

Manchester Area Cross Country League

at Wythenshawe Park on Saturday 3rd December 2011

NOTE: The individual results include only runners who have run at least 2 races

Under11 Girls — Points after 3 races

1	Eleanor Kenny	Manchester	2	(0, 1, 1)
2	Megan Taylor	Manchester	5	(0, 3, 2)
3	Elizabeth Twite	SaleHM	9	(0, 5, 4)
4	Bethany Thornton	SaleHM	12	(0, 9, 3)
=	Alice Stiles	Manchester	12	(0, 7, 5)
6	Megan Barnsley	Abc Runner	21	(0, 11, 10)
7	Alexandra Barnsley	Abc Runner	25	(0, 16, 9)
8	Verity Games	SaleHM	26	(0, 13, 13)
9	Neve Maddock	ValeRA	30	(0, 14, 16)
10	Stacey Simms	SalfordMet	31	(0, 20, 11)
11	Elena Forde	Warrington	32	(0, 18, 14)
12	Danielle McMinn	TraffordAC	41	(0, 23, 18)
13	Jessica Connors	StockportH	46	(0, 26, 20)
=	Ellie Cushen	ValeRA	46	(0, 29, 17)
15	Isla Bellamy	Halton&fro	55	(0, 33, 22)
=	Beth Taylor	Manchester	55	(0, 32, 23)
17	Jemma Brocklehurst	Warrington	56	(0, 30, 26)
18	Lydia Butt	Manchester	58	(0, 34, 24)
Manchester Harriers & AC				2 (0, 1, 1)
Sale Harriers Manchester				4 (0, 2, 2)

Race 2 - Under 11 Boys — Points after 3 races

1	Sam Evans	Warrington	2	(0, 1, 1)
2	Connor Fazakerley	Manchester	4	(0, 2, 2)
3	Ben Batho	StockportH	7	(0, 4, 3)
4	Arran Kearney	Wirral Ac	8	(0, 3, 5)
5	John Humphries	ValeRA	14	(0, 7, 7)
=	Sam Cross	Wirral Ac	14	(0, 10, 4)
7	Jacob Brophy	Wirral Ac	17	(0, 11, 6)
8	Sam Tempest	Wirral Ac	18	(0, 8, 10)
9	Luke Chesters	SaleHM	26	(0, 15, 11)
=	Jac Goodall	WestCAC	26	(0, 13, 13)
11	Peter Goodfellow	Macclesfie	29	(0, 14, 15)
12	Oliver Thompson	StockportH	36	(0, 16, 20)
=	Harry Boyd	SaleHM	36	(0, 17, 19)
=	Sean McDermott	Manchester	36	(0, 18, 18)
15	Alexander Doyle	ValeRA	37	(0, 20, 17)
16	Patrick McDermott	Manchester	44	(0, 23, 21)
17	Elliot Livingston	Abc Runner	47	(0, 21, 26)
=	Freddie John	TraffordAC	47	(0, 24, 23)
19	Matthew Slevin	StHSA	51	(0, 26, 25)
20	Ben Gilchrist	SaleHM	54	(0, 25, 29)
21	Aaron Doyle	ValeRA	55	(0, 27, 28)
Wirral Ac				2 (0, 1, 1)
Manchester Harriers & AC				6 (0, 4, 2)
Sale Harriers Manchester				6 (0, 3, 3)
Stockport Harriers & Ac				7 (0, 2, 5)
Vale Royal Ac				9 (0, 5, 4)

Race 2 - Under 13 Girls — Points after 3 races

1	Lucy Donaghy	StockportH	3	(2, 0, 1)
2	Ellie Twite	SaleHM	4	(7, 2, 2)
3	Katy Whiteoak	StockportH	6	(3, 0, 3)
4	Danielle Stringer	Manchester	8	(9, 3, 5)
5	Beth Barlow	Manchester	9	(5, 4, 0)
=	Bethany Foster	Wirral Ac	9	(4, 5, 0)
7	Georgia Astonmassey	Halton&fro	10	(6, 0, 4)
8	E Brackenridgejones	StockportH	15	(8, 7, 10)
=	Juliet Downs	StockportH	15	(18, 8, 7)
10	Carly Jarrett	StockportH	17	(11, 12, 6)
11	Olivia Waring	Wirral Ac	22	(10, 0, 12)
=	Alice Bruce	SaleHM	22	(12, 10, 0)
=	Emily Barker	SalfordMet	22	(19, 11, 11)
14	Emma Donaghy	StockportH	24	(16, 0, 8)
15	Giovanna Brady	Moston&DH&	28	(15, 13, 0)
16	Jasmine Hannon	StockportH	29	(22, 15, 14)
17	Chloe Lockett	ECH&TA	30	(14, 16, 0)
=	Emma Flynn	ECH&TA	30	(17, 21, 13)
19	Grace Garner	StockportH	36	(27, 20, 16)
20	Franki Reid	SaleHM	37	(24, 17, 20)
21	Grace Bower	StockportH	39	(20, 19, 0)
=	L Haywoodpercival	SalfordMet	39	(25, 14, 26)
23	Alannah Newell	ECH&TA	40	(21, 0, 19)
24	Georgia Bourke	StockportH	42	(31, 24, 18)
25	Emma Wright	SalfordMet	45	(23, 22, 31)
26	Charley Reid	SaleHM	47	(34, 25, 22)
27	Heather Corden	StockportH	49	(0, 34, 15)
28	Francesca Carosi	StockportH	51	(28, 23, 0)
29	Alex Bottomley	StHSA	54	(0, 30, 24)
30	Olivia Harwoodmoss	StHSA	55	(37, 28, 27)
31	Savannah Morgan	Abc Runner	56	(0, 33, 23)
32	Naomi Sinclair	StockportH	59	(30, 0, 29)
33	Nicole Sharrocks	StockportH	60	(29, 31, 0)
34	Abi Smith	SaleHM	64	(32, 32, 0)
=	Rebecca Jones	ECH&TA	64	(39, 0, 25)
36	Emily Hughes	StockportH	68	(40, 35, 33)

37	Sarah Stockman	Macclesfie	69	(42, 27, 0)
38	Sophie Burgess	SaleHM	70	(38, 39, 32)
39	Molly Whitehead	Halton&fro	74	(44, 0, 30)
40	Alex Glynn	StHSA	77	(41, 42, 36)
41	Emily Roberts	StHSA	82	(47, 47, 35)
42	Rebecca Mason	SalfordMet	85	(49, 45, 40)
43	Abbie Wooddoyle	StockportH	86	(48, 0, 38)
44	Elizabeth Dingsdale	StHSA	87	(50, 48, 39)
45	Ellie Mawdley	StHSA	88	(0, 46, 42)
46	Jade Drinkwater	Moston&DH&	89	(46, 43, 0)
47	Freya Roberts	StHSA	90	(52, 49, 41)
48	Naimh Cor	Wirral Ac	95	(51, 44, 0)
Stockport Harriers & Ac				2 (1, 3, 1)
Sale Harriers Manchester				3 (3, 1, 2)
E Cheshire H & Tameside AC				5 (2, 5, 3)
Salford Metropolitan AC				8 (5, 4, 4)
Wirral Ac				10 (4, 6, 0)
St Helens Sutton Ac				12 (8, 7, 5)

Race 3 - Under 13 Boys — Points after 3 races

1	George Lewis	ECH&TA	2	(8, 1, 1)
2	Callum Ahern	Macclesfie	5	(3, 2, 3)
=	Jake Spilsbury	SaleHM	5	(2, 3, 4)
4	Adam Spilsbury	SaleHM	9	(4, 5, 5)
5	Michael Quinn	SaleHM	11	(7, 4, 16)
6	Patrick Magner	StockportH	12	(6, 8, 6)
=	Cameron Weaver	WestCAC	12	(5, 0, 7)
8	Adam Woosey	StHSA	16	(10, 6, 12)
9	Colin Daly	TraffordAC	18	(15, 10, 8)
10	Chris Larkin	Halton&fro	21	(14, 11, 10)
11	Andre Yiasoumi	SaleHM	22	(11, 0, 11)
=	Joe Hammond	SaleHM	22	(22, 9, 13)
13	Kyle Anderson	Moston&DH&	23	(16, 7, 0)
14	Saeed Absiyeh	SaleHM	26	(13, 13, 14)
15	Billy Young	Halton&fro	27	(12, 0, 15)
16	Joe Ford	StHSA	29	(17, 12, 19)
17	Adam Kinghorn	SaleHM	31	(0, 14, 17)
18	Joe Walker	StHSA	33	(18, 15, 0)
19	Matty Fox	Manchester	35	(0, 17, 18)
20	Benjamin Livingston	Abc Runner	37	(0, 16, 21)
21	Ben Skertchly	Manchester	38	(24, 18, 20)
22	Alex Jones	Altrincham	41	(19, 0, 22)
23	Mikey Kingston	TraffordAC	42	(21, 21, 0)
24	Sam Tary	Manchester	45	(0, 19, 26)
25	Matt Lee	TraffordAC	46	(23, 0, 23)
26	Dillon Burchill	SaleHM	50	(20, 0, 30)
27	Ryan Dugdale	Warrington	52	(30, 22, 35)
28	Ethan Hartshorne	ECH&TA	54	(27, 27, 0)
29	Joseph Eyles	SalfordMet	55	(0, 23, 32)
30	Ben Walton	Macclesfie	56	(31, 0, 25)
31	James Dykes	Warrington	58	(25, 0, 33)
32	Allen Bunyan	Macclesfie	59	(28, 0, 31)
33	James Ennis	Halton&fro	63	(29, 0, 34)
Sale Harriers Manchester				2 (1, 1, 1)
Trafford Athletic Club				4 (2, 0, 2)
St Helens Sutton Ac				5 (3, 2, 0)
Halton & Frodsham H				8 (4, 4, 5)
Macclesfield Harriers & Ac				8 (5, 0, 3)
Manchester Harriers & AC				9 (0, 3, 6)

