

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U15 Boys — FINAL RESULTS

Distance = 4.25Km

Pos	Name	Club	Time
1	Adam Howard	Oldham And Royton H & AC	14:38
2	Matthew Shirling	St Helens Sutton AC	14:51
3	Haran Dunderdale	Lincoln Wellington AC	15:15
4	Owen Sharp	Liverpool Harriers & AC	15:31
5	Dylan Love	Lincoln Wellington AC	15:32
6	Matthew Hulse	Warrington Athletic Club	15:35
7	James Knox	Kendal AC	15:38
8	Max Wharton	Halifax Harriers	15:46
9	Will Smith	City Of York AC	15:47
10	Elliott Stones	Scunthorpe & District AC	15:49
11	Jerome Castelow	Halifax Harriers	15:50
12	James Hall	Wharfedale Harriers	15:52
13	Thomas Blanchard	Halifax Harriers	15:56
14	Luke Clark	South Shields H & Ac	15:58
15	J Steward	E Cheshire H & Tameside Ac	15:59
16	Liam Burthem	Warrington Athletic Club	16:00
17	Neil Orr	Border Harriers	16:06
18	Greg Chambers	Elswick Harriers	16:07
19	Luke Cotter	Rotherham Harriers & AC	16:08
20	Ross Campbell	Barrow & Furness Striders AC	16:09
21	Liam Stedman	Spennborough AC	16:11
22	Andrew Smith	Pudsey & Bramley AC	16:13
23	Matthew Wigelsworth	Warrington Athletic Club	16:16
24	Liam Watson	Middlesbrough Ac (mandale)	16:19
25	Rory Judd	Preston Harriers	16:21
26	Anthony Walleit	North Shields Poly	16:26
27	Adam Oxley	Kingston Upon Hull AC	16:27
28	Patrick Dever	Preston Harriers	16:28
29	Andrew Kershaw	Southport Waterloo AC	16:29
30	Richard Evans	Wirral A C	16:38
31	Thomas Goulding	Chester-Le-Street And District	16:43
32	Paul Tyson	Liverpool Harriers & AC	16:44
33	James Needham	Kingston Upon Hull AC	16:45
34	Robert Scarborough	Scarborough Athletic Club	16:47
35	Jack Willis	Middlesbrough & Cleveland H	16:49
36	Cameron Field	Warrington Athletic Club	16:50
37	Ciaran Wilson-Baig	Halifax Harriers	16:51
38	Paul Davis	Spennborough AC	16:52
39	Sam Convery	Wakefield & District Harriers	16:53
40	Michael Wilson	Sunderland Harriers	16:55
41	Callum Grant	Liverpool Harriers & AC	16:56
42	Sandy Kelly	Preston Harriers	16:57
43	C Dinsdale	E Cheshire H & Tameside Ac	16:57
44	Glen Ient	Richmond And Zetland Harriers	16:59
45	Samuel Wheatley	New Marske Harriers	17:00
46	Charlie Sarginson	City Of York AC	17:01
47	Jake Findlay	Shildon R & Ac	17:01
48	Jack Brown	Bury AC	17:02
49	Daniel Franks	Wakefield & District Harriers	17:02
50	Dominic Owen	Leeds Carnegie AC	17:07
51	Connor Ryan	Rotherham Harriers & AC	17:08
52	T McGuinness	E Cheshire H & Tameside Ac	17:08
53	Daniel Haymes	Derby AC	17:13
54	Luke Penswick	Preston Harriers	17:15
55	Joshua Walton	Hallamshire Harriers	17:16
56	Luke Cooper	Leeds City AC	17:18
57	Dominic Hill	Sunderland Harriers	17:21
58	Mark Sullivan	Kendal AC	17:22
59	Jimmy Castle	Sale Harriers Manchester	17:24
60	Thomas Coyne	Jarrow & Hebbum AC	17:26
61	Joshua Dyball	Hallamshire Harriers	17:26
62	Jack Boland	Sale Harriers Manchester	17:32
63	Blake Wills	Derby AC	17:37
64	Jake Homby	Grantham Ac	17:40
65	Patrick Stradling	Vale Royal	17:43
66	Sam Hever	Longwood Harriers	17:47
67	William Patterson	Wirral A C	17:50
68	William Ingram	Wakefield & District Harriers	17:51
69	Sebastian Reichel	Sedgefield Harriers	17:53
70	Connor Blair	Gosforth Harriers	17:55
71	Lewis Crank	Longwood Harriers	17:56
72	Jonathon Stewart	Manchester Harriers & AC	17:57
73	Alton Fowley	Rossendale Harriers	17:58
74	Robert Bentham	Rotherham Harriers & AC	17:59
75	Robert Sanderson	Wakefield & District Harriers	18:00
76	Dominic Chambers	Derby AC	18:01
77	Joshua Wain	Bingley Harriers & Ac	18:03
78	Charlie Quinn	Wirral A C	18:05
79	James Riach	Lancaster And Morecambe AC	18:07
80	William Johnson	Rotherham Harriers & AC	18:14
81	Khaled Absiyeh	Sale Harriers Manchester	18:16
82	Adam Ewart	Gosforth Harriers	18:18
83	Joel Jones	Sunderland Harriers	18:19
84	Joseph Walker	Elswick Harriers	18:20
85	Mark Bunn	Jarrow & Hebbum AC	18:21
86	Christopher Milburn	Blaydon H & AC	18:21
87	Guy Reeve	Wirral A C	18:25
88	Robert Morris	Longwood Harriers	18:26
89	Aaron Arthur	Holmfirth Harriers Ac	18:28
90	Taylor Lawrence	Derby AC	18:34
91	James Anthoney	Spennborough AC	18:36
92	Sam Hearmon	Sedgefield Harriers	18:37
93	Eddie Hinchliffe	Holmfirth Harriers Ac	18:38
94	Benn Heywood	Bury AC	18:41
95	Daniel Neal	Preston Harriers	18:46
96	Cameron Dye	Wakefield & District Harriers	18:49
97	Jack Michaels	Kingston Upon Hull AC	18:59
98	Robert Hinchliffe	Holmfirth Harriers Ac	19:00
99	Thomas Nolan-Barnes	Lancaster And Morecambe AC	19:03
100	Chris Sheffer	Blyth Running Club	19:06
101	Ben Davis-Rice	Oldham And Royton H & AC	19:11
102	James Myers	Sunderland Harriers	19:12
103	I Graham	E Cheshire H & Tameside Ac	19:12
104	Nathaniel Welsby	Harrogate Harriers & Ac	19:19
105	Andrew Jones	Wakefield & District Harriers	19:24
106	Jack Jones	Hallamshire Harriers	19:25
107	Jack Wade	Shildon R & Ac	19:27
108	Daniel Cartwright	Gosforth Harriers	19:32
109	Lewis Thompson	Houghton Harriers And Ac	19:35
110	Jordan Heslop	Elswick Harriers	20:05
111	Joseph Bell	Shildon R & Ac	20:10
112	Luca Irvine	Sunderland Harriers	20:31
113	Henrik Paulsen	Morpeth H & ac	20:42
114	Joseph Woods	Blyth Running Club	20:43
115	James Stott	Macclesfield Harriers & AC	20:52
116	Joseph Dungworth	Blyth Running Club	21:02
117	Jonathan Kirk	Houghton Harriers And Ac	22:43
118	Keenan Chambers	Derby AC	22:44

## U15 Boys — TEAM RESULTS

1	Halifax Harriers	69	—	8	Max Wharton	11	Jerome Castelow	13	Thomas Blanchard	37	Ciaran Wilson-Baig
2	Warrington Athletic Club	81	—	6	Matthew Hulse	16	Liam Burthem	23	Matthew Wigelsworth	36	Cameron Field
3	Preston Harriers	149	—	25	Rory Judd	28	Patrick Dever	42	Sandy Kelly	54	Luke Penswick
4	E Cheshire H & Tameside Ac	213	—	15	J Steward	43	C Dinsdale	52	T McGuinness	103	I Graham
5	Rotherham Harriers & AC	224	—	19	Luke Cotter	51	Connor Ryan	74	Robert Bentham	80	William Johnson
6	Wakefield & District Harriers	231	—	39	Sam Convery	49	Daniel Franks	68	William Ingram	75	Robert Sanderson
7	Wirral A C	262	—	30	Richard Evans	67	William Patterson	78	Charlie Quinn	87	Guy Reeve
8	Derby AC	282	—	53	Daniel Haymes	63	Blake Wills	76	Dominic Chambers	90	Taylor Lawrence
9	Sunderland Harriers	282	—	40	Michael Wilson	57	Dominic Hill	83	Joel Jones	102	James Myers

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U17 Women — FINAL RESULTS

Distance = 5Km

Pos	Name	Club	Time
1	Megan Huxley	Vale Royal	17:56
2	G TaykorBrown	E Cheshire H & Tameside Ac	18:19
3	Fiona Bell	Hallamshire Harriers	18:35
4	Matilda Lowther	City Of York AC	18:54
5	E Peters	E Cheshire H & Tameside Ac	18:59
6	Danielle Wallis	Macclesfield Harriers & AC	19:04
7	Sally Smith	Wakefield & District Harriers	19:06
8	Naomi Collier	Grantham Ac	19:12
9	Jessica Lonsdale	Kingston Upon Hull AC	19:18
10	Sarah Astin	Manx Harriers	19:19
11	Shannon Johnson	Leigh Harriers & AC	19:24
12	Zoe Hewitson	Shildon R & Ac	19:26
13	Rebecca Taylor	Blackburn Harriers	19:29
14	Amy Mellor	Buxton Ac	19:30
15	Sarah Hodgson	Lancaster And Morecambe AC	19:35
16	Tessa McCormick	Vale Royal	19:44
17	K Reynolds	E Cheshire H & Tameside Ac	19:47
18	Natasha Hatswell	Rotherham Harriers & AC	19:50
19	Madelaine Winzer	Richmond And Zetland Harriers	19:59
20	Kirsty Shipman	Derby AC	20:00
21	Chloe Price	Durham City Harriers	20:08
22	Amelia Pettitt	Vale Royal	20:09
23	Phillipa Williams	Elswick Harriers	20:14
24	Bethany Jones	Leigh Harriers & AC	20:15
25	Katherine Walker	Liverpool Harriers & AC	20:16
26	Bethany Ansell	City Of Sheffield	20:18
27	Codie Marsh	Rotherham Harriers & AC	20:19
28	Katie Michaels	Kingston Upon Hull AC	20:20
29	Charlotte Kennedy	Carlisle Aspatria Ac	20:25
30	Calvi Thompson	City Of Sheffield	20:27
31	Charlotte Edge	Scarborough Athletic Club	20:33
32	Elizabeth Lee	Leigh Harriers & AC	20:34
33	L Smith	Altrincham & District Ac	20:35
34	Gemma Wallett	North Shields Poly	20:37
35	S Ratcliffe	E Cheshire H & Tameside Ac	20:40
36	Kate Moulds	Vale Royal	20:40
37	Libbie Read	Lincoln Wellington AC	20:43
38	Laura Sullivan	Preston Harriers	20:48
39	Georgina Leck	Leigh Harriers & AC	20:52
40	Sheridan McWilliam	Lincoln Wellington AC	20:54
41	Rebecca Miller	Derby AC	20:55
42	Imogen Nutter	Stockport Harriers	20:56
43	Ailsa McGregor	Morpeth H & ac	21:02
44	Nicole Peters	Kingston Upon Hull AC	21:04
45	Amy Sutcliffe	Pudsey & Bramley AC	21:06
46	Lucy Whittick	Vale Royal	21:07
47	Charlotte Atkinson	Blackburn Harriers	21:10
48	Emma Erskine	Derby AC	21:13
49	Aimee Gallagher	Preston Harriers	21:14
50	Harriett Buswell	Gosforth Harriers	21:15
51	Laura Donnelly	Lincoln Wellington AC	21:18
52	Michela Kellet	Seaton Ac	21:19
53	Sophia Tucker	Grantham Ac	21:21
54	Jessica McDermott	Preston Harriers	21:25
55	Olivia Perez	Liverpool Harriers & AC	21:28
56	Emily Fletcher	Blackburn Harriers	21:30
57	Rebecca Pease	Gateshead Harriers & Athletics	21:32
58	Rebecca Donohue	Liverpool Harriers & AC	21:37
59	Kate Coulson	New Marske Harriers	21:38
60	Rachael Pearse	Gosforth Harriers	21:41
61	Olivia Miller	Barrow & Furness Striders AC	21:42
62	Zoe Harding	Lancaster And Morecambe AC	21:46
63	Nicola Moss	Louth Athletic Club	21:48
64	Eve Cavany	Kingston Upon Hull AC	22:00
65	Elizabeth Wood	Shildon R & Ac	22:03
66	Misha Nayak-Oliver	Sale Harriers Manchester	22:05
67	Laura Eden	City Of York AC	22:05
68	Ashley Smith	Preston Harriers	22:15
69	Hannah Bishop	Vale Royal	22:20
70	Charmaine Porter	Jarrow & Hebbum AC	22:21
71	Jacinta Davison	Blackburn Harriers	22:25
72	Elsbeth Thomas	Blaydon H & AC	22:27
73	Victoria Calderbank	Sale Harriers Manchester	22:30
74	Holly Barrett	Liverpool Harriers & AC	22:38
75	Jenna Killock	Bingley Harriers & Ac	22:41
76	Sarah Tipping	Stockport Harriers	22:55
77	Carrie Beadle	Lancaster And Morecambe AC	23:01
78	Mollie Flannery	Spenborough AC	23:08
79	Hannah Wain	Liverpool Harriers & AC	23:18
80	C Jordan	Middlesbrough & Cleveland H	23:20
81	V Hartshorne	E Cheshire H & Tameside Ac	23:22
82	Lyndsey Page	Houghton Harriers And Ac	23:23
83	Rebecca Carpenter	Elswick Harriers	23:27
84	Caitlin Bradbury	Blaydon H & AC	23:39
85	Rebecca Nail	Blyth Running Club	23:42
86	Susannah Curran	City Of Sheffield	24:01
87	Faye Lockhart	Gateshead Harriers & Athletics	24:09
88	Emma Penniston	Boston & District Ac	24:41
89	Kirsty Leih	Longwood Harriers	25:02
90	Lauren Newsham	Elswick Harriers	33:51

