

Senior Women

Pos	RaceNo	Time	Name	Club
1	3765	00:30:05	Jessica Sparke	Woodford Green AC with Essex Ladies
2	3161	00:31:04	Harriet Scott	Havering Mayesbrook AC
3	3148	00:31:05	Andrea Whitcombe	Harrow AC
4	3223	00:31:18	Julia Bleasdale	Hillingdon AC
5	3299	00:31:27	Natalie Gray	Medway & Maidstone AC
6	2902	00:31:40	Stacey Ward	Basildon AC
7	3766	00:31:47	Katherine Sparke	Woodford Green AC with Essex Ladies
8	2911	00:31:51	Rachel Gibbs	Bedford & County AC
9	2882	00:32:08	Fiona Clark	Arena 80 AC
10	3192	00:32:18	Karen Ellison	Herne Hill Harriers
11	3207	00:32:25	Svenja Abel (F)	Highgate Harriers
12	3239	00:32:27	Claire Holme	Ipswich Harriers
13	3552	00:32:36	Amy Campbell	Southampton RC
14	2862	00:32:40	Emily Adams	Aldershot Farnham & District AC
15	3728	00:32:43	Jess Macrory	Winchester & District AC
16	3212	00:32:46	Esther Evans	Highgate Harriers
17	2913	00:33:00	Rebecca Newstead	Bedford & County AC
18	3159	00:33:03	Sara Luck	Havering Mayesbrook AC
19	2872	00:33:09	Alice Lethbridge	Aldershot Farnham & District AC
20	3648	00:33:20	Lisa Elmore	Trent Park RC
21	2877	00:33:46	Sarah Rollins	Aldershot Farnham & District AC
22	3729	00:33:52	Michaela McCallum	Winchester & District AC
23	3507	00:33:57	Philippa Aukett	Shaftesbury Barnet Harriers
24	3285	00:33:58	Lara Bromilow	Marshall Milton Keynes AC
25	3485	00:34:00	Mariah Jean McConnaughey (F)	Serpentine RC
26	3306	00:34:10	Louise Watson	Medway & Maidstone AC
27	3549	00:34:13	Beckie Woodland	South London Harriers
28	3423	00:34:17	Liz Kipling	Ranelagh Harriers
29	2971	00:34:17	Amanda Scott	Cambridge University H & H
30	3509	00:34:17	Maggie Cooper	Shaftesbury Barnet Harriers
31	3270	00:34:20	Tess Mewton	London Heathside
32	3767	00:34:22	Lauren Stewart	Woodford Green AC with Essex Ladies
33	2897	00:34:24	Karen Goode	Basildon AC
34	3101	00:34:25	Helen Wheeler	Folkestone RC
35	3150	00:34:27	Holly Wheeler	Hastings AC
36	3274	00:34:28	Sue Rust	London Heathside
37	3733	00:34:32	Barbara Yff	Winchester & District AC
38	3750	00:34:33	Katherine Gundersen	Woodford Green AC with Essex Ladies
39	3078	00:34:34	Katherine Humphreys	Exeter Harriers
40	3361	00:34:39	Lucy Kelvey	Newquay & Par AC
41	3152	00:34:45	Polly Keen	Havant AC
42	2885	00:34:52	Gemma Sharp	Arena 80 AC
43	3517	00:34:54	Sarah Partridge	Shaftesbury Barnet Harriers
44	3218	00:34:59	Katie Meredith	Highgate Harriers
45	3108	00:35:00	Kath Hardcastle	Garden City Runners
46	3160	00:35:01	Robyn Matson	Havering Mayesbrook AC
47	3623	00:35:03	Lisa Da Silva	Thames Valley Harriers
48	3599	00:35:03	Kate Jacobs	Swindon Harriers
49	2863	00:35:06	Beth Andrew	Aldershot Farnham & District AC
50	3047	00:35:11	Fiona Kennedy	Ealing Southall & Middlesex AC