Race 3 - Under 15 Girls — Points after 3 races

1	Megan Ashelby	ECH&TA	3	(2, 0, 1)
2	Sophie Hill	Moston&DH&	5	(4, 1, 0)
=	Elizabeth Apsley	StockportH	5	(5, 3, 2)
4	Charlotte Simms	SalfordMet	9	(8, 6, 3)
=	Catherine Podmore	SaleHM	9	(7, 2, 0)
6	Ellen Downs	StockportH	11	(9, 5, 6)
7	Mollie Williams	StockportH	13	(3, 0, 10)
8	Jemma Eyre	Warrington	16	(23, 9, 7)
9	Hannah Simeen	SaleHM	18	(10, 8, 0)
10	Aileen Kearney	Wirral Ac	19	(16, 10, 9)
=	Flora Whyte	SaleHM	19	(15, 0, 4)
=	Rachel Hibberd	SaleHM	19	(12, 7, 0)
13	Sinead Bent	SalfordMet	24	(28, 12, 12)
14	Caitlin Whitehead	Manchester	25	(14, 14, 11)
15	Sophie Williams	StockportH	27	(18, 11, 16)
16	Hannah Christy	SaleHM	29	(26, 16, 3)
17	Rachel McGoldrick	StHSA	30	(27, 22, 8)
=	Kieia Grady	Halton&fro	30	(17, 15, 15)
19	Caitlin Thomas	SaleHM	34	(21, 13, 0)
20	Nicola Harris	Wirral Ac	36	(19, 0, 17)
=	Molly Bogin	Manchester	36	(22, 23, 14)
22	Yasmine Kallel	Moston&DH&	37	(20, 17, 0)
23	Alice Hughes	StockportH	39	(0, 20, 19)
24	Lucy Whittaker	SalfordMet	41	(30, 19, 22)
25	Eve Gibson	SaleHM	42	(0, 21, 21)
=	Leah O'Connell	StockportH	42	(0, 24, 18)

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

27	Ashleigh Davis	Moston&DH&	43	(25, 18, 0)	1	Danielle Wallis	Macclesfie	3	(1, 2, 3)
28	Robyn Saunders	SalfordMet	49	(24, 25, 0)	2	Megan Davies	SaleHM	4	(2, 3, 2)
=	Shannon Partington	StHSA	49	(29, 0, 20)	3	Emily Kearney	Wirral Ac	8	(4, 4, 4)
30	Julia Hassall	SaleHM	54	(0, 27, 27)	4	Imogen Nutter	StockportH	9	(3, 0, 6)
31	Maria McGoldrick	StHSA	56	(0, 33, 23)	5	Fiona Nuttall	Wirral Ac	10	(5, 0, 5)
=	Eimear Corr	Wirral Ac	56	(31, 30, 26)	6	Nicola Berry	StockportH	14	(6, 8, 14)
=	Lucy Griffiths	StHSA	56	(35, 32, 24)	7	Lauren Breit	Wirral Ac	15	(7, 12, 8)
34	Ruth Sinclair	StockportH	57	(32, 0, 25)	8	Imani Modahl	SaleHM	16	(0, 9, 7)
35	Ellie Donohoe	Moston&DH&	66	(37, 29, 0)	9	Chloe Yates	SaleHM	18	(8, 10, 12)
36	Kate McDermott	Manchester	67	(36, 31, 0)	10	Nicola Scott	TraffordAC	21	(0, 11, 10)
37	Lauren Wilcock	StHSA	75	(41, 34, 0)	11	Aimee Aikin	StockportH	23	(9, 14, 0)
Stockport Harriers & Ac	2	(1, 2, 1)			12	Misha Nayakoliver	SaleHM	24	(0, 13, 11)
Sale Harriers Manchester	4	(3, 1, 3)			13	Clare Dignan	ECH&TA	27	(11, 16, 18)
Salford Metropolitan AC	6	(5, 4, 2)			14	Phoebe Hartshome	ECH&TA	30	(12, 18, 19)
Wirral Ac	7	(2, 0, 5)			15	Danielle Dignan	ECH&TA	32	(0, 15, 17)
Moston & District H & Ac	7	(4, 3, 0)			Wirral Ac	2	(1, 3, 1)		
St Helens Sutton Ac	10	(7, 6, 4)			Stockport Harriers & Ac	3	(2, 1, 3)		
Manchester Harriers & AC	11	(6, 5, 0)			Sale Harriers Manchester	4	(3, 2, 2)		

Race 4 - Under 15 Boys — Points after 3 races

1	James Taylor	Wirral Ac	4	(3, 0, 1)
2	Ryan Babcock	TraffordAC	5	(0, 2, 3)
=	Sam Mayon	SaleHM	5	(9, 1, 4)
4	Jay Homby	StockportH	9	(7, 3, 6)
5	Christopher Wilson	Moston&DH&	10	(6, 4, 0)
6	Jay Wood	StockportH	15	(0, 6, 9)
7	Dylan Stanway	SaleHM	17	(16, 7, 10)
8	Thomas Taylor	Manchester	19	(12, 0, 7)
=	Robert Dykes	Warrington	19	(22, 8, 11)
10	Jordan Bezzina	SaleHM	23	(0, 10, 13)
11	Daniel Richardson	Warrington	24	(19, 5, 0)
12	Matthew Sutton	Mchr tri	28	(20, 14, 14)
13	Daniel Hill	Moston&DH&	29	(18, 11, 0)
=	Matthew Graham	Manchester	29	(17, 0, 12)
=	Luke Piper	ECH&TA	29	(0, 13, 16)
16	Dan Giffillan	Macclesfie	34	(26, 17, 17)
17	Aaron Shaughnessy	Macclesfie	35	(23, 12, 0)
18	Lewis Hickson	SalfordMet	36	(27, 18, 18)
=	Robert McDougall	Moston&DH&	36	(21, 15, 0)
20	Daniel Brint	SaleHM	39	(30, 9, 0)
21	Edward Thompson	Macclesfie	40	(31, 20, 20)
22	Harry Palmer	Macclesfie	47	(28, 19, 0)
23	Matt DeSousa	Macclesfie	54	(33, 21, 0)
Sale Harriers Manchester	2	(1, 1, 1)		
Stockport Harriers & Ac	4	(0, 2, 2)		
Moston & District H & Ac	7	(4, 3, 0)		
Macclesfield Harriers & Ac	8	(6, 4, 4)		

Race 4 - Under 17 Women — Points after 3 races

Race 5 - Under 17 Men — Points after 3 races

1	Henry Buttress	Warrington	4	(3, 6, 1)
2	Richard Powell	TraffordAC	5	(2, 3, 0)
3	Kyle Conway	SaleHM	8	(4, 4, 0)
4	Alex Bradford	SaleHM	10	(6, 7, 4)
5	Robert Ward	StockportH	15	(7, 8, 0)
6	Khalid Absiyeh	SaleHM	17	(8, 13, 9)
7	Mathew Metcalf	Moston&DH&	18	(9, 9, 0)
8	Dillon Bezzina	SaleHM	19	(0, 11, 8)
9	Robert Powell	TraffordAC	20	(13, 16, 7)
10	Simon Chadwick	StockportH	21	(15, 17, 6)
=	Nicholas Howarth	Mchr tri	21	(11, 10, 0)
12	Jonathon Stewart	Manchester	22	(12, 0, 10)
13	Alex Hill	Moston&DH&	24	(10, 14, 0)
14	Callum Jones	SalfordH	26	(14, 0, 12)
15	Ben Fox	SaleHM	29	(0, 18, 11)
16	James Taylor	Macclesfie	30	(16, 0, 14)
17	David Gerrard	Warrington	32	(19, 22, 13)
18	Simon AnimSamuah	StHSA	35	(0, 20, 15)
19	Remello Edwards	SaleHM	37	(0, 21, 16)
Sale Harriers Manchester	2	(1, 1, 2)		

