIN, David	(1) Elswick Harriers	
86	0:39:42	SLOAN, Peter	(1) Elswick Harriers	
88	0:39:50	MIDDLETON, Andy	(1) Elswick Harriers	
97	0:40:46	HANSON, Tom	(1) Elswick Harriers	
101	0:41:38	CURRY, Stephen	(1) Elswick Harriers	
4	0:33:21	HEARN, S	(1) Gateshead Harriers	235
22	0:35:34	TARBITT, Paul	(1) Gateshead Harriers	
33	0:35:53	HAINSWORTH, Chris	(1) Gateshead Harriers	
46	0:36:34	CONNELLY, Kevin	(1) Gateshead Harriers	
62	0:37:49	MEDD, Steven	(1) Gateshead Harriers	
68	0:37:57	CORBIERE, Neil	(1) Gateshead Harriers	
71	0:38:18	PROUDLOCK, Craig	(1) Gateshead Harriers	
75	0:38:48	HUDSON, Mark	(1) Gateshead Harriers	
91	0:40:10	PHIPPS, Dominic	(1) Gateshead Harriers	
95	0:40:33	ALEXANDER, Alec	(1) Gateshead Harriers	
103	0:41:48	TATE, Paul	(1) Gateshead Harriers	86
105	0:41:55	WILSON, Douglas	(1) Gateshead Harriers	
115	0:48:22	PEACOCK, Rowland	(1) Gateshead Harriers	
6	0:33:52	BUIS, James	(1) Heaton Harriers	
8	0:34:09	LONGMAN, Lucas	(1) Heaton Harriers	
11	0:34:38	ROBERTS, Andy	(1) Heaton Harriers	
13	0:34:47	MCENTEE, Scott	(1) Heaton Harriers	
21	0:35:32	HEBDEN, Andrew	(1) Heaton Harriers	
27	0:35:39	LIKEMAN, Mark	(1) Heaton Harriers	
30	0:35:46	SMITH, Les	(1) Heaton Harriers	
47	0:36:34	BELL, Andrew	(1) Heaton Harriers	239
50	0:37:02	DALEY (V), Sam	(1) Heaton Harriers	
53	0:37:11	WARRINGTON, John	(1) Heaton Harriers	
55	0:37:22	ROBINS, Dan	(1) Heaton Harriers	
60	0:37:46	HARRIS, Shaun	(1) Heaton Harriers	
61	0:37:48	LEYS, Andrew	(1) Heaton Harriers	
70	0:38:08	MCKINNON, Iain	(1) Heaton Harriers	
73	0:38:39	MILES, Mick	(1) Heaton Harriers	
74	0:38:43	GREEN, Philip	(1) Heaton Harriers	
79	0:39:17	LANGFORD, Alan	(1) Heaton Harriers	
81	0:39:23	BATY (V), Edward	(1) Heaton Harriers	92
87	0:39:44	ROBINSON, Ian	(1) Heaton Harriers	
89	0:40:02	SHILLITOE, Ben	(1) Heaton Harriers	
90	0:40:03	ZOPPI, Guillaume	(1) Heaton Harriers	
93	0:40:28	INSKIP, Paul	(1) Heaton Harriers	
106	0:41:57	BRIGNALL, David	(1) Heaton Harriers	
107	0:42:03	MICHAEL, Doug	(1) Heaton Harriers	
109	0:42:24	BHOGAL, Paramjeet	(1) Heaton Harriers	
110	0:42:35	WRIGHT, David	(1) Heaton Harriers	
14	0:35:00	ARCHER, Jon	(1) Low Fell RC	
20	0:35:31	SKILLING, James	(1) Low Fell RC	153
48	0:36:44	GIBSON, Scott	(1) Low Fell RC	
51	0:37:05	MORRIS, Neil	(1) Low Fell RC	
52	0:37:08	WARREN, David	(1) Low Fell RC	
54	0:37:20	JOHNSON, Lawrence	(1) Low Fell RC	
63	0:37:51	HODGSON, Andrew	(1) Low Fell RC	
83	0:39:33	DUNLOP, Sean	(1) Low Fell RC	
99	0:41:12	CAVANAGH, Les	(1) Low Fell RC	
113	0:44:08	WRIGHT, David	(1) Low Fell RC	
117	0:49:42	PHILLIPS, Peter	(1) Low Fell RC	
1	0:29:05	HARDING, Ian	(1) Morpeth Harriers & AC	153
3	0:32:59	WALL, Terry	(1) Morpeth Harriers & AC	