51	3421	00:35:13	Estelle Damante	Ranelagh Harriers
52	3005	00:35:25	Stacey Wheat	Colchester Harriers AC
53	3707	00:35:27	Isobel Rea	West 4 Harriers
54	3694	00:35:32	Jenny Moore	Wells City Harriers
55	3107	00:35:34	Martha Hall	Garden City Runners
56	3375	00:35:36	Clare Donovan	North Norfolk Beach Runners
57	3665	00:35:37	Jo Singer	Victoria Park H & Tower Hamlets AC
58	2947	00:35:38	Julia Downes	Brighton & Hove City AC
59	3702	00:35:50	Anna Critchlow	West 4 Harriers
60	3475	00:35:52	Catherine Higgs	Serpentine RC

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Pos	RaceNo	Time	Name	Club
61	3105	00:35:53	Jenny Gray	Garden City Runners
62	3588	00:35:54	Louise Peters	Stopsley Striders
63	3730	00:35:57	Emma Patel	Winchester & District AC
64	2901	00:35:57	Kirsty Tydeman	Basildon AC
65	3242	00:35:59	Gail Duchworth	Leighton Buzzard AC
66	3499	00:36:00	Maren Urner (F)	Serpentine RC
67	3550	00:36:01	Nicci Blandford	Southampton RC
68	3398	00:36:03	Elizabeth Durman	Phoenix AC
69	3208	00:36:04	Sarah Bailey	Highgate Harriers
70	3338	00:36:06	Ruth Jones	Nene Valley Harriers
71	3430	00:36:08	Marie Synnott-Wells	Ranelagh Harriers
72	3618	00:36:12	Elizabeth Straveski	Thames Hare & Hounds
73	3759	00:36:14	Maggie Powell	Woodford Green AC with Essex Ladies
74	3505	00:36:16	Grace Wu	Serpentine RC
75	3282	00:36:24	Claire Donald	Maidenhead AC
76	2870	00:36:33	Kelly Haniver	Aldershot Farnham & District AC
77	3222	00:36:33	Astrid Wingler (F)	Highgate Harriers
78	3400	00:36:35	Erica Martin	Phoenix AC
79	3213	00:36:36	Rhian Hampson-Jones	Highgate Harriers
80	3741	00:36:36	Leigh James	Windsor Slough Eton & Hounslow AC
81	3495	00:36:46	Tanya Shaw (F)	Serpentine RC
82	3512	00:36:51	Emily Ferenczi	Shaftesbury Barnet Harriers
83	3754	00:36:54	Rachel Lund	Woodford Green AC with Essex Ladies
84	3566	00:36:55	Sarah Jeffery	Southend AC
85	3115	00:36:56	Jenny Hunt	Guildford & Godalming AC
86	3272	00:36:59	Claire Morrissey	London Heathside
87	3202	00:36:59	Suzanne Swaine	Herne Hill Harriers
88	3565	00:37:02	Kerry Holland	Southend AC
89	3287	00:37:02	Lauren Cripps	Marshall Milton Keynes AC
90	2976	00:37:03	Nicole Alford	City of Norwich AC
91	3201	00:37:04	Helen Sharp	Herne Hill Harriers
92	2873	00:37:06	Bel Levene	Aldershot Farnham & District AC
93	3506	00:37:06	Lucy Aukett	Shaftesbury Barnet Harriers
94	3035	00:37:08	Teresa Gaillard de Laubenque	Dulwich Runners AC
95	3663	00:37:11	Rosie Pitt	Victoria Park H & Tower Hamlets AC
96	3727	00:37:17	Jo Jefferes	Winchester & District AC
97	3097	00:37:22	Lauren Fawke	Folkestone RC
98	3553	00:37:23	Hannah Coombs	Southampton RC
99	3049	00:37:32	Sarah Richardson	Ealing Southall & Middlesex AC
100	2910	00:37:35	Helen Frizzell	Bedford & County AC
