

# Manchester Area Cross Country League

## at Heaton Park, Manchester on Saturday 22nd October 2011

### Race 2 - Under 13 Girls — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time						
1	495	Lily McGuinness		E Cheshire H & Tameside AC	10:54	27	398	Grace Garner	Stockport Harriers & Ac		12:54
2	396	Lucy Donaghy		Stockport Harriers & Ac	11:05	28	392	Francesca Carosi	Stockport Harriers & Ac		12:57
3	403	Katy Whiteoak		Stockport Harriers & Ac	11:16	29	679	Nicole Sharrocks	Stockport Harriers & Ac		13:00
4	448	Bethany Foster		Wirral Ac	11:29	30	671	Naomi Sinclair	Stockport Harriers & Ac		13:03
5	46	Beth Barlow		Manchester Harriers & Ac	11:31	31	389	Georgia Bourke	Stockport Harriers & Ac		13:04
6	212	Georgia Astonmassey		Halton&frodsham H	11:32	32	574	Abi Smith	Sale Harriers Manchester		13:05
7	575	Ellie Twite		Sale Harriers Manchester	11:35	33	449	Kelly Snape	Wirral Ac		13:07
8	391	E Brackenridgejones		Stockport Harriers & Ac	11:37	34	572	Charley Reid	Sale Harriers Manchester		13:08
9	51	Danielle Stringer		Manchester Harriers & Ac	11:47	35	707	Leah Meredith	E Cheshire H & Tameside AC		13:14
10	450	Olivia Waring		Wirral Ac	11:51	36	215	Charlotte King	Halton&frodsham H		13:24
11	401	Carly Jarrett		Stockport Harriers & Ac	11:58	37	355	Olivia Harwoodmoss	St Helens Sutton Ac		13:34
12	561	Alice Bruce		Sale Harriers Manchester	12:05	38	562	Sophie Burgess	Sale Harriers Manchester		13:37
13	669	Lauren Hunt		Stockport Harriers & Ac	12:16	39	494	Rebecca Jones	E Cheshire H & Tameside AC		13:39
14	682	Chloe Lockett		E Cheshire H & Tameside AC	12:18	40	400	Emily Hughes	Stockport Harriers & Ac		13:50
15	72	Giovanna Brady		Moston & District H & Ac	12:19	41	354	Alex Glynn	St Helens Sutton Ac		13:55
16	395	Emma Donaghy		Stockport Harriers & Ac	12:20	42	680	Sarah Stockman	Macclesfield Harriers & Ac		13:59
17	694	Emma Flynn		E Cheshire H & Tameside AC	12:26	43	675	Esther Wilson	Halton&frodsham H		14:09
18	397	Juliet Downs		Stockport Harriers & Ac	12:29	44	217	Molly Whitehead	Halton&frodsham H		14:18
19	331	Emily Barker		Salford Metropolitan Ac	12:30	45	673	Kate Kenny	Moston & District H & Ac		14:27
20	390	Grace Bower		Stockport Harriers & Ac	12:33	46	75	Jade Drinkwater	Moston & District H & Ac		14:35
21	496	Alannah Newell		E Cheshire H & Tameside AC	12:35	47	357	Emily Roberts	St Helens Sutton Ac		15:06
22	399	Jasmine Hannon		Stockport Harriers & Ac	12:36	48	404	Abbie Wooddoyle	Stockport Harriers & Ac		15:08
23	334	Emma Wright		Salford Metropolitan Ac	12:41	49	700	Rebecca Mason	Salford Metropolitan Ac		15:34
24	573	Franki Reid		Sale Harriers Manchester	12:45	50	683	Elizabeth Dingsdale	St Helens Sutton Ac		15:49
25	332	L Haywoodpercival		Salford Metropolitan Ac	12:51	51	447	Naimh Corr	Wirral Ac		15:51
26	402	Britney Sharples		Stockport Harriers & Ac	12:53	52	684	Freya Roberts	St Helens Sutton Ac		15:53

### Race 2 - Under 13 Girls — TEAM RESULTS

1	Stockport Harriers & Ac	13	—	2	Lucy Donaghy	3	Katy Whiteoak	8	E Brackenridgejones
2	E Cheshire H & Tameside AC	32	—	1	Lily McGuinness	14	Chloe Lockett	17	Emma Flynn
3	Stockport Harriers & Ac 'B'	40	—	11	Carly Jarrett	13	Lauren Hunt	16	Emma Donaghy
4	Sale Harriers Manchester	43	—	7	Ellie Twite	12	Alice Bruce	24	Franki Reid
5	Wirral Ac	47	—	4	Bethany Foster	10	Olivia Waring	33	Kelly Snape
6	Stockport Harriers & Ac 'C'	60	—	18	Juliet Downs	20	Grace Bower	22	Jasmine Hannon
7	Salford Metropolitan Ac	67	—	19	Emily Barker	23	Emma Wright	25	L Haywoodpercival
8	Stockport Harriers & Ac 'D'	81	—	26	Britney Sharples	27	Grace Garner	28	Francesca Carosi
9	Halton&frodsham H	85	—	6	Georgia Astonmassey	36	Charlotte King	43	Esther Wilson
10	Stockport Harriers & Ac 'E'	90	—	29	Nicole Sharrocks	30	Naomi Sinclair	31	Georgia Bourke
11	E Cheshire H & Tameside AC 'B'	95	—	21	Alannah Newell	35	Leah Meredith	39	Rebecca Jones
12	Sale Harriers Manchester 'B'	104	—	32	Abi Smith	34	Charley Reid	38	Sophie Burgess
13	Moston & District H & Ac	106	—	15	Giovanna Brady	45	Kate Kenny	46	Jade Drinkwater
14	St Helens Sutton Ac	125	—	37	Olivia Harwoodmoss	41	Alex Glynn	47	Emily Roberts

### Race 3 - Under 13 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time							
1	117	Jake Lonsdale	Trafford Athletic Club	12:08	18	352	Joe Walker	St Helens Sutton Ac			13:47
2	558	Jake Spilsbury	Sale Harriers Manchester	12:28	19	186	Alex Jones	Altrincham & District AC			13:47
3	237	Callum Ahern	Macclesfield Harriers & Ac	12:29	20	552	Dillon Burchill	Sale Harriers Manchester			13:52
4	557	Adam Spilsbury	Sale Harriers Manchester	12:31	21	115	Mikey Kingston	Trafford Athletic Club			14:00
5	652	Cameron Weaver	West Cheshire Athletic Club	12:33	22	554	Joe Hammond	Sale Harriers Manchester			14:03
6	704	Patrick Magner	Stockport Harriers & Ac	12:35	23	116	Matt Lee	Trafford Athletic Club			14:07
7	556	Michael Quinn	Sale Harriers Manchester	12:38	24	44	Ben Skertchly	Manchester Harriers & Ac			14:17
8	489	George Lewis	E Cheshire H & Tameside AC	12:44	25	677	James Dykes	Warrington Athletic Club			14:25
9	188	Oliver Stevenson	Altrincham & District AC	12:46	26	697	Thomas Wiseman	Salford Metropolitan Ac			14:45
10	353	Adam Woosey	St Helens Sutton Ac	12:51	27	486	Ethan Hartshorne	E Cheshire H & Tameside AC			14:48
11	559	Andre Yiasoumi	Sale Harriers Manchester	12:52	28	681	Allen Bunyan	Macclesfield Harriers & Ac			14:51
12	211	Billy Young	Halton&frodsham H	13:03	29	208	James Ennis	Halton&frodsham H			14:56
13	551	Saeed Absiyeh	Sale Harriers Manchester	13:13	30	676	Ryan Dugdale	Warrington Athletic Club			15:06
14	209	Chris Larkin	Halton&frodsham H	13:25	31	685	Ben Walton	Macclesfield Harriers & Ac			15:07
15	113	Colin Daly	Trafford Athletic Club	13:26	32	206	Nathan Bentley	Halton&frodsham H			16:01
16	71	Kyle Anderson	Moston & District H & Ac	13:31	33	650	Ewan Hearn	West Cheshire Athletic Club			16:19
17	349	Joe Ford	St Helens Sutton Ac	13:35	34	711	Nathan Haigh	Macclesfield Harriers & Ac			17:34

### Race 3 - Under 13 Boys — TEAM RESULTS

1	Sale Harriers Manchester	13	—	2	Jake Spilsbury	4	Adam Spilsbury	7	Michael Quinn
2	Trafford Athletic Club	37	—	1	Jake Lonsdale	15	Colin Daly	21	Mikey Kingston
3	Sale Harriers Manchester 'B'	44	—	11	Andre Yiasoumi	13	Saeed Absiyeh	20	Dillon Burchill
4	St Helens Sutton Ac	45	—	10	Adam Woosey	17	Joe Ford	18	Joe Walker
5	Halton&frodsham H	55	—	12	Billy Young	14	Chris Larkin	29	James Ennis
6	Macclesfield Harriers & Ac	62	—	3	Callum Ahern	28	Allen Bunyan	31	Ben Walton

# Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 22nd October 2011

## Race 3 - Under 15 Girls — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	457	Sophie Tarver	Wirral Ac	12:27	22	56	Molly Bogin	Manchester Harriers & Ac	14:30
2	693	Megan Ashelby	E Cheshire H & Tameside AC	12:36	23	686	Jemma Eyre	Warrington Athletic Club	14:32
3	413	Mollie Williams	Stockport Harriers & Ac	12:49	24	336	Robyn Saunders	Salford Metropolitan Ac	14:34
4	83	Sophie Hill	Moston & District H & Ac	12:57	25	81	Ashleigh Davis	Moston & District H & Ac	14:40
5	674	Elizabeth Apsley	Stockport Harriers & Ac	13:07	26	587	Hannah Christy	Sale Harriers Manchester	14:41
6	407	Evie Carter	Stockport Harriers & Ac	13:10	27	364	Rachel McGoldrick	St Helens Sutton Ac	14:46
7	595	Catherine Podmore	Sale Harriers Manchester	13:19	28	696	Sinead Bent	Salford Metropolitan Ac	14:53
8	337	Charlotte Sims	Salford Metropolitan Ac	13:32	29	365	Shannon Partington	St Helens Sutton Ac	14:59
9	408	Ellen Downs	Stockport Harriers & Ac	13:36	30	338	Lucy Whittaker	Salford Metropolitan Ac	15:02
10	597	Hannah Simeen	Sale Harriers Manchester	13:37	31	452	Eimear Corr	Wirral Ac	15:13
11	455	Heather Nuttall	Wirral Ac	13:42	32	672	Ruth Sinclair	Stockport Harriers & Ac	15:15
12	591	Rachel Hibberd	Sale Harriers Manchester	13:55	33	501	Niamh Hartshorne	E Cheshire H & Tameside AC	15:21
13	133	Georgia Plant	Trafford Athletic Club	14:05	34	709	Beth Etheridge	Sale Harriers Manchester	15:23
14	58	Caitlin Whitehead	Manchester Harriers & Ac	14:10	35	362	Lucy Griffiths	St Helens Sutton Ac	15:32
15	600	Flora Whyte	Sale Harriers Manchester	14:15	36	57	Kate McDermott	Manchester Harriers & Ac	15:34
16	454	Aileen Kearney	Wirral Ac	14:19	37	82	Ellie Donohoe	Moston & District H & Ac	15:50
17	218	Kieia Grady	Halton&frodsham H	14:20	38	601	Mattie Yates	Sale Harriers Manchester	16:28
18	414	Sophie Williams	Stockport Harriers & Ac	14:23	39	653	Megan McEveley	West Cheshire Athletic Club	16:38
19	453	Nicola Harris	Wirral Ac	14:28	40	695	Katelin Hall	Salford Metropolitan Ac	17:35
20	85	Yasmine Kallel	Moston & District H & Ac	14:28	41	688	Lauren Wilcock	St Helens Sutton Ac	18:00
21	598	Caitlin Thomas	Sale Harriers Manchester	14:29					

