

VAANEE Track & Field meeting 4, 19th July 2010. Monkton Stadium**Performances in bold meet AW standards**

Race 1 100m Ladies

Position	No.	Name	Category	Club	Time	Points
1	119	A Kelly	L45	Giffnock North (guest)	14.7	
2	125	E Elliot	L35	South Shields	15.0	6
3	117	E Payne	L40	North Shields Poly	15.6	6
4	110	L Smith	L45	Morpeth Harriers	16.2	6

Race 2 100m Mens 55 - 70

Position	No.	Name	Category	Club	Time	Points
1	139	S Todner	M55	Houghton	13.4	6
2	19	D Butler	M70	Jarrow & Hebburn	14.6	6
3	88	A Smith	M55	Gateshead	14.7	5
4	17	P Walker	M55	South Shields	15.9	4
5	2	C Everson	M55	Crook	17.7	3
6	60	P Donaghy	M70	North Shields Poly	18.5	6
7	45	C Footewood	M65	Crook	22.2	6

Race 3 100m M45 & 50

Position	No.	Name	Category	Club	Time	Points
1	89	K Nicholson	M45	Gateshead	12.6	6
2	40	A Redman	M50	Houghton	13.4	6
3	29	D Hughes	M45	North Shields Poly	13.7	5
4	195	G Arthur	M45	South Shields	14.0	4
5	35	S Fell	M45	Crook	14.3	3

Race 4 100m Mens 35 & 40

Position	No.	Name	Category	Club	Time	Points
1	32	P Donaghy	M40	Durham City	12.1	6
2	75	P McClusky	M40	South Shields	12.8	5
3	197	J Scorer	M35	South Shields	13.1	6
4	121	L Henry	M35	South Shields	13.2	5
5	23	C Errington	M35	South Shields	13.4	4
6	47	P Williams	M40	Heaton	14.0	4

Race 5 800m Ladies

Position	No.	Name	Category	Club	Time	Points
1	124	L Bone	L35	South Shields	02:36.5	6
2	108	K Loughney	L40	North Shields Poly	02:39.9	6
3	123	K Jones	L40	North Shields Poly	02:47.6	5
4	100	M Loraine	L50	Gateshead	02:50.6	6
5	106	M Herworth	L40	Claremont	02:53.2	4
6	118	V Thompson	L35	Jarrow & Hebburn	02:56.2	5
7	104	L Page	L45	Houghton	03:06.8	6
8	102	J Kilgour	L60	Claremont	03:16.7	6
9	107	K Stewart	L70	North Shields Poly	03:32.4	6
10	194	B Wood	L35	South Shields	04:13.8	4

Race 6 800m Men 60 - 70

Position	No.	Name	Category	Club	Time	Points
1	56	P Parkin	M65	Crook	02:59.7	6
2	20	S Eccleston	M60	Houghton	03:02.9	6
3	60	P Donaghy	M70	North Shields Poly	03:04.2	6
4	198	W R Balmer	M65	South Shields	03:07.6	5
5	59	J Stephenson	M65	Crook	03:09.9	4
6	21	A Potter	M65	NEVAC	03:14.8	3
7	96	F Strand	M65	South Shields	03:23.6	2
8	63	R Checkley	M70	Heaton	03:31.2	5
9	84	K McDonald	M65	South Shields	03:39.5	1
10	49	E Appleby	M75	Heaton	03:53.1	4
11	45	C Footewood	M65	Crook	03:55.6	

Race 7 800m Men 50 & 55

Position	No.	Name	Category	Club	Time	Points
1	34	G Hewitson	M50	Crook	02:35.5	6
2	54	D Mitchenson	M55	Sunderland Harriers	02:37.5	6
3	17	P Walker	M55	South Shields	02:40.8	5
4	77	D Johnson	M50	North Shields Poly	02:41.8	5
5	2	C Everson	M55	Crook	03:17.9	4

Race 8 800m Men 35 - 45

Position	No.	Name	Category	Club	Time	Points
1	193	J Allison	M35	Crook	02:19.0	6
2	30	P Bainbridge	M35	South Shields	02:20.0	5
3	200	C McDonald	M40	South Shields	02:22.2	6
4	195	G Arthur	M45	South Shields	02:28.5	6
5	47	P Williamson	M40	Heaton	02:30.2	5
6	196	M P Simpson	M40	Crook	02:32.0	4
7	86	K Daghish	M45	Houghton	02:36.7	5
8	27	K Ayre	M45	South Shields	02:36.7	4
9	199	R Nettleton	M45	South Shields	02:46.2	3
10	67	P W Smith	M45	Crook	02:51.2	2

