

VAANEE **Track & Field League 4 July 22nd 2010**

Age	Number	1st name	Surname	Club	Distance	Point Ind'
<b>Hammer</b>						
<b>M50</b>	68	David	Maggs	Gateshead	41.92	6
<b>M55</b>	8	John	Wilde	NEVAC	37.29	6
<b>M60</b>	69	Terry	Hudson	Jarrow & Hebburn	35	6
<b>M65</b>	78	Paul	Wheater	NEVAC	24.62	6
<b>M75</b>	16	Hugh	Ryan	NEVAC	25.67	6
<b>Weight</b>						
<b>M60</b>	69	Terry	Hudson	Jarrow & Hebburn	11.38	6
<b>M65</b>	78	Paul	Wheater	NEVAC	9.61	6
<b>M75</b>	69	Terry	Hudson	Jarrow & Hebburn	11.38	6
<b>Javelin</b>						
<b>W35</b>	194	Beth	Wood	South Shields	12.23	6
	124	L	Bone	South Shields	11.73	5
<b>W40</b>	147	Jackie	Hogson	Durham City	17.21	6
	106	Mandy	Herworth	Claremont	9.18	5
<b>W45</b>	114	Jenny	Friend	Heaton	7.45	6
<b>W60</b>	102	J	Kilgour	Claremont	15.73	6
<b>M35</b>	74	Garry	McAlingdon	South Shields	22.71	6
	23	Craig	Errington	South Shields	21.02	5
	197	Jamie	Scorer	South Shields	19.02	4
<b>M40</b>	75	Phil	McClusky	South Shields	29.33	6
	200	Chris	McDonald	South Shields	22.90	5
	196	Mike	Simpson	Crook	21.19	4
<b>M45</b>	195	George	Arthur	South Shields	23.83	6
	67	Paul	Smith	Crook	21.10	5
	199	Richard	Nettleton	South Shields	4.43	4
<b>M60</b>	69	Terry	Hudson	Jarrow & Hebburn	29.96	6
	25	George	Routledge	Heaton	17.68	5
<b>M65</b>						

<b>M70</b>	78 Paul	Wheater	NEVAC	14.11	6
<b>M75</b>	63 R	Checkley	Heaton	16.43	6
	16 Hugh	Ryan	NEVAC	18.15	5

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**Triple Jump**

<b>W45</b>	104 L	Page	Houghton	7.64	6
<b>M35</b>	23 Craig	Errington	South Shields	9.37	6
<b>M45</b>	35 S	Fell	Crook	8.74	6
	27 K	Ayre	South Shields	7.78	5
<b>M50</b>	34 G	Hewitson	Crook	8.38	6
<b>M55</b>	88 A	Smith	Gateshead	8.64	6

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**Long Jump**

<b>W45</b>	104 L	Page	Houghton	3.09	6
<b>M35</b>	30 Paul	Bainbridge	South Shields	4.3	6
	121 L	Henry	South Shields	3.3	5
	74 Garry	McAlingdon	South Shields	3.22	4
<b>M40</b>	47 Paul	Williams	Heaton	3.78	6
<b>M45</b>	35 S	Fell	Crook	3.7	6
<b>M65</b>	56 Percy	Parkin	Crook	2.81	6