## Race 3 - Under 15 Girls — TEAM RESULTS

1	Stockport Harriers & Ac	14	—	3	Mollie Williams	5	Elizabeth Apsley	6	Evie Carter
2	Wirral Ac	28	—	1	Sophie Tarver	11	Heather Nuttall	16	Aileen Kearney
3	Sale Harriers Manchester	29	—	7	Catherine Podmore	10	Hannah Simeen	12	Rachel Hibberd
4	Moston & District H & Ac	49	—	4	Sophie Hill	20	Yasmine Kallel	25	Ashleigh Davis
5	Stockport Harriers & Ac 'B'	59	—	9	Ellen Downs	18	Sophie Williams	32	Ruth Sinclair
6	Salford Metropolitan Ac	60	—	8	Charlotte Sims	24	Robyn Saunders	28	Sinead Bent
7	Sale Harriers Manchester 'B'	62	—	15	Flora Whyte	21	Caitlin Thomas	26	Hannah Christy
8	Manchester Harriers & Ac	72	—	14	Caitlin Whitehead	22	Molly Bogin	36	Kate McDermott
9	St Helens Sutton Ac	91	—	27	Rachel McGoldrick	29	Shannon Partington	35	Lucy Griffiths

## Race 4 - Under 15 Boys — FINAL RESULTS

Pos	Num	Name	Club	Time	Pos	Num	Name	Club	Time
1	126	Jack Crabtree	Trafford Athletic Club	13:38	18	76	Daniel Hill	Moston & District H & Ac	16:01
2	703	Zac Miller	Trafford Athletic Club	13:46	19	714	Daniel Richardson	Warrington Athletic Club	16:05
3	451	James Taylor	Wirral Ac	14:27	20	287	Matthew Sutton	Manchester Triathlon	16:08
4	498	Tom McGuinness	E Cheshire H & Tameside AC	14:32	21	78	Robert McDougall	Moston & District H & Ac	16:12
5	581	Adam Roden	Sale Harriers Manchester	14:55	22	678	Robert Dykes	Warrington Athletic Club	16:13
6	80	Christopher Wilson	Moston & District H & Ac	15:00	23	243	Aaron Shaughnessy	Macclesfield Harriers & Ac	16:31
7	708	Jay Hornby	Stockport Harriers & Ac	15:01	24	698	Joshua Wiseman	Salford Metropolitan Ac	16:44
8	54	Donnacha Maguire	Manchester Harriers & Ac	15:05	25	699	Luke Hayman	Salford Metropolitan Ac	16:51
9	579	Sam Mayon	Sale Harriers Manchester	15:13	26	241	Dan Gilfillan	Macclesfield Harriers & Ac	17:24
10	701	Leighton Sharman	Warrington Athletic Club	15:18	27	702	Lewis Hickson	Salford Metropolitan Ac	17:52
11	583	Bradley Yates	Sale Harriers Manchester	15:28	28	242	Harry Palmer	Macclesfield Harriers & Ac	18:17
12	55	Thomas Taylor	Manchester Harriers & Ac	15:31	29	245	James Stott	Macclesfield Harriers & Ac	18:20
13	713	Mark Hearn	West Cheshire Athletic Club	15:44	30	577	Daniel Brint	Sale Harriers Manchester	18:30
14	687	Patrick Iredale	Warrington Athletic Club	15:47	31	246	Edward Thompson	Macclesfield Harriers & Ac	20:11
15	720	Michael Sidebottom	Stockport Harriers & Ac	15:50	32	712	Adair PaezBastia	Macclesfield Harriers & Ac	20:48
16	582	Dylan Stanway	Sale Harriers Manchester	15:54	33	717	Matt DeSousa	Macclesfield Harriers & Ac	21:08
17	53	Matthew Graham	Manchester Harriers & Ac	15:59					

## Race 4 - Under 15 Boys — TEAM RESULTS

1	Sale Harriers Manchester	25	—	5	Adam Roden	9	Sam Mayon	11	Bradley Yates
2	Manchester Harriers & Ac	37	—	8	Donnacha Maguire	12	Thomas Taylor	17	Matthew Graham
3	Warrington Athletic Club	43	—	10	Leighton Sharman	14	Patrick Iredale	19	Daniel Richardson
4	Moston & District H & Ac	45	—	6	Christopher Wilson	18	Daniel Hill	21	Robert McDougall
5	Salford Metropolitan Ac	76	—	24	Joshua Wiseman	25	Luke Hayman	27	Lewis Hickson
6	Macclesfield Harriers & Ac	77	—	23	Aaron Shaughnessy	26	Dan Gilfillan	28	Harry Palmer
7	Macclesfield Harriers & Ac 'B'	92	—	29	James Stott	31	Edward Thompson	32	Adair PaezBastia

# Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 22nd October 2011

## Race 4 - Under 17 Women — FINAL RESULTS

Pos	Num	Name	Club	Time
1	254	Danielle Wallis	Macclesfield Harriers & Ac	15:10
2	613	Megan Davies	Sale Harriers Manchester	15:56
3	420	Imogen Nutter	Stockport Harriers & Ac	16:41
4	462	Emily Kearney	Wirral Ac	16:59
5	463	Fiona Nuttall	Wirral Ac	17:13
6	418	Nicola Berry	Stockport Harriers & Ac	17:34

## Race 4 - Under 17 Women — TEAM RESULTS

1	Wirral Ac	16 — 4 Emily Kearney	5 Fiona Nuttall	7 Lauren Brett
2	Stockport Harriers & Ac	18 — 3 Imogen Nutter	6 Nicola Berry	9 Aimee Aikin
3	Sale Harriers Manchester	20 — 2 Megan Davies	8 Chloe Yates	10 Chloe Grant

## Race 5 - Under 17 Men — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	458	Richard Evans	Wirral Ac	24:01
2	140	Richard Powell	Trafford Athletic Club	24:05
3	718	Henry Buttress	Warrington Athletic Club	25:06
4	608	Kyle Conway	Sale Harriers Manchester	25:15
5	607	Jimmy Castle	Sale Harriers Manchester	25:16
6	605	Alex Bradford	Sale Harriers Manchester	25:19
7	807	\$Robert Ward	Stockport Harriers & Ac	25:19
8	602	Khalid Absiyeh	Sale Harriers Manchester	25:35
9	88	Mathew Metcalf	Moston & District H & Ac	26:01
10	87	Alex Hill	Moston & District H & Ac	26:07

## Race 5 - Under 17 Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale Harriers Manchester	15 — 4 Kyle Conway	5 Jimmy Castle	6 Alex Bradford
---	--------------------------	--------------------	----------------	-----------------

# Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 22nd October 2011

## Senior Women — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time								
1	320	Hayley Kuter		Salford Harriers	31:22	85	381	Helen Todd	L55	3	Stockport Harriers & Ac	40:39	
2	319	Beverley Jenkins	L40	1 Salford Harriers	32:06	86	516	Lauren Davies			Sale Harriers Manchester	40:47	
3	425	Karrissa Hawitt		Warrington Athletic Club	32:36	87	719	Jennifer Simmons			Sale Harriers Manchester	40:49	
4	95	Jackie Fairchild		Trafford Athletic Club	32:45	88	261	Claire Deane	L4011		Manchester Triathlon	40:53	
5	342	Gemma Connolly		St Helens Sutton Ac	32:49	89	66	Ruth Travis	L3522		Manchester Frontrunners	40:57	
6	428	Kate Titlow		Warrington Athletic Club	33:27	90	18	Sonya Hynes			Manchester Harriers & Ac	41:07	
7	102	Victoria O'Donnell		Trafford Athletic Club	33:29	91	368	Amy Barter			Stockport Harriers & Ac	41:18	
8	645	Claire Stevinson	L35	1 Wilmslow Running Club	33:36	92	265	Sonia Harris	L4012		Manchester Triathlon	41:23	
9	510	Emily Beedham		Sale Harriers Manchester	33:40	93	384	Maureen Wilkins	L4510		Stockport Harriers & Ac	41:25	
10	103	Jessica Oliverbell		Trafford Athletic Club	33:57	94	16	Fiona Herbert			Manchester Harriers & Ac	41:41	
11	715	Carmen Byrne		Stockport Harriers & Ac	34:11	95	230	Barbara Murray	L50	6	Macclesfield Harriers & Ac	41:47	
12	93	Alison Drasdo	L40	2 Trafford Athletic Club	34:23	96	327	Olivia McDermott	LJ	4	Salford Metropolitan Ac	41:56	
13	644	Louise Rudd	L35	2 Wilmslow Running Club	34:28	97	278	Claudia RoblesMorse			Manchester Triathlon	41:57	
14	222	Anne Farmer	L35	3 Macclesfield Harriers & Ac	34:38	98	724	Louise Harrison	L3523		Stockport Harriers & Ac	41:58	
15	726	Julia Leventon		Trafford Athletic Club	34:44	99	723	Helen Fraser	L50	7	Stockport Harriers & Ac	42:07	
16	437	Sarah Kearney	L35	4 Wirral Ac	34:47	100	264	Helen Grimwood			Manchester Triathlon	42:13	
17	385	Kerrie Wooddoyle	L45	1 Stockport Harriers & Ac	34:48	101	282	Deborah Tout			Manchester Triathlon	42:15	
18	511	Hayley Cavill		Sale Harriers Manchester	34:49	102	263	Alexa Good			Manchester Triathlon	42:29	
19	632	Sharon Johnstone	L35	5 Wilmslow Running Club	34:50	103	471	Victoria Hartshome	LJ	5	E Cheshire H & Tameside AC	42:33	
20	227	Angela Jordan		Macclesfield Harriers & Ac	34:58	104	30	Fredelina Yong			Manchester Harriers & Ac	42:36	
21	105	Sally Woolhouse	L35	6 Trafford Athletic Club	35:16	105	94	Sue Exon	L55	4	Trafford Athletic Club	42:41	
22	805	\$Grace Birch		Manchester University	35:19	106	633	Sharon Jones	L4511		Wilmslow Running Club	42:46	
23	317	Tania Hernandez		Salford Harriers	35:27	107	294	Steph Goodchild	L4512		Manchester Ymca Harriers	42:50	
24	732	Diana Mitsum	L35	7 South Cheshire Harriers	35:29	108	180	Lynne Nichol	L4513		Altrincham & District AC	43:01	
25	706	Sally Ratcliffe	LJ	1 E Cheshire H & Tameside AC	35:31	109	298	Emma Parkin			Manchester Ymca Harriers	43:11	
26	716	\$Lora Blann		Altrincham & District AC	35:35	110	168	Rebecca Mills			Swinton Running Club	43:20	
27	378	Jayne Lawton	L40	3 Stockport Harriers & Ac	35:45	111	731	Sophie Seingier	L3524		Stockport Harriers & Ac	43:25	
28	92	Joanne Dawes		Trafford Athletic Club	35:53	112	515	Jennifer Cordingley			Sale Harriers Manchester	43:28	
29	179	Sarah MacInness		Altrincham & District AC	35:58	113	307	Teresa Hollins	L55	5	Middleton Harriers Ac	43:32	
30	275	Sarah Rhodes		Manchester Triathlon	36:11	114	383	Hilary West	L50	8	Stockport Harriers & Ac	43:40	
31	537	Joanne Street		Sale Harriers Manchester	36:25	115	321	Julie Laverock	L4013		Salford Harriers	44:09	
32	279	Viv Slack		Manchester Triathlon	36:36	116	295	Liz Hall			Manchester Ymca Harriers	44:16	
33	705	Tyra Watson	LJ	2 Sale Harriers Manchester	36:41	117	290	Emma Bedford	L3525		Manchester Ymca Harriers	44:25	
34	626	Katy Green	L35	8 Wilmslow Running Club	37:00	118	473	Maggie Holt	L50	9	E Cheshire H & Tameside AC	44:29	
35	281	Anna Thomas		Manchester Triathlon	37:03	119	286	Michelle Wilder	L4014		Manchester Triathlon	44:35	
36	369	Rachel Blight	L35	9 Stockport Harriers & Ac	37:10	120	661	Julie Tanker			MMU Harriers	44:37	
37	527	Jan Nichols	L40	4 Sale Harriers Manchester	37:15	121	195	Kath Horwill	L3526		Belle Vue Racers	44:45	
38	183	Alison Vesey	L45	2 Altrincham & District AC	37:18	122	191	Cecilia Boodhoo	L5010		Belle Vue Racers	44:49	
39	165	Lauren Marsden	L3510		Swinton Running Club	37:19	123	620	Nina Birch		Wilmslow Running Club	44:54	
40	283	Jude Wall	L3511		Manchester Triathlon	37:23	124	166	Maggie McClelland	L5011		Swinton Running Club	44:59
41	176	Anmarie Jones	L55	1 Altrincham & District AC	37:26	125	308	Kyrinda Hurstmoore	L4514		Middleton Harriers Ac	45:04	
42	806	\$Jennifer Parker		University Of Manchester	37:29	126	6	Alyson Adams	L4515		Manchester Harriers & Ac	45:05	
43	100	Joanne Lott	L45	3 Trafford Athletic Club	37:32	127	689	Pam Appleton	L55	6	St Helens Sutton Ac	45:06	
44	224	Sarah Grady	L3512		Macclesfield Harriers & Ac	37:38	128	169	Lisa Ottiwell	L3527		Swinton Running Club	45:13
45	262	Lucy Foster		Manchester Triathlon	37:47	129	345	Joanne Keogh	L3528		St Helens Sutton Ac	45:22	
46	721	Maggie Fenn	L3513		Vale Royal Ac	37:49	130	302	Elaine BladesJordan	L35	29	Middleton Harriers Ac	45:25
47	647	Kate Sutton	L45	4 Wilmslow Running Club	37:50	131	303	Christine Comerford	L5012		Middleton Harriers Ac	45:27	
48	624	Christine Geraghty	L45	5 Wilmslow Running Club	37:52	132	315	Patricia Williams	L55	7	Middleton Harriers Ac	45:45	
49	477	Janine Ridgard	L45	6 E Cheshire H & Tameside AC	37:53	133	14	Fiona Green	L3530		Manchester Harriers & Ac	46:13	
50	271	Deirdre McCarthy		Manchester Triathlon	38:04	134	343	Chris Dempsey	L5013		St Helens Sutton Ac	46:21	
51	623	Janine Ellis	L40	5 Wilmslow Running Club	38:04	135	272	Jessica Mock	L3531		Manchester Triathlon	46:29	
52	185	Alice Welch	L3514		Altrincham & District AC	38:09	136	316	Caroline Broderick		Salford Harriers	46:32	
53	427	Emma Makin		Warrington Athletic Club	38:16	137	634	Julie Lucas	L4516		Wilmslow Running Club	46:39	
54	474	Emma McQueen	L40	6 E Cheshire H & Tameside AC	38:17	138	730	Janet Wild	L4015		Wilmslow Running Club	46:41	
55	157	Carly Appleby		Swinton Running Club	38:19	139	164	Carol Hart	L5014		Swinton Running Club	46:46	
56	531	Helen Reagan	L40	7 Sale Harriers Manchester	38:37	140	19	Lorraine Kelsey			Manchester Harriers & Ac	47:20	
57	234	Hanny Stockman	L45	7 Macclesfield Harriers & Ac	38:51	141	269	Sarah Kenny	L3532		Manchester Triathlon	47:24	
58	622	Diane Bygrave	L3515		Wilmslow Running Club	39:02	142	809	\$Nicole Cottier		Unattached	47:43	
59	374	Helen Garner	L40	8 Stockport Harriers & Ac	39:04	143	17	Kathryn Holmes	L4517		Manchester Harriers & Ac	48:19	
60	519	Zoe Gmerek	L3516		Sale Harriers Manchester	39:08	144	274	Becky Partridge		Manchester Triathlon	48:22	
61	225	Hales Sally Ann	L50	1 Macclesfield Harriers & Ac	39:09	145	330	Mandy Webber	L4518		Salford Metropolitan Ac	48:24	
62	470	Janet Grint	L3517		E Cheshire H & Tameside AC	39:10	146	629	Gail Hill	L3533		Wilmslow Running Club	48:30
63	167	Louise McLoughlin	L40	9 Swinton Running Club	39:12	147	23	Jodie Norton			Manchester Harriers & Ac	48:34	
64	729	Laura Bryant		Belle Vue Racers	39:12	148	62	Emma Reilly			Manchester Frontrunners	48:43	
65	318	Diane Hooper	L45	8 Salford Harriers	39:16	149	64	Sarah Robinson	L4016		Manchester Frontrunners	48:43	
66	722	Jo Miles	L45	9 Macclesfield Harriers & Ac	39:18	150	305	Ruth Hare	L55	8	Middleton Harriers Ac	49:20	
67	627	Louisa Harrison	L3518		Wilmslow Running Club	39:19	151	7	Caroline Baba		Manchester Harriers & Ac	49:22	
68	628	Claire Hawkes	L50	2 Wilmslow Running Club	39:21	152	728	Lesleyann Wild	L4017		Swinton Running Club	50:00	
69	514	Jackie Cordingley	L50	3 Sale Harriers Manchester	39:27	153	229	Pauline Lynch	L65	1	Macclesfield Harriers & Ac	50:16	
70	228	Sophie Kirk		Macclesfield Harriers & Ac	39:34	154	655	Helena Dixon	LJ	6	MMU Harriers	50:56	
71	172	Laura Bostock		Altrincham & District AC	39:36	155	526	Jenny Miles	L60	1	Sale Harriers Manchester	51:33	
72	529	Carla Ousey	L3519		Sale Harriers Manchester	39:41	156	312	Janice Pugh	L55	9	Middleton Harriers Ac	53:01
73	344	Julia Eccleston	L3520		St Helens Sutton Ac	39:50	157	664	M WimpennyTejedor	LJ	7	MMU Harriers	53:22
74	536	Lynda Rowlinson	L50	4 Sale Harriers Manchester	39:53	158	196	Marie Lavin	L4519		Belle Vue Racers	53:43	
75	193	Corina Haynes	L50	5 Belle Vue Racers	40:04	159	268	Jennifer Johnson			Manchester Triathlon	53:47	
76	373	Gillian Doolan	L4010		Stockport Harriers & Ac	40:07	160	311	Fiona Lamb	L4520		Middleton Harriers Ac	54:02
77	306	Lynne Higgins		Middleton Harriers Ac	40:11	161	154	Sian Grant	L3534		Warrington Tri Club	54:06	
78	194	Annie Hirsch	L55	2 Belle Vue Racers	40:14	162	155	Tracy Hampson	L3535		Warrington Tri Club	54:06	
79	266	Victoria Hinton		Manchester Triathlon	40:16	163	15	Mavis Gregory	L65	2	Manchester Harriers & Ac	55:46	
80	512	Jenny Clink		Sale Harriers Manchester	40:18	164	314	Sue Taylor	L5015		Middleton Harriers Ac	57:08	
81	256	Sophie Barnett		Manchester Triathlon	40:24	165	22	Rosalyn Miles	L4018		Manchester Harriers & Ac	57:12	
82	525	Kate McLelland	LJ	3 Sale Harriers Manchester	40:26	166	348	Pauline Picton	L5510		St Helens Sutton Ac	57:25	
83	96	Rosie Fearon		Trafford Athletic Club	40:33	167	28	Andrea Williams	L3536		Manchester Harriers & Ac	58:44	
84	725	Amanda Trivett	L3521		Stockport Harriers & Ac	40:35	168	727	Clare Gaynor		Swinton Running Club	59:11	

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Sport  
Soft

169	309	Sandra Hutchinson	L5016	Middleton Harriers Ac	1:01:22
170	310	Alyson Lamb	L5511	Middleton Harriers Ac	1:03:38
171	301	Susan Bishop	L65 3	Middleton Harriers Ac	1:08:56

## Senior Women — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Trafford Athletic Club	33	—	4	Jackie Fairchild	7	Victoria O'Donnell	10	Jessica Oliverbell	12	Alison Drasdo
2	Wilmslow Running Club	72	—	8	Claire Stevinson	13	Louise Rudd	19	Sharon Johnstone	32	Katy Green
3	Sale Harriers Manchester	87	—	9	Emily Beedham	18	Hayley Cavill	29	Joanne Street	31	Tyra Watson
4	Stockport Harriers & Ac	87	—	11	Carmen Byrne	17	Kerrie Wooddoyle	25	Jayne Lawton	34	Rachel Blight
5	Salford Harriers	87	—	1	Hayley Kuter	2	Beverley Jenkins	22	Tania Hernandez	62	Diane Hooper
6	Trafford Athletic Club 'B'	102	—	15	Julia Leventon	21	Sally Woolhouse	26	Joanne Dawes	40	Joanne Lott
7	Manchester Triathlon	129	—	28	Sarah Rhodes	30	Viv Slack	33	Anna Thomas	38	Jude Wall
8	Macclesfield Harriers & Ac	129	—	14	Anne Farmer	20	Angela Jordan	41	Sarah Grady	54	Hanny Stockman
9	Altrincham & District AC	151	—	27	Sarah Macilness	36	Alison Vesev	39	Annmarie Jones	49	Alice Welch
10	E Cheshire H & Tameside AC	180	—	24	Sally Ratcliffe	46	Janine Ridgard	51	Emma McQueen	59	Janet Grint
11	Wilmslow Running Club 'B'	192	—	44	Kate Sutton	45	Christine Geraghty	48	Janine Ellis	55	Diane Bygrave
12	Sale Harriers Manchester 'B'	211	—	35	Jan Nichols	53	Helen Reagan	57	Zoe Gmerek	66	Jackie Cordingley
13	Manchester Triathlon 'B'	243	—	42	Lucy Foster	47	Deirdre McCarthy	76	Victoria Hinton	78	Sophie Barnett
14	Swinton Running Club	256	—	37	Lauren Marsden	52	Carly Appleby	60	Louise McLoughlin	107	Rebecca Mills
15	Macclesfield Harriers & Ac 'B'	280	—	58	Hales Sally Ann	63	Jo Miles	67	Sophie Kirk	92	Barbara Murray
16	Stockport Harriers & Ac 'B'	292	—	56	Helen Garner	73	Gillian Doolan	81	Amanda Trivett	82	Helen Todd
17	Sale Harriers Manchester 'C'	296	—	69	Carla Ousey	71	Lynda Rowlinson	77	Jenny Clink	79	Kate McLelland
18	St Helens Sutton Ac	325	—	5	Gemma Connolly	70	Julia Eccleston	124	Pam Appleton	126	Joanne Keogh
19	Belle Vue Racers	326	—	61	Laura Bryant	72	Corina Haynes	75	Annie Hirsch	118	Kath Horwill
20	Wilmslow Running Club 'C'	352	—	64	Louisa Harrison	65	Claire Hawkes	103	Sharon Jones	120	Nina Birch
21	Manchester Triathlon 'C'	365	—	85	Claire Deane	89	Sonia Harris	94	Claudia RoblesMorse	97	Helen Grimwood
22	Stockport Harriers & Ac 'C'	369	—	88	Amy Barter	90	Maureen Wilkins	95	Louise Harrison	96	Helen Fraser
23	Manchester Harriers & Ac	402	—	87	Sonya Hynes	91	Fiona Herbert	101	Fredelina Yong	123	Alyson Adams
24	Sale Harriers Manchester 'D'	427	—	83	Lauren Davies	84	Jennifer Simmons	109	Jennifer Cordingley	151	Jenny Miles
25	Middleton Harriers Ac	433	—	74	Lynne Higgins	110	Teresa Hollins	122	Kyrynda Hurstmoore	127	Elaine BladesJordan
26	Manchester Ymca Harriers	437	—	104	Steph Goodchild	106	Emma Parkin	113	Liz Hall	114	Emma Bedford
27	Manchester Triathlon 'D'	445	—	98	Deborah Tout	99	Alexa Good	116	Michelle Wilder	132	Jessica Mock
28	Swinton Running Club 'B'	530	—	121	Maggie McClelland	125	Lisa Ottiwell	136	Carol Hart	148	Lesleyann Wild
29	Manchester Harriers & Ac 'B'	549	—	130	Fiona Green	137	Lorraine Kelsey	139	Kathryn Holmes	143	Jodie Norton
30	Middleton Harriers Ac 'B'	555	—	128	Christine Comerford	129	Patricia Williams	146	Ruth Hare	152	Janice Pugh
31	Manchester Harriers & Ac 'C'	630	—	147	Caroline Baba	159	Mavis Gregory	161	Rosalyn Miles	163	Andrea Williams
32	Middleton Harriers Ac 'C'	647	—	156	Fiona Lamb	160	Sue Taylor	165	Sandra Hutchinson	166	Alyson Lamb