101	3339	00:37:37	Nikki Morgan	Nene Valley Harriers
102	3225	00:37:37	Eloise Lee	Horsham Blue Star Harriers
103	3308	00:37:41	Libby Cameron	Metropolitan Police AC
104	3221	00:37:41	Jenny Turner	Highgate Harriers
105	3276	00:37:42	Louise Waldman	London Heathside
106	2903	00:37:42	Teresa Ward	Basildon AC
107	3194	00:37:43	Virginia Grant	Herne Hill Harriers
108	3164	00:37:44	Liz Barker	Headington RR
109	3376	00:37:44	Emily Armstrong	Norwich RR
110	3435	00:37:45	Lucy Daniels	Reading AC
111	3577	00:37:45	Elizabeth McKie	St.Albans Striders
112	3318	00:37:45	Caroline Walsh	Metropolitan Police AC
113	3076	00:37:50	Zoe Woodward	Eton Manor AC
114	3029	00:37:56	Louise Ionescu	Dorking & Mole Valley AC
115	3281	00:37:58	Christine Lathwell	Luton AC
116	2908	00:37:59	Rebecca Sleaf	Basingstoke & Mid Hants AC
117	2970	00:38:00	Rosa Sampson-Geroski	Cambridge Harriers
118	3753	00:38:01	Diana Kennedy	Woodford Green AC with Essex Ladies
119	3439	00:38:01	Rachel Phillips	Reading AC
120	3098	00:38:02	Kylara Hassall	Folkestone RC

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Pos	RaceNo	Time	Name	Club
121	3050	00:38:03	Patricia Thomas	Ealing Southall & Middlesex AC
122	3436	00:38:03	Sue Francis	Reading AC
123	3462	00:38:04	Katie Crowe	Serpentine RC
124	3091	00:38:07	Rebecca Cousins	Fenland RC
125	2973	00:38:12	Rebecca Luxton	Chelmsford AC
126	3209	00:38:15	Natasha Cendrowicz	Highgate Harriers
127	3709	00:38:17	Molly James	West Norfolk AC
128	3464	00:38:22	Laura Denison	Serpentine RC
129	3693	00:38:23	Anna Lewis	Wells City Harriers
130	3541	00:38:24	Pippa Major	South London Harriers
131	3130	00:38:25	Amy Tanner	Hardley Runners
132	3737	00:38:27	Yolanda Edwards	Windsor Slough Eton & Hounslow AC
133	3502	00:38:27	Elizabeth Whiting	Serpentine RC
134	3169	00:38:29	Adrienne Hopkins	Headington RR
135	3167	00:38:35	Anne Edwards	Headington RR
136	3457	00:38:37	Jennifer Bradley	Serpentine RC
137	3233	00:38:37	Claire Brown	Invicta East Kent AC
138	2904	00:38:38	Charmaine Wheeler	Basildon AC
139	3324	00:38:39	Delphine Horodyski (F)	Mornington Chasers RC
140	3699	00:38:39	Alison Brownhill	West 4 Harriers
141	3442	00:38:41	Caroline Stevens	Reading AC
142	3510	00:38:43	Vicky Dawes	Shaftesbury Barnet Harriers
143	3468	00:38:44	Anja Eichen (F)	Serpentine RC
144	3579	00:38:45	Sally Onn	St.Albans Striders
145	3277	00:38:46	Jackie Wastell	London Heathside
146	3263	00:38:47	Miriam Valencia	London Frontrunners
147	3092	00:38:53	Penny Abbott	Fleet & Crookham AC
148	3117	00:38:53	Eleanor Shotton	Guildford & Godalming AC
149	3467	00:38:53	Sarah Edmunds	Serpentine RC
150	3580	00:38:57	Belinda Pullan	St.Albans Striders
151	3302	00:38:59	Bernadette Harrup (F)	Medway & Maidstone AC
