

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2011

Under 11 Girl — FINAL RESULTS

| Pos | Num | Name | Club | Time |
|-----|------|---------------------|---------------------------|-------|
| 1 | 2151 | Lucy Miller | Liverpool Harriers | 7:36 |
| 2 | 752 | Samantha Bland | Kendal AAC | 7:45 |
| 3 | 1506 | Sarah Atkinson | Helm Hill Runners | 7:50 |
| 4 | 2200 | Kim Baptista | Wigan Harriers | 7:54 |
| 5 | 378 | Hannah Eadie | Blackpool Wyre & Fylde AC | 8:02 |
| 6 | 2213 | Faye Ireland | Liverpool Harriers | 8:05 |
| 7 | 1559 | Hannah Cookson | Blackburn Harriers | 8:06 |
| 8 | 1073 | Natalya Irvine | Clayton Le Moors Har | 8:16 |
| 9 | 2154 | Katie Miller | Liverpool Harriers | 8:18 |
| 10 | 2149 | Mia Alsamarrar | Liverpool Harriers | 8:22 |
| 11 | 1811 | Alex Barnsley | Liverpool Ps | 8:23 |
| 12 | 2411 | Ffion Ashton | Lancaster & Morecambe AC | 8:26 |
| 13 | 248 | Rebekah Luff | Preston Har | 8:27 |
| 14 | 1810 | Megan Barnsley | Liverpool Ps | 8:30 |
| 15 | 2217 | Olivia JohnHaslam | Preston Har | 8:35 |
| 16 | 2284 | Annis Atkinson | Lancaster & Morecambe AC | 8:45 |
| 17 | 2069 | Caitlin McCarrick | Chorley Har | 8:49 |
| 18 | 2197 | Isabelle Woodman | Blackpool Wyre & Fylde AC | 8:49 |
| 19 | 2208 | Maddy Broad | Liverpool Harriers | 8:51 |
| 20 | 2841 | Alex Binks | Liverpool Harriers | 8:59 |
| 21 | 247 | Charlotte Johnstone | Preston Har | 8:59 |
| 22 | 2375 | Grace Preston | Liverpool Harriers | 9:04 |
| 23 | 1435 | Alex Baker | Pendle AC | 9:07 |
| 24 | 754 | Tilly Webster | Kendal AAC | 9:09 |
| 25 | 2195 | Maisie Rogers | Blackpool Wyre & Fylde AC | 9:10 |
| 26 | 2226 | Rebecca Keen | Barrow & Fumess Striders | 9:10 |
| 27 | 2398 | Teshi Walker | Liverpool Harriers | 9:12 |
| 28 | 2234 | Maisy Vasic | Rossendale Harriers | 9:13 |
| 29 | 2845 | Katei Laycock | Blackpool Wyre & Fylde AC | 9:17 |
| 30 | 1952 | Chloe McDaid | Leigh Harriers | 9:24 |
| 31 | 2490 | Imogen Gorst | Kendal AAC | 9:25 |
| 32 | 689 | Emily Hunter | Chorley AC | 9:30 |
| 33 | 2541 | Hannah Jefferson | Barrow & Fumess Striders | 9:31 |
| 34 | 2848 | Holly Miller | Liverpool Ps | 9:36 |
| 35 | 2399 | Emily Lucass | Liverpool Harriers | 9:37 |
| 36 | 2850 | Olivia Alford | Liverpool Harriers | 9:46 |
| 37 | 2209 | Milli Smith | Liverpool Harriers | 9:47 |
| 38 | 2851 | Molly Jamieson | Barrow & Fumess Striders | 9:56 |
| 39 | 2261 | Eleanor Lucas | Chorley AC | 10:44 |
| 40 | 2016 | Lucie Wood | Rossendale Harriers | 11:03 |
| 41 | 2196 | Minnie Rogers | Blackpool Wyre & Fylde AC | 11:27 |

Under 11 Boys — FINAL RESULTS

| Pos | Num | Name | Club | Time |
|-----|------|-------------------|---------------------------|------|
| 1 | 2413 | Max Brame | Liverpool Harriers | 7:02 |
| 2 | 2192 | Christian Linton | Blackpool Wyre & Fylde AC | 7:20 |
| 3 | 442 | George Robinson | Blackpool Wyre & Fylde AC | 7:22 |
| 4 | 1464 | Kai Atkins | Pendle AC | 7:27 |
| 5 | 2854 | Owen Simpson | Liverpool Harriers | 7:34 |
| 6 | 1980 | Joseph Wane | Leigh Harriers | 7:45 |
| 7 | 2058 | Harley Place | Rossendale Harriers | 7:51 |
| 8 | 684 | Jake Cooper | Barrow & Fumess Striders | 7:53 |
| 9 | 1983 | Ben McLaughlin | Leigh Harriers | 7:55 |
| 10 | 2855 | Liam Naylor | Liverpool Harriers | 7:57 |
| 11 | 2224 | Bradley Edwards | Barrow & Fumess Striders | 8:01 |
| 12 | 2187 | Michael O'Malley | Liverpool Harriers | 8:02 |
| 13 | 2856 | Matthew Stevens | Liverpool Harriers | 8:03 |
| 14 | 2857 | Ben Hughes | Chorley AC | 8:09 |
| 15 | 2189 | William Holmes | Blackpool Wyre & Fylde AC | 8:09 |
| 16 | 1987 | Kyle Jones | Leigh Harriers | 8:10 |
| 17 | 2199 | James Smith | Blackpool Wyre & Fylde AC | 8:11 |
| 18 | 728 | Scott Gouldthorpe | Chorley AC | 8:20 |
| 19 | 2201 | Matthew Baptista | Wigan Harriers | 8:28 |
| 20 | 1981 | Shea Mellor | Leigh Harriers | 8:29 |
| 21 | 729 | Luke Hunter | Chorley AC | 8:33 |
| 22 | 2258 | Ed Peacock | Southport Waterloo | 8:41 |
| 23 | 2415 | Dylan Ross | Hyndburn AC | 8:50 |
| 24 | 579 | James McCracken | Lancaster & Morecambe AC | 8:58 |
| 25 | 2843 | Liam Blacknell | Liverpool Harriers | 9:06 |
| 26 | 2408 | Jack Hughes | Chorley AC | 9:11 |
| 27 | 1982 | Benjamin Fisher | Leigh Harriers | 9:23 |