Senior Women — Points after 3 races

1	Lucy O'Gorman	SaleHM	3	(0, 2, 1)
2	Hayley Kuter	SalfordH	4	(1, 3, 0)
3	Gemma Connolly	StHSA	7	(5, 5, 2)
4	Jackie Fairchild	TraffordAC	8	(4, 4, 0)
5	Diane McVey	WilmslowRC	9	(0, 6, 3)
6	Victoria O'Donnell	TraffordAC	11	(7, 0, 4)
7	Emily Beedham	SaleHM	15	(9, 9, 6)
8	Claire Stevinson	L35 WilmslowRC	16	(8, 8, 12)
9	Anne Farmer	L35 Macclesfie	18	(14, 10, 8)
10	Tania Hernandez	SalfordH	20	(23, 11, 9)
=	Julia Leventon	TraffordAC	20	(15, 0, 5)
12	Carmen Byrne	StockportH	21	(11, 12, 10)
13	Sarah Kearney	L35 Wirral Ac	23	(16, 0, 7)
14	Joanne Dawes	TraffordAC	25	(28, 14, 11)
15	Alison Drasdo	L40 TraffordAC	28	(12, 19, 16)
=	Angela Jordan	Macclesfie	28	(20, 15, 13)
=	Sharon Johnstone	L35 WilmslowRC	28	(19, 13, 15)
18	Hannah Griffiths	SaleHM	34	(0, 20, 14)
19	Sally Ratcliffe	JL ECH&TA	35	(25, 18, 17)
20	Louise Geldart	SalfordH	36	(0, 16, 20)
=	Kerrie Wooddoyle	L45 StockportH	36	(17, 0, 19)
22	Sally Woolhouse	L35 TraffordAC	42	(21, 21, 23)
23	Sarah Rhodes	Mchr tri	44	(30, 22, 22)
24	Sarah MacInness	Altrincham	46	(29, 25, 21)
25	Tyra Watson	JL SaleHM	51	(33, 23, 28)
26	Joanne Street	SaleHM	53	(31, 26, 27)
=	Katy Green	L35 WilmslowRC	53	(34, 27, 26)
28	Jayne Lawton	L40 StockportH	56	(27, 29, 29)
29	Kate Sutton	L45 WilmslowRC	61	(47, 30, 31)
30	Lauren Marsden	L35 SwintonRC	65	(39, 31, 34)
31	Alison Vesey	L45 Altrincham	66	(38, 28, 0)
32	Anna Thomas	Mchr tri	67	(35, 32, 0)
33	Jan Nichols	L40 SaleHM	69	(37, 36, 33)
=	Jude Wall	L35 Mchr tri	69	(40, 37, 32)
35	Alison Pye	SaleHM	70	(0, 35, 35)
36	Joanne Lott	L45 TraffordAC	71	(43, 34, 37)
=	Maggie Fenn	L35 ValeRA	71	(46, 0, 25)
38	Bev Ganose	L45 Altrincham	76	(0, 40, 36)
39	Louisa Harrison	L35 WilmslowRC	82	(67, 44, 38)
40	Annmarie Jones	L55 Altrincham	84	(41, 43, 0)
41	Janine Ellis	L40 WilmslowRC	90	(51, 0, 39)
=	Janine Ridgard	L45 ECH&TA	90	(49, 0, 41)
43	Alice Welch	L35 Altrincham	94	(52, 0, 42)
44	Carly Appleby	SwintonRC	96	(55, 41, 0)
=	Hanny Stockman	L45 Macclesfie	96	(57, 39, 0)
46	Christine Geraghty	L45 WilmslowRC	97	(48, 0, 49)
=	Helen Garner	L40 StockportH	97	(59, 38, 0)
48	Jackie Cordingley	L50 SaleHM	99	(69, 55, 44)
49	Gillian Doolan	L40 StockportH	100	(76, 45, 55)
50	Emma McQueen	L40 ECH&TA	101	(54, 0, 47)
51	Helen Reagan	L40 SaleHM	102	(56, 46, 0)
52	Janet Grint	L35 ECH&TA	105	(62, 0, 43)
53	Anneka Sanders	SalfordH	107	(0, 54, 53)
54	Zoe Gmerek	L35 SaleHM	109	(60, 49, 0)
=	Catherine Voyce	L35 Macclesfie	109	(0, 57, 52)
56	Julia Eccleston	L35 StHSA	111	(73, 52, 59)
=	Vicky Smith	BelleVR	111	(0, 63, 48)
=	Miranda Clarke	L35 Manch YMCA	111	(0, 50, 61)
59	Diane Hooper	L45 SalfordH	112	(65, 56, 56)
60	Claire Hawkes	L50 WilmslowRC	113	(68, 0, 45)
61	Amanda Trivett	L35 StockportH	116	(84, 59, 57)
62	Hales Sally Ann	L50 Macclesfie	122	(61, 61, 70)
63	Laura Bostock	Altrincham	125	(71, 0, 54)
64	Sophie Barnett	Mchr tri	127	(81, 51, 76)
65	Sonia Harris	L40 Mchr tri	130	(92, 62, 68)
=	Laura Bryant	BelleVR	130	(64, 0, 66)
67	Victoria Hinton	Mchr tri	132	(79, 53, 0)
=	Melissa Davis	TraffordAC	132	(0, 60, 72)
69	Hannah Brierley	Manch YMCA	134	(0, 71, 63)
70	Carla Ousey	L35 SaleHM	136	(72, 0, 64)
=	Lynda Rowlinson	L50 SaleHM	136	(74, 67, 69)
72	Helen Grimwood	Mchr tri	137	(100, 66, 71)
73	Jennifer Simmons	SaleHM	138	(87, 0, 51)
74	Olivia McDermott	JL SalfordMet	139	(96, 65, 74)
75	Ruth Travis	L35 MCR Front	143	(89, 64, 79)
76	Sarah Kenny	L35 Mchr tri	147	(141, 80, 67)
77	Rosie Fearon	TraffordAC	148	(83, 0, 65)
=	Lauren Davies	SaleHM	148	(86, 70, 78)
79	Lynne Higgins	MiddletonH	151	(77, 74, 84)
80	Jo Miles	L45 Macclesfie	152	(66, 0, 86)
81	Annie Hirsch	L55 BelleVR	153	(78, 0, 75)
82	Claire Chaffer	L35 TraffordAC	157	(0, 84, 73)
83	Jenny Clink	SaleHM	158	(80, 78, 81)
84	Helen Todd	L55 StockportH	164	(85, 79, 0)
85	Maureen Wilkins	L45 StockportH	165	(93, 72, 0)
86	Fiona Herbert	Manchester	167	(94, 73, 0)
87	Steph Goodchild	L45 Manch YMCA	171	(107, 75, 96)
88	Lynne Nichol	L45 Altrincham	173	(108, 83, 90)
=	Sonya Hynes	Manchester	173	(90, 0, 83)
90	Victoria Hartshorne	JL ECH&TA	177	(103, 100, 77)
91	Claudia RoblesMorse	Mchr tri	179	(97, 0, 82)
=	Louise Harrison	L35 StockportH	179	(98, 81, 98)
93	Cheryl Orrick	L35 StHSA	180	(0, 85, 95)
=	Linda Rix	L45 MCR Front	180	(0, 86, 94)
=	Julie Virgin	L40 MCR Front	180	(0, 76, 104)
96	Helen Fraser	L50 StockportH	181	(99, 82, 0)
97	Hilary West	L50 StockportH	185	(114, 93, 92)
98	Sharon Jones	L45 WilmslowRC	186	(106, 0, 80)
99	Sue Exon	L55 TraffordAC	192	(105, 87, 106)
100	Rebecca Mills	SwintonRC	193	(110, 92, 101)
=	Jennifer Cordingley	SaleHM	193	(112, 96, 97)
102	Fredeilna Yong	Manchester	195	(104, 0, 91)
103	Alexa Good	Mchr tri	197	(102, 95, 102)
104	Alexis Dinsmoor	L60 StockportH	198	(0, 90, 108)
105	Emma Parkin	Manch YMCA	200	(109, 91, 0)
106	Anne Webster	L50 BelleVR	204	(0, 99, 105)
107	Sophie Seingier	L35 StockportH	208	(111, 97, 0)
108	Maggie McClelland	L50 SwintonRC	217	(124, 102, 115)
109	Stacey Benson	Manchester	218	(0, 108, 110)
=	Emma Bedford	L35 Manch YMCA	218	(117, 101, 0)
111	Debbie Beresford	L45 Manchester	219	(0, 103, 116)
112	Kath Horwill	L35 BelleVR	221	(121, 0, 100)
113	Liz Hall	Manch YMCA	223	(116, 0, 107)
114	Heather Clarkson	MCR Front	224	(0, 121, 103)
115	Maggie Jones	L50 Altrincham	226	(0, 107, 119)
116	Nina Birch	WilmslowRC	227	(123, 104, 128)
=	Andrea Minshull	L45 StockportH	227	(0, 109, 119)
118	Christine Comerford	L50 MiddletonH	228	(131, 114, 114)
=	Sally Cooper	L35 Mchr tri	228	(0, 111, 117)
120	Alyson Adams	L45 Manchester	230	(126, 110, 120)
121	Joanne Keogh	L35 StHSA	234	(129, 105, 0)
122	Ann Lanham	Manchester	235	(0, 122, 113)
123	Julie Lucas	L45 WilmslowRC	237	(137, 113, 124)
124	Teresa Hollins	L55 MiddletonH	239	(113, 0, 126)
125	Pam Appleton	L55 StHSA	240	(127, 115, 125)
126	Maggie Holt	L50 ECH&TA	241	(118, 0, 123)
=	Cecilia Boodhoo	L50 BelleVR	241	(122, 119, 122)
128	Lisa Ottiwell	L35 SwintonRC	244	(128, 116, 130)
129	Julia Foy	L40 BelleVR	245	(0, 118, 127)
=	Chris Dempsey	L50 StHSA	245	(134, 117, 128)
131	Sarah Robinson	L40 MCR Front	255	(149, 106, 0)
132	Becky Partridge	Mchr tri	256	(144, 0, 112)
133	Kathryn Holmes	L45 Manchester	257	(143, 124, 133)
134	Janet Wild	L40 WilmslowRC	258	(138, 120, 0)
135	Frances Lynch	L65 Macclesfie	260	(153, 123, 137)
136	Lorraine Kelsey	Manchester	261	(140, 127, 134)
=	Fiona Green	L35 Manchester	261	(133, 128, 0)
138	Frances Mudway	L60 WestCAC	264	(0, 126, 138)
139	Carol Hart	L50 SwintonRC	268	(139, 132, 136)
140	Emma Reilly	MCR Front	269	(148, 129, 140)
141	Jessica Mock	L35 Mchr tri	270	(135, 0, 135)
142	Carole Williams	L55 ValeRA	277	(0, 134, 143)
143	Marie Lavin	L45 BelleVR	278	(158, 131, 147)
144	Mandy Webber	L45 SalfordMet	281	(145, 136, 0)
145	Fiona Lamb	L45 MiddletonH	284	(160, 138, 146)
=	Jennifer Johnson	Mchr tri	284	(159, 140, 144)
147	Jenny Miles	L60 SaleHM	288	(155, 133, 0)
148	Jodie Norton	Manchester	289	(147, 0, 142)
149	Pauline Picton	L55 StHSA	290	(166, 141, 149)
=	Mavis Gregory	L65 Manchester	290	(163, 142, 148)
151	Caroline Baba	Manchester	292	(151, 0, 141)
152	Sandra Hutchinson	L50 MiddletonH	294	(169, 143, 151)
153	Ruth Hare	L55 MiddletonH	295	(150, 0, 145)
154	Alyson Lamb	L55 MiddletonH	296	(170, 144, 152)
155	Sue Taylor	L50 MiddletonH	303	(164, 139, 0)
156	Gaynor Clarke	SwintonRC	313	(168, 145, 0)
=	Trafford Athletic Club	2	(1, 4, 1)	
=	Sale Harriers Manchester	4	(3, 2, 2)	
=	Macclesfield Harriers & Ac	5	(7, 1, 4)	
=	Wilmslow Running Club	5	(2, 3, 3)	
=	Stockport Harriers & Ac	9	(4, 6, 5)	
=	Salford Harriers	10	(5, 5, 7)	
=	Altrincham & District AC	13	(8, 7, 6)	
=	Manchester Triathlon	14	(6, 8, 9)	
=	E Cheshire H & Tameside AC	17	(9, 0, 8)	
=	St Helens Sutton Ac	19	(11, 9, 10)	
=	Swinton Running Club	20	(10, 10, 14)	
=	Manchester Ymca Harriers	23	(15, 11, 12)	
=	Belle Vue Racers	23	(12, 13, 11)	
=	Manchester Frontrunners	25	(0, 12, 13)	
=	Manchester Harriers & AC	27	(13, 14, 15)	
=	Middleton Harriers Ac	29	(14, 15, 16)	