152	3645	00:39:04	Carys Sutton	Thrift Green Trotters
153	2905	00:39:07	Sarah Bolton	Basingstoke & Mid Hants AC
154	3613	00:39:14	Anna Garnier	Thames Hare & Hounds
155	3362	00:39:19	Sandra Toher	Newquay & Par AC
156	3433	00:39:21	Nicky Cooke	Reading AC
157	2974	00:39:21	Hayley Pegg	Chelmsford AC
158	3575	00:39:23	Gill Jubb	St.Albans Striders
159	3434	00:39:24	Andrea Curson	Reading AC
160	2909	00:39:25	Rachel Cave	Bedford & County AC
161	3612	00:39:26	Vikki Filsell	Thames Hare & Hounds
162	3068	00:39:28	Sharon Boulster	Eton Manor AC
163	3531	00:39:28	Kate Hewett	South London Harriers
164	3695	00:39:32	Katrina Prior	Wells City Harriers
165	3304	00:39:33	Fallon Lafforty	Medway & Maidstone AC
166	3176	00:39:35	Masumi Dobson (F)	Hercules Wimbledon AC
167	3330	00:39:44	Brigid O'Leary	Mornington Chasers RC
168	3427	00:39:52	Sandra Prosser	Ranelagh Harriers
169	3758	00:39:55	Andrea Possee	Woodford Green AC with Essex Ladies
170	3031	00:39:55	Louise Schlaeppi	Dorking & Mole Valley AC
171	2945	00:39:57	Judith Carder	Brighton & Hove City AC
172	3314	00:39:58	Jo Ravenhill	Metropolitan Police AC
173	3649	00:39:59	Karren Flannery	Trent Park RC
174	3772	00:40:01	Penny Forse	Stubbington Green
175	3305	00:40:04	Rachael Stewart	Medway & Maidstone AC
176	3494	00:40:06	Pam Rutherford	Serpentine RC
177	3489	00:40:09	Ella Palmer	Serpentine RC
178	3359	00:40:11	Adele Stach-Kevitz	Newham & Essex Beagles
179	3241	00:40:13	Elizabeth Berns	Larkfield AC
180	3582	00:40:14	Liz Walls	St.Albans Striders

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Pos	RaceNo	Time	Name	Club
181	3226	00:40:19	Julia McIntosh	Huntingdonshire AC
182	3307	00:40:20	Louisa Brana	Metropolitan Police AC
183	3203	00:40:21	Samantha Whiting	Herne Hill Harriers
184	3309	00:40:23	Sarah Green	Metropolitan Police AC
185	3238	00:40:24	Victoria Talbot-Rosner	Invicta East Kent AC
186	3647	00:40:27	Kathryn Berry	Trent Park RC
187	3711	00:40:33	Sarah Colson	West Suffolk AC
188	3332	00:40:37	Camilla Ray	Mornington Chasers RC
189	3426	00:40:42	Louise Pigars	Ranelagh Harriers
190	2887	00:40:43	Heather Dawson	Barnet & District AC
191	3219	00:40:44	Sonja Saqui (F)	Highgate Harriers
192	3461	00:40:47	Joanne Conn	Serpentine RC
193	3232	00:40:49	Elisabeth Batty	Invicta East Kent AC
194	3395	00:40:55	Gwyneth Hueter	Oxford City AC
195	3271	00:40:56	Ruth Miller	London Heathside
196	3280	00:40:59	Charlotte Hardy	Luton AC
197	3708	00:41:00	Rochelle Winn	West 4 Harriers
198	3103	00:41:03	Virginia Bird	Garden City Runners
199	3769	00:41:03	Jenny Thomas	Woodford Green AC with Essex Ladies
200	3265	00:41:03	Almudena Garcia	London Heathside
201	3187	00:41:04	Rebecca Barrow	Herne Hill Harriers
202	2965	00:41:06	Kate Aldridge	Cambridge Harriers