Race 9 300m Ladies 35 - 40

Position	No.	Name	Category	Club	Time	Points
1	147	J Hodgson	L40	Durham City	47.6	6
2	117	E Payne	L40	North Shields Poly	51.1	5
3	108	K Loughney	L40	North Shields Poly	51.8	4
4	118	V Thompson	L35	Jarrow & Hebburn	54.8	6
5	123	K Jones	L40	North Shields Poly	56.2	3

Race 10 300m Ladies 45 - 70

Position	No.	Name	Category	Club	Time	Points
1	119	A Kelly	L45	Giffnock North (guest)	49.4	
2	102	J Kilgour	L60	Claremont	63.4	6
3	107	K Stewart	L70	North Shields Poly	64.4	6

Race 11 300m Mens 55 - 70

Position	No.	Name	Category	Club	Time	Points
1	88	A Smith	M55	Gateshead	48.0	6
2	19	D Butler	M70	Jarrow & Hebburn	51.2	6
3	60	P Donaghy	M70	North Shields Poly	58.3	5
4	63	R Checkley	M70	Heaton	61.7	4
5	2	C Everson	M55	Crook	62.4	5
6	59	J Stephenson	M65	Crook	69.3	6
7	45	C Footewood	M65	Crook	80.4	5

Race 12 300m Mens 45 - 55

Position	No.	Name	Category	Club	Time	Points
1	139	S Todner	M55	Houghton	42.1	6
2	192	M Telford	M50	Wallsend	43.1	6
3	29	D Hughes	M45	North Shields Poly	43.7	6
4	34	G Hewitson	M50	Crook	48.2	5
5	77	D Johnson	M50	North Shields Poly	48.9	4

Race 13 300m Mens 35 - 40

Position	No.	Name	Category	Club	Time	Points
1	32	P Donaghy	M40	Durham City	40.2	6
2	75	P McClusky	M40	South Shields	41.1	5
3	121	L Henry	M35	South Shields	42.7	6
4	30	P Bainbridge	M35	South Shields	43.2	5
5	197	J Scorer	M35	South Shields	46.0	4
6	193	J Allison	M35	Crook	47.6	3

Race 14 1500m Ladies

Position	No.	Name	Category	Club	Time	Points
1	124	L Bone	L35	South Shields	05:37.9	6
2	101	S Phillips	L45	Darlington	05:45.6	6
3	123	K Jones	L40	North Shields Poly	05:49.1	6
4	106	M Herworth	L40	Claremont	05:52.9	5
5	113	H Morris	L45	Blyth	05:56.3	5
6	114	J Friend	L45	Heaton	06:26.9	4
7	126	P White	L55	South Shields	07:23.1	6
8	194	B Wood	L35	South Shields	08:48.6	6

Race 15 1500m Mens 55 - 70

Position	No.	Name	Category	Club	Time	Points
1	54	D Mitchenson	M55	Sunderland Harriers	05:22.2	6
2	17	P Walker	M55	South Shields	05:27.2	5
3	56	P Parkin	M65	Crook	05:59.6	6
4	20	S Eccleston	M60	Houghton	06:03.6	6
5	198	W R Balmer	M65	South Shields	06:12.4	5
6	96	F Strand	M65	South Shields	06:31.0	4
7	21	A Potter	M65	NEVAC	06:31.8	3
8	59	J Stephenson	M65	Crook	06:33.7	2
9	84	K McDonald	M65	South Shields	07:25.9	1
10	49	E Appleby	M75	Heaton	07:55.5	6
11	25	G Routledge	M60	Heaton	08:29.0	5

Race 16 1500m Mens 35 - 45

Position	No.	Name	Category	Club	Time	Points
1	193	J Allison	M35	Crook	05:03.4	6
2	200	C McDonald	M40	South Shields	05:03.5	6
3	196	M P Simpson	M40	Crook	05:15.3	5
4	27	K Ayre	M45	South Shields	05:18.3	6
5	136	M Thirlaway	M50	Gateshead	05:19.1	6
6	199	R Nettleton	M45	South Shields	05:22.0	5
7	67	P W Smith	M45	Crook	05:47.1	4
8	74	G McAlinden	M35	South Shields	05:52.8	5