9	0:34:11	FLOYD, Ross	(1) Morpeth Harriers & AC	
18	0:35:11	SWINBURNE, David	(1) Morpeth Harriers & AC	
25	0:35:37	WOODS, John	(1) Morpeth Harriers & AC	
36	0:36:07	HANCOX, Rob	(1) Morpeth Harriers & AC	
64	0:37:51	WINTER, Mike	(1) Morpeth Harriers & AC	
85	0:39:39	KIRBY, Richard	(1) Morpeth Harriers & AC	
118	0:54:17	BRUCE, Stewart	(1) Morpeth Harriers & AC	
10	0:34:14	ROBSON, Gary	(1) North Shields Poly	

15	0:35:03	BRANNON, Tommy	(1) North Shields Poly	
28	0:35:39	ATWELL, Stephen	(1) North Shields Poly	
31	0:35:46	MOORE, Michael	(1) North Shields Poly	
32	0:35:48	YOUNG, Barry	(1) North Shields Poly	
37	0:36:07	BATY, John	(1) North Shields Poly	
39	0:36:09	MORLEY, Chris	(1) North Shields Poly	
72	0:38:35	DIMEO, Alfredo	(1) North Shields Poly	
82	0:39:28	HADDON, Martin	(1) North Shields Poly	
92	0:40:24	FROST, Martin	(1) North Shields Poly	
24	0:35:35	MUIR, Chris	(1) South Shields Harriers & AC	216
34	0:36:04	NETTLEWORTH, Rich	(1) South Shields Harriers & AC	
35	0:36:06	WAKEFIELD, David	(1) South Shields Harriers & AC	
40	0:36:12	JONES (V), Mike	(1) South Shields Harriers & AC	
41	0:36:14	WATSON, Jak	(1) South Shields Harriers & AC	
42	0:36:20	AYRES, Kevin	(1) South Shields Harriers & AC	
44	0:36:25	ASHER, James	(1) South Shields Harriers & AC	
45	0:36:30	ATKINSON, Nick	(1) South Shields Harriers & AC	
57	0:37:33	BAINBRIDGE, George	(1) South Shields Harriers & AC	
58	0:37:42	FOSTER, Ben	(1) South Shields Harriers & AC	
65	0:37:51	MACKEY, Keith	(1) South Shields Harriers & AC	
77	0:39:05	ARTHUR, George	(1) South Shields Harriers & AC	
108	0:42:20	YORSTON, Neil	(1) South Shields Harriers & AC	
114	0:45:24	BONE, Alan	(1) South Shields Harriers & AC	
17	0:35:07	REDMAN (V), Paul	(1) Sunderland Harriers	367
29	0:35:44	HODGSON, Alan	(1) Sunderland Harriers	
69	0:38:00	SAVAGE, David	(1) Sunderland Harriers	
76	0:38:50	WIGHTMAN, Jim	(1) Sunderland Harriers	
80	0:39:19	JUDSON, Fred	(1) Sunderland Harriers	
96	0:40:35	CHRISTOPHER, Len	(1) Sunderland Harriers	
102	0:41:43	BITTLESTONE, William	(1) Sunderland Harriers	
111	0:43:13	PHILLIPS, Dean	(1) Sunderland Harriers	
5	0:33:27	VINCENT, Phil	(1) Tynedale Harriers	226
12	0:34:41	HUTCHINSON, Paul	(1) Tynedale Harriers	
16	0:35:05	CASSIDY, Neil	(1) Tynedale Harriers	
43	0:36:23	COXON, Syd	(1) Tynedale Harriers	
66	0:37:54	JAMESON, Philip	(1) Tynedale Harriers	
84	0:39:37	EDWIN, Paul	(1) Tynedale Harriers	
100	0:41:17	KEENEY, Winston	(1) Tynedale Harriers	
2	0:32:18	COATES, Harry	(1) Wallsend Harriers	265
23	0:35:34	ALLSOPP, Barry	(1) Wallsend Harriers	
38	0:36:07	HETHERINGTON, Brian	(1) Wallsend Harriers	
49	0:36:54	STURMAN, John	(1) Wallsend Harriers	
