

Tynedale 10K

Wednesday 7 July 2010. 7:30 pm

1	0:31:53	SWINBURN, Nick	Morpeth H		677	1
2	0:32:56	BUIS, James	Heaton Harriers		322	2
3	0:33:02	TWADDLE, Iain	North Shields Poly		649	3
4	0:33:21	CRAMPTON, Ian	Durham City H	V45	665	4
5	0:34:09	BESFORD, Paul		V40	303	5
6	0:34:13	PREST, Jeff	Trafford AC		494	6
7	0:34:16	BRACKEN, Guy	North Shields Poly	V45	313	7
8	0:34:20	WATERSTON, Paul	Morpeth H	V45	573	8
9	0:34:39	ROBSON, Colin	Jarrow & Hebburn AC		515	9
10	0:34:40	WALKER, Phil	Morpeth H	V40	566	10
11	0:35:09	CARTER, Tony	Wallsend H		330	11
12	0:35:16	LIKEMAN, Mark	Heaton Harriers		669	12
13	0:35:29	DUFFY, Steven	Sunderland Strollers		71	13
14	0:35:38	BARKLEY, Rob	Blyth RC		294	14
15	0:35:48	STEPHENS, Jonathon	Low Fell RC		544	15
16	0:35:51	RITCHIE, Greg	Jarrow & Hebburn AC		554	16
17	0:35:55	BROWN, Peter	Blyth RC		318	17
18	0:36:05	HEMY, Vaughan	North Shields Poly	V40	127	18
19	0:36:12	ROBINSON, Ian	Heaton Harriers		638	19
20	0:36:13	HALL, Mark	Wallsend H	V40	386	20
21	0:36:15	GIBBS, Simon	Wallsend H		373	21
22	0:36:28	GREY, Stephen	Elswick H	V45	381	22
23	0:36:33	BENNETT, Lee	Elswick H	V40	25	23
24	0:36:35	MOONEY, Jane	Morpeth H	F	184	24
25	0:36:47	MACPHERSON, Ken	Wallsend H	V40	445	25
26	0:36:51	SMITH, Les	Heaton Harriers		239	26
27	0:36:53	ROBERTSHAW, Keith	Chester-le-Street	V45	637	27
28	0:37:13	HETHERINGTON, Brian	Wallsend H	V40	400	28
29	0:37:35	STEPHENS, John	Low Fell RC	V50	645	29
30	0:37:47	ALLSOP, Tim	Sunderland Strollers	V40	2	30
31	0:37:48	WRIGHT, David	Heaton Harriers		668	31
32	0:37:52	MYERSCOUGH, Paul	Tynedale H	V45	188	32
33	0:37:55	BELL, Jon	Elswick H	V45	298	33
34	0:37:58	ALDERSON, Andrew			286	34
35	0:38:02	HINDMARCH, Michael	North Shields Poly		403	35
36	0:38:16	RENNISON, Michael	Sunderland Strollers	V40	499	36
37	0:38:20	HILTON, Paul	Wallsend H	V40	401	37
38	0:38:22	GERAGUSIAN, Aida	Trafford AC	F	372	38
39	0:38:26	HESLER, Ian	Durham City H	V40	399	39
40	0:38:28	ELLIOTT, Keith	Sunderland Harriers	V55	358	40
41	0:38:31	HEAP, Michael	North Shields Poly	V45	123	41
42	0:38:32	WINTER, Mike	Morpeth H	V40	283	42
43	0:38:34	SPILLER, Adam	Alnwick Harriers		243	43
44	0:38:52	HUBBARD, James	Sunderland Strollers		662	44
45	0:38:54	MORLEY, Sonia	Tynedale H	F40	461	45
46	0:39:00	AULD, Chris	Heaton Harriers		17	46
47	0:39:01	ARMSTRONG, Graham	Wallsend H	V45	291	47
48	0:39:07	KIND, Per Morton		V45	428	48
49	0:39:08	MARSDEN, Ian	Tynedale H		176	49
50	0:39:10	ALLSOPP, Barry	Wallsend H	V50	3	50
51	0:39:14	APPLEBY, Dave	Elswick H	V45	290	51
52	0:39:35	O'NEILL, Kevin	Sunderland Strollers	V45	634	52
53	0:39:38	FORSTER, Si			82	53
54	0:39:43	TAYLOR, John	PB Fitness RC		555	54
55	0:39:44	HINDSON, Vicky	Wallsend H	F	406	55
56	0:39:48	ANDERSON, Kirstie	Tynedale H	F40	6	56
57	0:39:50	LILLICO, Jim	Alnwick Harriers	V50	166	57
58	0:39:57	SUTTON, Keith	Alnwick Harriers		253	58