## U17 Women — TEAM RESULTS

1 E Cheshire H & Tameside Ac	59 — 2 G TaykorBrown	5 E Peters	17 K Reynolds	35 S Ratcliffe
2 Vale Royal	75 — 1 Megan Huxley	16 Tessa McCormick	22 Amelia Pettitt	36 Kate Moulds
3 Leigh Harriers & AC	106 — 11 Shannon Johnson	24 Bethany Jones	32 Elizabeth Lee	39 Georgina Leck
4 Kingston Upon Hull AC	145 — 9 Jessica Lonsdale	28 Katie Michaels	44 Nicole Peters	64 Eve Cavany
5 Blackburn Harriers	187 — 13 Rebecca Taylor	47 Charlotte Atkinson	56 Emily Fletcher	71 Jacinta Davison
6 Preston Harriers	209 — 38 Laura Sullivan	49 Aimee Gallagher	54 Jessica McDermott	68 Ashley Smith
7 Liverpool Harriers & AC	212 — 25 Katherine Walker	55 Olivia Perez	58 Rebecca Donohue	74 Holly Barrett

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U13 Girls — FINAL RESULTS

Distance = 3Km

Pos	Name	Club	Time
1	H Knowles-Jones	Warrington Athletic Club	10:30
2	B Donnelly	E Cheshire H & Tameside Ac	10:46
3	Sophie Tarver	Wirral A C	10:50
4	Elizabeth Smith	Warrington Athletic Club	11:00
5	Chelsea Nugent	Carlisle Aspatria Ac	11:02
6	Ella Eadon	City Of York AC	11:03
7	Phillippa Chambers	Elswick Harriers	11:15
8	Kate Waugh	Gateshead Harriers & Athletics	11:17
9	Megan Berriman	Halifax Harriers	11:19
10	Florence McPate	Gosforth Harriers	11:21
11	Lucy Donaghy	Stockport Harriers	11:23
12	Chleo Fitton	Wakefield & District Harriers	11:25
13	Molly Thomson	Liverpool Harriers & AC	11:26
14	Flora Whyte	Sale Harriers Manchester	11:26
15	Elizabeth Hardcastle	Louth Athletic Club	11:28
16	Bethany Blackwell	Preston Harriers	11:29
17	Georgia AstonMassey	Halton Frodsham Harriers	11:30
18	Catherine Podmore	Sale Harriers Manchester	11:31
19	Katy Whiteoak	Stockport Harriers	11:32
20	Rose Johnson	St Helens Sutton AC	11:33
21	Rosie Findlay	Shildon R & Ac	11:36
22	Phillipa Stone	Middlesbrough Ac (mandale)	11:38
23	Sophia Brennan	Liverpool Harriers & AC	11:40
24	L McGuinness	E Cheshire H & Tameside Ac	11:43
25	Katie Astin	Manx Harriers	11:46
26	Jessica Coulson	Warrington Athletic Club	11:48
27	Bethan Oates	Wakefield & District Harriers	11:49
28	Ellie Mahon	Gateshead Harriers & Athletics	11:50
29	Danielle Webb	St Helens Sutton AC	11:51
30	E Brackenridge-Jo	Stockport Harriers	11:52
31	Molly Scarr	Blackpool Wyre & Fylde AC	11:52
32	Sarah McGrail	Warrington Athletic Club	11:54
33	Emily Rowe	Liverpool Harriers & AC	11:56
34	Olivia Sykes	Holmfirth Harriers Ac	11:56
35	Grace Handley	Preston Harriers	11:57
36	Molly Travis	Halifax Harriers	12:00
37	Louise Redmond	Halifax Harriers	12:01
38	Danielle Stringer	Manchester Harriers & AC	12:02
39	Maxine Smith	Preston Harriers	12:03
40	Leah O'Connell	Stockport Harriers	12:04
41	Saskia Lewis	Wakefield & District Harriers	12:04
42	Hollie Barnes	Salford Metropolitan Ac	12:05
43	Sophie Burnett	Sunderland Harriers	12:06
44	Hannah Simeen	Sale Harriers Manchester	12:07
45	Erica Byram	Holmfirth Harriers Ac	12:07
46	Georgia Plant	Trafford AC	12:08
47	Charlotte Waddington	Rosendale Harriers	12:08
48	Britany Sharples	Stockport Harriers	12:09
49	Ciara Lydon	Trafford AC	12:09
50	Jessica Chapman	Beverley Ac	12:10
51	Maisie Elliott	Rotherham Harriers & AC	12:10
52	Imogen Poore	Gateshead Harriers & Athletics	12:10
53	Nina Rawlings	Sale Harriers Manchester	12:11
54	Molly Bogin	Manchester Harriers & AC	12:11
55	Beth Tilley	Gateshead Harriers & Athletics	12:11
56	Leah Ogden	Scarborough Athletic Club	12:12
57	Caitlin Whitehead	Manchester Harriers & AC	12:12
58	Sarah Stockman	Macclesfield Harriers & AC	12:13
59	Emma Clapton	Scarborough Athletic Club	12:14
60	Holly Johnstone	Preston Harriers	12:15
61	Alice Bruce	Sale Harriers Manchester	12:17
62	Julia Hassall	Sale Harriers Manchester	12:18
63	Amy Renton	Warrington Athletic Club	12:20
64	Isabel Wharton	Halifax Harriers	12:22
65	Lucy Keelan	Preston Harriers	12:22
66	Emma Donaghy	Stockport Harriers	12:23
67	Eleanor Boyle	Bury AC	12:23
68	DemiiImpett	Blackpool Wyre & Fylde AC	12:24
69	Jasmine Hannon	Stockport Harriers	12:25
70	Olivia Bateman	Birtley A C	12:27
71	Rosie Marshall	Nene Valley	12:29
72	Emily Gill	Wakefield & District Harriers	12:31
73	Isabella Lewis	Rosendale Harriers	12:32
74	Sophie Bronze	Alnwick Harriers	12:33
75	Laura Sanderson	Wakefield & District Harriers	12:34
76	Abbie Gray	Liverpool Harriers & AC	12:35
77	Hannah Featherstone	Sedgefield Harriers	12:36
78	Jennifer Smalley	Bury AC	12:36
79	Grace Bower	Stockport Harriers	12:37
80	Hannah Najafi	Richmond And Zetland Harriers	12:37
81	Amelia Robinson	Kingston Upon Hull AC	12:38
82	Fiona Hockey	Blackpool Wyre & Fylde AC	12:39
83	Lucy Byram	Holmfirth Harriers Ac	12:40
84	Laura Nicholson	Warrington Athletic Club	12:41
85	Rebecca Mott	Sedgefield Harriers	12:43
86	Laura Blenkinsopp	Middlesbrough Ac (mandale)	12:44
87	Elizabeth Howard	Bury AC	12:46
88	Louise Watterson	Warrington Athletic Club	12:47
89	Beth Goddard	Trafford AC	12:49
90	Leah McDonald	Oldham And Royton H & AC	12:50
91	Jenny Pyatt	Halton Frodsham Harriers	12:52
92	Leah Epton	Louth Athletic Club	12:52
93	Heidi Murray	Helm Hill Runners	12:53
94	C Lockett	E Cheshire H & Tameside Ac	12:53
95	Lucy Griffiths	St Helens Sutton AC	12:54
96	Charlotte Crook	Preston Harriers	12:55
97	Lucy Iblison	Lancaster And Morecambe AC	12:57
98	Karley Jarrett	Stockport Harriers	12:59
99	Rachel McManus	Trafford AC	13:01
100	Sophie Hamilton	Carlisle Aspatria Ac	13:01
101	Rebecca Morris	Longwood Harriers	13:02
102	D Hinchcliffe	Holmfirth Harriers Ac	13:03
103	Abbie Dickinson	Warrington Athletic Club	13:04
104	A Newell	E Cheshire H & Tameside Ac	13:05
105	Tenisha Maher	Liverpool Harriers & AC	13:06
106	Frankie Granger	Lancaster And Morecambe AC	13:06
107	Keira Grady	Halton Frodsham Harriers	13:07
108	Gabrielle Kelly	Trafford AC	13:08
109	Morgan Dennis	Beverley Ac	13:09
110	Jessica Richardson	Elswick Harriers	13:10
111	Olivia Thompson	Liverpool Harriers & AC	13:11
112	Charlotte Davies	Halton Frodsham Harriers	13:13
113	Chloe Hever	Longwood Harriers	13:15
114	Kelly Dawson	Beverley Ac	13:16
115	Lauryn Garwood	Beverley Ac	13:19
116	N Hartshome	E Cheshire H & Tameside Ac	13:25
117	Emily Hughes	Stockport Harriers	13:26
118	Genevieve Durrans	Holmfirth Harriers Ac	13:29
119	R Jones	Houghton Harriers And Ac	13:30
120	Racheal Hart	Liverpool Harriers & AC	13:34
121	Bethany Whyatt	Louth Athletic Club	13:35
122	Anna Riach	Lancaster And Morecambe AC	13:37
123	Coulson Danielle	Birtley A C	13:39
124	Amy Moran	Warrington Athletic Club	13:40
125	Eleanor Solomon	Rosendale Harriers	13:43
126	Georgina Ragan	Oldham And Royton H & AC	13:45
127	Laura Benson	Leeds City AC	13:48
128	Nicole Scarfe	Rotherham Harriers & AC	13:51
129	Charlotte Newman	Blaydon H & AC	13:56
130	Millie Michaels	Kingston Upon Hull AC	13:57
131	Emily Toulson	Darlington Harriers &	13:59
132	Courtney Jones	Gateshead Harriers & Athletics	14:06
133	Charlie Hedley	Blyth Running Club	14:08
134	Jenna Dixon	Blaydon H & AC	14:09
135	Emily Ross	Halton Frodsham Harriers	14:17
136	Natalie Stainton	Louth Athletic Club	14:19
137	Megan Hetherington	Sedgefield Harriers	14:20
138	Allana Jones	Lancaster And Morecambe AC	14:22
139	Ellie Gaines	Sedgefield Harriers	14:24
140	Emily Robertshaw	Sedgefield Harriers	14:38
141	Aisha Najafi	Richmond And Zetland Harriers	14:45
142	Kelsey Grady	Halton Frodsham Harriers	14:57
143	Erin White	Blaydon H & AC	15:02
144	Alice Dungworth	Blyth Running Club	15:15
145	Keira Yorston	South Shields H & Ac	15:22
146	Summer Gatens	South Shields H & Ac	15:22
147	Shannon Ross	Shildon R & Ac	16:04

## U13 Girls — TEAM RESULTS

1 Warrington Athletic Club	63 — 1 H Knowles-Jones	4 Elizabeth Smith	26 Jessica Coulson	32 Sarah McGrail
2 Stockport Harriers	100 — 11 Lucy Donaghy	19 Katy Whiteoak	30 E Brackenridge-Jo	40 Leah O'Connell
3 Sale Harriers Manchester	129 — 14 Flora Whyte	18 Catherine Podmore	44 Hannah Simeen	53 Nina Rawlings
4 Gateshead Harriers & Athletics	143 — 8 Kate Waugh	28 Ellie Mahon	52 Imogen Poore	55 Beth Tilley
5 Liverpool Harriers & AC	145 — 13 Molly Thomson	23 Sophia Brennan	33 Emily Rowe	76 Abbie Gray
6 Halifax Harriers	146 — 9 Megan Berriman	36 Molly Traviss	37 Louise Redmond	64 Isabel Wharton
7 Preston Harriers	150 — 16 Bethany Blackwell	35 Grace Handley	39 Maxine Smith	60 Holly Johnstone
8 Wakefield & District Harriers	152 — 12 Chleo Fitton	27 Bethan Oates	41 Saskia Lewis	72 Emily Gill
9 E Cheshire H & Tameside Ac	224 — 2 B Donnelly	24 L McGuinness	94 C Lockett	104 A Newell
10 Holmfirth Harriers Ac	264 — 34 Olivia Sykes	45 Erica Byram	83 Lucy Byram	102 D Hinchcliffe
11 Trafford AC	283 — 46 Georgia Plant	49 Ciara Lydon	89 Beth Goddard	99 Rachel McManus
12 Halton Frodsham Harriers	327 — 17 Georgia AstonMassey	91 Jenny Pyatt	107 Keira Grady	112 Charlotte Davies
13 Louth Athletic Club	364 — 15 Elizabeth Hardcastle	92 Leah Epton	121 Bethany Whyatt	136 Natalie Stainton
14 Beverley Ac	388 — 50 Jessica Chapman	109 Morgan Dennis	114 Kelly Dawson	115 Lauryn Garwood
15 Sedgefield Harriers	438 — 77 Hannah Featherstone	85 Rebecca Mott	137 Megan Hetherington	139
16 Lancaster And Morecambe AC	463 — 97 Lucy Ibison	106 Frankie Granger	122 Anna Riach	138 Allana Jones

Ellie Gaines

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U17 Men — FINAL RESULTS (\$=non-counter)