Senior Women (Vets) — Points after 3 races

1	Claire Stevinson	L35	WilmslowRC	4	(2, 2, 3)	=	Debbie Beresford	L45	Manchester	118	(0, 56, 62)
2	Anne Farmer	L35	Macclesfie	5	(5, 3, 2)	65	Kath Horwill	L35	BelleVR	122	(67, 0, 55)
3	Sarah Kearney	L35	Wirral Ac	7	(6, 0, 1)	66	Andrea Minshull	L45	StockportH	124	(0, 60, 64)
4	Sharon Johnstone	L35	WilmslowRC	8	(8, 4, 4)	=	Maggie Jones	L50	Altrincham	124	(0, 59, 65)
=	Alison Drasdo	L40	TraffordAC	8	(3, 6, 5)	68	Sally Cooper	L35	Mchr tri	125	(0, 62, 63)
6	Kerrie Wooddoyle	L45	StockportH	13	(7, 0, 6)	=	Christine Comerford	L50	MiddletonH	125	(76, 65, 60)
7	Sally Woolhouse	L35	TraffordAC	14	(9, 7, 7)	70	Alyson Adams	L45	Manchester	127	(71, 61, 66)
8	Katy Green	L35	WilmslowRC	19	(12, 9, 10)	71	Joanne Keogh	L35	StHSA	131	(74, 57, 0)
9	Jayne Lawton	L40	StockportH	22	(11, 11, 11)	72	Teresa Hollins	L55	MiddletonH	132	(61, 0, 71)
10	Kate Sutton	L45	WilmslowRC	25	(22, 12, 13)	73	Julie Lucas	L45	WilmslowRC	133	(81, 64, 69)
=	Alison Vesey	L45	Altrincham	25	(15, 10, 0)	=	Maggie Holt	L50	ECH&TA	133	(65, 0, 68)
12	Lauren Marsden	L35	SwintonRC	29	(16, 13, 16)	75	Cecilia Boodhoo	L50	BelleVR	135	(68, 70, 67)
=	Jan Nichols	L40	SaleHM	29	(14, 15, 15)	76	Pam Appleton	L55	StHSA	136	(72, 66, 70)
14	Jude Wall	L35	Mchr tri	30	(17, 16, 14)	77	Lisa Ottiwell	L35	SwintonRC	140	(73, 67, 74)
=	Maggie Fenn	L35	ValeRA	30	(21, 0, 9)	78	Julia Foy	L40	BelleVR	141	(0, 69, 72)
16	Joanne Lott	L45	TraffordAC	32	(19, 14, 18)	=	Chris Dempsey	L50	StHSA	141	(79, 68, 73)
17	Bev Ganose	L45	Altrincham	36	(0, 19, 17)	80	Sarah Robinson	L40	MCR Front	146	(88, 58, 0)
18	Annamarie Jones	L55	Altrincham	38	(18, 20, 0)	81	Kathryn Holmes	L45	Manchester	149	(85, 73, 76)
19	Louisa Harrison	L35	WilmslowRC	40	(38, 21, 19)	82	Pauline Lynch	L65	Macclesfie	151	(91, 72, 79)
20	Janine Ridgard	L45	ECH&TA	45	(24, 0, 21)	83	Fiona Green	L35	Manchester	153	(78, 75, 0)
=	Janine Ellis	L40	WilmslowRC	45	(25, 0, 20)	=	Janet Wild	L40	WilmslowRC	153	(82, 71, 0)
22	Hanny Stockman	L45	Macclesfie	47	(29, 18, 0)	85	Frances Mudway	L60	WestCAC	154	(0, 74, 80)
23	Helen Garner	L40	StockportH	48	(31, 17, 0)	86	Carol Hart	L50	SwintonRC	155	(83, 77, 78)
=	Alice Welch	L35	Altrincham	48	(26, 0, 22)	87	Jessica Mock	L35	Mchr tri	157	(80, 0, 77)
25	Christine Geraghty	L45	WilmslowRC	50	(23, 0, 27)	88	Marie Lavin	L45	BelleVR	160	(94, 76, 84)
26	Jackie Cordingley	L50	SaleHM	51	(40, 27, 24)	=	Carole Williams	L55	ValeRA	160	(0, 79, 81)
=	Helen Reagan	L40	SaleHM	51	(28, 23, 0)	90	Fiona Lamb	L45	MiddletonH	165	(95, 82, 83)
28	Gillian Doolan	L40	StockportH	52	(45, 22, 30)	91	Mandy Webber	L45	SalfordMet	166	(86, 80, 0)
29	Emma McQueen	L40	ECH&TA	53	(27, 0, 26)	92	Jenny Miles	L60	SaleHM	170	(92, 78, 0)
30	Zoe Gmerek	L35	SaleHM	56	(32, 24, 0)	=	Pauline Picton	L55	StHSA	170	(101, 84, 86)
31	Janet Grint	L35	ECH&TA	57	(34, 0, 23)	=	Mavis Gregory	L65	Manchester	170	(98, 85, 85)
32	Catherine Voyce	L35	Macclesfie	58	(0, 29, 29)	95	Ruth Hare	L55	MiddletonH	171	(89, 0, 82)
33	Diane Hooper	L45	SalfordH	59	(36, 28, 31)	96	Sandra Hutchinson	L50	MiddletonH	174	(103, 86, 88)
=	Julia Eccleston	L35	StHSA	59	(42, 26, 33)	97	Alyson Lamb	L55	MiddletonH	176	(104, 87, 89)
35	Miranda Clarke	L35	Manch YMCA	60	(0, 25, 35)	98	Sue Taylor	L50	MiddletonH	182	(99, 83, 0)
36	Amanda Trivett	L35	StockportH	62	(47, 30, 32)	Wilmslow Running Club			2	(1, 2, 1)	
37	Claire Hawkes	L50	WilmslowRC	64	(39, 0, 25)	Macclesfield Harriers & Ac			4	(4, 1, 3)	
=	Hales Sally Ann	L50	Macclesfie	64	(33, 31, 40)	Trafford Athletic Club			5	(3, 3, 2)	
39	Sonia Harris	L40	Mchr tri	70	(51, 32, 38)	Stockport Harriers & Ac			7	(2, 5, 5)	
40	Lynda Rowlinson	L50	SaleHM	73	(43, 34, 39)	Altrincham & District AC			8	(5, 4, 4)	
41	Ruth Travis	L35	MCR Front	76	(50, 33, 43)	Sale Harriers Manchester			12	(6, 6, 7)	
42	Sarah Kenny	L35	Mchr tri	77	(84, 40, 37)	E Cheshire H & Tameside AC			13	(7, 0, 6)	
=	Carla Ousey	L35	SaleHM	77	(41, 0, 36)	Manchester Triathlon			15	(9, 7, 8)	
44	Jo Miles	L45	Macclesfie	83	(37, 0, 46)	Manchester Frontrunners			18	(0, 9, 9)	
45	Claire Chaffer	L35	TraffordAC	85	(0, 44, 41)	Swinton Running Club			20	(10, 11, 10)	
46	Maureen Wilkins	L45	StockportH	87	(52, 35, 0)	St Helens Sutton Ac			22	(12, 10, 12)	
=	Helen Todd	L55	StockportH	87	(48, 39, 0)	Belle Vue Racers			22	(11, 13, 11)	
48	Annie Hirsch	L55	BelleVR	88	(46, 0, 42)	Manchester Harriers & AC			25	(14, 12, 13)	
49	Steph Goodchild	L45	Manch YMCA	89	(58, 36, 53)	Middleton Harriers Ac			27	(13, 14, 14)	
50	Lynne Nichol	L45	Altrincham	91	(59, 43, 48)						
51	Julie Virgin	L40	MCR Front	93	(0, 37, 56)						
52	Louise Harrison	L35	StockportH	95	(54, 41, 54)						
53	Linda Rix	L45	MCR Front	97	(0, 46, 51)						
=	Helen Fraser	L50	StockportH	97	(55, 42, 0)						
=	Cheryl Orrick	L35	StHSA	97	(0, 45, 52)						
56	Hilary West	L50	StockportH	99	(62, 50, 49)						
57	Sharon Jones	L45	WilmslowRC	101	(57, 0, 44)						
58	Sue Exon	L55	TraffordAC	103	(56, 47, 58)						
59	Alexis Dinsmoor	L60	StockportH	108	(0, 49, 59)						
60	Anne Webster	L50	BelleVR	110	(0, 53, 57)						
61	Sophie Seingier	L35	StockportH	111	(60, 51, 0)						
62	Maggie McClelland	L50	SwintonRC	116	(69, 55, 61)						
63	Emma Bedford	L35	Manch YMCA	118	(64, 54, 0)						

Senior Women - U20 — Points after 3 races

1	Sally Ratcliffe	JL	ECH&TA	2	(2, 1, 1)
2	Tyra Watson	JL	SaleHM	4	(3, 2, 2)
3	Olivia McDermott	JL	SalfordMet	9	(6, 5, 4)
4	Victoria Hartshorne	JL	ECH&TA	11	(7, 6, 5)