59	0:40:06 ATKINSON, Peter	North Shields Poly	V50	592	59
60	0:40:08 HEWITSON, Geoff	Crook AC	V50	129	60
61	0:40:10 REED, Derek	Wallsend H	V40	498	61
62	0:40:29 BUNN, Michael	Jarrow & Hebburn AC	V50	44	62
63	0:40:31 PICKETT, Ian			490	63
64	0:40:33 TURNBULL, Alan	North Shields Poly	V40	261	64
65	0:40:34 BRYANT, Luke	Claremont RR		320	65
66	0:40:35 MYTTON, Graham	Claremont RR		471	66
67	0:40:37 LISTER, Kevin	North East Vets		169	67
68	0:40:38 PARKER, Michael		V50	201	68
69	0:40:39 NEWTON, Ivan		V40	194	69
70	0:40:40 MCALLISTER-WILLIAMS, Hamish	Morpeth H	V45	178	70
71	0:40:44 STEWART, Graeme	Blyth RC		547	71
72	0:40:45 INSKIP, Paul	Heaton Harriers	V40	140	72
73	0:40:48 GARBUTT, Rob	Durham City H	V45	87	73
74	0:40:52 SKELDON, Mick	Wallsend H	V40	539	74
75	0:40:58 BUTTERS, John	Morpeth H		324	75
76	0:41:02 BROWN, John	North Shields Poly	V55	36	76
77	0:41:04 RICHARDSON, Steven	Blyth RC	V45	501	77
78	0:41:05 TOPPING, Terry	Sunderland Strollers	V40	260	78
79	0:41:06 LEWIS, Eric	Blaydon Harriers	V45	436	79
80	0:41:11 BORLOS, Stephen	North Shields Poly	V55	312	80
81	0:41:15 KING, Graham	Wallsend H	V50	429	81
82	0:41:18 O'GARA, Terry	Wallsend H	V65	479	82
83	0:41:22 TINDALE, Olivia	Durham City H	F	648	83
84	0:41:25 SMITH, Craig	Heaton Harriers	V40	237	84
85	0:41:26 ROBINSON, Lucy	North Shields Poly	F	511	85
86	0:41:39 BOOTH, Victoria	Sunderland Strollers	F	597	86
87	0:41:46 CHAPMAN, Kate	Morpeth H	F	54	87
88	0:41:51 BOLTON, Jonathon			596	88
89	0:41:56 ATWELL, Stephen	North Shields Poly		675	89
90	0:41:59 GROVES, Ben	Morpeth H		107	90
91	0:42:00 HILTON, Nathan			132	91
92	0:42:04 FOWLER, Andrew	PB Fitness RC		365	92
93	0:42:06 ROBINSON, Heather	Chester-le-Street	F45	510	93
94	0:42:11 MALLON, John	Blyth RC	V50	448	94
95	0:42:14 SANDERSON, Michael	Allen Valley Striders		525	95
96	0:42:16 STONE, Chris	Blyth RC		551	96
97	0:42:23 BIRCHALL, Jonathan			309	97
98	0:42:25 BIRCHALL, Daniel		V40	308	98
99	0:42:34 SILL, Richard	Morpeth H	V55	534	99
100	0:42:35 RITCHIE, Ashley	Claremont RR	V50	505	100
101	0:42:37 COX, David	Blyth RC	V60	342	101
102	0:42:39 EILLES, Ronnie			355	102
103	0:42:40 HANSON, Tom	Elswick H	V50	112	103
104	0:42:43 HUNT, Anthony	Durham City H	V40	139	104
105	0:42:45 HOOD, Steve		V40	136	105
106	0:42:47 GRAHAM, Peter	Tynedale H	V60	100	106
107	0:42:49 DODD, Shaun	Blyth RC		348	107
108	0:42:50 COLLINSON, Peter		V40	603	108
109	0:42:52 BRADLEY, David	Blyth RC	V55	314	109
110	0:42:53 PHILLIPSON, Colin	PB Fitness RC		208	110
111	0:42:56 WILSON, Simon			653	111
112	0:42:58 HARGREAVES, Stephen	Wallsend H		389	112
113	0:42:59 DOUGLASS, Tony			351	113
114	0:43:00 HOWARTH, Gina	Wallsend H	F	409	114
115	0:43:03 GOLD, Howard	Heaton Harriers	V65	95	115
116	0:43:03 SHENTON, Fiona	Elvet Striders	F50	642	116
117	0:43:06 RICKETTS, Mark	Sunderland Strollers	V50	504	117
118	0:43:17 RICHARDSON, Ian	North Shields Poly	V60	220	118
119	0:43:19 JACKSON, Steven			144	119