Under 13 Girl — FINAL RESULTS

| Pos | Num | Name | Club | Time |
|-----|------|---------------------|---------------------------|-------|
| 1 | 1549 | Elizabeth Greenwood | Blackburn Harriers | 11:15 |
| 2 | 245 | Grace Handley | Blackburn Harriers | 12:07 |
| 3 | 373 | Deni Impett | Blackpool Wyre & Fylde AC | 12:08 |
| 4 | 2861 | Morag Molyneux | Liverpool Ps | 12:21 |
| 5 | 2139 | Emily Gray | Liverpool Harriers | 12:40 |
| 6 | 2013 | Shauna Williamson | Rossendale Harriers | 12:45 |
| 7 | 1650 | Alexa McTiffin | Hyndburn AC | 12:47 |
| 8 | 2862 | Abbie Oliver | Liverpool Harriers | 12:47 |
| 9 | 2014 | Corina Howorth | Rossendale Harriers | 12:52 |
| 10 | 1505 | Imogen Burrow | Helm Hill Runners | 12:53 |
| 11 | 2202 | Elisha Lyttle | Preston Har | 12:55 |
| 12 | 370 | Annie Bradshaw | Blackpool Wyre & Fylde AC | 13:04 |
| 13 | 2134 | Emily Rowe | Liverpool Harriers | 13:11 |
| 14 | 1808 | Rachel Knowles | Liverpool Ps | 13:12 |
| 15 | 2012 | Sarah Longshaw | Rossendale Harriers | 13:18 |
| 16 | 2143 | Harriet Taylor | Liverpool Harriers | 13:20 |
| 17 | 2009 | Sophie Murphy | Rossendale Harriers | 13:25 |
| 18 | 374 | Molly Scarr | Blackpool Wyre & Fylde AC | 13:26 |
| 19 | 1503 | Heidi Murray | Helm Hill Runners | 13:26 |
| 20 | 2270 | Meg Beckett | Preston Har | 13:30 |
| 21 | 645 | Georgia Cooper | Barrow & Fumess Striders | 13:36 |
| 22 | 2090 | Eleanor Bolton | Ribble Valley AC | 13:41 |
| 23 | 2860 | Louise Cook | Liverpool Harriers | 14:04 |
| 24 | 1556 | Rose Abbott | Blackburn Harriers | 14:07 |
| 25 | 1071 | Alice Pier | Clayton Le Moors Har | 14:09 |
| 26 | 838 | Sarah Glover | Southport Waterloo | 14:17 |
| 27 | 2437 | Charlotte Casselton | Liverpool Ps | 14:18 |
| 28 | 2409 | EbonyLee Kings | Preston Har | 14:20 |
| 29 | 2220 | Kate Croft | Liverpool Ps | 14:41 |
| 30 | 486 | Shannon Perry | Lancaster & Morecambe AC | 14:51 |
| 31 | 2007 | Jessica Nelson | Rossendale Harriers | 15:04 |
| 32 | 2338 | Rachel Sidebotham | Wigan Harriers | 15:20 |
| 33 | 2340 | Hannah Mulholland | Preston Har | 15:47 |
| 34 | 1645 | A Scott-Robinson | Hyndburn AC | 16:18 |

Under 13 Girl — TEAM RESULTS

| | | | | | | | | | | | |
|---|---------------------|----|---|----|-------------------|----|----------------|----|---------------------|----|-------------------|
| 1 | Liverpool Harriers | 42 | — | 5 | Emily Gray | 8 | Abbie Oliver | 13 | Emily Rowe | 16 | Harriet Taylor |
| 2 | Rossendale Harriers | 47 | — | 6 | Shauna Williamson | 9 | Corina Howorth | 15 | Sarah Longshaw | 17 | Sophie Murphy |
| 3 | Liverpool Ps | 74 | — | 4 | Morag Molyneux | 14 | Rachel Knowles | 27 | Charlotte Casselton | 29 | Kate Croft |
| 4 | Preston Har | 92 | — | 11 | Elisha Lyttle | 20 | Meg Beckett | 28 | EbonyLee Kings | 33 | Hannah Mulholland |

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 26th November 2011

Race 5 - Under 15 Boys — FINAL RESULTS

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|----------------------|--------------------------|-------|-----|------|--------------------|--------------------------|-------|
| 1 | 304 | Patrick Dever | Preston Har | 9:45 | 25 | 2439 | Ben Singleton | Liverpool Ps | 11:09 |
| 2 | 910 | Andrew Kershaw | Southport Waterloo | 10:23 | 26 | 1583 | Robert Blow | Blackburn Harriers | 11:13 |
| 3 | 1581 | Robert Wong | Blackburn Harriers | 10:24 | 27 | 1680 | George Nightingale | Hyndburn AC | 11:17 |
| 4 | 2204 | Elliot Roberts | Preston Har | 10:25 | 28 | 2049 | Connor Richardson | Rossendale Harriers | 11:18 |
| 5 | 2311 | Matthew Shackleton | Lancaster & Morecambe AC | 10:27 | 29 | 1837 | Chris Webber | Liverpool Ps | 11:19 |
| 6 | 312 | Chris Durney | Preston Har | 10:30 | 30 | 2872 | Tom Clarke | Liverpool Harriers | 11:31 |
| 7 | 912 | Michael Panes | Southport Waterloo | 10:30 | 31 | 566 | Benjamin Roberts | Lancaster & Morecambe AC | 11:37 |
| 8 | 969 | Neil Orr | Border Harriers | 10:30 | 32 | 308 | Dan Whitlock | Preston Har | 11:41 |
| 9 | 1448 | Darius Boardman | Pendle AC | 10:31 | 33 | 2414 | Callum Ross | Hyndburn AC | 11:42 |
| 10 | 2874 | Lee Dobson | Liverpool Harriers | 10:32 | 34 | 1207 | Hartley Edmondson | Clayton Le Moors Har | 11:50 |
| 11 | 311 | Fabrice Kisela | Preston Har | 10:44 | 35 | 1835 | Jonathan Bride | Liverpool Ps | 11:57 |
| 12 | 725 | Fergus Tallon | Chorley AC | 10:46 | 36 | 1450 | James Marchant | Pendle AC | 12:07 |
| 13 | 2877 | Connor Mahoney | Blackburn Harriers | 10:46 | 37 | 1836 | Joseph Chadderton | Liverpool Ps | 12:11 |
| 14 | 1447 | Matthew Dutton | Pendle AC | 10:47 | 38 | 2873 | Cameron Critchley | Horwich Rmi | 12:13 |
| 15 | 776 | Mark Sullivan | Kendal AAC | 10:48 | 39 | 2876 | Ben Ingham | Kendal AAC | 12:15 |
| 16 | 911 | Luke Tyson | Southport Waterloo | 10:50 | 40 | 2875 | Jamie Hemingway | Liverpool Harriers | 12:16 |
| 17 | 913 | Thomas Lodge | Southport Waterloo | 10:56 | 41 | 313 | Robert Bryning | Preston Har | 12:21 |
| 18 | 2048 | Callum Davidson | Rossendale Harriers | 10:57 | 42 | 2879 | Chris Williams | Liverpool Harriers | 12:22 |
| 19 | 616 | George Rowley | Lytham St. Annes Rrc | 10:59 | 43 | 564 | Rafi Scott | Lancaster & Morecambe AC | 12:27 |
| 20 | 1525 | Christopher Richards | Helm Hill Runners | 10:59 | 44 | 917 | Matthew Tobin | Southport Waterloo | 12:33 |
| 21 | 1629 | Nathan Townsend | Horwich Rmi | 10:59 | 45 | 1975 | Dominic Howarth | Leigh Harriers | 12:36 |
| 22 | 1580 | Jack Hindle | Blackburn Harriers | 11:03 | 46 | 1974 | Jordan Smith | Leigh Harriers | 12:48 |
| 23 | 1626 | Joseph Howe | Horwich Rmi | 11:05 | 47 | 2107 | Daniel Bolton | Ribble Valley AC | 13:57 |
| 24 | 914 | Adam Cullen | Southport Waterloo | 11:09 | | | | | |

