

Under 20 Men

Pos	RaceNo	Time	Name	Club
1	2730	00:27:12	Daniel Clorley	Luton AC
2	2606	00:27:15	Jonny Hay	Aldershot Farnham & District AC
3	2727	00:27:26	Mehretab Solomon	London Heathside
4	2848	00:27:34	Ronnie Sparke	Woodford Green AC with Essex Ladies
5	2641	00:27:53	Ryan Saunders	Bournemouth AC
6	2720	00:27:56	Elliott Palmer	Ipswich Harriers
7	2731	00:27:57	John McDonnell	Luton AC
8	2788	00:28:02	Ben Hunter	Southend AC
9	2802	00:28:07	Andrew Combs	Tonbridge AC
10	2750	00:28:08	Chris Wright	Nene Valley Harriers
11	2801	00:28:12	Sam Bradley	Tonbridge AC
12	2608	00:28:14	Joe Morwood	Aldershot Farnham & District AC
13	2837	00:28:19	Alex Tovey	Windsor Slough Eton & Hounslow AC
14	2611	00:28:24	Mickey Reed	Aldershot Farnham & District AC
15	2643	00:28:25	James McCarthy	Brighton & Hove City AC
16	2684	00:28:39	Ben Nagy	Enfield & Haringey AC
17	2786	00:28:43	Tom Frith	Southend AC
18	2734	00:28:43	Chad Lambert	Marshall Milton Keynes AC
19	2795	00:28:53	Mohamud Aadan (F)	Thames Valley Harriers
20	2845	00:28:56	Omar Mansour	Woodford Green AC with Essex Ladies
21	2732	00:29:01	Daniel Woodgate	Luton AC
22	2652	00:29:12	Tommu Carroll	City of Norwich AC
23	2758	00:29:14	Finn McNally	Phoenix AC
24	2605	00:29:15	Josh Gorecki	Aldershot Farnham & District AC
25	2824	00:29:27	Max Kiralyfi	Winchester & District AC
26	2779	00:29:33	Jake Shelley	Shaftesbury Barnet Harriers
27	2775	00:29:33	Charles Gunning	Shaftesbury Barnet Harriers
28	2816	00:29:33	Alex Dunbar	West Suffolk AC
29	2672	00:29:36	Sam Ashcroft	Ealing Southall & Middlesex AC
30	2626	00:29:39	Alex Bellew	Bedford & County AC
31	2717	00:29:40	John Bird	Ipswich Harriers
32	2826	00:29:40	Jamie Knapp	Winchester & District AC
33	2654	00:29:41	Thomas Crowshaw	City of Norwich AC
34	2839	00:29:45	Nathan White	Windsor Slough Eton & Hounslow AC
35	2842	00:29:48	Alex Cornwell	Woodford Green AC with Essex Ladies
36	2715	00:29:51	Jason Prickett	Invicta East Kent AC
37	2627	00:29:51	Tom Corbett	Bedford & County AC
38	2807	00:29:53	James Taylor	Tonbridge AC
39	2768	00:29:56	Sagie Benaim	Shaftesbury Barnet Harriers
40	2751	00:29:58	Harun Abdi	Newham & Essex Beagles
41	2630	00:29:59	Ryan Parker	Bedford & County AC
42	2825	00:29:59	Dom Kizalyfi	Winchester & District AC
43	2796	00:30:03	Nazwari Dawit (F)	Thames Valley Harriers
44	2700	00:30:09	Alex Robinson	Hercules Wimbledon AC
45	2814	00:30:12	Jonathon Laybourne	West Norfolk AC
46	4092	00:30:13	Will Mackay	Bedford & County AC
47	2780	00:30:19	Mathew Sullivan	Shaftesbury Barnet Harriers
48	2847	00:30:19	Darren Southcott	Woodford Green AC with Essex Ladies
49	2707	00:30:20	James Laing	Hillingdon AC
50	2844	00:30:26	Gavin Lewis	Woodford Green AC with Essex Ladies
51	2616	00:30:27	Grant Webb	Basildon AC
52	2683	00:30:31	Alex Milne	Enfield & Haringey AC
53	2668	00:30:32	Jack Swallow	Crawley AC
54	2604	00:30:37	Alex Flynn	Aldershot Farnham & District AC
55	2629	00:30:39	Michael Goodwin	Bedford & County AC
56	2759	00:30:41	Sam Wade	Phoenix AC
57	2804	00:30:41	Seb Harding	Tonbridge AC
58	2618	00:30:55	Jon Bradford	Basingstoke & Mid Hants AC
59	2835	00:31:02	Joshua Radvan	Windsor Slough Eton & Hounslow AC
60	2740	00:31:07	Josh Elderfield	Medway & Maidstone AC