120	0:43:19 THRAVES, Gareth	Aurora		647	120
121	0:43:21 MCANDREW, Jonathan			453	121
122	0:43:21 PAYNE, Kevin	Wallsend H	V50	488	122
123	0:43:22 CALLAND, Paul	Low Fell RC	V40	49	123
124	0:43:23 BUIS, Clare	Heaton Harriers	F	321	124
125	0:43:24 MASON, Ian		V55	452	125
126	0:43:25 COXON, Michael			343	126
127	0:43:27 HUDSON, Robin	Ponteland Runners	V40	138	127
128	0:43:29 CHAPMAN, Lesley	Garscube H	F55	55	128
129	0:43:30 SCAIFE, Peter	Morpeth H	V45	234	129
130	0:43:33 SAUNDERS, David	Claremont RR	V45	663	130
131	0:43:35 MCDERMOTT, Lee			456	131
132	0:43:37 ROE, Darryl	Wallsend H		517	132
133	0:43:41 SUTTON, Lisa	Alnwick Harriers	F	254	133
134	0:43:43 CARROLL, Brian	Sunderland Strollers	V45	328	134
135	0:43:45 LORAINE, Maggie	Gateshead H	F50	441	135
136	0:43:49 SMITH, Robert		V40	540	136
137	0:43:55 MCCABE, Terry	Blyth RC	V60	455	137
138	0:43:56 ANDERSON, Clare	Sunderland Strollers	F35	4	138
139	0:43:56 GILLINGHAM, Nick	Alnwick Harriers	V40	92	139
140	0:43:58 LAIDLER, Paul	Birtley	V40	160	140
141	0:44:01 FRAZER, Joe	Blyth RC	V60	369	141
142	0:44:03 WALL, Jason			266	142
143	0:44:04 LAING, Mark			161	143
144	0:44:05 HUNTER, Susanne	Blyth RC	F40	415	144
145	0:44:05 SINGER, Iain	Blyth RC		536	145
146	0:44:06 FOY, Darren			84	146
147	0:44:07 SLOAN, Martin	Elswick H	V50	235	147
148	0:44:07 POULTON, Tom			492	148
149	0:44:08 HOWLETT, Andy		V40	410	149
150	0:44:09 PATTON, Helen	Gateshead H	F50	486	150
151	0:44:11 RAINE, Billy	Aurora	V55	636	151
152	0:44:12 BHOGAL, Paramjeet	Heaton Harriers	V50	306	152
153	0:44:12 WALTON, Emma	Wallsend H	F35	571	153
154	0:44:13 BAIN, Andrew			593	154
155	0:44:13 DOUTHWAITE, Ken		V45	352	155
156	0:44:15 ROBSON, Dean	Sunderland Strollers		224	156
157	0:44:21 DABB, Tony			676	157
158	0:44:25 HASLAM, Philip	Jesmond Joggers	V45	391	158
159	0:44:29 DERBYSHIRE, Tony		V40	68	159
160	0:44:30 HODGSON, Clive	Heaton Harriers	V40	407	160
161	0:44:31 BENNETT, Neil	Sunderland Strollers	V40	26	161
162	0:44:33 LESLIE, Graham	Claremont RR	V60	163	162
163	0:44:34 GLOVER, Faye	Morpeth H	F	94	163
164	0:44:36 HALL, Charles		V50	383	164
165	0:44:40 PRATT, Helene	Crook AC	F35	635	165
166	0:44:41 EDWIN, Paul	Tynedale H		74	166
167	0:44:42 ROBERTS, David	Blyth RC	V45	507	167
168	0:44:46 GILLESPIE, Steve	Blyth RC	V50	374	168
169	0:44:48 BIGGIN, Chris		V40	672	169
170	0:44:49 STACEY, Michael	Low Fell RC	V50	644	170
171	0:44:50 SKELTON, Chrystal	Wallsend H	F40	538	171
172	0:44:50 BAXTER, Ian	Blyth RC	V40	296	172
173	0:44:51 SALMON, David	Blaydon Harriers		232	173
174	0:44:53 EILLES, Paul	Derwentside AC	V40	75	174
175	0:44:55 BRITTEN, Alan			315	175
176	0:44:56 BENTLEY, Tom	Tynedale H		301	176
177	0:44:57 SUTCLIFFE, John	North Shields Poly		252	177
178	0:45:00 KIRTLEY, Rob	Wallsend H	V40	432	178
179	0:45:07 CHRISTOPHER, Heather	Blyth RC	F40	333	179
180	0:45:07 PRINS, Lucy	Elswick H	F40	212	180