203	3326	00:41:06	Maki Kimura (F)	Mornington Chasers RC
204	3592	00:41:07	Suzu Yates	Striders of Croydon
205	3474	00:41:08	Carolyn Hewett (F)	Serpentine RC
206	3590	00:41:10	Alice Ewen	Striders of Croydon
207	3333	00:41:11	Avril Riddell	Mornington Chasers RC
208	2964	00:41:13	Diana Braverman	Cambridge & Coleridge
209	3041	00:41:13	Ros Tabor	Dulwich Runners AC
210	3697	00:41:14	Rachel Badham	West 4 Harriers
211	3317	00:41:18	Anneliese Tomlinson	Metropolitan Police AC
212	3216	00:41:20	Fiona Maguire	Highgate Harriers
213	3770	00:41:21	Alex Wardle	Woodford Green AC with Essex Ladies
214	3651	00:41:29	Jacqueline Hardwick	Trent Park RC
215	3020	00:41:38	Caroline Tuck	Dagenham 88 Runners
216	3537	00:41:39	Pam Iannella	South London Harriers
217	3136	00:41:41	Katie Herrington	Harlow RC
218	3704	00:41:45	Rose Lewis	West 4 Harriers
219	3481	00:41:48	Poppy Lenton	Serpentine RC
220	3721	00:41:52	Lynn Hutchings	Wimborne AC
221	3662	00:41:57	Emily Mosedale	Victoria Park H & Tower Hamlets AC
222	3749	00:42:00	Sue Cord	Woodford Green AC with Essex Ladies
223	2892	00:42:06	Cath Perry	Barnet & District AC
224	2891	00:42:13	Philippa Morton	Barnet & District AC
225	3493	00:42:16	Siobhan Reddy	Serpentine RC
226	3483	00:42:25	Samantha Ludlow	Serpentine RC
227	3067	00:42:27	Steph Baxter	Eton Manor AC
228	3347	00:42:27	Janet Cobby	New Eltham Joggers
229	3653	00:42:29	Marion Murphy	Trent Park RC
230	3095	00:42:31	Janet Leggett	Fleet & Crookham AC
231	3315	00:42:35	Katherine Reeves	Metropolitan Police AC
232	3278	00:42:41	Jackie Watt	London Heathside
233	3325	00:42:41	Marie Houlihan	Mornington Chasers RC
234	3710	00:42:42	Gillian Loughlin	West Norfolk AC
235	3602	00:42:44	Pauline Morgan	Swindon Harriers
236	3572	00:42:45	Mandy Atree	St.Albans Striders
237	3046	00:42:47	Carol Jones	Ealing Southall & Middlesex AC
238	3036	00:42:56	Kim Hainsworth	Dulwich Runners AC
239	3319	00:42:58	Olga Barbosa (F)	Mornington Chasers RC
240	3259	00:42:58	Suran Dickson	London Frontrunners

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Pos	RaceNo	Time	Name	Club
241	3598	00:43:00	Julie Goulding	Swindon Harriers
242	3554	00:43:01	Sally Diaper	Southampton RC
243	3486	00:43:02	Val Metcalfe	Serpentine RC
244	3323	00:43:12	Kirsty Hood	Mornington Chasers RC
245	3185	00:43:14	Sarah Allen	Herne Hill Harriers
246	3452	00:43:16	Nina Reid	Royston Runners
247	3392	00:43:16	Laura Burgoine	Oxford City AC
248	3193	00:43:19	Penelope Fixter	Herne Hill Harriers
249	3455	00:43:20	Libby Watson	Royston Runners
250	3655	00:43:21	Angela Spatz	Trent Park RC
251	3600	00:43:24	Laura Johnson	Swindon Harriers
252	3175	00:43:28	Marilena De Luca (F)	Hercules Wimbledon AC