Distance = 6Km

Pos	Name	Club	Time	Pos	Name	Club	Time
1	Lewis Hogg	Gateshead Harriers & Athletics	21:10	62	Jonathan Baines	Sedgefield Harriers	23:55
2	Gordon Benson	Leeds City AC	21:13	63	Kyle Conway	Sale Harriers Manchester	23:56
3	Cameron Boyek	Shildon R & Ac	21:26	64	C Middleton	E Cheshire H & Tameside Ac	23:57
4	Nick Jones	Wirral A C	21:31	65	Kieran Reay	Chester-Le-Street And District	24:01
5	James Lamswood	Kingston Upon Hull AC	21:33	66	Sam Shuttleworth	Lincoln Wellington AC	24:04
6	Max Kaye	Holmfirth Harriers Ac	21:36	67	David Wakefield	South Shields H & Ac	24:05
7	Alistair Nelson	Liverpool Pembroke & Sefton H.	21:43	68	Jamie Webb	St Helens Sutton AC	24:06
8	Fergus Roberts	Richmond And Zetland Harriers	21:45	69	Matthew Pontifex	Warrington Athletic Club	24:08
9	Alastair Weymouth	Border Harriers	21:50	70	Michael Vennard	Vale Royal	24:09
10	Jack Nixon	Stockport Harriers	21:52	71	Jonathan Wilkinson	Durham City Harriers	24:10
11	Callum Mason	Lancaster And Morecambe AC	21:55	72	Nathan Brown	St Helens Sutton AC	24:14
12	S KerfootRoberts	Halifax Harriers	22:00	73	Matthew Holmes	Sale Harriers Manchester	24:15
13	Elliot Todd	Leeds City AC	22:05	74	Ben McKay	Pudsey & Bramley AC	24:16
14	Marc Scott	Richmond And Zetland Harriers	22:09	75	Kyle Nicholls	Liverpool Pembroke & Sefton H.	24:17
15	Ryan Moore	Sale Harriers Manchester	22:10	76	Llwyd Griffiths	Derby AC	24:18
16	Jonathan Nisbet	Morpeth H &ac	22:10	77	Adam Baker	Lincoln Wellington AC	24:21
17	Adam Bateson	Lancaster And Morecambe AC	22:15	78	Max Lawton	Holmfirth Harriers Ac	24:23
18	Beau Smith	Lancaster And Morecambe AC	22:16	79	\$Henry Buttress	Warrington Athletic Club	24:25
19	Robert Warner	Blackburn Harriers	22:17	80	Phillip Caldwell	Morpeth H &ac	24:26
20	Joshua Asbrey	Sleaford Striders	22:18	81	Scott Povey	Blyth Running Club	24:27
21	Renton Liam	Warrington Athletic Club	22:19	82	Ben Hetherington	Sedgefield Harriers	24:28
22	Zack Bamber	Vale Royal	22:20	83	Adam Howarth	Leigh Harriers & AC	24:31
23	Tom Bains	Hallamshire Harriers	22:21	84	Thomas Marsden	Vale Royal	24:38
24	Matthew O'Connor	Wakefield & District Harriers	22:34	85	George Lowry	Jarrow & Hebbum AC	24:39
25	Dominic Mahoney	Blackburn Harriers	22:37	86	Tom Hartley	Kendal AC	24:41
26	R Ganose	Altrincham & District Ac	22:38	87	Sam Haggard	Wharfedale Harriers	24:42
27	Jack Christie	Liverpool Harriers & AC	22:42	88	James Whitaker	Lancaster And Morecambe AC	24:44
28	J Hudak	E Cheshire H & Tameside Ac	22:45	89	Kingsley Judd	Preston Harriers	24:48
29	Wayne Parker	New Marske Harriers	22:48	90	Joseph Crossfield	Halifax Harriers	24:50
30	Warren Turner	Liverpool Pembroke & Sefton H.	22:51	91	James Mottershead	E Cheshire H & Tameside Ac	24:52
31	Luke Johnston	Warrington Athletic Club	22:57	92	Josh Boyce	Vale Royal	24:56
32	Callum Crawford	City Of York AC	22:58	93	Alex Hart	Leeds City AC	24:57
33	Henry Valentine	South Cheshire Harriers	22:59	94	Karl Murray	Richmond And Zetland Harriers	24:59
34	Jack Robertson	Scarborough Athletic Club	23:02	95	Mathew Rhodes	Middlesbrough Ac (mandale)	25:01
35	Thomas Kneller	Leigh Harriers & AC	23:03	96	Christopher Hampson	Spenborough AC	25:07
36	Daniel Overin	Richmond And Zetland Harriers	23:04	97	David Harris	Chester-Le-Street And District	25:10
37	Shaun Barras	Jarrow & Hebbum AC	23:05	98	Michael Hoyle	Kendal AC	25:14
38	Jake Worton	Wakefield & District Harriers	23:06	99	Conor Flanagan	Wirral A C	25:18
39	Liam Ayton	Durham City Harriers	23:07	100	Harry Baxter	Lincoln Wellington AC	25:30
40	Luke Betts	Chorley AC	23:08	101	Jack Mitchell	Wakefield & District Harriers	25:39
41	Andreas Iden	Sale Harriers Manchester	23:10	102	Daniel Johnson	Bolton United Harriers & AC	25:43
42	Andrew Miles	Vale Royal	23:11	103	M Fagg	E Cheshire H & Tameside Ac	25:50
43	Dominic Walton	Blackburn Harriers	23:13	104	Aidan McClure	Bolton & District Ac	25:59
44	J Donnelly	E Cheshire H & Tameside Ac	23:16	105	Daniel Patterson	Nene Valley	26:02
45	Jordan Turner	Wakefield & District Harriers	23:18	106	Adrian Bailes	Birtley A C	26:10
46	Peter McGill	Kingston Upon Hull AC	23:19	107	J Hill	E Cheshire H & Tameside Ac	26:14
47	Ryan Moore	Vale Royal	23:27	108	Robert Parkinson	Liverpool Pembroke & Sefton H.	26:17
48	Lewis Healey	Vale Royal	23:29	109	Daniel Sandbach	Jarrow & Hebbum AC	26:19
49	Luke Ingham	Kendal AC	23:31	110	Ryan Bradshaw	Rossendale Harriers	26:20
50	Alan McKeown	Blackburn Harriers	23:34	111	Jake Richardson	Holmfirth Harriers Ac	26:26
51	Stuart Singleton	Kingston Upon Hull AC	23:37	112	Sam Hancox	Morpeth H &ac	26:42
52	Nicholas Myers	Rotherham Harriers & AC	23:38	113	David Reece	Liverpool Pembroke & Sefton H.	26:50
53	Sam Storey	Barrow & Furness Striders AC	23:39	114	Josh Taylor	Bury AC	26:57
54	Bradley Traviss	Halifax Harriers	23:39	115	Ollie Watson	Leeds Carnegie AC	27:05
55	Christopher Smith	Warrington Athletic Club	23:40	116	Jonathan Owen	Derby AC	27:06
56	Jack Gleave	Warrington Athletic Club	23:45	117	Daniel Balmain	Elswick Harriers	27:14
57	Ben Daggett	Wakefield & District Harriers	23:47	118	Chris Ogden	Rotherham Harriers & AC	27:30
58	Daniel Walsh	Rossendale Harriers	23:51	119	Alex Bradford	Sale Harriers Manchester	27:39
59	Liam Moore	Leigh Harriers & AC	23:52	120	Lee Armes	Sedgefield Harriers	31:05
60	Sean Kirkbride	Liverpool Pembroke & Sefton H.	23:53	121	Calum Storey	Blyth Running Club	31:09
61	William Crossen	Richmond And Zetland Harriers	23:54	122	Ben Norris	Sedgefield Harriers	31:17

## U17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Richmond And Zetland Harriers	119	— 8 Fergus Roberts	14	Marc Scott	36	Daniel Overin	61	William Crossen
2	Lancaster And Morecambe AC	133	— 11 Callum Mason	17	Adam Bateson	18	Beau Smith	87	James Whitaker
3	Blackburn Harriers	137	— 19 Robert Warner	25	Dominic Mahoney	43	Dominic Walton	50	Alan McKeown
4	Vale Royal	159	— 22 Zack Bamber	42	Andrew Miles	47	Ryan Moore	48	Lewis Healey
5	Warrington Athletic Club	163	— 21 Renton Liam	31	Luke Johnston	55	Christopher Smith	56	Jack Gleave
6	Wakefield & District Harriers	164	— 24 Matthew O'Connor	38	Jake Worton	45	Jordan Turner	57	Ben Daggett
7	Liverpool Pembroke & Sefton H.	172	— 7 Alistair Nelson	30	Warren Turner	60	Sean Kirkbride	75	Kyle Nicholls
8	Sale Harriers Manchester	192	— 15 Ryan Moore	41	Andreas Iden	63	Kyle Conway	73	Matthew Holmes
9	E Cheshire H & Tameside Ac	226	— 28 J Hudak	44	J Donnelly	64	C Middleton	90	James Mottershead
10	Sedgefield Harriers	383	— 62 Jonathan Baines	81	Ben Hetherington	119	Lee Armes	121	Ben Norris

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U15 Girls — FINAL RESULTS

Distance = 4.25Km

Pos	Name	Club	Time
1	Bronwen Owen	Scarborough Athletic Club	16:58
2	Lydia Turner	Birtley A C	17:23
3	Natalia Hackett	Hallamshire Harriers	17:25
4	Abbie Hetherington	Carlisle Aspatria Ac	17:35
5	Chloe Lored	Shildon R & Ac	17:37
6	Abbie Donnelly	Lincoln Wellington AC	17:42
7	Annabel Mason	Wakefield & District Harriers	17:54
8	Bo Haywood	Lincoln Wellington AC	18:05
9	Anna Fawcett	Chester-Le-Street And District	18:07
10	Sophie Forster	Birtley A C	18:11
11	Molly Betmead	Blackpool Wyre & Fylde AC	18:13
12	Jade Evans	Vale Royal	18:14
13	Alisha Johnson	Blackpool Wyre & Fylde AC	18:16
14	Gemma Keir	Leeds City AC	18:18
15	Connie O'Neill	City Of York AC	18:22
16	Rachael Scott	Preston Harriers	18:23
17	Riana Burton	Liverpool Harriers & AC	18:24
18	Mollie Williams	Stockport Harriers	18:27
19	Katie Buckley	Bury AC	18:30
20	Christie Cook	Bury AC	18:36
21	Jessica Parsons	Vale Royal	18:37
22	Rebecca Flanagan	Rossendale Harriers	18:38
23	Louise Taylor	Scarborough Athletic Club	18:39
24	Imogen Pierce	Blackpool Wyre & Fylde AC	18:46
25	Rebekah Ward	Lincoln Wellington AC	18:48
26	Robyn Waugh	Gateshead Harriers & Athletics	18:49
27	Hannah Kitchener	New Marske Harriers	18:54
28	Evie Carter	Stockport Harriers	18:55
29	M Ashelby	E Cheshire H & Tameside Ac	19:01
30	Abigail Fitton	Sale Harriers Manchester	19:05
31	Charlotte Slack	Hallamshire Harriers	19:06
32	Emma Wortley	Middlesbrough Ac (mandale)	19:07
33	Jessica Freeman	Rotherham Harriers & AC	19:08
34	Veska Wills	Derby AC	19:09
35	Rebecca Firth	Wakefield & District Harriers	19:11
36	Georgia Hird	Hallamshire Harriers	19:12
37	Jodie Ferguson	Blackpool Wyre & Fylde AC	19:13
38	Catrina Thomas	Lincoln Wellington AC	19:16
39	Bethany Ellis	Spenborough AC	19:17
40	Eleanor Curran	City Of Sheffield	19:18
41	Mary Hodgson	Lancaster And Morecambe AC	19:19
42	R Clegg	E Cheshire H & Tameside Ac	19:20
43	Stephanie Rodgers	Wakefield & District Harriers	19:20
44	Lindsey Morgan	Chesterfield Dac	19:21
45	Kate Harris	City Of York AC	19:23
46	Anina Atkinson	City Of Sheffield	19:26
47	Emma Dutton	Rotherham Harriers & AC	19:27
48	Amy Coulson	Sunderland Harriers	19:28
49	Sophie Montgomery	Blaydon H & AC	19:29
50	Emmalouise Pyatt	Vale Royal	19:32
51	Ruby Sykes	Holmfirth Harriers Ac	19:34
52	Sophie Woodlin	Wakefield & District Harriers	19:35
53	Paige Gilhespy	Birtley A C	19:37
54	Georgia Pipes	City Of York AC	19:39
55	Megan Solomon	Rossendale Harriers	19:40
56	Carla Edwards	Stockport Harriers	19:41
57	Kate Merrell	Warrington Athletic Club	19:41
58	Katie Gerrard	Vale Royal	19:42
59	Emma Hargreaves	Preston Harriers	19:43
60	Kelly Smith	Blackpool Wyre & Fylde AC	19:47
61	Alison Brown	Morpeth H & ac	19:50
62	Ellie Roberts	Southport Waterloo AC	19:52
63	Charlotte Dodds	Rotherham Harriers & AC	19:53
64	C Donald	E Cheshire H & Tameside Ac	19:54
65	Rachel Hibberd	Sale Harriers Manchester	19:56
66	Tasmin Boam	Chesterfield Dac	19:57
67	Leah Williamson	Rossendale Harriers	20:02
68	Chelsea Walker	City Of York AC	20:04
69	Lauren Beckett	Chesterfield Dac	20:05
70	Erin Stewart	Liverpool Harriers & AC	20:07
71	Eve Pound	City Of Sheffield	20:08
72	Rebecca Coope	Pudsey & Bramley AC	20:09
73	Abigail Hearmon	Sedgefield Harriers	20:15
74	Sophie Seddon	Barrow & Furness Striders AC	20:15
75	Hannah MacLean	Middlesbrough Ac (mandale)	20:16
76	Sophie Taylor	City Of Sheffield	20:16
77	Jade Hutchinson	City Of York AC	20:17
78	Caitlin Thomas	Sale Harriers Manchester	20:18
79	Lucy Farquhar	Holmfirth Harriers Ac	20:19
80	Danielle Thompson	Wigan Harriers	20:22
81	Holly Tidd	Warrington Athletic Club	20:24
82	Isabel Perez	Liverpool Harriers & AC	20:29
83	Imani Modahl	Sale Harriers Manchester	20:32
84	Lucy Minns	Blackpool Wyre & Fylde AC	20:33
85	Alice Hague	Hallamshire Harriers	20:34
86	Nicole Dawson	Beverley Ac	20:35
87	Sophie Spencer	Holmfirth Harriers Ac	20:42
88	Faye Beckett	Wakefield & District Harriers	20:42
89	Rachel McGoldrick	St Helens Sutton AC	20:44
90	Holly Callaghan	Halifax Harriers	20:46
91	Clara Pettitt	Vale Royal	20:46
92	Sinead Bent	Salford Metropolitan Ac	20:52
93	Hannah Alderson	Bury AC	20:53
94	Rhiannon Philips	Lincoln Wellington AC	20:53
95	Aimee Aikin	Stockport Harriers	20:54
96	Sophie Broom	Vale Royal	20:55
97	Emily Hutchinson	Rotherham Harriers & AC	21:02
98	Sarah Wilkes	Morpeth H & ac	21:08
99	Rachel Weild	Carlisle Aspatria Ac	21:12
100	Louise Towers	Vale Royal	21:13
101	Rebecca Parkin	City Of Sheffield	21:14
102	Bethany Sutcliffe	Chesterfield Dac	21:15
103	Alana Grundy	Bury AC	21:16
104	Isabel Pearse	New Marske Harriers	21:17
105	Charlotte Ramsay	Blyth Running Club	21:18
106	Natalie Thompson	Wigan Harriers	21:20
107	Paige Clinton	Lancaster And Morecambe AC	21:21
108	Mollie Jagger	Halifax Harriers	21:22
109	Nicola Sawyer	Leeds City AC	21:25
110	Maria McGoldrick	St Helens Sutton AC	21:26
111	Cerys Heaher	Vale Royal	21:27
112	Chloe Hall	Chesterfield Dac	21:27
113	Laura McCourt	Liverpool Harriers & AC	21:28
114	Caroline Hudson	Gateshead Harriers & Athletics	21:29
115	Grace Cuff	Middlesbrough Ac (mandale)	21:30
116	Grace Maddox	Preston Harriers	21:31
117	Georgina Spencer	Rotherham Harriers & AC	21:33
118	Alice Hughes	Stockport Harriers	21:42
119	Holly Cavany	Kingston Upon Hull AC	21:47
120	Hannah Fleet	Lancaster And Morecambe AC	21:47
121	H Simpson	E Cheshire H & Tameside Ac	21:58
122	Sophie Williams	Stockport Harriers	22:04
123	Connie Vickers	Sale Harriers Manchester	22:05
124	Shona Farish	Jarrow & Hebbum AC	22:05
125	Caroline Johnson	Halifax Harriers	22:08
126	Alice Sutcliffe	Pudsey & Bramley AC	22:08
127	Elya Monsen-Elvik	Warrington Athletic Club	22:09
128	Lauren Sharkey	Lancaster And Morecambe AC	22:41
129	Hannah King	Liverpool Harriers & AC	22:41
130	Hannah Skaiffe	Liverpool Harriers & AC	22:50
131	Eleanor Canham	Sale Harriers Manchester	22:53
132	Flora McNeil	Hallamshire Harriers	23:12
133	Katie Taylor	Gateshead Harriers & Athletics	23:21
134	Tayo Rose	Derby AC	23:23
135	Leigh Dixon	Blaydon H & AC	23:26
136	Hannah Yarrow	Hallamshire Harriers	23:54
137	Sophie Williams	Holmfirth Harriers Ac	23:56
138	Christina Masiak	City Of York AC	24:09
139	Hollie Grief	Derby AC	24:14
140	Rachael Simpson	Houghton Harriers And Ac	24:37
141	Emily Noble	Darlington Harriers &	25:00
142	Chloe Law	Rossendale Harriers	25:36
143	Rachel Thompson	Sedgefield Harriers	26:52