Manchester Area Cross Country League

at Wythenshawe Park on Saturday 3rd December 2011

NOTE: The individual results include only runners who have run at least 2 races

Senior Men — Points after 3 races

1	David Norman	Altrincham	4	(2, 4, 2)	=	Andy Skitt	Manchester	172	(71,101,106)
2	Simon Horsefield	E Cheshire	6	(3, 3, 0)	87	Carl Barber	Sale H Man	173	(106, 90, 83)
3	Matthew Shaw	Salford H&	13	(9, 9, 4)	88	Phillip Jacques	V40 E Cheshire	178	(132,111, 67)
4	Gavin Tomlinson	Trafford A	16	(11, 16, 5)	89	Nicholas Whittle	Sale H Man	185	(104, 0, 81)
=	Gareth Raven	Sale H Man	16	(35, 13, 3)	90	Chris Bentley	Macclesfie	186	(98, 93, 93)
=	James Bailey	Sale H Man	16	(5, 11, 0)	91	Graham Screawn	V40 Wilmslow R	192	(94, 98,114)
7	Jack Morris	Stockport	19	(12, 7, 0)	92	Stuart Parrott	V45 Wilmslow R	193	(97, 0, 96)
=	Stuart Doyle	V40 Vale Royal	19	(0, 12, 7)	93	Stephen Burtham	V50 Warrington	194	(0, 97, 97)
9	James Bleakley	Trafford A	21	(0, 15, 6)	=	Olivier Gailemin	Sale H Man	194	(0,107, 87)
10	Graham Hogg	Trafford A	22	(6, 0, 16)	95	Ian Jackson	V40 Salford H&	199	(111, 88, 0)
11	James Scottbucleuch	Stockport	23	(13, 10, 0)	=	David Rich	Sale H Man	199	(129,113, 86)
12	Ben Martin	Trafford A	28	(0, 19, 9)	97	Daniel Murphy	ManchFront	201	(96,105, 0)
13	Niall Brooks	Sale H Man	30	(10, 21, 20)	98	Paul Barrett	Sale H Man	203	(90,114,113)
14	Steven Morrow	Ballymena&	31	(17, 23, 14)	99	Dick Byers	V45 Trafford A	206	(112, 94,125)
=	Ian Wetherall	V40 Sale H Man	31	(19, 0, 12)	100	Lee Dunn	V40 ManchYMCA	209	(122, 87, 0)
=	Tom Charles	Trafford A	31	(0, 14, 17)	101	Richard Park	Warrington	213	(0,121, 92)
=	Robert Hughes	Salford H&	31	(18, 0, 13)	102	Barry Graney	V40 St Helens	214	(110,104, 0)
18	Malcolm Fowler	V45 Wilmslow R	33	(16, 17, 0)	103	Robert Wilson	V40 Macclesfie	219	(125,109,110)
19	Dominic Mahon	Warrington	35	(15, 20, 0)	=	Mike Hill	V45 Wilmslow R	219	(0,108,111)
20	Mark Russell	V40 Salford H&	36	(14, 22, 0)	105	Paul Connolly	SalfordMet	221	(113,151,108)
21	Ben Scarlett	V45 Sale H Man	37	(0, 18, 19)	106	Paul Mannion	V45 Trafford A	223	(123,123,100)
22	Rob Downs	V45 Wilmslow R	41	(20, 26, 21)	=	Rob Marsh	V40 St Helens	223	(138,122,101)
23	Howard Mead	Salford H&	45	(23, 28, 22)	108	Mike Shaw	V45 Stockport	225	(141,102,123)
24	Paul Hawkins	ManchrTri	54	(30, 24, 36)	109	Graham Marsland	V40 Stockport	226	(140,100,126)
25	James Williams	Salford H&	55	(28, 27, 0)	110	Robert Taylor	V60 Stockport	229	(117,112,130)
26	Ryan Ganose	Altrincham	60	(76, 34, 26)	111	Ronan Kearney	Wirral AC	232	(116,116, 0)
27	Mike Grace	Salford H&	61	(46, 33, 28)	112	Jonathon Guildford	ManchFront	236	(118,118,127)
28	Joe Hudak	E Cheshire	63	(39, 38, 25)	113	Andy Quicke	ManchrTri	237	(121,120,117)
29	Chris Leigh	V40 Trafford A	64	(40, 0, 24)	114	Paul Nutter	V40 Stockport	238	(131,134,107)
30	Matt Holmes	Sale H Man	68	(37, 31, 49)	=	Dave Maher	Trafford A	238	(163,126,112)
31	Timothy Fletcher	Trafford A	71	(0, 36, 35)	=	Chris Green	ABC	238	(128,110, 0)
32	Graham Macneill	V45 Wilmslow R	74	(0, 42, 32)	117	Carl Bibby	V45 WarTonTri	243	(114,129, 0)
33	Jim Pendrill	V40 Wilmslow R	76	(31, 45, 46)	118	Ian Jones	ManchrTri	246	(0,127,119)
34	James Noakes	V40 Macclesfie	78	(41, 37, 48)	119	Shane Wolstencroft	V40 SalfordMet	248	(0,124,124)
35	Howard Oldham	E Cheshire	79	(44, 35, 53)	120	John Cross	V40 Wirral AC	259	(182,145,134)
36	Peter Crawford	Sale H Man	80	(59, 49, 31)	121	Mark Birchall	Swinton RC	265	(134,133,132)
=	John Howe	Trafford A	80	(33, 0, 47)	=	Frank Reilly	V65 Stockport	265	(137,128, 0)
=	Ed Fazakerley	V40 Manchester	80	(38, 44, 42)	123	Ray Eagle	V55 Wilmslow R	266	(136,130, 0)
39	Anthony Smith	V40 St Helens	81	(0, 47, 34)	124	Craig Sephton	V40 Vale Royal	269	(169,138,131)
=	Joe Skipper	ManchrTri	81	(52, 29, 0)	125	Will Ferguson	Wirral AC	273	(0,140,133)
41	Adrian Nutter	Stockport	82	(42, 43, 40)	126	Ian Hayburn	V40 St Helens	276	(139,137, 0)
42	Timothy Bedford	V40 Warrington	84	(43, 59, 41)	=	Christopher Heys	Sale H Man	276	(102,182,174)
43	Tom McGaff	V55 Wilmslow R	95	(53, 51, 44)	128	Matt Billingham	Altrincham	277	(146,131, 0)
44	Phil Scowcroft	Sale H Man	96	(58, 46, 50)	129	Matt Shillabeer	ABC	280	(145,143,137)
=	Jamie White	St Helens	96	(66, 58, 38)	130	Duncan Drasdo	V45 Trafford A	281	(130,163,151)
46	Phil Burns	Stockport	101	(47, 56, 54)	=	Dave Lovatt	V50 ABC	281	(0,142,139)
47	James Corden	V40 Stockport	102	(51, 52, 51)	132	Matt Whitehead	V45 Manchester	284	(152,146,138)
48	John Slone	E Cheshire	103	(60, 69, 43)	133	David Livingstone	V40 Altrincham	287	(168,119, 0)
49	Henry Valentine	South Ches	106	(65, 41, 0)	134	Allan McCormick	Wilmslow R	288	(0,144,144)
=	Kevan Garner	V45 Stockport	106	(56, 50, 61)	135	Andrew Berry	V40 ABC	289	(135,154, 0)
51	Mike Hutchinson	V45 Trafford A	108	(64, 53, 55)	136	Daniel Sate	Altrincham	290	(151,139, 0)
52	Colin Bannothornton	Altrincham	110	(0, 54, 56)	137	Francis Day	V60 E Cheshire	291	(143,148,150)
53	James Grannan	Stockport	112	(57, 55, 72)	138	Colin Hammond	V45 ManchrTri	294	(174,141,153)
54	Gary Rowlinson	V45 Sale H Man	116	(68, 57, 59)	139	Roger Thomas	ManchrTri	299	(154,145,165)
55	Paul Birkett	V45 Salford H&	121	(63, 0, 58)	140	Tony Archer	V55 Vale Royal	300	(183,158,142)
56	Josh Oguntayo	Sale H Man	122	(55, 67,116)	141	Daniel Bamber	E Cheshire	302	(156,166,146)
57	Richard Edwards	Sale H Man	129	(0, 61, 68)	=	Steven Wyatt	V50 Wilmslow R	302	(142,160, 0)
=	Steven Townley	Sale H Man	129	(74, 63, 66)	143	Tim Raffie	V45 Altrincham	304	(0,152,152)
59	Matthew Merson	E Cheshire	133	(70, 0, 63)	144	Alan Burton	ManchrTri	306	(153,153,158)
60	Mike Ashby	Sale H Man	135	(62, 0, 73)	145	Roger Carter	V50 ManchYMCA	308	(160,167,148)
61	Steve Dorey	V50 Swinton RC	136	(83, 66, 70)	146	Mark Liprot	V50 St Helens	311	(164,147, 0)
62	Peter Abraham	Altrincham	141	(0, 70, 71)	147	Tim Walton	V40 Macclesfie	315	(185,161,154)
=	David Garner	V45 ManchYMCA	141	(80, 76, 65)	=	Andrew Mooney	Sale H Man	315	(79,236, 0)
64	Simon Grundy	V45 E Cheshire	146	(101, 0, 45)	=	Gary Wolstencroft	V40 ManchrTri	315	(205,174,141)
65	Paul Schofield	V40 ManchrTri	147	(78,106, 69)	150	Steve Gavin	V40 Sale H Man	316	(150,150,157)
66	Mike Kilmartin	Sale H Man	148	(45, 0,103)	151	Tim Hargreaves	V50 Stockport	320	(208,171,149)
67	Ian Costello	V40 St Helens	149	(0, 71, 78)	152	Andy Adkin	ManchrTri	321	(148, 0, 173)
68	Stephen Robinson	V50 E Cheshire	150	(75, 75, 79)	153	Roberto Raso	V45 ManchFront	328	(173,168,160)
69	Darren Russell	Swinton RC	155	(72, 83, 90)	=	Luke McCrave	MMU Har	328	(161,173,167)
70	Callum Corneille	Salford H&	158	(67, 91, 0)	=	Llyr Hughes	ManchrTri	328	(167, 0, 161)
71	Billy McCartney	Salford H&	159	(95, 0, 64)	156	Ronald Warrender	V50 Salford H&	329	(147, 0, 182)
=	Daniel Appleby	Swinton RC	159	(85, 74, 0)	157	Dave Shaw	V45 Salford H&	330	(171, 0, 159)
73	Liam Browne	E Cheshire	160	(86,103, 74)	158	Derek Hughes	V50 E Cheshire	331	(172,159, 0)
74	Andy Whittingham	V40 Wilmslow R	162	(0, 85, 77)	=	Ian Wilding	ManchYMCA	331	(192,165,166)
75	Richard Mariton	V40 Stockport	164	(88, 84, 80)	160	Gareth Woodcock	Trafford A	332	(176,156, 0)
=	Eilton Davies	Sale H Man	164	(92, 72, 0)	161	Chris Lomax	V40 Swinton RC	336	(166,170,171)
=	Phil Nichol	V45 Altrincham	164	(73, 0, 91)	162	Len Best	V60 Stockport	338	(0,223,115)
78	Vinny Booth	V45 Trafford A	165	(81, 92, 84)	163	Mick Fairs	V60 Wilmslow R	339	(170, 0, 169)
=	Stephen Taylor	V40 ManchrTri	165	(0, 80, 85)	164	Julian Brown	V45 Macclesfie	345	(202, 0, 143)
80	Mark Seed	V40 Salford H&	166	(87, 79,109)	=	Ian Roberts	ManchFront	345	(188,157, 0)
81	James O'Connor	V40 Salford H&	170	(107, 68,102)	166	Peter Stock	V55 Wilmslow R	346	(162, 0, 184)
=	Juan Ibannamedina	Trafford A	170	(0, 82, 88)	167	Alexander Armstrong	ABC	350	(120,230, 0)
83	Steven Worthington	ManchrTri	171	(93, 78, 99)	168	Tom Arnold	ManchFront	354	(0,164,190)
84	Dan Bird	Swinton RC	172	(77,117, 95)	169	Richard Hirons	V45 Wilmslow R	356	(212,188,168)
=	Glenn Piper	V45 E Cheshire	172	(91, 81, 98)	170	Andy Watts	V60 Wilmslow R	359	(0,179,180)
					=	Ewan Holton	ManchrTri	359	(215,178,181)