## Senior Women - U20 — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	805	\$Grace Birch		Manchester University	35:19
2	706	Sally Ratcliffe	LJ 1	E Cheshire H & Tameside AC	35:31
3	705	Tyra Watson	LJ 2	Sale Harriers Manchester	36:41
4	806	\$Jennifer Parker		University Of Manchester	37:29
5	525	Kate McLelland	LJ 3	Sale Harriers Manchester	40:26
6	327	Olivia McDermott	LJ 4	Salford Metropolitan Ac	41:56
7	471	Victoria Hartshorne	LJ 5	E Cheshire H & Tameside AC	42:33
8	809	\$Nicole Cottier		Unattached	47:43
9	655	Helena Dixson	LJ 6	MMU Harriers	50:56
10	664	M WinpennyTejedor	LJ 7	MMU Harriers	53:22

## Senior Women - U20 — TEAM RESULTS

No complete teams

# Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 22nd October 2011

## Senior Women (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	319	Beverley Jenkins	L40	1 Salford Harriers	32:06	53	230	Barbara Murray	L50	6 Macclesfield Harriers & Ac	41:47
2	645	Claire Stevinson	L35	1 Wilmslow Running Club	33:36	54	724	Louise Harrison	L3523	Stockport Harriers & Ac	41:58
3	93	Alison Drasdo	L40	2 Trafford Athletic Club	34:23	55	723	Helen Fraser	L50	7 Stockport Harriers & Ac	42:07
4	644	Louise Rudd	L35	2 Wilmslow Running Club	34:28	56	94	Sue Exon	L55	4 Trafford Athletic Club	42:41
5	222	Anne Farmer	L35	3 Macclesfield Harriers & Ac	34:38	57	633	Sharon Jones	L4511	Wilmslow Running Club	42:46
6	437	Sarah Kearney	L35	4 Wirral Ac	34:47	58	294	Steph Goodchild	L4512	Manchester Ymca Harriers	42:50
7	385	Kerrie Wooddoyle	L45	1 Stockport Harriers & Ac	34:48	59	180	Lynne Nichol	L4513	Altrincham & District AC	43:01
8	632	Sharon Johnstone	L35	5 Wilmslow Running Club	34:50	60	731	Sophie Seingier	L3524	Stockport Harriers & Ac	43:25
9	105	Sally Woolhouse	L35	6 Trafford Athletic Club	35:16	61	307	Teresa Hollins	L55	5 Middleton Harriers Ac	43:32
10	732	Diana Mitsum	L35	7 South Cheshire Harriers	35:29	62	383	Hilary West	L50	8 Stockport Harriers & Ac	43:40
11	378	Jayne Lawton	L40	3 Stockport Harriers & Ac	35:45	63	321	Julie Laverock	L4013	Salford Harriers	44:09
12	626	Katy Green	L35	8 Wilmslow Running Club	37:00	64	290	Emma Bedford	L3525	Manchester Ymca Harriers	44:25
13	369	Rachel Blight	L35	9 Stockport Harriers & Ac	37:10	65	473	Maggie Holt	L50	9 E Cheshire H & Tameside AC	44:29
14	527	Jan Nichols	L40	4 Sale Harriers Manchester	37:15	66	286	Michelle Wilder	L4014	Manchester Triathlon	44:35
15	183	Alison Vesey	L45	2 Altrincham & District AC	37:18	67	195	Kath Horwill	L3526	Belle Vue Racers	44:45
16	165	Lauren Marsden	L3510	Swinton Running Club	37:19	68	191	Cecilia Boodhoo	L5010	Belle Vue Racers	44:49
17	283	Jude Wall	L3511	Manchester Triathlon	37:23	69	166	Maggie McClelland	L5011	Swinton Running Club	44:59
18	176	Annmarie Jones	L55	1 Altrincham & District AC	37:26	70	308	Kyrinda Hurstmoore	L4514	Middleton Harriers Ac	45:04
19	100	Joanne Lott	L45	3 Trafford Athletic Club	37:32	71	6	Alyson Adams	L4515	Manchester Harriers & Ac	45:05
20	224	Sarah Grady	L3512	Macclesfield Harriers & Ac	37:38	72	689	Pam Appleton	L55	6 St Helens Sutton Ac	45:06
21	721	Maggie Fenn	L3513	Vale Royal Ac	37:49	73	169	Lisa Ottiwell	L3527	Swinton Running Club	45:13
22	647	Kate Sutton	L45	4 Wilmslow Running Club	37:50	74	345	Joanne Keogh	L3528	St Helens Sutton Ac	45:22
23	624	Christine Geraghty	L45	5 Wilmslow Running Club	37:52	75	302	Elaine BladesJordan	L35	29Middleton Harriers Ac	45:25
24	477	Janine Ridgard	L45	6 E Cheshire H & Tameside AC	37:53	76	303	Christine Comerford	L5012	Middleton Harriers Ac	45:27
25	623	Janine Ellis	L40	5 Wilmslow Running Club	38:04	77	315	Patricia Williams	L55	7 Middleton Harriers Ac	45:45
26	185	Alice Welch	L3514	Altrincham & District AC	38:09	78	14	Fiona Green	L3530	Manchester Harriers & Ac	46:13
27	474	Emma McQueen	L40	6 E Cheshire H & Tameside AC	38:17	79	343	Chris Dempsey	L5013	St Helens Sutton Ac	46:21
28	531	Helen Reagan	L40	7 Sale Harriers Manchester	38:37	80	272	Jessica Mock	L3531	Manchester Triathlon	46:29
29	234	Hanny Stockman	L45	7 Macclesfield Harriers & Ac	38:51	81	634	Julie Lucas	L4516	Wilmslow Running Club	46:39
30	622	Diane Bygrave	L3515	Wilmslow Running Club	39:02	82	730	Janet Wild	L4015	Wilmslow Running Club	46:41
31	374	Helen Garner	L40	8 Stockport Harriers & Ac	39:04	83	164	Carol Hart	L5014	Swinton Running Club	46:46
32	519	Zoe Gmerek	L3516	Sale Harriers Manchester	39:08	84	269	Sarah Kenny	L3532	Manchester Triathlon	47:24
33	225	Hales Sally Ann	L50	1 Macclesfield Harriers & Ac	39:09	85	17	Kathryn Holmes	L4517	Manchester Harriers & Ac	48:19
34	470	Janet Grint	L3517	E Cheshire H & Tameside AC	39:10	86	330	Mandy Webber	L4518	Salford Metropolitan Ac	48:24
35	167	Louise McLoughlin	L40	9 Swinton Running Club	39:12	87	629	Gail Hill	L3533	Wilmslow Running Club	48:30
36	318	Diane Hooper	L45	8 Salford Harriers	39:16	88	64	Sarah Robinson	L4016	Manchester Frontrunners	48:43
37	722	Jo Miles	L45	9 Macclesfield Harriers & Ac	39:18	89	305	Ruth Hare	L55	8 Middleton Harriers Ac	49:20
38	627	Louisa Harrison	L3518	Wilmslow Running Club	39:19	90	728	Lesleyann Wild	L4017	Swinton Running Club	50:00
39	628	Claire Hawkes	L50	2 Wilmslow Running Club	39:21	91	229	Pauline Lynch	L65	1 Macclesfield Harriers & Ac	50:16
40	514	Jackie Cordingley	L50	3 Sale Harriers Manchester	39:27	92	529	Jenny Miles	L60	1 Sale Harriers Manchester	51:33
41	529	Carla Ousey	L3519	Sale Harriers Manchester	39:41	93	312	Janice Pugh	L55	9 Middleton Harriers Ac	53:01
42	344	Julia Eccleston	L3520	St Helens Sutton Ac	39:50	94	196	Marie Lavin	L4519	Belle Vue Racers	53:43
43	536	Lynda Rowlinson	L50	4 Sale Harriers Manchester	39:53	95	311	Fiona Lamb	L4520	Middleton Harriers Ac	54:02
44	193	Corina Haynes	L50	5 Belle Vue Racers	40:04	96	154	Sian Grant	L3534	Warrington Tri Club	54:06
45	373	Gillian Doolan	L4010	Stockport Harriers & Ac	40:07	97	155	Tracy Hampson	L3535	Warrington Tri Club	54:06
46	194	Annie Hirsch	L55	2 Belle Vue Racers	40:14	98	15	Mavis Gregory	L65	2 Manchester Harriers & Ac	55:46
47	725	Amanda Trivett	L3521	Stockport Harriers & Ac	40:35	99	314	Sue Taylor	L5015	Middleton Harriers Ac	57:08
48	381	Helen Todd	L55	3 Stockport Harriers & Ac	40:39	100	22	Rosalyn Picton	L4018	Manchester Harriers & Ac	57:12
49	261	Claire Deane	L4011	Manchester Triathlon	40:53	101	348	Pauline Picton	L5510	St Helens Sutton Ac	57:25
50	66	Ruth Travis	L3522	Manchester Frontrunners	40:57	102	28	Andrea Williams	L3536	Manchester Harriers & Ac	58:44
51	265	Sonia Harris	L4012	Manchester Triathlon	41:23	103	309	Sandra Hutchinson	L5016	Middleton Harriers Ac	1:01:22
52	384	Maureen Wilkins	L4510	Stockport Harriers & Ac	41:25	104	310	Alyson Lamb	L5511	Middleton Harriers Ac	1:03:38
						105	301	Susan Bishop	L65	3 Middleton Harriers Ac	1:08:56