## U15 Girls — TEAM RESULTS

1 Lincoln Wellington AC	77 — 6 Abbie Donnelly	8 Bo Haywood	25 Rebekah Ward	38 Catrina Thomas
2 Blackpool Wyre & Fylde AC	85 — 11 Molly Betmead	13 Alisha Johnson	24 Imogen Pierce	37 Jodie Ferguson
3 Wakefield & District Harriers	137 — 7 Annabel Mason	35 Rebecca Firth	43 Stephanie Rodgers	52 Sophie Woodlin
4 Vale Royal	141 — 12 Jade Evans	21 Jessica Parsons	50 EmmaLouise Pyatt	58 Katie Gerrard
5 Hallamshire Harriers	155 — 3 Natalia Hackett	31 Charlotte Slack	36 Georgia Hird	85 Alice Hague
6 City Of York AC	182 — 15 Connie O'Neill	45 Kate Harris	54 Georgia Pipes	68 Chelsea Walker
7 Stockport Harriers	197 — 18 Mollie Williams	28 Evie Carter	56 Carla Edwards	95 Aimee Aikin
8 City Of Sheffield	233 — 40 Eleanor Curran	46 Anina Atkinson	71 Eve Pound	76 Sophie Taylor
9 Bury AC	235 — 19 Katie Buckley	20 Christie Cook	93 Hannah Alderson	103 Alana Grundy
10 Rotherham Harriers & AC	240 — 33 Jessica Freeman	47 Emma Dutton	63 Charlotte Dodds	97 Emily Hutchinson
11 Sale Harriers Manchester	256 — 30 Abigail Fitton	65 Rachel Hibberd	78 Caitlin Thomas	83 Imani Modahl
12 E Cheshire H & Tameside Ac	256 — 29 M Ashelby	42 R Clegg	64 C Donald	121 H Simpson
13 Chesterfield Dac	281 — 44 Lindsey Morgan	66 Tasmin Boam	69 Lauren Beckett	102 Bethany Sutcliffe
14 Liverpool Harriers & AC	282 — 17 Riana Burton	70 Erin Stewart	82 Isabel Perez	113 Laura McCourt
15 Rossendale Harriers	286 — 22 Rebecca Flanagan	55 Megan Solomon	67 Leah Williamson	142 Chloe Law
16 Holmfirth Harriers Ac	354 — 51 Ruby Sykes	79 Lucy Farquhar	87 Sophie Spencer	137 Sophie Williams
17 Lancaster And Morecambe AC	396 — 41 Mary Hodgson	107 Paige Clinton	120 Hannah Fleet	128 Lauren Sharkey

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U20 Men — FINAL RESULTS

Distance = 8.2Km

Pos	Name	Club	Time
1	Philip Hurst	Elswick Harriers	26:51
2	Thomas Bishop	Derby AC	27:06
3	Benjamin Connor	Derby AC	27:30
4	Niall Brooks	Sale Harriers Manchester	27:59
5	Joe Gratton	Hallamshire Harriers	28:02
6	Andrew Clews	Vale Royal	28:06
7	Toby Loveridge	Liverpool Pembroke & Sefton H.	28:13
8	Daniel Cliffe	Warrington Athletic Club	28:22
9	Danny Schofield	Scarborough AC	28:24
10	John Ashcroft	St Helens Sutton AC	28:27
11	James Askew	Aycliffe Running Club	28:31
12	David Bishop	Derby AC	28:32
13	Joseph Kelly	Rossendale Harriers	28:34
14	Michael Grimes	Durham City Harriers	28:40
15	Adam Newton	City Of Sheffield	28:42
16	Jacob Clark	City Of Sheffield	28:43
17	Matthew Jackson	Warrington Athletic Club	28:47
18	C Kays	E Cheshire H & Tameside Ac	28:52
19	Sam Bucknall	Leeds City AC	28:54
20	Niall Maguire	Derby AC	28:55
21	Chris Wright	Leeds City AC	28:57
22	Stephen Broadhurst	Warrington Athletic Club	29:02
23	Jack Morris	Stockport Harriers	29:04
24	Daniel Davis	Leeds City AC	29:07
25	Joseph Johnston	Rossendale Harriers	29:10
26	Patrick Vis	Southport Waterloo AC	29:16
27	Tom Carson	Bolton United Harriers & AC	29:18
28	Ronny Wilson	Lincoln Wellington AC	29:20
29	James Gilbert	Kingston Upon Hull AC	29:26
30	Billy Pinder	Skipton AC	29:27
31	Kieran Smith	City Of York AC	29:34
32	Tom Straw	Lincoln Wellington AC	29:35
33	Christopher Matthews	Blackburn Harriers	29:37
34	Matthew Davison	Preston Harriers	29:39
35	Joshua Rowe	Kingston Upon Hull AC	29:42
36	Joseph Vis	Southport Waterloo AC	29:43
37	Shane Robinson	Lincoln Wellington AC	29:43
38	Kyle Craib	Rotherham Harriers & AC	29:45
39	Matthew Grieve	Border Harriers	29:53
40	Tom Jervis	Warrington Athletic Club	29:58
41	Ben Marriott	Bingley Harriers & Ac	29:59
42	Jai VernonMcGuigan	Liverpool Pembroke & Sefton H.	30:00
43	Thomas Walker	Gosforth Harriers	30:02
44	Dale Worton	Leeds City AC	30:16
45	Thomas West	Darlington Harriers &	30:17
46	Iain Lynn	City Of York AC	30:21
47	Ryan Buck	City Of York AC	30:25
48	Thomas Powell	Trafford AC	30:28
49	Michael Bride	Liverpool Pembroke & Sefton H.	30:32
50	Paul Hodgson	Lancaster And Morecambe AC	30:44
51	James Wignall	Sale Harriers Manchester	30:50
52	Philip Robertson	Wirral A C	30:54
53	George Robinson	Richmond And Zetland Harriers	30:56
54	Mark Loveridge	Liverpool Harriers & AC	31:24
55	Jonathan Benson	Barrow & Furness Striders AC	31:32
56	Edward Rimmer	Liverpool Pembroke & Sefton H.	31:37
57	Finn Affleck-Brodie	Gosforth Harriers	31:44
58	Callum Chambers	Derby AC	31:57
59	Andrew Warren	Lancaster And Morecambe AC	32:03
60	Ben Costello	Wirral A C	32:16
61	Ryan Stevenson	Lincoln Wellington AC	32:18
62	Liam Bartlett	Manchester Harriers & AC	32:27
63	Nathan Reed	Sunderland Harriers	32:50
64	Paul Clifford	Darlington Harriers &	33:30
65	Thomas Grey	Houghton Harriers And Ac	33:46
66	Ben Henderson	New Marske Harriers	34:12
67	Ryan Hartley	Wakefield & District Harriers	34:17
68	Steven Clague	St Helens Sutton AC	34:21
69	Craig Birch	Blyth Running Club	34:33
70	William Crisp	Skipton AC	34:47
71	Matthew Hayes	Derby AC	35:12
72	Robbie Swift	Skipton AC	35:27
73	Edward Newbold	Skipton AC	36:46
74	Jack Dixon	Gateshead Harriers & Athletics	37:02
75	Adam Couldwell	Harrogate Harriers & Ac	37:18
76	Daniel Fletcher	Birtley A C	40:50

## U20 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Derby AC	35 —	2 Thomas Bishop	3 Benjamin Connor	11 David Bishop	19 Niall Maguire
2 Warrington Athletic Club	84 —	8 Daniel Cliffe	16 Matthew Jackson	21 Stephen Broadhurst	39 Tom Jervis
3 Leeds City AC	104 —	18 Sam Bucknall	20 Chris Wright	23 Daniel Davis	43 Dale Worton
4 Liverpool Pembroke & Sefton H.	151 —	7 Toby Loveridge	41 Jai VernonMcGuigan	48 Michael Bride	55 Edward Rimmer
5 Lincoln Wellington AC	154 —	27 Ronny Wilson	31 Tom Straw	36 Shane Robinson	60 Ryan Stevenson
6 Skipton AC	241 —	29 Billy Pinder	69 William Crisp	71 Robbie Swift	72 Edward Newbold



# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U20 Women — FINAL RESULTS (\$=non-counter)

Distance = 6.2Km

Pos	Name	Club	Time
1	Kate Avery	Shildon R & Ac	23:50
2	Jennifer Walsh	Spensborough AC	23:56
3	Laura Weightman	Morpeth H &ac	24:31
4	Lara Thomas	Lincoln Wellington AC	24:51
5	Laura Riches	Leigh Harriers & AC	25:04
6	Sophie Cowper	Lincoln Wellington AC	25:33
7	Victoria Johnston	Border Harriers	25:38
8	Kristie Leybourne	Sale Harriers Manchester	25:50
9	Kate Titlow	Warrington Athletic Club	26:12
10	Katherine Stringer	Vale Royal	26:17
11	Michelle Stone	Kingston Upon Hull AC	26:25
12	Ellie Wilson	Barrow & Furness Striders AC	26:41
13	Nichola Jackson	Preston Harriers	27:05
14	Rachel Jefferson	Warrington Athletic Club	27:19
15	Charlotte Ward	City Of Hull AC	27:21
16	Carly Robertson	Bingley Harriers & Ac	27:25
17	Emma Flanagan	Rossendale Harriers	27:38
18	Lauren Havercroft	Kingston Upon Hull AC	27:56
19	Rosemary Adams	Richmond And Zetland Harriers	28:11
20	A Smith	Middlesbrough & Cleveland H	28:19
21	Gemma Selwood	Lincoln Wellington AC	28:27
22	Helen Waddell	Gosforth Harriers	28:37
23	Stephanie Burns	Rotherham Harriers & AC	28:44
24	Kate Howard	Vale Royal	29:12
25	Sarah McDonald	Jarrow & Hebbum AC	29:44
26	Faye Buckton	Middlesbrough Ac (mandale)	30:32
27	Gemma Varley	Sedgefield Harriers	31:29
28	Charlotte Rickards	Lancaster And Morecambe AC	31:56
29	Olivia McDermott	Salford Metropolitan Ac	32:12
30	Gemma Mayled	Vale Royal	32:30
31	Charlotte Pearson	Houghton Harriers And Ac	32:48
32	Emma Freeman	Blyth Running Club	35:14
33	\$Holly Haywood	Lincoln Wellington AC	DISQ