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Sport
Soft

172 Eddie Gilligan	V45	ManchYMCA	362	(187,175, 0)	=	Chris Jones	V45	SalfordMet	527	(289,260,267)
173 Nigel Sedman	V45	Belle Vue	367	(195,172, 0)	257	Mark Griffiths		ManchYMCA	528	(283,245, 0)
174 Craig Birch		MMU Har	369	(207, 0,162)	258	Jan Wong		ManchrTri	534	(277,278,257)
= Ian White	V45	St Helens	369	(0,205,164)	259	Stephen Scott		ManchrTri	536	(280,256, 0)
176 Bill Fox	V55	Sale H Man	374	(224,185,189)	260	Vincent Murphy	V65	Salford H&	537	(287,257,280)
= Tim McTavish		ManchrTri	374	(197, 0,177)	261	Barry Guy	V60	Belle Vue	538	(309,268,270)
178 Peter Johnson	V40	St Helens	375	(228, 0,147)	=	Jack Carney	V55	SalfordMet	538	(310,270,268)
179 Rick Waring	V40	Swinton RC	378	(0,181,197)	263	Steve Symons	V45	ManchYMCA	539	(292,247, 0)
180 Simon Bolton	V45	Wilmslow R	380	(0,195,185)	=	Jon Paramor	V60	ManchYMCA	539	(275,264,279)
181 Andrew Farley	V50	E Cheshire	382	(213,207,175)	265	Darren Hales	V40	Stockport	540	(0,241,299)
= Mark Walker	V40	War'tonTri	382	(189, 0,193)	266	Jake Holmes		ManchrTri	541	(282,259, 0)
183 Chris Sewart		Manchester	383	(239,204,179)	267	John Pegington		ManchrTri	545	(291, 0,254)
184 Michael Lim		ManchrTri	384	(0,212,172)	268	Mike Jones	V55	Altrincham	549	(315,277,272)
= Alastair Kell	V40	Sale H Man	384	(193,191, 0)	269	Nick Roberts	V40	Stockport	555	(297,258, 0)
186 Steve Lomas	V40	Macclesfie	385	(199,186, 0)	=	Dennis Moran	V65	Salford H&	555	(301,265,290)
= Mark Cook		MMU Har	385	(298,184,201)	271	Andy Chalmers	V45	ManchrTri	558	(302, 0,262)
188 Paul Garnett	V45	Wilmslow R	386	(234,194,192)	272	Arnold Bradshaw	V60	Manchester	560	(0,275,285)
189 Lloyd Barlow	V40	Manchester	387	(180, 0,207)	273	Darren Mellor		Manchester	562	(0,276,286)
190 Francis Sweeney	V45	Sale H Man	388	(0,200,188)	274	Chris Bostock		Altrincham	563	(0,283,273)
191 Matt Moran		Stockport	390	(194, 0,196)	275	Andy Roberts	V45	Belle Vue	566	(306, 0,260)
192 Paul Kay	V55	ABC	396	(0,193,203)	276	Colin Davies	V60	Altrincham	567	(300,267, 0)
193 Alan McNally	V45	St Helens	397	(241,187,210)	=	Tom Lavin	V50	Altrincham	567	(302, 0,265)
194 Rob Kedian		ManchYMCA	398	(211,217,187)	278	Miran Aprahamian	V55	Sale H Man	570	(318,286,284)
195 Jim Brett	V55	Manchester	400	(235,201,199)	279	Brian Eyre	V55	SalfordMet	576	(331,274,302)
196 Dave Hedges		ManchFront	404	(253,190,214)	280	Andy O'Connell		SalfordMet	577	(0,283,294)
197 Samuel Thornborrow		MMU Har	406	(223,183, 0)	281	Alan Rogers	V40	Stockport	578	(327,280,298)
= Kevin Duckworth	V50	E Cheshire	406	(214,192, 0)	282	Steve McCall	V50	Manchester	579	(319,284,295)
= Clive Greatorex	V45	Altrincham	406	(204,202, 0)	283	Alan Garvey	V55	Middleton	580	(305, 0,275)
200 Robert Chesters		ABC	407	(0,189,218)	284	Steve Lyons	V45	E Cheshire	583	(307, 0,276)
201 Robin Beaumont	V45	Trafford A	408	(245,208,200)	=	Nigel Goldfinch	V40	ManchFront	583	(314,269, 0)
202 Tony Faulkner	V40	E Cheshire	415	(218,197, 0)	286	Howard Bamber	V55	E Cheshire	585	(333,285,300)
203 Graham Harrison	V50	Altrincham	418	(0,203,215)	287	Jose Fernandez		ManchFront	588	(317,271, 0)
204 David Ashton	V60	ManchYMCA	420	(256,214,206)	288	William Staniard	V45	Manchester	594	(339,293,301)
= Jignesh Patel		ManchrTri	420	(226, 0,194)	289	Andy Parkinson		ManchFront	595	(321, 0,274)
206 Alan Kennedy	V45	E Cheshire	423	(232, 0,191)	290	Colin Rathbone	V65	Vale Royal	597	(0,300,297)
207 Peter Weatherhead	V60	Wirral AC	425	(179,246, 0)	291	Michael Goldie		ManchFront	598	(341,294,304)
208 John Bowker	V45	E Cheshire	428	(265,219,209)	292	Kevin Egerton	V55	Belle Vue	602	(358,296,306)
209 Adam Dooley		Sale H Man	429	(252,198,231)	293	Paul Hudson	V55	Vale Royal	604	(345,292,312)
210 Bernard Wagner		Belle Vue	433	(221,238,212)	=	Dave Batty	V45	Swinton RC	604	(348,299,305)
211 Frank Cordingley	V50	Sale H Man	435	(219, 0,216)	295	John Pickup	V50	Swinton RC	608	(329,279, 0)
= Aron Myers		Wilmslow R	435	(233, 0,202)	296	Craig Sutherland	V50	Middleton	609	(326, 0,283)
213 Peter Symonds	V50	ManchFront	437	(227,210, 0)	297	Steve Hart	V50	Swinton RC	612	(344,298,314)
214 Mike Barry		MMU Har	443	(237,206, 0)	298	Ali Alsaadi		Belle Vue	613	(325, 0,288)
215 Kevin Fingleton	V55	Unattached	447	(242, 0,205)	299	Gary Birch		ABC	615	(322, 0,293)
216 Tim Rainey	V45	Sale H Man	449	(200, 0,249)	300	Ian Rothwell	V50	E Cheshire	620	(328, 0,292)
= Mark Barker	V45	ManchrTri	449	(251,222,227)	=	Ian Manners	V45	ManchYMCA	620	(354,303,317)
218 Phil Robinson	V40	St Helens	450	(274,224,226)	302	David Williamson	V40	Swinton RC	622	(347,302,320)
219 Paul Rutherford	V45	Swinton RC	451	(273,240,211)	303	David Salmon	V65	E Cheshire	623	(355,305,318)
220 James Corrigan		Belle Vue	453	(267,231,222)	304	John Hughes	V45	Stockport	626	(337,289, 0)
221 Matty Vee		MMU Har	456	(316,235,221)	=	Andy Smith		Swinton RC	626	(361,304,322)
222 Tommy Temple	V55	Salford H&	460	(268,228,232)	306	Adrian Moylan		ABC	627	(324, 0,303)
223 Paul Barnard		ManchrTri	464	(0,229,235)	307	Denis Kelly	V40	Manchester	628	(340,288, 0)
= Alan Webster	V50	Macclesfie	464	(278,226,238)	308	Chris Bryans	V70	Stockport	630	(362,309,321)
225 Tony Hillier	V60	E Cheshire	465	(236, 0,229)	309	Henry Walker	V40	ManchFront	631	(0,307,324)
= Michael Cunningham	V65	Manchester	465	(272,237,228)	310	Dave Wood	V50	Manchester	632	(335,297, 0)
227 Gary Chadwick		MMU Har	466	(254,225,241)	311	Darren Cooper		ManchrTri	640	(350,290, 0)
228 Steve Matkin	V50	Stockport	467	(246,221,248)	312	Paul Shier		Swinton RC	643	(352,291, 0)
229 Philip D'netto	V40	Belle Vue	470	(231,239, 0)	313	James Lambe	V45	Sale H Man	645	(336, 0,309)
230 Gordon Johnston		SalfordMet	474	(257, 0,217)	314	Peter Huxley		Middleton	646	(330, 0,316)
231 Patrick Grannan	V60	Wilmslow R	479	(259,233,246)	315	David Shoesmith	V55	Macclesfie	650	(343, 0,307)
= Michael Ogden	V45	ManchrTri	479	(276,243,236)	316	David Gregory	V65	Manchester	652	(351,301, 0)
233 Gavin Mendham	V60	Wilmslow R	481	(258, 0,223)	317	Christian Guerreiro		ManchFront	678	(359, 0,319)
234 Jerry Smith	V55	Sale H Man	486	(266,220, 0)	318	Trevor Faulkner	V65	Wilmslow R	683	(360, 0,323)
= Simon Granger		ManchrTri	486	(261,242,244)		Sale H Manchester				3 (2, 1, 2)
236 Darren Jackson		ManchFront	488	(264, 0,224)		Salford H&ac				4 (1, 3, 3)
237 Lucas Nightingale		ManchFront	489	(286,244,245)		Trafford AC				4 (3, 4, 1)
= Roger Coleman	V50	Stockport	489	(269, 0,220)		Stockport H&ac				6 (4, 2, 6)
239 Stuart Mairs		SalfordMet	493	(308,254,239)		E Cheshire H&tameside AC				10 (5, 5, 7)
240 Oliver Johnstone	V40	Macclesfie	494	(281,252,242)		Wilmslow RC				11 (6, 6, 5)
241 Jonathan Harper	V40	Wilmslow R	501	(288, 0,213)		Altrincham & District AC				11 (7, 7, 4)
242 Paul Sanders		Stockport	502	(0,250,252)		Manchester Triathlon				16 (8, 8, 8)
243 Frank Rogers		Belle Vue	504	(303,261,243)		Swinton RC				18 (9, 9, 11)
244 Chris Cooper		ManchFront	508	(255,253, 0)		St Helens Sutton AC				19 (12, 10, 9)
245 Stephen Webb		Belle Vue	510	(0,263,247)		Macclesfield H&ac				21 (11, 11, 10)
246 Lee Marjoram	V40	ManchFront	511	(260, 0,251)		ABC Runners				24 (10, 14, 14)
247 Andrew Barton		Altrincham	513	(279,234, 0)		Manchester H&ac				25 (13, 13, 12)
248 Nigel Harrison	V45	Stockport	515	(294,251,264)		Manchester Frontrunners				27 (15, 12, 15)
= Mark Wheelton	V50	Macclesfie	515	(304,262,253)		Manchester Ymca H				27 (14, 15, 13)
= Joaquin Ramosgallego		ManchFront	515	(285, 0,230)		Salford Met AC				34 (20, 18, 16)
251 Charles Eggleston	V45	War'tonTri	522	(295,227, 0)		MMU Harriers				34 (17, 17, 17)
= Geoff Cotterill	V55	ManchYMCA	522	(263, 0,259)		Belle Vue Racers				37 (19, 19, 18)
253 Lewis Green		MMU Har	524	(311,255,269)						
254 Keith Parker	V50	E Cheshire	526	(293,248,278)						
255 Iain Buchan	V40	ManchFront	527	(0,272,255)						