59	0:37:43	ARMSTRONG, Graham	(1) Wallsend Harriers	
94	0:40:31	CHAMBERS, Kenny	(1) Wallsend Harriers	
98	0:40:53	TODD, Michael	(1) Wallsend Harriers	
104	0:41:54	ROWE, Darryl	(1) Wallsend Harriers	
112	0:43:14	WEIR, Richard	(1) Wallsend Harriers	
116	0:48:30	MADDOCKS, Tony	(1) Wallsend Harriers	
119	0:34:24	SYERS, Graham	(2) Alnwick Harriers	96
120	0:34:30	TELFER, Mike	(2) Alnwick Harriers	
128	0:35:12	SPILLER, Adam	(2) Alnwick Harriers	
133	0:35:37	LILLICO, Jim	(2) Alnwick Harriers	
137	0:35:46	MILLER, Mark	(2) Alnwick Harriers	
167	0:37:36	HINDMARSH, David	(2) Alnwick Harriers	
183	0:39:05	SKIRROW, Graham	(2) Alnwick Harriers	
125	0:34:57	MILLMORE, Lee	(2) Birtley AC	139
134	0:35:37	ALLAN, Neil	(2) Birtley AC	
142	0:36:01	KELLY, David	(2) Birtley AC	
145	0:36:07	FARNIE, Peter	(2) Birtley AC	
148	0:36:13	EILLES, Ronnie	(2) Birtley AC	
153	0:36:41	OAKES, Karl	(2) Birtley AC	
155	0:36:50	LAWS, Shaun	(2) Birtley AC	
176	0:38:16	MCENANEY, Josh	(2) Birtley AC	
181	0:38:55	BATESON, Tim	(2) Birtley AC	
189	0:39:32	COULSON, David	(2) Birtley AC	
190	0:39:34	FLETCHER, Daniel	(2) Birtley AC	
202	0:41:33	FORSTER, Tony	(2) Birtley AC	
218	0:45:08	MILLMORE, Tom	(2) Birtley AC	
230	0:58:05	MURRAY, Barry	(2) Birtley AC	
231	1:01:43	KELLY (V), Patrick	(2) Birtley AC	
174	0:37:56	SINGER, Iain	(2) Blyth RC	
192	0:39:47	BAXTER, Ian	(2) Blyth RC	
211	0:43:00	BRADLEY, Dave	(2) Blyth RC	

219	0:45:14	DICKINSON, Ralph	(2) Blyth RC	
161	0:37:10	SMITH, Jeremy	(2) Claremont RR	399
173	0:37:45	PRATHALINGHAM, Nilendran	(2) Claremont RR	
180	0:38:44	NAYAK, Sumanth	(2) Claremont RR	
193	0:39:49	FALLON, Owen	(2) Claremont RR	
199	0:41:18	HARDING, Jamie	(2) Claremont RR	
201	0:41:32	LESLIE, Graham	(2) Claremont RR	
220	0:45:38	MILBOURNE, Bill	(2) Claremont RR	
121	0:34:43	ALLISON, Jason	(2) Crook AC	119
127	0:35:06	DUFFY, Patrick	(2) Crook AC	
129	0:35:22	BRADSHAW, Graham	(2) Crook AC	
139	0:35:53	MCGRATH, Ian	(2) Crook AC	
154	0:36:41	MALLEN, Mike	(2) Crook AC	
157	0:36:59	BECKETT, Samuel	(2) Crook AC	
160	0:37:08	BRIDGEWATER, Jason	(2) Crook AC	
166	0:37:32	HOOPER, Mike	(2) Crook AC	
182	0:39:04	SIMPSON, Mike	(2) Crook AC	
186	0:39:14	CLARKE, Wayne	(2) Crook AC	
188	0:39:20	WELSH, David	(2) Crook AC	
196	0:40:29	HARBISHER, Martin	(2) Crook AC	
200	0:41:26	PARKIN (V), Percy	(2) Crook AC	
209	0:42:19	PATRICK, Colin	(2) Crook AC	
214	0:43:12	BAINBRIDGE, Ian	(2) Crook AC	
229	0:55:11	THOMPSON,	(2) Crook AC	
126	0:35:02	JENKIN, Dan	(2) Durham City Harriers	
130	0:35:23	KING, Dave	(2) Durham City Harriers	
152	0:36:39	TAIT, Ted	(2) Durham City Harriers	
171	0:37:40	DOWDLE, James	(2) Durham City Harriers	
185	0:39:13	COULTER, Gary	(2) Durham City Harriers	