## U20 Women — TEAM RESULTS

No complete teams

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## U13 Boys — FINAL RESULTS

Distance = 3Km

Pos	Name	Club	Time
1	Joshua Schofield	City Of York AC	10:12
2	Joshua Laws	Trafford AC	10:18
3	Christopher Brown	Oldham And Royton H & AC	10:19
4	Hugo Milner	Derby AC	10:21
5	Lewis Byram	Holmfirth Harriers Ac	10:31
6	Christy O'Brien	Sale Harriers Manchester	10:34
7	Jonathan Shields	City Of Sheffield	10:35
8	Ryan Babcock	Trafford AC	10:37
9	Daniel Evans	Warrington Athletic Club	10:40
10	Bradley Yates	Sale Harriers Manchester	10:45
11	Fabrice Kisela	Preston Harriers	10:47
12	Ryan Beale	Rotherham Harriers & AC	10:48
13	Ben Read	Wakefield & District Harriers	10:48
14	Joe Armstrong	Chester-Le-Street And District	10:48
15	Emile Caress	Bingley Harriers & AC	10:52
16	Ben Lewis	City Of York AC	10:53
17	Alfie Manthorpe	City Of Sheffield	10:53
18	Donnacha Maguire	Manchester Harriers & AC	10:56
19	Henry Johnson	Chester-Le-Street And District	10:57
20	Elliott Matier	Eden Runners	10:59
21	Daniel Pickering	Chester-Le-Street And District	10:59
22	Thomas Taylor	Manchester Harriers & AC	11:00
23	Aaron Kettlewell	Holmfirth Harriers Ac	11:00
24	Tyler Hutchinson	City Of York AC	11:01
25	James Marchant	Pendle AC	11:03
26	Jonathan Owen	Vale Royal	11:06
27	Joe Hibbert	City Of Sheffield	11:07
28	Christopher Durney	Preston Harriers	11:07
29	William Parsons	Vale Royal	11:08
30	Patrick Iredale	Warrington Athletic Club	11:08
31	Seth Waterman	Holmfirth Harriers Ac	11:10
32	Joseph Hutchesson	Hallamshire Harriers	11:11
33	Leighton Sharman	Warrington Athletic Club	11:13
34	Evan Webb	City Of Sheffield	11:13
35	Robert Dykes	Warrington Athletic Club	11:14
36	G Lewis	E Cheshire H & Tameside Ac	11:15
37	James Curtis	Barrow & Furness Striders AC	11:16
38	N Townsend	Horwich R M I Harriers	11:18
39	Philip Nesom	City Of York AC	11:18
40	Michael Quin	Sale Harriers Manchester	11:18
41	Joe Shuttleworth	Lincoln Wellington AC	11:19
42	George Heppinstall	Wakefield & District Harriers	11:20
43	Adam Moorcroft	Liverpool Harriers & AC	11:21
44	Hayden Healey	Vale Royal	11:26
45	Sam Garratt	New Marske Harriers	11:27
46	Charles Dowell	Sale Harriers Manchester	11:28
47	Tieman Crorken	Pendle AC	11:28
48	Elliott Colman	Liverpool Harriers & AC	11:29
49	Thomas Mount	Gateshead Harriers & Athletics	11:32
50	Dylan Stanway	Sale Harriers Manchester	11:33
51	Jack Brothwell	Kingston Upon Hull AC	11:33
52	Kiro Smithyman-Hardi	Warrington Athletic Club	11:34
53	Robert Bryning	Preston Harriers	11:35
54	Arron Gill	Holmfirth Harriers Ac	11:36
55	Ryan Green	Morpeth H & ac	11:36
56	Scott Wilson	Carlisle Aspatria Ac	11:39
57	James Wood	Darlington Harriers &	11:40
58	Jed Russell	Gosforth Harriers	11:41
59	Patrick Wilson	New Marske Harriers	11:42
60	Gabriel Cooper	Wirral A C	11:42
61	Matthew Ward	Derby AC	11:43
62	Charlie Race	Middlesbrough Ac (mandale)	11:46
63	Samuel Smith	Nene Valley	11:48
64	Ewan Cassidy	Elswick Harriers	11:49
65	Tom Wood	City Of York AC	11:49
66	Thomas Yarrow	Hallamshire Harriers	11:51
67	Lewis Pryke	City Of York AC	11:52
68	J Powis	Horwich R M I Harriers	11:52
69	Harry Mallinson	Wakefield & District Harriers	11:53
70	Andrew Farquhar	Holmfirth Harriers Ac	11:57
71	Jacob Jardine	Middlesbrough Ac (mandale)	11:58
72	Andrew Allan	Morpeth H & ac	11:59
73	Thomas Wiseman	Salford Metropolitan Ac	12:00
74	Alex McBain	Wirral A C	12:00
75	Jordan Hutchinson	Spennborough AC	12:01
76	Connor Bingham	Kingston Upon Hull AC	12:01
77	Jack Robinson	Sunderland Harriers	12:02
78	Lewis Bartholomew	Holmfirth Harriers Ac	12:03
79	Sam Grief	Derby AC	12:04
80	C Critchley	Horwich R M I Harriers	12:06
81	Jamie Hemingway	Liverpool Harriers & AC	12:06
82	George Tostevin	Lancaster And Morecambe AC	12:06
83	Michael Smith	Wirral A C	12:06
84	Thomas Marchant	Pendle AC	12:07
85	C Gallagher	E Cheshire H & Tameside Ac	12:10
86	Kane Smith	Rotherham Harriers & AC	12:11
87	Thomas Rogerson	Liverpool Harriers & AC	12:13
88	Jonathan Dobson	Houghton Harriers And Ac	12:13
89	Josh Lamanna	Oldham And Royton H & AC	12:15
90	Ben Dickinson	Holmfirth Harriers Ac	12:15
91	Callum Ahern	Macclesfield Harriers & AC	12:17
92	Ross Huges	Gateshead Harriers & Athletics	12:18
93	Luke Kelly	Birtley A C	12:20
94	David Jamieson	Wirral A C	12:21
95	Ethan Jones	Leigh Harriers & AC	12:22
96	Jorden Smith	Leigh Harriers & AC	12:22
97	James Burns	Wirral A C	12:22
98	Sam Brennan	Kingston Upon Hull AC	12:22
99	Robert Weir	Vale Royal	12:24
100	Richard Sutcliffe	Pudsey & Bramley AC	12:24
101	W Townsend	Horwich R M I Harriers	12:26
102	Alexander Brown	Houghton Harriers And Ac	12:27
103	Daniel Burt	Buxton Ac	12:28
104	Thomas Drabble	Buxton Ac	12:32
105	Matthew Adamson	Carlisle Aspatria Ac	12:32
106	Joseph Fisher	Wirral A C	12:33
107	Edward Dunbavin	Wakefield & District Harriers	12:33
108	Joshua McLay	Darlington Harriers &	12:33
109	James Young	Blyth Running Club	12:33
110	Kieran Lazenby	Pudsey & Bramley AC	12:36
111	Josh McMillan	New Marske Harriers	12:36
112	Ben Johnson	Sunderland Harriers	12:39
113	Mathew Coleman	Middlesbrough Ac (mandale)	12:39
114	Thomas Slack	Hallamshire Harriers	12:40
115	Matthew Lee	Leigh Harriers & AC	12:40
116	Joe Morton	Rotherham Harriers & AC	12:43
117	?JoeWilliams	Holmfirth Harriers Ac	12:43
118	Jason Nicholson	Gateshead Harriers & Athletics	12:45
119	Jacob Hophins	Morpeth H & ac	12:45
120	James Wright	City Of York AC	12:46
121	Euan Jones	Morpeth H & ac	12:47
122	Luke Chapman	Beverley Ac	12:47
123	Niall Graham	Lancaster And Morecambe AC	12:48
124	George Patterson	Wirral A C	12:49
125	Liam McDermott	Preston Harriers	12:52
126	Samuel Bolton	Sale Harriers Manchester	12:54
127	Joseph Twigg	Lancaster And Morecambe AC	13:02
128	Alex Short	Gateshead Harriers & Athletics	13:05
129	Jack Boyes	Wakefield & District Harriers	13:08
130	Ben Mitchell	Houghton Harriers And Ac	13:21
131	Thomas Bickerstaffe	Wirral A C	13:29
132	George Peden	Sedgefield Harriers	13:42
133	?JoeWilliams	Holmfirth Harriers Ac	13:46
134	E Hartshorne	E Cheshire H & Tameside Ac	13:47
135	Daniel Champion	Gateshead Harriers & Athletics	14:12
136	Luke Phillips	Sunderland Harriers	14:24
137	William Simpson	Gateshead Harriers & Athletics	14:35
138	Kieran Watson	Sunderland Harriers	14:46
139	Samuel Quinn	Sunderland Harriers	14:49
140	Jamie McDonnell	Blyth Running Club	14:57
141	Sam Rose	Derby AC	17:15

## U13 Boys — TEAM RESULTS

1 City Of York AC	80 — 1 Joshua Schofield	16 Ben Lewis	24 Tyler Hutchinson	39 Philip Nesom
2 City Of Sheffield	85 — 7 Jonathan Shields	17 Alfie Manthorpe	27 Joe Hibbert	34 Evan Webb
3 Sale Harriers Manchester	102 — 6 Christy O'Brien	10 Bradley Yates	40 Michael Quin	46 Charles Dowell
4 Warrington Athletic Club	107 — 9 Daniel Evans	30 Patrick Iredale	33 Leighton Sharman	35 Robert Dykes
5 Holmfirth Harriers Ac	113 — 5 Lewis Byram	23 Aaron Kettlewell	31 Seth Waterman	54 Arron Gill
6 Vale Royal	198 — 26 Jonathan Owen	29 William Parsons	44 Hayden Healey	99 Robert Weir
7 Preston Harriers	216 — 11 Fabrice Kisela	28 Christopher Durney	53 Robert Bryning	124 Liam McDermott
8 Wakefield & District Harriers	231 — 13 Ben Read	42 George Heppinstall	69 Harry Mallinson	107 Edward Dunbavin
9 Liverpool Harriers & AC	259 — 43 Adam Moorcroft	48 Elliot Colman	81 Jamie Hemingway	87 Thomas Rogerson
10 Derby AC	283 — 4 Hugo Milner	61 Matthew Ward	79 Sam Grief	139 Sam Rose
11 Horwich R M I Harriers	287 — 38 N Townsend	68 J Powis	80 C Critchley	101 W Townsend
12 Wirral A C	311 — 60 Gabriel Cooper	74 Alex McBain	83 Michael Smith	94 David Jamieson
13 Morpeth H &ac	365 — 55 Ryan Green	72 Andrew Allan	118 Jacob Hophins	120 Euan Jones
14 Gateshead Harriers & Athletics	385 — 49 Thomas Mount	92 Ross Huges	117 Jason Nicholson	127 Alex Short
15 Sunderland Harriers	459 — 77 Jack Robinson	112 Ben Johnson	134 Luke Phillips	136 Kieran Watson

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

Senior Women — FINAL RESULTS (\$=non-counter)

Distance = 8.2Km

Pos	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	Susan Partridge		Leeds City Ac	30:38	84	Emma Walton	Wallsend Harriers & Ac	38:00
2	Victoria Wilkinson		Bingley Harriers & Ac	30:59	85	Jane Hodgkinson	Blackburn Harriers	38:02
3	Rosie Smith		Durham City Harriers	31:11	86	Ruth Wilcox	Leeds City Ac	38:03
4	Dionne Allen		Leigh Harriers & Ac	32:05	87	Jane Kemshall	Scunthorpe And District Ac	38:14
5	Lizzie Adams		Hallamshire Harriers Sheffield	32:12	88	Clare Buis	Heaton Harriers & AC	38:15
6	Lucy O'Gorman		Sale Harriers Manchester	32:14	89	Karen Wood	City Of York AC	38:15
7	Sarah Tunstall		Kendal	32:17	90	Sarah Kemshall	Scunthorpe And District Ac	38:17
8	Mary Wilkinson		Bingley Harriers & Ac	32:19	91	Elizabeth Egan	Liverpool Harriers & AC	38:30
9	Jo Buckley		Bingley Harriers & Ac	32:28	92	Sue Philips	Darlington Harriers &	38:32
10	Tessa Walker		Salford Harriers	32:34	93	L Griffiths	Holmfirth Harriers AC	38:34
11	Emma Clayton		Bingley Harriers & Ac	32:46	94	Elizabeth Tomes	Keighley & Craven AC	38:39
12	Joanne Maddick		Kingston Upon Hull AC	32:48	95	Sarah Sherratt	Wesham Road Runners	38:40
13	K Walshaw		Holmfirth Harriers AC	32:50	96	Kerry Storrar	Barnsley Ac	38:49
14	Kirsteen Young		Leeds City Ac	32:54	97	Emma Willits	City Of York AC	38:51
15	C Summersgill		Middlesbrough & Cleveland H	33:25	98	K Sergeant	Claremont Road Runners	38:54
16	Tracy Millmore		Chester-Le-Street And District	33:27	99	Helen Walch	Stockport Harriers	38:55
17	Jane Mooney		Morpeth H & ac	33:30	100	Hayley Cavill	Sale Harriers Manchester	38:56
18	Georgina Rutherford		Darlington Harriers &	33:36	101	Michelle Murphy	Liverpool Harriers & AC	38:58
19	Gemma Connolly		St Helens Sutton AC	33:43	102	Trish Gavins	Keighley & Craven AC	39:04
20	Sarah Peterson		Leeds City Ac	33:49	103	Sallie Holt	Wallasey Ac	39:08
21	Natalie Farrow		Lincoln Wellington AC	33:56	104	Rachael Elder	Hallamshire Harriers Sheffield	39:21
22	Rachel Deegan		Sale Harriers Manchester	34:05	105	Heather Christopher	Blyth Running Club	39:30
23	H Berry		Holmfirth Harriers AC	34:07	106	Fiona Shenton	Elvet Striders	39:34
24	\$M Czamecka		Morpeth H & ac	34:09	107	B Ganose	Altrincham & District Ac	39:40
25	Mary Ferrier		Gateshead Harriers & Athletics	34:16	108	Claire McDermott	Preston Harriers	39:41
26	Kate Spilsbury		Vale Royal	34:17	109	Susanne Hunter	Blyth Running Club	39:53
27	Emily Birchall		Leeds City Ac	34:18	110	E Macqueen	E Cheshire H & Tameside Ac	39:56
28	Josephine Adams		Richmond And Zetland Harriers	34:23	111	S Bowen	Claremont Road Runners	39:58
29	Jade Allen		Rotherham Harriers & AC	34:25	112	Marian Hesketh	Preston Harriers	40:14
30	Gemma Smith		Kirkstall Harriers	34:26	113	Julia Quinonez	Durham City Harriers	40:16
31	Ruth Proctor		Hallamshire Harriers Sheffield	34:31	114	C Penfold	Holmfirth Harriers AC	40:18
32	Angela Hunter		Chester-Le-Street And District	34:34	115	Sally Hales	Macclesfield Harriers	40:20
33	Danielle Pye		Lancaster And Morecambe AC	34:41	116	C Young	Claremont Road Runners	40:30
34	Joanna Zoppi		Heaton Harriers & AC	34:44	117	Sarah Rogers	New Marske Harriers	40:34
35	Nicola Maddick		Kingston Upon Hull AC	34:49	118	Beth Massey	Barnsley Ac	40:37
36	Lorna Young		Leeds City Ac	34:54	119	Aislyn Kendal	York Knavesmire Harriers	40:46
37	Olivia Tindale		Durham City Harriers	34:55	120	Michelle Ford	South Shields H & AC	40:52
38	Anna Weaver		Salford Harriers	34:56	121	Helen Patton	Gateshead Harriers & Athletics	40:54
39	Alison Dargie		Elswick Harriers	34:59	122	Lauren Marsden	Swinton Running Club	40:57
40	Sophie Whiteside		Liverpool Harriers & AC	35:02	123	Hannah Taylor	Heaton Harriers & AC	41:04
41	Lucy Robinson		North Shields Poly	35:04	124	Katie Green	Keighley & Craven AC	41:11
42	Jess Nixon		Gateshead Harriers & Athletics	35:05	125	Kelly Bentley	Houghton Harriers And AC	41:23
43	Alison Raw		Bingley Harriers & Ac	35:06	126	Crystal Skeldon	Wallsend Harriers & Ac	41:26
44	Charlotte Douglas		Border Harriers	35:06	127	Dianne Priestley	Kendal	41:44
45	Jenny Knass		Stockport Harriers	35:07	128	M Drozdowicz	Morpeth H & ac	41:45
46	Kirstie Anderson		Tynedale Harriers	35:09	129	Gail Bell	Sedgefield Harriers	41:46
47	Michelle Jenkins		Hallamshire Harriers Sheffield	35:35	130	Jane Morley	Wolds Veteran Runners Club	41:56
48	Helen Booth		Lancaster And Morecambe AC	35:42	131	Helen Morris	Blyth Running Club	41:59
49	Samantha Johnson		Wombwell Sporting Ac	35:43	132	Nina Hague	Rotherham Harriers & AC	42:14
50	Michelle Holt		Sunderland Harriers	35:46	133	Helen Lawrenson	Wesham Road Runners	42:15
51	Fran Little		Tynedale Harriers	35:47	134	V Wilson	Claremont Road Runners	42:15
52	Sarah Graham		Morpeth H & ac	35:50	135	Hayley Masterman	Blyth Running Club	42:21
53	Rachel Nathan		Lincoln Wellington AC	35:55	136	Judy Allison	Bridlington Road Runners	42:26
54	Vicky Hindson		Wallsend Harriers & Ac	36:02	137	Jayne Allen	Rotherham Harriers & AC	42:44
55	Claire McManus		North Shields Poly	36:07	138	Alison Engle	Wallasey Ac	43:05
56	Jennifer Pybis		Liverpool Harriers & AC	36:08	139	Jan Young	Elvet Striders	43:14
57	Elisa Woffenden		Keighley & Craven AC	36:08	140	Faye Pinker	Leeds City Ac	43:16
58	\$Kim Simpson		Durham City Harriers	36:14	141	Marie Walker	Sedgefield Harriers	43:19
59	Caroline Warrington		York Knavesmire Harriers	36:15	142	Phillippa Baxter	Blyth Running Club	43:26
60	Charlotte Wilson		Morpeth H & ac	36:16	143	Andrea Lancaster	York Knavesmire Harriers	43:27
61	Linda Bone		South Shields H & AC	36:19	144	Donna Hinsley	Spectrum Striders Rc	43:28
62	K Farquhar		Holmfirth Harriers AC	36:25	145	Alison Wilson	Border Harriers	43:31
63	Sarah Whitley		Leeds City Ac	36:37	146	Angelika Corner	Bridlington Road Runners	43:34
64	C Leaver		Holmfirth Harriers AC	36:42	147	Denise Tunstall	Teesdale AC	43:36
65	Cara Kavanagh		Sale Harriers Manchester	36:46	148	Tracey Hulme	Wesham Road Runners	43:40
66	Emma Pearson		Morpeth H & ac	36:52	149	Mel Haughan	Saltwell Harriers	43:41
67	Jessica Riley		Stainland Lions	36:59	150	Val Clark	Darlington Harriers &	43:43
68	Rhiannon Silson		Border Harriers	37:02	151	Sandra Johnson	Richmond And Zetland Harriers	43:53
69	Sara Blight		Elswick Harriers	37:04	152	Susan Davis	Elvet Striders	43:54
70	Katie Trickett		Clayton Le Moors Harriers	37:07	153	Dawn Palmer	Blyth Running Club	44:10
71	Keri Pearson		Elvet Striders	37:10	154	Denise Wakefield	Salford Harriers	44:22
72	Margaret Beever		Stainland Lions	37:12	155	Judith Archibald	Heaton Harriers & AC	44:25
73	Angela Jordan		Stainland Lions	37:13	156	Kate Ladell	Beverley Athletics Club	44:46
74	Heather Robinson		Chester-Le-Street And District	37:20	157	Linda Westlake	Barnsley Ac	44:53
75	Jennie Guard		Leeds City Ac	37:29	158	Lisa Taylor	Derwentside AC	44:55
76	Angela Armstrong		Border Harriers	37:34	159	Pauline Davies	Vale Royal	45:13
77	Karen Poole		North York Moors AC	37:38	160	Fiona Hughes	Richmond And Zetland Harriers	45:25
78	Clare Manser		Durham City Harriers	37:40	161	Rebecca Clifton	Bridlington Road Runners	45:33
79	Natalie Owens		Shildon R & AC	37:43	162	Ruth Marshall	Wallsend Harriers & Ac	45:57
80	Angharad Owen		Loftus And Whitby Ac	37:46	163	Louise Danby	New Marske Harriers	46:14
81	Suzanne Sharman		Hallamshire Harriers Sheffield	37:55	164	Di-ane Baines	Sedgefield Harriers	46:19
82	Lauren Cooper		Lancaster And Morecambe AC	37:57	165	T Cooper	Claremont Road Runners	46:21
83	Stephanie Ilsley		Belper Harriers	37:58	166	Emma Plummer	Wallsend Harriers & Ac	46:34