Senior Men (Vets) — Points after 3 races

1	Stuart Doyle	V40	Vale Royal	2	(0, 1, 1)
2	Malcolm Fowler	V45	Wilmslow R	4	(2, 2, 0)
=	Mark Russell	V40	Salford H&	4	(1, 3, 0)
4	Ian Wetherall	V40	Sale H Man	5	(3, 0, 2)
5	Rob Downs	V45	Wilmslow R	7	(4, 5, 3)
6	Graham Macneill	V45	Wilmslow R	13	(0, 7, 6)
7	Chris Leigh	V40	Trafford A	14	(10, 0, 4)
8	James Noakes	V40	Macclesfie	17	(11, 6, 13)
=	Anthony Smith	V40	St Helens	17	(0, 10, 7)
=	Ed Fazakerley	V40	Manchester	17	(9, 8, 9)
=	Jim Pendrill	V40	Wilmslow R	17	(8, 9, 12)
12	Timothy Bedford	V40	Warrington	20	(12, 16, 8)
13	Tom McGaff	V55	Wilmslow R	22	(15, 12, 10)
14	James Corden	V40	Stockport	27	(14, 13, 14)
=	Kevan Garner	V45	Stockport	27	(16, 11, 20)
16	Mike Hutchinson	V45	Trafford A	30	(19, 14, 16)
17	Gary Rowlinson	V45	Sale H Man	34	(20, 15, 19)
18	Paul Birckett	V45	Salford H&	36	(18, 0, 18)
19	Steve Doxey	V50	Swinton RC	42	(28, 18, 24)
20	David Garner	V45	ManchYMCA	43	(25, 22, 21)
21	Stephen Robinson	V50	E Cheshire	44	(23, 21, 28)
22	Simon Grundy	V45	E Cheshire	46	(35, 0, 11)
23	Ian Costello	V40	St Helens	47	(0, 20, 27)
=	Paul Schofield	V40	ManchrTri	47	(24, 40, 23)
25	Mark Seed	V40	Salford H&	53	(29, 24, 42)
26	Andy Whittingham	V40	Wilmslow R	54	(0, 28, 26)
27	Phil Nichol	V45	Altrincham	55	(22, 0, 33)
28	Richard Mariton	V40	Stockport	56	(30, 27, 29)
=	James O'Connor	V40	Salford H&	56	(37, 19, 39)
30	Glenn Piper	V45	E Cheshire	57	(31, 26, 36)
=	Vinny Booth	V45	Trafford A	57	(26, 31, 31)
=	Stephen Taylor	V40	ManchrTri	57	(0, 25, 32)
33	Phillip Jacques	V40	E Cheshire	65	(51, 43, 22)
34	Stuart Parrott	V45	Wilmslow R	67	(33, 0, 34)
=	Graham Screawn	V40	Wilmslow R	67	(32, 35, 45)
36	Ian Jackson	V40	Salford H&	69	(39, 30, 0)
=	Stephen Burthem	V50	Warrington	69	(0, 34, 35)
38	Dick Byers	V45	Trafford A	72	(40, 32, 51)
39	Lee Dunn	V40	ManchYMCA	74	(45, 29, 0)
40	Barry Graney	V40	St Helens	77	(38, 39, 0)
41	Paul Mannion	V45	Trafford A	83	(46, 47, 37)
42	Rob Marsh	V40	St Helens	84	(56, 46, 38)
43	Robert Wilson	V40	Macclesfie	85	(48, 42, 43)
=	Mike Hill	V45	Wilmslow R	85	(0, 41, 44)
45	Robert Taylor	V60	Stockport	87	(43, 44, 55)
=	Mike Shaw	V45	Stockport	87	(59, 38, 49)
47	Graham Marsland	V40	Stockport	89	(58, 37, 52)
48	Paul Nutter	V40	Stockport	91	(50, 54, 41)
49	Carl Bibby	V45	War'tonTri	92	(41, 51, 0)
50	Shane Wolstencroft	V40	SalfordMet	98	(0, 48, 50)
51	Frank Reilly	V65	Stockport	105	(55, 50, 0)
52	John Cross	V40	Wirral AC	106	(81, 49, 57)
=	Ray Eagle	V55	Wilmslow R	106	(54, 52, 0)
54	Craig Sephton	V40	Vale Royal	113	(72, 57, 56)
=	Ian Hayburn	V40	St Helens	113	(57, 56, 0)
56	David Livingstone	V40	Altrincham	116	(71, 45, 0)
57	Duncan Drasdo	V45	Trafford A	117	(49, 72, 68)
58	Matt Whitehead	V45	Manchester	119	(64, 60, 59)
=	Andrew Berry	V40	ABC	119	(53, 66, 0)
=	Dave Lovatt	V50	ABC	119	(0, 59, 60)
61	Francis Day	V60	E Cheshire	123	(61, 62, 67)
62	Colin Hammond	V45	ManchrTri	128	(77, 58, 70)
63	Steven Wyatt	V50	Wilmslow R	129	(60, 69, 0)
=	Mark Liptrot	V50	St Helens	129	(68, 61, 0)
=	Tony Archer	V55	Vale Royal	129	(82, 67, 62)
66	Roger Carter	V50	ManchYMCA	131	(66, 73, 65)
67	Tim Raffle	V45	Altrincham	134	(0, 65, 69)
68	Steve Gavin	V40	Sale H Man	138	(65, 0, 73)
69	Gary Wolstencroft	V40	ManchrTri	140	(94, 79, 61)
70	Tim Walton	V40	Macclesfie	141	(83, 70, 71)
71	Derek Hughes	V50	E Cheshire	143	(75, 68, 0)
=	Tim Hargreaves	V50	Stockport	143	(95, 77, 66)
73	Chris Lomax	V40	Swinton RC	146	(70, 76, 81)
74	Ronald Warrender	V50	Salford H&	147	(62, 0, 85)
75	Dave Shaw	V45	Salford H&	148	(74, 0, 74)
76	Roberto Raso	V45	ManchFront	149	(76, 74, 75)
77	Mick Fairs	V60	Wilmslow R	152	(73, 0, 79)
78	Peter Stock	V55	Wilmslow R	153	(67, 0, 86)
79	Julian Brown	V45	Macclesfie	154	(91, 0, 63)
80	Len Best	V60	Stockport	160	(0, 114, 46)
81	Richard Hiron	V45	Wilmslow R	165	(97, 87, 78)
=	Andy Watts	V60	Wilmslow R	165	(0, 81, 84)
=	Eddie Gilligan	V45	ManchYMCA	165	(85, 80, 0)
84	Nigel Sedman	V45	Belle Vue	166	(88, 78, 0)
85	Peter Johnson	V40	St Helens	171	(107, 0, 64)
86	Bill Fox	V55	Sale H Man	173	(105, 84, 89)
87	Steve Lomas	V40	Macclesfie	174	(89, 85, 0)
88	Alastair Kell	V40	Sale H Man	175	(87, 88, 0)
89	Rick Waring	V40	Swinton RC	176	(0, 83, 93)
90	Ian White	V45	St Helens	177	(0, 100, 77)
91	Mark Walker	V40	War'tonTri	178	(86, 0, 92)
92	Simon Bolton	V45	Wilmslow R	179	(0, 92, 87)
93	Lloyd Barlow	V40	Manchester	180	(80, 0, 100)
=	Andrew Farley	V50	E Cheshire	180	(98, 101, 82)
95	Paul Garnett	V45	Wilmslow R	182	(112, 91, 91)
96	Francis Sweeney	V45	Sale H Man	184	(0, 96, 88)
97	Paul Kay	V55	ABC	186	(0, 90, 96)
98	Kevin Duckworth	V50	E Cheshire	188	(99, 89, 0)
99	Alan McNally	V45	St Helens	189	(117, 86, 103)
100	Clive Greatorex	V45	Altrincham	191	(93, 98, 0)
=	Jim Brett	V55	Manchester	191	(113, 97, 94)
102	Tony Faulkner	V40	E Cheshire	196	(102, 94, 0)
103	Robin Beaumont	V45	Trafford A	197	(121, 102, 95)
104	Alan Kennedy	V45	E Cheshire	201	(111, 0, 90)