## Senior Women (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow Running Club	14	—	2	Claire Stevinson	4	Louise Rudd	8	Sharon Johnstone
2	Stockport Harriers & Ac	31	—	7	Kerrie Wooddoyle	11	Jayne Lawton	13	Rachel Blight
3	Trafford Athletic Club	31	—	3	Alison Drasdo	9	Sally Woolhouse	19	Joanne Lott
4	Macclesfield Harriers & Ac	54	—	5	Anne Farmer	20	Sarah Grady	29	Hanny Stockman
5	Wilmslow Running Club 'B'	57	—	12	Katy Green	22	Kate Sutton	23	Christine Geraghty
6	Altrincham & District AC	59	—	15	Alison Vesey	18	Annmarie Jones	26	Alice Welch
7	Sale Harriers Manchester	74	—	14	Jan Nichols	28	Helen Reagan	32	Zoe Gmerek
8	E Cheshire H & Tameside AC	85	—	24	Janine Ridgard	27	Emma McQueen	34	Janet Grint
9	Wilmslow Running Club 'C'	93	—	25	Janine Ellis	30	Diane Bygrave	38	Louisa Harrison
10	Salford Harriers	100	—	1	Beverley Jenkins	36	Diane Hooper	63	Julie Laverock
11	Manchester Triathlon	117	—	17	Jude Wall	49	Claire Deane	51	Sonia Harris
12	Swinton Running Club	120	—	16	Lauren Marsden	35	Louise McLoughlin	69	Maggie McClelland
13	Stockport Harriers & Ac 'B'	123	—	31	Helen Garner	45	Gillian Doolan	47	Amanda Trivett
14	Macclesfield Harriers & Ac 'B'	123	—	33	Hales Sally Ann	37	Jo Miles	53	Barbara Murray
15	Sale Harriers Manchester 'B'	124	—	40	Jackie Cordingley	41	Carla Ousey	43	Lynda Rowlinson
16	Stockport Harriers & Ac 'C'	154	—	48	Helen Todd	52	Maureen Wilkins	54	Louise Harrison
17	Belle Vue Racers	157	—	44	Corina Haynes	46	Annie Hirsch	67	Kath Horwill
18	Stockport Harriers & Ac 'D'	177	—	55	Helen Fraser	60	Sophie Seingier	62	Hilary West
19	Wilmslow Running Club 'D'	177	—	39	Claire Hawkes	57	Sharon Jones	81	Julie Lucas
20	St Helens Sutton Ac	188	—	42	Julia Eccleston	72	Pam Appleton	74	Joanne Keogh
21	Middleton Harriers Ac	206	—	61	Teresa Hollins	70	Kyrinda Hurstmoore	75	Elaine BladesJordan
22	Manchester Triathlon 'B'	230	—	66	Michelle Wilder	80	Jessica Mock	84	Sarah Kenny
23	Manchester Harriers & Ac	234	—	71	Alyson Adams	78	Fiona Green	85	Kathryn Holmes
24	Middleton Harriers Ac 'B'	242	—	76	Christine Comerford	77	Patricia Williams	89	Ruth Hare
25	Swinton Running Club 'B'	246	—	73	Lisa Ottiwell	83	Carol Hart	90	Lesleyann Wild
26	Middleton Harriers Ac 'C'	287	—	93	Janice Pugh	95	Fiona Lamb	99	Sue Taylor
27	Manchester Harriers & Ac 'B'	300	—	98	Mavis Gregory	100	Rosalyn Miles	102	Andrea Williams

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)  
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight



169	603	Craig Sephton	V4033	Vale Royal AC	43:00	260	59	Lee Marjoram	V4048	Manchester Frontrunners	46:53
170	621	Mick Fairs	V60	3 Wilmslow RC	43:10	261	193	Simon Granger		Manchester Triathlon	46:56
171	273	Dave Shaw	V4527	Salford H&ac	43:11	262	199	Dave Harrison		Manchester Triathlon	46:58
172	434	Derek Hughes	V50	8 E Cheshire H&tameside AC	43:12	263	240	Geoff Cotterill	V5511	Manchester Ymca H	47:03
173	67	Roberto Raso	V4528	Manchester Frontrunners	43:12	264	56	Darren Jackson		Manchester Frontrunners	47:12
174	197	Colin Hammond	V4529	Manchester Triathlon	43:16	265	416	John Bowker	V4544	E Cheshire H&tameside AC	47:13
175	166	Calum Murray	U2012	Macclesfield H&ac	43:17	266	504	Jerry Smith	V5512	Sale H Manchester	47:14
176	408	Gareth Woodcock		Trafford AC	43:18	267	148	James Corrigan		Belle Vue Racers	47:18
177	598	Andrew Hartshorne		E Cheshire H&tameside AC	43:20	268	623	Tommy Temple	V5513	Salford H&ac	47:19
178	624	Dave Ainsworth	V50	9 Altrincham&district AC	43:20	269	315	Roger Coleman	V5019	Stockport H&ac	47:22
179	412	Peter Weatherhead	V60	4 Wirral AC	43:21	270	711	\$Ahmed Demnati		Unattached	47:28
180	17	Lloyd Barlow	V4034	Manchester H&ac	43:22	271	634	Brendon Dempsey	V4049	Salford H&ac	47:29
181	702	\$Tony Ratcliffe		Saddleworth Runners Club	43:23	272	22	Michael Cunningham	V65	2Manchester H&ac	47:36
182	410	John Cross	V4035	Wirral AC	43:24	273	104	Paul Rutherford	V4545	Swinton RC	47:40
183	614	Tony Archer	V55	4 Vale Royal AC	43:25	274	594	Phil Robinson	V4050	St Helens Sutton AC	47:44
184	522	James Eyre		Wilmslow RC	43:27	275	251	Jon Paramor	V6010	Manchester Ymca H	47:48
185	604	Tim Walton	V4036	Macclesfield H&ac	43:29	276	602	Michael Ogden	V4546	Manchester Triathlon	47:55
186	646	David Telford	V60	5 Altrincham&district AC	43:33	277	235	Jan Wong		Manchester Triathlon	47:56
187	243	Eddie Gilligan	V4530	Manchester Ymca H	43:33	278	171	Alan Webster	V5020	Macclesfield H&ac	47:57
188	69	Ian Roberts		Manchester Frontrunners	43:34	279	117	Andrew Barton		Altrincham&district AC	47:58
189	86	Mark Walker	V4037	Warrington Tri Club	43:38	280	70	Stephen Scott		Manchester Frontrunners	48:00
190	600	Robert Bainbridge	U2013	MMU Harriers	43:39	281	610	Oliver Johnstone	V4051	Macclesfield H&ac	48:07
191	441	Kevin Kyte		E Cheshire H&tameside AC	43:40	282	202	Jake Holmes		Manchester Triathlon	48:08
192	255	Ian Wilding		Manchester Ymca H	43:45	283	244	Mark Griffiths		Manchester Ymca H	48:15
193	483	Alastair Kell	V4038	Sale H Manchester	43:47	284	157	John Anderson	V4547	Macclesfield H&ac	48:16
194	334	Matt Moran		Stockport H&ac	43:48	285	66	Joaquin Ramosgallego		Manchester Frontrunners	48:17
195	155	Nigel Sedman	V4531	Belle Vue Racers	43:51	286	63	Lucas Nightingale		Manchester Frontrunners	48:21
196	718	\$Matthew Harris		Rossendale Tri Club	43:54	287	269	Vincent Murphy	V65	3 Salford H&ac	48:22
197	215	Tim McTavish		Manchester Triathlon	43:56	288	606	Jonathan Harper	V4052	Wilmslow RC	48:23
198	3	Dominic Byrne		ABC Runners	43:58	289	284	Chris Jones	V4548	Salford Met AC	48:28
199	163	Steve Lomas	V4039	Macclesfield H&ac	43:58	290	120	Chris Bostock		Altrincham&district AC	48:31
200	496	Tim Rainey	V4532	Sale H Manchester	44:02	291	223	John Pegington		Manchester Triathlon	48:31
201	639	James McInerrey		Belle Vue Racers	44:04	292	254	Steve Symons	V4549	Manchester Ymca H	48:31
202	161	Julian Brown	V4533	Macclesfield H&ac	44:07	293	447	Keith Parker	V5021	E Cheshire H&tameside AC	48:36
203	439	Paul Kenny	V5010	E Cheshire H&tameside AC	44:08	294	321	Nigel Harrison	V4550	Stockport H&ac	48:42
204	129	Clive Greatorex	V4534	Altrincham&district AC	44:09	295	81	Charles Eggleston	V4551	Warrington Tri Club	48:42
205	234	Gary Wolstencroft	V4040	Manchester Triathlon	44:13	296	184	Andy Chalmers	V4552	Manchester Triathlon	48:42
206	568	Liam Boardman		MMU Harriers	44:13	297	344	Nick Roberts	V4053	Stockport H&ac	48:54
207	567	Craig Birch		MMU Harriers	44:17	298	571	Mark Cook	U2015	MMU Harriers	48:56
208	320	Tim Hargreaves	V5011	Stockport H&ac	44:19	299	580	Edward Preston		MMU Harriers	49:01
209	78	Jon Britton	V4041	Warrington Tri Club	44:21	300	124	Colin Davies	V6011	Altrincham&district AC	49:04
210	10	Christian Loney		ABC Runners	44:26	301	268	Dennis Moran	V65	4 Salford H&ac	49:08
211	246	Rob Kedian		Manchester Ymca H	44:30	302	637	Tom Lavin	V5022	Altrincham&district AC	49:11
212	533	Richard Hiron	V4535	Wilmslow RC	44:31	303	154	Frank Rogers		Belle Vue Racers	49:11
213	425	Andrew Farley	V5012	E Cheshire H&tameside AC	44:34	304	173	Mark Wheelton	V5023	Macclesfield H&ac	49:12
214	423	Kevin Duckworth	V5013	E Cheshire H&tameside AC	44:35	305	560	Alan Garvey	V5514	Middleton H AC	49:14
215	203	Ewan Holton		Manchester Triathlon	44:35	306	153	Andy Roberts	V4553	Belle Vue Racers	49:15
216	99	Roger Parris	V5014	Swinton RC	44:39	307	442	Steve Lyons	V4554	E Cheshire H&tameside AC	49:26
217	558	Paul Collinge	V55	5 Middleton H AC	44:40	308	285	Stuart Mairs		Salford Met AC	49:26
218	426	Tony Faulkner	V4042	E Cheshire H&tameside AC	44:43	309	151	Barry Guy	V6012	Belle Vue Racers	49:27
219	467	Frank Cordingley	V5015	Sale H Manchester	44:45	310	279	Jack Carney	V5515	Salford Met AC	49:31
220	608	Joe DeSousa	V4043	Macclesfield H&ac	44:53	311	574	Lewis Green		MMU Harriers	49:32
221	156	Bernard Wagner		Belle Vue Racers	44:53	312	631	Rick Whalley	V4054	ABC Runners	49:37
222	548	Hamish Shaw		Wilmslow RC	44:53	313	250	Mike O'Brien	V5024	Manchester Ymca H	49:42
223	582	Samuel Thornborrow		MMU Harriers	44:56	314	611	Nigel Goldfinch	V4055	Manchester Frontrunners	50:04
224	472	Bill Fox	V55	6 Sale H Manchester	44:57	315	131	Mike Jones	V5516	Altrincham&district AC	50:11
225	607	Thomas Peoples		Salford H&ac	44:58	316	583	Matty Vee		MMU Harriers	50:15
226	222	Jignesh Patel		Manchester Triathlon	44:59	317	50	Jose Fernandez		Manchester Frontrunners	50:21
227	72	Peter Symonds	V5016	Manchester Frontrunners	45:03	318	455	Miran Aprahamian	V5517	Sale H Manchester	50:42
228	301	Peter Johnson	V4044	St Helens Sutton AC	45:09	319	28	Steve McCall	V5025	Manchester H&ac	51:01
229	97	Andy Land	V4536	Swinton RC	45:10	320	57	Paul Jaggs		Manchester Frontrunners	51:19
230	275	Gary Thomason	V5017	Salford H&ac	45:16	321	64	Andy Parkinson		Manchester Frontrunners	51:20
231	149	Philip D'netto	V4045	Belle Vue Racers	45:29	322	2	Gary Birch		ABC Runners	51:21
232	438	Alan Kennedy	V4537	E Cheshire H&tameside AC	45:32	323	85	Nick Riding		Warrington Tri Club	51:23
233	645	Aron Myers		Wilmslow RC	45:33	324	13	Adrian Moylan		ABC Runners	52:00
234	525	Paul Garnett	V4538	Wilmslow RC	45:34	325	145	Ali Alsaadi		Belle Vue Racers	52:02
235	21	Jim Brett	V55	7 Manchester H&ac	45:38	326	632	Craig Sutherland	V5026	Middleton H AC	52:06
236	430	Tony Hillier	V60	6 E Cheshire H&tameside AC	45:44	327	345	Alan Rogers	V4056	Stockport H&ac	52:08
237	566	Mike Barry		MMU Harriers	45:45	328	641	Ian Rothwell	V5027	E Cheshire H&tameside AC	52:10
238	715	\$Kris Robinson	V4046	Rochdale Harriers & Ac	45:48	329	100	John Pickup	V5028	Swinton RC	52:11
239	33	Chris Sewart		Manchester H&ac	45:49	330	616	Peter Huxley		Middleton H AC	52:17
240	512	Jon Bale	V4539	Wilmslow RC	45:53	331	281	Brian Eyre	V5518	Salford Met AC	52:32
241	304	Alan McNally	V4540	St Helens Sutton AC	45:55	332	182	Andy Brigg		Manchester Triathlon	53:08
242	719	\$Kevin Fingleton	V55	8 Unattached	45:56	333	415	Howard Bamber	V5519	E Cheshire H&tameside AC	53:33
243	526	Geoff Gilbert	V55	9 Wilmslow RC	46:00	334	71	John Smith		Manchester Frontrunners	53:43
244	220	Keith Nutter	V4047	Manchester Triathlon	46:02	335	39	Dave Wood	V5029	Manchester H&ac	53:45
245	357	Robin Beaumont	V4541	Trafford AC	46:04	336	487	James Lambe	V4555	Sale H Manchester	53:47
246	332	Steve Matkin	V5018	Stockport H&ac	46:09	337	323	John Hughes	V4556	Stockport H&ac	53:55
247	30	Mike Nolan	V5510	Manchester H&ac	46:11	338	528	James Gowin		Wilmslow RC	54:12
248	83	John Hobson		Warrington Tri Club	46:14	339	36	William Staniard	V4557	Manchester H&ac	54:25
249	314	James Cashin		Stockport H&ac	46:15	340	622	Denis Kelly	V4057	Manchester H&ac	54:39
250	261	Ken Houghtonwalsh	V4542	Salford H&ac	46:18	341	52	Michael Goldie		Manchester Frontrunners	54:45
251	176	Mark Barker	V4543	Manchester Triathlon	46:19	342	713	\$John Purdy	V5520	Rochdale Harriers & Ac	54:59
252	470	Adam Dooley	U2014	Sale H Manchester	46:19	343	168	David Shoesmith	V5521	Macclesfield H&ac	55:08
253	55	Dave Hedges		Manchester Frontrunners	46:33	344	94	Steve Hart	V5030	Swinton RC	55:19
254	570	Gary Chadwick		MMU Harriers	46:36	345	595	Paul Hudson	V5522	Vale Royal AC	55:36
255	47	Chris Cooper		Manchester Frontrunners	46:38	346	557	Anthony Berkeley	V4058	Middleton H AC	55:41
256	237	David Ashton	V60	7 Manchester Ymca H	46:38	347	112	David Williamson	V4059	Swinton RC	55:49
257	640	Gordon Johnston		Salford Met AC	46:40	348	601	Dave Batty	V4558	Swinton RC	56:05
258	539	Gavin Mendham	V60	8 Wilmslow RC	46:48	349	701	\$John Hindley	V5523	Saddleworth Runners Club	56:33
259	529	Patrick Grannan	V60	9 Wilmslow RC	46:51	350	187	Darren Cooper		Manchester Triathlon	56:48