181	0:45:09 WILCOCK, John	Aurora	V45	278	181
182	0:45:10 NOBLE, Darren	Blyth RC		476	182
183	0:45:15 TELFER, Paul			556	183
184	0:45:27 USHER, Brian	Aurora	V55	650	184
185	0:45:29 WILSON, Valerie	Claremont RR	F45	281	185
186	0:45:29 SAUNDERS, David			640	186
187	0:45:31 MURRAY, Alistair		V50	469	187
188	0:45:36 ROWE, David	Wallsend H		520	188
189	0:45:39 BURNS, Christine	North Shields Poly	F	323	189
190	0:45:44 STEPHENSON, Kevin	Elswick H	V45	245	190
191	0:45:45 NIXON, Jennifer		F	195	191
192	0:45:46 SINCLAIR, Penny	Wallsend H	F	535	192
193	0:45:47 FRASER, Graham	Allen Valley Striders	V60	368	193
194	0:45:51 RUSSELL, George	Low Fell RC	V40	639	194
195	0:45:52 WELCH, Ian	Stocksfield Striders	V65	270	195
196	0:45:54 BLAIR, Geoff	Jesmond Joggers	V45	28	196
197	0:45:55 HUGHES, Paul	Claremont RR		412	197
198	0:45:59 GREENING, Jane	Tynedale H	F35	379	198
199	0:46:03 COLLINSON, Claire	Stocksfield Striders	F35	58	199
200	0:46:04 ROSS, John	Wallsend H	V50	229	200
201	0:46:04 SHOTTON, Michael	Sunderland Strollers		532	201
202	0:46:06 O'HARA, Paul	PB Fitness RC	V45	480	202
203	0:46:08 HENDERSON, Michael	Blaydon Harriers	V60	395	203
204	0:46:09 HALL, Mark	Wallsend H	V40	386	204
205	0:46:11 THORPE, Ashleigh	Sunderland Strollers	F	258	205
206	0:46:12 BERRY, John	Sunderland Strollers		302	206
207	0:46:14 DUNCAN, Gordon			72	207
208	0:46:16 DICKINSON, Ralph	Blyth RC	V55	347	208
209	0:46:19 OSWALD, John	Heaton Harriers	V55	483	209
210	0:46:28 SCOTT, Robert	North Shields Poly		526	210
211	0:46:29 WALKER, Kirsty	Gateshead H	F	565	211
212	0:46:33 CAMPBELL, Lee			50	212
213	0:46:36 BATES, Clare	Allen Valley Striders	F	594	213
214	0:46:40 CRAFT, Alan	Gosforth H	V60	61	214
215	0:46:41 FLORANCE, Tara	PB Fitness RC	F40	671	215
216	0:46:45 BUCKLEY, Brian	Derwentside AC		40	216
217	0:46:46 MURPHY, Jim		V55	467	217
218	0:46:47 LONG, Simon			439	218
219	0:46:48 JOSCELYNE, Nick		V50	422	219
220	0:46:50 WALLACE, Alasdair			667	220
221	0:46:51 DAVISON, Leah	North Shields Poly	F35	66	221
222	0:46:52 GORDON, Niall			376	222
223	0:46:53 MURPHY, Laura	Wallsend H	F	468	223
224	0:46:55 WEST, Alyson	Sunderland Strollers	F40	271	224
225	0:46:56 SMALL, Mark	North Shields Poly		236	225
226	0:46:57 CRYER, Nicholas	North Shields Poly	V50	62	226
227	0:46:58 MCCOY, Stephen		V40	180	227
228	0:47:00 STOCK, Nadia		F	250	228
229	0:47:05 STEWART, Louisa	Alnwick Harriers	F35	247	229
230	0:47:08 WALLACE, Jane		F35	569	230
231	0:47:10 SWANSON, Lynn	Heaton Harriers	F45	255	231
232	0:47:17 LEMIN, Julie	Blyth RC	F	435	232
233	0:47:18 CALLON, Chris	Durham City H	V40	325	233
234	0:47:20 NOLAN, David			477	234
235	0:47:22 GRAY, David	Morpeth H	V60	102	235
236	0:47:23 BURDON, Justin		V45	45	236
237	0:47:26 PATON, Ronnie			204	237
238	0:47:27 FLOYD, James		V50	364	238
239	0:47:28 TAYLOR, Kim	Stocksfield Striders	F50	256	239
240	0:47:28 WILLIAMS, Lisa	Alnwick Harriers	F40	280	240
241	0:47:31 HUME, Brian	Low Fell RC	V60	414	241

242	0:47:32 STEPHENSON, John	Crook AC	V65	545	242
243	0:47:32 FINDLAY, Caroline	Alnwick Harriers	F	363	243
244	0:47:35 SEXTON, Brian			529	244
245	0:47:36 WALKER, Steve	Blyth RC	V50	567	245
246	0:47:39 LEWINS, Paul	Sunderland Strollers		164	246
247	0:47:40 EMBLETON, Angie	Alnwick Harriers	F35	77	247
248	0:47:40 EBERHARDT, Colin			73	248
249	0:47:41 KISZOW, Stephen	Sunderland Strollers		433	249
250	0:47:46 JOSEPHS, John	Heaton Harriers	V65	423	250
251	0:47:47 MAJER, Peter			447	251
252	0:47:48 WOODCOCK, Pamela	Morpeth H	F55	655	252
253	0:47:49 MADDOCKS, Tony	Wallsend H	V45	446	253
254	0:47:49 O'BRIEN, Richard			478	254
255	0:47:52 HAYES, Rachel	Claremont RR	F	121	255
256	0:47:55 SANDERSON, Celia	Allen Valley Striders	F40	524	256
257	0:47:58 MOORE, John			460	257
258	0:47:59 NAJAFI, Bob	Low Fell RC	V55	190	258
259	0:48:02 LEWIS, Ian		V45	165	259
260	0:48:03 INGRAM, Ron	Blyth RC	V55	418	260
261	0:48:04 KITSON, Sarah		F	625	261
262	0:48:05 BENTHAM, Kerry	Wallsend H	F35	300	262
263	0:48:13 CLARKE, Andrea	PB Fitness RC	F40	56	263
264	0:48:19 WIGHT, Philippa		F35	277	264
265	0:48:21 SINGLETON, Michael		V50	537	265
266	0:48:22 STEWART, Stephen		V45	248	266
267	0:48:22 GLANCY, Joe	Sunderland Strollers	V45	375	267
268	0:48:30 GUADAGNO, Alison	Ponteland Runners	F35	108	268
269	0:48:32 WEST, Paul	Sunderland Strollers	V40	272	269
270	0:48:33 LINSLEY, Steve		V50	167	270
271	0:48:36 EWEN, Tom			362	271
272	0:48:39 PLUMLEY, Mary	Alnwick Harriers	F35	210	272
273	0:48:42 ROBINSON, Emma	North Shields Poly	F40	223	273
274	0:48:43 ARMSTRONG, David	Concordia R&P	V55	588	274
275	0:48:43 STANLEY, Cheryl	Low Fell RC	F	244	275
276	0:48:44 BOLAM, Sue	Alnwick Harriers	F45	29	276
277	0:48:49 FRIEND, Jenny	Heaton Harriers	F45	85	277
278	0:48:52 KENT, Richard		V40	156	278
279	0:48:53 MORRIS, Grace	Sunderland Strollers	F	462	279
280	0:48:55 JACKSON, David		V55	142	280
281	0:48:59 MILLS, Victoria		F	631	281
282	0:49:06 MCFETRICH, John			629	282
283	0:49:08 HASSON, Caroline	Wallsend H	F	392	283
284	0:49:15 WALTON, Alexander			570	284
285	0:49:16 GRAY, William	Low Fell RC		105	285
286	0:49:17 POWELL, Mike	Blackhill Bounders	V55	493	286
287	0:49:17 ANDERSON, Colette		F45	5	287
288	0:49:18 MCNEILL, Tony	Durham City H	V45	459	288
289	0:49:19 HALLIDAY, Robert		V60	111	289
290	0:49:22 HENDERSON, Paul			396	290
291	0:49:25 SHOTTON, Andrew	Sunderland Strollers	V45	530	291
292	0:49:28 DOVER, Margaret	Heaton Harriers	F50	70	292
293	0:49:34 PARKIN, Cheryl	Low Fell RC	F	681	293
294	0:49:37 WHEATLEY, David			273	294
295	0:49:42 PATTON, Lydia	Gateshead H	F	487	295
296	0:49:44 BUFFHAM, David		V50	41	296
297	0:49:46 EVERSON, Colin	Crook AC	V55	361	297
298	0:49:51 PETHYBRIDGE, Anna	Elvet Striders	F	207	298
299	0:49:55 REES, Noreen	North Shields Poly	F55	217	299
300	0:49:58 GOICOECHEA, Ian		V50	614	300
301	0:49:59 STOBBS, Robert	Gateshead H	V45	548	301
302	0:50:07 GRAHAM, Deane	Stocksfield Striders	V45	99	302