253	3776	00:43:35	Georgie Watts	Stubbington Green
254	3719	00:43:42	Carolyn Murphy	White Horse Harriers AC
255	3094	00:43:47	Alison Holdway	Fleet & Crookham AC
256	3335	00:43:50	Louise Burton	Nene Valley Harriers
257	2935	00:43:55	Juliette Hoaireau	Bexley AC
258	3016	00:43:57	Jennifer Akroyd	Dagenham 88 Runners
259	3764	00:43:59	Kavita Solder	Woodford Green AC with Essex Ladies
260	3243	00:44:01	Amy Inchley	Leighton Buzzard AC
261	3264	00:44:03	Susie Brighton	London Heathside
262	3687	00:44:04	Allison Putko	Watford Harriers
263	3039	00:44:04	Caroline Schurmann	Dulwich Runners AC
264	3093	00:44:04	Rebecca Brennan	Fleet & Crookham AC
265	3320	00:44:07	Bev Dockray	Mornington Chasers RC
266	3311	00:44:17	Sam Johnston	Metropolitan Police AC
267	2884	00:44:18	Sally Manser	Arena 80 AC
268	3447	00:44:22	Diane Glynn	Royston Runners
269	3349	00:44:26	Geraldine Eastment	New Eltham Joggers
270	3437	00:44:30	Hayley Pearce	Reading AC
271	3006	00:44:39	Yasmin Anderson	Croydon Harriers
272	3773	00:44:43	Lucy May	Stubbington Green
273	3735	00:44:43	Pippa Callingham	Windsor Slough Eton & Hounslow AC
274	2944	00:44:44	Gill Cammack	Brighton & Hove City AC
275	2889	00:44:46	Kirsty Johnstone	Barnet & District AC
276	3664	00:44:48	Francine Rump	Victoria Park H & Tower Hamlets AC
277	3438	00:44:49	Charlotte Phillips	Reading AC
278	3420	00:44:49	Kirsty Bangham	Ranelagh Harriers
279	3153	00:44:56	Vicki Spencer	Havant AC
280	3720	00:45:06	Annie Dougall	Wimborne AC
281	3234	00:45:10	Lisa Clayton	Invicta East Kent AC
282	3658	00:45:13	Elaine Battson	Victoria Park H & Tower Hamlets AC
283	3355	00:45:15	Julie Unitt	New Eltham Joggers
284	3040	00:45:16	Claire Steward	Dulwich Runners AC
285	3235	00:45:19	Sue Cooper	Invicta East Kent AC
286	3379	00:45:26	Anne Millett	Norwich RR
287	3574	00:45:29	Claire Cunningham	St.Albans Striders
288	3397	00:45:38	Dianne Sharp	Oxford City AC
289	3696	00:45:39	Deirdre Fee	Werrington Joggers
290	3396	00:45:52	Christine Marshall	Oxford City AC
291	3312	00:46:01	Ali Lapper	Metropolitan Police AC
292	3377	00:46:02	Sarah Bradley	Norwich RR
293	3327	00:46:05	Rafaele Lamour	Mornington Chasers RC
294	3224	00:46:12	Anna Sebastian	Hillingdon AC
295	3419	00:46:15	Jacqui Young	Queens Park Harriers
296	3672	00:46:26	Amanda Godfrey	Victory AC
297	3666	00:46:34	Louise Vacher	Victoria Park H & Tower Hamlets AC
298	3404	00:46:38	Rachel Flannigan	Pitsea RC
299	3096	00:46:41	Tina Eke	Folkestone RC
300	3316	00:46:45	Jacqeline Reid	Metropolitan Police AC

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Pos	RaceNo	Time	Name	Club
301	3394	00:46:52	Clare Grierson	Oxford City AC
302	3701	00:46:54	Louise Clarke	West 4 Harriers
303	3684	00:47:00	Angela Halford	Watford Harriers