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: [graham@race-results.co.uk](mailto:graham@race-results.co.uk)

Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

SportSoft



351	25	David Gregory	V65 5 Manchester H&ac	56:53	357	226	Lee Skinnion	V4560 Manchester Triathlon	58:34
352	105	Paul Shier	Swinton RC	56:53	358	150	Kevin Egerton	V5524 Belle Vue Racers	59:16
353	440	Paul Kilbey	V65 6 E Cheshire H&tameside AC	57:03	359	53	Christian Guerreiro	Manchester Frontrunners	59:57
354	249	Ian Manners	V4559 Manchester Ymca H	57:05	360	523	Trevor Faulkner	V65 8 Wilmslow RC	1:02:18
355	451	David Salmon	V65 7 E Cheshire H&tameside AC	57:07	361	106	Andy Smith	Swinton RC	1:03:48
356	618	Glen Turner	V4060 Manchester Frontrunners	58:06	362	311	Chris Bryans	V70 1 Stockport H&ac	1:08:17

## Senior Men — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Salford H&ac	94	—	7	Matthew Shaw	12	Mark Russell	15	Robert Hughes	18	Dave Lockett	19	Howard Mead	23	James Williams
2	Sale H Manchester	106	—	4	James Bailey	8	Niall Brooks	16	Ian Wetherall	22	Ben Scarlett	27	Michael Hatch	29	Gareth Raven
3	Trafford AC	178	—	5	Graham Hogg	9	Gavin Tomlinson	28	John Howe	34	Chris Leigh	44	Kevin Brydon	58	Mike Hutchinson
4	Stockport H&ac	186	—	10	Jack Morris	11	James Scottbuc	36	Adrian Nutter	41	Phil Burns	43	Paul Payne	45	James Corden
5	E Cheshire H&tameside AC	247	—	3	Simon Horsefield	33	Joe Hudak	38	Howard Oldham	54	John Slone	55	Gary Matthews	64	Matthew Merson
6	Sale H Manchester	280	—	31	Matt Holmes	39	Mike Kilmartin	49	Josh Oguntayo	52	Phil Scowcroft	53	Peter Crawford	56	Mike Ashby
7	Wilmslow RC	283	—	14	Malcolm Fowler	17	Rob Downs	26	Jim Pendrill	47	Tom McGaff	88	Graham Screawn	91	Stuart Parrott
8	Salford H&ac	358	—	30	Dave Hudson	40	Mike Grace	57	Paul Birkett	61	Callum Corneille	81	Mark Seed	89	Billy McCartney
9	Altrincham&district AC	359	—	2	David Norman	6	Nick Leigh	67	Phil Nichol	70	Ryan Ganose	78	Adrian Fuller	136	Duncan Wilson
10	Sale H Manchester	468	—	62	Gary Rowlinson	68	Steven Townley	73	Andrew Mooney	84	Paul Barrett	86	Elton Davies	95	Christopher Heys
11	Stockport H&ac	478	—	50	Kevan Garner	51	James Grannan	63	Pete Rogers	82	Richard Marilton	109	Robert Taylor	123	Paul Nutter
12	Manchester Triathlon	483	—	25	Paul Hawkins	46	Joe Skipper	72	Paul Schofield	87	Steven Worthington	113	Andy Quicke	140	Andy Adkin
13	E Cheshire H&tameside AC	563	—	69	Stephen Robinson	80	Liam Browne	85	Glenn Piper	94	Simon Grundy	111	Andrew Poole	124	Phillip Jacques
14	Swinton RC	577	—	66	Darren Russell	71	Dan Bird	77	Steve Doxey	79	Daniel Appleby	126	Mark Birchall	158	Chris Lomax
15	Macclesfield H&ac	629	—	35	James Noakes	42	Mark Walker	92	Chris Bentley	117	Robert Wilson	167	Calum Murray	176	Tim Walton
16	St Helens Sutton AC	677	—	60	Jamie White	98	Conor Murphy	102	Barry Graney	130	Rob Marsh	131	Ian Hayburn	156	Mark Liptrot
17	ABC Runners	685	—	20	Ian Roberts	93	Chris Wilson	120	Chris Green	127	Andrew Berry	137	Matt Shillabeer	188	Dominic Byrne
18	Manchester H&ac	721	—	32	Ed Fazakerley	65	Andy Skitt	83	Liam Bartlett	144	Matt Whitehead	172	Lloyd Barlow	225	Jim Brett
19	Trafford AC	739	—	75	Vinny Booth	104	Dick Byers	115	Paul Mannion	122	Duncan Drasdo	155	Dave Maher	168	Gareth Woodcock
20	Sale H Manchester	770	—	97	Nicholas Whittle	99	Carl Barber	118	Alan Pitman	121	David Rich	151	Steve Gavin	184	Alastair Kell
21	Wilmslow RC	854	—	119	Mark Bale	128	Ray Eagle	134	Steven Wyatt	154	Peter Stock	157	Steve Smith	162	Mick Fairs
22	E Cheshire H&tameside AC	882	—	125	Saul Gallagher	135	Francis Day	141	Barry Hirst	148	Daniel Bamber	164	Derek Hughes	169	Andrew Hartshorne
23	Manchester Ymca H	902	—	74	David Garner	114	Lee Dunn	152	Roger Carter	178	Eddie Gilligan	183	Ian Wilding	201	Rob Kedian
24	Salford H&ac	940	—	100	James O'Connor	103	Ian Jackson	139	Ronald Warrender	163	Dave Shaw	215	Thomas Peoples	220	Gary Thomason
25	Manchester Triathlon	950	—	145	Alan Burton	146	Roger Thomas	147	Andrew Lothian	159	Llyr Hughes	166	Colin Hammond	187	Tim McTavish
26	Altrincham&district AC	982	—	138	Matt Billingham	143	Daniel Sate	160	David Livingstone	170	Dave Ainsworth	177	David Telford	194	Clive Greatorex
27	Manchester Frontrunners	1002	—	90	Daniel Murphy	110	Jonathon Guildford	165	Roberto Raso	179	Ian Roberts	217	Peter Symonds	241	Dave Hedges
28	Stockport H&ac	1011	—	129	Frank Reilly	132	Graham Marsland	133	Mike Shaw	185	Matt Moran	198	Tim Hargreaves	234	Steve Matkin
29	Middleton H AC	1056	—	21	Michael Flatley	107	David Williams	116	Alan Battersby	207	Paul Collinge	292	Alan Garvey	313	Craig Sutherland
30	MMU Harriers	1090	—	150	Ryan Bromley	153	Luke McCrave	181	Robert Bainbridge	196	Liam Boardman	197	Craig Birch	213	Samuel Thornborrow
31	Warrington Tri Club	1145	—	106	Carl Bibby	142	Daniel Chesters	180	Mark Walker	199	Jon Britton	236	John Hobson	282	Charles Eggleston
32	E Cheshire H&tameside AC	1212	—	182	Kevin Kyte	193	Paul Kenny	203	Andrew Farley	204	Kevin Duckworth	208	Tony Faulkner	222	Alan Kennedy
33	Belle Vue Racers	1213	—	149	Chris McDermott	186	Nigel Sedman	191	James McInerrey	211	Bernard Wagner	221	Philip D'netto	255	James Corrigan
34	Wilmslow RC	1265	—	175	James Eyre	202	Richard Hiron	212	Hamish Shaw	223	Aron Myers	224	Paul Garnett	229	Jon Bale
35	Manchester Triathlon	1336	—	195	Gary Wolstencroft	205	Ewan Holton	216	Jignesh Patel	232	Keith Nutter	239	Mark Barker	249	Simon Granger
36	Macclesfield H&ac	1395	—	189	Steve Lomas	192	Julian Brown	210	Joe DeSousa	265	Alan Webster	268	Oliver Johnstone	271	John Anderson
37	Sale H Manchester	1412	—	190	Tim Rainey	209	Frank Cordingley	214	Bill Fox	240	Adam Dooley	254	Jerry Smith	305	Miran Aprahamian
38	Salford Met AC	1536	—	105	Paul Connolly	245	Gordon Johnston	276	Chris Jones	295	Stuart Mairs	297	Jack Carney	318	Brian Eyre
39	Manchester Frontrunners	1555	—	243	Chris Cooper	248	Lee Marjoram	252	Darren Jackson	267	Stephen Scott	272	Joaquin Ramosgallego	273	Lucas Nightingale
40	Manchester Ymca H	1606	—	244	David Ashton	251	Geoff Cotterill	262	Jon Paramor	270	Mark Griffiths	279	Steve Symons	300	Mike O'Brien
41	Manchester Triathlon	1607	—	250	Dave Harrison	263	Michael Ogden	264	Jan Wong	269	Jake Holmes	278	John Pegington	283	Andy Chalmers
42	MMU Harriers	1641	—	227	Mike Barry	242	Gary Chadwick	285	Mark Cook	286	Edward Preston	298	Lewis Green	303	Matty Vee
43	Swinton RC	1664	—	206	Roger Parris	219	Andy Land	260	Paul Rutherford	316	John Pickup	330	Steve Hart	333	David Williamson
44	Wilmslow RC	1669	—	231	Geoff Gilbert	246	Gavin Mendham	247	Patrick Grannan	275	Jonathan Harper	325	James Gowin	345	Trevor Faulkner
45	Manchester H&ac	1676	—	228	Chris Sewart	235	Mike Nolan	259	Michael Cunningham	306	Steve McCall	322	Dave Wood	326	William Staniard
46	E Cheshire H&tameside AC	1688	—	226	Tony Hillier	253	John Bowker	280	Keith Parker	294	Steve Lyons	315	Ian Rothwell	320	Howard Bamber
47	Stockport H&ac	1697	—	237	James Cashin	257	Roger Coleman	281	Nigel Harrison	284	Nick Roberts	314	Alan Rogers	324	John Hughes
48	Manchester Frontrunners	1869	—	301	Nigel Goldfinch	304	Jose Fernandez	307	Paul Jaggs	308	Andy Parkinson	321	John Smith	328	Michael Goldie