Race 5 - Under 15 Boys — TEAM RESULTS

| | | | | | | | | | | | |
|---|--------------------|-----|---|----|----------------|----|----------------|----|-----------------|----|-------------------|
| 1 | Preston Har | 22 | — | 1 | Patrick Dever | 4 | Elliot Roberts | 6 | Chris Durney | 11 | Fabrice Kisela |
| 2 | Southport Waterloo | 42 | — | 2 | Andrew Kershaw | 7 | Michael Panes | 16 | Luke Tyson | 17 | Thomas Lodge |
| 3 | Blackburn Harriers | 64 | — | 3 | Robert Wong | 13 | Connor Mahoney | 22 | Jack Hindle | 26 | Robert Blow |
| 4 | Liverpool Harriers | 122 | — | 10 | Lee Dobson | 30 | Tom Clarke | 40 | Jamie Hemingway | 42 | Chris Williams |
| 5 | Liverpool Ps | 126 | — | 25 | Ben Singleton | 29 | Chris Webber | 35 | Jonathan Bride | 37 | Joseph Chadderton |

Race 5 - Under 17 Women — FINAL RESULTS

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|--------------------|---------------------------|-------|-----|------|------------------|---------------------------|-------|
| 1 | 2120 | Katherine Walker | Liverpool Harriers | 17:21 | 13 | 2899 | Kirsty Fraser | Lytham St. Annes Rrc | 19:27 |
| 2 | 1937 | Shannon Johnson | Leigh Harriers | 17:33 | 14 | 2123 | Olivia Perez | Liverpool Harriers | 19:27 |
| 3 | 353 | Lauren Gowland | Blackpool Wyre & Fylde AC | 17:47 | 15 | 1541 | Holly Ballantyne | Blackburn Harriers | 19:31 |
| 4 | 2128 | Riana Burton | Liverpool Harriers | 17:54 | 16 | 1999 | Leah Williamson | Rossendale Harriers | 19:52 |
| 5 | 1936 | Bethany Jones | Leigh Harriers | 18:11 | 17 | 747 | Eilith Spoul | Kendal AAC | 19:56 |
| 6 | 355 | Jodie Ferguson | Blackpool Wyre & Fylde AC | 18:21 | 18 | 827 | Ellon Hart | Southport Waterloo | 20:16 |
| 7 | 1940 | Sabrina Whalley | Leigh Harriers | 18:39 | 19 | 2124 | Holly Barrett | Liverpool Harriers | 20:19 |
| 8 | 233 | Jessica McDermott | Preston Har | 18:47 | 20 | 1232 | Natalie Thompson | Wigan Harriers | 20:35 |
| 9 | 2122 | Rebecca Donohue | Liverpool Harriers | 18:52 | 21 | 2889 | K BowersFolan | Liverpool Harriers | 20:51 |
| 10 | 1998 | Lizzy Longshaw | Rossendale Harriers | 18:54 | 22 | 2314 | Sai Kalasiram | Preston Har | 21:17 |
| 11 | 1502 | Lauren MunroBennet | Helm Hill Runners | 18:56 | 23 | 634 | Hannah Stanway | Barrow & Furness Striders | 22:06 |
| 12 | 231 | Laura Sullivan | Preston Har | 19:14 | 24 | 2080 | Amy Bristow | Ribble Valley AC | 22:33 |

Race 5 - Under 17 Women — TEAM RESULTS

| | | | | | | | | | |
|---|--------------------|----|---|----|-------------------|----|----------------|----|-----------------|
| 1 | Leigh Harriers | 14 | — | 2 | Shannon Johnson | 5 | Bethany Jones | 7 | Sabrina Whalley |
| 2 | Liverpool Harriers | 14 | — | 1 | Katherine Walker | 4 | Riana Burton | 9 | Rebecca Donohue |
| 3 | Preston Har | 42 | — | 8 | Jessica McDermott | 12 | Laura Sullivan | 22 | Sai Kalasiram |
| 4 | Liverpool Harriers | 54 | — | 14 | Olivia Perez | 19 | Holly Barrett | 21 | K BowersFolan |

Race 6 - Under 17 Men — FINAL RESULTS (\$=non-counter)

| Pos | Num | Name | Club | Time | Pos | Num | Name | Club | Time |
|-----|------|-------------------|---------------------------|-------|-----|------|-------------------|---------------------------|-------|
| 1 | 302 | Jamaine Coleman | Preston Har | 18:23 | 20 | 303 | Daniel Bebbington | Preston Har | 20:24 |
| 2 | 1826 | Warren Turner | Liverpool Ps | 18:42 | 21 | 722 | Adam Sciacca | Chorley AC | 20:27 |
| 3 | 966 | Alistair Weymouth | Border Harriers | 18:44 | 22 | 2176 | Chris Manning | Liverpool Harriers | 20:32 |
| 4 | 1577 | Dominic Mahoney | Blackburn Harriers | 18:48 | 23 | 431 | Michael Rietdyk | Blackpool Wyre & Fylde AC | 21:08 |
| 5 | 675 | Ross Campbell | Barrow & Furness Striders | 19:09 | 24 | 774 | Tom Hartley | Kendal AAC | 21:08 |
| 6 | 2894 | William Jackson | Kendal AAC | 19:10 | 25 | 2892 | Max Butler | Ribble Valley AC | 21:10 |
| 7 | 1833 | Ryan Blackwell | Liverpool Ps | 19:14 | 26 | 561 | Isaac Scott | Lancaster & Morecambe AC | 21:17 |
| 8 | 2178 | Owen Sharpe | Liverpool Harriers | 19:20 | 27 | 1827 | Dave Reece | Liverpool Ps | 21:22 |
| 9 | 900 | Niall Cullen | Southport Waterloo | 19:26 | 28 | 723 | Joe Ellison | Chorley AC | 21:26 |
| 10 | 721 | Ryan Sciacca | Chorley AC | 19:28 | 29 | 1831 | Kyle Nicholls | Liverpool Ps | 21:31 |
| 11 | 2179 | Kristian Quirk | Liverpool Harriers | 19:30 | 30 | 1973 | Adam Jamson | Leigh Harriers | 21:33 |
| 12 | 1970 | Liam Moore | Leigh Harriers | 19:37 | 31 | 2047 | Alton Fowley | Rossendale Harriers | 21:41 |
| 13 | 674 | Sam Storey | Barrow & Furness Striders | 19:50 | 32 | 2103 | Toby Bolton | Ribble Valley AC | 21:41 |
| 14 | 2046 | Daniel Walsh | Rossendale Harriers | 20:01 | 33 | 907 | Jonathan Foster | Southport Waterloo | 21:46 |
| 15 | 2174 | William Reynolds | Liverpool Harriers | 20:09 | 34 | 2320 | Sean Kenny | Blackpool Wyre & Fylde AC | 22:03 |
| 16 | 2106 | Joe Oldfield | Ribble Valley AC | 20:14 | 35 | 1749 | Jake Sache | Wigan Phoenix | 22:04 |
| 17 | 904 | Liam Ellis | Southport Waterloo | 20:17 | 36 | 2893 | Tom Harrison | Border Harriers | 22:13 |
| 18 | 1971 | Adam Howarth | Leigh Harriers | 20:21 | 37 | 1829 | Robert Parkinson | Liverpool Ps | 22:41 |
| 19 | 773 | Robbie Ingham | Kendal AAC | 20:22 | 38 | 908 | Gary Clark | Southport Waterloo | 22:43 |