304	3681	00:47:02	Nicoletta Economu	Watford Harriers
305	3262	00:47:09	Helen Taylor	London Frontrunners
306	3570	00:47:09	Kerry Marsh	Springfield Striders
307	3125	00:47:12	Jane Hodge	Hardley Runners
308	3378	00:47:20	Anne Hulse	Norwich RR
309	3403	00:47:21	Angela Bent	Pitsea RC
310	3636	00:47:38	Chris Glew	The Stragglers
311	3650	00:47:39	Theodosia Green	Trent Park RC
312	3422	00:47:51	Sharon Dooley	Ranelagh Harriers
313	3260	00:47:52	Jen Kerrison	London Frontrunners
314	3451	00:47:57	Libby Mitchell	Royston Runners
315	3640	00:48:29	Louise Neville	The Stragglers
316	3010	00:48:32	Miriam De Souza	Croydon Harriers
317	3246	00:48:47	Belinda Cramp	Lingfield RC
318	3127	00:48:55	Nikki Shaw	Hardley Runners
319	2890	00:48:58	Nicola Maggi	Barnet & District AC
320	3458	00:48:59	Rachel Brough	Serpentine RC
321	3328	00:49:01	Heather Marshall	Mornington Chasers RC
322	3128	00:49:08	Claire Sinclair	Hardley Runners
323	3705	00:49:08	Shelley Martin	West 4 Harriers
324	3322	00:49:11	Lucy Francis	Mornington Chasers RC
325	3087	00:49:14	Sarah Obryan	Fairlands Valley Spartans
326	3038	00:49:23	Di Morgan	Dulwich Runners AC
327	3248	00:49:24	Daniela Forbes	Lingfield RC
328	3310	00:49:36	Sarah James	Metropolitan Police AC
329	3313	00:49:39	Sharon McHugh	Metropolitan Police AC
330	3578	00:49:45	Carole Mooney	St.Albans Striders
331	3044	00:49:48	Julia Gristwood	Ealing Southall & Middlesex AC
332	3477	00:50:05	Leanne Keltie (F)	Serpentine RC
333	3081	00:50:13	Sharon Crowley	Fairlands Valley Spartans
334	3086	00:50:26	Karen Liddle	Fairlands Valley Spartans
335	3774	00:50:53	Jasmine Smith	Stubbington Green
336	3244	00:51:00	Fiona Towell	Leighton Buzzard AC
337	3652	00:52:28	Lynn Jones	Trent Park RC
338	3354	00:52:32	Janet Smith	New Eltham Joggers
339	3113	00:52:36	Sandra Richardson	Garden City Runners
340	3762	00:53:05	Julia Shannanan	Woodford Green AC with Essex Ladies
341	3405	00:53:08	Teresa Flannigan	Pitsea RC
342	3657	00:53:50	Vanessa Hudson	Vegan Runners UK
343	3131	00:54:24	Marilyn Wratten	Hardley Runners
344	3037	00:54:28	Louise McCann	Dulwich Runners AC
345	3660	00:54:46	Susan Leese	Victoria Park H & Tower Hamlets AC
346	117	00:54:47	Margaret Fowler	KPMG Runners
347	3501	00:54:51	Stephanie Vaatz (F)	Serpentine RC
348	3775	00:54:53	Sharon White	Stubbington Green
349	3669	00:54:59	Marilyn Crocker	Victory AC
350	3654	00:55:33	Christine Read	Trent Park RC
351	3066	00:56:35	Christina Adams	Eton Manor AC
352	2937	00:57:02	Geraldine Legon	Bexley AC
353	3402	00:57:05	Linda Bates	Pitsea RC
354	3126	00:57:14	Linda Noke	Hardley Runners
355	3668	00:58:25	Ruth Bates	Victory AC
356	3401	01:00:22	Carmel Bassett	Pitsea RC
357	3123	01:00:49	Andrea Dyde	Hardley Runners