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Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft

167 J Eaglesham	Middlesbrough & Cleveland H	46:40	179 Vicky Cuthbertson	Saltwell Harriers	48:27
168 Penny Johnson	Aycliffe Running Club	46:42	180 Helena Simmonds	Saltwell Harriers	49:12
169 Sue Exon	Trafford AC	46:51	181 Helen Fearn	Kirkstall Harriers	51:16
170 Sarah Green	Swinton Running Club	47:03	182 Vicky Felton	Barnsley Ac	52:37
171 Stephanie Barlow	Elvet Striders	47:09	183 Michelle Sprent	Richmond And Zetland Harriers	53:17
172 Christine Hearmon	Sedgefield Harriers	47:15	184 Carole Williams	Vale Royal	53:19
173 Julie Hind	Wallsend Harriers & Ac	47:21	185 Claire Irons	Warrington Athletic Club	54:26
174 Stephanie Goodchild	Manchester Ymca Harriers	47:37	186 Laura Dunphy	Richmond And Zetland Harriers	55:09
175 Elizabeth Hall	Manchester Ymca Harriers	47:38	187 Karen Davis	Lancaster And Morecambe AC	55:17
176 Rebecca Mills	Swinton Running Club	47:39	188 Patricia White	South Shields H & AC	57:36
177 Julie Richardson	Elswick Harriers	47:48	189 Susan Allen	Clayton Le Moors Harriers	58:39
178 Gillian Bell	Saltwell Harriers	47:55	190 Anne Hewitt	Spectrum Striders Rc	58:57

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Bingley Harriers & Ac	30	—	2 Victoria Wilkinson	8 Mary Wilkinson	9 Jo Buckley	11 Emma Clayton
2 Leeds City Ac	61	—	1 Susan Partridge	14 Kirsteen Young	20 Sarah Peterson	26 Emily Birchall
3 Holmfirth Harriers AC	158	—	13 K Walshaw	23 H Berry	60 K Farquhar	62 C Leaver
4 Hallamshire Harriers Sheffield	160	—	5 Lizzie Adams	30 Ruth Proctor	46 Michelle Jenkins	79 Suzanne Sharman
5 Sale Harriers Manchester	189	—	6 Lucy O'Gorman	22 Rachel Deegan	63 Cara Kavanagh	98 Hayley Cavill
6 Morpeth H & ac	190	—	17 Jane Mooney	51 Sarah Graham	58 Charlotte Wilson	64 Emma Pearson
7 Durham City Harriers	226	—	3 Rosie Smith	36 Olivia Tindale	76 Clare Manser	111 Julia Quinonez
8 Liverpool Harriers & AC	282	—	39 Sophie Whiteside	55 Jennifer Pybis	89 Elizabeth Egan	99 Michelle Murphy
9 Border Harriers	326	—	43 Charlotte Douglas	66 Rhiannon Silson	74 Angela Armstrong	143 Alison Wilson
10 Lancaster And Morecambe AC	344	—	32 Danielle Pye	47 Helen Booth	80 Lauren Cooper	185 Karen Davis
11 Keighley & Craven AC	370	—	56 Elisa Woffenden	92 Elizabeth Tomes	100 Trish Gavins	122 Katie Green
12 Heaton Harriers & AC	393	—	33 Joanna Zoppi	86 Clare Buis	121 Hannah Taylor	153 Judith Archibald
13 Wallsend Harriers & Ac	419	—	53 Vicky Hindson	82 EmmaWalton	124 Crystal Skeldon	160 Ruth Marshall
14 Claremont Road Runners	451	—	96 K Sergeant	109 S Bowen	114 C Young	132 V Wilson
15 Elvet Striders	460	—	69 Keri Pearson	104 Fiona Shenton	137 Jan Young	150 Susan Davis
16 Blyth Running Club	472	—	103 Heather Christopher	107 Susanne Hunter	129 Helen Morris	133 Hayley Masterman
17 Richmond And Zetland Harriers	515	—	27 Josephine Adams	149 Sandra Johnson	158 Fiona Hughes	181 Michelle Sprent
18 Barnsley Ac	545	—	94 Kerry Storrar	116 Beth Massey	155 Linda Westlake	180 Vicky Felton
19 Sedgefield Harriers	598	—	127 Gail Bell	139 Marie Walker	162 Di-ane Baines	170 Christine Hearmon
20 Saltwell Harriers	678	—	147 Mel Haughan	176 Gillian Bell	177 Vicky Cuthbertson	178 Helena Simmonds

# Northern Athletics Cross Country Championships at Herrington Country Park on Saturday 29th January 2011

## Senior Men — FINAL RESULTS

Distance = 12Km

Pos	Name	Cat/Pos	Club	Time
1	Tom Lancashire		Bolton United Harriers & AC	38:09
2	Steven Vernon		Stockport Harriers	38:22
3	Andi Jones		Salford Harriers	40:05
4	Ian Kimpton		Lincoln Wellington AC	40:19
5	Patrick Martin		Sunderland Harriers	40:21
6	Gareth Raven		Sale Harriers Manchester	40:28
7	Ben Fish		Blackburn Harriers	40:34
8	Andrew Wiles		New Marske Harriers	40:36
9	Andrew Heyes		Hallamshire Harriers Sheffield	40:45
10	Alex O'Gorman		Stockport Harriers	40:46
11	D Norman		Altrincham & District Ac	41:02
12	Simon Deakin		Leeds City Ac	41:04
13	Daniel Garbutt		Durham City Harriers	41:08
14	John Henegan		Pudsey And Bramley	41:11
15	Martin Hilton		Leeds City Ac	41:16
16	Peter Newton		Morpeth H &c	41:19
17	Matthew Nicholson		Morpeth H &c	41:24
18	Robert Hope		Pudsey And Bramley	41:27
19	Dave Archer		Hallamshire Harriers Sheffield	41:29
20	Carl Smith		Leeds City Ac	41:36
21	Andrew Thake		Hallamshire Harriers Sheffield	41:41
22	Martin Roscoe		Leeds City Ac	41:45
23	Richard Burney		Liverpool Harriers & AC	41:54
24	Philip Leybourne		Salford Harriers	41:57
25	Robert Little		Hallamshire Harriers Sheffield	42:03
26	Jon Mellor		Liverpool Harriers & AC	42:05
27	Ian Salisbury		Trafford AC	42:08
28	N Leigh		Altrincham & District Ac	42:10
29	Thomas Cornthwaite		Blackburn Harriers	42:14
30	Richard Morrell		New Marske Harriers	42:16
31	Gavin Tomlinson		Trafford AC	42:18
32	John McCole		Liverpool Harriers & AC	42:23
33	Ross Floyd		Morpeth H &c	42:27
34	Adam Peers		Liverpool Harriers & AC	42:29
35	Michael Crawley		Durham City Harriers	42:30
36	Daran Bilton		Leeds City Ac	42:32
37	Steven Hebblethwaite		Keswick Ac	42:37
38	Iain Twaddle		North Shields Poly	42:43
39	Philip Hoole		Rotherham Harriers & AC	42:45
40	Graham Pearce		Pudsey And Bramley	42:49
41	Chris Birchall		Leeds City Ac	42:55
42	John Rocke		Hallamshire Harriers Sheffield	42:58
43	Joseph Bailey		Salford Harriers	43:00
44	Matthew Whitfield		Bingley Harriers & Ac	43:01
45	Oliver Ziff		Leeds City Ac	43:06
46	James Buis		Heaton Harriers & AC	43:14
47	Jamie Loxam		Stockport Harriers	43:16
48	James Douglas		Border Harriers	43:19
49	Darren Kay		Pudsey And Bramley	43:21
50	Michael Burrett		Leeds City Ac	43:23
51	Tom Jenkins		Hallamshire Harriers Sheffield	43:25
52	James Bailey		Sale Harriers Manchester	43:34
53	Joshua Stone		Lincoln Wellington AC	43:42
54	Robert Baker		Hallamshire Harriers Sheffield	43:44
55	Martin Booth		Derby AC	43:46
56	Phillip Winskill		Keswick Ac	43:48
57	Nick Hooker		Leeds City Ac	43:57
58	Stewart MacDonald		Bingley Harriers & Ac	44:01
59	Phillip Sanderson		Elvet Striders	44:09
60	Ian Nixon		Pudsey And Bramley	44:11
61	Lee Siemaszko		Liverpool Harriers & AC	44:14
62	Gregan Clarkson		Kingston Upon Hull AC	44:16
63	Tony Carter		Wallsend Harriers & Ac	44:19
64	Fergus Meade		Leeds City Ac	44:20
65	David Sprot		Hallamshire Harriers Sheffield	44:23
66	Gavin Chatterton		Leeds City Ac	44:25
67	Sean Moralee		Durham City Harriers	44:32
68	David Swinburne		Morpeth H &c	44:32
69	Lee Athersmith		Bingley Harriers & Ac	44:35
70	Stephen Broadbent		Bingley Harriers & Ac	44:36
71	Robert Hughes		Salford Harriers	44:41
72	Tom Edwards		York Knavesmire Harriers	44:43
73	James Kovacs		Salford Harriers	44:45
74	Dan Jenkin		Durham City Harriers	44:46
75	Andrew Nixon		Stockport Harriers	44:51
76	Chris Miller		Low Fell	45:00
77	Nasser Hussain		Hallamshire Harriers Sheffield	45:01
78	Jan Pichl		Salford Harriers	45:03
79	Conrad Franks		Gateshead Harriers & Athletics	45:10
80	Richard Brown		Louth Athletic Club	45:11
81	Timothy Ellis		Edgeworth Cricket & AC	45:12
82	Graeme Hunt		Durham City Harriers	45:13
83	Marc Tilton		Bolton United Harriers & AC	45:13
84	Chris Adams		Rotherham Harriers & AC	45:24
85	Gavin Felten		Barnsley Ac	45:27
86	Peter Branney		Kirkstall Harriers	45:28
87	R Smith		Holmfirth Harriers AC	45:28
88	Chris Miller		Harrogate Harriers	45:29
89	Charlie Pass		Wesham Road Runners	45:32
90	David Lockett		Salford Harriers	45:36
91	D Alexander		West Cheshire Athletic Club	45:37
92	James Russell		Liverpool Harriers & AC	45:40
93	Ian Lawton		Liverpool Harriers & AC	45:43
94	Kristopher Lecher		Kingston Upon Hull AC	45:45
95	Neil Allan		Birtley A C	45:48
96	Tim Clayton		North Derbyshire Rc	45:50
97	James Kraft		Scarborough Athletic Club	45:54
98	Johnathan Kendal		York Knavesmire Harriers	45:56
99	Leon Foster		Leeds City Ac	46:02
100	G Browne		E Cheshire H & Tameside Ac	46:04
101	Steven Wilkinson		Southport Waterloo AC	46:06
102	Adam Mitchell		Middlesbrough Ac (mandale)	46:10
103	Ben Martin		Trafford AC	46:15
104	Danny Hope		Pudsey And Bramley	46:21
105	Thomas Lawrence		Derby AC	46:28
106	Ricky Challinor		Liverpool Harriers & AC	46:30
107	Alan Ashton		Liverpool Harriers & AC	46:31
108	Dean Matkin		Stockport Harriers	46:35
109	Paul Turner		Elswick Harriers	46:38
110	Andrew Swift		Barnsley Ac	46:40
111	S Heaton		Altrincham & District Ac	46:42
112	John Wright		Blackpool Wyre & Fylde AC	46:50
113	Ian Stevens		Derby AC	46:57
114	Andrew Pearson		North York Moors AC	47:01
115	Michael Sprot		Hallamshire Harriers Sheffield	47:09
116	Trevor Wilks		Leeds City Ac	47:10
117	Paul Redman		Sunderland Harriers	47:10
118	Ed Fazakerley		Manchester Harriers & AC	47:11
119	Hindle Nick		Border Harriers	47:13
120	Phillip Williams		Rochdale Harriers.	47:15
121	Christopher Cooper		Nene Valley	47:15
122	Peter Steel		Leeds City Ac	47:19
123	Jamie Rutherford		Darlington Harriers &	47:20
124	Jonathon Stephens		Low Fell	47:22
125	Simon Bruton		Salford Harriers	47:22
126	Kevin Ogden		Spenborough	47:36
127	Martin Farran		Leeds City Ac	47:40
128	Andrew Grenfell		Rossendale Harriers	47:41
129	Andrew Minister		Hartlepool Burn Road Harriers	47:43
130	James Palmer		City Of York AC	47:45
131	Mark Likeman		Heaton Harriers & AC	47:47
132	Lee Bennett		Elswick Harriers	47:47
133	Kevin Stephenson		Elswick Harriers	47:47
134	Jonathan Dobson		Sunderland Harriers	47:52
135	Adrian Nutter		Stockport Harriers	47:58
136	Chris Rumsey		Middlesbrough & Cleveland H	48:03
137	Jose Ferreira		Boston & District Ac	48:13
138	Ben Dyson		Leeds City Ac	48:16
139	Nick Hellewell		Bridlington Road Runners	48:18
140	Andrew Skitt		Manchester Harriers & AC	48:20
141	Kevin Bell		Border Harriers	48:22
142	Mark Hulmston		Wirral A C	48:23
143	Philip Scowcroft		Sale Harriers Manchester	48:32
144	Paul Tarbitt		Gateshead Harriers & Athletics	48:36
145	Colin Gell		Sale Harriers Manchester	48:38
146	Craig Fishwick		Hallamshire Harriers Sheffield	48:40
147	A Langron		Holmfirth Harriers AC	48:43
148	Mark Metcalfe		City Of York AC	48:46
149	Colin Taylor		Darlington Harriers &	48:50
150	Daniel Ansell		Trafford AC	48:51
151	G Matthews		E Cheshire H & Tameside Ac	48:53
152	Joe Johnson		Birkenhead AC	48:54
153	Andy Normandale		City Of York AC	49:07
154	Gareth Melvin		Border Harriers	49:10
155	Tadeusz Zaranko		Richmond And Zetland Harriers	49:16
156	Lucas Longman		Heaton Harriers & AC	49:17
157	L Browne		E Cheshire H & Tameside Ac	49:18
158	Niall Bourke		Pudsey And Bramley	49:19
159	Paul Bainbridge		South Shields H & AC	49:22
160	Graham Millican		Border Harriers	49:25
161	John Donnelly		Derwentside AC	49:29
162	N Martin		Holmfirth Harriers AC	49:33
163	David Brown		Lancaster And Morecambe AC	49:37
164	Paul Stockburn		Harrogate Harriers	49:39
165	Jim Thompson		Saltwell Harriers	49:41
166	Greg Jones		Wallasey Ac	49:43