105	Graham Harrison	V50	Altrincham	205	(0, 99, 106)
=	Peter Weatherhead	V60	Wirral AC	205	(79, 126, 0)
107	David Ashton	V60	ManchYMCA	206	(126, 107, 99)
108	Frank Cordingley	V50	Sale H Man	210	(103, 0, 107)
=	Peter Symonds	V50	ManchFront	210	(106, 104, 0)
110	John Bowker	V45	E Cheshire	212	(131, 110, 102)
111	Tim Rainey	V45	Sale H Man	216	(90, 0, 126)
=	Kevin Fingleton	V55	Unattached	216	(118, 0, 98)
113	Mark Barker	V45	ManchrTri	226	(125, 113, 113)
114	Paul Rutherford	V45	Swinton RC	227	(137, 123, 104)
=	Phil Robinson	V40	St Helens	227	(138, 115, 112)
116	Tony Hillier	V60	E Cheshire	229	(114, 0, 115)
117	Philip D'netto	V40	Belle Vue	232	(110, 122, 0)
118	Tommy Temple	V55	Salford H&	234	(133, 118, 116)
=	Steve Matkin	V50	Stockport	234	(122, 112, 125)
120	Michael Cunningham	V65	Manchester	235	(136, 121, 114)
121	Alan Webster	V50	Macclesfie	237	(141, 116, 121)
=	Gavin Mendham	V60	Wilmslow R	237	(127, 0, 110)
123	Jerry Smith	V55	Sale H Man	243	(132, 111, 0)
=	Roger Coleman	V50	Stockport	243	(134, 0, 109)
125	Patrick Grannan	V60	Wilmslow R	244	(128, 120, 124)
=	Michael Ogden	V45	ManchrTri	244	(140, 125, 119)
127	Jonathan Harper	V40	Wilmslow R	250	(152, 0, 105)
128	Oliver Johnstone	V40	Macclesfie	254	(142, 131, 123)
129	Lee Marjoram	V40	ManchFront	257	(129, 0, 128)
130	Geoff Cotterill	V55	ManchYMCA	262	(130, 0, 132)
131	Mark Wheelton	V50	Macclesfie	264	(156, 135, 129)
132	Charles Eggleston	V45	War'tonTri	267	(150, 117, 0)
=	Nigel Harrison	V45	Stockport	267	(149, 130, 137)
134	Iain Buchan	V40	ManchFront	272	(0, 142, 130)
135	Chris Jones	V45	SalfordMet	273	(146, 134, 139)
136	Steve Symons	V45	ManchYMCA	274	(147, 127, 0)
=	Keith Parker	V50	E Cheshire	274	(148, 128, 146)
138	Jon Paramor	V60	ManchYMCA	275	(139, 136, 147)
139	Vincent Murphy	V65	Salford H&	276	(144, 132, 148)
140	Bary Guy	V60	Belle Vue	280	(160, 139, 141)
141	Jack Carney	V55	SalfordMet	281	(161, 141, 140)
142	Nick Roberts	V40	Stockport	285	(152, 133, 0)
=	Darren Hales	V40	Stockport	285	(0, 124, 161)
144	Andy Chalmers	V45	ManchrTri	286	(151, 0, 135)
145	Mike Jones	V55	Altrincham	289	(165, 146, 143)
146	Dennis Moran	V65	Salford H&	291	(154, 137, 155)
=	Colin Davies	V60	Altrincham	291	(153, 138, 0)
=	Andy Roberts	V45	Belle Vue	291	(158, 0, 133)
149	Tom Lavin	V50	Altrincham	293	(155, 0, 138)
150	Arnold Bradshaw	V60	Manchester	297	(0, 145, 152)
151	Alan Garvey	V55	Middleton	301	(157, 0, 144)
152	Miran Aprahamian	V55	Sale H Man	303	(166, 152, 151)
153	Steve Lyons	V45	E Cheshire	304	(159, 0, 145)
=	Nigel Goldfinch	V40	ManchFront	304	(164, 140, 0)
155	Brian Eyre	V55	SalfordMet	308	(172, 144, 164)
=	Alan Rogers	V40	Stockport	308	(169, 148, 160)
=	Steve McCall	V50	Manchester	308	(167, 150, 158)
158	Howard Bamber	V55	E Cheshire	313	(173, 151, 162)
159	John Pickup	V50	Swinton RC	318	(171, 147, 0)
=	Craig Sutherland	V50	Middleton	318	(168, 0, 150)
161	William Staniard	V45	Manchester	320	(177, 157, 163)
162	Colin Rathbone	V65	Vale Royal	322	(0, 163, 159)
163	Kevin Egerton	V55	Belle Vue	325	(193, 159, 166)
164	Dave Batty	V45	Swinton RC	327	(185, 162, 165)
=	Paul Hudson	V55	Vale Royal	327	(182, 156, 171)
=	Ian Rothwell	V50	E Cheshire	327	(170, 0, 157)
167	John Hughes	V45	Stockport	331	(176, 155, 0)
168	Denis Kelly	V40	Manchester	332	(178, 154, 0)
169	Dave Wood	V50	Manchester	334	(174, 160, 0)
=	Steve Hart	V50	Swinton RC	334	(181, 161, 173)
171	Ian Manners	V45	ManchYMCA	340	(189, 166, 174)
172	David Williamson	V40	Swinton RC	341	(184, 165, 176)
173	David Salmon	V65	E Cheshire	342	(190, 167, 175)
174	James Lambe	V45	Sale H Man	344	(175, 0, 169)
175	David Shoesmith	V55	Macclesfie	347	(180, 0, 167)
176	Chris Bryans	V70	Stockport	348	(195, 171, 177)
=	Henry Walker	V40	ManchFront	348	(0, 169, 179)
178	David Gregory	V65	Manchester	351	(187, 164, 0)
179	Trevor Faulkner	V65	Wilmslow R	372	(194, 0, 178)
			Wilmslow R		2 (1, 1, 1)
			Salford H&C		4 (2, 2, 7)

Trafford AC	5 (4, 3, 2)
Stockport H&ac	6 (3, 4, 3)
Sale H Manchester	10 (6, 13, 4)
E Cheshire H&tameside AC	10 (5, 6, 5)
St Helens Sutton AC	11 (8, 5, 6)
Manchester Triathlon	15 (14, 7, 8)
Macclesfield H&ac	17 (10, 8, 9)
Manchester Ymca H	18 (9, 9, 14)
Manchester H&ac	21 (12, 10, 11)
Altrincham & District AC	21 (11, 11, 10)
Vale Royal AC	24 (0, 12, 12)
Swinton RC	26 (13, 14, 13)
Salford Met AC	32 (0, 17, 15)
Belle Vue Racers	32 (17, 15, 0)
Manchester Frontrunners	32 (16, 16, 16)

Senior Men - U20 — Points after 3 races

1	Jack Morris	Stockport	3	(1, 2, 0)
2	Joe Hudak	E Cheshire	6	(3, 7, 3)
3	Matt Holmes	Sale H Man	7	(2, 5, 7)
4	Ryan Ganose	Altrincham	10	(9, 6, 4)
5	Jamie White	St Helens	13	(7, 10, 6)
=	James Grannan	Stockport	13	(5, 9, 8)
7	Henry Valentine	South Ches	14	(6, 8, 0)
=	Josh Oguntayo	Sale H Man	14	(4, 11, 10)
9	David Rich	Sale H Man	19	(10, 15, 9)
10	Callum Corneille	Salford H&	21	(8, 13, 0)
11	Adam Dooley	Sale H Man	28	(14, 17, 14)
=	Mark Cook	MMU Har	28	(15, 16, 13)
	Sale H Manchester		2 (1, 1, 1)	