Race 6 - Under 17 Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | | | | | | | |
|---|--------------------|----|---|----|-----------------|----|----------------|----|------------------|
| 1 | Liverpool Harriers | 34 | — | 8 | Owen Sharpe | 11 | Kristian Quirk | 15 | William Reynolds |
| 2 | Liverpool Ps | 36 | — | 2 | Warren Turner | 7 | Ryan Blackwell | 27 | Dave Reece |
| 3 | Kendal AAC | 49 | — | 6 | William Jackson | 19 | Robbie Ingham | 24 | Tom Hartley |
| 4 | Chorley AC | 59 | — | 10 | Ryan Sciacca | 21 | Adam Sciacca | 28 | Joe Ellison |
| 5 | Southport Waterloo | 59 | — | 9 | Niall Cullen | 17 | Liam Ellis | 33 | Jonathan Foster |

Mid Lancs Cross Country League at Sefton Park, Liverpool on Saturday 26th November 2011

Race 6 - Ladies over 35 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

| | | | |
|-----------------------------|-------------------------|----------------------|----------------------|
| 1 Accrington RR | 17 — 2 Sarah Ridehalgh | 4 Debbie Gowans | 11 Julie Brady |
| 2 Preston Har | 28 — 7 Philippa Walsh | 9 Claire McDermott | 12 Sarah Gohil |
| 3 Wigan Phoenix | 36 — 3 Rachael Moore | 14 Lynn Manir-Jolley | 19 Sue Gill |
| 4 Blackpool Wyre & Fylde AC | 46 — 6 Stasia Bligh | 18 Karen Dunford | 22 Laura Lawler |
| 5 Kendal AAC | 54 — 10 Lucy Varney | 15 Dianne Priestley | 29 Katherine Windrow |
| 6 Red Rose Runners | 72 — 13 Alison Haslam | 28 Glenda Dobie | 31 Paula Plowman |
| 7 Lytham St. Annes Rrc | 80 — 21 Linda Baxter | 25 Laura Ashworth | 34 Julia Rolfe |
| 8 Southport Waterloo | 92 — 14 Carol Laidlaw | 35 Liz Stanbury | 35 Gill Lidge |
| 9 Garstang RC | 96 — 16 Zoe Edmondson | 30 Sheena Cottam | 50 Debi Spencer |
| 10 Red Rose Runners | 116 — 32 Anne Wallworth | 38 Jean Coulthorne | 46 Karen Clark |
| 11 Southport Waterloo | 118 — 37 Paula Davies | 40 Sue Stewart | 41 Jane Blackin |
| 1 Red Rose Runners | 38 — 11 Glenda Dobie | 13 Paula Plowman | 14 Anne Wallworth |

NOTE: Unattached and non-counters are DELETED before teams are calculated

2 Lytham St. Annes Rrc
3 Southport Waterloo

43 — 7 Linda Baxter
45 — 8 Carole James

15 Julia Rolfe
18 Sue Stewart

21 Sylvia Gittins
19 Jane Blacklin

Race 6 - Ladies over 55 — TEAM RESULTS

No complete teams

Mid Lancs Cross Country League at Sefton Park, Liverpool on Sat- urday 26th November 2011