303	0:50:11 BEST, Rob		V45	304	303
304	0:50:12 GRAY, John		V40	104	304
305	0:50:13 OHLSON, Michael	Sunderland Strollers	V45	633	305
306	0:50:13 ROSIER, Philip			228	306
307	0:50:18 BROWN, Paul		V50	37	307
308	0:50:23 HARGREAVES, Julian		V45	116	308
309	0:50:25 MARSHALL, Ruth	Wallsend H	F40	450	309
310	0:50:27 RUSSELL, Andrew		V40	521	310
311	0:50:28 COATES, David	Alnwick Harriers	V45	337	311
312	0:50:28 MAINS, Jonathan	Claremont RR		173	312
313	0:50:30 PARKINSON, Judith	North Shields Poly	F50	484	313
314	0:50:33 DAVIS, John		V40	346	314
315	0:50:34 REED, David	Stocksfield Striders	V45	215	315
316	0:50:35 BAXTER, Phillippa	Blyth RC	F	297	316
317	0:50:36 CHARLTON, Anthony	Gosforth H	V60	599	317
318	0:50:38 GRENCIS, Peter		V45	106	318
319	0:50:38 EVANS, Barrie	Elvet Striders	V60	360	319
320	0:50:39 LUMLEY, Ian		V40	628	320
321	0:50:41 HULME, Helen	Derwentside AC	F	413	321
322	0:50:44 ROBSON, Geoff		V55	516	322
323	0:50:45 OGLE, Karen	PB Fitness RC	F35	670	323
324	0:50:48 ALLAN, E Anne	Alnwick Harriers	F45	1	324
325	0:51:01 RAINE, Adrian			213	325
326	0:51:04 GOLD, Pamela	Heaton Harriers	F60	96	326
327	0:51:05 BLACKWELL, Peter	Derwentside AC	V60	311	327
328	0:51:06 STIENLET, Gemma		F35	249	328
329	0:51:08 LUCKING, Joanne	Elswick H	F35	170	329
330	0:51:08 YOUNG, John	Low Fell RC	V50	587	330
331	0:51:14 BARNES, Keith		V40	21	331
332	0:51:18 HECKELSMULLER, Kerstin	Blyth RC	F35	124	332
333	0:51:19 TOMLINSON, Lisa	Gateshead H	F35	559	333
334	0:51:21 HAYLER, Leonie		F35	122	334
335	0:51:22 LOXLEY, Roger		V45	442	335
336	0:51:25 RICHES, Claire	Blyth RC	F35	503	336
337	0:51:34 HERRON, Aynsley	Blyth RC	V45	398	337
338	0:51:36 MULLEN, Christopher		V40	466	338
339	0:51:37 LISLE, Mary	Elswick H	F	168	339
340	0:51:40 GRAHAM, Christopher			98	340
341	0:51:41 HART, Terry	Blyth RC	V60	390	341
342	0:51:44 DORANS, Debbie		F40	349	342
343	0:51:45 WAUGH, Brian		V65	577	343
344	0:51:46 BELL, Matthew			299	344
345	0:51:46 SCOTT, Steve		V50	527	345
346	0:51:50 WEIGHTMAN, Diana		F45	269	346
347	0:51:51 HATELY, Jayne		F35	119	347
348	0:51:52 HEPPELL, Sue	Ponteland Runners	F40	128	348
349	0:51:53 FRIBERG, Michael			370	349
350	0:51:54 FENTON, Richard		V40	80	350
351	0:51:55 HAY, Kathryn		F45	120	351
352	0:51:56 YOUNG, Stephanie	Low Fell RC	F40	285	352
353	0:52:01 HALL, Christopher			384	353
354	0:52:06 AVERY, Ron	Sunderland Strollers	V60	292	354
355	0:52:08 ALDERSON, Nicola		F	287	355
356	0:52:11 MOORE, Robert	Tynedale H	V65	185	356
357	0:52:13 FOSTER, Lesley	Sunderland Strollers	F40	83	357
358	0:52:14 KILGOUR, Janette	Claremont RR	F60	158	358
359	0:52:14 CHRISTIAN, Paul		V40	601	359
360	0:52:15 WILKINSON, Sandra	Sunderland Strollers	F40	652	360
361	0:52:16 ALLEN, Stephen	Sunderland Strollers		289	361
362	0:52:17 CLYBURN, Glen			336	362
363	0:52:21 TYLEY, Cristina		F	564	363