# Manchester Area Cross Country League at Heaton Park, Manchester on Saturday 22nd October 2011

## Senior Men (Vets) — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time							
1	271	Mark Russell	V40 1	Salford H&ac	35:04	85	243	Eddie Gilligan	V4530	Manchester Ymca H	43:33	
2	524	Malcolm Fowler	V45 1	Wilmslow RC	35:09	86	86	Mark Walker	V4037	Warrington Tri Club	43:38	
3	505	Ian Wetherall	V40 2	Sale H Manchester	35:37	87	483	Alastair Kell	V4038	Sale H Manchester	43:47	
4	520	Rob Downs	V45 2	Wilmslow RC	35:40	88	155	Nigel Sedman	V4531	Belle Vue Racers	43:51	
5	265	Dave Lockett	V45 3	Salford H&ac	35:51	89	163	Steve Lomas	V4039	Macclesfield H&ac	43:58	
6	716	\$Andy Buttery	V40 3	Rossendale Harriers & Ac	36:08	90	496	Tim Rainey	V4532	Sale H Manchester	44:02	
7	559	Michael Flatley	V40 4	Middleton H AC	36:19	91	161	Julian Brown	V4533	Macclesfield H&ac	44:07	
8	544	Jim Pendrill	V40 5	Wilmslow RC	36:44	92	439	Paul Kenny	V5010	E Cheshire H&tameside AC	44:08	
9	23	Ed Fazakerley	V40 6	Manchester H&ac	37:13	93	129	Clive Greatorex	V4534	Altrincham&district AC	44:09	
10	385	Chris Leigh	V40 7	Trafford AC	37:25	94	234	Gary Wolstencroft	V4040	Manchester Triathlon	44:13	
11	167	James Noakes	V40 8	Macclesfield H&ac	37:27	95	320	Tim Hargreaves	V5011	Stockport H&ac	44:19	
12	643	Timothy Bedford	V40 9	Warrington Athletic Club	37:30	96	78	Jon Britton	V4041	Warrington Tri Club	44:21	
13	342	Paul Payne	V4010	Stockport H&ac	37:59	97	533	Richard Hiron	V4535	Wilmslow RC	44:31	
14	316	James Corden	V4011	Stockport H&ac	38:01	98	425	Andrew Farley	V5012	E Cheshire H&tameside AC	44:34	
15	538	Tom McGaff	V55 1	Wilmslow RC	38:10	99	423	Kevin Duckworth	V5013	E Cheshire H&tameside AC	44:35	
16	317	Kevan Garner	V45 4	Stockport H&ac	38:13	100	99	Roger Parris	V5014	Swinton RC	44:39	
17	443	Gary Matthews	V50 1	E Cheshire H&tameside AC	38:25	101	558	Paul Collinge	V55 5	Middleton H AC	44:40	
18	256	Paul Birkett	V45 5	Salford H&ac	38:29	102	426	Tony Faulkner	V4042	E Cheshire H&tameside AC	44:43	
19	382	Mike Hutchinson	V45 6	Trafford AC	38:34	103	467	Frank Cordingley	V5015	Sale H Manchester	44:45	
20	500	Gary Rowlinson	V45 7	Sale H Manchester	38:41	104	608	Joe DeSousa	V4043	Macclesfield H&ac	44:53	
21	347	Pete Rogers	V45 8	Stockport H&ac	38:42	105	472	Bill Fox	V55 6	Sale H Manchester	44:57	
22	133	Phil Nichol	V45 9	Altrincham&district AC	39:05	106	72	Peter Symonds	V5016	Manchester Frontrunners	45:03	
23	450	Stephen Robinson	V50 2	E Cheshire H&tameside AC	39:11	107	301	Peter Johnson	V4044	St Helens Sutton AC	45:09	
24	225	Paul Schofield	V4012	Manchester Triathlon	39:17	108	97	Andy Land	V4536	Swinton RC	45:10	
25	242	David Garner	V4510	Manchester Ymca H	39:21	109	275	Gary Thomason	V5017	Salford H&ac	45:16	
26	361	Vinny Booth	V4511	Trafford AC	39:23	110	149	Phillip D'netto	V4045	Belle Vue Racers	45:29	
27	642	Gary Bergin	V4013	Warrington Athletic Club	39:24	111	438	Alan Kennedy	V4537	E Cheshire H&tameside AC	45:32	
28	91	Steve Doxey	V50 3	Swinton RC	39:25	112	525	Paul Garnett	V4538	Wilmslow RC	45:34	
29	272	Mark Seed	V4014	Salford H&ac	39:40	113	21	Jim Brett	V55 7	Manchester H&ac	45:38	
30	329	Richard Marlon	V4015	Stockport H&ac	39:41	114	430	Tony Hillier	V60 6	E Cheshire H&tameside AC	45:44	
31	448	Glenn Piper	V4512	E Cheshire H&tameside AC	39:46	115	715	\$Kris Robinson	V4046	Rochdale Harriers & Ac	45:48	
32	547	Graham Screawin	V4016	Wilmslow RC	39:52	116	512	Jon Bale	V4539	Wilmslow RC	45:53	
33	543	Stuart Parrott	V4513	Wilmslow RC	39:56	117	304	Alan McNally	V4540	St Helens Sutton AC	45:55	
34	15	Chris Wilson	V4017	ABC Runners	39:59	118	719	\$Kevin Fingleton	V55 8	Unattached	45:56	
35	428	Simon Grundy	V4514	E Cheshire H&tameside AC	40:05	119	526	Geoff Gilbert	V55 9	Wilmslow RC	46:00	
36	290	Neil Jones	V4018	South Cheshire AC	40:15	120	220	Keith Nutter	V4047	Manchester Triathlon	46:02	
37	270	James O'Connor	V4019	Salford H&ac	40:23	121	357	Robin Beaumont	V4541	Trafford AC	46:04	
38	591	Barry Graney	V4020	St Helens Sutton AC	40:33	122	332	Steve Matkin	V5018	Stockport H&ac	46:09	
39	264	Ian Jackson	V4021	Salford H&ac	40:35	123	30	Mike Nolan	V5510	Manchester H&ac	46:11	
40	364	Dick Byers	V4515	Trafford AC	40:35	124	261	Ken Houghtonwalsh	V4542	Salford H&ac	46:18	
41	77	Carl Bibby	V4516	Warrington Tri Club	40:38	125	176	Mark Barker	V4543	Manchester Triathlon	46:19	
42	615	David Williams	V4517	Middleton H AC	40:41	126	237	David Ashton	V60 7	Manchester Ymca H	46:38	
43	352	Robert Taylor	V60 1	Stockport H&ac	40:46	127	539	Gavin Mendham	V60 8	Wilmslow RC	46:48	
44	449	Andrew Poole	V4518	E Cheshire H&tameside AC	40:49	128	529	Patrick Grannan	V60 9	Wilmslow RC	46:51	
45	241	Lee Dunn	V4022	Manchester Ymca H	40:56	129	59	Lee Marjoram	V4048	Manchester Frontrunners	46:53	
46	386	Paul Mannion	V4519	Trafford AC	40:57	130	240	Geoff Cotterill	V5511	Manchester Ymca H	47:03	
47	599	Alan Battersby	V4520	Middleton H AC	41:01	131	416	John Bowker	V4544	E Cheshire H&tameside AC	47:13	
48	174	Robert Wilson	V4023	Macclesfield H&ac	41:02	132	504	Jerry Smith	V5512	Sale H Manchester	47:14	
49	369	Duncan Drasdo	V4521	Trafford AC	41:11	133	623	Tommy Temple	V5513	Salford H&ac	47:19	
50	340	Paul Nutter	V4024	Stockport H&ac	41:12	134	315	Roger Coleman	V5019	Stockport H&ac	47:22	
51	435	Phillip Jacques	V4025	E Cheshire H&tameside AC	41:18	135	634	Brendon Dempsey	V4049	Salford H&ac	47:29	
52	427	Saul Gallagher	V4522	E Cheshire H&tameside AC	41:25	136	22	Michael Cunningham	V65 2	Manchester H&ac	47:36	
53	1	Andrew Bery	V4026	ABC Runners	41:29	137	104	Paul Rutherford	V4545	Swinton RC	47:40	
54	521	Ray Eagle	V55 2	Wilmslow RC	41:32	138	594	Phil Robinson	V4050	St Helens Sutton AC	47:44	
55	343	Frank Reilly	V65 1	Stockport H&ac	41:34	139	251	Jon Paramor	V6010	Manchester Ymca H	47:48	
56	303	Rob Marsh	V4027	St Helens Sutton AC	41:36	140	602	Michael Ogdin	V4546	Manchester Triathlon	47:55	
57	299	Ian Hayburn	V4028	St Helens Sutton AC	41:39	141	171	Alan Webster	V5020	Macclesfield H&ac	47:57	
58	330	Graham Marsland	V4029	Stockport H&ac	41:40	142	610	Oliver Johnstone	V4051	Macclesfield H&ac	48:07	
59	349	Mike Shaw	V4523	Stockport H&ac	41:42	143	157	John Anderson	V4547	Macclesfield H&ac	48:16	
60	613	Steven Wyatt	V50 4	Wilmslow RC	41:46	144	269	Vincent Murphy	V65 3	Salford H&ac	48:22	
61	422	Francis Day	V60 2	E Cheshire H&tameside AC	41:51	145	606	Jonathan Harper	V4052	Wilmslow RC	48:23	
62	276	Ronald Warrender	V50 5	Salford H&ac	42:11	146	284	Chris Jones	V4548	Salford Met AC	48:28	
63	431	Barry Hirst	V4524	E Cheshire H&tameside AC	42:13	147	254	Steve Symons	V4549	Manchester Ymca H	48:31	
64	38	Matt Whitehead	V4525	Manchester H&ac	42:20	148	447	Keith Parker	V5021	E Cheshire H&tameside AC	48:36	
65	474	Steve Gavin	V4030	Sale H Manchester	42:43	149	321	Keith Harrison	V4550	Stockport H&ac	48:42	
66	239	Roger Carter	V50 6	Manchester Ymca H	42:44	150	81	Charles Eggleston	V4551	Warrington Tri Club	48:42	
67	551	Peter Stock	V55 3	Wilmslow RC	42:49	151	184	Andy Chalmers	V4552	Manchester Triathlon	48:42	
68	302	Mark Liptrot	V50 7	St Helens Sutton AC	42:52	152	344	Nick Roberts	V4053	Stockport H&ac	48:54	
69	550	Steve Smith	V4526	Wilmslow RC	42:53	153	124	Colin Davies	V6011	Altrincham&district AC	49:04	
70	98	Chris Lomax	V4031	Swinton RC	42:54	154	268	Dennis Moran	V65 4	Salford H&ac	49:08	
71	132	David Livingstone	V4032	Altrincham&district AC	42:56	155	637	Tom Lavin	V5022	Altrincham&district AC	49:11	
72	603	Craig Sephton	V4033	Vale Royal AC	43:00	156	173	Mark Wheelton	V5023	Macclesfield H&ac	49:12	
73	621	Mick Fairs	V60 3	Wilmslow RC	43:10	157	560	Alan Garvey	V5514	Middleton H AC	49:14	
74	273	Dave Shaw	V4527	Salford H&ac	43:11	158	153	Andy Roberts	V4553	Belle Vue Racers	49:15	
75	434	Derek Hughes	V50 8	E Cheshire H&tameside AC	43:12	159	442	Steve Lyons	V4554	E Cheshire H&tameside AC	49:26	
76	67	Roberto Raso	V4528	Manchester Frontrunners	43:12	160	151	Barry Guy	V6012	Belle Vue Racers	49:27	
77	197	Colin Hammond	V4529	Manchester Triathlon	43:16	161	279	Jack Carney	V5515	Salford Met AC	49:31	
78	624	Dave Ainsworth	V50 9	Altrincham&district AC	43:20	162	631	Rick Whalley	V4054	ABC Runners	49:37	
79	412	Peter Weatherhead	V60 4	Wirral AC	43:21	163	250	Mike O'Brien	V5024	Manchester Ymca H	49:42	
80	17	Lloyd Barlow	V4034	Manchester H&ac	43:22	164	611	Nigel Goldfinch	V4055	Manchester Frontrunners	50:04	
81	410	John Cross	V4035	Wirral AC	43:24	165	131	Mike Jones	V5516	Altrincham&district AC	50:11	
82	614	Tony Archer	V55 4	Vale Royal AC	43:25	166	455	Miran Arahamian	V5517	Sale H Manchester	50:42	
83	604	Tim Walton	V4036	Macclesfield H&ac	43:29	167	28	Steve McCall	V5025	Manchester H&ac	51:01	
84	646	David Telford	V60 5	Altrincham&district AC	43:33	168	632	Craig Sutherland	V5026	Middleton H AC	52:06	