Senior Men — FINAL RESULTS

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|--------------------|---------|---------------------------|-------|
| 1 | 2164 | Jonny Mellor | | Liverpool Harriers | 30:04 |
| 2 | 672 | Peter Huck | | Barrow & Fumess Striders | 31:21 |
| 3 | 956 | James Douglas | | Border Harriers | 31:28 |
| 4 | 1966 | Tom Boardman | | Leigh Harriers | 31:28 |
| 5 | 2161 | John McCole | | Liverpool Harriers | 31:42 |
| 6 | 2948 | Ben Russell | | Liverpool Harriers | 31:43 |
| 7 | 1624 | Gary Priestley | | Horwich Rmi | 31:44 |
| 8 | 888 | James Tartt | | Southport Waterloo | 31:51 |
| 9 | 289 | Peter Street | | Preston Har | 32:02 |
| 10 | 2922 | Daniel Cliffe | | Liverpool Harriers | 32:03 |
| 11 | 420 | Luke Minns | | Blackpool Wyre & Fylde AC | 32:41 |
| 12 | 416 | Stuart Robinson | | Blackpool Wyre & Fylde AC | 32:51 |
| 13 | 2032 | Chris Fell | | Rossendale Harriers | 32:55 |
| 14 | 895 | Joe Vis | JM 1 | Southport Waterloo | 33:23 |
| 15 | 894 | Patrick Vis | JM 2 | Southport Waterloo | 33:27 |
| 16 | 957 | Kevin Bell | | Border Harriers | 33:32 |
| 17 | 673 | Jonathon Benson | JM 3 | Barrow & Fumess Striders | 33:38 |
| 18 | 667 | Phil Waite | | Barrow & Fumess Striders | 33:39 |
| 19 | 892 | Ben Johnson | | Southport Waterloo | 33:41 |
| 20 | 2163 | Lee Siemaszko | | Liverpool Harriers | 33:58 |
| 21 | 1565 | Matthew Nuttall | V40 1 | Blackburn Harriers | 34:01 |
| 22 | 1618 | Gareth Booth | V40 2 | Horwich Rmi | 34:04 |
| 23 | 670 | Jed Bartlett | | Barrow & Fumess Striders | 34:05 |
| 24 | 1741 | Mike O'Neill | | Wigan Phoenix | 34:09 |
| 25 | 2953 | Nathan Vengdasalem | | Liverpool Harriers | 34:16 |
| 26 | 551 | Adam Bateson | JM 4 | Lancaster & Morecambe AC | 34:25 |
| 27 | 2937 | Tom Michaelson | | Liverpool Harriers | 34:31 |
| 28 | 2521 | Ben Costello | JM 5 | Liverpool Ps | 34:36 |
| 29 | 2931 | Ian Lawton | | Liverpool Harriers | 34:40 |
| 30 | 2323 | Michael Evans | | Southport Waterloo | 34:43 |
| 31 | 660 | Pat Miller | V40 3 | Barrow & Fumess Striders | 34:45 |
| 32 | 2949 | Paul Sankey | | Liverpool Harriers | 34:45 |
| 33 | 2934 | Laurie Luscombe | | Liverpool Harriers | 34:54 |
| 34 | 663 | Richard Walker | | Barrow & Fumess Striders | 35:00 |
| 35 | 1187 | Gary Shaw | | Clayton Le Moors Har | 35:01 |
| 36 | 872 | David Hamilton | V40 4 | Southport Waterloo | 35:08 |
| 37 | 2369 | Matt Thompson | V40 5 | Southport Waterloo | 35:10 |
| 38 | 288 | David Rigby | | Preston Har | 35:13 |
| 39 | 2918 | Alan Ashton | | Liverpool Harriers | 35:23 |
| 40 | 408 | John Wright | V40 6 | Blackpool Wyre & Fylde AC | 35:27 |
| 41 | 276 | Steve Hallas | | Preston Har | 35:33 |
| 42 | 2387 | Lewis Eccleston | JM 6 | Astley & Tyldesley RR | 35:46 |
| 43 | 1744 | James Hilton | | Wigan Phoenix | 35:53 |
| 44 | 2943 | Colin Potts | | Liverpool Harriers | 35:55 |
| 45 | 883 | Steven Wilkinson | | Southport Waterloo | 36:00 |
| 46 | 280 | Jon Green | | Preston Har | 36:03 |
| 47 | 2947 | Sammy Rashid | V40 7 | Liverpool Ps | 36:13 |
| 48 | 1822 | Edward Rimmer | JM 7 | Liverpool Ps | 36:18 |
| 49 | 2526 | Dave Jackson | V40 8 | Horwich Rmi | 36:18 |
| 50 | 1259 | Tim Pilkington | | Wigan Harriers | 36:21 |
| 51 | 879 | Gerry Lenehan | V40 9 | Southport Waterloo | 36:31 |
| 52 | 2936 | Lawrence McDonald | | Liverpool Harriers | 36:46 |
| 53 | 2929 | Jermy Gould | V4010 | Rossendale Harriers | 36:50 |
| 54 | 545 | David Brown | | Lancaster & Morecambe AC | 36:55 |
| 55 | 266 | Dave Parkington | V4011 | Preston Har | 36:59 |
| 56 | 2945 | Paul Quine | | Liverpool Harriers | 37:03 |
| 57 | 1963 | Phil Williams | | Leigh Harriers | 37:06 |
| 58 | 1170 | David Edmondson | V4012 | Clayton Le Moors Har | 37:14 |
| 59 | 2920 | Martin Bateman | | Liverpool Harriers | 37:17 |
| 60 | 1729 | Mo Manir-Jolley | | Wigan Phoenix | 37:20 |
| 61 | 665 | Todd Oates | | Barrow & Fumess Striders | 37:29 |
| 62 | 1317 | Alex Rowe | V50 1 | Wesham RR | 37:31 |
| 63 | 2951 | Andrew Townsend | V4013 | Horwich Rmi | 37:33 |
| 64 | 155 | Mark Ellithorn | V4014 | Chorley Har | 37:35 |
| 65 | 296 | Callum Rowett | JM 8 | Preston Har | 37:36 |
| 66 | 272 | David Watson | V4015 | Preston Har | 37:37 |
| 67 | 2946 | Dave Quinn | | Liverpool Harriers | 37:38 |
| 68 | 1020 | Simon Ford | | Astley & Tyldesley RR | 37:39 |
| 69 | 1403 | Glen Goodwin | V4016 | Accrington RR | 37:47 |
| 70 | 1016 | Alan Hilton | V4017 | Astley & Tyldesley RR | 37:49 |
| 71 | 1743 | Stephen Nicholls | | Wigan Phoenix | 37:52 |
| 72 | 2958 | Sion WynneWilliams | | Liverpool Harriers | 37:54 |
| 73 | 1416 | Paul Wilcock | | Accrington RR | 37:58 |
| 74 | 1622 | Tim Roe | | Horwich Rmi | 38:00 |
| 75 | 1813 | Chris Pedder | V50 2 | Liverpool Ps | 38:03 |
| 76 | 612 | Andrew Draper | | Lytham St. Annes Rrc | 38:05 |
| 77 | 1402 | Graham Morris | V4018 | Accrington RR | 38:06 |
| 78 | 1735 | Phillip Waterworth | | Wigan Phoenix | 38:07 |