123	0:34:54	SANDERSON, Phillip	(2) Elvet Striders	197
131	0:35:23	HORSLEY, Will	(2) Elvet Striders	
156	0:36:50	BENNETT, Michael	(2) Elvet Striders	
162	0:37:13	DAVIS, Geoff	(2) Elvet Striders	
165	0:37:29	GARLAND, James	(2) Elvet Striders	
168	0:37:36	THOMAS, Ian	(2) Elvet Striders	
175	0:38:09	SAWALA, Till	(2) Elvet Striders	
177	0:38:28	GIBSON, David	(2) Elvet Striders	
191	0:39:42	ROBERTS, Shaun	(2) Elvet Striders	
194	0:39:57	DAGLISH, Graham	(2) Elvet Striders	
204	0:41:39	HEPPLE, Nigel	(2) Elvet Striders	
205	0:41:40	HOCKIN, Richard	(2) Elvet Striders	
206	0:41:56	ROBSON, Alistair	(2) Elvet Striders	
215	0:44:15	DAVIES, Gary	(2) Elvet Striders	
222	0:45:57	HIBELL, Daniel	(2) Elvet Striders	
143	0:36:02	BUSWELL, William	(2) Gosforth Harriers & AC	350
144	0:36:05	THOMAS, Kevin	(2) Gosforth Harriers & AC	
210	0:42:57	MCQUADE, Richard	(2) Gosforth Harriers & AC	
213	0:43:06	WADDELL, John	(2) Gosforth Harriers & AC	
224	0:47:01	BUSWELL, John	(2) Gosforth Harriers & AC	
124	0:34:56	ROBSON, Colin	(2) Jarrow & Hebburn AC	331
138	0:35:48	DEACON, Craig	(2) Jarrow & Hebburn AC	
151	0:36:34	SALKELD, Ian	(2) Jarrow & Hebburn AC	
178	0:38:32	BUNN (V), Michael	(2) Jarrow & Hebburn AC	
223	0:46:30	PASCOE, Barry	(2) Jarrow & Hebburn AC	
225	0:47:07	PRUDHAM (V), Joe	(2) Jarrow & Hebburn AC	
226	0:47:10	SLESSER, Alan	(2) Jarrow & Hebburn AC	
132	0:35:27	HUGHES, Kyle	(2) Saltwell Harriers	214
136	0:35:44	THOMPSON, Jim	(2) Saltwell Harriers	
149	0:36:27	CONWAY, Ged	(2) Saltwell Harriers	
164	0:37:28	SMITH, Fred	(2) Saltwell Harriers	
169	0:37:36	FRASER, Walter	(2) Saltwell Harriers	
172	0:37:40	FORSTER, Tim	(2) Saltwell Harriers	
187	0:39:18	ARMSTRONG, Iain	(2) Saltwell Harriers	
198	0:41:01	MULLARKEY, Peter	(2) Saltwell Harriers	
207	0:42:09	JAMES, Phil	(2) Saltwell Harriers	
208	0:42:12	REA, Paul	(2) Saltwell Harriers	
122	0:34:52	RENNISON, Michael	(2) Sunderland Strollers	123
135	0:35:37	MAYNARD, Ken	(2) Sunderland Strollers	
140	0:35:56	TAYLOR, Liam	(2) Sunderland Strollers	
141	0:35:57	BOWMAN, William	(2) Sunderland Strollers	
146	0:36:09	BLYTH, Kevin	(2) Sunderland Strollers	
147	0:36:11	GRAHAM, Steven	(2) Sunderland Strollers	
150	0:36:27	WILSON, Paul	(2) Sunderland Strollers	

158	0:37:01 ALLSOP, Tim	(2) Sunderland Strollers	
159	0:37:07 O'NEILL, Kevin	(2) Sunderland Strollers	
163	0:37:22 THORPE, Graeme	(2) Sunderland Strollers	
170	0:37:36 CARROLL, Brian	(2) Sunderland Strollers	
179	0:38:34 PULLAN, Graeme	(2) Sunderland Strollers	
184	0:39:08 GERRY, Richard	(2) Sunderland Strollers	
195	0:40:23 KHAN, Adnan	(2) Sunderland Strollers	
197	0:40:31 ROBSON, Dean	(2) Sunderland Strollers	
203	0:41:35 GREENFIELD, James	(2) Sunderland Strollers	