364	0:52:22 ELANDER, Tove		F40	356	364
365	0:52:25 ELDERS, Alan	Low Fell RC	V60	357	365
366	0:52:28 NAJAFI, Caroline	Low Fell RC	F45	191	366
367	0:52:28 WOOD, Ruth	North East Vets	F45	585	367
368	0:52:29 HARA, Isao			113	368
369	0:52:31 NEWBY, Colin		V45	193	369
370	0:52:32 OSBOURN, Emma	Wallsend H	F	482	370
371	0:52:34 TONG, Rachel	Derwentside AC	F	259	371
372	0:52:35 EDWARDS, Jo		F35	609	372
373	0:52:40 STODDART, Michael	Elswick H	V45	549	373
374	0:52:42 BURDON, Mary		F45	46	374
375	0:52:43 WAGSTAFF, Martin		V65	264	375
376	0:52:44 BONNARD, Alexandra	Heaton Harriers	F	30	376
377	0:52:45 JOLLY, Leila	Stocksfield Striders	F35	149	377
378	0:52:46 HALL, Deborah		F40	385	378
379	0:52:49 KIRKUP, Suzanne	Chester-le-Street	F60	431	379
380	0:52:54 TWEDDLE, Andrew			262	380
381	0:52:55 WILKINSON, Herbert		V65	580	381
382	0:52:58 ROBERT, Stephen		V40	506	382
383	0:53:06 DAVIDSON, Stacey	Wallsend H	F	345	383
384	0:53:12 ROBINSON, Peter			512	384
385	0:53:17 HOLMES, Linda	Stocksfield Striders	F45	135	385
386	0:53:22 WINTER, Colin	Sunderland Strollers		282	386
387	0:53:24 PAIN, Tim		V40	200	387
388	0:53:25 NICHOLSON, Joseph		V40	632	388
389	0:53:28 SHOTTON, Judith	Sunderland Strollers	F45	531	389
390	0:53:32 SECCOMBE, Colin	Blyth RC	V45	528	390
391	0:53:34 PULLEN, David			495	391
392	0:53:35 ALDRED, Simon		V45	288	392
393	0:53:36 COLLERTON, Daniel		V45	57	393
394	0:53:40 DEMPSTER, Katherine		F	67	394
395	0:53:41 HUTCHINSON, Anthony	Low Fell RC		416	395
396	0:53:42 YEO, Jenny		F	658	396
397	0:53:44 STEWART, Audrey	Alnwick Harriers	F50	246	397
398	0:53:44 HARDY, Jane	Alnwick Harriers	F40	114	398
399	0:53:57 ROBSON, Alister	Elvet Striders		514	399
400	0:54:02 GRANT, Jon			378	400
401	0:54:05 NORMAN, Harry	North Shields Poly	V50	196	401
402	0:54:11 MCIVER, Tina		F55	457	402
403	0:54:12 GIBSON, Jane		F35	90	403
404	0:54:12 CARSON, John		V40	329	404
405	0:54:23 KEITH, Samantha	Saltwell Harriers	F40	153	405
406	0:54:24 WILMOTT, Penny		F35	582	406
407	0:54:25 SMITH, Susan	Morpeth H	F40	240	407
408	0:54:25 LONSDALE, Davina	Blyth RC	F40	440	408
409	0:54:33 DAVENPORT, Christopher		V55	605	409
410	0:54:35 CAMPBELL, Ian		V50	327	410
411	0:54:36 CHAPLIN, Kate	One Life	F40	332	411
412	0:54:36 KELLY, Patrick	Birtley	V40	154	412
413	0:54:37 GAY, Kevin		V50	89	413
414	0:54:39 ATKINSON, Andrea		F	10	414
415	0:54:40 SPRINGHALL, Alan		V45	682	415
416	0:54:45 SHUKLA, Nitin		V45	533	416
417	0:54:53 CLUBBS, Ian		V55	335	417
418	0:54:56 JOWSEY, Christopher		V45	624	418
419	0:54:57 ROBERTSON, Jill	Stocksfield Striders	F	222	419
420	0:55:00 CHRISTER, Mark			600	420
421	0:55:00 CAMPBELL, Caroline	Gateshead H	F40	598	421
422	0:55:05 CAMPBELL, Robert	Tynedale H	V55	51	422
423	0:55:12 BALDOCK, Louise	Sunderland Strollers	F	19	423
424	0:55:16 COLDWELL, Dave			338	424