| | | | | | | | | | | | |
|-----|------|--------------------|-------|---------------------------|---------|-----|------|--------------------|--------------------|---------------------------|-------|
| 79 | 661 | Simon Stanway | V4019 | Barrow & Furness Striders | 38:13 | 117 | 2939 | Gerald Musoke | Liverpool Harriers | 40:18 | |
| 80 | 1003 | Mark Riches | V4020 | Astley & Tyldesley RR | 38:14 | 118 | 598 | Graham Webster | V5015 | Lytham St. Annes Rrc | 40:19 |
| 81 | 861 | Rob McGrath | V4021 | Southport Waterloo | 38:21 | 119 | 2159 | Dean Sharp | Liverpool Harriers | 40:23 | |
| 82 | 2933 | Richard Leekings | | Preston Har | 38:24 | 120 | 1158 | Michael Toms | V4035 | Clayton Le Moors Har | 40:29 |
| 83 | 2938 | Lee Midghall | | Liverpool Harriers | 38:31 | 121 | 158 | Ian Crabtree | V4036 | Chorley Har | 40:32 |
| 84 | 1004 | Troy Topping | V4022 | Astley & Tyldesley RR | 38:32 | 122 | 707 | Paul Wareing | V4037 | Chorley AC | 40:33 |
| 85 | 997 | Shaun Moran | V50 3 | Astley & Tyldesley RR | 38:33 | 123 | 1398 | Paul Gallagher | V5016 | Accrington RR | 40:37 |
| 86 | 1133 | Colin Shuttleworth | V50 4 | Clayton Le Moors Har | 38:33 | 124 | 757 | Steve Vamey | V60 1 | Kendal AAC | 40:40 |
| 87 | 2353 | Paul Marshall | V4023 | Wigan Phoenix | 38:34 | 125 | 882 | Keith Lunt | V4038 | Southport Waterloo | 40:48 |
| 88 | 2921 | Gregs Callaghan | V4024 | Liverpool Ps | 38:40 | 126 | 655 | Pete Willacy | V5017 | Barrow & Furness Striders | 40:52 |
| 89 | 849 | Stephen McLean | V50 5 | Southport Waterloo | 38:50 | 127 | 263 | John Rainford | V5018 | Preston Har | 40:56 |
| 90 | 2395 | Steve Lewis | | Southport Waterloo | 38:57 | 128 | 601 | Tony Croft | V5019 | Lytham St. Annes Rrc | 41:08 |
| 91 | 268 | Steven Luff | V4025 | Preston Har | 39:01 | 129 | 653 | Gary Mason | V5020 | Barrow & Furness Striders | 41:11 |
| 92 | 2932 | Jeff Lawton | V50 6 | Blackpool Wyre & Fylde AC | 39:02 | 130 | 1400 | Andrew Bush | V4039 | Accrington RR | 41:25 |
| 93 | 270 | Neil McDonald | V4026 | Preston Har | 39:05 | 131 | 2390 | Chris Mullen | | Preston Har | 41:26 |
| 94 | 850 | Richard Bowker | V50 7 | Southport Waterloo | 39:06 | 132 | 2474 | Robert Mayor | | Chorley Har | 41:26 |
| 95 | 2222 | Ray Jones | V50 8 | Barrow & Furness Striders | 39:09 | 133 | 212 | Richard Jones | | Garstang RC | 41:36 |
| 96 | 1786 | John Shepherd | V4027 | Red Rose Runners | 39:12 | 134 | 2957 | Robbie Wood | V5021 | Liverpool Ps | 41:37 |
| 97 | 162 | Darren Fishwick | V4028 | Chorley Har | 39:15 | 135 | 1340 | Mark Midgley | V4040 | Wesham RR | 41:38 |
| 98 | 851 | Neil Adshead | V50 9 | Southport Waterloo | 39:16 | 136 | 1784 | Philip Butler | V4041 | Red Rose Runners | 41:41 |
| 99 | 1159 | Chris Balderson | V4029 | Clayton Le Moors Har | 39:16 | 137 | 1310 | John Collier | V5022 | Wesham RR | 41:45 |
| 100 | 2228 | Craig Burrow | | Helm Hill Runners | 39:17 | 138 | 2927 | Gary Kenny | V4042 | Southport Waterloo | 41:46 |
| 101 | 1321 | Richard Davies | V5010 | Wesham RR | 39:27 | 139 | 2470 | Lee Parrington | | Lancaster & Morecambe AC | 41:47 |
| 102 | 257 | Phil Walsh | V5011 | Preston Har | 39:28 | 140 | 1713 | Howard Waite | V5023 | Wigan Phoenix | 41:54 |
| 103 | 267 | Mark Lee | V4030 | Preston Har | 39:28 | 141 | 157 | Paul Jackson | V4043 | Chorley Har | 42:00 |
| 104 | 844 | Rob Johnson | V5012 | Southport Waterloo | 39:31 | 142 | 706 | Ian Walker | V5024 | Chorley AC | 42:08 |
| 105 | 1354 | Lee Barlow | | Wesham RR | 39:32 | 143 | 2097 | Martin Oldfield | V4044 | Ribble Valley AC | 42:13 |
| 106 | 1777 | Ken Addison | V5013 | Red Rose Runners | 39:41 | 144 | 711 | Paul Clyne | V4045 | Chorley AC | 42:15 |
| 107 | 2394 | Ted Lynch | | Pendle AC | 39:44 | 145 | 1714 | Barry Abram | V5025 | Wigan Phoenix | 42:18 |
| 108 | 1401 | Paul Wickham | V4031 | Accrington RR | 39:48 | 146 | 199 | Tony Pritchard | V5026 | Garstang RC | 42:19 |
| 109 | 1740 | Mark Melbourne | | Wigan Phoenix | 39:50 | 147 | 151 | Andrew Clough | V4046 | Chorley Har | 42:20 |
| 110 | 2942 | Adam Peers | | Liverpool Harriers | 39:51 | 148 | 2923 | Simon Gora | | Garstang RC | 42:21 |
| 111 | 505 | Eryl Husband | V5014 | Lancaster & Morecambe AC | 39:54 | 149 | 658 | Harry Melia | V5027 | Barrow & Furness Striders | 42:25 |
| 112 | 207 | Graham Tagg | V4032 | Garstang RC | 40:00 | 150 | 876 | Neil Silcock | V4047 | Southport Waterloo | 42:29 |
| 113 | 1420 | Chris Walton | | Accrington RR | 40:04 | 151 | 397 | Gary Johnston | V5028 | Blackpool Wyre & Fylde AC | 42:31 |
| 114 | 2385 | Scott Christey | V4033 | Astley & Tyldesley RR | 40:05 | 152 | 871 | Paul Cain | V4048 | Southport Waterloo | 42:34 |
| 115 | 2453 | John Wealthy | V4034 | Preston Har | 40:11 | 153 | 1358 | Steve Myerscough | | Wesham RR | 42:37 |
| 116 | 2552 | Matthew Goddard | | Southport Waterloo | 40:12 | 154 | 1138 | Andrew Howarth | V5029 | Clayton Le Moors Har | 42:45 |
| 208 | 840 | Stephen James | V60 8 | Southport Waterloo | 46:20 | 155 | 1007 | Tery Gardiner | V4049 | Astley & Tyldesley RR | 42:51 |
| 209 | 1609 | Colin Wood | V5051 | Horwich Rmi | 46:29 | 156 | 409 | Stuart Williams | V4050 | Blackpool Wyre & Fylde AC | 42:53 |
| 210 | 712 | Marco Sciaccia | V4065 | Chorley AC | 46:30 | 157 | 2368 | Martin Sutton | | Southport Waterloo | 43:01 |