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167	Andrew Sugden	New Marske Harriers	49:43	258	Paul Nutter	Stockport Harriers	53:22
168	Peter Twigg	Lancaster And Morecambe AC	49:44	259	Michael Moore	North Shields Poly	53:26
169	Peter Scarrett	Wirral A C	49:45	260	Paul Barrett	Sale Harriers Manchester	53:28
170	Brian Hetherington	Wallsend Harriers & Ac	49:46	261	John Sturman	Wallsend Harriers & Ac	53:31
171	Anthony Harnett	North York Moors AC	49:48	262	Jason Stobbs	Gateshead Harriers & Athletics	53:33
172	Keith Galbraith	Hartlepool Burn Road Harriers	49:50	263	Michael Thompson	Teesdale AC	53:36
173	Lee Midghall	Liverpool Running Club	49:52	264	Richard Nettleton	South Shields H & AC	53:40
174	A Clague	West Cheshire Athletic Club	49:53	265	John Nash	Durham City Harriers	53:42
175	Kevin Hesketh	Preston Harriers	50:02	266	Ian Salkeld	Jarrow & Hebbum A.c.	53:44
176	Graham Burns	Blackhill Bounders	50:04	267	Ian Wilding	Manchester Ymca Harriers	53:46
177	John Stephens	Low Fell	50:06	268	Chris Speight	Helm Hill Runners	53:49
178	Darren Hendley	York Knavesmire Harriers	50:08	269	Mark Hudson	Gateshead Harriers & Athletics	54:00
179	Rob Barkley	Blyth Running Club	50:11	270	Steven Medd	Gateshead Harriers & Athletics	54:05
180	David Garner	Manchester Ymca Harriers	50:13	271	Barry Young	North Shields Poly	54:08
181	Steve Leverton	North Derbyshire Rc	50:14	272	David Reay	Derwentside AC	54:10
182	Simon Rutherford	Darlington Harriers & Salford Harriers	50:14	273	Sean Cordell	Salford Harriers	54:12
183	Charles Foster	Sunderland Harriers	50:16	274	Steve Myerscough	Wesham Road Runners	54:13
184	Steven Duffy	South Shields H & AC	50:16	275	A Farley	E Cheshire H & Tameside Ac	54:16
185	Nicholas Atkinson	South Shields H & AC	50:19	276	Ian Fenwick	Gateshead Harriers	54:17
186	Ben Forster	Wesham Road Runners	50:21	277	Andrew Nesom	City Of York AC	54:18
187	Alex Rowe	Birtley A C	50:23	278	Chris Leach	Rochdale Harriers.	54:21
188	David Kelly	Richmond And Zetland Harriers	50:24	279	Dave Askew	Harrogate Harriers	54:23
189	Mark Flannery	Chester-Le-Street And District	50:26	280	Stephen Volpe	Wallsend Harriers & Ac	54:24
190	Keith Robertshaw	Morpeth H &ac	50:28	281	David Warren	Low Fell	54:26
191	Gordon Dixon	Steel City Striders	50:30	282	Ronald Warrender	Salford Harriers	54:26
192	Philip Cooper	Sunderland Harriers	50:32	283	Kevin Hull	Border Harriers	54:27
193	Steven Gordon	Low Fell	50:35	284	Mark Carpenter	Elswick Harriers	54:38
194	Scott Gibson	York Knavesmire Harriers	50:38	285	Ian Pudge	Spectrum Striders Rc	54:45
195	Giles Hawking	Gateshead Harriers & Athletics	50:42	286	Gary Willcock	Sale Harriers Manchester	54:53
196	Nigel Camilleri	Holmfirth Harriers AC	50:45	287	Mark Bissell	Eden Runners	54:57
197	W Byram	Wallasey Ac	50:46	288	Andrew Hartley	Elswick Harriers	54:58
198	Tony Barbat	South Shields H & AC	50:47	289	Mike Bennett	Elvet Striders	55:01
199	Michael Jones	City Of York AC	50:50	290	Brian Miller	Harrogate Harriers	55:04
200	Martin Kirby	Spectrum Striders Rc	50:56	291	Brian Ward	City Of Hull Ac	55:06
201	Neil Garnett	Barnsley Ac	50:56	292	John Bertenshaw	Wesham Road Runners	55:09
202	David Brooksbank	Durham City Harriers	51:00	293	Carl Watson	Low Fell	55:09
203	Ted Tait	Wirral A C	51:03	294	George Reid	Newton Aycliffe	55:14
204	Kevin Buxton	Jarrow & Hebbum A.c.	51:04	295	Gary Johnston	Blackpool Wyre & Fylde AC	55:15
205	Craig Deacon	Heaton Harriers & AC	51:05	296	Andrew Middleton	Elswick Harriers	55:16
206	Les Smith	Blackpool Wyre & Fylde AC	51:08	297	David Taylor	Chorley AC	55:22
207	Perry Mann	North Derbyshire Rc	51:11	298	Jon Blane	Harrogate Harriers	55:25
208	Daniel Teasel	North Shields Poly	51:13	299	Kevin Blyth	Sunderland Strollers	55:26
209	Scott Ellis	Gateshead Harriers & Athletics	51:16	300	Andrew Rogerson	Wallasey Ac	55:29
210	C Hainsworth	Birtley A C	51:21	301	James Garland	Elvet Striders	55:32
211	Karl Oakes	Sale Harriers Manchester	51:22	302	Richard Waring	Swinton Running Club	55:32
212	Mike Ashby	Heaton Harriers & AC	51:23	303	Roger Carter	Manchester Ymca Harriers	55:42
213	Ian Robinson	Bridlington Road Runners	51:24	304	Ian Hayden	Aurora Harriers	55:44
214	Peter Gulc	Wirral A C	51:25	305	M Kingston	Claremont Road Runners	55:46
215	Anthony Devoy	Clayton Le Moors Harriers	51:26	306	Liam Friel	Blaydon H & AC	55:48
216	Colin Shuttleworth	Steel City Striders	51:27	307	Stuart Little	Beverley Athletics Club	55:50
217	Dave Ansell	Middlesbrough & Cleveland H	51:28	308	Stephen Atwell	North Shields Poly	55:53
218	Marty Jordan	South Shields H & AC	51:29	309	Steven Caldwell	Vale Royal	55:54
219	Christopher Muir	Pendle AC	51:31	310	Geoff Davis	Elvet Striders	55:57
220	Richard Marchant	Claremont Road Runners	51:33	311	David Wright	Houghton Harriers And AC	55:59
221	C Gillis	Low Fell	51:34	312	Richard Townsend	Saltwell Harriers	56:03
222	James Skilling	Steel City Striders	51:37	313	Robert Hancox	Morpeth H &ac	56:03
223	Simon Bennett	West Cheshire Athletic Club	51:40	314	Chris McDonald	South Shields H & AC	56:05
224	J Kettle	Wirral A C	51:44	315	Graham Bell	Darlington Harriers & Eden Runners	56:09
225	Simon Fox	Elswick Harriers	51:44	316	Alan Marshall	Eden Runners	56:13
226	Graham Bell	North Derbyshire Rc	51:44	317	Kevin Ayre	South Shields H & AC	56:14
227	Steve Bennett	Grantham Ac	51:48	318	Stephen Small	Middlesbrough & Cleveland H	56:15
228	Arthur Short	South Shields H & AC	51:51	319	Stephen Hutchinson	Darlington Harriers & Preston Harriers	56:24
229	George Bainbridge	Border Harriers	51:53	320	Stephen Mort	Preston Harriers	56:28
230	Daniel Ibbotson	City Of York AC	51:57	321	Mark Riches	Belper Harriers	56:29
231	Mike Raynes	Gateshead Harriers & Athletics	51:58	322	Gary Wilson	Wirral A C	56:30
232	Martin Slater	Hallamshire Harriers Sheffield	52:03	323	Bryn MacHin	Manchester Ymca Harriers	56:34
233	Tim Robinson	North Shields Poly	52:04	324	Brian Carroll	Sunderland Strollers	56:38
234	John Baly	Salford Metropolitan Ac	52:05	325	Tom Reeves	Elvet Striders	56:38
235	Paul Connolly	Wesham Road Runners	52:08	326	Lawrence Johnson	Low Fell	56:50
236	John Collier	Harrogate Harriers	52:13	327	Paul Altree	Barnsley Ac	56:50
237	Ashley Brook	Elswick Harriers	52:14	328	Steven Snook	Quakers Running Club	56:53
238	David Jardin	Claremont Road Runners	52:18	329	Nick Wilson	Wirral A C	56:57
239	K Smith	Barnsley Ac	52:21	330	Iain Povey	New Marske Harriers	57:00
240	Melvin Wallace	E Cheshire H & Tameside Ac	52:25	331	Alan Rowell	Durham City Harriers	57:04
241	S Gallagher	Middlesbrough & Cleveland H	52:27	332	Mark Middley	Wesham Road Runners	57:07
242	Mark Armstrong	Salford Harriers	52:32	333	Steve Matkin	Stockport Harriers	57:08
243	Mark Seed	Wallasey Ac	52:35	334	Graham Silburn	Border Harriers	57:09
244	Phil Cuthbert	North East Veterans Ac	52:43	335	K Kyte	E Cheshire H & Tameside Ac	57:12
245	Kevin Lister	Morpeth H &ac	52:45	336	D Scott	Claremont Road Runners	57:12
246	John Woods	Altrincham & District Ac	52:47	337	David Ashton	Manchester Ymca Harriers	57:12
247	A Fuller	Wallsend Harriers & Ac	52:48	338	Neil Corbiere	Gateshead Harriers & Athletics	57:12
248	Simon Gibbs	Middlesbrough & Cleveland H	52:50	339	B Holroyd	Holmfirth Harriers AC	57:20
249	Mike Kavanagh	Macclesfield Harriers	52:54	340	Jim Croft	Houghton Harriers And AC	57:27
250	Christopher Bentley	Swinton Running Club	52:56	341	Richard Campbell	Newton Aycliffe	57:29
251	Mark Birchall	Saltwell Harriers	53:03	342	Peter Mullarkey	Saltwell Harriers	57:31
252	Fred Smith	Saltwell Harriers	53:04	343	Dave Gibson	Elvet Striders	57:38
253	Keith Wood	South Shields H & AC	53:05	344	Ian Stinson	Steel City Striders	57:40
254	Paul Doxford	Low Fell	53:08	345	D Beaney	Claremont Road Runners	57:42
255	Bryan Kelly	Middlesbrough & Cleveland H	53:12	346	Chris Redfern	Saltwell Harriers	57:43
256	Greg Janasuriya	Wirral A C	53:18	347	Walter Fraser	Saltwell Harriers	57:46
257	William Ferguson			348	Gary Fallon	Derby AC	57:55