425	0:55:22 WEDDLE, Rachel	Blackpool, Wyre & Fylde	F	578	425
426	0:55:25 ASBURY, Nicky		F45	680	426
427	0:55:26 ASPDEN, Lindsay	Sunderland Strollers	F	591	427
428	0:55:27 SPICKETT, Gavin		V50	242	428
429	0:55:28 ROBERTS, Lisa		F	509	429
430	0:55:34 ROGERS, Norman		V60	227	430
431	0:55:34 ROGERS, Dan			226	431
432	0:55:34 ROGERS, Chris			225	432
433	0:55:37 MCKEON, David		V45	630	433
434	0:55:37 GRIST, Richie		V45	382	434
435	0:55:41 STOKOE, Sarah		F35	251	435
436	0:55:42 SPEED, Angela	Allen Valley Striders	F45	541	436
437	0:55:44 ATKINSON, John		V40	11	437
438	0:55:46 KEVAN, Rob		V45	157	438
439	0:55:49 HIND, Julie	Wallsend H	F40	402	439
440	0:55:49 EWART, Irene	Gosforth H	F50	79	440
441	0:55:51 HALL, Doreen		F45	387	441
442	0:55:52 REAY, Andrew		V40	497	442
443	0:55:53 PINKNEY, Robert	South Shields	V65	209	443
444	0:55:55 HORSEMAN, Tracey		F40	620	444
445	0:55:58 COWLING, Sally		F35	341	445
446	0:56:00 BUSWELL, John	Gosforth H	V55	47	446
447	0:56:11 HISCOCK, Clare		F	674	447
448	0:56:14 JONES, Greta	Elvet Striders	F40	623	448
449	0:56:15 BROSNAN, Laura		F55	316	449
450	0:56:31 BRAVEY, Christine		F50	31	450
451	0:56:34 HUDSON, Sheila	Sunderland Strollers	F55	621	451
452	0:56:35 HINDMARSH, Maria		F40	404	452
453	0:56:35 HINDMARSH, Philip	Blackhill Bounders	V40	405	453
454	0:56:38 BROWN, Helen	Sunderland Strollers	F35	35	454
455	0:56:41 HUDSON, Chrys	Ponteland Runners	F40	137	455
456	0:56:45 JOYCE, Peter	PB Fitness RC		424	456
457	0:56:46 BROWN, Susan		F45	38	457
458	0:56:48 RICHARDSON, Lesley	Stocksfield Striders	F45	221	458
459	0:56:51 MCCAIG, Una	Alnwick Harriers	F60	179	459
460	0:57:00 WHITFIELD, Terry	North Shields Poly	V65	651	460
461	0:57:05 MURPHY, Janet	Alnwick Harriers	F	186	461
462	0:57:09 HARKER, Joseph	Durham City H	V65	117	462
463	0:57:13 ELLIOTT, Mike	Elvet Striders	V60	610	463
464	0:57:14 BAKER, Angela		F45	18	464
465	0:57:18 TWADDLE, Andrew		V50	562	465
466	0:57:20 BARRASS, Heather	Blyth RC	F	295	466
467	0:57:24 MALLEN, Brenda	Alnwick Harriers	F40	174	467
468	0:57:25 DRUMMOND, Judith		F40	354	468
469	0:57:26 HENDERSON, Stuart		V45	397	469
470	0:57:27 COULSON, Sue		F40	340	470
471	0:57:27 STEVENSON, Christopher		V45	546	471
472	0:57:29 HENDERSON, Irene	Blaydon Harriers	F60	393	472
473	0:57:36 HODGSON, Caroline		F	619	473
474	0:57:37 BENNETT, Jill		F35	24	474
475	0:57:37 GILLINGHAM, Claire	Alnwick Harriers	F35	91	475
476	0:57:45 GRAHAM, Julie	Allen Valley Striders	F50	377	476
477	0:57:53 WILSON, Jack	Sunderland Strollers	V60	583	477
478	0:57:54 BAYMAN, Hannah		F	23	478
479	0:57:54 SPOORS, Elissa		F35	542	479
480	0:57:55 DOUGLASS, Caroline		F	608	480
481	0:57:56 FRANCIS, Anne		F55	367	481
482	0:57:57 WALKER, Sue	Blyth RC	F50	568	482
483	0:58:03 HILL, Paula		F40	131	483
484	0:58:11 FLYNN, Helen	Elswick H	F50	612	484
485	0:58:18 FIELDS, Alan	Tynedale H	V60	678	485