169	345	Alan Rogers	V4056 Stockport H&ac	52:08	183	557	Anthony Berkeley	V4058 Middleton H AC	55:41
170	641	Ian Rothwell	V5027 E Cheshire H&tameside AC	52:10	184	112	David Williamson	V4059 Swinton RC	55:49
171	100	John Pickup	V5028 Swinton RC	52:11	185	601	Dave Batty	V4558 Swinton RC	56:05
172	281	Brian Eyre	V5518 Salford Met AC	52:32	186	701	\$John Hindley	V5523 Saddleworth Runners Club	56:33
173	415	Howard Bamber	V5519 E Cheshire H&tameside AC	53:33	187	25	David Gregory	V65 5 Manchester H&ac	56:53
174	39	Dave Wood	V5029 Manchester H&ac	53:45	188	440	Paul Kilbey	V65 6 E Cheshire H&tameside AC	57:03
175	487	James Lambe	V4555 Sale H Manchester	53:47	189	249	Ian Manners	V4559 Manchester Ymca H	57:05
176	323	John Hughes	V4556 Stockport H&ac	53:55	190	451	David Salmon	V65 7 E Cheshire H&tameside AC	57:07
177	36	William Staniard	V4557 Manchester H&ac	54:25	191	618	Glen Turner	V4060 Manchester Frontrunners	58:06
178	622	Denis Kelly	V4057 Manchester H&ac	54:39	192	226	Lee Skinnion	V4560 Manchester Triathlon	58:34
179	713	\$John Purdy	V5520 Rochdale Harriers & Ac	54:59	193	150	Kevin Egerton	V5524 Belle Vue Racers	59:16
180	168	David Shoesmith	V5521 Macclesfield H&ac	55:08	194	523	Trevor Faulkner	V65 8 Wilmslow RC	1:02:18
181	94	Steve Hart	V5030 Swinton RC	55:19	195	311	Chris Bryans	V70 1 Stockport H&ac	1:08:17
182	595	Paul Hudson	V5522 Vale Royal AC	55:36					

## Senior Men (Vets) — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Wilmslow RC	27	—	2	Malcolm Fowler	4	Rob Downs	7	Jim Pendrill	14	Tom McGaff
2	Salford H&ac	51	—	1	Mark Russell	5	Dave Lockett	17	Paul Birkett	28	Mark Seed
3	Stockport H&ac	60	—	12	Paul Payne	13	James Corden	15	Kevan Garner	20	Pete Rogers
4	Trafford AC	91	—	9	Chris Leigh	18	Mike Hutchinson	25	Vinny Booth	39	Dick Byers
5	E Cheshire H&tameside AC	102	—	16	Gary Matthews	22	Stephen Robinson	30	Glenn Piper	34	Simon Grundy
6	Sale H Manchester	172	—	3	Ian Wetherall	19	Gary Rowlinson	64	Steve Gavin	86	Alastair Kell
7	Stockport H&ac 'B'	174	—	29	Richard Marlton	42	Robert Taylor	49	Paul Nutter	54	Frank Reilly
8	Wilmslow RC 'B'	175	—	31	Graham Screawen	32	Stuart Parrott	53	Ray Eagle	59	Steven Wyatt
9	Middleton H AC	193	—	6	Michael Flatley	41	David Williams	46	Alan Battersby	100	Paul Collinge
10	E Cheshire H&tameside AC 'B'	204	—	43	Andrew Poole	50	Phillip Jacques	51	Saul Gallagher	60	Francis Day
11	Salford H&ac 'B'	208	—	36	James O'Connor	38	Ian Jackson	61	Ronald Warrender	73	Dave Shaw
12	St Helens Sutton AC	215	—	37	Barry Graney	55	Rob Marsh	56	Ian Hayburn	67	Mark Liprot
13	Manchester Ymca H	217	—	24	David Garner	44	Lee Dunn	65	Roger Carter	84	Eddie Gilligan
14	Macclesfield H&ac	227	—	10	James Noakes	47	Robert Wilson	82	Tim Walton	88	Steve Lomas
15	Altrincham&district AC	251	—	21	Phil Nichol	70	David Livingstone	77	Dave Ainsworth	83	David Telford
16	Manchester H&ac	262	—	8	Ed Fazakerley	63	Matt Whitehead	79	Lloyd Barlow	112	Jim Brett
17	Wilmslow RC 'C'	302	—	66	Peter Stock	68	Steve Smith	72	Mick Fairs	96	Richard Hirons
18	Swinton RC	302	—	27	Steve Doxey	69	Chris Lomax	99	Roger Parris	107	Andy Land
19	Manchester Triathlon	309	—	23	Paul Schofield	76	Colin Hammond	93	Gary Wolstencroft	117	Keith Nutter
20	E Cheshire H&tameside AC 'C'	324	—	62	Barry Hirst	74	Derek Hughes	91	Paul Kenny	97	Andrew Farley
21	Stockport H&ac 'C'	328	—	57	Graham Marsland	78	Mike Shaw	94	Tim Hargreaves	119	Steve Matkin
22	Warrington Tri Club	367	—	40	Carl Bibby	85	Mark Walker	95	Jon Britton	147	Charles Eggleston
23	E Cheshire H&tameside AC 'D'	422	—	98	Kevin Duckworth	101	Tony Faulkner	110	Alan Kennedy	113	Tony Hillier
24	Sale H Manchester 'B'	424	—	89	Tim Rainey	102	Frank Cordingley	104	Bill Fox	129	Jerry Smith
25	Wilmslow RC 'D'	465	—	111	Paul Garnett	114	Jon Bale	116	Geoff Gilbert	124	Gavin Mendham
26	Manchester Frontrunners	467	—	75	Roberto Raso	105	Peter Symonds	126	Lee Marjoram	161	Nigel Goldfinch
27	Macclesfield H&ac 'B'	470	—	90	Julian Brown	103	Joe DeSousa	138	Alan Webster	139	Oliver Johnstone
28	Salford H&ac 'C'	491	—	108	Gary Thomason	121	Ken Houghtonwalsh	130	Tommy Temple	132	Brendon Dempsey
29	Belle Vue Racers	508	—	87	Nigel Sedman	109	Philip D'netto	155	Andy Roberts	157	Barry Guy
30	Manchester Ymca H 'B'	530	—	123	David Ashton	127	Geoff Cotterill	136	Jon Paramor	144	Steve Symons
31	Altrincham&district AC 'B'	556	—	92	Clive Greatorex	150	Colin Davies	152	Tom Lavin	162	Mike Jones
32	Manchester H&ac 'B'	588	—	120	Mike Nolan	133	Michael Cunningham	164	Steve McCall	171	Dave Wood
33	Stockport H&ac 'D'	592	—	131	Roger Coleman	146	Nigel Harrison	149	Nick Roberts	166	Alan Rogers
34	Manchester Triathlon 'B'	594	—	122	Mark Barker	137	Michael Ogden	148	Andy Chalmers	187	Lee Skinnion
35	E Cheshire H&tameside AC 'E'	596	—	128	John Bowker	145	Keith Parker	156	Steve Lyons	167	Ian Rothwell
36	Swinton RC 'B'	659	—	134	Paul Rutherford	168	John Pickup	177	Steve Hart	180	David Williamson

## Senior Men - U20 — FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	335	Jack Morris		Stockport H&ac	34:56
2	481	Matt Holmes		Sale H Manchester	37:09
3	433	Joe Hudak		E Cheshire H&tameside AC	37:17
4	494	Josh Oguntayo		Sale H Manchester	38:12
5	612	James Grannan		Stockport H&ac	38:14
6	293	Henry Valentine		South Cheshire AC	38:36
7	307	Jamie White		St Helens Sutton AC	38:37
8	258	Callum Corneille		Salford H&ac	38:39
9	127	Ryan Ganose		Altrincham&district AC	39:13
10	586	David Rich		Sale H Manchester	41:10
11	569	Ryan Bromley		MMU Harriers	42:36
12	166	Calum Murray		Macclesfield H&ac	43:17
13	600	Robert Bainbridge		MMU Harriers	43:39
14	470	Adam Dooley		Sale H Manchester	46:19
15	571	Mark Cook		MMU Harriers	48:56

## Senior Men - U20 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1	Sale H Manchester	16	—	2	Matt Holmes	4	Josh Oguntayo	10	David Rich
2	MMU Harriers	39	—	11	Ryan Bromley	13	Robert Bainbridge	15	Mark Cook