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349	Andy Buck	Steel City Striders	57:56	420	Mark Pinder	City Of York AC	1:03:09
350	Trevor Baker	Middlesbrough & Cleveland H	58:01	421	Alan Alexander	Gateshead Harriers & Athletics	1:03:11
351	Alan Webster	Macclesfield Harriers	58:03	422	Stephen Curry	Elswick Harriers	1:03:14
352	Chris Warren	Lancaster And Morecambe AC	58:10	423	Jason Mott	Sedgefield Harriers	1:03:14
353	Richard Maxted	Steel City Striders	58:12	424	Mike Peat	Lancaster And Morecambe AC	1:03:20
354	Brian Schofield	Oldham And Royton H & AC	58:13	425	Graham Park	Quakers Running Club	1:03:26
355	Ged McDermott	Salford Metropolitan Ac	58:19	426	Mark Quince	Buxton AC	1:03:31
356	Stuart Cunningham	North Derbyshire Rc	58:21	427	Mathew Wade	Manchester Ymca Harriers	1:03:33
357	Scott Hydon	Sedgefield Harriers	58:31	428	Colin Rathbone	Vale Royal	1:03:40
358	Iain Singer	Blyth Running Club	58:38	429	Justin Jones	Barnsley Ac	1:03:55
359	Robert Hewitson	Durham City Harriers	58:40	430	William Raine	Aurora Harriers	1:03:59
360	Robert Gatenby	Leeds City Ac	58:43	431	Michael Robinson	Quakers Running Club	1:04:02
361	Matt Williams	Wallasey Ac	58:45	432	Nigel Pratten	Wirral A C	1:04:05
362	Andrew Howarth	Leigh Harriers & Ac	58:53	433	Neil Yorston	South Shields H & AC	1:04:10
363	Robert Weightman	Gateshead Harriers & Athletics	58:56	434	Alan Couldwell	Harrogate Harriers	1:04:18
364	T Tinsley	Claremont Road Runners	58:58	435	Bill Southgate	Rolls-Royce Harriers	1:04:26
365	Fred Gibbs	Bingley Harriers & Ac	59:01	436	John MacE	Leeds City Ac	1:04:39
366	Peter Walker	South Shields H & AC	59:04	437	Richard Watson	Sale Harriers Manchester	1:04:48
367	Miles Good	Middlesbrough & Cleveland H	59:07	438	Colin Gibson	Aycliffe Running Club	1:04:55
368	David Ashmore	North Derbyshire Rc	59:09	439	Alan Spurr	Wakefield Harriers	1:05:01
369	Brian Buckley	Derwentside AC	59:12	440	Kristian Robinson	Rochdale Harriers.	1:05:03
370	Geoff Hand	Spectrum Striders Rc	59:19	441	B Hull	Claremont Road Runners	1:05:10
371	Ean Parsons	Sedgefield Harriers	59:19	442	Tony Forster	Birtley A C	1:05:11
372	Robert Currie	New Marske Harriers	59:22	443	David Savage	Sunderland Harriers	1:05:17
373	Gary Wilks	Leeds City Ac	59:26	444	Barry Metcalfe	Wallasey Ac	1:05:32
374	Micky Todd	Wallsend Harriers & Ac	59:28	445	Adam Pickup	Swinton Running Club	1:05:32
375	Steven McMahan	Sunderland Strollers	59:34	446	Glen Salkeld	Heanor Running Club	1:05:43
376	Conrad White	Elvet Striders	59:42	447	Dominic Phipps	Gateshead Harriers & Athletics	1:05:47
377	Mark Morris	Wirral A C	59:43	448	D Wotton	Claremont Road Runners	1:05:55
378	Peter Sloan	Elswick Harriers	59:50	449	Philip Hall	Grantham Ac	1:05:59
379	Stephen Pearson	Houghton Harriers And AC	59:53	450	Mick Leck	Lancaster And Morecambe AC	1:06:34
380	Ian Ogden	Spensborough	59:53	451	Peter Ashton	Wallasey Ac	1:06:42
381	Michael Warren	Teesdale AC	59:54	452	David Wright	Low Fell	1:07:04
382	Leonard Christopher	Sunderland Harriers	59:56	453	Brian Bailes	Birtley A C	1:07:10
383	N Cook	Aurora Harriers	1:00:00	454	D Kear	Claremont Road Runners	1:07:55
384	Gary Hetherington	Sedgefield Harriers	1:00:06	455	Michael Brunskill	Aycliffe Running Club	1:07:59
385	Ian Baxter	Blyth Running Club	1:00:08	456	Owen Msimango	Boston & District Ac	1:08:05
386	Stan Williams	Wallasey Ac	1:00:09	457	Barry Allman	Spectrum Striders Rc	1:08:07
387	Kevin Lewis	Bridlington Road Runners	1:00:09	458	Ken Turnbull	Blyth Running Club	1:08:34
388	Frank Reddington	Spensborough	1:00:09	459	Darren Dickinson	Lincoln Wellington AC	1:08:36
389	John Dalby	Harrogate Harriers	1:00:10	460	David Shoesmith	Macclesfield Harriers	1:08:41
390	Tony Robson	Elswick Harriers	1:00:21	461	Alan Peers	Spectrum Striders Rc	1:08:53
391	David Parry	Steel City Striders	1:00:22	462	Brian Brown	Durham City Harriers	1:09:11
392	Paul Rutherford	Swinton Running Club	1:00:25	463	Keith Willshire	Blyth Running Club	1:09:20
393	Jeff Henderson	North East Veterans Ac	1:00:30	464	Stephen Hart	Swinton Running Club	1:09:22
394	Alan Readman	Houghton Harriers And AC	1:00:39	465	Richard Harvey	Aycliffe Running Club	1:09:25
395	Robert Norman	Belper Harriers	1:00:51	466	Neilmc McGraw	Glossopdale Harriers	1:09:42
396	Dave Walton	Wallasey Ac	1:00:54	467	Dean Phillips	Sunderland Harriers	1:09:45
397	Shaun Dodd	Blyth Running Club	1:00:56	468	Kenny Black	Spectrum Striders Rc	1:10:25
398	Duncan Chambers	York Knavesmire Harriers	1:01:04	469	Ralph Dickinson	Blyth Running Club	1:10:51
399	Stephen Moss	Teesdale AC	1:01:09	470	George Shuttleworth	Lincoln Wellington AC	1:11:30
400	S Harknett	Claremont Road Runners	1:01:10	471	Terry Hart	Blyth Running Club	1:11:53
401	A Thompson	Aurora Harriers	1:01:13	472	Steve Rochelle	Saltwell Harriers	1:12:09
402	Phil James	Saltwell Harriers	1:01:21	473	Keith Weavers	Aurora Harriers	1:12:12
403	David Bradley	Blyth Running Club	1:01:22	474	Ian Barnes	Darlington Harriers &	1:13:09
404	Derek McArdle	Wallasey Ac	1:01:29	475	Paul Shier	Swinton Running Club	1:13:27
405	D Hough	West Cheshire Athletic Club	1:01:34	476	Tom Millmore	Birtley A C	1:14:03
406	Kevin Loftus	North Derbyshire Rc	1:01:38	477	Simon Young	Wesham Road Runners	1:14:15
407	Mark Wheelton	Macclesfield Harriers	1:01:40	478	D O'Brien	Claremont Road Runners	1:15:24
408	James Chisholm	Barnsley Ac	1:01:42	479	Richard Gott	York Knavesmire Harriers	1:16:30
409	Thomas Hanson	Elswick Harriers	1:01:46	480	Roland Peacock	Gateshead Harriers & Athletics	1:16:45
410	David Coulson	Birtley A C	1:01:50	481	Tony Maddocks	Wallsend Harriers & Ac	1:17:20
411	James Whitfield	East Hull Harriers	1:02:02	482	Kenneth McDonald	South Shields H & AC	1:20:40
412	Kevin Greenall	Aycliffe Running Club	1:02:14	483	Barry Gerrard Murray	Birtley A C	1:23:23
413	William Bittlestone	Sunderland Harriers	1:02:22	484	Terry Deary	Derwentside AC	1:24:32
414	Michael Skeldon	Wallsend Harriers & Ac	1:02:26	485	Michael Thompson	Scarborough Athletic Club	1:27:56
415	Paramjeet Bhogal	Heaton Harriers & AC	1:02:35	486	George Routledge	Heaton Harriers & AC	1:29:28
416	Mike Griffiths	Wallasey Ac	1:02:45	487	Patrick Kelly	Birtley A C	1:29:49
417	Paul Lewins	Sunderland Strollers	1:02:56	488	R Skeoch	Aurora Harriers	1:31:11
418	Brian Usher	Aurora Harriers	1:03:03				
419	Stephen Symons	Manchester Ymca Harriers	1:03:06				



## Senior Men — TEAM RESULTS

1 Leeds City Ac	146	—	12 Simon Deakin	15 Martin Hilton	20 Carl Smith	22 Martin Roscoe	36 Darran Bilton	41 Chris Birchall
2 Hallamshire Harriers Sheffield	167	—	9 Andrew Heyes	19 Dave Archer	21 Andrew Thake	25 Robert Little	42 John Roche	51 Tom Jenkins
3 Liverpool Harriers & AC	268	—	23 Richard Burney	26 Jon Mellor	32 John McCole	34 Adam Peers	61 Lee Siemaszko	92 James Russell
4 Pudsey And Bramley	285	—	14 John Henegan	18 Robert Hope	40 Graham Pearce	49 Darren Kay	60 Ian Nixon	104 Danny Hope
5 Salford Harriers	292	—	3 Andi Jones	24 Philip Leybourne	43 Joseph Bailey	71 Robert Hughes	73 James Kovacs	78 Jan Pichl
6 Stockport Harriers	377	—	2 Steven Vernon	10 Alex O'Gorman	47 Jamie Loxam	75 Andrew Nixon	108 Dean Matkin	135 Adrian Nutter
7 Durham City Harriers	474	—	13 Daniel Garbutt	35 Michael Crawley	67 Sean Moralee	74 Dan Jenkin	82 Graeme Hunt	203 Ted Tait
8 Morpeth H &ac	571	—	16 Peter Newton	17 Matthew Nicholson	33 Ross Floyd	68 David Swinburne	191 Gordon Dixon	246 John Woods
9 Sale Harriers Manchester	818	—	6 Gareth Raven	52 James Bailey	143 Philip Scowcroft	145 Colin Gell	212 Mike Ashby	260 Paul Barrett
10 Border Harriers	852	—	48 James Douglas	119 Hindle Nick	141 Kevin Bell	154 Gareth Melvin	160 Graham Millican	230 Daniel Ibbotson
11 Sunderland Harriers	1015	—	5 Patrick Martin	117 Paul Redman	134 Jonathan Dobson	184 Steven Duffy	193 Steven Gordon	382 Leonard Christopher
12 Low Fell	1048	—	76 Chris Miller	124 Jonathon Stephens	177 John Stephens	194 Scott Gibson	222 James Skilling	255 Bryan Kelly
13 Elswick Harriers	1114	—	109 Paul Turner	132 Lee Bennett	133 Kevin Stephenson	226 Graham Bell	238 David Jardin	276 Ian Fenwick
14 Gateshead Harriers & Athletics	1123	—	79 Conrad Franks	144 Paul Tarbitt	196 Nigel Camilleri	210 C Hainsworth	232 Martin Slater	262 Jason Stobbs
15 City Of York AC	1139	—	130 James Palmer	148 Mark Metcalfe	153 Andy Normandale	200 Martin Kirby	231 Mike Raynes	277 Andrew Nesom
16 Heaton Harriers & AC	1167	—	46 James Buis	131 Mark Likeman	156 Lucas Longman	206 Les Smith	213 Ian Robinson	415 Paramjeet Bhogal
17 South Shields H & AC	1177	—	159 Paul Bainbridge	185 Nicholas Atkinson	186 Ben Forster	199 Michael Jones	219 Christopher Muir	229 George Bainbridge
18 Wirral A C	1212	—	142 Mark Hulmston	169 Peter Scarlett	204 Kevin Buxton	215 Anthony Devoy	225 Simon Fox	257 William Ferguson
19 E Cheshire H & Tameside Ac	1259	—	100 G Browne	151 G Matthews	157 L Browne	241 S Gallagher	275 A Farley	335 K Kyte
20 North Shields Poly	1319	—	38 Iain Twaddle	209 Scott Ellis	234 John Baty	259 Michael Moore	271 Barry Young	308 Stephen Atwell
21 Harrogate Harriers	1356	—	88 Chris Miller	164 Paul Stockburn	237 Ashley Brook	279 Dave Askew	290 Brian Miller	298 Jon Blane
22 Barnsley Ac	1372	—	85 Gavin Felten	110 Andrew Swift	202 David Brooksbank	240 Melvin Wallace	327 Paul Altree	408 James Chisholm
23 Wallsend Harriers & Ac	1396	—	63 Tony Carter	170 Brian Hetherington	248 Simon Gibbs	261 John Sturman	280 Stephen Volpe	374 Micky Todd
24 Wesham Road Runners	1410	—	89 Charlie Pass	187 Alex Rowe	236 John Collier	274 Steve Myerscough	292 John Bertenshaw	332 Mark Midgley
25 Middlesbrough & Cleveland H	1419	—	136 Chris Rumsey	218 Marty Jordan	242 Mark Armstrong	249 Mike Kavanagh	256 Greg Janasuriya	318 Stephen Small
26 York Knavesmire Harriers	1420	—	72 Tom Edwards	98 Johnathan Kendal	178 Darren Hendley	195 Giles Hawking	398 Duncan Chambers	479 Richard Gott
27 North Derbyshire Rc	1436	—	96 Tim Clayton	181 Steve Leverton	208 Daniel Teasel	227 Steve Bennett	356 Stuart Cunningham	368 David Ashmore
28 Darlington Harriers &	1562	—	123 Jamie Rutherford	149 Colin Taylor	182 Simon Rutherford	315 Graham Bell	319 Stephen Hutchinson	474 Ian Barnes
29 Elvet Striders	1627	—	59 Phillip Sanderson	289 Mike Bennett	301 James Garland	310 Geoff Davis	325 Tom Reeves	343 Dave Gibson
30 Wallasey Ac	1655	—	166 Greg Jones	198 Tony Barbat	244 Phil Cuthbert	300 Andrew Rogerson	361 Matt Williams	386 Stan Williams
31 Saltwell Harriers	1670	—	165 Jim Thompson	252 Fred Smith	253 Keith Wood	312 Richard Townsend	342 Peter Mullarkey	346 Chris Redfern
32 Steel City Striders	1678	—	192 Philip Cooper	217 Dave Ansell	223 Simon Bennett	344 Ian Stinson	349 Andy Buck	353 Richard Maxted
33 Birtley A C	1799	—	95 Neil Allan	188 David Kelly	211 Karl Oakes	410 David Coulson	442 Tony Forster	453 Brian Bailes
34 Claremont Road Runners	1810	—	221 C Gillis	239 K Smith	305 M Kingston	336 D Scott	345 D Beaney	364 T Tinsley
35 Manchester Ymca Harriers	1829	—	180 David Garner	267 Ian Wilding	303 Roger Carter	323 Bryn MacHin	337 David Ashton	419 Stephen Symons
36 Blyth Running Club	2180	—	179 Rob Barkley	358 Iain Singer	385 Ian Baxter	397 Shaun Dodd	403 David Bradley	458 Ken Turnbull
37 Spectrum Striders Rc	2242	—	201 Neil Garnett	285 Ian Pudge	370 Geoff Hand	457 Barry Allman	461 Alan Peers	468 Kenny Black
38 Swinton Running Club	2329	—	251 Mark Birchall	302 Richard Waring	392 Paul Rutherford	445 Adam Pickup	464 Stephen Hart	475 Paul Shier
39 Aurora Harriers	2409	—	304 Ian Hayden	383 N Cook	401 A Thompson	418 Brian Usher	430 William Raine	473 Keith Weavers