| 211 | 1395 | Jim Donohoe | V5052 | Accrington RR | 46:30 | 158 | 149 | David Williams | V5030 | Chorley Har | 43:02 |
| 212 | 1705 | Roy Hart | V60 9 | Wigan Phoenix | 46:39 | 159 | 213 | Phill Cornall | | Garstang RC | 43:03 |
| 213 | 755 | Les Stephenson | V6010 | Kendal AAC | 47:14 | 160 | 201 | Geoff Lyons | V5031 | Garstang RC | 43:06 |
| 214 | 2349 | Duncan Richards | V5053 | Helm Hill Runners | 47:16 | 161 | 1612 | Garry Chadderton | V5032 | Horwich Rmi | 43:12 |
| 215 | 864 | Rob Cosgrove | V6011 | Southport Waterloo | 47:31 | 162 | 2381 | Mick McGeown | V5033 | Chorley AC | 43:18 |
| 216 | 508 | Mike Peat | V5054 | Lancaster & Morecambe AC | 47:53 | 163 | 2473 | Alan Power | V5034 | Wigan Phoenix | 43:24 |
| 217 | 1123 | Stuart Hartley | V5055 | Clayton Le Moors Har | 47:59 | 164 | 863 | Simon Tobin | V4051 | Southport Waterloo | 43:25 |
| 218 | 1308 | David Preston | V5056 | Wesham RR | 48:04 | 165 | 2366 | Ian Kilshaw | V5035 | Southport Waterloo | 43:25 |
| 219 | 2956 | Christopher Weekes | | Burnley AC | 48:05 | 166 | 708 | Simon Townsend | V4052 | Chorley AC | 43:29 |
| 220 | 1097 | George Thompson | V6012 | Clayton Le Moors Har | 48:11 | 167 | 2504 | John Spooner | V4053 | Lancaster & Morecambe AC | 43:32 |
| 221 | 857 | John Vis | V4066 | Southport Waterloo | 48:14 | 168 | 2379 | Duncan Richardson | V45 1 | Blackpool Wyre & Fylde AC | 43:33 |
| 222 | 144 | Andy Lowe | V5057 | Chorley Har | 48:23 | 169 | 1176 | Gary Balmer | V4054 | Clayton Le Moors Har | 43:39 |
| 223 | 1607 | Gordon Stone | V5058 | Horwich Rmi | 48:28 | 170 | 2378 | Lee Roberts | V4055 | Chorley AC | 43:43 |
| 224 | 1084 | Richard Lawson | V6013 | Clayton Le Moors Har | 48:34 | 171 | 1087 | David Scott | V60 2 | Clayton Le Moors Har | 43:45 |
| 225 | 2456 | John Parker | V6014 | Horwich Rmi | 48:41 | 172 | 1791 | Barry Wheeler | | Red Rose Runners | 43:45 |
| 226 | 2952 | Alex Turnbull | V6015 | Wigan Phoenix | 48:46 | 173 | 402 | Nick Hume | V5036 | Blackpool Wyre & Fylde AC | 43:49 |
| 227 | 496 | George Parrington | V6016 | Lancaster & Morecambe AC | 49:19 | 174 | 1771 | Cliff Utting | V5037 | Red Rose Runners | 43:54 |
| 228 | 2391 | Paul Hardman | | Preston Har | 49:20 | 175 | 2365 | Terry Hanley | V60 3 | Southport Waterloo | 44:08 |
| 229 | 699 | Barry Chester | V6017 | Chorley AC | 49:45 | 176 | 277 | Stephen Mort | | Preston Har | 44:09 |
| 230 | 1013 | Paul Basnett | V4067 | Astley & Tyldesley RR | 50:09 | 177 | 762 | Peter Ackland | V5038 | Kendal AAC | 44:11 |
| 231 | 1704 | John Sands | V6018 | Wigan Phoenix | 50:24 | 178 | 611 | Colin Nelson | | Lytham St. Annes Rrc | 44:12 |
| 232 | 1390 | Mick Leeming | V6019 | Accrington RR | 50:56 | 179 | 205 | Joe Rawstorne | V4056 | Garstang RC | 44:16 |
| 233 | 142 | Steve Thomas | V5059 | Chorley Har | 52:55 | 180 | 1486 | John Linaker | V4057 | Burnley AC | 44:19 |
| 234 | 254 | David Roberts | V6020 | Preston Har | 54:10 | 181 | 497 | Michael Leck | V60 4 | Lancaster & Morecambe AC | 44:22 |
| 235 | 1706 | Alan Burns | V6021 | Wigan Phoenix | 55:43 | 182 | 847 | Gareth Williams | V5039 | Southport Waterloo | 44:23 |
| 236 | 1778 | Alan Howard | V5060 | Red Rose Runners | 56:31 | 183 | 1336 | Russell Mabbett | V4058 | Wesham RR | 44:27 |
| 237 | 2954 | Sam Wanstall | | Garstang RC | 56:31 | 184 | 2926 | John Dobie | V60 5 | Liverpool Ps | 44:30 |
| 238 | 705 | Phil McCullaugh | V5061 | Chorley AC | 58:05 | 185 | 6985 | Mike Coppin | V6020 | Red Rose Runners | 44:30 |
| 239 | 692 | Eddie Murray | V6022 | Chorley AC | 58:50 | 186 | 1709 | Vincent Robinson | V5040 | Wigan Phoenix | 44:40 |
| 240 | 695 | Tom Hilton | V6023 | Chorley AC | 1:03:32 | 187 | 1000 | Steve Foster | V5041 | Astley & Tyldesley RR | 44:44 |
| | | | | | | 188 | 669 | Peter Savage | | Barrow & Furness Striders | 44:46 |
| | | | | | | 189 | 1613 | Martin Jones | V4060 | Horwich Rmi | 44:46 |
| | | | | | | 190 | 2355 | Derek Henry | V5042 | Wigan Phoenix | 44:47 |
| | | | | | | 191 | 2995 | Paul Currier | | Accrington RR | 44:50 |
| | | | | | | 192 | 2422 | Dougie Barnantyne | V4061 | Blackburn Harriers | 44:53 |
| | | | | | | 193 | 1695 | David Mounihan | V4062 | Wigan Phoenix | 45:09 |
| | | | | | | 194 | 1784 | Phil Dean | V5043 | Red Rose Runners | 45:15 |
| | | | | | | 195 | 696 | Henry Minor | V60 6 | Chorley AC | 45:16 |
| | | | | | | 196 | 696 | Paul Sankle | V5044 | Preston Har | 45:19 |
| | | | | | | 197 | 1610 | Steven Jackson | V5045 | Horwich Rmi | 45:28 |
| | | | | | | 198 | 698 | Michael Green | V6046 | Liverpool Harriers Rrc | 45:45 |
| | | | | | | 199 | 2582 | Paul Bennett | V5047 | Kendal AAC | 45:57 |
| | | | | | | 200 | 9825 | Zach Hamill | V6010 | Blackpool Wyre & Fylde AC | 46:00 |
| | | | | | | 201 | 8798 | Nathan Brown | V6012 | Liverpool Harriers | 46:02 |
| | | | | | | 202 | 2040 | Ned Johnson | JM 12 | Accrington RR | 46:04 |
| | | | | | | 203 | 4284 | David Wrightman | V5048 | Blackpool Wyre & Fylde AC | 46:09 |
| | | | | | | 204 | 1563 | John Orrell | V4063 | Blackburn Harriers | 46:12 |
| | | | | | | 205 | 1103 | M Thistlethwaite | V5049 | Clayton Le Moors Har | 46:15 |
| | | | | | | 206 | 869 | Mark Davies | V4064 | Southport Waterloo | 46:16 |
| | | | | | | 207 | 1250 | Phillip Derbyshire | V5050 | Wigan Harriers | 46:17 |