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Pos	RaceNo	Time	Name	Club
61	2624	00:31:20	Stephen Reid	Basingstoke & Mid Hants AC
62	2743	00:31:21	Nathan Wilkins	Medway & Maidstone AC
63	2729	00:31:40	Peter Benedickter Jnr	Luton AC
64	2708	00:31:51	Richard Mann	Hillingdon AC
65	2609	00:31:53	Will Newnham	Aldershot Farnham & District AC
66	2656	00:31:56	Oliver Maskell	City of Norwich AC
67	2673	00:32:05	Christopher Hepworth	Ealing Southall & Middlesex AC
68	2692	00:32:11	Callum Sutton	Havering Mayesbrook AC
69	2794	00:32:13	Thomas Milburn	Team Kennet
70	2632	00:32:14	Sam Wallbank	Bedford & County AC
71	2789	00:32:17	Alan Millar	Southend AC
72	2784	00:32:29	Howard Clarke	Southend AC
73	2642	00:32:31	Henry Mitchel	Bracknell AC
74	2722	00:32:37	Jonathan Ling	Ipswich Jaffa
75	2799	00:32:39	Jamie Bailey	Thanet RR
76	2798	00:33:01	Ali Yahye (F)	Thames Valley Harriers
77	2745	00:33:16	Thomas Dunn	Nene Valley Harriers
78	2735	00:33:16	Josh Lyman	Marshall Milton Keynes AC
79	2830	00:33:27	Rory Graham-Watson	Windsor Slough Eton & Hounslow AC
80	2747	00:33:35	Josh Lunn	Nene Valley Harriers
81	2675	00:33:36	Luke Nicholas	Ealing Southall & Middlesex AC
82	2645	00:33:39	John Baslington	Cambridge & Coleridge
83	2781	00:33:47	Jack Bourne	South London Harriers
84	2716	00:33:55	James Reilly	Invicta East Kent AC
85	2748	00:34:28	David Newton	Nene Valley Harriers
86	2710	00:34:28	Robert Thompson	Hillingdon AC
87	2813	00:34:37	David James Howard	West Norfolk AC
88	2676	00:34:46	Anthony Shaw	Ealing Southall & Middlesex AC
89	2625	00:34:58	Tom Sycklemoore	Basingstoke & Mid Hants AC
90	2763	00:35:06	Rob Ineson	Poole Runners
91	2705	00:35:15	William Laing	Highgate Harriers
92	2797	00:35:25	Fraser Nicol	Thames Valley Harriers
93	2601	00:35:34	Josh Arnold	Aldershot Farnham & District AC
94	2677	00:35:55	Martin Shelley	Ealing Southall & Middlesex AC
95	2687	00:36:14	Adam Gribben	Harrow AC
96	2762	00:36:30	Paul Green	Poole Runners
97	2812	00:37:53	Daniel Risdon	Watford Joggers
98	2783	00:38:33	Kyle Aldridge	Southend AC
99	2709	00:43:09	Rajiv Solanki	Hillingdon AC
100	2620	00:47:47	Joe Flitcroft	Basingstoke & Mid Hants AC