486	0:58:19 MCANDREW, Kerry		F	454	486
487	0:58:19 KEMP, Vicky	Low Fell RC	F	155	487
488	0:58:26 NICHOLSON, Stephanie	Blackhill Bounders	F45	475	488
489	0:58:27 DAVISON, Ben	Alnwick Harriers		606	489
490	0:58:29 KIRCHIN, Vivienne		F40	430	490
491	0:58:29 THOMPSON, Helen	Alnwick Harriers	F55	257	491
492	0:58:29 APPLEBY, Wendy	Alnwick Harriers	F40	7	492
493	0:58:30 NEASHAM, Zoe		F35	679	493
494	0:58:31 STUTT, Andrea		F35	666	494
495	0:58:34 TOVEY, Helen		F40	560	495
496	0:58:43 BUTTERWORTH, Martin		V50	48	496
497	0:58:44 CONVERY, Roey	Blaydon Harriers	F55	661	497
498	0:58:45 PATTERSON, Helen	Alnwick Harriers	F50	205	498
499	0:58:46 BEAUGY, Helene	North Shields Poly	F	660	499
500	0:58:48 LAVERY, Jill	Tynedale H	F40	626	500
501	0:59:02 SAUNDERS, Nicola		F35	641	501
502	0:59:06 STOVES ROBSON, Julie		F40	552	502
503	0:59:09 GLOVER, Pam	Tynedale H	F40	613	503
504	0:59:20 DOUGLAS, Louise	Blyth RC	F	350	504
505	0:59:22 ATKINSON, L		V60	12	505
506	0:59:28 ENGLISH, Nicola	Allen Valley Striders	F	611	506
507	0:59:33 STRAUGHAN, Joanne	Blyth RC	F35	553	507
508	0:59:56 HUDSPITH, Kirsty		F35	411	508
509	0:59:59 LESLIE, Alistair		V60	627	509
510	1:00:10 WOODS, Colin		V40	284	510
511	1:00:17 LEE, Beverley		F	434	511
512	1:00:23 MOUNT, David	Gateshead H	V55	464	512
513	1:00:28 LISTER, Barry		V55	438	513
514	1:00:30 LINDSAY, Patrick			437	514
515	1:00:32 PATON, Liz	Gateshead H	F55	485	515
516	1:00:58 HUME, Mark	Alnwick Harriers	V65	622	516
517	1:01:12 HALL, Ronnie		V50	617	517
518	1:01:19 JACKSON, Alison		F35	141	518
519	1:01:23 BEVERLEY, Sarah		F55	305	519
520	1:01:24 WHITE, Stan	Low Fell RC	V65	274	520
521	1:01:56 HEDLAND, Jim		V40	125	521
522	1:02:30 JUKES, Francine	Tynedale H	F40	425	522
523	1:02:30 MARSTON, Adrian			451	523
524	1:02:49 REED, Lesley Anne	Stocksfield Striders	F40	216	524
525	1:02:52 RICHARDSON, Sharon	Blyth RC	F45	500	525
526	1:02:59 GORDON, Ross		V50	616	526
527	1:03:08 HARVEY, Neil			118	527
528	1:03:09 DAVISON, Julia		F50	607	528
529	1:03:09 HEMY, Pauline	North Shields Poly	F40	618	529
530	1:03:29 BARCLAY, Lynne	Elswick H	F40	293	530
531	1:03:57 LUPTON, Antonella	Stocksfield Striders	F45	171	531
532	1:04:15 ARMSTRONG, Mandy		F40	589	532
533	1:04:15 ARMSTRONG, Michael		V40	590	533
534	1:04:30 RUSSELL, Katherine		F35	522	534
535	1:04:50 MATTHEWS, Richard			177	535
536	1:04:51 JEFFS, Eric		V65	421	536
537	1:05:04 THOMPSON, Margaret	Elvet Striders	F60	558	537
538	1:05:05 RAMSHAW, Chris		V45	214	538
539	1:05:13 BROTHERS, Colin	Derwentside AC	V60	34	539
540	1:05:59 CORBETT, Michelle		F35	60	540
541	1:06:27 RICHARDSON, Susan		F50	502	541
542	1:06:54 ARCHER, David		V65	8	542
543	1:06:56 SMITH, Jackie	Elvet Striders	F60	238	543
544	1:07:06 STEWART, Sara	Allen Valley Striders	F40	646	544
545	1:07:32 GORDON, Maureen		F45	615	545
546	1:08:12 ATKINSON, Michael		V55	14	546

547	1:08:59 BUNN, Graeme		V50	42	547
548	1:12:28 WOODCOCK, Charlotte		F	654	548
549	1:15:19 ROUTLEDGE, George	Heaton Harriers	V60	230	549
550	1:19:45 WOODS, Daniel	Sunderland Strollers	V40	656	550
551	1:19:45 ATKINSON, Lesley		F45	13	551

Men's Teams

1 : Morpeth H

- 1 0:31:53 SWINBURN, Nick
- 8 0:34:20 WATERSTON, Paul
- 10 0:34:40 WALKER, Phil

2 : North Shields Poly

- 3 0:33:02 TWADDLE, Iain
- 7 0:34:16 BRACKEN, Guy
- 18 0:36:05 HEMY, Vaughan

3 : Heaton Harriers

- 2 0:32:56 BUIS, James
- 12 0:35:16 LIKEMAN, Mark
- 19 0:36:12 ROBINSON, Ian

Women's Teams

1 : Morpeth H

- 1 0:36:35 MOONEY, Jane
- 9 0:41:46 CHAPMAN, Kate
- 21 0:44:34 GLOVER, Faye

2 : Wallsend H

- 4 0:39:44 HINDSON, Vicky
- 11 0:43:00 HOWARTH, Gina
- 20 0:44:12 WALTON, Emma

3 : Tynedale H

- 3 0:38:54 MORLEY, Sonia
- 5 0:39:48 ANDERSON, Kirstie
- 30 0:45:59 GREENING, Jane