Senior Men — TRAVEL RESULTS

| | | | | | | | | | | | | | |
|---|---------------------------|-----------------|------|--------------------|----------------|-----|-----------------|--------------------|-------|---------------------------|-------|--------------------|-------|
| 1 | Liverpool Harriers | 67 | — | 1 | Jonny Mellor | 5 | John McCole | 192 | 2422 | Dougie Barnantyne | V4061 | Blackburn Harriers | 44:53 |
| 2 | Southport Waterloo | 122 | — | 8 | James Tartt | 14 | Joe Vis | 193 | 1695 | David Mounihan | V4062 | Wigan Phoenix | 45:09 |
| 3 | Barrow & Furness Striders | 125 | — | 2 | Peter Huck | 17 | Jonathon Benson | 194 | 1784 | Phil Dean | V5043 | Red Rose Runners | 45:15 |
| 4 | Liverpool Harriers 'B' | 204 | — | 27 | Tom Michaelson | 29 | Ian Lawton | 195 | 696 | Henry Minor | V60 6 | Chorley AC | 45:16 |
| 5 | Preston Har | 254 | — | 9 | Peter Street | 38 | David Riches | 196 | 696 | Paul Sankle | V5044 | Preston Har | 45:19 |
| 6 | Wigan Phoenix | 363 | — | 24 | Mike O'Neill | 43 | James Hilton | 197 | 1610 | Steven Jackson | V5045 | Horwich Rmi | 45:28 |
| 1 | 1820 | Toby Loveridge | JM 1 | Liverpool Ps | 21:33 | 898 | 698 | Ashtley Chambers | V6046 | Liverpool Harriers Rrc | 45:45 | | |
| 2 | 56 | John Ashcroft | JM 2 | Liverpool Harriers | 22:12 | 999 | 2582 | Paul Bennett | V5047 | Kendal AAC | 45:57 | | |
| 3 | 963 | Matthew Grieve | JM 3 | Border Harriers | 22:19 | 200 | 9825 | Zach Hamill | V6010 | Blackpool Wyre & Fylde AC | 46:00 | | |
| 4 | 2344 | Harry Earl | JM 4 | Border Harriers | 22:33 | 201 | 8798 | Nathan Brown | V6012 | Liverpool Harriers | 46:02 | | |
| 5 | 1572 | Karl Billington | JM 5 | Blackburn Harriers | 22:36 | 202 | 2040 | Ned Johnson | JM 12 | Accrington RR | 46:04 | | |
| 6 | 59 | Chris Matthews | JM 6 | Blackburn Harriers | 22:41 | 203 | 4284 | David Wrightman | V5048 | Blackpool Wyre & Fylde AC | 46:09 | | |
| 7 | 718 | Luke Betts | JM 7 | Chorley AC | 23:13 | 204 | 1563 | John Orrell | V4063 | Blackburn Harriers | 46:12 | | |
| | | | | | | 205 | 1103 | M Thistlethwaite | V5049 | Clayton Le Moors Har | 46:15 | | |
| | | | | | | 206 | 869 | Mark Davies | V4064 | Southport Waterloo | 46:16 | | |
| | | | | | | 207 | 1250 | Phillip Derbyshire | V5050 | Wigan Harriers | 46:17 | | |

Mid Lancs Cross Country League

at Sefton Park, Liverpool on Saturday 26th November 2011

| | | | | | | |
|----------------------------------|----------------------------|---------------------|-----------------------|---------------------|----------------------|----------------------|
| 7 Horwich Rmi | 376 — 7 Gary Priestley | 22 Gareth Booth | 49 Dave Jackson | 63 Andrew Townsend | 74 Tim Roe | 161 Garry Chadderton |
| 8 Southport Waterloo 'B' | 393 — 37 Matt Thompson | 45 Steven Wilkinson | 51 Gerry Lenehan | 81 Rob McGrath | 89 Stephen McLean | 90 Steve Lewis |
| 9 Liverpool Ps | 420 — 28 Ben Costello | 47 Sammy Rashid | 48 Edward Rimmer | 75 Chris Pedder | 88 Gregs Callaghan | 134 Robbie Wood |
| 10 Astley & Tyldesley RR | 429 — 42 Lewis Eccleston | 68 Simon Ford | 70 Alan Hilton | 80 Mark Riches | 84 Troy Topping | 85 Shaun Moran |
| 11 Blackpool Wyre & Fylde AC | 462 — 11 Luke Minns | 12 Stuart Robinson | 40 John Wright | 92 Jeff Lawton | 151 Gary Johnston | 156 Stuart Williams |
| 12 Preston Har 'B' | 537 — 66 David Watson | 82 Richard LeeKings | 91 Steven Luff | 93 Neil McDonald | 102 Phil Walsh | 103 Mark Lee |
| 13 Clayton Le Moors Har | 552 — 35 Gary Shaw | 58 David Edmondson | 86 Colin Shuttleworth | 99 Chris Balderson | 120 Michael Toms | 154 Andrew Howarth |
| 14 Accrington RR | 563 — 69 Glen Goodwin | 73 Paul Wilcock | 77 Graham Morris | 108 Paul Wickham | 113 Chris Walton | 123 Paul Gallagher |
| 15 Barrow & Furness Striders 'B' | 639 — 61 Todd Oates | 79 SimonStanway | 95 Ray Jones | 126 Pete Willacy | 129 Gary Mason | 149 Harry Melia |
| 16 Lancaster & Morecambe AC | 678 — 26 Adam Bateson | 54 David Brown | 111 Eryl Husband | 139 Lee Parrington | 167 John Spooner | 181 Michael Leck |
| 17 Wesham RR | 693 — 62 Alex Rowe | 101 Richard Davies | 105 Lee Barlow | 135 Mark Midgley | 137 John Collier | 153 Steve Myerscough |
| 18 Chorley Har | 702 — 64 Mark Ellithorn | 97 Darren Fishwick | 121 Ian Crabtree | 132 Robert Mayor | 141 Paul Jackson | 147 Andrew Clough |
| 19 Garstang RC | 858 — 112 Graham Tagg | 133 Richard Jones | 146 Tony Pritchard | 148 Simon Gora | 159 Phill Cornall | 160 Geoff Lyons |
| 20 Red Rose Runners | 869 — 96 John Shepherd | 106 Ken Addison | 136 Philip Butler | 172 Barry Wheeler | 174 Cliff Utting | 185 Stu Cann |
| 21 Chorley AC | 906 — 122 Paul Wareing | 142 Ian Walker | 144 Paul Clyne | 162 Mick McGeown | 166 Simon Townsend | 170 Lee Roberts |
| 22 Wigan Phoenix 'B' | 933 — 109 Mark Melbourne | 140 Howard Waite | 145 Barry Abram | 163 Alan Power | 186 Vincent Robinson | 190 Derek Henry |
| 23 Accrington RR 'B' | 1169 — 130 Andrew Bush | 191 Paul Currihan | 202 Nad Hussain | 203 David Graham | 211 Jim Donohoe | 232 Mick Leeming |
| 24 Clayton Le Moors Har 'B' | 1206 — 169 Gary Balmer | 171 David Scott | 205 M Thistlethwaite | 217 Stuart Hartley | 220 George Thompson | 224 Richard Lawson |
| 25 Chorley AC 'B' | 1351 — 195 Henry Minorczyk | 210 Marco Sciacca | 229 Barry Chester | 238 Phil McCullaugh | 239 Eddie Murray | 240 Tom Hilton |

Senior Men under 20

| Pos | Num | Name | Cat/Pos | Club | Time |
|-----|------|-----------------|---------|---------------------------|-------|
| 1 | 895 | Joe Vis | JM 1 | Southport Waterloo | 33:23 |
| 2 | 894 | Patrick Vis | JM 2 | Southport Waterloo | 33:27 |
| 3 | 673 | Jonathon Benson | JM 3 | Barrow & Furness Striders | 33:38 |
| 4 | 551 | Adam Bateson | JM 4 | Lancaster & Morecambe AC | 34:25 |
| 5 | 2521 | Ben Costello | JM 5 | Liverpool Ps | 34:36 |
| 6 | 2387 | Lewis Eccleston | JM 6 | Astley & Tyldesley RR | 35:46 |
| 7 | 1822 | Edward Rimmer | JM 7 | Liverpool Ps | 36:18 |
| 8 | 296 | Callum Rowett | JM 8 | Preston Har | 37:36 |

Senior Men under 20 — TEAM RESULTS

No complete teams