212	0:43:04 KISZOW, Stephen	(2) Sunderland Strollers	
216	0:44:23 KIRK, Bill	(2) Sunderland Strollers	
217	0:44:44 WEST, Paul	(2) Sunderland Strollers	
221	0:45:40 LEWINS, Paul	(2) Sunderland Strollers	
227	0:51:10 WOODWARD, John	(2) Sunderland Strollers	
228	0:51:10 CADWGAN, Alun	(2) Sunderland Strollers	
244	0:36:45 HAYDEN, Ian	(3) Aurora	159
255	0:39:00 HUNTER, Phillip	(3) Aurora	
256	0:39:18 SKEOCH, Robert	(3) Aurora	
259	0:40:07 THOMPSON, Andrew	(3) Aurora	
262	0:40:54 USHER, Brian	(3) Aurora	
269	0:42:18 RAINE, William	(3) Aurora	
264	0:41:15 KNOX, Martin	(3) Aycliffe RC	
270	0:42:37 GIBSON, Colin	(3) Aycliffe RC	
280	0:52:03 NICHOLSON, Rob	(3) Aycliffe RC	
238	0:36:09 BEST, David	(3) Blackhill Bounders	193
245	0:37:04 BURNS, Graham	(3) Blackhill Bounders	
268	0:42:13 POWELL, Mike	(3) Blackhill Bounders	
273	0:44:40 RICHARDSON, Brian	(3) Blackhill Bounders	
276	0:45:49 GILL, Mike	(3) Blackhill Bounders	
279	0:46:43 WINTER, Geoffrey	(3) Blackhill Bounders	
233	0:34:40 ASTON, Luke	(3) Blaydon Harriers	133
247	0:37:27 GARRAGHAN, Patrick	(3) Blaydon Harriers	
251	0:38:00 REGAN, Daniel	(3) Blaydon Harriers	
252	0:38:53 MUIR, Alex	(3) Blaydon Harriers	
265	0:41:23 SALMON, David	(3) Blaydon Harriers	
271	0:42:58 LIDDLE, Brian	(3) Blaydon Harriers	
232	0:34:35 COULSON, Phil	(3) Chester-le-Street	
237	0:35:43 BELL, Stewy	(3) Chester-le-Street	
236	0:35:32 DONNEKY JR, John	(3) Derwentside AC	119
241	0:36:32 REAY, David	(3) Derwentside AC	
249	0:37:53 JACKSON, Steven	(3) Derwentside AC	
253	0:38:54 EILLES, Paul	(3) Derwentside AC	
254	0:38:57 BUCKLEY, Brian	(3) Derwentside AC	
272	0:44:38 HOWE, David	(3) Derwentside AC	
235	0:35:08 GREY, Thomas	(3) Houghton AC	150
243	0:36:39 MCGARTH, Shaun	(3) Houghton AC	
250	0:37:59 WRIGHT, David	(3) Houghton AC	
263	0:41:04 PEARSON, Stephen	(3) Houghton AC	
267	0:41:36 LEONARD, Simon	(3) Houghton AC	
278	0:46:33 DICKINSON, Michael	(3) Houghton AC	
242	0:36:34 BLAGBURN, Robin	(3) Jesmond Joggers	171
246	0:37:12 MCDONALD, Ian	(3) Jesmond Joggers	
258	0:39:36 LYNCH, Conor	(3) Jesmond Joggers	
260	0:40:27 FALCONER, Simon	(3) Jesmond Joggers	
274	0:44:53 BLAIR, Geoffrey	(3) Jesmond Joggers	
277	0:46:04 ARMSTRONG, Bill	(3) Jesmond Joggers	
234	0:34:54 LISTER, Kevin	(3) North East Vets	
239	0:36:27 BELL, Jon	(3) North East Vets	
261	0:40:31 SNOWDON, Steve	(3) North East Vets	
275	0:45:01 BURDEN, Nick	(3) North East Vets	
240	0:36:27 ROBSON, William	(3) PB Fitness	
248	0:37:45 MCNESTRY, Chris	(3) PB Fitness	
257	0:39:26 WALKER, Iain	(3) PB Fitness	
266	0:41:25 MADDISON, Ian	(3) Ryton Tri	
281	0:36:16 NASH, Richard	Hatton Darts	
282	0:34:44 CARTER, Tony	Tyne Bridge Harriers	