

	Number	Name	Cat.	Club	Time
1	55	HATCH, Mike	Male Senior	Sale Harriers Mcr	15.56
2	89	BOOTH, Gareth	Male Senior	Horwich RMI Harriers	16.02
3	60	VALENTINE, Henry	Male Junior	South Cheshire Harriers	16.06
4	129	LAMONT, Andrew	Male Senior	Macclesfield Harriers	16.07
5	139	HUGHES, Rob	Male Senior	Salford Harriers	16.13
6	82	MAHON, Dominic	Male Senior	Warrington Road Runners	16.16
7	104	TIMMINS, Adrian	Male V40	Warrington AC	16.25
8	177	THOMPSON, Liam	Male Senior	Leigh Harriers &AC	16.34
9	40	DOWNS, Rob	Male V45	Wilmslow RC	16.35
10	83	PARK, Oliver	Male Senior	Warrington AC	16.45
11	105	PAYNE, Paul	Male V40	Stockport Harriers	16.48
12	52	ROWLINSON, Gary	Male V45	Sale Harriers Mcr	16.50
13	616	PENDRILL, Jim	Male V40	Wilmslow RC	16.54
14	140	CROMPTON, Neil	Male Senior	Spectrum Striders	17.10
15	41	MORRIS, Trevor	Male V45	Wilmslow RC	17.11
16	592	ALEXANDER, David	Male V40	West Cheshire AC	17.14
17	161	BAKER, Richard	Male Senior	South Cheshire Harriers	17.15
18	29	HATTON, Mike	Male V45	South Cheshire Harriers	17.19
19	141	WATMOUGH, Stephen	Male V45	Warrington AC	17.20
20	557	MCNICHOLAS, Stephen	Male V45	Penny Lane Striders	17.21
21	31	BANNO-THORNTON, Colin	Male Senior	Altrincham & District AC	17.25
22	608	WALKER, Neil	Male Senior	Altrincham & District AC	17.27
23	535	BARBAT, Anthony	Male V50	Wallasey RC	17.27
24	148	SHAW, Mike	Male V45	Stockport Harriers	17.32
25	146	DURET, Denis	Male V45	Ellesmere Port RC	17.34
26	178	MALLISON, Peter	Male V40	South Cheshire Harriers	17.35
27	609	FULLER, Adrian	Male Senior	Altrincham & District AC	17.36
28	56	BARBER, Carl	Male Senior	Sale Harriers Mcr	17.39
29	122	CARRINGTON, Dave	Male V55	Altrincham & District AC	17.39
30	176	THOMPSON, Louisa	Lady Senior	Leigh Harriers &AC	17.40
31	568	MCGAFF, Tom	Male V55	Wilmslow RC	17.41
32	88	CHRISTEY, Scott	Male V45	Astley & Tyldesley RR	17.46
33	71	COLLINS, David	Male V45	Wigan Phoenix	17.48
34	144	WHITTINGHAM, Andrew	Male V40	Wilmslow RC	17.55
35	6	MARTIN, Colin	Male V50	Spectrum Striders	17.57
36	169	CALDWELL, Steven	Male Senior	Vale Royal AC	17.57
37	553	ANDREAS, Claire	Lady Senior	Spectrum Striders	18.02
38	5	MILLINGTON, Christopher	Male V40	Spectrum Striders	18.04
39	120	EDWARDS, Jez	Male Senior	Lymm Runners	18.07
40	573	ARCHBOLD, Barry	Male Senior	Wilmslow RC	18.09
41	84	PARK, Richard	Male Senior	Warrington AC	18.10
42	157	ABRAHAM, Peter	Male Senior	Altrincham & District AC	18.10
43	526	HILTON, Alan	Male V40	Astley & Tyldesley RR	18.12
44	101	DAVIES, Mark	Male Senior	St Helens-Sutton AC	18.14
45	81	BURTHEM, Stephen	Male V50	Warrington AC	18.14
46	2	WHITFIELD, Liz	Lady Senior	Spectrum Striders	18.16
47	123	MACNEIL, Graham	Male V45	Wilmslow RC	18.17
48	588	WHEELER, James	Male Senior	Wilmslow RC	18.19
49	615	WYNNE-WILLIAMS, Sion	Male Senior	Liverpool Harriers	18.25
50	602	SCREAWN, Graham	Male Senior	Wilmslow RC	18.27
51	3	MARTIN, Stephen	Male V50	Spectrum Striders	18.31
52	549	PERCIVAL, Toby	Male Senior	Altrincham & District AC	18.42
53	514	EYRE, James	Male Senior	Wilmslow RC	18.43
54	134	BILLINGHAM, Matt	Male Senior	Altrincham & District AC	18.44
55	69	MAHER, Peter	Male V55	Vale Royal AC	18.47
56	94	SHACKLEY, Dave	Male V40	Manchester Triathlon	18.48
57	70	TAYLOR, Jayne	Lady V50	Wigan Phoenix	18.48
58	126	KAY, Colin	Male V50	Astley & Tyldesley RR	18.49
59	584	PETTIT, Amelia	Lady Junior	Vale Royal AC	18.49
60	156	REILLY, Frank	Male V65	Stockport Harriers	18.53
61	583	TAYLOR, Graham	Male V45	Wilmslow RC	18.54
62	179	TITLOW, Kate	Lady Senior	Warrington AC	18.54
63	75	DAWSON, Jim	Male V45	Warrington Road Runners	18.55
64	520	RUDD, Louise	Lady V35	Wilmslow RC	18.56
65	1	SPENCER, Julian	Male V50	Spectrum Striders	18.58
66	618	KNOWLES-JONES, Harriet	Lady Junior	Warrington AC	19.02
67	518	BYRNE, Mark	Male V40	Warrington AC	19.04
68	137	MYERS, Aron	Male Senior	Wilmslow RC	19.05
69	73	GREEN, Daniel	Male Senior	Warrington Road Runners	19.07
70	42	ATKINSON, Matthew	Male Senior	Wilmslow RC	19.09
71	125	PLATT, Russ	Male V45	Warrington Road Runners	19.17
72	118	BAMBER, Scott	Male V40	Vale Royal AC	19.17
73	121	CHADWICK, Daniel	Male Senior	Spectrum Striders	19.19
74	593	BESTOW, Laura	Lady Senior	West Cheshire AC	19.20
75	72	ENTWISTLE, Tracy	Lady V35	Warrington Road Runners	19.22